YOUTH REFERRAL RESOURCE GUIDE





In an Emergency or Crisis

For assistance in an emergency situation Dial 911

Mental Health 24 Hour Crisis Hotline (Kern) 1-800-991-5272

Alliance Against Family Violence & Sexual Assault 24 Hour Crisis Hotline (Kern)

Local: (661) 327-1091 Toll Free: 1-800-273-7713

Crisis Text Line

Text HOME to 741741, anytime, about any type of crisis.

National Suicide Prevention Lifeline

1-800-273-TALK (8255) (press 1 for veterans; press 2 for Spanish)

National Human Trafficking Hotline

1-888-373-7888; www.humantraffickinghotline.org; text: "HELP" or "INFO" to 233733

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

Are you currently homeless? Are you in need of housing? Call 2-1-1

24-hrs per day to be assessed for placement on the Kern Co. housing list.

Were you ever in foster care (even for 1 day?)

You may qualify for The Dream Center!

The Dream Center is a drop-in center for current/ former foster youth located at: 1801 19th St. Bakersfield. Hours are: Mon.-Fri. 8AM-4:30PM.

<u>Services include</u>: laundry, showers, food, clothing, hygiene supplies, housing assistance, education/employment/vocational help, computer center, independent living classes, help applying to public benefits, mental health & substance abuse treatment, case management, and skill building.

Pregnant & Parenting Youth

Planned Parenthood Mar Monte

661-634-1000; www.ppmarmonte.org

Planned Parenthood Mar Monte's Teen Success, Inc. (life skills, help getting back into school, parenting skills & goal setting)

For young moms who:

- Are pregnant for the 1st time or have one child
- Are 14-19 years old
- Have not graduated high school /do not have a GED Contact: Sonia Chavez, 661-334-4414 sonia._chavez@ppmarmonte.org

Bakersfield Pregnancy Center

661-326-1907; www.wehelpyou.org

WIC (Women, Infants & Children)

1-866-327-3074; http://www.capk.org/programs/wic/

Black Infant Health (must be 18+ years)

661-868-0521; http://kernpublichealth.com/bih/

Adolescent Family Life Program (Clinica Sierra Vista) 661-324-0293; www.clinicasierravista.org

Perinatal Outreach Program (Public Health)

661-321-3000; www.kernpublichealth.com

Pregnancy Care Center (Ridgecrest)

760-384-2273; www1.iwvisp.com/pcc/

Family Life Pregnancy Center (Tehachapi)

661-823-8255; http://familylifepc.org/

Parent Life of Kern County (Youth for Christ)

661-323-9041; yfckern.org

WarmLine

661-323-3531; https://e-warmline.org/

Dolores Huerta Foundation (Teen Pregnancy Prevention)

661-322-3033; http://doloreshuerta.org

Kern County Public Health Department (immunizations, car seats, safe sleep porta cribs, public health nursing)

1800 Mt. Vernon Ave. Bakersfield, CA; 661-321-3000

Sleepy Baby Box Parent Education Center (parenting classes, sleepy baby boxes, clothing & baby care essentials, and food panty)

3803 Union Ave. Bakersfield, CA; 661-479-0029

Dignity Health Learning Center & Outreach Center 661-632-5562

Learning Center: 631 E. California Ave. Bakersfield, CA

- Homework Club
- Bus passes for medical appointments
- Emergency food baskets
- Sack lunches
- Referrals for food/ clothing/ household items Outreach Center: 1627 Virginia Ave. Bakersfield, CA
- After school program
- Breakfast club
- Bus passes for medical appointments
- Dinner Bell
- Emergency food baskets & baby items
- Referrals for food/ clothing/ household items

Kern Co. Department of Human Services (to apply for benefits like CalWORKs, CalFresh, Medi-Cal, GA, Homeless Assistance & CAPI)

100 E. California Ave. Bakersfield, CA; 661-631-6000 For rural DHS office locations go to: https://www.kerncounty.com/dhs/About/office_hours.html

Free Legal Services

Greater Bakersfield Legal Assistance, Inc. (assistance with civil legal issues for Kern County residents. Units include homeless, education, health, domestic violence, guardianship, housing, public benefits & consumer law.)

661-325-5943; http://www.gbla.org/ 615 California Avenue, Bakersfield

Kern County Family Law Facilitator

Locations, dates, & times can be found at: https://www.kern.courts.ca.gov/divisions/family_law/contact_information

California Rural Legal Assistance, Inc.

