

# FIRESIDE CHAT

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December 1, 2023

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## Message from Mrs. Keppler

For those of you who celebrated, I hope you enjoyed your Thanksgiving holiday. Over the break, there were a couple of Fireside features. One was from our 5th-grade student, András Szentkiralyi, who proudly represented Fireside for a Gazette interview with the infamous Coach Deion Sanders of the Colorado Buffaloes. I highly encourage you to share this with your child for nuggets of wisdom from Coach Prime. You can view the [9News coverage of the press conference here](#), (his questions are at minutes 1:51 and 21:08).

The other clip was created by Randy Barber, the BVSD Chief Communications Officer, and will be featured in the December BVSD District SPOT Communication [Fireside Artist in Residence Mural Project view here](#).

Last, as we often get caught up in the hustle and bustle of the holidays, I wanted to share a few resources on the importance of self-compassion that our staff took time to practice and discuss

during Wednesday's Late Start. I'm currently engaged in a Leading with Compassion and Dignity series of workshops with a cohort of BVSD principals through the Renne Crowne Institute at CU. Our recent focus was on the science behind building resilience and how vital it is that we show up modeling self-compassion as a vehicle for building resilience within our kids, both as parents and educators. I'm offering a few tools and resources that were shared with staff, should you choose to learn alongside us:

- The [5 Myths of Self-Compassion](#)
- [Mindful Self-Compassion](#) - This website has many great resources on self-compassion, including research.
- [Self-Compassion Survey](#) - This is a tool developed by Dr. Kristin Neff and colleagues. You may find it a helpful reflection tool.

We have a full few weeks ahead and we're embracing the joy of the season, this includes our joy and love for learning- I hope you will join us in doing the same.

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## PTO News

### **The Fireside Giving Tree Wall**

For many Fireside families the holidays are a time for reflection, festivities, and gift-giving. For other families this can be a stressful time because they cannot afford to spend money on gifts for their children.

If you are able to help Fireside families with needs this year, look for the "Giving Tree" in the lobby. Gift requests are hanging on the wall, ready to be selected. Feel free to look at the mittens hanging and select as many as you'd like to purchase and gift. After you purchase a gift, please wrap it, attach the request mitten, and return it to the school office by Friday, December 15th. If you have any questions please contact Nina at [ninalv@gmail.com](mailto:ninalv@gmail.com).

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### **Dining for Dollars**

Why shouldn't you trust tacos? Because they always spill the beans!

**Chipotle** is giving back 33% of your proceeds to the school!

- Chipotle - 375 S. McCaslin Blvd
  - Dec 13th from 4:00–8:00pm
  - Order online/App use code **HW3QA73** (see [here](#) for instructions) or mention the Fireside fundraiser if ordering in person
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### **Spirit Wear**

Gear up for the holidays with Fireside spirit wear! Enjoy a 20% discount across our entire website during the holiday sale: <https://1stplace.sale/16776>

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### **Skate City Fundraiser Recap**

Great turnout at Skate City on Wednesday! Thank you for lacing up and showing off your roller skills - the school earned \$430.50.

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### **More About the Parent Teacher Organization**

New to Fireside or ready to get involved? Follow us on [Facebook](#), [Instagram](#), or visit the [PTO website](#) to discover the many ways to support our school.

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## **Spotlight on Specials: Music**

4th and 5th graders enjoyed an orchestra, choir, and band concert performed by 7th and 8th grade students (many Fireside alumni) from Monarch K8!

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## **Meals are still free, but meal account payment system has changed**

Free meals are still free, but the payment system has changed! Please be advised that on November 13th the Food Services

Please be advised that on November 10th, the Food Services Department switched software systems from MyPaymentsPlus to [School Cafe](#). If you have a balance on your account it will automatically transfer into School Cafe on the 13th. Meal account funds are not necessary for your student to receive a free breakfast and lunch every day, but are necessary to purchase items like second entrees, a la carte items, and side salads. Starting on November 13th, if you would like to add money to your student's meal account, you will have to create a School Cafe account and do it there. Beginning on November 11th, MyPaymentsPlus will turn off and it will not be possible to add funds to your student's account.

[Parent Sign Up Instructions](#)

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## Open Enrollment

BVSD's Open Enrollment is November 1- January 9, 4pm. Families may choose to enroll their students in a school outside of their neighborhood to begin the next school year as long as there is sufficient programming, staff and space at the school.

Selection is based on a lottery process, not first-come first-served. Because Open Enrollment is not guaranteed, district residents who choose Open Enrollment may simultaneously pursue [Enrollment in Neighborhood K-12 Schools](#) .

Fireside will have information and a tour Dec. 7, 5:30-6:30pm at our school.+

For more information and FAQ's, visit BVSD [HERE](#) and Board Policy, JECC-R - [open enrollment procedures and information](#).

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## CU Wizards - December 2

"Seeing the Visible and the Invisible:  
The Physics of Light and Color!"

**Saturday December 2, 2023**

9:30 to 10:30 am

Duane Physics G1B30

CU Boulder

During the next show, CU Wizards Gwen Eccles, along with Profs. Eleanor Hodby and Steven Pollock invite all young physicists who are interested in exploring the many ways in which light and color is experienced, explored, and exploited.

In what ways do scientists answer the question, "What is light and color?"

Indeed, light provides a window on the universe, from cosmological to atomic scales, whether it's traveling through telescopes or microscopes.

For full schedule of all the 2023-2024 CU Wizards shows...always FREE, always fun...check out the CU Wizards website & sign up to be on the monthly email reminder list: [www.colorado.edu/cuwizards](http://www.colorado.edu/cuwizards)

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## **P.R.I.D.E Awards**

Congratulations to this week's P.R.I.D.E. award winners:

Westley Landen, William Madding, Theo Clark, Anne-Sophie Bagshaw, Sapir Davis, Maddy Comstock, Carter Byers, Wilhelmina Qureshi, Gabe Caldwell, Savannah McPhail, Sadie Crowder, Owen Cheesbrough, Zoe Sadikovic, Molly Welyczko, Lila Covino, Duke Johnson, Miles Kohler, Abby Gardner, Madeline Kramer, Ashlynd Prejean, & Sophia Webb.

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SchoolMessenger is a notification service used by the nation's leading school systems to connect with parents, students and staff through voice, SMS text, email, and social media.