



A.W.R's "Week of RESPECT" CHALLENGE

October 5 - 9, 2020

How Many Can YOU Complete by Friday, October 9th???

E- mail Miss Conlan a picture or short video of you completing any of the acts of RESPECT from the challenge list below!

Compliment Someone	Call a family member just to say hello!	Wash the dishes/Load or empty the dishwasher	Make your bed	Help fold or change the laundry
Recycle to respect your environment	Read to a younger sibling or parent	Leave a thank you note for your mail carrier	Teach someone else a new skill	Manners Matter! Use "Please", "Thank you", "Excuse Me" when having a conversation
Draw a picture for someone	Let someone go ahead of you in line	Write inspirational words on your driveway or sidewalk	Do something nice for someone at home	Make a compromise with someone to show respect
Share toys with siblings	Help clean up a mess at home/clean up after yourself	Collect/donate food to a food bank	Send a teacher an email or note thanking them.	Eat a healthy meal or snack to show your body respect
Help with yard work	Listen the first time you are asked to do something at home	Say hello to everyone you see each day	Leave a thank you note for your garbage collector	Clean your room

