

Health, family life, sex education and human sexuality including information about parts of the body, the study of the anatomy and the physiology of human reproduction, and characteristics or qualities that distinguish between maleness and femaleness may be included in the instructional program as appropriate to the grade level and course of study. Interested parents and community groups shall be encouraged to become involved in the planning, development, evaluation and revision of any instruction in sex education and human sexuality offered as a part of the school program. Parents may ask to review the materials to be used and may, in writing, request that their child be excluded from sex education and human sexuality classes. The Superintendent shall distribute forms to parents who wish to exercise this right. Students who are excused shall be provided alternative educational opportunities.

Sexual health education instruction offered by the District shall be medically accurate, age appropriate, appropriate for students regardless of gender, race, disability status, or sexual orientation and include information about abstinence and other methods of preventing unintended pregnancy and sexually transmitted diseases. Abstinence may not be taught to the exclusion of other instruction on contraceptives and disease prevention. The District's sexual health curriculum shall be consistent with the guidelines for sexual health information and disease prevention developed by the State Department of Health and the Office of Superintendent of Public Instruction.

Legal References:	WAC 180-50-140 392-410-140	Sexual Health Education Sex Education-Definition- Optional course or subject matter-Excusal of students
	RCW 28A.300.040 28A.305.130	Powers and Duties Generally Powers and duties-Purpose
Adopted:	June 16, 1986 January 5, 2009	
Reviewed:	October 20, 2009	North Thurston Public Schools Board of Directors

