

Chambersburg Area Senior High School
511 S. Sixth Street · Chambersburg, PA 17201
Main office phone: (717) 261-3322

Recommendation: Student Self-Assessment

This form assists your school counselor in writing your recommendation. The more details you give, the more thorough your recommendation letter will be. **Please return to Mrs. McMillen (A-K) or Mrs. Snitzer (L-Z) no later than 2 weeks prior to your due date.**

Name: _____ Date: _____

School Activities: List the activities in which you have participated, the number of years and the amount of time spent per week. Consider artistic, athletic, literary, community service, and leadership positions.

What do you consider your most important activities outside of school? List jobs, paid or voluntary; religious activities; hobbies; travel; music; art; and drama. Include the grade you were in when you participated, and the amount of time you spent each week on the activity.

What have you gained or learned from these activities? Why are they important to you? Which activity that you listed above was most important to you? Why?

In or out of school, which awards and honors have you received? Which elected offices have you held?

Describe the academic accomplishment (major paper, science experiment, artistic project, etc.) you are most proud of, and why you take pride in it.

What kind of learner are you? Which academic setting or assignments make you thrive? What interests you academically?

List your three most distinguishing or most admirable qualities. Explain each in detail.

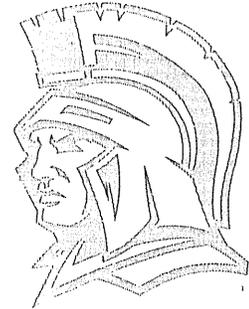
What do you hope to accomplish in college and after college? Consider your career goals and your big life goals.

Please list your intended major in college, what you hope to do with a degree in that field, and any colleges you wish to apply to this fall.

If you have written a personal statement for an application, please submit that with this form.



Chambersburg
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Recommendation: Parent Self-Assessment

Student's Name: _____

Your Name: _____

Please feel free to type out your answers on a separate sheet or write on the back of this sheet if you need more space.

The first words that come to mind to describe my son or daughter are:

I'd like you to know the following information/anecdote about my daughter or son:

I think he or she would do best in the following college setting (describe location, size, cost, etc.):

Are there any challenges that you or your family are either currently experiencing or that have happened in the past that I should be aware of? With the student's or parent's permission (by including the information with this packet), this information may possible be included in my letter of recommendation; college admissions officers and scholarship committee members often take challenging circumstances into consideration when making decisions, especially if the student has been able to triumph over adversity.

