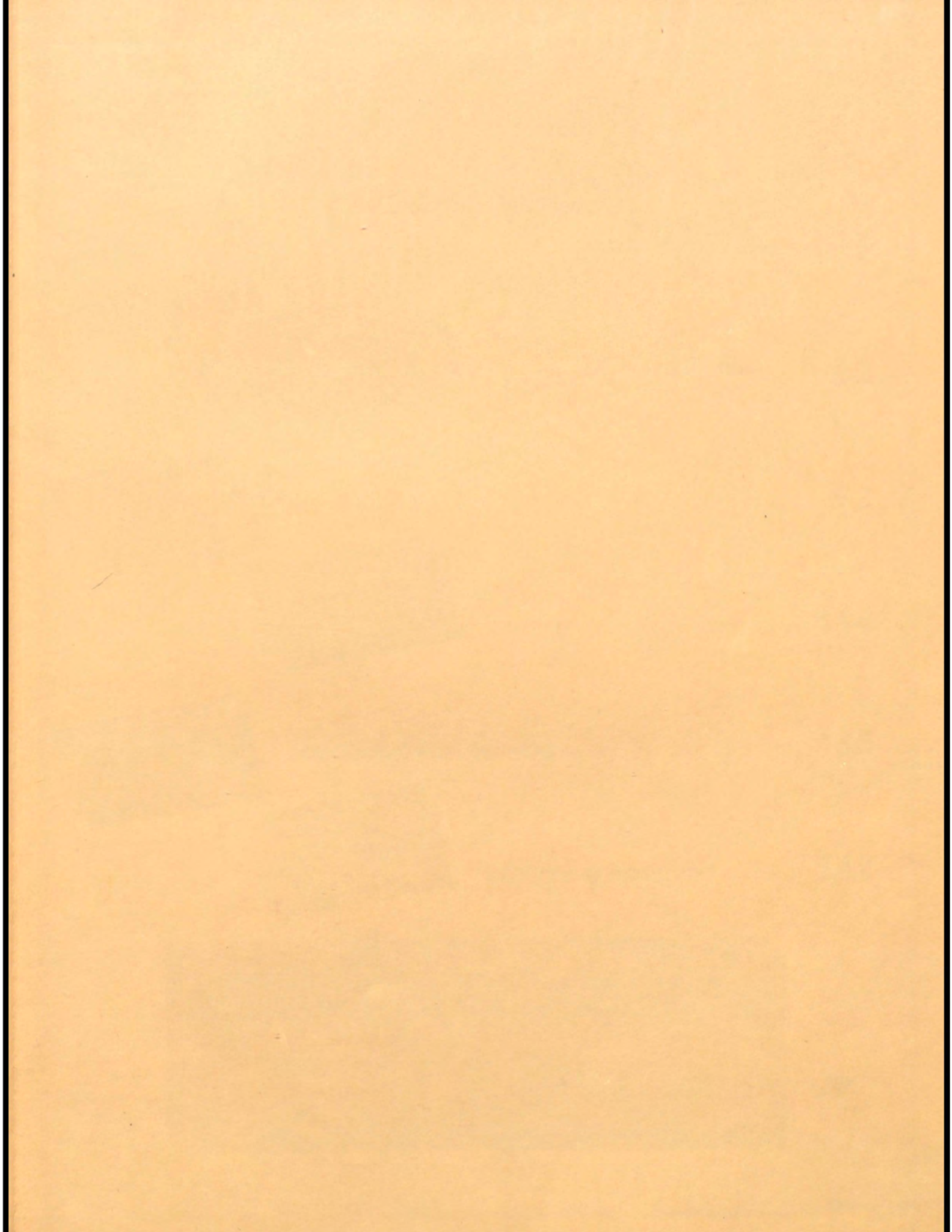
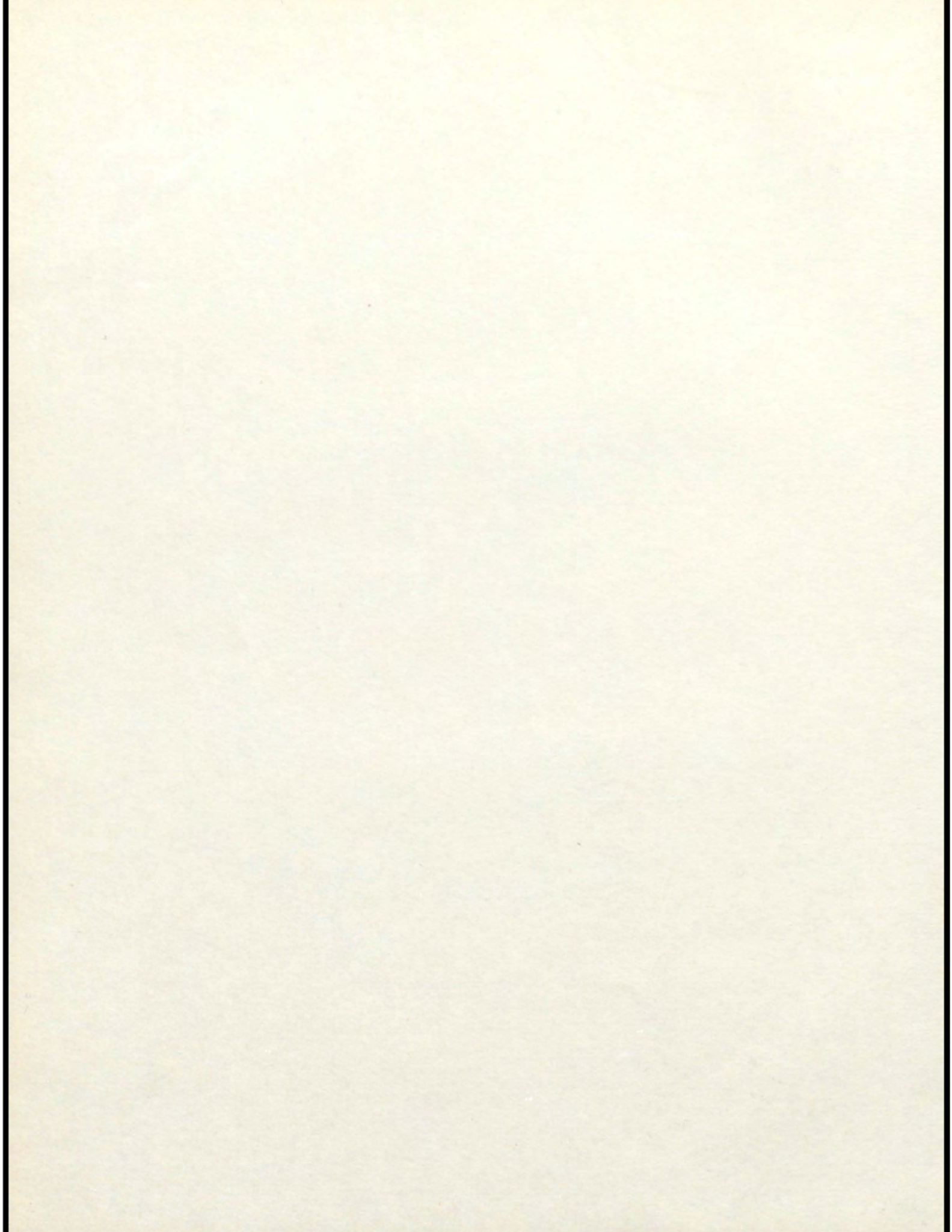


A LITTLE
BIT OF
EVERYTHING









A LITTLE BIT OF EVERYTHING

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FORESTER

FOREST LAKE SENIOR HIGH SCHOOL
6101 SCANDIA TRAIL NORTH
FOREST LAKE, MN 55025 464-9600
STUDENT POPULATION: 1,802

The Journey of a Lifetime

When today's students started their long academic journey over a decade ago, they were all much alike. As years passed, each wanted to become their own person, not just another one in the crowd. As they walked through the doors of the High School they saw diversity. From the cowboys to the skaters and everything in between, each looked a little bit different.

