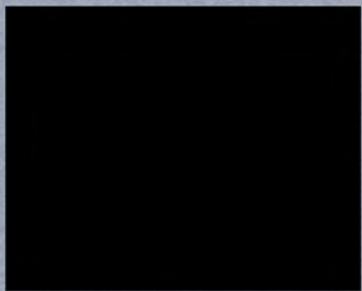


e x p o s e d

06









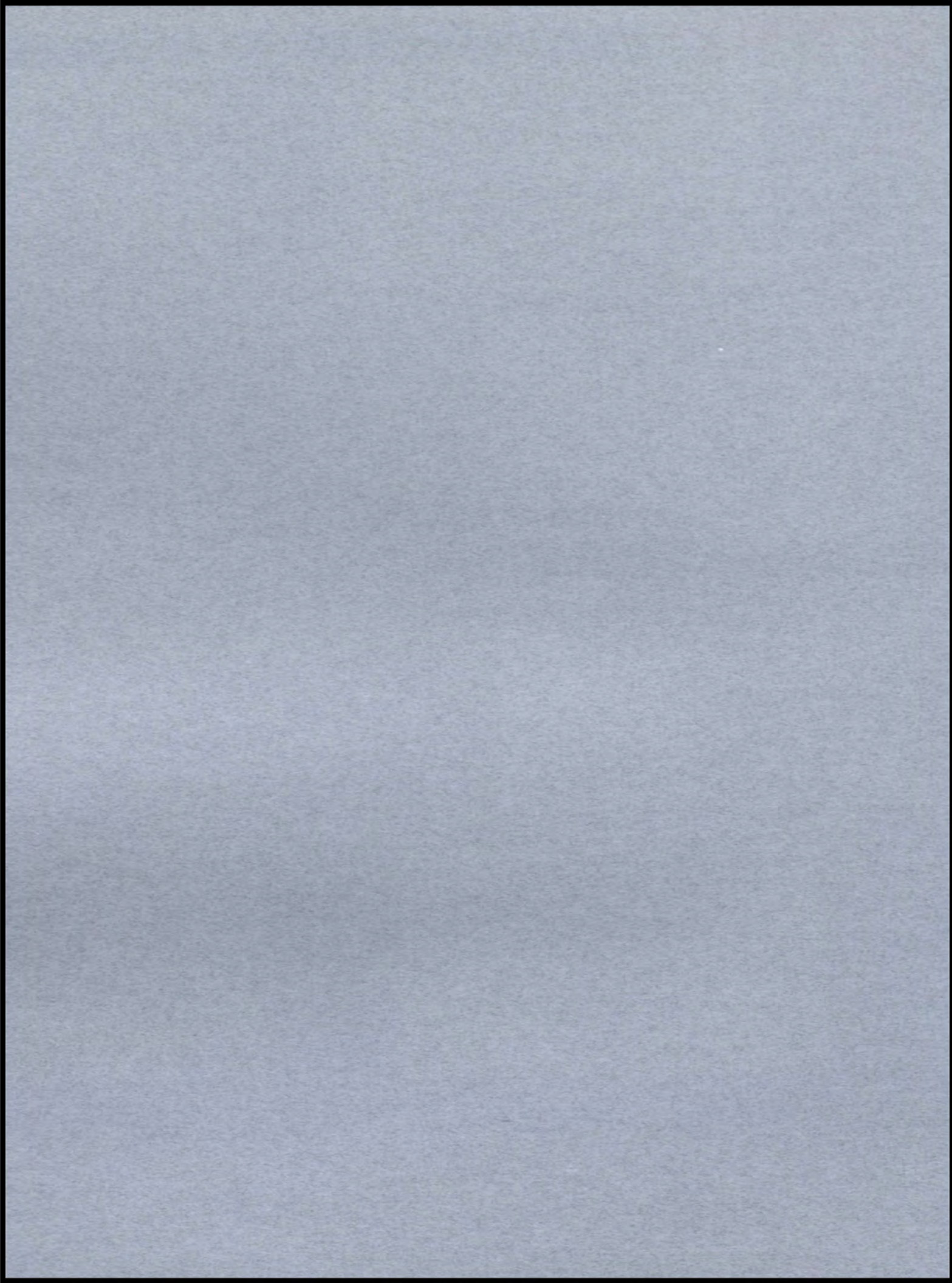
activities

academics

athletics

people







MIXING IT UP

EXERCISE YOUR MIND

GOING TO EXTREMES

EXPRESS YOURSELF

Forest Lake Area High School  
6101 Scandia Trail North  
Forest Lake, Minnesota 55025  
651-982-8400

<http://hs.forestlake.k12.mn.us>



activities

academics

athletics

people





Above Left: Senior **Lindsey Wagner** works on her CD cover design, while Junior **Joshua Peterson** glances over to get some ideas. A variety of graphic design projects were made in the Digital Imaging class.

Above Right: Senior **Patrick Taylor** powers through the defensive line, straining to block a White Bear Lake field goal.

Right: A sea of seniors, clad in maroon and gold, wildly cheer as the Homecoming pep fest gets underway. Students expressed their class unity and school spirit during the traditional year cheer and dance team performance.



Right: Science teacher **Mrs. Cynthia Riesgraf** carefully measures chemicals for lab. The hands-on experience of labs exposed students to a different type of learning and provided them with a deeper understanding of the course material.





# multiple eXposure

**Ex**posed \ik-'spozd\ adjective 1: open to view. 2: brings meaning, to be visible, and to be known.

**E**xposed has many meanings and can be perceived in different ways. We reflect this term every day, as we each have our own meanings and perceptions, allowing ourselves to be viewed or known in different ways and at various times.

Just as images on film are latent until they are developed, so are the students in our school. The vast **ex**posure to arts, literature, music, athletics, and academics helps develop students into the adults they are meant to be. Like the snapshots from a camera, our lives are made up a series of moments.

Throughout life everyone becomes **ex**posed to new people, environments, and obstacles that make them who they are. As a sophomore one is **ex**posed to a bigger school with a different atmosphere. It's the first year to prove oneself, but also comes with many new adjustments. There are many choices that must be made, and the independence can be overwhelming.

Growing older and becoming a junior has a different kind of **ex**posure. It's the age and grade where deciding what one wants to do after high school becomes important. Some have a sense of who they are and who their friends are, but become **ex**posed to heartbreak, losing friends, getting a job, being fired, getting a first car, and many more trying times. A junior becomes **ex**posed to pressure with making grades, making the team, and impressing their friends.

Being a senior is the most **ex**posing year for some. It's the final year to prove oneself to teachers, parents, and friends. A senior is **ex**posed to new obstacles with becoming an adult. Major decisions loom and the pressure to graduate and succeed are constantly present. After graduation a senior will be **ex**posed to the real world and start a different kind of life.

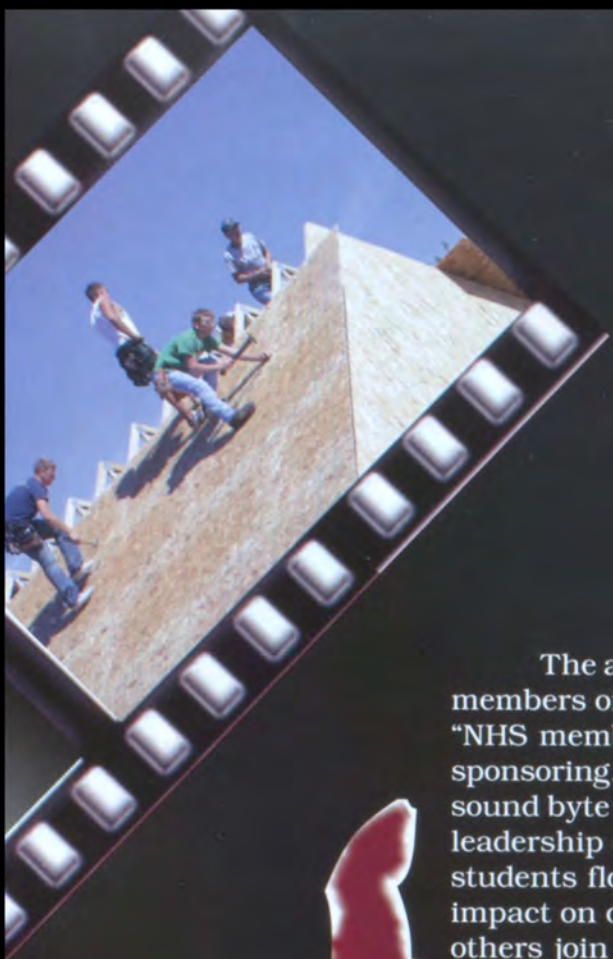
There are people along the way who influence us. We see, we learn, and we grow based on **ex**posure from our families, friends, environment, and **ex**periences. Similar to seeing a visual image in print, soon we will see how all of our **ex**posures have molded our generation.

~ Kelly Behr



Above: During Homecoming week, Seniors **Ding Thao**, **Derek Synan-Peterson**, and **Michael Horn** work as a team to ensure that everyone receives a great lunch. The week was filled with candidates pitching in and getting to know their fellow classmates.





# miXing it up

The announcements are constantly filled with reminders to members of our student organizations: "DECA has a meeting...", "NHS members should sign up...", and "Student Council will be sponsoring..." are commonly heard. These activities may be a brief sound byte to many, but in reality these groups provide extensive leadership opportunities for many of our students. Hundreds of students flock to school-sponsored activities, hoping to make an impact on our school or create a memorable event or trend. Still others join to improve social skills, flesh out résumés, or feel a connection to the large school.

Seniors **Justin Shanda**, **Markus Jadwin**, **Reggie Reinsberg**, and Junior **Richard Schmidberger** help build the new concession and ticket stand during Carpentry class. The stand was one of the many visual improvements made around the school this year.

Much of what is done by student organizations is accomplished behind the scenes. Exposing the hard work and dedication of the members of many of our students groups is a difficult task; most are not in it for the notoriety. The brief moment during which we may see these people is but a fraction of the larger idea; if we extend our focus to the broader theme, we see a pattern of leadership and commitment that is common to many who are involved in student activities.

As the acronyms rush by on our daily announcements, the students behind the letters are expediting any number of things, from dances to fundraisers to diversity activities. The plans for Homecoming, Prom, Mix-It-Up Day, and other events are formed and carried out by the members of these dedicated organizations, without which we might not know the true potential for leadership held by some of our students. The true extent of their dedication may never be known by the masses, but their resulting successes will be remembered long after their memberships have expired.

# ACTIVITIES



Students gather in the parking lot with Ragnar, the Vikings mascot, to pump up enthusiasm for the football game. Tailgating and other events were introduced this season to rally support for our team.

Seniors **Sam Esget** and **Jeffrey Brooks** paddle to shore after an Outdoor Education class excursion on Forest Lake. Students are given the chance to get out of the classroom for real life experiences.

Senior **Kelli Thompson** writes her group's Potato Lab results on the white board. Her lab group, along with the rest of **Mr. Brad Ward's** first hour AP Biology class, had just finished one of the numerous labs they completed throughout the quarter.

Weightlifting students flex their muscles after a tough session in the weight room. The attitude of those lifting was written on the wall: "Work hard or go home."





# HOMECOMING



This year, Forest Lake High School brought back an old tradition by hosting coronation on Monday evening instead of during Friday's pep fest. The change was implemented to make coronation a more formal event, as well as to allow more parents to attend. Candidates were introduced in pairs as always, with amusing stories and inside jokes providing entertainment for the audience.

Amidst the applause of proud parents and the shouted support of friends, candidates strolled across the auditorium stage before joining the rest of the court for the crowning ceremony. **Jacob Haider** and **Danielle Gibson** were given the honor, and were crowned as the 2005 Homecoming King & Queen.

~ Amanda Pilla

Above: Here is the 2005 Homecoming Royalty! They are: **Matthew Joyer**, **Derek Synan-Peterson**, **Caleb Rotach**, **Maxwell Thao**, **Jacob Haider**, **Danielle Gibson**, **Pazong Thao**, **Rebecca Keller**, **Courtney Felgen-Trenti**, and **Brittany Baron**.

Right: During Spirit week the Royalty worked very hard. They found some down time and took a few of their own pictures, showing their crazy sense of humor.



What makes you a good candidate?

**Derek:** "I'm not going to lie to you."

**Danielle:** "Lower taxes and solve world peace."



What is the best quality about your partner?

**Jacob:** "Courtney is very funny and she has a great sense of humor."

**Courtney:** "Jake always has something good to say."



How are you going to get votes?

**Maxwell:** "I'm going to be very nice and lower taxes."

**Pazong:** "I'm going to be extremely friendly."





# ROYALTY



Here are the 2005 Homecoming King and Queen,  
**Jacob Haider** and **Danielle Gibson**.

royalty  
exposed



The Homecoming Royalty show off their dance moves during halftime at the football game.



**Maxwell Thao** struts his stuff at one of the local elementary schools. The spirit bus stopped at all seven elementary schools and two junior highs.



**Brittany Baron, Courtney Felgen-Trenti, and Matthew Joyer** bow down to the king and queen as they enter Southwest Junior High.

What makes you a good candidate?

**Caleb:** "My partner."

**Becky:** "My partner."



What is the best quality about you partner?

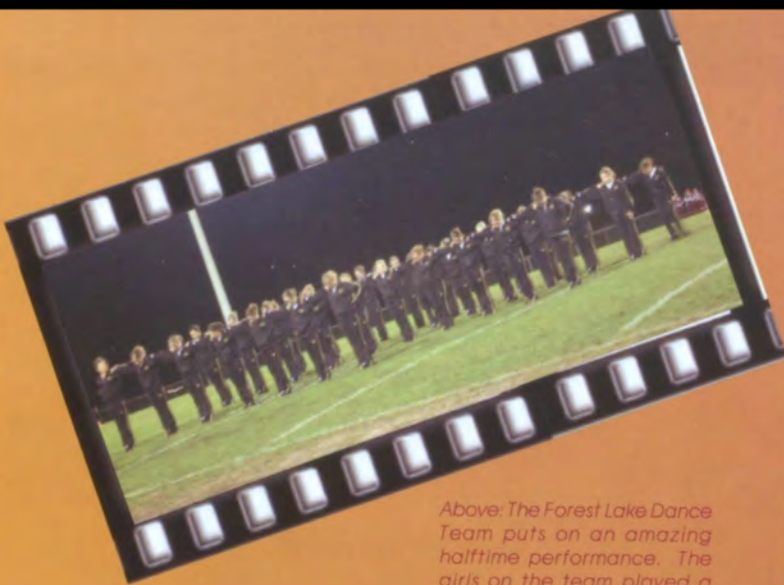
**Matt:** "Brittany's best quality is that her smile always brightens my day."

**Brittany:** "Matt's best quality is his personality."





# Rowdy Rangers



Above: The Forest Lake Dance Team puts on an amazing halftime performance. The girls on the team played a huge role in pepping up the crowd.

A whole week has been leading up to this night. It is the night that every high school football player lives for: the Homecoming football game. Fans come hours early to tailgate beforehand and show their support for the Rangers. Inside the game, one can feel the energy and excitement from the crowd as they huddle together for warmth in the stands. Everyone is decked out in maroon and gold, and as both teams walk onto the field, the anticipation grows.

Even though the Rangers fell quickly behind Lakeville

South, they played their hearts out till the end. Die-hard fans never gave up, and supported the team the whole game. Covered in mud, sweat, and tears, the Rangers score a touchdown in the fourth quarter, making the final score 33-7, in the Cougars' favor.

The Rangers may have not won the game, but it was never really about the score. It was truly about school spirit, poignant memories, and love for the game.

- Kaleigh Brooks

Below: Sophomore **Luke Daninger** gets ready for the upcoming play. Daninger played defensive end during the varsity season.



Above: Brrr! Seniors **Sean Tilton**, **David Gauerke**, and **Jordan Lewis** take it off for the Rangers. The guys painted 'Rangers' across their chests to show their support.

Above: The Rangers hustle back onto the field after halftime. They knew they had to work even harder the second half to try to capture the lead.

Left: Sophomore **Luke Daninger** goes after the Cougars as Junior **Logan Robinson** deftly runs around the madness.





Left: Junior **Lucas Munkelwitz** flies past a Cougar as Juniors **Brett Johnson** and **Logan Robinson** get in the mess and protect their teammate.

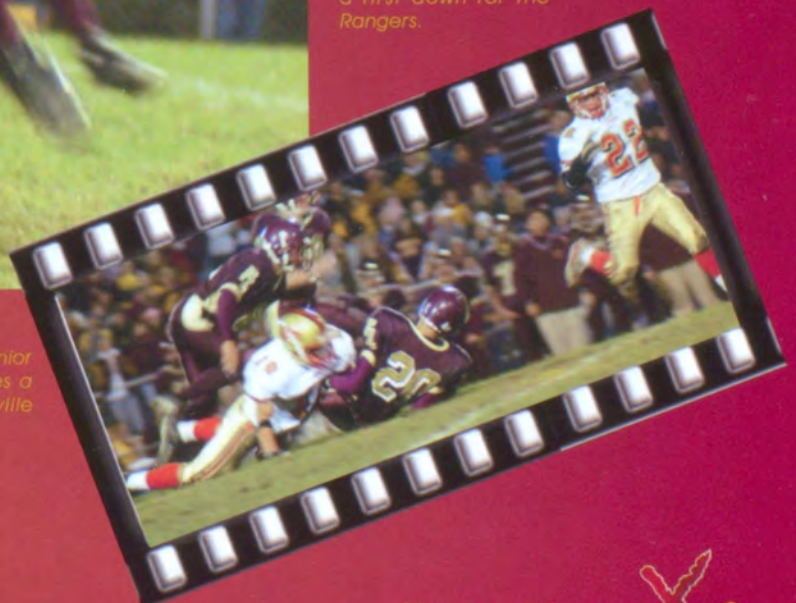


Right: That's gotta hurt! Junior **Matthew Hansmann** takes a hard tackle from a Lakeville South Cougar.



Above: The Homecoming Royalty parades across the football field during halftime. King nominees **Matthew Joyer**, **Jacob Haider**, and **Caleb Rotach** threw candy out to fans.

Left: Junior **Trip Schultz** outruns the Cougar defense to gain a first down for the Rangers.





# Homecoming 2005

The week of Homecoming was one of the most exciting weeks for the student body as a whole. So what is it about Homecoming that appealed to the average student? "Spirit bus was always fun," stated Senior **Ashley Kirberger**. Junior **Jennifer Ziemann** added, "The Ranger dance during halftime was really fun!"

This year's Homecoming week was filled with the traditional spirit days, and Friday was the culmination of the weeklong celebration. The intensity and excitement for the football game built throughout the week. By

Friday, it was impossible to escape the maroon and gold that had infiltrated the school. Although Friday had a lot of spirit as always, participation in other events and dress-up days had decreased over the past several of years.

In the hopes of focusing more on the school spirit aspect of the week, extraneous events and dress-up days will likely come to an end with this year's Homecoming. It is the end of one era and hopefully the beginning of a fresh, new tradition.

~ Lianna Bydalek

**WEDNESDAY:** Sophomores **Christopher Pignato** and **Nicholas Running** bring out their heraldo side on Superhero Day.



Below: Seniors get pumped for the game during the afternoon pep fest.



Right: Got school spirit? The Merchandising class helps share their school spirit by selling maroon and gold beads at lunches throughout the week.



Senior **Jason McMillen** rolls out of bed and off to school for Get Up and Go Day.



Junior **Travis East** helps take down pep fest decorations in the mezzanine.



**MONDAY:** Casually comfy, Juniors **Alexandra Piasecki** and **Stephanie Haider** and Senior **Anna Johnson** wear their favorite pajamas for Get Up and Go Day.



**TUESDAY:** Juniors **Amy Johnson**, **Kirsten Ericson**, **Aichon Yang**, **Amanda Nelson**, and **Katelyn Dobiha** sport their concert T-shirts.



**THURSDAY:** Sophomores **Krystal Plouff**, **Kelsey Blum**, and **Cassandra Carpenter**, Junior **Kyla Lindstrom**, and Sophomore **Christina Newell** support their teams on Jersey Day.



**FRIDAY:** Seniors **Jacob Lipp**, **Sam Esget**, **Mitchell Kroska**, **Michelle Secor**, **Jessica Swenson**, and **Kelly Bohnen** sport their maroon and gold before the big game.



Below: Decked out in their class shirts, Juniors **Donae Medenwaldt** and **Tyann Lovas** relax with Sophomores **Tanya Olesen** and **Alyssa Birdsall**. Big brother, Senior **Travis Olesen**, came to give them all a big hug.



Below: Seniors **Joseph Durant**, **Jessica Glesner**, and **Patrick Taylor** get their dance on at the pep fest, getting everyone pumped for the big game.



Below: Screaming their hearts out, the class of 2007 valiantly battles the class of 2006 for supremacy in the year cheer.



Below: With the spotlight shining and all eyes on her, Senior **Amanda Sigfrinius** sings 'Because of You' at the Friday afternoon pep fest. Students held up illuminated cellular phones to create a concert-like atmosphere in the darkened gym.



Above: Senior **Stefanie Shogren** rustles up some school spirit as the Spirit Bus cruises through Century Junior High School. This was the first stop on the day-long venture.

Left: Junior **Rylie Olson** and Senior **Krista Skoglund** paint the town with other Student Council members on the Saturday before Homecoming week. This tradition helped involve the entire community in celebrating Homecoming.





# Up Close and Personal

## student council

Seniors **Pazong Thao**, **Hilary Framke**, **Allison Garrity**, and Junior **Kari Colucci** working hard to make the school year fun! They helped create a great year. "Student Council wouldn't have been the same without them," exclaimed Junior member **Amanda Nelson**.

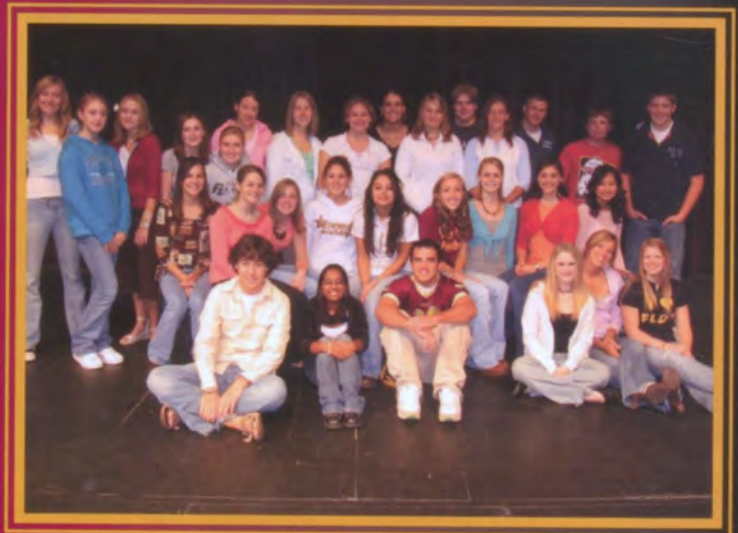
If one were to ask any Student Council member which day out of a five day week is their favorite, it would be, without a doubt, **Tuesday**. Nearly every Tuesday at 7:00 a.m. (yes, in the morning!), there is a Student Council meeting. During this time the students that were chosen to represent our school all come together and brainstorm ideas to help make our school year fun and exciting.

Although every member is needed for a complete success, with Senior Co-Presidents **Caleb Rotach** and **Alexander Boerum** in charge, events are successful and well planned. Their personal touch is evident in events such as Homecoming

week and Winter Wonder week. During these weeks every day has something new to bring excitement to our long, tortuous days! They also sponsor dances and the blood drives. Many students volunteer themselves to give blood and the overall amount given is truly overwhelming. Student Council is there, up close, helping collect the much-needed supply.

The fun memories that are had at school would be limited if it were not for Student Council. The effort which is brought forth by each Student Council member helps make each year a memorable one.

~ Amanda Sigfrinius



**Front Row:** Caleb Rotach, Kari Colucci, Alexander Boerum, Rachel Piersdorf, Hilary Framke, Alyssa Moberg. **Row 2:** Katelyn Dabihal, Rylie Olson, Kimberly DeMars, Carrie Peterson, Ashleigh Morgan, Stefanie Shogren, Heidi Bolenbaugh, Rebecca Keller, Pazong Thao. **Row 3:** Jessica Duffy, Nicole Olson, Abigail Sauer, Ellen Schaffan, Allison Beebe, Samantha Cole, Pamela Nora, Amanda Nelson, Allison Garrity, Caroline Streufert, Christopher Bombeck, Krista Skoglund, Travis East, Andrew Rugar, Frank O'Neil.



Senior President  
**Alexander  
Boerum**

**Q:** Why do you think you became president?

**A:** "I am a people person and I have a lot of good ideas."



Senior President  
**Caleb Rotach**

**Q:** What does leadership mean to you?

**A:** "Being someone who can serve, being organized and being able to make things happen!"



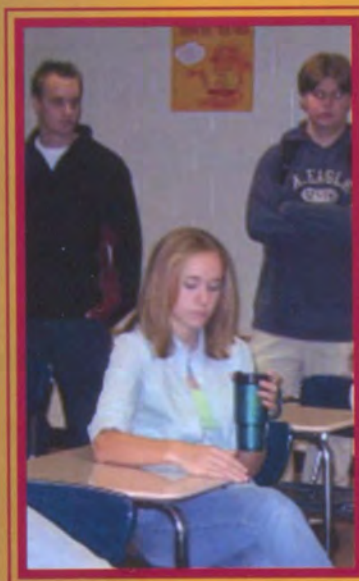


Seniors **Pamela Nora**,  
**Krista Skoglund**, and  
**Allison Beebe** focus on  
the next big event and  
what they could do to  
help.

Senior **Rachel Piersdorf**  
and Junior **Heidi  
Bolenbaugh** intensely  
concentrate on putting  
Homecoming week  
together. What a great  
success it turned out to  
be!

Juniors **Samatha Cole**  
and **Kimberly DeMars**  
enjoy their meetings  
together, thinking of  
great ideas to bring up to  
the rest of the members.

Below: Juniors **Amanda Nelson** and **Carlie  
Peterson**, Seniors **Madelynn Kohs** and **Allison  
Beebe**, and Junior **Rylie Olson** have a great  
time pointing out some new ideas for the next  
event of the year.



Senior **Matthew Lindholm**,  
Junior **Christopher  
Bombeck**, and  
Sophomore **Abigail Sauer**  
relax awhile before the  
early morning meeting  
starts. Later on they  
realized that relaxing  
in student council is not  
allowed!





# A Musical E



Right: Dolly, played by Senior **Rachel Piersdorf**, makes her triumphant first appearance to the Harmonia Gardens since her husband's death. She is welcomed with a stunning chorus number by the waitstaff of the restaurant. The song they sing is appropriately named, "Hello Dolly!"



**Matthew Joyer**  
as  
Ambrose  
Kemper



**Ellen Anthony**  
as  
Ermengarde



**Kyle Vandenberg**  
as  
Horace  
Vandergelder



**Rachel Piersdorf**  
as  
Dolly Levi



# travaganza

ONE of the first signs of fall is when the temperature drops and the leaves start to change color. Another event that has become a sign of autumn is the fall musical. *Hello Dolly!*, a story about a matchmaker doing her job, was the billing for this year.

When one enters the auditorium, one enters a place that many theater kids will come to call their home away from home. One observes a group coming together to put on a great show. These actors spend countless hours working and playing hard inside of those brick walls.

For those who have ever been in the auditorium, one notices that time has no effect while an audience is in there. Not only is the place timeless, but the characters played by the actors can almost be magical.

One can watch as the most quiet and reserved person comes out of their shell on the stage. One can see someone else take on a leadership role in order to help the show get on the right track. The greatest thing that theater does is provide a place for students to act as they wish without judgment or ridicule, which is a rare thing to come across these days.

The experience comes to its final curtain: the show was great, memories were made, and good times were shared by all. The extravaganza closes, but the magic lives on.

~ Matthew Joyer



Left: In the high-energy restaurant scene, Senior **Kyle Vandenberg** is disgusted with Eastern-talking Junior **Brittany Falkers**. Falkers played Ernestina Money in the production.



Left: The foursome listens to Junior **Scott Isaacson** during the restaurant scene. Isaacson played the German-influenced maître d' of the Harmonia Gardens.



**Caleb Rotach**  
as  
Cornelius Hackl



**Caitlin Sapa**  
as  
Irene Malloy



**Paul Joachim**  
as  
Barnaby Tucker



**Paula Regnier**  
as  
Minnie Fay



# TECH CREW : The X-Factor

Below: "Agh!" Senior **Paul Joachim** yells in angst as he struggles to make a difficult cut with the jig saw. Joachim also played **Barnaby** in the show.

**D**ressed in black and moving across the stage in complete stealth are the dedicated movers and shakers of the theater. The Tech Crew for this year's musical, *Hello Dolly!*, were responsible for the never-ending task of suspending the disbelief of the dramatic stage.

One may believe it is the actors or the director that achieve this, but without an imaginative set, charismatic costumes, and ingenious lighting designs, the acting doesn't have a leg to stand on. So they turn to the people that can make it happen: the Tech Crew. They are those behind the scenes, who navigate the stage in the dark, sweat in a stuffy light booth, or tend to costumes with sore fingers. They dedicate their Saturdays to the set and have been known to be after school up to 9 hours slaving over lighting cues. They get their satisfaction from a job well done.

Their job is never over until the curtain closes at the end of the run. Even then there are sets to be struck down to rubble again, costumes to be organized, lights to be reset, and floors to clean. This season they hurdled many obstacles and succeeded in pulling off a great show. They busted it to make the theater arts an enjoyable and memorable experience, and are the true heroes of the stage. They are the X-factor.

~ Caleb Rotach



Above: Watching his fingers, Junior **Zachary Berg** makes a precision cut into a flat with a skill saw. This was Berg's third year doing tech work.

**Row 1:** Karyn Williams, Victoria Yeager, Brittany Falkers, Caleb Rotach, Matthew Joyer. **Row 2:** Kyle Vandenberg, Ian Simpson, Amanda Luke, Zachary Berg, Kathleen Peterson, Alchon Yang. **Row 3:** Paul Joachim, Maggie Myre, Karn Severson, Jessica Kelley, Leigh Severson, Emily Spanjers, Justine Brodin.



Far Left: The clock reads 1:30 a.m. and Sophomore **Leigh Severson** is feeling the drain. Severson was the light board technician during the musical.

Above: All production starts with a clean slate. This stage was the blank canvas for the tech crew.

Left: The best supporting actor is the set. Seniors **Karn Severson** and **Matthew Joyer** bond while fixing up a large set piece. These dedicated few often worked 7-10 hour days building the set.



# QUIET ON THE SET!

## AUDITIONS

students find process to be challenging yet rewarding

High school is all about being yourself. But for a select few, it is about pretending to be someone else. These students are the actors and actresses of the school plays.

It is not as easy as one may think to act like someone else. Many hours of long work and memorization go into just the auditions. And going through auditions does not even mean the actor will make the final cut!

More than fifty students tried out for the fall musical this year, and twenty auditioned for the one-act play. Depending on the size of the play, between twenty and forty students usually get onto the cast.

Junior **Caitlin Sapa** has acted for many years through Youth Performing Arts (YPA). The fall musical, *Hello Dolly!*, was her second high school performance. "I don't get very nervous before auditions," **Sapa** said. "But if it's a main part, I do feel a little nervous. It all depends on the part," she

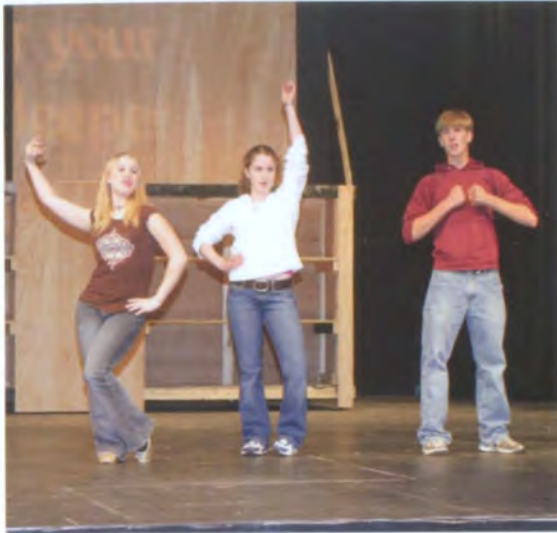
added.

**Sapa** also talked about preparing for auditions. "I would read the script many times," she explained. "Then I would practice it in front of my family. For *Hello Dolly!* I also had to practice my singing voice!"

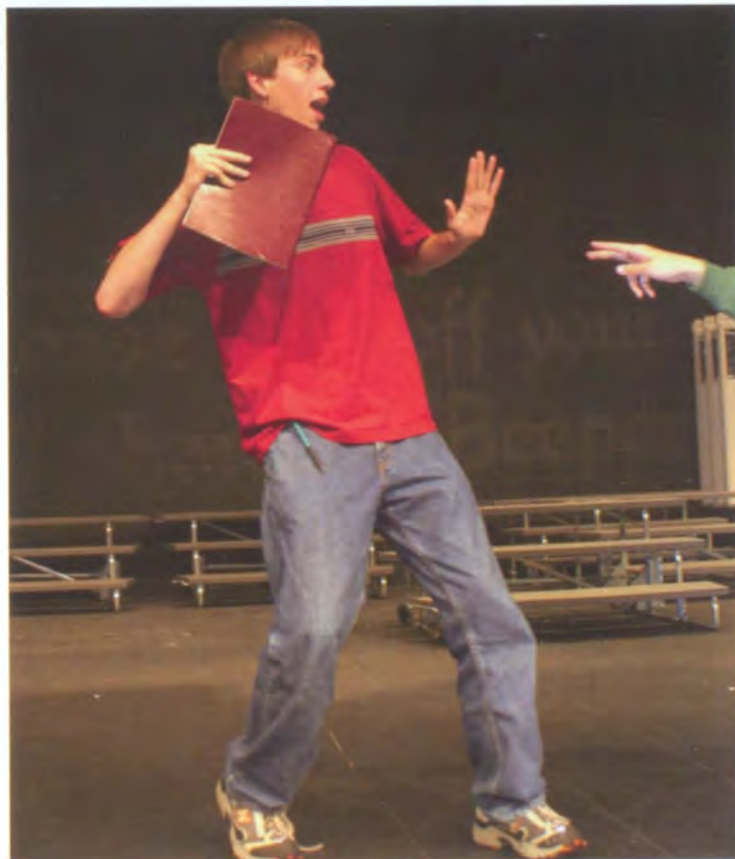
Senior **Todd Arrigoni** also had a part in *Hello Dolly!*. It was his first high school play, but surprisingly he was not too nervous for tryouts. "If I mess up in an audition, I just keep going. I don't delay the performance," he stated.

**Mr. Timothy Newcomb**, who has been directing plays for nine years, gave a few tips for someone wanting to get into acting. "Make sure you choose a character that suits your ability," **Newcomb** advised. "Memorize the script, but also practice the emotions and actions of the character. You must be willing to take risks. But most importantly, come to the auditions prepared!"

~ Kaleigh Brooks



Senior **Rachel Piersdorf**, Sophomore **Ellen Anthony**, and Senior **Matthew Joyer** practice their dance moves for *Hello Dolly!*. The entire cast had to get their singing and dancing down perfectly before the show.



Left: Juniors **Caitlin Sapa** and **Paula Regnier** practice their lines back and forth. "It's very important to actually feel the part of the character," **Sapa** mentioned.



Far Left: Hey now! Senior **Paul Joachim** gets animated. The play was not just about memorizing the script, but the cast also had to bring the characters they portrayed to life.

Left: Senior **Sarah Stout** reads over the script before rehearsal. Stout's part had to be perfectly memorized in the one-act play.



Sophomore **Rebecca Thraen** and Senior **Casey Johnson** find themselves becoming their characters during rehearsal after school.



Above: Senior **John Loeffler** takes in the thrill of being on stage where lines are first rehearsed.

Right: Senior **Sarah Stout** and Sophomore **Rebecca Thraen** energetically work their way through an initial reading of the script.



## ONE ACT PLAY

**Front Row:** L. Krengel, R. Thraen, C. Johnson, S. Stout, V. Yeager. **Row 2:** J. Loeffler, M. Wiggins, I. Simpson, M. Myre, K. Williams, K. Vandenberg. **Row 3:** T. Arrigoni, T. Peterson, J. Kelley, K. Severson.







While looking off at the action happening elsewhere, Seniors **Sarah Stout** and **Casey Johnson** remain in character themselves.



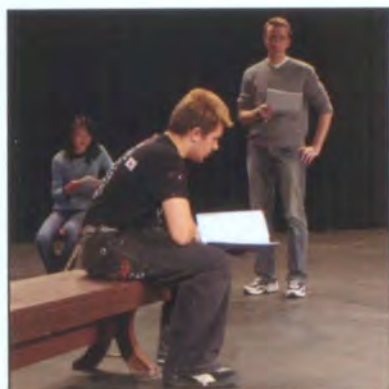
Costumes organizer Senior **Jessica Kelley** and props organizer Senior **Maggie Myre** search through the costume loft to find the perfect outfits for the show.



Student Director Senior **Karn Severson** sits ready to prompt the actors when they need help with their next lines.

# A Play in One-Act

by Matthew Joyer



Director **Mr. Andrew Waldron** fills in at rehearsal to help Junior **Michael Wiggins** familiarize himself with his scenes.

A glimpse into another world and a different life, that's what theater is for many people. It is a place for them to find who they are or who they can become. It is a place where disbelief is suspended while talent shines through. The One-Act is another chance for more people to get the theatrical experience. A one-act play is shorter than the fall musical and the spring play, and is a program that gives students a chance to get involved at many different levels. It is a safe place for people to try out their acting skills or to further their theatrical careers. All of these wonderful qualities have helped the Forest Lake Theater program grow and continue to grow

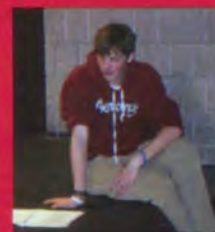
every year. This year's production was John Fletcher's play, *The Tamer Tamed*, a sequel to the Shakespearean comedy, *The Taming of the Shrew*. Through the direction of **Mr. Andrew Waldron**, a handful of talented students brought this witty comedy to stage through their wonderful acting. They took this show from just being a story about a woman that takes charge in a man's world, and turned it into something that could be called their own. They competed with *The Tamer Tamed* against other schools in our section. The unique cast was female dominated, not only in numbers, but in their ability to control the opposite sex. The females dominated the men in this classic tale of female independence. Timeless and elegant, as many other Fletcher plays are, this play in oneact was one to remember.

## The Interviews

### John Loeffler

What was your favorite part about this show?

"I love the characters, the fun things that come up, and the hidden meanings in the words."



### Victoria Yeager

What was your favorite part about working on this show?

"It would have to be working with Mr. Waldron on the set."

### Kyle Vandenberg

What is your favorite part about being on stage?

"Just then energy and the fun times that are had on stage."







Speech Coach **Mr. Timothy Newcomb** fakes his flashy smile. Newcomb has coached the Speech Team for eight years and has been the Head Coach for four years.



Senior **Paul Joachim** tries to fake out his opponents by wearing sunglasses indoors. Joachim went on to the semifinals in his competition.



Senior **Elizabeth Powell** and Junior **Jake Partyka** cannot believe what the other is saying! Giving prepared speeches was as easy as an everyday chat for this conversant duo.

# Learning To Speak Your Mind

by Kelly Behr & Angela McKinnon

## Some Thoughts from the Speech Captains:



**Caleb Rotach**

"Hot Pockets!"

**Paul Joachim**

"Would you please  
like a doughnut?"



**Rachel  
Piersdorf**

"Talk to the wall,  
'cause the face  
ain't listening."



Most people have had to overcome the fear of speaking in front of a large group at least once or twice. But the students on the Speech team thrived on such an activity, and put in a lot more effort to be successful. Speech team members took massive amounts of time to have another successful season, giving speeches day in and day out. They competed every Saturday, rain or shine, getting up at 6:00 a.m. ready to speak. In addition, team members were always dressed for the occasion, since looking sharp was an important part in each speech presentation. Some students spoke up to eight times a day at these massive state-wide and sometimes nation-wide tournaments. Thirteen categories were represented on this year's team, showing its depth and ability to compete on many levels. Some categories dealt with interpretation of literature, while others created their own works of art. The team has won sections 23 years in row, and that legacy was a motivating factor for the team as the season geared up. They took trips to Iowa and Florida early in the season in preparation for the competitive season. Many underclassmen have joined Speech, prompting coaches and teammates to form a tremendously strong and optimistic outlook for the future of the program. "Speech is a new experience and a challenging one, but well worth it," said first year speech member Senior **Pazong Thao**, who placed very well in the last two tournaments. With the new amount of students competing at a young age this year, the future is looking for bright and experienced for coming years. Speech has a reputation for success and excellence and this year proved to be nothing different.



Seniors **Pazong Thao** and **Shawna McNamara** critique Senior **Maxwell Thao**. Speech etiquette and presentation were two of many aspects of speech that were practiced throughout the year.





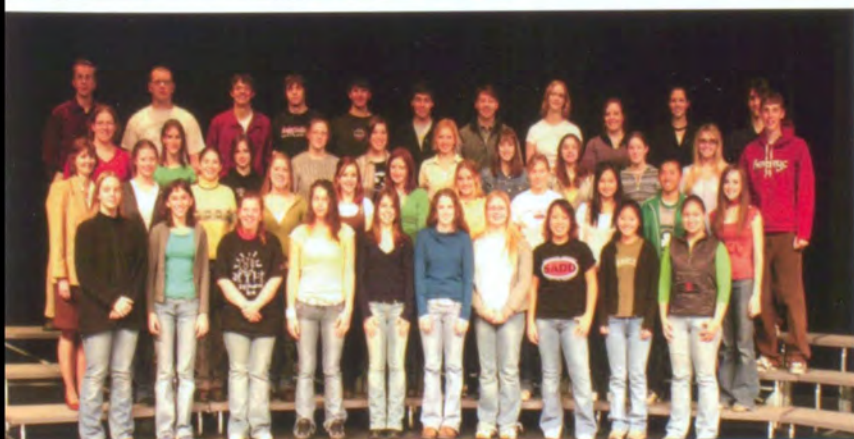
Speech girls Junior **Rebecca Zierke**, Senior **Rachel Piersdorf**, Junior **Katherine Monberg**, and Senior **Caitlin Sapa** take a break between speech rounds. The group had an excellent start to the season in Florida.



Above: With victory on their minds, the team gathers for last minute support. This was the team's first meet in Fort Lauderdale.



Left: The team lives it up on the beaches of Fort Lauderdale. The trip to Florida was a success from a speaking standpoint, and provided much-needed relaxation.



## SPEECH

**Front Row:** V. Nerud, A. Pooch, E. Powell, M. Jandrich, S. McNamara, E. Anthony, C. Royce, A. Yang, K. McArdle, K. Peterson. **Row 2:** Coach B. Haven, L. Severson, E. Spanjers, L. Jacob, N. Nolden, M. Talgren, B. Clark, K. Swedin, P. Thao, M. Thao, P. Regnier. **Row 3:** Coach R. Madson, R. Thraen, G. Becker, A. Bosman, M. Buttler, E. Wagner, V. Yeager, K. Peterson, D. Bergantine, B. Falkers, J. Loeffler. **Row 4:** Coach A. Waldron, J. Rosshell, K. Vandenberg, J. Partyka, C. Rime, C. Rotach, Coach T. Newcomb, R. Zierke, A. Luke, C. Sapa, Z. Berg.



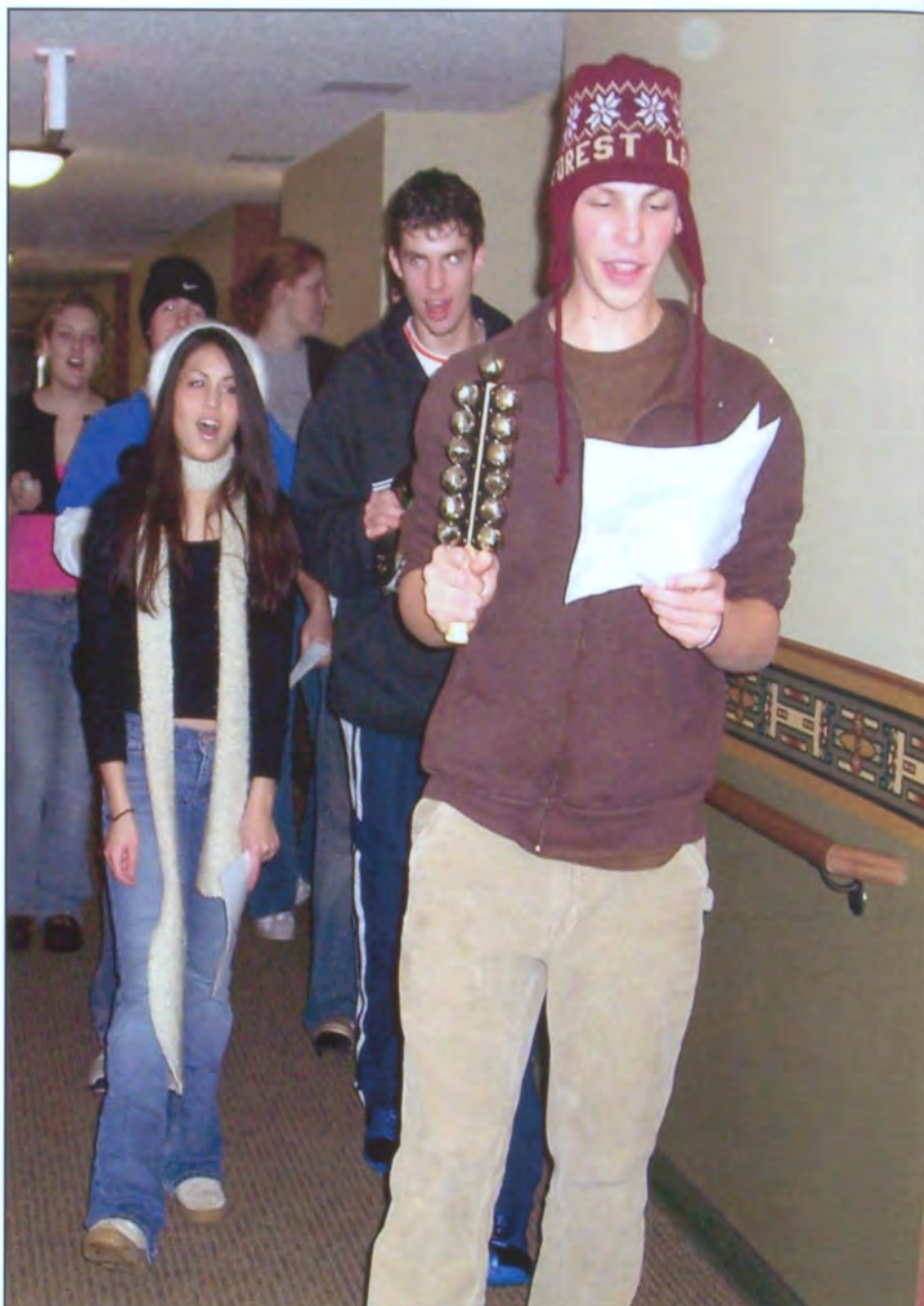
Seniors **Jacqueline Kling**, **Jacob Haider**, and **John Loeffler** deck the halls with a resounding chorus of 'Jingle Bells.' These volunteers spent an entire Saturday caroling in local nursing homes.



Above: Junior **Kelsey Robinson** and Senior **Lorraine Wolfe** 'break it down' at the four hour dance-a-thon. The event helped raise money for local food shelves and The Helper Organization.



Right: Wishing all a 'Feliz Navidad', Seniors **Jenna Schuder**, **Paul Rosman**, and **Tyler Lichtscheidl** walk the halls of Birchwood. Many such community service projects were completed by NHS this year.



## NATIONAL HONOR SOCIETY

**Front Row:** K. McArdle, S. Stout, C. Johnson, R. Keller, P. Thao, N. Schroeder, S. Pignato, L. Wolfe. **Row 2:** M. Haseltine, C. Rhein, R. Dina, J. Kling, C. Carpenter, A. Sigfrinius, M. Mattison, A. Beebe, K. Haines, D. Medina. **Row 3:** K. Skoglund, A. Haupt, J. Palacheck, T. Olson, E. Stolberg, A. Radtke, A. Xiong, A. Marquart, T. Steiner, D. Kendrick, J. Kalhagen. **Row 4:** J. Mitchell, K. Severson, J. Schuder, H. Schuhwerck, L. Dunrud, P. Hughes, J. Alexander, A. Garrity, E. Magnuson, C. Rupar, N. Robertson, D. Cromwell.







Seniors **Angela Radtke** and **Jaleh Galehdari** follow along in their music while caroling. They were with other dedicated NHSers who brought the joy of the season to area residents.



Seniors **Shawna McNamara**, **Erik Stolberg**, and **Rachel Piersdorf** do a jive at the dance-a-thon. Most members raised about twenty five dollars each.



Seniors **Heather Grundhofer** and **Allison Beebe** are percussive with their caroling enthusiasm. They put smiles on all the retirees with their joy filled songs.

# Honor

## At Its Best

by Caleb Rotach



Seniors **Renee Dina** and **Christina Rhein** categorize messages and treats on Valentine's Day. The popular Crush Grams were once again sold by NHS, and were delivered to students throughout the building during fourth hour.

**H**onor. The quest for it is Hancient. The loss of it is devastating. The gratification of possessing it is endless. The students of the National Honor Society were in all ways deserving of the recognition that came with being in this nationally prominent organization for high school students. These students, who were selected by a small committee made up of our faculty, were the crème de la crème of the Class of 2006. Volunteerism was the credo that they lived by. NHS'ers worked to raise money for people in poverty, those in Hurricane Katrina's wake, residents in area nursing homes, and many more worthy

causes. They held special events like the dance-a-thon and the dodge ball tournament to raise money. This year's NHS brought a unique attitude of servitude and a diverse group of individuals. Led by four fine officers, these honorable students shared their gifts and their desire to help with our community. Senior **Tara Olson** said, "It's a great experience." Often they did not have the opportunity to see the direct results of their work but they work diligently nonetheless. Senior **Shawna McNamara** exclaimed, "It's really rewarding to help others." With 50 students clocking in over 250 hours of volunteer work amongst them, these students were well deserving of the title "honorable".

## The Officers

**Joseph Mitchell**



"I hate quotes."  
- Emerson

**Renee Dina**



"I don't have any quotes."

**Rebecca Keller**



"Can't you just put my face in there?"

**Kayla Haines**



"Helping others is the best thing you can do."





At the flag dedication in November, FFA members proudly stand at attention and pay their respects. The FFA has long partnered with the VFW to recognize the contributions of our area's veterans to our community.



Senior **Ann Miron** poses with Governor Tim Pawlenty and First Lady Mary Pawlenty at a temple in China in November. Miron was one of only seven students statewide selected to join the governor's delegation.



Sophomore **Alyssa Wick** carefully transplants small shrubs in preparation for the Minnesota State Fair, where the FFA sponsors a competitive booth at the fair each year. The 2005 theme was "Multi-Season Gardens".

# Diversity

## Breeds Respect

by Samantha Aune & Nicholas Willcoxen

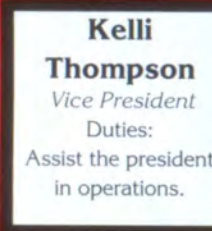
### DUTIES OF THE OFFICERS



**Ann Miron**

*President*

Duties:  
Run meetings,  
organize and  
oversee operations.



**Kelli Thompson**

*Vice President*

Duties:  
Assist the president  
in operations.



**Brian Tazuell**

*Treasurer*

Duties:  
Keep records of  
receipts and  
disbursements.



One student organization that grew quickly over the last few years was FFA. What was once "Future Farmers of America", a group for only farmers, has expanded dramatically. In fact, only a few percent of FFA members are actually farmers or planning on a farming career in the future. So what drew so many students to the organization, if not farming? Junior **Amanda McGowan** explained, "I like that it's well-rounded; there's so much you can do!" Indeed, FFA was much more than just learning about the land for many of its members. Its focus included a wide range of academic pursuits and hands-on experiences. "It's an inspiring program that encourages young minds to pursue passions outside one's normal zone of comfort," said Senior **Nicholas Warnke**. "In the process, students get to interact with new people and develop leadership and communication skills." These skills were put to use at many FFA events throughout the year. At the Washington County Fair in August, dedicated FFA members worked the malt stand and cohosted a children's barnyard with the Stillwater FFA. Nearly twenty members participated in the annual chapter camp. "The camp," noted Advisor **Mr. Mike Miron**, "gives students the chance to plan the upcoming year's events, and it builds leadership skills." One unique thing about FFA was the complexity of its membership. There was a wide array of events and interests represented, which draws students from many parts of the school community. This diversity was a big part of FFA's success. **McGowan** noted, "There's lots of different kinds of people. With diversity comes respect; people who are different find themselves on common ground in FFA."



Junior **Amanda McGowan** and Senior **Erin Bengston-Noyes** coordinate their efforts during the annual Ag Olympics. Hurdles were cleared and obstacles overcome in the teamwork building event.



Stick 'em up! Fun loving Seniors **Ashleigh Morgan** and **Nicholas Warnke** take a break and cool off during FFA's summer chapter camp.



Above: Senior **Ashley Maurer** and little brother **Matthew** hold a baby goat at the Washington County Fair. The Fair ran during the first week of August, and numerous FFA'ers attended and worked.



Left: Junior **Sunitha Bonfe** controls the wheel at the Camden Park grounds. Bonfe and others participated in the annual FFA chapter camp in June.

## FFA

**Front Row:** D. Vang, D. Kaiser, A. Maurer, B. Tauzell, A. Miron, K. Thompson, S. Bonfe, A. McGowan, H. Lininger, D. Tomnitz. **Row 2:** Mrs. V. Ward, J. Westlund, S. O'Connell, J. Lutz, M. Schumacher, K. Miron, N. Nolden, M. Tulgren, K. Mowan, K. Carlson, K. Fischer. **Row 3:** Mr. M. Miron, M. Medina, E. Bengston-Noyes, C. Scholer, J. McKusick, K. Zalusky, T. Johnson, K. Larson, A. Marquart, C. Boldt, S. Morgan, P. Spratt. **Row 4:** Mr. R. Marzolf, S. Marois, N. Warnke, B. Elfelt, A. Collar, A. Mollen, T. Osterbauer, K. Tyler, A. Morrison, E. Bartusch, A. Hedlund, M. Hechtel.





Below: Prior to the second round of debate, Senior **Elizabeth Powell** practices her researched points with fellow team member Senior **Tara Salverda**.

Right: Junior **Amanda McGowan** was one of the top debaters on the team. McGowan found success as a debater in the policy category.



Right: Sophomore **Danielle Clark** is prepping for a competition. She spent many hours in preparation for several different tournaments.



Right: Sophomore **Caitlin Jensen** and **Sarina Hannon** review results at the Coon Rapids Invitational in November. The feedback helped competitors focus on a certain area to improve, such as delivery, before the next tournament.



Far Right: Junior **Jacob Roshell** looks over his notes before the debating. Roshell later received the speaker award at Flake Stakes, the Forest Lake Invitational.



