

# JANUARY 2024 PREP MENU

All complete meals Free throughout the  
2023-24 school year!  
Lunch Delivered Daily by 11am  
Preorder Breakfast the day before to  
be there in the morning for your student

Monday

Tuesday

Wednesday

Thursday

Friday



Happy New Year



**8** BBQ Chicken Drumstick,  
Roll  
w/ mashed potatoes  
**MICHIGAN VEGGIES**

**9** Chicken Enchiladas  
served with Rice, Pico  
Corn, Refried Beans and  
Churros

**10** Chicken Waffle  
sandwich w/ Fries  
**JET'S Pizza Day!**

**11** Buffalo Chicken Mac &  
Cheese  
Garlic Breadstick  
**MICHIGAN BROCCOLI**

**12** **1/2 Day!**  
**No Lunch!**

**15** **NO**  
**SCHOOL!**

**16** Beef and Cheese Nachos  
**MICHIGAN SALAD GREENS**  
Refried Bean

**17** Chicken Schwarma  
sandwich w/ Fries  
**JET'S Pizza Day!**

**18** Peirogi and Sausage  
Garlic Breadstick  
w/ Roasted Potatoes

**19** Orange Chicken  
w/ WG rice and Stir-  
fried Veggies

**22** Meatball Grinder  
with optional grilled  
peppers and Onions

**23** Beef & Cheese Nachos  
Salsa/Sour Cream  
Refried Beans

**24** **EGGOJI Waffles &**  
 **Chicken**

**25** Chicken Sliders  
Smile Potatoes

**26** **1/2 Day!**  
**No Lunch!**

**29** Popcorn Chicken Bowl,  
Roll  
w/ mashed potatoes,  
gravy and Corn

**30** Chicken Quesadilla  
served with Rice, Pico  
Corn, Refried Beans and  
Churros

**31** Philly Steak and Cheese  
Sub  
**JET'S Pizza Day!**

**2023-24 FREE Michigan Meals for All to students from Pre-K to 12th grade this school year!**

**Make sure to take advantage of this amazing program!**

**All complete breakfasts and lunches are FREE!**

**Only one breakfast and lunch per student per day**

**Ala carte options will be available at an extra charge - Adult Meals - \$5.50**

**1% White or Chocolate Milk are offered with all complete Breakfasts and Lunches**

**as well as a variety of Fruits and Veggies to Choose from**

248.341.5671

aramark 



## DAILY LUNCH OPTIONS!

**MONDAY - CHEESE, VEGGIE OR PEPPERONI PIZZA**  
**TUESDAY - CHICKEN PATTY SANDWICH**  
**WEDNESDAY - CHEESEBURGER OR VEGGIE BURGER**  
**THURSDAY - CHICKEN TENDERS**  
**FRIDAY - JET'S CHEESE, VEGGIE OR PEPPERONI PIZZA**  
**ALL MEALS INCLUDE FRUIT AND VEGGIE OF THE DAY AND 1% WHITE OR CHOCOLATE MILK**

**BBQ Chicken Drumstick**  
Chicken leg glazed in Sweet BBQ Sauce served with Mashed Potatoes, Chicken Gravy and Green Beans

**Chicken Swarma**  
Seasoned Chicken served on a whole grain Pita with tangy cucumber sauce and optional diced tomatoes and onions  
Served with Crispy French Fries

**Orange Chicken**  
Crispy battered chicken bites glazed in a sweet orange sauce, served over rice with Asian mixed Veggies

**Jets Pizza**  
Crispy Deep Dish Cheese Pizza with Jet's famous sauce!

**Taco Salad Bowl**  
Crispy baked Tortilla Bowl with beef or Chicken, Lettuce, and your choice of toppings  
Served with Refried Beans


**Philly Steak and Cheese**  
Shaved seasoned beef on a WG sub bun topped with melted Mozzarella cheese and optional Peppers & Onions with Fries

**Meatball Grinder**  
Meatballs tossed in Marinara topped with melted Mozzarella cheese and topped with optional Peppers & Onions with Fries

**Taco Salad Bowl**  
Crispy baked Tortilla Bowl with beef or Chicken, Lettuce, and your choice of toppings  
Served with Refried Beans

**Chicken Enchiladas**  
Seasoned Chicken and Creamy Cheese Baked in a soft tortilla topped with Enchilada sauce and served with optional toppings and Black Beans

**Beef and Cheese Nachos**  
Beef and Cheese on Crispy tortilla chips with optional toppings  
Served with refried beans

 **EGGOJI Waffles and Chicken**  
2 animated WG Waffles served with turkey sausage patties and Syrup cup

**Popcorn Chicken Bowl**  
Crispy Popcorn Chicken over Creamy Mashed Potatoes topped with Corn and Chicken Gravy

**Chicken and Waffle Sandwich**  
Crispy Chicken sandwiched between 2 Waffles with optional Coleslaw and a variety of toppings

**Chicken Swarma**  
Seasoned Chicken served on a whole grain Pita with tangy cucumber sauce and optional diced tomatoes and onions  
Served with Crispy French Fries

**Grilled Cheese Sandwich**  
Crisp, cheesy toasted sandwich served with Tomato Soup

**Chicken Alfredo Pasta**  
Al Dente Pasta topped with creamy Parmesan Cheese sauce and grilled chicken. Served with Broccoli and garlic breadstick

**Peirogi and Sausage**  
Potato and Cheese filled dumplings served with Smoked sausage and garlic breadstick

**Chicken & Cheese Quesadilla**  
Flour Tortilla grilled with white meat Chicken and Cheddar Cheese  
Served with WG Rice & Refried Beans

## FREE BREAKFAST

**Assorted Breakfasts available daily including choice of Fresh Bagels, Pop Tarts, Breakfast Breads or WG Donuts**  
**All breakfasts include a 1/2 cup of Michigan fruit, 100% Fruit juice and a 1% white or chocolate milk**

**Fruit and Veggies offered to choose from Daily**  
Romaine Salad cup, Baked French Fries, Carrots, Cut Veggie Mix, Edamame  
100% Fruit Juice, Michigan Apples, Apple Sauce, Fruit Cup  
Craisins, Michigan Blueberries or Michigan Cherries

**ALL COMPLETE MEALS INCLUDE 1% WHITE OR CHOCOLATE MILK**



**Gluten Free**  
option available per medical request-  
preorder required



**Vegetarian and Dairy Free options available - preorder required**

**1% White or Chocolate Milk offered with both Breakfast and Lunch!**

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**  
**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**