When looking around, many things were noticed. The sounds of students talking, the sight of old friends reuniting and the smell of lunch being prepared were just a few. Some parts of the building seemed very different, while others remained the same. From the new kitchen to the same old crowded guidance office, **A Little Bit of Everything** helped to make our school what it is.



Above: Scott Baber, Sally Foslein, Matthew Houle, Nicole Obrestad and Debra Cations finally emerge from the overly crowded C-wing hallway.



Top: Students meet around a tree for a moment of silence one morning before school. **Above:** Cheerleaders Leanne Flora, Kelly Devine and Nicole Turgeon are ready to show their school spirit on the first day of school.



Above: Jeffrey Plaman shows Kristine Schally, Britt Nordstrom, Staci Jackson, Joshua Lane and Cliff Briggs how to make a molecule of glucose in Biology class. **Left:** The tradition continues as students are welcomed back for another exciting year by the Forest Lake High School sign. **Bottom:** Marta Wilson's French class listens attentively as class begins on the first day.



“When you attend Forest Lake High School, you’re bound to experience a little bit of everything.”
-Julie Bixby



'Something Old, Something New...'

The first day of school brought the beginning of many activities that make up a student's life. These activities included everything from football and tennis practice, to cheerleading and dances. Old friends were reunited, and new friendships were formed. Yearbook and student council started the year early ready to capture old memories such as prom and graduation and to create new ones from dances and pep fests.

With the new school year

came a lot of Sophomores scared, yet excited to be rid of the Junior Highs. Juniors were ready to get the new school year on a roll and the Seniors were excited to get their last year started. All together what was truly captured was **A Little Bit of Everything**. The new school year also brought many changes. From the four period day and the kitchen lunch lines in the cafeteria, to the walls where old paint was scraped away, these are the comforting memories for our future.



Top Right: Andrew Gustafson attempts to find his bus on the crowded sidewalk after school.
Above: School definitely looks different during the summer. Cornmeal and plastic covered most of the class rooms throughout the C-wing.



Left: Although the appearance of the lunch lines may have changed, the servers are still more than willing to offer help.

Below: Joseph Scaramuzzo tries to intercept a pass during a game against Osseo.



Left: Students gather around outside the school, waiting to go back to class after a routine fire drill. **Above:** Emily Anderson prepares to hit the ball while playing singles in a home tennis meet.

A Time And Place For Everything

Summer's over,
Time for school,
Uniting with old friends and new.
Days pass like minutes,
Each with a
New challenge
To be faced.

Live and learn,
Inquire and challenge.
Formulate a future.
Each year There's a Time and Place for Everything.





Top Left: Choir students Susan Koethe, Abigail Norbin, Amanda Knutson, Adia Harder and Ronni Miller study their music.

Top Right: Shyla Leasure, Dustin Thornburg, Matthew Shelafoe and Daniel Waldoch huddle together at the first homecoming picnic to keep warm.

Bottom Left: Nicole Grundtner, Nicholas Hofstede and Caroline Geiger hang out at County Market and play on the carousel after painting up the town for Homecoming.

Bottom Right: Concession workers Jessica Armstrong, Amanda Daninger, Jennifer Winkelman and Emily Anderson take a quick break to show us a yummy box of popcorn.





Saying Goodbye

Graduation '96

On June 6, caps and gowns marked the last day for the graduating class of 1996. Due to bad weather, the ceremony was held inside the high school gymnasium. The commencement speakers were Brianna Davis and Carrissa Wright. The 85th Commencement will be a memory for everyone.



Above: The graduating class of 1996 celebrate by tossing their hats into the air.

Top Right: Robert Becker, Brandon Henry, Justin Larson, Benjamin Magnuson, Andrew Bombard, Sarah Jean Anderson, Allison Nisbet, Lea Miller and Sioban Joyce get together for a quick picture.

Bottom Right: Desiree Lavalle, Joelle Lewis, Andrea Moen, Laura Rehbine, Brianna Davis, Jennifer Wendt, Allison Schaeppi and Anne Neigel get together to make one last memory of this special day.



'Total Eclipse of the Heart'



Prom '96

"Total Eclipse of the Heart" was the high school's 1996 prom theme. The Prom was held on May 18, 1996, at Town Square in downtown St. Paul. The music was great and the inside of the building was beautiful. The memories should last a lifetime for all who attended.



Above: Joseph Penn and Mandy Wilson catch their breath before heading out to dinner.

Top Left: Teresa Miller, Emily Ziemer, Annie Rangitsch, Katie Waddell and Sharina Pankratz gather together for the camera before the Grand March.

Bottom Left: The happy couple Zachary Roeder and Karen Thueson are all smiles for this picture.

Bottom Right: Timothy McGeary and Kelly Devine take a break to capture this long anticipated moment.



A Peek at the Week

The most lively and awaited week of the year, homecoming! Students showed their support for the Ranger teams by participating in Spirit Week. 'Spirit Forms the Week' was the overall theme and it did just that. The week started by the members of Student Council painting the town and cheerleaders decorating the halls. The homecoming week of 1996 had been enlightened by the additional focus

on various sports and an added pep rally. The week ended with a loss of the traditional parade, but was replaced by a very successful outdoor picnic filled with music, food and a variety of activities.

Then, of course, the most important event of the week, the Homecoming football game. The battle was between the Rangers and the Coon Rapids Cardinals. Though the Rangers

fought their hardest, the Cardinals came through with a win of 20-12.

The Saturday following the homecoming game was the semi-formal dance. This was a change from past years when the dance was held on Friday. Everyone there was dancing, listening to music and talking about the great game the night before. It was a great way to wrap up the past week's festivities.



Above: Angela Madsen, Diana Boyum, Robyn Grussing, Mandee Checkalski, Dana Maus, Jennifer Hawkinson, Kristin Jensen, Sarah Temte, Katherine O'Gorman and Jessica Schmidt were getting everybody up to beat and ready to party. **Top Right:** Student council displayed their artistic talents throughout the town! **Right:** Daniel Schneider, Dustin Carroll and Melissa Sonnek are cleaning up during the Royalty Dinner at Main Event.





Top: Nicholas Hofstede, Heather Reid, Kari Tschida, Rebecca Hallin and Lance Fryk show off their prize winning painting from 'Paint the Town'. **Center Left:** Amanda Daninger, Jessica Armstrong and Nicole Grundtner are showing the Cream of Cardinal Soup shirts to all the Ranger fans. **Above:** Lisa Morgan and her guest George Jackson were at the homecoming dance enjoying the good music and talking about last night's great game. **Left:** Jessica Lee, Amy Houle, Amanda Clover, Rebecca Hallin and Elizabeth Neudecker are singing to the crowds at the picnic on Friday.

MONDAY

Spirit Forms the Week

Homecoming, though as quickly as it may have come and went, stayed with us in every way. The hype and excitement all started with Spirit Week. It gave us all a chance to participate.

Monday, as wild and crazy as it may have been, was "Monday Madness" or clash day. Tuesday everyone put on their best for "Dress-Up Day." On

Wednesday, the cowfolk rode into town for "Western Day." Thursday looked back on the years with "Generation Day." Friday went out with a bang as the students took "Maroon and Gold Day" to the extreme.



Above: Corey McKinnon, Andrea Peltier and Kathryn Vejtruba choose to stand out in the crowd in their ever comfortable plaid flannels.



Top Right: Heath Coffey fashions his everyday, total body clash day attire. **Above Left:** Smooth, fine, or sharp, Jeremiah Lane has got the look. **Above Right:** She has got the hat, the shirt and the buckle; Kristine Schally has got it going on.

WEDNESDAY



Above: Strike a pose! Laura Bagauss and Kelly Votel do their vogue thing!



Top: It is all teeth for Michelle Kisrow, Alison Gay, Angela Jackson, Brooke Elman, Britt Nordstrom, Kimberly Thompson and Karl Tschida. **Middle Left:** Amanda Stone, Corey Shaw and Rebekah Montzka are having fun in their sharpest threads. **Middle Center:** Kelly Main is just wondering where Jill McQuiston got that lovely dress. **Above:** Peace! Groovy! Far-out! Katherine Lund, Christopher Blasko and Danielle Anderson strut their stuff!