## Exchanging Viewpoints

by Zachariah Clark

Argumentation is an art form that has been around since Cicero and the Romans discussed the Republic on the floor of the Roman Senate. The debate team carried on that torch of fine discussion. The debaters had an acute sense of what was going on in our country and our world. They fine tuned their skills to incorporate knowledge, logic, and emotion to convey their attitudes. To debate relevant topics, such as the war on terror, debaters had to be able to argue both sides of the issue. They made their cases as strong and fact-driven as possible to win the judge's

favor in each round. When asked why she joined Debate, Senior **Elizabeth Powell** replied, "I always liked arguing!" But debate was not about who could shout the loudest; rather, it was a refined oratory on a specific line of thought. And the hardest thing about debate? Senior **Tara Salverda** replied, "...Filling up the time when you get the side that has a weaker position." As the demand for those who are able to argue effectively increases in the world, the students of debate have prepared themselves to carry on the torch.



### DEBATE

**Front Row:** E. Powell, T. Salverda. **Row 2:** Coach R. Madson, A. McGowan, L. Zimmerman, M. Raatz. **Row 3:** Coach B. Swanson, D. Clark, J. Brown, S. Hannon, B. Knaak, E. Habisch, H. Lininger, S. Joyce, S. Langenbach. **Row 4:** C. Jensen, D. Bergantine, L. Dick, K. Schneider.



# Delta Epsilon Chi Association

by Zachariah Clark

## DECA

**Front Row:** N. Cheikh, C. Carpenter, L. Carlson, M. Mollet. **Row 2:** A. Morris, K. Tyler, M. Mattison, J. McAllister, Coach J. Bullock. **Row 3:** E. Chmielewski, J. Raasch, E. Morris, R. Ahmann.



The world of business is constantly changing, and the only people who will last are the ones who can keep up. The students of DECA were dedicated to those problems of the business world that our country and world are faced with on a regular basis. Students became involved in DECA for a number of reasons. "Business has always been interesting to me," stated Senior **Alexis Morris**. The students of DECA competed with schools from across the state to develop creative and organized ways to run various business scenarios. Their success

came with dedication to the study of business elements as well as diligent work. Senior **Chelsie Carpenter** noted that, "It will be great for my future if I want to go into business." DECA gave these individual students the opportunity to experiment in the field without the risk of a fallout. This year's team was well led, and it showed in their execution. A good mix of veterans and newcomers came together and conquered their tasks, many clutching trophies proudly. This DECA team proved that they could keep up, if not keep ahead, of the competition.



Left: Juniors **Rebecca Ahmann** and **Jennifer McAllister** discuss the service project they presented for a new company. This was the first DECA competition for both.



Left: Sophomores **Leela Carlson** and **Nabil Cheikh** maintain a positive outlook while they prepare for the competition.



Left: The DECA team takes a lunch break to refuel for the afternoon competition. The DECA competition was held at the Radisson Hotel in St. Paul.

Above: Sophomore **Matthew Mollet** and Seniors **Alexis Morris** and **Chelsie Carpenter** prepare a product pitch demo to present for a panel of judges. They made it through to the finals.



# Raising Expectations

by Angela McKinnon & Kelly Behr

With awareness an uphill battle, and society constantly influencing its teens, the S.A.D.D. group continued to educate students on smart decision making. S.A.D.D. (Students Against Destructive Decisions) was led by **Mr. Chuck Moses** and **Ms. Judy Hill**, and met regularly to discuss issues such as drunk driving, smoking, and many other tough decisions faced by teens. "It keeps our school aware about issues that teens face," said Junior **Samantha Langenbach**. The group once again sponsored a yellow ribbon campaign, which helped students remember the

importance of not drinking and driving, an issue that has touched the lives of far too many of our students in the past few years. On one memorable day, S.A.D.D. gave bandanas to a select number of students, who walked the halls without talking. The mute students represented just a fraction of teenagers nationwide who had perished at the hands of drunk drivers in the past year. Seeing a real classmate walk by, almost like a ghost, was meant to get the powerful message of S.A.D.D. across to students: Make good decisions - we are raising the bar on expectations, and keeping it there.

Right: Advisor **Mr. Chuck Moses** writes down information shared by Junior **Joshua Erickson**. They brainstormed ways to improve the program's effectiveness.



Far Right: Senior **Eve Seelig** makes yellow ribbons. This was a reminder to students about the consequences of drinking and driving.



Above: Sophomore **Kathryn Bor** gets supplies out for the next project. The members of SADD put in a lot of their own time outside of school to improve the program.

Right: Sophomore **Nabil Cheikh** and Junior **Samantha Langenbach** talk to other group members about a drinking and driving awareness campaign.



## STUDENTS AGAINST DESTRUCTIVE DECISIONS

**Front Row:** P. Vana, E. Powell, S. Langenbach, K. Swedin, C. Miller, E. Enriquez, A. Yang, A. Anderson. **Row 2:** Mrs. J. Hill, N. Cheikh, P. Bratsch, A. Tomlinson, L. Dick, J. Yang, S. Michalek, K. Bor, L. Petrulo. **Row 3:** H. Lininger, E. Monson, L. Quale, A. Sperle, A. Bernfeld, J. Erickson, A. Haupt, J. Thomas, B. Daniel. **Row 4:** C. Slowinski, M. Walters, M. Mollet, J. Alexander, R. Ahmann, J. McAllister, C. Pignato, N. Running, M. Tulgren, Mr. C. Moses.



Right: Advisor **Mr. Chuck Moses** leads the students in a discussion about their next activity. They came up with the idea to continue giving out red ribbons to remind students to make smart choices.







"S.E.E.D. is a place where you can come express yourself," said Advisor **Ms. Holli Hebl**. "Everyone is included and welcomed, no matter who they are."



Left: Junior **Kathleen Peterson** resets the media center chairs after the Winter Wonder Week movie night wraps up. The event featured a film that focused on issues of racism and intolerance.

Below: Junior **Tracey Kress** ponders the wonder of Mix-It-Up-Day. The event demonstrated just how easy it was to make new friends and eat lunch at the same time!



Left: Meeting new people can be stressful, but Juniors **Jennifer McAllister**, **Elissa Palmer**, and **Catelin Hintzen** smoothly run the show on Mix-It-Up-Day.

Far Left: Game on! Junior **Michael Wiggins** and Senior **John Loeffler** battle it out after movie night in the media center.



#### SEEKING EDUCATIONAL EQUALITY AND DIVERSITY

**Front Row:** K. Peterson, K. McArdle, D. Bergantine. **Row 2:** S. Hasic, E. Palmer, T. Hunter, J. McAllister, Ms. H. Hebl.

## Reality check

by Kelly Behr & Angela McKinnon

Seeking Educational Equality and Diversity; the name of this group and its goal are one in the same. S.E.E.D. is a group of students that gathers to discuss diversity within our school. They strive to make students feel equal and welcomed. With activities such as *Mix-It-Up Day*, students were able to safely step out of their comfort zones to meet new people. Most had not have even seen or talked to each other before. "We strive to improve the environment of our school, and make it a better place," commented Junior **Danna Bergantine**.

The group met most weeks and went over some of the challenging realities of diversity in our school. "We talk about issues with racism and diversity in general," said Senior **Travis Hunter**. Watching such movies as *Save the Last Dance* helped the group view racism in a different, contemporary light, and led to thoughtful and productive conversations about how a difference can be made in our own school. The goal of equality and diversity in our education system is undoubtably a big one; S.E.E.D. made headway one step at a time.



Below: Yet another strike! Junior **David Golffon** tallies a few points for the team. The Rangers maintained a high level of energy and sportsmanship throughout the competition.

Right: Senior **Richard Scherz** gives a happy wave at the spring track and field meet. Decked out in his Ranger gear, Scherz clearly showed his school pride.



Right: Sophomores **Kirsten Johnson** and **Laura Patch-Solheid** enjoy themselves during the match. The team's chemistry was a major key to their success.



Right: Sophomore **Micah Riter** soaks up the glory from his top finish. Many team members had their chance to stand atop the winner's podium.



Far Right: Senior **James Keen** shines in the limelight after his first place score. The accomplishments of the team were numerous during the two-part sports season.



**Let Me Win,**  
but if I cannot win,  
let me be brave in the attempt.

by Samantha Aune & Nicholas Willcoxon

The athletic team that had more pride and heart than any other at our school was undoubtedly the Special Olympics Team. This program worked with students with disabilities, helping them accomplish many goals and connect to those around them. Very often, these students were not able to be directly involved in other school activities and classes, which made the Special Olympics experience all the more important. Coach **Theresa Gibson** explained, "They feel that they're a part of a high school team, like any other athlete. They feel like

it's their school, too." Not only did Special Olympics offer its participants an excellent learning and competing environment, but it brought out the best in other students. **Gibson** noted, "Lots of student volunteers were involved in the program," which led to even greater connections for the teammates to their peers. This spirit of sportsmanship was a big part of the team's success; the skills learned and friendships made proved invaluable throughout the season, and will continue to guide these athletes into the future.



## SPECIAL OLYMPICS

Front Row: D. Golffon, L. Patch-Solheid, K. Johnson. Row 2: B. Herberg, M. Horn, M. Riter. Coaches: T. Gibson, J. Hreha, J. Tinklenberg, S. Olson.



## Worldly Experiences

**Front Row:** D. Schave, T. Nerud, C. Williams, A. Sausen, A. Daman, A. Tomlinson, A. Ihrke, A. Spiess, K. Peterson, S. Evgen, L. Powell, C. Garin. **Row 2:** E. Enriquez, A. Pooch, L. Severson, K. Williams, W. Moua, T. Xiong, K. Jandrich, K. Lodge, M. Jandrich. **Row 3:** N. Janus, K. Schmidt, M. Kohs, R. Ahmann, M. Wiggins, J. McAllister, B. Kiehne, S. Larson, L. Stoffer, M. Hauge, C. Vining, K. Uhl. **Row 4:** A. Heemann, N. Bernfeld, A. Estes, R. Muzzy, A. Bernfeld, A. Christianson, C. Haylock, J. Thomas, B. Cadwallader.



To see and know the world around us is a challenge; to do so as a high school student is even tougher. So how did some of our students broaden their cultural horizons without ever leaving the school? They did it by joining International Club. Lifelong Forest Lake students joined in with our foreign exchange students to make one of the most diverse groups in school. The group placed a high emphasis on respect for each other and for each others' cultures. Members had the chance to share in each other's experiences and to unite in a common set of goals. Not only did it

give its members tasks to complete, but International Club also acted as a social connection. "I made friends there, and it was a place to feel welcome," stated Junior **Jessica Suonvieri**. The group performed a number of public service projects, such as Project Blanket. Students worked together for several weeks to make six to ten fleece blankets a day. "They were donated to hurricane survivors and to a local women's shelter," noted Senior **Beth Kiehne**. The items were symbolic of what the club was all about: connecting people to people, and leaving geography at the door.



Left: Juniors Alicia Lindgren and Samantha Evgen take a break from making their blankets for "Project Blanket" during the winter season.

Far Left: Advisor **Mrs. Annie Dahl** sits down with some club members at the December meeting. Senior **Lea Stoffers** looked on as they got rolling.



Left: Reflecting the many nationalities it represents, the sign for the International Club bulletin board is made from a variety of colors.

Above: Smile big! Sophomore **Alexa Ihrke** and Senior **Amanda Daman** pose for a picture while working at an International Club meeting.



# Helping Those in Need

by Jacquelyn McKusick & Lianna Bydalek

How does a regular high school student change the world? It can begin with joining a club designed to do just that, such as Interact Club. Interact stands for "international action". Interact Club exists in 110 countries and has over 8,600 clubs worldwide. Each club helps out with local service projects and fundraisers to improve the community and its schools. The Interact Club's first service project was Holiday Drive '05, a collection effort for food, money donations, and toys. Donations were sent all over the world to those who are less fortunate. "Helping people we don't even know, in the end it's

always better for them and us", noted Junior **Lisa Blume**. Many of the Interact members expanded their education by learning about different kinds of cultures and developing a strong work ethic. Besides helping others, Interact Club gave members a chance to make friends in the community, school, and all over the world. It was about, "Helping the community in any way, or visiting a nursing home so the elderly have company," commented Sophomore **Victoria Nerud** "And to know that someone out there does care."

Right: Senior **Michelle Secor** gathers gift boxes from all the homerooms. The leading gift giver was Mr. Jim Lindstrom's homeroom.



Far Right: Junior **Jeremy Koshl** holds boxes filled with gifts for the Holiday Drive. Hundreds of items were collected, making the fundraiser an overall success.



Above: Junior **Ashley Sperle** sorts out the collected items. Gifts were gathered, sorted, and wrapped every day for two straight weeks.

Right: Senior **Chelsea Sager** gets the boxes ready by wrapping them. These boxes were placed in homerooms for a free will student donation drive.



## INTERACT CLUB

Row 1: V. Nerud, H. Berg, A. Yang, B. Baron, M. Secor. Row 2: C. Sager, N. Sanders, S. Simons, S. Pignato, J. Swenson. Row 3: E. Chmielewski, L. Blume, K. Hauble, J. Koshl.



Right: Students donated a variety of gifts to families in need. These gifts were sent all over the world, touching the hearts of people in the farthest corners of the globe.







Left: Sophomore **Amanda Sausen's** graphite piece focuses not only on detailed elements like line, but also on the aesthetics of form.



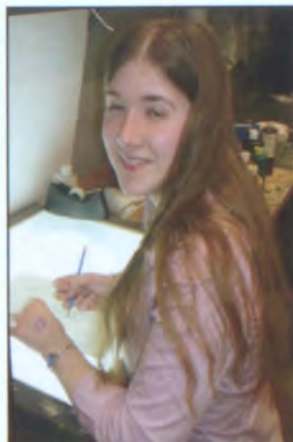
## ART CLUB

**Front Row:** S. Reely, W. Moua, A. Larson, A. Sausen. **Row 2:** S. Johnson, N. Tetrault, L. McGee, M. Johnson, L. Zimmerman.



Left: Senior **Sarah Reely** glances away from the light table in surprise. Art Club members utilized equipment and materials after school to create their masterpieces.

Below: Sophomore **Madeline Johnson** delicately applies watercolor paint to an in-progress canvas. "I wanted to do something I enjoy," Johnson explained about joining Art Club.



Left: Sophomore **Laretta McGee** applies the finishing touches to a landscape scene done in acrylic. Sophomore **Amanda Sausen** sketched at a neighboring work station.

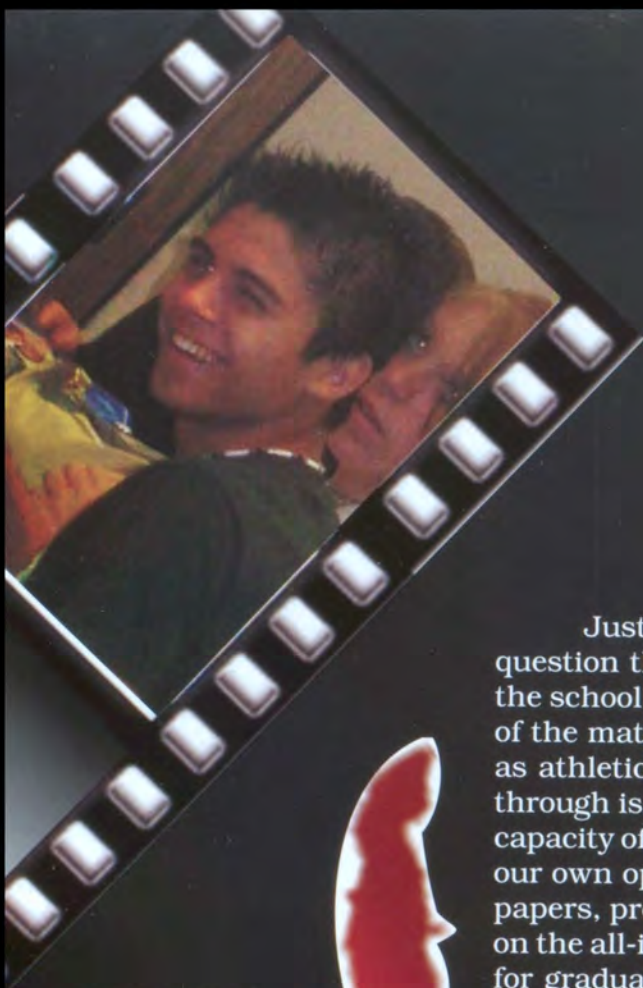
Far Left: Sophomore **Kendra Jaeger** reworks a swirled element in a graphite drawing. Art Club gave artists a great deal of freedom, including the ability to work in selected mediums.

# If Walls Could Speak

A bright splash of color beckoned from the end of the hallway. More than just mortar, brick, and Arizona White paint, the walls of our school offered a glimpse into the souls of current and past students. They not only enclosed and directed students from one part of the building to another; these walls engaged students to think. How did they accomplish such a feat? The walls spoke; or at least, the art hung upon them did. Over the years, student artwork has been showcased in the corridors of the school. This proliferation of beauty came mainly from students in Art Club. "This club gives students access to supplies and suggestions,"

stated advisor **Mrs. Maria Kaiser**. With registration requirements hamstringing student schedules, Art Club also gave a few students an artistic outlet they could not get during the school day. "I wasn't able to take as many art classes as I wanted," noted Senior **Sarah Reely**, who joined Art Club to get her art fix while at the same time taking the courses she needed for graduation. In many respects, Art Club allowed its members a chance to be heard, without ever uttering a single word. Indeed, the power of art translated from the building's walls to the our student body in many ways. If our walls *could* speak, what a story they would tell.





Junior Bryce Motschenbacher grins, getting caught in the act of hard work in Design Basics. Students in this Art Department class completed several introductory art assignments, including an optical illusions drawing and a thematic collage.

# eXercise your mind

Just what *does* it take to learn? This is the fundamental question that drives students, teachers, and staff throughout the school year. Learning occurs in many ways, and the truth of the matter is that academia is just as stressful to the mind as athletics are to the body. The **eXercise** we put our minds through is rigorous, demanding, and **eXacting**. We stretch the capacity of our abilities, striving to take in new ideas, formulate our own opinions, and articulate those feelings in the form of papers, presentations, and projects. We must make the grade on the all-important state standards **eXams**. Credit minimums for graduation and college entrance requirements add to the **mix**, and soon we are **eXtending** ourselves even more.

The school **eXperience** is different for every student; some **eXcel** in reading, literature, and composition, while others feel more comfortable learning musically, artistically, and spatially. There are the logical, mathematical learners, and the hands-on, **eXperiential** learners.

The possibility to gain **eXpertise** in a certain area is available. New classes are written to diversify the current offerings, allowing students to become better prepared for the ever-**eXpanding** types of jobs in tomorrow's workplace.

So what *does* it take to learn, and to ensure that the knowledge is relevant in the future? It takes a set of teachers to encourage and critique, a student willing to **flex** some mental muscles, and an environment that allows for both variety *and* rigor in the learning process.

**Excellence** is the goal, and we reach higher every day to achieve it.

# ACADEMICS

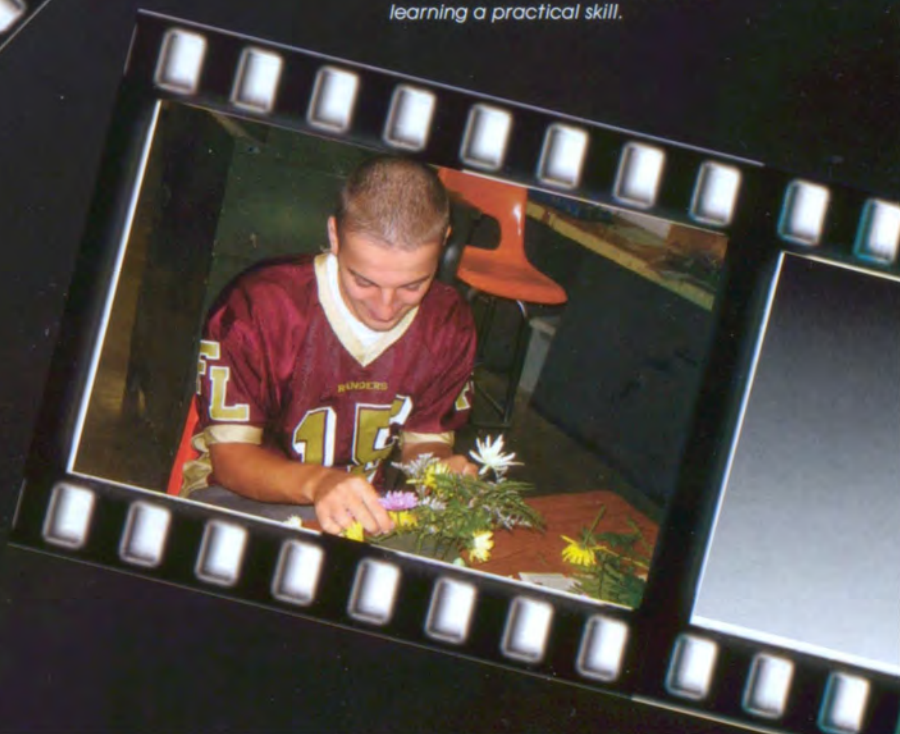


Seniors **Erik Amundson**, **Craig Carpenter**, and **Jacob Ramsden** fine-tune their carpentry skills in the Industrial Technology Department. Students were responsible for several large projects, including the building of a scale model home.

Junior **Wylie Freeman** and Sophomore **Jessica Pogorelce** diligently transfer their room measurements to graph paper in Interior Space & Design. Students in this FACS Department course utilized measurement skills to successfully draw the classroom floor plan to scale.

Senior **Stevie LaBarre**, wielding a highlighter with a vengeance, marks important points in the Student Services Office. Many students filled up their class schedules by working as office aides, teacher assistants, or independent study students.

Senior **Muhamed Halavac** painstakingly combines several types of flowers to achieve a pleasing visual effect. The Agriculture Department's Floral Design class offered students a chance to be creative while learning a practical skill.





Seniors **Amanda Pilla** and **Kelsey Callahan** remain focused and concentrate as the next deadline approaches. The two worked together on the faculty and staff pages.



Above: Senior Editors **Eric Chmielewski** and **Kelly Behr** problem solve on the phone with YB Pro! tech support. The editors often dealt with the challenges of making a completely digital yearbook.



Right: Junior **Kristi Buerkle** and Senior **Amanda Sigfrinius** examine a page from the '04-'05 Forester. The pair were hard at work on the third deadline.



## FORESTER YEARBOOK

**Front Row:** A. Anderson, C. Rotach, M. Joyer, E. Chmielewski, K. Brooks. **Row 2:** T. Olson, K. Callahan, Z. Clark, N. Willcoxon, S. Tilton, L. Bydalek, R. Borglum. **Row 3:** A. Sigfrinius, A. Pilla, K. Behr, A. McKinnon, S. Aune, K. Buerkle, J. McKusick.







Senior **Samantha Aune** shares Senior Pics results with excited classmates. Being in charge of Senior Pics was one of Aune's favorite things to work on.



Seniors **Sean Tilton** and **Tara Olson** look at a baby pic for the Ads for Grads section. Together they tackled the tedious task of scanning all baby and senior pictures into the yearbook.



Juniors **Kaleigh Brooks** and **Lianna Bydalek** and Senior **Jacquelyn McKusick** work on their double page spreads. All corrections had to be made in order to meet the deadline.

# The Forester

## 05-06 Exposed

by Kristi Buerkle & Tara Olson



Senior **Nicholas Willcoxen** and Sophomore **Alyssa Anderson** check over the proofs of the activities section of the yearbook. They had to watch out for spelling mistakes, misplaced photos, and any other inconsistencies.

Receiving a yearbook is one of the things that many students often look forward to as the year comes to an end. It contains the countless memories and events that happened over the course of the school year. Yearbooks are often cherished and looked at for years to come. Who hasn't looked at a parent's or relative's old yearbook and had a good laugh? During the year, the *Forester* yearbook staff met third hour every day to create the yearbook that is now held in your hands. Some people think being in yearbook is a breeze, but as Senior **Amanda Sigfrinius** exclaimed, "It's intense!" Many do not realize that a yearbook's concept, theme, and layouts are all created the summer before the school year. Yearbook Advisors **Mrs. Maria Kaiser**

and **Ms. Diane Dugas** went with Seniors **Eric Chmielewski**, **Kelly Behr**, and **Samantha Aune** to yearbook camp at St. John's University. Do not laugh - yes, there is yearbook camp, and it is where the 'Exposed' theme was created. Once school started, the *Forester* staff got into the full swing of things and started creating these pages. The staffers learned how to write captions, get awesome interviews, and take interesting pictures. This year was especially challenging for the staff due to the new technology used and all the learning and problems that go along with it. Despite all the hard work required, Senior **Kelsey Callahan**, who joined the staff at the beginning of second quarter, explained, "I have no regrets about joining yearbook, I wish I would have joined sooner!" Having a hand in creating something as timeless as a yearbook is a wonderful experience. The final product of all our hard work is now exposed for everyone to see!

### Some Thoughts from the Forester Editors:

**Eric Chmielewski**

"I enjoyed exposing myself!"



**Kelly Behr**

"I like long walks on the beach, White Castle slider burgers, and bologna."

**Caleb Rotach**

"Run, Forester, run!"







The journalism class takes a break from the computer lab to learn how to write editorials. Many students did not realize that journalism is more than just producing a newspaper.



Journalism student Senior **Jamison Hull** interviews Junior **Andrew Setterholm** for a special feature. Students of all grade levels were interviewed for articles in *The Forest Breeze*.



Seniors **Katie Walker**, **Ian Gildersleeve**, and **Natasha Thompson** gather around a computer to discuss ideas. Like in the real world, journalists needed writing abilities and technology skills.

# The Breeze

## Exposing the News

by Kristi Buerkle & Tara Olson

### How do you feel about being on the Breeze?



#### **Katie Walker**

"I feel good about contributing something back to my school."

#### **Abigail Pooch**

"Being the only sophomore was tough at first, but it ended up being a lot of fun!"



#### **Jamison Hull**

Journalism was a great class to have fourth hour. I learned a lot from the course!"



Every month a group of students got the unique experience of exposing the news in our school newspaper, *The Forest Breeze*. Journalism is a class that allows students to be young reporters and express these concerns and ideas to the whole school. Every day in fourth hour, *The Forest Breeze* staff could be found hard at work producing the upcoming edition of the school newspaper. Publishing a newspaper can take a lot of time and work to complete. There were many tasks that the journalism students had to take on. These included researching topics, conducting interviews, and writing their articles. The students also found subjects that would be of interest to their readers. The stories could involve current trends as well as ongoing controversies. An example of such a *Breeze* story would be Junior journalism student **Stacey Johnson**'s piece on deer hunting. "I was really proud of it," she noted. The story appealed to the sportsmen of FLHS, and provided everyone with basic knowledge of the topic at hand. *The Forest Breeze* journalists had fun with their current event stories and opinion pieces, but reporting also had some challenges. Everyone on the *Breeze* seemed to agree about one thing: deadlines are not fun. "Meeting the deadlines was really hard," exclaimed Junior **Thomas Monahan**. They may not have been fun, but deadlines gave students a better understanding of what a real life journalist goes through on a regular basis. The main focus of the journalism class was producing the school newspaper, but many do not realize that it is also a normal class with presentations, note taking, and homework. Journalism students learned that giving facts and capturing readers' attention are two keys to successful journalism. Senior **Katie Walker** added, "I feel very ready and prepared for college after taking this class." The young journalists of *The Forest Breeze* worked hard every month to expose the news, and most students eagerly awaiting the latest issue of the school newspaper.

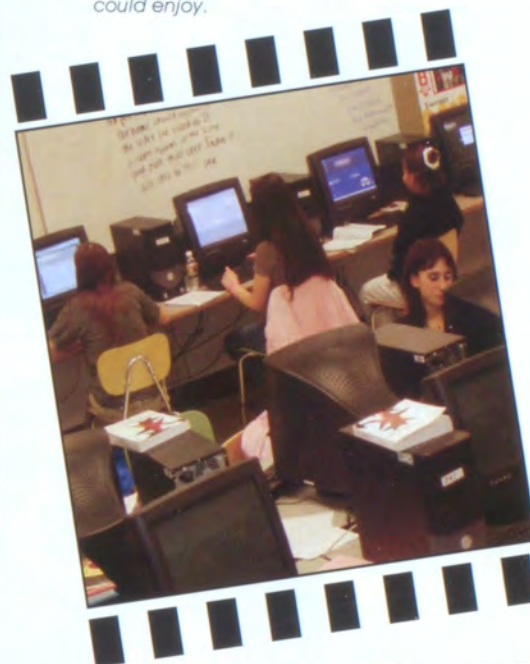


The *Forest Breeze* Advisor **Mrs. Laura LeVake** stands in front of the class to teach a lesson about editorials. This was LeVake's first year teaching the journalism class, and her dedication was evident in the new layouts, print quality, and copy placement.





Junior **Stacey Johnson** takes time to read a finished copy of *The Forest Breeze*. The newspaper, which was published each month, contained articles and activities that all students could enjoy.



Above: The journalists work hard on their pieces for the pending deadline. At any time, a single student may have had up to four articles to complete in a deadline.



Left: Finalizing their additions to the newspaper, Juniors **Brandon Anderson** and **Daniel Carey** click away on the computers to get it just right.



## THE FOREST BREEZE NEWSPAPER

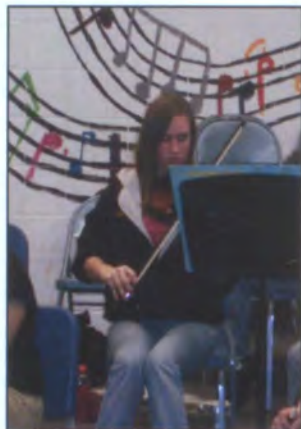
**Front Row:** Mrs. L. LeVake, B. Anderson, S. Johnson, B. Fick, J. Hull. **Row 2:** N. Thompson, K. Walker, M. Bryn-Nygren, A. Pooch, M. Monson, I. Gildersleeve. **Row 3:** T. Scanlan, C. Magnuson, A. Setterholm, D. Carey, J. Nelson.



Below: The String Orchestra hits the road to play at Parmly Nursing Home. They performed for the residents during the holiday season to spread some yuletide cheer.



Right: Sophomore **Taylor Jeans** works on a tough measure. Conductor **Mr. David Livermore** led the young orchestra, elevating their skills through daily practice routines.



Right: Sophomore **Emily Spanjers** listens for adjustments on the music. Changes like dynamics, tone, and articulation were important for the overall success of a piece.



Right: Sophomore **Matthew Zidar** concentrates as he plays along with the music. Playing a string instrument requires concentration to keep the beat and hit the right notes.



Far Right: Sophomore **Raeann Jaeb** follows the bars of music and plays along. It took perseverance and determination to learn how to read the music and frequently perform at a high level.



## Strings **Extreme**

by Kelsey Callahan

The String Orchestra is a perfect name for this orchestra, because it is made up of all strings. Strings consist of the viola, violin, cello, and the bass. Each string instrument has its own unique sound and tone, and when brought together, form an overall sound of harmony. Forest Lake's String Orchestra was the primary orchestra. The majority of the students in String are sophomores who are preparing for the more advanced Sinfonia Orchestra. As such, the members of String Orchestra did not have to audition to participate. String Orchestra is less intense, and focused on teaching skills and

techniques to be used in the much-admired and rigorous Sinfonia. Throughout the year, they practiced their music to prepare for their performances. They performed the fall, winter, and spring concerts, and at Parmly, as well. Starting off in the String Orchestra was an enjoyable experience for many, and taught the skills that were needed to excel. Senior **Lorraine Wolfe** summed it up, jokingly stating, "String Orchestra is wonderful, do not quit; and Sinfonia - they are all right." The truth of the matter was that both Sting and Sinfonia had great performers to watch, and were dedicated to the extreme.



### STRING ORCHESTRA

**Front Row:** T. Crotty, E. Spanjers, R. Zahn, L. Wolfe, A. Pringle, E. Johnson, H. Selg. **Row 2:** M. Wiggins, R. Jaeb, T. Jeans, N. Janus, B. Daniel, K. Smith, D. Clark. **Row 3:** M. Zidar, M. Raatz, H. Johnson, C. Wagner, A. Boerem, K. Janssen, L. Petrulo, C. Goodyear, D. Canine.



## SINFONIA ORCHESTRA

**Front Row:** A. Taylor, S. McNamara, C. Royce, W. Mova, D. Thompson, S. Bizzotto, A. Brown, T. Kress, J. Mitchell. **Row 2:** D. Savard, H. Hazzard, K. Monberg, S. Joyce, N. Schroeder, N. Sanders, A. Sauer, S. Michalek. **Row 3:** B. Tagg, A. Lalla, M. Haseltine, C. Daniels-Miller, K. Monberg, M. Mattison, E. Rolseth, T. Majewski, E. Stolberg. **Row 4:** C. Peterson, W. Montes, K. Steffer, H. Schuhwerck, E. Palmer, A. Anderson, A. Quehl, A. Hensley, M. Paulson, E. Sparby, E. Magnusson, J. Finstrom.



Left: Juniors **Nicole Sanders** and **Sara Bizzotto** and Senior **Danielle Thompson** jokingly strum their instruments as they vamp it up for a candid picture.

## Exemplary Performances

by Kelsey Callahan

If one looked up the word *Orchestra* in the dictionary, the definition would contain a large group of musicians who play together on the strings and are joined by the winds. That is exactly what the Forest Lake High school Sinfonia Orchestra is made up of. Every day throughout the year, the orchestra practiced diligently to perfect their sound. They worked on different pieces ranging from traditional repertoire pieces to modern works. Each instrument worked together to make harmonies blending together to create a masterpiece. With all the practice and dedication to their music, the orchestra got a chance to show off their hard work at their

concerts. Every year the Sinfonia Orchestra performs at a number of concerts. This year they performed the fall, winter, and spring concerts, along with SEC Conference, the Mozart Requiem, and the Pops concert in the spring. Senior **Margaret Mattison** declared that orchestra is, "hard work, but it pays off at the concerts." Senior **Mitchel Paulson** agreed, adding that orchestra is, "a grand ol' time." It goes to show that even though Sinfonia Orchestra took a lot of hard work and dedication, the pleasure of performing was a lot of fun and well worth the time and energy that went into being a member of this elite group.



Left: Orchestra members take a moment to rock out while performing at the SEC Music Festival. Few opportunities let these musicians shine like their concerts did.

Far Left: Sinfonia Orchestra plays with vigor during the winter concert. The orchestra was notorious for their consistent hard work.



Left: Seniors and AAA Award winners **Shawna McNamara** and **Erik Stolberg** strike a pose with their instruments. The awards reflected their commitment to the fine arts.

Above: Junior **Hilary Hazzard** and Senior **Wang Mova** tune up their instruments before performing. Tuning the strings ensured a superior quality of music.



# Reputation Maintained

by Jacquelyn McKusick & Lianna Bydalek

What is Symphonic Winds? Put simply, it is the top band at FLHS. It is the only band at the high school that required its members to try out for a spot in the class. Each student was evaluated individually, and only selected students were placed in this highly competitive environment. Led by **Mr. Richard Hahn**, a conductor and director for over twenty years, Symphonic Winds was one of the best-received groups at each of their concerts throughout the year. Many students have achieved personal musical goals as members of this class. FLHS has created a strong,

well-deserved reputation for its great music department. Maintaining this reputation is a hard task for each new crop of Symphonic Winds members. They continued to earn high marks at Conferences and at other competitions. Students practiced daily to keep on task and be ready and prepared to shine on stage. In the end, all this practice paid off for them. The thunderous applause at concerts gave them the feeling that their efforts were well worth it; they had maintained the reputation that has been built over decades of work; no easy feat.

Right: The trumpet section picks up the pace. One missed beat or note could throw an entire section off, so perfection was always the goal.



Far Right: Senior **Meghan Casey** and Sophomore **Brett Stolberg** chime in on the bass clarinet at the Sectionals performance.



Above: Junior **Tyler Kleinhuizen** plays the timpani from his perch in the band room.

Right: Juniors **Kelsey Burk** and **Frances Van Sloun** put their clarinets to the test. They dazzled their audience at Sectionals.



## SYMPHONIC WINDS

**Front Row:** A. Borlaug, A. Kirberger, C. Kosman, L. Quale, S. Damiani, K. Swedin, J. Reiner, C. Rupa, P. Patchin, A. Beebe, K. Skoglund, T. Kimbell.  
**Row 2:** S. Saxe, C. Peterson, J. Trainer, A. Johnson, A. Kirchner, E. Monson, K. McArdle, A. Moberg, D. Bergantine, J. Woolstencroft, D. Hudalla, D. Cromwell, M. Peterson. **Row 3:** C. Rhein, M. Hudon, P. Hughes, J. Peltan, M. Armstrong, S. Steiner, B. Mordarski, A. Mills, R. Merrier, P. Nora, R. Olson, C. Peterson, S. Deal, S. Isaacson, T. Sperry, D. Kasl. **Row 4:** C. Nowicki, A. Rupa, T. Kleinhuizen, C. Sherwood, R. Haus, P. Homyak, R. Morris, K. Burk, C. Sapa, F. Van Sloun, M. Myre, J. Palacheck, R. Peterson, A. Warren, R. Chester, L. Endorf, D. Vogel, N. Robertson.



Right: Seniors **Maggie Myre** and **Kathleen McArdle** lead the way. The whimsical sound of the flute drifted through the band room as players awoke for morning warmups.







Left: Is everybody ready to play? The many trumpet players stood at the ready, anticipating the start of their winter concert event.

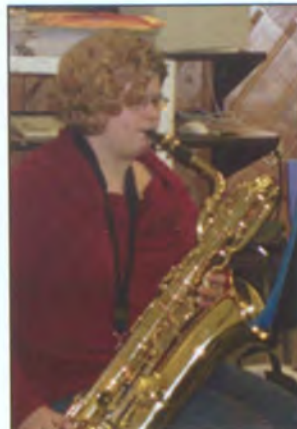


## CONCERT BAND

**Front Row:** M. Walters, V. Nerud, M. Manning, D. Schave, A. Walker, R. Miller, B. Johnson, A. Bosman, A. Bosman, P. Yang, T. Salverda, S. Reely, L. O'Brian. **Row 2:** K. Bor, A. Yang, M. Hinrichsen, K. Liljeblad, T. Gifford, P. Reely, N. Scheiller, R. Ahmann, T. Wilcox, J. Lichtscheidl, R. Wappel, E. Peterson, K. Lobermeier, A. Dambowy, C. Peterson, C. Jensen, R. Schultz. **Row 3:** Mr. B. Chamberlain, M. Fischer, S. Zopf, K. Peterson, L. Kregel, A. Collins, A. Mackey, N. Bredahl, E. McGee, M. Gray, C. Bailey, S. Nelson, J. Skogen, A. Dreher, J. Yang, J. McAllister, C. Birdsall. **Row 4:** E. Wagner, L. Griffith, C. Gagne, S. Damiani, Z. Berg, N. Ashby, B. Ulrich, S. Peterson, A. Sperle, B. Gray, S. Tessling, B. Brambilla, T. Anderson, E. Striker, K. Lewis, K. Yotter, J. Chalgren, K. Gamelin, N. Runtsch, A. Laine, A. Peterson, E. Bartusch. **Row 5:** S. St. Germain, M. Carson, D. Denbeste, P. Charpentier, M. Buttler, L. Daninger, S. Glewwe, K. Pickar, D. Bigelow, J. Orth, J. Roshell, M. St. Germain, T. Schingen, N. Peters, S. Magnuson. **Row 6:** C. Williams, A. Bohler, A. Johnson, J. Goossens, C. Wittrock, K. Schuhwerck, A. Johnson.

Left: Junior **Ashley Sperle** smoothly adds the baritone saxophone's sound to the music. Sperle and the Concert Band were practicing "Old Churches" by Michael Colgrass.

Below: Sophomores **Kathryn Bor** and **Amay Yang** prepare for the January concert. The clarinets and other players practiced for months to be ready to perform.



Left: Junior **Sarah Reely** and Sophomore **Lindsay O'Brian** play in perfect tune with the rest of Concert Band. The duo flute players kept their eyes firmly focused on Conductor **Mr. Richard Hahn**.

Far Left: Senior **Jeremy Orth** and Junior **Jacob Roshell** play their tubas in harmony.

# Reaching Perfect Pitch

by Jacquelyn McKusick & Lianna Bydalek

Imagine the effort it took to get 105 people to cooperate on a common goal. Now imagine that each of these people had a different way of achieving the goal, and that they all have to work together day in and day out to make it happen. This is exactly the challenge that faced the members of Concert Band. "Learning to play as one is difficult," commented Senior **Alicia Bosman**. Besides working hard on perfecting their musical talents, they still had fun and continued to strive to enjoy their time together. "We are a big family and we are really supportive of each other," commented

Junior **Lindsey Griffith**. Being a member of concert band is not as easy as it seems. They had many things to remember. Some of which are major and minor scales, second and third suite, and also pitch and harmony. Without these memorized they would have nothing. Every day of practice helped them get closer to their yearly goal. Daily practice prepared them to be able to show off their musical skills that they have worked for. It enables them to play to impress their audience at schools, contests and festivals.



Below: Junior **Katelynn Olson** and Eighth Grader **Zach Johnson** listen for their part before coming in on the cymbals.

Right: Senior **Christopher Wilson** skillfully pounds on the bass drum and practices the drill prior to the WGI Finals.



Right: Instructor **Mike Ferry** works determinedly with Freshman **Derrek Sandkamp** and Sophomore **Andrew Bohler** to better hone their snare drum skills.



Far Right: Senior **Mindy Eurich** follows the eighth note beat of "Chaos." The fast tempo of the piece required precision and perfection.



## System of a Down Rocks the System

by Alyssa Anderson

Drumline is nothing like band; from the instructor's point of view, Drumline is "only percussion instruments and bass guitar, with choreographed movement to the music." With over thirty instruments played, plus a fast-paced routine to move to, Junior **Kelsey Robinson** described Drumline as "fast, aggressive, and loud." No one can mistake Drumline for any other musical group; their sound is unlike any other. Drumline members practiced hard, getting ready for the WGI Finals (Nationals) at the end of April. Weekend practices were common, and often the cafeteria was used as a practice area to refine their routine. This year, Drumline worked on music by System of a Down, chosen by instructor **Mike Ferry**. The songs were selected "because it's music a lot of kids can get into," **Ferry** noted. "And the people who have

heard System before will be like, 'Oh yeah! That's System!' And the way we write it, it's very educational," he added.

To replace a large core of graduated Drumline members, the squad threw themselves into recruitment efforts. This included a campaign to inform students about Drumline. Via announcements, fliers, and posters, Drumline was advertised far and wide. The work was worth it, as the squad picked up three new members. **Robinson** found this tactic particularly fun; one thing she won't forget about this year was, "spreading the goodness of Drumline." Without a doubt, the skill and dedication demonstrated by Drumline is impressive. To play songs recognized by many people can be an intimidating task, but this group rocked the System like it was their very own creation.



**DRUMLINE**

**Front Row:** K. Robinson, L. Wolfe, A. Borlaug, C. Bordeaux, C. Williams, Z. Johnson. **Row 2:** S. Glewwe, M. Eurich, R. Miller, I. Simpson, S. Nelson, B. Mordorski, A. Sperle, D. Sandkamp. **Row 3:** C. Wilson, N. Ashby, J. Browne, A. Madison, S. Peterson, A. Bohler.



# Bringing On The Funk

by Alyssa Anderson

## JAZZ BAND

**Front Row:** K. Yotter, B. Gray. **Row 2:** E. Striker, T. Endorf, J. Woolstencroft. **Row 3:** S. Mouacheupao, P. Homyak, P. Hughes, R. Chester, I. Simpson, Z. Berg, T. Kimbel. **Row 4:** Mr. B. Chamberlain, T. Sperry, L. Endorf, H. Selg, J. Finstrom, R. Peterson, K. Pickar, S. Isaacson.



Left: Sophomore **Hunter Selg** applies his amazing skills to playing the electric guitar. One of the things that attracted students to Jazz Band was its inclusion of many instruments and sounds.

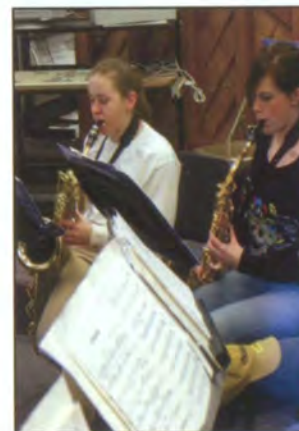
What drives an otherwise sane student to arrive at school hours before he has to? It's the opportunity to bring on the funk. In one word: jazz. Made up of five different wind instruments and a full rhythm section, Jazz Band produces a unique sound. Much of the appeal of Jazz Band comes from its fun musical selections and many performance opportunities. "We play big band swing music, rock, and funk mainly, and we have six to seven concerts a year," explained instructor **Mr. Ben Chamberlain**. Sophomore **Evan Striker** said that his favorite piece of music was *Lucretia MacEvil*, because "it's just plain fun to play." **Chamberlain** also stated his favorite part about being the Jazz Band instructor was that he "loves working with the students that want to be there. They are very talented kids, and they have a very strong work ethic." An example of this commitment

was found in their performance schedule. In addition to its usual yearly concerts, Jazz Band booked a big gig at Hallberg Marine in February. The event required four hours of music, which is a huge amount to learn when compared to a normal musical set. So with this much hard work, what is the appeal of Jazz Band? **Striker** described Jazz Band as "fun and entertaining, despite its early hour. Sophomore **Hunter Selg** noted, "I just love playing guitar." The group worked on 70's horn band and swing music, but spent much of their time on the blues, which is very guitar-oriented. And the best part about being in Jazz Band? "Learning a new style of music and just having fun," commented **Striker**. **Selg** disagreed. "I love the people in it. That's the best part about it," he declared, "next to getting free donuts every Friday morning."



Left: Juniors **Tyler Sperry** and **Kevin Pickar** and Seniors **Ian Simpson** and **Peter Hughes** run through the music that was prepared for their big gig.

Far Left: Breaking for a brief moment, Sophomore **Evan Striker** and Senior **Ross Chester** catch their breath during practice.



Left: Sophomore **Briana Gray** and Senior **Taylor Kimbel** expertly read the notes and let them flow into their fingers.

Above: Working on percussion, Juniors **Patrick Homyak** and **Shawn Mouacheupao** keep the rhythm flowing.



# Raising The Bar

by Amanda Sigfrinius

I need to feel what you are singing," declares **Mr. Jim Lindstrom**, one of many famous phrases used by the director in his first hour Concert Choir class. Since the first day of school, **Lindstrom** constantly emphasized to his students the importance of tone quality and vowel color. As summed up by Senior **Amanda Sadergaski**, "Lindstrom sure knows his vowels!" With a class of roughly 60 students, there is no down time. Every minute is spent on perfecting every note, and the achievement bar was raised time and time again. Why the constant push? The students who

participated in Concert Choir were a part of a great many concerts, such as the Suburban East Conference Festival (SEC) at Mounds View and the Bethel Concert. As the year drew to an end, the Pops Concert allowed students to sing and play music familiar to them, which was a treat for many. "I enjoy the Pops Concert," said Senior **Shawna McNamara**. "It is always fun and I like being able to sing songs that I know!" Right up to the ending note, the Concert Choir let others feel what they were singing, and raised the bar yet again on the quality of music at Forest Lake.

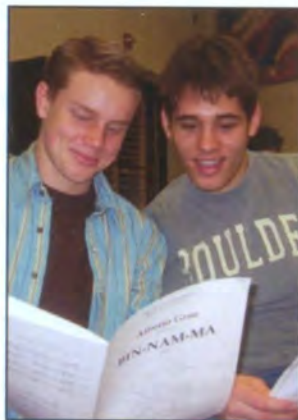
Right: Seniors **Pazong Thao** and **Margaret Jandrich** practice their music for the SEC Festival. The music was challenging, but they ended up sounding great!

Far Right: The concert choir performs at the Regional Section Festival held at Mounds View High School. They sang the song "Lux Arumque" by Eric Witacre.



Above: The small group of altos and tenors work hard to blend their voices together while the rest of the choir listens intently for the correct moment to harmonize.

Right: **Lucas Mayfield** and Junior **James Goehl** look over the new sheet music that must be learned. Reading music was just one of many talents exhibited by this talented group of



## CONCERT CHOIR

**Front Row:** R. Piersdorf, S. McNamara, B. Falkers, K. Jurasin, C. Sobieck, C. Fordyce, A. Thao, P. Thao. **Row 2:** C. McIntosh, R. Devine, C. Johnson, R. Thraen, C. MacDonald, C. Amatuzio, R. Moen, L. Jacob. **Row 3:** J. Goehl, B. Sundberg, R. Zierke, C. Streufert, K. DeMars, E. Anthony, J. Jacobsz, C. Degendorfer, J. Pitts. **Row 4:** M. Kerrigan, K. Erkenbrack, E. Miller, J. Duffy, S. Peterson, J. Galehdari, M. Thao. **Row 5:** Mr. J. Lindstrom, I. Simpson, C. Wilson, A. Shackett, B. Thao, A. Nelson, A. Garrity, C. Rotach. **Row 6:** J. Ohman, T. Falkosky, J. Partyka, K. Erkenbrack, S. Raykowski, K. Bruggenthies, J. Chandler, A. Schlaeger.



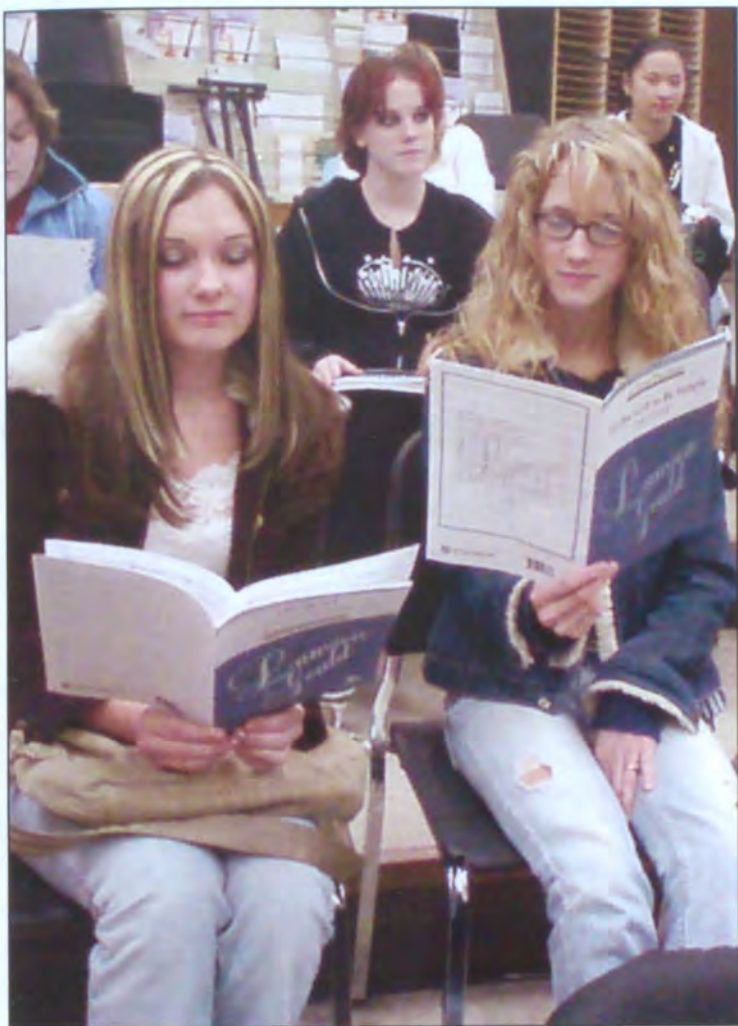
Right: During the winter concert, Conductor **Mr. Jim Lindstrom** gracefully times his gestures, cuing each section of his choir to come in with their parts.







Left: Senior **Caroline Streufert** and Sophomores **Krystle Pflepsen** and **Josephine Barron** give each other a back rub for warm-ups.



Left: Seniors **Amy Joyce** and **Rachel Hafele** sing a duet in front of an audience of about 200. "We weren't even nervous," they both said as they left the concert satisfied with their performance.

Below: The Treble Choir quietly pays attention as they critique one another on how to produce a better overall sound. Their teamwork shone through later in concert appearances!



Left: During the Fall Preview Concert, the choir sings beautifully while director **Mr. Jim Lindstrom** accompanies them on the piano.

Far Left: Sophomore **Tara Miller** and Senior **Kathilyne Mitchell** study their music. They led the second sopranos through tough music during the year.

## Girls, Girls, and More Girls

by Amanda Sigfrintus



### TREBLE CHOIR

**Front Row:** A. Griffin, K. Westman, K. Smith, J. Darling, K. Crudo, P. Spratt, K. Fischer, J. Anderson. **Row 2:** B. Hukriede, H. Bishop, S. Wolfe, C. Geving, J. Degennaro, K. Mitchell, J. Barron, A. Anagnos, K. Repke. **Row 3:** A. Joyce, K. Zalusky, J. Ohmann, J. Thao, J. Mohler, A. Harman, K. Lindstrom, C. Streufert. **Row 4:** R. Hafele, J. Sheldon, R. Peloquin, L. Blume, C. Mortimore, K. Pflepsen, S. Riehle, A. Yang, A. Hedlund.

A soprano walks into the room, looks casually around, and sits down. No, this isn't some HBO special; it is the FLHS Treble Choir, and they come to work. The Treble Choir, which is made up of all females, faced a difficult task in the beginning of the year. They had to adapt to a change in director, as **Mrs. Michelle Lynch**, their previous director, was not able to direct them this year. In stepped **Mr. Jim Lindstrom** to guide their way. Transitions are always difficult, noted Senior **Kathilyne Mitchell**. "It was hard having a new director," she noted, but

the adjustment was worth it. "Mr. Lindstrom has been a big help to us," Senior **Rachel Hafele** explained. The choir continued with their traditional activities, and sang at Target, caroled through nursing homes, and performed many concerts during the year. Most importantly, these girls rose to new heights in the face of a major leadership change. Not only were they successful in their endeavors, but they did it with grace and poise, a true testament to the work ethic they held on to through their directorial upheaval.



Below: Junior **Rebecca Miller** free-hands the logo for the 2006 prom. Miller put together two different logos to please the committee.

Right: Advisors **Mr. Bruce Leventhal** and **Mr. Brad Ward** consult theme books to look for ideas. Though their opinions were heard, they were not used on the eventual designs.



Right: Prom Committee members sit together to pick out designs for the logo. After much debate, a design was finally decided upon.



Right: A few of the members work together to get the prom invitations done. Deadlines came up fast, so the committee met during homeroom to get the job done.



Far Right: Junior **Sarah Reely** writes down what will be inscribed on the invitations. Reely used the guides provided from former years' invitations.



## All About Commitment

by Rachel Borglum

What many students don't realize is just what it takes to be on prom committee. There are many tasks to complete in the short amount of time that is given to plan prom. Every aspect of prom must be decided in the hopes of pleasing as many people as possible. The members spend many hours sorting information and planning for one of the most looked forward events.

Many things must be chosen, including a company to provide the DJ, ticket designs, party favors, themes, games, refreshments, and much more. This can be very stressful, so when the big day arrived, it was like a deep breath was released by the members. Such mundane details sound small when taken one at a time, but as prom approached, the avalanche of work piled up. For example, the artwork had to be planned before it could be applied to invitations, tickets, or other advertisements. This was a long process that took a great amount of effort.

One thing that many people do not know is that the committee does not pick the actual DJ for prom. Instead, the committee members were

in charge of calling companies that would provide a DJ. The company then sent the DJ, and the committee could only hope that he would be up to everyone's standards.

The committee looks forward to everyone's different reactions on the big night. Even if people didn't enjoy it, the feedback was still taken in for the following year. "The standards are held very high," said Junior **Brittany Brahs**, "and as many people must be pleased as possible."

