

# Concord High School

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**Welcome to  
Junior/Senior  
Parent Night**



**TBD, A-G**  
**Becky Heindel, H-P and AVID**  
**Meg Yagi, Q-Z and ELD**  
**Mandy Ganz, Anchor Support Counselor**  
**Sheila Bergum, College & Career Advisor**



**Who are your Counselors?**

**Julene MacKinnon, Principal**

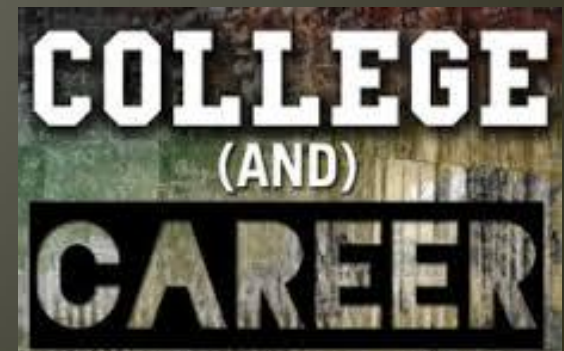
**Ryan Hughes, VP - 10<sup>th</sup>/12<sup>th</sup> grades**

**Nashon Williams, VP - 9<sup>th</sup>/11<sup>th</sup> grades**

**Who are your Administrators?**



# How Can Counselors Help You?



# MDUSD Requirements for Diploma

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- Social Science 30 credits
- English 40 credits
- Mathematics 30 credits
- Science 20 credits
- Physical Education 20 credits
- VAPA/World Lang/CTE 20 credits
  - 10 credits each from 2 of the 3 categories
- Electives 60 credits



Total credits: 220 credits

# College-Going Culture

## A-G List:

- 2 years of Social Studies
- 4 years of English
- 3 Years of Math - through Algebra II
- 2 years of Lab Science
- 2 years of Foreign Language
- 1 year of Visual Performing Arts
- 1 year of College Prep elective



# Credit Recovery Options

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- APEX
- Summer School
- Alternative Ed



# College & Career Center

## Sheila Bergum, Advisor

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- Information on:
  - Colleges
  - Careers
  - Training programs
  - Military
- PSAT, SAT, ACT, AP Testing
- Naviance
- College Applications
- Financial Aid
- Scholarships, NCAA