The Week is Complete

The halls were filled with excitement and school colors as the big day arrived and the evening grew near. Everyone was awaiting the moment of

truth. Even though the traditional homecoming parade was canceled, the many pep fests and the new success of the picnic made up for that

loss. All of the athletes and participants of spirit week showed that the students had what it took to be a "Ranger."



Top Left: Andrea Peltier takes the time to show her contribution to Maroon and Gold Day. **Top Right:** Doug Peltier awaits another splash at the picnic. **Above Left:** William Lee, Daniel Lindstrom, Kyle Remitz, Jeffrey Onell and Patrick Hebert enjoy their school lunch at this year's homecoming picnic. **Above Right:** Varsity cheerleaders make a mockery out of various football team members.

The Moment of Truth

The homecoming game against the Coon Rapids Cardinals was one for the record books. The Rangers scored one touchdown right off the bat and then another during the second quar-

ter. Soon though, the Cardinals started catching up. During the third quarter the Rangers were still ahead, but the Cardinals wouldn't give up. The Rangers fought as hard as they could,

but by the fourth quarter were overtaken by the Cardinals. The game included many exciting plays and both teams agreed that it was a well played game.



Above Left: Joseph Ferraro bolts with the ball as his team cheers him on. **Above:** Stephanie Carlisle, Lisa Palacheck, Kristina Hennessey, Traci Faschingbauer, and Dina Schmidt show off their school spirit as they cheer for the Rangers. **Left:** The Rangers snap into action as they steal the ball to make a touchdown.

The Crowns of Enchantment

This year's coronation was filled with glamour and excitement. Different from past years, Leroy Meyer, Joel Chapin, Samuel Bergstrom and Neil Rollins from "Four Cars and a Fender" mesmerized the crowd with an opening rendition of "Earth Angel". A slide show giving background on each candidate was also a hilarious addition. The 1995-96 King and Queen, Nicholas Altivilla and Angela Granquist had the honor of crowning this year's new king, Dustin Carroll and new queen, Jessica Supinski.

The evening ended with a feeling of happiness.



Top: Benjamin Aschittino and Melissa Sonnek.
Above: Dustin Carroll and Dawn Holland.

Top: Joseph Ferraro and Deborah Dooley.
Above: Karson Frokjer and Jessica Supinski.

Top: Tyler Engquist and Jasmine Tennis. **Above:** Daniel Schneider and Elizabeth Ryan.



Below: Elizabeth Ryan, Jessica Supinski, Dawn Holland, Benjamin Aschittino and Karson Frokjer dish-out some good food and fun to classmates during the Royalty Dinner at Main Event. **Left:** New King Dustin Carroll and new Queen Jessica Supinski show signs of relief and gratitude after receiving the crowns. **Bottom:** The candidates can hardly stand still as they nervously await the big moment.



COACHES

Words to Live by

Anyone who has ever tried to teach someone a new skill or talent should know that coaching would not be an easy job. It takes a lot of patience, hard work and commitment.

Students at the Senior High appreciate the time and effort that the coaches put into their work as well. Sophomore Michael Baker said, "Coaches cope with their athletes well, they always find a way to make a workout fun and still get the necessary training to improve."

Most of the coaches at Forest Lake are also teachers here at the Senior High. They teach a wide variety of subjects, everything from pre-calculus to sociology to ancient civilization.

Sociology teacher and Hockey coach Ken Mikolajczyk says, "Coaching revitalizes me. I spend the whole day with students in class, and coaching gives me and opportunity to identify with them outside of the classroom." Even though coaching would be frustrating at times, the rewards of this dedication would be priceless.



Above: Row One: Janet Walker, Lynn Dufresne, Mona Hietbrink Row Two: Stan Motschenbacher, Cynthia Walker, John Akins, Joyce Leslie, Virgil Grove. This guidance staff supports each other as well as the students. **Top Right:** Christopher Reynolds, Charles Chaika, Paul Sosniecki and others wait in line to see a guidance counselor. **Above Right:** Lynn Dufresne and new secretary Anita Johnson show that work can be fun.



Football	Jim Herman
Volleyball	Sherri Alm
Wrestling	Bob Dettmer
Gymnastics	Nancy Herman
Baseball	Tim Conley
Softball	Sue Stennes-Rogness
Girls Golf	Bill Loushine
Boys Golf	Roger Cheyne
Girls Swimming	Kim Horge
Boys Swimming	Mark Carlson
Girls Tennis	Charlie Chalberg
Boys Tennis	Greg Patchin
Girls Hockey	Shannon Jacobson
Boys Hockey	Dan Forsythe
Girls Basketball	Deb Van Klei
Boys Basketball	Chuck Gunderson
Girls Soccer	Kim McDonald
Boys Soccer	Ron Tungseth
Girls Track	Jim Stromberg
Boys Track	Paul Kendrick
Skiing	Marta Wilson and Kevin Brochman
Cross Country	Tom Schutta and Marta Wilson

Far Top Left: Ronald Tungseth recites some words of wisdom to the successful soccer team. **Far Bottom Left:** Athletic director Douglas Peltier is a key part in Forest Lake's sport community. **Left:** Wrestling coach Bob Dettmer teaches the fundamentals of wrestling.

The Right Decision



"Nothing great was ever achieved without enthusiasm."

-Ralph Waldo Emerson-

Left: Secretary Janet Walker and counselor Stan Motschenbacher keep busy with paper work.

There were many changes over the past year here at Forest Lake, but the biggest was the schedule change. Rather than having seven class periods a day, students had to get used to having only four classes. This change affected everyone in the school and not just the students, the guidance department also had to make a lot of changes.

Even though many things were different, some things will just never change. The secretaries were always willing to help students by doing anything from making appointments with their counselors to getting information on various colleges.

The counselors have also always been there for students. They help students make the right decisions on little things such as schedules, to bigger decisions regarding college and the future. The Senior High's newest counselor John Akins says, "Everyday is different, I come into work never knowing what to expect. It doesn't really seem like a job to me because it's so much fun."

The guidance department has always tried their best to make students feel comfortable asking for help, and they continued to do that very well this past year.

GUIDANCE

One Step Closer

Along with each goal in life there are certain steps you must take towards accomplishing that goal. The library is taking steps towards reaching their goal of offering a higher level of technology to the students.

In an interview with Paul Karlsson, he was asked if there were any specific themes or goals of the 1997 school year, he simply replied, "Technology." The library acquired four brand new computers and eleven from administration. In addition to the computers, came the Internet. The Internet as a whole is a great asset to our school. It offers so much information and you can look up anything from the want ads to the latest Stock Market news.

The library has been pushing

for improvement, and slowly but surely the idea of a computer lab with fast computers and the highest levels of technology did not seem so far away.



Above Left: Audio/Visual clerks Nancy Ensrud and Karen Bakken and Department Director Richard Moskop. **Top Right:** Richard Moskop assists substitute teacher Charles Chamberlain with the copy machine. **Above Right:** Nothing's perfect! AV clerk Nancy Ensrud chuckles as the A.B. Dick Co. repair man does what he does best.



Far Left: Anne Holzman appears pleased with the study habits that Benjamin Aschittino and Timothy Lessard practice. **Left:** Cheryl Smoczyk assists Jody Simpson and Kate Useton while Maureen Fitzgerald helps Christopher Mikesell. **Above:** Media Specialist, Paul Karlsson and Sr. Media Clerks Elaine Thaemert and Mary Wightman.

Hot Off the Press!



Averaging fifteen to twenty thousand copies per day, the AV Department shoots out approximately one and a half million copies per year. Unfortunately, their productivity often went unrecognized by students, their efforts have always been a great asset to the school as well as the district.

In an interview with Richard Moskop (pictured above), he stated, "We are in charge of everything from handling the broken down computers to the sound system in the auditorium. This department runs on an ASAP basis. For instance, when a video player stops working during a class, we

Left: "I thought this machine was teacher friendly," wonders Phyllis Slotsve.



have to get down there immediately. When broadcasting students need to record their audio clips, we provide them with the room and equipment." At the beginning of second hour you were enlightened with the morning announcements, these were all brought to you by a little room at the back of the AV department.