Prom is typically a bigger deal to girls than to guys. However, the committee worked extra hard this year to give everyone a good prom, which meant trying to include a male perspective in the planning stages. Junior **Jeremy Koshiol** stated, "Being the only guy on committee can be frustrating at times because you get overruled easily. More guys should get involved in prom committee; they have to go to prom, too."

With the goal of pleasing the majority of students in mind, the prom committee created a wonderful experience, and hoped that participants considered what it took to create such a great prom.



## PROM COMMITTEE

Front Row: T. Mitsch, K. House, T. Chamberlin, A. Yang, A. McGowan, S. Reely, B. Brahs, S. Steen. Row 2: Mr. B. Leventhal, K. Zalusky, L. Krengel, S. Langenbach, K. Swedin, J. Koshiol, A. Sperle, R. Borglum, Mr. B. Ward.





Left: Everyone waits in anticipation as Junior **Nicholas Ashby** hacks it up. He kept the game going as he found his center of balance.



Left: Get ready to hack with Senior **Travis Hunter** as he jumps up to perform a Jester. This favorite move was commonly used among Hunter and friends.

Right: The variety of hacky sacks, or footbags, is enormous. Color, size, material, and even brand name played a role in the selection process for many players.



## JUST HACK IN

the mystery of hacky sack unveiled



In the remote outer hallway of the English wing, Junior **Christopher Buys** fields a serve with ease. Buys and fellow hackers often stopped in out-of-the-way places for a quick hack before heading to class.

They can be found everywhere: bending, twisting, and distorting their bodies in the hallways and corners around school. Who are they, one asks? They are the school's hacky sack players. Groups of players can often be found in various areas of the school. Seeing the common interest that some students shared, a survey was taken, and found that one out of every twenty students play this unique game.

Many students consider hacky sack an unofficial sport. If one looks at the game itself, hacky sack depends largely on coordination and skill. The origin of this unusual game is much debated by its players. Hacky sack was originally called "footbag", and is considered a modern American sport that is not really played in other countries. What people don't know is that the game actually has ancient origins, and was first discovered in North America and Asia. Evidence has shown that native North Americans played using a sack made of animal hide. The hides were filled with pellets or sand, and were sometimes decorated with feathers and beads.

The more commonly known beginning of footbag is that it started in Oregon City, Oregon, and was the brainchild of Mike Marshall and John Stalberger in 1972. Stalberger had just undergone knee surgery and was looking for a way to increase his flexibility. This is where Marshall came into the picture. Stalberger ran into Marshall kicking around a handmade bean bag,

and instantly took to the game. They had dubbed their new found game "Hack the Sack". Marshall wanted to promote it to the general public, and ended up designing the product which was trademarked the "Hacky Sack".

A certain music teacher was even discovered playing hacky sack after school one day, casually playing with a group of students. **Mr. Ben Chamberlain** has been playing since he was eighteen when a group of his college buddies were caught in the act; he still prefers the classic bean bags over the newer and more common dirt bags. "Hacky sack," said **Chamberlain**, "comes and goes throughout the years, but it is always there." He enjoys playing hacky sack with students, or any time for that matter, if he can spare a few moments in his busy schedule.

It was once said that if hacky sack was dubbed a national past time, people would get along better. It promotes cooperation and communication, and is non-competitive. Time is not a factor, as the game can be played for five minutes or fifty minutes; the control rests with the players. There are no winners or losers in this sport, just fun and entertainment. And while the game and its players may be unfamiliar, it is an easy hobby to pick up. So, in the words of **Mr. Chamberlain**, "Don't be a stranger, just hack in!"

~ Rachel Borglum





# going to eXtremes

The teammates **ex**change looks of **exc**itement as they prepare for the game. Glancing around, they see many things: fans **ex**pressing their anticipation, coaches pacing and shouting, and the clock, ticking slowly and inevitably down to a start time.

Members of the roaring crowd include boisterous students, supportive parents, proud alumni, and scouts for collegiate teams, all carefully **ex**amining each play. Athletes are **ex**posed to this intense scrutiny on a regular basis, and rise to the challenge. The euphoria of the competitive atmosphere engulfs players and fans alike, **ex**ploding into rousing cheers and **ex**hilarating displays of athletic ability.

Ranger athletes strive to improve their skills throughout the many long hours of **ex**hausting practices. The commitment required to participate as an athlete is substantial, requiring **ex**cellence in many areas, **ex**celling both on the field and in the classroom.

The attitude and dedication of student athletes **ex**tends outside the traditional **ex**hibitions of football, basketball, and baseball. New to the intense world of athletics here is the coed lacrosse team. The movement was launched by a group of friends sharing an interest in the sport, and once off the ground, over thirty students came together to form a team. While lacrosse is recognized as a competitive girls' sport by the Minnesota State High School League, our lacrosse team is sponsored recreationally through community education.

While starting a grass-roots sports team may seem **ext**reme, this is **ex**actly what athletes are driven to. It is the **ext**reme that makes them warriors.

# ATHLETICS

Who wants to be on the front line for this smackdown? Senior **Madelynn Kohs** slams through the door on Woodbury's defense with this powerful spike.



Senior **Jessica Alexander** plays the ball on her forehand as her doubles partner Senior **Kathleen McArdle** prepares for the return shot. Dominance was the goal for the 2005 girls tennis team.

Goal! Well, not for Park as Senior **Stefanie Shogren** and her teammates Sophomores **Carly Bass**, **Abigail Paulson**, and goalie **Kayla Raarup** defend their goal against Park Cottage Grove.

Senior **Benjamin Fick**, Junior **Seamus Glewwe**, and Sophomore **Benjamin Brodin** keep one step ahead of opponents from Woodbury and White Bear.

Senior Captain **Dustin Kendrick** winds up, getting ready to blow the ball past all defenders to an open receiver. The Rangers defeated the Woodbury Royals 28-14 in the fourth game of the season.





# back and swinging

## TENNIS

Senior Captain  
**Hilary Framke**

"Watch out  
for German  
chocolate."



Junior Captain  
**Paige Patchin**

"It only took us  
30 years to beat  
Stillwater!"



Girls tennis is back and swinging at FLHS. Led by Coach Greg Patchin, the girls had their most successful season in the history of the team. Senior **Jessica Alexander** summed it up, "The season was fun, we kicked butt. This was the best that Forest Lake Tennis has ever done!"

The team overcame a huge challenge by beating their largest rival, Stillwater, for the first time in 30 years. The Rangers ended up with a ranking of ninth in state after beating Roseville in a tight match. Senior **Heather Grundhofer** noted, "It was one of my most memorable moments of this year because they were undefeated until we beat them!" The team went further in the section tournament than ever before, beating Blaine to make it to the semifinals.

The girls did a great job hitting the ball,

and also had the cultural experience of German foreign exchange student, **Anita Heemann**, joining the team. Senior Captain **Hilary Framke** asserted, "Anita was really a power house to the team."

As a whole the team did extremely well but there was also room for individual glory. Four of the ten varsity players were awarded All Conference medals: **Hilary Framke, Lauren Gravelle, Paige Patchin, and Quinne Patchin**. Juniors **Alexa Nelson** and **Madalyn Raasch** earned All Conference Honorable Mention and were the Rangers' number one doubles team. Junior Captain **Paige Patchin** qualified for, and played in, the AA Singles State Tournament. The year brought girls tennis to a height of success which has never been matched (until next year, that is!).

~ Tara Olson



Above Left: Freshman **Lauren Gravelle** practices her serve for the next big match. The hard work paid off when Gravelle received an All Conference medal for her tennis skills.

Above Right: Freshman **Quinne Patchin** hits the ball at practice. Patchin was awarded with an All Conference medal for her talents.

Right: Senior doubles duo **Jessica Alexander** and **Kathleen McArdle** work on their ground strokes. The pair held a ten-game winning streak through the season.



**Front Row:** P. Patchin, H. Framke. **Row 2:** K. McArdle, J. Alexander, A. Heemann, H. Grundhofer. **Row 3:** L. Gravelle, K. Crudo, B. Odegard, C. Carpenter, Q. Patchin. **Row 4:** Coach G. Patchin, H. Hazzard, M. Raasch, A. Nelson, M. Nelson.



## SCOREBOARD

Centennial	4	Chisago Lakes	0	North Branch	1	Coon Rapids	1	Hastings	4	Cretin	2	Champlin Park	0
Rangers	4		7		6		6		3		5		7



Lauren Gravelle



Quinne Patchin



Anita Heemann



Kathleen McArdle



Heather Grundhofer



Above: Junior Captain **Paige Patchin** demonstrates her excellent swing technique. Patchin's skillful ability earned her a place in the State Tournament.

Far Left: Senior foreign exchange student **Anita Heemann** follows through on her single arm backhand. Heemann played tennis in Germany before joining the Rangers in their winning season.

Left: Senior Captain **Hilary Framke** shows off her powerful stroke with a fierce backhand. Framke's strength earned her an All Conference medal.

Roseville	3	Stillwater	3	Anoka	3	Woodbury	5	White Bear	7	Mounds View	0	Park	0	Blaine	6
Rangers	4		4		4		2		0		7		7		1



Muhammed Halavac



Alexander Boerum



Lucas Munkelwitz



Lee Smith



Trip Schultz



Above: Senior Captain **Dustin Kendrick** hands off the ball to teammate **Kristopher Ralles** as **Tyler Klienhuizen** makes the block against White Bear. This was the Rangers' first home game against our biggest rival, which drew crowd sizes similar to Homecoming.

Right: Ranger teammates watch their offense during the section game against Andover. This was the final game of their season.

Far Right: Junior **Logan Robinson** reads White Bears's offense in an attempt to halt their advance down the field.



## SCOREBOARD

Park	14	White Bear	45	Mounds View	41	Woodbury	14	Stillwater	21
Rangers	7		0		14		28		19



# the beginning of a new era

## FOOTBALL

With a new coach, the Rangers' Varsity Football Team had a lot to look forward to this season. With a large number of players injured, the Rangers were faced with the difficult challenge of playing without some of their superior and relied-upon athletes. Though there were some disappointing losses, the players really came together as a team. "It was a good starting point. The athletes improved a lot, and the program got off to a good start," described Head Coach **Matthew Cleary**.

Pulling together, the Rangers were able to notch some important victories. Their first was at the home field against Woodbury. Their second win was against Hastings, where the Ranger defense did not allow any

touchdowns by their opponent. This game was the last home game, as well as the last regular season game, making it especially meaningful. Another recognizable game was against Stillwater. The Rangers played unexpectedly well, losing by only two points. Coach **Ryan Johnson** described the game, "It was a lot of fun. It was a battle for both teams."

One thing that was different from past years, and really helped the team, was the players' relationships with each other. "I have never been on a closer team," stated Junior **Matthew Schwartz**. "It was fun to be out on the field playing with guys you were close to."

~ Kristi Buerkle



Senior Captain  
**Nathan Robertson**  
"Who are we?  
Who are we?  
What do we do?  
1-2-3 RANGERS!"



Senior Captain  
**Ryan Turry**  
"You haven't hit  
your opponent hard  
enough until snot  
bubbles come out of  
their nose."



Senior Captain  
**Dustin Kendrick**  
"We didn't win  
a lot but at least  
the spaghetti was  
good!"



Senior Captain  
**Jordan Kolbow**  
"HIT HARD!!!"



Above Left: The Rangers take a team huddle to recite their team cheer before the game. This tradition was performed before each game during the season.

Above Right: Junior **Matthew Hansmann** makes a tackle against White Bear's quarterback. This was Hansmann's first varsity home game.

Left: The Ranger defense lines up in anticipation of the next play.



Front Row: M. Halavac, B. Crowley, M. Grothe, M. Schwartzbauer, S. Esget, R. Bucholz, S. Birdsall, D. Okimosh. Row 2: A. Quehl, N. Uram, C. Wedger, B. Faymoville, B. Yetter, M. Schwartz, L. Robinson, L. Munkelwitz, C. Kerkhoff, A. Warren, B. Goss. Row 3: M. Hentges, J. Durant, D. Medina, C. Peterson, A. Tetzlaff, P. Taylor, R. Turry, J. Kolbow, A. Boerum, N. Robertson, D. Kendrick. Row 4: D. White, B. Gort, G. Elschen, A. Lindeberg, B. Johnson, C. Fogerty, M. Hansmann, T. Kleinhuizen, K. Ralles, J. Kolbow, K. Johnson. Row 5: J. Berry, L. Daninger, L. Smith, J. LaMotte, C. Carlisle, B. Woodward, M. Stilwell, J. Swanson, D. Wierner, J. Kalhagen. Row 6: N. Jensen, D. Carey, A. Mendola, T. Schultz, A. Grzybowski, M. Lund, J. Jasicki, D. Bentley, B. Baker, N. Peters. Coaches: R. Moberg, C. Vogel, G. McLaughlin, T. Harris, L. Matzdorf, M. Cleary, J. Wilson, R. Johnson, R. Snyder, P. Wieland. Managers: K. House, T. Chamberlin.

Lakeville South 33  
Rangers 7

Cretin-Derham Hall 49  
21

Hastings 0  
13

Andover 41  
7



# making a splash

## SWIMMING DIVING

Senior Captain  
**Amanda Sigfrinius**  
"I am so happy to have  
had the opportunity to  
be a part of this team.  
Thanks for all the  
awesome times!"



Senior Captain  
**Allison Garrity**  
"Keep it real girls;  
you are all  
rock stars!"



Senior Captain  
**Rachel Merrier**  
"You girls have created  
some of the best  
memories I'll ever  
have. I love you all!"



Around 6:00 p.m. on Thursday's, the Southwest Junior High pool is a mixture of many sounds. The splash of water, the snap of goggle straps, and the rapid heartbeats of anxious athletes filled the air. These swimmers and divers were ready to compete, and prepared for each meet with a vigor and dedication not always found in high school athletics. Practices were held six days each week, pushing the team's endurance and strengthening their resolve to improve.

The diving portion of the team continued its strong tradition for yet another season. "Nearly every meet, we took first. And the younger girls on the team have high potential," stated diving coach Deborah Welch. This success translated into a great showing at the Section meet and the advancement of five

teammates to the State Tournament.

The team as a whole took third at the 7AA Section meet, and included a second-place finish by Junior diver **Janel Duffy**. Duffy advanced to State, as did Junior **Amanda Nelson** for the 100 butterfly, the 50 freestyle, and the 200 medley relay. Senior **Rachel Merrier**, Sophomore **Mary Walters**, and eighth grader **Sarah Williamson** traveled to State for the 200 medley relay.

With the long hours of training and workouts behind them, the swimming and diving team bid each other and the pool a fond farewell. For the seniors, this was a final goodbye, filled with memories of seasons past. They made their mark in the only way they knew how: with a resounding splash.

~ Amanda Sigfrinius



Above Left: Junior **Amanda Nelson** dominates in her race. She broke the pool record from a time of 1:00.30 to a 59.16 and went to State for the butterfly.

Above Right: Juniors **Ashley Schmitz**, **Amy Lalla**, and **Katherine Monberg** stop to share their exciting defeat of White Bear.

Right: Junior **Mary Walters** sprints her way through the 400 freestyle relay. It was a tight race but in the end she took first.



Front Row: R. Merrier, A. Garrity, A. Sigfrinius, D. Jensen, M. Mattison. Row 2: S. Williamson, G. Buntin, L. Gifford, A. Isaacson, K. Dufree, A. Berniklau, C. Gross, A. Morris, B. Luthman, N. Haglund. Row 3: Coach R. McKendle, H. Ratow, J. Kappes, L. Quale, H. Merrier, D. Kaiser, P. Wold, C. Royce, A. Elleringer, A. Bergman, A. Bergan, R. Gross, J. Marier, Coach K. Kennedy. Row 4: R. Anderson, A. Moberg, J. Duffy, E. Eagen, S. Morris, N. Engholz, S. Carr, A. Anderson, L. Tomnitz, B. Sweigart, J. Niemczyk, D. Proulx, M. Lundberg, K. Royce, Coach D. Welch. Row 5: A. Husfeldt, E. Liljedahl, K. Plaisance, A. Lalla, K. Monberg, M. Claffin, S. Sampair, K. Ericson, F. Van Sloun, R. Zierke, A. Nelson, A. Schmitz, M. Walters, C. Perterson, J. Dehager, L. Oberg-Hauser.

## SCOREBOARD

Coon Rapids 107  
Rangers 79

Hastings 103  
81

Cambridge/Isanti 99  
87

Cretin Derham Hall 108  
77

Roseville 96  
88



Danielle Jensen



Ann Husfeldt



Alissa Moberg



Ashley Schmitz



Margaret Mattison



Above: Junior **Carrie Peterson** comes up for a breather while on the last stretch of her race. Peterson competed in the 200 individual medley.

Far Left: Junior **Janel Duffy** soars gracefully in the air. Duffy aced the bottom of the dive and continued with a great season, ranking second in Section 7AA.

Left: Senior **Amanda Sigfrinius** pulls out of her dive while the whole team watches in anticipation. Sigfrinius ended that night against Cretin Derham Hall, with the highest score of the season.

Stillwater 100  
Rangers 78

Woodbury 101  
78

White Bear Lake 81  
100

Moundsview 101.5  
84.5

Park Cottage Grove 58  
128



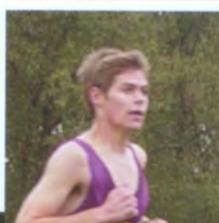
Roman Morris



John Gavanda



David Kasl



Spencer Cossalter



Cody Kendrick



Above: Junior **Seamus Glewwe**, Sophomore **Benjamin Brodin**, and Senior Captain **Benjamin Fick** stay together as they pass a runner from Woodbury. This helped the team earn a fourth place finish at the Conference meet.

Far Right: Senior newcomer **Jamison Hull** breaks the wall of Stillwater runners. This move helped him to earn All Conference Honorable Mention.

Right: Freshman **Nick Kelly** and Junior **Mark Sandager** make a human wall. These two worked together to pass the competition and did not allow anyone through.



## MEETS

St. Cloud Apollo

Anoka

St. Francis

University of Minnesota



# running with the rangers

## CROSSCOUNTRY

On a sultry August day, varsity runners warily wondered what to expect from their new running coaches. The answer came quickly: a ten mile run was the first activity of the day. Suddenly, there were no doubts that these coaches knew what running meant to this Ranger team, and the season was off to a roaring start. With over fifty years of running experience and over twenty years of coaching history between them, Coach **Deno Johnson** and Coach **John Fick** brought a wealth of knowledge to the team. "I wasn't too worried about the new coaches since they both have coached me before," said Senior Rookie of the Year **Jamison Hull**.

As the season progressed, the talent on the team became evident. The boys bagged a first place finish at the Anoka Invite, and followed

that by placing in the top eight in the next three meets. They went into the Conference meet with a positive attitude, and earned a fourth place finish against tough Suburban East competitors. "To place fourth in this quality of a running conference with such a small squad is great," stated Activities Director Joel Olson. Notable individual performances included **Zachariah Clark** earning All Conference and **Jamison Hull** and **Benjamin Brodin** earning All Conference Honorable Mention.

At the Section meet, the boys ran to a fifth place finish. "It was a fine result considering we are in one of the toughest sections in the state," commented Coach **Deno Johnson**. "It's something to build on for the goal of top two next year," he added.

~ Zachariah Clark



Senior Captain  
**Benjamin Fick**  
"Goals were accomplished, the future looks bright."



Senior Captain  
**Joseph Mitchell**  
"Hard work is hard."



Above Left: Sophomore **Spencer Cossalter**, Freshmen **Andrew Orth** and **Nathan Moen**, and Sophomore **Shawn Wright** push each other for another strong junior varsity finish. All four shaved at least a minute off their times from the beginning of the season.

Above Right: Freshmen **Will Long** and **David Medina** run in perfect sync. Long and Medina helped the junior high to many first place finishes during the season.

Left: Junior **Zachariah Clark** does what it takes to finish the race. Clark ran almost the whole 3.1 miles with no shoe and still finished in the top twenty.



**Front Row:** B. Fick, J. Mitchell. **Row 2:** M. Howe, M. Capra, G. Glewwe, S. Wombold, M. Maki, S. Wright, C. Kendrick. **Row 3:** W. Long, D. Kasl, S. Cossalter, R. Wright, N. Kelly, T. Mansmith, D. Lundell, T. Strike, J. Hull, S. Glewwe. **Row 4:** Coach D. Johnson, M. Sandager, L. Nordgren, N. Moen, A. Orth, Z. Clark, S. Duggan, D. Medina, R. Morris, D. Johnson, B. Brodin, J. Gavanda, T. Antisdell, Coach J. Fick.



# a change of pace

## CROSSCOUNTRY

Senior Captain  
**Shawna  
McNamara**  
"We are the  
fastest Flakes!"



Junior Captain  
**Kristi Buerkle**  
"Yes, we do run  
for fun!"



This year, the girls cross country team had to adjust to many challenges. With two new coaches, a new style was brought to the team. This included new expectations, discipline, and work ethic. "It was nice to have new coaches," stated Sophomore **Annie Dehmlow**. "It brought a new atmosphere to the team." Running long distance is not something that people excel at overnight. These girls attended captain's practices starting as early as the middle of July in order to prepare for the upcoming season.

Along with new coaches, there was also a large number of new additions to the team. Because the girls cross country team is so small, they always have a strong team relationship. "Coming into the team as a junior was a lot more fun than I expected," stated

Junior teammate **Brittini LaFontsee**, "I felt like I had been part of the team for years."

With so many new and younger girls on the team, there was a lot of learning to be done. "It was a building year," commented Sophomore **Katelyn Babbitt**. The girls worked hard and were able to end the season with some strong accomplishments. A major highlight was their first place finish at the Anoka Invitational. Their seventh place finish at the Roy Griak Invitational, held at the University of Minnesota, was also an event worth acknowledging. Even though there were a lot of new changes on the team, the girls were really able to pull together and stay in stride, despite the change in pace.

~ Kristi Buerkle



Above Left: Sophomore **Annie Dehmlow** breaks away from her White Bear and Woodbury competitors in the final stretch of the Conference race. This race was the only home meet for the girls, and was held in Stacy, Minnesota.

Above Right: The girls varsity team begins the race at the Roy Griak Invitational, held at the Les Bolstad Golf Course at the University of Minnesota. This meet was the largest high school cross country race in the nation.

Right: Number 365, Junior Captain **Kristi Buerkle**, paces herself at the Conference meet. Buerkle overcame a sprained ankle to finish second on the team.



**Front Row:** S. McNamara, K. Buerkle. **Row 2:** S. Mitchell, B. LaFontsee, B. Holmes, R. Moen, K. Babbitt, A. Dehmlow, C. Jaros. **Row 3:** M. Lemmons, K. Robinson, A. McGary, E. Peterson. **Row 4:** Coach M. Labossier, J. Brodin, M. Gooley, L. Marosok, G. Lange, N. Johnson, E. Wagner, Coach K. Faireman.

## MEETS

St. Cloud Apollo

Cambridge

Anoka

St. Francis

University of Minnesota



Katelyn Babbitt



Megan Gooley



Lauren Marosok



Rae Moen



Sarah Mitchell



Above: Staying strong as they run together, Sophomore **Annie Dehmlow**, Junior **Kristi Buerkle** and Senior **Shawna McNamara** show their talent at their home meet. All but two of the girls reached their best personal times in this race.

Far Left: During the Section 4AA race, Junior **Brittni LaFontsee** pushes past her Stillwater competition. This was LaFontsee's first year on the cross country team.

Left: Junior **Bridget Holmes** and Freshman **Megan Gooley** stay together in the Suburban East Conference race. The team placed seventh at this meet.

Duluth East

Blaine

Suburban East Conference

Section 4AA





Merim Halavac



James Harnett



Efrain Limon



Jeffrey Kohler



John Loeffler



Above: At halftime, the boys gather to regain their focus and strategize for a win. Home field advantage aided in their victory over Hastings. Far Right: Junior **William Montes** fights to get the ball from his opponent. Montes was a strong forward and defender for the Rangers this season. Right: Junior **Bryce Bengston** carries the ball up the field, with his opponent hot on his heels. Bengston took the ball down the field to set up a shot on goal.



## SCOREBOARD

Duluth East	4	Coon Rapids	1	Hastings	1	White Bear	3	Woodbury	3	Park	1	CDH	0	Mounds View	2	Cambridge	0
Rangers	1		1		2		0		0		0		2		0		1



# game sharks

S O C C E R

As one of the youngest teams in our conference, the Ranger boys soccer team had their work cut out for them this season. Not only was their competition fierce, but the Rangers' limited experience meant longer and harder practices throughout the season. The efforts of the team paid off in several exciting games.

After a sixteen year loss record against Stillwater, the Rangers were finally able to notch a victory against their rivals. With the 2-0 win, Coach **Shaun Conley** commented, "It was the most exciting game of the season. We had so many chances."

Junior **Andrew Setterholm** recalled, "Winning was always good, spaghetti dinners on the lake, bus ride to Duluth, the lake, having fun with the underclassmen, and Gameshark." When asked to explain gameshark, he laughed,

and then remarked, "Well, it was on the bus ride to Duluth ... and one of the players was so into the game... he was so mad that his mom wouldn't let him play a video game. It just made him play better... with anger." The saying stuck, and when a Ranger teammate played forcefully, he was called this nickname.

At season's end, the Rangers held their own against the powerful Duluth East team. The game went into sudden death, and although it was a Greyhound goal that ended the match and the Rangers' season, the game was filled with positive memories. "The determination of every player out there is how you want it to end," Coach Shaun Conley remarked. "This season was the second best season in the team's history. I couldn't be more proud of how the boys played."

~ Lianna Bydalek



Senior Captain  
**Jordan Bengston**  
"Good season...  
gameshark...I will  
miss everybody."



Senior Captain  
**Samuel York**  
"Excited for  
underclassmen  
and for their  
future."



Above Left: The team shows good sportsmanship after a tough 0-2 loss to Mounds View. The Rangers went on to three straight victories after this match.

Above Right: Seniors **Erik Stolberg**, **Luke Odegaard**, and **Samuel York** make a wall to help out their goal keeper, Senior **John Loeffler**. The defensive maneuver helped the Rangers to a victory against Mounds View.  
Left: Senior Captains **Jordan Bengston** and **Samuel York** work together to get the ball up the field. Bengston and York played defense and midfield for the Rangers this season.



**Front Row:** B. Bengston, J. Stiner, T. Steiner, A. Davis, B. Conley, E. Limon, P. Stiner. **Row 2:** E. Stolberg, A. Nelson, J. Bengston, J. Harnett, S. York, J. Kohler. **Row 3:** Coach R. Tungseth, Coach J. Hanson, J. Haider, M. Halavac, W. Montes, L. Odegaard, J. Loeffler, Coach S. Conley.

St. Francis 0 Stillwater 0 Woodbury 3 Cretin 1 Roseville 1 Hastings 1 Stillwater 0 Roseville 0 Mounds View 2 Duluth East 1  
Rangers 2 2 0 2 0 1 0 2 0 0



# whoop whoop

## S O C C E R

Senior Captain  
**Ann Miron**  
"Draw it on the  
white board."



Senior Captain  
**Krista Skoglund**  
"Thanks for a  
great season,  
girls."



Senior Captain  
**Renee Frericks**  
"Whoop, whoop...  
We had a lot of  
fun this season."



The girls varsity soccer team rose to a great many challenges this season. A major change in the lineup and a new conference opponent pushed the team to work even harder at practices so they could be competitive against tough opponents.

One difficult adjustment was replacing a star goalie who graduated last year. "Goal tending was one of our weaker spots just because we did not have the experience," commented Coach **Jenny Hollaren**. "We were lucky to have had two senior goalies last year. Like every team, when they lose a senior goalie they have to find somebody to step up." That somebody was Sophomore goalie **Kayla Raarup**, who rose to the challenge by beginning the season with three straight shut-outs, helping her team

outscore their opponents 16-0.

The addition of Cretin-Derham Hall into the Suburban East Conference was another adjustment for the team. Though they proved too strong an opponent, the Rangers battled them until the end. "You should never give up, no matter how bad you may be losing. Winning is not everything, but friendships and experiences are," stated Junior **Michelle Medina**.

The season ended with a 3-0 loss to Andover. Sophomore **Danielle Boldenow** commented that, "The girls are looking forward to next season with experience and the improvement of the team... never give up!"

~ Jacquelyn McKusick



Above: Sophomore **Danielle Boldenow** traps the ball away from her Park opponent. She successfully dribbled the ball down the field in attempt to score. Above Right: Juniors **Kyla Lindstrom, Samantha Buol, Kate Harrison, Jenna Smoczyk, and Lindsay Johnson** have fun during halftime. They waited for the bus, while supporting their varsity girls team play against Mounds View.

Right: Junior **Lianna Bydalek** takes the ball from her Park opponent, gaining possession. She successfully cleared it away from their net.



**Front Row:** K. Skoglund, A. Miron, R. Frericks. **Row 2:** A. Hesselgrave, H. Mettling, C. McCormick, K. Raarup, S. Shogren, A. Johnson, C. Newell. **Row 3:** B. Craig, A. Paulson, D. Boldenow, L. Bydalek, M. Medina, C. Bass, A. Mills, S. Bonfe. **Row 4:** Coach J. Hollaren, P. Yang, S. Buol, K. Lindstrom, C. Gagne, A. Hedlund, J. McKusick, K. Swedin, K. Iverson, R. Wappel. **Row 5:** J. Smoczyk, J. Thieschafer, D. Flint, A. Kraus, B. Hukriede, A. Niemczyk, L. Johnson, C. Streufert, A. Johnson, Coach K. LaFean, J. DeGennaro.

## SCOREBOARD

Buffalo	0	North Branch	0	Chisago Lakes	0	Hastings	1	White Bear	6	Woodbury	11	Park	5	CDH	6	Mounds View	6
Rangers	6		8		2		1		0		0		0		0		0



Carey McCormick



Christina Newell



Carly Bass



Abigail Paulson



Brianna Craig



Above: Sophomore goalie **Kayla Raarup** stops Park from scoring. This was one of her many great saves this season for goaltending. Far Left: Senior **Anna Johnson** chases down the ball to steal it away from her Mounds View opponent. The Rangers played hard but they could not defeat the Mustangs. Left: Senior **Stefanie Shogren** takes the ball down the field. Sophomore **Audrey Mills** provided support from midfield.

Park Center	1	Stillwater	2	Woodbury	8	CDH	3	Roseville	5	Hastings	4	Stillwater	2	Mounds View	7	Roseville	3	Andover	3
Rangers	0		0		0		0		1		1		1		1		0		0



Madelynn Kohs



Kelly Bohnen



Chelsie Sobieck



McKenzie Gemeiner



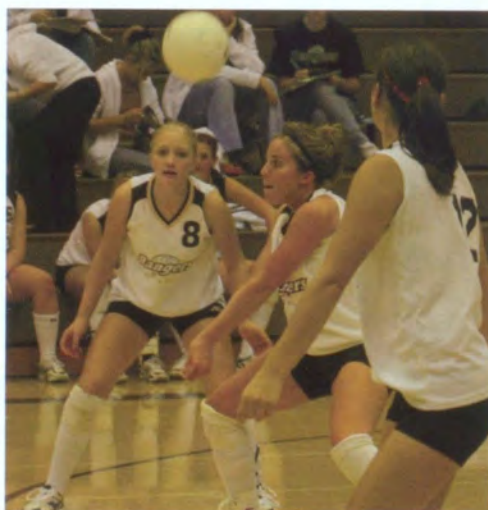
Pamela Nora



Above: 1,2,3 ..TEAM! The girls come together before the start of a new game. In this huddle Coach Alm often gave the team last-minute tips and the encouragement needed to win.

Far Left: The ball is up! Under pressure, Senior **Angela McKinnon** gets ready to serve the ball. She aced the serve and gained a point for her team.

Left: "I got it, I got it," shouts Junior **Ellen Nelson**, calling it off as she awaits the ball. Junior **Nicole Tetrault** and Senior **Kelly Bohnen** were there to cover her.



## SCOREBOARD

North Branch	0	Anoka	3	Cambridge	0	Park	0	White Bear	0	Stillwater	3
Rangers	3		1		3		3		3		0



# standing tall

## VOLLEYBALL

Most volleyball players say that their season starts in the summer instead of the fall by lifting and conditioning to be in their best shape. It all pays off during the week of try-outs; players work hard and hustle to make the team. The Rangers' varsity volleyball team was built by such motivation and determination. With the tallest player standing 5'9", the team knew it was going to take a tremendous effort from each individual player to be a successful team.

One highlight of the season was beating Mounds View. "It felt good to shut them down," smiled Junior **Megan Becker**. The Rangers continued to prove themselves, by taking a solid regular season record into playoffs. Leading into the first section game, the team was prepared mentally as well as physically. "It was about taking one game at a time," mentioned

Sophomore **Megan McKenzie**.

This proved to be a successful plan, as they conquered a win over Duluth East to make it to the section finals. With their adrenaline running, the Rangers challenged Hibbing for the title. Although the first game was in the Rangers' favor, Hibbing came out on top in the end. The defeat was hard to handle, but the team had much to be proud of. "We definitely played hard. We had nothing to hang our heads about," added Head Coach **Sherri Alm**.

Finishing the season at 19-8 and as the second-best team in their section, the girls were proud of what they accomplished. With so much success, the team was still standing tall long after the nets were taken down and the season's final game was played.

~ Angela McKinnon



Above Left: Back on defense, Senior **Courtney Felgen-Trenti** creates a perfect platform as she receives the ball from the first serve of the game.

Above Right: Ready, set... Sophomore **Megan McKenzie** positions her hands to successfully set the ball straight up to assist her middle hitter.

Left: BAM! Junior **Megan Becker** uses all of her strength to get above the net as she slams the ball down to complete the play. Becker played middle hitter for the Rangers this season.



**Front Row:** C. Felgen-Trenti, P. Nora, A. McKinnon. **Row 2:** S. Johnson, N. Tetrault, M. Kohs, M. McKenzie, A. Morris, M. Becker. **Row 3:** Coach M. Marr, E. Nelson, C. Sobieck, K. Bohnen, M. Gemeiner, C. Young, Coach S. Alm.



Senior Captain **Pamela Nora**  
"Win together, lose together, play together, stay together."



Senior Captain **Courtney Felgen-Trenti**  
"Don't throw in the towel, use it for wiping the sweat off your face."



Senior Captain **Angela McKinnon**  
"I am going to miss you girls! Remember the game isn't over until it's over."

Hastings	2	Cretin Derham Hall	3	Mounds View	1	Roseville	0	Woodbury	3
Rangers	3		2		3		3		0



# experts on the dance floor

## DANCETEAM

Senior Captain  
**Jessica Giesner**  
"We are not perfect as individuals, but as a team we are perfect in every aspect."



Senior Captain  
**Kelsea Griffin**  
"I was born ready...huh!"



Senior Captain  
**Amanda Kirchner**  
"Enjoy it while you have it because it goes by fast."



Senior Captain  
**Jacqueline Kling**  
"Live. Love. Dance."



Senior Captain  
**Tara Olson**  
"Have the audacity to take the Initiative."



The Forest Lake Dance Team showed off their expertise on the dance floor in the 2005-2006 year. In its fifth year, FLDT had many new and exciting experiences. The team got a new assistant coach, added a JV team and competed in both a new section and new conference. The team has grown from fourteen girls in its first year to an outstanding group of thirty seven dancers.

FLDT's fast growth called for the necessary addition of a JV team. Junior **Jennifer Faust** explained, "Our team has grown a lot and to have a JV in five years is an amazing accomplishment." Ms. Angela Nelson, a new teacher at FLHS, joined the coaching staff of head coach Ms. Kristin Gustafson and assistant coach Ms. Kristen Brovold, to assist with the new JV team.

In addition to the new JV team and a new assistant coach, FLDT was able to compete in its own 4AAA Section and SEC Conference. Four year FLDT veteran and

Senior Captain **Amanda Kirchner** noted, "It was a great experience for my senior year to finally be able to compete in our own section and conference. This is the first year we've really had a chance." Senior Captains **Jacqueline Kling** and **Jessica Giesner** earned All Conference medals and Senior Captain **Tara Olson** and Sophomore **Kelsie Jurasin** received All Conference Honorable Mention. The team had high hopes of taking their high energy kick dance to State but were happy with their fifth out of fourteen finish at the Section Championship Competition.

FLDT successfully completed 1,001 kicks at its second annual kick-a-thon in the fall. In February the team held its annual Dance Your Heart Out Clinic and Show. FLDT's fifth year was a success. Senior **Nicole Morrisette** summed the year up best, "We worked really hard and had a lot of fun, dance team rocks!"

~ Tara Olson



Above Left: FLDT Varsity Kick performs to "So Far Away" at the 4AAA Section competition. Senior **Chelsea Anderson** smiled brightly after finishing her amazing solo at the beginning of the dance.



Above Right: FLDT shows the crowd their hip hop attitude at the Homecoming Pep Fest. The girls popped their track jackets at the end of their "It's Hot" Homecoming mix.

Right: Senior **Nicole Morrisette**, Sophomore **Andrea Collins**, Sophomore **Kelley Carroll** and Freshman **Allison Kohler** rock out to "Burning Ring of Fire". The Varsity Jazz dancers were competing at the Mounds View Conference Competition.



**Front Row:** A. Kirchner, J. Giesner, K. Griffin, T. Olson, J. Kling.  
**Row 2:** A. Nyberg, B. Peterson, A. Reinertson, A. Wright, K. Lefto, J. Vilgos. **Row 3:** D. Gibson, A. Collins, K. Dunsmore, K. Bryant, A. Kohler, S. Goossens, K. Jurasin. **Row 4:** C. Anderson, B. Baron, K. Carroll, N. Morrisette, J. Chalgren, M. Svenkenson, A. Wagner, K. Jaeger, J. Faust, A. Pilla. **Row 5:** M. Harris, T. Kimbel, J. Duffy, V. Yamry, S. Lewis, B. Schlaeger, S. Simons.



## SCOREBOARD

Conference Competition  
at Mounds View

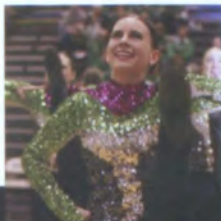
Eastview Invitational  
Competition

Conference Competition  
at Forest Lake

North Branch Invitational  
Competition



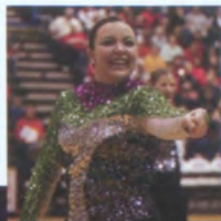
Chelsea Anderson



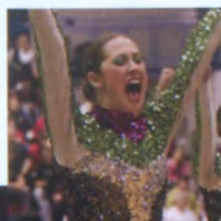
Kelley Carroll



Jennifer Faust



Siri Simons



Victoria Yamry



Above: FLDT performs to the song "Emergency" during halftime of a fall football game. Kicklines like this were always a crowd favorite.

Far Left: Senior Captain **Jacqueline Kling** and Sophomore **Kendra Jaeger** push their legs to the max at Sections. The team performed hundreds of kicks every day to achieve the great form that these two beautifully display.

Left: Varsity Jazz dancers "burn big" at the Mounds View Conference Competition. They performed in brand new jazz costumes earned from the hard work of car washes, the kick-athon, and the dance clinic.

Blaine Invitational  
Competition

Stillwater Conference  
Competition

SEC Conference  
Championship Competition

Section 4AAA  
Championship Competition



David Gauerke



Kenneth Rivet



Andrew Hardy



Codey Carlisle



Thomas Kubes



Above: Senior Captain **Blake Woodward** celebrates with Junior teammates **Alex Lindeberg** and **Codey Carlisle** after a goal in Brainerd. This game was their first big win that started off the season. Far Right: Junior **Christian Fogerty** tries to control the puck while going one-on-one with a White Bear defenseman. The Rangers fought hard, but came up short in the end. Right: Junior **Aaron Kubes** takes a slap shot while Junior linemates **James Woods** and **Jeffrey Bohnen** wait for the rebound. The Rangers blasted Cambridge with a 7-0 victory.



## SCOREBOARD

	Grand Rapids	Cambridge	Brainerd	Park Cottage Grove	Woodbury	Hastings	Thief River Falls	Crookston	East Grand Forks*	Stillwater	White Bear Lake	Roseville	Cretin-Derham
Rangers	5	0	2	2	4	3	5	2	1	6	5	7	5
	2	7	3	2	3	2	3	3	2	3	1	0	1



# breakin' it down

After countless summer days of dry land training at the high school and early morning practices at Schwan's Super Rink, the boys were ready for the tough season they were about to encounter. They started off the season with big wins against Cambridge and top ranked Brainerd, which gave them high energy and confidence as they began the season.

The team took a long trip up to Thief River Falls for a tournament where they won two of their three games played. As they came upon the middle of the schedule, they played hard with some of the most highly ranked teams in the state, including White Bear Lake, Roseville, and Cretin-Derham Hall.

Senior **Kenneth Rivet**

acknowledged, "There was a really tough series of games that we went through and many injuries that changed up our lines." The team battled through close games and kept pace with their hard skating and tough checking. Not to be discouraged, they kept their heads high as they picked up a few wins and listened to their victory song, "It's Tricky". Senior **David Gauerke** explained, "Even though we didn't win a lot, it was still fun, especially 'breakin' it down' in the locker room." The hockey team lost eight seniors to graduation in 2006, but look to the bench to fill their skates.

~ Sean Tilton

H O C K E Y



Senior Captain **Thomas Kubes**  
"The year had its ups and downs, but we had fun: Trips up North, having fun with the sophomores-Right Cori? Good times in the locker room, "sgetti" dinners and Snapple."



Senior Captain **Blake Woodward**  
Advice to next year's team:  
-Keep tradition going with other half of Burris's stick.  
-Remember Forsythe's rules on going to a party.



Above Left: Senior goaltender **Nathan Burris** makes the save, snagging the puck in his glove. Burris was solid in the net this the season, starting all but two games.

Above Right: The team watches as the game winds down in the Maroon & Gold Arena.

Left: Seniors **Dustin Kendrick** and **Sean Tilton** celebrate after scoring a short-handed goal. Kendrick and Tilton were the main penalty killers throughout the season.



**Front Row:** A. Pooch, S. Tilton, D. Kendrick, A. Frost, T. Kubes, Coach C. Brandt, Coach J. Laughfry, B. Woodward, N. Burris, A. Kubes, J. Woods, A. Hardy. **Row 2:** K. Rivet, D. Gauerke, J. LaMotte, C. Fogerty, B. McGee, T. Rehak, Coach A. Forsythe, N. Giannini, J. Bohnen, C. Carlisle, A. Lindeberg, N. Welthammer, J. Kogler.

	Mounds View	Mounds View	Park Cottage Grove	Duluth East	Woodbury	Armstrong	Cloquet	Hastings	Stillwater	White Bear Lake	Roseville	Cretin-Derham	Elk River
Rangers	1	1	0	4	2	4	5	5	4	7	4	3	6
	7	4	6	2	1	2	0	1	1	2	1	2	3



# melting the ice

## H O C K E Y

Senior Captain  
**Anna Johnson**  
"This is a joke!"



Junior Captain  
**Stephanie Haider**  
"They ain't that bad."



Every new sports season is a clean slate, but this was especially true for the girls hockey team. Not only was there a brand new coaching staff, but also several new and young players on the team itself. "The new coaches have improved the team a lot. They pushed us hard," stated Junior **Brianna Craig**. "It was definitely a good change."

The girls practiced every day that they did not have a game. "Practices were intense. We had on- and off-ice conditioning, but it was fun," explained Sophomore **Kelsey Blum**. The team was young, with many fresh faces, and only one returning senior. "It was different being the oldest," commented Senior Captain **Anna Johnson**. "But I had a fun senior season. Everyone

got along great." Though the girls did not win every game, they won more games than in previous seasons. Their tough attitude and swift skating led to a number of close victories.

Before games, the girls had spaghetti dinners and parties, and bus rides to games were always exciting. "We didn't forget anyone on our way to Cloquet this year, so that was a plus," joked Junior **Stephanie Haider**. Overall, the adjustments made to the new leadership proved to only strengthen the team's resolve. They melted the ice with one another, and skated up a storm on the rinks throughout the season.

~ Kaleigh Brooks



Above Left: Senior Captain **Anna Johnson** cruises past several defenders on her way to the goal. Johnson's goal led the Rangers to victory.

Above Right: Sophomore **Miranda Nelson** keeps her Chisago Lakes opponent against the boards and away from making a clean shot.

Right: Junior Captain **Stephanie Haider** flips the puck across the ice, setting up a clear shot for the Rangers.



**Front Row:** K. Fredrick, K. Plouff, K. Blum, Q. Patchin, A. Johnson, S. Haider, K. Lindstom, P. Patchin, T. Shelafoe, C. Carpender. **Row 2:** H. Taylor, Coach P. Kendrick, Coach D. Forsythe, Coach C. Newell. **Row 3:** S. Solheid, C. Kendrick, A. Hanmer, K. Crudo, A. Nelson, M. Nelson, A. Grell, T. Danielson, B. Gray, B. Craig.

### SCOREBOARD

	Cambridge	Chisago Lakes	Cretin-Derham Hall	White Bear Lake	Hastings	Stillwater	Roseville	Duluth	Park Cottage Grove	Woodbury	St. Francis	Prior Lake	Ra
Rangers	4	1	2	3	1	4	3	0	1	1	1	3	
	1	0	0	1	2	2	0	6	5	2	1	1	



Katherine Crudo



Briana Gray



Paige Patchin



Torri Shelafoe



Alexa Nelson



Above: Sophomore goaltender **Kimberly Fredrick** denies a Chisago Lakes goal. Though the Rangers fell to the Wildcats 0-1, Fredrick stopped 27 shots in the matchup.

Far Left: Skating on a breakaway, Sophomore **Miranda Nelson** steers the puck up the ice.

Left: The puck drops in the faceoff, and Junior **Paige Patchin** battles her opponent for possession.

	Apple Valley	Roseau	Mounds View	Cretin-Derham Hall	White Bear Lake	Hastings	Stillwater	Roseville	Park Cottage Grove	Woodbury	Mounds View	Duluth	Cloquet
Rangers	1	2	3	3	4	2	5	5	1	3	1	0	3
	1	6	4	2	4	0	0	3	2	4	4	4	0



Joshua Williams



Ryan Brown



Christopher Rupar



Aaron Jacobs



Matthew Hansmann



Above: With his eyes on the ball and his feet on the move, Junior **Matthew Hansmann** closely defends against a perimeter shot.

Far Right: Junior **Andrew Cremisino** looks for an open man at the top of key. The Rangers' close 61-54 victory over Roseville was a nailbiter.

Right: Junior **Corey Kuefler** hustles after a loose ball against a Duluth Denfeld guard. The Rangers went on to a 51-40 victory against the Hunters.



## SCOREBOARD

	Como Park	Centennial	Champlin Park	Duluth Denfeld	Irondale	North Branch	Andover	Rosemount	North St. Paul	Cretin-Derham Hall	Hastings	Roseville
Rangers	58	53	35	40	46	48	68	56	42	58	59	54
	60	41	40	51	61	51	52	72	68	45	64	61



# shooting for the future

## BASKETBALL

The season for the boys basketball team was a challenge, but at the same time was a great success. With only two seniors on the team they knew they were lacking the experience that their competition had. With the lack of experience, the team knew they would have to pull together if they wanted their season to be a success.

The team still had a lot of talent and they knew they were going to have to take the season one game at a time. "Our season started strong," stated Junior **Andrew Cremisino**. "We hit a few bumps along the way, but in the end we came together and still managed to have a successful season." The young team gained a lot of needed experience throughout the season.

"We had a young team this year and next year we could do great things," stated Junior **Brett Johnson**. This future-thinking sentiment was echoed by others. "We have a talented team that is on the verge of breaking out," said Junior **Matthew Hansmann**.

The team did earn one particular honor this season that showcased a different talent. They were named as the State Academic Champions for Section 4AAAA, an honor bestowed on the conference team with the highest overall GPA. In addition to their skills on the court, the legacy this team set up promise a bright future for the team's younger members, and set the bar high for team achievement.

~ Nicholas Willcoxen



Above Left: Senior **Christopher Rupar** prevents a drive to the lane with his close defensive maneuvers.

Above Right: Sophomore **Ryan Brown** brings the ball up the court while waiting for the offense to set up.

Left: Senior **Nathan Robertson** takes it up and over the defensemen from Duluth Denfeld. Robertson landed the two-pointer in the Rangers' victory against the Hunters.



Senior Captain  
**Nathan Robertson**  
"Quit playing so mamby-pamby."



Senior Captain  
**Christopher Rupar**  
"Gotta have meat, no Laffy Taffy!"



**Front Row:** R. Brown, B. Kopp, B. Johnson, C. Rupar, B. Anderson. **Row Two:** R. Gavanda, B. Phelps, M. Person, C. Kuefler, T. Monahan, D. Cremisino. **Row Three:** Coach R. Rutten, J. Williams, A. Jacobs, N. Robertson, Coach C. Gunderson, B. Gort, M. Hansmann, R. Mickschl, Coach D. Cremisino.

	Mounds View	Stillwater	White Bear Lake	Park Cottage Grove	Tartan	Woodbury	Hastings	Cretin-Derham Hall	Mounds View	Roseville	Stillwater
Rangers	50	55	53	41	61	68	36	69	48	61	42
	46	49	58	49	47	45	32	59	46	53	57



# exceeding expectations

## BASKETBALL

Senior Captain  
**Krista Skoglund**  
"Play with your  
heart, you'll exceed  
expectations."



Senior Captain  
**Renee Frericks**  
"Oh, Snap!"



Much was accomplished during this season of girls basketball. The girls had to fight for their wins this season being a younger team. Their records may not be all that great, but they had put out all that they could give. They had some strong wins against Duluth Denfeld and St. Paul. They had some goals set for the season, but their most important goal that was set this year was to develop a better understanding of the game basketball.

One of the biggest things that was worked on was court savvy. Some of this included quicker, more precise foot work and better hand-eye coordination. The main goals to be reached this year were to get better every day and be more prepared as a team and individually to get to the Section final game. A new

record was made by Senior Captain **Renee Frericks**, who scored her 1,000th career point as a Ranger. "It was very exciting," Frericks said. "It shows all of the hard work that I have put into the game. I really owe it all to my fellow players; I wouldn't have done it without them!"

Junior **Kelsey Kosman** explained that there were many great memories from the season. "Bonding in Duluth at the hotel and the water park, and just hanging out with the entire team was just a very fun experience," she noted.

The team had a strong bond this season that will carry on into summer training. In more ways than one, the girls exceeded many expectations, including their own.

~ Rachel Borglum



Above: Senior Captain **Renee Frericks** makes the layup that gives her a spot amongst the Rangers record holders. Frericks scored her 1,000th career point in this game.

Above Right: The **Danger Ranger Crew** keeps the spirit going! This group was the girls' personal spirit boosters, and kept the team pumped up and energized at many home games.

Right: Junior **Janelle Winiecki** stands tall to score some points for her team. Winiecki sank this three point shot to get the Rangers ahead in the game.



**Front Row:** A. Iverson, A. Johnson, S. Shogren, K. Kosman, D. Boldenow, R. Olson. **Row 2:** E. Pilarski, K. Skoglund, S. Lindenberg, K. Anderson, R. Frericks, A. Thompson, J. Winiecki. **Row 3:** Coach J. Wagner, Coach J. Hoffner, K. Kolnberger, A. Berner, G. Lange, Coach J. Beimert, Coach A. Berg.

### SCOREBOARD

	Irondale	North Branch	White Bear	Duluth Denfeld	Park Cottage Grove	Como Park	Minnetonka	Woodbury	Cretin-Derham Hall	Totino-Grace	Hastings	Roseville	Mounds View
Rangers	54	46	67	29	57	58	62	45	54	44	46	52	44
	65	37	60	67	27	91	48	31	45	49	62	37	50



Kelsey Kosman



Andrea Thompson



Renee Frericks



Janelle Winiecki



Rylie Olson



Above: Adrenaline is high in the final seconds of the Ranger match up against Como Park. Junior **Andrea Thompson** crashed the boards to reel in the offensive rebound and put two on the board.

Far Left: Senior Captain **Krista Skoglund** takes it to the hoop as she hits her stride. The Rangers played hard to keep up with their North Branch opponents, but eventually fell to a 37-46 loss.

Left: Senior **Elizabeth Pilarski** puts on an intimidating face while looking for an open lane. Pilarski dished the ball to a teammate in the paint to put a few points on the board.

	Stillwater	White Bear Lake	Park Cottage Grove	Champlin Park	Woodbury	Duluth East	Cambridge	Hastings	Cretin-Derham Hall	Mounds View	Roseville	Stillwater
Rangers	52	49	28	70	48	66	35	41	55	58	58	55
	45	55	38	53	26	57	51	40	50	64	42	45



Shawn Saxe



Matthew Joyer



Geoffrey Cass



Ryan Turry



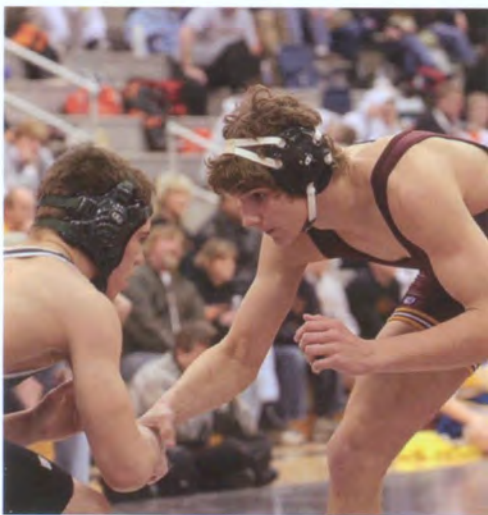
Derek Synan-Peterson



Above: The team sits on the podium after a great day of competition at Conference. The team had eleven All Conference award winners, the most ever for a Rangers team.

Far Right: Junior **Luke Opsahl** works to get the team extra points as he pins his opponent from Stillwater.

Right: Junior **Lucas Munkelwitz** waits to set up his shot and take control of the match.



## SCOREBOARD

Rangers	Chisago Lakes Area.....65-9	Roseville Area.....72-9	Park Cottage Grove.....55-18	Bemidji.....38-31
vs.	Park Cottage Grove.....39-27	Blaine.....72-0	Eden Prairie.....66-10	Stillwater Area.....57-9
Opponents	Grand Rapids.....58-9	North Branch.....62-18	Little Falls.....40-30	Cretin-Derham Hall.....72-6



# victory starts here

Wrestling, the oldest sport known to man. Everyone has wrestled in some way. Like previous years, the Forest Lake Rangers had a strong wrestling team. This year's team had high hopes and goals to be among the elite. The team strived to be the best in the state, and to that end, wrestlers could be found pushing themselves every day after school from 2:50 p.m. until 4:50 p.m. Senior **Dustin Bentley** said, "You really find out how hard you can push yourself during practice."

This season there were twenty returning lettermen and seven seniors on the starting varsity lineup. Being that the team was not young or inexperienced, they needed to work extra hard to prove to themselves and others that they were able to compete at the highest

level. Excited to get a head start on a promising season, the team jumped right into intense practices run by Senior Captains **Eric Morris**, **Patrick Taylor**, and **Jordan Kolbow**. The coaching staff also knew that this year they had a great crew, and they had high hopes for the team, as well. They got started right away on teaching the team new moves and pushing their athletes to their limits.

All of the hard work paid off with a season team record of 24-5. The team came short of making it to State, but they did have six individual wrestlers in the State Tournament: five Section champions and one runner-up. The Forest Lake wrestlers made some great memories and hoped able to be able look back and smile on this year's season.

— Matthew Joyer

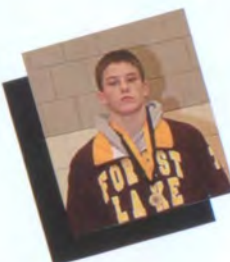
## WRESTLING



Senior Captain  
**Jordan Kolbow**

What was the best part about your season this year?

