



Trinity West PTA

MONTHLY NEWSLETTER

JANUARY 2024



Happy New Year!

By Principal Michelle Ostrosky

Happy New Year and welcome back to school! I hope you had a safe and healthy Winter Break and that your holidays were filled with warm, happy, and memorable moments with your children. The new year is always a time of reflection - our staff is grateful to be able to do what we love - and that is working with your children. They make us smile each and every day! As we approach the second half of our year, we have many exciting things yet to come - student talent show, Valentine's Day activities, Read Across America, field trips, and Fun Day - just to name a few. Our staff and PTA appreciates your continued support as we endeavor to enrich our students with these fun activities.

The colder weather is here! As a reminder, as long as it is above 32 degrees and dry, students will go outside for recess. Please bundle up your children very warmly. Remember to label coats, hats, and gloves so they can be returned to your student if lost.

I look forward to the memories we'll make together in this new year!

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A MESSAGE FROM PBIS

Students are often excited for winter break and time off from school and schedules, but sometimes the change in structure and routine can cause students to struggle with staying focused once the break is over. Be

Ready to Learn is one of the positive behaviors we instill all year long. You can help your student stay focused and Be Ready by encouraging this positive behavior at home too. Remind your student that being ready to learn means their ears are listening, their eyes are on their parent or teacher, and they are staying on task.



Download the Box Tops app to help raise money for PBIS! Our goal is \$1,000 and we are currently at \$821!

Box Tops

Shining a Light on Autism

Many individuals with Autism have clothing sensitivity. Dressing warm for cold weather can be challenging and require advance planning from caregivers. When faced with all the layers of clothing needed, fun activities, like sled riding, can quickly become frustrating for a person with Autism.

A NOTE FROM THE OFFICE

Just a reminder, please make sure that all excuses, early releases, and lunch money envelopes contain both the first and last name of your child.

You can also email Ms. Koskoski at mkoskoski@trinityhillers.net with excuses and early releases.

We request that all emails be sent before 12:00pm so we have time to make the appropriate arrangements if necessary.

Thank You!

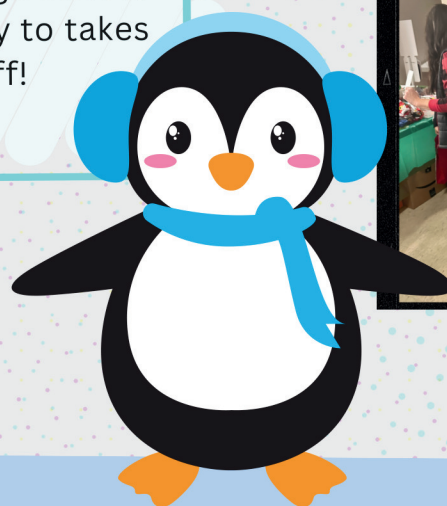


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PTA UPDATE

December was a busy month with the holidays and all the special events at school. We had Steelers spirit days, Santa shop, and a week of Christmas classroom fun! Our Santa shop was a big hit - with PTA members once again doing all the shopping to create our own custom store for kids to shop. Parents and students enjoyed the choices this year and we had a very successful fundraiser! Thank you to all of the parent volunteers and high school volunteers for donating your time - it truly takes an army of elves to pull this one off!



LOST & FOUND

We are seeing an over abundance of lost winter clothing in our lost and found. Please make sure to write your child's name on as many pieces of clothing as possible. In addition, remind your child to check the lost and found for missing items.





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Holiday Happenings

This year our students celebrated the holidays with many fun classroom activities.

- Kindergarten had a Polar Express day where they wore pajamas and celebrated the magic of Christmas.
- First grade decorated their gingerbread houses in the cafeteria and held reindeer games in the gym.
- Second and Third grade celebrated Grinch day with Grinch themed activities and students dressed in all green.
- Fourth grade completed a Christmas Cookie Drop STEM challenge (similar to an egg drop).
- Fifth grade math classes constructed gingerbread houses.





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COUNSELOR'S CORNER By Mrs. Gallagher

Welcome back to reality families! :) Whether you were basking in the glow of the holidays or you couldn't wait for them to be over- we're back in the grind! And with that also brings some challenges- work, kids, sports, kids, driving all over the place... and kids. January is Mental Wellness month! That means it is time to take care of your mental health! We all need a break sometimes- it is ok! Here are some things that can help you keep your mental health in tip top shape!

- Spend some time with other adults (go out to lunch, shopping, etc)
- Grab some alone time (sit in your car, go hunting, etc)
 - Read
 - Catch a quick nap
- Take some time out to do something you really love
 - Listen to calming music
 - Get a massage
 - Go for a long drive

If you can't take care of yourself, you won't be able to take care of others. Your mental wellness is important, so make it a priority this month!

Also- next month (February), we will be celebrating National School Counseling Week! Keep your eyes peeled for details!



TEACHER SPOTLIGHT Kelsee Wiltrout

Kelsee Wiltrout is in her fifth year working as a speech-language pathologist and her first year working at Trinity. She has previous experience working in a PA school district and at WVU Medicine Children's Neurodevelopmental Center. Kelsee also works as an SLP with adults and geriatrics in skilled nursing and assisted living settings in the evenings and on the weekends. Kelsee is married to her husband of two years, Justin. They are the proud dog parents to their shih tzu mix, George. Kelsee loves reading, Taylor Swift, and reality TV.



SURVEY SAYS:

Let's have a snowball fight!

We asked fifty 3rd graders,
If you got to choose which staff
member to have a snowball fight with,
who would it be?

1. Mr. Daviduk
2. Officer Barry
3. Ms. Kline

#1 answer- Mr.Daviduk!!!



January



CALENDAR

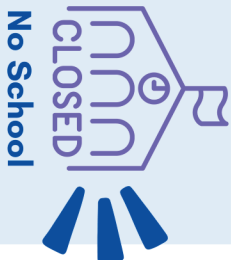
MONDAY

1

HAPPY
new
YEAR

8

15



22

29

TUESDAY

2

BACK
to
SCHOOL

9

16



McDonald's
Dine To Donate
4:00 - 6:00PM

23

30

WEDNESDAY

3

Four Star
& Yearbook Ads
Sale Kickoff



10

17

Four Star
& Yearbook Ads
Forms Due



24



School Store
K & 5th Grade

31

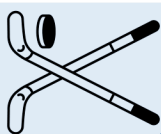
Wacky
Wednesday
Wear something
wacky!



THURSDAY

4

11



Wear Pens
shirt or
Black &
Gold

18

FRIDAY

5

Popcorn
and
Lemonade
Sale



12

2 Hour Early
Release



19

Trinity Spirit
Day



26



School Store
2nd & 3rd Grade

Spirit
Wear
Store