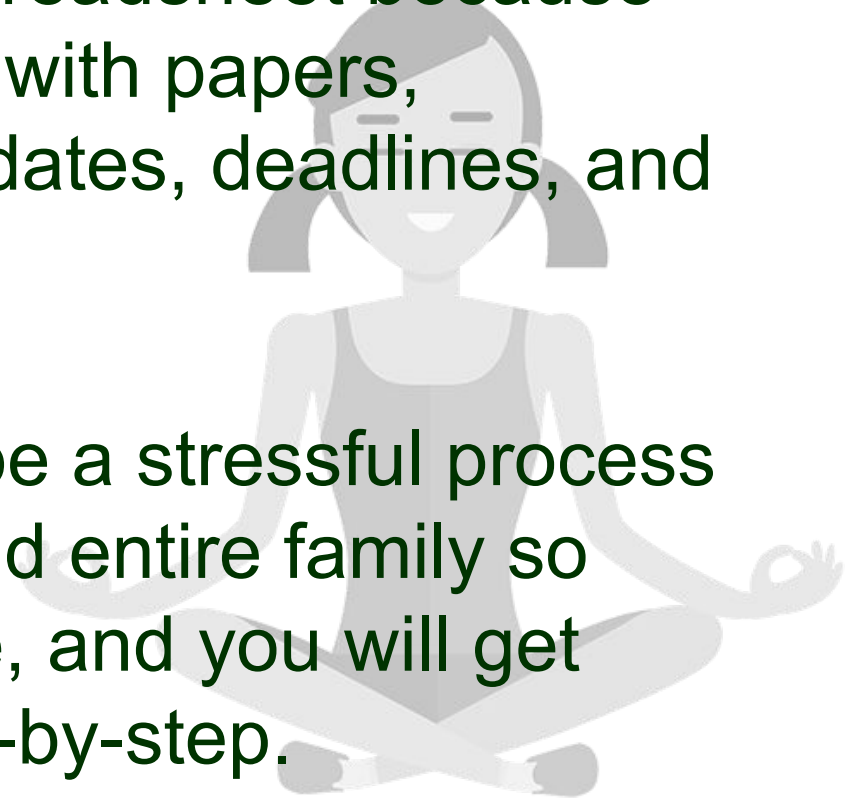


# College Admissions

**Here we go...**

# Just Breathe

- **Stay organized.** You are going to need a binder and/or create a spreadsheet because you will be overwhelmed with papers, passwords, usernames, dates, deadlines, and requirements.
- **Step-by-step.** This can be a stressful process for the student, parent and entire family so remember to just breathe, and you will get through the process step-by-step.





# Getting Started

## Establish Goals

- ▣ Are you considering a 2 or 4-year college?
- ▣ Are you considering a UC or CSU?
- ▣ Private or Out-of state, including WUE schools
  - ▣ Don't rule out private or out-of-state, as they can offer a lot of financial assistance making it more affordable to attend than a CSU or UC
- ▣ Don't "name brand" shop..."best fit" is better!
  - ▣ The best college is the one that is best for your student.
  - ▣ Remember parents, you don't have to attend, your child does and what is right for him/her isn't always what is right for you. Listen to your child's wants and needs.

# Consider

- The decision to focus on preparation for a 2 or 4 year college will depend on a variety of factors: family finances, age and relative maturity of the student, academic strength, and the value of the “freshman year” experience.
- Community colleges (2 year) have open access and no pre-reqs. They are close to home, less expensive, and provide a second chance to get into the four-year college of your choice by completing transfer requirements.
- UC (9 campuses) primarily a research institution dedicated to preparing students for graduate and professional school. The 23 CSU's mission is to prepare students for employment after graduation: teachers, business, engineers, architects, nurses, park rangers and construction managers – applied, hands-on majors.
- Private and Independent colleges may offer better financial aid packages than public universities, so don't rule them out based on “sticker” price if your family income is modest.

# Factors to Consider in Choosing a College

- Size of college
- Academic programs
- Sports
- Geographic location
- Social atmosphere
- Religious orientation
- Cost
- Student body
- Extra-curricular opportunities
- Surrounding community
- Class size



**WEBSITES FOR COLLEGE SEARCHES:**  
<https://student.naviance.com/concordhigh>  
[www.collegeboard.com](http://www.collegeboard.com)  
[www.californiacolleges.edu](http://www.californiacolleges.edu)  
[www.review.com](http://www.review.com)



# **APPLY BROADLY**

## **Reach/Long Shot**

- Selective to Highly Selective
- May meet the minimum eligibility but school may look above the minimum
- Some colleges are reach for *all* applicants

## **Target**

- Realistic
- GPA and test scores are within the mid-50% of recent admits; all subject requirements met or exceeded

## **Safety**

- Confident that the school will accept you *OR*
- School guarantees admission with minimum GPA, etc.

Students should research different college websites to find admission rates, average test scores and average GPA of admitted students. This is time consuming but will assist in narrowing down the colleges you will apply to. Naviance SuperMatch is a good tool for starting college search, and then the list can be narrowed down.