The department handles many projects for the district. Such as the yearly calendars sent the family of each student. You may not remember where the AV Department was or what it looked like, but it could be described as the technical heart of the school.

AUDIO-VISUAL

INTERPRETERS

Have Fingers, Will Travel

The interpreters spent a lot of their time this year helping students who are hard of hearing. Their job description is to listen to a spoken language and translate it through sign language.

Students are being serviced both at the primary and secondary levels. We have four interpreters in the school district with around forty-three years of experience amongst them. Marilyn Roeder said, "I love my job; watching the students learn and grow on the road to becoming young adults."

There are two students at the senior high who are hard of hearing. The four interpreters worked hard to help these students.

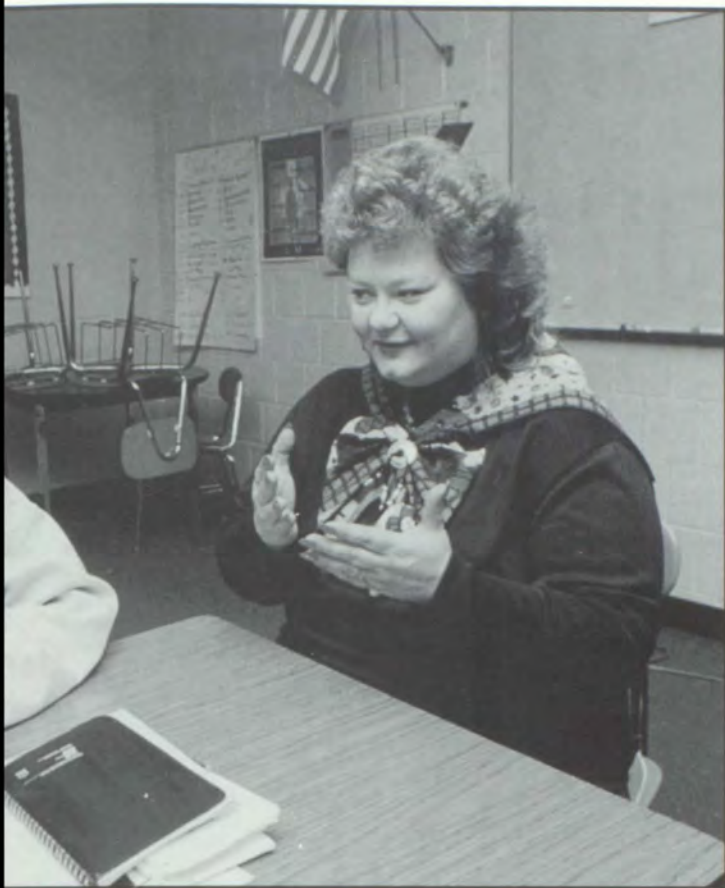
Even though not all students have seen or met the interpreters, to the people they help, they are very well known.

*"I love my job;
watching the
students learn and
grow on the road to
becoming young
adults."*

— Marilyn Roeder



Top Right: Shonda Hartung, Sandi Cunningham, Kathy Hoff, Judy Peterson, Ginny Olson, Corinne Papcusador, Kim Winiecki and Dorothy Thoeny. **Bottom Right:** Heather Levesseur and Kristi Peterson are buying their breakfast in the cafeteria. **Left:** Donna Lamers begins her day by frosting cinnamon rolls for lunch.



Above: "Hear no evil, see no evil, speak no evil;" Sheila Huls, RoxAnn Schutt and Marilyn Roeder share their talent. **Left:** Performing her job, Marilyn Roeder is interpreting for a hard of hearing student, Toni DeChaine. **Far Left:** Interpreters Marilyn Roeder, RoxAnn Schutt and LaVerne Niemi show that 1997 is a good year.

Kitchen Crew Here To Serve You



"The students should get a balanced diet."

— Donna Lamers

Left: Cooks Kathy Hoff and Pat Curran work hard to serve a picnic lunch for homecoming.



The 1996-97 kitchen crew worked hard this year to feed more than 1,000 students everyday. The kitchen staff thought it was worth serving three meals a day; breakfast, lunch, and dinner. Donna Lamers, the cook manager said, "The students should get a balanced diet."

The PIN machine plan was more convenient for the students and cooks. The computerized system kept track of what students bought and when they bought it. Parents could call the kitchen and find out what their children purchased to eat.

This year there has been some changes in the cafeteria. The kitchen was remodeled and there were four lunches rather than three. Even though some aspects of the cafeteria were different the friendly attitude of the kitchen crew remained unchanged.

KITCHEN

Minding the District

The Forest Lake School Administration concentrated on building a district-wide community. Their efforts were best summarized by Principal Carol Kluznik, "Everyone should feel like a part of the school."

The District Administration was very excited about the passing of the technology portion of the bond issue, but disappointed that their efforts to expand the buildings were rejected for the second time. If the bond issue were to have fully passed it would have provided improved technology, less crowded schools, and bigger and better learning environments for the students.

The change to the four period day brought positive results to the School Board. Attendance and enrollment in-

creased and the number of drop outs decreased greatly. Even though there were questions still to be answered, people seemed to show a very satisfied attitude towards the four period day.

The School Board took the dramatic growth the district has had in the past few years as a positive change. It was expected and is part of the future.



Above Left: New Teachers: Jeffrey Plaman, Jennifer Coates, Janelle Kendrick and Anne Holzman. **Top Right:** New Teachers: Heather Williams, Dana Greeson, Linda Burton, Lyn Ruetten and Thomas McGovern. **Above Right:** Sarah Nelson, the new German teacher, lectures in her class on the first day of school.



Far Left: Dr. Donald Ruble, Superintendent. **Left:** School Board Members: Gail Brandt, Karen Morehead, Pamela Nelson, Dr. Eevin Savord, William Bresin, Donald Mitchell, Dean Barr and Dr. Donald Ruble. **Above:** High School Administration: Donald Drolson, Carol Klusnik and Dr. Russel Cooper.

A Class of Their Own



The new four period day brought the opportunity to have a number of new teachers here at the high school. Teachers were needed in every department, especially the language department.

Most of the new staff said that the year started very positively, even with those first day jitters. The four period day seemed to be a good thing for them and returning faculty was said to be very supportive and helpful.

The new faculty said that working with the students was a great experience and always enjoyable, but could be

challenging at times. Marta Wilson-Brochman, a new French teacher, said, "The students have their good and bad days just like me."

Other than having conflicts with the students and keeping everything organized, the new faculty seemed to enjoy their first year at Forest Lake Senior High.

Left: Marta Wilson-Brochman points out important views of the French cultures.

NEW
TEACHERS

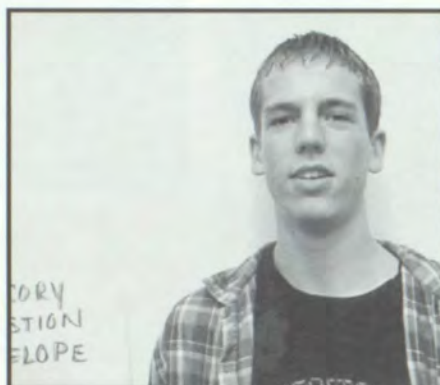
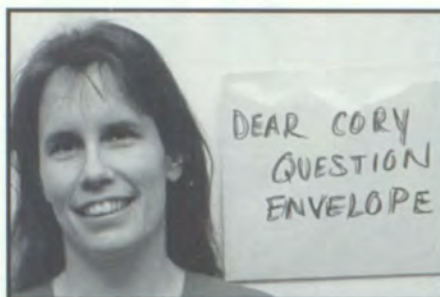


