



HAMPTON TOWNSHIP SCHOOL DISTRICT ELEMENTARY SCHOOL LUNCH MENU JANUARY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AVAILABLE DAILY:				
<p>1</p> <p>NO SCHOOL</p> <p>Winter Break</p> <p>Happy New Year!</p>	<p>2</p> <p>NO SCHOOL</p> <p>Winter Break</p>	<p>3</p> <p>🌱 Whole Grain Potato & Cheddar Mini Pierogi Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Green Beans Choice of Fruit(s) & Milk</p>	<p>4</p> <p>Whole Grain Mini Corn Dogs Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Baked Beans Choice of Fruit(s) & Milk</p>	<p>5</p> <p>🌱 Whole Grain Pizza Sticks w/ Pizza Dipping Sauce Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Broccoli Choice of Fruit(s) & Milk</p>
AVAILABLE DAILY:				
Main Plate + #2 WG Uncrustable Peanut Butter and Jelly w/ Cheese Stick & WG Dinner Roll #3 Talbot Salad - Ham & Cheese Cups w/ WG Dinner Rolls #4 Chicken Tenders w/ WG Dinner Rolls				
<p>8</p> <p>🌱 Yogurt Parfait w/ Cheese Stick, WG Belly Beans and WG Goldfish Crackers Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Honey Glazed Carrots Choice of Fruit(s) & Milk</p>	<p>9</p> <p>Beef & Cheese Burrito On Whole Grain Tortilla Salsa and Sour Cream On Side Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Corn Choice of Fruit(s) & Milk</p>	<p>10</p> <p>Penne Pasta w/ Meat Sauce & Breadstick Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Green Beans Choice of Fruit(s) & Milk</p>	<p>11</p> <p>Chicken Patty On Whole Grain Bun Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Baked Beans Choice of Fruit(s) & Milk</p>	<p>12</p> <p>Whole Grain 🌱 French Bread Pizza Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Broccoli Choice of Fruit(s) & Milk</p>
AVAILABLE DAILY:				
Main Plate + #2 WG Uncrustable Peanut Butter and Jelly w/ Cheese Stick & WG Dinner Roll #3 Talbot Salad - Ham & Cheese Cups w/ WG Dinner Rolls #4 Chicken Tenders w/ WG Dinner Rolls				
<p>15</p> <p>NO SCHOOL</p> <p>Martin Luther King Jr. Day</p>	<p>16</p> <p>Walking Taco WG Tortilla Chips, Beef, Cheddar Cheese Lettuce, Salsa, Sour Cream On Side Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Black Beans Choice of Fruit(s) & Milk</p>	<p>17</p> <p>Chicken Mashed Potato Bowl w/ Whole Grain Rolls Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Corn Choice of Fruit(s) & Milk</p>	<p>18</p> <p>Meatball Hoagie On Whole Grain Hoagie Bun Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Green Beans Choice of Fruit(s) & Milk</p>	<p>19</p> <p>Whole Grain 🌱 Big Daddy's Cheese Pizza Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Broccoli Choice of Fruit(s) & Milk</p>
AVAILABLE DAILY:				
Main Plate + #2 WG Uncrustable Peanut Butter and Jelly w/ Cheese Stick & WG Dinner Roll #3 Talbot Salad - Ham & Cheese Cups w/ WG Dinner Rolls #4 Chicken Tenders w/ WG Dinner Rolls				
<p>22</p> <p>WG Mini Maple Pancakes w/ Sausage & Syrup Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Oven Baked Sweet Potato Puffs Choice of Fruit(s) & Milk</p>	<p>23</p> <p>Chicken & Cheese Soft Tacos On Whole Grain Tortillas Salsa and Sour Cream On Side Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Corn Choice of Fruit(s) & Milk</p>	<p>24</p> <p>🌱 Macaroni & Cheese w/ Breadstick Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Green Beans Choice of Fruit(s) & Milk</p>	<p>25</p> <p>Cheeseburger On Whole Grain Bun Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Baked Beans Choice of Fruit(s) & Milk</p>	<p>26</p> <p>Whole Grain 🌱 Stuffed Crust Pizza Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Broccoli Choice of Fruit(s) & Milk</p>
AVAILABLE DAILY:				
Main Plate + #2 WG Uncrustable Peanut Butter and Jelly w/ Cheese Stick & WG Dinner Roll #3 Talbot Salad - Ham & Cheese Cups w/ WG Dinner Rolls #4 Chicken Tenders w/ WG Dinner Rolls				
<p>29</p> <p>WG French Toast Sticks w/ Sausage & Syrup Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Oven Baked Smiley Fries Choice of Fruit(s) & Milk</p>	<p>30</p> <p>Nachos Grande WG Tortilla Chips, Beef, Cheese Sauce Lettuce, Salsa, Sour Cream On Side Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Corn Choice of Fruit(s) & Milk</p>	<p>31</p> <p>General Tso's Chicken w/ Brown Rice Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Broccoli Choice of Fruit(s) & Milk</p>	<p>Now Hiring Food Service Employees</p> <p>Contact: Jenna Ossler metzfoodservice@ht-sd.org 412-492-6390</p>	

What is a Meal?
You Must Choose at Least 3 of the 5 Components Available for the School Lunch Price.

Minimum of a 1/2 cup Serving of Fruit or Minimum of a 1/2 Cup of Vegetable Must Accompany a Reimbursable Lunch

Meat or Meat Alternate
Grain/ Bread
Choice of Vegetable(s)
Choice of Fruit(s)
Choice of Milk

Daily Vegetable Selection May Include:
Baby Carrots, Celery Sticks, Cucumbers, Green Peppers, Salad

Daily Fruit Selection May Include:
Apples, Apple Slices, Bananas, Grapes, Oranges, Cantaloupe, Honeydew, Strawberries, Applesauce, Diced Peaches, Diced Pears, Mixed Fruit
100% Juice - Apple, Fruit Punch, Grape, Orange

Daily Milk Selection May Include:
1% White,
Fat-Free: White, Chocolate, Vanilla
Lactose Free Available Upon Request

Leave Your Lunchbox at Home!

Daily Entrée Options Include:

🌱 #2 WG Uncrustable Peanut Butter & Jelly w/ Cheese Stick & Dinner Roll

#3 Talbot Salad
Ham & Cheese Cups w/ WG Dinner Rolls

#4 Chicken Tenders w/ WG Dinner Rolls

January Nutritious Friend
Quirky Quinoa



Menu Subject to Change Based on Product Availability

Food Service Director
Jenna Ossler
412-492-6390
metzfoodservice@ht-sd.org

LUNCH PRICES:

Student \$2.50
Adult \$4.00

🌱 Vegetarian

Please Make Checks Payable to: HTSD Cafeteria Fund
Money May Also Be Deposited Into Your Child's Account Online at www.payschoolscentral.com

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