

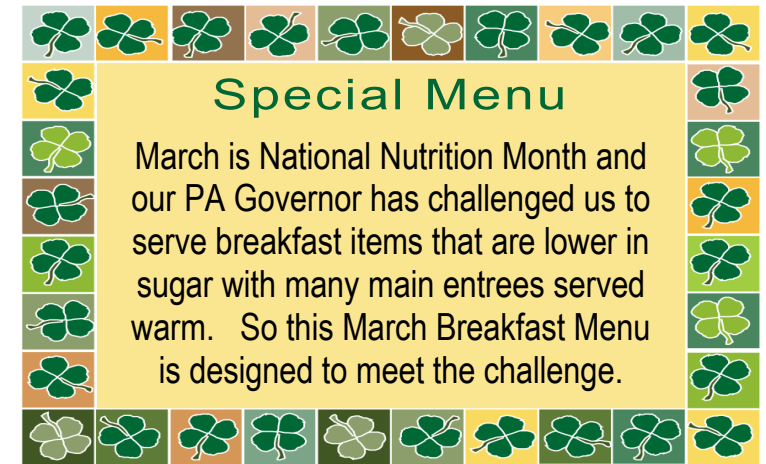


Susquehanna Twp Elementary Schools

March 2024 Breakfast

This institution is an equal opportunity provider. Menus are subject to change.

Happy St. Patrick's Day!

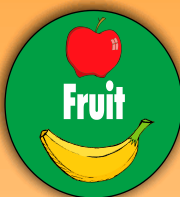



Special Menu





March is National Nutrition Month and our PA Governor has challenged us to serve breakfast items that are lower in sugar with many main entrees served warm. So this March Breakfast Menu is designed to meet the challenge.

First things First

To make a breakfast, choose at least one

or

and at least three items total

This "qualified" breakfast is FREE at STSD schools



ENJOY YOUR Spring BREAK

Break begins at the end of classes:
Wednesday, March 27 *see side note

Classes resume:
Tuesday, April 2

PLEASE NOTE

If March 28 is needed to make up for inclement weather, Spring Break will then begin March 29.

Friday, March 1

Cherrios or Rice Chex Cereal Bowl

Applesauce

Orange Smiles

Assorted Milk

Monday, March 4

Whole Grain Mini Pancakes

100% Fruit Juice

Mixed Fruit

Assorted Milk

Tuesday, March 5

Warm Whole Grain Biscuit with Margarine

Chilled Pears

Applesauce

Assorted Milk

Wed., March 6

Turkey Ham & Cheese Breakfast Stuffer

100% Fruit Juice

Chilled Peaches

Assorted Milk

Thursday, March 7

Breakfast Churros

Applesauce

Mixed Fruit

Assorted Milk

Friday, March 8

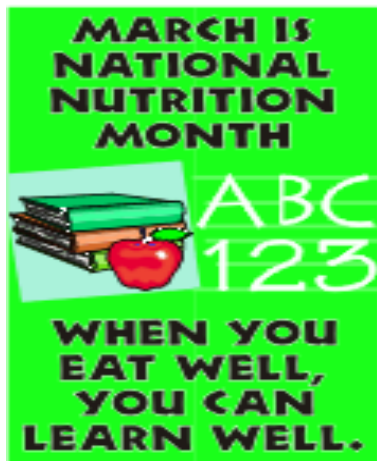
Cereal Bar with Yogurt Cup

Strawberry Cup

Applesauce

Assorted Milk

**Early Dismissal
No Lunch Today**



Created
in 1973
and
observed
every
March
since !



Sunday, March 17

EGG-CELLENT.



Ah, the humble, wonderful egg!
Just 75 or so calories, but with
seven grams of high-quality
protein, plus iron, vitamins,
minerals, and other disease
fighting nutrients. Versatile for
cooking. Inexpensive. Readily
available. Perhaps the perfect
food - for breakfast, or any time!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Monday, March 11

Turkey Ham
& Cheese
Breakfast Stuffer

100% Fruit Juice

Mixed Fruit

Assorted Milk

Tuesday, March 12

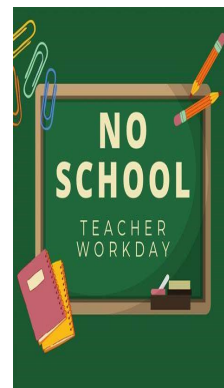
Mini Maple
Pancakes

Craisins

Chilled Peaches

Assorted Milk

Wed., March 13



Thursday, March 14

Warm Cinnamon
Toast Crunch Bar

Sliced Pears

Orange Smiles

Assorted Milk

Friday, March 15

Cheerios or Rice
Chex Cereal Bowl

Peach Cup

Applesauce

Assorted Milk

Monday, March 18

Egg & Cheese on
English Muffin

100% Fruit Juice

Orange Slices

Assorted Milk

Tuesday, March 19

Warm Frudel Bar

Peaches

Strawberry Cup

Assorted Milk

Wed., March 20

Turkey Ham
& Cheese
Breakfast Stuffer

100% Fruit Juice

Mixed Fruit

Assorted Milk

Thursday, March 21

Whole Grain
Mini Pancakes

Craisins

Applesauce

Assorted Milk

Friday, March 22

Cereal Bar with
Yogurt Cup

Applesauce

Strawberry Cup

Assorted Milk

Monday, March 25

Whole Grain
Mini Pancakes

100% Fruit Juice

Orange Slices

Assorted Milk

Tuesday, March 26

Turkey Ham
& Cheese
Breakfast Stuffer

Juicy Pears

Craisins

Assorted Milk

Wed., March 27

Egg & Cheese on
English Muffin

100% Fruit Juice

Chilled Peaches

Assorted Milk

Thursday, March 28

**Spring Break
begins**
unless this day
is needed
to make up for
inclement weather!

Watch for school
updates at
www.hannasd.org

Friday, March 29



Spring Break