Forest Breeze

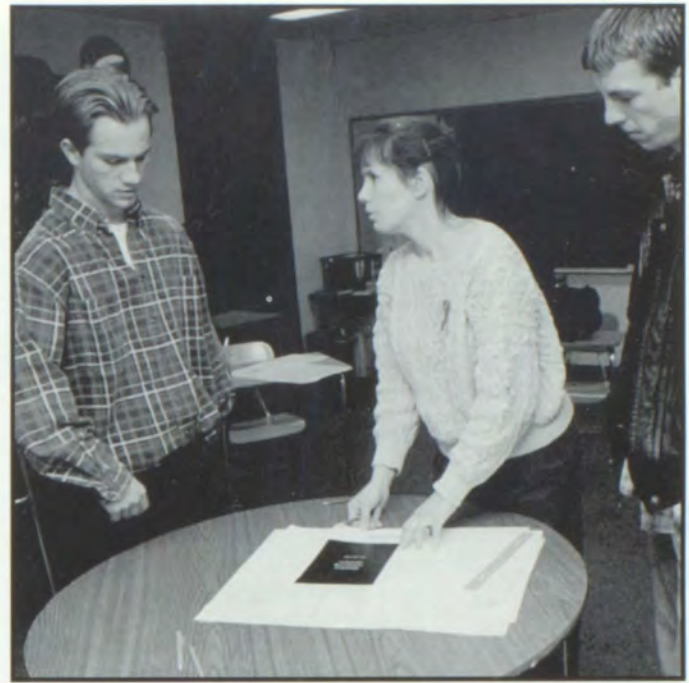
The Breeze staff worked hard this year to distribute a paper every month. They wrote about topics like sports, people's opinions, events that happened in school and music reviews.

The new adviser, Ms. Holzman, has replaced Jerry Grant from last year. There were also new co-editors Ericka Adams and Cory Kampschroer. The co-editors worked hard to make sure the newspaper was finished by the deadlines.

The staff of the Breeze worked on layouts, cropping pictures, and writing articles. With all the hard work and dedication from every member of the Breeze, the paper turned out to be an enormous success.



Above Left: Ericka Adams warms up for her Western Pleasure class on Jetta Jo Chic at the 1996 FFA horse show. **Top Right:** The FFA advisor, Robert Marzolf, chows down on KFC after a meeting. **Above Right:** FFA officers Elliot Hailey, Crystal Coddington, Jason Karwoski and Brian Joyer huddle together for an official officer picture.



Far Top Left: The new 1996-97 Breeze adviser Ms. Holzman. **Far Bottom Left:** Checking the folder for any questions is Cory Kampschroer, a co-editor of the Breeze. **Left:** Back Row: Brenna Nagle, Jessica Wolff, Micheal Grimes, Yerik Kaslow, Matthew Mettler, Timothy Lessard, Benjamin Aschittino and Karen Frank Middle Row: Justin Symanietz and Kirsten Foslien Front Row: Matthew Houle. **Above:** Jeff Olson, Anne Holzman and Cory Kampschroer discuss the layout plans.

Future For America



“Leaders with a VISION” 1996-97 FFA Theme



Left: Peter Leroux scratches his calf under its chin at the 1996 FFA open house.

FFA used to stand for Future Farmers of America, but now because of all the changes it is just called FFA. In the past, FFA dealt mainly with farm activities such as animal and food judging. Now FFA deals with much more. This year there was a new contest called Ag. Issues which dealt with agricultural related issues that didn't necessarily have to center on farm related topics.

FFA met on the second Tuesday of every month. Before the meetings were started, the club said the Pledge of Allegiance followed by the FFA pledge: "To practice brotherhood, honor agricultural opportunities and responsibilities and develop those qualities of leadership which an FFA member should possess." At the meetings the group chose committees to deal with each topic. After the meetings adjourned the group would usually do a fun activity and enjoy refreshments.

FFA

BAND

A Time for Music

Band is an excellent way to express yourself without words. "Band, in some way, shape or form, is for everyone," said Maureen Seibert, one of the two band directors. Whether you were in Varsity Band, Concert Band, Symphonic Winds or Jazz Band, there was something to fit each personality.

Band wasn't just playing an instrument while sitting in a classroom. During the summer of 1996, all bands had the opportunity to travel to Michigan and represent our school while marching in a few parades. During the 1996-97 school year, bands also had a chance to go to Europe over spring break.

Band offered programs such as the Music Listening Contest for students who wanted to learn more about music and composers. This extra-curricular activity was tested in mid-January. Many students who were in this program said that it was fun and educational at the same time.

Band is now an active part of today's educational system, and as Maureen Seibert would say, "you have to work together to make an 'esprit de core' and that's what Band does."



*"Music is
soul food."*

-Maureen Seibert





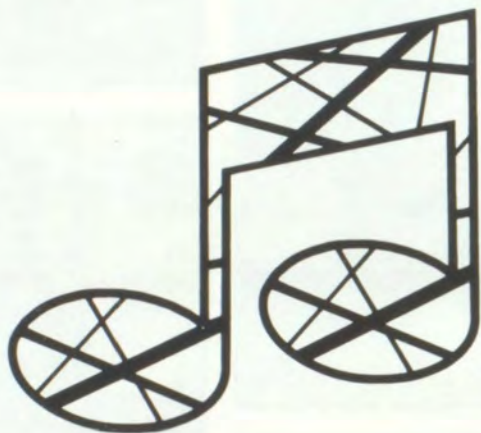
Far Left: Jessica Dippong shows her talents to choir teacher James Lindstrom while he accompanies her on the piano. **Left:** Richard Hahn and Maureen Seibert take a break from their classes to chat. **Top Left:** Complete harmony is reached as Richard Hahn teaches his Symphonic Winds class. **Top Right:** Gavin Haasl drums his way through the day at an outdoor event. **Above Left:** Theresa Saunders, Alecia Rought, Meghann Erkkila, Heidi Skelley, Kristy Hagaman and Nicole Turgeon practice hard as their next concert draws near. **Above Right:** Peter Nelson jazzes the crowd with his saxophone.

Spirit, Energy and Voices

CHOIR

Choir is a class, but more than that, it is an elective. It is a time for students to come together and use their vocal talents to make something great. Choir members get the chance to perform at a variety of festivals and concerts. The choirs performed at the Twin Cities Suburban Cities Festival (TCFC) in February. They also had different concerts throughout the year. Choir director James Lindstrom chose twelve lucky students to sing in the state TCFC choir. That was quite an honor for them. They also performed the National Anthem at the Timberwolves game on Wednesday, November 26th, which was a very big thrill.

The three different choirs are Varsity, Treble and Concert Choir. James Lindstrom is the choir director for the Varsity and Concert choirs. The Varsity Choir is made up of sophomores and meets every other day during third hour. The Concert Choir consists of all grades and meets first hour every day. Heather Williams is the new choir director this year. She teaches the Treble Choir. The Treble Choir is an all female choir which meets fourth hour every day. Mrs. Williams is a great addition to the already wonderful choir department.



“Choir is, and has been, a time for merry-making.”

-Elizabeth Neudecker





Left: Christina Hjulberg and Tiana Briseno appear mesmerized while trying to figure out their sight singing. **Top Left:** The Varsity Choir is enthusiastically singing along to the tune of the piano. **Top Right:** James Lindstrom is very in tune with his students singing while playing the piano. **Above Left:** Andrea Wojtowicz, Danielle Anderson, Aletta Steinbruckner, Amy Hattenberger, Adrielle Bertilson and Tiffany Johnson take a break in between songs. **Above Right:** Heather Williams stops conducting class to take a breather!

Exchanging Cultures

FOREIGN EXCHANGE

During the 1996-97 school year, the high school had the opportunity of hosting twelve foreign exchange students from eight different countries.

There were many different responses when asked why they chose to be a foreign exchange student. Ai Suzuki from Japan said, "I just wanted to come here, develop myself."

"English is required for a good job in my country. It's hard to get a job if you don't know English, it's an international language; I also wanted to come here to become more independent," stated Rizal (Jazz) Mawardi from Indonesia.

Of the students asked, the majority said they liked it here and would come back for a vacation, possibly even to attend college.

"I like the USA a lot. The teachers and some students have been really good with me and they have helped a lot," responded Josue Paez-Hernandez from Venezuela.

