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FORESTER 2002

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It's Not All...



▲► *Where's Waldo?*
Everyone gathered,
reflected, and did their best
to move on after the
Patriotic Assembly that was
held in the gymnasium.

► *Sizzlin' Sophomores!*
Heather Glewwe, Rachel
Medina, Kayla Gonslor, and
Morgan Bolinget gather
together during the
combined lunches. Ice
cream was served outside on
a beautiful October day.





igh School is often considered to be the place where young minds are molded, strong work ethics are instilled, and most importantly, students learn who they are as individuals.

Through the dull pencils, the nearly bankrupt lunch accounts, and the time consuming tasks of graduation standards, most can say high school was some of the best years of their lives. Many found a way to belong without molding into preconceived stereotypes; they were not democratic or republican, conservative or liberal, black or white. They were individuals, living in the forefront of the future, and daring to be different everyday as they started a new day.

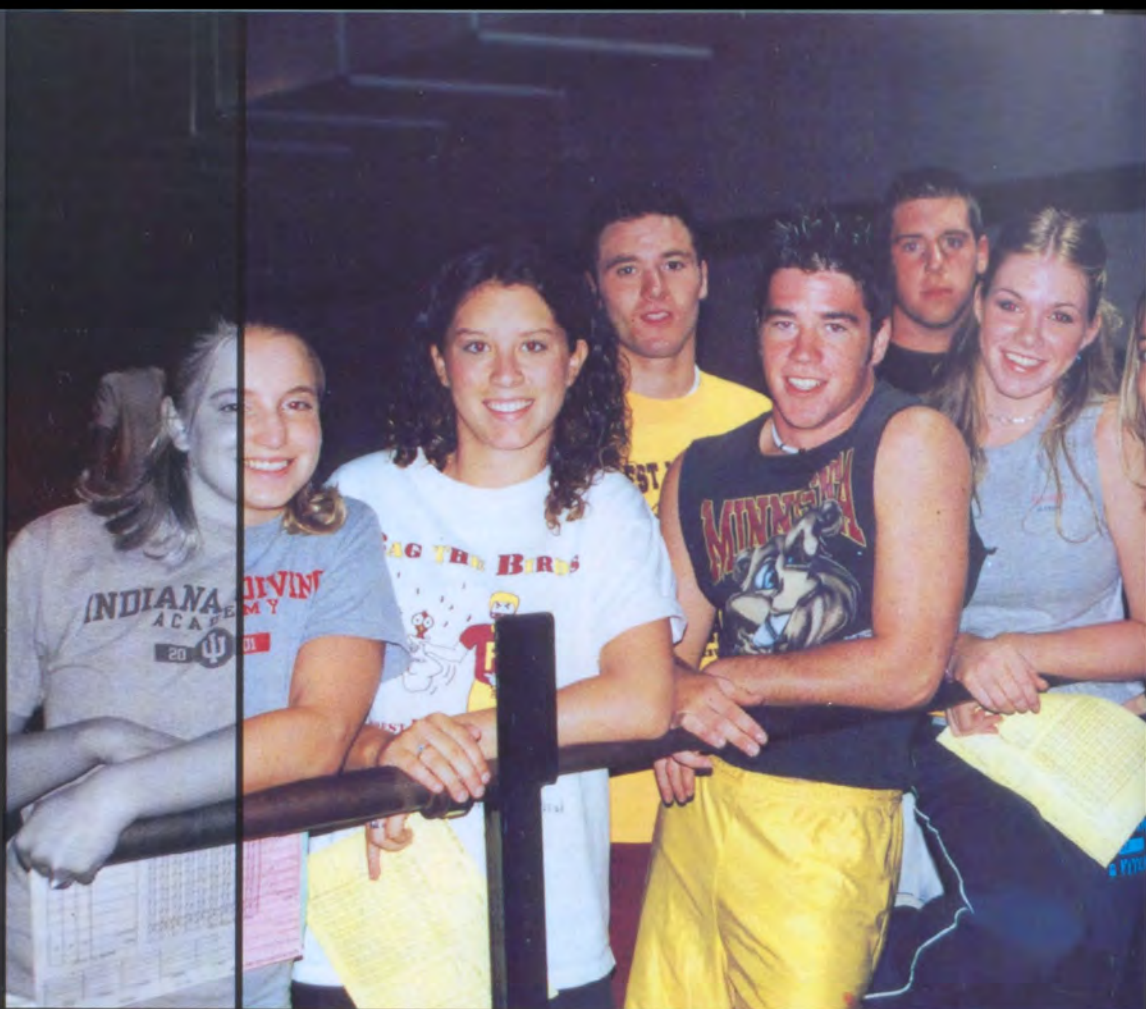
When students are first entering high school, they believe they know everything. They think they know what is right and wrong for themselves and for the world. But how much do they really know...?



◀Aren't we cute? Junior Rachel Myrick and Seniors Chelsea Sapa and Carise Rotach stopped to smile for the camera during passing time in the crowded halls.

▲Have you seen my dog Blue? The Blue's Clues guys Ian Marabella, Nicholas Pratt, Shawn Dunn, Joshua Lightfoot, and Joshua Robinson all got together to show off their Steve wear before lunch.

► *Feeling strong now! Seniors Katie Kowalski, Rachel Blake, Lucas Hagman, Matthew Fraley, Bryan Bohnenstingle, Valerie Carpenter, and Anne Kellerhuis pose for a quick photo shoot during Weight Training class.*



Unfortunately for them, much of what they believe to be right may be incorrect. For things are not always two-sided. There is almost always a solid middle ground, full of controversy, risks, strong beliefs and individuals. After a few classes and a small amount of time here at the high school, many students fall into this gray area. This way, they are able to express themselves and be who they are without losing the comfort of belonging. These individuals are often, subconsciously, setting the precedent for future generations. By being and showing who they are, these students become role models and leaders to their peers. With this much-needed knowledge and strength, these individuals set new records, and stretch above and beyond to reach their goals. They are not afraid to be themselves, and in their everyday actions, these students are demonstrating that . . . it's not ALL black and white.

- **Rebecca Colter and Theresa Kopka**



▲ *Looking good! Sophomores Jonathan Brown and Brent Cowen show off the bird house that they made in Agriculture class.*

Black & White

▼Dude, are you for real? Senior Matthew Lovgren asked how to say, "I'm for real" in another language.



▲Ranger Pride! These juniors show off their Junior Mints shirts and homecoming apparel during Coronation.

ACTIVITIES

It's not all bats and balls. The activities here range from extra curricular sports to FFA and other organizations. They incorporate a basic fundamental value, which in turn expresses the viewpoints and personalities of each and every student.

During this year there has already been countless situations where the activities have been reorganized as events that are special and meaningful. For example, our student council has really made the school year special with all the fantastic assemblies and homecoming festivities.

Overall, the subject of activities is not to be taken lightly. They are a part of everyone that is involved. Most of all, they make school what it really is. They enhance the fullness and quality of the general day, and generate an added touch of friendship that revolves throughout the halls and classrooms.

-Michael Moreland



▲Ready, aim, fire! After the pep fest, the royalty each had their chance to sit in the dunk tank while the student body takes their best shot to get them soaked.

►Rock on! The concert band radically plays their musical tones as the crowd readily listens.



◀Whoa, look at that...The crowd is totally overwhelmed at the majestic enchantment of the homecoming pep fest.



It's Not ALL Bats & Balls

2001 HOMECOMING

In the midst of all the excitement and anxiety of Homecoming, plenty of events took place throughout the week.

On Tuesday, the Nintendo 64 Tournament kicked off the week. Students competed against one another in the popular game "Golden Eye 007." In the end, Senior Andrew Roberts prevailed and won the competition.

A large turnout of students poured into the field house for the Wednesday night movie. "Billy Madison," a favorite among many students, was the featured movie.

Battle of the bands bashed away on Thursday evening. All the bands were there to play their original music for the

judges. Many people showed up to watch the contest take place outside the south entrance of the school.

Friday! The day everyone awaited. All students, faculty and staff showed their school spirit by wearing maroon and gold. The week ended as the football game concluded a great and successful homecoming 2001.

-Lucas Hagman

▼ **Concentration.** Senior Joshua Ackerley plays with his band "Mowabi" during the Battle of the Bands contest.



► **Judging the battle of the bands** Stephanie Lord, Rebekah Riter, and Andrew Dorothy watch closely as they judge each band.



► **Full of spirit.** The FLHS cheerleaders pose for a quick picture before boarding the Spirit Bus Wednesday morning.



►► **Can Can?!** Members of the Football Team join the Dance Team for a special presentation during the pep fest.





◀ **All pepped up!** The Senior class waits patiently in the bleachers as the pep fest gets underway.



▲ **Paint the town!** Spirited Seniors Deborah Josephson and Kimberly Boudewyns go out and help paint windows throughout the business community.



▲ **Showin' their spirit!** Juniors Shelby MacKenzie, and Andrea Boulineau display their pride during combined lunches on Friday.

◀ Senior Crystal Gaalaas performs a solo rendition of "On My Knees" during the Homecoming pep fest.

▼ **Absolutely fabulous.** Carise Rotach and Emily J. Carlson strut their stuff on Generation Day.

► **Look at those knockouts!** Senior girls showed their Ranger pride at the barbecue.



▲ **What do Peter Parker and David Czepa have in common?** Spider Man! David Czepa runs through the cafeteria as his favorite super hero, Spider man.

► **Sleep walking.** Katrina Brandt, Coral Brevig, and Shelia Lessard show off their pajamas on get up and go day.





SPIRIT WEEK

HOMECOMING

Spirit Week

Monday- Get up and Go Day

Tuesday- Generations Day,
N64 Tournament

Wednesday- Super hero Day
and the Indoor Movie
"Billy Madison"

Thursday- Clash Day and
Battle of the Bands

Friday- Maroon and Gold Day,
Royalty Breakfast, Barbecue,
Royalty Coronation, Pepfest,
Football Game VS Hastings

Spirit week, an exciting grouping of five days set on one goal; to allow people to dress as outrageous, crazy, or eccentric as they feel comfortable with. The spirit week themes have differed a little from last year. But the end result is always the same. Last years Formal Day and Scrub Day had been replaced with Generations Day and Super hero Day. A great time was enjoyed by everybody whether they participated or not.

-Jason Augustine



◀**Color coordinated?** Jenna Bourque, Kathryn Willis, and Jamie Kohs have to realize that stripes, plaid, and camo don't go together.

▼◀**What's that I hear?** It's Pigeon rocking at battle of the bands as the crowd is amazed by their talents.

▼**Flying high!** Senior knockouts Maria Opsahl and Kristi Forsythe show off before the Homecoming game.



THE BALLOTS ARE IN

AND THE VERDICT HAS ARRIVED

To many students, the "big game" is the highlight, and a great finale to Homecoming Week. However, to ten nominated royalty candidates, it is the coronation at the pep fest that ties their stomachs in knots. From the time the nominees are announced, to the moment the winners are crowned, the lives of the candidates are altered and they tend to walk with a little skip in their step. The entire week is filled with exciting, exhausting, and sometimes even humiliating tasks for them to complete. It seems the lack of sleep and pile of make-up work is all worth those five days of glory.

When the big day finally arrived, the gymnasium filled with anxious students and teachers. The sharply dressed candidates could be spotted in the entry ways all lined up and ready to roll. Last year's winners, Shalee Dunaski and Lucas Koski sat in the thrones and waited for their cues to come forward and expose our new king and queen. As each couple met under the balloon arch in the center, they smiled away as Activities Director Bosch shared their favorite pastimes and future plans with the crowd. Figuring they had suffered long enough, Lucas and Shalee stepped forward and handed each potential king a can of silly string. On the count of three, each nozzle was pressed, but only Mark Miron's can worked. The rest of the men carried him off to his throne, crown and all. Now, it was time to find out who the next queen would be. Each girl was handed a gift bag and had to sift through the overwhelming tissue paper in search of the tiara. With a look of astonishment upon her face, Breanna Barrott pulled the sparkling accessory from her bag. The crowd showed their excitement by clapping and hollering for their new King and Queen and their fellow nominees.

-Katie Gatzow



◀Candidates Andrew Morcomb, Joshua Robinson, Carl Miller, Jacob Ladd, and Mark Miron anxiously await the signal, with their trigger fingers ready.

◀The 2001 Homecoming King, Mark Miron, and Queen, Breanna Barott, take over the thrones with a smile.



►Who would be your dream queen/king? Why?

Joshua Robinson: Emily Naylor, because she's hilarious.

Emily Naylor: SpongeBob SquarePants, because he lives in a pineapple under the sea.

◀What was your first reaction when you found out you had been nominated?

Jacob Ladd: I thought maybe now I could get a girlfriend.

Noelle Proulx: I was really happy and excited because it was going to be a lot of fun.



◀The entire Homecoming court surrounds the newly crowned royalty.

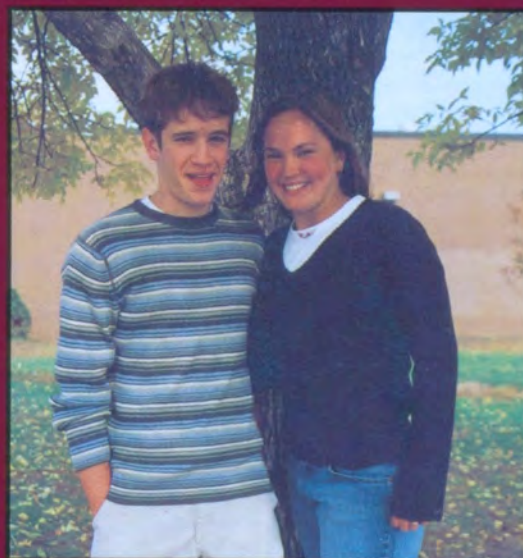
◀Deborah Josephson, Emily Naylor, Noelle Proulx, Jenna Coleman, and Breanna Barott search for the hidden tiara in their gift bag.



◀How much sleep did you get during Homecoming Week?

Andrew Morcomb: What sleep!?

Deborah Josephson: Not very much; we had two sleep overs and stuff to do every night.



◀What was your favorite event during Homecoming Week?

Mark Miron: When Flewy and I emptied the dunk tank and slid in the mud.

Breanna Barott: The dunk tank.

▲Do you think your partner would make a good queen/king?

Carl Miller: Yep. She's really nice, smart, cool, and feisty.

Jenna Coleman: Ever since kindergarten, I knew he'd be my king.

► **"Rudy, Rudy!"**
Douglas Lange dices through the Hasting's defensive line and deaks out the secondary

► **Forest Lake Football does rule!**
To get ready for the football game, Seniors went out and painted on local business' windows.

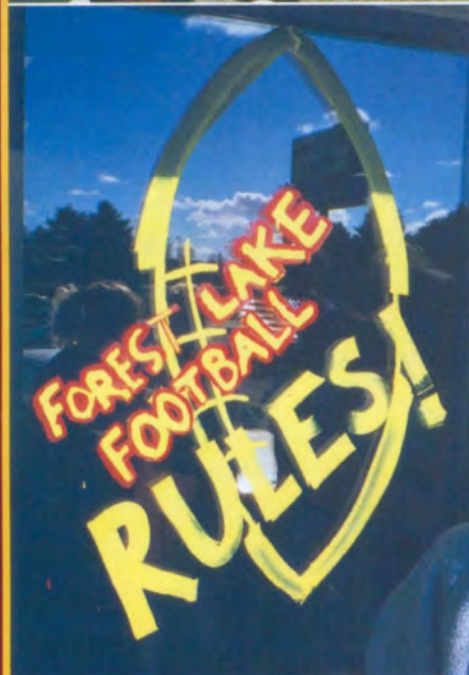
► **"F-L-H Number 1!"**
The greatest fans ever. Forest Lake's peppy crowd is always backing up the mighty Rangers, rain or shine.

► **"Oh it's on like Donkey Kong!"**
Seniors Andrew Morcomb, Joshua Robinson, and Troy Tofte dressed as the escaped gorilla man, get pumped up before the Rangers take on the Raiders.

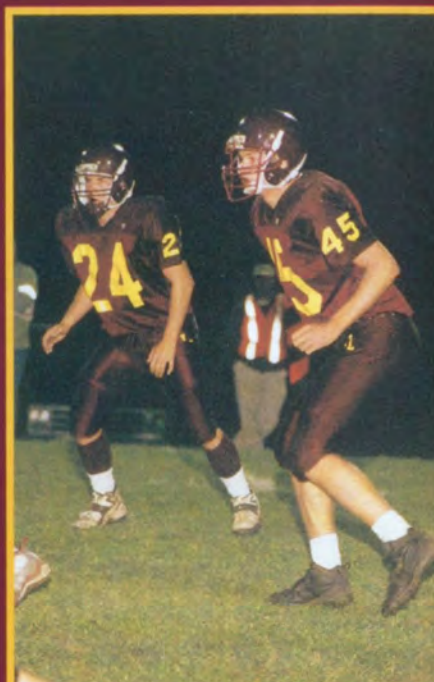


▲ **"Kapow!"** After an explosive effort, Steven Carlisle blows out the Hasting's line backers.

▼ **"Check 3, tight left!"** Alexander Johnson, and Grant Robertson prepare for another amazing tackle late in the game.



▲ **"You ain't goin' no where!"** The Raiders became stopped behind the line of scrimmage by Jared Flewellen.



► **"Ta Daa!"** As Angela Turry shows her school spirit along with alumni Steven Secor.



"ROPE the RAIDERS"

It all starts with a flip of the coin and ends with the blow of a whistle. To some, this may sound like any ordinary Forest Lake football game, but not to us. This is our once a year gathering of friends, family, students of all ages, and a time to stand behind and cheer on our Ranger team.

In the locker room, Coach Jim Herman's words

of wisdom were, "Hit, Hit, Hit!" And with that, the slow march to the field began. Hastings gave the ball a great kick to start the game. Forest Lake had great faith in the offense to take the ball in the first half, yet Hastings scored first. Even though our quarterbacks threw with such precision and our running backs ran strong, the Rangers offense couldn't seem to put the ball in the end zone. Jason Cole quotes, "I feel that I didn't play that bad." Both the Raiders and the Rangers had big hits, big plays, and big hopes to win. You could see the determination in the eyes of each and every player on both sides of the ball. By half-time, you could see hopes and dreams wilting away from the Forest Lake team. Despite the outcome, the day of that game will be remembered for a lifetime.

-Kyle Brooks



◀◀*"Don't stand on the tracks when the train is coming through!"* Sophomore Steven Carlise chugs his way into Hastings territory.

▲◀*"The Big D' and I don't mean Dallas."* Forest Lake's big defensive line Jared Flewellen, Alexandro Christen, Kyle Brooks, and Brian Nelewaja.

▲*"Is it over yet?"* Sophomore Steven Carlise and Senior Joseph Lawrence anxiously await to be put into the game.



◀ **Red Alert.** Kathlene Killion, Helen Thul and Dawn Shultz discuss the impact of the assembly after school.



▶ **Stars and Stripes Forever.** Erin Kluk, Heather Hanson, and Kelly Bibeau show their American pride and school spirit the day of the assembly.



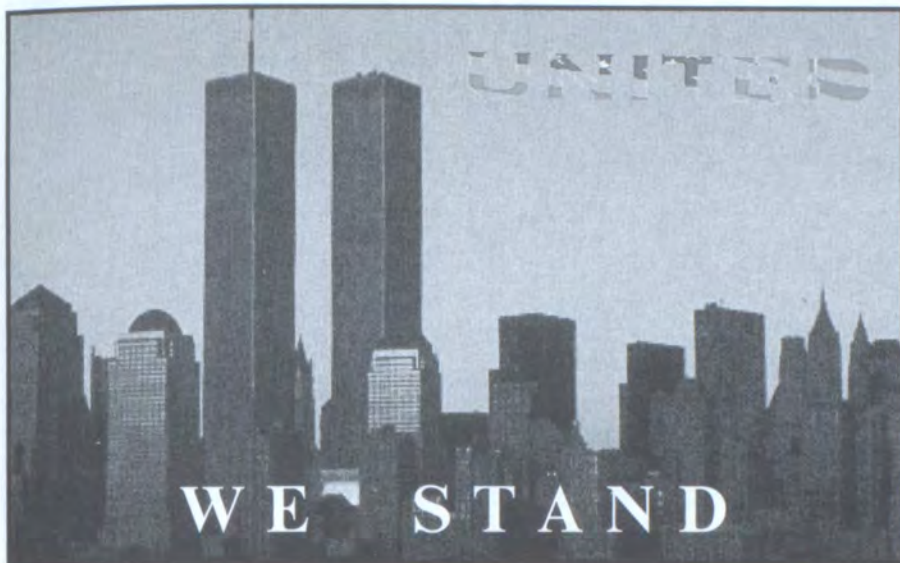
▲ **A Personal Touch.** Junior Melesa Freerks displays her American pride with a special homemade t-shirt.



▲ **At Attention.** The crowd, along with the Forest Lake Post 225 Color guard show respect to the flag as they watch the band perform the "National Anthem."



▲ **United We Stand.** Both staff and students attended the assembly on September 21 to reflect on the national disaster. Each grade wore a different color of the flag in respect of the tragedy. Seniors wore red, juniors wore blue, and sophomores could be found in white.



On September 11, 2001, a tragedy occurred that no one will ever forget, especially our generation. The four hijacked planes that created mass destruction in New York City, Washington D.C. and a field in Pennsylvania sent the media and government into a frenzy. This was Generation X's first large scale encounter with terrorism against our country, and it sent a shock wave through our nation. To turn this into something positive, Principal Mark Robertson challenged the students and teachers to raise money for the American Red Cross. He proposed we try to raise a combined total of \$6,200 in honor of the 6,000 body bags requested by New York City's Mayor Rudy Giuliani,

and the additional 200 asked for the victims at the Pentagon. Nearly two weeks later, on Friday, September 21, the high school held an assembly in honor of the overwhelming generosity of the staff and students. As community members, Americans, and as people, together we raised \$19,500 which was directly donated to the Red Cross.

The assembly included the school orchestra, Symphonic Winds, and the Concert Choir combining their talents to generate a sense of peaceful patriotism. Their list of songs included the "National Anthem" and "God Bless America." Local talents, Charlie Ollman sang "I'm Proud To Be an American," and Helen Thul sang "My Country 'Tis of Thee." Leslie

▼**Forward, March.** Veterans of American wars from both the American Legion and the VFW presented the flag as the crowd settled in for the presentations and performances.



Schwartz, teacher Bill McElrath, and Mr. Robertson shared their thoughts on what we had accomplished within the past week. The check written out to the American Red Cross was given to their representative Myra Helpin at the end of the assembly. The presentation showed that the community should be proud of what was achieved to help the victims of the tragedy that happened the week before. Sometimes bad things happen and people manage to let their generosity shine through and help them heal.

-Katie Gatzow and Emily Stigall



▲**Hats Off to Thee.** Teacher Bill McElrath spoke about his most recent venture to New York City. His first hand experiences painted a picture for those in attendance.



▲**Proud to be an American.** Charlie Ollmann, the father of junior Britta Ollmann, sang and played Lee Greenwood's famous song, "I'm Proud To Be an American" and received an uproar of applause as he finished.



▲**CHA-CHING!!!** Junior Andrea Eiken, teacher Barbara Schellinger, and Myra Helpin, of the American Red Cross, gleam with pride while holding the check to the American Red Cross for and amount of \$17,500. The actual total raised by students and teachers was \$19,500.

ALL IN THE FAMILY



▲Ellen and Maria Schaal

*! I can always sleep in and not get in trouble.
X Friends always want passes.*



▲Karen and Allison McCurdy

*! I can always get food and use mom as an excuse.
X I can't get away with anything because everyone knows you*



▲Ann and Lorin Skoglund

*! I get rides to school.
X It's kind of weird.*



▲Judy and Carise Rotach

*! I always have lunch money when I need it, and she writes me notes and gives me candy.
X She can find out when I've been talking in class.*



▲Robert and Cassandra Cockburn

*! I've got connections in the office and a ride to school.
X High expectations.*



▲Teresa, Ashley, and Edward Gibson

*! I can get food whenever I'm hungry. If I'm late, I can tell my teacher I was talking to my mom.
X You can't get away with anything!*



▲Heather, Carol, and Stefanie Nelson

*Heather ! Sometimes I get to sleep in and get passes to class. Stefanie ! They're right there when you need them.
X You can't forget passes, you can't get away with skipping and everything's worse when you get in trouble.*



▲Eric, Jeffrey, Adam, and Sharon Wilson

Eric ! I get rides every day and money when I need it. X They have eyes all over the school. Adam ! Candy, food and aspirin is always available. X They know way too much.



▲Luke, Mindy, Julie, and Molly Trombley

Luke ! I can get passes and money whenever I need it. X She knows everything I do. Mindy ! She can get me passes to class sometimes. X Sometimes I feel bad if I don't go see her. Molly ! If you ever need anything (money) they can give it to you. X The teachers always talk to her and she can find out if I do something wrong.

What are the pros (!) and cons (x) of having a parent work at your school?



▲ Laura and Timothy Johnson
! Made friends with all the cafe crew.
X Can't buy pop or candy.



▲ Donna and Candice Micko
! If I need something, she's always here.
X Our roles as mother and daughter and teacher and student get mixed up.



▲ Lindsey and Charles Anderson
! I can always get money.
X He always tells stories about me to his classes.



▲ Mark and Grant Robertson
! All the teachers suck up to me.

Whether you are a huge fan of it, or would barely recognize the building, school is a parent-free zone where you are given six and a half hours to learn, grow, and hang out with your closest amigos. However, there are 20 students at this school that will go through all their high school years not knowing how refreshing it can be to walk out the front door each morning and know you have a good seven hours without ma and pa lurking around the corner. For these select few, the learning, growing, and hanging we all do with such ease, tends to be handled with more caution. According to them, though, the perks make up for most of the hassle. Keep in mind that these students are not meant to be pitied or praised, they're just trying get through high school with as little embarrassment as possible; much like you and me.

-Katie Gatzow



▲ William and Dietrich Peterson
! I can always talk to him.
X He always knows what I'm doing.



▲ Dan, Amy and Kristi Forsythe
Both ! MONEY!!
Amy X Sees every little thing we do; he's always there.



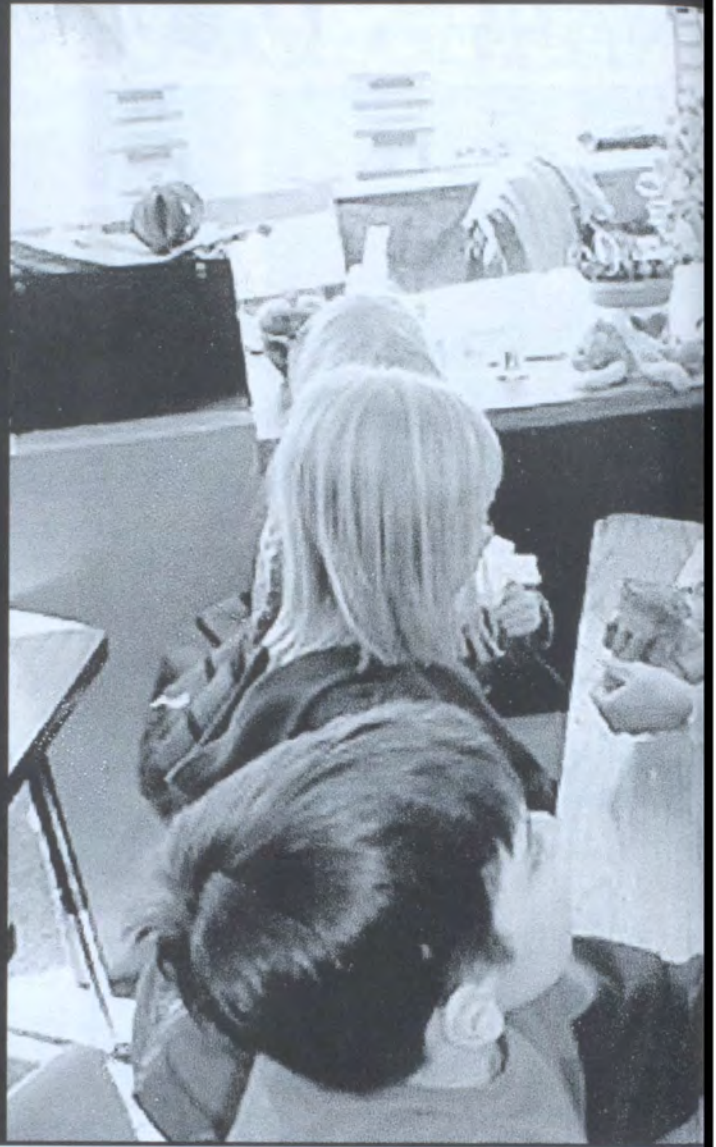
▲ Krystle and Robert Dettmer
! If i take any gym classes, I'll get a good grade.
X If I'm in his class, he embarasses me. Sometimes I'm referred to as Mr. Dettmer's daughter rather than Krystle. He seems intimidating to some of my friends, but he's not, cause he's only a short guy with muscles.



▲ Thomas and Michael Newell
! The other teachers always think I will be good.
X People always ask me if I have him for a teacher, it gets annoying.

► *Talitha Kolbow shows some of Mrs. Carlson's second grade students how to make a flower out of tissue paper and pipe cleaners.*

▼ *Mrs. Livermore tries to explain to the NHS members what is to be expected of them in the coming months.*



▲ *Say Cheese! Chelsea Sapa and her new fifth grade friends take a break from all the hard work and concentration.*



▲ *What next? Members of NHS are eagerly awaiting for their next meeting to begin in the auditorium.*

► *Umph! Kristi Forsythe take a hard hit from a medicine ball during a game she was playing with the 4-6 graders that are in the Logo's program at Hosanna Lutheran Church.*



▼ **NHS Row 1:** T. Weiss, C. Mayne, E. Vadner, J. Perrault, C. Bohnen, M. Davidson, C. Parent, J. Coleman, A. Welch, A. Turry, M. Opsahl, A. Brooks, J. Brandt, H. Ziegler, S. Dean, L. Plocher, R. Crotty **Row 2:** E. Neu, J. Kopp, T. Ormseth, N. Waldoch, S. Fahnhorst, J. Tomlinson, T. Martin, L. Wagamon, K. Prudhomme, J. Hoff, S. Paschke, L. Carlson, T. Briggs, S. Howe, K. Kowalski, T. Kogler, E. Naylor **Row 3:** J. Nelson, J. Wheatley, T. Kolbow, C. Mayer, B. Hanson, R. Jensen, J. Schulze, M. Kandel, J. Schmidt, K. Ahlberg, T. Berglund, A. Schwabe, C. Rotach, E. Carlson, C. Gaalaas, K. Forsythe, M. Mason **Row 4:** A. Borlaug, A. Rupa, J. Kimbel, A. Williams, E. Rieck, A. Peterson, K. Benson, J. Anderson, J. Cole, S. Maefsky, B. Myrick, J. Robinson, J. DeRaad, B. Tachen, C. Sapa, A. Lewis, P. Bulinski, R. Davies, A. Pennell



NHS

An All Out Effort

Leadership, service, academic excellence, and characters; students as Juniors, with these traits and more, were inducted into the National Honor Society (NHS). Members try to incorporate this in their everyday life and set examples for their peers. As Seniors, by the end of the year, these people would complete 25 hours of individual community service and 25 hours of group services for a total of 50 hours in order to graduate with honors. They strive to continue this excellence while lending a helping hand for the school, charities, and fundraisers. The officers for these projects were headed by Alexander Pennell, Joshua Schulze, Talitha Kolbow, and Jenny Wheatley. Some of the projects they have done include; Scandia Art Project, working with Mrs. Carlson's second grade class all year long, Dance-A-Thon, March of Dimes Walk America, and Adopt a Family to name a few. These Seniors work very hard throughout the year to show their helping hands.

-Emily Fellows

"It is a privilege to work with the school's most motivated, talented students."

-Laura Livermore



▼**Student Council Row 1:** R. Thill, A. McCullough, R. Hackel, E. Peterson, B. Gessner, J. Gage, L. Chielewski, A. Brooks, A. Miletich, C. Gaalaas **Row 2:** K. Lawler, E. Garritsen, J. Brown, M. Stephens, A. Metzger, J. Cichy, A. Grundtner, M. Kandel, B. Walker, J. Coleman, M. Becker, C. Quigly **Row 3:** E. Carlson, C. Sapa, L. Kluk, K. Dobihal, R. Martin, C. Nelson, B. Burgess, A. Westlund, A. Bowler, R. Kissner, K. Simpson, R. Blake, A. Eiken **Row 4:** J. Peterson, R. Rydlund, A. Tjaden, M. Pickar, K. Swanson, C. Brink, M. Haider, E. Wilson, C. Sorenson, S. Baklund, M. Schmidt, J. Robinson, J. DeRaad, A. Morcomb, K. Benson



STUDENT COUNCIL

The Year Long Party



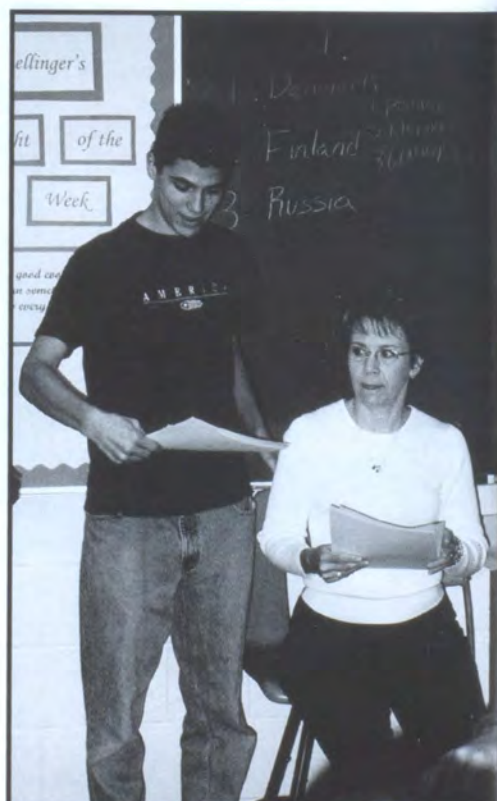
*"We
organize
'bonding'
activities
for our
school."*

**-Chelsea
Sapa**

Have you ever wondered who sets up those fun activities like homecoming, the fun dances, and the themes of the week that everyone participates in? Did you think it's the teachers? No, it's our Student Council. All 53 students not only act as leaders, but set up and take down all the activities such as T-shirts sales, Santa pictures, and the wonderful Holiday Extravaganza! The council meets every Tuesday and usually starts with Andy Morcomb saying, "Ok, lets get started norrrrrrrr!" "Student council offers many opportunities for students to have fun and get to know each other," said co-president Jenna Coleman.

Student council is one of the largest groups in school and draws in people even after they graduate but only for a cost of 60 bucks. Everyone has a special job, even the sophomores! This year was most fun and exciting for all.

-Kyle Brooks



◀ "Sittin' pretty" **Carise Rotach, Emily Carlson, Jenna Coleman** pose in the lunch room during Generation Day put on by the student council.

▼ During Homecoming week, Student Council throws a "Battle of the Bands", so the student body can hear the local talent.



◀ **Barb Schellinger** and her sidekick **Andrew Morcomb** or is it the other way around, tell the council how it's going to be for homecoming week.

▲ Feeling the love **Manda Buol, Jenna Coleman, and Noelle Proulx** hang with Santa and Mrs. Clause played by **Mark Miron** and **Debbie Josephson**. The homecoming candidates take pictures with the students.

▲ Ho, Ho, Ho, Santa comes to FLHS during the Holiday Extravaganza. He give gifts and love to all.

▼ **LINK Row 1:** D. McCullough, J. Gage, A. Moe, B. Kulis, C. Rotach, T. Maus, A. Rosemark, L. Schwartz, R. Hughes **Row 2:** R. Hackl, J. Tomlinson, J. Brown, L. Gillette, J. Cichy, A. Westlund, J. Brandt, C. Gaalass, R. Davies, R. Myrick **Row 3:** K. Benson, K. Ahlberg, K. Mastel, E. Vadner, R. East, A. Brooks, J. Coleman, S. Oporto, E. Carlson, A. Louis, A. Rossman **Row 4:** A. Peterson, A. Dorothy, J. Anderson, A. Pennel, A. Welch, C. Sapa, A. Turry, J. Robinson, E. Naylor, J. DeRaad, M. Garry, A. Morcomb, N. Peterson



LINK

The Welcoming Crew

When Jenna Coleman was asked if she would return to LINK next year, she jokingly replied, "Yes, but the shirts have to be better 'cause they can't get any worse!" The LINK crew may have only received a few opportunities to help out this year, but they certainly had fun while they were doing it. The Sophomore retreat was a favorite to many, even if the incoming class didn't seem very interested. The LINK members actively participated in the events which senior advisor Amber Schultz scheduled for them. Andrew McCullough added, "LINK is LINK, we don't get to do all that much, but it is really nice to help people." And help people they do. Without the LINK crew, the sophomores would feel unwelcome, and our school would be split. LINK is the middle ground we've been searching for.

-Rebecca Colter

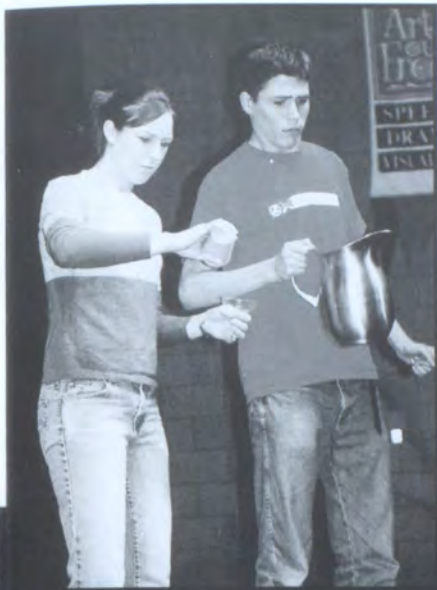
► The LINK crew is actually working? **Crystal Gaalass, Alison Welch, Chelsea Sapa, Angela Turry, Sheila Carey, and Noelle Proulx** discuss the current LINK task while sitting in the library.



▲ "Stick your tongue out at me! Now!" Senior advisor **Amber Schultz** gives an order of a different kind while **Lindsey Nickleson** backs her up all the way.

◀ If your name is Rachel, you've got to love LINK. At least **Rachel Blake** and **Rachel Hughes** do. They couldn't stop smiling about it.

▼ "I think I'm going to be sick." **Carrie Evenson** and **Andrew Morcomb** rehearse for the play



▼ **One Act Play Row 1:** Stephanie DeMars, Carrie Evenson **Row 2:** Sara Nickleson, Cory Regnier **Row 3:** Peter Bulinski, Andy Nelson, Joseph Morcomb, Andrew Morcomb



ONE ACT PLAY

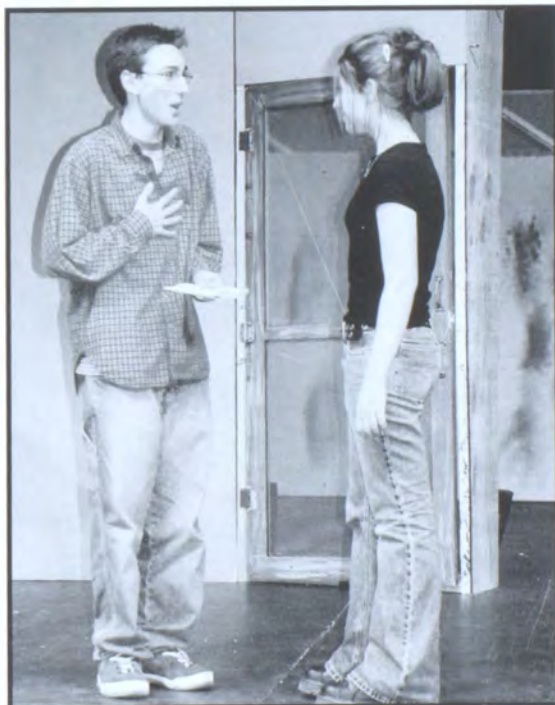
A Marriage Proposal

◀ Are you okay?? **Carrie Evenson** and **Andrew Morcomb** are nursing **Cory Regnier** back to health.



▲ Is anything in there? **Joseph Morcomb** is looking into a deep black hole.

▶ Who me? **Cory Regnier** and **Stephanie DeMars** stare deep in each others eyes reciting their lines for the play.



A *Marriage Proposal* by Anton Chekov is about a Russian peasant named Ivan Vassiliyitch Lomov played by Cory Regnier who falls in love with his neighbor Natilla Stepanava who is played by Stephanie DeMars and Carrie Evenson. The whole play is about how Ivan Vassiliyitch Lomov is trying to tell Natalla Steanova how he feels.

A *Marriage Proposal* is directed by Andy Nelson, a former student of Forest Lake Senior High. Joeseeph and Andrew Morcomb play the part of Stepan Stepanovitch who is the father of Natalia Stepanova. When Joe was asked how he felt about the play he answered, "with Andy Nelson and this cast I am really psyched to work on my first play." Andy Morcomb said that it is the most energetic play that he has ever been in.

There was a community performance on January 25th. The very next day, they took the play to competition.

-Kathryn Lund

▼ *Special Olympics* Joel-Lynn Tinklinberg, David Goiffon, Katy Gibson, Jessica Ward



▼ Glad that lunch is over! **Arden Sherwood** and **Jim Keen** get put on cleanup duty for all school lunches.



SPECIAL Challenging the Competition OLYMPICS

Special Olympics is a time of change for gifted athletes. An organization set on the goal of allowing special kids to overcome special feats thought never before possible. With the help of coaches, Jessica Ward, and Joel-Lynn Tinklinberg, these students train diligently for the upcoming events. This year the events schedule will include bowling in the Fall, cross country skiing in the Winter, and track and field in the Spring. Jessica Ward handles bowling, Dan Charpentier and Bill McElrath coach the ski team, and Theresa Gibson coaches track and field. When asked how these young athletes are this year, Jessica Ward replied, "they rock, we like to work on teaching these kids to be competitive and not to see the sports as just a recreational activity, they are awesome."

-Jason Augustine



▲ Any more recycling?
Jennifer Muellner searches for more work to do during lunch.

◀ *Special Olympics* Jessica Ward, Steven Haider, Arden Sherwood, Caitlyn Garvey, Joel-Lynn Tinklinberg



▼ Don't mistake this piece of scientific learning equipment for something that wouldn't be permitted in school. **Celton Seelig** shows **Charles Mayer** one of his latest experiments.



▼ **Science Olympiad** David Keller, Celton Seelig, Judy Hill, Benjamin Tacheny, Charles Mayer, Adam Williams



SCIENCE

Minds of the Future

OLYMPIAD

◀ Smooth vibrations **Benjamin Tacheny** demonstrates his latest show tunes on his hand made instrument.



▲ Coach **Judy Hill** poses for a quick pic.

► Mesmerized by science! **Adam Williams** listens carefully as **Charles Mayer** explains his latest scientific contraption.



You won't find any volcanos here. This activity is much too advanced for baking soda and vinegar. Science Olympiad is their name and science is their game. The team consisted of ten members who met after school on Wednesdays. Together they worked on projects such as the Boomilever, the scrambler, and robots ramble for later competitions such as regionals and state. Besides the competitions, members perform science demos for elementary students. When third year advisor Mrs. Judy Hill was asked about the Science Olympiad program she replied, "The kids come up with fun and creative ideas. The competition has low stress, with real life situations."

-Lindsey Cowen

► No, they're not doing the macarena. Seniors, **Talitha Kolbow** and **Jenny Wheatley** practice being old women in rocking chairs for their speech.

▼ Speech Coaches: (from left) **Tim Coleman**, **Megan Newcomb**, **Timothy Newcomb**, **Henry Hebert**, **Andy Nelson**, **Carolyn Nerhuis** and **Allison Miller**.



▲ Team work is always the best way to go. A group of students gather and go over plans for upcoming tournaments.



▲ **Lindsay Kempenich** and **Amanda McCurdy** watch in amazement as **Casey Mathern** fixes her shoe.

► As most see him, he's always talking to the wall. But this time **Andrew McCullough** practices a speech with no feed back.



▼ **Speech Row 1:** C. Regnier, K. Kolbow, J. Gifford, K. Kolar, B. Havener, S. Fahnhorst, M. Anthony, N. Waldoch, A. Moe, S. Kremer, J. Wheatley **Row 2:** D. Czepa, J. Geving, S. DeMars, D. Linwood, A. Grundtner, D. Langevin, T. Kolbow, A. Kollar, M. Fuller, J. Baird, C. Hull **Row 3:** K. Kasl, L. Joachim, J. Botterill, J. Peterson, J. Thraen, C. Mathern, C. Evenson, A. McCullough, P. Bulinski, A. Whitebread, B. Hanson, M. Becker, M. Ruter, L. Kempenich, A. Morcomb, A. Wagner, A. Pennell, A. McCurdy, R. Oberg-Hauser, C. Torrez, K. Holmes, R. Davies



SPEECH

Talk the Talk



They are often seen talking to walls, sometimes acting over-dramatic and very sensitive. No, I am not talking about sophomore girls, I am talking about the speech team.

Speech is a great extracurricular activity that allows the most outgoing and confident students to speak of news, events, politics and their opinions. Not only are they gaining knowledge but the skills they learn will stick with them forever.

Speakers will compete in one and sometimes two categories in one season. The categories may include: Creative Expression, Informative Speaking, Drama and Drama Duo, Humorous, Poetry and Prose, Discussion, and that's just to name a few.

"The tones of human voices are mightier than strings or brass to move the soul" (Friedrich Gottlieb).

-Katherine Lawler



*The Power
of
Words*

▼ **Debate Row 1:** Jennifer Gifford, Charles Devore, Annie Kollar, Cassandra Roseen **Row 2:** Amanda McCurdy, Alice Wagner, Jason Botterill, Caitlin Hull



DEBATE

Hot Topics

"My favorite memory was our performance at Sioux Falls. It had a different style and the team did well."

-Caitlin Hull

This could be the toughest day of your life. It's the third weekend in January, and you're about to enter Mounts Park Academy to perform in a state competition. You need to be sharper than you've ever been, ready to defend your position to the fullest extent. All season you've been waiting for this moment, you're walking into a statewide debate tournament, which is possibly your last, and definitely your most important.

