



OCTOBER

Week of Respect
Violence Awareness Week
Red Ribbon Week

Upcoming events

- October 5th: Students and Staff wear blue to support anti-bullying.
- October 5-9th: Week of Respect
Name that tune at 7:55 daily
- October 9th: Mikey Fowlin Virtual Assembly at 2:00 P.M.
- October 16th : Character Education Kick-off TBA -Junior Pioneer Challenge located on the NPMS website. Go to Program of Studies under counseling. Click on SEL
- October 26th : Red Ribbon Week Spirit Wear TBA
- October 26th: Pumpkin Carving Contest



NPHS & NPMS!
ARE YOU READY FOR
THE SPOOKTACULAR
PUMPKIN
CARVING CONTEST!

Interested?

Carve your own pumpkin and bring it to school

Monday, October 26!

OR HELP US DECORATE THE SCHOOL!

CREATE YOUR OWN GHOST OR SCARECROW TO DISPLAY
AROUND THE SCHOOL GROUNDS

(DROP OFF AT ANYTIME)



What is The Junior Pioneer Challenge?

The Junior Pioneer Challenge is an opportunity for New Providence Middle School students to learn new skills to become independent adolescents. These skills will prepare students to thrive in the real world beyond their academic careers in New Providence.



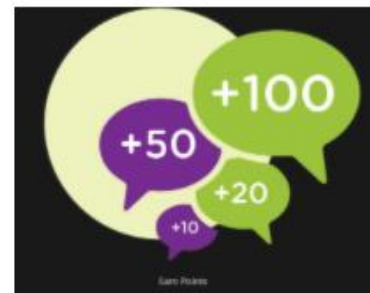
How it works:

Students will pick from the categories below and perform the skills.

The skill should be documented by photo and submitted through the google form at this bottom of this page.

What you get:

In addition to learning new life skills, students will be able to **earn points for their grade!**



OCTOBER

**NATIONAL
BULLYING
PREVENTION
MONTH**

WHAT ARE THE
NEGATIVE EFFECTS OF

CONFLICT?

unhappiness fear poor self-esteem
withdrawal negative thoughts
anger confusion
frustration depression
distrust physical violence loneliness
stress insecurity avoidance
hostility

WHAT ARE THE POSITIVE EFFECTS
OF CONFLICT?

WORK ON RESOLVING CONFLICTS.....

1. Reach Out

Come together with the person you are having a conflict with.

2. Engage in a Conversation

Remain calm and make sure to talk one at a time and use I messages.

3. Seek to Solve the Problem

Agree to come up with a sensible solutions you both can accept.

4. Open Up

Calmly communicate your side of the story to explain how you feel.

5. Listen Intently

Listen to the other person to that you understand their point of view.

6. Voice Solutions

Brainstorm solutions to resolve your conflict together

7. End on a Good Note

Agree to the solutions; Give a compliment and shake hands.

VIOLENCE AWARENESS WEEK Activities

- Junior Pioneer Challenge Kick off - Presented by Mrs. Chrisostomides and Ms. McNany during PE classes. Let's relieve stress!
- HIB vs Code of Conduct. What's the difference. Students will view and discuss various scenarios during afternoon PE zoom sessions for 7th grade students
- How to be a leader: 8th grade students will view Scenarios and discussions during 8th grade afternoon zoom sessions

RED RIBBON WEEK

Red Ribbon Week started after the death of Drug Enforcement Administration Special Agent Enrique “Kiki” Camarena, who in 1985 was brutally murdered by drug traffickers he was investigating in Mexico. After his death, people wanted to honor his sacrifice. Local celebrations began in California – where Camarena grew up – in 1985, and in 1988 the National Family Partnership started the first National Red Ribbon Week.

RED RIBBON WEEK

- Friday October 23rd - Drugs are RED-iculous - WEAR RED
- Monday October 26th - Team up Against Drugs - Twin or Jersey Day
- Tuesday October 27th - Join the Fight Against Drugs - CAMO Day
- Wednesday October 28th - Put Drugs to Sleep - Wear PJ's
- Thursday October 29th - "Plaid" to be Drug Free - Wear Plaid
- Friday October 30th - Say "Boo" to Drugs - Wear your Halloween Costume.

*If you are remote learner please email pictures to
kchrisostomides@npsdnj.org*

OCTOBER 23 - FRIDAY KICK OFF
Drugs are RED-iculous WEAR RED



Monday October 26th - Team up Against Drugs
Twin with a friend or wear your favorite sports jersey



Tuesday October 27th - Join the fight against drugs
CAMO DAY



Wednesday October 28th - Put Drugs to Sleep
Wear PJ's to school



Thursday, October 29th PLAID to be Drug Free
WEAR PLAID



Friday, October 30th - Say “BOO” to drugs wear your Halloween Costume to school

LAST YEARS WINNERS

