

# JANUARY 2024

## BOWERS ACADEMY MENU

Lunch Delivered Daily at 11:45am  
Preorder Breakfast Delivered ready  
when students Arrive to School

Monday

Tuesday

Wednesday

Thursday

Friday

Happy New Year

**8** BBQ Chicken Drumstick,  
Roll  
w/ mashed potatoes  
**MICHIGAN VEGGIES**

**9** Chicken Enchiladas  
served with Rice, Pico  
Corn, Refried Beans and  
Churros

**10** Chicken Waffle  
sandwich w/ Fries  
**JET'S Pizza Day!**

**11** Buffalo Chicken Mac &  
Cheese  
Garlic Breadstick  
**MICHIGAN BROCCOLI**

**12** **1/2 Day!**  
**No Lunch!**

**15** **NO**  
**SCHOOL!**

**16** Beef and Cheese Nachos  
**MICHIGAN SALAD GREENS**  
Refried Bean

**17** Chicken Schwarma  
sandwich w/ Fries  
**JET'S Pizza Day!**

**18** Peirogi and Sausage  
Garlic Breadstick  
w/ Roasted Potatoes

**19** Orange Chicken  
w/ WG rice and Stir-  
fried Veggies

**22** Meatball Grinder  
with optional grilled  
peppers and Onions

**23** **Finals!**  
**No Lunch!**

**24** **Finals!**  
**No Lunch!**

**25** **Finals!**  
**No Lunch!**

**26** **1/2 Day!**  
**No Lunch!**

**29** Popcorn Chicken Bowl,  
Roll  
w/ mashed potatoes,  
gravy and Corn

**30** Chicken Quesadilla  
served with Rice, Pico  
Corn, Refried Beans and  
Churros

**31** Philly Steak and Cheese  
Sub  
**JET'S Pizza Day!**

**2023-24 FREE Michigan Meals for All to students from Pre-K to 12th grade this school year!**

**Make sure to take advantage of this amazing program!**

**All complete breakfasts and lunches are FREE!**

**Only one breakfast and lunch per student per day**

**Ala carte options will be available at an extra charge - Adult Meals - \$5.50**

**1% White or Chocolate Milk are offered with all complete Breakfasts and Lunches**

**as well as a variety of Fruits and Veggies to Choose from**

248.341.5671

**aramark**

# DAILY LUNCH OPTIONS!

**CHICKEN PATTY SANDWICH - SPICY AND REGULAR**  
**CHICKEN TENDERS w/ MUFFIN**  
**GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS, PIZZA STATION**  
**VARIETY OF ENTREE SALADS AND**  
**GRAB AND GO SUBS AND WRAPS**  
**PLUS MTO DELI BAR AND SNACK BAR (ALA CARTE PRICING FOR SNACKS)**  
**AND MUCH MORE!!**

**BBQ Chicken Drumstick**  
 Chicken leg glazed in Sweet BBQ Sauce  
 served with Mashed Potatoes, Chicken  
 Gravy and Green Beans

**Chicken Swarma**  
 Seasoned Chicken served on a whole  
 grain Pita with tangy cucumber sauce and  
 optional diced tomatoes and onions  
 Served with Crispy French Fries

**Orange Chicken**  
 Crispy battered chicken bites glazed in a  
 sweet orange sauce, served over rice with  
 Asian mixed Veggies

**Jets Pizza**  
 Crispy Deep Dish Cheese Pizza with Jet's  
 famous sauce!

**Taco Salad Bowl**  
 Crispy baked Tortilla Bowl with beef or  
 Chicken, Lettuce, and your choice of  
 toppings  
 Served with Refried Beans

**Philly Steak and Cheese**  
 Shaved seasoned beef on a WG sub bun  
 topped with melted Mozzarella cheese and  
 optional Peppers & Onions with Fries

**Meatball Grinder**  
 Meatballs tossed in Marinara topped  
 with melted Mozzarella cheese and  
 topped with optional Peppers & Onions  
 with Fries

**Taco Salad Bowl**  
 Crispy baked Tortilla Bowl with beef or Chicken,  
 Lettuce, and your choice of toppings  
 Served with Refried Beans

**Chicken Enchiladas**  
 Seasoned Chicken and Creamy Cheese Baked in a  
 soft tortilla topped with Enchilada sauce and  
 served with optional toppings and Black Beans

**Beef and Cheese Nachos**  
 Beef and Cheese on Crispy tortilla chips with optional  
 toppings  
 Served with refried beans

**Popcorn Chicken Bowl**  
 Crispy Popcorn Chicken over Creamy  
 Mashed Potatoes topped with Corn  
 and Chicken Gravy

**Chicken and Waffle Sandwich**  
 Crispy Chicken sandwiched between 2 Waffles  
 with optional Coleslaw and a variety of  
 toppings

**Chicken Swarma**  
 Seasoned Chicken served on a whole grain  
 Pita with tangy cucumber sauce and  
 optional diced tomatoes and onions  
 Served with Crispy French Fries

**Grilled Cheese Sandwich**  
 Crisp, cheesy toasted sandwich served  
 with Tomato Soup

**Chicken Alfredo Pasta**  
 Al Dente Pasta topped with creamy  
 Parmesan Cheese sauce and grilled  
 chicken. Served with Broccoli and garlic  
 breadstick

**Peirogi and Sausage**  
 Potato and Cheese filled dumplings served  
 with Smoked sausage  
 and garlic breadstick

**Chicken & Cheese Quesadilla**  
 Flour Tortilla grilled with white meat  
 Chicken and Cheddar Cheese  
 Served with WG Rice & Refried Beans

**1% White or Chocolate Milk offered with both Breakfast and Lunch!**

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**  
**THIS INSTITUTION IS AN EQUAL OPPORTUNITY**  
**PROVIDER**

**NEW! scan**  
**code to**  
**preorder**  
**deli**  
**sandwich**



**SCAN ME**

**DELI MUST be ordered**  
**by 2pm the day before**

**FREE BREAKFAST**

**Preordered the Day Before**

**Choose from**  
**Yogurt Parfait**  
**Bagels, Muffins**  
**Cereal Bars, Cereal**  
**All Breakfasts include up**  
**to a full cup of fruit and/or**  
**100% Fruit Juice and**  
**1% white or chocolate milk**

**Fruit and Veggie Bar!**

**Offered Daily**  
**Includes Michigan Produce**  
**such as Blueberries,**  
**Cherries, Michigan Lettuce,**  
**Legumes, Carrots and**  
**Apples**  
**plus MUCH more Fruits and**  
**Veggies to Choose from**  
**including 100% Fruit Juice**

**Gluten Free**  
 option available per  
 medical request-  
 preorder required



**Vegetarian and**  
**Dairy Free options**  
**available - preorder**  
**required**