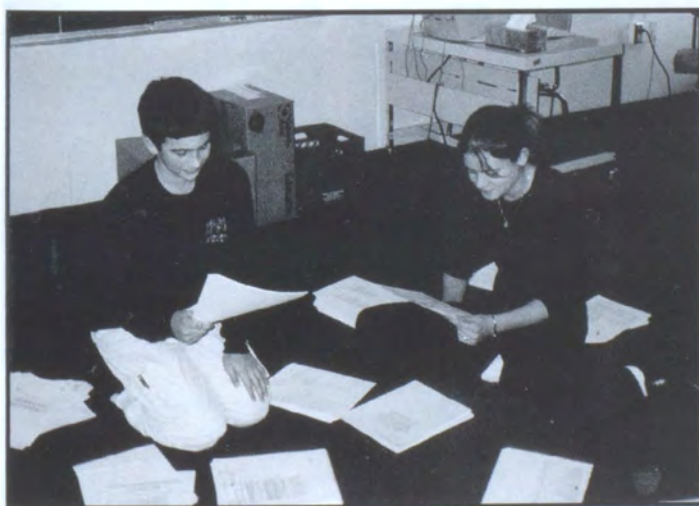
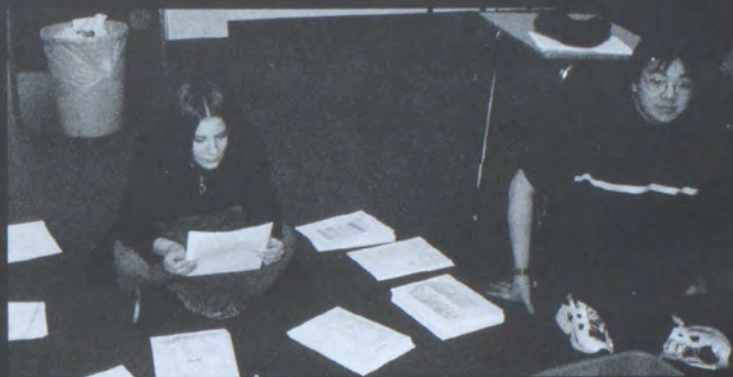
Coach Kelly Justesen led her team to the top of the debate world, with senior captains Alice Wagner and Cassandra Roseen blazing the trail. They had two categories which they competed in this year, including policy and Lincoln Douglas (L.D.). The most important, according to Junior Caitlin Hull, was "our policy topic, 'weapons of mass destruction.'" They got to know this issue by the back of their hand. They would meet every Tuesday and Thursday night to discuss their views and possible arguments. Roseen vividly remembered an L.D. topic, "an oppressive government is better than no government at all." These students were not only quick and extremely intelligent, they were able to execute and use teamwork to debate their way to the top.

- Rebecca Colter



◀I'm about to pull your hair out! **Jason Botterill** and **Jennifer Gifford** get a little too serious about the debate they're having.

▼Paper, paper, and more paper! **Annie Kollar** and **Jason Botterill** work to get their arguments organized.



▲"You can do it, you can do it!" **Amanda McCurdy** tries to block the voices in her head while she prepares for the debate tournament.

◀There's no "I" in team! Captains **Cassandra Roseen** and **Alice Wagner** learn the only way to succeed is with teamwork.

▲Practice makes perfect! **Charles Devore** and **Caitlin Hull** go over their lines to eliminate all mistakes from their debate.

▼There's no break even after school! **Jessica Cichy** reviews the defense.

Mock Trial Row 1: R. Tungseth, J. Partyka, L. Marshall, N. Fortuna, A. Berg, A. McCullough
Row 2: J. Gifford, J. Colling, A. Westlund, J. Cichy, K. Behr



MOCK TRIAL

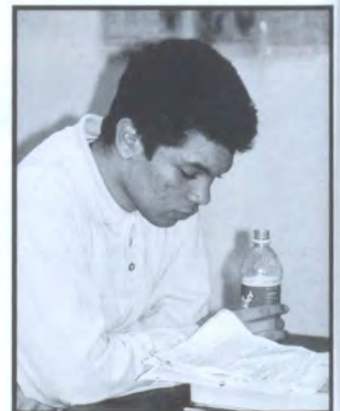
Laying Down the Law

Far beyond your average work study program, students who participate in Mock Trial get a feel for a real courtroom drama. At the beginning of the year, the students were split into two teams consisting of both lawyers and witnesses. The case this year deals with a young girl with a severe case of bulimia. Under the leadership of Coach Ronald Tungseth, the kids quickly learn the basics and more advanced strategies of The court and law.

Participants discuss and try to persuade each other of their point of view. The argumentation is so precise due to the coaching by an actual attorney that comes in and helps the students get a real understanding of how the court of law system works. Mock Trial teaches kids how to lay down the law.

- Jason Augustine

►Laying down the law. **Kevin Behr** argues his point to **Jennifer Gifford**.



▲Beating the system. **Lewis Marshall** works diligently over notes and information to find a loophole.

◀Plan your strategy. **Ashley Westlund** plans out how to back up her defense.

▼ **Robert Davies** shows off his carpentry ability as he gets set for the show.



▼ All work and no play makes for a great set. **Kathlene Killion, Jenny Wheatley, Cory Regnier** work hard to create the scenery.



TECH CREW

Behind the Scenes

◀ A little paint goes a long way. The actors continue to rehearse as the Tech Crew continues to assemble and create.



▲ The doors even open and look as those props! The Tech crew did a great job creating the scene for the One Act Play, while **Andrew Morcomb, Carrie Evenson, and Cory Regnier** practice.

► Amongst the commotion, the Tech Crew created a wonderful set for **Alexander Pennell** and **Margaret Anthony** to rehearse on.



Each year our school is presented with another great play and somehow a colorful and imaginative set follows.

Do you ever wonder who is behind all that hard work? And who is the one pulling the curtains, moving around the set pieces and helping the actors between the scenes? The answer; Tech Crew.

Jokingly Joshua Robinson gave me his take on building the set for this fall's Wizard of Oz. "It took us two months to build the set. It should have only taken us one but Mr. Newcomb kept breaking everything and then he had a conniption."

-Katherine Lawler

Tech Crew: Douglas Joyer, Andrew McCullough, Grant Gilbertson, Jennifer Baird, Joseph Morcomb, John Mellgren, Joshua Robinson, Kathlene Killion, Aileen Leroux, Amy Moe, Andrew Morcomb, Anna Hallberg, Ashley Grundtner, Charles DeMars, Danielle Langevin, David Richey, Katherine Holmes, Mark Gockwski, Megan Fuller, Peter Bulinski, Rachel Oberg-Hauser, Robert Davies, Sandra Angell, Shane Oporto

Scenery Painters: Jenny Wheatley, Cory Regnier, Carley Bohnen, Amy Moe, Andrew McCullough, Emily Naylon, Kathlene Killion, Megan Fuller

Video Crew: Mark Williams, Cory Regnier, Grant Robinson, Matt Roles, Peter Bulinski

▼ **FFA Row 1:** R. Waldoch, T. Weiss, L. Herring, S. Williams, K. Riopel, J. Lappe, T. Berglund, G. Sandager, M. Schall **Row 2:** K. Cooley, L. Rydeen, A. Bruener, M. Synicyn, D. Schultz, M. Rydeen, T. Martin, B. Weiss, T. Tazell **Row 3:** D. Quinn, J. Meath, M. Theil, V. Berglund, J. Sager, A. Husfelt, P. Miron, K. Grimms, R. Main, K. Yetzer, K. Remackel **Row 4:** M. Miron, C. DeMars, J. Neamy, D. Langevin, R. Medina, R. Goorens, S. Thompson, K. Finnegan, R. Hills, J. Gummert



FFA

A Whole New World

"FFA has shaped me into who I am today."

-Kazandra Riopel

Beyond the agriculture room lies a whole new world of opportunities, friends, lessons, and adventures. The experiences and responsibilities that come with being an FFA member are ones that will forever impact their lives and help them grow. The FFA focuses strongly on team work and cooperation. Students are taught to work with one another on committees and teams while attending leadership camps and conventions. The bonds formed between members are tight and are a big part of each other's lives. Perhaps the most important skill the students walk away with is to work with others. It also encourages students to push themselves to reach their full potential and helps them acquire the traits of a true leader in the school and community. There are many opportunities open to the members when it comes to gaining career skills. Students are able to compete in many career development contest which are fun as well as educational. It is plain to see that the FFA is not just about agriculture anymore. It holds a little bit of something for everyone whether their interests range from farming to public speaking. Involvement is the key ingredient to making the whole FFA experience come to life. "I was one of those students who chose to dive right in, and from doing so, I have walked away with a whole new outlook on life. I have learned many new lessons and met many people and gained the leadership skills I need to succeed in life. I have a better understanding of who I am and what I can be. FFA has shaped me into who I am today."

- Kazandra Riopel





◀ How nice! Look at **Jennifer Lappe**, **Michelle Synkyn**, and **Tabitha Berglund**'s sheer smiles which explains their excitement for the FFA.

▼ Look at that! Some of the FFA members like to show off the accomplishments they did on their State Fair booth.



▲ WHOA! What happened to **Mr. Hinrichs**? He shows his students just how much he can eat during the pie eating contest held at the annual Agriculture Olympics.



◀ How exciting! **Maggie McNamera** judges the final competition in the last rounds of the horse evaluation contest.

▲ Look at the plaque! The four of them show their awards from nationals. They took 13th in the poultry contest.

The Wizard of Oz

The Wizard of Oz, a favorite fantasy musical, was recreated by a large cast of students. A beautiful set created by Jenny Wheatly, Carley Bohnen and Corey Reineir, captured the magic and spirit of the children's classic. Dorothy Gale, played by the renowned Maggie Anthony, accompanied by Toto (Minnie), takes the audience on a magical journey encountering munchkins, flying monkeys, Winkies/Guards and eccentric ozzians played by a colorful cast of over 60. Dorothy befriends Scarecrow, played by Alex Pennel; the Cowardly Lion, played by Josh Peterson, and the Tin man, played by Ryan Rydlund. Together they follow the yellow brick road to the mystical Wizard of Oz, played by Drew McCollough. Laura Jochim adds fear and evil as the Wicked Witch and Ms. Gultch. Emily Naylor brings Glinda, the good witch of the North, to life and captures the country essence of Aunt Em. Andy Morcomb plays Henry Gail and the comical Emerald City Guard. With amazing technical effects including explosions, a flying hot air balloon and a crystal ball, the audience was left in awe. As expected, Mr. Newcomb pulled off another amazing show!

-Katherine Lawler



60 years of age in one can of hair spray. **Leslie Schwarz** prepares **Andrew Morcomb** for the role as Uncle Henry

Give me a B flat. The pit orchestra tunes up to ensure a great background sound performance.



Katherine Miller, Carley Bohnen, Rachelle Martin, and Morgan Bollinger gather for a quick pie before they go on stage.

Boys? Girls? Who can tell. With out time to wash up after a performance, the boys and girls go greet their fans after the show.



Pit Orchestra

Andrea Okeson, Rebecca Havener, Cassandra Mayne, Christine Lutz, Danna Setterholm, Adam Johnston, Emily Vadner, Erin Gray, Grant Robinson, Hannah Nelson, Jessica Nelson, Kristi Alhberg, Kristina Dahle, Lindsey Kempenich, Lisa Carlson, Matthew Beebe, Matthew Roles, Michelle Dina, Nikke Albee, Philip Holleran, Sara Paschke, Sean Casey

Puppy Love, Dorothy (Margaret Anthony) shows her affection for Toto (Minnie) prior to performance



Joshua Peterson as Zeke and Cowardly Lion



Andrew Morcomb as Uncle Henry Gale and Emerald City Guard



Margaret Anthony as Dorothy Gale



Laura Jochim as Miss Almira Gultch and Wicked Witch of the West



Andrew McCullough as Professor Chester Marvel and The Wizard of Oz



Emily Naylon as Aunt Emily Gale and Glinda Good Witch of the North



Alexander Pennell as Hunk and Scarecrow



Ryan Rydlund as Hickory and Tin Woodsman

Follow the Yellow Brick Road...



Chorus

Adam Rosman, Allie Tjaden, Amanda Schwabe, Amber Melby, Amy Moe, Andrea Eiken, Andrew Roberts, Anthony Whitebread, Ashley Westlund, Benjamin Hanson, Benjamin Tacheny, Breanne Kulis, Candi Groeneweg, Carey Sorenson, Carise Rotah, Carley Bohnen, Carrie Evenson, Casey Mathern, Christie Brink, Cory Regnier, Danielle Linwood, David Czepa, Emily J. Carlson, Jacob DeRaad, Jennifer Baird, Jenny Wheatley, Jessica Thraen, Joshua Lightfoot, Joshua Robinson, Katherine Miller, Kesiah Kolbow, Kimberly Kolar, Krystle Dettmer, Kyle Tennis, Leslie Schwarz, Matthew Haider, Michael Garry, Molly Becker, Morgan Bollinger, Nancy Waldoch, Nicole Brandt, Rachel Myrick, Rachelle Martin, Sandra Angell, Sarah Kremer, Scott Erickson, Stephanie DeMars, Talitha Kolbow, Thea Maus

Stylish Ways

Throughout life, students develop their own styles and trends. Their styles may vary from the way they dress to the way they live their lives. The trends that students set for themselves help them express their individual personalities. They can bring friends together, and unfortunately, set them apart.

Styles can start at any age and can change through out life. This year there were more permanent choices in trends; tattoos. They ranged from religious symbols to colorful, imaginative designs.

Samantha Haseltine shows off her vibrant hair. The color varies from month to month.

Besides seeing trends from the front, a new thing to be noticed were decorative backpacks. Shoes were not just your ordinary sneakers anymore. They can vary in color, shape, and height.

Rugby shirts were popular among both male and female.

Despite what was worn by students this year, the most important thing to remember is that individualism is what makes us who we are.

-Lindsey Cowen and Jeffrey Randall





Some other trends students display are eyeglass fashion. Thea Maus and Josh Lightfoot show off the latest style of eye wear. Piercings are another symbol of the times. Students pierce eyebrows, tongues, and other parts of their body. Clothing and accessories are also some fads. Some styles have disappeared and some are returning like the styles shown by Nancy Waldoch, Jenna Gallatin, Megan Casey, and Nicole Zastrow.



What's Hot!

Coffee/Bagel Shops
Snowboarding
Mountain Dew
Wake boarding
Savers
Lanyards (Key chain
Necklace)
Cell Phone
Flip Flops
Rugby Shirts
Messenger Bags
Polo Shirts



"The ladies love it!"
-Sampson Haseltine



ACADEMICS

Each year students have walked into our school with different agendas and goals. They had visions of what they wanted to accomplish during the year. Since every student is different in their own way, the school has provided many class options and activities in which students can participate. **It's not all work and no play.** Even though getting an education involves a lot of work, it does not mean that there is no time to play. But most of all, the students and staff are connected in a way that makes school and class activity that can be enjoyable and at the same time educational for all. Though students have differences including culture and race, they still share common interests in activities and academics. It is a time that brings everyone together and molds future generations that will shape our world.

-Kory Klein



▲*The sparks fly!... Nicholas Popa illustrates the proper technique to use while welding his project in Metals class.*

►*Giving it all they got. Erin Gray, Alice Wagner, Adam Williams, Andrea Lewis, and Andrea Brooks thrive for a better education as they take a test in Spanish class.*





◀*Soaking up stats.* Tyler Anderson and Joshua Robinson read and discuss the importance of the article written on the Minnesota Twins, while in Media class.



It's Not
ALL
 Work
 &
 No Play

▼ **Yearbook Row 1:** K. Lund, T. Kopka, J. Brown **Row 2:** D. Wendt, E. Stigall, A. Brett, K. Gatzow, M. Lindquist **Row 3:** K. Klein, J. Randall, E. Fellows, L. Cowen, L. Hagman, S. Haseltine **Row 4:** K. Brooks, R. Colter, M. Moreland, J. Augustine, T. Johnson, M. Kaiser



YEARBOOK

Creating Memories

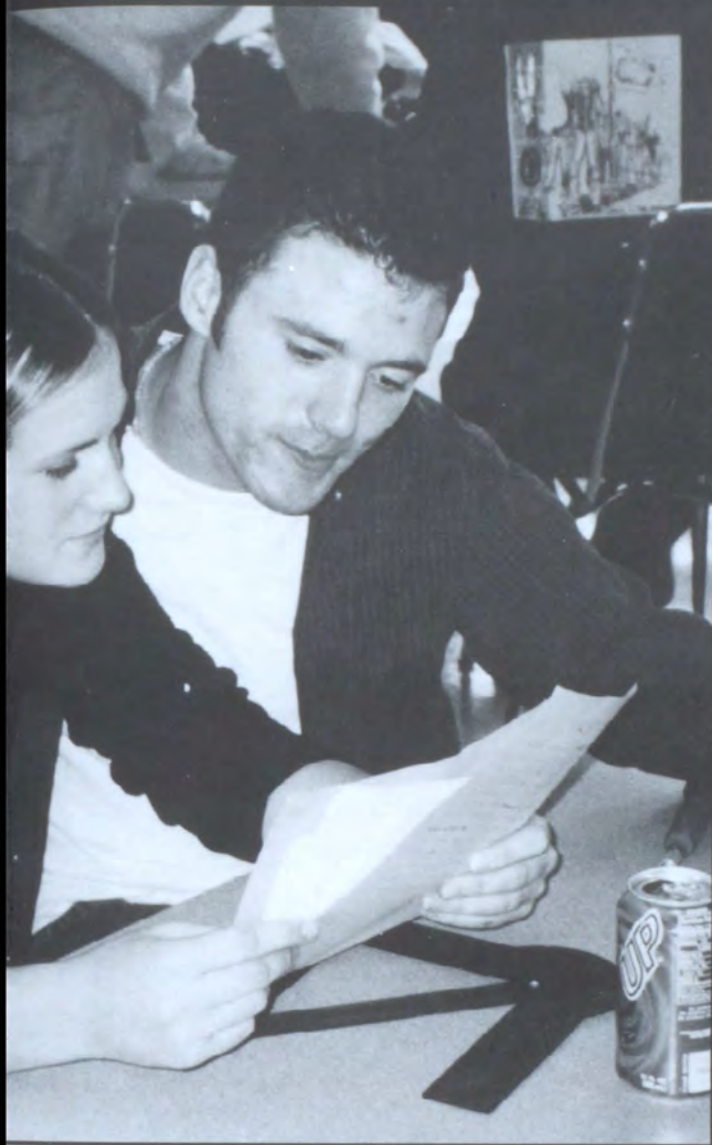
"I thought Yearbook was going to be an effortless way to get an 'A'... until I faced the wrath of Mrs. Kaiser."

- Lucas Hagman

The first thing many people want to do when they open their long awaited copy of the *Forester* is to scramble to find their name in the index and see how many page numbers lie next to their name. However, to the twenty students on the staff that created that exact book and dictated how many page numbers you could claim as your own, it is a day of relief. Finally, there is solid proof that their hard work created something permanent; a historical document that they can look back on as a great achievement during their highschool career. Writing copy, cropping pictures, stressing over how to make a caption good, without being corny, are all things done in this year long class comprised of great writers, photographers and designers. Certainly, it is a lot of hard work but supervisor Maria Kaiser makes it fun as well. "I thought Yearbook was going to be an effortless way to get an 'A'... until I faced the wrath of Mrs. Kaiser," stated Lucas Hagman. Deadline parties and occassional calls to Pizza Hut keep the motivation going. The finished product makes it all worth it.

- Sampson Haseltine and Katie Gatzow





◀ Too close. **Lucas Hagman** pretends to work on the yearbook while he tries to get a date with **Katherine Lawler** for the weekend. (For the record, Kate declined)

▼ Brainstorming. **Timothy Johnson**, **Kathryn Lund** and **Kory Klein** work together to figure out a feature for the yearbook.



▲ Not just surfing. **Melissa Lindquist**, **Lindsey Cowen** and **Sampson Haseltine** get their pages on the computers in time for deadline two.



◀ **Theresa Kopka** and **Maria Kaiser** check and double check to make sure all is well with the yearbook.

▲ Deadline time. **Katie Gatzow** and **Emily Stigall** work hard to try to meet the deadline.

► Critiquing their work, **Mindy Jarvis, Emily Vadner, Cassandra Mayne, and Leah Manders**, check out the latest edition of *The Breeze*.

▼ **Valerie Wittmer and LeAnne Wagamon** finish their final editing before the next issue is published.



▲ The *Breeze* staff takes a moment during class to pose for a quick group photo.



▲ Concentration! **Andrew Dorothy** and **Matthew Dalluhn** work hard to complete their articles by deadline.

► **Rachel Rolseth** takes time to hand out a survey to students in the library.

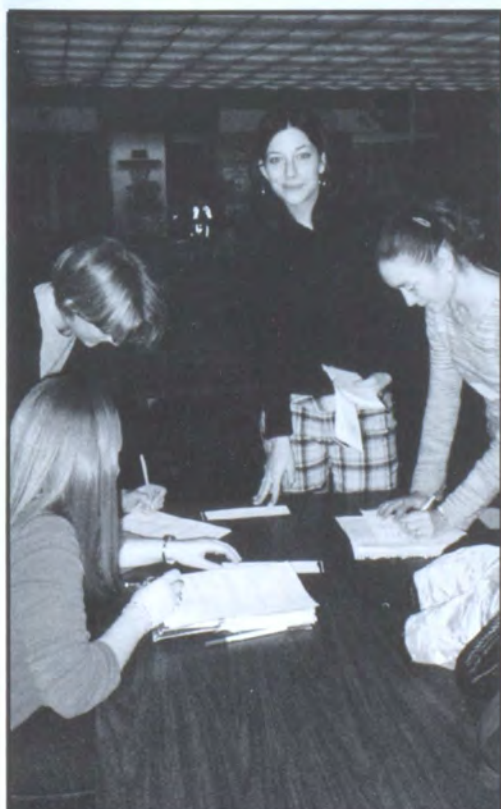


▼ **Breeze Row 1:** D. Schult, C. Bohnen, C. Mayne, V. Wittmer **Row 2:** C. Miller, J. Lightfoot, M. Jarvis, R. Riter, L. Wagamon, M. Dalluhn **Row 3:** N. Reuter, S. Dunn, J. Robinson, K. Benson, A. Eiken, A. Dorothy



BREEZE

Journalism At Its Best



Journalism...a class in which students of Forest Lake Senior High get together everyday during fourth hour to produce a school newspaper. The paper, titled The Breeze, is a source of information about current events and stories that students can relate to.

Laura Livermore, who was advisor for her fourth consecutive year, instructed the class. The class would research topics, conduct interviews, and most importantly, write the articles.

Most of the students enjoyed the class because of the freedom they had to express their ideas and opinions in writing. Senior staff members Carl Miller and Nicholas Reuter both agree that journalism allows them to get their ideas out to the student body. Miller also quotes, "writing comes easier while eating horse apples."

After each deadline is completed, the staff feels a sense of accomplishment. One thing is certain, both students and teachers look forward to each monthly edition of The Breeze.

-Lucas Hagman

*"If one of
my stories
can touch
one
student's
heart, I
know I have
made the
school a
better
place."*

**-Andrew
Dorothy**



FOREIGN



EXCHANGE

As the Foreign Exchange students arrive, they now realize that they are in the United States. They settle in with their host family, meet new people, and go to high school here in the states. Not only do they have to live with people they hardly know, but they have to go to a whole new school. "Actually, there is not anything bad about America," said Franzisha Mainczyk. As they get used to the way things go here, things start to go smother. Christiane Purps said, "learning the language and American culture and it's people is the best part." They became part of our school and our circle of friends. When they are gone, they will be greatly missed.

-Delroy Wendt

On To New Land



▲ Foreign Exchange Row 1: Giulia Spanedda Row 2: Franziska Mainczyk, Sussan Kaempfe, Thiago Carlan, Lisa Guck, Christiane Purps

▼ "I think the most that I miss, being so far from is my family and friends."

-Franzish Mainczyk
Kassee, Germany



▼ "The best thing about America is the dance clubs. They just don't dance like that back home."

-Thiago Carlan
Rio De Janeiro, Brazil



▲ "The biggest difference between Germany and America is the church, food and the school."

-Christiane Purps
Frankfurt, Germany



▼ "The best thing about America is the clothes here, and how nice the people are here."

-Sussan Kaempfe
Germany

▼ "My favorite thing about America is the candies, friends, and people."

-Ana Maria Navarette
Peru



▲ "It's so fun here and the people are so nice. I like the new culture and language."

-Giulia Spanedda
Italy



◀ "I love the funny American people and the American sweets."

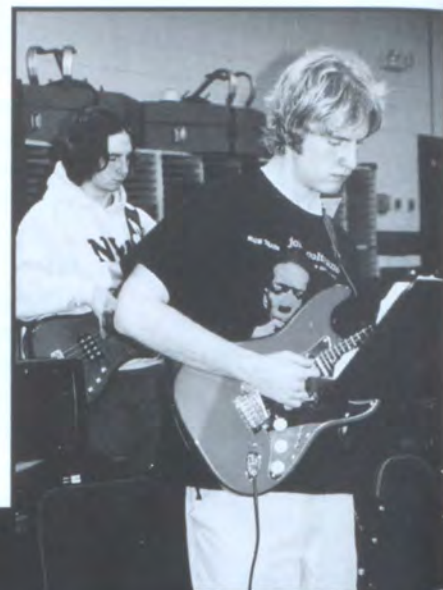
-Lisa Guck
Germany



▼ **Jazz Band Row 1:** K. Dettmer, A. Rupar, J. Geving, S. Paschke, P. Holleran, J. Schiks **Row 2:** M. Haider, M. Beebe, J. Durand, B. Hanson, E. Neu, R. Hughes, J. Ackerley **Row 3:** N. Hughes, M. Dina, C. Seelig, G. Robinson, J. Miller, B. Tacheny



▼ Rocking out in school is now acceptable. **Joshua Ackerley** and **Benjamin Tacheny** rock and roll with their guitars.



JAZZ BAND

Not All Jumpin' and Jivin'

Jazz band is not all jumpin' and jivin', it is a big commitment. The students meet bright and early in the morning on Tuesdays and Thursdays before school to practice. Director David Livermore stated that jazz band is something extra to do outside of the four period school day. Senior Aaron Rupar added, "It sucks to get up in the morning." But it is their choice to be there. It is their love for music that keeps them coming. When Senior Joshua Ackerley was asked for a quote he just simply stated that "there is no quote that would do it justice." This spring is going to be extra busy. They are hosting an invitational festival here at Forest Lake on February 19th. They are also having a swing dance, a jazz night out, and a festival in Duluth. With their skills, talents, commitment and love for music they will succeed at all of these.

- Kathryn Lund

► Play faster! **David Livermore** gets a workout directing the Jazz Band.



▲ Jazzing things up. **Matthew Kraska** plays a little tune on his tenor saxophone.

◀ Practicing for a future Mexican band, **Celton Seelig** and **Grant Robinson** practice for sarinating the ladies.

▼ Ding dong. Concentration is important as **Heather Carufel** practices during rehearsal.



▼ **Symphonic Winds Row 1:** K. Dettmer, J. Clifford, S. Friesen, J. Morris, F. Charpentier, D. Setterholm, C. Mayer, P. Leroux, R. Hughes, H. Nelson, J. Wheatley, J. Nelson, L. Carlson, T. Briggs **Row 2:** M. Fuller, K. Erickson, M. Pickar, J. Kouneski, N. Albee, E. Lacroix, J. Noren, A. Rugar, A. Borlaug, J. Kimbel, G. Robinson, T. Maus, A. Walter, H. Carufel, S. Paschke, E. Fransen **Row 3:** E. Gray, K. Ahlberg, J. Schmidt, T. Berglund, A. Pennell, E. Larson, P. Bailey, J. Ackerley, C. Sapa, W. Mitchell, A. Framke, D. Hokenson, C. Seelig, M. Schmidt, J. Partyka, J. Miller **Row 4:** K. Howe, K. Swanson, E. Neu, M. Haider, D. Keller, A. Williams, M. Ruter, J. Sandager, M. Beebe, B. Tacheny, J. Hanson, S. Maefsky, P. Holleran, J. Schiks, N. Hughes, D. Peterson, J. Durand, A. Houle, E. Erdos



SYMPHONIC

Music To My Ears

WINDS



◀ Perfect harmony. **Peter Bailey, Jordan Kimbel, Erin Gray, Rachel Hughes, Christine Lutz, and William Mitchell** all play to perfection.



▲ The halls are alive with the sound of music. **Krista Swanson, Kristen Howe and Dana Setterholm** get ready to play a harmonious tune.

► **Philip Holleran and Jessica Nelson** are feelin' the blues as they play the saxophone.



Every year new students are selected to perform in the Symphonic Winds. Auditions are held the prior year and only the people with the right attitude and talent get a seat in the band. Earlier this year the Syphonic Winds took a trip to the Target Center to play for the opening of the X-Box game system. As one could tell by this prestigious event, Forest Lake Senior High School is known as having one of the top music programs in the state. **Richard Hahn** has been their driector, positive influence, and guiding light for years. Under his strong wisdom, each class learns quickly that there are not just black dots on a page and it's not all random sounds coming out of the instruments. After all, it's music, which is more than most can even comprehend.

-**Michael Moreland** and **Rebecca Colter**



▼ **Orchestra Row 1:** J. Christenson, R. Nicklason, M. Bollinger, P. Stocco, C. Nordenstrom, A. Howie, B. Lindorfer, D. Czepa, S. Chaussee **Row 2:** J. Canine, N. Giesner, C. Swinehart, A. Mulcahy, K. Westman, H. Hanson, M. Varns, K. Killion, M. Williams, S. Esler **Row 3:** A. Tackes, T. Lindstrom, A. Danielowski, A. Okeson, L. Kempenich, N. Barnes, M. Thell, K. Dobilhal, E. Frerichs **Row 4:** M. Keller, S. Westcott, K. Hanson, A. Gregerson, R. Gulick, C. Johnson, A. Bowles, A. Keilty, D. Stein, K. Bibeau, L. Jochim, C. Mathern



ORCHESTRA

It's not all strings and bows

The Forest Lake orchestra led by David Livermore, is not only made up of students with instruments, but students who are talented, willing, and determined for anything. The music they perform produces a world of new sounds. Each musician contributes their own part to make the harmonious music of the orchestra.

This year's orchestra is made up of forty-six students and instruments which include the violin, viola, cello, and bass. They work hard by using the musical skills they have to show off their talent. During the year they perform concerts at the high school and attend festivals where they play. February is when they attended the annual Suburban East Conference in Stillwater.

Many of the students in orchestra have practiced together for many years. But for Mr. Livermore, this is his first year conducting the orchestra. "This year has been an enlightening experience although it's a different setting," exclaimed Livermore, "I've had the chance to get back to the classic composers. The students have learned to work together over time to accomplish a successful musical group that they have become today."

-Emily Stigall

► *Show me a C sharp.* **Jason Botterill** and **Alyse Howie** tune up before commencing with the days fun.

▼ *In tune!* **Alana Danielowski** listens intently to herself to ensure the best sound.



▲ *"Bows up."* Director **David Livermore** prepares his students for one more run through of a song.

◀ *Focus!* **Lynn Charles** and **Kathy Killion** diligently practice their classical pieces while **Amanda Gregerson** and **Paul Stocco** warm up behind them.

▼ **Stephanie DeMars** and **Danielle Linwood** patiently study their next musical piece.



▼ **Treble Choir Row 1:** S. DeMars, D. Linwood, A. Melby, K. Anderson, K. Ingles **Row 2:** H. Venburg, J. Paschke, A. Skoriuchow, I. Yang, A. Westlund, S. Falkosky, M. Smith, R. Holscher **Row 3:** H. Glewwe, R. Daschel, A. Hanson, C. Groeneweg, M. Farvour, A. Sundberg, J. Gifford, S. Govaert **Row 4:** C. Stream, T. Langkand, I. Howze, M. Anderson, K. Bushman, A. Petroske, K. Busch, A. Leary, C. Keep



TREBLE

One Note Ahead

CHOIR



◀ What's so funny? **Jessica Paschke, Kristina Bushman, Kathleen Busch, Alana Sundberg, and Treeya Langkand** take time to rest and share the latest news.



▲ Candy for sale! **Mallory Smith** and **Jaong Yang** know how important fundraising is to help out the choir.

► Twinkle twinkle little star! **Michelle Lynch** sings with **Shaena Faklosky** and **Jennifer Gifford** to help warm up their voices.



Concerts, performing, auditioning. That is what the treble choir is all about. Over the course of the year this all women's choir performed at a number of concerts, festivals, and contests. Our treble choir also made an appearance at the Holiday Extravaganza in December. This year the choir was made up of younger students, mostly sophomores and first year juniors. "The treble choir is different than the other choirs," exclaimed director Michelle Lynch. "It is a smaller choir than the other two and they sing category one music which is the more difficult to do. This is a good experience for young women, to come and train their voices for something they enjoy."

The thirty-one students of this choir performed for the community during the month of December at Fairview Hospital, Birchwood Nursing Home, and for the Retired Teachers Association. In the end of February, the girls traveled to Princeton High School for the Region 7AA Vocal Solo and Ensemble contest. They got to experience singing solos, duets, and ensembles. A lot of fundraising was an important factor to go to all these places, but the work was well worth it to show off their wonderful talent.

-Emily Stigall

▼ **Concert Band Row 1:** R. Charpentier, D. Langevin, M. Berg, K. Prudhomme, A. Masso, R. Schirmer, B. Lundborg **Row 2:** R. Hahn, M. Sobiech, S. Kremer, J. Peterson, N. Feist, R. Martin, C. Carroll, K. Cooley, A. Auten, D. Johnson **Row 3:** N. Hazzard, L. Henry, S. MacKenzie, K. Hauge, A. Tan, C. Torrez, D. Prokop, A. Hudon, S. Baklund, R. Havener **Row 4:** T. Johnson, N. Souter, A. Wintheiser, J. Henriott, D. Richey, J. Schaeppi, J. Bzdok, M. Merrell, K. Pederson, J. Durand, M. Schmidt, N. Hughes



CONCERT

Magical Music

BAND

When the baton lifts, the room goes silent. Once it drops, a beautiful sound fills the high school auditorium. No, it's not just another school musical. It's Forest Lake's own Concert Band. With forty-five brilliant musicians, this group seems unstoppable. When they come together they create magic, and hardly anyone can resist stopping to listen. Conductor, Richard Hahn, reports, "They're a very nice class. They work very hard at playing good music." And who could disagree?

Even though they work hard in Concert Band, it is also fun. "I look forward to going to band everyday," claims Timothy Johnson. They perform in a minimum of three concerts a year and participate in the Region 7AA Music Festival. You can hear just how hard they have worked and it's obvious that it has all been worth while.

- Ashley Brett

▼ A, B, C, D, E, F, G... Mary Sobiech, Shelby MacKenzie and Britta Lundborg warm up for a long hour of practice.



► Eyes up. Nicholas Hazzard and Rachelle Martin look up for their cues while Britta Lundborg checks with her music.



▲ Whistle while you work. Meghan Masso works on the band's newest piece of music.

◀ Practice makes perfect. Ashley Tan, Katherine Hauge and Nicole Souter practice for the upcoming concert.

▼ Beautiful brass. The trumpet section buzzes their lips to produce a marvelous melody.



▼ **Varsity Band Row 1:** M. Haessly, N. McDaniel, K. Flohr, A. Mericle, A. Coozenoy, S. Sperle, J. Gestson
Row 2: T. Metcalf, M. Arcand, K. Simpson, N. Zastrow, R. Martin, A. Moynagh, K. Brandt, L. Edlund, J. Stoffels, A. Wislicenus, J. Geving, A. Yetter **Row 3:** A. DeRaad, C. Okimosh, C. Brandt, J. Rehak, J. Kohs, C. Greniger, T. Stein, L. Hanson, R. Thill, S. Linnerooth, C. Bergstrom, S. Kanada, B. Stuber, K. Kasl **Row 4:** M. Willson, A. Rhoda, A. Bohler, A. Crecelius, C. Cockburn, A. Wolfbauer, A. Tessling, A. Beimert, S. Erickson, K. Donohoo, A. Charpentier, J. Gorka, G. Van Sloun, K. Hames, A. Skelley **Row 5:** L. Marshall, S. Sohm, K. Hendricks, A. Melhorn, J. Renard, J. Anderson, L. Skoglund, J. Belland, B. Johnson, J. Robinson, S. Thomas, M. Lindstrom, N. Swanson, S. Larson, L. Kluk, J. Thraen **Row 6:** A. Levesque, N. Erickson, R. Lewis, C. Kleinhuizen, K. Swenson, L. Kjellberg, S. Casey, J. Debuhr, T. Barott, S. Korthals, M. Walz, J. Belland, M. Umland, J. Fahnhorst, N. Fortuna, C. Chartrand, C. Nelson, K. Holmes, J. Andersen



VARSITY

Lots of kids, lots of fun

BAND

◀ Team work. The woodwind section works together to produce their lovely lyrics.



▲ Keeping pace, **Katherine Holmes** and **Jynelle Gorka** set the beat for the rest of the band.

► Following the leader, **David Livermore** leads the band during a new and exciting piece.



When asked about how many students were in this year's varsity band, David Livermore replies, "About ninety-eight." He later added, "This year's group is fun to work with, even though they are a big group." Most teachers can't even imagine having more than thirty-four students, so having almost 100 sophomores would most likely drive a teacher insane. But not Livermore. He's used to having classes larger than the average twenty-eight students. "Mr. Livermore handles our big class really well," claims band member Ryan Lewis.

These ninety-eight talented musicians performed four times this year. One of these times was the Region 7AA Music Festival, which was held in May, and the other three were held at the high school. The band had a very successful year and it's clear that these committed students will go far.

- Ashley Brett

▼ **Concert Choir Row 1:** N. Waldoch, K. Kolbow, A. Meyer, D. Johnson, S. Angell, J. Goehl, C. Rotach, M. Rowan, R. Schirmer, A. Tjaden, E. Carlson, A. Rossi, J. Baird, C. Gaalaas **Row 2:** A. Moe, K. Miller, N. Brandt, A. Turgeon, M. Becker, E. Rieck, A. Grundtner, K. Knutson, S. Lindstrom, C. Sorenson, M. Lind, M. Erickson, E. Naylor, R. Myrick, M. Anthony, B. Ollman **Row 3:** T. Ormseth, C. Regnier, J. Lightfoot, T. Anderson, M. Paisley, C. Conley, R. Rydlund, N. Reedy, W. Burgess, E. Worwa, J. Ryan, R. Davies, S. Anthony, A. Lewis, E. Morrison **Row 4:** C. Brink, C. Miller, M. Rivard, K. Kloos, D. Czepa, L. Anderson, J. Morcomb, J. Reichert, A. Morcomb, A. Roberts, M. Garry, N. Peterson, A. Rosman, J. Breidel, B. Berg, E. Wilson



CONCERT

A Breath of Fresh Air

CHOIR

When voices reign high, striking a silent pose among all in the school. Heads turn and face the ravaging sound of the boldly known concert choir. Their voices and delicate sound command respect among the lines of students and faculty alike. They demonstrate their superiority across the auditorium when they present their sound of influential glory.

During this year the Concert Choir has expanded themselves to the point where supreme musical tone has been expressed through each and every member. They have sought out to reach a higher status within the musical world. They have succumbed to nothing but the best and their performance and voices have shown this with unimaginable purity. The sound that they produce will carry on in an overwhelming momentum through time.

- **Michael Moreland**

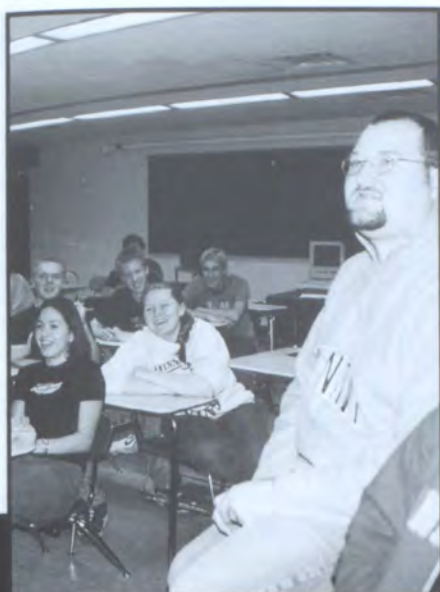
Beethoven??? Director **James Lindstrom** leads his students as he pounds out the melody on the keyboard of the piano.



▲ Do Re Mi . . . **Emily Morrison** and **Rachel Myrick** sing strongly during class practice.

◀ Aaahhh.. Choir members **Ana Meyer, Britta Ollmann, Denise Johnson** and **Molly Becker** warm up their vocal cords at the beginning of class.

▼ Grin and bear it! **Jeffrey Plaman** and the battery review a tape of themselves exercising their facial expressions.



Row 1: S. Larson, T. Neu, K. Dupre **Row 2:** N. Peterson, N. Hughes, D. Pederson, S. Baklund **Row 3:** M. Ramirez, S. Hayman, D. Raymond, T. Anderson, S. Casey, D. Hokanson



Row 1: S. Peterson, B. Tacheny **Row 2:** R. Schirmer, H. Carufel, R. Hughes, K. Prudhomme, M. Kimitch **Row 3:** B. Lundborg, D. Setterholm, L. Carter, R. Gellerman



◀ And the thunder rolls... **Rebecca Gellerman** and **Sean Peterson** work to perfect the sound of their cymbals.



▲ Have the Muppets lost their drummer? Senior **Benjamin Tacheny** goes to town on the timpani as if no one were watching.

► Down to business... **Nicholas Peterson, Nathaniel Hughes, Drew Pederson** and **Sarah Baklund** synchronize their beats with their game faces on.



There are a variety of music classes to choose from in this school, but for some, choir, orchestra and band are not quite enough. Those dedicated individuals turn to drumline to showcase and improve their abilities. Under the direction of Jeffrey Plaman, this years drumline performance will be a Wizard of Oz medley. They meet twice a week for vigorous three hour practices and the occasional Saturday camp. The hard work (and sweat) they put into it doesn't weigh down their love for it one bit. Veteran team member Maritza Ramirez proclaims, "My favorite part of the season is to watch the show sort of come to life. The whole line dedicates a lot of their time and energy to practice and learn the show. It gets really frustrating, but it's all worth while to see this amazing show out on the floor, and know you were a part of it."

- **Katie Gatzow**

▼ **Varsity Choir Row 1:** M. Ostenso, G. Vang, T. Henrichs, A. Sargent, J. Bourque, A. Richter
Row 2: H. Plain, K. Rice, M. Synicyn, J. Ly, M. Melby, L. Kieger, M. Stephens **Row 3:**
 A. Iverson, S. Marshall, J. Lindahl, R. Miller, J. Bjorge, S. Abernathy, B. West, J. Tobako
Row 4: A. Stokes, D. Kichler, K. Beise, T. Manick, J. Havens, A. Fisher, A. Lehner, A. Gibbs



VARSITY *Starting on a Good Note* **CHOIR**

Varsity Choir consists of about 30 talented sophomores who enjoy sharing their musical expertise with the community. Participants perform their songs at many different places, such as North Town Mall and even Hawaii next year. Throughout the school year, almost every student has had the honor of listening to the choir. The school has provided many events where the choir can perform within the school. The choir practices five days out of the week and works very hard to perfect their vocals. Even though practicing five days a week is a lot of work, the students still had enough fun to make it worth while. "Varsity Choir is very fun. We sing good songs and also get to hang out with our friends," added Alicia Lehner.

-Kory Klein

► *Choir members take a break after having a long day of singing.*



▲ *Ross Miller looks up from the piano to give a quick smile.*

◀ *Janet Tobako, Amy Fisher, Jessica Havens sneak away to talk in one of the practice rooms.*



Your Most Exciting Car Experiences



▲ "When my head went through the windshield."
-Steven Carlise



▲ "Rollin' in the golfcart with Emily in the woods."
-Josie Kuntz



▲ "Rode in my '49 Chevy."
-Mr. Petry



▲ "My axle broke before I got my liscense."
-Matthew Faschingbauer



◀ "Car surfing at Perkins."
-David Geunther



▲ "Getting stuck on a rock with volleyball girls."
-Amy Mettling



▲ "We stop in the middle of the road for food fights before hockey."
-Kathleen Busch



▲ "Riding to work with Barb while she's on the phone doing like 90."
-Robert Holmgren

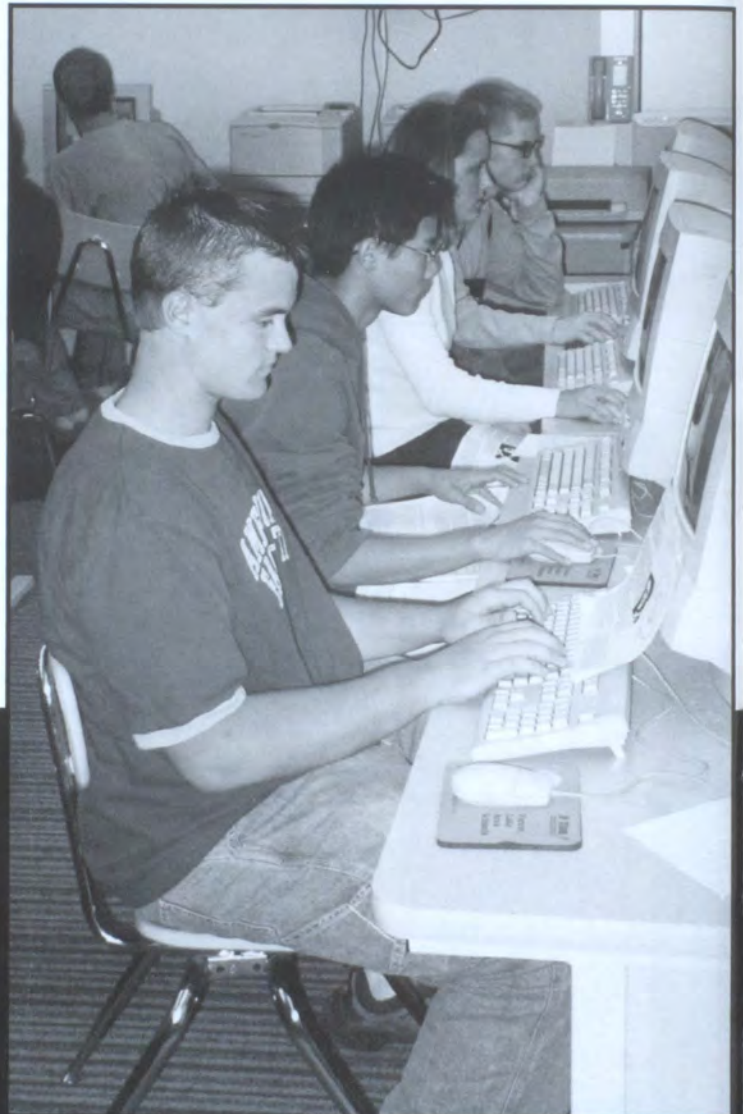


▲ "I tripped getting out of the door and fell on my face in front of like 100 people."
-Jeremy Lappe

PEOPLE

People flowed through the doors starting at 7:15am everyday. Most of them were teachers, students, parents, cooks, janitors, and more. Seniors realize that it is their last year as a high school student. This leaves some seniors to cram in classes and get credit where needed. Others, already have their classes they needed picked out and are in the easy seat. Juniors showed school spirit with their maroon and gold dress ups. **It's not all maroon and gold.** While the sophomores explored the new school and tested out the rules. Teachers worked hard on planning out curriculum and eased up on homework; while parents made sure their child gets to school and is on time. The cooks worked hard to make good food for students and staff. Janitors cleaned up and kept the school nice for all in the facility. So with all of these people, it is no wonder why Forest Lake is such a great place.

