

Presentation to Hamden Board of Education

December 12, 2023



Clifford Beers
Community Care Center

A Clifford Beers Community Health Partner



Presenting from Clifford Beers

- Melanie Rossacci, MSW, Executive Director
- Ilaria Filippi, LMFT, Senior Vice President, Clinical Services
- Devana Campbell, LPC, Director of Trauma-Informed Schools
- Michelle Benitez, Program Manager, Care Coordination



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Programs and Services

School-Based Services

- Trauma-Informed Clinical Care
- Wraparound Care Coordination with Family Support Funds
- Extra-Curricular Enrichment
- School Safety and Crisis Preparation
- Professional Development and Consultation in Trauma-Informed Practices



Community Services

- Outpatient Clinical
- Psychiatry
- Wraparound Care Coordination with Family Support Funds
- Mobile Crisis Intervention
- Community Healing Support Team

Youth Development Programs

- Saturday Success Academy
- School Vacation Fun Clubs
- Camp Farnam
- Career Skills Training



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Mobile Crisis Intervention Community Healing Support Team

Mobile Crisis clinicians provide mobile and telephone crisis response and stabilization 24 hours per day, 365 days per year

- Access via **2-1-1** and clinician on site within 45 minutes
- Funded by Department of Children and Families

Community Healing Support Team provides services and referrals following community violence and other traumatic incidents

- Access via **1-844-NHV-SUPPORT** with response within 48 hours
- Funded by Town of Hamden and City of New Haven



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School-Based Services: Goals

- Improve students' daily functioning
- Reduce severity of behavior and mental health problems
- Decrease PTSD symptoms and severity
- Improve school attendance and academic performance
- Decrease suspensions
- Resolve families' basic needs gaps
- Increase family stability



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First Year of Partnership with



- 2022-2023 school year
- **Clinical care** in school and students' homes
 - 2 Full time clinicians: 1 at High School, 1 at Middle School
- **Coaching and support** for school staff managing challenging classroom situations
- **Wraparound care coordination** for whole family support
 - 4 Full time Care Coordinators: 2 at High School, 2 at Middle School
- Reporting on assessment findings, too early for most outcomes



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Wraparound Care Coordination

- Care Coordinators hold State Certification and trained in the Wraparound process
- Full time including summer months
- Strength-Based, Whole-Family Support
- Build Child Family Teams with natural, informal, and formal supports
- Targeted Parent and Teacher Support
- School Meetings
- Family Support Funds for emergencies and prevent destabilization



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Trauma-Informed Clinical Care

- Master's Level clinicians with specialized training in trauma-informed practices
- Full-time including summer months
- Screening for PTSD and Depression
- Group, Individual, and Family Treatment
- Student Pull Outs, Teacher and Paraprofessional Pull Outs
- Classroom Observation and Teacher Support
- Home Visits
- Crisis Support



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Learning Systems and Customizing Processes

- **Participated** in the Hamden High School Governance meeting, SSST Leadership meetings, All-Staff meetings, MTSS and House Meetings, Open Houses, Orientations, and various workshops
- **Developed** customized referral system and process with Cornell Scott
- **Responded** in collaboration with Clifford Beers' Community Healing Response Team to crisis calls
- **Designated** spaces for CBCCC staff within each school



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Who We Served

- 90 students received services
 - 49 received clinical care only
 - 16 received care coordination only
 - 25 received both clinical care and care coordination (comprehensive care)
- Ad hoc crisis management and stabilization for additional students as needed

<i>School</i>	<i>Care Coordination</i>	<i>Clinical Care</i>	<i>Comprehensive Care</i>
<i>Hamden High School</i>	8	27	16
<i>Hamden Middle School</i>	8	22	9