# Important Factors in College Admission

- **Rigor of Coursework**
- **Grades/GPA in college prep courses (A-G)**
  - Academic GPA vs Total GPA
- **Information provided in personal statements/UC personal insight q's**
- **Activities and Extracurriculars - Commitment/Progression/Leadership**
  - Activities on campus - student run clubs or organizations
  - Volunteering for community groups
  - Part-time jobs
  - Taking care of family at home
- **Test scores (Depends on the institution!)**
  - SAT, ACT for competitive/impacted majors at institutions that accept them
  - UC/CSU test free
    - Over 2,000+ degree granting institutions will be test-optional or test free for fall 2024 application cycle [Fairtest.org](https://fairtest.org)

# Standardized Tests

- **PSAT/NMSQT** (Optional 11<sup>th</sup> grade)
- **SAT or ACT**- UCs and CSUs no longer use for admission or scholarship, but some test optional institutions might accept.
  - Fairtest.org for list of over 2,000 test optional institutions across the U.S.
- **AP**- UCs, CSUs scores of 3,4, or 5 will meet requirements for some courses. Check with institution for specific requirements



# Admission Requirements

## California State Universities

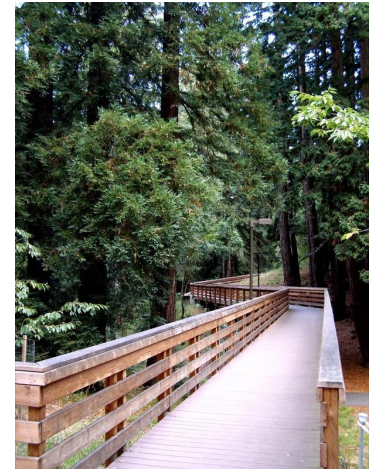
- “A-G” courses (minimum grade of C)
- Minimum GPA of 2.5
- Students earning a GPA between 2.00-2.49 may be evaluated for admission based on supplemental factors.
- One application for all 23 campuses
- Do not send transcript unless requested
- Application - October 1- November 30
- <https://www2.calstate.edu/apply>
- \$70.00 application fee per campus



# Admission Requirements

## University of California

- A-G courses (minimum C)
- Minimum GPA = 3.0
- Must have completed 11 of the 15 required A-G by end of junior year
- Test Free
- No Transcript or Letters of Recommendation unless requested
- Answer 4 Personal Insight Questions
- Extra-Curricular Activities
- Supplemental applications for some programs
- \$80 application fee per campus
- Submit application between October 1 - November 30



# CSU/UC Estimated Costs 2023-2024

Average costs for an undergraduate California resident living in on-campus housing

California State University (Chico State, living on campus)		University of California (Institution wide, living on campus)	
Tuition Fees (Varies from campus to campus)	\$7, 864 1,800	Tuition Fees	\$14,436 1,800
Books & Supplies	1,184	Books & Supplies	1,300
Room & Board	14,838	Room & Board	17,300
Transportation	604	Transportation & Personal	2,100
Personal	1,632	Health Insurance (can be waived)	2,700
<b>Total Estimated Costs</b>	<b>\$27,922</b>	<b>Total Estimated Costs</b>	<b>\$39,636</b>

Net Price Calculator on US Department of Education: <https://collegecost.ed.gov/net-price>





# **Out-Of-State Option: WUE**

## **Western Undergraduate Exchange**

**What is WUE? (pronounced Woo-Wee)**

**Western Undergraduate Exchange**

- **15 Western states have a reciprocal agreement that lets students from these states attend colleges at 150% of the institution's resident tuition.**
- **Not all schools**
- **Not all majors**
- **Not all students are eligible**
- **These colleges are worth checking out because programs are not impacted, and many students graduate in four years.**

**<https://www.wiche.edu/wue> for more info.**



# Historically Black Colleges & Universities - HBCUs

- **Majority of HBCU institutions are in Southern and Eastern US**
  - Over 100 institutions
  - Alabama has 14 HBCUs
  - California has its own HBCU: Charles R. Drew University of Medicine and Science
- **HBCUs are a mix of public and private institutions**
  - HBCUs champion diversity
  - “Divine Nine” are a significant part of HBCU culture - Black Fraternities and Sororities
- **HBCUs represent only 3% of American institutions, yet they produce 16% Bachelor degrees and 25% STEM Bachelor degrees received by black students**
- **HBCU College Caravan Fair in February**





