



# Michigan City Area Schools

Opportunity ★ Excellence ★ Pride

# Student Allergy Information



The Michigan City Area Schools does not discriminate on the basis of the Protected Classes of race, color, national origin, sex (including transgender status, sexual orientation and gender identity), disability, age, religion, military status, ancestry, or genetic information, which are classes protected by Federal and/or State law (collectively, "Protected Classes"). This includes the Corporation's employment opportunities, programs, and/or activities, or, if initially occurring off Corporation grounds or outside the Corporation's employment opportunities, programs and activities, affecting the Corporation's environment. For further information, clarification, or complaint, please contact the MCAS School Administration, 408 S. Carroll Avenue, Michigan City, Indiana 46360 at (219) 873-2000 for Title IX (gender equity related issues); or Special Education Director, 408 S. Carroll Avenue, Michigan City, Indiana 46360 at (219) 873-2000 for Section 504 (non-discrimination/disability issues and Americans with Disabilities). Any other information concerning the above policies may be obtained by contacting the Superintendent, Dr. Barbara Eason-Watkins, 408 S. Carroll Ave., Michigan City, Indiana 46360 at (219) 873-2000.



Administration Building  
408 South Carroll Avenue  
Michigan City, Indiana 46360  
(219) 873-2000

Dear Parent/Guardian:

If you have indicated on the enrollment form that your son or daughter has a severe allergy, it is very important that medication be available at school in the event your child experiences an allergic reaction.

Enclosed is a form for you and your physician to complete to allow for prescription medications to be administered. There is also a form for you to sign authorizing the school to administer non-prescription medication if necessary.

If your child has a **Food Allergy**, you and your physician must complete the Dietary Prescription Form in this packet. The Office of Food Services will work to provide meal substitutions where possible based on the dietary order your physician prescribes.

Completed forms and medication must be turned in to the school carrying an EpiPen®, completed forms are still required.

We care about your child's health and appreciate your cooperation in keeping your child safe at school.

Sincerely,

Brandi Morlan, BSN, RN  
School Nurse Chair

Nicole Santana  
Director of Nutrition Services

# Allergy Action Plan



**ALLERGY TO:** \_\_\_\_\_

\_\_\_\_\_ Student's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Teacher

Asthmatic  Yes\*  No \*High risk for severe reaction

◆ **SIGNS OF AN ALLERGIC REACTION** ◆

**Systems**      **Symptoms**

- Mouth..... Itching and swelling of the lips, tongue, or mouth
- Throat\* ..... Itching and/or a sense of tightness in the throat, hoarseness, and hacking cough
- Skin ..... Hives, itchy rash, and/or swelling about the face or extremities
- Gut..... Nausea, abdominal cramps, vomiting, and/or diarrhea
- Lung\* ..... Shortness of breath, repetitive coughing, and/or wheezing
- Heart\*..... "Thready" pulse, "passing out"

The severity of symptoms can quickly change. \*All above symptoms can potentially progress to a life-threatening situation.

◆ **ACTION FOR A MINOR REACTION** ◆

1. If only symptom(s) are: \_\_\_\_\_,  
give \_\_\_\_\_  
Medication / Dose / Route

Then call:

- 2. Mother \_\_\_\_\_, Father \_\_\_\_\_, or emergency contacts.
- 3. Dr. \_\_\_\_\_ at \_\_\_\_\_.

If condition does not improve within 10 minutes, follow steps for Major Reaction below.

◆ **ACTION FOR A MAJOR REACTION** ◆

1. **If ingestion is suspected and/or symptoms are:** \_\_\_\_\_,  
give \_\_\_\_\_ **IMMEDIATELY!**  
Medication / Dose / Route

Then call:

- 2. Rescue Squad (ask for advanced life support)
- 3. Mother \_\_\_\_\_, Father \_\_\_\_\_, or emergency contacts.
- 4. Dr. \_\_\_\_\_ at \_\_\_\_\_.