"I'm interested in other countries and cultures. I enjoy meeting students from other countries," said Megan Espe-Och, who has been the foreign exchange advisor for four years.

A lot can be learned from these students about different cultures of the world. By getting to know them, you can make your life more interesting.



"Everyone should try and attend one of the foreign exchange programs. It's a great experience."

-Tom Smolenaers

"This year's group of exchange students is very diverse and interesting. Exchange students give Forest Lake students a chance to learn about other cultures."

*-Megan Espe-Och
Coordinator*





Top Left: Yuko Shinya, Joanne Heitmann, Josue Paez-Hernandez, Tom Smolenaers, Megan Espe-Och, Kristen Freeman, Teru Oike, Paula Callil and Debbie Cations are all smiles they eat together prior to attending a movie. **Top Right:** Ai Suzuki happily munches on her pizza. **Above Left:** 1996-97 foreign exchange students enjoy each others company as they discuss how everything is going with their host families and school. **Above Right:** Josue Paez-Hernandez and Joanne Heitmann have a conversation as they eat their dinner.

Languages of Our World

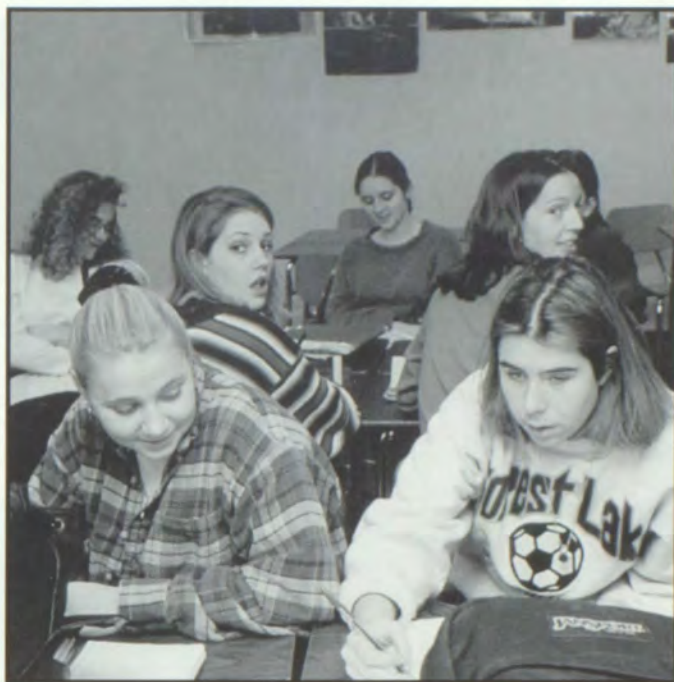
Many students had the pleasure of being able to learn a foreign language. There were three languages at Forest Lake Senior High; German, French and Spanish.

Every year students had the opportunity to travel to a European country with their group and learn more about how the other countries live. This was a great learning experience for the students. Each year the teachers scheduled new activities to do so students could go on the trip year after year and continue to see new sights and experience new things.

Each language had a club in which students could get together with each other and do fun activities. The activities they were involved in didn't necessarily deal with the language the students were studying, it was just a chance to socialize, and support each other through friendship.



Above Left: Angela Boyd gives Robert Pierre some confidence before leaving for work. **Above:** Christa Sturman gets assistance from Mr. Jeffrey Wilson, the Occupational Relations advisor.



Far Top Left: Jennifer Matasovsky and Brooke Ellman study together in French class. **Left:** Catherine Norris and Brooke Wolfe chow down on bread and nuttella at the German breakfast. **Above:** Deborah Dooley and Karen Thueson take a look to see why Crystal Murphy is laughing at Kelly Devine while she tries to collect all her thoughts in Spanish.

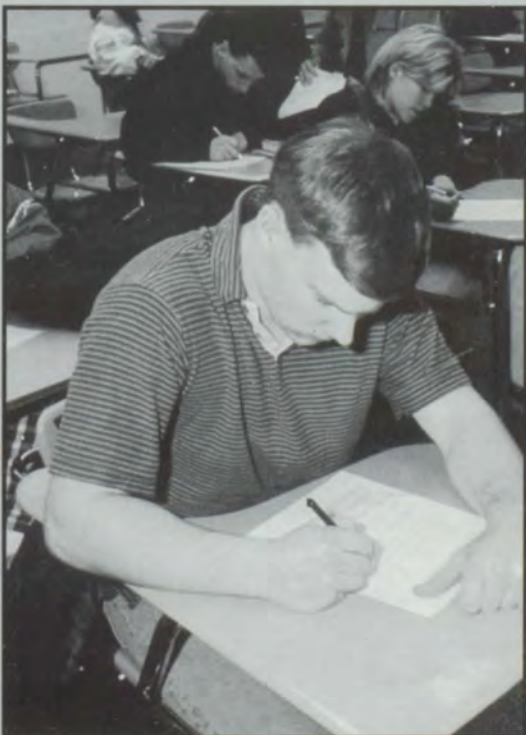
Learn While you Work



OCC. RELATIONS

*“Whistle
While
you
Work”*

*-Snow White
and the Seven
Dwarfs*



Left: Zachary Smith works hard to make an impressive resumé.

Occupational Relations is a great way for students to get jobs which interest them. It is also a great economic and educational experience. It helps students learn how to adapt to the work place and teaches them responsibility.

There were a wide range of jobs available for these students, such as fast food, office jobs or chashiers. Every effort was made to provide these students to experience practical, hands-on application of good employment practices while they were supervised and graded on their development and accomplishments.

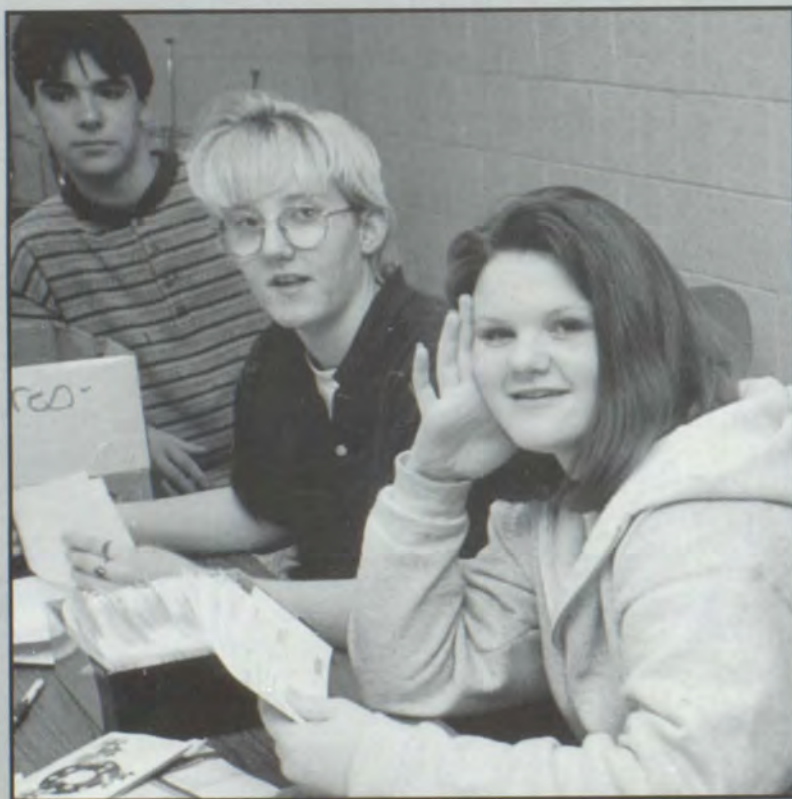
Arithmetic All-Stars

Though many students earned high marks in a number of math classes, few of them had the chance to put those skills to the test like the Math Team did. Team members put in many hours of practice in preparation for their meets. Some of the practice was done independently, but there were several opportunities to gather together and work to solve problems that could have appeared in competition. However, working together was only half of the experience.

