

CARUTHERS HIGH SCHOOL ATHLETIC DEPARTMENT POLICIES AND PROCEDURES FOR STUDENT ATHLETES

Objectives

The Caruthers High School Athletic Program is committed to developing character through competitive athletics.

- We believe participation in athletic competition and team membership should be designed to develop the physical, social, emotional and mental well-being of young men and women.
- We believe that coaches and parents should be role models at all times, providing examples of positive sportsmanlike behavior.
- We believe it is a privilege for a student to be a member of a Caruthers High School athletic team and that all athletes should be expected to maintain high standards set specifically for team membership.

Expectations

The purpose of the Code of Ethics is to clearly define the expectations for parents and students in the Caruthers High School Athletic Program. Student-athletes are subject to the following standards at all times during the year, both on and off the school campus, and at all hours of the day. Student violations of these standards will result in suspension from athletic participation as decided by the coaching staff and school administration.

- Students are expected to refrain from the use of alcohol, tobacco and drugs. Use of any of these substances are strictly prohibited at all times.
- Students are expected to act as role models of citizenship on and off campus and are not to be cited for disciplinary causes by administrators or teachers. This includes, but is not limited to fighting, inappropriate behavior or language, stealing, disrespect for authority, excessive tardies, class cuts, or serious infractions.
- Students are expected to attend all team practices, games and the Sports Awards Program. Any exception to this must be cleared by the coach or participation will be affected.
- Students are expected to demonstrate respect toward opponents, officials, and fans at all athletic events whether an athlete is participating or watching.
- Parents/guardians are expected to demonstrate respect toward officials, opponents, game management personnel (scorekeepers, linesmen, etc.), & all fans, and refrain from abusive or confrontational behavior.
- Parents/guardians are expected to show respect toward Caruthers coaches at all times and refrain from addressing a coach about specific issues at games and practices.

Grievances

It is the policy of Caruthers High School that grievances should not be addressed during or immediately following any practice or game. If a situation arises when a parent or guardian wishes to meet with an advisor or coach to address a specific issue or complaint; the following steps should be followed:

- Call the school to request a private appointment with the coach.

- If the conflict is unresolved, request an appointment with the Athletic Director.
- If the issue cannot be resolved in a meeting with the Athletic Director, request an appointment with the Principal.
- Further appeals should be conducted by following the District grievance policy.

Transportation

Travel: All coaches and athletes are to be positive representatives of the school on all trips. Each coach should establish a clear dress code and behavioral expectations for all trips. Students must always stay together as a team when not competing and should be supervised at all times by coaches.

Suburbans: No food and drink are allowed in the suburbans at any time.

Release to parents

All student athletes who travel to a game must return with the team unless one of the two following conditions is met:

- A. The student is released to a parent or guardian at the game. In that case, the student must be signed out on the official release form for each game by his/her parent.
- B. The student is released to return with another individual. In that case, the student must have a signed release form filed in the office prior to the departure, including signatures from his/her parents and the parents of the individual he/she will ride home with.

Discipline

When competing for Caruthers High School, all student athletes will be expected to uphold the highest standards of citizenship and sportsmanship as indicated in the California Interscholastic Federation (CIF) Ethics Agreement. Student athletes are accountable for their conduct at all times on campus, in the community, and are not limited to their season of sport. Violations for misconduct will result in suspension from participation in athletics as arranged by the Athletic Director and Administration.

Quitting: Any athlete who quits a team during the season will not be able to participate in a sport during the next season of sport. Student athletes will be allowed a three-week try out period at the beginning of each season and may withdraw during that time period with approval of the coach without a penalty. An athlete may appeal to have this rule waived in emergency cases by writing to the Athletic Director and will have a hearing with the Principal.

Fighting: The Athletic Director and school Administration will suspend any athlete who is involved in a fight from athletic contests during their school suspension and for additional games in all sports in which they participate as arranged.

Campus discipline: Any athlete who is disciplined for inappropriate behavior at school or school activities will be subject to additional suspension from contests in athletics as arranged by the Athletic Director and Administration.

Equipment/Uniforms

All student athletes are responsible for proper care of school equipment and will be held accountable for lost or damaged equipment/uniforms. Coaches are responsible to turn in a financial obligation form to the registrar/accountant immediately. **NO student athlete** will be eligible for athletic awards or be able to compete in the following season of sport until payment for lost or damaged equipment/uniform has been made.

All equipment/uniforms must be turned in before beginning the next sport.

Absences From School On Game Days

All absences on game days must be cleared ahead of time by the Athletic Director. Violations of this policy will result in game suspension(s). The Athletic Director will have discretion over this policy.

Eligibility Requirements

Academic

Each student athlete must maintain a 2.0 GPA each six-week grading period to be academically eligible to compete during the following six-week grading period. The registrar will post an ineligible list on Thursday following each six-week grading period. Student athletes will become eligible or ineligible on that date. Summer school grades may be averaged toward fall eligibility with approval of the Principal.

Coaches are responsible to verify eligibility prior to allowing any athlete to practice. The Athletic Director must clear all ineligible athletes before they are allowed to practice.

Physical

Each student athlete must have a physical exam for the year of competition and a completed form turned into the office prior to any practice.

Insurance

Each student athlete must have a signed (by parent) proof of insurance form turned into the office prior to any practice.

Emergency Card

Each student athlete must have a completed emergency information card into the office prior to any practice.

Ethics

Each student athlete must have a signed Caruthers High School and CIF Ethics in Sport form signed and turned into the office prior to any practice.

Student athletes must complete all the above steps and be approved by the Athletic Director prior to the start of practice for a particular sport. When they have completed all steps the coach will be notified that the athlete is cleared to practice.

Sports Awards

Fall	To Be Determined
Winter	To Be Determined
Spring	To Be Determined

All athletes are required to attend the Sports Awards Program to receive a letter for their sport. Please encourage athletes to dress appropriately to any Sport Awards Program. Their dress is a reflection upon their team, Caruthers High School and the Caruthers community.

Athlete of the Year

At the conclusion of each year, a male and female Athlete of the Year will be selected in accordance with criteria established by the Booster Club.