(legal assistance for housing, education & LGBTQ related issues for residents in the Delano, Shafter, McFarland, Lost Hills, Arvin & Wasco areas)

Delano office: 601 High St.; 661-725-4350

Arvin office: 211 Bear Mountain Blvd.; 661-854-3839

https://www.crla.org/

Foster Youth/Former Foster Youth Resources

The Dream Center (one-stop resource center for current & former foster youth up to 25, which has showers, laundry, computers, basic need items & services).

661-636-4488; kcnc.org

https://www.facebook.com/dreamcenterkerncounty/1801 19th St., Bakersfield, CA (hours: 8AM-4:30PM)

The Housing Authority (Building Blocks: A Housing Program for Foster Youth between ages 18-21). 661-636-4488; must apply/inquire at the Dream Center (1801 19th St., Bakersfield, CA)

CSU Bakersfield: Guardian Scholars Program (support for college-bound current or former foster youth between 17-24, including assistance with university admissions).

661-654-3215; www.csub.edu/gsp

Residences at West Columbus (housing for Transition Age Youth ages 18-24).

https://www.kernha.org/menus/affordable-housing-locations.html; to be placed on waitlist contact Kern Behavioral Health & Recovery Services at 661-868-8310

Bakersfield College Foster Youth Liaison

Victoria Koiyan, 661-395-4429 Victoria.koiyan@bakersfieldcollege.edu 1801 Panorama Dr. Bakersfield, CA 93306

Independent Living Program Supervisor (DHS/ CPS) (can assist youth with Transitional Aged Youth Housing, which is the entry point for applications for the Building Blocks Program or THP+)

Robin Chambers, 661-636-4971 chamber@kerndhs.com

Independent Living Program Housing Coordinator (DHS/CPS; stationed at the Dream Center)

Keith Hollins, 661-636-4982 hollink@kerndhs.com

AB-12 Extended Foster Care Supervisor (DHS/ CPS; stationed at the Dream Center) (AB-12 is a stipend of \$952/ month for qualifying former foster youth who are working part time, going to school/ vocational training, completing high school, removing a barrier to employment or unable to work due to a medical condition)

Kelley Fullerton, 661-636-4970; fuller@kerndhs.com

AB-12 Extended Foster Care & Independent Living Skills Programs

661-636-4488; apply at the Dream Center (1801 19th St., Bakersfield, CA)

Bakersfield College Extended Opportunity Program & Services (academic support, financial assistance & encouragement for eligible, financially disadvantaged & academically under prepared students) 661-395-4351; https://www.bakersfieldcollege.edu/student/eops

Foster Youth Services (educational advocacy, assistance with college enrollment, transferring records & transcripts)

661-636-4900; the Dream Center (1801 19th St. Bakersfield, CA)

Valor Residential & Educational Services (Transitional housing THP+FC & job training/ placement for foster youth between 18 & 21—W child as well; must receive a referral from your DHS social worker or probation officer; or call main office) 661-381-0183

http://vres-transformers.com

Covenant Community Services (Covenant provides services and support for foster youth and former foster youth ages 18-24: services include affordable housing at Building Blocks, Transitional Housing Plus services for 21-24 year old former foster youth, mentoring programs, help with basic needs through CARENET, employment and vocational services at Covenant Coffee, life skills classes, and more).

1700 N Chester Ave. Bakersfield, CA, 93308 Phone: 661-829-6999; website: www.covenantcs.net Facebook: https://www.facebook.com/covenantcs/

Foster Youth/Former Foster Youth Resources Cont.

Kern County Department of Human Services (CPS) 661-631-6819; https://www.kerncounty.com/dhs/

Aspiranet THP-Plus Foster Care (Transitional aged foster youth housing; must receive a referral from your DHS social worker or probation officer; must be AB-12 active)

661-323-1233

1001 Tower Way, Ste. 250, Bakersfield, CA https://www.aspiranet.org/programs/transitional-aged-youth/

Youth Empowering Success (YES!) (mentorship for foster youth. Students meet regularly, hear from guest speakers on topics relating to foster youth, participate in educational field trips, and are offered advocacy opportunities)

Students may participate in YES! at the following high schools: Bakersfield, Independence, Liberty, North, South, West, Central Valley, Nueva, Tierra Del Sol, Vista & Vista West. YES! is also in some select middle schools. For more information, please contact the Foster Youth Liaison, Michelle Blalock at 661-827-3419. Additional contacts:

