

**Minutes of the Regular Meeting**  
**School Health Advisory Council (SHAC)**  
**Pearland Independent School District**

---

Regular Meeting of the Pearland Independent School District School Health Advisory Council (SHAC) will be held on **Monday, September 25, 2023**, beginning at 4:00 p.m.

The subjects to be discussed, considered, or upon which any formal action may be taken are listed below.

**1. Welcome & Introductions**

- a. Dr. Nixon welcomed the SHAC and invited members to introduce themselves to the group.

**2. Purpose**

- a. Dr. Nixon discussed the purpose of the School Health Advisory Council (SHAC) including defining the areas of focus and the required duties of a SHAC.
- b. Dr. Nixon asked for a volunteer to serve as the SHAC Co-Chairperson this year. The Co-Chairperson will assist in any presentations of SHAC information to the Board of Trustees, if needed, and will serve as an advisor to Dr. Nixon in the identification of topics to be discussed during SHAC meetings.

**3. Student Mental Health Supports/Activities Discussion – Dr. Chenda Moore, Coordinator of Guidance Services**

- a. Dr. Moore shared information with SHAC about the Coffee with Counselors sessions designed for parents, including the schedule of these virtual sessions as well as the topics discussed during the first three sessions. Two of the sessions were provided by ChildBuilders – *You’ve Got This: Parent and Children’s Mental Health* and *When Life Gets Hard: Parenting Through Trauma*. For more information about upcoming sessions, please visit <https://www.pearlandisd.org/Page/29752>
- b. Dr. Moore also shared information about the upcoming #iwillASK even scheduled for September 28, 2023, at Pearland HS from 6:00 – 8:00 pm. Each high school is represented by a student group who developed activities for students and parents to participate in during the event. There will also be over 30 agencies attending who offer services of support to our families. Dr. Moore encouraged everyone to attend – it’s going to be a great night!
- c. On September 20, 2023, Dr. Moore also hosted a viewing of the Screenagers: Under the Influence documentary for students and families at the Education Support Center (ESC).

The documentary addresses vaping, drugs, and alcohol in the digital age. In addition, there was a panel of campus administrators who were available to share information about what they see at the campus.

**4. Discussion of Administration of Opioid Antagonists (SB 629) – Monica Reynolds, Coordinator of Health Services**

- a. Mrs. Reynolds reviewed the new requirements set forth by SB 629 related to the use of Opioid Antagonists in the school setting. She explained Opioid antagonists are used to reverse the effects of an opioid overdose. One very powerful synthetic opioid being abused is Fentanyl. Fentanyl is 50 times stronger than heroin and 100 times stronger than morphine. Just 2 milligrams of fentanyl are considered a lethal dose. Many counterfeit pills and street drugs are mixed with fatal doses of fentanyl. In response to the Fentanyl (Opioid) crisis, Governor Abbott signed SB 629 into law in June of this year.
- b. Each school district in Texas is required to implement a policy regarding the maintenance, administration, and disposal of opioid antagonists at each campus with grades 6-12. The deadline to meet this requirement is January 1, 2024. Mrs. Reynolds explained that Pearland ISD has created a protocol for administration of Narcan (Naloxone) for suspected overdose in our schools.
- c. Mrs. Reynolds shared that Narcan has been received by the district. Emergency kits will be distributed to campus clinics by the end of this week. Additional staff will be trained once the health commissioner establishes the amount of training required for school personnel (Nov. 1st deadline)

**5. Discussion of Fentanyl Abuse Prevention and Review Curriculum Resources (HB 3908) – Dr. Lisa Nixon, Assistant Superintendent of Educational Services**

- a. As Ms. Reynolds shared, new fentanyl-related legislation was passed during the 88th Texas Legislature to raise awareness of fentanyl poisonings and to promote prevention efforts. Specifically, students and families need to know that other drugs may contain a deadly level of fentanyl. You cannot see, taste, or smell it. It is almost impossible to tell if another drug is laced with fentanyl unless tested with a fentanyl testing strip. “One Pill Kills” is set up across the state to educate Texans on how to prevent, recognize, and reverse fentanyl poisonings.
- b. Dr. Nixon explained the 88th Texas Legislature passed legislation related to fentanyl awareness and education that will impact school health policies and health education beginning with the 2023-2024 school year. The required instruction in fentanyl prevention and drug poisoning awareness must include the following:
  - i. Suicide prevention
  - ii. Prevention of the abuse of and addiction to fentanyl

- iii. Awareness of local school and community resources and any processes involved in accessing those resources
  - iv. Health education that includes information about substance use and abuse, including youth substance use and abuse
- c. Dr. Nixon also explained HB 3144 which establishes the month of October as Fentanyl Poisoning Awareness Month to increase awareness of the dangers of fentanyl and potential overdoses. Dr. Nixon shared handouts from TEA's website dedicated to Fentanyl Response which can be found here - [Fentanyl Response Communications Toolkit | Texas Education Agency](#)
- d. Dr. Nixon also shared with the members the new requirement for SHAC from HB 3908 - HB 3908, known as Tucker's Law, adds to the duties of a school health advisory council (SHAC) the requirement to recommend to the local board of trustees the appropriate grade levels and curriculum for instruction in the dangers of opioids, including addiction to and abuse of synthetic opioids such as fentanyl (Texas Education Code (TEC) §28.004(c)). To begin this process, members reviewed TEA's Health Education Texas Essential Knowledge of Skills (TEKS) Aligned to Fentanyl Abuse Prevention and Drug Poisoning Awareness to review the appropriateness of the topics by grade level. Dr. Nixon asked the SHAC members to review this information over the next few days. Dr. Nixon will send an email to all SHAC members requesting their feedback – either approval of grade levels as presented or suggested changes.
- e. As more curriculum for instruction related to the HB 3908 requirement becomes available, Dr. Nixon will share curriculum options with SHAC so they may make a recommendation to the Board of Trustees.

6. Next Meeting – Monday, November 6, 2023

- a. In closing, Dr. Nixon asked members if there were any topics they would like presented or discussed in future SHAC meetings. No comments were made during the meeting, but Dr. Nixon encouraged members to call or email her with any requests in the future.

An audio recording of the meeting can be found on the Pearland ISD website - <https://www.pearlandisd.org/domain/91>