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# Student Health Advisory Council (SHAC) – Minutes

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Location: Virtual Meeting

Date: April 12, 2021

Time: 4:00 p.m.

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## Agenda details:

1. Welcome
2. [District Wellness Plan](#) Review – *Dr. Lisa Nixon*

Dr. Nixon reviewed the components of the District Wellness Plan and explained that due to COVID restrictions not all components could be met this year. Dr. Nixon asked the committee to share any questions, comments and/or recommendations regarding the plan by emailing or calling Dr. Nixon. This plan will move forward for the 2021 – 2022 school year.

3. COVID-19 District Update – *Christy Beck & Dr. Lisa Nixon*

Christy Beck, the School Health Coordinator, provided a COVID update to the committee. The COVID Rapid Testing Center has been effective in providing the COVID Rapid Testing for symptomatic and asymptomatic staff and students. Mrs. Beck explained the number of COVID positive students and staff are decreasing and the COVID Rapid Testing (both on campus and at the testing center) are helping to reduce the risks on campus. Mrs. Beck shared that the COVID-19 Flowchart has slight modifications due to the latest CDC Guidance related to vaccinations. Mrs. Beck also shared the multiple opportunities for staff to receive the COVID vaccine. Finally, Mrs. Beck shared that Texas Childrens Hospital was planning a one-hour information session for Pearland ISD school health services staff and the SHAC on Friday, April 23 to provide information regarding COVID vaccines in children and young adults.

Dr. Nixon shared the High-Risk Exemption Forms that the district will be sharing with parents to request a virtual or remote learning option next year (if possible and if allowed by TEA), or to request any COVID mitigating measures. An individual at Higher Risk for severe illness from COVID-19 are those individuals with certain underlying health conditions as designated by the CDC.



SHAC members asked if the district has made a decision regarding mask/face covering requirements for next school year. Dr. Nixon shared that the district is studying options for moving forward. Some members shared they felt that masks should be worn indoors, but not needed outdoors.

4. #iwillASK – From April 12 – 16, Pearland ISD will be hosting #iwill ASK online as a way to continue to support the mental and physical wellbeing of our students and community.

✓ For more information, visit [Guidance Services / #iwillASK Event \(pearlandisd.org\)](#)

Dr. Moore, Coordinator of Guidance Services, reviewed the activities included in this year's #iwillASK event.

## 5. Future Topics

Dr. Nixon thanked the committee members for their service on SHAC this year. Dr. Nixon also asked committee members to share any future topic suggestions.



*Thank you very much for your time and contributions to our SHAC this year.*