-Delroy Wendt



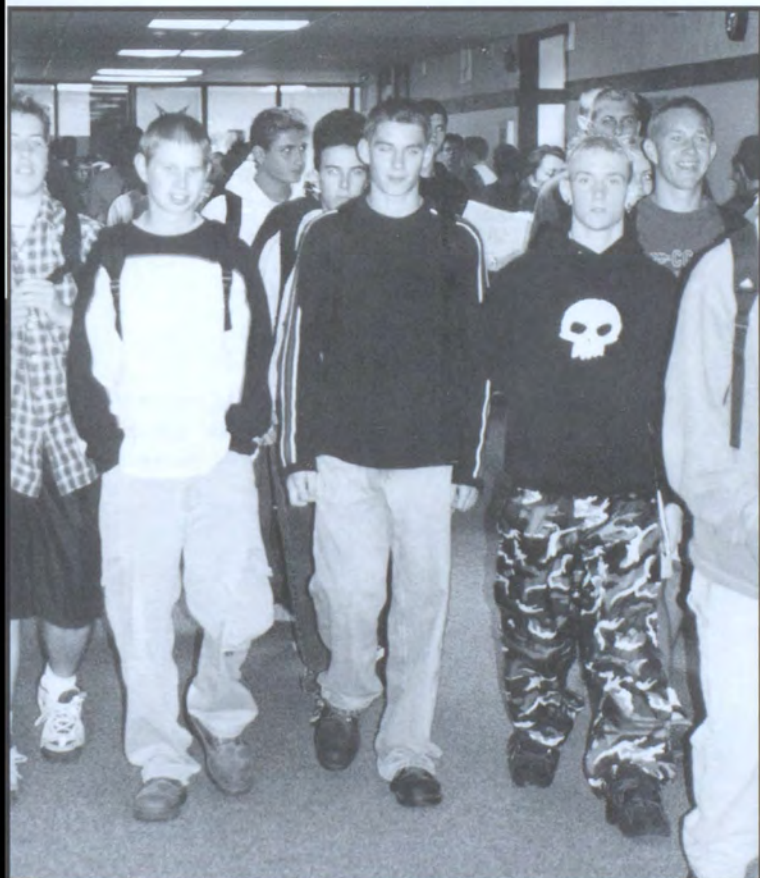
▲ Scott Baumann, Bennett Johnson, April Walter, and Arik Howie are using the computers in the science lab to get work done on their Power Point presentation.

► During Passing time, Trapper Simons, Bryan O'Neill and KJ Meath walk through the halls. They rush to make it to their next class during the 10 minute passing time.





◀**Tragic Event!** On September 21, 2001, students gather in the gymnasium for the Patriotic Assembly. They wore red, white and blue to show their patriotism and honor the people that died in the tragic events on September 11.



It's Not ALL Maroon & Gold

Mark Robertson
Principal



Dr. Russ Cooper
Assistant Principal



Kim Hartung
Assistant Principal



Don Bosch
Activities Director



School Board



▲ **School Board Members Row 1:** Rebecca Otto, Susan Novak, Jody Krebs
Row 2: Joe Grafft, Clyde Boyer, Lynn Steenblock, Bill Bresin, Dean Barr



Bob Cockburn
Police Liaison



The people have spoken, **Lynn Steenblock**, superintendent, was an ample part of the Vote Yes Committee, which was made up of teachers, parents and other community members. When asked about his reaction to the levy passing he replied, "I was very appreciative of the public to support the schools to allow programs to continue." Since the levy had failed last year, many sports and other activities were

forced to be cut this year. To ensure the public would vote yes, they led a diligent ad campaign which resulted in a yes vote. There was also a vote held for new school board members. This year's new members are Rebecca Otto and Jody Krebs. They started on the school board in the new year.

With the help of the willing public, the students will endure a well spent education all day long.

-Theresa Kopka

Leaders of the Pack



*Rockin' to the beat. **David Livermore, Ted Anderson, and Jeffery Plaman** anxiously await the next performer at the Battle of the Bands during Homecoming week.*



*Candy for sale. **Mary Anderson and Theresa Gibson** talk amongst themselves while selling treats during the lunches.*

Faculty

The immense influence teachers have on their students' lives is often overlooked. They have made it their lives to come to school each day and work with all of the students so we may have bright futures, no matter how difficult it is to get through to us sometimes. Each staff member has their own reason why they are in their profession. Mr. Roger Cheyne comments, "I hope to instill the desire to make students want to learn for the rest of their lives." Each staff member has an important impact on the life of each student. They all play a part in providing the school with a better atmosphere to live, learn, and grow. Many students have certain staff members they look to for advice, help after school, and consider to be a good friend. These patient, hard working professionals deserve every ounce of respect they could possibly be given.

-Katie Gatzow and Emily Stigall

Staff

I'll trade you this banana for your snack pack. The teachers from the 300's Wing congregate in the World Languages Office to refuel for the remainder of the day.





Michael Altavilla
Math



Alan Anderson
Business

Mug Shot! While sitting at her desk, Ann Skoglund indulges in caffeine to start her day with some pep.



Charles Anderson
Social Studies



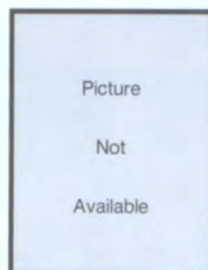
Mary Anderson
Special Education



Susan Anderson
Agribusiness



Edward Anderson
German



Wayne Anderson
Industrial Tech



Joan Angell
Dean



Ann Astrup
Math



Karen Bakken
Audio Visual



Rebecca Batchlor
Special Education



Rena Benedict
Science



Michael Bernauer
English



Sharon Bowden
Office Assistant



Kathleen Brandt
Agribusiness



LeeAnne Brockman
Technology Specialist



Anne Brockmann
Spanish



John Buck
Math



Jamie Bullock
Business



Ronald Burris
Dean



Mr. Mikolajczyk: I was watching the Real World last night and Nicole and Coral were confessing their most embarrassing moments, and it got me thinking about my own.

Mr. Hahn: Oh yeah, what is your most embarrassing moment?

Mr. Mikolajczyk: Well, I was pacing back and forth in front of the class as I always do, and I didn't notice the boy in the front row with his legs spread out beneath his desk. Needless to say, I tripped, and I was airborne for about 20 minutes. When I got up, I brushed it off by saying, "Now where was I?"

Mr. Hahn: That's hilarious! I'm not sure if it beats mine though.

Mr. Mikolajczyk: What happened to you that could have even come close to mine?

Mr. Hahn: While conducting a room full of students, the 30 year old conductors chair I was sitting on collapsed beneath me.

Mr. Mikolajczyk: Ha! That's pretty good, Hahn. I wonder if other teachers have experienced moments like these...



Sara Cameron
Social Studies



Charles Chalberg
Math



Roger Cheyne
Social Studies



Michael Coffee
Industrial Tech



Coleen Colton
French



Jennifer Debe
Physical Education



Robert Dettmer
Physical Education



Judy Dittberner
Social Studies



Terry Eikren
English



Nancy Ellias
Physical Education



Patrick Ellias
Special Education



Richard Elliot
Social Studies



Chad Erichsrud
Special Education



Heidi Eschenbach
Science



Another busy day in the Industrial Technology room. **Mr. Lynn Ruetten** anxiously awaits teaching his next lesson.



Megan Espe-Och
Spanish



Janine Forrer
Registrar



Daniel Forsythe
Physical Education



Edward Gibson
Psychologist

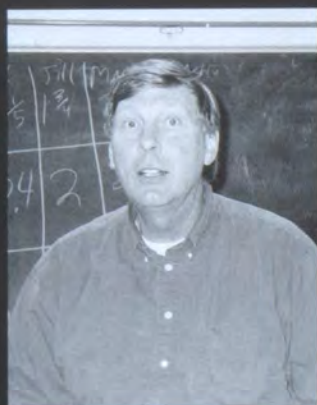


Theresa Gibson
Special Education



Leonard Groom
T & I

Mr. Marzolf: One day I had a pig in a box in the front of my classroom. The principal just happened to stop by to evaluate me that hour. The pig started oinking and the principal had no clue what was going on.



Ms. Brockmann: Most embarrassing moment, eh? It's a toss-up. There was the time a student picked me up and spun me around above her head making me smack my head on the blackboard. And who can forget the time a student got a hold of one of my handouts and drew the male anatomy on top of them. I didn't know about it so I made copies and handed them out to my class the next day; I'll never forget it.



Charles Gunderson
Physical Education



Lynne Hagen
Special Education

"How can I help you?" Jeffery Plauman instructs his class on how to set up the next experiment.



Richard Hahn
Instrumental Music



Debra Hansen
Office Assistant



Tony Harris
Diversified
Occupations



Henry Hebert
English



Annette Hegler
French



Dana Herman
Art



James Herman
Physical Education



Judith Hill
Science



Charles Hiner
Special Education



Steven Hinrichs
Agribusiness



Thomas Hipkins
Social Studies



Jennifer Hreha
Special Education



Susan Jarrett
Math



Claudia Johnson
Office Assistant



Cindy Jones
Behavior Specialist



Joseph Jurasin
Industrial Tech



Maria Kaiser
Art



Paul Karlsson
Media

* Mr. Cheyne: In my Marriage and the Family class I was talking about personal family situations I had gone through, and then suddenly realized my son was in the class.



Mrs. Espe-Och: I was heading back to class from my office when I spotted a plate of green shamrock cookies. I quickly ate one and ran off to my classroom. All hour I had noticed the students were looking at me funny, and when I went to the bathroom afterwards I realized why; my lips were bright green!



Janelle Kendrick
Special Education



Samantha Kraker
Spanish



Wendy Langer
Dean



Allen Larson
Art



Gail Law
English



Bruce Leventhal
Science



Jeffrey Lewis
Science



Dain Liepa
English



James Lindstrom
Vocal Music



David Livermore
Instrumental Music



Laura Livermore
English



Michelle Lynch
Vocal Music



Tamara Marshall
Audio Visual
Coordinator



Robert Marzolf
Agribusiness



"One more time from the top." Richard Hahn stresses the importance of staying focused while performing a classical piece.



Larry Matzdorf
Math



Karen McCurdy
Special Education



Judy McDonough
English



William McElrath
Social Studies

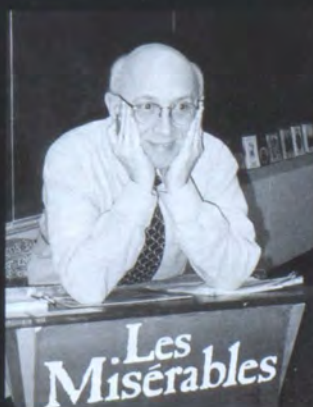


Lisa Meyers
Special Education



Donna Micko
Special Education

Mr. Bernauer: During my first year of teaching, I had a class that was a "little" rowdy. One day I got angry at them and told them, "When you are ready to learn, come and get me!" I went to the faculty lounge, and they didn't come to get me for three days. Needless to say, I haven't used that line ever again.



Mr. Dettmer: There's been a lot of them... When I was 21 years old and just starting out, the principal came down to the gym and stood right next to me and he said, "Where's the teacher? I need to talk to the teacher."



Kenneth Mikolajczyk
Social Studies



Kristen Nellis
Business Education

All Smiles. Dorothy Sunne sits back and smiles for the camera.



Carol Nelson
Office Assistant



Timothy Newcomb
English



Thomas Newell
Business Education



John Olsen
English



William Olson
Math



Marilyn Orlich
FACS



Jean Palmateer
Media Assistant



Nancy Pechmann
Art



Jeffrey Plaman
Science



Cynthia Riesgraf
Science



Nicole Ristow
Math



Claire Ritchie
Special Education



Kevin Rivard
Industrial Tech



Judy Rotach
Office Assistant



Lyn Ruetten
Industrial Tech



James Rustad
Special Education

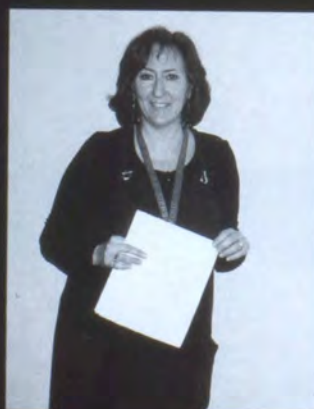


Ellen Schaal
Office Assistant



Barbara Schellinger
FACS

Ms. Teichner: I had a learning impaired student in my class who used sign language to tell her interpreter that I had toilet paper in the zipper of my pants. I don't know if anyone else said anything, but the interpreter told me and I fixed the problem.



Mrs. Kaiser: It was my second year teaching, and students were melting plastic pipes together for a sculpture, when hot plastic dropped in a bottle of rubber cement and a fire started. Somewhat panicked, I threw the rubber cement bottle into the sink and the fire got bigger! I'm proud to say it was successfully extinguished.



Amber Schultz
Behavior Specialist



Carol Shelleny
Principal Assistant



Ann Skoglund
Athletic Director
Assistant



Theresa Snodie
Special Education



Sara Soderbeck
FACS



William Somrock
English



Roxie Stangeland
Special Education



Suzanne Stennes-
Rogness
Social Studies



William Streeter
Reading



Dorothy Sunne
English



Brenda Swanson
Special Education



Sandra Teichner
Social Studies



Donald Thompson
Social Studies



Larry Tietje
Math



*"No more passes today." Sharon Bowden
wraps up the day with a sigh of relief.*



Joel-Lynn Tinklenberg
Special Education



Julie Trombley
Career Resource
Center



Kelly Tschudy-Lafean
Dean



Ronald Tungseth
Social Studies



Larry Underkoffler
Art



Bradley Ward
Science

Mrs. Schellinger: I choose to erase
all the embarrassing moments as
soon as they happen.



Mrs. Pechmann: I offered one of
the French teachers a ride home
in the dead of winter. I let her sit
in the running car while I scraped
off my windows. She rolled down
the driver's side window to tell me
something. While rolling it back
up she hit the shifter and the car
was put in drive. She panicked
and before I knew it the car was
rolling away. It got about 30
yards before it ran into a teacher's
parked car.



Jessica Ward
Special Education



Mary Wightman
Technology Specialist



Jeffery Wilson
Occupational
Relations



Sharron Wilson
Media Assistant



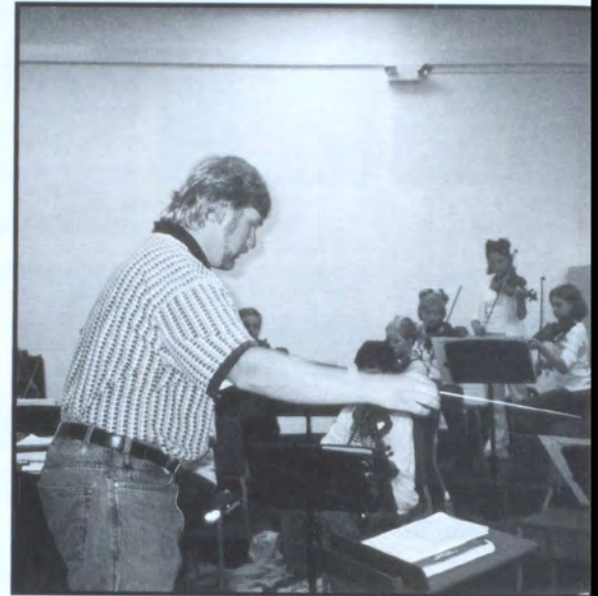
Charmaine
Wodaszewski
Special Education

Mmm Mmm good.
Carissa Peterson,
BIS, grabs a quick
bite on her lunch
break.

Good Morning!
Dean, **Wendy**
Langer organizes
her schedule for the
upcoming day.



One & Two &... Someone sneaks in to catch **David Livermore** conducting his orchestra ensemble.



Don't mind me. **Amber Schultz** gets her vogue on when she spots a photographer passing by.

A Special Thanks to the Staff that help our school run more smoothly:

Cooking Staff Row 1: M. Zopf, C. Kirchoff, G. Carney, N. Vollmer **Row 2:** A. Chamberlain, L. Johnson, P. Rundhaug, K. Garnett, B. Nelson, K. Hoff, S. Hartung, D. Thoeny



Keep up the good work. **Laura Johnson** does her part to clean up after the lunch periods.

Break time. **Ann Chamberlain** and **Margie Zopf** take a breather between lunches.



Behind the Scenes

Custodial Staff

Mick Haugen
Ron Ailara
Robert Haworth
Ira Hollingsworth
John Olson
Florence Parenteau
Russell Parker
Perry Peterson
June Raykowski
Ron Rohda
Jeff Widman
Craig Willert
Donna Wytaske



Double time. **Mick Haugen** and **John Olson** work together to speed up the cleaning process after lunch.

Mr Clean. A little bit of elbow grease goes a long way. **John Olson** makes the floor glow after lunch commences.



One last time. After 30 years of maintaining the schools appearance, **Ira Hollingsworth** closes his career with one final lap.



New Kids on the Block

Whether you have personally experienced it or not, everyone can say that being the "New Kid" would be a difficult situation to find yourself in. Each and every staff member in this school has experienced that same newness, nervousness, maybe even anxiety at one point in their career.

A teacher's first year at a new school can reflect on the many years to come. Future students will either fear to sit in their class or office or fight to be in the front row. A new staff member's first impression is very important in determining how they will be perceived throughout the duration of their stay at school. All that pressure cannot be easy to handle, but the desire to teach can overpower it. The student body can make or break their impressions of the school as well.

A new addition to the high schools World Language department, Samantha Kraker, gives the students a lot of credit thus far. "It's refreshing to see that kids don't cry if they get an A-, . . . if they try their hardest, they're happy with what they've earned. When Kraker was asked if the students were kind to her, she exclaimed, "Yeah! They bring me flowers and doughnuts when I'm having a bad day. They're really sweet." So remember, kind gestures, pastries and possibly flowers can make someone new feel welcome.

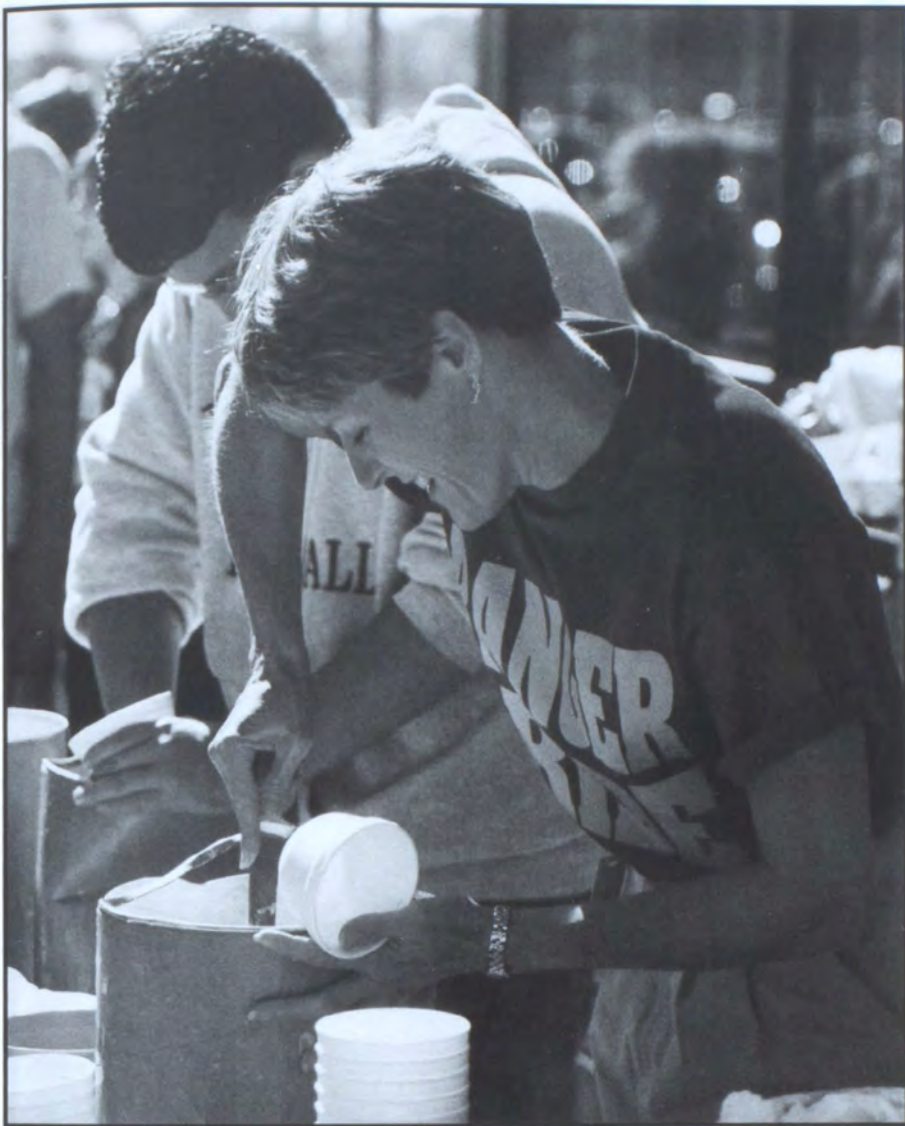
- **Kaite Gatzow** and **Emily Stigall**



"Present." English teacher **Dain Leipa** quickly takes attendance before beginning his lesson for the day.



May I help you? Business Education teacher **Kristen Nellis** is suddenly startled to see someone snapping her photo from the doorway.

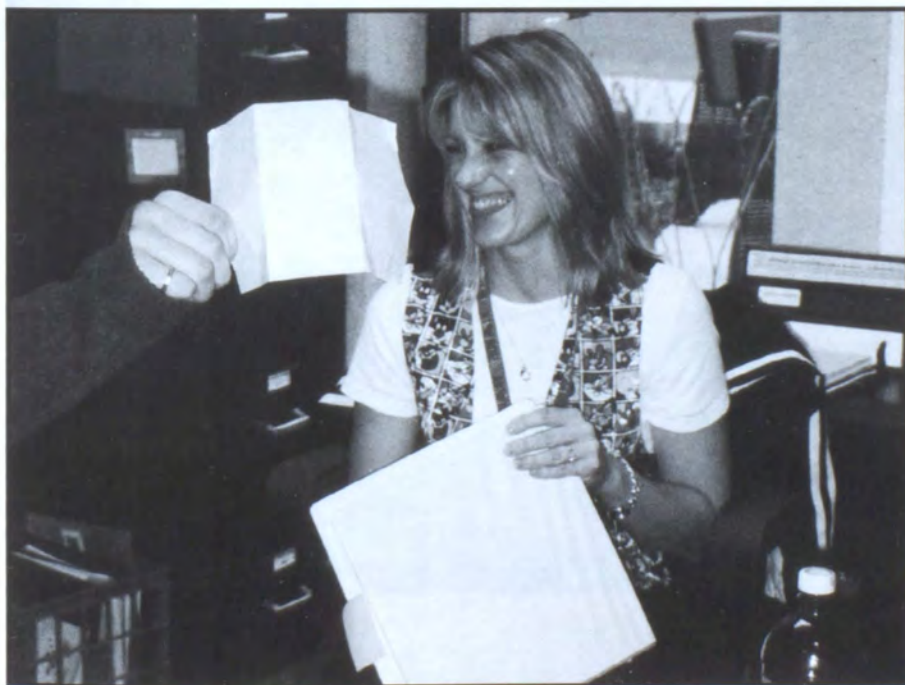


Was that one scoop or two? New Assistant Principal **Kimberly Hartung** creates a masterpiece sundae for a hungry student during combined lunches, Homecoming week.

Activities Director **Donald Bosch** organizes upcoming sporting events and activities early in the day.



New Dean **Joan Angell** gets sidetracked from her work by a visitor entering her office.



A Whole New World

SOPHOMORES



Dog pile! James Underdahl, Danielle Mueller, and Jessica Graft pile up on maroon and gold day.

Your Freshman year is the best time of your junior high career. You're the biggest; picking on every little sevy that gets in your way. Then suddenly, you're jerked from domination and the cycle starts over.

You're a sophomore in a huge high school with huge kids and you feel lost. The confrontation begins as the two junior high schools come together, forming one student body. The ups and downs of high school would challenge you, testing your knowledge and perseverance. As you try to get used to the eighty-five minute periods and the

different rules and teachers, you realize that you are in a totally different world.

Students come to know the different challenges of being a high school student. No longer was it looked upon as a great experience, but a journey they undertook. The many different things that you will experience in your high school career will be some that you will never forget.

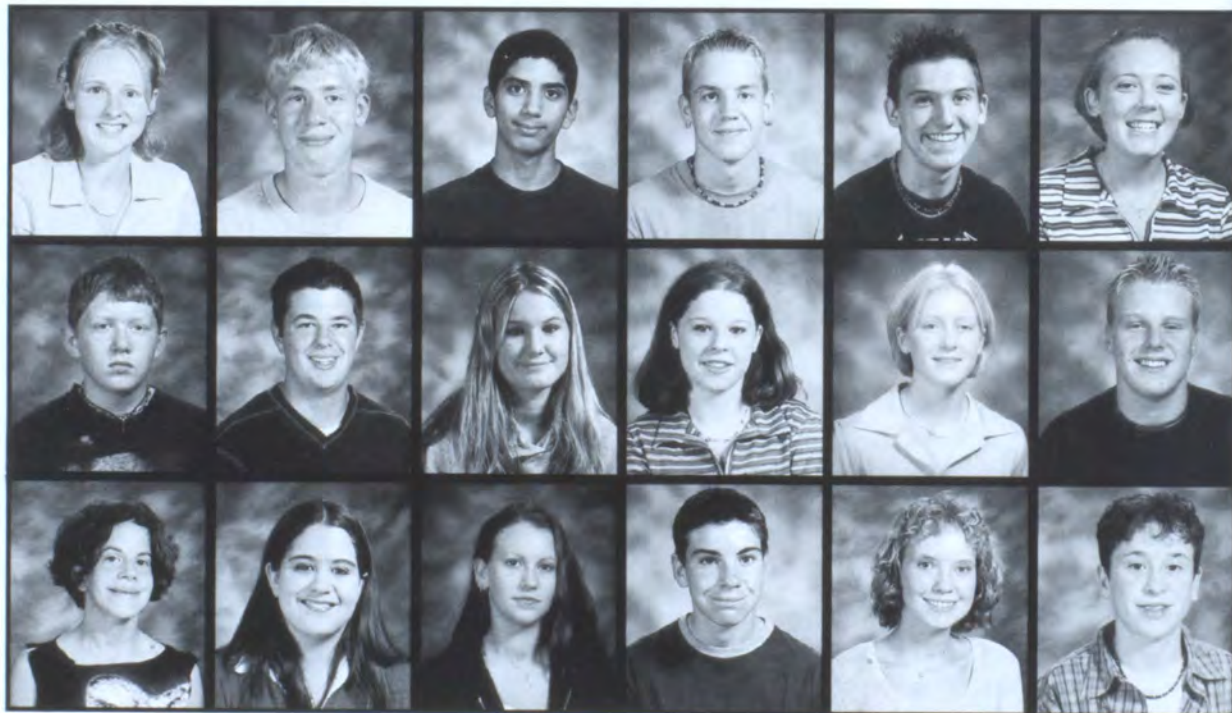
None of the sophomores knew how quick the next three years would go by. All one could do was tell them to enjoy every minute of it.

-Timothy Johnson

Shana Abernathy
John Abress
Stephen Adam
Timothy Ahlgren
Matthew Albrecht
Jamie Aljets

Dylan Alle
Tryn Almendinger
Ashli Alsaker
Samantha Alspaugh
Jill Andersen
Burke Anderson

Cassandra Anderson
Jane Anderson
Jennifer Anderson
Matthew Anderson
Meghan Anderson
Stephen Anthony





Mark Arcand
Travis Arnsdorff
Megan Aschenbrener
Brian Ashby
Collin Authier
Laura Ayde

Madeline Baatz
Peter Bailey
Timothy Banttari
Aaron Barnes
Henry Barnes
Nicole Barnes

Thomas Barott
Justin Barr
Tony Bates
Daren Bean
Andrew Beane
Michael Beebe

Elliot Behringer
Amy Beimert
Keith Beise
Jacob Belland
Joshua Belland
Brian Berg

Justin Berg
Courtney Bergstom
Kyle Bernier
Alisha Beverly
Lowell Bishop
Scott Bjorklund

Jessica Boerum
Rachel Bogenrief
Amanda Bohler
Stacy Bohnen
Morgan Bollinger
David Boniface

Jenna Bourque
Andrew Bowles
Cassandra Brandt
Katrina Brandt
Samuel Brandt
Holly Branville

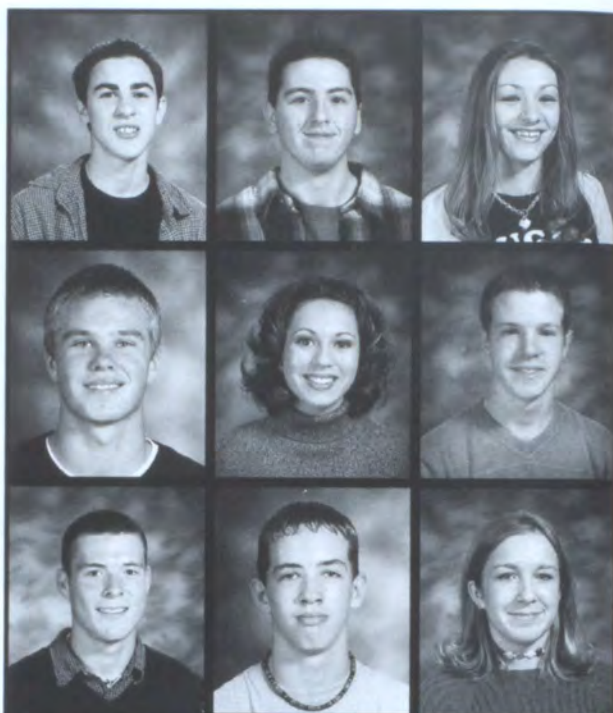
Flash and flair, **Rachel Kissner** shows off at the ever popular maroon and gold day.



Kyle Braun
Justin Breidel
Coral Brevig

Timothy Bridgeman
Alicia Broker
Jacob Brown

Jacob Brown
Jonathan Brown
Tanya Brown



Amanda Bruner
Emily Buck
Robert Buhl
Amanda Buol
William Burgess
Jeremy Burns

Mary Bush
Scott Butler
David Bydalek
Kyrsten Cagle
Kevin Calkins
Timothy Cameron

Michael Campbell
Jenny Canine
Adam Carey
Dustin Carlson
Katie Carlson
Steven Carlson

Benjamin Carson
Megan Casey
Sean Casey
Eric Chapman
Amy Charpentier
Fayanne Charpentier





Cassandra Chartrand
Kristina Chase
Sam Chaussee
Joshua Checkalski
Tracy Chouinard
Erik Christensen



Jessica Christenson
Jamie Cincotta
Kyle Clafflin
Justina Clifford
Derek Cloutier
Cassandra Cockburn



David Comparetto
Christopher Conley
Amanda Coozenoy
Geoffrey Corbett
Brent Cowen
Matthew Cox



Amanda Crecelius
Jason Czech
Mark Darwin
Rebecca Daschel
Jeremy Debuhr
Stephanie DeMars



Nathan Denny
Anna Deraad
Josh Determan



Charles Devore
Katherine Diehl
Brendan Dierksmeier



Michelle Dina
Richard Dixon
Kelly Dobihal



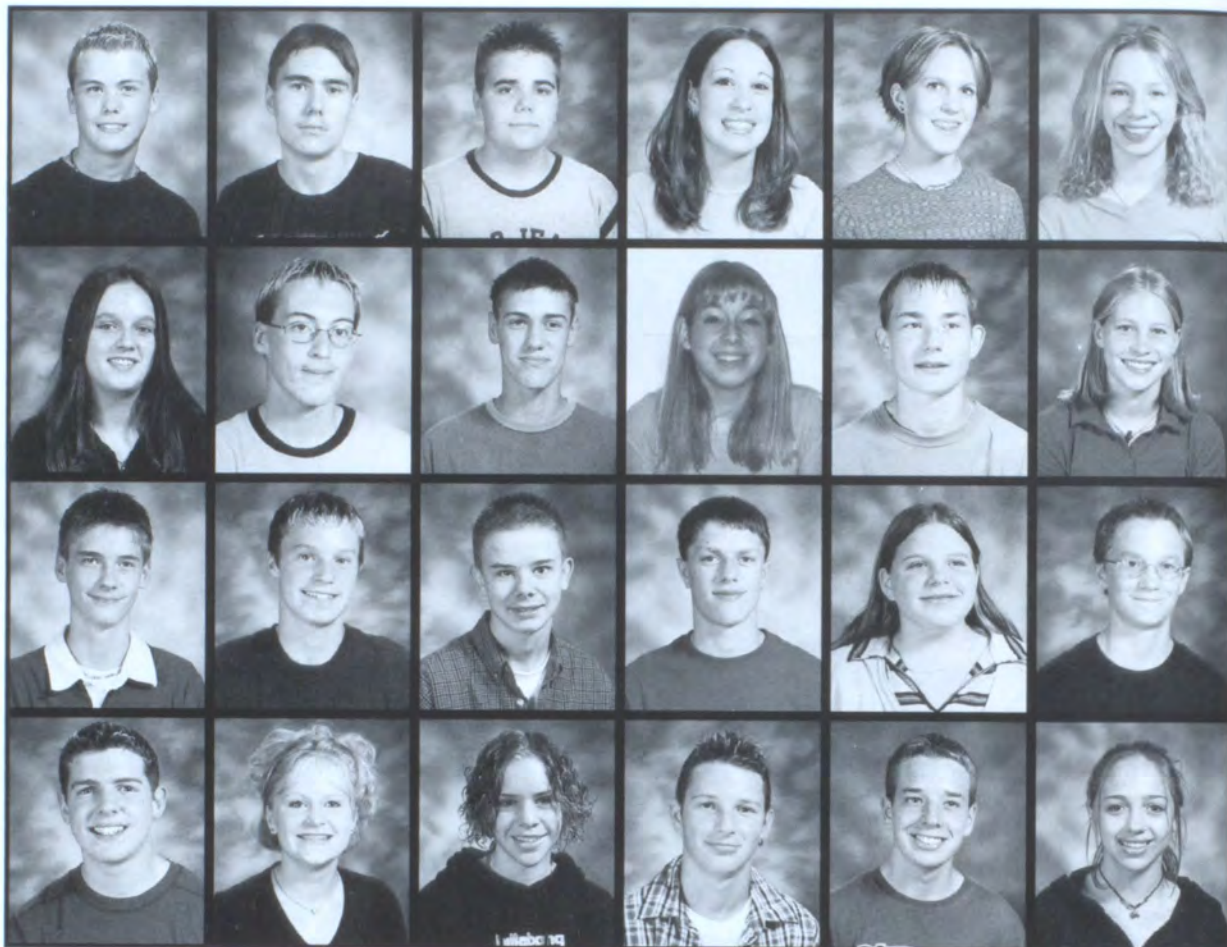
*Keeping it cool... **Jessica Boerum** stops to reflect on her busy homecoming day.*

Corey Docken
Christopher
Dockendorf
Matthew Dockter
Rachel Dohmen
Julie Dolan
Kerianne Donohoo

Jennifer Doriott
Christopher Duff
Timothy Dufour
Amber Dupre
Jeremy Ebner
Laura Edlund

Chad Eiken
Justin Ellingson
Jesse Engholm
Brian Engstrom
Alayna Erichsrud
Nicholas Erickson

Scott Erickson
Ashley Erzar
Shannon Esler
Zachary Ewing
John Fahnhorst
Catie Farr



Shawna Smith and Anne Lovgren sit in biology class during the automatic structure unit.



Cool music and cool people, sophomores Laura Hanson and Katie Prudhomme are just hanging out at Battle of the Bands.



Maren Farvour
 Andrew Feist
 Joseph Ferdelman
 Michael Finamore
 Kyle Finnegan
 Zachary Finstrom

Amy Fisher
 Cody Fisher
 Erica Fisher
 Joshua Flagstad
 Daniel Flanagan
 Dale Fleck

Jeffrey Fleischhacker
 Katherine Flohr
 Nathan Fortuna
 Nicole Foyt
 Paul Fransen
 Eric Frederick

Matthew Fredrickson
 Thomas Frericks
 Brandon Frieburg
 Cory Froyum
 Shannon Fuith
 Daniel Gabrielson

Nicole Gagne
 Daniel Garritsen
 Mallory Gates
 Christa Louise
 Gelking
 Jenna Gestson
 Jason Geving

Angela Gibbs
 Grant Gilbertson
 Heather Glewwe
 Kelly Goiffon
 Kayla Gonsior
 Rachel Goossens

Jynelle Gorka
 Jessica Grafft
 Brooke Grant
 Donovan Graslee
 Anthony Gray
 Amanda Gregerson

Carson Greniger
Kim Grimes
Candi Groeneweg
Danielle Grosz
Laura Grubbs
Ashley Grundtner



Daniel Guenther
Raymond Gulick
Joshua Gummert
Lindsay Guthrie
Michael Haessly
Nicholas Hafele



Jamie Hager
Matthew Haider
Kathryn Hallberg
Kellie Hames
Ashley Handstad
Jeremy Hansen



Kelly Hansen
Amy Hanson
Kristina Hanson
Laura Hanson
Jacob Hard
Patrick Harnett



Michael Harris
Tamara Hartmann
Stephanie Hauer
Jessica Havens
Rhonda Heaton
Kristen Hendricks



Theodore Henrichs
Cole Herring
Ryan Hills
Donald Hokanson
Maureen Holleran
Katherine Hollerbach



Katherine Holmes
Rachel Holscher
Chance Holt
Samantha Hough
Derek Houle
James House





*Magnifying the magic,
Nicole Gagne and
Ashley Tackes look for
the unknown.*



Kristen Howe
Alyse Howie
Nathaniel Hughes
Amy Husfeldt
Christopher Jacobson
Faith Jensen

Meghan Jette
Laura Joachim
Danial Jobe
Benjamin Johnson
Candice Johnson
Christopher Johnson

Clayton(Joe) Johnson
Denise Johnson
Derek Johnson
Jessica Johnson
Matthew Johnson
Peter Johnson

Renee Johnson
Silas Johnson
Corbin Jolly
Andrew Juelich
Tara Jung
Seth Kalhagen

Sara Kanada
Sean Kandel
Joshua Kappes
Katherine Kasl
William Kassow
Matthew Keller

Stephanie Kelley
Sean Kennedy

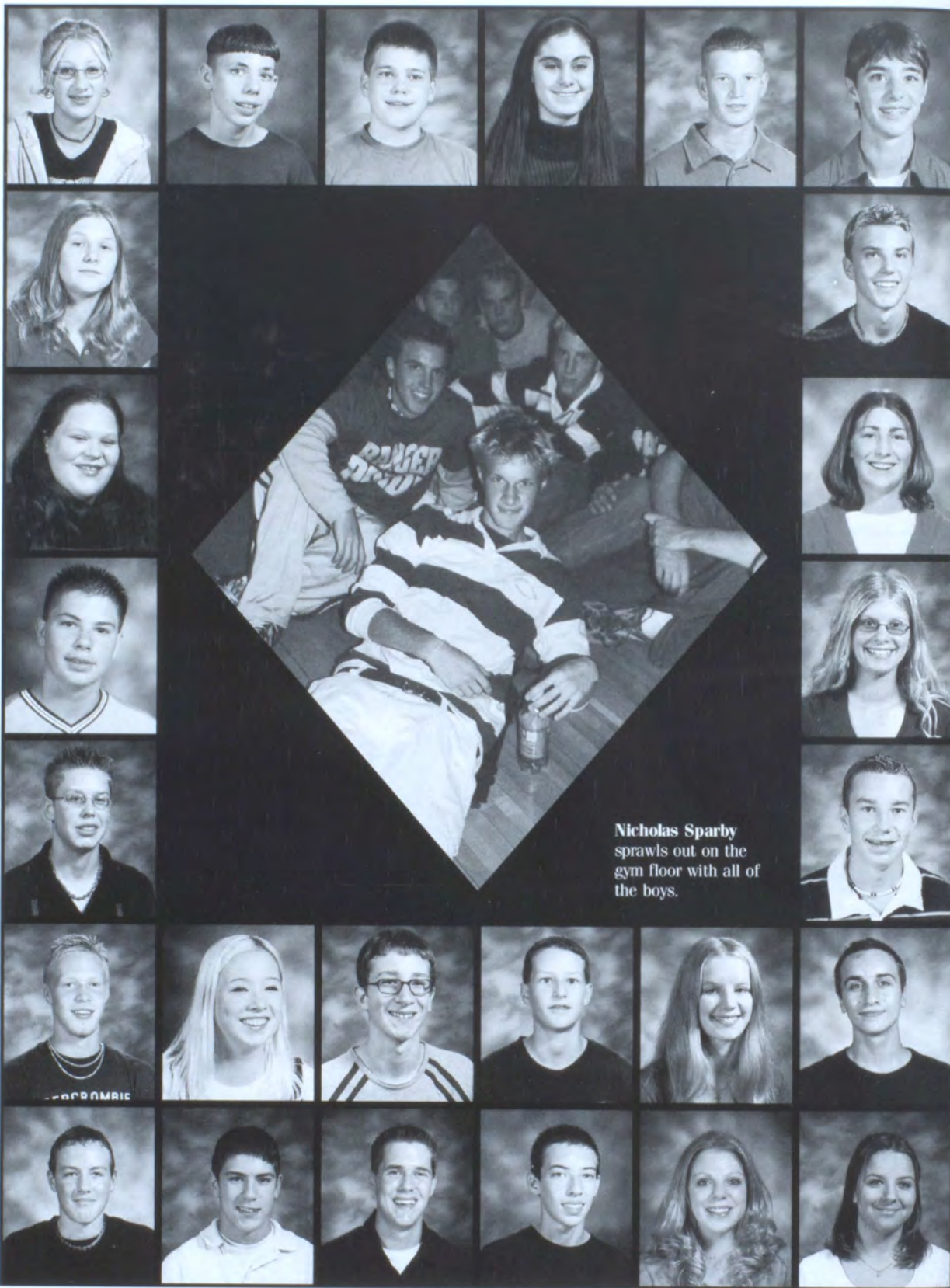
Dawn Kichler
Laura Kieger

Jonathan
Kirschenman
Rachel Kissner

Luke Kjellberg
Weston Klee

Christopher
Kleinhuizen
Kristen Kline
Karl Kloos
Steven Klosner
Leanne Kluk
Thomas Knadle

Christopher Knauff
Justin Knowlton
Derrick Knutson
Jordan Koch
Tara Kogler
Jessica Kohanek



Nicholas Sparby
sprawls out on the
gym floor with all of
the boys.



Jamie Kohs
 Stephen Korthals
 Jason Koshiol
 Kal Kotoski
 Michael Krengel
 Adam Krieger

Wayne Krongard
 William Krynski
 Josephine Kuntz
 Elizabeth Lacroix
 Jeremy Lang
 Sara Langer

Jennifer Lappe
 Eric Larsen
 Nickolus Larsin
 Samuel Larson
 John Lavalle
 Curt Lawrence

Justin Ledman
 Alicia Lehner
 Andrea Lehner
 Emily Leitner
 Aileen Leroux
 Jacob Leroux

Sheila Lessard
 Andrew Levesque
 Kayle Lewellen
 Nathan Lewis
 Ryan Lewis
 Sara Lichliter

Zachary Lichtscheidl
 Bryon Lind
 Jordan Lindahl
 Stacy Lindau
 Joshua Lindblom
 Joseph Lindeberg

Bethanie Lindorfer
 Matthew Lindstrom
 Tiana Lindstrom
 Lindsey Lingl
 Sara Linnerooth
 Danielle Linwood

Casey Liptak
Shawn Little
Joseph Loch
Lindsey Lofton
Melissa Loftus
Rachel Long

Nicholas Longtin
Anne Lovgren
Teresa Lueck
Samuel Lueth
Jacob Lund
Zachary Lund

Cory Lynch
Richard Main
Matthew Malmquist
Brian Maloney
Jeremy Manderscheid
Travis Manick

Caitlin Manley
Cortney Marr
Lewis Marshall
Samantha Marshall
Rachel Martin
Jason Maslow

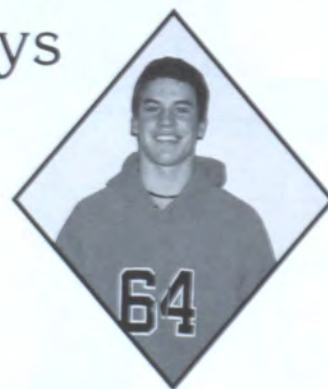


The Fuzzy Line Between Guys and Girls

► "They take
advantage of us."
-Richard Dixon



▼ "Why do they
always think they're
fat?"
-Corbin Jolly



◀ "Seriously, I
understand
nothing about
them."
-Joseph
Lindeberg



◀ "Why do girls
always have to be
so sassy?"
-Michael Thell



► "Why do
Sophomore girls
always have
special needs?"
-Jakob Brown





Donald Mastel
Sarah Matson
James McArthur
Robert McCandless
Robert McCollum
Rebecca McCullough

Nicole McDaniel
Anita McGuire
Brianna McMahon
Laura McMahon
Sean Meath
Rachel Medina

Amanda Melhorn
Allison Mericle
Susan Merthan
Tyler Metcalf
Courtney Mettling
Amanda Metzger

Brian Meyer
Jordan Meyer
Jessica Michalek
Ana Miletich
John Miller
Ross Miller

► "They don't know the difference between a pencil and lipstick."

