



Roseburg High School

March 2024

EVERYDAY BREAKFAST CHOICES:

Egg & cheese or ham & cheese on an english muffin
Sausage & cheese on a biscuit
Bagel & cream cheese
Breakfast round
Oatmeal
Cold cereal
Fruit and low fat or fat free milk

FAST TAKES

EVERYDAY LUNCH CHOICES

Specialty Sandwiches made to order.
Choose from: fresh baked sub roll, turkey, ham, cheese, lettuce, tomato, pickles, jalapenos, onions, pepperoncini, cucumbers, green peppers and olives.
Daily Featured Salads w/fruit & vegetables

TACO FRESH OR NACHO BAR

Build your own Nachos, Tacos & Burritos from:
corn chips, whole grain tortilla, taco beef, fajita chicken, cheese sauce, refried beans, lettuce, tomatoes, olives, onions, jalapeno peppers, shredded cheese, pepperocinis, salsa & sour cream.



Hamburger, Cheeseburger, Chicken or Spicy Chicken Sandwich

Served with Baked Fries or Tots



ITALIAN FUSION CHOICES: Cheese or Pepperoni Pizza; and Calzone.

Meal Prices- Breakfast & Lunch is free to all students. Adult Breakfast \$2.50 Lunch \$3.60

SIDES OFFERED DAILY WITH ALL LUNCH CHOICES: Seasonal Fresh Fruit, Vegetables, Salad Greens and Low Fat or Fat Free Milk. ALL GRAINS OFFERED ARE WHOLE GRAIN

				Breakfast Cinnamon Rolls Lunch Chicken & Waffles	3/1
3/4 Breakfast Pancake on Stick Lunch Lasagna Roll-up w/WG Roll	3/5 Breakfast Frudel Lunch Pulled Pork Enchiladas	3/6 Breakfast Biscuits n Gravy Lunch BBQ Chicken Sandwich	3/7 Breakfast BYO Oatmeal Bowl Lunch Baked Pasta w/WG Roll	3/8 Breakfast Donuts Lunch Fish & Fries w/ WG Roll	
3/11 Breakfast Breakfast Pizza Lunch Cheesy Breadsticks w/Sauce	3/12 Breakfast Pancakes Bites Lunch Cheese Ravioli w/WG Roll	3/13 Breakfast Breakfast Bowl Lunch Orange Chicken w/Brown Rice	3/14 Breakfast BYO Oatmeal Bowl Lunch Pulled Pork Enchiladas	3/15 Breakfast Cinnamon Roll Lunch Fish Po'Boy	
3/18 Breakfast Waffles Lunch Meatball Sub	3/19 Breakfast Pancake on Stick Lunch Chili Dog w/Tots	3/20 Breakfast Biscuits n Gravy Lunch Sweet N Sour Chicken w/brown Rice	3/21 Breakfast BYO Oatmeal Bowl Lunch Turkey Gravy & Mashed Potatoes W/Rolls	3/22 NO SCHOOL TEACHER PLANNING DAY	
3/25 NO SCHOOL SPRING BREAK	3/26 NO SCHOOL SPRING BREAK	3/27 NO SCHOOL SPRING BREAK	3/28 NO SCHOOL SPRING BREAK	3/29 NO SCHOOL SPRING BREAK	

This institution is an equal opportunity provider.