

Resolution No. 18-19-15

**RESOLUTION OF THE BOARD OF TRUSTEES OF SOUTHERN KERN
UNIFIED SCHOOL DISTRICT FOR MAY MENTAL HEALTH
AWARENESS**

WHEREAS, May 2019 has been designated National Mental Health Awareness month in the United States since 1949 by the Mental Health America organization; and

WHEREAS, Thursday, May 9, 2019 has been designated National Children's Mental Health Awareness Day, to raise awareness of issues surrounding people, particularly children, with mental health concerns; and

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, a focus on prevention and early intervention efforts could greatly reduce the number of children experiencing serious mental health conditions; and

WHEREAS, children, youth and adults can recover from mental illness and lead full productive lives in the community; and

WHEREAS, addressing the complex mental health needs of our children, youth, and families places upon our community a critical responsibility; and

WHEREAS, it is appropriate that time should be set apart each year for the direction of our thoughts toward our children's mental health and well-being; and

WHEREAS, as the Southern Kern Unified School District, through its unique approach to serving children and adolescents, is effectively caring for the mental health needs of children, youth and families in our community; and

WHEREAS, parents and family members have made invaluable contributions through their commitment, caring, and advocacy to important advances in education, and treatment for individuals with mental health concerns; and

WHEREAS, as the Southern Kern Unified School District reviews its pledge to continually assess and improve the range of educational services provided to meet the varying needs for our students with mental health concerns; and

WHEREAS, as the Southern Kern Unified School District recognizes that educating our students with mental health concerns from toddlerhood through graduation requires commitment to meaningful collaboration with families and community members; and

WHEREAS, as the Southern Kern Unified School District intends, together with our partners, to ensure that our students are prepared for postsecondary success in college, careers, and in the community.

NOW THEREFORE, IT IS RESOLVED, that the Board of Education of the Southern Kern Unified School district recommitts our educational community to increasing awareness and understanding of mental health, the steps our children, youth and adults can take to protect their mental health, and the need for appropriate and accessible services for all people, especially children and youth with mental health conditions, and approves the designation of May 1-31, 2019 as National Mental Health Awareness Month and Thursday, May 9, 2019 as National Children's Mental Health Awareness Day.

PASSED AND ADOPTED this 15th day of May, 2019, by the Board of Trustees of the Southern Kern Unified School District of the County of Kern, State of California, by the following vote:

AYES: MEMBERS: Gutierrez, Sanchez, Bender, Robinson

NOES: MEMBERS: None

ABSENT: MEMBERS: Brandts

This is to certify that this is a true and correct copy of the resolution as adopted and approved at a regular meeting of the Board of Trustees of the Southern Kern Unified School District.



Mario Gutierrez, President
Board of Trustees, Southern Kern USD

Attest:



Linda Brandts, Clerk
Board of Trustees, Southern Kern USD