-**Bethanie Lindorfer**



▼ "Locker room behavior."
-**Rachel Turry**



◀ "They always make fun of us and they do the exact same things."

-**Danielle Mueller**



◀ "They try too hard to impress us."

-**Jessica Grafft**



► "Why are they so obvious when they stare."

-**Amanda Melhorn**



Meghan Milligan
Eric Minske
Paul Miron
Joshua Mishler
Jason Moe
Nicole Moen

Nicholas Moline
Joshua Morelli
Charles Morin
Janna Morris
Alison Moynagh
Danielle Mueller

Angela Mulcahy
Daniel Nalewaja
Carrie Nelson
Kiah Nelson
Scott Nelson
David Netzloff

Theresa Neu
Michael Newell
Rebecca Nicklason
Caitlin Nordenstrom
Jeffrey Noren
Joseph Nothaft

Anthony Nurkka
Daniel O'Neill
Cassandra Okimosh
Jennifer Olander
Nicole Olson
Melissa Ostenso

Bobbi Ouradnik
Bradley Ouradnik
Sean Parenteau
Lauran Parkos
Jessica Paschke
Brandon Paul

Drew Pederson
Russell Peltier
Jonathan Perrone
Adam Peterson
Amanda Petroske
Jared Pfenning





Simeon Phelps
Anthony Phinney
Christine Pierce
Daniel Pilarski
Melissa Pilla
Hillary Plain

Jenna Plochocki
Lindsay Poole
Rebecca Portz
Elijah Prescott
Katie Prudhomme
James Pufall

Adam Purcell
Ashley Racutt
Tiffany Radden
David Ranta
Tyler Reber
Jessica Rehak

Thomas Reinke
Michelle Remackel
Jennifer Renard
Christopher Renlund
Lisa Renollet
Amy Rhoda

Daniel Rice
Ashley Richter
Tyler Rife
Jacob Robinson
Ashlee Rock
Jared Root

Christopher
Rosemark
Nicholas Roubik
Daniel Rowley
Amber Rubedor
Jessica Sager
Sarah Salmela

Jeffrey Sandager
Ashley Sargent
Amy Satnik
Daniel Schaefer
Paul Scheierl
Scott Schiefelbein

Darien Schifsky
 Jessup Schiks
 Aaron Schmidt
 Dana Schmidt
 Matthew Schmidt
 Ryan Schmidt



Laura Schneider
 Jamie Schroeder
 Joseph Schuneman
 Megan Sell
 Matthew Selvog
 Andrew Servaty

*Mad scientist? **Anna Deraad** works diligently on her biology work while studying the tiny world of bacteria.*



James Shaw
 Matthew Shearen
 Timothy Shelafoe
 Jackie Shima
 Laura Shoberg
 Kristina Simpson



Logan Simpson
 Troy Sisco
 Felicia Sjostrand
 Andrew Skelley
 Lorin Skoglund
 Siri Skoriuchow



Molly Slipka
Chad Smeby
Darwin Smith
Marcus Smith
Shawna Smith
Stephanie Smith

Andrea Sogaard
Erik Sogaard
Samuel Sohm
Aaron Sopeth
Careth Sorenson
Nicholas Sparby

Hannah Sparks
John Spencer
Nicole Spencer
Savahna Sperle
Raymond
St. Germain
Timothy Stec

Andrew Stedje
Gregory Steele
Ryan Steffer
Theresa Stein
John Steitz
Jesse Stenberg

Madelyn Stephens
Matthew Stevens
Paul Stocco
Jacqueline Stoffels
Angela Stokes
Christine Stream



Reversal, 2 points. I think not! **Jacob Brown** administers his version of the heimlich maneuver on **Daniel Rice**.



God bless America. **Madeline Baatz** shows her Ranger and American pride.

Ryan Stream
Erik Stromberg
Brittany Stuber
Thomas Sullivan
Anna Svenkeson
Christopher Swanson

Nicholas Swanson
Kyle Swenson
Mark Synicyn
Michelle Synicyn
Erica Syring
Christine Tacheny

Ashley Tackes
Jacquelin Tadych
Thomas Tauzell
Amanda Tessling
Kathleen Thacker
Shari Thalhuber

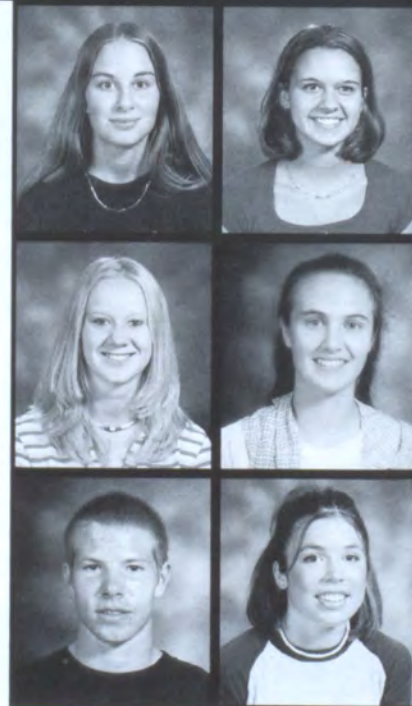
Michael Thell
Randy Thill
Katie Thomas
Scott Thomas
Scott Thompson
Micah Thorson



Jessica Thraen
Bridget Tilton

Jennifer Tollefson
Molly Trombley

Theodore Truedson
Rachel Turry



Look out for the hand. **Jeffery Norton** is mastering the art of being a blacksmith.



Cassandra Anderson and Heidi Harrison take a break from the current events to pose for the camera.



Amanda Twingstrom
Michael Umland



James Underdahl
Jacob Vadnais



Jenessa Van Deen
Gloria Van Sloun



Daniel Van Vliet
Cara Vandever
Michael Vang
Plua Vang
Michael Varns
Harmony Venburg

Blake Vogland
Kyle Vollrath
Stephen Wadsworth
Jesse Wahlgren
Matthew Waldo
Kelly Waldoch

Kevin Wallar
Ryan Waller
Matthew Walz
Jessica Ward
Theresa Warner
Brandon Weiss

Brian Welch
Samantha Westcott
Nicole Wiborg
Lydia Wiener-Summers
Amanda Willems
Carlee Williams

Say what? **Laura Shoberg** questions her friends as **Rachel Goosen** ignores what's going on.

Corey Williams
Jenna Williams
Sean Williams



Shawn Williamson
Kathryn Willis
Meagan Willson



Eric Wilson
Dianna Windish
Mark Wiosky



Ashley Wislicenus
Alayna Witte
Allison Wolfbauer
Jacob Wolfe
Jacob Woolstencroft
Timothy Wrich



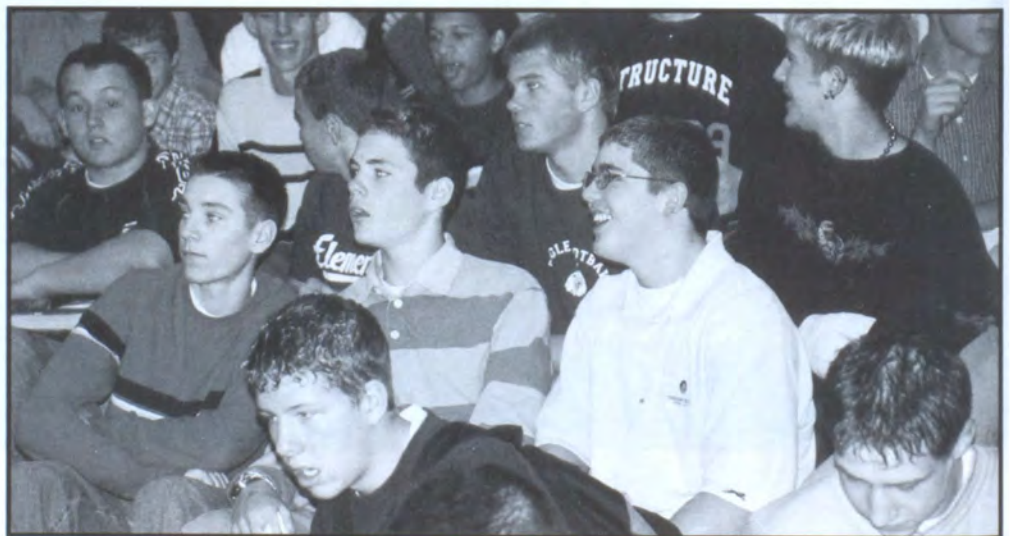
Iaong Yang
Amy Yetter
Brent Zarbok
Nicole Zastrow
Sarah Zierke
Eric Zimmermann

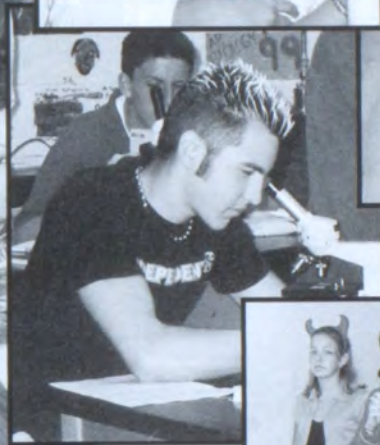
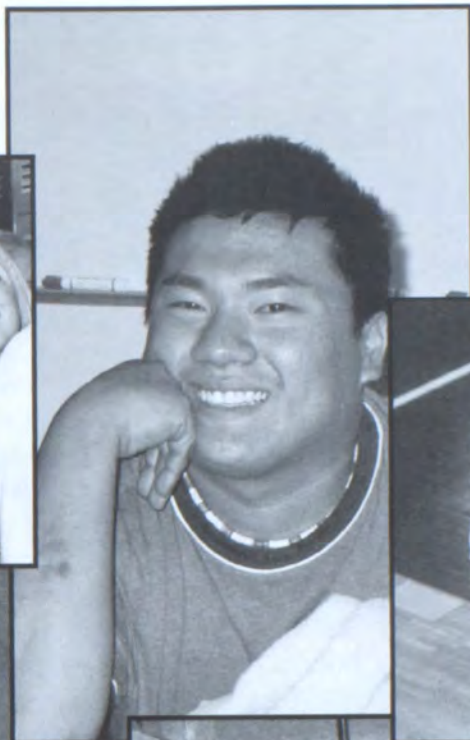


Adam Zopf



This group of sophomores are listening in on what words of wisdom the speaker has to say.





Almost at the top

JUNIOR

Junior year is said to be the toughest. Britta Lundborg believes this is because, "I'm trying to get all of my required credits this year so I can have a fun Senior year." This seems to be the trend. Especially now with the graduation standard requirements. You have to think about which grad standards you still need and how to fulfill them. After all, it's easier to get them now than to wait until next year. Along with the start of the year comes more pressure to start looking at which colleges you might be interested in attending. The school you choose will have a big impact on your life and where it will take you. With only one year of high school left, your dreams and goals appear more obtainable. Just one more year and you're at the top.

-Ashley Brett and Kory Klein

Flying High! Emily Stigall soars up in the air to pose for a quick picture before class.



Brian Aamot
Anthony Acciani
Nicholas Adams
Molly Ahlm
Nicole Albee
Keri Aljets

Austin Alle
Jessica Andersen
Brenna Anderson
Christy Anderson
Cole Anderson
Dana Anderson

Lindsey Anderson
Lucas Anderson
Paul Anderson
Scott Anderson
Taryn Anderson
Tyler Anderson





Brian Ansell
Margaret Anthony
Daniel Aschenbrener



Tyler Asplund
Jason Augustine
Alyssa Auten



Krista Axelson
Christopher Badowicz
Cody Bailey

One more to go! Krystle Danielson pumps iron in Weight Training class.



Kelsie Bakken
Sarah Baklund
Justin Banks
Scott Baumann
Craig Baumtrog
Ashley Bayer



Stephanie Beach
Jessica Beaudry
Lance Beck
Molly Becker
Alexander Behling
Kevin Behr



Christina Belland
Amber Benson
Alexander Berg
Melissa Berg
Nathan Berg
Jaisa Bernklau



Michael Bigelow
Louis Biondo
Jessica Bjorge
Jonathan Bjork
Chad Bjorklund
Clint Blum

Do You Have Any Unusual Fears?



"I see dead people."
- Kyle Schutta



"Cabbage."
- Melesa Freerks

"E. T."
- Alyssa Auten



"Ice."
- Kesiah Kolbow



"I'm scared of small places."
- Jay Danielson



"That someone's going to hit my 1985 camero while it's parked."
- Nicole Souter



What Do You Miss Most About Elementary School?



"The Halloween parade and other holiday parties."
- Jessica Gage



"Finger painting."
- Charles Torrez



"Recess."
- Steven Sand



"Having the 100th day of school and bringing in 100 fruit loops."
- Mary Sobiech



Christopher Blume
Kyle Boerem
Nicholas Boerum

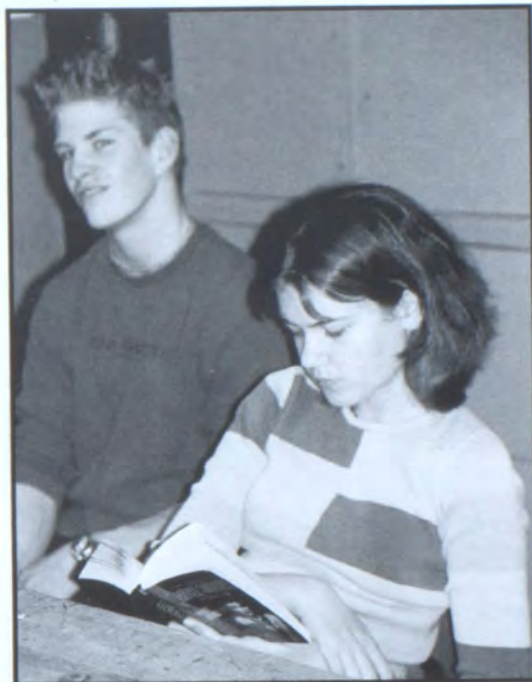


Katie Bolenbaugh
Andrea Boulineau
Scott Brandt



Ashley Brett
Shane Bridgeman
Christie Brink

Great book! Adam Hegberg and Caitlin Hull take a break and enjoy some quiet time.



Bryan Brodeur
Daniel Brodtmann
Kyle Brooks
Jessalyn Brown
Regina Buesing
Andrew Burmeister



Jacob Burns
Laura Burns
Kathleen Busch
Kristina Bushman
Joseph Bzdok
Thiago Carlan



Daniel Carlisle
Cassandra Carroll
Laura Carter
Heather Carufel
Kristine Chandler
Rachel Charpentier



Matthew Chase
Sarah Chaussee
Jennifer Chilson
Lisa Chmielewski
Alexandro Christen
Aleashia Christianson

Whopping waffles! **Sarah Geston** checks on her waffles that she made in Cultures and Cuisines.



Jessica Cichy
Christopher Clark
Megan Colburn

Jennifer Colling
Rebecca Colter
Maxwell Conrad

Kristine Cooley
Kimberly
Coppersmith
Benjamin Crotty



Nicholas Dagostino
Kristin Dahl
Alana Danielowski
Jay Danielson
Krystle Danielson
Marc DeCamilli

Theodore Dehmlow
Melanie Dekart
Jamie Delong
Charles DeMars
Amy Determan
Krystle Dettmer

Ryan Diller
Alex Dolan
Aaron Dunckel
Katherine Dupre
John Durand
April Eagan

Rachel East
Andrea Eiken
Angela Elwell
Dean Emerson
Brandon Engel
William England





Katrina Erickson
Miranda Erickson
Miryha Erickson
Rikki Erickson
Benjamin Eriksen
Carrie Evenson



Jamie Falck
Matthew Faschingbauer
Marie Faulhaber
Nicolas Feist
Isaiah Filla
Brian Folkman



Steven Fortuna
Rodney Foster
Alec Framke
Nicholas Frantzen
Melesa Freerks
Emily Frerichs



Samantha Friesen
Amanda Gage
Jessica Gage
Tyler Gage
Elizabeth Garritsen
Catelyn Garvey



Shayleen Garvey
Katie Gatzow
Kelly Gauvin



Michael Gavanda
Travis Gelking
Rebecca Gellerman



Heather Gerlach
Lindsey Gervais
Brooke Gessner



*Getting greasy. Students **Matthew Wright** and **Nick Hazzard** inspect the cylinder on their motor they are constructing in Power Mechanics.*

Sarah Gestson
Daniel Geurts
Ashley Gibson
Nicole Giesner
Jennifer Gifford
Carrie Gildersleeve



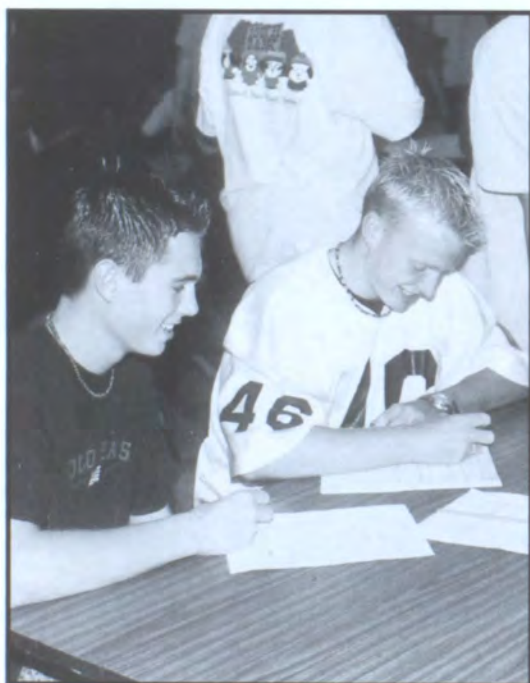
Brandon Girtz
Daniel Gnau
William Gochez
Jenna Goehl
Case Goodyear
Danielle Gorka



Sarah Govaert
Corissa Griffin
Zachary Griffy
Jacklyn Gronholz
Joseph Gross
Katie Grubbs



Mark Grundtner
Melissa Grygelko
Rochelle Hackl
Jarod Hadley
Daniel Hager
Leah Hahn



Kristy Halgrimson
Anna Hallberg
Joseph Hammond



Brittany Hansen
Ericka Hansen
Michael Hansen



Sarah Hansen
Jason Hanson
Mitchell Hanson



Jason Kellerhuis and Nicholas Adams jot down their thoughts about the terrorist attack that occurred on September 11th.



Ryan Hanson
Stephanie Hanson
Travis Hanson
Chase Harder
Brandon Harrer
Samantha Haseltine



Megan Hassler
Katherine Hauge
Rebecca Havener
Stacy Hayman
Nick Hazzard
Ingrid Helgeson



What do you look forward to most about being a senior?



"Last year in Flake!"

- Christina Willcoxon



"No more school!"

- John Sterner



"Being done with school"

- John Durand



"Turning 18!"

- Sarah Chaussee



Cristy Heller
Jessica Henriott



Laura Henry
Jason Higgins



Brandon Hofmeister
Sean Hogan



Crystal Holmdahl
Robert Holmgren
Christopher Houle
Steven Houle
Renee House
Aimee Hudon



Caitlin Hull
Jaimes Hulsebusch
Khristeen Ingles
Alan Intveld
Anna Iverson
Heather Jackson

Erik Jacobs
Ashley Jacoway
Dawn Jacoway

Adam Janitschke
Robert Janssen
Jeffery Jensen

Joseph Jensen
Aaron Johnson
Bennett Johnson

Brianna Johnson
Doreen Johnson
John Johnson
Sam Johnson
Timothy Johnson
Carissa Jorgensen

Douglas Joyer
Richard
Jungbauer
Adam Jungwirth
Justine
Juutilainen
Susann Kaempfe
James Keen

Cassandra Keep
Alexander Keilty
Jason Kellerhuis
Garrett Kellermann
Megan Kelly
Dustin Kemmis

Jodi Kendrick
Tara Kent
Matthew Kenyon-
Mayfiel
Kevin Keto
Laurey Kiehne
Nicholas Kirberger



Freshly cooked bagels. **Shaynelle Rizzi** and **Megan Colburn** get to sit down and enjoy the bagels they cooked in Foods class.





Tracy Kirschenman
Kory Klein
Phillip Klein
Rebecca Kleinstick
Julie Kline
Jennifer Kling



Angela Klosner
Cole Klossner
Dustin Knauff
Molly Knutson
Brett Koempel-Glaus
Aleksandra Kojic



Kimberly Kolar
Kesiah Kolbow
Theresa Kopka
Julia Kouneski
Sean Krall
Sarah Kremer



Stephan Krongard
Steven Kubiszewski
David Kunz
Jennifer Kurilla
Erin Landgraver
Danielle Langevin



Joshua Lappe
Jaclyn Larson
Amy Leary



Priscilla Leroux
Brian Letourneau-Gau
Mykala Lind



Heather Lindholm
Kelly Lindstrom
Ryan Lindstrom



Choua Thao, Richard Thao, and Gary Vang talk amongst themselves while they wait for the bell to ring.

Steven Loerzel
Tanya Lofton
Stephanie Lord
Mollie Lueck
Britta Lundborg
David Lutz



Choua Ly
Terrah Lynn
Travis Lynn
Nicole MacDonald
Shelby MacKenzie
Michael Madsen



Claire Maier
Franziska Mainczyk
Alicia Maki
Rachelle Martin
Joseph Mayer
Daniel McAllister



Shaun McAlpine
Andrew
McCullough
Alison McCurdy
Kyle McJames
Nathan McKenzie
Marisa McKie



What's the problem? Students **Ryan Neuman** and **Alex Dolan** work on fixing a tractor in Auto Tech.

Kevin McNamara
KJ Meath
Amber Melby



Jacob Menk
Michael Merrell
Daniel Meyer



Kevin Meysembourg
Todd Mielzarek-Ande
Jaclyn Miller





Jeffrey Miller
Justin Miller
Katherine Miller



Matthew Miller
Ryan Mills
Cory Minke



Jesse Mishler
Ryan Moen
Matthew Mollen

Giulia Spanedda and Chery Sismundo enjoy the picnic lunch time during Homecoming week.



Carolyn Mollner
Michael Moreland
Joseph Morley
Emily Morrison
Stefanie Morrison
Daniel Morrow



Tyler Morse
Andrew Moryn
Evelyn
Mouacheupao
Kathleen Mullan
Stephen Munasinghe
Shannon Murphy



Christopher Muske
Rachel Myrick
Kurtis Nahl
Brian Nalewaja
Abigail Nastrom
Hannah Nelson



Heather Nelson
Margaret Nelson
Shari Nelson
Ryan Neuman
Jennifer Neumann
Amanda
Nickolauson

Joseph Norton
Shannon Novotny
Jonathan O'Brien
Rachel
Oberg-Hauser
Shannon Odegaard
Andrea Okeson



Justin Okeson
Jason Oldenburg



Jennifer Oliver
Britta Ollmann



Karl Olson
Matthew Olson



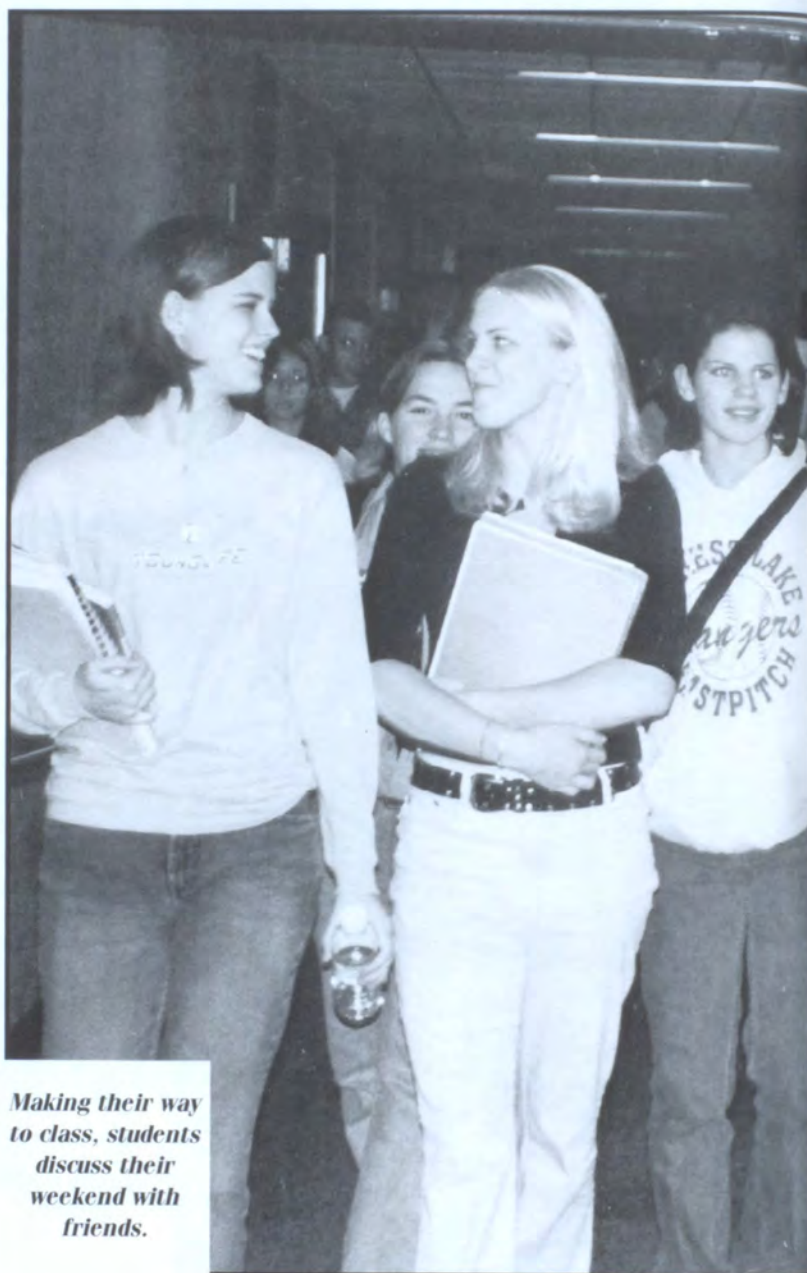
Fallon Orde
Ian Ostby



Kristina Oswald
Lisa Otteson



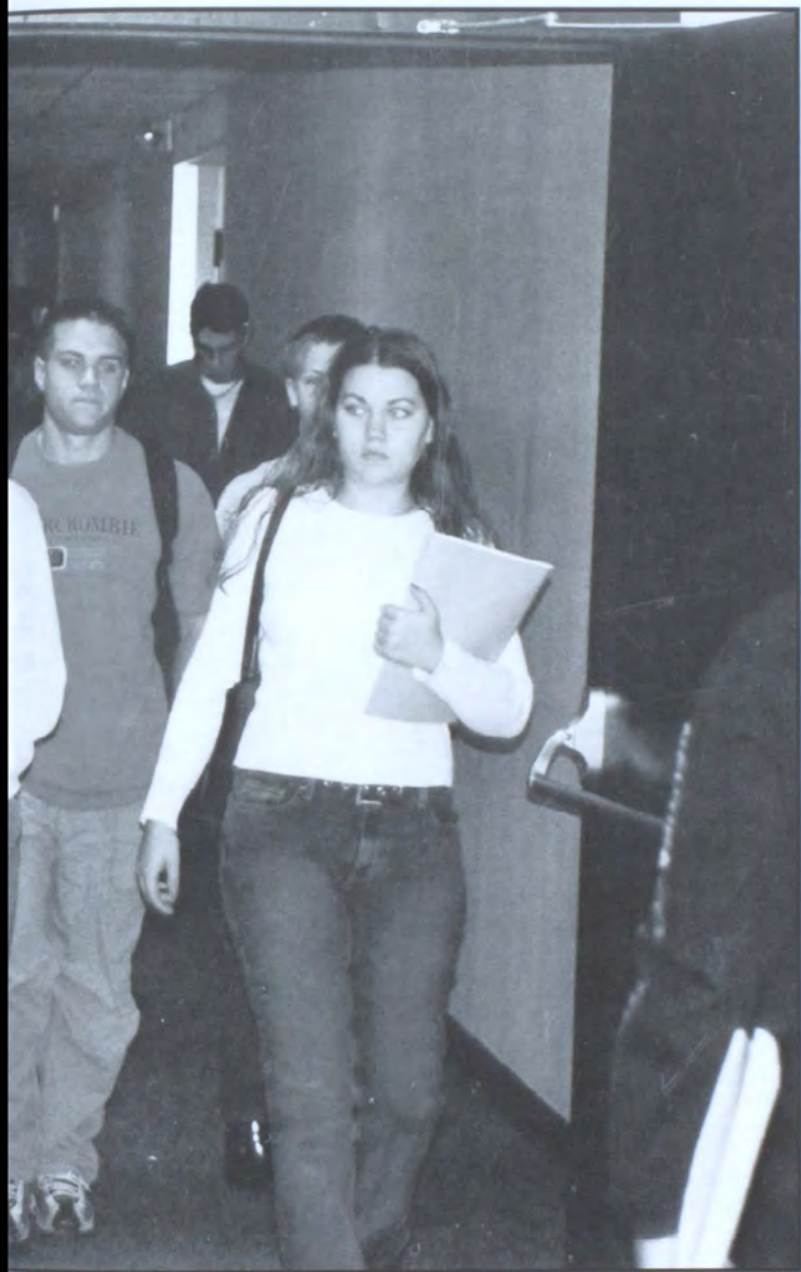
Lance Overson
Kathleen Owen
Michael Paisley
Jacob Peloquin
Jill Penshorn
Nicole Pepin



*Making their way
to class, students
discuss their
weekend with
friends.*



Robert Perry
Lynn Peters
Ashley Peterson
Erin Peterson
Joshua Peterson
Krista Peterson



Matthew Peterson
Nicholas Peterson



Sarah Peterson
Ashley Petroske



Nichole Phelps
Melissa Pickar



Ryan Pittman
Jason Plouff



Nicholas Popa
Luke Poynter



Ashley Pratt
Kristin Pratt
Stacey Pream
Danielle Prokop
Michael Radke
Maritza Ramirez

Adam Ramsey
Jeffrey Randall
Amber Randolph
Cory Regnier
Benjamin Rehak
Dana Rice



Kathryn Rice
Nikki Rieck
Jason Ringquist
Rebekah Riter
Shaynelle Rizzi
Jason Roberts



Renee Robertson
Sara Robertson
Grant Robinson
Richard Rodecker
William Roemhild
Jenna Rogowski



Matthew Roles
Laura Rolseth
Darcy Ronayne
Bryant Ross
Annie Rossi
Aaron Royal



Tuning up. Alana Danielowski carefully tunes her violin before she performs her musical talent.

Brendt Runtsch
Mitchell Ruter
Joseph Ryan

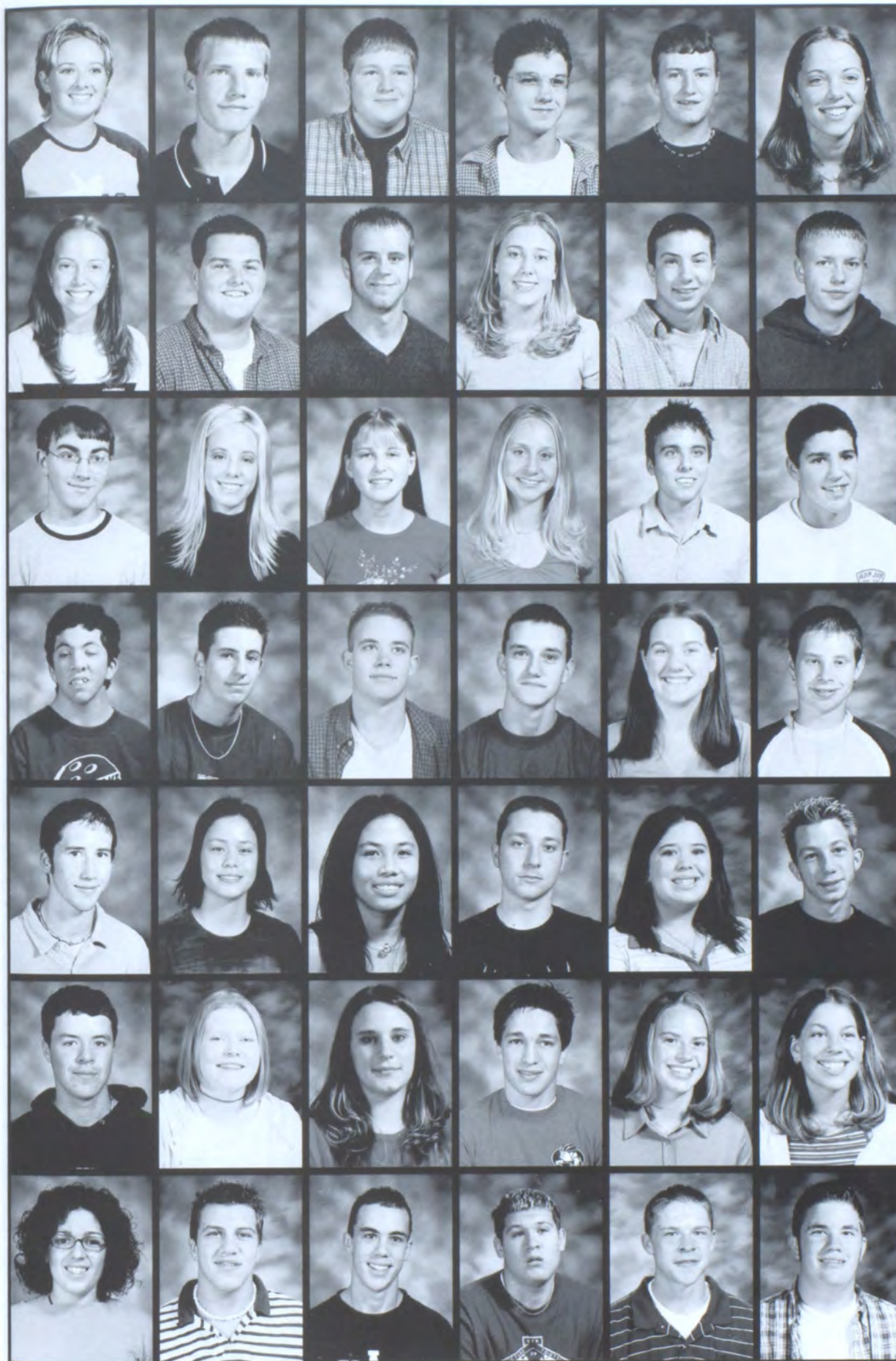


Amanda Saari
Joshua Saatoff
Pamela Sampson



Steven Sand
Paul Savord
Brett Sawyer





Maria Schaal
Joseph Schaeppi
David Scharadin
Daniel Schifsky
Brock Schilling
Rebecca Schirmer

Renee Schirmer
Matthew Schmidt
Aaron Schneider
Carey Scholl
Kyle Schutta
Christopher Schwartz

Celton Seelig
Mindy Sell
Dana Setterholm
Lisa Severin
Joel Sheets
Ryan Shelafoe

Arden Sherwood
Joshua Sibbald
Dustin Sibik
Jeffrey Siedow
Jamie Simenson
Trapper Simons

Joseph Simonson
Ilona Sipos
Chery Sismundo
Benjamin Skalicky
Amanda Skoriuchow
Anthony Skwarek

Peter Slipka
Mallory Smith
Tonya Smith
Alexander Smrekar
Mary Sobiech
Nicole Souter

Giulia Spanedda
Andrew Spiess
David Stein
Ian Stein
Matthew Stendahl
John Sterner

Travis Stich
Emily Stigall
Lisa Stolp
Jeffrey Stone
Peter Storm
Joshawa Stratton



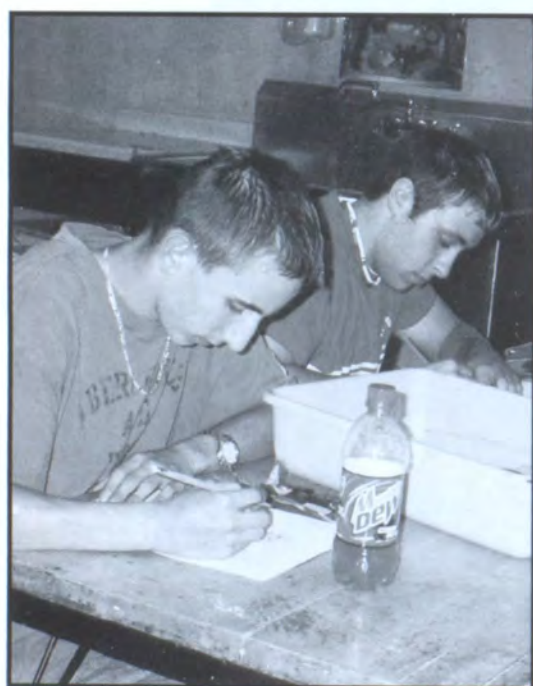
Michael Suggs
Alana Sundberg
Benita Swanson
Krista Swanson
Matthew Swenson
Racanna Swenson



Christine Swinehart
Crystal Syring
Michael Tadych
Ashley Tan
Daniel Taylor
Margo Taylor



Cassandra
Telmosse-Cold
Jennifer Templeton
Chad Tenjack
Henri Tessier
Choua Thao
Genna Thom



Concentration is the key. Shane Bridgeman concentrates on his drawing in Art class.

Jessica Thompson
Katherine Thompson
Molly Thompson



Trisha Thomsen
Alison Tjaden
Michael Tocko-Tobin



Andrew Tonsager
Charles Torrez
Jacob Tretter





Lucas Trombley
Melinda Trombley
Ryan Trombley
Ashley Turgeon
Matthew Underdahl
Angela Van Bergen



Gary Vang
Kayla Vettling
Nicholas Villella
Jason Waidzulis
Theresa Waldoch
Cory Waldock



Do you have any hidden talents?



"I can play the
banjo."
- Molly Becker



"My playdough
finger."
- Jeffery Willems



Brittney Walker
Amanda Walsh



"I can cross one
eye."
- Emily Morrison



"I can juggle."
- Nicholas
Dagostino



April Walter
Timothy Walters



Eric Warner
Jacob Weber



Joshua Welage
Anthony Weller
Delroy Wendt
Brandy West
Ashley Westlund
Kelly Westman



Christina Willcoxen
Jeffery Willems
Drew Williams
Edward Williams
Mark Williams
Nicholas Williams

Nicholas Williams
Ashley Wintheiser
Michael Wise
Kyle Wittnebel
Violet Woelfel
Ryan Wolfbauer



Allen Wolfe
Kelly Woods
Eric Worwa
Matthew Wright
Christine Yang
Mayla Yang

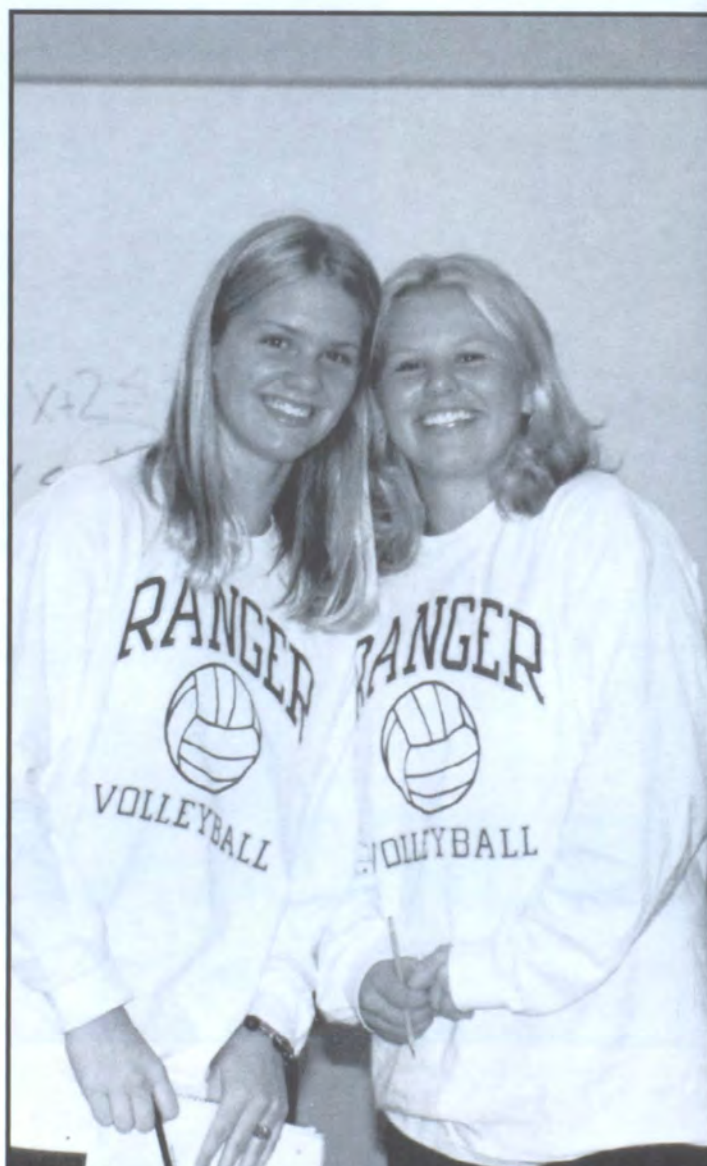


Kassey Yetzer
Karl Young
Joshua
Zeidlik-Zimney
Brandy Zemke
Elizabeth Zienty
Benjamin Zierke

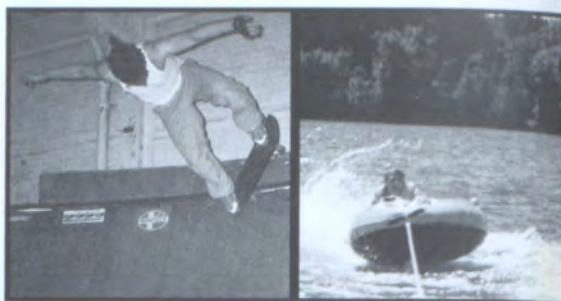


Searching for the answer **Grant Robinson** and **Benjamin Crotty** work hard to finish their lab in Biology.

$1 + 1 = 2$ **Kristina Bushman** and Sophomore **Jessica Graft** take a time out during Math class to say cheese.







This section is dedicated to the individuals who participate in sports outside of school. Biking, snowboarding and

skateboarding are a few of the sports that many students enjoy everyday. Some would say these are not "real" sports but these activities take as much time and practice as traditional sports. These students are considered out of the ordinary; making them out of order.

- **Sampson Haseltine**

*Off the hook. Senior **Kevin Kinley** lays down a no-footer at the Oval Skate Park in Roseville.*

*Like a pro. Junior **Matthew Faschingbauer** pulls off a roast-beef tweak with ease.*

360 Indy-grab. **Sampson Haseltine** catches some air snowboarding on the slopes at Winter Park, CO.*



*"Maybe next time." Senior **Jacob Ladd** is carried out by paramedics after attempting to make it through the rhythm section and breaking his leg in the process.*



SENIORS

You feel a sense of anxiety as you walk into school on the last day of your senior year. Suddenly, you realize only a few hours remain until graduation. You smile as you remember the countless memories and friends you have made over the years.

The harsh reality of leaving your friends hits you your senior year, knowing that those friendships will not last forever. You look around your circle of friends and notice that the naive and insignificant factors that

mattered your sophomore year no longer exist. You now know that the ideas of a clique diminished as you have matured.

As you look back and reminisce on high school, you realize that each person you have met has had an impact on you. Whether it be your best friend, teacher, or lab partner, they have all played an important role in your life. As you end this stage of your life and begin another, you will take a piece of those people with you. You're only a senior once but the memories will last a lifetime.

-Luke Hagman

"It's fun because you're older than everybody else."

-Kyle Minke

"Doing the girl dance for the football players."

-Jamie Peterson



*Joshua
Ackerley*



*Kristi
Ahlberg*



*Christopher
Alexander*



*Cole
Almendinger*



*Stacy
Altman*



*Andrew
Amundson*



*Joseph
Anderson*



*Michael
Anderson*



*Nycole
Anderson*



*Tyler
Anderson*





*Sandra
Angell*



*Lance
Anglin*



*Christine
Aurps*



*Jennifer
Baird*



*Timothy
Baird*



*Alissa
Banttari*



*Breanna
Barott*



*Brett
Barott*



*Jason
Barr*



*Shannon
Bates*



*Matthew
Beebe*



*Stephanie
Beery*



*Jacob
Bennett*



*Kathryn
Benson*



*Tabitha
Berglund*



*Nicholas
Berken*



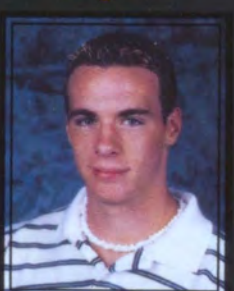
*Erin
Berry*



*John
Bialozynski*



*Kelly
Bibeu*



*Joseph
Birkholz*



*Jesse
Bizzotto*



*Rachel
Blake*



*Deborah
Bogenrief*



*Annalynn
Bohnen*



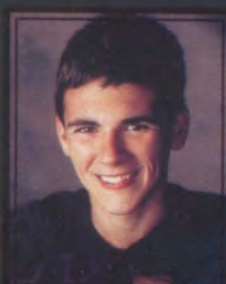
*Carley
Bohnen*



*Bryan
Bohnenstingle*



*Stephanie
Boorsma*



*Aaron
Borlaug*



*Jason
Botterill*



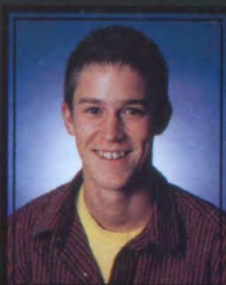
*Kimberly
Boudewyns*



*Garrett
Boulineau*



*James
Bourque*



*Martin
Boyum*



*Jonee
Brandt*



*Nicole
Brandt*



*Kathleen
Brausen*



*Terri
Briggs*



*Andrea
Brooks*



*Joshua
Brown*



*Leah
Buhl*



*Peter
Bulinski*



▲*Stitch it straight.* Annalynn Bohnen stitches pieces together for her pillow project in Sewing class.