**DO NOT HESITATE TO CALL 911**  
**Even if Parent / Guardian cannot be reached, do not hesitate to medicate**  
**or call 911 to take child to medical facility.**

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_


Doctor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**By signing this document I agree to consent to release pertinent medical information and photo of this child to appropriate staff.**

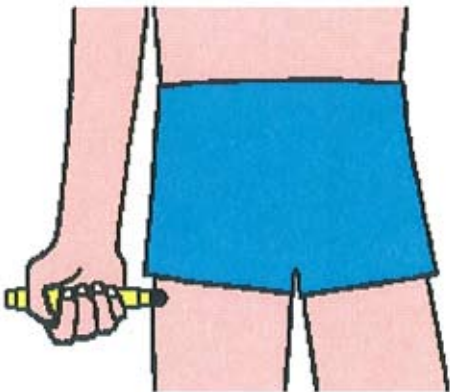
EMERGENCY CONTACTS	TRAINED STAFF MEMBERS
1. _____ Relation: _____ Phone: _____	1. _____ Room: _____
2. _____ Relation: _____ Phone: _____	2. _____ Room: _____
3. _____ Relation: _____ Phone: _____	3. _____ Room: _____

**EPIPEN® AND EPIPEN® JR. DIRECTIONS**

1. Pull off gray activation cap.



2. Hold black tip near outer thigh (always apply to thigh).



3. Swing and jab firmly into outer thigh until Auto-Injector mechanism functions. **Hold in place and count to ten.** The EpiPen® unit should then be removed. Massage the injection area for ten seconds.

**\*\*\*Once EpiPen® has been used, send it to the medical facility with the student.**

For children with multiple allergies, use one form for each allergy.



## Diet Prescription for Meals at School

Student's Name: \_\_\_\_\_ School: \_\_\_\_\_

Age: \_\_\_\_\_ Grade: \_\_\_\_\_ Parent/Guardian: \_\_\_\_\_

Disability: \_\_\_\_\_ **OR** Non-Disabling Medical Condition: \_\_\_\_\_

Major Life Activity Affected: \_\_\_\_\_

***Diet Prescription (check all that apply):***

Increased Calories

Texture Modification

Decreased Calories

Chopped

Diabetic

Ground

Food Allergy: \_\_\_\_\_

Pureed

Other: \_\_\_\_\_

Foods to Omit:

Foods to Substitute:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

I certify that the above named student needs special school meals prepared as described above because of the student's disability or chronic medical condition.

\_\_\_\_\_  
Physician/Recognized Medical Authority Signature

Office Phone Number: \_\_\_\_\_ Date: \_\_\_\_\_

**AUTHORIZATION TO ADMINISTER PRESCRIPTIVE MEDICATION**  
**PHYSICIAN'S STATEMENT**

I have prescribed the medication indicated below for: \_\_\_\_\_  
and do hereby authorize the nurse or principal, or their designee, (i.e. secretary), of  
\_\_\_\_\_ school, to administer the medication as indicated.

Medication: \_\_\_\_\_

Dosage: \_\_\_\_\_

The above named student may carry the prescribed **EMERGENCY** medication for  
self-administration (circle one)                      **YES**                      **NO**

\_\_\_\_\_  
Date

\_\_\_\_\_  
Physician's Signature

\_\_\_\_\_  
Physician's Name (printed)

\_\_\_\_\_  
Physician's Phone Number

**PARENT'S AUTHORIZATION**

I do hereby authorize the person(s) designated by the above physician to administer this medication  
for my child, \_\_\_\_\_, as prescribed above.

I further understand that I will be responsible for supplying this medication to the school in the  
original pharmacy labeled container.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent / Guardian Signature

\_\_\_\_\_  
Telephone

\_\_\_\_\_  
Address

**PLEASE NOTE:** The Physician's Statement and the Parent's Authorization are valid only  
for the current school year. **Unless the authorization and statement  
are renewed, the medication cannot be given to the student.**

**TO BE PLACED IN LOCKED STORAGE AREA WITH THE PRESCRIPTION MEDICATION**



**PARENTS AUTHORIZATION TO ADMINISTER NON-PRESCRIPTION MEDICATION**

I do hereby authorize the school principal, teacher or other school employee designated by the principal to administer the non-prescription medication described below to my child, \_\_\_\_\_ ,  
in the dosage and at the frequency indicated below.

Name of Medication: \_\_\_\_\_

Dosage: \_\_\_\_\_

Frequency: \_\_\_\_\_

I further understand that I will be responsible for supplying this medication to the school in the original labeled container as purchased over the counter to properly identify same.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent / Guardian Signature

\_\_\_\_\_  
Telephone

\_\_\_\_\_  
Address

**PLEASE NOTE:** The Physician's Statement and the Parent's Authorization are valid only for the current school year.

**Unless the authorization and statement are renewed, the medication cannot be given to the student.**

**TO BE PLACED IN LOCKED STORAGE AREA TOGETHER**  
**WITH THE NONPRESCRIPTION MEDICATION**