

Sexual Health Education

Board of Education Presentation
2022-2023



August 16, 2022



- The Illinois State Board of Education adopted the National Sexual Health Learning Standards on June 14, 2022. The previous standards are from 2007.
- District 92 will not make any changes to the Sexual Health Education curriculum for the 2022-2023 school year.



Our Current Sexual Health Learning Standards

Grade Band Standards:

[K - 2nd Grade Illinois Learning Standards for Sexual Health Education](#)

[3rd - 5th Grade Illinois Learning Standards for Sexual Health Education](#)

[6th - 8th Grade Illinois Learning Standards for Sexual Health Education](#)



National Sexual Education Standards New Topic Strands

In addition, the new NSES is updated with new topic strands as follows.

Original NSES	Revised NSES	What is reflected in this change?
Healthy Relationships (HR)	Topic strand title changed to: Consent and Healthy Relationships (CHR)	Includes all indicators related to relationships, both specific and general. Adds emphasis on the topic of consent and starts to focus on consent and bodily autonomy in early elementary in order to help keep young students safe from child predators and lay the groundwork for an understanding of sexual relationships much later on, as well as ensuring a safer classroom environment in the present.
Anatomy and Physiology (AP)	Topic strand title unchanged: Anatomy and Physiology (AP)	
Puberty and Adolescent Development (PD)	Topic strand title changed to: Puberty and Adolescent Sexual Development (PD)	Better reflects the focus on sexual development in adolescence, rather than all adolescent development.
Identity (ID)	Broken into two topic strands: 1) Gender Identity and Expression (GI) 2) Sexual Orientation and Identity (SI)	Better reflects that these are separate areas of identity that should not be conflated.
Pregnancy and Reproduction (PR) and Sexually Transmitted Diseases and HIV (SH)	Merged into one topic strand: Sexual Health (SH)	Takes a more holistic approach to what it means to be sexually healthy. Better reflects the overlap in knowledge and skills necessary for prevention, care, and treatment of pregnancy and STDs, including HIV.
Personal Safety (PS)	Topic strand title changed to: Interpersonal Violence (IV)	Better reflects all types of violence (e.g., bullying, sexual harassment, sexual abuse, sexual assault, dating violence, domestic violence) that may occur in a variety of relationships (e.g., peer-to-peer, family, romantic, sexual).



Erin's Law

Erin's Law* (Grades K-8)

The Comprehensive Health Education Act, often referred to as "Erin's Law", was passed in the Illinois state legislature on January 24, 2013. Erin's Law is named after childhood sexual assault survivor, Erin Meryn. This law requires that age-appropriate sexual abuse and assault prevention education is included in grades pre-kindergarten through 12.

For students grades K-5:

- How to recognize an unsafe situation
- How to respond in an unsafe situation
 - How to say no
 - How to report
- Identify private body parts
- Touches - safe, unsafe, confusing (mixed)
- Safety Rule for Touching
- 3 Safety Steps (Say "No!", Get Away, Tell Someone)
- Secrets (good vs. bad)

For students grades 6-8:

- Empowerment and Personal Body Safety
- Sexual Harassment
- Resisting negative peer pressure
- Recognizing manipulative behavior
- Healthy vs. Unhealthy Relationships
- ACT (Acknowledge, Care, Tell) in response to friends in need

*Opt-out forms have always been sent home before presentations.



Puberty Talks

- 5th grade presentation
- Candor Health Education (formerly Robert Crown) program is a **gender-specific format** (female-only and male-only) for puberty education.
 - Compares the female and male **reproductive anatomy**
 - Introduces the **physiological changes** that occur during adolescence
 - Students will increase their comfort in discussing and caring for their **changing bodies**.
- In-school field trip that parents can opt their children out of.



Health and Hygiene

- 4th and 5th grade students will participate in Health & Hygiene Talks
- Students will be reminded of the importance of:
 - Keeping their bodies clean
 - Oral hygiene
 - Wearing clean clothes
 - Healthy eating habits
 - Daily exercise
 - Getting enough sleep.

Presentation is available on the website.



