

# COVID-19 Update

Presentation to the AAPS Board of Education

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# Surging Cases and Pandemic Fatigue

“Doctors and health officials worry that eight months of numbers and charts and maps have turned even the most sobering data into a kind of white noise — with too many residents not following basic advice.”

[Michigan passes 200,000 COVID cases.  
What we've learned, and haven't.](#)

The Bridge Magazine, Nov. 6, 2020

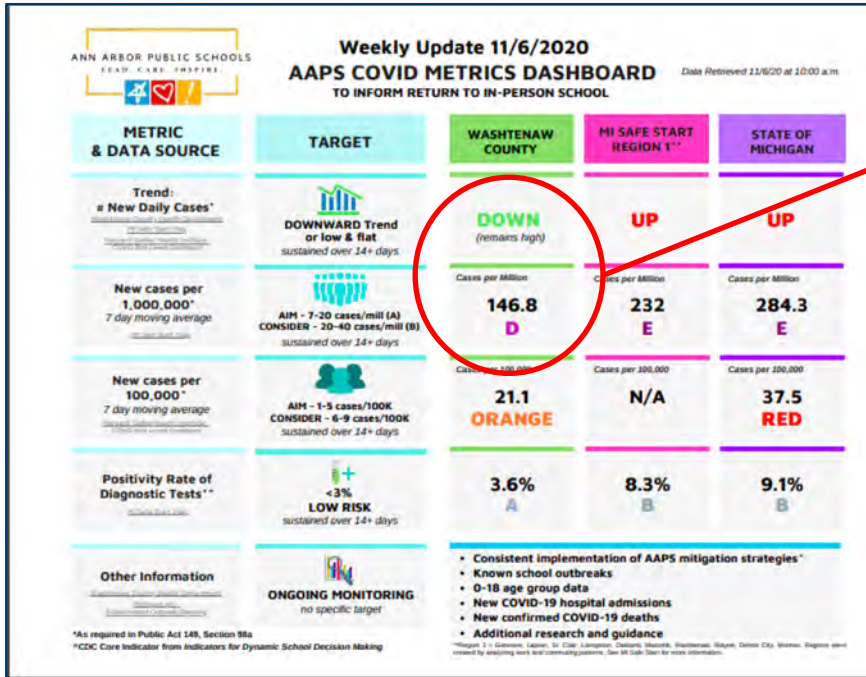


# Tonight's Chart-Free Presentation

1. Current local COVID-19 situation
  - AAPS Metrics Dashboard
  - Local public health capacity
2. Recent reports and emerging research
3. Tips for celebrating Thanksgiving
4. Q & A



# AAPS Data Dashboard for Friday, Nov. 6



MI Safe Start Map numbers were retrieved on Nov. 6 based on Nov. 3 data.

The Map numbers have since been updated, showing Washtenaw County at risk level E for this time period, and trending up.



# Washtenaw County Surge in Cases

## Latest News

Tuesday, Nov. 10, hit highest daily case number of the pandemic: 133

Over 1,000 cases in past 2 weeks

The percentage of cases in 18-22 year olds has gone down, while cases in community members of other ages continue to climb.

## Recent MLive Headlines

Ann Arbor

**Hundreds more COVID-19 cases reported in Washtenaw County as surge continues**

Updated 10:11 AM; Today 10:11 AM

11/10/20

News

**Stay-in-place order curbed COVID-19 spread on University of Michigan campus, but community impact unclear, officials say**

Updated 1:47 PM; Today 1:47 PM

11/10/20

Ann Arbor

**Officials issue open letter after significant rise of COVID-19 cases in Washtenaw County**

Updated Oct 25, 2020; Posted Oct 29, 2020

10/29/20



# Local Public Health Capacity Under Strain

- Test result turnaround times have lengthened
- Local health departments are handling 80-100+ cases/day, each with multiple close contacts. Staff making of 100s of calls/day.
- Volume of cases has impacted contact tracing timing
- WCHD shared “If you test positive...” isolation and quarantine precautions fact sheet with community

**IF YOU TEST POSITIVE FOR COVID-19**

There's an increase in COVID-19 cases in our area. If you've been exposed, you might not hear from the health department right away. Follow these steps to help stop the spread!

