











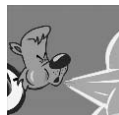



















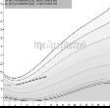


Apps for School Nursing





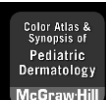


Name	Web	Apple	Android	Purpose	Comments
Disorder/Disease/General					
CDC-FAS 		x	x	Basics, diagnostics and tx for Fetal Alcohol Syndrome Disorders	
Medscape 	x	x	x	Medscape from WebMD is the leading medical resource most used by physicians, medical students, nurses and other healthcare professionals for clinical information.	
Visual Dx 		x	x	For differential dx, includes dermatology	
Google Scholar 	x			Search engine for more scholarly pursuits	
Pub Med 	x			Academic/research search engine	
Kids Doc (AAP) 		x	x	Designed for parents, based on AAP Clinical protocols for illness and first aid. Includes symptom checker	
Reference					
Identify.us.com 	x			Website of noted parasitologist, Richard Pollack, PhD. Wealth of information on lice and other bugs. Will ID bug samples/photos for fee	





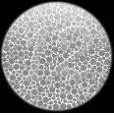
Name	Web	Apple	Android	Purpose	Comments
Pedia BP 		x	x	Screening tool for the evaluation of pediatric BP and identification of pediatric/adolescent hypertension	
Skyscape 		x	x	Multiple individual reference modules, such as Grey's anatomy, lab notes, pocket guides. \$ for each from \$20-99.	
Black's Medical Dictionary 		x	x	Medical dictionary \$14.99	
Anxiety					
Relax-Melodies 		X	x	Selection of music and sounds to promote relaxation	
Pranayama Free 		x	x	Use to teach controlled breathing in an anxiety student	
Asthma					
Asthma-Huff & Puff 		x	x	Games and activities teaching about Asthma	
Peak Flow Calculator 		x	x	Generates predicted peak flows	

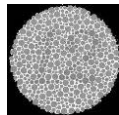





Name	Web	Apple	Android	Purpose	Comments
Concussion					
Concussion Quick Check 		x	x	From American Academy of Neurologist	
PAR 		x	x	Concussion Recognition and Response. Based on CDC. Can email a report. Sports upgrade version (Care sport) \$4.99	
Sideline ImPact  PAR			x	Mobile version of ImPACT for assessment. \$3.99	
Diabetes/Nutrition/Exercise					
Blue Loop/My Care Connect 	x	x	x	Glucose log/communicate among parent/school/dr. Uses indirect texting	
Dexcom-Share2 	x	x		Continuous glucose monitoring, parent may "share" with school nurse to an apple product.	
MySugr Log/MySugr Scanner 	x	x	x	Digital glucose log. Uses Camera to log data from food label or meter directly into log	
Calorie King	x			Carb counting. Also useful for nutrition education	








Name	Web	Apple	Android	Purpose	Comments
Calorie Counter-Spark 		x	x	Includes food database with carb counts. Barcode scanner	
My Fitness Pal 		x	x	includes food database with carb counts. Barcode scanner	
Fooducate 		x	x	includes food database with carb counts. Barcode scanner. Foods are graded a, b, c, d for quality of nutrition	
Lose It! 		x	x	includes food database with carb counts. Barcode scanner	
Glucagon 	x	x	x	From Lilly. Teaches to use Glucagon	
Carb Counting with Lenny 		x	x	Teaches carb counting for kids	
Instant Heart Rate 		x	x	Measure heart rate via phone camera. Integrates with apple Health app.	








Name	Web	Apple	Android	Purpose	Comments
Cardiograph 			x	Measure heart rate via phone camera	
Map My Walk 	x	x	x	Tracks workouts and calorie counter	
Apple Health 		x		information from your health and fitness apps all in one place. Also stores emergency Medical ID for easy retrieval.	
Thousands of exercise apps.	x	x	x	Search for specific type of exercise, such as yoga, HIIT, strength, etc	
Growth					
Growth Chart CDC WHO 		x	x	Very comprehensive. Includes head circumference charts. Sharing tools. Printer from pdf	
Easy BMI Calculator Pro 		x	x	Simple BMI calculator by age	
Child BMI Calculator 		x	x	BMI calculations for age. Most BMI calculators do not calculate for age.	








Name	Web	Apple	Android	Purpose	Comments
Hearing					
Siemens Hearing Test 	x	x	x	Uses background noise masked nonsense words.	
UhearFR 		x	x	Offers both background masked test and pure tone type test.	
Early Ears 		x	x	Ashton University audiology developed. For ages 2-6. Includes FAQ and common ear problems and first aid. Speech recognition format. British accent	
Skin					
A2Z Dermatology HD 		x		Visual Derm Index \$ 1.99	
Color atlas of pediatric Derm 		x	x	Very complete, \$79.99	
Special Needs-Autism/LD/ & Others					
Bridgingapps.com 	x	x	x	Website listing special needs apps such as for LD, autism, learning modules, etc.	
Proloquo 		x	x	Talking tablet Speech/AAC app. Creates buttons in a grid in a page for communication. \$79.00	








Name	Web	Apple	Android	Purpose	Comments
http://www.ocali.org/up_doc/Help-for-Getting-an-iPad-For-a-Child-or-Student-with-Special-Needs.pdf	x			Document with ideas for getting Ipads for kids with special needs. Excellent, but has not been updated since 2011	
http://www.peatc.org/peatc.cgi?m?template=spec_edu.other.cycle.Checklist.template	x			PEATC. IEP checklist for parents	
Talkin Picture 		c	c	Just one of several free (in app purchase) picture making apps (AAC)	
Verbally 		x		Includes both pictures and keyboard to type in message. Augmentative and alternative communication. (AAC)	
Autism Tracker 		x		Track, analyze and share ASD data	
www.autismpluggedin.com 	x			Website devoted to best special needs apps	
Many, many apps				Search under autism, many, many apps	
Vision					
Color Blindness Test 		x	x	Replication of Ishihara color plates.	