"Making it to State again this year and placing first."



Senior Captain  
**Eric Morris**

What moment will you remember the most about his year's team?

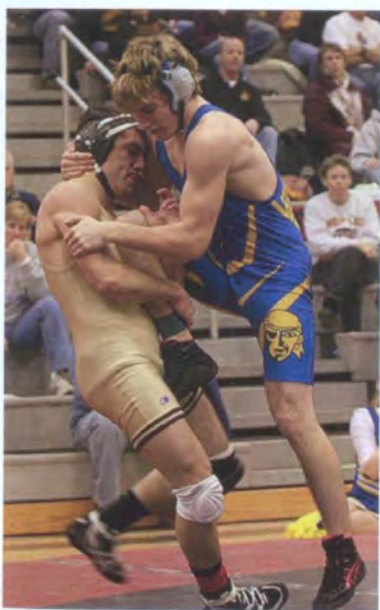
"It would have to be when Derek pinned his kid and we beat Apple Valley."



Senior Captain  
**Patrick Taylor**

What matches were the most memorable during this season?

"Probably my matches against Justin Decheine from St. Francis."



Above Left: Senior **Eric Morris** fights off a shot in his championship match at the individual Conference match.

Above Right: Senior **Jordan Kolbow** gets his hands raised at the end of his finals match at State. Kolbow's picture joined those of 13 past Rangers state champions on the walls of the wrestling room.

Left: Senior **Patrick Taylor** finishes a well shot single leg take down in his Conference championship match.



**Front Row:** K. Nelson, L. Opsahl, A. Kolbow, C. Janssen, K. Determan, N. Arcand, S. Saxe, M. Joyer, B. Haeberle, A. Lexvold.  
**Row 2:** Coach T. Harris, L. Smith, J. Kolbow, B. Kolbow, B. Yetter, P. Taylor, E. Morris, N. Zemke, M. Riter. **Row 3:** Coach R. Dettmer, Coach R. Elliot, R. Turry, D. Synan-Peterson, L. Robinson, M. Schwartz, L. Munkelwitz, D. Bentley, T. Osterbauer, C. Peterson, G. Cass, Coach J. Kunshier, Coach J. Underdahl, Coach G. Berg.

Anoka.....21-31	Cambridge-Isanti.....38-18	St. Paul Johnson.....81-0	Woodbury.....72-0	St. Francis.....25-33
White Bear Lake.....52-9	Pierz.....24-27	White Bear Lake.....49-11	Apple Valley.....28-27	Mounds View.....65-4
St. Cloud Apollo.....67-6	Hastings.....22-39	Coon Rapids.....32-17	Minneapolis Patrick Henry.....75-3	Champlin Park.....45-24
				St. Francis.....24-39



# perfect 10

## GYMNASTICS

Senior Captain  
**Kelsey Callahan**  
"Yeah, but at least  
we are cute."



Senior Captain  
**Tasha Tyler**  
"I can't help  
it, I am just a  
thruster."



Not many sports require the flexibility of a dancer, the strength of a football player, and the courage of a sky diver. The one that does require all of these, however, is gymnastics. Gymnastics is an intense sport where only the determined and daring make it. The Forest Lake Gymnastics Team was just that.

The beginning of the season started off a little rocky as the athletes got used to the vigorous workouts and were reacquainted with the coaches. After winter break, though, the team just took off. "Most of the team has grown up together at club gymnastics," said Sophomore **Chelsea Uram**, "so we are all really close." The team had a lot of bonding time with spaghetti dinners, a sleep over at the gym, and fund raisers. Many fund raisers were organized by

the captains, including a car wash, bagging groceries, and a gymnastics clinic for younger gymnasts.

This was the first year that they held a gymnastics clinic, and it proved to be very successful. "It was fun teaching the little kids, except when one of them got into the chalk and ran around pretending to be a ghost," explained Sophomore **Madeline Crew**. Despite the rocky start, the gymnastics team finished strong with a season high of a 144.125 at Sections and Junior **Nicole Paulson** qualifying for State on bars. Junior **Stephanie Sampair** summed up the season perfectly saying, "It was a lot of hard work, but it was also a lot of fun along the way and it paid off in the end."

~ Kelsey Callahan



Above Left: Junior **Adriane Kraus** blocks off the horse while executing a handspring vault. Her high vault score contributed to the team all-around score against White Bear.

Above Right: The senior gymnasts and manager smile as they pose for a picture for Senior Night. It was a bittersweet final meet for the Seniors.

Right: Junior **Ashley Morris** balances gracefully on the beam. Morris' poise and composure helped her perform her routine with flair.



**Front Row:** K. Callahan, T. Tyler. **Row 2:** C. Kettler, N. Schneider. **Row 3:** Coach C. Ressler, C. Anderson, N. Paulson, J. Springer, C. Fitzmorris, S. Sampair, E. Jandrich, M. Mattison. **Row 4:** Coach N. Elias, Coach M. Blackstead, T. Brett, C. Kline, C. Uram, S. Sampair, A. Kraus, J. Duffy, A. Morris, M. Crew, Coach C. Suess, Coach J. Tinklenberg.

## SCOREBOARD

Stillwater 141.325	Roseville 142.350	Woodbury 142.025	White Bear 142.375	Lakeville 145.300
Rangers 136.300	141.025	136.025	137.825	142.650



"Icing Up"



Scotti Sampair



"Chalking Up"



Stephanie Sampair



Nicole Paulson



Above: Junior **Janel Duffy** dazzles the crowd with her power house floor routine. Duffy's teammates cheered her on as she performed to "Charlie's Angels".

Far Left: Junior **Nicole Paulson** sticks her Tsuk-pike on vault. Paulson's speed and strength made her a strong competitor on vault.

Left: Sophomore **Chelsea Uram** blocks off the horse before she flips her vault. Uram was a key gymnast who pushed through many injuries during the competition season.

Cretin-Derham Hall 128.250  
Rangers 138.850

Mounds View 132.675  
142.650

Hastings 125.850  
143.425

Park Cottage Grove 146.575  
143.725



Ryan Peterson



Elijah Miller



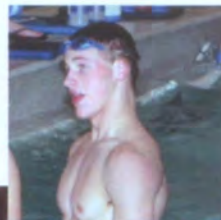
Dillon Hudalla



Anthony Johnson



John Goossens



Above: The team rejoices as they receive first place at True Team Sections. The swimmers and divers celebrated several similar victories as the season progressed.

Far Right: Sophomore **Elijah Miller** comes up to breathe while striving to make a good time at the end of his race.

Right: Junior **Matthew Elden** leads the pack on the last leg of the 200 freestyle relay.



## SCOREBOARD

Cretin-Derham Hall	97	Park Cottage Grove	92	Cambridge-Isanti	80	Roseville	92	Team Sections	Hastings	89
Rangers	88		89		98		85	1st		96



# racing to the top

Take your mark. . . BEEP. This is what each swimmer heard as he entered the water to begin his race. "The high energy workouts and long practices are things I will never forget", said Senior Captain **Samuel Gort**. With practices held six days out of each week, there was very little down time. But the sweat and hard work paid off in the end. "One of the biggest highlights of the season was winning two team sections," stated Junior **Ryan Peterson**. "Without the time and dedication brought forth by each swimmer, the team would not have been as successful as they were," added Head Coach **Barb Vailodash**. The team sent several boys to state. Senior **Dillon Hudalla** took 4th in

diving. Senior **Samuel Gort** took 21st in the 200 freestyle and 16th in the 500 freestyle. Junior **Mark Sandager** took 24th in the 100 butterfly and 18th in the 100 back. There were two relay teams that also went to State. Sophomores **John Goossens** and **Elijah Miller** joined **Gort** and **Sandager** to swim in the 200 freestyle relay and 400 freestyle relay, taking 15th in both events. The atmosphere at the State Meet was electric, as each Ranger swimmer strove for personal bests and a team victory.

~ Amanda Sigfrinius

S W I M M I N G  
D I V I N G



Senior Captain **Samuel Gort**  
"Go in strong, come out even stronger."



Senior Captain **Dillon Hudalla**  
Highlight: Breaking the pool record with a 278.64.



Junior Captain **Mark Sandager**  
"Our hard work pays off in the end!"



Above Left: Sophomore **Elijah Miller**, Junior **Tyler Sperry** and Junior **Mark Sandager** begin their race with strong starts off the blocks. They continued to do well throughout the season, and sent both Miller and Sandager to State.

Above Right: Senior **Samuel Gort** pushes himself to finish in 500 freestyle. Gort took second and broke his personal best record at this meet, and later swam to 16th place at the State Meet.

Left: Senior **Dillon Hudalla** practices his board height. Hudalla completed a forward 2 1/2 somersault and landed it perfectly!



**Front Row:** C. Kent, B. Bahr, C. Royce, K. McCleary, B. Woehl. **Row 2:** M. Bahr, E. Morris, T. Lund, M. Goossens, J. Isaacson, S. Bergeron. **Row 3:** J. Carr, K. Salmela, D. Tonkinson, J. Lichtscheidl, R. Fleming, C. Krummi, A. Peterson, Z. Curtis. **Row 4:** K. Brennhof, T. Sperry, F. O'Neil, T. Johnson, S. Isaacson, J. Goossens, P. Sandager, J. Stomberg, K. Lalla, Coach A. Christoffersen. **Row 5:** Coach D. Welch, Coach B. Vailodash, J. Gavanda, J. Waskey, M. Sandager, R. Peterson, S. Gort, E. Miller, D. Hudalla, M. Elden.

True Team State Meet  
Rangers 10th

Irondale 79  
94

Mounds View 102  
78

Stillwater 103  
78

Woodbury 100  
84



# crossing the finish line

## NORDICSKIING

Sophomore Captain  
**Katelyn Babbitt**  
"We're in a really  
good position for  
next year!"



Sophomore Captain  
**Annie Dehmlow**  
"I'm really proud of  
how the team came  
together."



This year's girls Nordic ski team exceeded expectations and crossed the finish line for a memorable year. The girls of the Nordic ski team came into the season unsure of their capabilities. Having an extremely young team, made up of mostly sophomores and juniors, raised questions on how well they would place against some of the fierce competition. The girls were able to pull together and cross the finish line with first place finishes, All Conference Medals and two racers making it to the State meet. "We had a good year considering how young we are as a team," added sophomore **Lauren Marosok**.

The team had many hurdles to overcome. The winter season ended up being unusually warm, and snow was not seen on a daily basis. Many of the ski teams in the state were not able to ski, and would have dry-land practices instead. Our Nordic girls, however, were determined not to let the lack of snow stop them from skiing. They took a bus to

Trollhaugen Ski Resort six days a week and practiced, regardless of the weather.

As the season continued, the team's achievements started adding up. One of their biggest accomplishments was a first place finish at the Minneapolis Invite. Conference was also a success for the girls, taking third place. Earning All Conference medals were Junior **Kristi Buerkle** and Sophomores **Annie Dehmlow** and **Katelyn Babbitt**. The team earned another third place finish at the Sections meet, held at Giants Ridge. Junior **Kristi Buerkle** and Sophomore **Annie Dehmlow** also earned a trip to the State meet for their individual performances at Sections.

Their hard work paid off and the girls were able to end the season with high hopes for next year. "Tenacity. Fire. A will-to-win. This year's girls team possesses all the tools to own the future," Coach **Deno Johnson** stated to sum up the season.

~ Kristi Buerkle



Above Left: Junior **Bridget Holmes** skis in her classic race at Conference. This was Holmes' first year on the nordic ski team.

Above Right: The girls team goes for a cool down after the Sections race. Only seven girls were allowed to compete at sections and an alternate was brought in case of an emergency.

Right: Junior **Kristi Buerkle** shows off her classic technique at Sections. Buerkle's top notch finish qualified her for the State meet.



**Front Row:** E. Peterson, K. Buerkle, A. Dehmlow, A. Wilcox.  
**Row 2:** Coach D. Johnson, M. Gooley, J. Brodin, B. Holmes, L. Marosok, K. Babbitt, J. Scott, A. Anderson.



## MEETS

S.P.A. Westra  
Sprints

Dean Power  
Memorial Pursuit

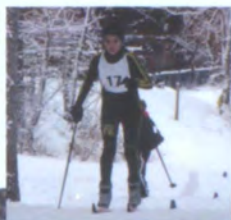
Holiday Relays

SEC Skate Sprint  
Relay

Minneapolis Invite



Elizabeth Peterson



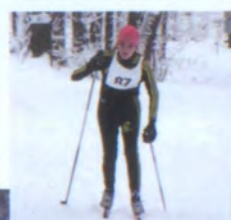
Amber Anderson



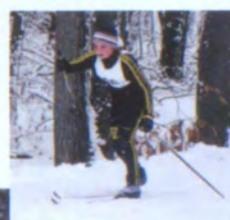
Justine Brodin



Megan Gooley



Jennifer Scott



Above: Sophomore Captain **Annie Dehmlow** uses both her upper and lower body to pace herself for the classic race. Dehmlow this season, earned an All State honor.

Far Left: Sophomore **Lauren Marosok** braces herself for the upcoming turn on the race course. This was Morosok's second year on the team.

Left: Sophomore Captain **Katelyn Babbitt** pushes up the hill during her Sections skate race. Babbitt's performance contributed to the team's third place finish.

Mesabi Invite

Forest Lake  
Classic Sprint Relay

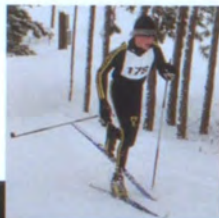
Suburban East Conference  
Championships

Section 2AA  
Championship

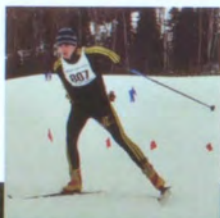
MSHSL State  
Championships



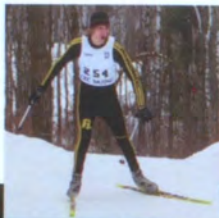
Shawn Wright



David Kasl



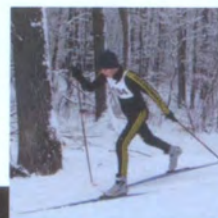
Roman Morris



Joseph Mitchell



Ryan Wright



Above: Senior Captain **Benjamin Fick** throttles up and over the hill at the Section 2AA meet at Giants Ridge. Fick finished his season as the first high school nordic ski racer to be undefeated in a season.

Far Right: Junior **Leif Nordgren** sprints to the finish line at the prestigious Minneapolis Invite. Nordgren placed fourth behind three of the top returning skiers in the state.

Far Right: Sophomore **Travis Strike** skates past the competition. Strike finished as the top sophomore in all of his races.



## MEETS

S.P.A. Westra  
Sprints

Dean Power  
Memorial Pursuit

Holiday Relays

SEC Skate Sprint  
Relay

Minneapolis Invite



## NORDIC SKIING

The French Alpine skier Jean Claude Kelly once said that, "The best and fastest way to learn a sport is to imitate a champion." In the nordic team's case, that would be seven champions, which was how many skied to yet another State championship title in 2006.

Leading the charge were Senior Captains **Benjamin Fick** and **Jamison Hull**. "I really thought the boys kept there composure during the big meets," commented Hull. The first big race of the season was the Mesabi East Invite, where the boys finished second behind Hayward, Wisconsin. Next was the tough Suburban East Conference championships, at which the boys brought home their eighth title in the last nine years, taking 1-2-3 and had

seven All-Conference skiers. Moving on to the Section meet, they knew what they had to do and they skied to their ninth Section title in the last nine years.

Then came the big MSHSL State championships. "The boys totally dominated the race from start to finish. They skied very impressively," said Coach **Deno Johnson**. They finished first with a record score of 766, with four All State athletes: Seniors **Theodore Steiner** and **Benjamin Fick**, and Juniors **Lief Nordgren** and **Zachariah Clark**. Fick was also the individual champion. These incredible athletes have risen to the near impossible challenge: they have earned the immortal title that of "back two back" champions.

~ Zachariah Clark



Senior Captain  
**Jamison Hull**  
"If you don't give  
120 percent,  
somebody else  
will."



Senior Captain  
**Benjamin Fick**  
"The only  
athletic sport is  
backgammon."



Left: Senior **Theodore Steiner** strides with lightning fast tempo at the Section 2AA meet. Steiner helped the team to another State championship.  
Above Left: Junior **Zachariah Clark** demonstrates his perfect technique in the Suburban East Conference skate race. Clark earned a third place finish and received an All Conference medal.  
Above Right: Senior Captain **Jamison Hull** skis hard at the Minneapolis Invitational. The team took first place at this meet.



**Front Row:** J. Hull, T. Steiner, L. Nordgren, Z. Clark, S. Wright, S. Wombold **Row 2:** J. Mitchell, D. Lundell, R. Wright, T. Strike, R. Morris, B. Fick, D. Kasl, B. Brodin, S. Cozennoy, Coach D. Johnson.

Mesabi Invite

Forest Lake  
Classic Sprint Relay

Suburban East Conference  
Championships

Section 2AA  
Championships

MSHSL State  
Championships



## ALPINESKIING

Senior Captain  
**Allison Beebe**  
"Every time you  
crash, you learn  
something."



Senior Captain  
**Rebecca Keller**  
"I've learned a lot  
this year!"



Picabo and Street. Two non-related words that would have gone on being foreign to each other, had it not been for Women's Alpine Skiing. Skiing took those two words and made them notorious, as in Olympic Gold medalist Picabo Street. Who knows, maybe someday her name will be synonymous with **Carly Bass** or possibly **Rebecca Keller**? It is possible, with the success that our 2006 Girls Alpine Ski Team saw this year.

This year's strength came from a unique blend of senior leadership and rookie willingness, along with fresh blood in the coaching position. Sophomore **Carly Bass** attributed this year's team success to "...a stronger team work attitude from everyone." Senior **Nicole Janus** stated, "The best part about [Girl's Alpine] was

being able to race and to be part of a team while doing something you enjoy." The team hit the slopes every Monday, Tuesday, and Thursday in order to get the edge over other schools. All skiers competed in the always difficult slalom event.

The fearless captains of the team this year were Seniors **Allison Beebe** and **Rebecca Keller**, who showed their leadership by continually improving their own skills and pushing their fellow teammates to do the same. The future looks bright for this team with a lot of new Junior High talent on the horizon. And who knows, the 2010 Winter Olympics leader board in Vancouver may sport the names **Janus** and **Bass**. It could happen.

~ Caleb Rotach



Above Left: Eighth graders Alex Raak and Mallory Mieson share a laugh while preparing to hit the slopes. Their hill of choice was "Express".

Above Right: Eighth grader Tori Motschenbacher, Freshmen Erin Eagen and Nikki Kumerow, and Senior **Allison Beebe** trek the hill. They were preparing for another hard day of practice.

Right: Freshman Erin Eagen observes a teammate on the slopes. The team consisted of only 11 girls, making practices a close-knit event.



**Front Row:** T. Rannip, S. Sampair, V. Motschenbacher, T. Brunjes, S. Sova, C. Kibbel, A. Raak. **Row 2:** C. Bass, Coach S. Olson, R. Keller, E. Stolberg, A. Beebe, B. Stolberg, J. Bergan, M. Hentges. **Row 3:** N. Janus, K. Gamelin, S. Brunjes, B. Motschenbacher, M. Messin, C. Robinson, E. Eagen, N. Kumerow. **Row 4:** J. L'Allier, K. Gamelin, J. Clark, M. Hentges, N. Lindemer, P. Charpentier, D. Freund, Coach K. Oberg.

## MEETS

Hastings (W) vs. Rangers   Stillwater (W) vs. Rangers   Cretin-Derham Hall vs. Rangers (W)   White Bear Lake (W) vs. Rangers



Carly Bass



The Captains



Allison Beebe



Coach Kyle Oberg



Rebecca Keller



Above: The boys and girls of the Alpine Ski Team work together to set a head-to-head course. They often did this to spark some competition between racers.

Far Left: Senior **Nicole Janus** and Seventh Grader Kara Gamelin share a chair lift. The age difference was never a problem for this tight group of girls.

Left: Eighth Graders Ciara Robinson and Mallori Mieson take a moment to reflect during practice. These girls were among the new and promising talent from the Junior Highs.



Brett Stolberg



Erik Stolberg



Shane Sampair



James L' Allier



Scott Brunjes



Above: Sophomore **Paul Charpentier** glides off the chairlift during practice held at Wild Mountain after school.

Far Right: Freshman **Scott Brunjes** warms up by the fire after the Stillwater meet at Wild Mountain.  
 Right: The saying, "Go hike the hill," is no joke. Seventh Grader **Joshua Bergen** leads the pack during practice as they climb one of the hills at Wild Mountain.



## SCOREBOARD

Hastings (W) vs. Rangers    Stillwater (W) vs. Rangers    Cretin-Derham Hall vs. Rangers (W)    White Bear Lake (W) vs. Rangers



# downhill dedication

During the cold Minnesota winters many people search and search to find something to do, with little or no luck. However, the boys alpine team had no trouble with that; they just took to the slopes. Every Monday, Tuesday & Thursday after school the team headed to Wild Mountain along with the girls alpine team. The seventeen boy team led by the Stolberg brothers had a variety of age groups, the youngest boys being in the seventh grade.

Throughout the season the team had many highs and lows. One of the high points of the season was the near victory over the high ranking Stillwater Alpine Ski team. That close call gave the boys and the team, "a big confidence

booster," said Senior **Joshua Clark**.

The team had eight meets during the season in which they were winners of half, establishing a season record of 4-4. The meets consisted of an hour and a half of competition. Each team member competes in two different races throughout this time period. Between races, the team found other outlets for spending their time. "The best part of down time," noted Junior **Matthew Hentges**, was, "somebody each meet brings hot dogs and snacks." Through teamwork and perseverance, the team proved to be dedicated to the runs that had become their second home.

~ Samantha Aune

## ALPINESKIING



Senior Captain  
**Erik Stolberg**  
"Eat it."



Sophomore Captain  
**Brett Stolberg**  
"Go hike the hill."



Above Left: It's a long task, but it must be done. Some team members set up one of the slalom courses upon which to practice.

Above Right: Tick-tock, tick-tock, time is a-wastin'! Alpine Ski Coach **Kyle Oberg** and Senior **Joshua Clark** slowly climb to the top of a slope.

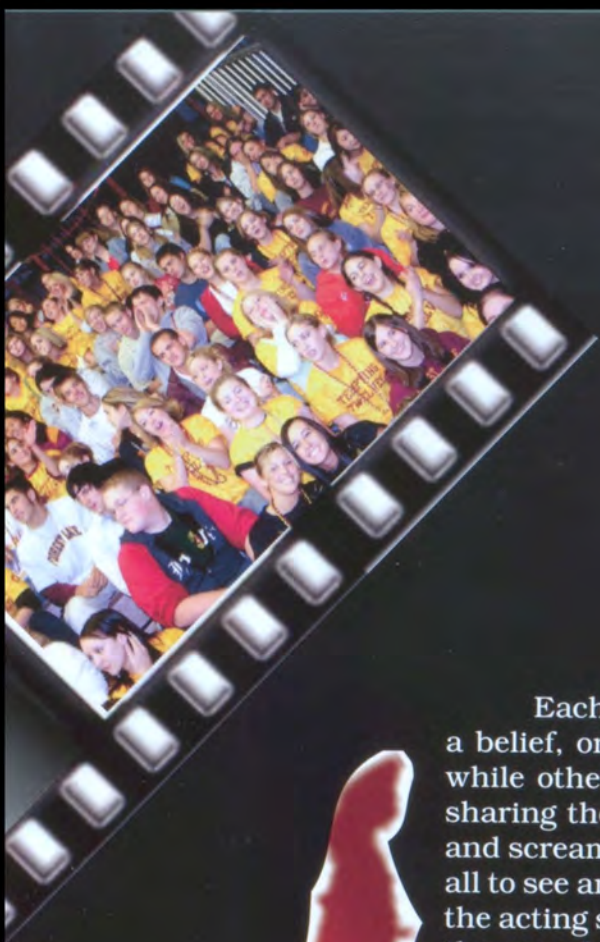
Left: Captains Senior **Erik Stolberg** and Sophomore **Brett Stolberg** stop to take a brotherly break mid-slope during practice.



**Front Row:** T. Rannip, S. Sampair, V. Motschenbacher, T. Brunjes, S. Sova, C. Kibbel, A. Raak. **Row 2:** C. Bass, Coach S. Olson, R. Keller, E. Stolberg, A. Beebe, B. Stolberg, J. Bergen, M. Hentges. **Row 3:** N. Janus, K. Gamelin, S. Brunjes, B. Motschenbacher, M. Messin, C. Robinson, E. Eagan, N. Kumerow. **Row 4:** J. L'Allier, K. Gamelin, J. Clark, M. Hentges, N. Lindemer, P. Charpentier, D. Freund, Coach K. Oberg.

Park Cottage Grove vs. Rangers (W) Woodbury vs. Rangers (W) Roseville vs. Rangers (W) Mounds View (W) vs. Rangers





The Senior section of the gymnasium gears up to wildly cheer on the football team at the Homecoming pep fest. Approximately 3,000 fans attended the Friday night game against Lakeville South.

# eXpress yourself

Each person has his or her own way of **expressing** an opinion, a belief, or a feeling. Some may write a feeling down on paper, while others keep it bottled up inside; they fear the **exposure** of sharing themselves in a more public way. A few might even yell and scream to tell everyone how they feel, **exposing** their views for all to see and hear. Still others express themselves musically or on the acting stage, fearing nothing but the end of the song, the act, or the speech. And there are those who release their inner selves in an athletic way, ripping up the court, field, pool, or mat, expunging the energy and angst that they otherwise cannot share.

In pictures, people **expose** their innermost thoughts without saying a word. Whether they intend to or not, facial **expressions** and body language give away what silence does not: **excitement**, fear, anticipation, sorrow, joy, **exhilaration**. A quick snapshot captures just one of a person's many **expressions**. That instant, right when the flash goes off, hurriedly passes, and new moments are soon ready to be analyzed, recorded, and deciphered. We **examine** these photographs and paint a picture of our **expansive** student body. What these prints tell us leaves much room for **exploration**, and helps answer the question: Who are we, the students of Forest Lake High School?

We shout, we write, and we compete. We dramatize, we orate, and we perform. We take it to the **next** level, **expecting** more from ourselves with each and every passing day.

We are the **next** generation.

PEOPLE



Yes, Juniors are mint! Juniors **Cristina Young, Megan Kroll, Ashley Weaver,** and **Rebecca Hansen** showcase their school spirit and class pride with their distinctive black t-shirts. It has become a Homecoming tradition for each class to order catchy t-shirts in a particular color, helping identify one grade from the next.

Sophomores **Christine Connelly, Jamie Sass,** and **Meghan Schneller** have acclimated well to the high school environment, expressing themselves clearly without saying a word. The events of Homecoming week helped students feel a sense of camaraderie as a student body.

Juniors **Rylie Olson, Ann Husfeldt, Carrie Peterson, Heidi Bolenbaugh,** and **Katelyn Dobihal** take break from eating their healthy meals to brighten up C lunch. The lunch period became more than just a time to chow down; it more often served as a much-needed break from the day's events.

Who said there was no recess in high school? Juniors **Jonathon Swanson** and **James Woods** playfully lighten the mood in B lunch.





THE

ZERO SIX

The word exposure on its own is incomplete. As seniors we have sought illumination for 13 years now. Slowly and steadily we are opening the white light exposure to our minds. The class of 2006 has been bringing light to the black canvas since the very beginning. We have impressed the masses with our intelligence and determination, provided just and sound leadership for others around us, and attacked the problems of our world head on. We have taken as many different paths as we were shown. Now we are on the eve of reality; the ultimate and

final exposure. The real world is ready to wash us in light and form us into who we are to be. We have come a long way since finger painting and playing with blocks. We've battled through recess and even worse: indoor recess. In stride, we've taken standardized math, reading, and writing tests. We've watched our teams from the courts to the gridirons through thick and thin. And now we will grace the platform and accept our diploma. Exposure is coming to completion. Congratulations '06, you are e x p o s e d !

~ Caleb Rotach



Tessa Abernathy



Jonathan Agnes



Amanda Aldentaler



Jessica Alexander



Ariel Alt



Chelsea Amber



Erik Amundson



Amy Anagnos



James Andersen



Chelsea Anderson



Jenna Anderson



Kyle Anderson





Nicholas Anderson



Catlyn Anderson-Hopkins



Danielle Antony



Trisha Arnold



Todd Arrigoni



Amanda Asplund



Tyler Augustine



Samantha Aune



Ana Bahr



Alissa Baker



John Barnes



Matthew Barnes



Brittany Baron



Cameron Bartkey



Eric Bartusch



Gina Batcheller



Alec Bayer



Lucas Beach



Joseph Beane



Connor Becker



Allison Beebe



Kristine Behan



Kelly Behr



Jordan Bengston



Erin Bengston-Noyes



# EXPLORING THE OPTIONS

students excel in advanced studies

Once a student has taken all of the "normal" high school classes that are available, what is left? Must he choose from courses that do not interest or challenge him? Or is there another option that can be explored? For such a student there are three choices: College in Schools, Advanced Placement, and Post Secondary Education Option.

College in Schools, or CIS, is a great way for students still in high school to get ahead of the rest and start getting some college credits taken care of. This year there were 351 total students enrolled in the CIS program. That is nineteen percent of our student body that is getting college credits before they graduate from high school. When Senior Jacob Lipp was asked what it is like being in a CIS class he responded, "The class is a little more difficult, but other than that it's pretty much the same as any other class!"

Advanced Placement, or AP classes are basically the same as regular classes except they move at a faster pace with more rigor. The classes are meant to challenge students and help keep interest levels high. Senior Eric Chmielewski strongly felt his AP class

was worth it. "You have to commit a lot more time to the class, but colleges like to see students in these classes. Free college credit doesn't hurt either," he said. This year, one-fourth of our students were enrolled in at least one AP class.

For students who want to travel beyond the walls of our school, Post Secondary Education Option, or PSEO, is the preferred choice. Students go to an actual college for part or all of a regular school day, earning college credits right alongside traditional college students. A variety of schools participate, such as Century Community College, Anoka-Ramsey Community College, and the University of Minnesota. The average number of students enrolled in the PSEO program is twenty-four.

While the traditional school setting more than meets the needs of most of our students, the ability to enrich one's education further is important. With alternatives like CIS, AP, and PSEO, students explore a wider variety of challenging courses.

~ Nicholas Willcoxen



What does a PSEO student think?

"It is a lot different from high school! There is a lot more individual work with more lectures and much less class time to work on homework," stated Senior **Thomas Kubes**. "It was tough starting not knowing anyone, but when you can get college credits while the school pays for tuition and books...What's there not to like?"

## AP/CIS Classes

AP US History  
AP Music Theory  
AP Art History  
AP Biology  
AP Calculus  
AP Chemistry-Energy  
AP Chemistry-EnvTech  
AP English  
AP English Literature  
AP Psychology  
CIS French V  
CIS German IV  
CIS Spanish V  
CIS Intro to Literature  
CIS Microeconomics  
CIS Political Science  
CIS US History 1880  
CIS US History 1880+

Seniors **Kyle Johnson** and **Thomas Kubes** review maps of South America in Human & Cultural Geography at Century Community College.



Seniors **Marke Schudt** and **Stefanie Shogren** take some time out of class to catch up on AP calculus homework in the library. AP students often worked together to get through difficult assignments.



Senior **Corrine Kettler** fully concentrates on one of her many labs in AP Biology. She worked hard to prepare herself for the all-important AP exam, given to determine whether students earned the credit.



Senior **Michelle Secor** grabs an armful of books to prepare herself for the day. She has challenged herself by taking AP Biology and AP Calculus in the same semester.







Dustin Bentley



Thomas Bentley



Emily Berg



Whitney Berg



James Berry



David Bigelow



Hannah Bishop



Ashley Bjerketvedt



Heidi Bjork



Aaron Boerem



Alexander Boerum



Kelly Bohnen



Adam Borchardt



Amy Borlaug



Alicia Bosman



Nicholas Boulineau



Jeffrey Brooks



Amber Brown



Melissa Buol



Daniel Burmeister



Nathan Burris



Lindsay Caine



Kelsey Callahan



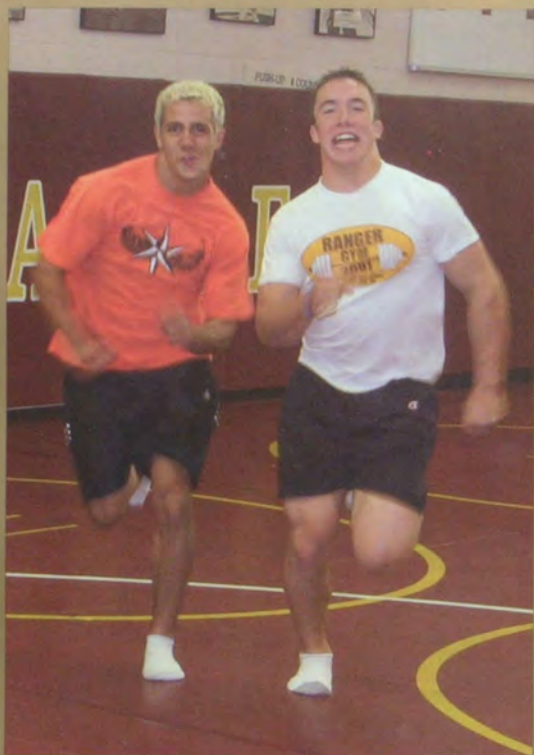
Thomas Carlson



Craig Carpender







Seniors *Patrick Taylor* and *Ryan Turry* race toward the camera in the wrestling room. The guys played dodgeball during third hour Weightlifting.



Chelsie Carpenter



Nicholas Carroll



Meghan Casey



Geoffrey Cass



Lance Charpentier



Ross Chester



Eric Chmielewski



Adam Christiansen-Holmberg



Brittany Christianson



Nicholas Christy



Elizabeth Ciccone



Sean Claeson



Jonathan Clark



Joshua Clark



Phillip Collar



Melissa Copeland



Daniel Cromwell



Brandon Crowley



Desiree Cunningham



Jessica Cupo





Amanda Daman



Sara Damiani



Carly Dean



John Deflorin



Jennifer Dellwo



Kiraz Demir



Ally Deshong-Selz



Lydia Dick



Mitchel Diller



Renee Dina



Megan Dohmen



Heather Dolan



Jessica Donner



Vanessa Duncan



Nicholas Dunn



Laura Dunrud



Joseph Durant



Jacob Egge



Chad Eibensteiner



Benjamin Elfelt



Cassandra Ellingson



Lacey Enfield



Kristina Engstrom



Rebeka Erdos



Philip Erickson





**Most School Spirit**  
Ashleigh Morgan & Jeffrey Brooks



**Best Smile**  
Chelsie Carpenter & Alexander Boerum



Karl Erkenbrack



Sam Esget



Andrea Estes



Mindy Eurich



Kalley Everett



Andrew Fashner



Courtney  
Felgen-Trenti



Benjamin Fick



Sara Fielding



Joseph Finstrom





**Class Clown**  
Chelsea Jones & Matthew Joyer



**Cutest Couple**  
Maxwell Thao & Pazong Thao



Kelly Fischer



Kimberly Fischer



Kristin  
Fleischhacker



Rachael Flohr



Mathew Foster



Hilary Framke



Rachel Fredrick



Cassandra Freerks



Renee Frericks



Alicia Froelke





Tabitha Frogner



Jaleh Galehdari



Cassandra Garin



Amanda Garrett



Allison Garrity



David Gauerke



Danielle Gibson



Wesley Giddings



Jessica Giesner



Ian Gildersleeve



James Giller



Sarah Goossens



Samuel Gort



Lee Gresback



Kelsea Griffin



Heather Grundhofer



Justin Grundhofer



Emily Habisch



Ben Haeberle



Luke Haessly



Rachel Hafele



Travis Hafterson



Jacob Haider



Kayla Haines



Muhamed Halavac







Harley Hallamek



Robert Hammond



Jillian Hansen



Jedadiah  
Hanson-Michelson



Grant Harden



Jessica Harden



James Harnett



Megan Harris



Tina Hartman



Michelle Haseltine



Sena Hasic



Matthew Hassler



Amber Haupt



Charles Haylock



Andrew Hecker



Alexandra Hedin



Anita Heemann



Eric Heffron



Ryan Hegg



Adam Hensley



Heather Hermanson



Holly Hermanson



Amanda Herrity



Ashley Hesselgrave



Ryan Hinrichsen





Daniel Hoff



Christopher  
Hofmann



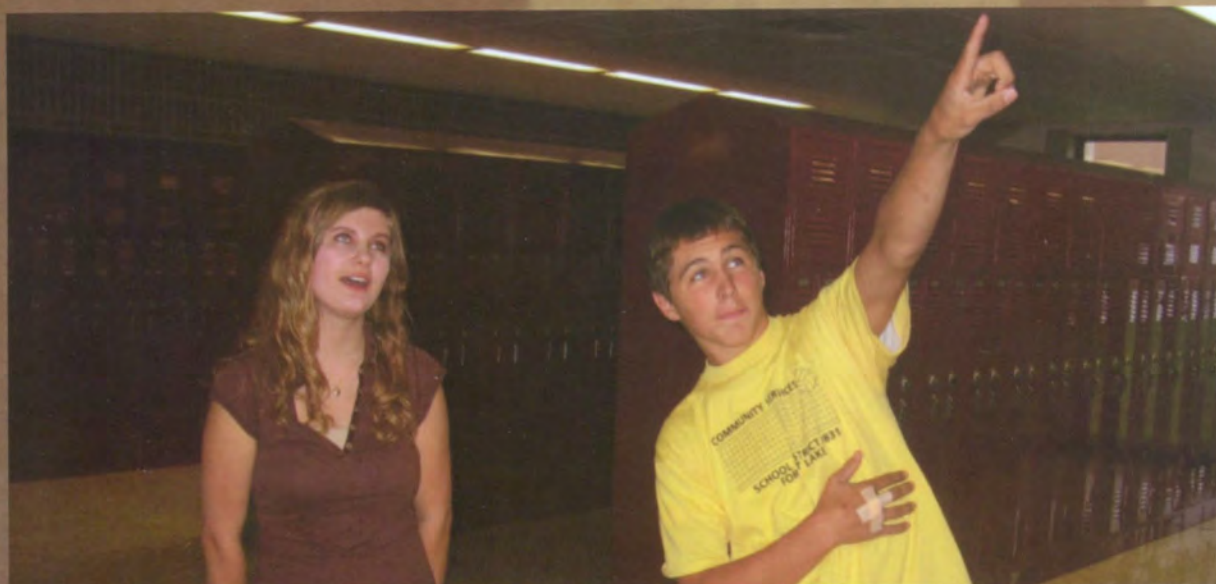
Danielle Hoggarth



Shannon Holeman



Jessica Hubble



Most Gullible  
Alexandra Hedin & Jacob Lipp



Dillon Hudalla



Anthony  
Huepenbecker



Sara Hufford



Peter Hughes



Jamison Hull





Travis Hunter



Jonathan Ihrke



Markus Jadwin



Cathryn Jandrich



Margaret Jandrich



Most Opinionated  
Lee Gresback & Shanna Robinson



Jessica Janoski



Nicole Janus



Justin Jasicki



Casey Jensen



Danielle Jensen





Nicholas Jensen



Jeremy Jereczek



Mallory Jette



Paul Joachim



Amanda Jochim



Anna Johnson



Casey Johnson



Derek Johnson



Eleni Johnson



Jacob Johnson



Kurt Johnson



Kyle Johnson



Samuel Johnson



Jason Jolicoeur



Chelsea Jones



Amy Joyce



Matthew Joyer



Alexander Juelich



Joshua Kalhagen



Matthew Kalsnes



Sara Kampa



James Kassel



Rebecca Keller



Jessica Kelley



Taylor Kemmis





Dustin Kendrick



Michael Kerrigan



Corrine Kettler



Laura Kettner



Seniors Kelsey Callahan, Christina MacDonald, and Danielle Jensen show off their beautiful floral arrangements. The girls learned how to create these centerpieces in Floral Design.



Beth Kiehne



Taylor Kimbel



Ashley Kirberger



Amanda Kirchner



Ryan Kirchner



Robert Kirschenman



Amanda Kissner



Daniel Kjellberg



Zachary Klausen



Elizabeth Klein



Jordan Kline



Jacqueline Kling



Benjamin Knaak





Anthony Knauff



Josiah Knutson



Rory Koch



Angela  
Kochendorfer



Jeffrey Kohler



Madelynn Kohs



Jesse Kolbow



Jordan Kolbow



Chelsae Kosman



Vanessa Kottke



Most Changed  
Travis Schultz & Corrine Kettler





Christopher Kozel



Mark Kroll



Mitchell Kroska



Thomas Kubes



Patrick Kubinski



Stevie LaBarre



Michele LaBathe



Allison Laine



Steven Lange



Lindsey Langer



Most Artistic  
Lacee Enfield & Tyler Wright





Heather Larkey



Sarah Larson



Camille Latour



Angela Lawman



Jacob Lee



Steven Leef



Andrea Letoumeau



Jordan Lewis



Anders Ley



Tyler Lichtscheidl



Stefan Lindahl



Matthew Lindholm



Jacob Lipp



Timothy Loch



John Loeffler



Fong Lor



Amanda Luke



Matthew Lund



Travis Lund



Alexandra Lundeen



Erik Lundell



Christina  
MacDonald



Andrew Madison



Matthew Madsen



Carl Magnuson





Erik Magnusson



Michael Malmquist



Robert Markland



Anthony Marquart



Alex Martin



Brandi Masso



Margaret Mattison



Ashley Maurer



Leah Mayfield



Alexander Mays



Kathleen McArdle



Kelly McArthur



Carey McCormick



Rebecca McIntosh



Angela McKinnon



Jacquelyn McKusick



April McManus



Jason McMillen



Shawna McNamara



Jacquelyn Mecham



Daniel Medina



Daniel Menne



Kyle Mericle



Mark Merrell



Rachel Merrier



## FAR FROM HOME

*international students find study abroad a valuable experience*

Each year at Forest Lake High School, we have the unique opportunity to meet some amazing young people. Among the usual crowd of local students, there are a few that come from around the world to share the year with us. Through various foreign exchange programs, students ages fifteen to eighteen are able to experience the culture of different countries while continuing their studies. Nine foreign exchange students joined us for the 2005-2006 school year, hailing from Germany, Ecuador, and Thailand. These travelers were able to experience the life of a Forest Lake High School student as well as that of an American teenager. Trying to blend with the crowd in a whole new country can be understandably difficult, but these students became everyday faces in our hallways. While in the United States, foreign exchange participants stay with a host family, giving them a greater

understanding of the American lifestyle.

While here, foreign exchange students are exposed to a whole new environment. This includes people, activities, and language. Senior Kiraz Demir explained that the most difficult adjustment for her was the difference in the school systems. At home, she has a much more personal relationship with her teachers and fellow classmates. There are many differences that the foreign exchange students face when they come to America. They learn to adapt to their new surroundings and make adjustments accordingly. We are happy to have had the nine students with us this year, and hope that they will leave with many great experiences and memories.

*~ Kristi Buerkle*



**Anita Heeman**  
Country: Germany



**Ben Haeberle**  
Country: Germany



**Caroline Streufert**  
Country: Germany



**Kiraz Demir**  
Country: Germany



**Lea Stoffers**  
Country: Germany



**Maria Rueda**  
Country: Ecuador



**Nicole Janus**  
Country: Germany



**Pratchavan Sananvatananont**  
Country: Thailand



**Nina Schneider**  
Country: Germany





Hannah Mettling



Melinda Meyers



Ashley Miller



Jacob Miller



Laurie Miller



Mitchel Minnig



Ann Miron



Heather Mitchell



Joseph Mitchell



Kathilyne Mitchell



Katherine Mitsch



Alison Moen



Christopher Mohler



Kenneth Monson



Melissa Monson



Matt Moreland



Ashleigh Morgan



Alexis Morris



Eric Morris



Nicole Morrisette



Justin Morrison



Cassandra  
Mortimore



Kong Moua



Wang Moua



Katrina Mowan





Steven Mueller



Andrew Mulcahy



Maggie Myre



Amber Nelson



Joshua Nelson



Kristina Nelson



Michael Nelson



Beth Neu



Zachary Newstrom



Pamela Nora



Natalie Norman



Shelly O'Connell



Luke Odegaard



Christopher  
O'Donnell



Brett Olander



Travis Olesen



Daniel Olsen



Katie Olsen



Cameron Olson



Tara Olson



Valerie Olson



Andrew Ophus



Jeremy Orth



Mark Ostlund



Julie Palacheck





Amanda Parenteau



Michele Parness



Ashley Paul



Synova Paulsen



Mitchel Paulson



Anthony Peck



Rebecca Peloquin



Angela Perry



Ryan Peterson



Seth Peterson



Timothy Peterson



Anthony Petroske



Rachel Piersdorf



Sarah Pignato



Elizabeth Pilarski



Amanda Pilla



Jessica Pitts



Andrew Pooch



Amber Poppe



Laura Pottratz



Elizabeth Powell



Amanda Pringle



Scott Purvis

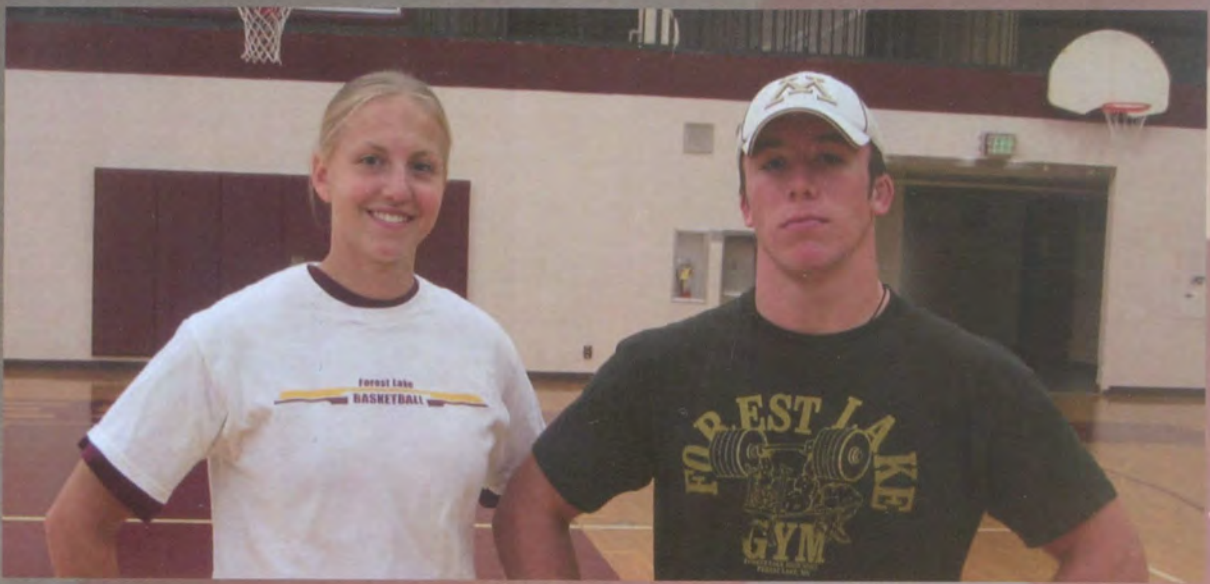


Anthony Quehl



Ashley Quimby





Most Athletic  
Renee Frericks & Ryan Turry



Joseph Raasch



Nicholas Rabe



Angela Radtke



Brooke Radtke



Charles Radtke



Jacob Ramsden



Andrew Reagan



Chelsea Reeck



Jonathan Reiner



Reggie Reinsberg



Anthony Remmen



Christina Rhein



Joshua Riegert



Danielle Riehle



Jessica Rilea





Best Dressed  
Brittany Baron & Michael Singer



Kristine Rippon



Alexander Ritchie



Kenneth Rivet



Nathan Robertson



Richard Robinson



Shanna Robinson



Gabriel Roeder



Paul Rosman



Caleb Rotach



Katie Rubedor



Maria Rueda



Garron Ruiz



Christopher Rugar



Amanda Sadergaski



Chelsea Sager





Tyler Sahr



Lacy Saloka



Tara Salverda



Pratchavan  
Sananvatananont



Grant Sanford



Tyler Scanlan



John Scheierl



Ashley Scheiller



Matthew Schlenker



Cindy Jo Schloer



Danielle Schminkey



Kyleen Schneider



Nina Schneider



Nicole Schroeder



Jenna Schuder



Heidi Schuhwerck



Marke Schuldt



Joseph Schultz



Travis Schultz



Michelle  
Schumacher



Gabrielle Scott



Daniel Scribner



Michelle Secor



Eve Seelig



Nina Sell







Morgan Selvog



Robert Servantez



Kam Severson



Justin Shanda



Jennifer Sheldon



Stefanie Shogren



Amanda Sigfrinius



Heather Sigstad



Caitlin Simenson



Hannah Simon



Ian Simpson



Michael Singer



Krista Skoglund



Megan Slattery



Jesse Smith



Michael Smith



Sarah Smith



Mitchell Snaza



Eric Snyder



Alex Solway



Erik Sparby



Tiffany Spencer



Penny Spratt



Maria Stanley



Theodore Steiner





Class of





2006





Lea Stoffers



Erik Stolberg



Christina Stoll



Daniel Stone



Sabrina Stone



Best Car  
Maria Stanley & Kyle Johnson



Sarah Stout



Joshua Strande



Heather Stratton



Caroline Streufert



Brianna Strunk



Nicholas Swanson



Jessica Swenson



Michael Swenson



Derek  
Synan-Peterson



Brian Tazell





Patrick Taylor



Robert Tenney



Aaron Tetzlaff



Maxwell Thao



Pazong Thao



Best Hair  
Eleni Johnson & Jeffrey Kohler



Patricia Theis



Derek Thill



Sheyanne Thomas



Brian Thompson



Danielle Thompson



Kelli Thompson



Natasha Thompson



Brittney Thorp



Daniel Thorson



Daniel Tibbetts





Sean Tilton



Elizabeth Todd



Jeffrey Tomnitz



Nicholas Troje



Cory Tuckner



Joshua Turenne



Ryan Turry



Leigh Twohy



Daniel Tyler



Kayelea Tyler



Tasha Tyler



Laura Unger



Nathan Uram



Angela Vadnais



Kyle Vandenberg



Jason  
Vanderschaegen



Alana Vandeveer



Blong Vang



Isel Vang



Vou Vang



Benjamin Vaughn



Ashley Venburg



Chase Verdick



Joseph Vilgos



Jonathan Vining







Nicholas Vitek



Melissa Voss



Phong Vue



Seniors *Emily Berg* and *Kyle Johnson* take a second to look up from their wood project. The two worked together to build a model house for their third hour Carpentry class.



Christopher Wagner



Lindsey Wagner



Angela Walker



Katie Walker



Angela Wallenstein



Thomas Walsh



Nicholas Warnke



Christopher Warwick



Brian Watson



Nicole Watson



Sarah Webb



Hannah Weber



Ashley Weeda



Vanessa Weiss



Derek Wiemer





Brennen Wiggins



Nicholas Willcoxon



Robert Willey



Karyn Williams



Christopher Wilson



James Wilson



Krysta Wittibslager



Courtney Wittnebel



John Wittrock



Lorraine Wolfe



## Heart Throb

Danielle Gibson & Nicholas Carroll



Sarah Wolfe



Elizabeth Wolff



Naomi Wolff



Seth Wood



Anne Woods







Blake Woodward



Jaime Woolstencroft



Tracy Wosika



Tyler Wright



Apao Xiong



Aretha Xiong



Jay Yang



Samuel York



Katherin Yotter



Anna Zastrow



Most Likely to Succeed  
Peter Hughes & Allison Beebe



Brian Zauner



Erik Zentzis



Ashley Ziehl



Kristi Zielinski



Ashley Zimmerle





Rachael  
Zimmerman



Kevin  
Zimmermann



**Best Personality**  
Courtney Felgen-Trenti & Eric Chmielewski



**Best Friends**  
Derek Synan-Peterson & Nicholas Willcoxon,  
Ashley Ziehl & Brooke Radtke

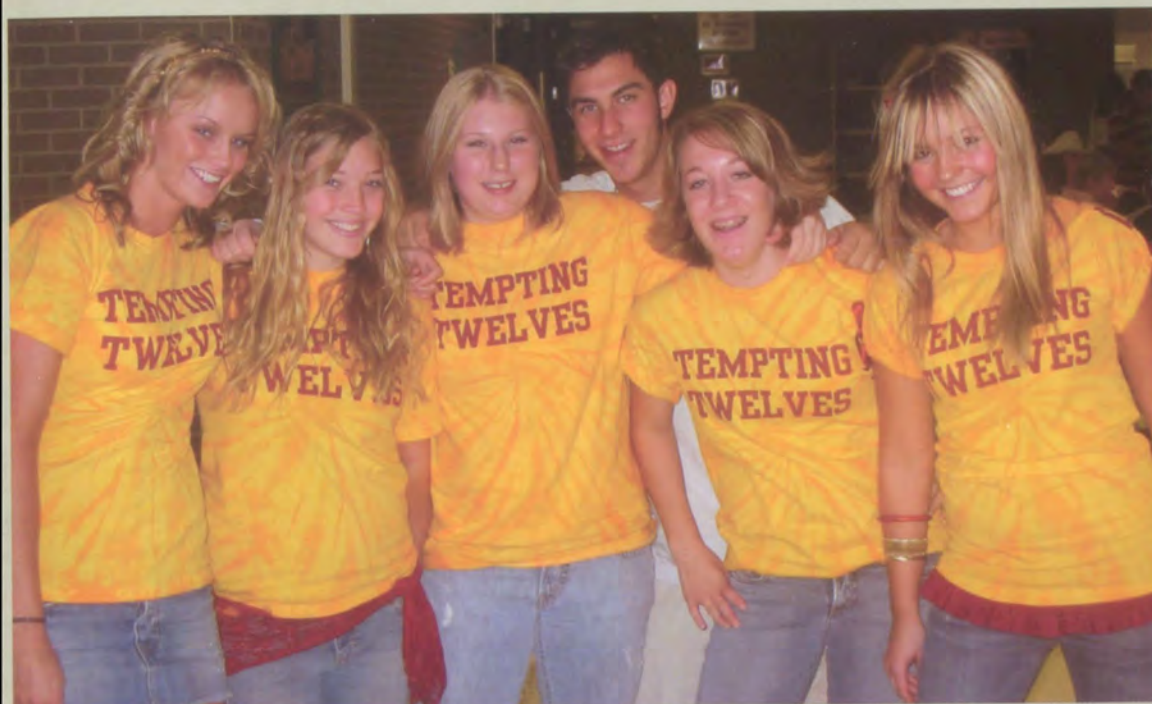


Above: Bouncing her way to lunch is Senior **Christina Stoll**. Being a senior, or in this case, a rabbit, was never an excuse for a good spot in the lunch line.





Left: Seniors **Daniel Stone**, **Casey Jensen**, and **Alec Bayer** enjoy a lake expedition in Outdoor Education. The seniors intently paddled forward as the rest of the class struggled to keep up!



Left: Seniors **Tasha Tyler**, **Lindsey Langer**, **Natalie Norman**, **Robert Kirschenman**, **Jessica Harden**, and **Maria Stanley** displayed school pride during Homecoming week. Along with this group, all grades participated in Spirit Week activities.



Above: Demonstrating their undying friendship, Seniors **Jacqueline Kling** and **Amanda Jochim** enthusiastically hug in the hallway.