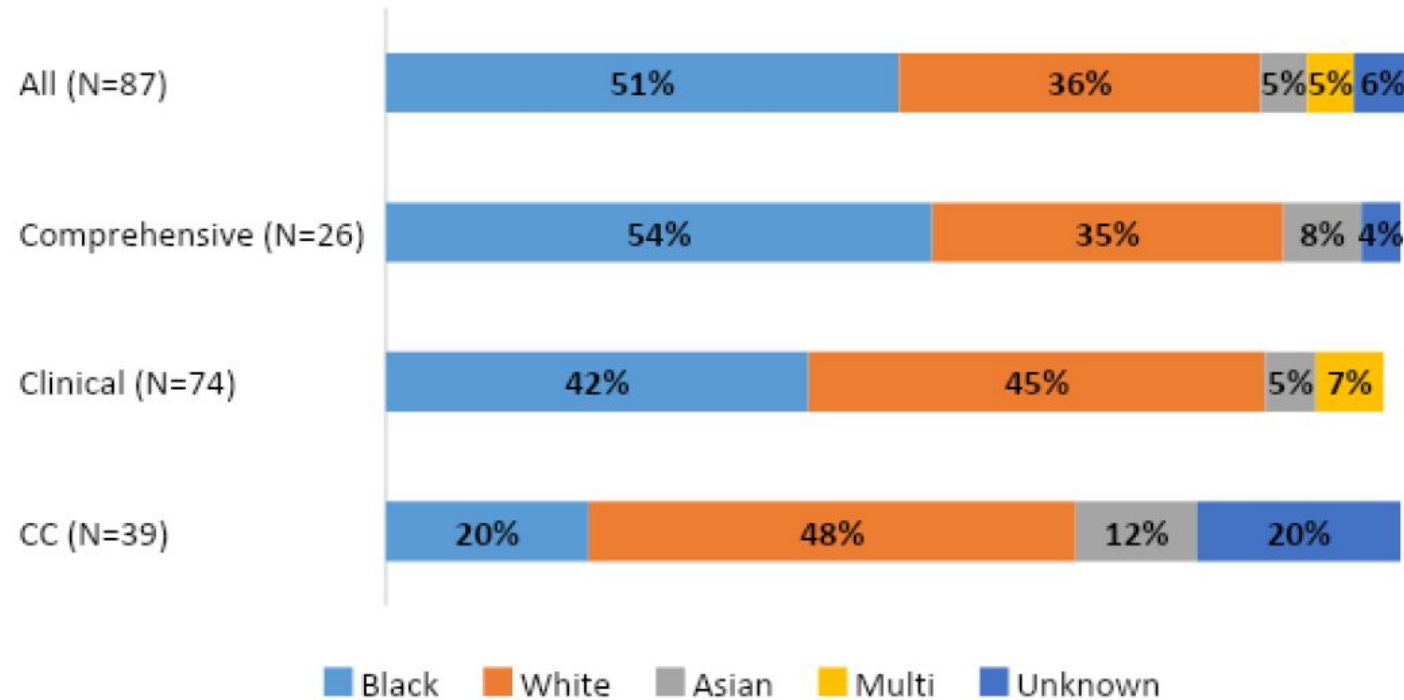


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Who We Served

Racial Breakdown by Services Received



Note: Racial data not reported for 3 students served

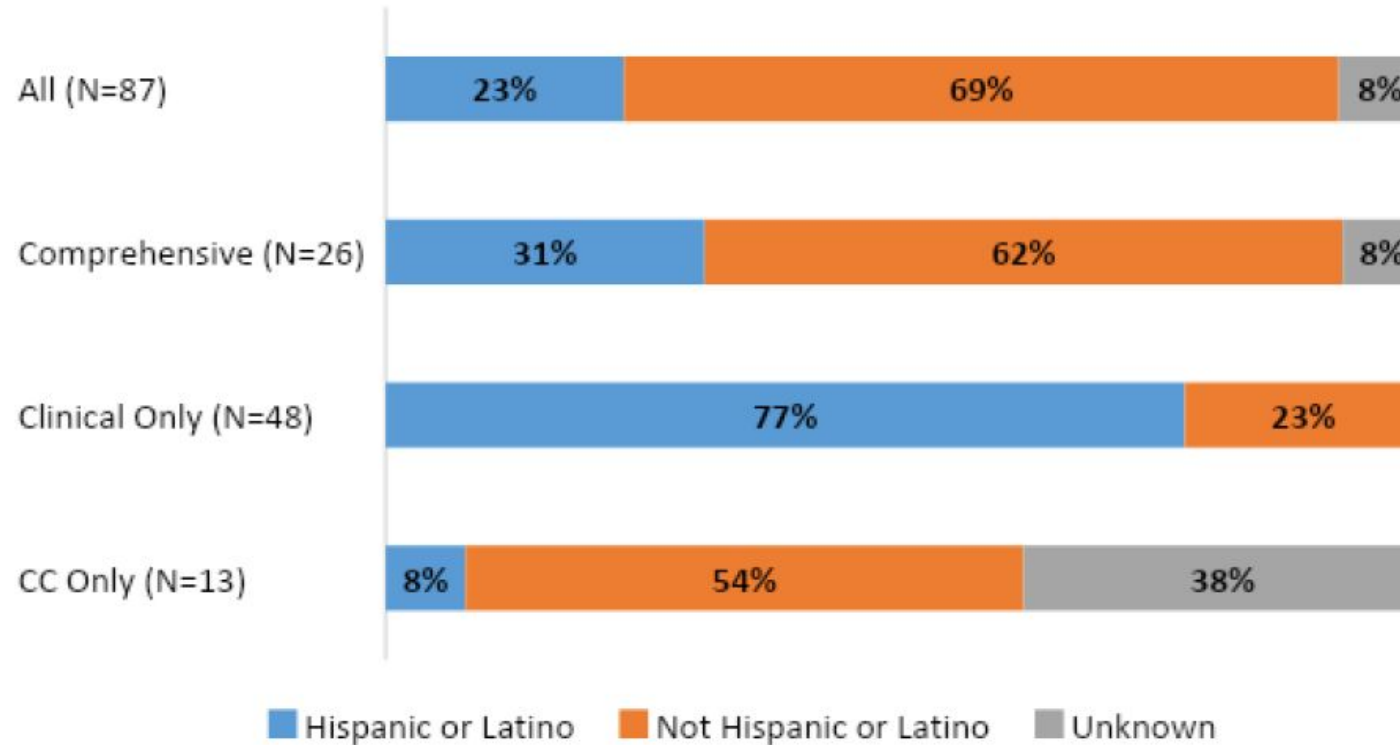


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Who We Served

Ethnicity Breakdown by Program Category



Note: Ethnicity data not reported for 3 students served



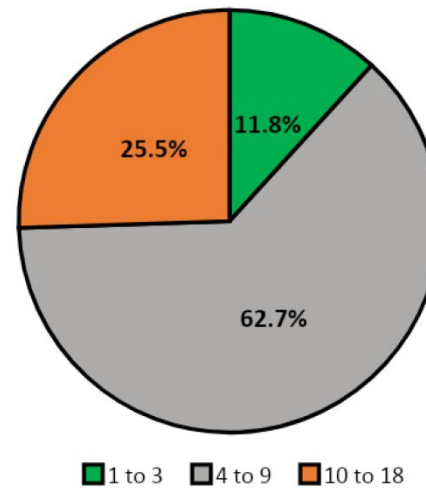
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Findings: Traumatic Events

Of the 53 students screened for traumatic events, 100% experienced some form of trauma.

