DOVER SHERBORN COMMUNITY EDUCATION SHERBORN YOUTH PROGRAM WINTER ~ SPRING 2024

Register online: https://dscommed.communityroot.com Email: sawinlisa@doversherborn.org (508) 785-0036 X 7516 www.doversherborn.org

Community Education, a department of the Regional Schools provides after school enrichment programs, extended day programs, courses for teens and adult education classes. As always, we welcome your comments and suggestions. We thank you for your participation and continued support. () denotes number of sessions.

- Parents must log into the Dismissal Manager with their child's plans if they are staying after school for a
 Community Education class. YOUR CHILD MUST BE PRE REGISTERED FOR THE CLASS.
- At the end of the school day the child (ren) should proceed to the assigned classroom.
- <u>FOR SAFETY REASONS</u>: No curbside drop-offs or pickups are allowed. Students cannot be dismissed prior to the end of class.
- Please note the ending time of the class. Our instructors teach elsewhere and must arrive on time. **Some
 of our vendors have their own lateness/tardy policies, often resulting in additional fees. Habitual tardiness
 could result in non refundable removal from the program.
- Please read our general policy statement on the registration form.
- The program reserves the right to cancel under-enrolled classes, change times/locations when necessary and substitute teachers.
- We do not pro-rate classes please note registration dates, times, fees, and ending times of classes.
- Registrations received after the start date of a class will be subject to space availability.
- Please let us know if your child has any allergies, dietary restrictions or medical circumstances (including medications) that our instructors should be aware of.
- We suggest that you pack a small extra snack the days that your child is taking a class after school.
- For classes that start later your child will go home and return for the start of the later class.
- YDS classes may be found under DS YOUTH PROGRAMS in Community Root.

YS-01 LITTLE VETERINARIAN SCHOOL ~ DOG (6)

Little Medical School Grades 2-5
Tuesdays, 1/30-3/12 2:15-3:15PM

Fee: \$219.00

Room: Pine Hill Library

NO CLASS 2/20.

After "adopting" their very own plush puppy, students will role-play the key responsibilities of a veterinarian, including how to properly perform a nose-to-tail exam. These future veterinarians will learn how to sew stitches, remove ticks, make healthy treats, and vaccinate their dog.

YS-02 "HIP HOP" DANCE CLASS (6)

Aly Pereira Grades K—5
Tuesdays, 1/30-3/19 2:15-3:00PM

Fee: \$139.00

Room: Pine Hill Auditorium NO CLASS 2/20 & 3/5.

Join in on the fun of learning the latest dance moves to the most popular music out right now! Students will learn various dances to popular songs. The class incorporates choreography and different forms of freestyle movement. At the end of the session, the children will have a short performance of their hard work. New dances are taught at every session.
PLEASE NOTE: This class ends promptly at 3:00PM- Please pick up on time. The instructor has to leave promptly at 3:00 PM to teach her next class in another community.

YS-03 DODGEBALL (8)

Fast Athletics Grades 3-5
Tuesdays, 1/30-3/26 2:15-3:15PM

Fee: \$149.00

Room: Pine Hill Gym, Meet in the Lobby.

NO CLASS 2/20.

The most intense and exciting program you've ever seen. The students will learn how to work together, strategize and exercise without even knowing it! There are tons of creative and competitive dodge ball games incorporated into this program-there will never be a dull moment!!! Gatorskin dodge balls will be used which are proven to be the safest dodge balls out there! Safety rules and regulations will be enforced before each class. Bring a water bottle to class.

PLEASE NOTE THE ENDING TIME OF THIS CLASS.

Please dress appropriately and bring a water bottle, this is an outside class whenever possible!

***WAIVER must be signed in order to participate.

YS-04 SUPER SPORTS (8)

Fast Athletics Grades 1 & 2 Thursdays, 2/1-3/28 2:15-3:15PM

Fee: \$149.00

Room: Pine Hill Gym- Meet in the Lobby.

NO CLASS 2/22.