- 1. Start isolating yourself right away.**
  - Stay home except to get medical care.
  - Stay away from everyone else in your household (stay in a separate room, use separate bathroom if possible, etc.).
  - Tell your employer you have COVID-19.
- 2. Tell your close contacts so they can quarantine themselves.**
  - A close contact is anyone who had face-to-face contact with an infected person within 6 feet for at least 15 minutes or any physical contact such as hugging or sharing eating utensils or drinks.
  - Please note there may be exceptions to this criteria in certain cases where the risk of transmission is higher (e.g. contact during high impact sports).

**You can resume normal activities when:**

- 10 days have passed since your symptoms started (or since your test date if no symptoms).
- you don't have a fever for 24 hours, **AND**
- your symptoms have improved

**IF YOU NEED AN ISOLATION OR QUARANTINE LETTER FOR YOUR EMPLOYER,** email [L.wachsocontact@washnetaw.org](mailto:L.wachsocontact@washnetaw.org) or call 734-544-6700 and leave a message.

**QUARANTINE INSTRUCTIONS FOR CLOSE CONTACTS**  
Start quarantining right away if you are told you are a close contact.

- Stay home except to get medical care.
- Close contacts of a positive case (±6 feet, 15+ minutes total) need to quarantine for 14 days from their last contact with an infected person and monitor for symptoms.
- Get tested if you develop symptoms.

**You cannot test your way out of quarantine.**  
It can take up to 14 days after exposure for an infection to develop, so you could end up testing positive later on. It's important to stay in quarantine for the full 14 days to prevent spreading COVID-19!

Washtenaw County Health Department

Created 11/6/2020. Information is subject to change at any time.  
Adapted from materials developed by the Barry-Eaton District Health Department.



# Mixed News for COVID-19 in Children and Schools



# AAP Report: Children and COVID-19

- The number of new child COVID-19 cases reported last week, **over 74,000**, is the highest since the pandemic began.
- At this time, it appears that severe illness due to COVID-19 is rare among children.
- However, there is an urgent need to collect more data on longer-term impacts on children, including ways the virus may harm the long-term physical health of infected children, as well as its emotional and mental health effects.

[Children and COVID-19: State-Level Data Report](#)  
American Academy of Pediatrics, November 5, 2020





# WHO Report: COVID-19 Transmission in Schools

- Young children and schools do not appear to be the main drivers of transmission
- Elementary schools appear less likely to be a source of outbreaks than middle and high schools
- BUT risk of school outbreaks rises when community spread is high
- Community transmission is reflected in the school setting; public health measures in the community are essential to protect schools from amplifying transmission

## [What We Know About COVID-19 Transmission in Schools](#)

World Health Organization, Oct. 21, 2020



# Different Issues for Michigan Schools

- Continued school transmission (MDHHS School Outbreak Report)
- High community spread has led to school staffing shortages across Michigan (from both infections and quarantine)
- Numerous Michigan school districts that started in-person are now going virtual due to staffing shortages
- Social activities connected to schools are driving much of the spread/risk

**With spike in COVID-19 cases, Metro Detroit school districts make decision to go fully remote**

More than 180K cases confirmed in Michigan

Click on Detroit, 11/2/2020

**As COVID-19 cases climb, West Michigan schools shift learning plans**

wwmt.com, 11/10/2020

**COVID-19 cases on the rise, mid-Michigan schools turn to remote learning**

Nbc25news.com, 11/8/2020

# Tips for Celebrating Thanksgiving

- [CDC Celebrate Thanksgiving](#)
- Hosting or attending a gathering
- Traveling
- Alternative ways to celebrate





# Some hopeful news...

## Q and A