

Jeffco FNS Healthy School Meals



With the passage of Healthy School Meals for All, many families will be sending their students to eat breakfast and lunch at no cost in school year 2023-2024.

Jeffco Food Service is committed to providing these meals in accordance with USDA guidelines, so you can be assured that school food will always be a healthy choice!

SCHOOL PIZZA

What your student may eat at school...

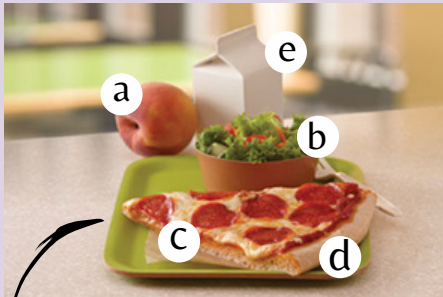


RETAIL PIZZA

What your student might bring from home...



What is a reimbursable meal?



Your student's tray should consist of at least three of the following components (one being a fruit or vegetable) in order to be reimbursable and served at no cost:

- (a) Fruit, (b) Vegetable,
- (c) Meat/Meat Alternative,
- (d) Grain, (e) Milk

(Image from preparedfoods.com)

Serving Size	1 slice
Calories	370
Fat	17 g
Sodium	560 mg
Protein	19 g
Added Sugar	1 g
Crust	Whole Grain
Highlighted Ingredients White Whole Wheat Flour, Part Skim Mozzarella, Turkey and Beef Pepperoni	

Serving Size	1 slice
Calories	549
Fat	21 g
Sodium	1,538 mg
Protein	26 g
Added Sugar	0 g
Crust	Enriched Wheat Flour
Highlighted Ingredients Enriched Wheat Flour, Low-Moisture Mozzarella, Pepperoni made of Pork, Chicken and mechanically-separated Beef	



Fresh fruits being offered to Jeffco students this season: strawberries, plums, peaches, watermelon, and honeydew melon

This institution is an equal opportunity provider.