



**After School Program  
Winter 2024**

*Ridgewood Elementary*

Every Thursday Afternoon  
3:00pm - 4:00pm

## All Kids Are Welcome!

- You work and want to have your child in a safe and active after school program
- Kids in sports and you want to keep them moving on non-practice days
- Kids not in sports and need more play and activity time
- You're an at-home parent, and you want more activity and social interaction for your child

**Play. Fit. Fun.  
is the answer!**

## The Place To Be For Games! Play! Fun! Activity! & Fitness!

**After school Program:** Your Child will meet their Play.Fit.Fun. coach immediately after school in the gymnasium or the outdoor covered play area (see below for location/date specifics). Kids will have fun being active and then Finish their day with renewed energy and focus!

**Play.Fit.Fun.** is like PE that has crashed into field day and then bumped into team building! Activities are organized, uplifting, empowering and 100% focused on the kids! Fun, Organized, *ACTIVE* Play is what we do!

**Goal for your child:**  
increased fitness levels, improved self esteem, teamwork, focus, confidence, leadership and a positive attitude!



**Play. Fit. Fun! Philosophy:** Kids of all ages and abilities need more activity, fun and play! Kids are meant to play and move! With play and group activities kids learn, socialize and build confidence. Your child will be empowered, supported, and instructed.

For additional information, please visit: ***PlayFitFun.com***

971-732-4745 • [spencer@playfitfun.com](mailto:spencer@playfitfun.com)

**Scholarships Available!** *Winter Term (January 4th - March 21st)*  
**\$165**



**Get Up  
Get Out  
Get Moving!**