*Robert
Burger*



*Timothy
Burton*



*Luke
Bushman*



*Jennifer
Bzdok*



*William
Calvin*



*Peter
Cao*



*Thao
Cao*



*Sheila
Carey*



*Elizabeth
Carlson*



*Emily J.
Carlson*



*Emily M.
Carlson*



*Kevin
Carlson*



*Mindy
Carlson*



*Valerie
Carpender*



*Grant
Carr*



*Derek
Cascarelle*



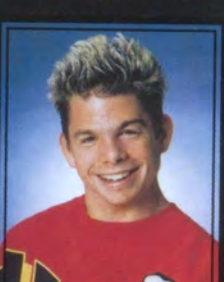
*Andrea
Chapeau*



*Drew
Chapeau*



*Lynn
Charles*



*Mark
Christensen*



*Shana
Clausen*



*Jason
Clifford*



*Thomas
Cobb*



*Jason
Cole*



*Corie
Coleman*



*Jenna
Coleman*



*Joseph
Colvin*



*Rachel
Conlan*



*Aaron
Cook*



*Lindsey
Cowen*



*Richard
Crotty*



▲*That's pretty good!* Jackelyn Raeker and Jamie Peterson look up from their work to watch Matthew Lovgren during drawing and painting class.



*David
Czepa*



*Kristina
Dahle*



*Matthew
Dalluhn*



*Trevor
Daninger*



*Melissa
Davidson*



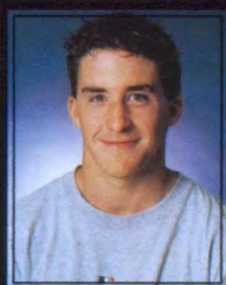
*Robert
Davies*



*Shannon
Dean*



*Dillon
Dempsey*



*William
Denney*



*Dena
Denny*

What's your most embarrassing moment?

"We were up in the kingdom and we went to try to find a bathroom. We opened this door and it was a flight of stairs and Kelly fell down them. We started laughing so hard that we peed our pants."

- Kelly Miller and Maggie Underdahl



"I got pantsed in front of all the ladies, and it was cold out."

- Daniel Larson



"My first day of sophomore year I was gonna' be late to tennis practice so I jumped down the last few stairs and my bag broke open and my stuff flew everywhere while all the hot senior guys were laughing and yelling, 'That girls bag broke.'"

- Jonee Brandt



"I was at Kellerhuis' house sleeping on the couch and I thought I was in the bathroom. The next thing I knew Kelly Miller ended up being a toilette."

- Matthew Dowdall



Anthony
Densmore



Jacob
DeRaad



Lewis
Derry



Sara
Deuth



Robert
Devine



Tracy
Diehl



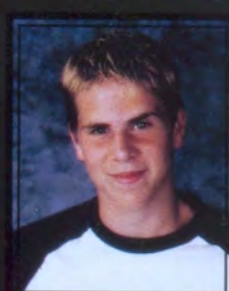
Adam
Dierkhising



Benjamin
Doblar



Christopher
Docken



Ryan
Doolittle



*Andrew
Dorothy*



*Kristen
Douglass*



*Matthew
Dowdall*



*Cheri
Duncan*



*Shawn
Dunn*



*Aldijana
Dzubic*



*Colby
Edwards*



*Jeremy
Egyhazi*



*Kassie
Elledge*



*Edmund
Erdos*



*Amanda
Erickson*



*Joseph
Erickson*



*Phillip
Fahey*



*Sarah
Fahnhorst*



*Jason
Feathers*



*Emily
Fellows*



*Jesse
Ferdelman*



*Maria
Ferreira*



*Nicholas
Finstrom*



*Joshua
Fisher*



*Jared
Flewellen*



▲Hop on! Leah Buhl gets a free ride from her best friend Emily M. Carlson.



Class of





2002

REACTIONS TO THE ATTACK ON AMERICA

"The tragic events were shocking to say the least. I had always grown up thinking that this kind of stuff only happens to other countries. Everyone thought we were invincible as Americans, but the attacks brought us to a harsh reality. But we have united as a country to rebuild what we've lost and make it a better place."

-Emma Riek



*Brianna
Fogerty*



*Amy
Forsythe*



*Kristi
Forsythe*



*Jenna
Foyt*



*Matthew
Fraley*



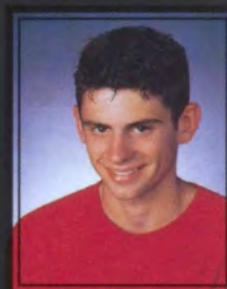
*Erin
Fransen*



*Amy
Frederick*



*Kyle
Fredrickson*



*Andrew
Freerks*



*Kimberly
Frieberg*



*Nicholas
Fritzke*



*Katie
Fugleberg*



*Megan
Fuller*



*Crystal
Gaalaas*



*Matthew
Gabrielson*



*Jacob
Gale*



*Jenna
Gallatin*

"When I watched the planes fly into the twin buildings, my heart fell to the ground, my pride was crushed, and my eyes filled up with tears. Why, how, who, were the first questions that came to my mind. My life and the future of America has changed forever."

-Michelle Rydeen



Michael
Garry



Carly
Gay



Patrick
Geschwind

"What our country stands for is shown through the reaction of many people around us. Living through this tragedy seems like a dream, but is infact reality. Its strange (yet eye opening) to think our country is at war."

- Crystal Gaalaas



Laura
Gillette



Catherine
Glewwe



Maureen
Glewwe



Mark
Gockowski



Michael
Goetz

"When I heard the news about the events of September 11th, 2001 I felt like I got hit by a train. I was so shocked, I don't think I even knew how to begin to cope with th tragic events of that unforgetable day."

- Shane Warnke



Joseph
Goiffon



Jason
Grafft



Adam
Grams



Erin
Gray



Joseph
Grubbs



Aaron
Gruber



Lisa
Guck



David
Guenther



Matthew
Gutz



Amy
Hagenson



Lucas
Hagman



Ashley
Hansen

"I was scared. And when the reality hit me, I thought that this could really be the end. God bless the U.S."

- Aimee Rock



*Christine
Hansen*



*Christopher
Hansen*



*Benjamin
Hanson*



*Heather
Hanson*



*Andrew
Hapka*



*Jenna
Hartung*



*Sampson
Haseltine*



*Lisa
Hatlestad*



*Andrew
Hawk*



*Mathew
Henderson*



*Christopher
Henriott*



*Stefanie
Hernandez*



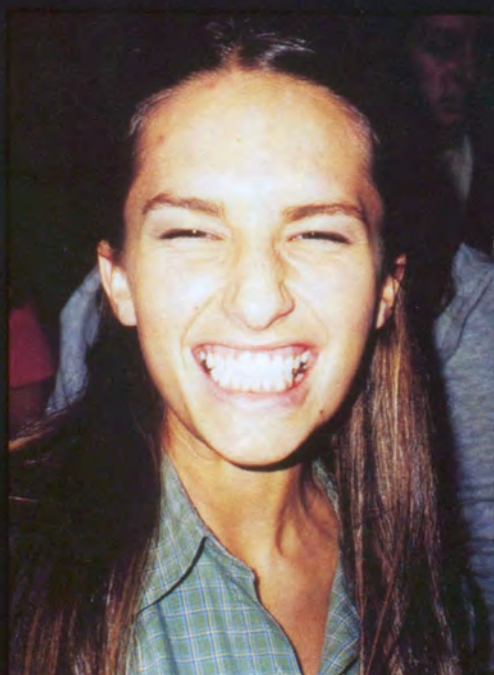
*Luke
Herring*



*Ganesa
Hinton*



*Jennifer
Hoff*



▲*Braces free!* Noelle Proulx proves that braces work.



*Karl
Hoffstrom*



*Jesse
Hogan*



*Nicholas
Hokenson*



*Philip
Holleran*



*Theodore
Hollerbach*



*Robert
Holscher*



*Andrew
Hoover*



*Brad
Houdek*



*Brian
Houdek*



*Andrew
Houle*



*Clinton
Houle*



*Jennifer
Houle*



*"Be a famous actor and rapper."
- David Czepa*



*Lawrence
Houle*



*Stephanie
Howe*

*"I will be walking up to the stage at the
Grammy's to get my producer of the year
award."*

- Andrew Dorothy



*Arik
Howie*



*India
Howze*



*"Living in New York, owning an interior
design company, and married to a
handsome man."*

- Jennifer Hoff



*Rachel
Hughes*



*Laura
Hulleman*



*Travis
Jackson*



*Joseph
Jansma*



*Mindy
Jarvis*

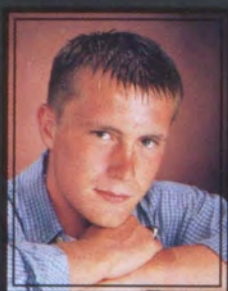


*Adam
Jaszczak*

10 years from now...



*David
Jensen*



*Robert
Jensen*



*Alexander
Johnson*



*William
Johnson*



*Tyler
Jolly*



*Deborah
Josephson*



*Joy
Joslyn*



*Jolene
Juutilainen*



*Melissa
Kandel*



*Benjamin
Kaphing*



*John
Kasper*



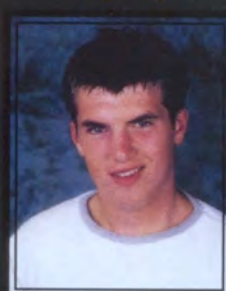
*Alecia
Kees*



*David
Keller*



*Anne
Kellerhuis*



*Joseph
Kellerhuis*



*Gregory
Kelly*



*Lindsay
Kempenich*



*Nichole
Kerrick*



*Kathlene
Killion*



*Jordan
Kimbel*



*Lindsey
King*



▲Storytime. Joshua Lightfoot and Adam Grams listen with amazement as Douglas Stafki tells a story.



*Kevin
Kinley*



*Nicole
Klempke*



*Erin
Kluk*



▲*Patience is the key. Christopher Parent puts all of his concentration into the detail of his drawing.*



*Krista
Knutson*



*Tiffany
Kogler*



*Taliha
Kolbow*



*Joshua
Kolkind*



*Annie
Kollar*



*Jessica
Kopp*



*Katie
Kowalski*



*Jayson
Kranz*



*Patrick
Krasean*



*Kara
Kraus*



*Lindsey
Krause*



*Nicole
Krebs*



*Christopher
Kroska*



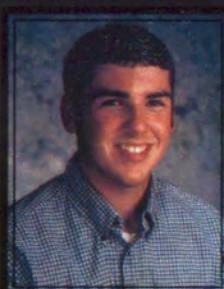
*Breanne
Kulis*



*Jacob
Ladd*



*Jennifer
Lamers*



*Brent
Land*



*Stephanie
Lang*

What's your favorite pick up line?



◀ "I do the 'Grandma' dance and they come crawling - BOOM"

- Kelly Miller



◀ "Are you tired, cause you've been running in my mind all day."

- Peter Zajac



◀ "I'll pay you \$20."

- Kyle Tennis



◀ "Do you have a quarter, because I promised my mom I would call her when I met the guy of my dreams."

- Melissa Lindquist



◀ "Are you from Tennessee, cause you're the only 10 I see."

- Jenna Houle



◀ "Did you just eat Campbell's soup? Because you look Mmm Mmm good."

- Joseph Niemi



Douglas
Lange



Treeya
Langkand



Andrew
Larson



Daniel
Larson



Erica
Larson



Erin
Larson



Morgan
Larson



Chad
Larue



Michelle
LaValle



Katherine
Lawler



Breck
Lawrence



Joseph
Lawrence



Rebecca
Leary



Kristi
Ledman



Vernon
Lee



Melanie
Lefto



Alexander
Lehner



Travis
Leidenfrost



Diana
Lemire-Pickard



Andrew
Leroux



John
Lessard



Jordan
Levesseur



Sarah
Levesseur



Andrea
Lewis



Joshua
Lightfoot



Aaron
Lillemo



Jesse
Lindemer



Eric
Lindgren



Melissa
Lindquist



Sara
Lindstrom



Kacie
Lingl



Sarah
Loftus



Matthew
Lovgren



Blake
Loya



Kathryn
Lund



Ashley
Lundeen



Neil
Lundgren



Desirae
Lusian



Christine
Lutz



James
Lutz



*Jessica
Mackey*



*Mitchel
Mackey*



*Stephen
Maefsky*



*Leah
Manders*



*Cynthia
Mann*



*Ian
Marabella*



*Jason
Markfort*



*Tiffany
Martin*



*Kathy
Martinson*



*Matthew
Mason*



*Ashley
Masso*



*Meghan
Masso*



*Krista
Mastel*



*Casey
Mathern*



*Jared
Mattern*



*Thea
Maus*



*Charles
Mayer*



*Cassandra
Mayne*



*Charles
McCarty*



*Amanda
McCurdy*



*Jennifer
McManus*



▲Get it centered! Jenna Hartung throws a project for fourth hour Ceramics class.



*Darrin
McNamara*



*Margaret
McNamara*



*Brandon
McRoberts*



*Nicholas
Meehan*



*Malissa
Melbye*



*John
Mellgren*



▲Lunch break! Jennifer Hoff and Kristina Dahle take a break from school and relax in the cafeteria.



*Amy
Mettling*



*Ana
Meyer*



*Ashley
Miller*



*Carl
Miller*



*Daniel
Miller*



*Kelly
Miller*



*Owen
Miller*



*Kyle
Minke*



*Mark
Miron*



*William
Mitchell*



*Monica
Mitsch*



*Amy
Moe*



*Jeffrey
Moen*



*Nicholas
Moore*



*Andrew
Morcomb*



*Joseph
Morcomb*



*Eric
Morin*



*Andrea
Morrow*



*Ryan
Moser*



*Anne
Moynagh*



*Caitlin
Mueller*



*Benjamin
Myrick*



*Joshua
Nase*



*Charles
Nash*



*Ana
Navarette*



*Emily
Naylor*



*Jessica
Nelson*



*Paul
Nelson*



*Stefanie
Nelson*



*Vanessa
Nelson*



*Esther
Neu*



*Joseph
Niemi*



*Callendre
Noll*



*Amanda
Novack*



► **Proud to be Americans!** FLHS Seniors show that they have pride in their country by all wearing red for the Patriotic Assembly.



*Michael
Nowezki*



*Bryan
O'Neill*



*Tina
Ohlson*



*Brandon
Olson*



*Crystal
Olson*



*Kristina
Olson*



*Krystal
Olson*



*Shane
Oporto*



*Maria
Opsahl*



*Tess
Ormseth*



*Andrew
Osborn*



*Lisa
Ostlund*



*Chad
Paetznick*



*Christopher
Parent*



*Jeffrey
Partyka*



*Philip
Parzino*



*Sara
Paschke*



*Holly
Patrin*



*Kimberly
Paul*



*Phillip
Peloquin*



*Andreas
Penna*



*Alexander
Pennell*



*Joshua
Pepin*



*Jenna
Perrault*



*Jennifer
Perreault*



*Ashley
Perrin*



*Diana
Peters*



*Trisha
Petersen*



*Amber
Peterson*



*Anna
Peterson*



*Derek
Peterson*



*Dietrich
Peterson*



*Jamie
Peterson*



*Nicholas
Peterson*



*Jacob
Petroske*



*Adam
Pierce*



*Jaric
Pleski*



*Jillian
Pless*



*Lindsay
Plocher*



*Jamie
Plochocki*



*Robert
Pohlen*



*Shana
Polipnick*



*James
Porter*



*Kevin
Pottratz*



*Nickolas
Pratt*



*Amanda
Prodger*



*Noelle
Proulx*



*Kristy
Prudhomme*



*Jeff
Puckett*



*Christiane
Purps*



*Clinton
Quigley*



*Dominique
Quinn*



*Nathan
Rabe*



*Bradley
Racutt*



*Jackelyn
Raeker*



*Scott
Rangitsch*



*Jessica
Rebischke*



*Sarah
Reed*



*Robert
Reinke*



*Daniel
Resler*



*Nicholas
Reuter*



*David
Richey*



*Emma
Rieck*



*Tiffany
Rieckenberg*



*Laura
Rime*



*Kazandra
Riopel*



*Matthew
Rivard*



*Andrew
Roberts*



*Grant
Robertson*



*Joshua
Robinson*



*Aimee
Rock*



*Justin
Rogers*



*Charles
Rognerud*



*Rachel
Rolseth*



*Ryan
Rosdahl*



*Cassandra
Roseen*



*Amanda
Rosemark*



*James
Rosenthal*



*Adam
Rosman*



*Carise
Rotach*



*Melissa
Rowan*



*Aaron
Rugar*



*Leif
Rydberg*



*Michelle
Rydeen*



*Ryan
Rydlund*



*Amber
Rymarchick*



*Michael
Sacco*



*Angelina
Salas*



*Elizabeth
Salas*



*Joshua
Saloka*



*Gregory
Sandager*



*Chelsea
Sapa*



*John
Sass*



*Adam
Satchell*



*Smile! A group of
senior girls take a
break from lunch to
smile for the camera.*



*David
Sauvageau*



*Joed
Saylor*



*Jessica
Schmidt*



*Nicole
Schmidt*



*Jessica
Schneider*



*Matthew
Schneller*



*Dawn
Schultz*



*Joshua
Schulze*



*Steven
Schumacher*



*Amanda
Schutts*



*Amanda
Schwabe*



*Leslie
Schwarz*



*Jennifer
Schwinn*



*Joseph
Severson*



*Andrew
Sherman*



*Anthony
Sierra*



*Abrahm
Simons*



*Steven
Simpson*



*Brady
Sinn*



*Leah
Smalley*



*Brandon
Smith*



*Lina
Smith*



*Laura
Sobania*



*Jennifer
Sontag*



*James
Spencer*



*Tiffany
Spilman*



*William
St. Sauver*



*Douglas
Stafki*



*Angela
Starfield*



*Christopher
Steller*



*Joshua
Sternhagen*



*Kerry
Stone*



*Laura
Stork*



*Stefanie
Storms*



*Bryan
Stramer*



*Randi
Stream*



*Daniel
Svenkeson*



*David
Swanson*



*Amber
Tacheny*



*Benjamin
Tacheny*



*Brandon
Tan*



*Charles
Teiken*



*Kyle
Tennis*



*Christopher
Tetrault*



*Lindsey
Thacker*



*Moses
Thao*



*Chase
Thayer*



*Julie
Thompson*



*Michael
Thompson*



*Rachel
Thompson*



*Steven
Thompson*



*Tiffany
Thompson*



*Ty
Thomsen*



*Matthew
Thorp*



*Michael
Tibbetts*



*Janet
Tobako*



*Barbara
Toenjes*



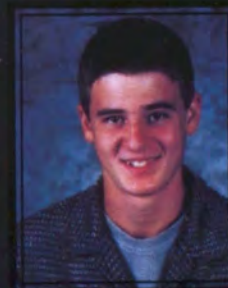
*Troy
Tofte*



*Angela
Tollefson*



*Jennifer
Tomlinson*



*Jeremy
Towsen*



*Angela
Turry*



*Roxanne
Twedt*



*Maggie
Underdahl*



*Emily
Vadner*



▲Scratchy, scratch. Lindsey Krause gives Annie Kollar a scalp massage during passing time.



▲Just right. Lawrence Houle and Mark Miron carefully measure their ingredients for Foods class.



*Dora
Van Beckum*



*David
Van Vliet*



*Paul
Vanderveer*



*Maisie
Vang*



*Chelsea
Verdick*



*Jesse
Vetting*



*Anthony
Voda*



*Douglas
Von Eschen*



*Leanne
Wagamon*



*Alice
Wagner*



*Nancy
Waldoch*



*Ryan.
Waldoch*



*Shannon
Wallraff*



*Susan
Walters*



*Shane
Warnke*



*Tyler
Watson*



*Sherri
Watters*



*Frank
Weeda*



*Tiffany
Weiss*



*Alison
Welch*



*Julia
Wenzel*



*Michael
Wermager*



*Jenny
Wheatley*



*Anthony
Whitebread*



*Rick
Wilke*



*Shauna
Wilke*



*Adam
Williams*



*Christopher
Williamson*



*Adam
Wilson*



*Michael
Wimperis*



*Cortney
Winkler*



*Valerie
Wittmer*



*Cassandra
Wittner*



*Tanya
Wrich*



*Peter
Zajac*



*Heather
Ziegler*



◀◀Jelly bellies! Jared Flewellen and Jesse Hogan show off their manly muscles for the photographer.



◀Tune up! Ty Thomsen and Adam Ulferts work steadily under their latest project during Shop Class.

Section designed by
Ashley Brett and
Sampson Haseltine

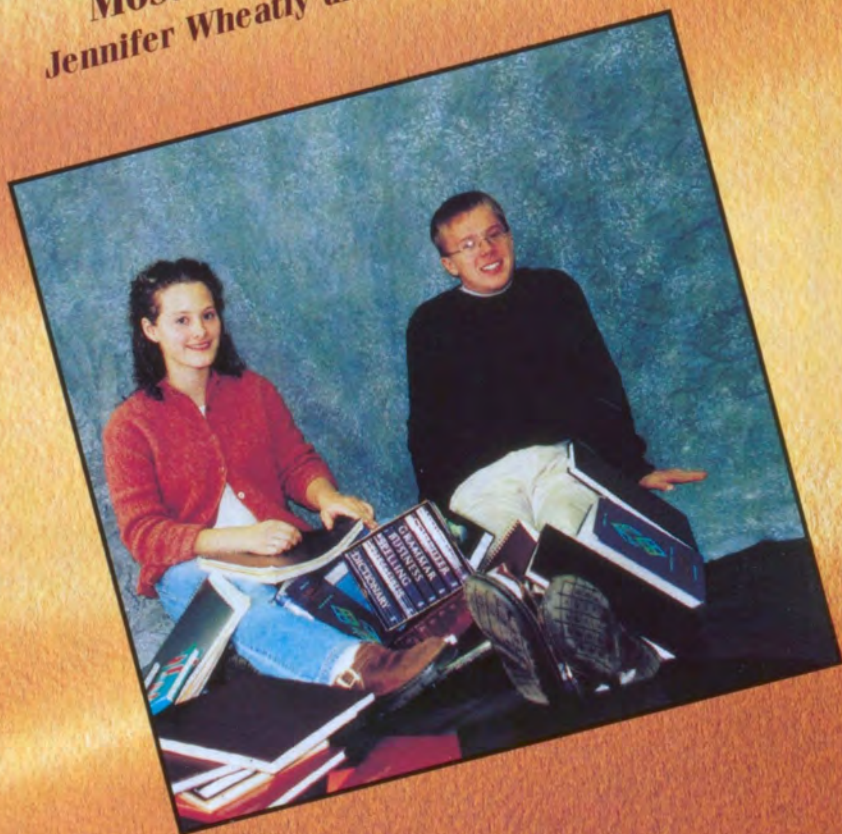
Senior

Picks



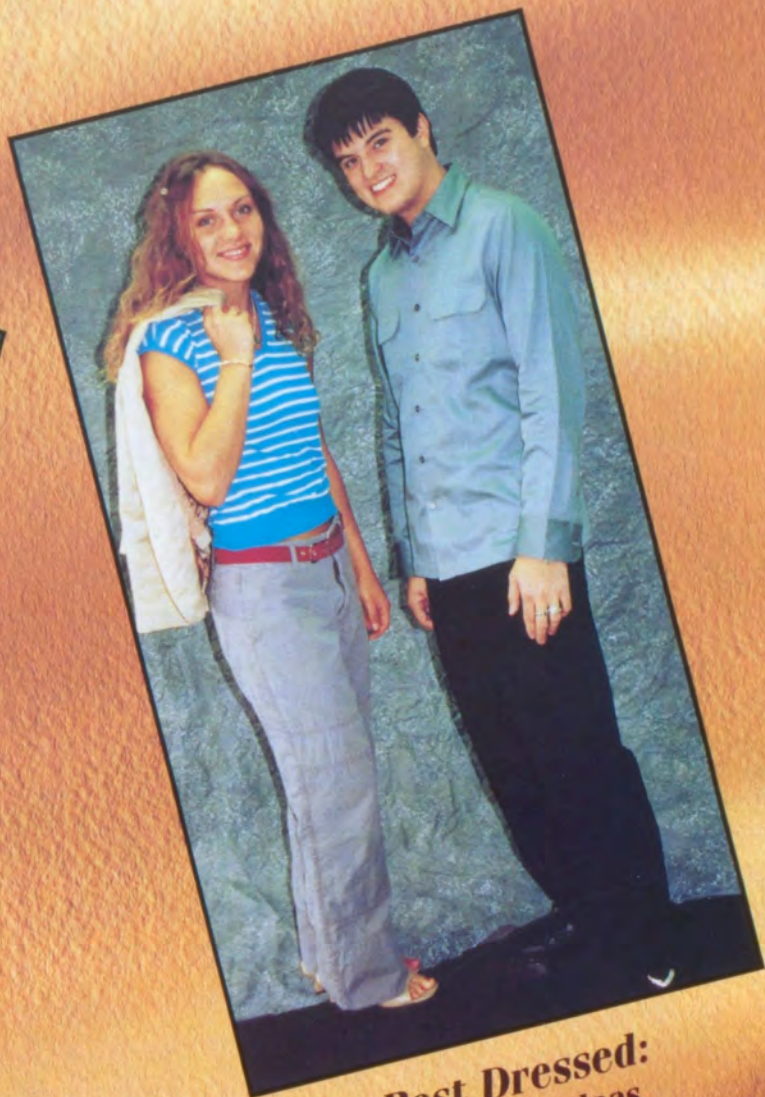
Most Likely to Succeed:
Jennifer Wheatly and Charles Mayer

Most Likely to be Famous:
Kathlene Killion
and Jacob Petroske





Biggest Brown-noser:
Lindsay Kempenich
and Alexander Pennell



Best Dressed:
Crystal Gaalaas
and Andrew Dorothy

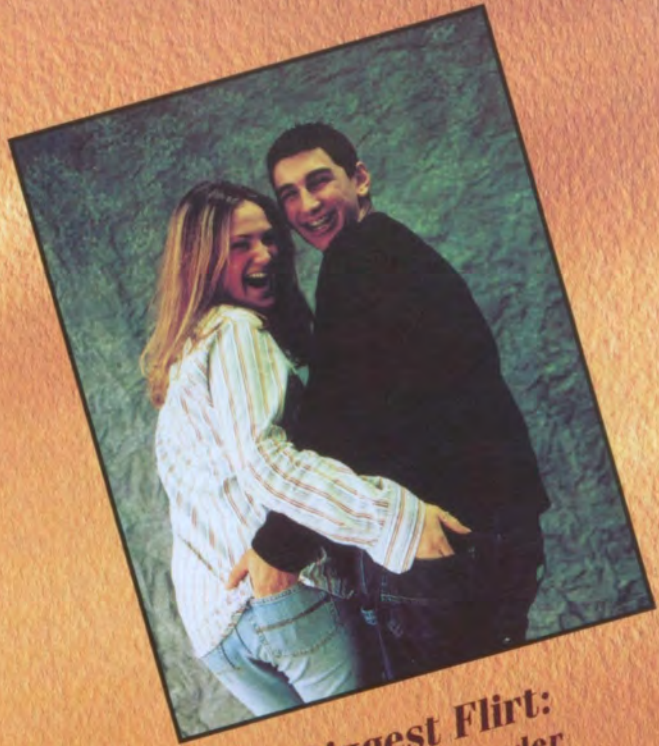


Best Friends:
Jacob Ladd
and Kevin
Kinley,
Lisa Ostlund
and Tanya Wrich

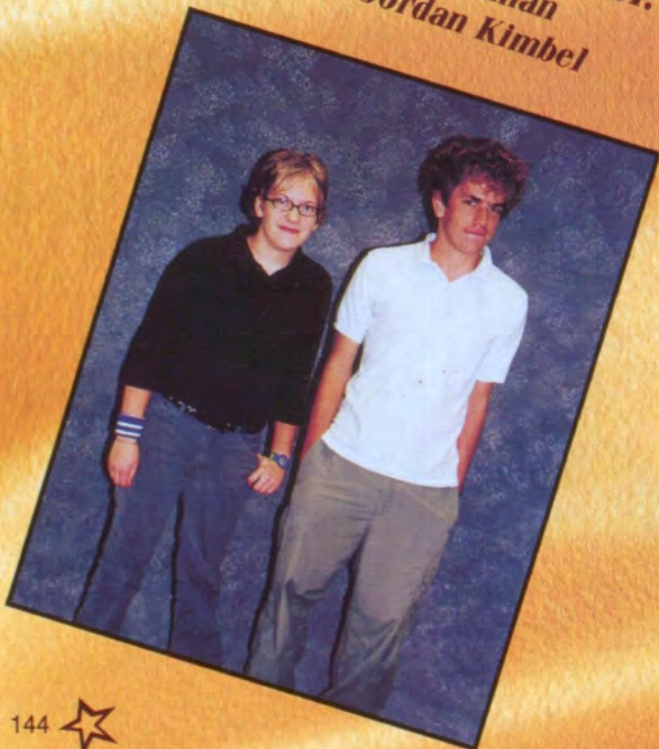
Most Likely to Marry:
Brandon Olson
and Cynthia Mann



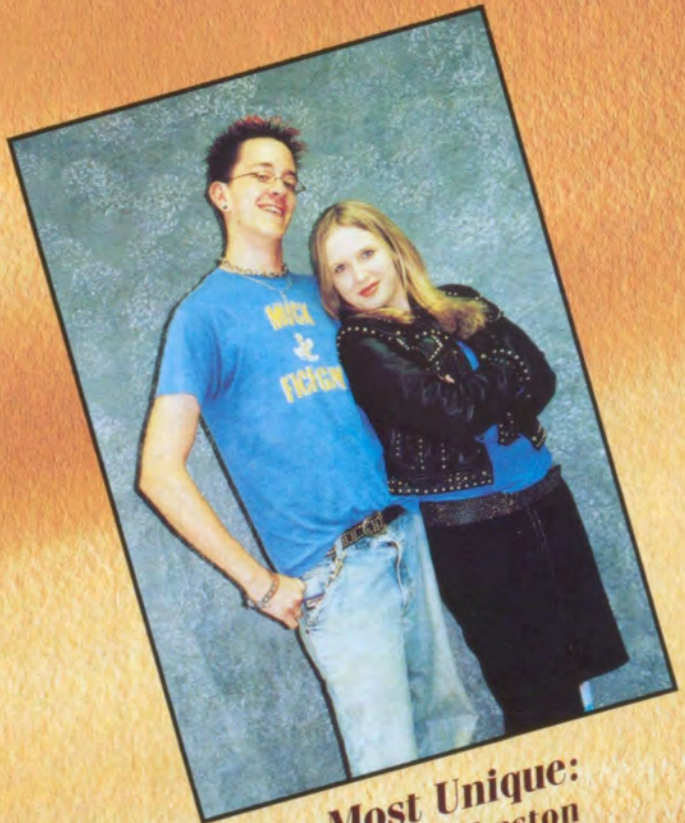
Biggest Flirt:
Katherine Lawler
and Shane Oporto



**Most changed since
elementary school:**
Kristi Ledman
and Jordan Kimbel



Most Unique:
Adam Johnston
and Dena Denny





Class Clown:
Emily Naylor
and Colby Edwards

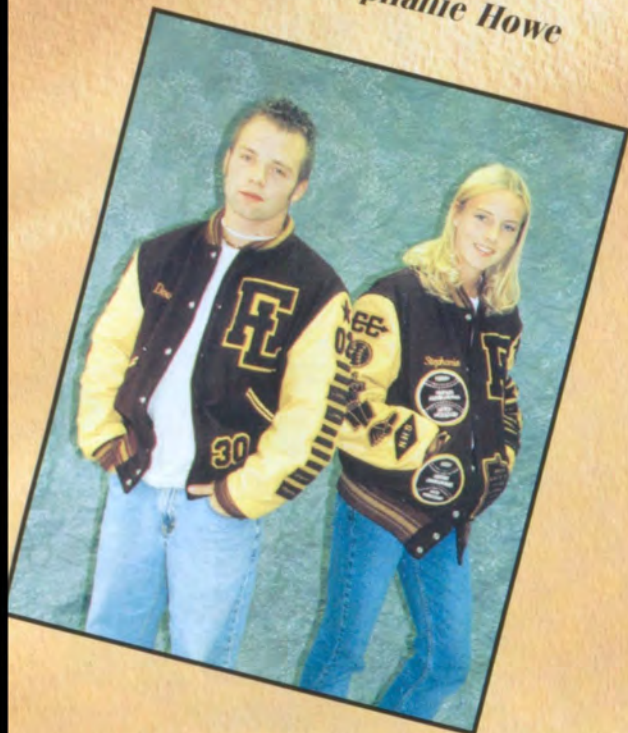


Most School Spirit:
Jenna Coleman
and Joshua Robinson

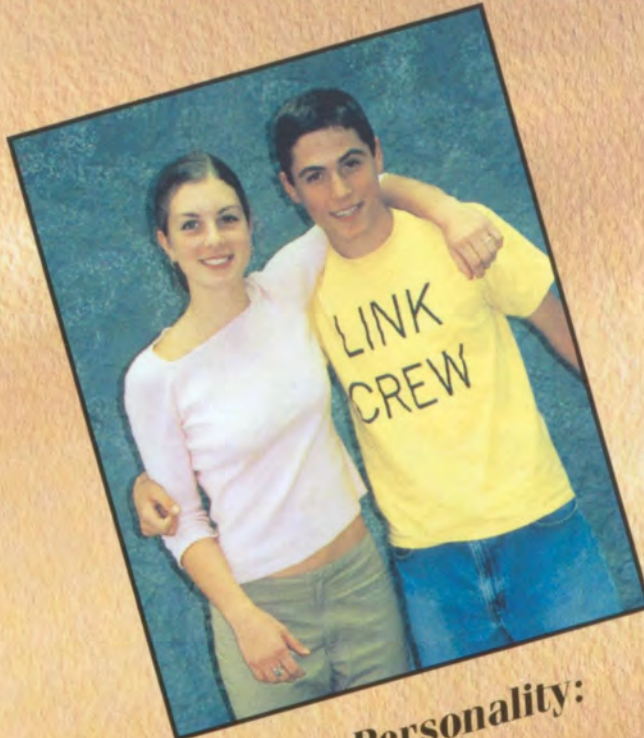


**FLHS
Friends:**
Row 1: Leah
Buhl (Phoebe)
Row 2: Jackelyn
Raeker
(Monica), Jonee
Brandt (Rachel)
Row 3: Daniel
Larson
(Chandler),
Jason Cole
(Ross), Kyle
Tennis (Joey)

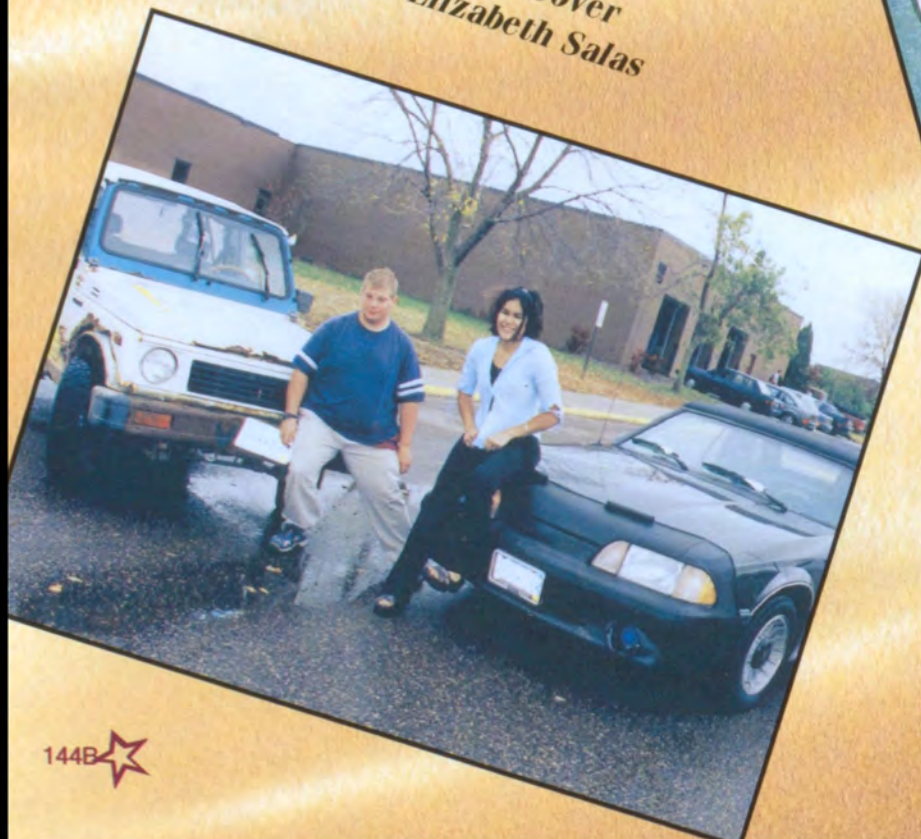
Most Athletic:
Doug Lang
and Stephanie Howe



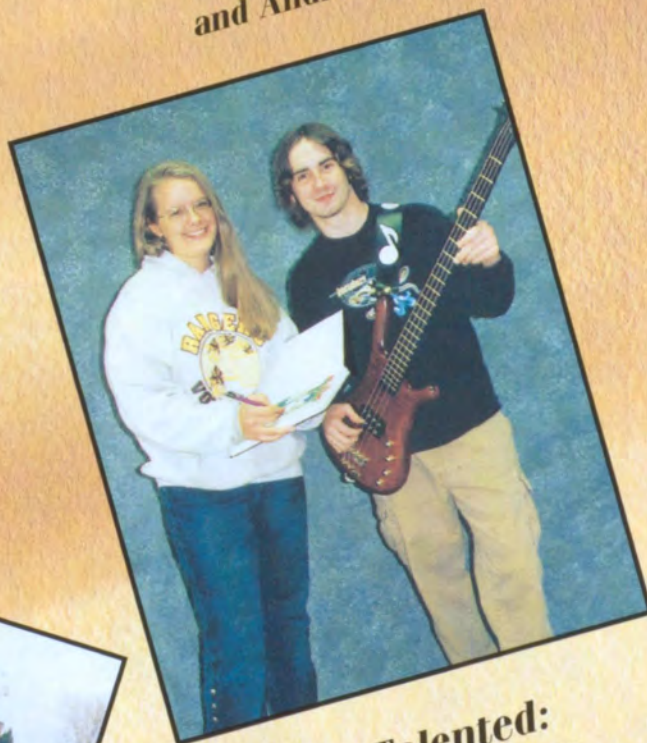
Best Personality:
Chelsea Sapa
and Andrew Morcomb

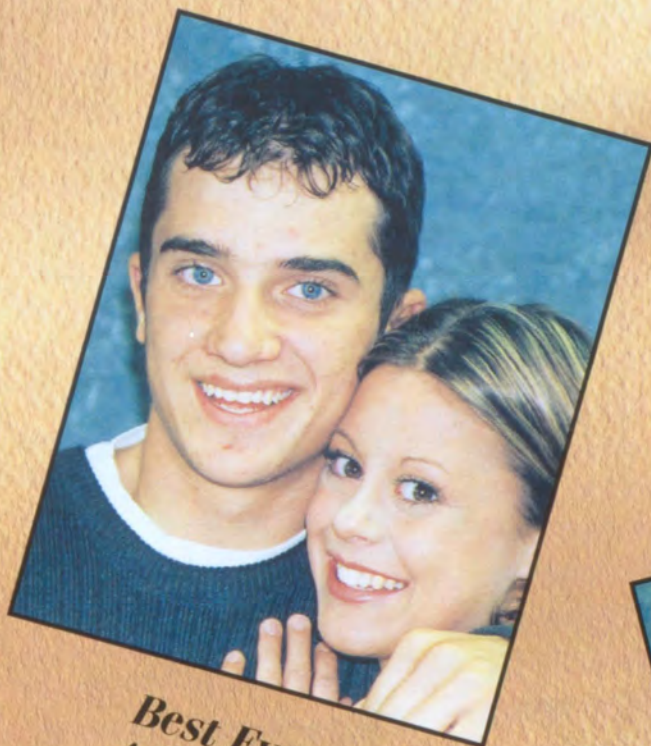


Best Car:
Andrew Hoover
and Elizabeth Salas



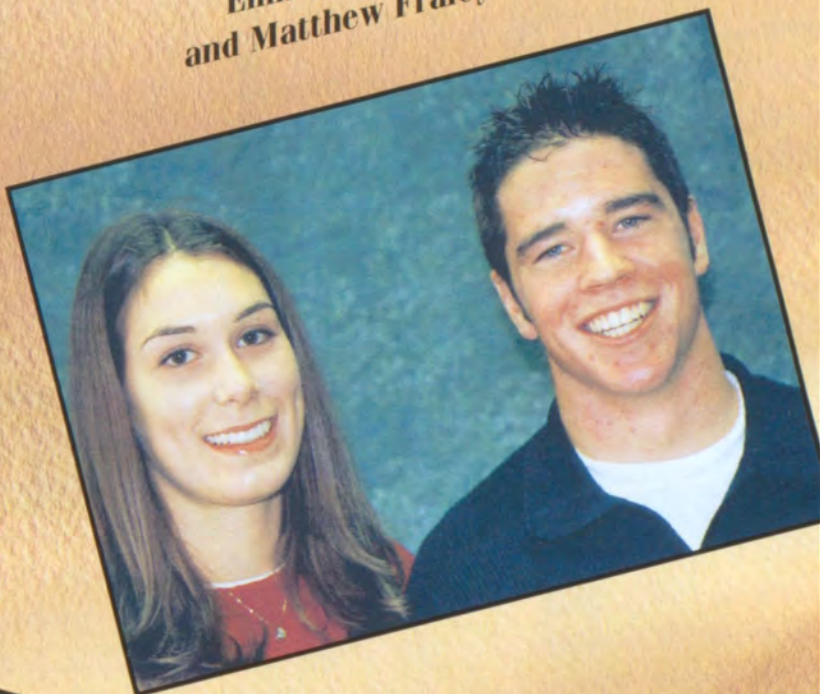
Most Talented:
Erin Kluk and Joshua
Ackerley



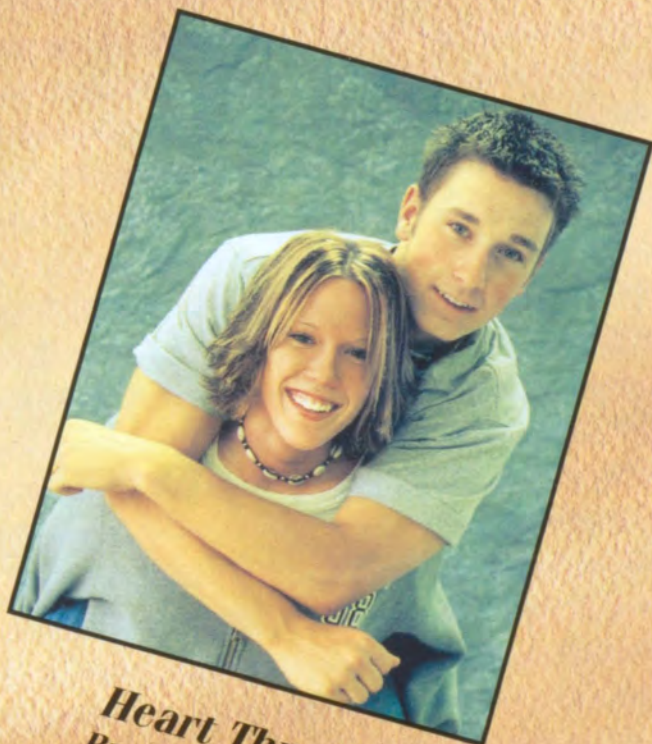


Best Eyes:
Adam Grams
and Nichole Kerrick

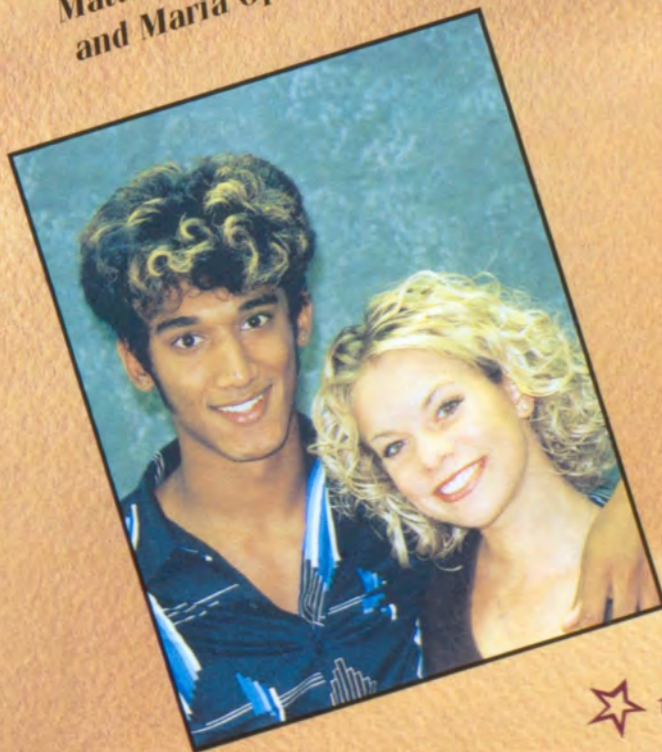
Best Smile:
Emma Rieck
and Matthew Fraley



Best Hair:
Matthew Lovgren
and Maria Opsahl



Heart Throb:
Breanna Barrott
and Mark Miron



Senior

Favorite Clothing Brand:
Savers



Favorites



Favorite Hangout:
Perkins

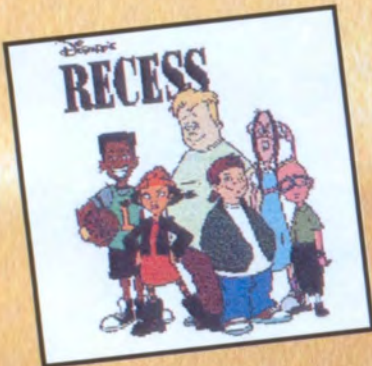


Favorite Music Group:
Weezer



Favorite Fragrance:
Gio De Armoni

Favorite Cartoon:
Recess



Favorite Radio Station:
93X

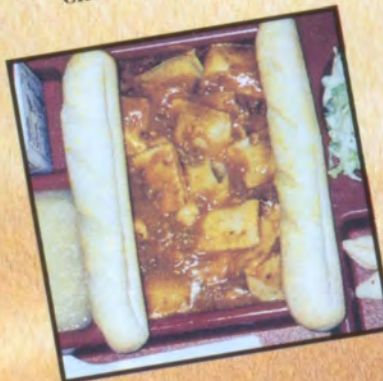


Favorite Song:
Alien Antfarm
Smooth Criminal



Favorite T.V. Show:
Sex and the City

Favorite School Lunch:
Cheesy Ravioli



Favorite Restaurant:
Olive Garden



VARSITY GOLD SOCCER

Row 1: C. Swinehart **Row 2:** R. Nicklason, R. Dohmen
Row 3: J. Brown, J. Bzdok **Row 4:** L. Gillette



VARSITY FOOTBALL

Row 1: M. Yang, K. Olson, N. McDaniel **Row 2:** C. Bergstrom, S. Linnerooth, K. Thomas **Row 3:** J. Delong, A. Boulineau

CHEERLEADING

Homecoming festivities, games, and traditions would not be the same without the spirited Forest Lake Cheerleaders. Since the levy had failed to pass last year, cheerleading was one of the sports that was forced to be cut. But the girls' strong will would not stop them. It was decided that they would fund themselves.

