

LIGHT OF HOPE

WELLNESS & CONSULTATION

I would like to take a moment and introduce myself. My name is Hector Zavala, LCPC, LMHC, Ph.D, NCC! I am the newest team member at Griffith Public Schools. Please know this partnership allows for your child to see me in the school or at my office in Highland.



Starting counseling is a significant decision, and you may have many questions. If you have questions or concerns, please ask, and I will try my best to give you all the information you need. I have over 12 years of clinical experience treating children, adolescents, adults, couples, and families. All Light of Hope Wellness and Consultation Corp therapists are in network with BCBS, UHC, Cigna & Aetna PPOs. If fee is a concern please reach out. Call 331-277-8595 or send us an email at info@lightofhopewc.org to get started.

SCAN ME!



Fun facts about me:

- I train in Martial Arts and compete at tournaments with my family.
- I enjoy coloring with colored pencils.
- I also enjoy playing games both board and video.