Health Classes at Oak Prairie Jr. High

6th Grade Health

1. Understanding your health (changes during the teen years).
2. Skills for a healthy lifestyle
3. Mental & Emotional health/problems
4. Relationships/Promoting social health/Conflict resolution
5. Nutrition/fitness for health
6. Erin's Law & Consent

7th Grade Health

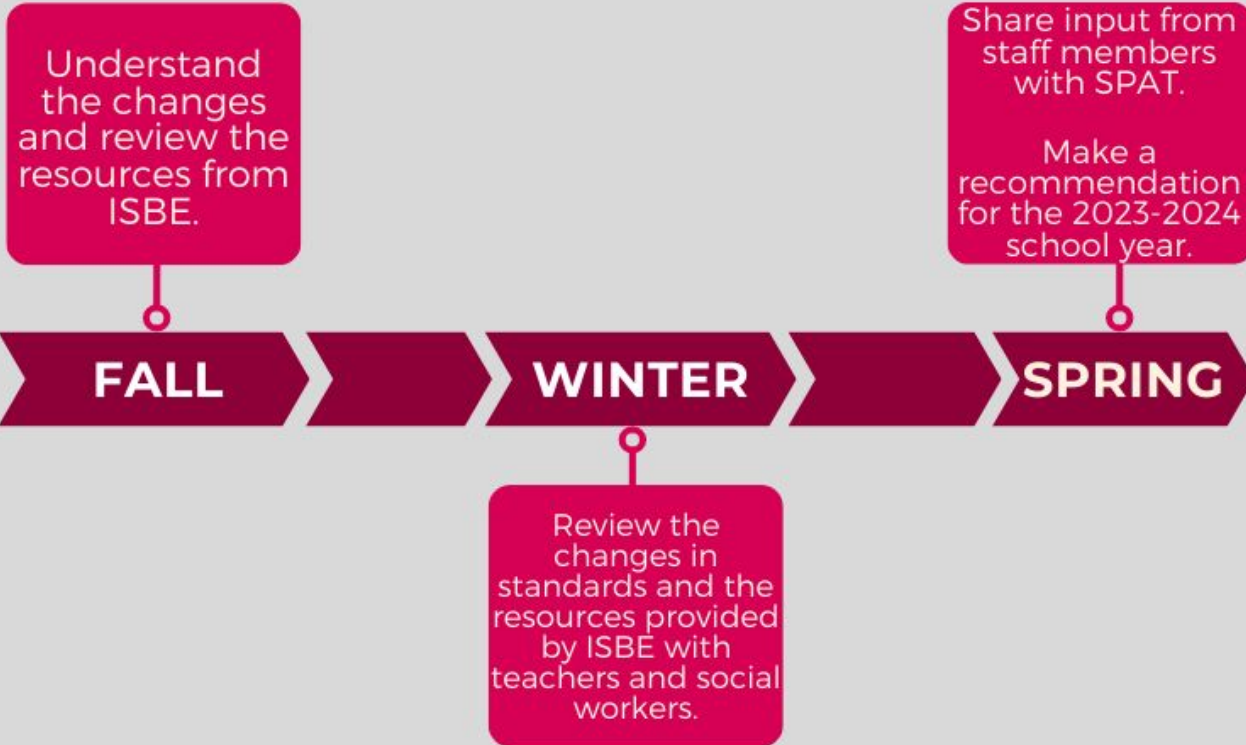
1. Bullying Prevention
2. Physical Activity & Fitness
3. Harmful Effects of Alcohol
4. Health Risks of Tobacco
5. Drug Awareness & Resistance
6. Erin's Law & Consent

8th Grade Health

1. Body systems
2. Growth & Development
3. Communicable Diseases
4. Non-communicable diseases
5. Environmental Health & Careers in Healthcare
6. Relationships: Healthy vs. Unhealthy
7. Erin's Law & Consent



Timeline





Current Resources

- [Erin's Law](#)
- [Child Lures Prevention](#)
- [Guardian Angel Community Services](#)
- [Candor Health Education](#)
- [Exemplary Sexual Education Resources \(ISBE website\)](#)
- [Sexual Health Resources \(ISBE website\)](#)
- [Be Sure Consulting with Richard Wistocki](#)
- Grades 6-8: ***Glencoe Teen Health Course 3***, McGraw-Hill, 2007.