Below: Practicing his smile for the big class picture, Senior **Josiah Knutson** walks with a thumbs up behind Senior **Eric Heffron**. The 600 members of the senior class came together to make a memorable photo.



# What is **New** and **Hot** in **2005**

## EYEWARE



When it comes to eyewear, plastic frames are in and appear throughout our halls more each day.

## SHIRTS



Button down shirts and polos are increasingly popular for teenage boys.

## JEANS

Blue jeans have been consistent on making the **HOT** list for years.



## HAIR



Hockey hair is common, even in male students who do not play the sport.

## EARRINGS



Although not extremely common, earrings that are double pointed are an emerging trend in guys' earrings.

## BELTS



Being basic is usually the rule of thumb for belts. Brown single buckle belts are a common sight.

## SHOES



Kickin' it casual! Retro styled tennis shoes are the latest trend in footwear. Many companies produce similar styles that teens can't get enough of.

*Steel Magnum*



# for Both **Guys** and **Girls** and **2006**

## HAIR

**G**irls' hair styles vary, but the long wavy look is one of the most popular.



## BAGS

**T**hese trendy, sparkly bags work at any time. They are roomy inside for day, and make a big fashion statement at night.



## JEWELRY



**T**ogether with rings and bracelets, accessories are the rule. The most popular for girls is still the necklaces.

## LEGGINGS

**S**kirts are no longer just for the summer time; with leggings, they become a yearlong thing.



## EYEWEARE



**S**quare frames are the latest trend. Many resemble frames of those decades ago.

## SHIRTS



**S**hrugs are mini sweaters. Worn over summer tank tops, they are the newest craze since the poncho.

## BELTS



**S**ash belts are worn solely for fashion purposes.

## SHOES



**P**umps or high heels are the new tennis shoe. Fewer brown shoes and more shoes with heels are the trend.

*Steel Magna*



## Meeting ~~E~~xpectations

Whether it is making the exceptional grade or receiving a position on the varsity team, juniors become exposed to many new obstacles in life. The junior year is not always the most exciting, but is often one of the most important years one will face. With only one year of school ahead of them, juniors struggle in deciding their post high school plans. Taking the ACT's, going on college visits, and filling spare time with extracurricular activities, many juniors take advantage of their open time to get ahead with future plans. Researching schools and working on applications during the junior year makes for a less stressful and hectic senior year.

Other than college plans, juniors are challenged with after school jobs. For many, the junior year is when money must be put away to make it through college. For others, it is time of anxiety, filled with the credit checks needed to make graduation a reality. After all, the junior year is when students register for all their senior classes, and expectations for a good schedule are high. Being unable to take that one sought-after

or long-awaited class can be a major disappointment, one that many avoid by planning well in advance.

Even though the junior year can be very stressful, it can also be very fun. For junior athletes, it may be their first time stepping onto the field or court a varsity teammate. It can be a very scary, yet exciting, moment, playing for the first time in front of hundreds of fans. For others, it may be the first chance at getting a role in the school play, or possibly even the first year making the dance team. Other common junior firsts include: cars, dates, speeding tickets, jobs, and prom - just a few of the things that give many juniors a taste of the real world.

To many, the junior year seems boring and like nothing happens, but the closer one looks, the bigger impact on one's life its events seem to have. Meeting the many expectations is no easy feat, but it prepares them for what lies ahead: senior year.

~ Kelly Behr & Nick Willcoxen

## JUNIOR CLASS OF 2007

Brenda Abel  
Kayla Abler  
Jennifer Abress  
Anthony Acosta  
Rebecca Ahmann  
Samantha Aldentaler



Drew Alexander  
Reece Almendinger  
Lance Ambourn  
Aaron Anderson  
Brandon Anderson  
Jonathan Anderson



Matthew Anderson  
Kevin Apman  
Nathan Arcand  
Meredith Armstrong  
Robert Arnold  
Matthew Arnsdorff



Nicholas Ashby  
Travis Asplund  
Mark Autey  
Brittany Bachman  
Cassandra Bailey  
Leigha Bailey







Junior **Jeffrey Gabrick** shows off his style with his NEFF belt buckle. The snowboard and skateboard brand of clothes were very popular with both guys and girls.

Brady Banse  
Zachary Barnaal  
Jessica Barron

Megan Becker  
Leann Beimert  
Andrew Bender

Michael Bender  
Bryce Bengston  
Christina Berens



Bonnie Berg  
Heather Berg  
Zachary Berg  
Danna Bergantine  
Joseph Berger  
Merle Berggren



Ryan Berken  
Angela Bernfeld  
Courtney Birdsall  
Shawn Birdsall  
Sara Bizzotto  
Christopher Bjork



We come in peace, we swear! Juniors **Steven Boerum** and **Ronald Coleman** playfully increased the peace during B lunch.



Trevor Blackledge  
Timothy Blake



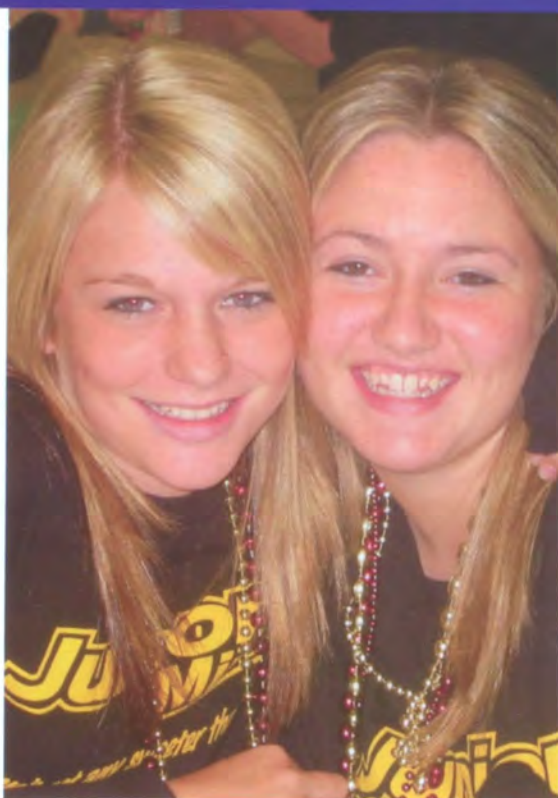
Tyler Block  
Lisa Blume



# Juniors

Right: Juniors **Ashley Parker** and **Jessica Simmons** flaunt their junior pride by wearing the catchy Junior Mints shirts ordered for Homecoming week. They accessorized with maroon and gold beads, sold by the Merchandising class.

Far Right: Juniors **Alex Lindeberg** and **Luke Opsahl** share a seat in the crowded cafeteria. Perhaps the table behind them would have been a better choice?



Steven Boerum  
Jeffrey Bohnen  
Heidi Bolenbaugh  
Christopher Bombeck  
Sunitha Bonfe  
Steven Bontjes



Rachel Borglum  
Lindsey Borgwardt  
Amanda Bosman  
Johannah Bourque  
Joseph Boyd  
Brandon Braaten



Brittany Brahs  
Joshua Branum  
Theresa Brenberg  
Justine Brodin  
Nathan Brodtmann  
Andrew Brookman



Kaleigh Brooks  
Aaron Brown  
Kevin Bruggenthies  
Jennica Bruner  
Maya Bryn-Nygren  
Ross Bucholz







Kristi Buerkle  
Samantha Buol  
Kelsey Burk  
Igor Burlakov  
Christopher Buys  
Lianna Bydalek



Kevin Bylund  
Melinda Callahan  
John Cameron  
Daniel Carey  
Codey Carlisle  
Benjamin L. Carlson



Benjamin W. Carlson  
Bjorn Carlson  
Daniel Carlson  
Myles Carlson  
Alyssa Carpenter  
Andrea Chafe



Juniors **Aichon Yang** and **Syressa Lewis** slowly measure distilled water for the Potato Lab in first hour Biology. The lab was designed to teach students that electrical current can be drawn through something as simple as a potato.



Tina Chamberlin  
Alaina Chandler



Drew Charles  
Kirin Chavez



Audrianna Cheers  
Travis Chouinard



Jose Cisneros  
Zachariah Clark





# Juniors



Left: Junior **Michael Stilwell** smiles bravely as he patiently gives blood. The support of many students led to the largest all-time turnout and collection at our school.

Below: Junior **Zachariah Clark** has the whole world in his hands. Student art was added to the south entrance area this fall, continuing a proud tradition of focusing on our many talents.



Samantha Cole  
Ronald Coleman  
Angela Collar  
Kari Colucci  
Emily Coppersmith  
Tyler Copt



Brianna Craig  
Andrew Cremisino  
Nathan Crudo  
Sherri Dahl  
Chloee Daniels-Miller  
Reid Danielson



Jennifer Darling  
Andrew Davis  
Stefanie Deal  
Shaynette Dean  
Ryan Debuhr  
Kimberly Demars



Sean Deneweth  
Kevin Determan  
Joshua Diebel  
Amber Diemert  
Kelly Jo Dixon  
Katelyn Dobihal



Blake Donohue  
Jessa Dotson  
Janel Duffy  
Kylie Dufresne  
Jessica Durant  
Robert Dykema





# After School Activities

## Exposed to the Work Force



**Kristi House**

Job: Old Log Cabin in Forest Lake  
Hostess and Busser



**Beth Lesewski**

Job: Famous Dave's in Forest Lake  
Cook/Grill



**Zachary Ostenso**

Job: Bill's Auto Body in Forest Lake  
Technician

## A Little Extra Effort

After school doesn't necessarily mean freedom for many students. Most juniors apply for their first or even second jobs to occupy these hours. Whether it be a busser at a local restaurant or a cashier at a local grocery store, teenagers find their "freedom" to be anything but free. With homework, friends, sports, and jobs, after school isn't all that easy. In fact, many teenagers have trouble keeping an even balance between homework and getting to their jobs on time.

Although jobs teach students what it takes to survive in the world around them and help them realize what life after high school really means, there is a price to pay. Many teenagers struggle and have to stay up for many hours finishing papers, packets, or a simple worksheet. The stress levels of many teens is high and the anxiety after work is sometimes unbearable. With all the balancing these teenagers do, they deserve all the credit they can

receive.

Junior **Kristi House** said, "It is really hard to balance, and sometimes teachers don't understand how it is hard." However, many feel that the difficulty and stress all become worthwhile once the paychecks come in.

Making a living at a young age is no easy task. Flipping burgers or ringing up purchases may look easy, but finding the time to study, compete, socialize, and rest in addition to work can be a real challenge. The large number of student workers in our midst proves that many are able to schedule their lives around work, and proves that it is possible to find time for work and play. The freedom lost by so many students is traded in for work skills, references, and of course, cold, hard cash.

~ Kelly Behr



# Juniors

Alena Dzubic  
Travis East



Garrett Eischen  
Matthew Elden



Sara Ellertson  
Loren Endorf



Juniors **Sarah Kirk** and **Jana Johnson** create flowery masterpieces. The Floral Design class used carnations and other flowers to make their own flower arrangements.

Lyndsay Engstrom  
Christina Enright  
Erika Enriquez  
Daniel Erdle  
Bethany Erickson  
Joshua Erickson



Kirsten Ericson  
Nathan Essen  
Vanessa Estrin



Juniors **Jennifer Klawitter** and **Cassie Gerlach** strike a pose while walking through the cafeteria.

Nils Evenson  
Samantha Evgen  
Brittany Falkers



Tyler Falkosky  
Martin Farr  
Jennifer Faust







Brent Faymoville  
Cory Faymoville  
Dannah Ferderer



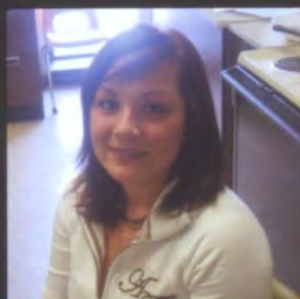
Alicia Fick  
Richard Fick  
Chelsea Fitzmorris

Juniors **Kalli Swedin**, **Rylie Olson**, and **Paige Patchin** finish up D lunch together. The good news - only one class to go!



Chelsey Flaten  
Danielle Flint  
Kristal Flom  
Christian Fogerty  
Kelly Foster  
Wylie Freeman

## What is Your Biggest Fear?



"Coming to school naked."  
- **Nicole Goldeman**



"Constuction paper...and rubbing skin together."  
- **Candice Gagne**



"I'm terrified of Mary Poppins!"  
- **Luke Hittner**



"Carbonated water...it's unnatural."  
- **Stefanie Deal**



"Being alone in the dark."  
- **Jake Partyka**



"Trying new things that result in injury."  
- **Matthew Anderson**





# Juniors

Andrew Fritzinger  
Margaret Fritzke  
Jeffrey Gabrick  
Thomas Gabrielson  
Candice Gagne  
Anthony Gambeski



Alejandro Garcia-Jaimes  
John Gavanda  
Robert Gavanda  
Alex Gay  
McKenzie Gemeiner  
Cassie Gerlach



Carrie Geving  
Nicholas Giannini



Tanner Gibson  
Nicholas Giller



Peter Ginis  
Seamus Glewwe



James Goehl  
David Goiffon  
Nicole Goldman  
Cassandra Gonsior  
Benjamin Gort  
Brett Goss



Broc Grell  
Lindsey Griffith  
Nicholas Griffy  
Jennifer Guenther  
Aaron Guttormson  
Kate Haglund







Andrew Hahn  
Robert Hamer  
Nicholas Hanna  
Chelby Hansen  
Eric Hansen  
Rebecca Hansen



Matthew Hansmann  
Jordan Harder  
Andrew Hardy  
Erin Harrington  
Kate Harrison  
Jared Hartman



Kayla Hauble  
Ryan Haus  
Hilary Hazzard  
Nicholas Hecker  
Amanda Hedlund  
Kenny Heffington



Juniors **Nicole Paulson** and **Chelsea Fitzmorris** show off some skill on the beam during Gymnastics class. They had a slight advantage over the rest of the class since they have been on the gymnastics team.



Michael Henderson  
Jacob Hendrickson



Jessica Hennen  
Matthew Hentges



Dluabci Her  
Jake Herring



John Hess  
Corey Hilla



# Juniors

Lauren Hindi  
Megan Hinrichsen  
Catelin Hintzen  
Luke Hittner  
Stephanie Hoffman  
Jonathan Hofmann



Robert Holden  
Bridget Holmes  
Patrick Homyak  
Michael Horn  
James Houle  
Mitchell Houle



Kristi House  
Sarajo Hubbard  
Mark Hudon  
Britny Hukriede  
Ann Husfeldt  
Scott Isaacson



Kelsey Iverson  
David Jackman  
Aaron Jacobs  
Janessa Jacobs  
Michael Jacobsen  
Amanda Jarvis



Ashley Jaszczak  
Krystal Johannes



Alisha Johnson  
Amy Johnson



Brett Johnson  
Gordon Johnson



Juniors **Nathan Essen**, **Mark Sandager**, and **Nicholas Nesgoda** work together using their whole bodies to complete their projects. As the quarter progressed, Mr. Joseph Jurasin's Woods II classes produced much larger and more difficult projects.





Jana Johnson  
Jessalyn Johnson  
Lindsay Johnson  
Nicholas Johnson  
Stacey Johnson  
Joseph Johnston



Alexandra Jones



Jacob Jones



Shannon Joyce



Jacklynn Joyner



Junior **Kate Harrison** works hard to get the 100 points for the end of the quarter clean up test in Food Choices. Glancing back quickly, she makes sure everything is in just the right spot before Mrs. Schellinger tallies up the points for each cooking lab group.



Jay Juutilainen  
Kirsten Kappeller  
David Kasl  
Matthew Keller  
Calvin Kerkhoff  
William Kichler



Sarah Kirk  
Kelly Klassen  
Tyler Kleinhuizen  
Meghan Kline  
Zachary Knight  
Justine Koch



# Juniors

George Kollar  
Joseph Koppy

Jeremy Koshiol  
Kelsey Kosman

Shawn Kost  
Adriane Kraus



Junior cousins **Nicole Mattison** and **Meredith Mattison** take a break and smile while working on a project together.



Samantha Krebs  
Laura Krengel  
Tracey Kress  
Megan Kroll  
Brittany Kruger  
Nathan Krzewina



Aaron Kubes  
Luke Kubitschek



Corey Kuefler  
Aley Kulacz



Andrew Labossiere  
Ashley Ladoux



Juniors **Joseph Berger** and **Christopher Bjork** brave the cold and paddle their way across Third Lake this fall. The boys were in Mr. Robert Dettmer's Outdoor Education class.







Junior **Lauren Hindi** creates a masterpiece in Ceramics. Hindi eventually crafted the lump of clay into a graceful bowl.

Brittini LaFontsee  
Nicole LaFountaine  
Amy Lalla

Jacob LaMotte  
Samantha Langenbach  
Kristine LaPlante

Kathryn Larson  
Brian Lartch-Buffington  
Amanda Lau

Andrew Lauth  
Vong Lee  
Kelsey Lefto  
Beth Lesewski  
Steven Letourneau  
Kelly Lewis

Kyle Lewis  
Syressa Lewis

Alex Lindeberg  
Sarah Lindenberg

Alicia Lindgren  
Kyla Lindstrom



Hey! No eavesdropping! Junior **Nicole Tadych** listens in on Junior **Kelsey Iverson's** phone call. Cell phones became a common sight during passing time and lunches.





# Juniors

Brian Loch  
Kathleen Lodge  
Jaia Lor  
Nina Lor  
Tyann Lovas  
Donald Lowe III



Doug Lund  
Jordan Lutz-Lawlor  
Justin Mackey  
Anthony Madison  
Jennifer Madison  
Erik Magnuson



Tyler Majewski  
Michael Maloney  
Dustin Manderscheid  
Rebecca Mann  
Laurajean Manske  
Samantha Marois



Melissa Martius  
Joshua Matheson  
Shayna Matheson  
Meredith Mattison  
Nicole Mattison  
Matthew Matusiak



What's your favorite



**Teresa Mitsch**

"Not being the youngest and not having to leave for college!"



**Lucas Munkelwitz**

"Picking on the sophomores."



**Megan Becker**

"I am more confident on where my classes are!"





Jennifer McAllister  
Brett McGee  
Amanda McGowan  
Jared McKie  
Lucas McLean  
Donae Medenwaldt



Michelle Medina  
Molivann Men  
Aaron Mettling  
Andrew Meyer  
Richard Mickschl  
Jessica Mielzarek



Alexandra Mieritz  
Ashley Mieritz  
Matthew Miesen  
Christine Miller  
Daniele Miller  
Rebecca Miller



Jacob Mitchell  
Jeremy Mitchell  
Teresa Mitsch  
Alissa Moberg  
Joshua Moe  
Jessica Mohler

## thing about being a junior?



**Leann Beimert**

"Being one year closer to graduation."



**Lianna Bydalek**

"One year to have fun without having to worry about the future."



**Kaleigh Brooks**

"Just one more year!"



# Juniors

Allison Mollen  
Thomas Monahan



Katherine Monberg  
Joseph Montean



William Montes  
Ashley Morris



Juniors **Mitchell Houle**, **Brett Johnson**, and **Nicholas Wethammer** enjoy their "healthy" meals during lunch. Houle still had not decided if it would be spicy chicken or a cheeseburger. Choices, choices...

Bryce Motschenbacher  
Pheng Moua  
Shawn Mouacheupao  
Devin Moyer  
Shane Munasinghe  
Lucas Munkelwitz



Ashley Murschel  
Alexa Nelson  
Amanda Nelson  
Andrew Nelson  
Anthony Nelson  
Chelsie Nelson



Ellen Nelson  
Nicholas Nesgoda  
Sarah Nguyen  
Allison Niemczyk  
Zachary Norwig  
Kierstin Nygaard



William O'Neill  
Jonathan Ohman  
Jennifer Ohmann  
Dillon Okimosh  
Heather Olson  
Katelynn Olson







Matt Olson  
Rylie Olson  
Thomas Olson  
Luke Opsahl  
Mitchel Orr  
Joshua Ostby



Zachary Ostenso  
Trevor Osterbauer  
Michael Ostlund  
Jacqueline Oswald  
Ellisa Palmer  
Ashley Parker



Heather Parness  
Travis Parson  
Jake Partyka  
Paige Patchin  
Nicole Paulson  
Lauren Payne



Nicholas Peters  
Aaron Peterson  
Amy Peterson  
Carrie Peterson  
Collin Peterson  
Joshua Peterson



Kaitlin Peterson  
Kathleen Peterson



Matthew Peterson  
Andrea Petroske



Katie Phelps  
Joseph Phillips

Junior **Danna Bergantine** works steadily on her art project until the bell rings. Everyone else around her packed up their projects a little early, but Bergantine squeezed in as much work as she could in the eighty minutes of class time.



# Juniors

Alexandra Piasecki  
Kevin Pickar  
Matthew Pikus  
Justin Pimpo  
Samantha Pineo  
Neil Polglase



Lindsey Quale  
Madalyn Raasch  
Kristina Radtke  
Kristopher Ralles  
Daniel Rangel  
Michael Rath



Matthew Rebischke  
Sarah Reely  
Paula Regnier  
Timothy Rehak  
Anna Reinertson  
Daniel Reinke

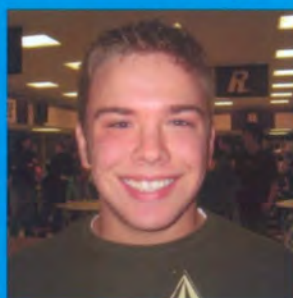


## If You Could Have Any Three Wishes, What Would They Be?



"Life size Barbie house, to be rich, and to never go to school."

- Laura Manske



"Lifetime supply of apples, a hot rich wife, and a pet penguin."

- Joseph Montean



"Gas prices to go down, endless amounts of laffy taffy, and actual powder to snowboard on!"

- Meredith Mattison



"\$1,000,000, to find Osama and get the reward money, and to party with Hugh Hefner."

- Jacob LaMotte



"A pony, a glass slipper, and a hot car!"

-Melinda Callahan



"To be able to shoot spaghetti out of my fingertips, \$27,872,413.45, and to not be in the yearbook."

- Nathan Brodtmann





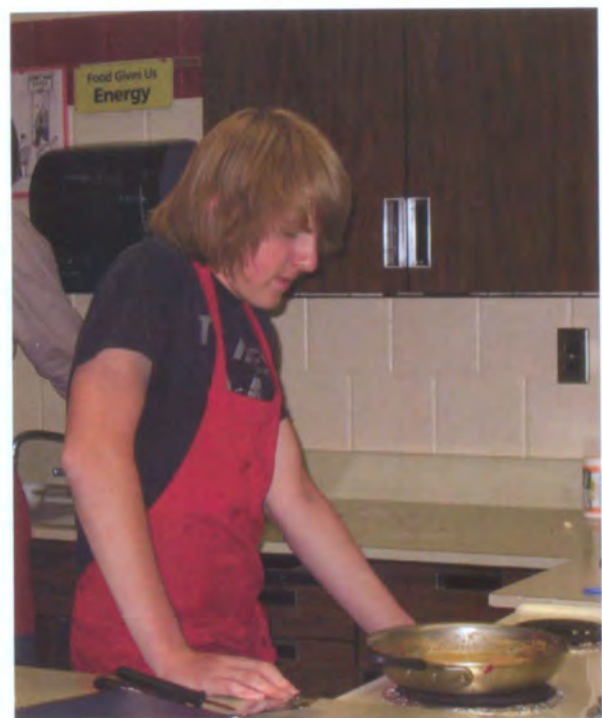
*It was her, I swear! Junior **Kristi House** gets the blame from Junior **James Woods**.*



Kathryn Repke  
Cory Rime  
Heather Ristow



Kelsey Robinson  
Logan Robinson  
Eric Rolseth



Junior **Jeffrey Sawyer** is a true chef! He patiently waited for his omelet to brown before adding any additional ingredients.



Vincent Rosa  
Jacob Roshell  
Nicole Roubik



Daniel Sager  
Stephanie Sampair  
Mark Sandager



Niccole Sanders  
Melissa Sanz  
Caitlin Sapa



David Savord  
Jeffrey Sawyer  
Shawn Saxe



Juniors **Maya Bryn-Nygren** and **Tracey Kress** gather 'round the good stuff for lunch.



# Juniors

Michael Scharenbroch  
Ashley Schaub  
Brian Scherrer  
Brandon Schiefelbein  
Richard Schmidberger  
Nina Schneider



Joshua Schreiber  
Trip Schultz  
Thomas Schulz  
Matthew Schwartz  
Michael Schwartzbauer  
Jamie Seeger



Camille Senum  
Andrew Setterholm



Mikala Seurer  
Chelsey Shaw



Christopher Sherwood-  
Gabrielson  
Bryan Shipley



Juniors **Cody Carlisle** and **Michael Schwartzbauer** busily complete research on the computer in Mr. Paul Wieland's Media class. The classroom set of laptop computers helped the students easily find the information they needed for an upcoming project.

Jessica Simmons  
Jesse Slipka  
Charles Smith  
Kaitlin Smith  
Jenna Smoczyk  
Shannon Sneepe



Joe Snyder  
Ben Solheid  
Justin Soule  
Graham Spartz  
Ashley Sperle  
Tyler Sperry







Far Left: Junior **Kent Bridgeman** gets a lesson in life from the famous substitute teacher, Mr. Raymond Petry. Bridgeman attempted to teach the class Mr. Petry's word of the day, but Mr. Petry proved to the rest of the class who the boss really was.

Left: Juniors **Jeffrey Bohnen** and **Daniel Svendsen** read articles they printed in the library for their Ancient Civilization project. The project required a lot of research and also some artistic skill to help earn a good grade.



Left: Juniors **Stacey Johnson**, **Thomas Monahan**, **Andrew Setterholm**, and **Daniel Carey** give their eyes a rest while working on their Breeze articles. Each student wrote their own stories, but they worked in teams on the page designs.



Katherine Spiess  
Jeffrey Steele  
Matthew Steele  
Shawna Steen  
Kristen Steffer  
Rebecka Stenberg



Tyler Stich  
Michael Stilwell  
Patrick Stiner  
Andrew Stokes  
Melissa Strege  
Andrew Struthers



# Juniors

Brandon Sundberg  
Jessica Suonvieri



Juniors **Tyann Lovas** and **Jessica Mielzarek** use the media center to do some extra homework. Unfortunately, their laughter kept them from working too hard.



Daniel Svendsen  
Jonathon Swanson



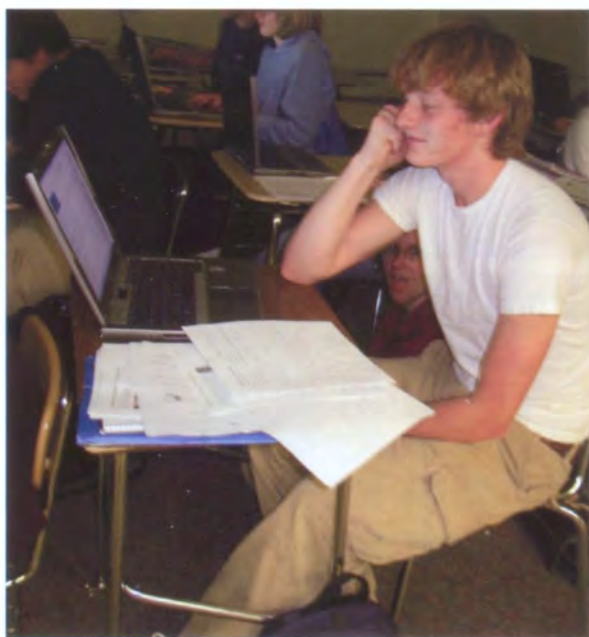
Kalli Swedin  
Brandi Sweigart



Alicia Tackes  
Nicole Tadych  
Shawn Teel  
Stephanie Tessling  
Nicole Tetrault  
Ding Thao



Jennifer Thao  
Tou Thao  
Mark Thesenvitz



Jasmine Thieschafer  
Robert Thomas  
Andrea Thompson



Kelsey Tietje  
Dacia Tomnitz  
Sophia Tschida-Reuter



Junior **Caleb Wedger** concentrates on his paper in Mrs. Robyn Madson's class. Getting papers completed has been easier with the portable laptops.





Seth Tveten  
Matthew Ulrich  
Tyler Uthe  
Jeremy Van Keulen  
Frances Van Sloun  
Gavin Vandenberg



Jarod Vanderschaegen



Kong Vang



Mai Vang



Michelle Vang



Juniors **Britny Hukriede**, **Amanda Hedlund**, and **Candice Gagne** show how close the girls soccer team became this year. Teamwork was no problem for these girls.



Lee Vasey  
Lee Vasey  
Derek Vogel  
Ashley Vollhaber  
Alexandra Waldoch  
Kacie Waldoch



Rebecca Wappel  
Alexander Warren  
Mark Warzala  
Ashley Weaver  
Caleb Wedger  
Caroline Weiss



# Juniors

Christy West  
Jessica Westlund



Kimberly Westman  
Nicholas Wethammer



Brian Whaley  
David Wheeler



David White  
John Wielinski  
Michael Wiggins  
Nicholas Wilcox  
Joshua Williams  
Colby Willson



Adam Wilson  
Donald Windish  
Janelle Winiecki



Ryan Wohlk  
Richard Wood  
James Woods



Ashley Wyatt  
Dajya Wyne  
Ting Xiong



Open wide! Juniors **Brandon Schiefelbein** and **Brandon Sundberg** washed down their French toast and bacon with a glass of milk.



Junior **Nathan Brodtmann** transports beautiful flowers from the cooler for his Floral Design project. The students made arrangements in Mr. Robert Marzolf's class.







Yia Xiong  
Victoria Yamry  
Aichon Yang  
Koua Yang  
Pajnyag Yang  
Victoria Yeager



Brandon Yetter  
Brandon Young



Say cheese! Juniors **Sonia Helgeson** and **Samantha Aldentaler** hang out during their lunch period.

Cristina Young  
Nicholas Yzermans



Robin Zahn  
Kimberly Zalusky  
Stephanie Zastrow  
Nicholas Zemke  
Jennifer Ziemman  
Rebecca Zierke



Juniors **Drew Charles**, **Lucas Munkelwitz**, and **Sarah Lindenberg** get artistic! The three helped each other critique their projects before turning them in.



Laura Zimmerman



## New EXPOSURES

Sophomore year is the first year in a new school, with new teachers, classmates, courses and extracurricular activities. It is a chance to try new things and meet people that one may not have imagined meeting before they stepped into a class with them. As a sophomore students are able to be involved with many school activities such as getting into the school spirit, going to sporting events and cheering on classmates. They have the chance to help out the community by participating in fund

raisers, food drives, and promote awareness about drugs or other serious issues. Both getting involved in a school event or finding a group of peers that enjoy the same things, is all about having fun, meeting new people, experiencing new activities, and building friendships that hopefully will last a life time. Remember that the times that you have in high school will be with you for the rest of your lives, so don't hold anything back and be accepting of everyone around you.

~ Sean Tilton & Matthew Joyer

# SOPHOMORE CLASS OF 2008

Zachary Alspaugh  
Carli Amatuzio  
Dana Amundson  
Aayla Anderson  
Alyssa Anderson  
Amber Anderson



Caleb Anderson  
Cole Anderson  
Corey Anderson  
Courtney Anderson  
Joseph Anderson  
Kaitlyn Anderson



Rachel Anderson  
Tracie Anderson  
Karol Andreassen  
Ellen Anthony  
Chelsea Archer  
Katelynn Babbitt



Joshua Back  
Daniel Baker  
Douglas Baklund  
Ben Banse  
Alex Banta  
Josephine Barron







Carly Bass  
Matthew Bauer  
Brittany Beck  
Randy Becker  
Virginia Becker  
Daniel Behan



Travis Benedict  
Alexandra Benson  
Naomi Bentley  
Steven Bentley  
Holly Berg  
Joseph Berg



Candice Berger  
Michael Berken  
Nicole Bernfeld  
Nicholas Bernier  
Katherine Bigelow  
Alyssa Birdsall



Mary Blake  
Kelsey Blum  
Micah Boerem  
Andrew Bohler  
Christopher Bohnen  
Danielle Boldenow



Kathryn Bor  
Amanda Borchardt  
Erik Borlaug  
Brent Borowick  
Brandon Brambilla  
Paige Bratsch



Nicholas Bredahl  
Kevin Brennhof  
Matthew Brett  
Angelina Brill  
Benjamin Brodin  
Jordan Brown



Ryan Brown  
Brayden Brunberg  
Melissa Buche  
Jamie Bucholz  
Matthew Burger  
Tessa Bushingek





# Sophomores

Meghan Buttler  
Brock Cadwallader  
Daniel Canine  
Krista Carlson  
Leeta Carlson  
Paige Carlson



Savannah Carlson  
Cassandra Carpenter  
Megan Carr  
Shea Carr  
Kelley Carroll  
Matthew Carson



Chelsea Casey  
Sean Casey  
Fernando Cavazos  
Jeanette Chalgren  
Anthony Chamberlin  
Jason Chandler



Paul Charpentier  
Andrew Chartrand  
Kameron Chavez  
Nabil Cheikh  
Samantha Chester  
Amanda Claeson



Danielle Clark  
Kyle Close  
Matt Collier  
Andrea Collins  
Christine Connelly  
Spencer Conrad



Spencer Cossalter  
Amy Cowle  
Caitlin Coy  
Cameron Creviston  
Madeline Crew  
Margot Cronwell



Tia Crotty  
Justin Crowley  
Katherine Crudo  
Mikayla Culp  
Cassidy Cunningham  
Taylor Dale





# Where is the first place you want to go after you get your license?



**Brianna Tagg**  
"Go shopping at Southdale Mall."



**Spencer Conrad**  
"Snowboarding at Trollhagen."



**Melissa Kohs**  
"Take a roadtrip to Florida."



**Nick Johnson**  
"Run up to Canada."



**Lanimakana-maiakua Petrulo**  
"Wal-Mart."



**Cory Triemert**  
"Take a drive around town."





# Sophomores

Amanda Dambow  
Scott Damiani



Sophomores **Leigh Severson** and **Eric Sessing** explore authors' minds as they dig into short stories. The two were reading for Mrs. Law's Popular Literature class.

Nicholas Damsgard  
Breanna Daniel



Teryn Danielson  
Luke Daninger



Chelsie Degendorfer  
Jessica Degennaro  
Annie Dehmlow  
David Del Rio  
Joseph Denbeste  
Brianna Derks



Erika Deroche  
Kyle Dietz  
James Dimmerman  
Ashlee Dornseif  
Brian Dougherty  
Derek Dovolos



Andrianna Dreher  
Jessica Duffy  
Soren Duggan  
Jakeb Dupont  
Dillan Edelen  
Ross Edelman



Kara Eggers  
Ian Eichten  
Timothy Endorf  
Ronald Erickson  
Kelly Erkenbrack  
Logan Evenson







**Lauren Kubitschek**  
 "Shoot for the moon and even if you don't make it, you will still be among the stars."



**James Sieben**  
 "Sticks and stones may break my bones, but words will never harm me."



**Thomas Fick**  
 "Speak soft and carry a big stick."

# What is Your Favorite Quote?



**Heather Kush**  
 "Chhiiiaa!!!"



**Amy Taylor and Megan McKenzie**  
 "Sucess; don't wish for it, work for it."



**Shawn Wright**  
 "I'm in a glass case of emotion."



# Sophomores

Aimee Falck  
Tiffany Felde

Sophomore **Cody Kendrick** studies the results of a Titration Lab. It was one of many labs that he completed during Mrs. Cynthia Riesgraf's Chemistry B class.



Thomas Fick  
Joshua Field

Kimberly Fischer  
Michelle Fischer



Mark Fleischhacker  
Peter Follse  
Cortney Forbes  
Catherine Fordyce  
Joel Fraley  
Kimberly Fredrick



Sean Fredsall  
Samuel Frenning  
Lyn Friberg  
Andrew Frost  
Carley Galle-Osby  
Kevin Gamelin



Tiernan Garrett-Gifford  
Troy Garvey  
Bryan Gauerke  
Justin George  
Dane Goldman  
Cole Goodyear



Tiffany Goossen  
John Goossens  
Danielle Goulding  
Dillon Grant  
Briana Gray  
Michael Gray







Brandon Green  
Shannon Grenier  
Amanda Griffin  
Andrew Grundhofer  
Matthew Gustafson  
Jared Haider



Stuart Hanmer  
Nathan Harden  
Ashley Harman  
Charles Hartshorn  
Paul Haseltine  
Adila Hasic



Meagan Hauge  
Charles Heard  
Colton Hedin  
Donald Hedin III  
Jacob Hegstad  
Bridget Heilman



Sophomores in Mr. William Streeter's sophomore grade Physical Education class work their muscles across the gym floor! To start class every day, Mr. Streeter had his students do all sorts of warm up exercises.



James Henry  
Goncoley Her



Joshua Her  
Paul Hill



Mathew Hitchcock  
Kayla Hofeld



Sheila Holeman  
Jordan Hoppe





# Sophomores

Alexa Ihrke  
Kylie Invie



Sophomores *Kelsie Jurasin, Kelley Carroll, Amanda Jadwin* and *Danielle Napoli* squeeze together as they show off their pearly whites. The group of friends enjoyed yet another day eating together in second quarter A Lunch.



Dylan Irlbeck  
Abigale Iverson



Laura Jacob  
Jeremy Jacobsz  
Amanda Jadwin  
Raeann Jaeb  
Kendra Jaeger  
Joseph Jandrich



Katherine Janssen  
James Jara  
John Jaros  
Taylor Jeans  
Caitlin Jensen  
Diana Jensen



Mary Jensen  
Alec Johnson  
Anthony Johnson  
Britta Johnson  
David Johnson  
Elizabeth Johnson



Heather Johnson  
Janelle Johnson  
Kirsten Johnson  
Kurt Johnson  
Madeline Johnson  
Tia Johnson



Maria Jordan  
Tory Jung  
Kelsie Jurasin  
Richard Keeney III  
Dalton Keep  
Alyssa Kelber







Andrew Kelly  
Robert Kelly  
Cody Kendrick  
Patrick Kenny  
Kelly Kent  
Brittney Ketchel



Adam Kettler  
Kori Kirberger  
Courtney Kirchner  
Dana Kisla  
Dennis Kissler  
Taylor Klausen



Kenneth Klein  
Eva Kloos



Karrie Knops  
Holly Kochendorfer



Mitchell Koenig  
Jacob Kogler

Mr. Andrew Waldron's third hour English 10 class pays close attention as he addresses the lecture for the day.



Melissa Kohs  
Brent Kolbow  
Kasey Kolnberger  
Bradley Kopp  
Matthew Kozel  
Holly Kreitlow



Laramie Krell  
Kaitlin Kregel  
Mikayla Krynski  
Eric Kubinski  
Lauren Kubitschek  
Kate Kuechenmeister



# Sophomores

Sophie Kuschnir  
Heather Kush  
Mathew Lacasse  
James Lallier Jr  
Eric Lamwers  
Corey Landry



Alysha Larson  
Calvin Larson  
Katie Larson  
Patrick Larson  
Wylie Larson  
Brian Lawman



Allan Lea  
Joshua Lee  
Marissa Lee  
Jamie Lehman  
Dillon Lehnert  
Caitlin Lehner



Lauren Lenart  
Brooke Lesewski



Alek Lexvold  
Bjorn Ley



Joseph Lichtscheidl  
Bradley Lida



Kendra Liljeblad  
Brian Limon



Sophomores **Andrew Kelly** and **Jordan Brown** work hard gluing pieces of paper together for their collages. The two had fun creating artwork in third hour Design Basics.





# Match the Elbow with its owner.



1) Brent Kolbow



2) Kelsie Jurasin



3) Charles Hartshorn



4) Monica Mattison



5) Andrew Rupar



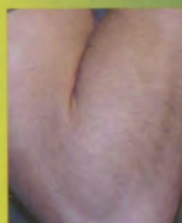
6) Chelsea Uram



7) Andrew Frost



A.



B.



C.



D.



E.



F.



G.

3-1  
2-1  
3-2  
4-3  
5-4  
6-5  
7-6  
8-7



# Sophomores

Efrain Limon  
Bethany Lincoln  
Nathan Lindgren  
Steffon Lindrud  
Kayla Lindstrom  
Helen Lininger



Kristen Lobermeier  
Jessica Locke  
Kristianna Lockwood  
Yeng Lor  
Megan Lundberg  
Michael Mach



Ashlynn Mackey  
Alyssa Magistad  
Joshua Magistad



Scott Magnuson  
Denni Main  
Brian Malmstedt



Mallory Manning  
Benjamin Marleau  
Donald Maroschek



Sophomores **Paige Wold** and **Kelley Carroll** discuss the color choices available with which to glaze their artwork. The pair made numerous cups, bowls, and vases in their third hour Ceramics class.

Lauren Marosok  
Amelia Matheson  
Kathryn Matheson  
Kourtney Matiatos  
Monica Mattison  
Lucas Mayfield



Jacob McAlpine  
Alexandria McCoy  
Mackenzie McCoy  
Lauretta McGee  
Steven McGlade  
Corey McIntosh







Megan McKenzie  
Jessica Meininger  
Joshua Melcher  
Sasha Mendez-Pratt  
Brytanie Mertes  
Megan Meyer



Stacey Michalek  
Cheryl Miller  
Elijah Miller  
Tara Miller  
Audrey Mills  
Sarah Mitchell



*Kou Moua uses the potter's wheel to create a bowl in Ceramics. Art instructor, Mrs. Nancy Pechmann, helped with Moua's technique.*



Rae Moen  
Elisha Mohler  
Beau Molitor



Matthew Mollet  
Ellen Monson  
Brittini Montague



Erik Moody  
Cori Moore  
Jorge Morales



Breanne Mordorski  
Kyle Morgan  
Roman Morris  
Kimberly Motyka  
Chong Moua  
Kou Moua



Benjamin Mullen  
Hannah Munkholm  
Raquel Muzzy  
Danielle Napoli  
Renee Neeser  
Brett Nelson



# Sophomores

James Nelson  
Justin Nelson



Miranda Nelson  
Sean Nelson



Steven Nelson  
Victoria Nerud



Christina Newell  
Courtney Newkirk



Nora Nolden  
Mary Nora



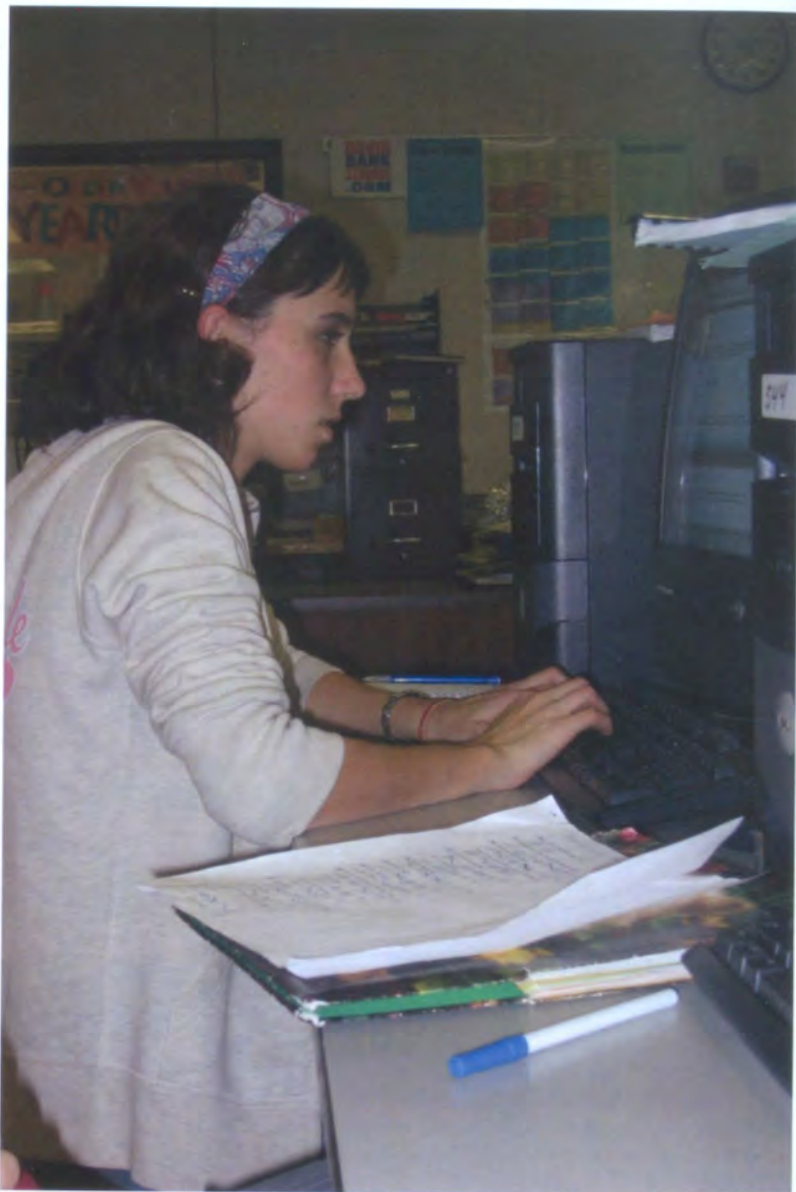
Renee Noren  
Ethan Norman  
Eric Nosie  
Christina Nowicki  
Sharon Nyquist  
Lindsay O'Brian



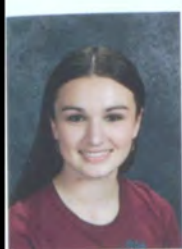
Amanda O'Brien  
Larry O'Connell  
Frank O'Neil  
Tanya Olesen  
Kevin Olsen  
Jacob Olson



Sophomore **Abigail Pooch** works hard on typing a paper for her Journalism class. Pooch was assigned certain stories that she covered for the Forest Lake Breeze.







Michelle Olson  
Nicole Olson  
Ryan Ostlund  
Cayla Oswald  
Larry Padgett  
Marie Pasch



Laura Patch  
Bridget Paulsen  
Abigail Paulson  
Elliot Peck  
Joseph Pelton  
Michael Person



Alexander Peterson  
Bridget Peterson  
Colleen Peterson  
Emily Peterson  
Michael Peterson  
Stephen Peterson



Stacey Petraborg  
Michael Petroske  
Lanimakanamaia  
Petrulo  
Sam Pfenning  
Krystle Pflepsen  
Brandon Phelps



Sophomores **Jake Schmidt** and **Randy Becker** perform check up and maintenance work on welding instruments. In doing these simple tasks, it prevented the tools from malfunctioning or breaking upon future use.



# Sophomores

Christopher Pignato  
Eric Plain  
Krystal Plouff  
Jessica Pogorelce  
Felicia Polnau  
Abigail Pooch



Brittany Prior  
Daniel Quinlan  
Kayla Raarup  
Margaret Raatz  
Alexander Ralph  
Shawn Raykowski



Emily Reed  
William Reely  
Alex Reimer  
Brittany Richert  
Adam Richie  
Stephanie Riehle



Micah Riter  
Brian Rivard  
Jacob Rivet  
Miekolas Robinette  
Jesse Robinson  
Blake Rod



Ryan Roemhild  
Kyle Rognerud



Mark Rolseth  
Joseph Rothmeyer



Eric Roush  
Colleen Royce



Sophomores **Danielle Boldenow**, **Abigail Sauer**, and **Chelsie Sobieck** take a break from their classes and have a quick meal with friends.





Nat Rudi  
Kayla Running  
Nicholas Running  
Nathan Runtsch  
Andrew Rupar  
Christian Ruswinkle



Jeff Salin  
Peter Sandager  
Brendon Sanders  
Amanda Sanford  
Edwin Sanz  
Matthew Sarff



Jamie Sass  
Abigail Sauer  
Amanda Sausen  
Stephanie Schaeffle  
Ellen Schaffan  
Max Schanks



Dianna Schave  
Nicole Scheiller  
Timothy Schingen



Anthony Schlaeger  
Brianna Schlaeger  
Andrew Schlenker



Jake Schmidt  
Kimberly Schmidt  
Ashley Schmitz



Meghan Schneller  
Jaimelie Schoonover  
Randal Schroeder



*Got moves? The sophomore Physical Education class learned different styles of dancing as a part of their course curriculum. The dance unit has long been a popular tradition in the high school Physical Education courses.*





# Sophomores

Carlene Schuder  
Krista Schuhwerck



Sarah Schwan-Vanwert  
Hunter Selg



Dana Sell  
Jacob Serres



Eric Sessing  
Leigh Severson  
Vincent Shaw  
Torri Shelafoe  
James Sieben  
Siri Simons



Jessica Skogen  
Caitlin Slattery  
Christina Slowinski  
Matthew Smaker  
Katie Smith  
Kevin Snyder



Chelsie Sobieck  
Angel Soto  
Emily Spanjers  
Ariel Spiess  
Brian Spiess  
Marianne Spiess



Maxwell St Germain  
Samuel St Germain  
Corey Stedje  
Matthew Steele  
William Stege  
Garrick Stegner



Sophomores **Spencer Conrad, Sean Casey, Jared Haider, Kristen Lobermeyer, Kayla Raarup, and Matthew Steele** take notes and listen closely to English 10 instructor Mr. Andrew Waldron. Sophomores spent much of their first year of high school in courses intended to give them a well-rounded education.





At the head of the line, Sophomores **Ellen Anthony, Kelly Kent, Katherine Bigelow, Cori Moore, Dillon Grant, and Jacob McAlpine** await the opening of the concession stand during C lunch. Dozens of students lined up along the north wall of the cafeteria each day to purchase their lunch items.



Phillip Steiner  
Samuel Steiner



Cory Sterns  
James Stipe



Brett Stolberg  
Ashley Strantz



Todd Strickler  
Travis Strike  
Evan Striker  
Brianna Tagg  
Amy Taylor  
Hannah Taylor



Joseph Tener  
Jonathon Tenney  
Joshua Tester  
Jeremy Tetrault  
Amie Nk Thao  
Bill Thao



Jacob Thieschafer  
Justin Thill  
Cole Thomas  
Jacob Thomas  
Ashley Thompson  
Anna Thordson



Rebecca Thraen  
Tyler Tillman  
Alicia Tomlinson  
Alex Torkelson  
Jacob Traner  
Corey Triemert



## What is your Ideal Date?



**Caitlin Lehner**  
"A trip to Hawaii!"



**Matthew Brett**  
"Dinner at Applebee's  
and then watching  
Saw 2."



**Dalton Keep**  
"Take a girl out for an  
expensive dinner."



**Alyssa Anderson**  
"Go get some pizza,  
then to the arcade  
and finally a movie."



**Kayla Wagner and Aimee Falck**  
"Long walk on the beach, good  
talks and an expensive dinner."



**Jacob Kogler**  
"Go to a party."





Laura Trombley  
Makayne Tulgren  
Ryan Tyler  
Chrystle Uhl  
Benjamin Ulrich  
Lee Underdahl



Chelsea Uram  
Aaron Vadnais  
Jessica Vance  
Long Vang  
Max Vang  
Muanqys Vang



Pahoua Vang  
Todd Villafuerte  
Courtney Vining  
Andrew Voelk  
Hu Chi Vue  
Ricky Vue



Cole Wagner  
Emily Wagner  
Kayla Wagner  
Douglas Wallenstein  
Mary Walters  
Keith Walton



Keith Ward  
Jeff Waterman  
Emily Webb  
Peter Weber  
Derek Westemeier  
Jacob White



Alyssa Wick  
Tyler Wilcox  
Caitlyn Williams  
Benjamin Willms  
Rachele Willy  
Nicholas Wilson



Katie Wiosky  
Emily Wislicenus  
Casey Wittrock  
Paige Wold  
David Wolff  
Shawn Wright



# Sophomores

Jordan Wyne  
Noukhiag Xiong

Sophomores **Cortney Forbes**, **Alicia Tomlinson**, **Alexa Iherke**, **Holly Kochendorfer**, and **Ariel Spiess** huddle together at lunch before having to leave for their third hour classes.



Toua Xiong  
Tue Xiong

Amay Yang  
Jessica Yang



Thomas Yang  
Savannah Yartz



Matthew York  
Brittni Zachrison



Peter Zastrow  
Erik Zeitz



Matthew Zidar  
Lisa Zimmerman  
Sarah Zopf



Sophomores **James Dimmerman**, **Sean Casey**, and **Mark Fleischhacker** take in the full effect of school lunches.





# WHAT IS YOUR FAVORITE WINTER ACTIVITY?



**Brett Nelson**

"Skiing at Wild Mountain with the school."



**Kristianna Lockwood**

"Ice skating with friends because I fall on my butt a lot."



**Vince Shaw**

"Umm... probably Snowmobiling."



**Amanda Jadwin**

"Sledding with Patrick."



**Patrick Kenny**

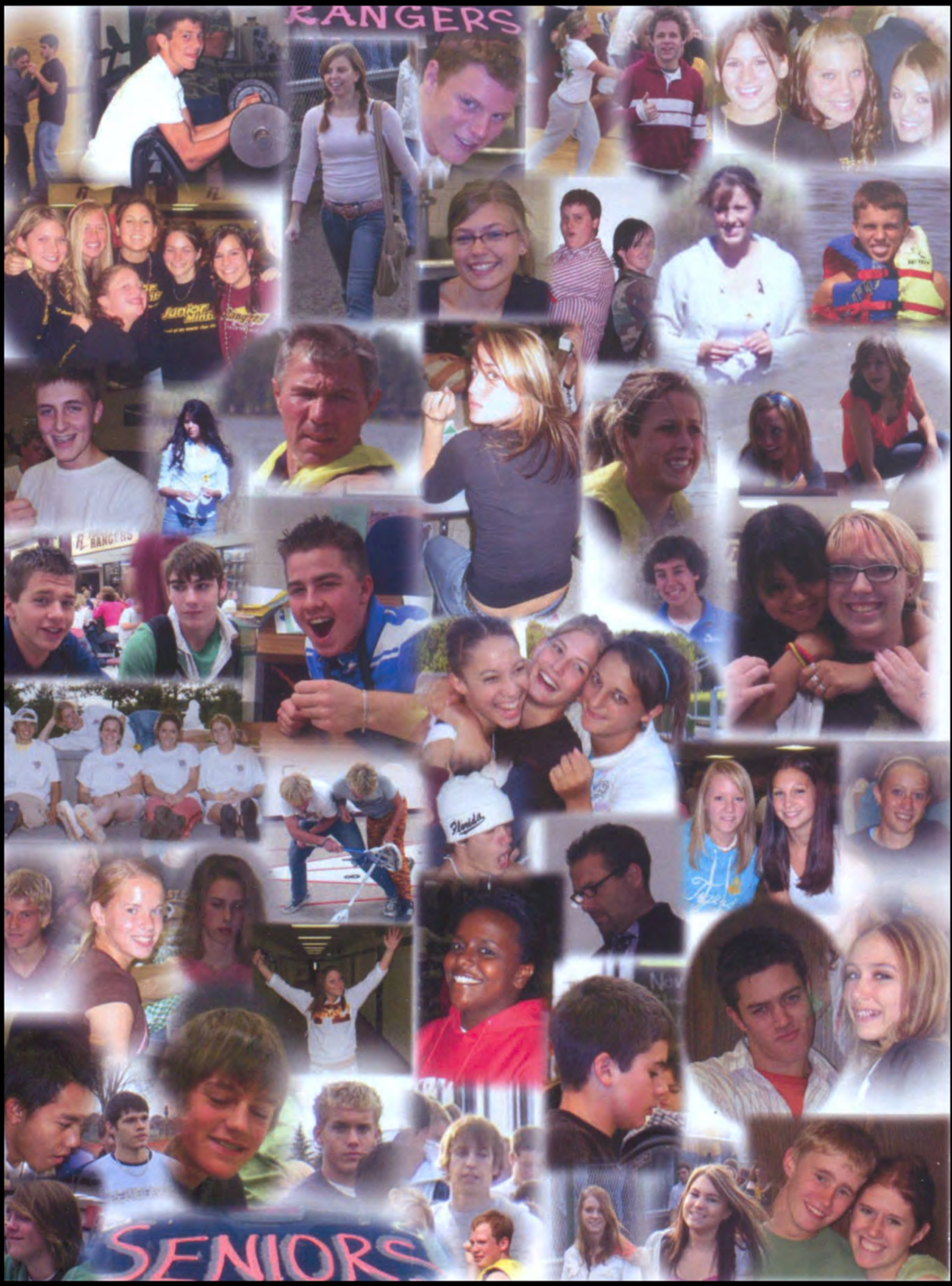
"Sledding with Mandy."



