

Teachable Moments

These are some tips to continue the learning at home and encourage your child to improve their self-expression skills. For more information, please ask your Play 2 Learn teacher for more support!

REMEMBER, you are your child's FIRST and BEST teacher!

How Parents Can Support Self-Expression:

1. **Allow children to test their ideas.** Be flexible with schedules to nurture your child's spontaneity and curiosity. Give your child plenty of time to make decisions, play, and reflect on their discoveries.
2. **Encourage your children to persist to the next level.** Talk to children about their ideas and encourage them to describe how they feel about their innovations and accomplishments.
3. **Be a good listener.** Give your child your full attention as they express their feelings and ideas. Share in their excitement. Write down their comments as mementos.
4. **Share books that show characters expressing themselves in various ways.** In the book *The Squiggle* by Carole Lexa Schaefer, a creative little girl models for her classmates all the exciting things she can do with a piece of yarn. Some other books are *Tacky the Penguin* by Helen Lester, *It's Okay to BE Different* by Todd Parr, *Ish* by Peter H. Reynolds and *Giraffes Can't Dance* by Giles Andreae. Encourage your children to share what they can do! *Adapted from Scholas@C*



Early Learning & School Readiness



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