"I do cheerleading because I enjoy it and I like

what it brings out in me," said captain Kristina Olson. Everyday the girls stay after school for a few hours to perfect their movements, words, and stunts. After all that time together Captain, Senior Laura Gillette, says, "I'll miss all my friends the most." They work hard to bring good times and great memories to everybody.

- Theresa Kopka



VARSITY MAROON SOCCER

Row 1: D. Johnson, K. Hendricks, R. Johnson, C. Brevig, T. Waldoch
Row 2: J. Wenzel, M. Lindquist



JUNIOR VARSITY FOOTBALL / SOCCER

Row 1: S. Lessard, C. Nordenstrom, A. Mericle, M. Loftus
Row 2: T. Stein, A. McGuire, M. Baatz



Sports

It's not all about winning or losing.

Whether you're a Sophomore just beginning your high school career or a Senior just ending one. That statement is one you've heard a hundred times. Forest Lake High School is known for the excellence throughout the district, conference and state.

From football, volleyball and soccer, to basketball, hockey and wrestling, each of us remember the tryouts, the bus rides and the wins and losses. Each has a valuable lesson. Winning teaches us teamwork and sportsmanship. Losing reminds us we have more to learn about our schools never ending Ranger pride.

The friendships that we make on the many teams we join will last a lifetime. At the end of the season the Juniors and Sophomores are left excited for the next year to play. The Seniors go on with memories of their team meets, bus rides and away games. Most would have to say the bus rides are the most unforgettable. The memories shouldn't be all about winning and losing.

-Jessalyn Brown



▲**Concentrate, focus, swing.**
Senior Jessica Kopp waits for the ball to approach her.

►**She turns and shoots.** Junior Mary Sobiech dominates the Osseo defense.



Just one more, I can do it! Sophomore Andrew Bowles leaps over a hurdle at the White Bear Lake meet.



It's Not ALL Winning & Losing

Like a High Speed Race

Hard Them Hitting

They toss me up in the air, it's like a roller coaster when your just coming over the top ready to fall. Then, the racket comes down to bring me into a high speed race over the net. Every time the tennis team took the court they worked their magic; just like every time they went to serve. A hard, high speed race to the finish line at which the match was won.

The Girls Tennis Team hit the courts hard this year. Losing six seniors meant a lot of hard work for the team. As they changed conferences this year, it also meant new competitors.

At the meets, players were matched to play doubles and some single matches. "The best thing about this season was beating Blaine, we were the underdogs," stated Coach Judy Hill.

The team went to sectionals with a record of 5-11, but it stopped after the first round, getting defeated by Stillwater. According to captain Jessica Kopp, "The most memorable thing was chilling with the girls and beating Blaine in sections."

-Jessalyn Brown

*Keeping her style. Senior **Jonee Brandt** keeps her cool when she bumps the ball to her competitor.*



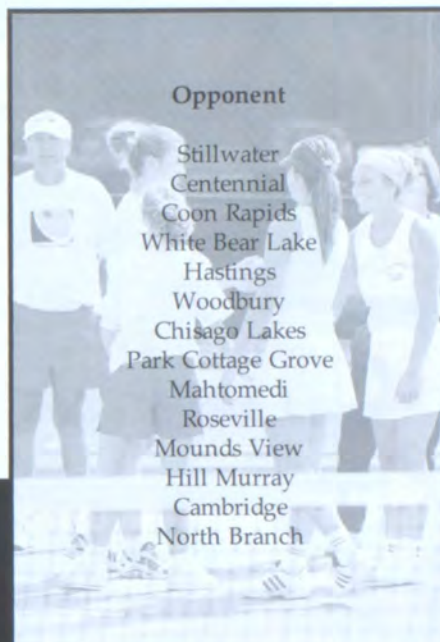
*Hitting it hard. Our number one singles **Jessica Kopp** hits the ball hard to the opposition*

*Up, up and away. Junior **Jennifer Kling** preps to serve to the other side of the court.*





Powerhouse! Senior **Ester Neu**. Waits for the opponents attempted serve, to return over the net.



Captains



Tiffany Weiss



Jessica Kopp



Seniors **Crystal Gaalaas** and **Julie Thompson** greet their competitors.

GIRLS TENNIS Row 1: J. McManus, E. Neu, K. Anderson, J. Kling **Row 2:** T. Weiss, J. Kopp **Row 3:** F. Mainczyk, P. Patchin, E. Vadner **Row 4:** J. Hill, A. Moynagh, C. Mayne, C. Gaalaas, J. Thompson, E. Morrison, J. Brandt

Staying on track...

Takes Self-Discipline and Determination

Being a part of the Boy's Cross Country Team takes much self-discipline and determination. The team went through grueling practices everyday after school. A practice consisted of a warm-up, stretching, then a six mile run for a workout. "Practice is tough," stated Captain Douglas Stafki, "but it is worth being part of a fun team." All that hard work paid off when Coach Cam Stottler took his team to Hibbing for sections. They ran in 27 degree weather while it was snowing. By the time the meet was over Forest Lake had another great finish by placing fourth. "I think we did very well placing fourth at sections considering the snowy, cold conditions," said Sophomore Lorin Skoglund. Forest Lake stayed strong and had a great year. Self-discipline and determination paid off for the Boys Cross Country team, proving it's worth working for your second wind.

- Sampson Haseltine

Determined. Christopher Clark keeps the pace to stay ahead of White Bear Lake.



Focused. Theodore Dehnlow eyes down his next victim to pass at the Conference meet.

Hey Mom! Douglas Stafki takes a second to say "Hi" to his mom during the meet.



BOYS CROSS COUNTRY Row 1: J. Orth, B. Flick, J. Mitchell, J. Abbott, Z. Clark
 Row 2: N. Berg, K. Braun, W. England, D. Peterson, B. Girtz, S. Hogan, C. Clark Row
 3: K. Meysembourg, L. Skoglund, J. Koch, K. Weise, A. Moen, D. Joyer, C. Bjorklund, J.
 Gavanda Row 4: Coach W. McElrath, W. Mitchell, J. Fahnhorst, D. Stafki, P. Bailey,
 Coach C. Stottler

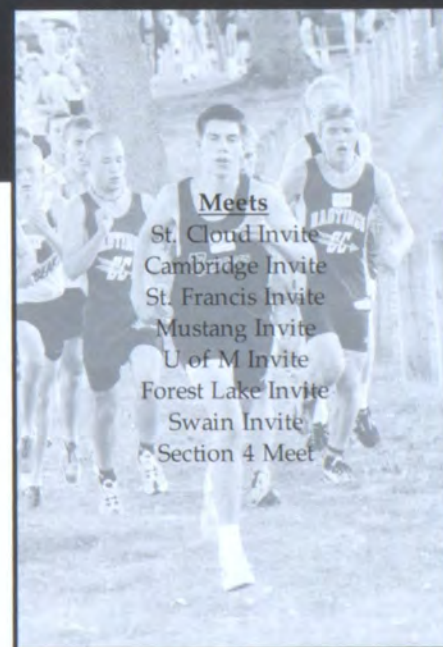
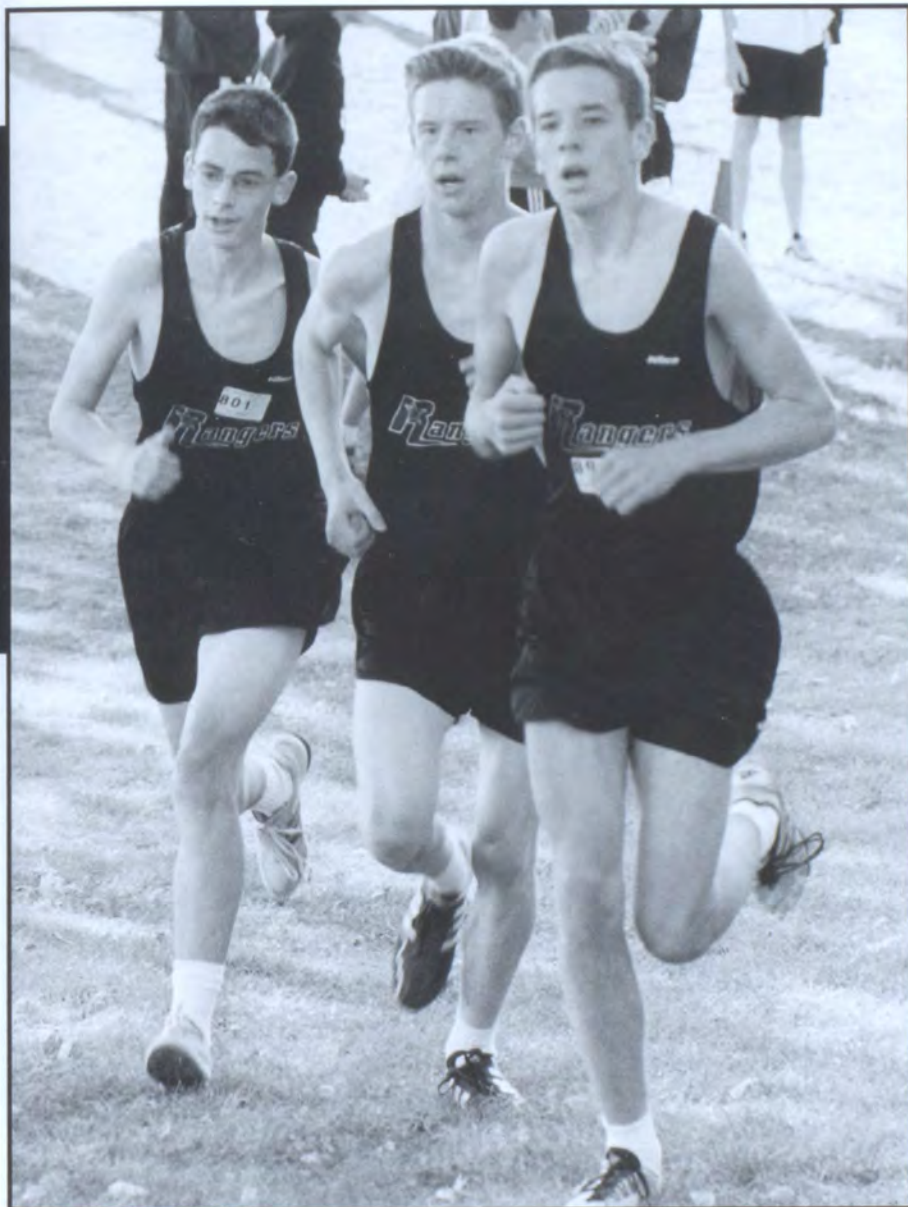
Captain



Douglas Stafki



Almost there. Sean Hogan uses his last ounce of effort to pass his opponent.



Meets

St. Cloud Invite
 Cambridge Invite
 St. Francis Invite
 Mustang Invite
 U of M Invite
 Forest Lake Invite
 Swain Invite
 Section 4 Meet

Head of the pack. William Mitchell, Peter Bailey, and John Fahnhorst stride together at the conference meet held in Hastings.

GIRLS CROSS COUNTRY Row 1: N. Waldoch, L. Edlund, R. Anderson, E. Buck, R. Charpentier, K. Howe **Row 2:** J. Van Deen, C. Pringle, R. Alexander, E. Garritson, J. Howe **Row 3:** S. Wright, K. Berkley, S. Mcnamera

Whoa, look out!
Laura Edlund
prances
patriotically
through the
course as her
opponents close in
from behind.



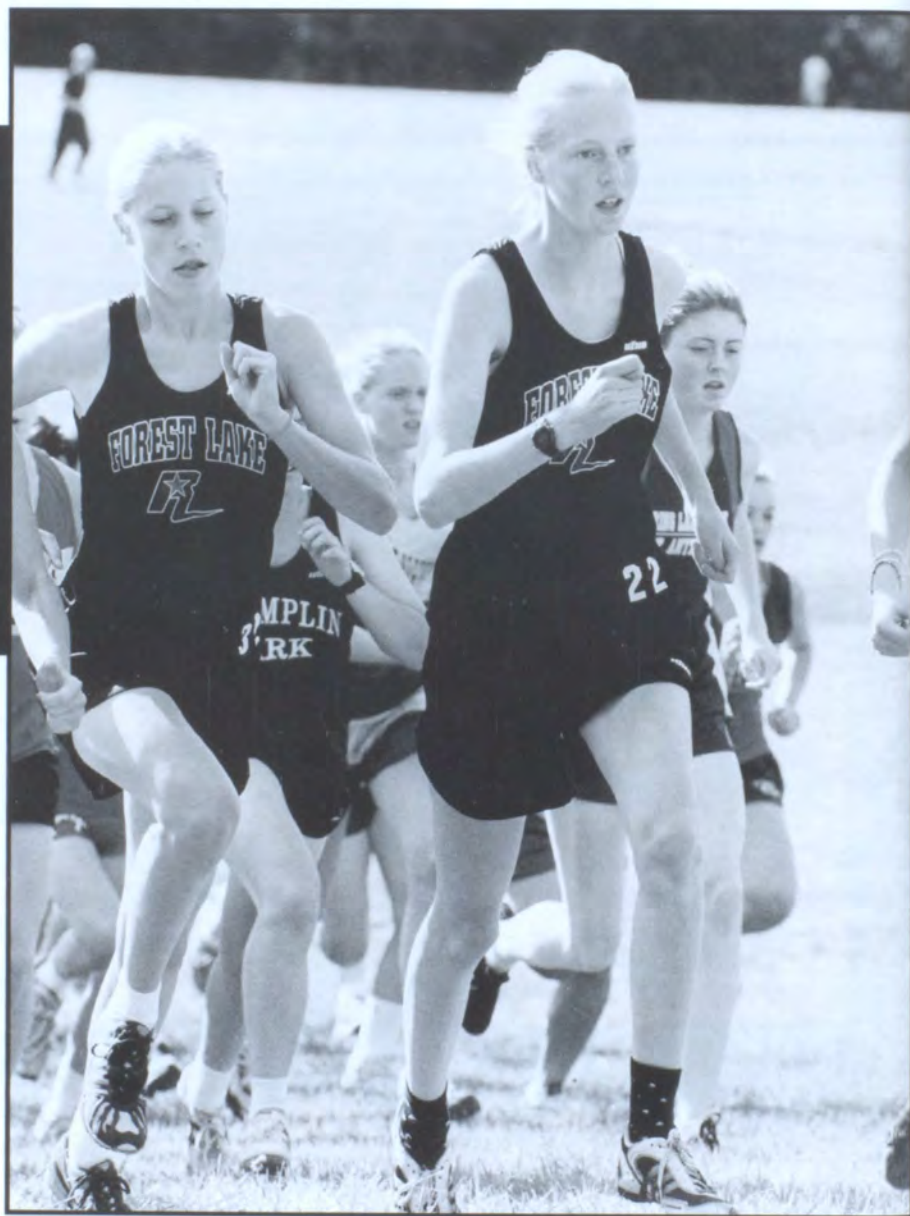
Captain



Stephanie Howe



Here they come. **Laura Edlund** and **Kristen Howe** run for the gold as opposing team members trample close behind.



Leaders of the Pack

See ya later! **Shawna Macnamara** strides past the competition, as her opponents watch in agony.

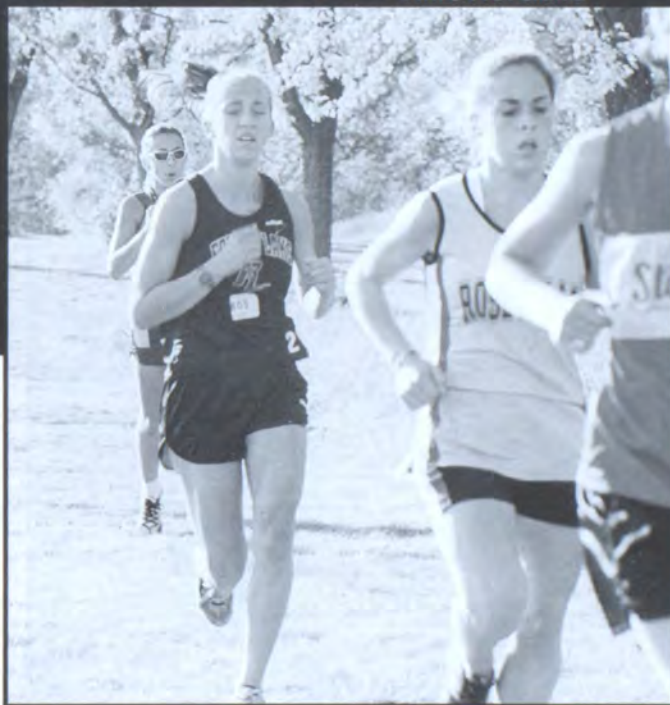


What do you think of when you see over 50 people running for their lives for miles upon miles? The Forest Lake Cross Country team of course. They have challenged their opponents and accomplished many goals as a team.

Stephanie Howe stole the spot light this year. Some of her achievements include being named Pioneer Press' Athlete of the Week and earning the rank of 8th in the state for all AA athletes. In practicing everyday with the team, Howe got to know every individual, "The team was closely knit. We worked hard and achieved our goals," expressed Howe.

The team has made tremendous progress, from winning meets to breaking records. They have worked throughout the season and proved to themselves and others that they truly are the pride of cross country. They have reigned supreme and have controlled the sport to the point where all look upon them in awe. This year's team will be remembered with vigorous intent and stupendous feeling. Individuals as well as team efforts will be hard to replicate. Trying to duplicate another year such as this will take a lot of determination and hard work for years to come.

-Mike Moreland



There she goes! **Stephanie Howe** runs along the trail far ahead of the competition.

Almost there. **Emily Buck** envisions the finish line as she strives to put forth a last sprint.

Across the Forest



Pigskin Pride

A Year to Rebuild

This year the football team knew they had a large hill to climb. Entering the first week of two-a-day practices, both coaches and players felt a sense of anxiety as they wondered who would step up and contribute to the team.

After graduating twenty starters on last years 7-3 team, many new faces emerged in the starting lineup. Head coach James Herman quoted, "It was an exciting yet difficult challenge trying to mold an inexperienced group of players into a team. It's always tough losing that many players to graduation and rebuilding the next year."

Although their record doesn't resemble their heart, the Rangers battled every Friday night. The team lost a few close games to conference opponents early in the season, but would not get discouraged. The Rangers' first and only victory came against conference rival White Bear Lake. The offense marched down the field and scored the game winning touchdown with just under a minute to play. Senior linebacker Jason Cole stated, "This year was a lot of fun but it would have been nice to win a few more games."

-Lucas Hagman and Kyle Brooks



*Gang tackle. The Ranger defense swarms to the Raider runner as **Jason Cole** strips out the pig skin.*

*Take that! #20 gets smoked by **Lawrence Houle** in the back field. Houle was the number one tackler on the Ranger defense.*

Stop! The Raider running back cries for forgiveness from the Forest Lake heavy hitters.





Who wants it? Quarterback **Lance Overson** fakes the hand off and **Jeffery Willems** takes his block.

Home	Opponent	VS
13	Osseo	16
7	Mounds View	14
17	Stillwater	37
0	Roseville	25
9	Park Center Grove	41
15	White Bear Lake	13
6	Hastings	33
0	Woodbury	45
Section 7AAAAA		
10	Champlin	49



Captains



Lawrence Houle



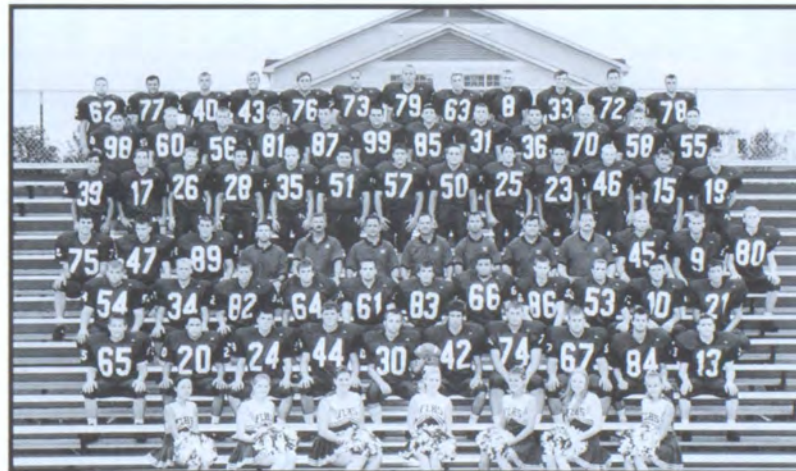
Douglas Lange



Adam Wilson



Jason Cole



Eyes of determination. Juniors **Scott Bauman** and **Ian Ostby** look determined to win another game.

VARSITY FOOTBALL Row 1: M. Yang, S. Linnerooth, J. Delong, K. Olson, C. Bergstrom, K. Thomas, N. McDaniel Row 2: R. Crotty, D. Von Eschen, A. Johnson, L. Houle, D. Lange, J. Cole, A. Wilson, J. Hogan, B. Dobler, S. Major Row 3: A. Hoover, M. Rivard, J. Anderson, L. Herring, E. Lindgren, J. Kellerhuis, J. Flewellen, R. Reinke, J. Birckholz, L. Hagman, M. Miron Row 4: B. Tan, M. Henderson, P. Zajac, R. Elliot, J. Wilson, L. Matzdorf, J. Herman, J. Jurasin, T. Harris, L. Tietje, G. Robertson, J. Lawrence, B. Myrick Row 5: D. Taylor, J. Menk, M. Stendahl, A. Janitschke, D. Wendt, D. Gnau, J. Willems, J. Wadzulis, J. Plouff, J. Okeson, N. Adams, S. Brandt, C. Blum Row 6: R. Janssen, A. Behling, B. Naleweja, A. Framke, J. Brown, I. Ostby, N. Peterson, S. Carlisle, C. Goodyear, J. Johnson, B. Crotty, L. Trombley Row 7: K. Nahl, M. Olson, T. Bridgeman, K. Brooks, A. Christem, B. Brodeur, B. Ross, D. Aschenbrener, L. Overson, L. Anderson, C. Muske, S. Bauman



Wam-bam, thank you ma'am! **Tara Kent** uses her overwhelming power to stump the opposing team as **Anne Kellerhuis** and **Molly Thompson** willingly support her.

Home	Opponent	VS
1	Mounds View	3
0	Woodbury	3
0	Park Cottage Grove	3
0	White Bear Lake	3
2	Benilde	0
1	Duluth East	2
1	Orono	2
2	Hill Murray	1
3	Roseville	0
3	Stillwater	0
3	Hastings	0
3	Mounds View	1
3	Woodbury	1
3	Park Cottage Grove	0
3	White Bear Lake	1
3	Roseville	0
3	Stillwater	0
3	Hastings	0
3	Sections	
3	Princeton	0
3	Mora	1
2	Hibbing	3



Hit it to me! Hit it to me! **Sheila Carey**'s only wish is to hit from the back and help her team bump, set, and spike to victory.



Volleyball Row 1: S. Carey, K. Forsythe, L. Hulleman **Row 2:** A. Turry, A. Kellerhuis, A. Welch, C. Marr **Row 3:** M. Thompson, A. Mettling, K. Thompson **Row 4:** S. Alm, S. Nelson, C. Sapa, T. Kent, M. Sobiech, L. Meier, D. Daniger

Captains



Laura Hulleman



Sheila Carey



Kristi Forsythe

Using Their Verticals to Jump Ahead in the Conference

Keep your eye on the ball! **Cortney Marr** bends those knees and gets prepared for the shock of the serve.

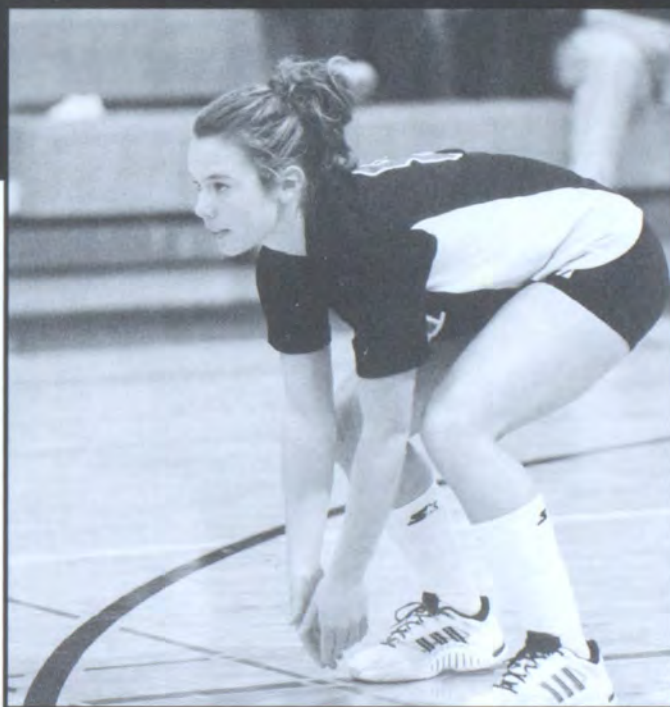


Only one word is able to describe this year's volleyball season, victory. The girls played with precision, speed, agility, and most of all, heart. They worked hard for their 14-7 conference finish, not to mention their 13 game winning streak, finishing the season at the top of the 7AAA Sections, just barely losing to Hibbing. But it wasn't "all work and no play," agrees captain Sheila Carey. "It's definitely been a lot of work, but work is success. And success makes for a fun, lighthearted season." Throughout the year, the girls learned more and more about teamwork. They were a close-knit group of individuals by the end of October, and it showed through their progress. Though the season included triumphs, as well as disappointments, as any sport will, Coach **Lance Meier** put it best...."No regrets!!"

-Rebecca Colter



Serves up! **Anne Kellerhuis** locks and loads her strong arm in hopes for an ace.



Ready, get set...side out! **Angela Turry** sizes up the opposing team as she anxiously awaits for the serve to occur.

Forest Lake Spikes Back

Rangers Shoot and Miss, but Prepare for Next Season

win...

to

Shoot

The game has just begun and Forest Lake has won the toss up for the ball. The kick off comes into play. The forward nails the ball over the other team while the outside midfielder runs down the sideline and takes the ball in for a goal. The soccer team gave their best this year, trying to overcome their opponents, and win games. As Dan Larson said it, "I was very frustrated with this season because we did not live up to our potential." Even though they didn't have a good record, they said they had a lot of fun throughout the season. This year was the second year with Coach Randall Appleton. He does a great job teaching them skills that they need to work together as a team. The team had a lot of eventful times. Cole Almendinger's two most memorable moments were when Detriech Peterson and Bill Denney cheered for him and

scored his first goal of the season at the Roseville game. Some of the other significant memories were the overtimes and the shootouts they had. The soccer team did a tremendous job with team skills, even though their record was not great, they had many memorable moments.

- Jeffery Randall

WOW! What a save by goal keeper Joshua Kolkind.



Look at the skills **Ryan Mallony** displays as he juggles the ball down and out of his goalie area.

Check that out. **Joseph Grubbs** sets up to trap the ball.



Captains



Joseph Grubbs



Daniel Larson

VARSITY BOYS SOCCER Row 1: J. Kolkind, T. Daninger Row 2: C. Conley, M. Fredrickson, P. Harnett, G. Pineault, M. Wise, B. Maloney, R. McCollum, M. Umland, R. Lewis, D. Bydalek, J. Brown, C. Docken Row 3: A. Ramsey, J. Randall, M. Paisley, A. Schneider, D. Larson, K. Behr, S. Brandt, C. Tenjack, J. Schaeppi, D. Hager, T. Hollerbach, T. Gage, C. Almendinger Row 4: Coach R. Tungseth, Coach J. Gustufson, R. Doolittle, N. Hazzard, J. DeRaad, S. Kennedy, R. Holmgren, T. Carlan, T. Asplund, P. Nelson, J. Grubbs, Coach T. Ciccone, Coach R. Appleton



Look out goalie! **Cole Almendinger** pounds the ball down the field from his indirect kick.



FL	Opponent	VS
0	Coon Rapids	2
0	Mounds View	0
1	White Bear Lake	5
2	Roseville	2
0	Hastings	3
0	Chisago Lakes	0
1	Woodbury	4
0	Stillwater	2
1	Park Cottage Grove	4
1	Roseville	3
1	Hastings	1
0	Duluth East	3
0	Woodbury	4
1	Stillwater	9
0	Park Cottage Grove	4
0	White Bear Lake	3
0	Mounds View	2

Quicker than others. **Lewis Derry** dribbles the ball around his opponent and heads for the goal.



VARSITY GIRLS SOCCER Row 1: J. Meath, L. Gervais, A. Prodger Row 2: K. Hollerbach, R. Medina, R. Goosenns, T. Neu, M. Milligan, C. Maier, M. Pickar, K. Benson Row 3: S. Baklund, R. Robertson, K. Busch, A. Crecilius, L. Shoberg, K. Gonsior, R. Martin, L. Hatlestad Row 4: S. Berger, A. Peterson, A. Gage, E. Carlson Row 5: A. Starfield, A. Bayer, R. Kennedy, L. Grubbs, L. Carter, L. McMahon, B. McMahon, S. Haseltine, Coach J. Hurd



*Go! Go! **Rebecca Kennedy** breaks away from her opponents and goes down to take a shot at the goal.*

Captain

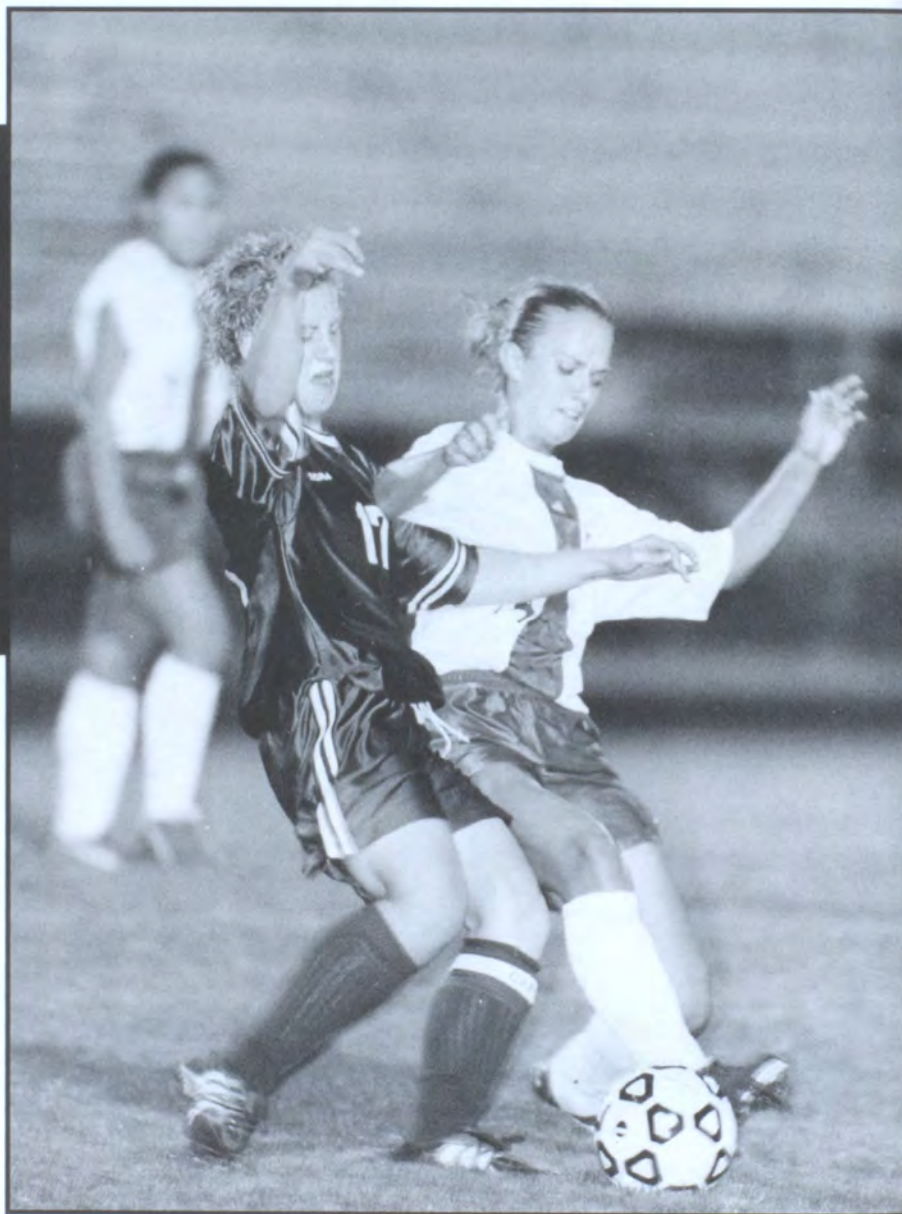


*Samantha
Haseltine*



<u>FL</u>	<u>Opponent</u>	<u>VS</u>
3	Cambridge	2
0	Mounds View	3
1	White Bear Lake	4
3	Roseville	0
1	Hastings	2
4	Washburn	1
0	Woodbury	3
0	Stillwater	3
0	Park-Cottage Grove	1
1	Roseville	0
0	Hastings	2
0	Centennial	2
0	Woodbury	3
0	Stillwater	4
0	Park-Cottage Grove	1
0	White Bear Lake	3
1	Mounds View	0
1	St. Francis	0
0	Champlin	1

*Talk about a close call. Captain **Samantha Haseltine** steals the ball from her opponent and passes it down the field to her teammate.*



Trapping for Control

Check out the fancy footwork. **Amanda Gage** dribbles the ball around her opponent.



There's five seconds left on the clock. The opponents have the ball and pass it to their midfielder. The midfielder dribbles the ball, gets it under control and shoots for the goal. Forest Lake goalie saves the goal, and they hang on to win the game. The soccer team had a fun and exciting year. Their record was 6-12, but they did quite well. What their record doesn't show is that the team moved into the toughest conference in the state, and still did better than last year. The team was also young, made up of many Juniors and Sophomores. "The best thing about playing soccer is all of the fun we have; during practice, games, and even off the field," commented by Captain Samantha Haseltine. Most of the players are close and see each other on and off the field. Jenny Herd has been coaching here for 2 years now. Angela Starfield said, "She was great, we all love Jenny. The soccer team is great."

-Delroy Wendt



Right on target **Ashley Peterson** throws the ball into bounds and restarts the game.

Who's got the ball? **Brianna McMahon** runs up from the side and kicks the ball to her teammate.

Kickings for the Goal...

Winter

Cheerleading



"Cheerleading was a little different this year without our school funding, but we still cheered at every game and even competed for the first time at the Mall of America."

– Nancy Hursh

▼ Hog pile! The cheerleaders make a pyramid at the start of their first practice for the winter season.



▲ **Competition Squad** **Row 1:** N. McDaniel, L. Gillette, K. Olson, M. Yang **Row 2:** R. Dohmen, T. Waldoch, R. Medina, K. Hendricks, C. Bergstrom, R. Johnson **Row 3:** M. Baatz, S. Linnerooth, J. Delong, A. Boulineau, J. Bzdok



▲ Varsity Wrestling Row 1: C. Bergstrom, R. Dohmen, N. McDaniel
Row 2: S. Linnerooth, M. Baatz, R. Johnson



▲ JV Wrestling Row 1: A. Erzar, K. Mullan, T. Stein Row 2: A. Metzger



▲ Varsity Boys Basketball Row 1: L. Gillette, M. Yang Row 2: C. Brevig, K. Olson, K. Hendricks Row 3: J. DeLong, D. Quinn



▲ JV Boys Basketball Row 1: A. Mulcahy, T. Kopka, T. Lindstrom
Row 2: S. Lichliter, A. Buol



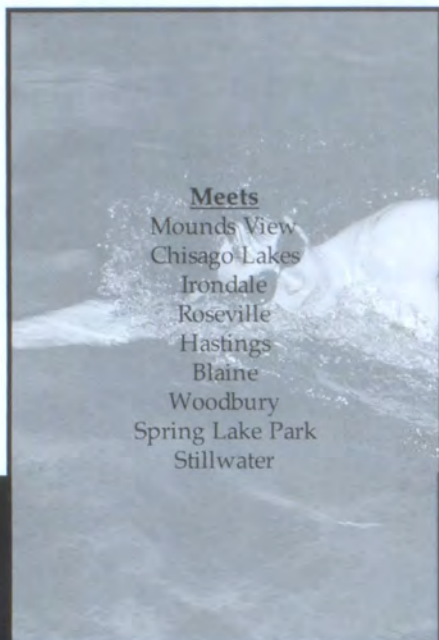
▲ Varsity Hockey Row 1: S. Lessard, R. Medina Row 2: T. Waldoch, M. Loftus, J. Brown, R. Nicklason Row 3: J. Bzdok, A. Boulineau



▲ The 4 Hursh's. Nancy, Emily, Stephanie and Allison Hursh await for the performance of the Competition Squad at the Mall of America.



► Showing off their stuff, **Corey Docken**, **John Sandager**, and **Grant Robinson** show off their muscles as they pose for the camera.

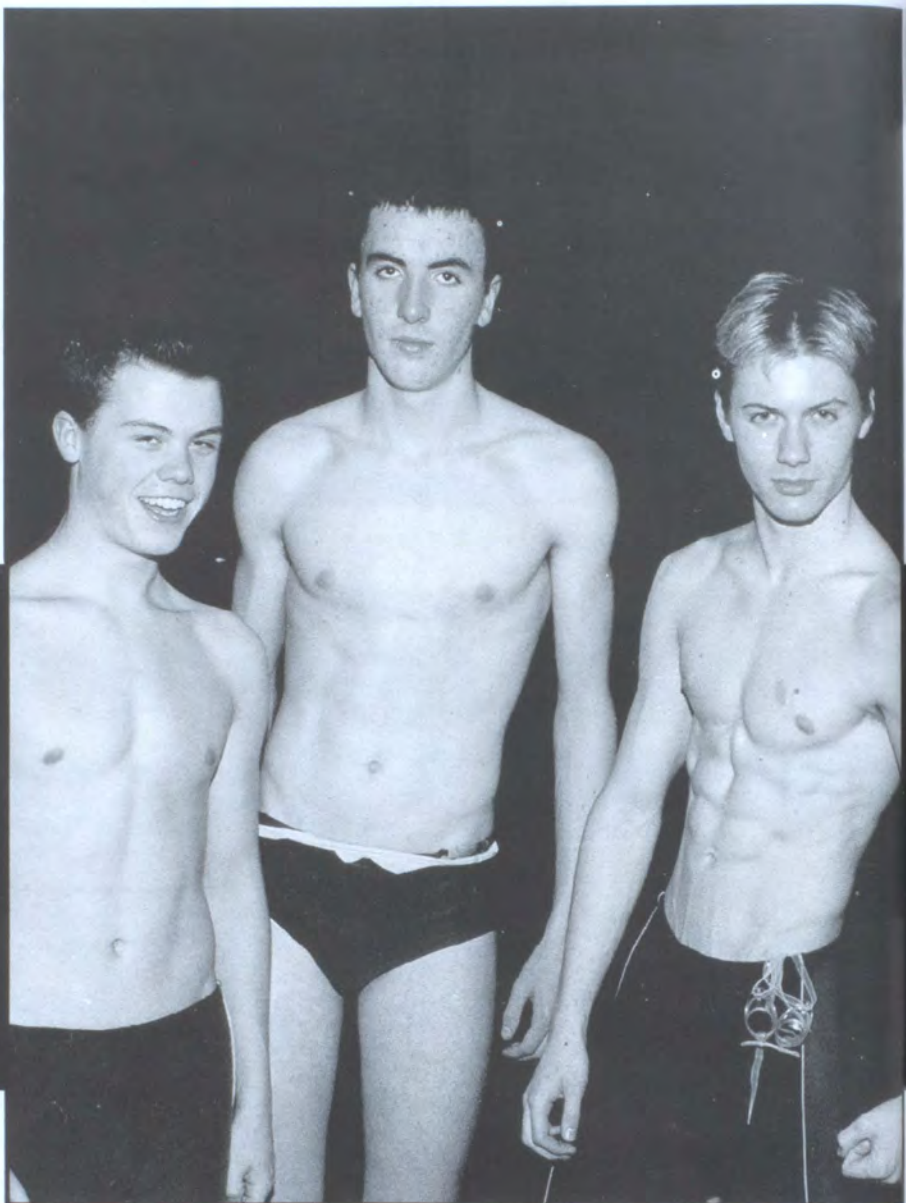


Meets

Mounds View
Chisago Lakes
Irondale
Roseville
Hastings
Blaine
Woodbury
Spring Lake Park
Stillwater



▲ Up and over,
Junior captain
Grant Robinson
does his butterfly
stroke.



▲ **Boy's Swimming & Diving** **Row 1:** S. Butler, J. Waskey, I. Simpson, M. Sandager, G. Robinson, D. Hudalla, L. Kubitschek, J. Robinson, B. Johnson **Row 2:** S. Schulze, T. Kelly, B. Knack, J. Morrison, S. Gort, T. Sperry, S. Thomas, P. Stacco, C. Docken, M. Anderson, M. Elden, C. Duff **Row 3:** B. Welch, J. Kassel, K. Burk, B. Cowen, Z. Clausen, B. Richards, J. Sandager, J. Fahnhorst, S. Chaussee **Row 4:** S. Smith, A. Miletich, B. Walker, D. Wasia, D. Welch

Captain



Grant Robinson

Splish, Splash

▼ Acting all calm and cool, Sophomore **Jeffrey Sandager** does the backstroke to the finish.



Splish, splash as you hear the six swimmers dive into the pool. The team was young and had little experience which made for a challenging year. "The hardest thing about this year was having a new coaching staff, but they also brought us together," replied, Captain Grant Robinson.

Swimmers strive to complete each race to their fullest. Different strokes such as the Butterfly, Backstroke, Breaststroke and the Free Style, challenges each of them as well as the distance. The distance varies from 50 - 500 yards.

The divers have a hard job, testing their ability every time they walked on the board. Divers are judged on their difficulty and how they perform their dives.

All in all, "next year's team will be strong with a lot of upper class men," Grant Robinson stated. Be ready for what's to come in the next year or two. Only one of the Ranger Divers, Brian Welch, made it to state this year his first, but hopefully not the last time.

-Jessalyn Brown



◀ Concentrating on his dive, Sophomore **Brian Welch** practices at the district pool.

▲ Umphh! Sophomore **Corey Docken** finishes up his heat doing the butterfly.

Google Vision

Swimming For Success

Ducks Together Swim

Quack! Quack! Quack! were the chants coming from the girls locker room as the Forest Lake Girls Swimming and Diving team came out in "duck wear" ready for another one of their meets.

The season started off in August with the dreaded early morning practices, but with the girl's positive attitudes, and their hard work ethic, the team came together. This year's team was led by Head Coach Jennifer Debe, Assistant Coach Jamie Bullock, and Diving Coaches Ben Wolfe, and Deb Welch. Along with Senior Captains Rachel Blake, Jenna Coleman, Jenna Perrault, and Diving Captain Katie Kowalski, who all kept the girls team spirit alive!

The season consisted of 15 meets, as well as sections, and state. Each meet began with mental preparation for their upcoming races, and ended with a team cheer.

The season ended with Perrault finishing 21st at the state competition. When asked to describe this years team the captains quoted: "Our team is very diverse!", Perrault, "911 here come the Rangers!", said Blake. "It's hard to be negative when your teams so positive!", said Coleman. "Divers love the exchange," said Kolwaski.

-Lindsey Cowen

▼And the awards go to.....

Jenna Perrault, Jenna Coleman, Morgan Larson, Brittny Walker, and Ana Miletich show off their medals after sections.



▲Boom! Dynamite! Ranger girls do one of their favorite cheers to get pumped up before their meet.

►Jump! Leap! Pike! Junior **Mindy Sell** competes at one of the teams diving competitions.