Get up, get going, get active with a F.A.S.T. Athletics Super Sports Program. F.A.S.T. Athletics will offer a variety of sports each week such as Soccer, Mat Ball, Flag Football, Dodge ball and Kickball. Programs will include proper stretching and warm-up games as well as learning basic skills of each sport, each class will end with a high energy game with the sport played that day. Bring a water bottle to class.

****Waiver must be signed in order to participate.

YS-05 BUILDWAVE~ A Hands on Building Game

(6)

Imagarina Grades 1-5
Fridays, 2/2-3/15 2:15-3:15PM

Fee: \$179.00

Room: Pine Hill Library

NO CLASS 2/23.

Want to foster your child's interest in STEM, while igniting their creative spark at the same time? Buildwave is a creative building program that feels like a video game! Over the course of 6 sessions students create with over 50 different building materials, including Lego®, PlusPlus®, and custom -made Buildwave materials. Each session of the program is a new "level" of the Buildwave game, with an audiovisual setup featuring animations and music that guide students through the different building waves. As your child creates with wave after wave of new objects, they build creative confidence, become better collaborators, and encounter design and engineering fundamentals in a unique and memorable context.

Learn more by visiting www.buildwave.com.

YDS-01 1/2 DAY GLASS FUSING AGES 10+

The Glass Bar

Wednesdays, 2/7 1:30-3:00PM

Fee: \$48.00

60 Dedham St., Needham, MA.

Each class begins with a thorough glass safety lesson. Then, students will learn basic glass fusing techniques such as cutting and grinding of glass and working with frit. Students will each receive a 4X4 glass base tile that they will design to their liking. The final result can be used as a functional coaster, or a decorative suncatcher.

Great for beginners. <u>Note:</u> Ages 6-9 are welcome to join as long as they are accompanied by a paying adult. All materials included in the tuition.

Please wear close toed shoes and bring a water bottle.

ADDITIONAL DATES/TIMES LISTED BELOW

CODE	DAY	DATE	TIME	FEE
YDS-02	WEDS.	3/6	1:30PM	\$48.00
YDS-03	WEDS.	5/8	1:30PM	\$48.00

YS-06 CUPCAKE CREATIONS 11:15AM

Ana Conneely Grades K-5
1/2 Wednesday, 2/7 11:15A-12:15PM

Fee: \$25.00

Room: Pine Hill Art Room

Not only are cupcakes delicious to eat, they are also wonderful to decorate, especially if your child can make whimsical ones all by themselves. In this class, your child will create two fun and creative cupcakes to take home to dazzle family and friends.

<u>Please call us and notify us of any allergies that</u> your student may have at least one week prior to the class.

YS-07 CUPCAKE CREATIONS 12:30 PM

Ana Conneely Grades K-5 1/2 Wednesday, 2/7 12:30-1:30PM

Fee: \$25.00

Room: Pine Hill Art Room

(SEE YS-06 FOR DESCRIPTION)

For the above class children will go home and return for YS-07.

YS-08 LEGO CHALLENGES (6)

Right Brain Curriculum Grades 2-5 Thursdays, 3/7-4/11 2:15-3:45PM

Fee: \$179.00

Room: Pine Hill Auditorium

Ready, Set, Le-go!

If you love building Legos, this is the class for you! Each week you will be challenged to create a sensational Lego scene. Each challenge is a mystery that your teacher will reveal ~ A helicopter rescue scene? A space shuttle launch site? Lego Godzilla attacking a city?? Best be ready for anything! Then it's off to the races as you and a partner have limited time to create your scene and present it to the class. Presentation skills will be key as you try to persuade your classmates that your Lego Creation is #1. our Right Brain Curriculum instructors will help you use persuasive language, eye contact, and proper posture for perfected presentations. Legos and Public Speaking, now that's a match!

YDS-03 AFTER SCHOOL GLASS FUSING AGES 10+

(4)

The Glass Bar Grades 4 & Up Fridays, 3/8-4/5 3:30-5:00PM

Fee: \$265.00

60 Dedham St., Needham, MA

NO CLASS 3/29.

We're going to cover a lot during this 4 week session. The first class will cover basic skills such as cutting, grinding and designing. Each week, we will learn and incorporate new techniques into our designs. Students have the option of creating smaller projects each using a different technique, or one larger piece using all their learned techniques. Returning students will be challenged to expand their knowledge. This is your opportunity to grow and define your skill set. Great for beginners. Please wear closed toed shoes and bring a water bottle.