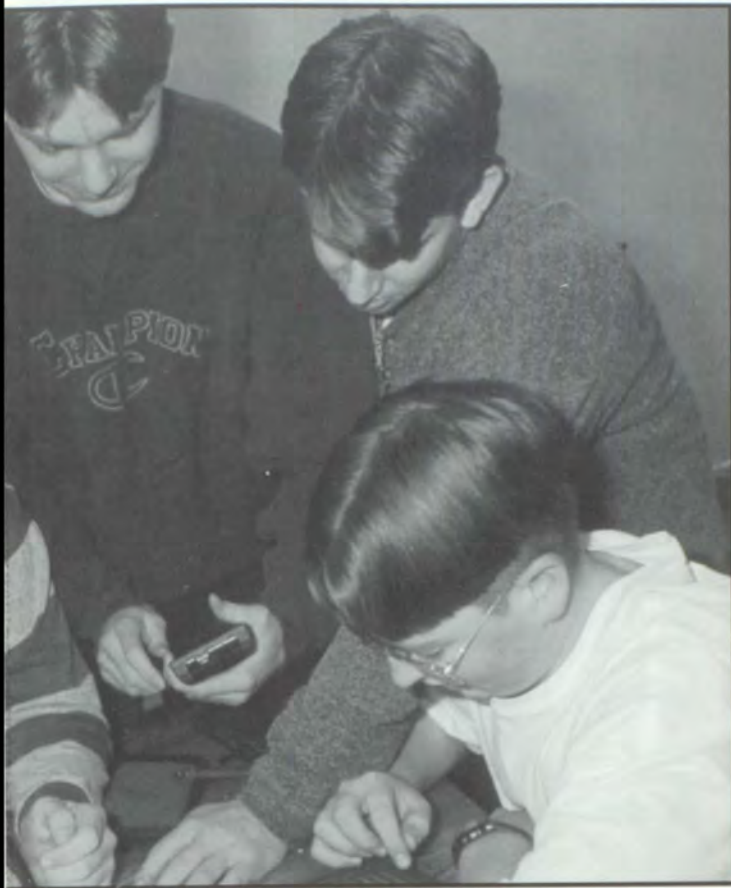
Each meet consisted of two parts. The first part involved the individual members solving problems by themselves in their chosen subject. Topics ranged from Geometry to Algebra and even Trigonometry. The challenge was to answer four difficult questions in under twelve minutes. After the time elapsed, the problems were checked and points were awarded for correct answers. The next half gave the team members a chance to combine their strengths to solve six more problems as a group. They were allowed twenty minutes to answer these challenging ques-

tions and then were given points if they had the right responses. All of the team's individual scores and the team score were then added together to determine the winner.

The team competed against several regional schools and worked hard to earn their scores and show their mastery of mathematics skills. They have truly demonstrated that what was learned in the classroom could be used for much more than just earning a good grade.



Above Left: Shawna Hoff and Cathleen Hess work diligently to complete the Sophomore section. **Top Right:** The Forester staff pulls together to talk over their daily business. **Above Right:** Jeremy Benedict and Matthew Merrell continually work on the yearbook deadlines.



Far Left: Shea Doolittle and Eric Kehoe work out a problem as the team watches. **Left:** Team members Shea Doolittle, Timothy Mayville, Alexander Wenzel, Cecil Gjelhaug and Joseph Haselbauer bring their calculators into action. **Above:** Pamela Fahey, Timothy Wheatley and Shea Doolittle work persistently on a mathematical puzzle.

Life Through the Pages



The 1996-97 school year brought a lot of changes to the Forester staff. The staff consisted of four returning members and fifteen new members, eight of whom were sophomores.

One change that was a great advantage to the staff was the new computer system. The system was challenging for the staff at first, but proved to be very beneficial in the long run.

The advisor, Gail Law, considered the yearbook course a business, not just an ordinary class. Knowing this, each student was expected to take

yearbook as serious as an after school job. Therefore the students had six deadlines to complete throughout the year. Each deadline consisted of layout designing, interviewing, creating body copy and capturing moments throughout the school year with photographs.

The Forester staff was hard-working and dedicated to the completion of the 1996-97 edition. The results of their efforts can be seen throughout this publication.

Left: Kathryn Vejtruba is caught doing what she does best, business!

YEARBOOK

Showtime!

Little Shop of Horrors was presented by the Drama Department on two matinee days and two weekends in November. All audiences took pleasure as they watched the show that this talented cast and crew worked hard on, and performed to perfection.

"We chose this particular play because it's performed around Halloween, and it's just a fun play to perform," said Abigail Norbin, assistant director.

The story line consisted of a character named Seymour who worked at Mushnik's flower shop where the business wasn't doing to well.

One day as he examined a plant he had found, he cut his finger and realized the plant fed on blood. Word spread about this unique plant, and drew in a lot of business.

Audrey, who also worked at the flower shop, became good friends with him. With his help, Audrey realized her boyfriend Orin, was no good for her. Due to Audrey II's need for food, Seymour fed Orin to it.

One day the plant started to talk to Audrey and bribed her into coming closer to look inside at all the others it had already eaten. She did and found herself to be the plants next meal.

Seymour tried to save her, but Audrey assured him that she would die anyways, and would rather help Seymour become successful, and keep the plant alive. Seymour decided having all the fame wasn't for him, and with many different attempts tried to kill the plant, and got eaten himself in the process. The show ended with all the dead characters returning for the final song.

"We have had quite a few problems this year, but overall things are going well and it's going to be a really great show," stated Lisa Ziemer, assistant director.

With the contributed talents of Jack Whitebread, Helen Pickering, Kristopher Lencowski, Jessica Lee, January Brandt, Erin McMahon, Elizabeth Neudecker, Richard Wurdemann, Christian Novak, Jason Vincent, William Janicke, Neil Rollins, Rebecka Ollman, Britt Nordstrom, Heather Flowers, Beth Heapy, Jeffrey Onell and Kelli Brandt as the cast, and Melissa Clark, Kenneth Groeneweg, Sara Nickelson, Kimberly Phillips and Nova Schuler as the chorus, along with the set crew and the extremely talented Mrs. Susan Novak as director and Abigail Norbin and Lisa Ziemer as assistant directors, a memorable production was performed.

"Forest Lake is a very talent rich area and I never have trouble casting a show because I always have more than enough talented people," stated Mrs. Susan Novak. This year was obviously no exception. Hour after hour they practiced and perfected, and made *Little Shop of Horrors* outstanding.

THE DRAMA DEPT. of FOREST LAKE HIGH SCHOOL

PRESENTS

LITTLE SHOP OF HORRORS

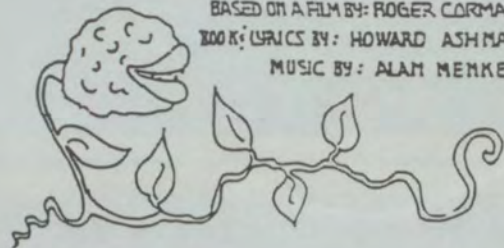
- 7:30 PM -

OCT. 31 • NOV. 1 • 2 • 7 • 8 • 9 • 1996

BASED ON A FILM BY: ROGER CORMAN

BOOK: LYRICS BY: HOWARD ASHMAN

MUSIC BY: ALAN MENKEN





Top Left: The plant by the backstage door continues to grow until the first performance. **Top Right:** Erin McMahon, Jessica Lee and January Brandt perform the first song of the play. **Middle Left:** Jack Whitebread and Helen Pickering show their acting talents as the main characters in the 1996 Fall Play. **Above:** Seymour sings as he waters Audrey II and encourages her to grow. **Far Left:** The cast and crew of *Little Shop of Horrors* prior to their first performance. **Left:** Erin McMahon, January Brandt, Jack Whitebread, Jessica Lee and Richard Wurdemann listen with enthusiasm as they hear the first radio broadcast about Audrey II.

A Signature to Remember

What's in a Name?