Captains



Rachel Blake



Jenna Coleman



Jenna Perrault



Katie Kowalski

▼*Girl's Swimming and Diving Row 1:* L. Cowen, M. Larson, J. Perrault, C. Purps, L. Guck, K. Kowalski, R. Blake, J. Coleman, S. Lindstrom, S. Fahnhorst *Row 2:* K. Clark, K. Erickson, J. Duffy, E. Johnson, A. Petroske, C. Gerlach, M. Mattison, A. Moberg, A. Husfeldt, A. Tackes, H. Sparks, A. Nelson, C. Farr, H. McKenzie *Row 3:* A. Pilla, M. Sell, B. LaFontsee, K. Haglund, S. Hufford, K. Simpson, R. Merrier, V. Yamry, B. Hubbard, M. Mattison, B. Flatten, A. Beebe, N. Duff, M. Pikus, K. Lefto, K. Burk, M. Stree, H. Ristow, K. Robinson *Row 4:* S. Hubbard, B. Lundborg, S. Esler, C. King, A. Yetter, C. Peterson, A. Eagen, S. Chaussee, K. Brown, T. Kimbal, A. Bjorkavic, J. Schmitz, J. Gorka, K. Hallberg, L. Quale, L. Gayford, A. Miletich, A. Howie, C. Nelson *Row 5:* T. Kirschenman, E. Frerichs, A. Tackus, B. Walker, S. Zierke, J. Debe, J. Bullock, A. Garity, D. Jensen, L. Parkos, F. VanSloun, G. Van Sloun, S. Thomas, J. Robinson, B. Johnson



▼*Say cheese!*
Ranger divers take
a quick breath
before their next
dive.



Meets

Blaine
Centennial
Stillwater
Mounds View
White Bear Lake
Spring Lake Park
Mahtomedi
Roseville
Northdale
Hastings
Woodbury
Chisago Lakes
Stillwater
Park
Conference Meet @ Stillwater
JV Conference @ Stillwater
Sections @ Elk River
State @ U of M

◀ *Focus, focus, focus. Coach Debe gives Senior Jenna Perrault advice before her big race.*

▼ **Wrestling Row 1:** J. Kisla, J. Kolbow, J. Menk, J. Underdahl, B. Girtz, D. Taylor, S. Hogan **Row 2:** D. Joyer, S. Oporto, D. Peterson, D. Lange, M. Fraley, J. Determan, J. Okeson, J. Schulze **Row 3:** C. Rotach, J. Denney, W. Denney, R. Jensen, B. Engel, A. Behling, R. Janssen, D. Stein, T. Maus



▼ Captains **Matthew Fraley** and **Douglas Lange** congratulate their team after a meet.

Captains



Matthew Fraley



Douglas Lange



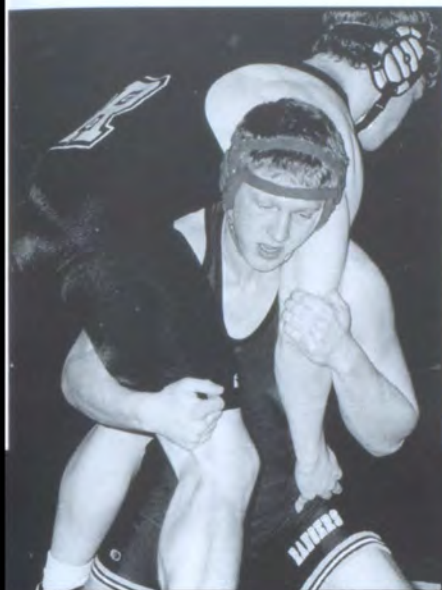
FL	Opponent	VS
32	Anoka	23
23	Bemidji	30
50	Kasson-Mantorville	19
27	Goodhue	34
36	Hastings	19
57	Woodbury	4
39	Coon Rapids	36
48	Mounds View	18
24	Simley	25
62	Park Cottage Grove	6
44	Roseville	12
12	Apple Valley	48
46	Lakeville	16
44	Stillwater	21
59	Irondale	3
35	Coon Rapids	24
20	Centennial	51
54	White Bear Lake	6
10	Cambridge	43

► Body slamming action, **Matthew Fraley** throws his opponent to the ground.



Pin em' Down

▼Look out below, **Alexander Behling** is defending his reign.



This season, the Ranger wrestlers faced a lot of obstacles. Some bigger than others. First they lost their Head Coach Robert Dettmer because he was called to active duty for our country. The Rangers were sad to have lost him during his 29th season. Richard Elliot took over as head coach for this season, but he is willingly handing it back over to Mr. Dettmer next season. Another setback for the team was when some of the team members contracted skin infections. Despite these obstacles, the wrestling team had an unbelievable regular season and also won the Suburban East Conference tournament in Hastings. The team was lead by captains Douglas Lange and Matthew Fraley. When they were asked how the competition was, Fraley simply said, "Next..." and Lange said, "I'm going for the 'V'." Jordan Kolbow, Sean Hogan, Brandon Girtz, James Underdahl and Douglas Lange were winners of All-Conference honors. Winning All-Conference and Individual Championships were Daniel Taylor, Matthew Fraley, William Denny and Alex Behling. In an e-mail to the school, Mr. Dettmer wrote, "Ranger Wrestlers, you have the eye of the tiger."

-Kathryn Lund



◀Take 'em down, **Brandon Girtz** gets ready to pounce.

▲Plow 'em over, **William Denney** fights to win his meet.

American Made

Not Just Cartwheels and Handstands

Flipping to the Top

This season, the 27 girls on the Gymnastics Team strived for the top. They practiced 6 days a week all season long. The gymnasts scores gradually increased over the course of the season due to their hard work and dedication. Every year the varsity gymnasts compete at the MGGOA Holiday Classic where the girls placed 4th out of 15 teams. On February 16, the team traveled to Stillwater for the annual section meet to qualify for state. This year the competition was not as challenging as the previous years. With a great effort and their best meet all season, the 8 varsity girls proudly took a 2nd place finish. They also achieved their highest score in 5 years. Although as a team they did not make it to state, Jennifer Houle went for beam and floor while Breanna Barott also made it for floor and Rachel Turry represented Forest Lake on the bars. The team was also the Section 4AA Academic Champions and Head Coach Nancy Elias was named Section Coach of the year! "I was honored to be recognized by my fellow coaches," stated Elias. The Junior Varsity also had a good season. They achieved their highest team score in 3 years with a 122.3 at the end of the JV conference held at Forest Lake.

Jennifer Houle, Angela Turry, and Breanna Barott were the three returning seniors here for their last season. On January 31, Forest Lake held a meet against White Bear Lake in honor of the seniors. The three girls all put on an entertaining performance which amazed the crowd. "Live life to the fullest and have no regrets," were Angela's final words of encouragement to her teammates.

This year has been a busy and successful season, and much fun was had outside of practice as well. Aside from practices, the girls spent their time enjoying spaghetti dinners and sleepovers. The team's scores this season reflected their determination to succeed.

-Emily Stigall

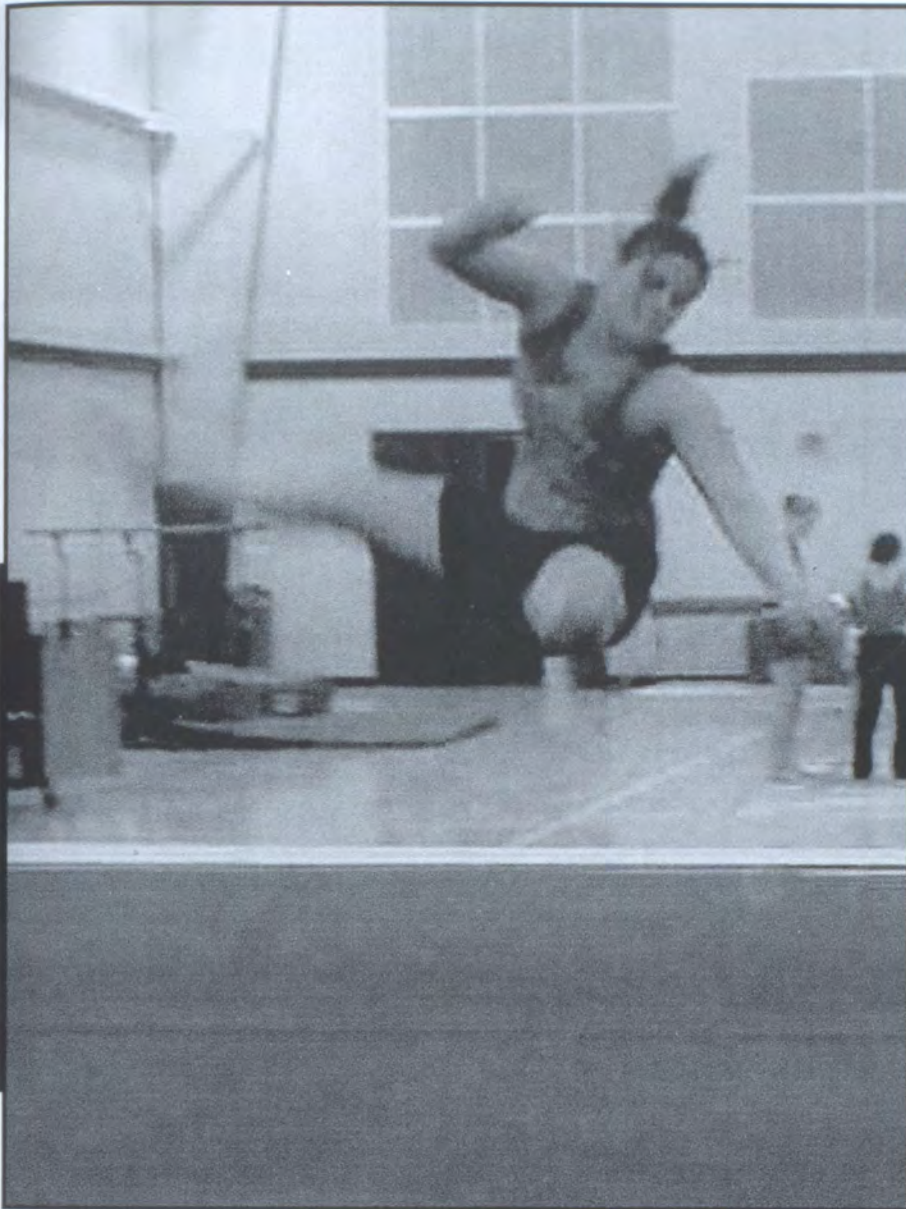
▼What a dismount! **Heather Jackson** successfully finishes off her beam routine with an aerial dismount.



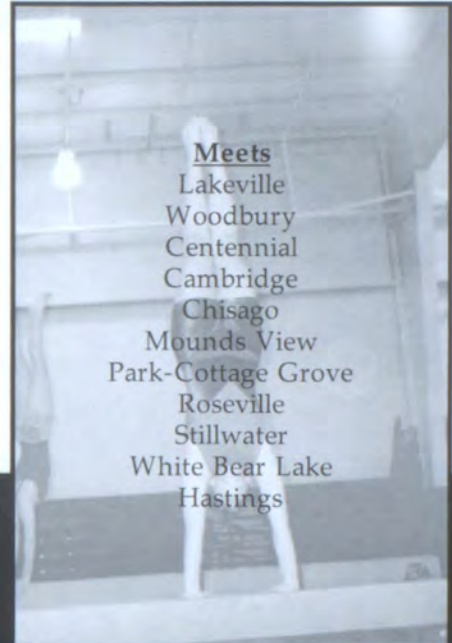
▲ Betsy's on bars! Watch and learn as **Elizabeth Garritsen** ends her bar routine with a flyaway.

► Spinning in circles. All good bar routines contain good form and pointed toes which **Rachel Turry** is demonstrating very well.

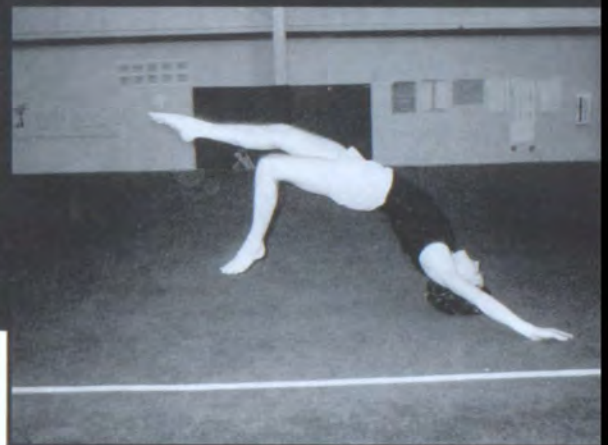




◀ Flippin' high. Senior **Jennifer Houle** completes her full twisting schushanova with perfection. Houle's highest score on floor was 9.8.



Meets
 Lakeville
 Woodbury
 Centennial
 Cambridge
 Chisago
 Mounds View
 Park-Cottage Grove
 Roseville
 Stillwater
 White Bear Lake
 Hastings



Captains



Jennifer Houle



Angela Turry



▲ A backwards worm? Senior **Breanna Barrot** practices her signature move for her floor routine.

▲ **Gymnastics Row 1:** B. Barott, J. Houle, A. Turry **Row 2:** K. Waldoch, N. Zastrow, M. Holleran, J. Schoeder, K. Clark, M. Pilla, C. Anderson, E. Garritsen, A. Mericle, A. Howie **Row 3:** Coach Joel-Lynn Tinklenberg, S. Chaussee, J. Bjorge, E. Stigall, A. Rosdahl, H. Jackson, R. Turry, Coach Vicki Rosdahl **Row 4:** M. Sell, K. Bolenbaugh, A. Saari, K. Martin, J. Essen, B. Hubbard, M. Trounce, C. Anderson, K. Thomas **Row 5:** Coach Carol Suess, Coach Nancy Ellias

► *Fighting the current. Senior Grant Robertson breaks through the wall of Raiders and scores two for the team.*

FL	Opponent	VS
37	Park	48
55	Tartan	56
51	Centennial	56
53	Eden Prairie	64
39	Hopkins	71
63	Champlin Park	39
55	Maple Grove	48
61	Robbinsdale Cooper	63
74	Champlin Park	64
70	North Branch	58
46	MoundsView	58
53	Park Cottage Grove	51
54	Roseville	48
52	Stillwater	59
38	White Bear Lake	62
49	Woodbury	57
37	Hastings	46
51	Anoka	65
27	Mounds View	46
49	Stillwater	57
35	White Bear Lake	66
40	Roseville	57



▲ *Looking for an open. Kevin Keto maintains possession of the ball while searching for an opportunity to pass.*



▲ **Boy's Basketball Row 1:** R. Miller, S. Carlisle, C. Authier, T. Frericks, K. Keto, A. Framke, L. Anderson **Row 2:** Coach C. Gunderson, J. Ryan, G. Robertson, S. Korthals, S. Maefsky, L. Overson, Coach J. Buck

Captains



Joseph Ryan



Kevin Keto

Staying Strong Until the End

▼ "I got game." **Steven Carlisle** flies by his Roseville opponent on his path to the hoop.



Every season in every sport is bound to have its high and low points. Lacking four JV and Varsity players, however, is quite a blow. Injuries and lost players mid-season forced the remaining team members to work that much harder. Each player put forth more power than ever before to cover the areas that needed it most. Hard work is nothing new to this team however, according to Senior Grant Robertson, "Coach Gunderson challenges us everyday."

Though the scoreboard may not agree, player performances this season were something to be proud of. The unwavering support of the crowd helped them stay strong. They placed 3rd in the Anoka Tournament over Winter break, and played a memorable game against Roseville in mid January. Much was gained by each player this year. What they lacked in wins, they made up for in spirit. Grant Robertson sums it up by stating, "I will miss all the good times together."

-Katie Gatzow



◀ One for the team. Senior **Stephen Macfsky** lines up a perfect free throw and scores for the Rangers.

▲ A leap of faith. **Joseph Ryan** catches the crowds attention when he makes a slam dunk in the final quarter against Roseville.

Shootin', Hoops

Believin',

Don't Stop

No Matter What the Outcome

Good years come along with rough years for many sports. With only three returning players, the girls basketball team had to work extra hard to have a run for state. The hard work did not put a damper on the girl's hopes though. "I love the sport. It's physical, mental, and fun," said Senior Captain Andrea Lewis. Jennifer Hesse and Kimberly McDonald are the coaches who push their girls to show their best on the court.

Hard work and no fun is not what girls basketball is all about. Spaghetti dinners and karakoe nights kept the girls in good spirits. "Yeah, we do the superstar dance and get rowdy a lot," said Junior Lindsey Anderson. A tough year along with a tough schedule couldn't keep the girls basketball team down. A good attitude and high spirits made them have pride with their performances no matter what the score.

-Sampson Haseltine

▼ It's mine! **Alissa Banttari** makes an effort to get the loose ball.



▲ Unstoppable. **Mary Sobiech** drives the lane despite of the collapsing defense.

► Down to the basics. **Renee Frerichs** shoots a layup against Stillwater.



Captains



Andrea Lewis



Jessica Kopp



Alissa Banttari

▼ **Girl's Basketball Row 1:** J. Kopp, A. Banttari, A. Lewis **Row 2:** J. Kling, L. Anderson, R. Frerichs, C. Brink **Row 3:** K. McDonald, J. Hesse, L. McMahon, M. Sobiech, B. McMahon, A. Wintheiser, J. Gage, R. Fore



▼ *Scoping it out, Lindsey Anderson checks to see who is open.*



FL	Opponent	VS
50	North Branch	68
45	Armstrong	54
41	Wayzata	46
49	Cenntennial	54
39	Woodbury	56
55	Hastings	64
37	Champlin Park	43
43	Hill Murray	42
43	Edina	53
34	Prior Lake	49
43	Elk River	82
40	Mounds View	67
70	Park	53
49	Roseville	62
45	Stillwater	48
49	White Bear Lake	65
52	Woodbury	66
37	Hastings	56
52	Anoka	49
53	Mounds View	62
56	Park	43
44	Roseville	56
42	Stillwater	63
43	White Bear Lake	48

◀ *And one! Andrea Lewis gets fouled while making a trip to the basket.*



▼**Boy's Hockey Row 1:** M. Loftus, R. Medina, T. Waldoch, S. Lessard, J. Bzdok, A. Boulneau, J. Brown, R. Nicklason **Row 2:** K. Fredrickson, C. Docken, P. Parzino, B. Sawyer, R. Shelafoe, J. Bialozynski, N. Reuter **Row 3:** Coach J. Young, C. Blum, M. Hanson, T. Shelafoe, J. Bjork, J. Severson, J. Stone, J. Birkholtz, C. Stelter, K. Minke, M. Stendahl, S. Brandt, Coach G. McLaughlin



Captains



Nicholas Reuter



Kyle Fredrickson

▼Way to go! The Ranger bench rises up to celebrate a goal.



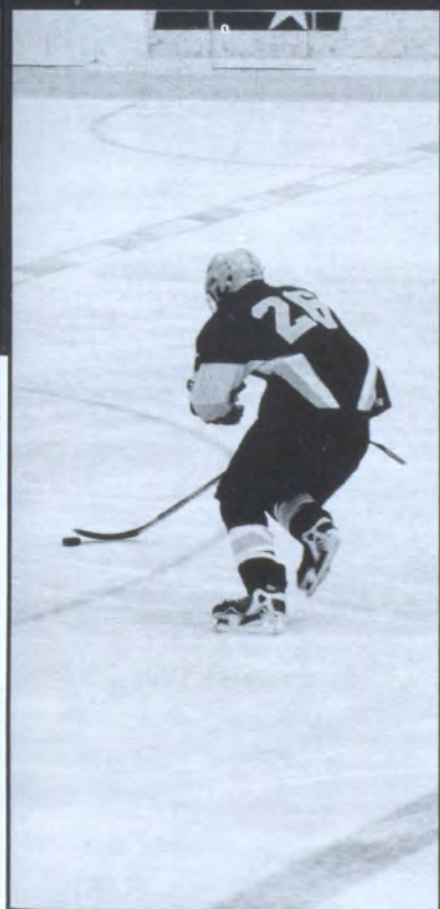
FL	Opponent	VS
9	St. Francis	0
4	Grand Rapids	2
3	Cloquet	2
1	Alexandria	5
7	Park Center	1
9	Mpls. South	1
2	Stillwater	2
0	Mounds View	2
6	Park Cottage Grove	1
2	White Bear Lake	5
1	Roseville	0
2	Hastings	3
6	Woodbury	2
2	Stillwater	2
2	Brainerd	1
1	Osseo	6
3	Woodbury	2
6	Mounds View	2
6	Park Cottage Grove	1
2	White Bear Lake	1
2	Roseville	5
4	Hastings	0
	Section 7AA	

►Get off my back! Senior **Kyle Minke** fights off his opponent and beats him to the puck.



Smooth as Ice

▼ Splittin' the "D!" **Mitchell Hanson** weaves his way through the Hasting's defense and races towards the net.



A

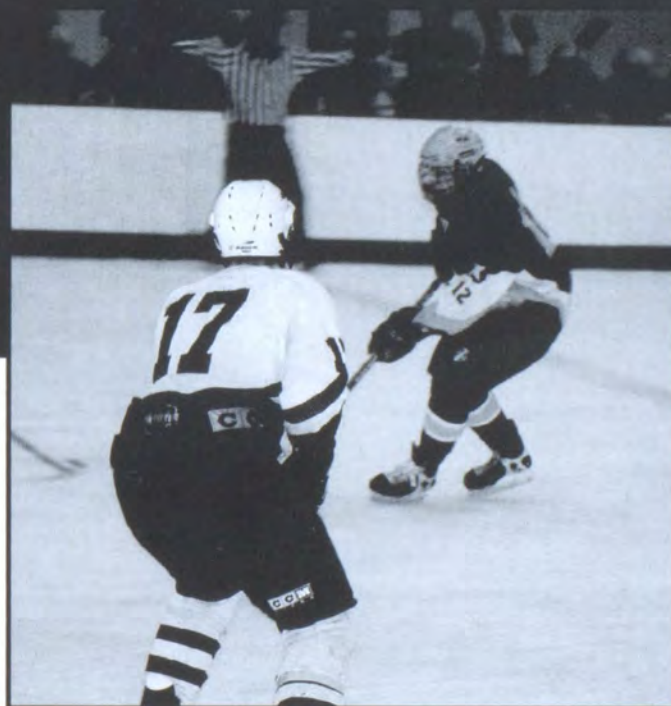
new coach, a new attitude, and a whole new team. This is what the boy's hockey team had to work with this year.

New Head Coach Jim Young took over to lead the Rangers this year. Captain Kyle Fredrickson had this to say about the new coach, "He brings a lot of intensity and a constant drive to win to this team." With plenty of varsity experience returning this year, the Rangers felt confident moving into the new Suburban East Conference.

They finished third in the conference this year behind Roseville and White Bear Lake. However, they beat both of those teams in conference play. Senior Captain Nicholas Reuter commented about the difference in the Ranger's play this year. "Everyone contributes to the team, we play as a team, and that has led to a successful season."

The Rangers took the consolation championship in the Centennial Holiday Tournament. They also recorded the most victories in school history.

-Lucas Hagman



◀ All alone... Junior **Matthew Stendahl** breaks away and pushes the puck across center ice.

▲ Sniper! Senior **Christopher Stelter** crosses the blue line ready to rip a shot on goal.

The Will To Win

Breaking Away to Achieve Their Goals

A new coach, a new year. Forest Lake's Girl's Hockey Team is only eight years old and already they have a new coach, John Yunker, formerly from St. Margrets, has come to the Rangers and took control. With only 16 girls on the roster, the girls became a close knit group. After spaghetti dinners and sleepovers, these girls become a real family. Kaleigh Brooks, the only 7th grader on the team said, "I felt comfortable with the older girls."

The gals were off to a superb start, with 7 wins by the half way point. Yunker practices these girls hard 6 days a week. He's a great addition to the Ranger Girl's Hockey team. "All the memories are fun with the gals," claims Junior Nicole Souter.

Towards the end of the season there was a little slump, but they seemed to pull it all together going into the playoffs. But with a devastating loss to Cloquet in the Section 7AA Tournament, the girls were sent home to think about next year.

-Kyle Brooks

▼"Slap shot." **Samantha Hough** shows the goalie who's boss with a sound shattering shot.



▲Alright ladies, lets have a clean fight. Senior captain **Rachel Conlan** stares her competition right in the eye before the puck drops.

►Like a brick wall, Bakken is there! The teams only goalie, **Kelsie Bakken**, shows some domination, blocking another weak shot by Minnetonka.





◀Number nine, looking fine, Junior **Nicole Souter** charges across the ice to catch a stinging pass.

FL	Opponent	VS
3	Chisago Lakes	1
7	Irondale	1
5	Duluth East	4
3	Centennial	2
1	Park Center	1
4	Park Cottage Grove	3
0	Cloquet	3
3	Woodbury	1
3	Stillwater	6
3	Mounds View	1
1	Roseville	6
2	Hibbing	5
2	White Bear Lake	6
2	Minnetonka	3
5	Shakopee	0
3	Spring Lake Park	2
2	Hastings	9
6	Osseo	0
6	Park Cottage Grove	1
6	Woodbury	5
0	Stillwater	5
2	Mounds View	3
1	Roseville	8
2	White Bear Lake	3
2	Hastings	7
3	Duluth Denfeld-Central	0
3	Duluth East	2
1	Cloquet	5



Captains



Deborah Josephson



Rachel Conlan



Jessica Nelson



▲**Girls Hockey Row 1:** K. Bakken **Row 2:** M. Kenny, K. Brooks, E. Souter **Row 3:** A. Johnson, A. Woods, J. Yunker, J. Bernklau, J. Nelson, J. Cincotta, S. Hough, D. Josephson, R. Conlan, T. Johnson, N. Souter, K. Busch, A. Melbostad

▲ Like grease lightning, **Kathleen Busch** speeds to the red line to play some magnificent defense.

► Ahead of the pack, Senior captain **Douglas Stafki** builds a commanding lead on the competition.



Meets

White Bear Lake
Stillwater
Hastings
Roseville
Cottage Grove
Mounds View
SEC Conference Championships
Section 2 Championship
State Meet - 7th Place



▲ Aerodynamic!
Sophomore **Lorin Skoglund** tucks in and races down the hill.



▲ **Boy's Nordic Skiing Row 1:** J. Babbitt, J. Mitchell, Z. Clark, J. Hubbard, B. Fick, T. Sterner **Row 2:** P. Bailey, D. Stafki, L. Skoglund, W. England, W. Mitchell, K. Meysembourg, Coach Johnson

Captain



Douglas Stafki

Boys Nordic Returns to State

▼ Junior **William Edlund** pushes ahead of his opponent and holds his lead.



Long practices and hard work is part of what it takes to bring a team to state. "The practices are tough. You have to be in good shape to do well so we work hard," stated Senior Captain Douglas Stafki. With good coaching and determination, the boys nordic ski team proved to be serious contenders by making this years state meet. "State? Of course!" said Junior William England when questioned about how far their team went this year. Deno Johnson is the coach that brought his team to Giant's Ridge for the state meet. Forest Lake placed first at sections as a team while Douglas Stafki, Lorin Skogland and William Mitchell qualified for state as individuals. "Winning conference was the most memorable moment I've had while being a part of the ski team," Stafki said. Hard work and determination is what brought the team to state this year. Another good year for the boys nordic ski team.

-Sampson Haseltine

Set For Success



◀ Senior **William Mitchell** strides easily towards the finish line.

▲ The rough snowfall is no match for **Peter Bailey** as he skis his way to the finish.

Skiing Strong

It's Not All Poles and Skis

Although the beginning of the season started out a little slow because of the lack of snow, the girls still were excited to start. Since the captain of the team quit, the ladies were pretty disappointed. The team needed somebody to step up and be a leader. Stephanie Howe was perfect for the job. Howe has been in the business multiple years. She got there by practicing with the team six days a week after school. This year the girls made it to state and Howe became state champion! Even though the team was made up of only eight girls and two coaches, they stayed strong throughout the year. This has been a great year for the girls nordic ski team. The team is anticipating that next year will be just as great as this year was. Hopefully the team spirit will grow even though state champion and senior, Stephanie Howe won't be on the team. This will be the perfect chance for somebody else to step up and be in the spotlight for the team.

-Timothy Johnson

▼ Flying by, **Amanda Prodger** gives it her all as she comes near the end of the run.



▲ Getting ready to go, **Laura Edlund** gets psyched up to shoot down the slopes.



► Great stance, **Stephanie Howe** sets her feet into position as she gets set to go.

▼ **Girl's Nordic Skiing Row 1:** N. Duff, S. Wright, L. Edlund, S. Howe **Row 2:** Coach K, Anderson, R. Anderson, R. Wright, A. Prodger, J. Van Deen, Coach D. Johnson

Co-Captain

"Who built the
gas station?"

-Stephanie Howe



▼ Sliding the
slopes, **Nicole
Duff** pushes her
way to the end of
the run.



Meets

White Bear Lake
Stillwater
Hastings
Roseville
Cottage Grove
Mounds View

◀ We made it! **Stephanie Howe** and **Laura Edlund** congratulate each other on a well run race.

▼ **Boys Alpine Skiing Row 1:** D. Keller, B. Loya, K. Hallberg, R. Kissner **Row 2:** M. Keller, E. Stolberg, C. Schmidt, R. Keller, K. Haglund, A. Charpentier, A. Eagan, A. Beebe **Row 3:** R. Moen, T. Kisraw, C. Muske, Coach Jay Stadler, C. Bjorklund, A. Levesque, J. Higgins, C. Purps, C. McCormick, L. Guck, A. Moen, J. Knowlton, M. Arcand, M. Grundtner, M. Schmidt, J. Lindemer, Coach Scott Olson

▼ Congratulations are in order. Captains **David Keller** and **Blake Loya** hold the teams' 5th place trophy for the State Meet held at Giant's Ridge in Biwabik.



Captains



Blake Loya



David Keller



► Control is the key. Senior **Jesse Lindemer** took 5th place at the Individual State Competition.



To Be The Best of The Best

▼ Slow down. Junior **Ryan Moen** prepares to stop at the end of his race. Moen completed at State in the Individuals Division.



It's another record breaking day in weather... a common phrase heard repeatedly in this year's weather forecasts. This past winter has taken a toll on the Boy's Alpine Ski team's enthusiasm in competing. Afterall, no snow and even fake snow made by ski resorts, could'nt outstand weekly highs in the 50's. "Practices were scarce," Senior Captain David Keller said. Their practices are usually two to three times a week constructed of "grueling set up, mind wrenching drills, and a strenuous tear down," as Senior Captain Blake Loya contests.

One would think that with very little snow on the slopes, days of practicing different setups and drills, and not to mention the teams enthusiasm being short of dry, that it would be hard to complete at their meets. They proved everything to be wrong. The team had a record season of 7-2 which earned them a trip to state. 1991 was the last time the Boy's Alpine Ski Team went to state as a team.

Not only did they earn their way but three members from the team competed in the Individuals. State was held at Giant's Ridge in Biwabik where Senior Jesse Lindemer, Senior Blake Loya, and Junior Ryan Moen took part in the Individuals. Lindemer came home with 5th place and Loya in 12th place. More importantly the whole team contributed their best effort in their racing and came home with a 5th place trophy. An outstanding season for a very talented group of guys. This years team was lead by Coach Jay Stadler, Assistant Coach Scott Olson and Senior Captains David Keller and Blake Loya. All together they proved that bad weather was no excuse to be among the best of the best!

- Melissa Lindquist



◀ Staying strong. Senior **Blake Loya** keeps a steady pace as he slaloms down the hill at the State Meet where he place 12th in the Individuals.

▲ Catching speed. Senior **David Keller** gets some speed as he takes part in the State Competition race.

Weather Is No Excuse...



An Uphill Battle

A Young Team with Big Dreams

After losing five team members to graduation last year, Forest Lake was left with a young team with little experience. Even though they did not qualify for state, as a team or as individuals, they are not to be disappointed. "We did the best we could and when six out of ten girls had never been in gates, you can't expect them to win," said Sophomore Co-Captain Kathryn Hallberg.

Their inexperience will not last long. Even though the weather did not always cooperate, and there was not always snow, it did not stop them. They practiced three times a week at Wild Mountain.

Practice consisted of setting up a course, running it, and then doing drills to work on their trouble areas. "We are young and very energetic, so we have a couple of years to improve," added Hallberg with confidence. You can bet that this team will be shooting up to the top of the ranks in the years to come.

-Ashley Brett

▼ "Go when ready." Sophomore Co-Captain **Rachel Kissner** prepares to leave the gates during the Girls Section 7 meet.



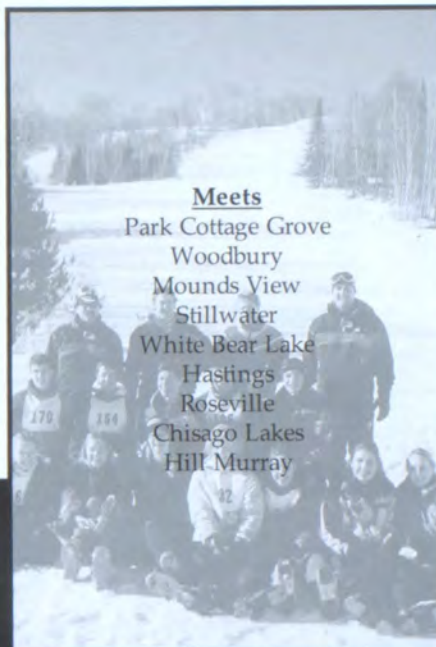
▲ Photo op. Sophomore Co-Captain **Kathryn Hallberg** poses with coach **Scott Olson** for one more quick pic before she heads down the hill.

► Practice makes perfect. Freshman **Caitlin Schmidt** warms up prior to competition.





◀ Taking a break, K. Haglund, L. Guck, R. Kissner, A. Charpentier, K. Hallberg, R. Keller, and C. Schmidt take a well deserved break during sections.



Meets
 Park Cottage Grove
 Woodbury
 Mounds View
 Stillwater
 White Bear Lake
 Hastings
 Roseville
 Chisago Lakes
 Hill Murray



Captains



Kathryn Hallberg



Rachel Kissner



▲ Looking good. Sophomore Co-Captain **Kathryn Hallberg** glides with ease as she runs the course.

▲ **Girl's Alpine Skiing Row 1:** D. Keller, B. Loya, K. Hallberg, R. Kissner **Row 2:** M. Keller, E. Stolberg, C. Schmidt, R. Keller, K. Haglund, A. Charpentier, A. Eagen, A. Beebe **Row 3:** R. Moen, T. Kisrow, C. Muske, Coach J. Stadler, C. Bjorklund, A. Levesque, J. Higgins, C. Purps, C. McCormick, L. Guck, A. Moen, J. Knowlton, M. Arcand, M. Grundtner, M. Schmidt, J. Lindemer, Coach S. Olson

►After just putting on a performance the Danceline waits to fine out how they did at the competition.

▼ **Dance Team Row 1:** T. Martin, J. Schmidt, K. Killion **Row 2:** L. Mouacheupao, K. Flohr, C. Eischen, H. Prokop, L. Guthrie, S. Govaert **Row 3:** J. Rehak, D. Grosz, A. Reger, B. Grant, R. Daschel, T. Brown, A. Handstad **Row 4:** Coach M. Sciara, S. Westcott, M. Faulhaber, L. Loftin, J. Ingels, Coach K. Gustafson



DANCE TEAM

Back in High Performance

"The most memorable thing was dancing with the football team!"

- Tiffany Martin

It's back new and improved: Danceline! The Forest Lake High School Danceteam is making a new comeback after joining cheerleading and being named the Sidekicks for a year. The danceline is back and looking great. Getting two new coaches. Kristing Gustafson coming from the coaching staff of the Lakeville danceline team and Marla Sciara that had spent part of her life dancing for the Philadelphia Ballet. After the fall season came to a halt.

The winter season started right up again with the competing season right around the corner. With a competition almost every week, the girls danceline has been doing well for not being together for a year. They have been conditioning a couple days a week, repeating every move until it is perfected. They work up a sweat by doing two-hundred kicks a day at practice. The major events the FLHSD danced at were homecoming, a Timberwolves game and various competitions. The uniforms were designed by captains Jessica Schmidt, Kathlene Killion and coaches Kristen Gustafson and Maria Sciara.

- Jessalyn Brown





Jessica Schmidt

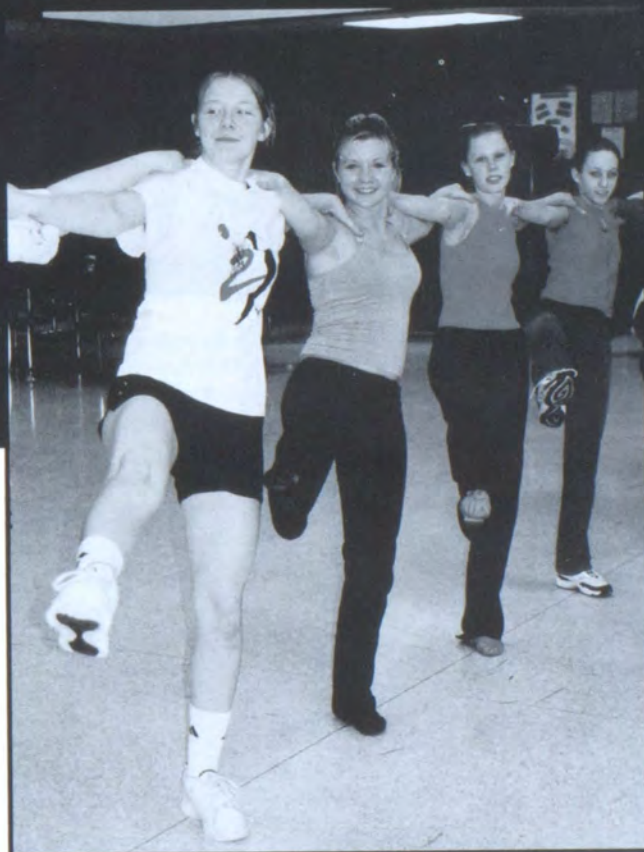


Kathlene Killion



Tiffany Martin

Captains



▲ *Lindsey Loftin, Danielle Grosz and Jessica Rehak practice their kick during practice for their next competition.*



◀ *Tiffany Martin and Katherine Flohr wait their turn to show the judges their stuff.*

▲ *Finishing off their moves for the Homecoming half-time show.*



JUNIOR VARSITY



▲**Girl's JV Tennis** Row 1: R. Kissner, A. Charpentier Row 2: N. Albee, S. England, K. Owen, M. McKie, A. Hudon Row 3: L. Kluk, K. Dobihal, E. Hansen, M. Hassler, A. Coozennoy Row 4: J. Kendrick, A. Eagan, A. Moynagh, T. Kogler, R. Portz



▲**Boy's JV Hockey** Row 1: D. Guenther, C. Minke, R. Diller, J. Lindeberg, D. Carlson, K. Lewellen, M. Fredrickson, M. Wise, D. Mastel Row 2: C. Brandt, M. Lindstrom, A. Phinney, A. Ramsey, P. Vandever, J. Miller, B. Erickson, M. Paisley, T. Rife



▲**Girl's JV Basketball** Row 1: C. Mettling, M. Milligan, A. Grececius, S. Sperle, T. Jung Row 2: B. McMahon, L. Lingl, C. Okimosh, L. McMahon, J. Boerum



▲**JV Wrestling** Row 1: P. Osterbauer, M. Joyer, M. Thorson, D. Joyer, D. Stein, J. Waidzulis, D. Gnau Row 2: C. Rotach, E. Morris, C. Harrison, J. Menk, J. Underdahl, S. Thompson, S. Jensen, T. Maus Row 3: P. Taylor, K. Thompson, A. Day, T. Truedson, J. Okeson, M. O'Brien, R. Schmidt, J. Johnson, C. Pringle Row 4: C. Smeby, J. Schulze, D. Gelmann, B. Nalewaja, D. Aschenbrener, S. Oporto, R. Janssen, T. Walters, A. Ramirez

JUNIOR VARSITY



▲**Girl's JV Volleyball** Row 1: J. Falck, L. Chmielewski Row 2: C. Marr, M. Taylor, L. Anderson, A. McCurdy Row 3: M. Trombley, M. Sobiech, K. Bushman, A. Klosner



▲**Girl's Sophomore Volleyball** Row 1: A. Lehner, R. Turry Row 2: H. Plain, N. Moen, M. Aschenbrener Row 3: M. Trombley, K. Carlson, C. Liptak, J. Grafft, S. Bohnen



▲**Boy's Sophomore Basketball** Row 1: E. Larsen, C. Conley, J. Ellingson, D. Comparetto, N. Denny, P. Miron, M. Stevens Row 2: N. Sparby, J. Abress, S. Korthals, T. Barott, K. Kloos, J. Brown, Coach Detrick Willis



▲**Sophomore Football** Row 1: J. Underdahl, B. Meyer, Z. Lichtscheidl, N. Lewis, D. Comparetto, N. Longtin, J. Lindeberg, J. Determan Row 2: C. Jolly, D. Mastel, T. Truedson, K. Bernier, A. Beane, D. Schifsky, S. Nelson, B. Welch, J. Ellingson Row 3: J. Norton, B. Zarbok, C. Lynch, D. Guenther, Coach R. Elliot, Coach J. Wilson, Coach A. Harris, M. Thorson, L. Kjellberg, K. Vollrath, C. Duff Row 4: S. Parenteau, T. Frericks, J. Knowlton, A. Zopf, T. Almendinger, C. Lawrence, R. Miller, R. St. Germain, T. Wrich Row 5: R. Stream, M. Kregel, T. Reinke, J. Shaw, J. Abress, J. Nothaft, B. Berg, R. Buhl, E. Wilson, A. Sopeth

Cheerleaders: T. Stein, A. Mericle, M. Baatz, C. Nordenstrom, A. McGuire, M. Loftus, F. Sjostrand

It's Not All Said and Done



▲► "Our flag was still there..." Symphonic winds and concert choir celebrate their patriotism with music and a gathering in the mezzanine.



► Working hard or hardly working? Tangerine Vang and Sara LeVesseur take a break from the busy school year to capture the moment.



I

t's all within a nine month process. Graduation standards and finals, headaches and late nights. From September until June, we worry about the next test, the closest due date, and furthermore, graduation. It is the school year, full of friends, teachers, tardies, progress reports, and laughs. Good or bad, it is an experience which leaves an imprint in our minds forever.

Some people look back at high school and think only of an awkward transitioning time. Most although, think about those three years and remember everything with a smile. The inspiring teachers, the interesting classes, and the great people. They may have had stressful things going on within their lives, but they didn't let their worries get to them. Despite all the due dates and tests, those people thought high school's glass was half full. It's not all graduation standards or finals, and it certainly isn't all black and white. High school is a great experience, which we just might all look back on as "the good ol' days."

-Rebecca Colter



◀ Two thumbs up for this school year! **Jeffrey Willems** gives his critical, in depth review of 2001-2002.

▲ Could it be that these four are the only stress-free students in the school? It sure looks that way. **Kara Kraus, Arik Howie, Adam Johnston, and Dena Denny** kick back in the hallway between classes.

Ad's For Grads



Jennifer Hoff

Jennifer, Watching you grow and blossom into a beautiful young woman has truly been a gift to us. Stay true to yourself and you will succeed.

We love you,
Mom and Dad



Matthew Lovgren

Matthew, your determination will get you a long way! We are so proud of you. We love you and will always be there for you.

Love,
Dad, Mom and Annie



Matthew Beebe

Matthew, we're very proud of you and all your accomplishments. We know God will be with you as you soar to new heights! Congratulations!

We love you.
Mom, Dad, Michael and Allison



Kristi Ledman

Your eyes, your lips, your hair, no teeth? Since you were young you had a belief, now follow your dream to work on some teeth.

Love always and God bless your future.
Mum and Dad



Christine Lutz

Our first born, the one who had to plow the way in the family rules. Your strong willingness will get you far in life. Best of luck with your music. We are so proud of you.

Love,
Mom and Dad



Holly Patrín

You've grown into your shoes. We're very proud of you.

Love,
Mom and Dad



Josh Pepin

Josh- The past 18 years have been a pleasure. We are very proud of you and love you very much. May all your dreams come true.

Love,
Dad, Mom and Nikki



Nathan D. Rabe

Nate, As you continue your drive may your bumps in the road be small and your journey long and happy.

Love,
Mom and Aubre



Bryan T. Stramer

We're so proud of you. Now follow your dreams and make them come true!

Love,
Dad, Mom and Gina



Kelly Bibeau

We are so proud of you and excited for the future you have ahead of you.

Love,
Mom, Dad and Melissa



Lisa Ostlund

Good luck with everything you do. I'm so proud of you - you inspire me everyday. You'll always be my best girl.

Love,
Mom



Kyle Tennis

Faith, family, friends and music. You've chosen well!

Love,
Mom, Dad and Jas



Amanda Schwabe

You will always be our "cute baby doll!" We are so proud of you and love you big! God bless you forever.

Love,
Mom, Dad and Bubba



Thea Maus

Thea: Always a free spirit - may you forever keep that quality. We love you, are proud of you and know you will do well. We wish for you to always have Love, peace, and joy in your life.

Mom and Dad



Amy Mettling

We are very proud of your accomplishments during your high school years. It was so much fun for us to be part of your exciting volleyball season. We know that you will do great in your upcoming college years.

Love,
Dad, Mom, Courtney and Hannah



Annalynn Elizabeth Bohnen

As a little girl sitting pretty in a chair at Grandmas you were determined to get what you wanted to make your own fun and to be your own person. I am proud to say that you haven't lost any of that! And I am proud of you. I will always love you my little Anna Banana.

Love,
Mom



Elizabeth Carlson

Lisa- Your smile has brightened our lives and given us joy beyond measure. We know you will shine on your own and show us the way. We love you!

Mom, Dad and Amy



Kristy Prudhomme

I see the two pieces of cake but I don't see the ice cream.

Love you Kristy,
Your family



Kelly Miller

We are all so very proud of you. Every school you attended (and there were many) you succeeded, were loved, and respected. You were a good student, a great athlete, and an awesome daughter. We love you.

Dad and Tracy



Tess Omseth

Don't forget. We will always love you!!

Mom and Dad



Ashley and Meghan Masso

Congratulations girls, we are so proud of you. May all of your dreams come true.