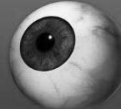




Name	Web	Apple	Android	Purpose	Comments
Color Test 		x	x		
Eye Chart Pro 		x		Can run remote app to change lines from your smartphone-separate app.	
Eye Xam 		x	x	Lay focused, includes dr finder	
Vision Test 		x	x	Highly rated. Includes color test	
Immunizations					
CDC Vaccine Schedule 		x	x	Comprehensive immunization app with schedules and vaccine info.	
STFM 		x	x	Comprehensive immunization app with schedules and vaccine info.	
Medications/Chemicals					

Name	Web	Apple	Android	Purpose	Comments
 Epocrates	x	x	x	Drug information. Free and \$ versions. Web is free.	
 Ipharmacy Pill ID and Info		x	x	Pill ID, costs of medication and medication information.	
 Micromedex		x	x	Drug information. \$2.99/yr	
 Mobile PDR		x	x	Drug ID, drug information. Free to all U.S. healthcare professionals	
 Psych Drugs		x	x	Psychoactive drug information. Includes class, interactions, interactions, etc.	
 Material Safety Data Sheets		X	x	Extensive list of MSDSs	
 Chemical Safety Data Sheets			x	Extensive list of MSDSs.	
Public Health/Emergency Preparedness					

Name	Web	Apple	Android	Purpose	Comments
Is it Contagious? 		X	x	From KidsHealth. Describes basic info about common childhood diseases. Useful for nurses and parents.	
Outbreaks Near Me 		x	x	latest real-time disease outbreak information at your fingertips. Open the app and see all current outbreaks in your neighborhood and set up the app to alert you with a notice automatically whenever an outbreak is occurring in your area.	
CDC Mobile 		x	x	CDC health information at your fingertips. It features important health articles, Disease of the Week, popular journals, prevention tips, and updates timed with important health concerns and events throughout the year.	
GreenRN 		x		Receive quick snippets of useful environmental health information 3x wk such as ways to green your nursing practice, environmental chemicals of concern and how they impact human health, and ways to reduce exposures.	
FEMA Weather 		x	x	Weather alerts, disaster resources, tips for emergency preparedness including emergency kits and lists	
OSHA Heat Safety Tool 		x	x	calculate the heat index, displays a risk level, reminders about the protective measures that should be taken at that risk level to protect from heat-related illness	
Red Cross 				Monitor emergency weather conditions, preparation, flashlight, alert signal and alarm kit. Creates family groups.	

Name	Web	Apple	Android	Purpose	Comments
Health Office/Productivity					
Itranslate 				Free translation tool. Voice input and output	
Google translate 		X	x	Free translation tool. Voice input and output	
Medical Spanish 		x	x	Emergency Spanish Phrases. Upgrade speaks (\$.99)	
Universal Doctor Speaker 		X	X	multilingual application providing key medical phrases translated across 17 languages with audios	
Health Literacy				See health literacy resource sheet	
Meeting Wizard, Doodle	x			On-line meeting scheduler	
Evernote 				Cloud-based post-it like note taking tool.	
Dropbox 	x	x	x	Virtual "cloud" storage for documents. Free and paid versions.	
Google Drive 	x		x	Virtual "cloud" storage for documents. Free and paid versions.	

Name	Web	Apple	Android	Purpose	Comments
One Drive 		x		Virtual “cloud” storage for documents. Free and paid versions.	
Box 	X	x	x	Virtual “cloud” storage for documents. Free and paid versions.	
Good Reader 		x		PDF reader, include markup, highlighting, notes	
Adobe Reader 	x	x	x	PDF reader, include markup, highlighting, notes	
Professional Development/Teaching					
Heart Murmur Lite 		x		Audio of basic heart sounds. Upgrade to Pro for the more extensive list (2.99 upgrade)	
Heart Sounds (+Lungs) 		x	x	Audio of basic heart and lung sounds. Includes a quiz. \$2.99	
Heart Sounds-Stethoscope Lite 		X	x	Audio heart and lung sounds.	

Name	Web	Apple	Android	Purpose	Comments
Littmann Stethoscope Skills 		x		Training tool that can help students and practicing clinicians to improve their auscultation skills. Includes audio clips and 3D animations.	
Draw Anatomy 		x		Has extensive list of anatomy drawings which you can use a virtual marker to draw on top of. Great to illustrate a problem.	
Living Lung 		x		3-D interactive model of the lung. Even breathes!	
Eye Decide (et al) 		x		Various individual apps showing anatomy. Heart, Knee, Shoulder, hand, ENT, foot Spine. Each is an individual app.	
Visual Anatomy 		x	x	3D with rotation anatomy app. Includes names by clicking on the image parts. Images from Gray's Anatomy.	
Netter Atlas 		x		14-Plates from the 5th edition Netter Atlas of Human Anatomy	
You Tube 	X			Handwashing, treatments, hygiene, all type demos	
Why don't we do it in our sleeves? 				Excellent coughing hygiene video	

Name	Web	Apple	Android	Purpose	Comments
NASN Radio 	x		x	Short Podcasts	
Health Tip of the Day 		x		30 days included with free version	