Number of traumas reported:



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Findings: Traumatic Events

Trauma	N	N Yes	% Yes
Has anyone close to you been very sick or injured?	50	47	94.0%
Have you seen someone else being slapped, punched, or hit by someone?	51	44	86.3%
Has anyone close to you died?	50	40	80.0%
Have you seen someone else getting beaten up?	51	37	72.5%
Have you yourself been slapped, punched, or hit by someone?	51	34	66.7%
Have you seen a serious accident, where someone could have been (or was) badly hurt or died?	51	27	52.9%
Have you seen someone else being told they were going to be hurt?	50	25	50.0%
Have you had a serious illness or injury, or had to be rushed to the hospital?	51	23	45.1%
Has anyone told you they were going to hurt you?	51	20	39.2%
Have you had to be separated from your parent or someone you depend on for more than a few days when you didn't want to be?	51	18	35.3%
Have you been in a serious accident, where you could have been badly hurt or could have been killed?	50	17	34.0%
Have you thought that you or someone you know would get badly hurt during a natural disaster such as a hurricane, flood, or earthquake?	50	13	26.0%
Have you been beaten up?	50	10	20.0%
Have you been attacked by a dog or other animal?	51	9	17.6%
Have you seen someone else being attacked or stabbed with a knife?	51	9	17.6%
Have you seen someone pointing a real gun at someone else?	51	9	17.6%
Have you seen someone else being shot at or shot with a real gun?	50	6	12.0%



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Findings: Post-Traumatic Stress

- 53 students completed Post-Traumatic Stress Assessment (CPSS V)
- Scale 0 to 80, with higher scores indicating higher levels of PTSD symptom severity
- 45% (24 students) indicated a clinical level of PTSD
- 24% (13 students) indicated borderline PTSD symptoms



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Findings: Mental Health

OHIO Scales measure Problem Severity, the degree to which students struggle with general mental health problems, and Daily Functioning, the degree to which students are able to function in daily life. Higher Problem Severity indicates worse mental health, while higher Daily Functioning indicates better functioning.

<i>OHIO Completed By</i>	<i>Problem Severity</i>	<i>Daily Functioning</i>
<i>Student</i>	N = 50, M = 21.5 (SD = 13.8)	N = 49, M = 54.8 (SD = 13.1)
<i>Caregiver</i>	N = 49, M = 17.6 (SD = 10.1)	N = 49, M = 56.7 (SD = 11.9)
<i>Staff</i>	N = 62, M = 50.5 (SD = 9.3)	N = 62, M = 18.7 (SD = 10.5)



Findings: Basic Needs

Students and their families are asked if they need or want assistance with important biological, psychological, and social needs

<i>Basic Need Category</i>	<i>N</i>	<i>%</i>
<i>Financial Need</i>	32	57%
<i>Housing Need</i>	26	46%
<i>Other</i>	24	43%
<i>Healthcare Access</i>	20	36%
<i>Domestic Violence</i>	13	23%
<i>Job/School</i>	8	14%



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Findings: Basic Needs

Of the 37 students discharged, 20 (54.1%) had no remaining basic needs and a majority reported significant reduction

<i>Bio/Pscyho/Social Need at intake</i>	<i>N Endorsed at intake</i>	<i>N of matched clients who still have this need</i>	<i>Percent Reduction</i>
<i>Financial Need</i>	32	2	93.8%
<i>Housing Need</i>	26	2	92.3
<i>Healthcare Access</i>	20	1	95%
<i>Job/School</i>	8	2	75%
<i>Domestic Violence</i>	13	0	100%
<i>Other</i>	24	5	79.2%