Love,
Mom and Dad



Jennifer Baird

To Jennifer, May the road ahead bring you happiness and success. We will always support you no matter what endeavors you choose. Thank you for being the kind-hearted, warm-loving and caring person you are. It is because of these traits you will succeed.

Love,
Mom and Dad



Josh Sternhagen

Josh we are so very proud of you and we hope you achieve all of your dreams. Best wishes.

Love,
Dad and mom



Jenna Renee Coleman

Jenna, you fill our lives with joy and happiness. We wish the same for you in your life. Thank you for the love and compassion you give and all the wonderful memories. You are an angel.

Love you,
Mom, Dad, Jessica and Jason



Ashley S. Hansen

Ashley, Thanks for many wonderful memories. May you succeed in all your life's dreams. We're so proud of you! Congratulations!

Love,
Mom and Dad



Shane Oporto

Shane you were a true gift to us. We are very proud of you!

Uncle Michael and Patricia



Shawn Dunn

Congrats and here's to your success in college in cheese head country.



Justin Rogers

Justin, Congratulations may all your days be bright and sunny, stay cool, were so proud of you.

Love,
Mom, Dad and Ty



Nick Reuter

Nick, you've always been a cool dude!
Can't wait to see where your life will take
you.

We love you, BUNNY,
Mom and Dad



Talitha Kolbow

African gold with attitude. Always
treasured. Always loved.

Love,
Dad and Mom



Benjamin James Myrick

Ben Myrick - "Hold fast to dreams, for if
they die; life is a broken-winged bird that
can not fly." May all of your future
dreams come true!

Love always,
Mom and Roger



Peter Zajac

Peter, We love you and we are so proud
of you. Congratulations!

Love,
Mom, Dad and Meghan



Terri Briggs

Terri, Congratulations on all you have
achieved so far. We are so proud of you.
Take advantage of all that life holds for
you.

Love,
Mom and Dad



Missy Lindquist

Misso, the road to graduation has had
some bumps - Be prepared! Those were
baby bumps - now your ready for the real
ride of your life. FLY HIGH! Be your best
at all you do and happiness will be yours
"baby."

All our love, Always and Forever,
Mom, Dad, Jamey and T.J.



Jackelyn Raeker

Congratulations Beanie. We are so proud
of all your accomplishments. Believe in
the power of your dreams. Follow them
they will take you far. Thanks for all the
great memories you have given us.

With love from,
Mom, Dad and Alexander



Jessica Nelson

Jes, "Trust in the Lord with all your heart;
do not depend on your own
understanding. Seek his will in all you do,
and he will direct your paths." You are
very precious to us Jes - a gift from God.
We love you and are very proud of you.

Love,
Mom and Dad



Deborah Bogenrief

We are so very proud of you, Debbie.
You are God's gift to us. We believe in
you and stand with you as you develop
and use your gifts for God's glory.

All our Love,
Mom and Dad



Jeffrey Moen

We were proud of you then and still are
today!! You have grown into a wonderful
person who is considerate, honest,
sensitive and funny. We both know you
will be successful in life and remember...
you can do anything if you have the
desire to succeed and a plan to
accomplish it.

Love,
Mom and Dad



Adam Williams

Adam, Thanks for all of the joy you've brought us. We are so proud of you. Remember to think big thoughts, enjoy small pleasures and the strength of kindness. May all of your dreams come true.

Love,
Mom and Dad



Jenna McManus

Jenna, You have added so much to our lives. We are proud of your beauty, your spirit, and your generosity. You can do anything. BE HAPPY!

Love,
Mom, Dad and April



Michael James Anderson

Dear Michael, You have been a blessing and a joy in all our lives. You are a great son and a terrific big brother to Matthew. We love you and are so proud of you.

All our love,
Dad, Mom and Matthew



Amanda Novack

Mandy, You have so many special gifts to share with the world. You truly are a star. We are so proud of you.

Love,
Mom, Dad, Tiff, Stacy, Mike and Nick



Joshua Fisher

Josh, You have always been bright and energetic, striving to be the best you can. We as your parents are proud to see the young man you have come to be.

Love,
Mom and Dad



Chris Docken

Tof: We're so proud of you —
CONGRATS.

Love,
Mom, Dad and Corey



Jenny Sontag

Jenny - Congratulations! You sure make us proud to be your parents! We know you'll do great in anything you do.

Love,
Mom and Dad



Maggie Underdahl

We are all so proud of you Maggie. Best of Luck.

With all our love,
Mom, Dad, Jim, Tony, Cheyenne, Elexi and Mike



Alex Lehner

Alex, Like all those gifts behind you, you are one of our most precious gifts. We are so proud of you.

We love you!
Mom and Dad



Joshua Robinson

Josh- You are a great person, we are SO proud of you. You will go far in life.

Love,
Mom and Dad



Jason Grafft

Jason, With your talents you can climb to great heights. Congratulations on high school graduation AND two years of college!

We love you and are proud of you!

Dad, Mom and Jessica



Joe Erickson

Your most unique character has always brought so much joy to those around you! Hang on to those qualities as you begin the next part of your journey.

We love you so much!
Mom and Dad



Kristina Dahle

Your smile, sense of humor, and zest for life are a treasure for all of us. We are very proud of you.

Love,
Mom, Dad, Analisa and Pepsi



Jessica Kopp

Jess, Congratulations! You have worked hard and we are proud of you. Keep up the good work, and you will continue to be successful.

Love,
Dad, Mom and Bradley



Lindsey Thacker

Lindsey, Two traits that will take you far in this world are a good heart that has you watching out for the underdog and inner strength that keeps you from giving up, or being pushed around. We are very proud of you.

Love,
Mom, Dad, Nick and Katie

P.S. Keep on writing!



Treeya Eldrie Langkand

What a glorious day, the day you gave us you! Shoot for the moon, and even if you miss you'll always land among the stars!!

Love,
Mom and Dad



Joe and Anne Kellerhuis

Joe and Anne, Stroll into the future with high goals, you can do it! You have made us proud in your journey. Onward and upward.

Love,
Mom and Dad



Andrea Marie Brooks

To know God's real love is to know Andrea Brooks. Every life you touch is blessed. Whatever you choose to do in life will be great because "Greatness" surrounds you!

Love - Your #1 Fans:
Mom, Dad and Jeff II



Lisa Hatlestad

Dear Lisa, "I hope you never lose your sense of wonder, you get your fill to eat but always keep that hunger, may you never take one single breath for granted, God forbid love ever leave you empty handed, I hope you still feel small when you stand beside the ocean, whenever one door closes I hope one more opens. Promise me that you'll give faith a fighting chance and when you get the choice to sit it out or dance, I hope you Dance."

We Love you,
Mom and Dad



Jennifer Perreault

Jenny and Dora, Best wishes to a couple of hot chicks who really know how to cook.

From your team
fire fightin' cookin' crew



Joseph Grubbs

Joseph - The path you choose is your guidance to your future. Continue to make good choices in life. You are smart, talented and have a wonderful sense of humor. We are very proud of you.

Love,
Mom and Dad



Amy and Kristi Forsythe

Life is a song - sing it. Life is a game - play it. Life is a challenge - meet it. Life is a dream - realize it. Life is a sacrifice - offer it. Life is love - enjoy it. We enjoy you!

Love,
Mom and Dad



Luke Bushman

Luke's 1st fish at 2 1/2 years old and have been fishing ever since. We are very proud of you, and what you have become.

Love,
Mom, Dad and Kristi



Maria Opsahl

Maria - When we think of you we think of joy and laughter. You have made everyday a celebration. Continue your enthusiasm for life. Remember to always give God the glory.



Tyler R. Anderson

Tyler, Never one to hold back an opinion, you make our family's journey a true adventure. Now it's time to travel on a different path. Remember to trust in the one who loves you most.

Love,
Mom and Dad



Jacob Ladd

Jake, You are one of a kind, and have always kept us smiling. You have a great way about you and have been a blessing to many! Good luck in your future and keep your eyes on the Lord.

Love,
Mom, Dad and Joe



Alison Welch

Ali - I will always love you, even if your hair stands straight up.

XO Mom



Garrett Daniel Boulineau

Garrett, You were special from the start. You have grown from "One Great Kid" into a fine young man. We are very proud of you.

Love,
Mom, Dad, Andrea, Nick and Kyle



David Czepa

Bud, Pete, Smell: We are very proud of you. Your energy and love of life are contagious. Remember to always believe in yourself and continue to follow your dreams. Jackie Chan and Spiderman will take their parts, just hold on. BEST TIME! May God Bless you and keep you safe.

We love you
Mom, Dad, Amy and Sara



Erin Fransen

Erin, You taught yourself to eat. Which proves there is nothing you can not do.... if you set your mind to it. We're proud of you!

Love,
Dad, Mom and Paul





Stefanie Nelson

May all your dreams come true! We love you, doodie.

Love, Mom and Dad



Josh Lightfoot

You are a unique young man, filled with compassion, we feel it is a gift that will take you on many journeys. Enjoy the ride!!

Love,
Mom, Dad and Katie



Jonee Brandt

It isn't the mountains ahead that wear you out. It's the grain of sand in your shoe.
Anonymous

Dearest Jonee, We are so proud of you and wish the best for you. Though not always easy; life's challenges bring rewards. We're always here for you.

Love,
Mom and Dad



Desirae Lusian

Congratulations Des! Thanks for all the wonderful memories. We love you and are very proud of you. Follow your dreams and remember we will always be there for you.

Love,
Mom!! Greg and Sweetie



Angela Turry

You have forever been a shining star in our lives! We are so proud of your accomplishments and your determination to be the best person you can be. You have a "zest" for life appreciated by those who spend time with you. You are special to us and we love you so much!

Love,
Mom and Dad



Melissa Lynn Kandel

Melissa, You have been a joy and inspiration of strength and independence. May you achieve all the goals you set for yourself. Congratulations!

Love you forever,
Mom and Dad



Emily Vadner

Emily, We are so proud of you -- both your accomplishments and the person you are. Congratulations, punkin' pie.

Love,
Mom, Dad and Kyle



Kristi Jane Ahlberg

Kristi - Your radiant smile and pointed toes already at age 5 does tell your 2nd place "Riverdance" Minnesota State Synchronized swimming meet! Make a big splash at the University of St. Thomas! May your poise, hardwork, talent and success bring you joy in all your life.

We love you,
Mom and Phil



Randi Stream

Randi: The roads ahead can get rough. But remember we will be there to help along the way! Reach for your dreams!

Love you!



Lisa Guck

Lisa, What an adorable baby you were and what a beautiful woman you've become. We thank God for bringing you into our home. With your attitude and willingness, you can do anything you set your heart on.

We love you,
Mom and Dad



Jacob DeRaad

You have always brought laughter and the love of life to our family. Your willingness to experience life will get you far. We will always be there for you. We love you. God be with you.

Dad, Mom and Anna



Brian and Brad Houdek

Brian and Brad, I am very proud of you and I know you both will achieve great successes in the future.

Love,
Mom



Kyle Fredrickson

Jump high Kyle - Reach for the stars! Thank you for being you! We're so proud of you!

Love,
Mom and Dad



Ashely Perrin

Ashley, May your life bring you joy, happiness, and personal success.

Love,
Mom, Walt and Austin



Emily Jean Carlson

Em: Have faith to dare the impossible. Have courage to do more than you can. Have wisdom to handle your failures. Have strength to bend and not break... God has big plans for you.

Love always,
Mom and Dad



Shannon Wallraff

Shannon Lee, You have always been our happy, determined child. It has helped you overcome so much in your young life and come out a winner! Remember to keep your determination and love for life, and any new journey you take on in life will also be a success! We will always be here to support you! Thank you for being you!

Love,
Mom and Dad



Chelsea Sapa

"Those who bring sunshine to the lives of others can not keep it from themselves." - Sir James Barrie

You have brought us so much joy! We love you and will always be there for you!

Dad, Mom and Caitlin



William Mitchell

We're so proud of you!
We love you!

Mom, Dad, Joe and Sarah



Kara Kraus

My monkeys: Sorry your picture didn't make the yearbook last year Trista. So, here it is! I'm so proud of both of you, and hope your futures are all that you dream of.

Love ya,
Mom



Carise Rotach

Carise: You have always put a spring in our step! Your infectious laughter and love for life have brightened the lives of every member of our family - even the dogs. God has graced you big time and now you move on to grace many others. We love you and desire God's best for you.

Love,
Dad, Mom, Caleb, Grisco and Pepper



Jill Pless

Another turning point, a fork stuck in the road. Time grabs you by the wrist, directs you where to go. It's something unpredictable, but in the end it's right. I hope you have the time of your life!

Love,
Mom, Dan, Steph (and Green Day)



Sampson Haseltine

Sampson, Since the day you came into our lives we have been filled with pride and joy. We continually give God thanks for you.

We love you,
Mom and Dad



Amy Hagenson

Congratulations Ames! Always keep that witty and fun personality. You have always been able to make people feel so special. May God always direct your steps.

Love ya!
Mom and Dad



Andrew Jennings Freerks

May your life provide you with the happiness you have given to us!!

Love,
Mom and Dad



Emma Rieck

Emma, You have already made the world a better place to be. We are proud of who you are and look forward to sharing your hopes and dreams with you.

Love,
Dad, Mom, Tim, John and all of your grandparents



Noelle Josephine Proulx

To our little sweetheart we love you and wish you the best in your future.

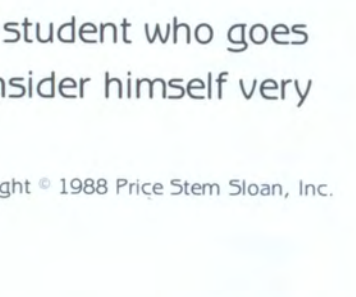
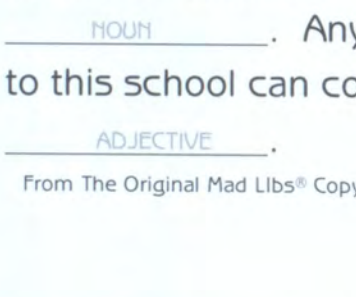
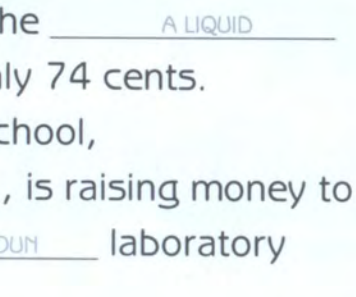
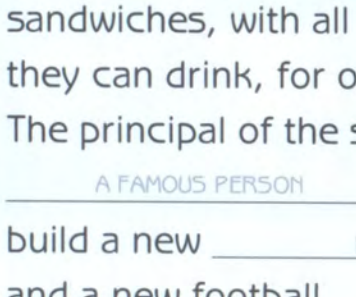
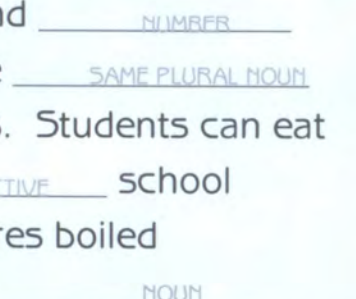
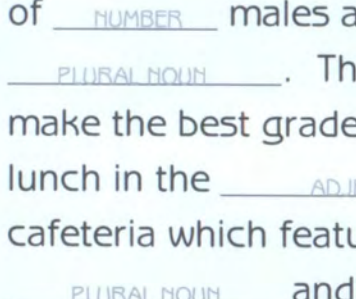
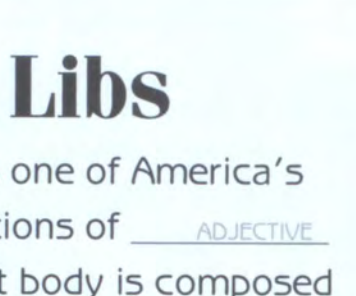
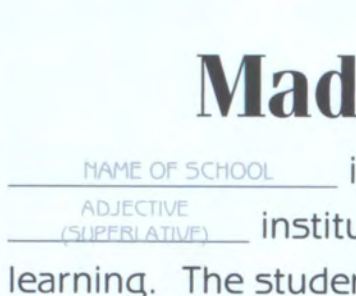


Carly Gay

Congratulations Carly! We are proud of your courage and strength to overcome. You have a strong beautiful spirit that never gives up and is full of love. We are so proud to say "That's our girl!" Keep smiling and enjoying life.

We Love you!
Mom, Dad, Ryan and Alex





Mad Libs

NAME OF SCHOOL _____ is one of America's
 ADJECTIVE (SUPERLATIVE) _____ institutions of ADJECTIVE _____
 learning. The student body is composed
 of NUMBER _____ males and NUMBER _____
 PLURAL NOUN _____. The SAME PLURAL NOUN _____
 make the best grades. Students can eat
 lunch in the ADJECTIVE _____ school
 cafeteria which features boiled
 PLURAL NOUN _____ and NOUN _____
 sandwiches, with all the A LIQUID _____
 they can drink, for only 74 cents.
 The principal of the school,
 A FAMOUS PERSON _____, is raising money to
 build a new NOUN _____ laboratory
 and a new football
 NOUN _____. Any student who goes
 to this school can consider himself very
 ADJECTIVE _____.

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MY DREAM MAN

My "Dream Man" should, first of all, be very ADJECTIVE and ADJECTIVE. He should have a physique like PERSONALITY TRAIT, a porfile like PERSONALITY TRAIT, and the intelligence of a/an ANIMAL. He must be polite and always remember to light my NOUN, to tip his NOUN, and to take my ADVERB when crossing the street. He should move ADVERB, should have a/an ADJECTIVE voice, and should always dress ADVERB. I would also like him to be a/an ADJECTIVE dancer, and when we're alone, he should whisper ADJECTIVE nothings in my NOUN and hold my ADJECTIVE NOUN. I know a/an ADJECTIVE man like this is hard to find. In fact, the only one I can think of is

NAME OF A PERSON IN THE ROOM

MY DREAM WOMAN

The girl of my dreams has ADJECTIVE COLOR hair scented like A LIQUID. Her eyes are like two PLURAL NOUN ADJECTIVE pools of ADJECTIVE. And her lips remind me of NAME OF A PERSON IN THE ROOM. Her skin is as smooth and lovely as a/an ADJECTIVE, and she has a figure like PLURAL NOUN NOUN. When she enters a room, people always stare at her and say, "EXCLAMATION! What a/an ADJECTIVE woman!" Her sense of humor is always ADJECTIVE, and people marvel at her ADJECTIVE vocabulary. In my dreams I see her wearing a/an ADJECTIVE dress and a diamond NOUN in her hair. I would gladly give up all my PLURAL NOUN for one evening with this ADJECTIVE female. Her name is NAME OF A PERSON IN THE ROOM.

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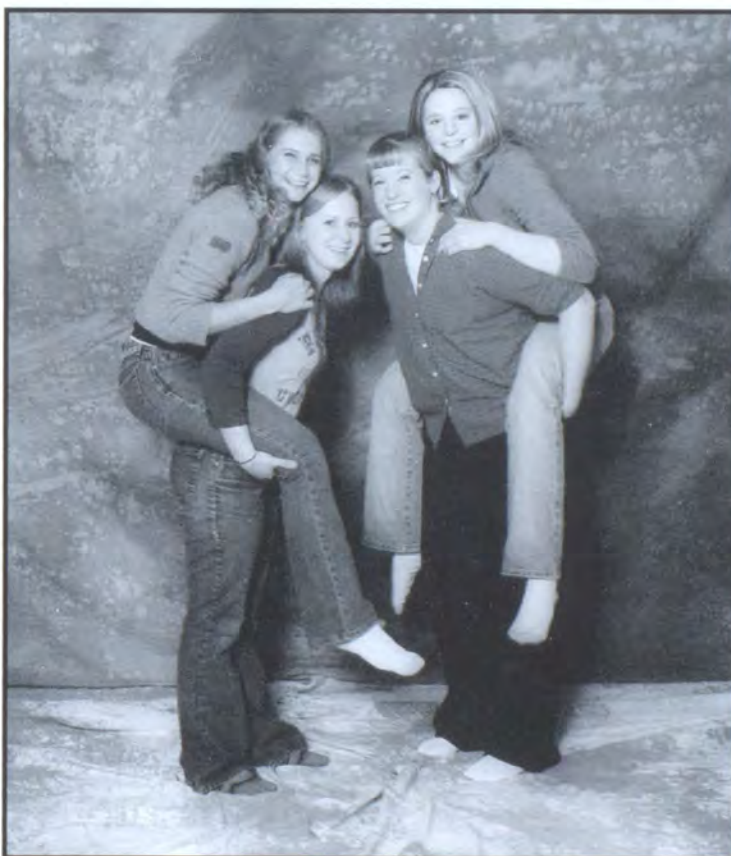
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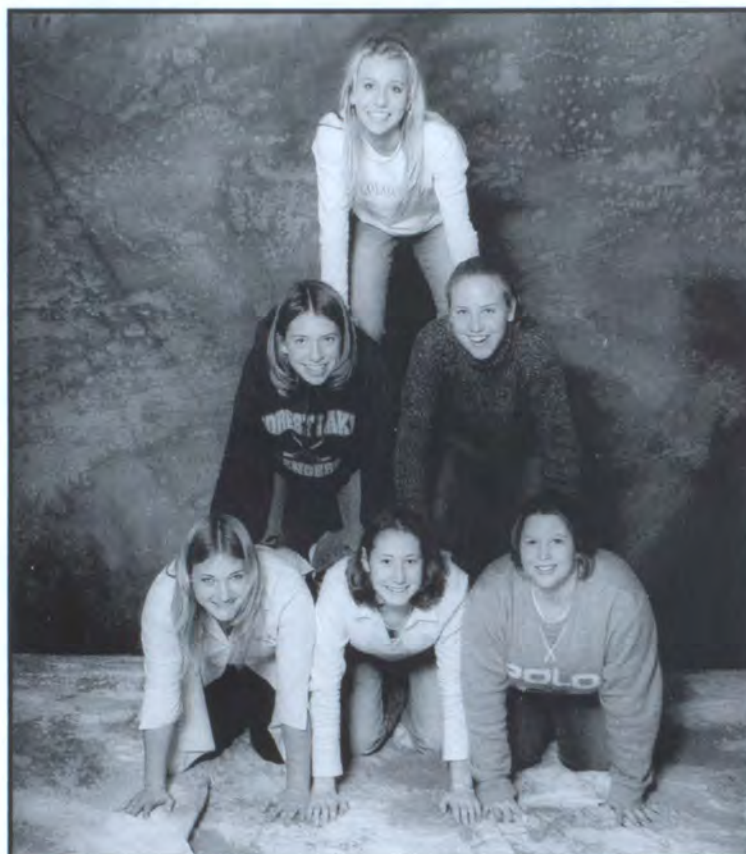
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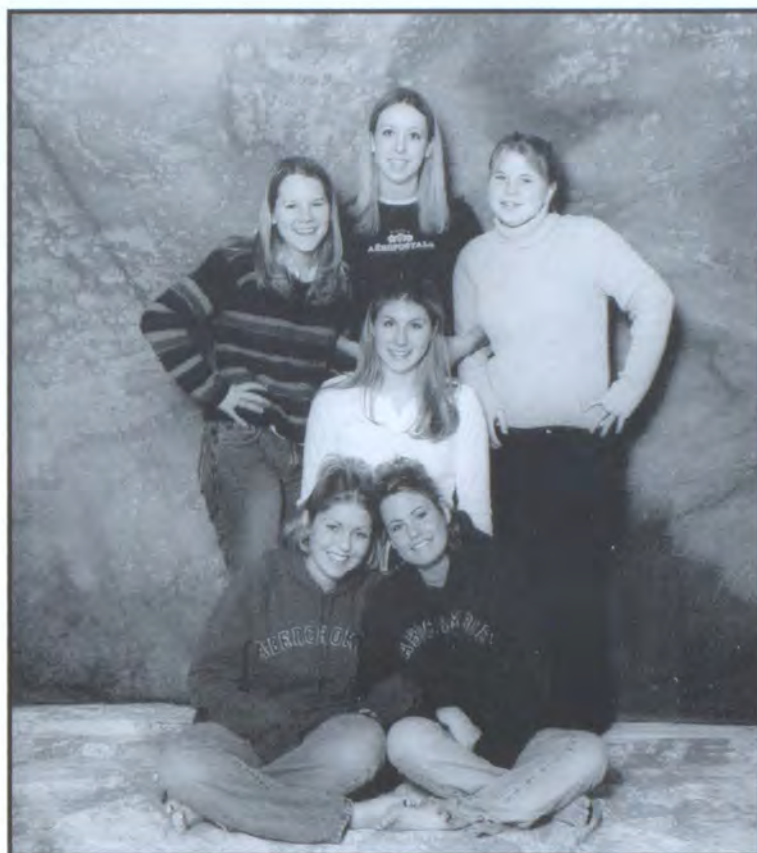
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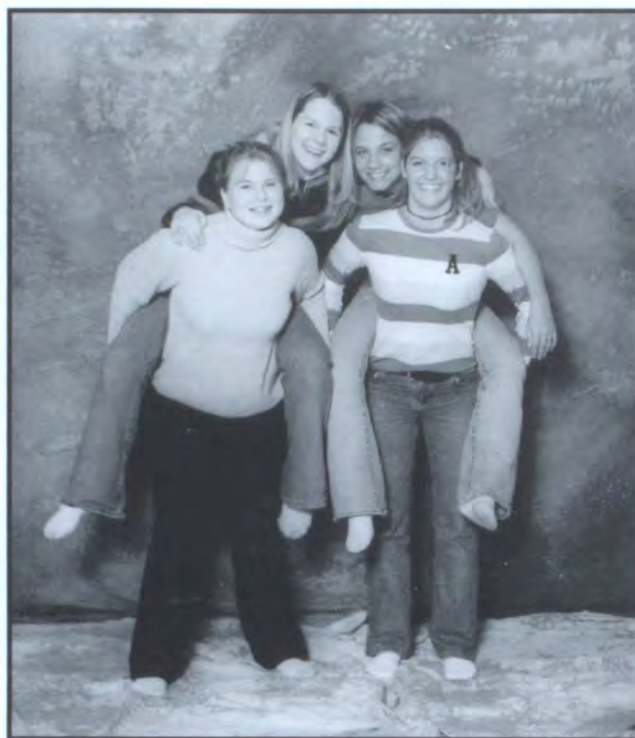


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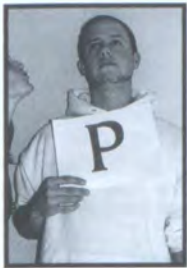
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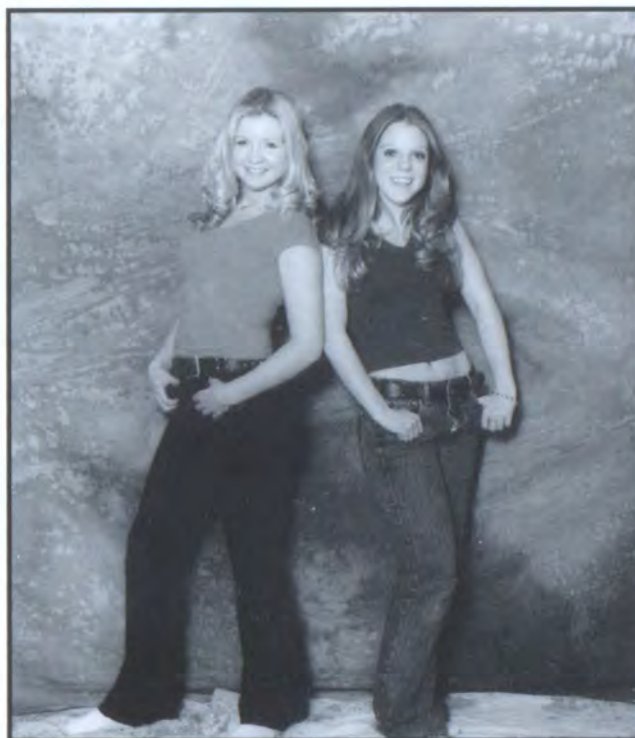
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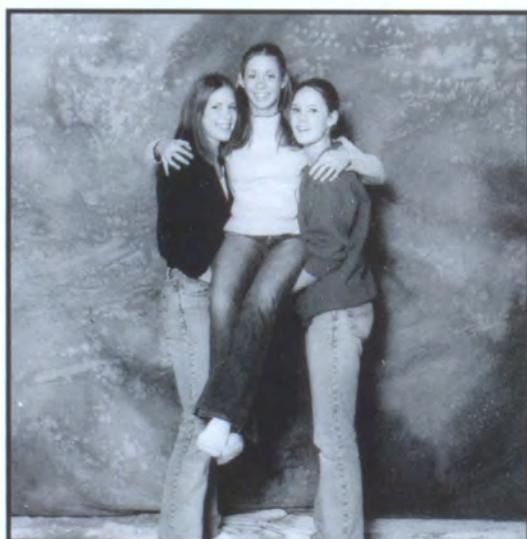


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Delroy Wendt (1)

With a total of 1,500 books sold; the *Forester* Yearbook Staff was off to another great start. Maria Kaiser advised the staff for her fifth straight year. The 64th edition of the *Forester* Staff featured many new faces: 13 Juniors and 7 Seniors made up the staff.

Each of the four deadlines consisted of approximately 60 pages. There was also a spring supplement which was 24 pages. All together the book was made up of 248 pages. The book was a quarter bound with a 4 color lithocoat and a plexiglass cover. End pages were also in 4 color and applied with Maroon 34. Pages were printed on 80lb. enamel with 52 pages in 4 color. Type fonts include : Headline Finesse Bold, Body 11 pt., Nouveau, Rinna, Malibu, and Captions 9 pt. Finesse Italic.

Local businesses helped and supported by purchasing ads to place in the book. Another fundraiser the staff held was Ads for Grads. The book was overseen by Curtis Wright at Taylor Publishing in their Dallas, Texas plant. Anne Mueller was the *Forester's* sales representative. A special thanks goes out to all that helped contribute to the book.

-Lucas Hagman

"Some words are just too big for the Sophomores to comprehend!"

-Emily Fellows

"You can cover a lot of male-infested ground in two hours if you remember your trusty yearbook pass."

-Katie Gatzow

"Roamin' the halls and shootin' some hoops with Hags."

-Sampson Haseltine

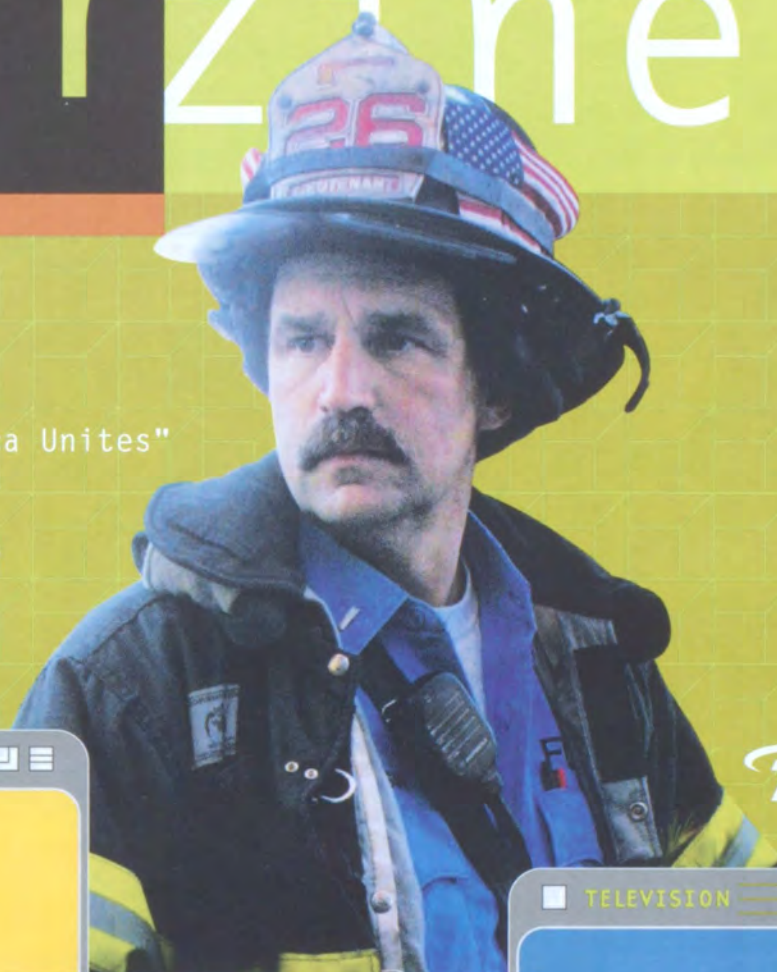


yearzine

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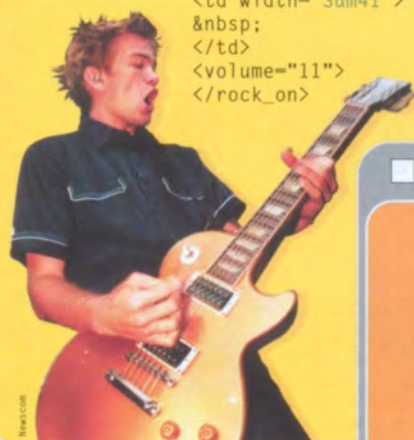
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) { //NYC
<true heroes-->
) { //Pentagon

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Taylor
PUBLISHING

MUSIC



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MOVIES

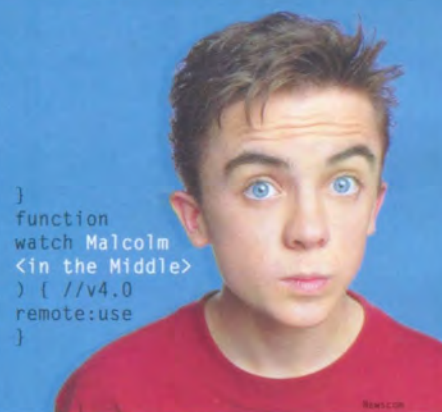


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<!--
<tail>
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TELEVISION



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}
function
watch Malcolm
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) { //v4.0
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}

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TRENDS
<COWBOY HATS>



GAMES
<XBOX>



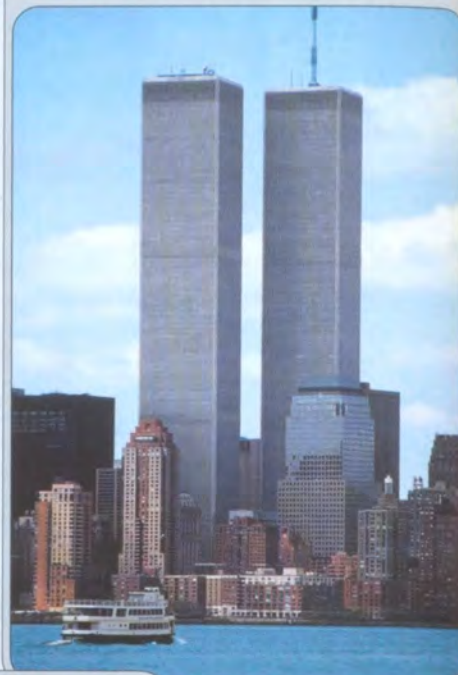
SPORTS
<BARRY BONDS>

v2002

< Stealing much of the headlines were the events on and after Sept. 11th. More than 3,000 people lost their lives at the twin towers of the World Trade Center, the Pentagon and aboard the four hijacked commercial airliners. Also getting the spotlight were the rescue workers and volunteers who were recognized by all Americans as heroes. Sadly, it also marked the end of R&B sensation Aaliyah, another one of the Beatles' fab four, George Harrison, and legendary comedian, Jack Lemmon. >



WORLD TRADE CENTER



PENTAGON



VIGILS

An outpouring of emotion was expressed from coast to coast by a nation in mourning.



RUDY GIULIANI

The NYC Mayor's words and actions were a pillar of strength in a time of crisis.



FUND-RAISING

Our nation's youth displayed to the world their patriotism and compassion by donating blood and raising monetary contributions in a number of creative ways for the victims and their families.



OTHER NEWS



Jack Lemmon
1925-2001

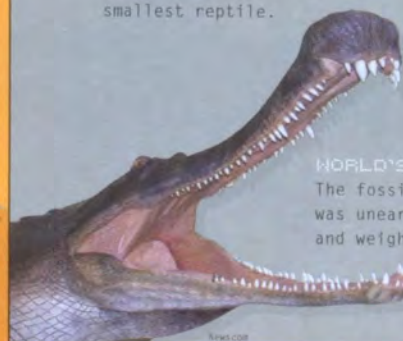


Aaliyah
1979-2001



George Harrison
1943-2001

WORLD'S SMALLEST LIZARD
At 3/4 of an inch, the Jaraguá Sphaero is the world's smallest reptile.



WORLD'S LARGEST REPTILE
The fossil of a prehistoric croc was unearthed: length 40 feet and weight 8 tons.

YEARZINE 02

NEWS

TELEVISION

MUSIC

MOVIES

TECH

TRENDS

SPORTS

ACTION

COMEDY

DRAMA

DOCUMENTARY

angel
<html>
<vampire>
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sabrina
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"witch">
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news.com

news.com

< After Sept. 11, sitcoms offered plenty of laughs. "Undeclared" centered on quirky college roommates faced with the freedoms of being away from home for the first time. The bewitching comedy, "Sabrina," conjured up strange changes as she became a college sophomore. "Gilmore Girls" explored the odd relationship between a mom with a heart of a teenager and a teenage daughter that acts like an adult. "Angel" used its dark humor to reveal the twists and turns of a vampire avenger in L.A. <

> NEW SITCOMS > "Scrubs" puts a wildly inventive and hilarious spin on hospital life. Instead of assaulting viewers with jokes, "Bernie Mac's" life unravels in unexpected, offbeat ways while he raises his sister's kids. Parenthood

will never be
the same. <

Scrubs

Bernie Mac

☐ UNDECLARED



</tr>
<college:freshmen>
<coeds>
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news.com

news.com

news.com

news.com

Gilmore Girls

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Alicia Keys

<"Songs In a Mirror">
<R&B/Hip-Hop/Jazz>
</twentysomething>



'N Sync

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<2001:"Celebrity">
(Chris-JC-Joey-Justin-Lance)
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TIM MCGRAW

<html>
<hat="black">
<wife:Faith Hill>
</country>

Shooting Star

2001 Billboard Music Awards:

ALBUM OF THE YEAR

"I" - The Beatles

SONG OF THE YEAR

"I Knew I Loved You" - Savage Garden

ARTIST OF THE YEAR

Destiny's Child

NEWCOMER OF THE YEAR

Alicia Keys

CONCERT OF THE YEAR

U2, Elevation Tour

Usher

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<U Remind Me>



NELLY FURTADO

<html>
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NEWS

TV

MUSIC

MOVIES

TECH

TRENDS

SPORTS

< As with everything else, it was a strange year for music. How else can you describe the success of the soundtrack "O Brother, Where Art Thou?" and Michael Jackson's less than "Invincible" return as the King of Pop? But that didn't stop 'N Sync, Britney Spears, Usher and the like from commanding the airwaves. Country music got a kick from Tim McGraw who was named CMA Entertainer of the Year, while ears couldn't get enough of newcomer Alicia Keys' "Songs In A Mirror." >

> O-TOWN >

Selected from nearly 2,000 hopefuls, this boy band lived out their musical dreams before the eyes of millions of viewers in the reality show, "Making The Band." Making it big after a hit single, "Liquid Dreams."



< It was another blockbuster year in Hollywood. "Pearl Harbor's" stunning special effects were a big hit. Singer Mandy Moore teamed up with Shane West in a sweet, idealistic love story that brings out the young romantic in everyone. Speaking of true love, young and old fell head over heels for "Shrek." Also in the field of computer-generated optical illusion, "Final Fantasy" proved to be another artistic masterpiece. In contrast, Angelina Jolie brought the video game "Tomb Raider" to life, transforming into the tough archaeologist/adventurer Lara Croft. <

SEARCH >

hobbits

GO

> LORD OF THE RINGS >

Tolkien's epic of good against evil brought beauty, awe and adventure to the big screen.

Starring Elijah Wood and Liv Tyler, the film lived up to its hype winning audiences over, as well as critics.



Shooting Star

BOX OFFICE HITS ▾



shrek
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<sequel 2004>

Newscom

Tomb Raider

<tr>
<basis> video game;
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<--!!

Shooting Star



Shooting Star

Final Fantasy

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<Hironobu>
<Sakaguchi>
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<Aki Ros>



Pearl Harbor

<function
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day=infamy
<WWII>
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Shooting Star

A Walk To Remember

<td>
<Mandy Moore>
 </td>
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< Technology continues to evolve at dizzying speeds. More compact and personal, mp3 players are killing the portable CD star. Now, CDs and mp3 files ripped off the net can be transported from the PC to your ears anywhere you go. Not to mention, portable DVD players let you catch your favorite movies on the run. Dean Kampen also unveiled the Segway Human Transporter that totally reinvents the wheel. Apple is changing the way people view technology with a new iMac designed around a 15-inch LCD flat screen. Amazing. <



> VIDEO GAME SYSTEMS > Microsoft's Xbox went head-2-head against Nintendo's GameCube and Sony's PS2 for control of the multibillion dollar game console market. Each delivers speed combined with graphically rich gaming environments that further blur the line between virtual and actual reality.



PORTABLE MP3 PLAYERS

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<boom boom>
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PORTABLE DVD PLAYERS

<tr>
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 </td>
!!



Segway Transporter

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Apple iMac

screen-swivel
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<20 million sold>
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>

Sony Aibo

<html>
function
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> next gen
<woof>
>



< What were the haute fashion trends? For starters, low-rise jeans were in. And credit Madonna for causing people to switch from the baseball cap to the tattered, straw cowboy hat. The look changed after Sept. 11. People showed their true colors with the return of Old Glory and by wearing "I Love NY" t-shirts. The hair: rough, tumbled and tousled emerged to contrast elegant styles for a balanced look. For zooming around, let's not forget the shoes. >

☐ STARS & STRIPES

☐ RED WHITE & BLUE


HAIRDOS

<Boys=Bed Head>
 <see:Elijah Wood>
 <Girls=pigtails>
 <see:Evan Rachel Wood>
 <-->



FLEET OF FEET

<inline skates=no>
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 <Street Flyers=yes>

baseball

basketball

hockey

football

olympics

xtreme



Winter Olympics

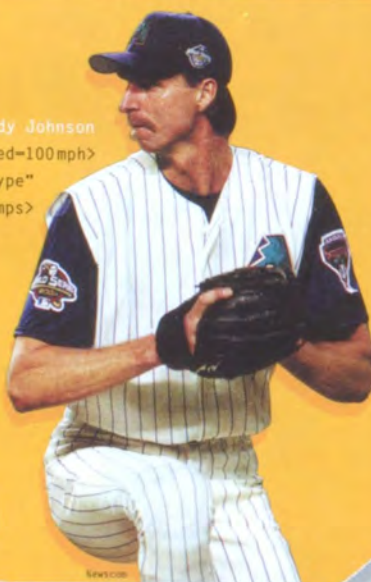
The world's best assembled to compete at Salt Lake City. New events included the skeleton, where athletes steered their sleds headfirst. Women's bobsleigh was also seen for the first time. Five events were even added to nordic combined and shortened from two-day to one-day races. Plus, the 1500-meter short-track speed skating was unveiled. In snowboarding, the giant slalom was replaced by the parallel giant slalom as snowboarders raced head-2-head in a single-elimination format.

<MICHELLE KWAN <As four-time World Champion, six-time National Champion and Olympic silver medalist, Kwan puts her best skate forward, combining technical skill with artistry and grace, as she set her sights on the gold.



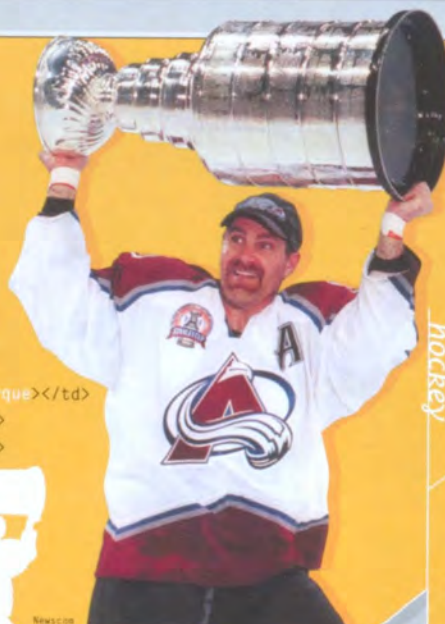
Wizards' jersey during the 2002 All-Star Game.<

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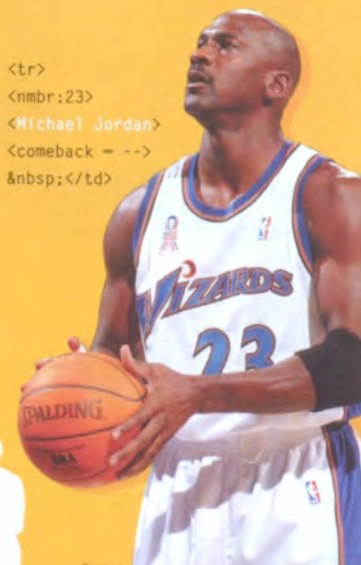
baseball

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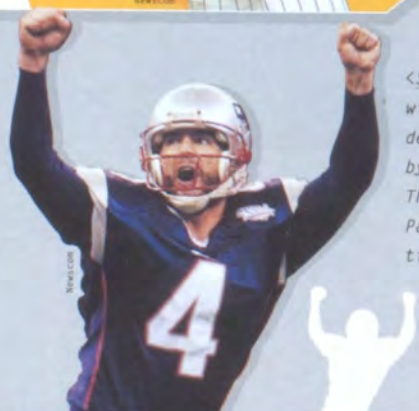


hockey

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<SUPER BOWL XXXVI <The preseason favorite Rams with their high-powered offense and revamped defense clashed with the underdog Patriots lead by football mastermind, coach Belichick. The outcome: 20 to 17 with the New England Patriots kicking the game-winning field goal as time expired.



>X-GAMES >Are these dudes nuts, or what? X-treme athletes performed daunting, gravity-defying moves. Adults watching ESPN hoped their kids never try this at home.





AUTOGRAPHS













