

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 08/01/24 29/01/24 26/02/24 18/03/24	Main	🍳 Chicken Masala Curry	🍳 Lamb Spaghetti Bolognese	🍳 Roast BBQ Chicken Dinner	🍳 Beef Chilli Con Carne	🍳 Fish Fingers
	Vegetarian	Pasta in a Tomato & Basil Sauce (VG) or Cheese	Asian Noodle Stir Fry	Pasta with Grated Courgette & Nut Free Pesto	Roasted Vegetable Lasagne	Vegetable & Bean Burrito (VG) (with optional cheese, non VG)
	Carbs & Veg	Rice & Peas	Mixed Salad	Roast Potatoes Green Beans & Carrots	Rice and Mixed Salad	Chips Peas or Beans
	Option	Jacket Potato with Beans (VG) or Cheese	Jacket Potato with Cheese or Tuna Mayo	Jacket Potato with Beans (VG) or Coleslaw	Jacket Potato with Chilli Con Carne or Cheese	GLUTEN FREE OPTION AVAILABLE ON REQUEST
	Dessert	Fruit Platter or Yoghurt	Pancakes with Fruit Compote	Cheese & Crackers	Rice Pudding	Vanilla Ice Cream Pot
Week 2 15/01/24 05/02/24 04/03/24 25/03/24	Main	🍳 Chicken in a Bun	🍳 Beef Lasagne	🍳 Roast Paprika Chicken Dinner	🍳 Chicken Biryani With side salad option	🍳 Fish Fingers
	Vegetarian	Spicy Bean Burger in a Bun (VG)	Pasta in a Roasted Vegetable Sauce (VG) or Cheese	Vegetarian Sausage in a Yorkshire Pudding with Onion Gravy	Mac & Cheese	Vegetable Sausage Roll (VG)
	Carbs & Veg	Sweetcorn & Salad Bar	Mixed Salad	Roast Potatoes Carrots & Peas	Mixed Salad	Chips Peas or Beans
	Option	Jacket Potato with Beans (VG) or Cheese	Jacket Potato with Cheese or Tuna Mayo	Jacket Potato with Beans (VG) or Coleslaw	Jacket Potato with Chilli Con Carne or Cheese	GLUTEN FREE OPTION AVAILABLE ON REQUEST
	Dessert	Fruit Platter or Yoghurt	Apple & Peach Oatie Crumble With Custard	Cheese & Crackers	Pear Sponge	Strawberry Ice Cream Pot
Week 3 01/01/24 22/01/24 19/02/24 11/03/24	Main	🍳 BBQ Chicken Pizza	🍳 Lamb & Rosemary Hotpot	🍳 Roast Chicken Dinner	🍳 Braised Chicken & Beef Sausages in Onion Gravy	🍳 Fish Fingers
	Vegetarian	Cheese & Tomato Pizza	Vegan Spaghetti Bolognese (VG)	Pasta in a Roasted Vegetable Sauce (VG) or Cheese	Vegetarian Sausages in Onion Gravy (VG)	Cheese, Onion & Potato Pinwheel
	Carbs & Veg	Mixed Salad	Rice & Broccoli	Roast Potatoes Cabbage & Carrots	Mashed Potatoes Mixed Vegetables	Chips Peas or Beans
	Option	Jacket Potato with Beans (VG) or Cheese	Jacket Potato with Cheese or Tuna Mayo	Jacket Potato with Beans (VG) or Coleslaw	Jacket Potato with Chilli Con Carne or Cheese	GLUTEN FREE OPTION AVAILABLE ON REQUEST
	Dessert	Fruit Platter or Yoghurt	Apple Crumble With Custard	Cheese & Crackers	Jam Sponge	Strawberry & Vanilla Swirl Mousse

Fresh Fruit and Yoghurt are available every day. We use locally sourced ingredients when available and in season.
All our menus are nutritionally analysed to ensure they meet and in most cases exceed The School Food Standards.

🍳 Halal Suitable, (VG) Vegan, Jacket Potato with Beans (VG)

First
week
of
spring
term