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# Student Health Advisory Council (SHAC) - Agenda

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Location: Pearland ISD - Virgil Gant Education Support Center

Date: February 10, 2020

Time: 4:00 p.m.

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## Agenda details:

### 1. Welcome

### 2. Vanessa Garza – Youth Prevention Specialist, Bay Area Council on Drugs & Alcohol (BACODA)

The BACODA representatives provided several handouts for members including Tips for Teens handouts for Opioids, E-Cigarettes, and Marijuana.

Notes from the BACODA presentation include:

- Pearland ISD has partnered with BACODA for 5 years (4.5 years left)
- BACODA was originally developed in response to a high number of suicides in the Clear Lake Youth
- BACODA Representatives, Bernita Fernandez, Assistant Director of Youthworks and Vanessa Garza, Youth Prevention Specialist for Middle School & Junior High Campuses presented a Power Point presentation on BACODA to attendees.
- Vanessa Garza is located in the Outreach Department of the ESC and primarily focuses her attention on student referrals received from MS and JH campus staff.
- Bernita Fernandez helped facilitate the partnership of BACODA and PISD
- They are trying to get a high school contact added to BACODA services in Pearland ISD as well
- BACODA staff utilize a positive action curriculum; 6 Statements/Steps to the process; 20-30 lessons per cycle
- They do not solely focus on substance use – they have more of an emphasis on positive self-concept and good self-esteem in the lower grade levels.



- They do group presentations in middle school and junior high campuses. They focus on health promotion and disease prevention at the elementary levels. No individualized counseling provided at this time.
- “Rome” is a Youth Prevention Specialist with BACODA that also introduced himself at the meeting. He is currently working with the Alvin High School Student population, however they all stated they are working on getting him connected with Pearland ISD high school as well.
- They focus on more at-risk youth referrals at the junior high school level and risky behavior referrals at the high school level
- Provide developmentally appropriate lessons.
- Explained the “Hidden in Plain Site” program – Room is pre-set; It is like a scavenger hunt for items that look like every-day items but are vaping devices. It teaches recognition of devices and environment.
- At end of presentation, Counseling Connection for Change representative exchanged information with BACODA staff – collaboration regarding referrals.

### **3. School Health Update – *Christy Beck, School Health Coordinator***

Christy Beck provided a Health Services Update regarding Coronavirus and Flu. The committee reviewed the video - <https://youtu.be/mOV1aBVYKGA> WHO

Mrs. Beck also showed members where to find “Current Issues” on the district webpage.

### **4. Next Meeting – Monday, April 13, 2020**