

Shawnee Mission School District Wellbeing Incentive Program

Your incentive program will run from January 1, 2024 through October 31, 2024. Employees on the health plan have the option of participating in the incentive program. Working towards your best health can save you money! Complete one of the program options to earn savings on your medical plan premium.

Wellbeing Incentive Program Activities:

Complete **one** of the options listed below:

A. Health Risk Assessment and Biometric Screening:

1. Complete the Health Risk Assessment through the Questionnaires tab in the Marathon Health Portal.
2. Biometric Screenings can be completed at a mass screening event, onsite at the SMSD health center, or with a primary care provider (PCP). Provider Verification Forms required for screenings completed with a PCP.

B. Complete Four (4) Wellness Workshops: Complete four wellness workshops in the Marathon Health Portal to achieve option B. Workshops can be completed through the Resources tab on the homepage.

C. Complete Two (2) Health Coaching Visits: Complete two health coaching visits at the SMSD Health Center to achieve option C.

Wellbeing Incentive Program Overview:

- **Who:** Employees on the health plan can participate.
- **How:** Complete one of the three options (A, B, or C) to earn medical plan premium savings.
- **When:** Complete your incentive activities between January 1, 2024 and October 31, 2024.
- **Incentive Reward:** Earn a \$50/month (\$600/year) savings on your medical plan premium.

For a full list of activities and to track your progress, log on to the Marathon Health Portal and click on the Incentives tab.



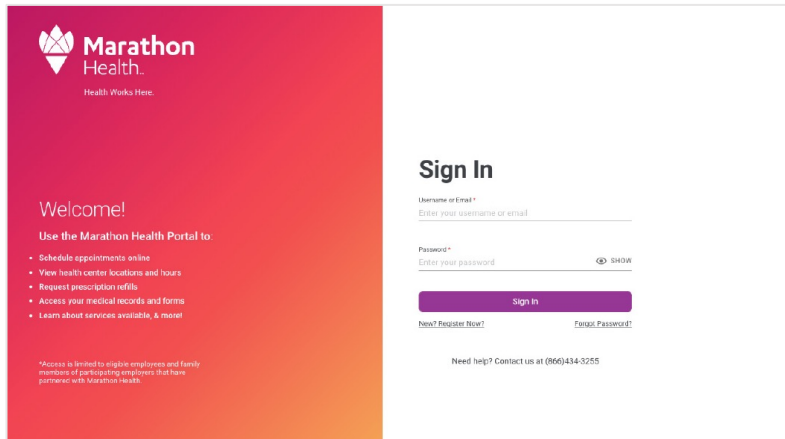
Incentive Portal Guide



Track Your Incentive

Log in to the Marathon Health Portal

You can log in to the Portal at my.marathon-health.com from any computer or mobile device that has access to the internet. If you need assistance with your username and/or password, please click the “New?” or “Forgot Password?” links below the “Sign In” button.



View Your Program

Click the “View Incentives” button on the homepage to see your activities and track your progress towards your Incentive rewards.

My Incentives Status

[View Incentives](#)



Points progress: 0 points

0 150


Time remaining: 345 days

Ends: 10/31/2022 90/255 days

Complete Your Activities

For additional information on each activity, click on a specific activity under the goals section. To schedule an appointment, click the “Schedule an Appointment” button in the portal.

My Status
0 / 150 points



0 points

Incentive Program Goals

Select a goal below to learn more about how to complete the activity and earn towards your incentive program.

☆ **Required Activities (50 Points Possible)**
Required

50 Points >

Achieve Health Screening Results Within Healthy Range (4 Of 6)

25 Points >