

Date:

**What's for Lunch?**

Item	Carb Count	Special Instructions
<b>Total Carbs =</b>		

**How much Insulin do I give \_\_\_\_\_ ? (All Bolded Items are provided by parents)**

Step One: Calculate Carb Bolus

$$\frac{\text{Carbs to Eat}}{\text{Carb Ratio}} = \text{Carb Bolus}$$

Step Two: Calculate Correction Bolus

**(NOTE: if blood glucose is less than correction target, do NOT do this calculation)**

$$\frac{\text{Blood Glucose} - \text{Correction Target}}{\text{Amount to Correct}} \div \text{Correction Factor} = \text{Correction Bolus}$$

Step Three: Calculate Total Insulin Bolus

$$\text{Carb Bolus (Step One)} + \text{Correction Bolus (Step Two)} = \text{Total Insulin} \quad \text{*see table for rounding}$$

Total Insulin Rounding Guidance	
.1 - .29	Round down to closest ½ unit
.3 - .49	Round up to closest ½ unit
.5 - .69	Round down to closest ½ unit
.7 - .99	Round up to closest ½ unit

