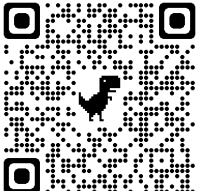


**SS/CS Elementary PreK-5  
January 2024**

Menu Prices		
Breakfast:	No charge	Reduced: No charge
Lunch:	\$2.75	Reduced: No charge
Hudson Valley Fresh Milk: \$0.60		

<b>BREAKFAST:</b> <i>Four Components Served Daily.</i> <i>Protein 1 oz</i> <i>Grain 1 oz.</i> <i>Fruit 1/2 cup</i> <i>Low Fat Milk 8 oz.</i>  <i>350-500 calories</i>  <b>SANDWICH SHOP</b> Daily choice of  <i>GRILLED CHICKEN</i> <i>TURKEY/CHEESE</i> <i>HAM/CHEESE</i> <i>TURKEY/HAM/CHEESE</i> <i>CHICKEN SALAD</i> <i>PEANUT BUTTER/JELLY</i> <i>AMERICAN CHEESE</i>  <b>SALADS GALORE</b>  <u>MONDAY</u> <i>GRILLED CHICKEN</i>  <u>TUESDAY</u> <i>TURKEY</i>  <u>WEDNESDAY</u> <i>CHOPPED HAM/CHEESE</i>  <u>THURSDAY</u> <i>CHEF SALAD</i>  <u>FRIDAY</u> <i>CHICKEN CAESAR</i>  **Salads include a whole grain.  <b>QUESTIONS/COMMENTS?</b> Please call Larry Anthony, FSD 518.398.7181	Monday	Tuesday	Wednesday	Thursday	Friday	<b>DID YOU KNOW?</b>  <a href="http://MySchoolBucks.com">MySchoolBucks.com</a> makes meal payment convenient and simple! Scan the code below to go to the website:    You can manage your student's account and make payments online.  <b>Allergy Alerts!</b> Call for details. Some menu items may contain tree nuts and or seeds.   <b>WE ARE AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER!</b> Employment Opportunities Available!!!
	*CHOOSE A MEAL* BREAKFAST					
	Upstate Yogurt Granola Cereal/Muffin Diced Peaches HVF Milk	Egg/Cheese Bagel Cereal/Muffin Orange Juice HVF Milk	Waffles Wednesday Sausage Links Cereal/Muffin Applesauce HVF Milk	Breakfast Pizza Cereal/Muffin Apple Juice HVF Milk	Pancakes Cereal/Muffin Fruit Cocktail HVF Milk	
	*CHOOSE A MEAL* LUNCH					
		2 Chicken Nuggets Salad Boat Buttered Corn Applesauce HVF Milk. Day 5	3 BBQ Pork Patty w/Bun Salad Boat Baked Beans Fruit Cocktail HVF Milk. Day 6	4 Cheeseburger w/ Bun Salad Boat French Fries Orange Wedges HVF Milk. Day 1	5 Cheese Pizza Salad Boat Steamed Carrots Fresh NY Apple HVF Milk. Day 2	
	8 Bosco Bread Sticks Marinara Sauce Salad Boat Buttered Peas Diced Peaches HVF Milk. Day 3	9 Twin Taco Tuesday Salad Boat Refried Beans, Salsa Diced Pears HVF Milk Day 4	10 Grilled Cheese Sandwich Chicken Soup Salad Boat Steamed Green Beans Fruit Cocktail HVF Milk Day 5	11 Baked Cheese Lasagna Garlic Bread Salad Boat Steamed Broccoli Diced Peaches HVF Milk. Day 6	12 Cheese Pizza Salad Boat Steamed Carrots Fresh NY Apple HVF Milk Day 1	
	15 Martin Luther King DAY	16 Wild Mike's Cheese Bites Marinara Sauce Salad Boat Apple Slices HVF Milk Day 2	17 BBQ Pulled Pork w/Bun Salad Boat Sweet Potatoes Diced Pears, HVF Milk Day 3	18 Fish Fillet w/Bun Salad Boat Buttered Corn Apple Sauce HVF Milk Day 4	19 Mason's Mac and Cheese Salad Boat Steamed Broccoli Orange Wedges HVF Milk. Day 5	
	22 Mozzarella Sticks Marinara Sauce Buttered Peas Salad Boat Diced Peaches HVF Milk Day 6	23 Bean and Cheese Burrito Salad Boat, Salsa Sweet Red Peppers Diced Pears HVF Milk Day 1	24 Cheeseburger w/ Bun Salad Boat French Fries Orange Wedges HVF Milk Day 2	NY Thursday NY Beef Sauce Sfoglioni Pasta Salad Boat Steamed Broccoli NY Apple, HVF Milk Day 3	26 Hot Dog w/Bun Salad Boat Baked Beans Fruit Cocktail HVF Milk Day 4	
	29 Steak-Um Sandwich Salad Boat Green Beans Fruit Cocktail HVF Milk Day 5	30 Cheese Ravioli Garlic Bread Salad Boat Buttered Carrots Diced Peaches HVF Milk Day 6	31 Chicken Drummie Issa's Pita Chips Salad Boat French Fries Diced Pears HVF Milk Day 1		5 Components Served. Whole Grain 1 oz Protein 2oz Vegetable 1/2 cup Fruit 1/2 cup Milk 8 oz Calories 550-650	