YS-09 CUPCAKE CREATIONS 11:15AM

Ana Conneely Grades K-5
1/2 Wednesday, 3/13 11:15A-12:15PM

Fee: \$25.00

Room: Pine Hill Art Room

(SEE YS-06 FOR DESCRIPTION)

Please call us and notify us of any allergies that your student may have at least one week prior to the class.

YS-10 CUPCAKE CREATIONS 12:30 PM

Ana Conneely Grades K-5 1/2 Wednesday, 3/13 12:30-1:30PM

Fee: \$25.00

Room: Pine Hill Art Room

(SEE YS-06 FOR DESCRIPTION)

For the above class children will go home and return for YS-10

YDS-04 HOME ALONE

Beth Oleson Grades 4 & 5 Monday, 3/18 3:45-6:00PM

Fee: \$60.00

Room: DS High School Room 116

Is your child prepared to be left home alone? This class is intended for children who are unattended at home for short periods of time. Students will learn telephone and door protocol, safety measures including accident prevention. Included in this class is basic first aid and first aid for choking. This class includes a mixture of teaching methods including active discussion and role-playing.

Please send a snack and water bottle with your child

to class.

YDS-05 BABYSITTING WORKSHOP

Beth Oleson Grades 5-7 Wednesday, 3/20 3:45-6:00PM

Fee: \$60.00

DS High School Room 116

This workshop introduces pre-teens/teens to all aspects of babysitting. Learn how to: perform first aid and choke saving techniques, diapering and feeding techniques, how to handle bedtime issues, door/telephone answering techniques and accident/fire prevention. A variety of teaching methods will be implemented including active discussion and role playing. Please bring a water bottle and a packed snack if you like.

YS-11 LITTLE WILDERNESS MEDICINE (6)

Little Medical School Grades 2-5
Tuesdays, 3/26-5/7 2:15-3:15PM

Fee: \$219.00

Room: Pine Hill Library NO CLASS 4/16.

Conquer the great outdoors! Students will role-play emergency situations in the wild and learn how to prepare for natural disasters. These future emergency medics will learn about snake bites, hypothermia, tourniquets, poisonous plants, edible plants, distress signals, forest fires, tornadoes, mosquito bites, and more.

<u>YS-12 BUILDWAVE~ A Hands on Building Game (6)</u>

Imagarina Grades 1-5 Fridays, 4/5-5/17 2:15-3:15PM

Fee: \$179.00

Room: Pine Hill Room TBA

NO CLASS 4/19.

Want to foster your child's interest in STEM, while igniting their creative spark at the same time? Buildwave is a creative building program that feels like a video game! Over the course of 6 sessions students create with over 50 different building materials, including Lego®, PlusPlus®, and custommade Buildwave materials. Each session of the program is a new "level" of the Buildwave game, with an audiovisual setup featuring animations and music that guide students through the different building waves. As your child creates with wave after wave of new objects, they build creative confidence, become better collaborators, and encounter design and engineering fundamentals in a unique and memorable context.

Learn more by visiting www.buildwave.com.

YS-14 SUPER SPORTS (8)

Fast Athletics Grades 1 & 2 Thursdays, 4/11-6/6 2:15-3:15PM

Fee: \$149.00

Room: Pine Hill Outside- Meet in the Lobby.

NO CLASS 4/18.

Get up, get going, get active with a F.A.S.T. Athletics Super Sports Program. F.A.S.T. Athletics will offer a variety of sports each week such as Soccer, Mat Ball, Flag Football, Dodge ball and Kickball. Programs will include proper stretching and warm-up games as well as learning basic skills of each sport, each class will end with a high energy game with the sport played that day. Bring a water bottle to class. This is an outside class whenever possible. During inclement weather this class will move inside to the gym. Depending on weather students will be picked up either at the field at the bottom of the hill or at the gym.