Rolando Hernandez: rhernandez@kern.org and Kim Silva: kisilva@kern.org

Transition Age Youth (TAY) Team with Kern Behavioral Health & Recovery Services (ages 16-25; addresses emotional & behavioral health, housing, vocational, educational, and social functioning) 661-868-8310

https://www.kernbhrs.org/children-s-services

Transitional Housing Services

661-636-4488; apply at the Dream Center (1801 19th St., Bakersfield, CA)

California Youth Connection (a youth-led organization that develops leaders who empower each other and their communities to transform the foster care system through legislative, policy & change) 559-228-4080; https://calyouthconn.org/

Foster Care Ombudsman (foster children and youth may call to express their concerns and complaints; ensures that the voices of foster children and youth are heard/ acts on their behalf; acts as an independent forum for the investigation)

1-877-846-1602; Email: fosteryouthhelp@dss.ca.gov

New Life Residential and Training Center (target populations: former foster youth, males 18+, veterans & ex offenders) (programs include 24 hour supervised residential care, case management, access to health/social services, counseling, substance abuse counseling, academic support, vocational/employment training & development)

Contact: James Rabuse, Residential Outreach Case Manager, 661-366-8003 or 661-865-4122; http://newlifetrainingcenter.org

Kern County Department of Human Services Ombudsman (Monique Hawkins)

661-631-6698; Fax: 661-631-6898 Mailing address: Kern County Dept. of Human Services KCDHS Ombudsman (Monique Hawkins) P.O. Box 511, Bakersfield CA. 93302

Youth Runaway & Human Trafficking Resources

National Runaway Safeline (crisis intervention & Greyhound bus tickets for runaway youth ages 12-21) 1-800-RUNAWAY; www.1800runaway.org; text: 66008

National Human Trafficking Hotline

1-888-373-7888; www.humantraffickinghotline.org; text: "HELP" or "INFO" to 233733

Alliance Against Family Violence & Sexual Assault In partnership with Kern Coalition Against Human Trafficking 661-322-0931

Alliance 24 Hour Crisis Hotline:

Local: 661-327-1091 Toll Free: 1-800-273-7713

Homeless Youth Resources

2-1-1/ CapK

Call 2-1-1 24-hrs per day to be assessed for placement on the Kern Co. housing list or to get referrals to helpful resources (such as food banks, clothing, child care, etc.) Alternative toll free number: (800) 273-2275

Bakersfield Burrito Project (meals & hygiene items) 661-489-5057; www.facebook.com/BakoBurrito/

Bakersfield College Food Assistance

To qualify for Food Assistance, students must meet the eligibility requirements below. For more info, email: studentlife@bakersfieldcollege.edu.

Eligibility:

Must be enrolled in at least .5 units Present BC ID upon pick-up

Pantry Shelf Program:

Students may visit the Renegade Pantry (in Levinson Hall) Mon.-Thurs. from 10 a.m. - 5 p.m. to shop for items.

Renegade Pantry Daily Bread Service:

The Renegade Pantry is able to provide bread for students in need. Bread is distributed Mon.-Thurs. from 8:30am until gone at Campus Center 4.

Fresh Fruit & Vegetables:

Renegade Pantry is able to provide fruits and vegetables to students in need. Each Tuesday during the Fall and Spring Semesters, fruit and veggies are distributed from 11a.m. to 5 p.m. in the Renegade Pantry.

Bakersfield Family Church (for meals)

Meals served every Tuesday from 11AM to 1PM 106 Wilson Ave., Bakersfield, CA

Bakersfield Homeless Center (shelter if with a parent or ages 18+; meals open to everyone)

Meals served daily at 7AM & 4PM 661-322-0426; 1600 E. Truxtun Ave., Bakersfield, CA

Blessing Box

Red box filled with food that sits next to parking lot of First Congregational Church at Stockdale Hwy. & Real Rd., Bakersfield, CA Catholic Charities (food pantry, help with CalFresh, DMV vouchers, PG&E CARE program, representative payee program & career/education center) 825 Chester Ave., Bakersfield, CA 8AM-3:45PM Mon.-Fri. (closed for lunch from 12-1PM) 661-281-2130

Church Without Walls (Bakersfield)

MON: 6PM- 114 Beardsley: Bible study & food. TUES: 6PM: 335 Roberts Ln: Outreach dinner THURS: 11AM 335 Roberts lane: Portable Showers FRI: 12PM - 335 Roberts Ln: Bible study & food basket 6PM- 114 Beardsley: Worship service & hot meal SUN: 6PM: 114 Beardsley: Worship service & hot meal.

