



Food for Thought Breakfast

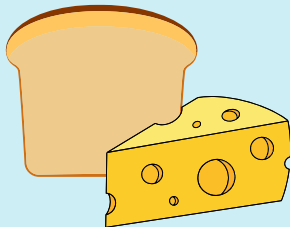
MADE TO ORDER BAR!

All Complete Meals FREE for the 2023 -24 School Year

MTO Toasted Breakfast Sandwich

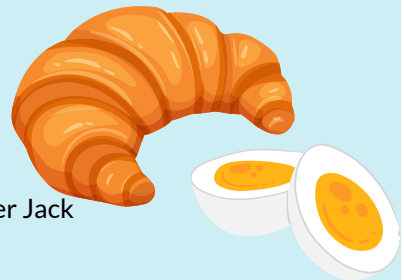
Choose Bread

- WG Croissant
- WG Tortilla
- WG English Muffin



Choose Protein

- Egg Patty
- Cheese - Swiss, Cheddar, American, Pepper Jack
- Turkey Sausage
- Bacon



MTO Yogurt Parfait

- Choose Yogurt Flavor
- Choose Fruit
- Granola or Muffin



OTHER OPTIONS

WG Donuts, Bagels, Homemade Muffins, WG Cereals, Pop Tarts, Rice Krispy Treat or Granola Bars with Cheese Stick



*All complete Breakfasts come with up to 2 fruits or
small 100% Fruit Juice and
optional 1% white or chocolate milk*
Large Minute Maid Juice w/ meal - \$1
Large Simply Juice w/meal - \$2

