

# Hampton Township School District Elementary Breakfast Menu January 2024



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
NO SCHOOL  New Year's Day Winter Break	NO SCHOOL  Winter Break	Whole Grain Sausage Pancake on a Stick Or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	✔ Whole Grain Soft Filled Cinnamon Toast Crunch Or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	✔ Whole Grain Dutch Waffle Or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
8	9	10	11	12
Whole Grain Sausage Breakfast Pizza Or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	✔ Whole Grain Mini Cinnamon Rolls Or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Sausage,Egg,Cheese on Whole Grain Muffin Or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	✔ Whole Grain Mini French Toast Or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	✔ Whole Grain Mini Waffles Or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
15	16	17	18	19
NO SCHOOL  Martin Luther King Jr. Day	✔ Whole Grain Mini Pancakes Or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Whole Grain Sausage Pancake on a Stick Or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	✔ Whole Grain Soft Filled Cinnamon Toast Crunch Or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	✔ Whole Grain Dutch Waffle Or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
22	23	24	25	26
Whole Grain Sausage Breakfast Pizza Or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	✔ Whole Grain Mini Cinnamon Rolls Or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Sausage,Egg,Cheese on Whole Grain Muffin Or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	✔ Whole Grain Mini French Toast Or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	✔ Whole Grain Mini Waffles Or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
29	30	31		
Whole Grain Egg & Sausage Breakfast Bagel Pizza Or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	✔ Whole Grain Mini Pancakes Or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Whole Grain Sausage Pancake on a Stick Or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Now Hiring Food Service Employees Contact: Jenna Ossler metzfoodservice@ht-sd.org 412-492-6390	All Students are Eligible for a FREE BREAKFAST*  *Must Select a Reimbursable Meal

**What is a Breakfast?**  
Choice of Hot Entrée or Daily Entrée, Choice of Fruit/Juice, and Choice of Milk.  
Students must take at least a 1/2 cup of Fruit/Juice as one of their 3 components for the school breakfast price.

✔ **DAILY ENTREES:**  
WG Powdered Sugar Mini Donuts  
WG Chocolate Mini Donuts  
WG Blueberry Donut Holes

**Following Entrée Items Served w/ WG Goldfish Graham Crackers**

WG Choc Chip Bread Loaf  
WG Chocolate Muffin  
WG Pop Tart - Cinnamon, Strawberry Yogurt

Whole Grain Cereal:  
Cheerios  
Cinnamon Toast Crunch  
Lucky Charms  
Cocoa Puffs  
Frosted Flakes

**Fruit Choices May Include:**  
Apples, Apple Slices, Bananas, Grapes, Oranges, Canned: Applesauce, Pears, Peaches, Mixed Fruit or 100% Assorted Fruit Juice

**Milk Choices Include:**  
1% White Milk,  
Fat Free: White, Chocolate, Vanilla  
Lactose Free Milk  
Available Upon Request

✔ Vegetarian

**Food Service Director:**  
Jenna Ossler  
metzfoodservice@ht-sd.org  
412-492-6390

**ALL STUDENTS ARE ELIGIBLE FOR A FREE REIMBURSABLE BREAKFAST**

Please make checks payable to: HTSD Cafeteria Fund. Money may also be deposited into your child's account online at [www.payschoolscentral.com](http://www.payschoolscentral.com)

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