CSU Bakersfield Food Pantry

The CSUB Food Pantry is open to CSUB students, staff, and faculty and is located just north of the Student Union, before reaching Parking Lot M. www.csub.edu/campusmap. For more info, including hours of operation, please check the Food Pantry website at: https://www.csub.edu/sustainability/foodpantry/index.html or call: 661-654-FOOD (3663)

CSU Bakersfield Monthly Food Distributions (3rd Monday of every month)

CSUB Housing and Food Security Committee & CapK provides monthly emergency food assistance to members of the CSUB community. Food distributions occur on the 3rd Monday of each month at the Stockdale Room adjacent to Parking Lot M and the Runner Café; 661-654-2161 https://www.csub.edu/sustainability/SustainableFood/index.html

DC: Dream Center (food boxes, clothing, hygiene products, community resources & transportation) 661-885-9765; www.dreamcenterbakersfield.com 520 Union Ave., Bakersfield, CA

Flood Bakersfield Ministries (homeless street outreach team)

661-323-5663; www.floodbako.com

Gleaners Volunteer for Food Program (provides a food box in exchange for 1-week of work at the Gleaners food bank. Daily lunch is provided for volunteers.) 1326 30th St. Unit A., Bakersfield, CA; 661-324-2767 Program Hours: Monday-Friday: 7:30am (Closed the 1st Friday of every month) and plan to stay until 2:00pm.

Homeless Youth Cont.

New Life Residential and Training Center (target populations: former foster youth, males 18+, veterans & ex offenders) (programs include 24 hour supervised residential care, case management, access to health/social services, counseling, substance abuse counseling, academic support, vocational/employment training & development)

Contact: James Rabuse, Residential Outreach Case Manager, 661-366-8003 or 661-865-4122; http://newlifetrainingcenter.org

Saint Malachy Catholic Church (for meals) Meals served M, W, F at 10AM-11:45AM 407 West E. St., Tehachapi, CA

St. Vincent de Paul (for meals & showers)
Meals served M-F at 9AM & 12PM; Sat. at 9AM
300 Baker St., Bakersfield, CA

The Mission (for meals)
Meals served daily at 6:30AM, 11AM & 5PM
816 E. 21st St., Bakersfield, CA

The Mission (for shelter)

The Mission houses male youth in the regular shelter, if over the age of 18. Youth under the age of 18 can reside in the Mission if they are living with a parent who is enrolled in one of the Mission's substance abuse residential Programs; 816 E. 21st St., Bakersfield, CA

The Shed's Soul Kitchen (for meals)
Open Sundays from 4-6PM for a free meal
333 E. Tehachapi Blvd., Tehachapi, CA

Transitional Living (Youth for Christ of Kern County) (ages 18-25; must be in school full time; must be involved in YFC programs such as life skills classes) Contact Terri at 661-213-7211; http://yfckern.org/ministries/transitional_living/

Waste Hunger Not Food Kern County
Food distribution site for food rescued from schools.
661-371-2650
http://wastehungerkerncounty.com/home/access-food/

Mentoring Programs

Planned Parenthood Mar Monte's Teen Success, Inc. (life skills, help getting back into school, parenting skills & goal setting)

For young moms who:

- Are pregnant for the 1st time or have one child
- Are 14-19 years old
- Have not graduated high school /do not have a GED Contact: Sonia Chavez, 661-334-4414 sonia._chavez@ppmarmonte.org

Wendale Davis Foundation

661-493-0275; www.wendaledavisfoundation.org

Stepping Stones Youth Development Program (job readiness & job search; counseling/behavioral health; educational path)
661-900-2957 or 661-398-9161
steppingstonesyouth@gmail.com

Kern County Project 180 (youth gang prevention) 661-631-6600; www.kernproject180.org

Boys & Girls Club of Kern County 661-325-3730; http://www.bgclubsofkerncounty.org

Kern Dance Alliance (SHINE for girls in middle school)