**Ashlee Dornseif**

"Snowboarding at Wild Mountain with Brittany."











# Like Clockwork

A clock: the smallest pieces come together to make the overall operation a success. The pendulum swings, the gears turn, the chimes ring, and the chronology is kept. Our school faculty and staff operate much like this clock. Their diversity and diligence keep us on track, much like the various parts of clock make a combined effort towards the same goal of tracking time.

When the goal is not being

achieved, the faculty sees a need for new parts and then builds them into the design. Some pieces are seen and some are not so visible, but all are working just as diligently. There is Mr. Thompson, stopping time to look at ancient eras; then it is Mr. Hebert, teaching about father time; and finally, there is Mrs. Schellinger, teaching about time management.

New positions are created when a need arises, such as a

chemical health coordinator and a diversity counselor, to work behind the scenes and help the overall effort. Both the visible and invisible parts are integral gears in the daily workings of our school.

This, our 2005-2006 faculty and staff, fashioned themselves into a chronometer that functioned with immense success. Thank you for making us move like clockwork.

~ Caleb Rotach & Matt Joyer

## Deans



**FRONT ROW:** KATHY UNGERECHT, VICKI McDUGALL, HOLLI HEBL. **Row 2:** BEN FISHER, DON BOSCH, JIM CALDWELL.

## Administration



MRS. KATHY UNGERECHT  
ASSISTANT PRINCIPAL



DR. STEVE MASSEY  
PRINCIPAL



MR. DON BOSCH  
ASSISTANT PRINCIPAL



## Behavior Intervention Specialists



CINDY  
JONES

PAMELA  
MERCER

## Health Services



HEATHER  
KARSTENS

LYNN  
SCHWIEBERT

## Police Liaison



SEAN LAFFERTY

## Registrar



MARGO GEVING

## Student Services



VICKY MONZEL, DEBBIE KNEIBUSH, ELLEN  
SCHAAL.

## Chemical Health Specialist



SHELLY GREEN

## Activities Office



KAREN  
MCCURDY  
PRINCIPAL  
ASSISTANT

ANN  
SKOGLUND  
ACTIVITIES  
DIRECTOR  
ASSISTANT

## Activities Director



JOEL OLSON





## BUSINESS



AL ANDERSON, KRISTIN NELLIS, TOM NEWELL, JAMIE BULLOCK.

## MEDIA



SHARON WILSON, PAUL KARLSSON.

## Q & A

WHAT MAKES YOU PROUD ABOUT  
BEING A MEMBER OF YOUR  
DEPARTMENT?

"WE LIKE ONE ANOTHER AND WE  
COOPERATE WELL."

~ MR. GUNDERSON - PHY-ED

"MY RED HAIR."

~ MR. JOHNSON - SCIENCE

## AGRICULTURE



FRONT ROW: VERONICA WARD, BOB MARZOLF. ROW 2: MIKE MIRON, MARCUS LEWTON.

## SPECIAL SERVICES



FRONT ROW: RACHEL HAWKINS, JENNIFER HREHA, CALLIE TRESKO, TONY KOWALEWSKI, JANELLE KENDRICK. ROW 2: CHAD ERICHSRUD, TRACY MAXWELL, LARRY SYVERSON, THERESA SNODIE, JOEL-LYNN TINKLENBERG. ROW 3: JULIE BUSBY, SHANNON LONG, CHRISTIE MAGNAN, KIM VANNESTE, BRENDA SWANSON, PAT ELLIAS.



## LANGUAGE ARTS



**FRONT ROW:** PAUL WIELAND, TIM NEWCOMB, ANDREW WALDRON. **Row 2:** LAURA LIVERMORE, HEATHER GUY, CYNTHIA PHILLIPS-MARCHE, BECKY HAVEN, LAURA LeVAKE. **Row 3:** ROBYN MADSON, HENRY HEBERT, GAIL LAW.

## FAMILY & CONSUMER SCIENCE



DIANE DUGAS, JULIE WALKER, BARB SCHELLINGER.

## ART



NANCY PECHMANN, DANA HERMAN, MARIA KAISER.

## OCCUPATIONAL RELATIONS



TONY HARRIS, JEFF WILSON.

## Q & A

**HOW DO YOUR DEPARTMENT MEMBERS MAKE YOU A BETTER TEACHER?**

"I AM NEVER THE FIRST ONE HERE."

~ MR. CLEARY - SOCIAL STUDIES



## MAINTENANCE



JOHN OLSON, BILL SCHWARTZ, TIM BURTON, JEFF WIDMAN, JUNE RAYKOWSKI.

## FOOD SERVICES

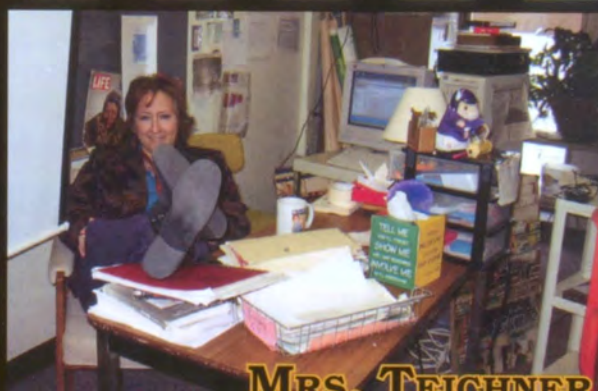


**FRONT ROW:** DIANNE LESSNAR, PENNY OMODT, GINGER CARNEY, CORRINE WALD. **Row 2:** ANN CHAMBERLIN, MARIBETH SPREEMAN, BETTY NELSON, JUDY PETERSON, MARGIE ZOPF, SHONDA HARTUNG, BETH RELLER, LAURA JOHNSON.

## MR. MARZOLF



## MESSIEST DESK



## MRS. TEICHNER



# CAREER RESOURCE CENTER



VAL HANDSTAD

# COPY CENTER



KIM PETERSON

# WORLD LANGUAGES



FRONT ROW: SARA HARTMAN, LAURA SCHUSTER, ANNE DAHL.  
ROW 2: KRISTIN GORCZINSKI, MEGAN ESPE-OCH, COLEEN COLTON,  
KELLY WING.

# TECHNOLOGY



TAMMY MARSHALL, LEE ANNE BROCKMAN, MARY WIGHTMAN.

# MATH



FRONT ROW: LARRY MATZDORF, NICOLE RISTOW, CHARLIE CHALBERG, SUE JARRETT. ROW 2: BILL OLSON, ANN ASTRUP,  
JOHN BUCK, JENNY MARSHALL, LARRY TIETJE.



MR. FISHER

# MOST ORGANIZED

# DESK



MRS. STENNES-ROGNESS





MR. WIELAND

A



MR. THOMPSON

B



MR. DETTMER

C



MR. RIVARD

D



MRS. STROMQUIST

E



MRS. BENEDICT

F

## MUSIC



**FRONT ROW:** DAVE LIVERMORE, JIM LINDSTROM. **Row 2:** BEN CHAMBERLAIN, RICH HAHN. **(NOT PICTURED)** PHILLIP PAPPANO.

## SOCIAL STUDIES



**FRONT ROW:** ANGELA NELSON, KEN MIKOLAJCZYK, SUE STENNES-ROGNESS, SANDRA TEICHNER. **Row 2:** JUDY DITTBERNER, RON TUNGSETH, MATT CLEARY, CHUCK ANDERSON, TOM HIPKINS. **(NOT PICTURED)** DON THOMPSON, SARA CAMERON.



# INDUSTRIAL TECH



**FRONT ROW:** LYN RUETTEN, KEVIN RIVARD, MIKE COFFEE. **ROW 2:** JOE JURASIN, RYAN RUTTEN, KELLY NICHOLLS.

# SCIENCE



**FRONT ROW:** KRISTEN BROVOLD, BRAD WARD, BRUCE LEVENTHAL, JUDY HILL. **ROW 2:** RENA BENEDICT, JEFF LEWIS, RYAN JOHNSON, CYNTHIA RIESGRAF.



1



2



3



4



5



6

**WHO'S WHO IN THE  
STAFF PARKING LOT?**

1) C 2) B 3) E 4) F 5) A 6) D  
7) G 8) J 9) V





# SCHOOL BOARD



**FRONT ROW:** DAVID GAY, LYNN STEENBLOCK, ERIC LANGNESS. **Row 2:** KEITH DUNHAM, BILL BRESIN, JULIE CORCORAN, ROBERT RAPHEAL, JOE GRAFFT.

# SPECIAL SERVICES



**FRONT ROW:** THERESA GIBSON, DEANN DANIELSON, DIANE PETERSON, LISA MEYERS, TRISA STROMQUIST, MARY ANDERSON. **Row 2:** CONNIE CARUFEL, CHAR WODASZEWSKI, CAROL SUESS, ERIN CASEY, CLARE RITCHIE, TOREI ANDERSON. **Row 3:** DAWN KLAITTER, SUE DOE, KRIS KNE.



**MR. BUCK**

**MS. GUY**

**BEST DRESSED**



**MS. DUGAS**

**MR. HARRIS**

**FACULTY CLOWN**

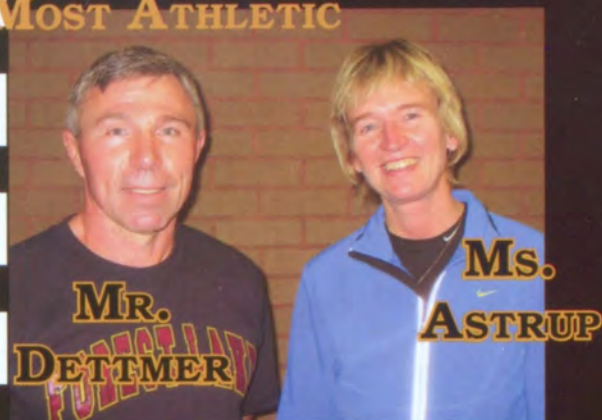


# PHYSICAL EDUCATION



FRONT ROW: NANCY ELLIAS, BOB DETTMER. ROW 2: BILL STREETER, CHUCK GUNDERSON, JIM HERMAN.

## MOST ATHLETIC



MR.  
DETTMER

MS.  
ASTRUP



MR.  
JOHNSON

MS.  
HEBL

BEST SMILE



MRS.  
MARSHALL

MR.  
THOMPSON

BEST HAIR



MRS.  
DAHL

MR.  
COFFEE

MOST CAFFEINATED



MRS.  
HAVEN

MR.  
HEBERT

BEST PERSONALITY



# ADS FOR GRADS

*Forester*  
Volume 68

**Brian Tautzell**



Brian, we are so proud of you and feel so blessed by all the happy, fun times we have shared together. Your goofy, fun personality is the sunshine in every day.

Best of luck in all you do.  
Keep up the great hunting!!

We love you,  
Dad, Mom & Tom

**Matthew & John Barnes**



Since that hot day in July when you both were born, you have shared so much together. As you go your separate ways, always know the other is there for you. We are so proud of the young men you have become. We love you very much.

Love,  
Mom & Dad

**Kyleen Schneider**



Bark! Bark! Yip! Yip!  
Grrr! Bark! Woof oooo Woof? Yip! Congrats Love, Dayzee, Hunter & Cherry

**Jake Johnson**



Your charming smile, friendly spirit and easy humor will serve you well in life. We are so proud of you!

Love,  
Mom, Dad, Kristen & Mikensie

**Amanda Asplund**



Amanda, We are very proud of you, we have been blessed each day with your smile and your wit. You make every day special in so many ways. God will hold you in his light always.

Love Kerry, Corky, Tyler, & Travis



## Kayelea Tyler

Kayelea, We just wanted to say how proud we are of all that you have accomplished. We are looking forward to seeing you meet every goal that you set for yourself in the future.  
Love, Mom, George & Kyle



Amanda,

The most important thing we can say is that we love you very much and we are proud of your independence! We know that you are eager and ready to move on to new experiences. We know you are ready for it and will meet your challenges head on with confidence and hard work that you have always practiced. Remember even though you are moving on to the next level of your life you will always be our little panda bear and we will always be there for you.  
Love You Always,  
Mom & Dad

## Amanda Kissner



## Michelle Secor

From our little Shell Belle to a beautiful young lady. It has been exciting, interesting and so much fun to watch you grow. Thank you for giving your all in everything you do. We know you have what it takes to be successful. We love you and are so proud of you. You're our bestest girl.  
Love, Mom & Dad



## Alec Bayer

Alec~  
I'm so proud of your accomplishments and the outdoorsman you've become. Always believe in yourself and your dreams.  
Love,  
Mom



## Brittany Baron



From a giggly little girl to a beautiful young lady, you have become what we always hoped you would be.  
We Love You

## Jeffrey Tomnitz



We are so proud of you and all that you have accomplished with your hard work. Hold on to your faith, beliefs and dreams and you will go far. We love you very much.  
Love, Mom & Dad

## Maggie Myre



To live your life in your own way...  
To reach for the goals you have set for yourself...  
To be the you that you want to be...  
**THAT IS SUCCESS!**  
Good luck and God Bless. We know you will go far.  
Love, Mom, Dad & Marcus

## Amy Borlaug



Amy, there simply isn't space on this page to describe our love, joy and admiration for you. -May your dreams and ambitions take you wherever you choose.  
Love, Mom & Dad

## Ashley Ziehl



What lies behind us and what lies before us are tiny matters compared to what lies within us. We are so proud of your accomplishments, except for not hitting the ball in T-Ball, way to go Smashley!!  
Love, Dad, Mom, Dwayne, Jenny, Kristi & Alisha Marie

## Ashleigh Morgan



Good luck next year! Congratulations on graduating!  
Love,  
Mom, Dad & the Kids



## Brian Edward Thompson



Who would have thought that an ol' man like me would be so blessed with a gift of a son like you. Words could never describe how I feel. Congrats and I know you will always do your very best.

Love,  
Dad (Bear)

## Kelli J. Thompson



Congratulations Belle! You make us proud. May you continue to bring joy to everyone you meet as God's blessings continue to guide you.

Love,  
Mom, Dad & Sheri

## Hannah Mettling



Hannah, We are very proud of you and all you have accomplished in school. We are your #1 soccer fans! Good luck to you on your next journey.

Love,  
Mom, Dad,  
Amy & Courtney

## Leah Mayfield

We're so proud of our Leah-Deah, good luck and hope all your dreams come true.

Love,  
Mom & Dad



## Kyle Johnson

Our little ray of sunshine has grown up so fast. You've become a super young man. We are so proud of you! Work hard, be honest, keep smiling, and follow your dreams with passion.

Love, Mom, Rich,  
Dad & Teresa



## Kyleen Schneider

Ky,  
You're everything we hoped for and more than we could ever have imagined. The world is waiting so go dazzle it!! We love you!  
Mom & Dad



## Rachel Piersdorf

Dear Rachel, We are so fortunate to have been blessed with a such a wonderful person as our daughter. You are truly an inspiration to all. Remember to dream big and "make the butterflies work for you."  
Love and Prayers,  
Dad, Mom, Ryan & Rebecca



## Jenna Schuder



Jenna, you have been a gift from the day you were born and you give us more joy with each passing year. You have blessed our lives. We love you very much.  
Mom & Dad

## Rachel Hafele



Rachel, Wow! What a beautiful and talented young woman you have grown to become. You have always been a star and now it's time for the world to see. We love you Dolly!  
Love,  
Dad, Mom, Nick, Missy, Libby, Bear, Bogey & Sally Wonka

## Andrew Pooch



We saw you change from Andrew to Poochie to Drew, but you'll always be our Little Andrew and we love you. We wish you the best of luck in your future and will always be there to support you.  
Love,  
Mom, Dad & Abby



## Stefanie Lee Shogren



*You will face many challenges as you travel through the next phase of your life. But just like the challenges you have already faced, you will get through them successfully with perseverance and hard work. We are very proud of the young lady you have become. We wish the best for you!*  
Love you,  
Mom, Dad & Tyler

## Michael & Matthew Malmquist



*Michael & Matthew Malmquist, Boys we admire you so very much & we know your future will take you far. We are always here for you both. Love you always & forever,  
Mom, Dad & Scoobie*

## Meghan E. Casey



*Meghan, You are a leader, wise, and gifted. Dream big, depend on God, and see where He will take you.*  
Love,  
Your family

## Nick Christy



*We are so proud of you and so glad it's finally over!  
We love you so much, congratulations!*  
Mom, Dad & Dylan

## Ashley Scheiller



*Ashley, the house will be so quiet when you leave for UMD! We are so proud of all you have accomplished. Continue to work hard and follow your dreams. Remember, we will always be here for you.*

*All our Love,  
Mom, Chuck, Nikki, Cassie, Nana, Papa, & Buddy*

## Sean Tilton



*We are so proud of your accomplishments. Live your life to the fullest and best of luck in the years to come.*  
Love,  
Mom, Dad,  
Bridget, Lindsey & Madison

## Gina Mae Batcheller



*Gina, your dad and I are so very proud of you. We will support you always, don't give up on your dreams.*  
Love,  
Mom & Dad

## Daniel Hoff



*Congrats Daniel: You've made us smile since you came into our lives 17 years ago. You have been a joy to us and we're very proud of you! Stay true to yourself as you head off on your next adventure.*  
Love,  
Mom, Dad & Jennifer



**Chelsea Sager**

Chelsea,  
We know the  
possibilities for  
you are limitless.  
You only have  
to choose a path  
to begin your  
journey.  
Love,  
Mom & Dad

**Maria Stanley**

Do as we say not  
as we do. And  
you listened!  
You will be the  
first Stanley to  
graduate from  
college. Look out  
Marc Jacobs!  
Love You,  
Mom & Dad

**Melissa M. Buol**

Missy, We are  
very proud of  
you. Great  
job! We pray  
that God  
guide and  
direct you.  
Lean on Jesus  
always!  
Love,  
Mom & Dad

**Kristi Zielinski****CONGRATULATIONS!**

Together you've laughed,  
cried, confided all your  
secrets, and shared all  
your dreams. You have  
a friendship to treasure.  
Wishing you joys in your  
journeys ahead.

We love you Love you too  
Kristi! Britt!  
Mom & Dad Leo & Jean

**Nicholas Willcoxon**

Nick,  
You will always be  
our Prize Catch! We  
are blessed to have  
such a wonderful  
son and brother.

Love,  
Mom, Dad &  
Christina

**Ross Chester**

Congratulations Ross! Thanks for all the H.S. memories and all that JAZZ! Mimi says, "Go ahead now and toot your own horn, you deserve it." We are all so proud of you, just remember to be proud of yourself. I'll always remember the B.B. hill at Lutsen. Dad won't forget the B.W.C.A. trip, you've made a lot of memories climbing to the top! Thanks for paving the way for Scott, you're a great brother. Follow your dreams and J.C. always. Let your light shine and leave a blazing trail.

Good Luck in your future.  
Your Loving Family

**Amanda Herrity**

Mandi,

What a beautiful, unique butterfly you are! I am  
so blessed to be your mom! Follow God's plan now,  
you'll never walk alone.

Much Love, Mom



## Paul Joachim



Paul-  
From beginning to  
end you have made  
us proud.  
Keep on laughing!  
Love,  
Dad, Mom &  
Laura



## Leigh Twohy



Leigh- Leigh: You are  
our sunshine, our  
only sunshine. You  
make us happy when  
skies are gray. You'll  
never know Leigh,  
how much we love you.  
Please don't take our  
sunshine away.  
Love,  
Mom, Ryan & Adam

## Alissa Baker



Your thoughtfulness, understanding, and laughter has  
made my role as your father truly a treat. Words will  
never be able to describe how proud you have made me. I  
know you will continue to bring joy to others in your life as  
well. You are simply the best!

Love,  
Dad

## Jessica Swenson



Jessica,  
Seems like only yesterday your backpack filled with K through 6.  
Now twelve years later  
It's on to college physics.

While so much has changed for you  
Your bright smile you never outgrew.  
Life will now move at a faster pace  
So much living you have yet to face.  
We have no doubt you will go far  
Our shining star, so very proud we are  
We love you so much! ~ Mom & Ron

## Amanda Pilla



Amanda you  
will always  
be our "Little  
Twinkle Toes".  
We are so  
proud of you.  
We love you!  
Mom, Dad,  
Sarah & Missy

## Jacob Lipp



Jacob,  
You have always  
lit up our lives  
and so we are  
sure that you will  
set the world on  
fire with all you  
accomplish in  
life. We love you!  
Dad, Mom, Alex,  
& Heather

## Jesse Kolbow



Treasured,  
Cherished,  
Loved.  
~Always  
By  
Dad & Mom



**Renee Frericks**

*It's been a "ball" watching you grow up on and off the court. We are so proud of you! Keep on taking it to the hoop! We love you!*  
Mom & Dad

**Jacob Haider**

*Jacob, you never cease to amaze us! Keep up your positive attitude, you have a magical way of making people happy. We are so proud of you and we love you so much. Remember the sky's the limit.*  
Love,  
Mom & Dad

**Kelsea Griffin**

*God's loving thoughts toward you are more than grains of sand (Ps. 139: 17 & 18). And I love you so much too!*  
Mom

**Nick Carroll**

*Nick- We are proud of all your accomplishments. May all your dreams come true.*  
Love,  
Mom, Scott, Kyle, Kelley, Nikki, Dad & Ilene

**Brooke Radtke**

*Keep your beautiful blue eyes clearly focused to the stars. The sky is the limit. Work hard, but take time to smell the roses. We pray you will be blessed in all that you do! We are so proud of you and Love You with all our hearts.*  
Love, Mom, Dad, Cory, Andy, Katie, Karissa & Nick

**Eric Chmielewski**

*Life's full of surprises! Hope all of yours are good!*  
Love,  
Dad, Heidi, Megan, Kelsey, Lisa & Baylee

**Chelsie Carpenter**

*Chelsie, you are truly a beautiful "wrapped gift" from God- Beautiful on the outside and something incredible to cherish forever on the inside. We are so very proud of all of your accomplishments!...So what's next?!! We love you!*  
Mom & Dad

**Sara Damiani**

*At an early age you started your journey through life in the company of your horses. Through this passion you have discovered yourself, becoming less fearful and more empowered to give your energy to what really connects you with life. We are so proud of you and who you've become. We believe in your courage, compassion, integrity and strength. You can accomplish anything you dream or desire and touch the infinite. You will grow from everything life throws you and even through hardships, you'll find great joy behind your "Journey Rides". We believe in you and your goodness. Live in the moment and listen to what strengthens your heart. Your happiness will be in your way of travel not your destination.*  
Love, Mom & Dad



## Amanda Jochim

*Your smile lights up our lives and warms our hearts. We know you'll make a difference in the world because you've already made such a difference in ours. "You are my sunshine."*

Love,  
Mom, Sherry, Kelly &  
Family



## Erik Stolberg

*You have always given your best and dreamed big. We're extremely proud of all of your achievements and more importantly, of the person you've become.*

All our love,  
Mom, Dad & Brett



## Erik Lundell



*Congratulations Erik. We can't believe you're graduating already. Time goes by so fast. You can do whatever you put your mind to. We are proud of you and love you so much.*

Love,  
Mom, Dad & Danny

## Cassie Ellingson



*To our sun-bathing beauty! We are so proud of the person you have become. You truly are the sunshine in our lives!*

Love,  
Dad, Mom, Justin  
& Blake

## Connor Becker



*The Con man Congratulations! Grad- we are so proud of you. What a wonderful gift it is to have a son like you to love!*

Love,  
Mom & Dad

## Lacee Enfield



*You are a priceless work of art. You are the best of both of us. Our pride and joy. Dream big and follow those dreams and remember we love you!*

Dad, Mom &  
Devin

## Allison Beebe



*Congratulations on all your accomplishments in high school! We know you will go "above and beyond" in whatever direction you head. May God guide you and keep you in His care as you start off on your next adventure.*

Love,  
Mom, Dad, Matthew  
& Michael

## Christopher Mohler



*Congratulations Chris! We are so proud of you. Now you've grown into Dad's shirt, you can follow your dreams. God bless you.*

Love,  
Mom & Dad  
xoxo

## Ashley Miller

*When you smile, the sun shines brighter. When you laugh, the birds sing sweeter. You can move mountains with your determination. You are so precious to me and I am so proud of all your accomplishments. You will always be my beautiful girl.*

Love,  
Mom



## Dan Cromwell

*Still smilin' after all these years! Whether it's on the basketball or tennis court or playing your trombone, you always have a smile on your face. How proud I am of your accomplishments and thankful for the talents God has blessed you with. May you continue to smile and radiate your wonderful personality. Don't ever lose sight of your dreams.*

Love,  
Mom





**Jacqueline Kling**

*You've always been Daddy's little girl and Mama's beautiful dancer. You have accomplished so much and have such a bright future ahead of you, Jacqueline. Keep working hard and never give up - you deserve everything that comes your way. We are all so proud of you. Good luck Baby Jack. We love you! Dad, Mom, Jennifer & Thomas*

**Derek Johnson**

*Learn from yesterday, live for today, and hope for tomorrow. Never lose your greatest assets of determination, perseverance, dignity, and integrity in life. We are very proud of everything you have accomplished and look forward to seeing what you will achieve as you venture out in the world as an adult. Dream big and shoot for the moon, even if you miss, you will still land among the stars!*

*Congratulations and best of luck!  
Love always and forever, Mom & Dad*

**Courtney Trenti**

*Student, athlete, role model, Christian, awesome daughter, friend. We are so very proud of you!*

**Sara Fielding**

*Princess, you have been the brightest star in our eyes. Keep shining! Love you so much, Mom & Dad*

**Megan Dohmen**

*Peeper, you have filled our lives with so much fun, excitement but most of all love. We know that your future is going to be great. Never forget how special you are.*

*Love,  
Mom, Dad, Rachel & Lucky*

**Michael L. Smith Jr.**

*I am so proud of all you have accomplished. With all you have had to endure you always stayed on top. You will always be the best part of me.... My strongest weakness- Love, Mom*

**Amanda Daman**

*Amanda, we're so proud of you! You learned lots and got smart! Gotcha! Keep being the caring and loving person that you are and you'll go far in life. Love you always, Mom, Dad, & Tenesha*

**Heather Stratton**

*Heather, You are as beautiful today as the day you were born. We want to thank you for all the wonderful memories from the past 18 years and for the person you become today. We couldn't be more proud of you. You're loved by many. Love, Mom, Dad, & Josh*



## Josiah Knutson

*Remember, no one can intimidate you unless you first give them permission.*

*God created you a winner. Go for it!*

*We love you (10 seconds at the door), Dad, Mom, Micah, Isaac & Elite, too*



## Amber Brown

*Congratulations Boo!*

*You have grown to become a wonderful person with a kind heart. We are so proud of you!*  
Mom & Brent



## Amanda Sadergaski

*Mandie, You are an amazing person! We are so proud of who you've become and what you stand for. Thank you for all you've been to our family.*

*We are so blessed by your life! May God pour out His blessing on your future.*

*Love,  
Mom, Dad, Sara & Jenna*



## Carly Grace Dean

*To our Carly Grace,*

*With your smiling face you bring joy each day to our world. We are proud of the woman you have grown to be though, you'll be forever our Baby Girl!*

*Love, Mom & Dad*



## Alissa Baker



*"You're 18", and you know what you want. If you continue to "Dream On", you won't end up "In the Ghetto". When "School's Out" for the summer, I want you to "Live Like You Were Dyin'". By fall, you'll be "Desperado" to head off to college... your life... and success. No "Heartbreak Hotel" for you! Remember... "I'll Be There For You".  
I love you- Mom*

## Sean Claeson



*Sean Michael, Your wonderful laugh and great sense of humor makes everyone love you. We are so proud of you and all you do. We know you will succeed in whatever you set your mind to.*

*Love,  
Mom & Dad  
Do the cookie dance.*



**Allison Anne Garrity**

We're proud of all you've done and of the person you've become! We know your hard work and dedication will serve you well in college and beyond.

Love,  
Dad, Mom, Chris & Brian

**Chelsea Anderson**

Congratulations Chelsea! We are so proud of the young woman you have become. Hold your head high and reach for your dreams.

Love,  
Mom, Dad, Courtney & Hannah

**Christina Rhein**

We are so proud of you and the wonderful, caring person you have become. Life is an adventure.

Smile, dance and be happy.

Love you very much,  
Mom & Dad

**Katie McArdle**

Katie,  
You have worked hard in school from Kindergarten through your senior year. We are very proud of you! We love you very much!  
Mom & Dad

**Eleni Johnson**

Eleni,

Loving, sensitive, tuned-in, hilarious, serious, thoughtful, generous, Baner, Miss-elenious, goofy, pumpkin, baby girl, a friend,

Eleni.

Love,  
The Parents

**Kelsey Callahan**

The first day of school we knew our little girl would grow-up fast. Days of holding hands and reading bedtime stories couldn't last forever. It wasn't long before you were reading to us. And insisting on walking yourself to the bus. For many obvious reasons, you stand out in a crowd. But there is much more to you that makes us proud. Your discipline to succeed and always do well, will ensure you achieve your dreams and excel. You have been blessed with so many gifts to share.

Keep smiling and know that we'll always be there!

Love Always,  
Mom, Dad, Mike & Jeanie



## Jesse Smith



*Jesse- Your first computer...Look how much you've achieved!! We are proud of who you are. Honor, Integrity and Faithfulness speak highly of you.*  
Love,  
Dad & Mom

## Erin Bengston-Noyes



*Lil' Wootanz...you always brighten up any room you enter! You have become a young woman of character and integrity. I am very proud of who you have become.*  
Love,  
Madre

## Beth Kiehne



*Perky, What a joy to watch you grow up into a beautiful young lady. Looking forward to what is ahead in your future.*  
Jeremiah 29:11  
We will always love you.  
Mom & Dad

## Andrew Ophus



*Andy- You are a classic! We love you!*  
Mom & Dad

## Jenn Dellwo



*Josephina- From the minute you were born you have given us joy with your style and spirit. Congratulations!*  
Love,  
Lars & Madre

## Andy Mulcahy



*From 2' to 6' we have enjoyed every minute. There is no doubt you will do great things in the world. We are so proud of the young man you have become.*  
Love,  
Mom, Dad & Ang.

## Amanda Pringle



*Mandi- Keep working hard and never lose your honesty or integrity. Today that is a lost gift. We are very proud.*  
Love,  
Mom & Dad

## Cassi Freerks



*You have always been a sensitive, compassionate and caring person. A good friend to all. As you embark in your future endeavors have faith in yourself to dare the impossible. Courage to do more than you can. Wisdom to handle your failures. Strength to bend and not to break. We are very proud of you.*  
Love,  
Mom & Dad

## Kate Mitchell



*We are very proud of you. Stay focused on your dreams and they will come true. Keep smiling and know that you can accomplish anything.*  
Love,  
Mom, Mike, Sean & Darlene

## Patrick J. Taylor



*Patrick, Don't let them get away! We hope that all your dreams come true, we wish you the best!*  
Love,  
Mom,  
Kelly & Danny

ADS FOR GRADS



**Kristina Engstrom**

*Kristina, Know that we love you and are proud of you. Be true to yourself and you will find inner peace and happiness. With our love, Dad & Mom Phil 4:13*

**Anna Zastrow**

*Anna, you have always strived to be the best you can be. We are so proud of the young woman you have become. You have added so much to our lives. Love, Mom, Dad, Nicole, Pete, Will & Grace*

**Ashley Venburg**

*Toad- We are so very proud of you and your decisions you've made! Don't let anyone tell you that you can't do it. Go for your dream and goals. Love, Mom & Dad*

**Danielle Riehle**

*Congratulations on your High School graduation, Danielle. Dad, Mom, Stephanie and Jake are very proud of you and the person you've become.*

**Dustin Kendrick**

*"May all who seek the Lord rejoice and be glad," saying "Let God be magnified!" We look forward to your future with our noses pressed to the glass. Remember to seek God's will as you pursue your goals. We love you.*

**Kelly Behr**

*Kelly Sue: You are an astonishing young woman. You truly live each day as a new adventure, sharing your beautiful smile, warm heart, and spirited personality with everyone. You dream big and work hard, never forgetting to play. You have a lot to give and a life time to do it... how fortunate for all of us. With much love and support, Mom, Dad & Kevin*

**Anna L. Johnson**

*Anna, we are very proud of you. Remember that no matter what path you take in your future that your family and God are always with you. You are such a thoughtful, caring young lady.*

*Love Mom, Dad & Jeremiah*

**Tara Olson**

*Tara- We are so proud of you and all that you have accomplished. You have worked very hard and it has paid off. Have lots of fun and happiness throughout your life. Always follow your dreams Tara Bear. Have much success in college... Love you forever.*

*Congratulations! Mom, Dad, Kyle, Lisa & everyone else in our family*



## Shanna Robinson

Shanna~ We are very proud of you. You have been a gift of excitement and laughter to us since God gave you to us. Keep sharing your joy with the world. Congratulations Baby.

We love you.  
Mom & Dad



## Mark Allen Kroll

Mark, You have brought joy to my world since the day you were born. I am so proud of the person you have become.

I love you,  
Mom



## Ian Simpson



Congratulations on reaching this milestone! We are very proud of the young man you have grown into. We wish you happiness, love, and success! In life don't dream it, be it.  
Love,  
Mom & Kristina

## Jessica Harden



I am so proud of you Jelly-Bean! You will always be my beauty queen.  
1990 Mini Miss of America for Minnesota.  
Love,  
Mom

## Nicholas Anderson



We are so proud of you!  
Love,  
Mom, Aaron  
& Jake

## Chelsea Jones



Chelsea, We have always loved your style. Your beautiful smile lights up our lives. It has been our pleasure watching you reach a little higher each day- we can't wait to see how far you will go. We love you always and forever.  
Mom, Dad,  
Cass & Calley

## Travis Olesen



We are so proud of you! May you always find success and happiness in your journey in life. No matter what you do remember we will always love you. You will always be our #1.  
Dad & Mom

## Caleb Rotach



Caleb: You have the confident heart of a warrior and the tender heart of a servant. For 18 years you have made your parents proud. God has graced us through you, and we love you.  
Dad, Mom, Carise,  
Pepper & Luci

## Alex Boerum

We are all very proud of you, your accomplishments will help lead you in the future.

We love you,  
Mom & all your brothers and sisters



## Katrina Rose Mowan

Katie, We are so proud of you. Continue to speak up for your beliefs and you will be successful in whatever you do.

Love,  
Mom, Dad, & Shawn





**Andrew Hecker**

*Andrew, I  
could not be  
more proud of  
you!*

*Lauren  
P.S. I love you  
like a fat kid  
loves cake.*

**Nicole Morrisette**

*Nicole, We are  
so proud of your  
dance talent  
and kindness  
to others. You  
will be a success  
in whatever you  
choose to do!*

*Love,  
Mom, Dad  
& Sara*

**Christopher Rupar**

*For all you do,  
we're proud of  
you and your  
perseverance  
too! Lots of  
love,  
Mom, Dad,  
Aaron &  
Andrew*

**Angela Radtke**

*Congratulations  
Angela! Seems like  
just yesterday you  
started school...  
and now you're  
graduating! We  
know you'll go on to  
create a great future.  
We're so proud of  
you!  
Love, Dad, Mom,  
Cory, Michelle, &  
Tyler*

**Ann Marie Miron**

*In wonder and  
awe you took  
us all from  
Minnesota to  
China. Always  
dream Big!  
Love you  
always,  
Mom & Dad*

**Jaime Woolstencroft**

*Congratulations  
on graduation!  
Be free, be free!*

**Ryan Turry**

*You have always  
blessed us with such  
joy and pride as our  
son. Your drive and  
determination for  
reaching your goals  
amazes us! Thank  
you for your love and  
compassion.  
Mom & Dad*

**Sarah Stout**

*Sarah, Your first day of  
school to your last day  
of High School! You did  
good, and we are proud  
of you. Follow your heart.  
Love,  
Mom, Dad, & Hannah*

**Madelynn Kohs**

*Maddie,  
We are so very proud  
of you and all of your  
accomplishments. Live, love,  
and laugh!  
Love,  
Mom & Dad*

**Robert Kirschenman**

*Life has no promises or  
makes no guarantees.  
Utilize your God given  
abilities. Make your  
dreams come true. We  
are so proud of you and  
for all the happiness  
you've brought to our  
lives.  
Love,  
Mom & Dad*





## Erik Amundson



*From diapers to dump trucks.  
And Playschool to Playstation  
You've always been our star  
And we're sure you'll go far.  
Best of luck towards a wonderful Future!  
Love,  
Mom, Dad, Dana, Josie, Sam & Gizmo*

## Elizabeth Ciccone



*To our sweet dancer girl. The sky is the limit - You  
can do anything you set your mind to. We are proud  
of you.  
Love and God bless you.  
Mom, Dad, Tim, Maria, Tom, Steve & Caleb*

## Derek Synan-Peterson



*Congratulations Derek!  
We are so proud of the  
young man you have  
become. Stay honest, true  
and be yourself. We know  
you will be successful in  
whatever you do. Thanks  
for all the smiles and good  
times. We are proud to  
have you for a son.  
Love,  
Mom & Geno*

## Ashley Paul



*Live your life to the  
fullest. Life is a gift.  
Follow your dreams.  
We love you!  
Congratulations  
Mom & Dad*

## Jim Wilson

*You are special to us. We  
are very proud of you. We  
knew you could do it!  
Love,  
Mom & Dad*



*Thanks for all the good times.  
Love,  
Geno*



*Still friends after all  
these years-  
Ryan & Derek*



**Sam Esget**

*Good luck Sam! To  
the best kid ever!  
Love ya,  
Mom & Dad*

**Angela McKinnon**

*To our dearest Angie  
Bangie- We are so  
proud of all your  
accomplishments and  
we know you will  
continue to succeed  
in whatever you do!  
Love,  
Mom, Dad, Corey,  
Andrea, Malia,  
Ryan & Heidi*

**Pamela Nora**

*Pamela, Growing in  
stature and wisdom  
takes a foundation of  
good roots through  
education and by  
knowing and doing  
what's right. It's a  
lifelong process, enjoy  
the journey. We  
are proud of your  
accomplishments.  
With all our love,  
Mom & Dad*

**Luke Odegaard**

*Congratulations  
Luke! We are very  
proud of all you  
have accomplished  
through school  
and sports. Keep  
it up! We love you  
lots!!  
Love,  
Mom, Dad &  
Brianna*



*Cindy Jo, We were blessed  
by God above the day He  
gave us you to love. I held  
you close all through the  
years and dried so many  
of your tears. Time has  
flown too quickly by, my  
baby girl has grown into  
a beautiful butterfly. As  
you spread your wings to  
fly, remember I'm always  
here to dry your eyes. Put  
God first in your life, and  
don't forget, I'm here no  
matter how old you get.  
Always remember, you are  
my baby, my best friend,  
My life!  
My Love Always, Mom*

**Cindy Jo  
Schloer****Shelly O'Connell**

*Shell Bell, We are  
very proud of your  
accomplishments  
over the years! We  
love you very much  
and we know you  
will succeed your  
goals in life!  
Love,  
Mom, Dad, Sean  
& Larry*

**Rachael Flohr**

*We have  
struggled  
through difficult,  
but fun years.  
We know that  
the best years  
are yet to come.  
Congratulations  
Pokey!  
Love,  
Dad & Deb*

**Geoffrey Cass**

*Geoff,  
Congratulations!  
We are so proud  
of you!  
Love,  
Mom, Dad, Ashlee,  
& Lucky*

**Kristin Fleischhacker**

*May your heart be  
light and happy  
may your smile be  
big and wide and  
may your pockets  
always have a  
tinkle of gold  
inside.*

**Alexis Morris**

*Alexis Lee (Punky)  
Through the years you  
have overcome many  
obstacles that have  
cluttered your life  
path. You have come  
through them with power,  
strength, and knowledge.  
Remember these strengths  
and you will be armed  
for the future. You're  
beautiful daughter make  
us proud everyday.  
Love, Mom & Dad*

**Courtney  
Wittnebel**

*Champ- It seems like only  
yesterday that you were born.  
You have become such a  
wonderful and caring person  
and have such a great future  
to look forward to. Follow  
your dreams and be all that  
you can be.  
We love you!  
Mom & Dad*





**Danielle Gibson**



*Danie, we are very, very  
proud of you. We hope all  
your dreams come true.  
Keep smiling and stay  
happy!  
Love,  
Dad, Mom, Ashley &  
Tanner*

**Jessica Giesner**



*What lies before  
us and what lies  
behind us is small  
compared to what  
lies within us.  
Love, Mom, Dad,  
Cassie, Derek &  
Nicole*

# Congratulations Class of 2006!

*“The **future** belongs to those who  
believe in the beauty of their  
**dreams**”  
~Eleanor Roosevelt*





Abel, Brenda 132  
 Abernathy, Tessa 94  
 Abler, Kayla 132  
 Abress, Jennifer 132  
 Acosta, Anthony 132  
 Agnes, Jonathan 94  
 Ahman, Rebecca 27  
 Ahmann, Rebecca 28,31,43,132  
 Aldentaler, Amanda 94  
 Aldentaler, Samantha 132,157  
 Alexander, Drew 132  
 Alexander, Jessica 22,28,51,52,94  
 Almendinger, Reece 132  
 Alsbaugh, Zachary 158  
 Alt, Ariel 94  
 Amatuzio, Carli 46,158  
 Amber, Chelsea 94  
 Ambourn, Lance 132  
 Amundson, Dana 158  
 Amundson, Erik 35,94,209  
 Anagnos, Amy 47,94  
 Anderson, Aaron 41,132,215  
 Anderson, Aayla 28,158  
 Anderson, Alyssa 36,37,158,178  
 Anderson, Amber 158  
 Anderson, Brandon 39,75,132  
 Anderson, Caleb 158,214  
 Anderson-Hopkins, Catlyn 95  
 Anderson, Chelsea 68,69,204  
 Anderson, Cole 158  
 Anderson, Corey 158  
 Anderson, Courtney 80,158  
 Anderson, Jenna 47  
 Anderson, Jonathan 132  
 Anderson, Joseph 158  
 Anderson, Kaitlyn 76,158  
 Anderson, Kyle 94

Anderson, Matthew 132,139  
 Anderson, Nicholas 95,207  
 Anderson, Rachel 158, 218  
 Anderson, Tracie 43,158, 218  
 Andreasen, Karol 158  
 Anthony, Ellen 14,17,21,46,158,177  
 Antony, Danielle 95  
 Apman, Kevin 132  
 Arcand, Nathan 79,132,215  
 Archer, Chelsea 158  
 Armstrong, Meredith 42,132  
 Arnold, Robert 132  
 Arnold, Trisha 95  
 Arnsdorff, Matthew 132  
 Arrigoni, Todd 18  
 Ashby, Nicholas 43,44, 49,132  
 Asplund, Amanda 95,194  
 Asplund, Travis 132  
 Augustine, Tyler 95  
 Aune, Samantha 36,37  
 Autey, Mark 132



Babbitt, Katelyn 60,61,84,85,158  
 Bachman, Brittany 132  
 Back, Joshua 158,214  
 Bahr, Ana 95  
 Bailey, Cassandra 43,132  
 Bailey, Leigha 132  
 Baker, Alissa 95,203  
 Baker, Daniel 158  
 Baklund, Douglas 158,214  
 Banse, Ben 158  
 Banse, Brady 133  
 Banta, Alex 158  
 Barnaal, Zachary 133  
 Barnes, John 95,194  
 Barnes, Matthew 95,194

Baron, Brittany 6,7,32,68,95,117,195  
 Barron, Jessica 133  
 Barron, Josephine 47,158  
 Bartkey, Cameron 95  
 Bartusch, Eric 43,95  
 Bass, Carly 51,65,159  
 Batcheller, Gina 95,197  
 Bauer, Matthew 159  
 Bayer, Alec 95,129,195  
 Beach, Lucas 95  
 Beane, Joseph 95  
 Beck, Brittany 159  
 Becker, Connor 95,201  
 Becker, Megan 67,133,146  
 Becker, Randy 159  
 Becker, Virginia 21,159  
 Beebe, Allison 12,13,42,95,127,201  
 Behan, Daniel 159  
 Behan, Kristine 95  
 Behr, Kelly 36,37,95,206  
 Beimert, Leann 133,147  
 Bender, Andrew 133  
 Bender, Michael 133  
 Benedict, Travis 159,214  
 Bengston, Bryce 63,133  
 Bengston, Jordan 63,95  
 Bengston-Noyes, Erin 25,95,205  
 Benson, Alexandra 159  
 Benston, Bryce 62  
 Bentley, Dustin 79,97  
 Bentley, Naomi 159  
 Bentley, Steven 159  
 Bentley, Thomas 97  
 Berens, Christina 133  
 Berg, Bonnie 133  
 Berg, Emily 97,125  
 Berg, Heather 133  
 Berg, Holly 32,159  
 Berg, Joseph 159  
 Berg, Whitney 97  
 Berg, Zachary 16,21,43,45,133  
 Bergantine, Danna 21,26,29,42,133,149  
 Bergen, Joshua 90,91  
 Berger, Candice 159  
 Berger, Joseph 133,144  
 Berggren, Merle 133  
 Berken, Michael 159  
 Berken, Ryan 133

Bernfeld, Angela 28,31,133  
 Bernfeld, Nicole 31,159  
 Bernier, Nicholas 159  
 Berry, James 97  
 Bigelow, David 43,97  
 Bigelow, Katherine 159,177  
 Birdsall, Alyssa 11,159  
 Birdsall, Courtney 43,133  
 Birdsall, Shawn 133  
 Bishop, Hannah 47,97  
 Bizzotto, Sara 41,133  
 Bjerketvedt, Ashley 97  
 Bjork, Christopher 133,144  
 Bjork, Heidi 97  
 Blackledge, Trevor 133  
 Blake, Mary 159, 218  
 Blake, Timothy 133  
 Block, Tyler 133  
 Blum, Kelsey 11,72,159  
 Blume, Lisa 32,47,133  
 Boerem, Aaron 40,97,230  
 Boerem, Micah 159  
 Boerum, Alexander 12,45,97,100,207  
 Bohler, Andrew 43,44,159  
 Bohnen, Christopher 159  
 Bohnen, Jeffrey 70,71,134,153  
 Bohnen, Kelly 11,66,67,97,134  
 Boldenow, Danielle 64,76,159,174  
 Bolenbaugh, Heidi 12,13,93,134  
 Bombeck, Christopher 12,13,134  
 Bonfe, Sunitha 25,64,134  
 Bontjes, Steven 134  
 Bor, Kathryn 28,43,159  
 Borchardt, Adam 97  
 Borchardt, Amanda 159  
 Borglum, Rachel 36,48,134  
 Borgwardt, Lindsey 134  
 Borlaug, Amy 42,44,97,195  
 Borlaug, Erik 159,214  
 Borowick, Brent 159  
 Bosman, Aaron 21  
 Bosman, Alicia 43,97  
 Bosman, Amanda 43,134  
 Boulineau, Nicholas 97  
 Bourque, Johannah 134

Boyd, Joseph 134  
 Braaten, Brandon 134  
 Brahs, Brittany 48,134  
 Brambilla, Brandon 43,159  
 Branum, Joshua 134  
 Bratsch, Paige 28,159  
 Bredahl, Nicholas 43,159,217  
 Brenberg, Theresa 134  
 Brennhofner, Kevin 83,159  
 Brett, Matthew 159,178  
 Brett, Taylor 80  
 Bridgeman, Kent 153  
 Brill, Angelina 159  
 Brodin, Benjamin 51,58,87,159  
 Brodin, Justine 16,84,85,134  
 Brodtmann, Nathan 134,150,156  
 Brookman, Andrew 134  
 Brooks, Jeffrey 5,97,100  
 Brooks, Kaleigh 36,37,134,147  
 Brown, Aaron 41,134  
 Brown, Amber 97,203  
 Brown, Jordan 26,159,168  
 Brown, Ryan 74,75,159  
 Bruggenthies, Kevin 46,134  
 Brunberg, Brayden 159  
 Bruner, Jennica 134  
 Bryn-Nygren, Maya 39,134,151  
 Buche, Melissa 159, 218  
 Bucholz, Jamie 159  
 Bucholz, Ross 134  
 Buerkle, Kristi 36,60,61,84,135  
 Buol, Melissa 97  
 Buol, Samantha 64,135,  
 Burger, Matthew 159  
 Burk, Kelsey 42,135  
 Burlakov, Igor 135  
 Burmeister, Daniel 97  
 Burris, Nathan 71,97  
 Bushingek, Tessa 159  
 Buttler, Meghan 21,43,160  
 Buys, Christopher 49,135  
 Bydalek, Lianna 36,37, 64,135,147  
 Bylund, Kevin 135







Charpentier, Lance 98  
 Charpentier, Paul 43,90,91,160  
 Chartrand, Andrew 160  
 Chavez, Kameron 160  
 Chavez, Kirin 135  
 Cheers, Audrianna 135,136  
 Cheikh, Nabil 27,28,160,217  
 Chester, Ross 42,45,98  
 Chester, Samantha 160  
 Chmielewski, Eric 27,32,36,37,98,128,200  
 Chouinard, Travis 135  
 Christiansen-Holmberg, Adam 31,98  
 Christianson, Brittany 98  
 Christy, Nicholas 98,197  
 Ciccone, Elizabeth 98,209  
 Cisneros, Jose 135  
 Claeson, Amanda 160  
 Claeson, Sean 98,203  
 Clark, Danielle 21,26,160  
 Clark, Jonathan 98  
 Clark, Joshua 98  
 Clark, Zachariah 36,59,87,135,136  
 Close, Kyle 160  
 Cole, Samantha 12,13,136  
 Coleman, Ronald 136  
 Collar, Angela 25  
 Collar, Phillip 98,136  
 Collier, Matthew 160  
 Collins, Andrea 43,68,160  
 Colucci, Kari 12,136  
 Connelly, Christine 93,160  
 Conrad, Spencer 160,161,176,217  
 Copeland, Melissa 98  
 Coppersmith, Emily 136  
 Copt, Tyler 136  
 Cossalter, Spencer 58,59,160  
 Cowle, Amy 160  
 Coy, Caitlin 160  
 Craig, Brianna 65,72,136  
 Cremisino, Andrew 74,75,136  
 Creviston, Cameron 160  
 Crew, Madeline 80,160  
 Cromwell, Daniel 22,42,98,201  
 Cronwell, Margot 160  
 Crotty, Tia 40,160  
 Crowley, Brandon 98  
 Crowley, Justin 160,214  
 Crudo, Katherine 47,52,72,73,160  
 Crudo, Nathan 136  
 Culp, Mikayla 160  
 Cunningham, Cassidy 160  
 Cunningham, Desiree 98  
 Cupo, Jessica 98



Dahl, Sherri 136  
 Dale, Taylor 160  
 Daman, Amanda 31,99,202  
 Dambow, Amanda 43,162  
 Damiani, Sara 42,43,99,200  
 Damiani, Scott 162,217  
 Damsgard, Nicholas 162  
 Daniel, Breanna 28,162  
 Daniels-Miller, Chloe 41,134  
 Danielson, Teryn 72,162,218  
 Daninger, Luke 8,43,162  
 Darling, Jennifer 136  
 Davis, Andrew 63,136  
 Deal, Stefanie 42,136,139  
 Dean, Carly 99,203  
 Dean, Shaynette 136  
 Debuhr, Ryan 136  
 Deflorin, John 99  
 Degendorfer, Chelsie 46,162  
 DeGennaro, Jessica 47,64,162  
 Dehmlow, Annie 60,61,84,85,162  
 Del Rio, David 162  
 Dellwo, Jennifer 99,205  
 DeMars, Kimberly 12,13,46,136  
 Demir, Kiraz 99,112  
 Denbeste, Joseph 43,162  
 Deneweth, Sean 136  
 Derks, Brianna 162  
 Deroche, Erika 162  
 Deshong-Selz, Ally 99  
 Determan, Kevin 79,136,214  
 Devine, Rebecca 46  
 Dick, Lydia 26,28,99  
 Diebel, Joshua 136  
 Diemert, Amber 136,218  
 Dietz, Kyle 162  
 Diller, Mitchel 99  
 Dimmerman, James 162,180  
 Dina, Renee 23,99  
 Dixon, Kelly Jo 136  
 Dobihal, Katelyn 10,12,93,136,219  
 Dohmen, Megan 99,202  
 Dolan, Heather 99

Donner, Jessica 99  
 Donohue, Blake 136  
 Dornseif, Ashlee 162,181  
 Dotson, Jessa 136  
 Dougherty, Brian 162  
 Dovolos, Derek 162  
 Dreher, Andrianna 43,162  
 Duffy, Janel 57,80,81,136  
 Duffy, Jessica 12,46,68,162  
 Dufresne, Kylie 136  
 Duggan, Soren 162  
 Duncan, Vanessa 99  
 Dunn, Nicholas 99  
 Dunrud, Laura 22,99  
 Dupont, Jakeb 162  
 Durant, Jessica 136  
 Durant, Joseph 11,99  
 Dykema, Robert 136  
 Dzubic, Alena 138



East, Travis 10,12,138  
 Edelen, Dillan 162,214  
 Edelman, Ross 162  
 Egge, Jacob 99  
 Eggers, Kara 162  
 Eibensteiner, Chad 99,215  
 Eichten, Ian 162  
 Eischen, Garrett 138  
 Elden, Matthew 82,83,138  
 Elfelt, Benjamin 99  
 Ellertson, Sara 138  
 Ellingson, Cassandra 99,201  
 Endorf, Loren 42,45,138  
 Endorf, Timothy 45,162  
 Enfield, Lacey 99,109,201  
 Engstrom, Kristina 99,206  
 Engstrom, Lyndsay 138  
 Enright, Christina 138  
 Enriquez, Erika 28,31,138  
 Erdle, Daniel 138  
 Erdos, Rebeka 99  
 Erickson, Bethany 138  
 Erickson, Joshua 28,138  
 Erickson, Philip 99  
 Erickson, Ronald 162  
 Ericson, Kirsten 10,56,138  
 Erkenbrack, Kari 46,100  
 Erkenbrack, Kelly 46,162  
 Esget, Sam 5,11,100,210  
 Essen, Nathan 138,142  
 Estes, Andrea 31,100  
 Estrin, Vanessa 138  
 Eurich, Mindy 44,100

Evenson, Logan 162  
 Evenson, Nils 138  
 Everett, Kailey 100  
 Evgen, Samantha 31,138



Falck, Aimee 164,178,218  
 Falkers, Brittany 15,16,21,46,138  
 Falkosky, Tyler 46,138  
 Farr, Martin 138  
 Fashner, Andrew 100  
 Faust, Jennifer 68,69,138  
 Faymerville, Brent 139  
 Faymerville, Cory 139,216  
 Felde, Tiffany 164  
 Felgen-Trenti, Courtney 6,7,67,100,128,202  
 Ferderer, Dannah 139  
 Fick, Alicia 139  
 Fick, Benjamin 39,51,58,59,86,87,100  
 Fick, Richard 139  
 Fick, Thomas 163,164,214  
 Field, Joshua 164  
 Fielding, Sara 100,203  
 Finstrom, Joseph 41,45,100  
 Fischer, Kelly 25,47,101  
 Fischer, Kimberly 101,164  
 Fischer, Michelle 43,164  
 Fitzmorris, Chelsea 80,139,141  
 Flaten, Chelsey 139  
 Fleischhacker, Kristin 101,210  
 Fleischhacker, Mark 164,180  
 Flint, Danielle 64,139  
 Flohr, Rachael 101,210  
 Flom, Kristal 139  
 Fogerty, Christian 70,71,139  
 Follese, Peter 164  
 Forbes, Cortney 164,180  
 Fordyce, Catherine 46,164  
 Foster, Kelly 139  
 Foster, Mathew 101  
 Fraley, Joel 164  
 Framke, Hilary 12,52,53,101  
 Fredrick, Kimberly 72,73,164  
 Fredrick, Rachel 101  
 Fredsall, Sean 164  
 Freeman, Wylie 35,139



## CONGRATULATIONS CLASS OF 2006



1650 South Lake Street  
(651) 464-2880  
www.localbankers.com

Member FDIC Equal Housing Lender

Freerks, Cassandra 101,205  
Frenning, Samuel 164  
Frericks, Renee 64,76,101,116,200  
Friberg, Lyn 164  
Fritzinger, Andrew 140  
Fritzke, Margaret 140  
Froelke, Alicia 101  
Frogner, Tabitha 102  
Frost, Andrew 71,164,169



Gabrick, Jeffrey 140  
Gabrielson, Thomas 140

Gagne, Candice 43,64,139,140,155  
Galehdari, Jaleh 46,102  
Galle-Osby, Carley 164  
Gambeski, Anthony 140  
Gamelin, Kevin 43,91,164  
Garcia-Jaimes, Alejandro 140  
Garin, Cassandra 31,102  
Garrett, Amanda 102  
Garrett-Gifford, Tiernan 164

Garrity, Allison 12,22,46,56,102,204  
Garvey, Troy 164,214  
Gauerke, Bryan 164  
Gauerke, David 8,70,71,102  
Gavanda, John 58,83,140  
Gavanda, Robert 75,140  
Gay, Alex 140  
Gemeiner, McKenzie 66,67,140  
George, Justin 164  
Gerlach, Cassie 138,140  
Geving, Carrie 47,140  
Giannini, Nicholas 71,140  
Gibson, Danielle 6,7,68,102,126,211  
Gibson, Tanner 140  
Giddings, Wesley 102  
Giesner, Jessica 11,68,102,211  
Gifford, Tyler 43  
Gildersleeve, Ian 39,102  
Giller, James 102  
Giller, Nicholas 140  
Ginis, Peter 140  
Glewwe, Seamus 43,44,51,58,140  
Goehl, James 46,140,215  
Goiffon, David 30,140  
Goldeman, Dane 164  
Goldeman, Nicole 139,140  
Gonsior, Cassandra 140  
Goodyear, Cole 40,164,214  
Goossen, Tiffany 164  
Goossens, John 43,82,83,164  
Goossens, Sarah 68,102  
Gort, Benjamin 75,140  
Gort, Samuel 83,102  
Goss, Brett 140  
Goulding, Danielle 164  
Grant, Dillon 164,177,214

Gray, Briana 43,45,72,73,164  
Gray, Michael 43,164  
Green, Brandon 165  
Grenier, Shannon 165  
Gresback, Lee 102,105  
Griffin, Amanda 47,165  
Griffin, Kelsea 68,102,200  
Griffith, Lindsey 43  
Grundhofer, Andrew 165  
Grundhofer, Heather 52,53,102  
Grundhofer, Justin 102  
Gustafson, Matthew 165



Habisch, Emily 26,102  
Haeberle, Ben 79,102,112,216  
Haessly, Luke 102,215  
Hafele, Rachel 47,102,196  
Hafterson, Travis 102  
Hahn, Andrew 141  
Haider, Jacob 6,7,9,22,102,216,200  
Haider, Jared 165,176,214  
Haider, Stephanie 10,72  
Haines, Kayla 23,102  
Halavac, Merim 62,63  
Halavac, Muhamed 35,54,102  
Hamer, Robert 141  
Hammond, Robert 103  
Hanmer, Stuart 165  
Hanna, Nicholas 141  
Hannon, Sarina 26

## Sophomore Football

**Front Row:** E. Sanz, K. Morgan, T. Jung, E. Borlaug, S. Carr, M. Koenig, A. Vadnais, M. LaCasse, F. Cavazos, A. Chamberlin. **Row 2:** S. Nelson, L. Underdahl, C. Anderson, J. McAlpine, C. Anderson, M. Steele, K. Klein, B. Ulrich, D. Keep, J. Kogler, J. Rivet. **Row 3:** T. Fick, T. Benedict, J. Back, B. Cadwallader, T. Garvey, E. Nosie, M. Schanks, J. Nordstrom, P. Kenny, B. Rivard, P. Haseltine, V. Shaw, J. Crowley. **Row 4:** H. Selg, N. Wilson, C. Larson, B. Phelps, J. Olson, C. Goodyear, B. Marjeau, D. Baklund, J. Jandrich, S. McGlade, J. Sieben, J. Haider. **Row 5:** J. Chandler, D. Edelen, Coach J. Scheider, Coach P. Wieland, D. Grant, J. Tener.