# **Admission Requirements Private/Out-of-State**

- ☐ Courses- most are satisfied with A-G
- ☐ Tests- many institutions are test optional for class of 2024.
- ☐ Early Action and Early Decision options for some
- ☐ Essays and/or work samples
- ☐ Extra-Curricular Activities (required by some; not ALL)
- ☐ Letters of Recommendation
- ☐ Transcripts
- ☐ School Profile
- ☐ Secondary/Mid-year School Report

**CHECK EACH COLLEGE'S WEBSITE FOR SPECIFICS**

# Common Application Process

- ✓ If applying to a private or out-of-state college using the Common App you will need a Secondary School Report, a document that counselors complete for the student.
- ✓ Student must follow the directions in Naviance account to link their Common App account with Naviance.
- ✓ Student will be asked to invite their Counselor and teachers to recommend them using the teachers email address.
- ✓ Complete the **CHS Personal Data Form** in Naviance
- ✓ Student needs to ask their teachers if they will write a letter BEFORE they invite them on the common app.



# **Admission to DVC**

- **18 years old, high school graduate or have GED or Certificate of Proficiency**
- **Senior year, students attend a DVC presentation at CHS**
- **Students complete online application and Special Admission Form**
- **March through June: Students register at DVC and attend Counseling 095**
- **Currently DVC Classes are \$47.00 a unit, and the average cost to attend full time is \$1700.00 a year.**
- **FT3 Program- First time, Full time, Free tuition**
  - **Must complete FAFSA or CADAA to be eligible**



# **First time + Full time = Free Tuition at CC Community Colleges**

- **Attend full time (at least 12 units)**
- **Complete/submit FAFSA or Dream Act application**
- **Complete an educational plan**
- **Maintain a 2.0 gpa or higher to remain eligible**
- **Complete FT3 Program application**
  
- **For more information:**
  - **<http://www.4cd.edu/ed/cp/default.aspx>**

# **Career Education Schools**

*An alternate pathway for post-secondary education*

- **Huge range in program types:**

- Certification programs at community colleges (DVC, LMC, CCC, Solano, Citrus)
- Art schools (California College of Arts, Academy of Art, Woodbury University)
- Cosmetology schools (Paris Beauty College, Paul Mitchell, Urban Barber)
- Military, or Military Academy (Reserves, Air Force Academy, Military Academy)
- Apprenticeship programs (Plumbers/Steamfitters, Carpenters, Electricians, Ironworkers, Sheet metal workers, Masons)



- **Some career schools/programs have academic requirements: high school diploma, must be 18 years old, math prerequisites, etc.**



# Career Education Fair at Concord High

Wednesday, October 18 9 am - 12:30 pm

There are many other options in addition to a traditional 4-year college path. Find out about different training programs after high school that lead to good paying jobs and interesting careers. Representatives from apprenticeship programs, art schools, medical colleges, cosmetology programs, community colleges and military will be participating in this fair!

