# MARCH 2024 Lunch Menu

# Susquehanna Township Middle School

This institution is an equal opportunity provider. Menus are subject to change.

#### Daylight Savings MARCH 10



## Friday, March 1

Bosco Sticks (no meat) with Marinara Sauce

#### <u>Alternate</u>

Grilled Chicken & Cheese Sandwich (Lettuce & Tomato) OR Select Sandwiches or Salads

Served with Peas & Carrots, Apple Slices & Assorted Milk

Meal must include veggie and/or fruit

# Reminder

Money in your student's Meal Account remains with that student year after year. Only the basic nutritional meal is free. Students must pay for any extra items.

#### Monday, March 4

Meatball Sub (beef)

#### <u>Alternate</u>

Chicken Patty Sandwich OR Select Sandwiches or Salads

Served with Steamed Broccoli, Raisins & Assorted Milk

Meal must include veggie and/or fruit

#### Tuesday, March 5

Breakfast for Lunch: French Toast Sticks, Turkey Bacon, Hash Brown & Yogurt

#### Alternate

Chicken Patty
Sandwich OR Select
Sandwiches or Salads

Served with Baby Carrots, 100% Fruit Juice & Assorted Milk

Meal must include veggie and/or fruit

#### Wed., March 6

Walking Taco: Taco Meat is poultry, Nachos, Cheese and Salsa

#### Alternate Chicken Patty

Sandwich OR Select Sandwiches or Salads

Served with Tomato & Lettuce Fixins, Black Beans, Peaches & Assorted Milk

Meal must include veggie and/or fruit

## Thursday, March 7

Pizzeria Pizza
Turkey Pepperoni Option

#### Alternate

Chicken Patty
Sandwich OR Select
Sandwiches or Salads

Served with Veggie Pick-up & Ranch Dip, 100% Fruit Juice & Assorted Milk

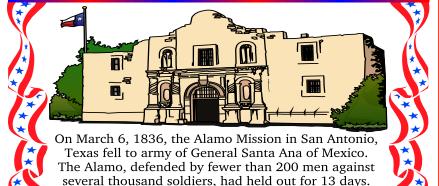
Meal must include veggie and/or fruit

#### Friday, March 8



No Lunch Served

# Our Nation's History



 $\star W$ ith Liberty & Justice for All  $\star$ 















#### Monday, March 11

Hot Dog (beef, pork, chicken) with Sauerkraut Option

Alternate
Fish & Cheese
Sandwich
with Lettuce & Tomato
OR Select Sandwiches
or Salads

Served with Baked Beans, Orange Smiles & Assorted Milk

Meal must include veggie and/or fruit

#### Tuesday, March 12

Wild Mike's Cheezy Mozzarella Bites (no meat)

Alternate
Fish & Cheese
Sandwich
with Lettuce & Tomato
OR Select Sandwiches
or Salads

Served with Steamed Broccoli, 100% Fruit Juice & Assorted Milk

Meal must include veggie and/or fruit

#### Wed., March 13



No School Today

Professional Day for Teachers

#### Thursday, March 14

Chicken Tenders with Tea Roll

Alternate
Fish & Cheese
Sandwich
with Lettuce & Tomato
OR Select Sandwiches
or Salads

Served with Carrots & Peas, Potato Smiles, 100% Fruit Juice & Assorted Milk

Meal must include veggie and/or fruit

# Friday, March 15

Deep Dish Pizza
Turkey Pepperoni Option

#### <u>Alternate</u>

Fish & Cheese
Sandwich
with Lettuce & Tomato
OR Select Sandwiches
or Salads

Served with Baby Carrots, Mixed Fruit & Assorted Milk

Special Flavored Ice
Treat is Sour Apple
Meals must include veggie and/or fruit

#### Monday, March 18

Popcorn Chicken with Mashed Potatoes & Tea Roll

Alternate
Chicken Salad
Sandwich OR Select
Sandwiches or Salads

Served with Corn, Baby Carrots, Applesauce & Assorted Milk

Meals must include veggie and/or fruit

#### Tuesday, March 19

Cheese Steak Sandwich (beef)

Alternate Chicken Salad Sandwich OR Select Sandwiches or Salads

Served with Baked Beans, 100% Fruit Juice & Assorted Milk

Meals must include veggie and/or fruit

#### Wed., March 20

Macaroni & Cheese with Tea Roll

Alternate Chicken Salad Sandwich OR Select Sandwiches or Salads

Served with Steamed Broccoli, Mixed Fruit & Assorted Milk

Meal must include veggie and/or fruit

## Thursday, March 21

3 Cheese Calzone (no meat)

Alternate
Chicken Salad
Sandwich OR Select
Sandwiches or Salads

Served with Veggie Pick-up & Ranch Dip, 100% Fruit Juice & Assorted Milk

Meal must include veggie and/or fruit

# Friday, March 22

Dill Seasoned Wings & Tea Roll

Alternate
Chicken Salad
Sandwich OR Select
Sandwiches or Salads

Served with Tater Tots, Sweet Peas, Pears & Assorted Milk

Meal must include veggie and/or fruit

#### Monday, March 25

Chicken Sticks with Tea Roll

## <u>Alternate</u>

Turkey Bacon, Egg & Cheese Croissant OR Select Sandwiches or Salads

Served with Baked Beans, Broccoli, Mixed Fruit & Assorted Milk

Special Tropical Fruit Flavored Ice Treat

Meals must include veggie and/or fruit

# Tuesday, March 26

Pepperoni Bosco Sticks (beef, pork) with Marinara Sauce

#### Alternate

Turkey Bacon, Egg & Cheese Croissant OR Select Sandwiches or Salads

Served with Potato Smiles, 100% Fruit Juice & Assorted Milk

Meals must include veggie and/or fruit

# Wed., March 27

Cheese Filled Breadsticks (no meat) with Marinara Sauce

#### <u>Alternate</u>

Turkey Bacon, Egg & Cheese Croissant OR Select Sandwiches or Salads

Served with Potato Rounds, Baby Carrots, Pears & Assorted Milk

Meals must include veggie and/or fruit

#### Thursday, March 28

# Spring Break begins

unless this day is needed to make up for inclement weather!

Watch for school updates at www.hannasd.org

#### Friday, March 29

**Spring Break** 

Enjoy this time of "NO SCHOOL"