Hansen, Chelby 141  
Hansen, Eric 141  
Hansen, Jillian 103  
Hansen, Rebecca 93,141  
Hansmann, Matthew 9,55,74,75,141  
Hanson-Michelson, Jedadiah 103  
Harden, Grant 103  
Harden, Jessica 103,129,207  
Harden, Nathan 165  
Harder, Jordan 141  
Hardy, Andrew 70,71,141  
Harman, Ashley 47,165  
Harnett, James 62,63,103,231  
Harrington, Erin 141  
Harris, Megan 103  
Harrison, Kate 64,141,143  
Hartman, Jared 141  
Hartman, Tina 103  
Hartshorn, Charles 165,169  
Haseltine, Michelle 41,103  
Haseltine, Paul 165,214  
Hasic, Adila 165  
Hasic, Sena 29,103  
Hassler, Matthew 103  
Hauble, Kayla 32,141  
Hauge, Meagan 31,165  
Haupt, Amber 22,28,103  
Haus, Ryan 42,141  
Haylock, Charles 31,103  
Hazzard, Hilary 41,52,141  
Heard, Charles 165  
Hecker, Andrew 103,208  
Hecker, Nicholas 141  
Hedin, Alexandra 103,104  
Hedin, Colton 165  
Hedin, Donald 165  
Hedlund, Amanda 25,47,64,141,155  
Heemann, Anita 31,52,53,103,112

Heffington, Kenneth 141  
Heffron, Eric 103,129  
Hegg, Ryan 103  
Hegstad, Jacob 165  
Heilman, Bridget 165  
Helgeson, Sonia 157  
Henderson, Michael 141  
Hendrickson, Jacob 141,215  
Hennen, Jessica 141  
Henry, James 165  
Hensley, Adam 41,103  
Hentges, Matthew 91,141  
Her, Dluabci 141  
Her, Goncoley 165  
Her, Joshua 165  
Herberg, Brittany 30  
Hermanson, Heather 103  
Hermanson, Holly 103  
Herring, Jake 141  
Herrity, Amanda 103  
Hess, John 141  
Hesselgrave, Ashley 64,103  
Hill, Paul 165  
Hilla, Corey 141  
Hindi, Lauren 142,145  
Hinrichsen, Megan 43,142  
Hinrichsen, Ryan 103  
Hintzen, Catelin 29,142  
Hitchcock, Mathew 165  
Hittner, Luke 139,142  
Hofeld, Kayla 165  
Hoff, Daniel 104,197  
Hoffman, Stephanie 142  
Hofmann, Christopher 104  
Hofmann, Jonathan 142  
Hoggarth, Danielle 104  
Holden, Robert 142  
Holeman, Shannon 104  
Holeman, Sheila 165  
Holmes, Bridget 61,84,142  
Homyak, Patrick 45,142  
Hoppe, Jordan 165  
Horn, Michael 2,30,142

Houle, James 142  
Houle, Mitchell 142,148  
House, Kristi 48,137,142,151  
Hubbard, SaraJo 142  
Hubble, Jessica 104  
Hudalla, Dillon 42,82,83,104  
Hudon, Mark 42,142  
Huepenbecker, Anthony 104  
Hufford, Sara 104

Hughes, Peter 22,42,45,104,127  
Hukriede, Britny 47,64,142,155  
Hull, Jamison 38,39,58,87,104  
Hunter, Travis 29,49,105  
Husfeldt, Ann 57,93,142



Ihrke, Alexa 31,166,180  
Ihrke, Jonathan 105  
Invie, Kylie 166



SECURITY STATE BANK  
OF Marine

# MEMBER FDIC

**MAIN OFFICE**  
MARINE ON ST.CROIX  
PHONE (651)433-2424

**BRANCH OFFICE**  
LINDSTROM  
PHONE (651)257-4141

**BRANCH OFFICE**  
SCANDIA  
PHONE (651)433-2265



## Junior Varsity Wrestling

**Front Row:** J. Riehle, A. Chamberlin, J. Hendrickson, N. Arcand, A. Kolbow. **Row 2:** T. Loch, K. Determan, A. Anderson, B. Yetter, C. Smith, A. Gzrybowski, J. Goehl, G. Cass, Coach T. Harris. **Row 3:** C. Kendrick, B. Ulrich, M. Paulson, D. Medina, D. Wiemer, L. Robinson, M. Riter, C. Peterson, M. Schwartz, C. Eibensteiner, D. Kjellberg, N. Uram, L. Haessly.



# Kelly's

MEN'S AND WOMEN'S  
SPORTSWARE FOR THE  
ACTIVE AND  
INACTIVE

**Northland Mall  
Forest Lake  
651-464-6205**

Irlbeck, Dylan 166  
Isaacson, Scott  
15,42,45,83,142  
Iverson, Abigale 76,166  
Iverson, Kelsey  
64,142,145



Jackman, David 142  
Jacob, Laura 21,46,166  
Jacobs, Aaron 74,75,142  
Jacobsen, Michael 142  
Jacobsz, Janessa 46,142  
Jacobsz, Jeremy 166

Jadwin, Amanda 166,181  
Jadwin, Markus 4,105  
Jaeb, Raeann 40,166, 219  
Jaeger, Kendra  
33,68,69,166  
Jandrich, Cathryn 31,105  
Jandrich, Joseph 166,214  
Jandrich, Margaret  
21,31,46,105  
Janoski, Jessica 105  
Janssen, Katherine 40,166  
Janus, Nicole  
31,40,105,112, 219  
Jara, James 166  
Jaros, John 166  
Jarvis, Amanda 142  
Jasicki, Justin 105  
Jaszczak, Ashley 142  
Jeans, Taylor 40,166  
Jensen, Caitlin 26,166  
Jensen, Casey 105,129  
Jensen, Danielle  
57,105,107  
Jensen, Diana 166  
Jensen, Mary 166

Jensen, Nicholas 106  
Jereczek, Jeremy 106  
Jette, Mallory 106  
Joachim, Paul  
15,16,17,20,106  
Jochim, Amanda  
106,129,201  
Johannes, Krystal 142  
Johnson, Alec 166  
Johnson, Alisha 76,142  
Johnson, Amy 10,64,142  
Johnson, Anna  
10,65,72,106,206  
Johnson, Anthony  
42,43,82,83,166  
Johnson, Brett  
9,75,142,148  
Johnson, Britta 43,166  
Johnson, Casey  
18,19,22,46,106  
Johnson, David 166  
Johnson, Derek 106,202  
Johnson, Eleni  
106,123,204  
Johnson, Elizabeth 40,166  
Johnson, Gordon 142  
Johnson, Heather 40,166  
Johnson, Jacob 106,194  
Johnson, Jana 138,143  
Johnson, Janelle 166  
Johnson, Jessalyn 143  
Johnson, Kirsten 30,166  
Johnson, Kurt 106,166  
Johnson, Kyle  
96,106,122,196  
Johnson, Lindsay 64,143  
Johnson, Madeline 33,166  
Johnson, Nicholas  
143,161  
Johnson, Samuel 106  
Johnson, Stacey  
33,39,67,143,153  
Johnson, Tia 25,166  
Johnston, Joseph 143  
Jolicoeur, Jason 106  
Jones, Alexandra 143

Jones, Chelsea  
101,106,207  
Jones, Jacob 143  
Jordan, Maria 166  
Joyce, Amy 47,106  
Joyce, Shannon 26,41,143  
Joyer, Matthew 6,7,9,  
14,16,17,36,78,79,101,106  
Joyner, Jacklynn 143  
Juelich, Alexander 106  
Jung, Tory 166,214  
Jurasin, Kelsie  
46,68,166,169  
Juutilainen, Jay 143



Kalhagen, Joshua 22,106  
Kalsnes, Matthew 106  
Kampa, Sara 106  
Kappeller, Kirsten 143  
Kasl, David  
42,58,86,87,143  
Kassel, James 106  
Keen, James 30  
Keeney, Richard 166,225  
Keep, Dalton 166,178,214  
Kelber, Alyssa 166, 218  
Keller, Matthew 143  
Keller, Rebecca  
6,12,23,106  
Kelley, Jessica  
16,18,19,106  
Kelly, Andrew 167,168  
Kelly, Robert 167  
Kemmis, Taylor 106  
Kendrick, Charise 72  
Kendrick, Cody  
58,164,167,215

Kendrick, Dustin  
22,51,54,55,71,107,206  
Kenny, Patrick  
167,181,214  
Kent, Kelly 167,177  
Kerkhoff, Calvin 143  
Kerrigan, Michael 46,107  
Ketchel, Brittney 167  
Kettler, Adam 167  
Kettler, Corrine  
80,96,107,108  
Kettner, Laura 107  
Kichler, William 143  
Kiehne, Beth 31,107,205  
Kimbel, Taylor  
42,45,68,107  
Kirberger, Ashley 42,107  
Kirberger, Kori 167  
Kirchner, Amanda  
42,68,107  
Kirchner, Courtney 167  
Kirchner, Ryan 107  
Kirk, Sarah 138,143  
Kirschenman, Robert  
107,129,208  
Kisla, Dana 167  
Kissler, Dennis 167  
Kissner, Amanda 107,195  
Kjellberg, Daniel 107,215  
Klassen, Kelly 143  
Klausen, Taylor 167  
Klausen, Zachary 107  
Klawitter, Jennifer 138  
Klein, Elizabeth 107  
Klein, Kenneth 167,214  
Kleinhuizen, Tyler  
42,54,143  
Kline, Courtney 80  
Kline, Jordan 107  
Kline, Meghan 143  
Kling, Jacqueline  
68,69,107,129,202  
Kloos, Eva 167  
Knaak, Benjamin 26,107  
Knauff, Anthony 108  
Knight, Zachary 143

## Junior Varsity Soccer

**Front Row:** J. Peterson, M.  
Peterson, M. Pikus, B. Haeberle,  
J. Schelerl. **Row 2:** D. Stone, D.  
Sager, T. Sperry, K. Lewis. **Row**  
**3:** Coach R. Tungseth, K. Pickar,  
C. Faymoville, J. Haider C. Rime.







## ROXY'S TOTAL IMAGE

Mention this ad 10% off Trucco Make-Up

Hair • Nails • Skin • Body • Gifts

1031 South Lake Street, Forest Lake, MN 55025 phone 651-464-5706  
www.roxystotalimage.com

Knops, Karrie 167  
Knutson, Josiah  
108,129,203  
Koch, Justine 143  
Koch, Rory 108  
Kochendorfer, Angela 108  
Kochendorfer, Holly  
167,180  
Koenig, Mitchell 167,214  
Kogler, Jacob  
71,167,178,214  
Kohler, Allison 68  
Kohler, Jeffrey  
62,63,108,123  
Kohs, Madelynn  
13,50,66,67,108,208  
Kohs, Melissa 31,161,167  
Kolbow, Brent 79,167,169  
Kolbow, Jesse 108  
Kolbow, Jordan 55,79,108  
Kollar, George 144  
Kolnberger, Kasey 76,167  
Kopp, Bradley 75,167  
Koppy, Joseph 144  
Koshiol, Jeremy 32,48,144  
Kosman, Chelsae 42,108  
Kosman, Kelsey 76,144  
Kost, Shawn 144  
Kottke, Vanessa 109  
Kozel, Christopher 109  
Kozel, Matthew 167  
Kraus, Adriane 64,80,144  
Krebs, Samantha 144  
Kreitlow, Holly 167

Krell, Laramie 167, 218  
Krengel, Kaitlin 167  
Krengel, Laura  
18,43,48,144  
Kress, Tracey  
29,41,144,151  
Kroll, Mark 109,207  
Kroll, Megan 93,144  
Kroska, Mitchell 11,109  
Kruger, Brittany 144  
Krysinski, Mikayla 167  
Krzewina, Nathan 144  
Kubes, Aaron 70,71,144  
Kubes, Thomas  
70,71,96,109  
Kubinski, Eric 167  
Kubinski, Patrick 109  
Kubitschek, Lauren  
163,167  
Kubitschek, Luke 144  
Kuechenmeister, Kate 167  
Kuefler, Corey 74,75,144  
Kulacz, Alexander 144  
Kuschnir, Sophie 168  
Kush, Heather 163,168



L'Allier, James 90,91,168  
LaBarre, Stevie 35,109  
LaBathe, Michele 109  
LaBossiere, Andrew 144  
LaCasse, Mathew 168,214  
LaDoux, Ashley 144  
LaFontsee, Brittni  
60,61,145  
LaFontaine, Nicole 145  
Laine, Allison 43,109  
Lalla, Amy 41,56,145

LaMotte, Jacob  
71,145,150  
Lamwers, Eric 168  
Landry, Corey 168  
Lange, Steven 109  
Langenbach, Samantha  
26,28,48,145  
Langer, Lindsey 109,129  
LaPlante, Kristine 145  
Larkey, Heather 110  
Larson, Alysha 33,168  
Larson, Calvin 168,214  
Larson, Kathryn 145  
Larson, Katie 168  
Larson, Patrick 168  
Larson, Sarah 31,110  
Larson, Wylie 168  
Lartch-Buffington, Brian  
145  
Latour, Camille 110  
Lau, Amanda 145  
Lauth, Andrew 145

Lawman, Angela 110  
Lawman, Brian 168  
Lea, Allan 168  
Lee, Jacob 110  
Lee, Joshua 168  
Lee, Marissa 168  
Lee, Vong 145  
Leef, Steven 110  
Lefto, Kelsey 68,145  
Lehman, Jamie 168  
Lehnen, Dillon 168  
Lehner, Caitlin 168,178  
Lenart, Lauren 168  
Lesewski, Beth 137,145  
Lesewski, Brooke 168  
Letourneau, Andrea 110  
Letourneau, Steven 145  
Lewis, Jordan 8,110  
Lewis, Kelly 145  
Lewis, Kyle 43,145,216  
Lewis, Syressa 68,135,145  
Lexvold, Alek 79,168



## FIRST STATE BANK OF WYOMING

(651) 462-7611

26741 Felton Avenue Wyoming, MN 55092

www.wyoming-bank.com

"Hometown Banking With Your Neighbors & Friends"



## Sophomore Soccer

**Front Row:** T. Xiong, N. Cheikh, M. Vang, S. Conrad.  
**Row 2:** N. Bredahl, T. Wilcox, S. Steiner. **Row 3:** S. Damiani, J. Tester, C. Pignato, Coach J. Hanson.





**ANOKA**  
 (763) 421-4553  
 1916 2nd Ave So Anoka MN 55303

"innovators in  
 senior portraiture"

**FRIDLEY**  
 (763) 571-2265  
 1290 Osborne Rd Fridley MN 55432

Ley, Anders 110	Lindstrom, Kyla
Ley, Bjorn 168	11,47,64,72,145
Lichtscheidl, Joseph	Lining, Helen
43,83,168	25,26,28,170
Lichtscheidl, Tyler 110	Lipp, Jacob 11,104,110
Lida, Bradley 168	Lobermeier, Kristen
Liljeblad, Kendra 43,168	43,170,176
Limon, Brian 168	Loch, Brian 146
Limon, Efrain 62,63,170	Loch, Timothy 110,215
Lincoln, Bethany 170	Locke, Jessica 170
Lindhahl, Stefan 110	Lockwood, Kristianna
Lindeberg, Alex	170,181
70,71,134,145	Lodge, Kathleen 31,146
Lindenberg, Sarah 76,	Loeffler, John
145,157	18,19,21,22,29,62,110
Lindgren, Alicia 145	Lor, Fong 110
Lindgren, Nathan 170	Lor, Jaia 146
Lindholm, Matthew	Lor, Nina 146
13,110	Lor, Yeng 170
Lindrud, Steffon 170	Lovas, Tyann 11,146,154
Lindstrom, Kayla 170	Lowe, Donald 146

Luke, Amanda 16,21,110  
 Lund, Douglas 146  
 Lund, Matthew 110  
 Lund, Travis 110  
 Lundberg, Megan 170  
 Lundeen, Alexandra 110  
 Lundell, Erik 110,201  
 Lutz-Lawlor, Jordan  
 25,146



MacDonald, Christina  
 46,107,110  
 Mach, Michael 170  
 Mackey, Ashlynn 42,170  
 Mackey, Justin 146  
 Madison, Andrew 44,110  
 Madison, Anthony 146  
 Madison, Jennifer 146  
 Madsen, Matthew 110  
 Magistad, Alyssa 170  
 Magistad, Joshua 170  
 Magnuson, Carl 39,110  
 Magnuson, Erik 146  
 Magnuson, Scott 43,170  
 Magnusson, Erik  
 22,41,111  
 Main, Denni 170  
 Majewski, Tyler 41,146  
 Malmquist, Michael  
 111,197  
 Malmstedt, Brian 170  
 Maloney, Michael 146  
 Manderscheid, Dustin 146  
 Mann, Rebecca 146  
 Manning, Mallory 43,170  
 Manske, Laura 146,150  
 Markland, Robert 111

Marleau, Benjamin  
 170,214  
 Marois, Samantha 146  
 Maroschek, Donald 170  
 Marosok, Lauren  
 61,84,85,170  
 Marquart, Anthony  
 22,25,111  
 Martin, Alex 111  
 Martius, Melissa 146  
 Masso, Brandi 111  
 Matheson, Amelia 170  
 Matheson, Joshua 146  
 Matheson, Kathryn 170  
 Matheson, Shayna 146  
 Matiatos, Kourtney 170  
 Mattison, Margaret  
 41,57,111  
 Mattison, Meredith  
 27,144,146,150  
 Mattison, Monica 169,170  
 Mattison, Nicole 144,146  
 Matusiak, Matthew 146  
 Maurer, Ashley 25,111  
 Mayfield, Leah 111,196  
 Mayfield, Lucas 170  
 Mays, Alexander 111  
 McAllister, Jennifer  
 27,28,29,31,43,147  
 McAlpine, Jacob  
 170,177,214

McArdle, Kathleen 21,22,  
 29,42,51,52,53,111,204  
 McArthur, Kelly 111  
 McCormick, Carey  
 64,65,111  
 McCoy, Alexandria 170  
 McCoy, Mackenzie 170  
 McGee, Brett 71,147  
 McGee, Elizabeth 43  
 McGee, Lauretta 33,170  
 McGlade, Steven 170,214  
 McGowan, Amanda  
 25,26,48,147  
 McIntosh, Corey 46,170  
 McIntosh, Rebecca 111  
 McKenzie, Megan  
 67,163,171  
 McKie, Jared 147  
 McKinnon, Angela  
 36,67,111,210  
 McKusick, Jacquelyn  
 25,36,37,64,111  
 McLean, Lucas 147  
 McManus, April 111  
 McMillen, Jason 10,111  
 McNamara, Shawna  
 20,21,23,41,46,60,61,111  
 Mecham, Jacquelyn 111  
 Medenwaldt, Donae  
 11,147  
 Medina, Daniel 111,215



## Sophomore Soccer

**Front Row:** A. Strantz, B.  
 McDonald, R. Anderson. **Row 2:**  
 A. Falck, K. Porter, M. Zuyek, E.  
 Peterson, T. Danielson. **Row 3:**  
 Coach K. Brovold, M. Buche, L.  
 Krell, M. Blake, T. Anderson, E.  
 Wislicenus, A. Kelber.





Medina, Michelle 25,64,147  
 Meininger, Jessica 171  
 Melcher, Joshua 171  
 Men, Moliwann 147  
 Mendez-Pratt, Sasha 171  
 Menne, Daniel 111  
 Mericle, Kyle 111  
 Merrell, Mark 111  
 Merrier, Rachel 42,56,111  
 Mertes, Brytanie 171  
 Mettling, Aaron 147  
 Mettling, Hannah 64,113,196  
 Meyer, Andrew 147  
 Meyer, Megan 171  
 Meyers, Melinda 113  
 Michalek, Stacey 28,41,171  
 Mickschl, Richard 75,147  
 Mielzarek, Jessica 147,154  
 Mieritz, Alexandra 147  
 Mieritz, Ashley 147  
 Miesen, Matthew 147  
 Miller, Ashley 113,201  
 Miller, Cheryl 28,171  
 Miller, Christine 147  
 Miller, Daniele 147  
 Miller, Elijah 46,82,83,171  
 Miller, Jacob 113  
 Miller, Laurie 113, 219  
 Miller, Rebecca 43,44,48,147  
 Miller, Tara 47,171  
 Mills, Audrey 42,65,171  
 Minnig, Mitchel 113  
 Miron, Ann 24,25,64,113,208  
 Mitchell, Heather 113  
 Mitchell, Jacob 22,147  
 Mitchell, Jeremy 147  
 Mitchell, Joseph 23,59,86,87,113  
 Mitchell, Kathilyne 47,113,205

Mitchell, Sarah 61,171  
 Mitsch, Katherine 113  
 Mitsch, Teresa 48,146,147  
 Moberg, Alisha 12,42,57,147  
 Moe, Joshua 147  
 Moen, Alison 113  
 Moen, Rae 46,61,171  
 Mohler, Christopher 113,201  
 Mohler, Elisha 171  
 Mohler, Jessica 47,147  
 Molitor, Beau 171  
 Mollen, Allison 25,148  
 Mollet, Matthew 27,28,171  
 Monahan, Thomas 75,148,153  
 Monberg, Katherine 21,41,56,148  
 Monson, Ellen 28,42,171  
 Monson, Kenneth 113  
 Monson, Melissa 39,113  
 Montague, Brittni 171  
 Montean, Joseph 148,150  
 Montes, William 41,62,63,148  
 Moody, Erik 171  
 Moore, Cori 171,177  
 Morales, Jorge 171  
 Mordorski, Breanne 42,44,171  
 Morgan, Ashleigh 12,25,100,113,195  
 Morgan, Kyle 171,214  
 Morosok, Lauren 84,85  
 Morris, Alexis 27,67,113,210  
 Morris, Ashley 80,148  
 Morris, Eric 27,79,113  
 Morris, Roman 42,58,86,87,171  
 Morrisette, Nicole 68,113,208  
 Morrison, Justin 113

Mortimore, Cassandra 47,113  
 Motschenbacher, Bryce 34,91,148  
 Motyka, Kimberly 171  
 Moua, Chong 171  
 Moua, Kong 113  
 Moua, Kou 171  
 Moua, Pheng 148  
 Moua, Wang 31,33,41,113  
 Mouacheupao, Shawn 45,148  
 Mowan, Katrina 25,113,207  
 Moyer, Devin 148  
 Mueller, Steven 114  
 Mulcahy, Andrew 114,205  
 Mullen, Benjamin 171  
 Munasinghe, Shane 148  
 Munkelwitz, Lucas 9,54,79,146,148,157  
 Munkholm, Hannah 171  
 Murschel, Ashley 148  
 Muzzy, Raquel 31,171  
 Myre, Maggie 16,18,19,42,114,195



Napoli, Danielle 166,171  
 Neeser, Renee 171  
 Nelson, Alexa 52,72,73,148  
 Nelson, Amanda 10,12,13,56,148  
 Nelson, Amber 114  
 Nelson, Andrew 63,148  
 Nelson, Anthony 46,148  
 Nelson, Brett 171,181  
 Nelson, Chelsie 148  
 Nelson, Ellen 66,67,148  
 Nelson, James 172  
 Nelson, Joshua 39,114  
 Nelson, Justin 172  
 Nelson, Kevin 79  
 Nelson, Kristina 114  
 Nelson, Michael 114  
 Nelson, Miranda 52,72,73,172  
 Nelson, Sean 172,214  
 Nelson, Steven 43,44,172  
 Nerud, Victoria 21,31,32,43,172  
 Nesgoda, Nicholas 142,148  
 Neu, Beth 114  
 Newell, Christina 11,65,172  
 Newkirk, Courtney 172  
 Newstrom, Zachary 114  
 Nguyen, Sarah 148

Niemczyk, Allison 64,148  
 Nolden, Nora 21,25,172  
 Nora, Mary 172  
 Nora, Pamela 12,13,42,66,67,114,210  
 Nordgren, Leif 86,87  
 Noren, Renee 172  
 Norman, Ethan 172  
 Norman, Natalie 114,129  
 Norwig, Zachary 148  
 Nosie, Eric 172,214  
 Nowicki, Christina 42,172  
 Nygaard, Kierstin 148  
 Nyquist, Sharon 172



O'Brian, Lindsay 43,172  
 O'Brien, Amanda 172  
 O'Connell, Larry 172  
 O'Connell, Shelly 25,114,210  
 Odegaard, Brianna 52

\*Booklets \*Wedding Invitations and Programs \*Rubberstamps

## Forest Lake Printing, Inc.

468 South Lake Street  
 Forest Lake, MN 55025  
 651-464-3116



\*Business Forms \*Complete Commercial Printing \*Publications \*Brochures



## Junior Varsity Tennis

**Front Row:** C. Kendrick, B. Odegaard. **Row 2:** B. Patchin, C. Peterson, S. Jorgensen, K. Dobihal. **Row 3:** B. Kimbel, L. Miller, A. Hamner. **Row 4:** K. Miller, A. Sperle, R. Jaeb, T. Phinney, N. Janus, Coach J. Kendrick.





# Birchwood COMPANIES, INC.

## Birchwood Arbors

*Assisted Living*  
750 NE 1<sup>st</sup> Street  
Forest Lake MN  
651-466-1000



Quality Care In Your Community. It's About Living!!

## Birchwood Health Care Center

*Rehab, Short & Long-Term Care*  
604 NE 1<sup>st</sup> Street  
Forest Lake MN  
651-464-5600

Odegaard, Luke  
63,114,210  
O'Donnell, Christopher  
114  
Ohman, Jonathan 46,148  
Ohmann, Jennifer 47,148  
Okimosh, Dillon 148  
Olander, Brett 114  
Olesen, Tanya 11,172  
Olesen, Travis 11,114,207  
Olsen, Daniel 114  
Olsen, Katie 114  
Olsen, Kevin 172  
Olson, Cameron 114  
Olson, Heather 148  
Olson, Jacob 172,214  
Olson, Katelynn 44,148  
Olson, Matthew 149

Olson, Michelle 173  
Olson, Nicole 12,173  
Olson, Rylie  
11,12,13,42,76,93,139,149  
Olson, Tara 22,23,36,37,  
68,114,206  
Olson, Thomas 149  
Olson, Valerie 114  
O'Neil, Frank 12,83,172  
O'Neill, William 148  
Ophus, Andrew 114,205  
Opsahl, Luke 79,134,149  
Orr, Mitchel 149  
Ostby, Joshua 149  
Orth, Jeremy 43,114  
Ostenso, Zachary 137,149  
Osterbauer, Trevor  
25,79,149

Ostlund, Mark 114  
Ostlund, Michael 149  
Ostlund, Ryan 173  
Oswald, Cayla 173  
Oswald, Jacqueline 149



Padgett, Larry 173  
Palacheck, Julie 22,42,114  
Palmer, Ellisa 29,41,149  
Parenteau, Amanda 115  
Parker, Ashley 134,149  
Parness, Michele 115,149  
Parson, Travis 149  
Partyka, Jake  
20,21,46,139,149  
Pasch, Marie 173  
Patch, Laura 30,173  
Patchin, Paige  
42,52,53,72,73,139,149  
Paul, Ashley 115,209,231  
Paulsen, Bridget 173  
Paulsen, Synova 115  
Paulson, Abigail  
51,65,173  
Paulson, Mitchel  
41,115,215  
Paulson, Nicole  
80,81,141,149  
Payne, Lauren 149  
Peck, Anthony 115  
Peck, Elliot 173  
Peloquin, Rebecca 47,115  
Pelton, Joseph 42,173  
Perry, Angela 115  
Person, Michael 75,173  
Peters, Nicholas 43,149  
Peterson, Aaron 83,149  
Peterson, Alexander 173  
Peterson, Amy 43,149  
Peterson, Bridget 68,173  
Peterson, Carrie  
12,13,42,57,93,149  
Peterson, Colleen  
42,43,173,219  
Peterson, Collin  
41,79,149,215  
Peterson, Emily  
43,173,218  
Peterson, Joshua  
3,149,216  
Peterson, Kaitlin 21,149

Peterson, Kathleen  
16,21,29,31,43,149  
Peterson, Matthew 42,149  
Peterson, Michael 173  
Peterson, Ryan  
42,45,82,83,115  
Peterson, Seth 43,44,115  
Peterson, Stephen 46,173  
Peterson, Timothy 18,115  
Petraborg, Stacey 173  
Petroske, Andrea 149  
Petroske, Anthony 115  
Petroske, Michael 173  
Petrulo, Lanimakanaiaik  
28,40,161,173  
Pfenning, Samuel 173,223  
Pflepsen, Krystle 47,173  
Phelps, Brandon  
75,173,214  
Phelps, Katie 149  
Phillips, Joseph 149  
Piasecki, Alexandra  
10,150  
Pickar, Kevin  
43,45,150,216  
Piersdorf, Rachel 12,13,14,  
17,20,21,46,115,196  
Pignato, Christopher  
10,28,174,217  
Pignato, Sarah 22,32,115  
Pikus, Matthew 150,216  
Pilarski, Elizabeth 76,115  
Pilla, Amanda 36,68,115  
Pimpo, Justin 150  
Pineo, Samantha 150  
Pitts, Jessica 46,115  
Plain, Eric 174  
Plouff, Krystal 11,72,174  
Pogorelce, Jessica 35,174  
Polglase, Neil 150  
Polnau, Felicia 174  
Pooch, Abigail  
21,31,38,39,172,174  
Pooch, Andrew 71,115,196  
Poppe, Amber 115  
Pottratz, Laura 115

## Junior Varsity Volleyball

**Front Row:** S. Tschida-Reuter,  
A. Jones. **Row 2:** S. Hubbard, K.  
Phelps, T. Brenberg, E. Nelson,  
A. Diemert, S. Cole. **Row 3:**  
Coach M. Kolbow, A. Carpenter, J.  
Bucholz, A. Sauer, C. Lehner, S.  
Johnson.





Powell, Elizabeth  
20,21,26,28,31,115  
Pringle, Amanda  
40,115,205  
Prior, Brittany 174  
Purvis, Scott 115



Quale, Lindsey  
28,42,56,150  
Quehl, Anthony 41,115  
Quimby, Ashley 115  
Quinlan, Daniel 174



Raarup, Kayla  
51,64,65,174,176  
Raasch, Joseph 27,116  
Raasch, Madalyn 52,150  
Raatz, Margaret 26,40,174  
Rabe, Nicholas 116  
Radtke, Angela  
22,116,208  
Radtke, Brooke  
116,128,200  
Radtke, Charles 116  
Radtke, Kristina 150  
Ralles, Kristopher 54,150  
Ralph, Alexander 174  
Ramsden, Jacob 35,116

Rangel, Daniel 150  
Rath, Michael 150  
Raykowski, Shawn 46,174  
Reagan, Andrew 116  
Rebischke, Matthew 150  
Reeck, Chelsea 116  
Reed, Emily 174  
Reely, Paul 43  
Reely, Sarah 33,43,48,150  
Reely, William 174  
Regnier, Paula  
15,17,21,150  
Rehak, Timothy 71,150  
Reimer, Alexander 174  
Reiner, Jonathan 42,116  
Reinertson, Anna 68,150  
Reinke, Daniel 150  
Reinsberg, Reggie 4,116  
Reller, Beth 88  
Remmen, Anthony 116  
Repke, Kathryn 47,151  
Rhein, Christina  
23,42,116,204  
Richert, Brittany 174  
Richie, Adam 174  
Riegert, Joshua 116  
Riehle, Danielle 116,206  
Riehle, Stephanie 47,174  
Rilea, Jessica 116  
Rime, Cory 21,151,216  
Rippon, Kristine 117  
Ristow, Heather 56,151  
Ritchie, Alexander 117  
Riter, Micah  
30,79,174,215  
Rivard, Brian 174,214  
Rivet, Jacob 174,214  
Rivet, Kenneth 70,71,117  
Robertson, Nathan  
22,55,75,117  
Robinette, Miekolas 174  
Robinson, Jesse 174  
Robinson, Kelsey  
22,44,151  
Robinson, Logan  
8,9,54,79,151,215

Robinson, Richard 117  
Robinson, Shanna  
105,117,207  
Rod, Blake 174  
Roeder, Gabriel 117  
Roemhild, Ryan 174  
Rognerud, Kyle 174  
Rolseth, Eric 41,151  
Rolseth, Mark 174  
Rosa, Vincent 151  
Roshell, Jacob 21,43,151  
Rosman, Paul 22,117  
Rotach, Caleb 6,9,12,15,  
16,20,21,36,37,46,117,207  
Rothmeyer, Joseph 174  
Roubik, Nicole 151  
Roush, Eric 174  
Royce, Colleen  
21,41,56,174  
Rubedor, Katie 117  
Rudi, Nathan 175  
Rueda, Maria 112  
Ruiz, Garron 117  
Running, Kayla 175  
Running, Nicholas  
10,28,175  
Runtsch, Nathan 43,175  
Rupar, Andrew  
12,42,169,175  
Rupar, Christopher  
22,42,74,75,117,208  
Ruswinkle, Christian 175




Sadergaski, Amanda  
117,203  
Sager, Chelsea 32,117  
Sager, Daniel 151,216

Sahr, Tyler 118  
Salin, Jeffrey 175  
Saloka, Lacy 118  
Salverda, Tara 26,43,118  
Sampair, Stephanie  
80,81,151  
Sananvatananont,  
Pratchavan 112,118  
Sandager, Mark  
58,83,142,151  
Sandager, Peter 83,175  
Sanders, Brendon 175  
Sanders, Niccole  
32,41,151  
Sanford, Amanda 175  
Sanford, Grant 118  
Sanz, Edwin 175,214  
Sanz, Melissa 151  
Sapa, Caitlin  
15,17,21,42,151

Sarff, Matthew 175  
Sass, Jamie 93,175  
Sauer, Abigail  
12,13,41,174,175  
Sausen, Amanda  
31,33,175  
Savord, David 41,151  
Sawyer, Jeffrey 151  
Saxe, Shawn 42,78,79,151  
Scanlan, Tyler 39,118  
Schaeffe, Stephanie 175  
Schaffan, Ellen 12,175  
Schanks, Max 175,214  
Scharenbroch, Michael  
152  
Schaub, Ashley 152  
Schave, Dianna 31,43,175  
Scheierl, John 118,216  
Scheiller, Ashley 118,197  
Scheiller, Nicole 43,175

Your  
partner  
in a healthy  
future

 FAIRVIEW  
LAKES HEALTH SERVICES



## Sophomore Volleyball

**Front Row:** S. Holeman, M. Jensen.  
**Row 2:** C. Lehner, K. Matheson, J.  
Skogen, B. Menten, A. Dornseif, J.  
Sass. **Row 3:** Coach D. Daniger, C.  
Degendorfer, N. Olson, B. Johnson, K.  
Hofeld, J. Bucholz.



Naomi Therese Brenda Stephanie

# *Carousel* Hair Care "A Family Hair Care Center"

633 So. Lake  
Forest Lake, MN 55025

(651) 464-3331

Scherrer, Brian 152  
Schiefelbein, Brandon 152,156  
Schingen, Timothy 43,175  
Schlaeger, Anthony 46,175  
Schlaeger, Brianna 68,175  
Schlenker, Andrew 175  
Schlenker, Matthew 118  
Schloer, Cindy Jo 25,118  
Schmidberger, Richard 4,152  
Schmidt, Jake 173,175,225  
Schmidt, Kimberly 31,175  
Schminkey, Danielle 118  
Schmitz, Ashley 56,175  
Schneider, Kyleen 26,118,194,196  
Schneider, Nina 80,112,118,152  
Schneller, Meghan 93,175  
Schoonover, Jaimelie 175  
Schreiber, Joshua 152  
Schroeder, Nicole 22,41,118  
Schroeder, Randal 175  
Schuder, Carlene 176  
Schuder, Jenna 22,118,196  
Schuhwerck, Heidi 22,41,118  
Schuhwerck, Krista 43,176  
Schuldt, Marke 96,118  
Schultz, Joseph 118  
Schultz, Rebecca 43  
Schultz, Travis 108,118  
Schultz, Trip 9,54,152  
Schulz, Thomas 152  
Schumacher, Michelle 25,118  
Schwan-Vanwert, Sarah 176  
Schwartz, Matthew 55,79,152  
Schwartzbauer, Michael 152  
Scott, Gabrielle 118  
Scribner, Daniel 118  
Secor, Michelle 11,32,96,118,195  
Seeger, Jamie 152  
Seelig, Eve 28,118  
Selg, Hunter 45,176,214  
Sell, Dana 176  
Sell, Nina 118  
Selvog, Morgan 119  
Senum, Camille 152  
Serres, Jacob 176  
Servantez, Robert 119  
Sessing, Eric 162,176  
Setterholm, Andrew 39,152,153  
Seurer, Mikala 152  
Severson, Karn 16,18,19,22,119  
Severson, Leigh 16,21,31,162,176  
Shackett, Adam 46

Shanda, Justin 4,119  
Shaw, Chelsey 152  
Shaw, Vincent 176,181,214  
Shelafoe, Torri 72,73,176  
Sheldon, Jennifer 47,119  
Sherwood-Gabrielson, Christopher 42,152  
Shipley, Bryan 152  
Shogren, Stefanie 11,12,51,65,76,96,119,197  
Sieben, James 163,176,214  
Sigfrinius, Amanda 11,36,56,119  
Sigstad, Heather 119  
Simenson, Caitlin 119  
Simmons, Jessica 134,152  
Simon, Hannah 119  
Simons, Siri 32,68,69,176  
Simpson, Ian 16,18,44,45,46,119,207  
Singer, Michael 117,119  
Skogen, Jessica 43,176  
Skoglund, Krista 11,12,13,22,42,64,76,119  
Slattery, Caitlin 176  
Slattery, Megan 119  
Slipka, Jesse 152  
Slowinski, Christina 28,176  
Smaker, Matthew 176  
Smith, Charles 152,215  
Smith, Jesse 119,205  
Smith, Kaitlin 47,152  
Smith, Katie 40,176  
Smith, Lee 54,79  
Smith, Michael 119,202  
Smith, Sarah 119  
Smoczyk, Jenna 64,152  
Snaza, Mitchell 119  
Sneep, Shannon 152  
Snyder, Eric 119  
Snyder, Joseph 152  
Snyder, Kevin 176  
Sobieck, Chelsie 46,66,67,174,176  
Solheid, Ben 152  
Solheid, Sarah 72  
Solway, Alex 119  
Soto, Angel 176  
Soule, Justin 152  
Spanjers, Emily 16,21,40,176  
Sparby, Erik 41,119  
Spartz, Graham 152  
Spencer, Tiffany 119  
Sperle, Ashley 28,32,43,44,48,152,219  
Sperry, Tyler 45,83,152,216  
Spiess, Ariel 31,176,180  
Spiess, Brian 176  
Spiess, Katherine 153  
Spiess, Marianne 176  
Spratt, Penny 25,47,119  
Spreeman, Maribeth 88  
Springer, Jessica 80  
St. Germain, Maxwell 43,176  
St. Germain, Samuel 43,176  
Stanley, Maria 119,122,129  
Stedje, Corey 176  
Steele, Jeffrey 153  
Steele, Matthew J. 153  
Steele, Matthew M. 176,214  
Steen, Shawna 48,153  
Steffner, Kristen 41,153  
Steger, William 176  
Stegner, Garrick 176  
Steiner, Phillip 177  
Steiner, Samuel 42,177,217  
Steiner, Theodore 22,63,87,119  
Stenberg, Rebecka 153  
Sterns, Cory 177  
Stich, Tyler 153  
Stilwell, Michael 136,153  
Stiner, Patrick 63,153  
Stipe, James 177  
Stoffers, Lea 31,112,122  
Stokes, Andrew 153  
Stolberg, Brett 42,90,91,177  
Stolberg, Erik 22,41,63,91,122,201  
Stoll, Christina 122,128  
Stomberg, Joshua 83  
Stone, Daniel 122,129,216  
Stone, Sabrina 122  
Stout, Sarah 17,18,19,22,122,208  
Strande, Joshua 122  
Strantz, Ashley 177,218  
Stratton, Heather 122,202  
Strege, Melissa 153  
Streufer, Caroline 12,46,47,64,112,122  
Strickler, Todd 177  
Strike, Travis 86,87,177  
Striker, Evan 43,45,177  
Strunk, Brianna 122  
Struthers, Andrew 153  
Sundberg, Brandon 46,154,156  
Suonvieri, Jessica 154  
Svendsen, Daniel 153,154  
Swanson, Jonathon 93,154  
Swanson, Nicholas 122  
Swedin, Kalli 21,28,42,48,64,139,154  
Sweigart, Brandi 56,154  
Swenson, Jessica 11,32,122  
Swenson, Michael 122  
Synan-Peterson, Derek 2,6,78,122,128,209

## **Junior Varsity Basketball**

**Front Row:** K. Olsen, J. McAlpine, T. Garvey, C. Anderson, C. Anderson.  
**Row 2:** J. Nelson, E. Nosie, D. Edelen, C. Larson, B. Vance, A. Johnson, Coach R. Rutten.







**Forest Lake**  
**Open 24 Hours**



Thao, Maxwell 6,7,20,21,46,101,123  
Thao, Pazong 6,12,20,21,46,101,123  
Thao, Tou 154  
Theis, Patricia 123  
Thesenvitz, Mark 154  
Thieschafer, Jacob 177  
Thieschafer, Jasmine 64,154  
Thill, Derek 123  
Thill, Justin 177  
Thomas, Cole 177  
Thomas, Jacob 31,28,177  
Thomas, Robert 154  
Thomas, Sheyanne 123  
Thompson, Andrea 76,154  
Thompson, Ashley 177  
Thompson, Brian 123,196  
Thompson, Danielle 41,123  
Thompson, Kelli 24,25,123,196  
Thompson, Natasha 38,39,123  
Thordson, Anna 177  
Thorp, Brittney 123  
Thorson, Daniel 123  
Thraen, Rebecca 18,21,46,177  
Tibbetts, Daniel 123  
Tietje, Kelsey 154  
Tillman, Tyler 177

Tackes, Alicia 154  
Tadych, Nicole 145,154  
Tagg, Brianna 41,161,177  
Tauzell, Brian 24,25,122,194  
Taylor, Amy 41,163,177  
Taylor, Hannah 72,177  
Taylor, Patrick 3,11,79,98,123  
Teel, Shawn 154  
Tener, Joseph 177,214  
Tenney, Jonathon 177  
Tenney, Robert 123  
Tessling, Stephanie 154  
Tester, Joshua 177,217  
Tetrault, Jeremy 177  
Tetrault, Nicole 33,66,67,154  
Tetzlaff, Aaron 123  
Thao, Amie 46,177  
Thao, Bill 46,177  
Thao, Ding 2,154  
Thao, Jennifer 47,154

Tilton, Sean 8,36,37,71,124,197  
Todd, Elizabeth 124  
Tomlinson, Alicia 28,31,177,180  
Tomnitz, Dacia 25,154  
Tomnitz, Jeffrey 124,195  
Torkelson, Alex 177  
Traner, Jacob 42,177  
Triemert, Corey 161,177  
Troje, Nicholas 124  
Trombley, Laura 179  
Tschida-Reuter, Sophia 154  
Tuckner, Cory 124  
Tulgren, Makayne 21,25,28,179  
Turenne, Joshua 124  
Turry, Ryan 55,78,79,98,116,124,208  
Tveten, Seth 155  
Twohy, Leigh 124  
Tyler, Daniel 124  
Tyler, Kayelea 25,27,124,195  
Tyler, Ryan 179  
Tyler, Tasha 80,124,129



Uhl, Chrystle 31,179  
Ulrich, Benjamin 43,179,214,215  
Ulrich, Matthew 155  
Underdahl, Lee 179,214  
Unger, Laura 124

Uram, Chelsea 80,81,169,179  
Uram, Nathan 124,215  
Uthe, Tyler 155



Van Keulen, Jeremy 155  
Van Sloun, Frances 42,56,155  
Vadnais, Aaron 179,214  
Vadnais, Angela 124  
Vance, Jessica 179  
Vandenberg, Gavin 155  
Vandenberg, Kyle 14,15,16,18,19,21,124  
Vanderschaegen, Jarod 155  
Vanderschaegen, Jason 124  
Vandevceer, Alana 27,124  
Vang, Blong 124  
Vang, Isel 124

Vang, Kong 155  
Vang, Long 179  
Vang, Mai 155  
Vang, Max 179,217  
Vang, Michelle 155  
Vang, Muanqys 179  
Vang, Pahoua 28,179  
Vang, Vou 124  
Vasey, Lee 155  
Vaughn, Benjamin 124  
Venburg, Ashley 124,206  
Verdick, Chase 124  
Villafuerte, Todd 179  
Vining, Courtney 31,179  
Vining, Jonathan 124  
Vitek, Nicholas 125  
Voelk, Andrew 179  
Vogel, Derek 42,155  
Vollhaber, Ashley 155  
Voss, Melissa 125  
Vue, Hu Chi 179  
Vue, Phong 125  
Vue, Ricky 179

## SENIOR PORTRAIT PHOTOGRAPHY



[www.woodsidephoto.com](http://www.woodsidephoto.com)  
651-433-4356



## Junior Varsity Basketball

**Front Row:** A. Thompson, C. Slattery, K. Kent. **Row 2:** Coach A. Berg, K. Eggers, B. Ketchel, C. Slowinski, M. Olson.







Main Office  
244 N Lake Street  
Forest Lake, MN 55025  
651-464-3685

**Congratulations  
Seniors 2006!**

[www.ytblakesarea.org](http://www.ytblakesarea.org)



Wagner, Christopher 125  
Wagner, Cole 40,179  
Wagner, Emily 21,43,179  
Wagner, Kayla 178,179  
Wagner, Lindsey 3,125  
Waldoch, Alexandra 155  
Waldoch, Kacie 140,155  
Walker, Angela 43,125  
Walker, Katie 38,39,125  
Wallenstein, Angela 125  
Wallenstein, Douglas 179  
Walsh, Thomas 125  
Walters, Mary  
28,43,56,179  
Walton, Keith 179  
Wappel, Rebecca  
43,64,155  
Ward, Keith 179  
Warnke, Nicholas 25,125  
Warren, Alexander 42,155  
Warwick, Christopher 125  
Warzala, Mark 155  
Waskey, Jacob 83  
Waterman, Jeffry 179  
Watson, Brian 125  
Weaver, Ashley 93,155

Webb, Emily 179  
Webb, Sarah 125  
Weber, Hannah 125  
Weber, Peter 179  
Wedger, Caleb 154,155  
Weeda, Ashley 125  
Weiss, Caroline 155  
Weiss, Vanessa 125  
West, Christy 156  
Westemeier, Derek 179  
Westlund, Jessica 25,156  
Westman, Kimberly  
47,156  
Wethammer, Nicholas  
71,148,156  
Whaley, Brian 156  
Wheeler, David 156  
White, David 156  
White, Jacob 179  
Wick, Alyssa 24,179  
Wielinski, John 156  
Wiemer, Derek 125,215  
Wiggins, Brennen 126  
Wiggins, Michael  
18,19,29,31,40,156  
Wilcox, Nicholas 156  
Wilcox, Tyler 43,179,217  
Willcoxon, Nicholas  
36,37,126,128  
Willey, Robert 126  
Williams, Caitlyn  
31,43,44,179

Williams, Joshua  
74,75,156  
Williams, Karyn  
16,18,31,126  
Willms, Benjamin 179  
Willson, Colby 156  
Willy, Rachele 179  
Wilson, Adam 156  
Wilson, Christopher  
44,46,126,214  
Wilson, James 126,209  
Wilson, Nicholas 179  
Windish, Donald 156  
Winiecki, Janelle 76,156  
Wiosky, Katie 179  
Wislicenus, Emily  
179,218  
Wittibslager, Krysta 126  
Wittnebel, Courtney  
126,210,231  
Wittrock, Casey 43,179  
Wittrock, John 126  
Wohlk, Ryan 156  
Wold, Paige 170,179  
Wolfe, Lorraine  
22,40,44,126  
Wolfe, Sarah 47,126  
Wolff, David 179  
Wolff, Elizabeth 126  
Wolff, Naomi 126  
Wood, Richard 156  
Wood, Seth 126  
Woods, Anne 126  
Woods, James  
70,71,93,151,156  
Woodward, Blake  
70,71,127  
Woolstencroft, Jaime  
42,45,127,208  
Wosika, Tracy 127  
Wright, Shawn  
59,86,87,163,179  
Wright, Tyler 109,127  
Wyatt, Ashley 156  
Wyne, Dajya 156  
Wyne, Jordan 180



Xiong, Apao 22,127  
Xiong, Aretha 127  
Xiong, Noukhiag 180  
Xiong, Ting 31,156  
Xiong, Toua 180  
Xiong, Tue 180,217  
Xiong, Yia 157

Yamry, Victoria 68,69,157  
Yang, Aichon  
10,16,43,47,48,135,157  
Yang, Amay  
21,28,32,42,180  
Yang, Jay 127  
Yang, Jessica 28,43,180



**ABBA Trophy Inc.**

Recognition Awards • Plastic Signage • Name Tags  
Advertising Specialties • Rubber Stamps  
Engravable Gifts

631 S. Lake Street  
Forest Lake, MN 55025  
Phone: 651-464-8094

Email: [ABBAawards@aol.com](mailto:ABBAawards@aol.com)  
Website: [www.forestlake.wvabba.com](http://www.forestlake.wvabba.com)  
Fax: 651-982-5483

## JOIN OUR SERVICE-ORIENTED TEAM

Challenging and fun opportunities.  
We offer a great work environment,  
flexible scheduling, several bonuses,  
high school incentive program  
& grocery discount.

**MARKETplace**  
FOODS

HWY. 61 SOUTH • FOREST LAKE 651-464-6111

## Junior Varsity Hockey

**Front Row:** L. Anderson,  
S. Williams, K. Lochen, J.  
Thorson, N. Haglund, P.  
Faymerville. **Row 2:** K.  
Opsahl, S. Morrison, K.  
Nygaard, Coach S. Spears, A.





