

9/9/2022 - General Meeting Minutes - Completed by Nancy Meyer, VP

Attendees: Megan Klinginsmith, Sarah Grelecki, Jenny Kovach, Liz McKechnie, Joelle Baugher, Jon Ferguson, Kelly Hultman, Christina Ferguson, Elizabeth Pilling, Lisa Coblenz, Christina Hall, 3 others

Jen did welcome and intros

Officer Chris - was a police officer while at IU. IU 2020 Grad. Officer for 4 years. Crisis intervention officer. 200+ hours of summer training for SRO.

Three roles:

- Educator - safety in school and out of school. How to reach out for help. Also, Cadet Program Advisor.
- Informal Counselor - mentor, role model, and collaborator; works with parents and families as well
- LEO - liaison between CCS and CPD, can take corrective action, will receive immediate notification of any threats, DCS investigations, etc.

cwolak@carmel.in.gov - Encouraged families to reach out with any questions or concerns

Jon asked how to support SRO's efforts. Officer Chris answered with parental home support, for kids to **take empowerment** of situations - if something does not seem right, tell your teacher or trusted person. Any action is better than inaction.

Margot Everitt - 10th year of school based counseling. Partnership with the SROs and schools emphasized. Schools have Therapist and Behavior Tech

Therapist - figure out the why behind the behavior. Do family and individual and group therapy. Ex. group therapy on anxiety, K>1 transition. Stop/start behaviors

Behavior Tech - Tynaia Williams. Been here since 2020. PU 2019 grad. Help stop/start behaviors and manage feelings. Anxiety, depression, focusing better. Work with home items also - not just school matters. 2, 4 and 5 grade skills group. Biweekly meeting with school social workers and student groups. Also offers transition from 5>6 grades.

To get service...Parent referrals. Contact the teacher, principal or social worker. Teacher referrals also.

Jon asked about how services are paid. Margot explained that services are paid through insurance. Check with insurance company to see if **school-based** therapy. All therapists are licensed. Medicaid accepted. They meet in the schools or virtually and can meet in the summer. Work during school so they will see kids during the school day - possibly before or after depending on time. Intake and family therapy would be after school.

Jon accentuated the convenience of service. Counselors and Skills Specialists in every school. 6x more likely to be successful in the treatment if receiving service through school therapy services, mainly due to parent and teacher collaboration.

Skills Tech assistance - paid for by the school district. Can see kids as often as needed.

Joelle - asked if the presence helps lessen mental health "stigma". Margot thinks that it does and can be a bridge to close the gap between parent/teacher/student conflicts. Helps build connections with family to help ease fears.

Jon - silver lining of pandemic - identification and emphasis on mental health

Margot - stigma more with parents. Little ones want to see the therapists. Starting younger helps and hopefully kids will help teach parents to eliminate the stigma.

Tynaia - sees more willingness and open discussion on seeing the therapist with other kids.

Margot - maintain confidentiality - will share as much or as little as families want

Sarah G - asked about 5th grade support for Middle School transition. Margot - said yes and hopes to do a 1 week transition during summer for 5th graders. Also possibly a parent class...all TBD. Elizabeth P chimed in that the CMS orientation is really good offering info classes, locker, and schedule discussion.

Jen - announced Fall Fundraiser dates. 2x a year fundraisers (FF and Flower Sale). Rewards are grade based. Grade most 1st week PJs and 2nd week extra recess. Goal met popsicles and movie.

Jen - BG check - make sure you have one on file.

Jen - 100 Book Club started. Encourage reading

Jen - IAs, perm sub and K asst at CE, District - subs and proctors Megan - can train you for the openings. Can request only CE for subbing.

Nancy - did committee reports

Megan - Skills for Success for the kids. Kids learned a lot in the pandemic. School year started successfully. Megan wants to refocus on kids' education to help close the education gaps during pandemic. Excited for P/T conferences. Kids need to be reading every night - not a homework heavy school. Need to be working on math and reading every night. Establish routines at home. 1st standards based report cards will be home soon - currently halfway through Q1. Thinks that report cards are not as emphasized as they should be over pandemic. Goal setting will occur

between students and teachers. Reiterate all this at home. Establish school and home routines to be prepared for school and future to ensure success. "Parent Re-engagement" is the theme.

Liz - NWEA before? Megan estimates reports by EO September. Window for testing just closed.

Sarah G - Fall Fundraiser - 100% goes back to school. Partner with Amazon and Kroger.

Jon - Communications - the link that connects families, students and staff. Follow IG, Twitter and FB accounts, district website. The sign in the front another way of communication. General meetings. Asked for feedback and best way to send/receive communication.

Jen - plugged the classroom directory. Communication with parties and EOY gifts. Please submit info.

Liz McK - eliminate parent visits during lunch, voting soon Megan chimed in that while she will miss it, it was unsafe and this is a wise safety decision.

Jen - Volunteer of the month - Karla Aberle

Jen - calendar update. Hot Dog - use the RSVP link in Tiger Tales. Promotes "school family". Homecoming Friday.

Jen - discussed FF how 100% goes back to CE and what all the money is used for

Jen - Important Dates (D2D, Custodial Appreciation, Hot Dog)