661-491-5376; http://kerndance.org

Kern Co. Sheriff's Office Activities League 661-868-1504; http://kcsal.com/

Youth for Christ Kern County 661-323-9041; http://yfckern.org

New Life Residential and Training Center (target populations: former foster youth, males 18+, veterans & ex offenders) (programs include 24 hour supervised residential care, case management, access to health/social services, counseling, substance abuse counseling, academic support, vocational/employment training & development)

Contact: James Rabuse, Residential Outreach Case Manager, 661-366-8003 or 661-865-4122; http://newlifetrainingcenter.org

Garden Pathways (comprehensive mentoring/case management services for youth at Mira Monte and Arvin High School, comprehensive mentoring/case management services for adults 18+, and preschool and infant care) 1616 29th Street, Bakersfield, CA 93301; 661-633-9133

Youth Mental Health

Kern Behavioral Health & Recovery Services

Crisis Hotline (24 hours a day/ 7 days a week): 1-800-991-5272

661-868-6750 (youth number); www.kernbhrs.org

Alliance Against Family Violence & Sexual Assault

Child Abuse Treatment Program (CHAT) Ages 17 years and under 1921 19th St. Bakersfield, CA 93301 661-322-0931; M-F 8:30AM-5:30PM www.kernalliance.org The Center for Sexuality & Gender Diversity (free 1:1 counseling offered)

661-843-7995; https://www.glcenterbak.org/ 901 18th St. Bakersfield, CA Open walk-in hours: Tues.-Thurs. 5-7PM; Fri. 4-7PM; Sat. 3-6PM

Clinica Sierra Vista Behavioral Health

661-397-8755; www.clinicasierravista.org

Educational Resources

Kern Literacy Council (free tutoring, including for GED preparation)

661-324-3213; www.kernliteracy.org

CSU Bakersfield: Guardian Scholars Program (support for college-bound current or former foster youth between 17-24, including assistance with university admissions)

661-654-3215; www.csub.edu/gsp

Kern Community Foundation (scholarships & College Success Program)

661-325-5346; http://www.kernfoundation.org/students/scholarships/

EPIC Center at the Beale Library (work experience, job search, vocational training & career planning)

Beale Memorial Library, 701 Truxtun Ave., 2nd Floor, Bakersfield, CA

661-868-0820

Mon.-Thurs.: 11AM-6PM; Fri. 10AM-5PM

Youth 2 Leaders Education Foundation (pre-college camps & scholarships)

661-374-8817; http://www.y2lef.org/

Bakersfield College Foster Youth Liaison/ Next Up

Victoria Koiyan, 661-395-4429

Victoria.koiyan@bakersfieldcollege.edu 1801 Panorama Dr. Bakersfield, CA 93306

National Migrant Education Hotline

1-800-234-8848; Text: 1-607-434-2626

CA Department of Rehabilitation: Student Services Program (job exploration counseling, work experience, education counseling, work readiness, self advocacy training)

661-395-2546

4925 Commerce Dr. Suite 150, Bakersfield, CA

Bakersfield College Extended Opportunity Program & Services (academic support, financial assistance & encouragement for eligible, financially disadvantaged & academically under prepared students)

661, 395, 4351; https://www.bakersfieldcollege.edu/

661-395-4351; https://www.bakersfieldcollege.edu/student/eops

Foster Youth Services (educational advocacy, assistance with college enrollment, transferring records & transcripts)

661-636-4900; the Dream Center (1801 19th St. Bakersfield, CA)

Bakersfield Adult School (GED prep, high school diploma classes, independent study, English as a second language, job training & adult basic education; must be 18 or older)

661-835-1855; https://bas.kernhigh.org/

Greater Bakersfield Legal Assistance's Education Law Unit (help with bullying, expulsions/ suspensions, etc. in schools)

Direct line: 661-321-3991; www.gbla.org

California Rural Legal Assistance (Education Law Unit for Delano, Arvin & Shafter areas)

Www.crla.org

Domestic Violence, Abuse & Sexual Assault

Kern County Child Protective Services

(661) 631-6011 (Countywide) (760) 375-6049 (Ridgecrest) (Report 24 hours per day, 7 days per week)

National Child Abuse Hotline 1-800-4-A-CHILD (1-800-422-4453)

Alliance Against Family Violence & Sexual Assault 1921 19th St., Bakersfield, CA 93301 661-322-0931; M-F 8:30AM-5:30PM

www.kernalliance.org

Alliance 24 Hour Crisis Hotline:

Local: 661-327-1091 Toll Free: 1-800-273-7713

Alliance Child Abuse Treatment Program (CHAT): Ages 17 years and under 661-322-0931

Alliance Case Management – Walk-in Family Justice Center 2601 Oak St., Bakersfield CA 93301

Alpha House (Taft)

Crisis Hotline: 661-763-HELP (4357)

Women's Center High Desert (Ridgecrest)

http://womenscenterhighdesert.org/ Domestic Violence Hotline: 760-375-7525 Sexual Assault/ Abuse Hotline: 760-375-0745 Child Abuse Prevention: 760-375-7100

Family Justice Center (for help with family violence & sexual assault)

Crisis Hotline: 1-800-273-7713 Walk-in hours are Mon.-Fri. from 8:30am-3pm Address: 2101 Oak St., Bakersfield, CA 93301 www.kernfjc.com

Bakersfield American Indian Health Project Domestic Violence Prevention Initiative (DVPI) (must be a registered American Indian/ Alaskan Native)

661-327-4030; https://www.bakersfieldaihp.net/

Greater Bakersfield Legal Assistance's Domestic Violence Law Unit

661-325-5943; www.gbla.org

National Sexual Assault Hotline 1-800-656-HOPE (4673)

RAINN (Rape, Abuse & Incest National Network) 1-800-656-HOPE (4673); www.rainn.org

Vital Documents

Department of Motor Vehicles (ID's & driver's licenses)

Bakersfield DMV Location 1: 3120 F St. Bakersfield, CA; Mon-Sat 8AM-5PM Bakersfield DMV Location 2: 7000 Schirra Ct. Bakersfield, CA; Mon-Fri 7AM-5PM (800)777-0133; dmv.ca.gov

Social Security Administration

Bakersfield SSA Location 1: 2575 Haley St. Bakersfield, CA; (800) 772-1213 Bakersfield SSA Location 2: 5300 Office Park Dr. Bakersfield, CA; (866) 476-1489 Hours: M/Tu/Th/F: 8AM-4PM; W: 8AM-12PM www.ssa.gov Kern County Hall of Records (birth certificates—\$25) 1655 Chester Ave Bakersfield, CA; Mon-Fri 8AM-4:30PM (661) 868-6449

Greater Bakersfield Legal Assistance Homeless Law Center (can help get vital documents if you are homeless)

615 California Ave. Bakersfield, CA 661-334-4668 or 661-334-4666 (Homeless Law Center)

The Dream Center (can help get vital documents if you qualify for services)

1801 19th St. Bakersfield, CA; Mon-Fri 8AM-4:30PM

NOTE: If you have a CalFresh or Medi-Cal worker at DHS, ask them to give you a free and/or reduced cost ID fee waiver. They may also be able to assist you in getting a copy of your birth certificate.

Youth Substance Abuse Services

Kern County Behavioral Health & Recovery Services Substance Use Division Access Line 866-266-4898; www.kernbhrs.org

The Salvation Army Adult Rehabilitation Center (free 6-month alcohol/ drug inpatient rehab for males over 21)

661-325-8626; Email: brian.austin@usw.salvationarmy.org

Clinica Sierra Vista SAMHSA Program (Health Care for the Homeless)

661-322-7580; www.clinicasierravista.org

Bakersfield American Indian Health Project Methamphetamine Suicide Prevention Initiative (MSPI) (must be a registered American Indian/ Alaskan Native)

661-327-4030; www.bakersfieldaihp.net

The Mission (Recovery programs for both men & women over 12. The program is 18-months & includes 6-months of transitional housing. The Women & Children's Program allows mothers to have their children with them—girls up to age 17 & boys up to 11.) 661-325-0863; 816 E. 21st St., Bakersfield, CA www.thebrm.org

Teen Challenge International (residential treatment facilities & drug prevention/ education programs) 661-399-2273; www.teenchallenge.org

Ala-teen (support groups for teens whose lives have been affected by someone else's drinking; groups are available in person & e-chats are available online) Www.al-anon.org

Kern Stop Meth Now (youth prevention) 855-662-6384; www.kernstopmethnow.com

Tabitha House Ministries, Inc. (residential sober living program that houses clients & their families) 5741 E. Texas St., Bakersfield, CA 93307; 661-637-1982

Youth LGBTQ Resources

The Center for Sexuality & Gender Diversity 661-843-7995; https://www.glcenterbak.org/901 18th St. Bakersfield, CA