Yang, Koua 157  
 Yang, Pajnyag 43,64,157  
 Yang, Thomas 180  
 Yaritz, Savannah 180  
 Yeager, Victoria  
 16,18,19,21,157  
 Yetter, Brandon  
 79,157,215  
 York, Matthew 180  
 York, Samuel 63,127  
 Yotter, Katherin 43,45,127  
 Young, Brandon 157  
 Young, Cristina 67,93,157  
 Yzermans, Nicholas 157

Zimmerman, Rachael 128  
 Zimmermann, Kevin 128  
 Zopf, Sarah 180



## Congratulations Class of 2006!

### Schellfish Lodge Furniture

(651) 303-0346



Zachrison, Brittini 180  
 Zahn, Robin 40,157  
 Zalusky, Kimberly  
 25,47,48,157  
 Zastrow, Anna 127,206  
 Zastrow, Peter 180  
 Zastrow, Stephanie 157  
 Zauner, Brian 127  
 Zeitz, Erik 180  
 Zemke, Nicholas 79,157  
 Zentzis, Erik 127  
 Zidar, Matthew 40,180  
 Ziehl, Ashley 127,128  
 Zielinski, Kristi 127  
 Zieman, Jennifer 157  
 Zierke, Rebecca  
 21,46,56,157  
 Zimmerle, Ashley 127  
 Zimmerman, Laura 157  
 Zimmerman, Lisa  
 26,33,180



**P**roviding high quality standard designs  
 and custom-made rustic home  
 furnishings built with superior skill  
 and sensitivity of local craftsmen.



### Junior Varsity Hockey

**Front Row:** M. Brett, A. Fritzinger, C. Moore, Coach J. Drennen, Coach C. Carlson, Coach A. Forsythe, R. Kelly, R. Keeney, A. Kettler. **Row 2:** K. Morgan, Z. Knight, N. Essen, C. Hartshorn, T. Fick, C. Bjork, N. Dilling, S. Casey, S. Pfenning, J. Schmidt, J. Rivet.





## OLSON'S SEWER SERVICE

Keep your sewer in the pink!

### Sewer Systems

Installed • Repaired • Cleaned

Septic & Holding Tanks Vacuumed

Sewer Lines Cleaned & Thawed

Rotoring • Line Televising

Lift Station Repairs

High Pressure Water Jetting

Sewer & Water Hookups

Full Service Excavating



Residential & Commercial

Licensed • Bonded • Insured



Since 1954

# 651.464.2082

Certified by M.P.C.A.  

# Congratulations Class of 2006!



## OLSON'S EXCAVATING SERVICE

A Division of Olson's Sewer Service

Bobcats • Backhoes  
Excavators • Dozers  
Dump Trucks

Site Development

Laser Grading

Driveways

Basements • Additions

On-Site Sewage Treatment Systems

Sewer & Water Hookups

Residential & Commercial

Licensed • Bonded • Insured



"Yes, we're the people with the Pink Trucks!"

# 651.464.2082





Barbara E. Schwartz



Bill Schwartz

## *Back Stitch Embroidery*

<http://frontiernet.net/~backstitchemb/>

E-mail

bse@frontiernet.net



Phone & Fax

651-433-4862

# *Congratulations Graduates!*

*Congratulations - Class of 2006*



**General Paper  
Products, Inc.**

CUSTOM PACKAGING SOURCE

- Corrugated Cartons
- Folding Cartons
- Award Winning Graphics
- Stretch Wrap & Poly Bags



**ENTERPRISES OF MN INC.**

FULL PRODUCTION SERVICES

- Contract Packaging
- Assembly
- Collating
- Shrink Wrapping

*“Your one-stop source for  
packaging needs”*

**(763) 323-8389 • FAX (763) 323-8934**

6650-143rd Avenue NW, Ramsey, MN 55303





## Forest Lake Senior Portraits



**Incredible Choices  
Natural Outdoors  
Awesome Sets  
St. Croix River  
We do it all!**



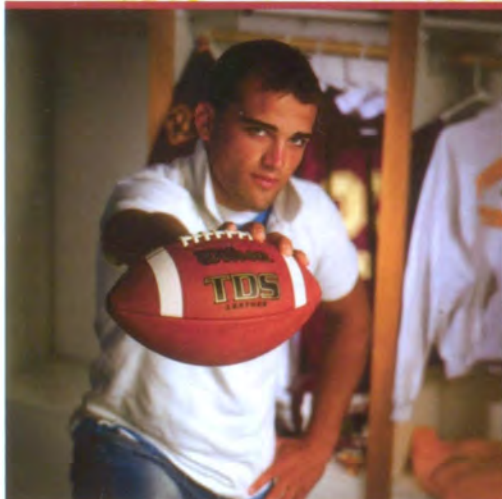
**Most popular...  
for a reason!**

**PICTURE PLACE**

*Photography*

**[www.pictureplace.com](http://www.pictureplace.com)**

**Call for GREAT June & July Deals!  
651-426-0232**



**All about you!**





# my life eXposed...

Best memory of the year \_\_\_\_\_

Worst memory of the year \_\_\_\_\_

My best friends are \_\_\_\_\_

My favorite teacher is \_\_\_\_\_

My favorite class is \_\_\_\_\_

This year I've dated \_\_\_\_\_

My favorite party was \_\_\_\_\_

My favorite place to hang out is \_\_\_\_\_

The best store to shop at is \_\_\_\_\_

I work at \_\_\_\_\_

I'm saving my money for \_\_\_\_\_

People say I look like \_\_\_\_\_

The best movie I saw this year was \_\_\_\_\_

The best song of this year is \_\_\_\_\_

The station on my radio is \_\_\_\_\_

I drive a \_\_\_\_\_

This is what I want to do after highschool \_\_\_\_\_



# fully eXposed



Above: Senior **Aaron Boerem** makes his way out of the school doors without hesitation. Boerem brought with him the memories of what was and walked into the future that lay ahead.

Pictures became fully eXposed making memories; memories that stay with us the rest of our lives. They remain with us to help build us into who we are. E Xposing oneself to the world may be a scary thought, but also an e Xciting learning e Xperience. For some it may be the beginning and for others this is the end. Sophomore class has finally been e Xposed to the real world, juniors figured out who they want to be, and for the senior class of 2006, they finally became e Xposed to it all.

The first year is always the most difficult, with new classes, new people, and many new eXperiences. The sophomore year is over, and it was a relief to no longer be the youngest people in school. With more decisions lying ahead of them and the hardest year behind them, sophomores learned the meaning of being eXposed.

For our juniors having gone through the tough years, now ready to finish what they have started, they became eXposed to making future decisions every day. With only one year left to prove who they have become and one more year to decide what the next couple of years will hold for them, the challenge is just beginning. Juniors have built a base of who they are and what they want to become. They have already gone through many different eXposures, but some remain to be seen.

This is it; the time has come for the class of 2006. They have journeyed together for thirteen years now, and have gone through all of life's eXposures together for one last memory. Senior year was known as the year to "live it up" or "have the time of one's life". With more pressure on their shoulders and hopes for getting into that perfect school or job, senior year was built with a lot of nerve-wracking decisions. What school is best? Can one live far from home? With one last run through the halls, hundreds of pictures taken, endless tears of joy, and lots of laughter, senior year came to an end. The last walk was the hardest and longest, but definitely the most rewarding. Congratulations, Class of 2006; we are fully eXposed!

~ Kelly Behr







Above Left: Seniors **Ashley Paul** and **Courtney Wittnebel** meander through the parking lot one last time. Every step throughout the year was not counted, but these last few meant more because they were so very final.

Above Right: Students take their last walk down the hallways to their final class of the year. Excitement flowed as they began to think about what summer would bring.

Left: This small group of students walk out of those unforgettable student parking lot doors. They entered into the summer with the anticipation of the next few years to come.



Left: Senior **James Harnett** glances back one more time. Harnett hinted through his smile that he was ready for the beginning of a new era in his life.







# eXpressing our thanks

The Forester staff wishes to express its most sincere thanks to a number of people. First, we could not have put together this book without the leadership and guidance of our advisors, Mrs. Maria Kaiser and Ms. Diane Dugas. In addition, many thanks to Reida Lazer, our plant representative from Taylor, who always made our book better with her input and sharp eye. We greatly appreciate the hard work of Lindsay Russell, our Dallas account executive, at Taylor Publishing Co. in Dallas, Texas, where our book is published. Many thanks to all the local companies who purchased advertisements and all the parents who bought ad's for grad's.

Books Sold: 1,200  
Number of Pages: 232  
Paper Weight: 100 lb.  
Color Processing: 4-Color  
Cover: Lithocote Matte  
Endsheets: Gray Felt

Fonts Used:  
Vangaurd, Verdana for captions  
Rinna, Eric, Bern for headings  
Opus for body  
Embassy, Verdana for sub headings

## 2006 Forester Staff

# COLOPHON



news music movies sports gadgets tv trends

# YearZine



2006



**Taylor**  
PUBLISHING



# NEWS

Hurricanes Katrina and Rita were just the beginning of the headlines this year - thousands of displaced Americans, devastation along the Gulf Coast and the government's response to the disaster kept a rapid-fire array of headlines and sound bites coming at us in the months that followed.

**SADDAM STANDS TRIAL** The trials of *Saddam Hussein* are being held under the Iraqi Special Tribunal. Tried for war crimes, crimes against humanity and genocide, he could face the *death penalty* if convicted.



## IRAQ THE VOTE

Despite terrorists' threats to attack polling places, millions of Iraqis vote for new leaders in the country's first *free election*.



## BOMBING IN AMMAN, JORDAN

Al-Qaeda in Iraq claim responsibility for a series of coordinated *suicide bomb attacks* on three hotels in Amman, Jordan. The attacks kill 60 people and injure 115 others.



Tom DeLay, House Majority Leader, resigns his post after being indicted by a Texas grand jury on charges of conspiracy to fund part of a 2002 election in his home state with corporate money. The election succeeded in amending congressional districts in Texas to favor Republican candidates.

## THE RIGHT TO REMAIN SILENT

Invoking the First Amendment, journalists *Matthew Cooper* and *Judith Miller* refuse to divulge sources in a story that claims

the White House "outed" CIA operative Valerie Plame in retaliation for her husband's unflattering comments on Bush's war rationale.



## ONE BAAAAAD TISSUE DISPENSER

Scientists discover soft tissue, including blood vessels and cells, in a 70-million-year-old fossilized *Tyrannosaurus Rex* thigh bone.

## NEW POPE

Following the passing of Pope John Paul II, *Cardinal Joseph Ratzinger* of Germany was elected as the 265th reigning Pope and sovereign of Vatican City.



## NOT GUILTY!

*Michael Jackson* is acquitted of child molestation, conspiracy and alcohol charges that could have sent the singer to prison for nearly 20 years.





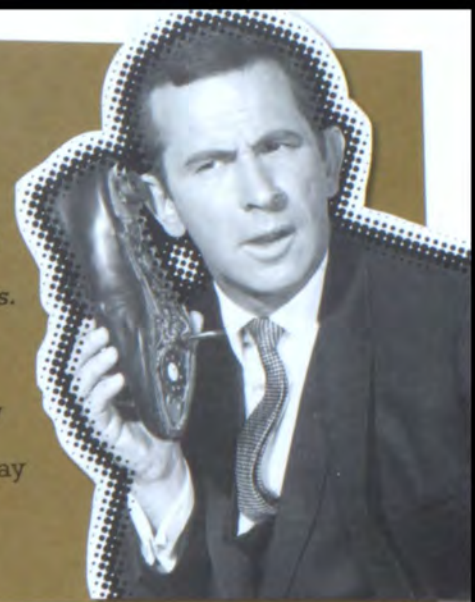
## AUTHORITIES SUSPECT FOWL PLAGUE

A virulent strain of *avian flu* spreads from Asia into Europe, causing *worldwide panic*. Drug companies jump to develop a vaccine for the H5N1 strain which infects humans as well as birds. Millions of birds are euthanized in an effort to slow the virus's progress.



## SUPER-SECRET SPY STUFF

President Bush admits that he ordered *telephone taps* of private citizens, raising ethical as well as *constitutional questions*. Representatives on both sides of the aisle call for a joint inquiry by the Senate judiciary and intelligence committees on what may be *violations of First Amendment rights*.



## KATRINA'S DESTRUCTION

*Hurricane Katrina* causes widespread devastation along the Gulf Coast. Cities such as New Orleans, LA; Mobile, AL and Gulfport, MS bear the brunt of Katrina's force. Causing over \$200 billion in damage, leaving over 8 million people without homes and taking the lives of over 1,300 people, it is *one of the most destructive storms* to hit the United States in the past 100 years.

Over 80% of New Orleans was under water due to breached levees, which will cost an estimated \$3.1 billion and take up to two years to rebuild.



## KATRINA'S REFUGEES

*Convention centers and stadiums* in Louisiana and Texas house hundreds of thousands of hurricane Katrina refugees. Reports of *unsafe and unsanitary conditions* garnered national media attention and increased criticism of the federal government's slow response.



The European space probe Huygens lands on the surface of Saturn's largest moon, Titan, after a seven-year, 2.2 billion-mile journey through space. The probe touches down in "Titanian mud" and continues to send data for about 90 minutes after reaching the surface.

## CINDY SHEEHAN PROTESTS

*Cindy Sheehan* attracts international attention for her extended *anti-war demonstration* outside

President Bush's ranch in Crawford, TX. Sheehan is the mother of the late US Army Specialist Casey Sheehan, who was killed in combat in Iraq. "Camp Casey" draws hundreds of supporters and lasts for almost four weeks.

Sheehan followed her protest with a three-week bus tour to Washington, DC, where a rally of over 100,000 people marched in protest of the war in Iraq.



## TERRI SCHIAVO

*Terri Schiavo's* husband, Michael, squares off against his in-laws, the Bush administration, and thousands of protesters to *remove his wife's feeding tube*. After her death, Terri's autopsy confirms her doctors' prognosis that the *vegetative state* in which she had lived for fifteen years was irreversible.





# MUSIC

How did you hear about 'em? Did you see them on your favorite TV show, on MySpace®, or did you spot their album while you were in line for a latté? Due to a saturated market, many artists are happy to receive plugs from other media outlets. And it seems to be working - the league of popular musicians is becoming more and more diverse.

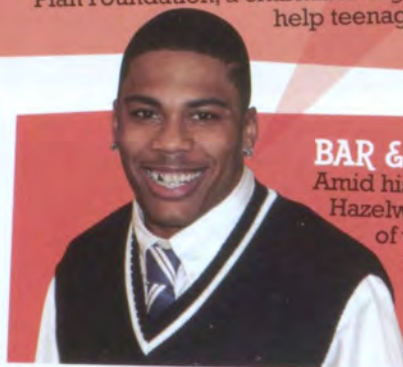


**BAND WITH A PLAN** Canadian power-pop rockers *Simple Plan* launch The Simple Plan Foundation, a charitable organization to help teenagers in need.



## X+Y-MEGABUCKS

*Coldplay*'s album *X&Y* debuts at the top of the charts, and stays there for three weeks.



## BAR & GRILLZ

Amid his plans to open a restaurant in Hazelwood, MO, and the launch of his line of women's jeans, *Nelly* still finds time to nab his fourth #1 single, *Grillz*.

## HE SHOOTS, HE SCORES!

Pop heartthrob *Ryan Cabrera* releases his second CD and begins shooting *Score*, his new reality game show on MTV. The show gives aspiring musicians a chance to find love through music - they have one day to write a song to win a date with a girl!

Ryan's first CD, *Elm St.*, was recorded with studio time purchased for him as a gift from his brother, Marc.



What good is a song if you can't make it your ringtone?



Mobile music accounts for 15% of global music sales and includes ringtones, realtones, ringback tones, mobile music commerce and packet radio.



## SOMEBODY CALL A CAB?

After 5 LPs, people finally start taking notice of indie darlings *Death Cab for Cutie*. Having frequent mentions on *The O.C.* probably didn't hurt, either.



## THEY GET IT STARTED...

...and now *The Black Eyed Peas* are hard to stop! They keep it going with four Grammy® nominations, a tour with Gwen Stefani and another hit single!

**GOLDEN BOY** *Jamie Foxx* records *Gold Digger* with Kanye West, releases his 2nd CD, *Unpredictable*, and grabs a Grammy® nomination for *Creepin'*. Oh, he's a pretty good actor, too.







## DO THEY SHOOT LASERS, OR ARE THEY JUST BRIGHT?

Conor Oberst and his band **Bright Eyes** release three albums in 2005 as part of their attempt at world domination.

## THE RESURRECTION OF A CAREER

**Mariah Carey** returns to the forefront of popular music with the release of *The Emancipation of Mimi*, and becomes the second solo recording artist in history to place **seventeen singles at #1** on the U.S. charts.



## MARY, MARY, QUITE EXTRAORDINARY

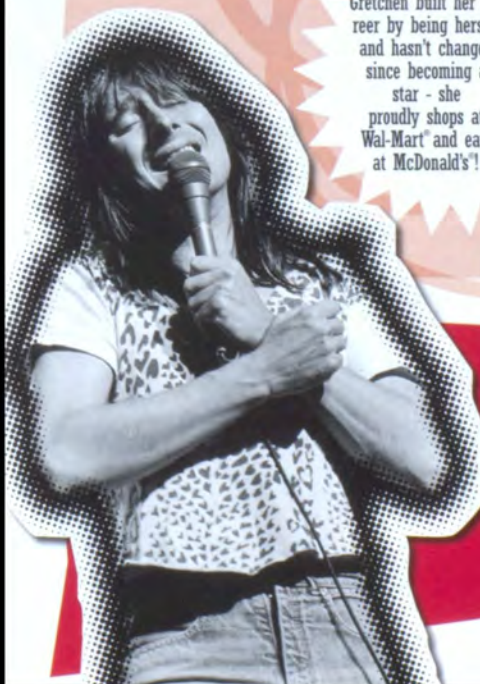
*The Breakthrough*, one of the top five debuts of the year and **Mary J. Blige's** 7th studio album, debuts at #1 and sets new sales records for an R&B solo female artist.



## CHECK YOUR NECK

**Gretchen Wilson** strikes a chord with audiences everywhere with her hit single *Redneck Woman*. As a result, her debut album is released earlier than planned and debuts at the top of the country charts.

Gretchen built her career by being herself and hasn't changed since becoming a star - she proudly shops at Wal-Mart and eats at McDonald's!



## HOLD ON TO THAT FEELIN'

Twenty-five years after its release, *Don't Stop Believin'* puts the '70s rock powerhouse **Journey** on the iTunes Most Downloaded chart after the song appears in an episode of MTV's *Laguna Beach*.



## RIP-ROARIN' RASCALS

**Rascal Flatts** is country music's top vocal group, and they spend a record-setting one-third of 2005 at #1 on the radio singles charts.



## BETTER ROCKING THROUGH CHEMISTRY

Students across the country pick **My Chemical Romance** for top honors at the 2nd annual MTV-U Awards, and the band's business-goth style is immortalized in 5-inch-tall action figures.

## SO LONG, SUMMERLAND

Just because we've seen the last of The WB's *Summerland*, don't think we've seen the last of **Jesse McCartney**. Now the singer with a *Beautiful Soul* has more time to record and tour!





# MOVIES



They're not called "remakes" anymore; they call them "re-imaginings." Whatever label you give them, Hollywood has combed the archives and come up with several stories in need of a makeover. The Duke Boys, the Smiths, the candy-man, the Love-Bug, the convicts and the king of the monkeys all got a facelift for 2005.

## GREAT GOBLET OF FIRE!

*Harry Potter* is mysteriously chosen to compete in the Triwizard Tournament where he faces not only the competition but the evil Lord Voldemort and his minions.

## THRILLBILLIES

Bo, Luke, Daisy and the rest of Hazzard County get fresh new faces in the Hollywood retread of the popular TV series *The Dukes of Hazzard*. The General Lee, however, continues to be played by a 1969 Dodge Charger.



## MR. & MRS. SMITH

Nothing spices up a marriage like learning that secretly you're both assassins hired to kill each other. Co-stars *Brad Pitt* and *Angelina Jolie* prove their on-screen chemistry isn't just an act by announcing they are engaged and having a baby.



## MARCH OF THE PENGUINS

You'd sleep through it if they showed it in Life Science class. But let *Morgan Freeman* handle the narration and slap it on a DVD, and you've got a *captivating documentary* on your hands.



Andy Samberg & Chris Parnell know how to spend a lazy Sunday at the movies. Their Saturday Night Live "Lazy Sunday" rap video was offered as a free download on iTunes, spreading the word about Magnolia's bomb frostings to inboxes everywhere.



## McADAMS LOVES GOSLING

After filming the love story *The Notebook*, *Rachel McAdams* and *Ryan Gosling* stay in character long enough to begin dating and announce their plans to be married.



## AND WHAT DO YOU WANT TO BE WHEN YOU GROW UP?

In *Star Wars Episode III*, Anakin Skywalker falls prey to the temptations of the Dark Side to save the girl he loves, thus becoming the *sinister Darth Vader*.





## WALK THE LINE

Joaquin Phoenix and Reese Witherspoon sing every note of their roles themselves in live performances that capture the spirit of the music that drove **Johnny Cash** and **June Carter**'s relationship.

## THE LONGEST YARD

It was hard to put a team together... until they found out who they were playing. In *The Longest Yard* prison inmates form a football team to challenge the prison guards.

## ONE. BIG. MONKEY.

The eighth wonder of the world! An overly ambitious movie producer coerces his cast and crew to travel to mysterious Skull Island, where they encounter the mighty **King Kong**. Peter Jackson directs the remake of the classic tale of a gargantuan lovestruck gorilla.

## MMM... DELICIOUS EYE CANDY

In *Charlie and the Chocolate Factory*, five lucky children win a guided tour of **Willy Wonka's** legendary candy-making facility where they discover all the secrets of Wonka's crazy world, scrumptious candies and, of course, **Oompa-Loompas**.

## GET YOUR MOTOR RUNNIN'

In *Herbie: Fully Loaded*, Maggie Payton (**Lindsay Lohan**) brings home a freewheelin' Volkswagon with a mind of its own. Suddenly, she's on the road to becoming a NASCAR® competitor!

Tim Burton only cast one person to play the hundreds of Oompa-Loompas: Deep Roy.

## PUTTING THE "WAR" BACK INTO "WARDROBE"

Lucy, Susan, Edmund, and Peter enter a wardrobe and discover the magic of *Narnia*, where a White Witch has kept the land in winter for 100 years. Legend says that the kids will be able to break her spell, but not without an **epic battle**.

## SISTERHOOD OF THE TRAVELING PANTS

Four best girlfriends hatch a plan to stay connected during their first summer apart since they were babes: they pass around a pair of **secondhand jeans** that fits each of their bodies perfectly.

**FUN WITH DICK AND JANE** *Jim Carrey & Téa Leoni did not fall in love with each other during the filming of this comedy.*



# SPORTS

Athletes are driven by the desire to be the first, fastest, or best of their breed. And every year, it shows in the milestones they achieve. Lance broke his own Tour de France record, Michelle Wie made record-setting endorsement money and Danny Way went out of his way to put his name in the record books. But only time will tell how long they stay on top of their game.

## TO GETS A TIME-OUT

**Terrell Owens**, famous for his phenomenal stats and arrogant antics, has his 2005 season ended early after being suspended by the **Philadelphia Eagles** for four games and then not being allowed back onto the team after the suspension.



WELCOME  
BACK  
CHEATER

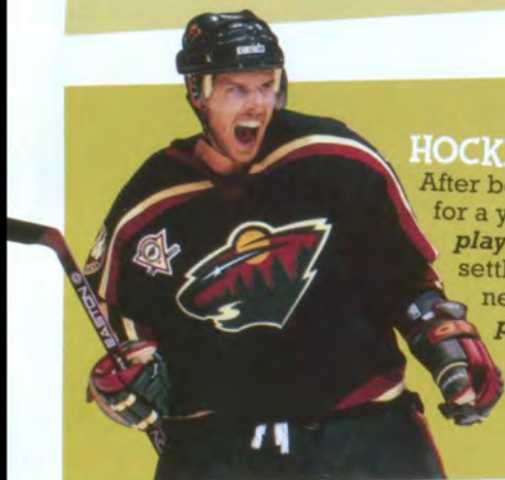


## STEROIDS BAD

Major League Baseball cracks down on *steroid testing* and suspends several players, including Baltimore Oriole Raphael Palmero, who had earlier testified in court that he "has never used steroids." Raffy comes off his suspension to *mixed emotions from fans*.

## HOCKEY IS BACK!

After being locked out for a year, the **NHL players and owners** settle their salary negotiations and **pro hockey** returns for the 2005-2006 season.



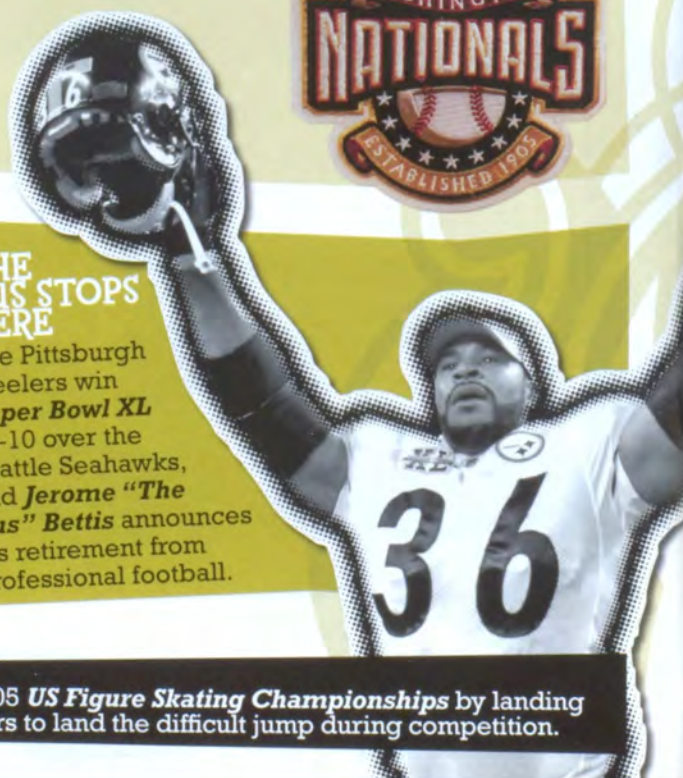
## NATS WITH BATS

**Baseball** returns to Washington, D.C. for the first time in 33 years when the Montreal Expos announce that they are moving the team to the nation's capitol as the **Washington Nationals**.



## THE BUS STOPS HERE

The Pittsburgh Steelers win **Super Bowl XL** 21-10 over the Seattle Seahawks, and **Jerome "The Bus" Bettis** announces his retirement from professional football.



## SOX SWEEP ASTROS TO WIN THE 2005 WORLD SERIES

The **Chicago White Sox** defeat the Houston Astros 1-0 in Game 4 of Major League Baseball's 2005 **World Series**. The White Sox sweep the Astros in four games and win their first World Series championship since 1917.



**KIMMIE MEISSNER** steals the show at the 2005 **US Figure Skating Championships** by landing the Triple Axle. She's the first US woman in 14 years to land the difficult jump during competition.





## RECORD COLLECTION

**Danny Way** already holds six world records in skateboarding, but in 2005 he sets a new world record: he is the first person to **leap the Great Wall of China** without a motor vehicle and land successfully. (Just for good measure, he completes the jump five times.)



## BEST IN THE GALAXY

The **Los Angeles Galaxy** wins its second Major League Soccer championship in four years by defeating the New England Revolution 1-0 in overtime.

## THINK SHE'LL BUY A CAR?

Less than a week before her 16th birthday, **Michelle Wie** announces that she will play golf professionally. With sponsorship contracts from Nike and Sony worth more than \$10 million per year, she'll also be the **highest-paid female golfer** in the world in terms of endorsements.



## LANCE CONQUERS FRANCE

After winning his record-shattering seventh consecutive Tour de France, **Lance Armstrong** retires from professional cycling, and announces his engagement to singer/songwriter Sheryl Crow. Five months later, they officially split up, ending their two-year romance.

## SEVENTH HEAVEN

Tennis phenom **Roger Federer** maintains a perfect record to win his seventh Grand Slam title.



## THE CROSBY SHOW

At 18 years old, **Sidney Crosby** is selected first overall in the 2005 NHL amateur entry draft by the **Pittsburgh Penguins**.

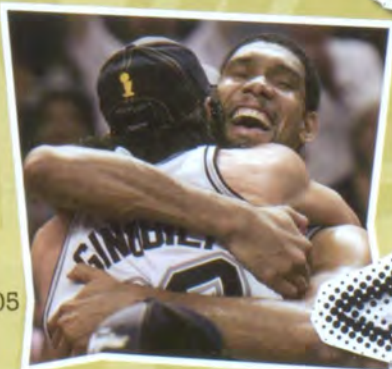
## WINTER OLYMPICS

The **2006 Olympic Winter Games** are held in **Torino, Italy**. More than 2500 athletes from around the world compete at 15 different sporting events, including the popular **snowboarding** and freestyle skiing events.



## SHOOTIN', PASSIN', DRIBBLIN' & DUNCAN

**Tim Duncan** and the **San Antonio Spurs** defeat and dethrone the Detroit Pistons in an 81-74 win in Game 7 of the 2005 **NBA Finals**.







# GADGETS

As we continue to consume and produce mass amounts of digital media – downloading mp3's, snapping digital pix, streaming satellite radio and mastering one video game after the next – we need to upgrade our gadgets. Because really, a computer is just a giant Solitaire machine until you plug your camera, iPod®, phone and television into it!

**SIT! STAY! ROCK!** The **I-Dog®** responds with lights, sounds and movements to whatever music you feed him. Popular among music lovers and dog lovers alike.

## BUH-BYE, TV!

With a giant LCD screen, outstanding speakers, and integrated media center, the **Dell® XPS 600™** is actually a home theatre in disguise!



## IF HUMMER® MADE A LAPTOP

Tested to rigorous military standards, the **Panasonic® Toughbook CF-29™** is designed for durability. It might even survive your bookbag.



## SONGS FROM OUTER SPACE

Samsung gives us a perfectly portable mp3 player with **XM® satellite radio** capability, so you can choose to either listen to playlists from your own music collection, or let that **giant disc-jockey in the sky** decide for you!

## HIGH-DEF MEMORIES

With 5.1 mega-pixels and a 10x optical zoom, the **Sanyo® Xacti HD1™** will make your prom videos look like they were shot by Spielberg. Assuming, of course, your date looks like Tom Cruise.



## LOOK, MA! NO HANDS!

Oregon Scientific's® **ATC-1000® action camera** takes the extreme sport scene by storm, capturing all the action at local skate parks, half pipes and bike trails.



## IT WAS ON OUR LIST, TOO

**Microsoft®** sells 900,000 **Xbox 360™** systems in **December**, squashing all kinds of rumors about "elves" making "toys" at the "North Pole."



## ITTY-BITTY IPOD®

Take everything you love about iPod® and shrink it. Now shrink it again. That's **iPod® nano™**.

## WAIT FOR IT

**Nintendo®** announces they will release the **Revolution™** game console in late 2006. Delayed gratification strikes again!







## SAY WHO'S THE NEW GUY?

It's not that the iPod® isn't cool enough on its own, it's just that the **iGuy™** is a protective case and a bendable, posable, **fully-functional friend** for your favorite gadget!



## MICRO MEETS RETRO

To celebrate their 20th anniversary, **Nintendo®** releases their **Game Boy Micro™** in a retro-styled case and makes original NES games like **Super Mario Bros.™** and **Donkey Kong™** available.



## EYE TUNES

With 1 GB of storage space and built-in earbuds, **Oakley's® Thump™** mp3-playing shades block out harmful UV rays and the sound of your bratty little sister.



## SCREEN KING

Sporting a 3-inch LCD screen, the **Sanyo® Xacti E6™** makes sure you get a good look at your snapshots before you delete them!



## TWIST & SHOOT

**Nikon®** brings back the swivel body style in the **Coolpix S4™** for those who take as many selfies as they do snapshots!

## QUICK COPY

Skip the trip to the computer. The **Memorex® Travelink™** lets you transfer digital files to storage drives without a computer!



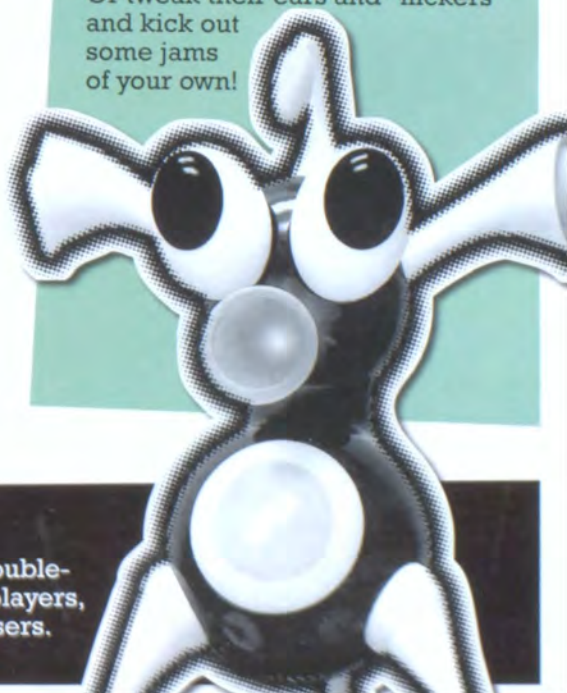
## THE URGE TO SPLURGE

**Nissan's® Urge™** concept car offers tons of features: in addition to the mp3 player and cell phone docking stations, five customizable driver info screens and the **built-in Xbox 360™**, you can also drive it.



## SPEAKER CREATURE

Plug your iPod® into the **iZ™**, and you've got a speaker that rocks! Or tweak their ears and "flickers" and kick out some jams of your own!



## BUT IT'S ALSO A...

More and more **cell phones** pull double-duty as personal organizers, mp3 players, instant-messengers and web browsers.





# TELEVISION

Just as noteworthy as **what** you watched in 2006 is **how** you watched it. Did you catch an old TV show in reruns, or did you just buy the DVDs? Did you watch it when it aired or did you "TiVo® it" and watch it whenever you had time? Or did you eliminate the television entirely and download your favorite show to your iPod®? All of these options challenge networks to create shows that capture your attention – so 2006 brought plenty of good TV to enjoy.



## SINGING CARRIE OKIE

**Carrie Underwood** of Checotah, OK receives more text-message votes than Bo Bice, thus winning the title of **American Idol**.



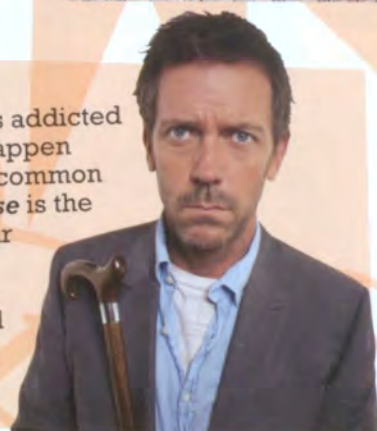
## WHO YA GONNA CALL?

**Jensen Ackles** and **Jared Padalecki** play ghost-busting brothers in the super-spooky **Supernatural**.



## BIG DRAMA IN SMALLVILLE

The producers of **Smallville** keep viewers on the edge of their seats by announcing that they're going to kill off a major character in the series' 100th episode, and **Clark Kent** finally reveals his secret to Lana Lang.

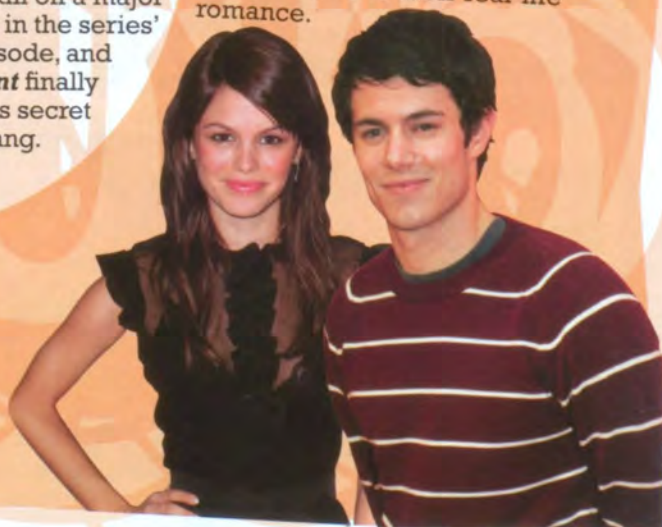


## A BITTER PILL

He's cranky, he's aloof, he's addicted to pain killers. But if you happen to be suffering from an uncommon ailment, **Dr. Gregory House** is the man you want reading your chart. The good doctor dazzles us every Tuesday with his maverick medical mojo in **House**.

## BILSON & BRODY

**The O.C.'s Rachel Bilson** and **Adam Brody** took home a combined 4 trophies from the **Teen Choice Awards**,™ including Choice Onscreen Chemistry, which could be attributed to their real-life romance.

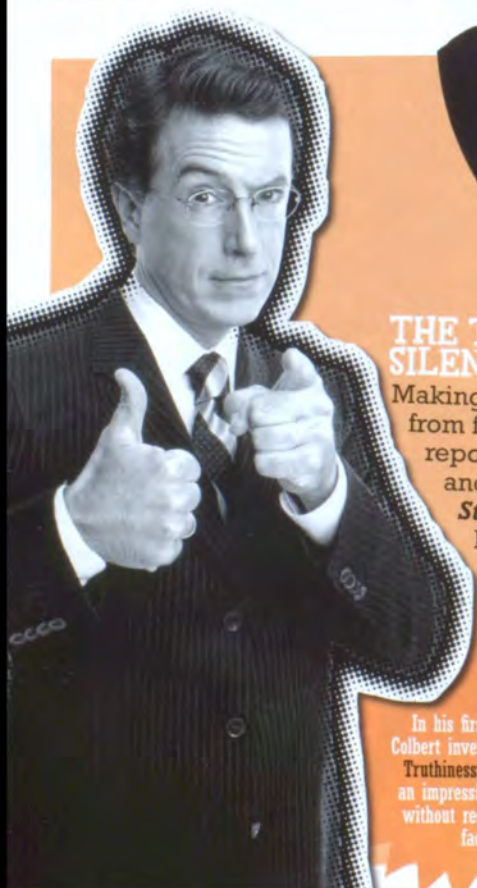


## THE T'S ARE SILENT

Making the transition from fake field reporter to imitation anchor man,

**Stephen Colbert** leaves Comedy Central's **Daily Show** for his own gig, **The Colbert Report**.

In his first episode, Colbert invented a word! **Truthiness**: providing an impression of truth without regard to the facts.



## NUMBER 1 IN THE HOOD, G

It is announced that America's favorite crime-fighting kids' meal will have their own feature film: **Aqua Teen Hunger Force, The Movie**.





## OH, GROW UP!

In the sixth season of *The Gilmore Girls*, Rory and Lorelai have a big fight that turns their usually-witty banter into weeks of icy bitterness. Luckily, everything goes back to its *relative normalcy* after Rory turns 21 and everyone starts acting like adults.



## SURVIVOR: GUATEMALA

**Danni Boatwright** outlasts and outcharms *Survivor* veteran Stephanie LaGrossa to win \$1 million and a new car in the 11th version of the popular CBS reality show.

## OPEN 24 HOURS

The assassination of former president Palmer brings back Keifer Sutherland's character, the round-the-clock counter-terrorist crimefighter **Jack Bauer**, for a fifth season of Fox's real-time continuous cliffhanger **24**.



Keifer Sutherland's dad Donald starred in the 1975 film *Day of the Locust* as... **Homer Simpson**.

## CELEBRITY BALLROOM SMACKDOWN

*Dancing with the Stars* pairs celebrities with professional **ballroom** dancers who

compete against each other in a competition to impress a panel of judges and the viewing public to survive potential elimination.



## INXS MAKES A FORTUNE

Three times a week, viewers tune in to *Rock Star: INXS* to watch performers battle it out over who will be the next lead singer for the rock band INXS.

Ultimately, **JD Fortune** emerges victorious and embarks on the band's sold-out world tour.

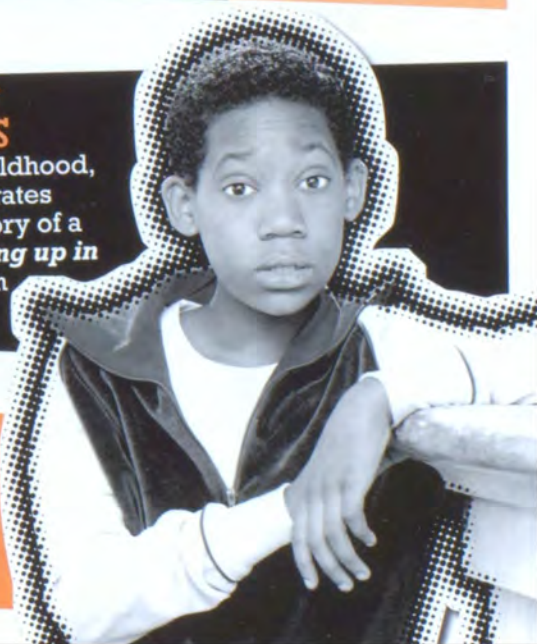


## PARTY LIKE IT'S 1979

After eight seasons and 200 episodes we bid farewell to Eric, Donna, Hyde, Kelso, Jackie and Fez as *That '70s Show* can't escape the inevitable: 1980.

## EVERYBODY HATES CHRIS

Based on his childhood, **Chris Rock** narrates this hilarious story of a teenager *growing up in Brooklyn, NY*, in the '80s.





# TRENDS



It seems everything old is new again - the 1980s saw a huge revival in the trends of 2006. VH1 provided the road-map with their "I Love the '80s" series, and suddenly the fashion police stopped issuing tickets for leg warmers and big sunglasses. Other decades were mined for pop culture as well - a Mustang from the '60s, basketball sneakers from the '20s, and a hobby formerly reserved for women in their 70s.

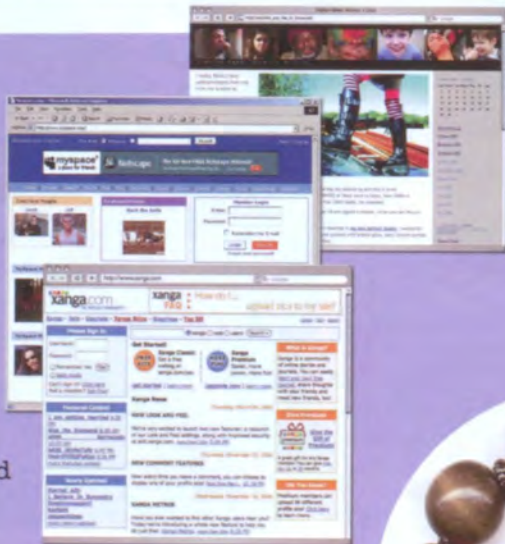
**THE NEW BLACK** Boys contribute to the '80s revival by being "pretty in pink." And "tough," just like the pretty pink t-shirt says.



**THIS EXPLAINS THE BIG PURSE TREND, TOO.** Inspired by paparazzi-dodging celebrities and '80s fashion, big sunglasses get tons of face time this year.

## BLOGAPALLOOZA

Services like **Xanga**, **MySpace** and **Blogger** make setting up a weblog free and easy, giving anyone with Internet access the opportunity to have an online presence. Now your deepest, darkest secrets can be *shared with the world*. Just like that time your friend Jamie told everyone you wet the bed at her sleepover!



## CROSSWORDS FOR PEOPLE WHO NOT WORD SO GOOD

Like crossword puzzles but hate to spell? You're not alone. Japanese **Sudoku** puzzles give number-crunchers something they can wrap their heads around.



Big bracelets are a big hit! You can't go too big or too bold, just as long as you have a big necklace to match!

## BLAME DAISY

With the popularity of *The Dukes of Hazzard* movie, a full-on western fashion trend is inevitable. **Boots, hats, belt buckles** and western shirts go mainstream.



## POD-CASTING

Tech-savvy teens with something to say launch their own **podcasts**, delivering their message to a limitless audience via the Internet. Over **one million listeners** latch on to the concept almost overnight, making podcasting almost as popular as blogging.



## IT'S A PURL THING, YOU WOULDN'T UNDERSTAND.

The knitting craze dominates lunch rooms and study periods. Ambitious "knit wits" branch out from potholders and scarves to create ponchos, doggie sweaters and even - yikes! - bikinis!



## PHYSICAL ATTRACTION

After nearly 20 years of cold calves, **legwarmers** are finally back on the fashion radar. Bonus points if you knit your own!



## CUTE BUT PSYCHO

It's **Happy Bunny**® is the reigning king (or queen?) of bitter and sweet, bringing the fine art of sarcasm to a whole new level.



## CARE BEARS®

The '80s would have been wrought with debauchery without them - these cuddly little moral compasses teach the importance of caring for others and sharing your special feelings.



## POPULAR RINGTONES

- Snoop Dogg Featuring Pharrell **Drop It Like It's Hot**
- Lil Jon & The East Side Boyz Featuring Usher & Ludacris **Lovers And Friends**
- Ciara Featuring Missy Elliott **1, 2 Step**
- Koji Kondo **Super Mario Brothers Theme**
- John Carpenter **Halloween**
- Ying Yang Twins **Wait (The Whisper Song)**
- Usher And Alicia Keys **My Boo**
- Mariah Carey **We Belong Together**



## THE HARDEST WORKING BRAND IN SHOE BUSINESS

Converse's® canvas **Chuck Taylor All-Star**™ shoes are never out of style, but with the rise of emo and '80s fashions, they're everywhere.



## PONY EXPRESS

Ford® completely restyles their **Mustang**™ to harken back to the **original 1960s design**, calling it "retro-futurism." State-of-the-art production facilities improve the model's handling and ride.



**STIMU-LATTÉ** Coffee consumption among teens rises 25% in the past two years, partly for the social aspect, but also because early-morning English is much easier after a jolt of caffeine.





## POPULAR GOOGLES

MySpace  
Ares  
Baidu  
Wikipedia  
Orkut  
iTunes  
Sky News  
World of Warcraft  
Green Day  
Leonardo Da Vinci

SOURCE: ClickZ Network 02/11/06

## TOP OF THE BOX OFFICE

1. **Star Wars: Episode III - Revenge of the Sith** (\$380.2 million)
2. **War of the Worlds** (\$234.2 million)
3. **Wedding Crashers** (\$209 million)
4. **Charlie and the Chocolate Factory** (\$206.4 million)
5. **Batman Begins** (\$205.3 million)
6. **Harry Potter and the Goblet of Fire** (\$201 million)
7. **Madagascar** (\$193.1 million)
8. **Mr. & Mrs. Smith** (\$186.3 million)
9. **Hitch** (\$177.5 million)
10. **The Longest Yard** (\$158.1 million)

SOURCE: Exhibitor Relations (Rankings as of 12/2/05)

## HOTTEST CONCERTS

U2

The Rolling Stones  
Paul McCartney  
Dave Matthews Band  
Coldplay  
Bon Jovi  
Kenny Chesney  
The Eagles  
Elton John  
Nine Inch Nails

SOURCE: Ticketmaster (Rankings as of 11/30/05)

## MOST- WATCHED TV SHOWS

- 1 **CSI**
- 2 **Desperate Housewives**
- 3 **Without a Trace**
- 4 **CSI: Miami**
- 5 **Grey's Anatomy**
- 6 **Lost**
- 7 **NFL Monday Night Football**
- 8 **NCIS**
- 9 **Survivor: Guatemala**
- 10 **Law & Order: SVU**

SOURCE: Nielsen Media Research (rankings as of 12/4/05)

## TOP-SELLING CDs

- 1 **50 Cent** Massacre
- 2 **Mariah Carey** The Emancipation of Mimi
- 3 **Green Day** American Idiot
- 4 **Kelly Clarkson** Breakaway
- 5 **The Black Eyed Peas** Monkey Business
- 6 **Coldplay** X&Y
- 7 **Gwen Stefani** Love, Angel, Music, Baby
- 8 **The Game** The Documentary
- 9 **Kanye West** Late Registration
- 10 **Rascal Flatts** Feels Like Today

SOURCE: Nielsen SoundScan (Rankings as of 12/4/05)

Photo Credits and © - Front: Andy Finch, Winter Olympics - Fabrice Coffrini/AP/Getty Images/NewsCom; Ryan Cabrera - Kim Hoot; Jesse McCartney - Albert Ferrer/Reuters/Corbis; Simple Plan - Warner Bros./Corbis; U2 - courtesy Zizzle, LLC; Stephen Colbert - Comedy Central/PhotoFest; News; Saddam Hussein - Stefan Zaklin/Pool/Reuters/Corbis; Iraq Election - Shahr Al-Sudani/Reuters/Corbis; Annon Bombings - Shawn Baldwin/Corbis; Yvanovskiy Rex - Charles Platten/Reuters/Corbis; Tom Delany - Harris County Sheriff's Dept./Handout/Reuters/Corbis; Matthew Cooper - Larry Downing/Reuters/NewsCom; Judith Miller - Jason Reed/Reuters/NewsCom; Michael Jackson - Gene Blevins/Reuters/Corbis; Pope Benedict XVI - Tony Gentile/Reuters/Corbis; Bird Flu - Ryan Pyle/Corbis; Phone Taps - Bettmann/Corbis; Katrina Rescue - Smiley N. Pool/Dallas Morning News/Corbis; Katrina Evacuees - Carlos Barria/Reuters/Corbis; Haygen Probe, ESA - D. Duran/epa/Corbis; Iani Schow - Marlene Garcia/Reuters/Corbis; Cindy Sheehan - Jim Young/Reuters/Corbis; Music: Simple Plan - Warner Bros./epa/Corbis; Coldplay - PRNewfoto/NewsCom; Nelly - Nancy Kozzerman/ZUMA/Corbis; Ryan Cabrera - Kim Hoot; Motorola ROKR - Kim Kallish/Corbis; Death Cab for Cutie - Tim Mathus/ZUMA/NewsCom; Black Eyed Peas - John Anguilla/Corbis; Jamie Foxx - Maria Anzuino/Reuters/Corbis; Bright Eyes - Tim Moser/Reuters/Corbis; Mariah Carey - Tomasso DeRosio/Corbis; Mary I. Blye - Andreea Angelescu/Corbis; Rascal Flatts - Steve Azzaro/Corbis; Gretchen Wilson - Nancy Kozzerman/ZUMA/Corbis; My Chemical Romance - Joel Auerbach/ZUMA/Corbis; Journey - Roger Kossmeier/Corbis; Jesse McCartney - Albert Ferrer/Reuters/Corbis; Movies: Harry Potter and the Goblet of Fire - Warner Bros./PhotoFest; Dukes of Hazzard - Warner Bros./PhotoFest; Mr. & Mrs. Smith - 20th Century Fox/PhotoFest; The Notebook - New Line/PhotoFest; Lazy Sunday - NBC/PhotoFest; Cupcake - PR Newswire Photo Service/NewsCom; March of the Penguins - Warner Independent Pictures/PhotoFest; Star Wars Episode III - Lucasfilm Ltd./PhotoFest; Walk the Line - 20th Century Fox/PhotoFest; King Kong - Universal/PhotoFest; The Longest Yard - Paramount Pictures/PhotoFest; Lindsay Lohan - Walt Disney Pictures/PhotoFest; Charlie and the Chocolate Factory - Peter Mountray/Warner Bros./PhotoFest; Deep Roy - Rane Hellestad/Corbis; Chronicles of Narnia - Walt Disney Pictures/PhotoFest; Sisterhood of the Traveling Pants - Warner Bros./PhotoFest; Fun with Dick & Jane - Columbia Pictures/PhotoFest; Sports: Terrell Owens - Randy Litzinger/Icon SMI 966/NewsCom; Marc Chouard, NHL - Eric Miller/Reuters/Corbis; Stenidis - Icon SMI/Corbis; White Sox - Larry Nicholson/Reuters/Corbis; Washington Nationals - Ed Wolfson/Icon SMI/Corbis; Emmie Mescon - Rick Rickman/NewsSport/Corbis; Jerome Belts - Patrick Schneider/Charlottesville Observer/KRI/NewsCom; Danny Way - Lucy Nicholson/Reuters/NewsCom; LA Galaxy - Steven Georges/Lang Beach Press-Telegram/Corbis; Michelle Wie - Jeff Topping/Reuters/Corbis; Lance Armstrong - Tim de Walle/Corbis; Roger Federer - Barbara Walter/epa/Corbis; Sidney Crosby - Paul Brannan/Reuters/Corbis; San Antonio Spurs - Alan Sano/Reuters/Corbis; Andy Finch, Winter Olympics - Fabrice Coffrini/AP/Getty Images/NewsCom; Goddards: Hazy - KRI/NewsCom; Dell XPS 600 - PRNewfoto/NewsCom; Panasonic Toughbook - PRNewfoto/NewsCom; Samsung XM/MP3 - PRNewfoto/NewsCom; ATC 1000 - PRNewfoto/NewsCom; Sony Xacti H91 - PRNewfoto/NewsCom; Xbox 360 - PRNewfoto/NewsCom; Phil Harris - PRNewfoto/NewsCom; Nintendo Revolution - PRNewfoto/NewsCom; Klay - PRNewfoto/NewsCom; Super Mario Bros. Screen - SHNS photo courtesy Nintendo/Scissors Howard Photo Service/NewsCom; Game Boy Micro - PRNewfoto/NewsCom; Oakley Thump - KRI/NewsCom; Sony Xacti E6 - PRNewfoto/NewsCom; Nikon Coolpix S4 - PRNewfoto/NewsCom; Memorex Travelink - PRNewfoto/NewsCom; Nissan Urge - J.P. Maczinski/Reuters/NewsCom; U2 - courtesy Zizzle, LLC; Palm Treo - PRNewfoto/NewsCom; Motorola RAZR - PRNewfoto/NewsCom; Sony Ericsson - PRNewfoto/NewsCom; Sony Ericsson/NewsCom; Televisao: Carrie Underwood - Chris Pizzello/Reuters/Corbis; Supernatural - WB Television Network/PhotoFest; House - FOX/PhotoFest; Smallville - The WB/Icon HIR; Stephen Colbert - Comedy Central/PhotoFest; Rachel Bilson - Krista Kennell/ZUMA/Corbis; Adam Brody - Max Moran/Reuters/Corbis; ATF - The Better for Brain Foundation; Gilmore Girls - SHNS photo by Lance Stauder/WB/NewsCom; Survivor - Lucas Jackson/Reuters Live Photos/NewsCom; 24 - Lisa O'Connor/ZUMA/Corbis; Homer Simpson - Fox/PhotoFest; Dancing with the Stars - ABC/PhotoFest; Rock Star NICKS - J.P. Maczinski/Reuters/Corbis; That '70s Show - Fox Broadcasting/PhotoFest; Everybody Hates Chris - UPN/PhotoFest; Trends: Pink - KRI Photograph by Joyce Marshall/Fort Worth Star-Telegram; Songwriters (strip) - Rick Wilking/Reuters/Corbis; Kangoo - KRI Handout/NewsCom; MySpace - KRI Handout/NewsCom; Blog - Courtesy The Better for Brain Foundation; Sudoku - PRNewfoto/NewsCom; AesYouGame.com/NewsCom; Broccoli - The Better for Brain Foundation; Podcasting - Hulst-Berthel Collection/Corbis; On Air - Matthias Kalka/Zefa/Corbis; Cowboy Boots - Chuck Fadel/Miami Herald/KRI/NewsCom; Knitting - Liquid Library; It's Happy Bunny - William Archie/detroit Free Press/NewsCom; Leg Warmers - Bettmann/Corbis; Care Bears - SHNS photo courtesy Pittsburgh Post-Gazette/NewsCom; Pink RAZR - PRNewfoto/NewsCom; Cingular Wireless/NewsCom; Chuck Taylors - http://www.xmms.com.br via MorgueFile.com; Font Mustang - Courtesy Ford/ZUMA/NewsCom; Starbucks - Brian Hagwood/Picture Arts/NewsCom



# Autographs

---