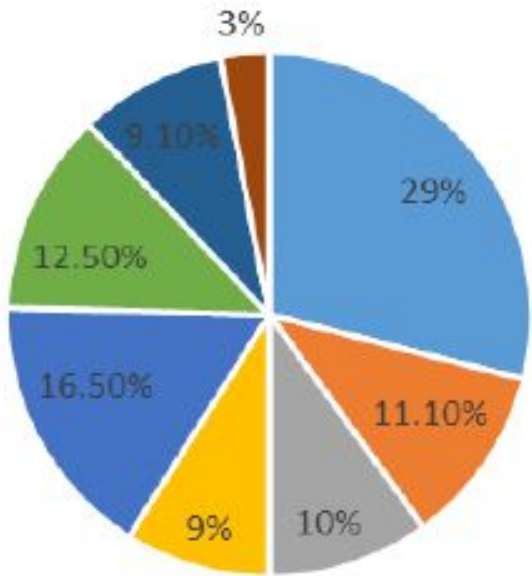


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Family Support Funds

\$20,000
during
2022-23
school year



- Housing
- Clothing/Hygiene
- Groceries
- Driving School/Transportation
- Recreational
- Utilities
- Education/College Prep
- Supplies



Clinical Goals for 2023-24

- Continue to provide one-on-one, family, and group therapeutic support to students; coaching and emotional support to teachers and other staff; and ad hoc crisis management and critical event support as needed
- Further connections with students and staff to promote mental health awareness and strengthen messaging for students about how to access help
- Classroom-wide screening for PTSD, depression, and anxiety
- Document clinical outcomes



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Care Coordination Goals for 2023-24

- Continue to provide strength-based, whole-family support via Child Family Teams with natural, informal, and formal supports
- Facilitate distribution of Family Support Funds for emergencies, to prevent destabilization
- Enhance outreach to improve understanding and awareness of Care Coordination
- Increase the number of referrals, especially from Hamden Middle School

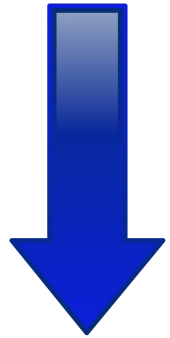


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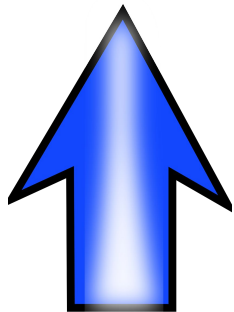
Anticipated Outcomes

Services have a transformative impact on kids and families



Decreased

- Unmet basic needs
- Problem severity
- PTSD symptoms and severity



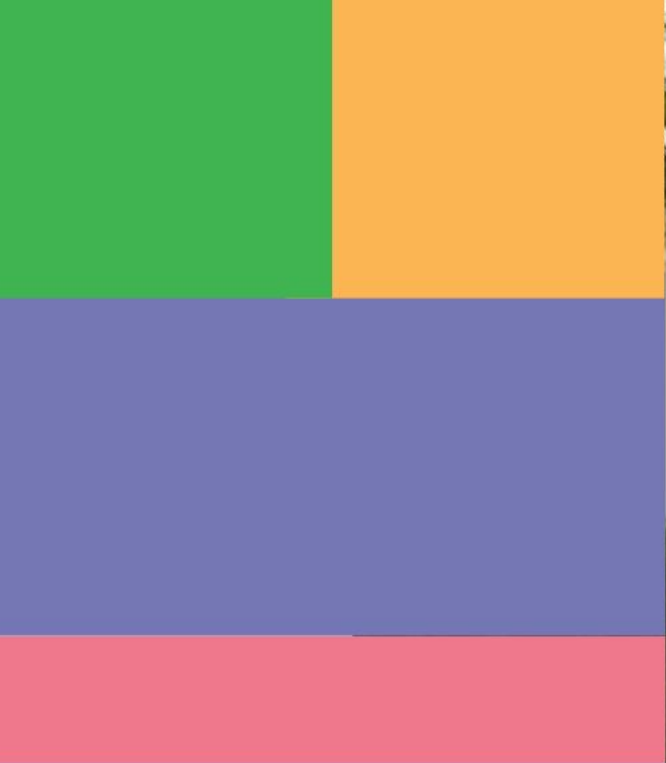
Improved

- Daily functioning
- School attendance and academic performance (preliminary data)



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Questions?
www.cliffordbeersccc.org

