

SoluCortef (Hydrocortisone) Return Demonstration

SKILL	INITIALS	DATE
Identify necessary supplies to prepare and administer SoluCortef (needles, syringe, SoluCortef vial, alcohol swab, bandaid).		
Demonstrate pressing firmly down on the yellow top to force the diluent into the lower chamber and then gently mixing the solution without shaking it.		
Demonstrate removing plastic tab covering rubber stopper and wiping off top of vial with alcohol swab.		
Demonstrate attaching the drawing-up needle to the syringe, inserting the needle into the vial, inverting the vial upside down, and drawing up the correct dose according to the doctor order.		
Demonstrate putting the cap on the drawing-up needle, removing the drawing-up needle, replacing it with the injection needle, and expelling excess air.		
Verbalize injection site location (outer thigh) and demonstrate cleaning skin of injection site with alcohol swab, inserting syringe at 90 degree angle, and pushing plunger until dose is fully injected.		
Demonstrate disposal of needles/syringe into designated sharps container.		
Verbalize Emergency Medical Care: CALL 911 and Emergency Medical Services.		
Verbalize common side effects of SoluCortef-headache, dizziness.		
Signature of Staff being trained: _____ Date: _____		
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