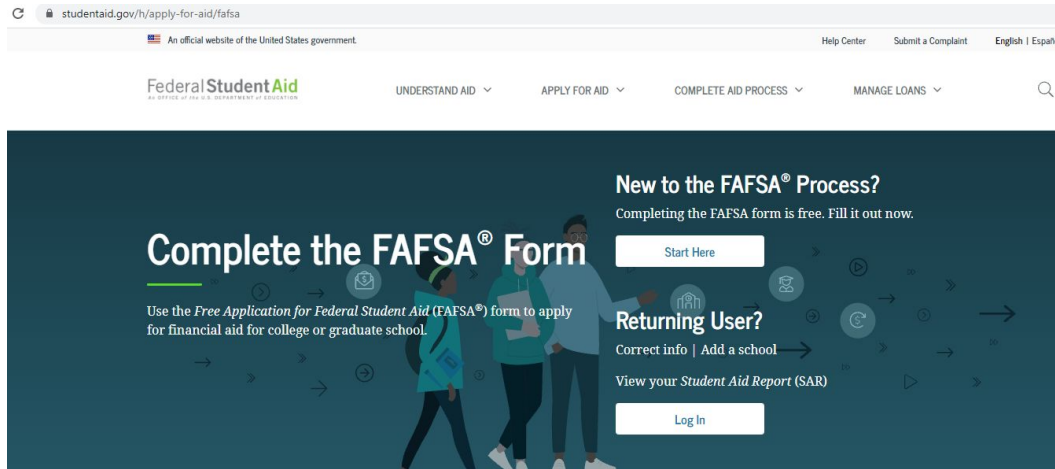


# **FINANCIAL AID**



- ☐ FAFSA: Free Application for Federal Student Aid  
<https://studentaid.gov/h/apply-for-aid/fafsa>
- ☐ CADAA: California Dream Act application [dream.csac.ca.gov/](https://dream.csac.ca.gov/)
- ☐ 2024-2025 FAFSA/CADAA in December (Revision)
  - ☐ Can create FSA ID now
- ☐ Must be completed and submitted by April 2nd (2024 only)
  - Most financial aid is need based  
<https://studentaid.gov/understand-aid/types>
- ☐ Grants & Scholarships are free money, you do not have to repay them
- ☐ Many colleges award merit based grants or scholarships
  - based on high school academic performance
- ☐ Work-study
- ☐ Current Student Loan interest rate 5.5%, Parent Plus Loans 8.05%
- ☐ CSS Profile for private institutions - institutional methodology

# FAFSA/CADAA websites



## FAFSA® Announcements

### New Application Launch

The new 2022-23 FAFSA form is here! Some states and schools have delay! To begin your application, select the "Start Here" button on the

### What to Do If Your or Your Family's Financial Situation Has C

Many FAFSA applicants have experienced recent financial changes emergency or other reasons.



**Financial Aid Workshop at CHS coming this winter**

# Scholarship Search

## Free Scholarship Search Engines

- A scholarship search company collects information on hundreds of awards and compares your student characteristics with scholarship restrictions. Based on your answers to a questionnaire, you will receive a list of possible scholarships. It is up to you to decide which ones you will apply.
- You should never have to pay for scholarship information. If you're asked to pay a fee for "exclusive" scholarship leads, there's a good chance your scholarship service is really a scholarship scam.
- Check out the list of scholarships in Naviance & CCC webpage



### Free scholarship search engines:

[www.unigo.com](http://www.unigo.com)  
[www.CollegeBoard.com](http://www.CollegeBoard.com)  
[www.fastweb.com](http://www.fastweb.com)  
[www.scholarships.com](http://www.scholarships.com)



# Final Decision: College Choice

- ✓ Visit colleges- take advantage of virtual tours
- ✓ Weigh *Pros* and *Cons* for each college
- ✓ Select a college that meets your needs and preferences
  - 80% of college students change majors
- ✓ Make sure you check your college portal accounts for correspondence from colleges you applied to
- ✓ Pay deposit by May 1<sup>st</sup>
- ✓ Take Assessment Tests if needed
- ✓ Send Final Transcripts-request through Naviance!

***All admissions are conditional until final transcripts are received!***

# **College & Career Center**

- College & Career Advisor: Sheila Bergum
- Phone: (925) 687-2030 ext 3328
- Email: [bergums@mdusd.org](mailto:bergums@mdusd.org)

- Social Media:

- Instagram @chs\_collegeandcareercenter
- Facebook @collegecareerchs
- Twitter @ConcordHighCCC







# **Upcoming Events**



**DVC Day on Campus September 22**

**Colleges on Campus Visits - September through November**

**Application Workshops - throughout the year**

**Career Education Fair - October 18, 9:00 am - 12:30 pm**

**MDUSD College Fair at Ygnacio Valley High, October 26,  
6:30 - 8:00 pm**

**Cash for College Workshop/Financial Aid Night - January 2024**