



AN EARLY COLLEGE DISTRICT
BROWNSVILLE
INDEPENDENT SCHOOL DISTRICT



YOGA

BISD Wellness Center

**FREE FOR BISD
EMPLOYEES AND
BISD PARENTS ONLY**

**Every Tuesday
& Thursday
5:30 PM**



Briana K. Hayes
Yoga Instructor

Bring your own yoga mat



UTHealth
The University of Texas
Health Science Center at Houston

**School of Public Health
Brownsville**

**For more information please call
Anisa Ramirez at 698-0073.**

