

JANUARY 2024

This institution is an equal opportunity provider.

MENU IS SUBJECT TO CHANGE.



WINTER RECESS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

2

3

4

5

Pancake on a Stick

8

**DRUMSTICK
& CORN MUFFIN**

OR MUFFIN BASKET
OR PIZZA LUNCHABLE

Green Beans, Peaches,
Milk

Biscuits & Gravy

9

MAC AND CHEESE

OR MUFFIN BASKET
OR TURKEY HAM
SANDWICH

Lettuce, Pickle, Tomato
Broccoli, Strawberry Slice,
Cookie, Milk

French Toast Sticks

10

PIZZA

OR CORN MUFFIN BASKET
OR LUNCHABLE TURKEY &
CHEESE

Corn, Applesauce Cup,
Milk

Breakfast Pizza

11

**CHICKEN POTATO
BOWL**

OR NACHO CHEESE & CHIPS
OR TURKEY HAM SANDWICH

Lettuce, Tomato, Pickle
Fresh Apple, Mixed Fruit,
Breadstick & Milk

Mini Waffles

12

**HAMBURGER or
CHEESE BURGER**

OR EZ JAMMER

Lettuce, Pickle, Tomato, Chips,
Strawberry Slice, Ketchup,
Mayo, Mustard, Milk

15

Martin Luther
King Jr. Day

Pancakes

16

**CHILI W/ CHIPS &
CHEESE**

OR MUFFIN BASKET
OR TURKEY HAM
SANDWICH

Lettuce, Pickle, Tomato
Corn, Pears, Milk

Breakfast Pizza

17

**CHICKEN NUGGETS
& CORN MUFFIN**

OR MUFFIN BASKET
OR TURKEY & CHEESE
LUNCHABLE

Strawberries Slices,
Ketchup, BBQ Sauce, Milk

French Toast Sticks

18

**TERIYAKI CHICKEN W/
RICE**

OR NACHO CHEESE & CHIPS
OR TURKEY HAM SANDWICH

Lettuce, Tomato, Pickle
Green Beans/Carrots,
Mixed Fruit, Milk

Choc. Chip Waffle

19

**RIB B Q BEEF
SANDWICH**

OR EZ JAMMER

Chips, Ketchup, Mustard,
Mayo, Pears & Milk

22

Pancake on a Stick

HOT DOG

OR MUFFIN BASKET
OR PIZZA LUNCHABLE

Potato Wedge, Peaches,
Ketchup, Mustard & Milk

Biscuits & Gravy

23

PIZZA

OR MUFFIN BASKET
OR TURKEY HAM
SANDWICH

Lettuce, Tomato, Pickle
Green Beans, Strawberry
Slice, Fresh Apple & Milk

French Toast Sticks

24

CHEESE ENCHILADAS
OR CORN MUFFIN BASKET
OR LUNCHABLE TURKEY &
CHEESE

Salsa, Applesauce Cup &
Milk

Breakfast Pizza

25

COUNTRY FRIED STEAK

OR NACHO CHEESE & CHIPS
OR TURKEY HAM SANDWICH

Lettuce, Tomato, Pickle
Breadstick, Potatoes, Gravy,
Broccoli, Pears, Cookie &
Milk

Mini Waffles

26

**SPICY/REG CHICKEN
SANDWICH**

OR EZ JAMMER

Lettuce, Pickle, Tomato, Chips,
Strawberry Slice, Ketchup,
Mayo, Mustard & Milk

29

Breakfast Burrito

CHEESE STUFFED STICKS

OR MUFFIN BASKET
OR PIZZA LUNCHABLE

Marinara Sauce Cup,
Mixed Fruit & Milk

Pancakes

30

FISH NUGGETS W/ ROLL

OR MUFFIN BASKET
OR TURKEY HAM
SANDWICH

Lettuce, Pickle, Tomato
Tartar Sauce, Corn,
Peaches & Milk

Breakfast Pizza

31

**CHICKEN NUGGETS
& CORN MUFFIN**

OR MUFFIN BASKET
OR TURKEY & CHEESE
LUNCHABLE

Broccoli, Applesauce,
Strawberries Slices,
Ketchup, BBQ Sauce & Milk

DID YOU KNOW?

Ellis Island opened January 1, 1892.
The opening allowed for the immigration
of over 20 million people.

2023-2024 MEAL PRICES

PAID ELEMENTARY MEALS

Breakfast \$1.00

Lunch \$2.00

ADULT MEALS & 2nd STUDENT MEALS

Breakfast \$2.75

Lunch \$3.75

During BREAKFAST, cereal and muffins are offered as daily alternatives to the breakfast entrée. Milk, fruit and juice are offered daily at breakfast time.

During LUNCH, students must choose at least 3 of the following 5 components: Low-fat milk, whole grains, fruits, vegetables, and protein. When choosing ingredients and entrees to serve for our program we look for foods that are lean, low-fat, low-sodium, low-sugar, and whole grain rich. Students are able to choose whichever healthy foods they like best. All students must take a fruit or vegetable with every meal.

Salad bar is offered daily. Items may vary from site to site. See interactive menus on district website for additional nutritional information.
<https://www.slcschools.org/departments/child-nutrition/menus-common-concerns>

½ CUP OF FRUIT OR
VEGETABLE MUST BE TAKEN
WITH EACH MEAL