

Elementary January 2024

Lunch includes; entrée listed below, fruit, milk, and an unlimited cold fruit and vegetable bar.
 Hummus and Roll OR Peanut-Butter (or Sunbutter) and Jelly Sandwich available as a substitution with advance request.
All grains are at least 50% whole Grain. Students Must take ½ cup fruit and/or vegetables with meal. Milk Choice Include Skim, 1% and Skim Chocolate. Menu subject to change without notice, due to price and availability. This institution is an equal opportunity provider.

LUNCH MENU Kalispell Public Schools Food Service



| | Monday | Tuesday | Wednesday | Thursday | Friday |
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| LUNCH MENU: Regular Prices Free: if eligible Reduced: \$0.40 Student: \$3.25 Adult: \$4.25 CEP Qualified Schools* – Breakfast and Lunch is FREE For Students Local Now: Apples, Carrots Burgers, Lentils, Wheat Montana Bread, Squash, And more! | For questions about the menu, student accounts or eligibility for free or reduced meals please call FS Office 406-751-3443. *Community Eligibility Provision Qualified Schools include Elrod, Rankin and Russell Elementary | | | | |
| | 1 NO SCHOOL HAPPY NEW YEAR! | 2 WG Chicken Patty on a WG Bun, with Fruit, Veggie and Milk | 3 Monte Cristo with WG French Toast, Ham/Swiss with Fruit, Veggie and Milk Early Out | 4 WG Chicken Corn Dog with Fruit, Veggie and Milk | 5 WG Pizza Hut Pizza with Fruit, Veggie and Milk |
| | 8 BBQ Pulled Pork on WG Bun with Fruit, Veggie and Milk | 9 Chicken Nachos w/ Cheese, Salsa and Sour Cream with Fruit, Veggie and Milk | 10 Hot Dog on WG Bun with Fruit, Veggie and Milk Early Out | 11 Salisbury Steak w/ Mashed Potatoes and Gravy, WG Dinner Roll Fruit, Veggie and Milk | 12 WG Pizza Hut Pizza with Fruit, Veggie and Milk |
| | 15 Sloppy Joe on a WG Bun with Fruit, Veggie and Milk | 16 Chicken Taco on WG Tortilla with Cheese, Salsa, Sour Cream, Fruit, Veggie and Milk | 17 Hoagie on a WG Bun with Fruit, Veggie, WG Cookies and Milk Early Out | 18 WG Bean and Cheese Burrito with Salsa, Sour Cream, Fruit, Veggie and Milk | 19 WG Pizza Hut Pizza with Fruit, Veggie and Milk Early Out |
| | 22 NO SCHOOL | 23 Chicken Nachos with WG Tortilla Chips, Cheese, Salsa and Sour Cream, Fruit, Veggie and Milk | 24 Egg, Ham and Cheese on WG Bun, with Fruit, Veggie and Milk Early Out | 25 Beef Spaghetti Sauce over WG Pasta with Dinner Roll, Fruit, Veggie and Milk | 26 WG Pizza Hut Pizza with Fruit, Veggie and Milk |
| | 29 Cheeseburger on a WG Bun with Fruit, Veggie and Milk | 30 Chicken Taco on WG Tortilla with Cheese, Salsa, Sour Cream, Fruit, Veggie and Milk | 31 WG Chicken Corn Dog with Fruit, Veggie and Milk Early Out | | |
| BREAKFAST MENU Free: if eligible Student: \$2.00 Reduced: \$.30 Adult: \$2.25 | All students must take at least ½ cup of fruit and/or vegetable to complete a school lunch. A School Lunch Includes: (600-650 total calories), 1 cup milk, 1-2oz. protein, 1-2oz. grain, 3/4 cup vegetables, 1/2 cup fruit, Students Must take at least ½ cup of fruit/vegetable. | | | | |
| | Homemade WG Muffin with Yogurt, Fruit and Milk | WG Breakfast Burrito with Fruit and Milk | WG Cereal or Oatmeal with String Cheese, Fruit and Milk | WG Pancake and Sausage on a Stick with Syrup, Yogurt Fruit and Milk | WG Bagel with Cream Cheese, Yogurt, Fruit and Milk |