

## PROCEDURE - STUDENT CATHETERIZATION

3417P

In compliance with rules established by the State Department of Health, these procedures are provided for the clean, intermittent bladder catheterization (CIC) of students in the District:

- A. The student's medical file shall contain a written request from the parent(s) or guardian for the clean, intermittent catheterization of the student. The student's file also shall contain written permission from the parent(s) or guardian for the performance of the CIC procedure by the nonlicensed school employee.
- B. The student's medical file shall contain a current written order for clean, intermittent catheterization from the student's physician and shall include written instruction for the procedure. The order shall be reviewed and/or revised each school year.
- C. The service shall be offered to all students requiring this procedure. All requests for CIC shall be submitted to the building's school nurse for review.
- D. The licensed registered nurse shall develop instructions specific for the needs of the student. These shall be the basis for training of the non-licensed school employee and shall be updated each school year.
- E. The licensed registered nurse, or other authorized medical person, designated by the school board, shall be responsible for the training of the nonlicensed school employees who are assigned to perform, clean, intermittent catheterization of the students.
- F. The training of the nonlicensed school employee shall be documented in the student's health file.
- G. The training of the nonlicensed school employee may include but not be limited to:
  - 1. An initial inservice training of at least ten hours.
  - 2. An update of the instructions and a review of the procedure each school year.
  - 3. Anatomy, physiology, and pathophysiology of the urinary system including common anomalies for the preschool through adolescent aged student.
  - 4. Techniques common to the urinary catheterization procedure.

5. Identification and care of the required equipment.
6. Common signs and symptoms of infection and recommended procedures to prevent the development of infections.
7. Emphasis on the need for privacy and confidentiality.
8. Documentation requirements.
9. The requirements for reporting to the registered nurse.
10. Medications commonly prescribed for the clean, intermittent catheterization patient and their side effects.
11. Contraindications for clean, intermittent catheterization and the procedure to be followed if the nonlicensed school employee is unable to catheterize the student.

Implemented:	December 17, 1990	North Thurston School District
Amended:	June 25, 2007	
Reviewed:	October 20, 2009	North Thurston Public Schools Board of Directors