Open walk-in hours:

Tues.-Thurs. 5-7PM; Fri. 4-7PM; Sat. 3-6PM Services offered:

- A safe space
- Free 1:1 counseling
- Youth group (meets once per month)
- Gender Rebels (Transgender support group)
- Bi/Pansexual + group
- Affirming & Inclusive Events
- Support workshops

The Trevor Project

Hotline: 1-866-488-7386; Text: "TREVOR" to 1-202-304 -1200; Online e-chat: www.thetrevorproject.org

LGBT National Help Center

Youth Talkline: 1-800-246-PRIDE (7743) www.glnh.org

PFLAG Bakersfield (Parents, Families, Friends & Allies United with LGBTQ People to move equality forward)

https://pflag.org/chapter/pflag-bakersfield (661) 527-3524; pflagbfl@yahoo.com

California Rural Legal Assistance, Inc. (LGBT legal services in rural California)

1-831-724-2253; www.crla.org/

Youth Empowerment Pride Project of Bakersfield (Safe spaces for LGBTQI Youth in Bakersfield and Kern County)

www.facebook.com/YEPPBakersfield Email: yeppbakersfield@gmail.com

Bakersfield LGBTQ

661-302-4266; http://www.bakersfieldpride.org www.facebook.com/bakolgbtq

Dolores Huerta Foundation's Equality Program http://doloreshuerta.org/programs/equality-program/ (661) 322-3033

Employment

America's Job Center

661-868-0820

661-325-HIRE; www.americasjobcenterofkern.com

EPIC Center at the Beale Library (work experience, job search, vocational training & career planning)
Beale Memorial Library, 701 Truxtun Ave., 2nd Floor,
Bakersfield, CA

Mon.-Thurs.: 11AM-6PM; Fri. 10AM-5PM

Bakersfield Adult School Career Resource Department (promotes self- sufficiency through educational and occupational training) 661-835-1855; https://bas.kernhigh.org/

PG&E Better Together Summer Jobs Program Contact Boys & Girls Club at 661-325-3730

Covenant Coffee (Coffee House and Roasting facility serving foster youth and former foster youth with mentoring and employment)

1700 N Chester Ave, Bakersfield CA; 661-829-6737 www.covenantcoffee.org; IG:@covenantcoffee www.facebook.com/covenantcoffeebakersfield/

Youth with Disabilities

Independent Living Center of Kern County (empowering people with disabilities to live as independently as they can)

661-325-1063; www.ilcofkerncounty.org

Toll free: 800-529-9541 Video phone: 661-369-8966

5251 Office Park Dr. Ste. 200, Bakersfield

Kern Regional Center (community based services & supports for individuals with developmental disabilities that began before age 18).

661-327-8531; www.kernrc.org

CA Department of Rehabilitation: California Youth Leadership Forum (yearly program for high school juniors & seniors)

1-855-894-3436; Email: YLF@dor.ca.gov http://www.dor.ca.gov/YLF/index.html

CA Department of Rehabilitation: Student Services Program (job exploration counseling, work experience, education counseling, work readiness, self advocacy training)

661-395-2546

4925 Commerce Dr. Suite 150, Bakersfield, CA

Additional Resources

Dignity Health Learning Center & Outreach Center 661-632-5562

Learning Center: 631 E. California Ave. Bakersfield, CA

- Homework Club
- Bus passes for medical appointments
- Emergency food baskets
- Sack lunches
- Referrals for food/ clothing/ household items Outreach Center: 1627 Virginia Ave. Bakersfield, CA
- After school program
- Breakfast club
- Bus passes for medical appointments
- Dinner Bell
- Emergency food baskets
- · Referrals for food/ clothing/ household items
- Baby items

GET bus

661-869-2GET (2438); https://www.getbus.org/

2-1-1 (CAPK)

Dial 2-1-1 to be provided with information & referrals to a variety of services in Kern County. The referral directory is also available online at capk.org.

Bakersfield Pet Food Pantry

Free pet food distribution on 2nd & 4th Fridays of the month from 10AM-12PM at 4500 Shepard St. Ste. B-1, Bakersfield, CA; 661-369-1222

Bike Bakersfield

Receive a free bicycle in exchange for 12 volunteer hours. 661-321-9248; https://www.facebook.com/BikeBakersfield/

California Veterans' Assistance Foundation (for military veterans)

661-829-5908; http://www.cavaf.org/