****Waiver must be signed in order to participate

YS-15 FLAG FOOTBALL/DODGEBALL (8)

Fast Athletics Grades 3-5
Tuesdays, 4/23-6/11 2:15-3:15PM

Fee: \$149.00

Room: Pine Hill Gym, Meet in the Lobby.

In this class students will work on skills such as throwing, punting, running routes and catching. If your student played before they know how fun this class can be. During inclement weather this class moves indoors for Dodge Ball. For Dodge Ball, gator skin balls will be used which are proven to be the safest dodge balls out there.

Please dress appropriately and bring a water bottle, this is an outside class whenever possible.

PLEASE NOTE THE ENDING TIME OF THIS CLASS.

Please dress appropriately and bring a water bottle, this is an outside class whenever possible!

***WAIVER must be signed in order to participate.

YS-16 CUPCAKE CREATIONS 11:15AM

Ana Conneely Grades K-5
1/2 Wednesday, 5/8 11:15A-12:15PM

Fee: \$25.00

Room: Pine Hill Art Room

(SEE YS-06 FOR DESCRIPTION)

<u>Please call us and notify us of any allergies that your</u> student may have at least one week prior to the class.

YS-17 CUPCAKE CREATIONS 12:30 PM

Ana Conneely Grades K-5
1/2 Wednesday, 5/8 12:30-1:30PM

Fee: \$25.00

Room: Pine Hill Art Room

(SEE YS-06 FOR DESCRIPTION)

For the above class children will go home and return for YS-17.

YDS-07 ARCHERY LESSONS (5)

On the Mark Archery Grades 3 & Up Fridays, 4/26-5/24 4:15-5:15PM

Fee: \$219.00

Room: Chickering Outside-Meet under basketball

hoop upper field.

DEADLINE TO SIGN UP: Wednesday 4/24.

Whether you're an aspiring Olympian or just looking for a backyard sport, this is the place to get started. On the Mark Archery's goal during each lesson is to support students in developing their skills. Instructors employ a nurturing approach to coaching that boosts confidence and self-esteem. Their "learn by playing" philosophy enables students to enjoy the excitement of bow shooting while practicing skills and fundamental aspects of the shot process. Students will learn archery fundamentals including safety, skill technique, range procedures and scoring. Please note: This class is being held at the Chickering School in Dover.

**In the event of rain this class will be cancelled and extended another week. You will receive an email or phone call directly from On The Mark instructors regarding cancellations.

MUST HAVE A MINIMUM OF 10 FOR THE SESSION TO RUN.

Dover-Sherborn Community Education 2023-2024 YOUTH Registration

Telephone: $508-785-0036 \times 7516$

<u>General Policies</u>: To ensure that your child gets the class (es) that they would like we would suggest either registering online or calling the office directly. <u>We do not send confirmations</u>, but if you register on line you will receive a transaction number. We will contact you if a class is full or cancelled due to low enrollment. Community Education reserves the right to determine if a refund is due and whether it will be a course credit or refund of payment. <u>No refunds will be granted for withdrawals made less than five (5) business days before the date a class is scheduled to start.</u> No refunds will be granted once a class has started, or in the event a student is dismissed from the program due to behavior issues. <u>Classes cannot be pro-rated</u>.

- Please register early to avoid the risk that a class is already filled. Registrations received by mail are processed on a first-come first served-basis.
- Checks: Send separate checks for each course payable to Dover-Sherborn Community Education.
- <u>Mail:</u> Send form below with your check(s) or credit card information to D-S Community Ed., 157 Farm St., Dover, MA 02030.
- <u>Telephone</u>: If you're paying by Visa or MC, complete the form then call (508) $785-0036 \times 7516$ <u>anytime</u> and leave all the information on our secure voicemail.
- On Line Registration: https://dscommed.communityroot.com/index/registration
- Payments remain inactive until 1 week prior to the first class when they will be activated.
- YDS classes may be found under DS YOUTH PROGRAMS in Community Root.
- Questions: sawinlisa@doversherborn.org

Student Name				Grade
		Work #		
M/C/VisaCard #			Exp.Date	
Course Code	Title			Fee \$
Course Code	Title			Fee \$
E-mail				
Student Name				Grade
		Work #		
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Signature				