

COUNSELING & SMALL GROUP

Confidentiality

The American School Counseling Association sets forth guidelines about privacy and confidentiality. In the counseling office, every effort is made to adhere to these guidelines. There are a few instances in which the information that is discussed during sessions must be shared. These include:

- When the student gives permission for information to be shared
- When it is believed the student is at risk for harming self or others
- If it is believed that someone is trying to hurt the student
- If a judge orders information to be shared

Purpose

In general, school counselors provide short-term counseling for problems that are related to school or problems that may be affecting school performance. It is not meant to be therapy or long-term, but if additional services are needed, I will be happy to refer you to an outside source.

Small Group

The small group session that is being offered this semester is:

- Managing Emotions & Stress
- Healthy Relationships

Informed Consent

Please read and sign this section to show acknowledgment of receipt. It will need to be returned to the counseling office before small group counseling services can be offered to the student.

Student Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____