Express Yourself

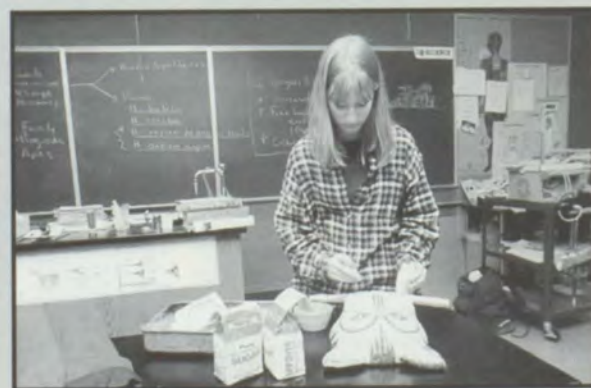


We Are Still Making History

Lending a Helping Hand

The members of National Honor Society play a large part in the community. Each year a new set of juniors are selected to be inducted as members of NHS, and in their senior year they start working on their community service hours. Before the end of the year, twenty hours of community service and one major project are required from the members to graduate from NHS. In addition to having many new members this year, there was also a new advisor, Terryl Eikren. The major projects were lead by the NHS officers. "We were all honored to be an officer," said NHS officer Danna Pearson. Sarah O'Donnell lead the group involved with Habitat for Humanity. The group built housing for low income families. Alexander Mettler took his group to the Raptor Center where they helped injured an-

imals. They also went to the Dorothy Day Center. Danna Pearson lead the annual Homeless Camp-out. Timothy Wheatley and his group took care of the preparations for this year's swing dance. Every year the National Honor Society strives to find new ways to help better our community and will continue to do so in the years to come.



Above Left: Benjamin Adair carefully cuts more wires to add to his race car. **Top Right:** Jennifer Rude gets her supplies together to finish her project. **Above Right:** Kimberly Donohoo adds more seeds to her ancient artifact for the OM competition.



Far Left: National Honor Society members meet in the auditorium to exchange ideas about ways to improve the community. **Left:** Danna Pearson, Timothy Wheatley, Alexander Mettler and Sarah O'Donnell go over their community service projects. **Above:** Joshua Prestegaard, Chad Gustafson, Margaret Luger, Andrew Cheyne and Megan Peterson listen intently to what their next project will be.

Testing the Limits



In order to be a member of Odyssey of the mind you must be creative, motivated, have a good sense of humor, have patience with the coaches and most of all, you must have time. The members of OM practiced after school every Monday, Tuesday and Thursday and once they got started on their projects they stayed after almost every day. Each year, two groups consisting of seven people get a new problem to solve. One of this year's problems was "Can you dig it?" The group involved with this problem had to create artifacts like the

ones you might find at an archeological dig. This problem was based on creativity. The other group had to design cars using different energy sources. They then had to use the cars to pop balloons. The students on OM devoted a lot of time and creativity to their projects and in the end they realized it was all worth it.

Above: The search is finally over, Heather Levesseur has found the Holy Grail.

OM

S P E E C H A Place for Your Voice to be Heard

The 1997 Speech team had what could have been called another outstanding season, possibly exceeding all others.

With speaking-oriented Deborah Bendix, Susan Novak and Henry Hebert leading the group of approximately sixty students, and Lisa Ziemer, Brian O'Gary and Helen Pickering assisting, it could have been said that this team was in very good hands.

"We have a lot of power hitters on our team; that's going to be an exciting season and I'm really looking forward to it. We have a lot of great new faces," stated captain Helen Pickering.

When asked what the expectations of the Speech Team were, Henry Hebert said, "The Forest Lake Speech Team has a reputation of high quality. We are recognized as one of the strongest Speech schools in the state. We expect current students to uphold that standard and tradition."

Joining Speech has many benefits, and on that note Deborah Bendix said, "It's guaranteed to be one of the most memorable and beneficial high school experiences. They belong to a team and have an opportunity to have one on one training with an outstanding coaching staff- one of the top in the state/nation. The students develop lifelong skills in communication, increased

self confidence, increased self discipline and increased self esteem. They meet and make new friends from across the state and nation and have opportunities for national competition. This looks great on a resume and our team is highly successful and fun."

"Speech strengthens communication skills and good communication skills are essential in life. Anything that makes them better, makes a person better. Also there is a healthy spirit of competition. Speech students also develop poise, dignity and self confidence," stated Henry Hebert on the advantages of being in Speech.

The advice he gave his team was, "Do your best and have fun! If it isn't any fun, why do it?"

Not only did these students become more in touch with their speaking skills and develop a great sense of self-confidence, but as Brian O'Gary said, "Speech is one of the school's largest groups. Some of the students involved in this are the school's most talented; and hey... it's fun."

Fun it might have been, but without the tons of effort and talent put into it, the team would have gotten nowhere.

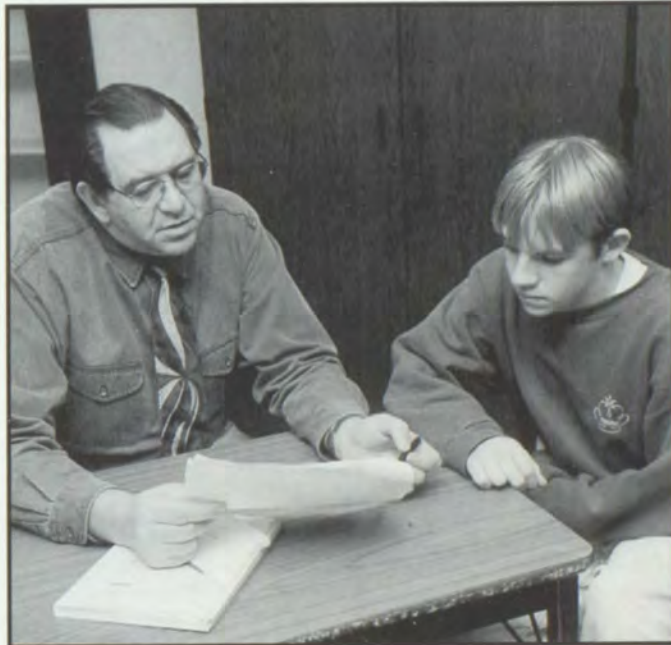
This was definitely not the case for the 1997 Speech Team. When all of the talent was put together it could have only led the team one place: to the top.



"I wasn't sure the first time, but now it's a lot of fun. We have outstanding coaches and talented students, so I think we'll make it."
-Rizal Mawardi

"We have a really new team and a lot of talent. It should prove to be a very successful year."
-Lisa Ziemer
(Student Assistant Director)





Top: The 1997 Speech Team **Row 1:** Nicole Finnemann, Brooke Bushman, Nicole Johnson, Allison Miller, Shana Mason, Tiffany Jonasen, Aletta Steinbruckner, Emily Wenzel, Helen Pickering, Nicole Grundtner, Lindsay Kne, Deborah Bendix **Row 2:** Marshall Peterson, Peter Hegseth, Jessica Dippong, Carie Ann Borle, Amanda Bauer, Sara Nickelson, Justin Symanietz, Heather Flowers, Erin McMahon, Elizabeth Groshens, Sean Goerss, Henry Hebert, Susan Novak **Row 3:** Kristina Fenner, Benjamin Sandahl, Matthew Oehler, Robert Rydlund, Kristopher Lencowski, Christian Novak, Melody Petersen, Patrick Olson, Tanya Shoemaker-Lauth, John Schultz, Rizal Mawardi, Lisa Ziemer **Row 4:** Jennifer Bering, Meagan Smith, Margaret Luger, Brian O'Gary, Kirsten Sorensen, Megan Peterson, Heather Reid, Claire Luger, Gwendolyn Hansen, Analisa Dahle, Joshua Smolke, Richard Wurdemann, Rachel Baumann **Row 5:** Andrew Cheyne, Jon Tschida, Timothy Wheatley, Thomas Seiler, Grant Borle, Yuko Shinya, Shari Salzman, Beth Heapy, Nathan Aamot, Elizabeth Neudecker, Jason Vincent, Kristen Schlagel. **Above Left:** Lindsey Kne is deep in concentration as she practices her speech in front of Henry Hebert, and Deborah Bendix. **Above Right:** Mr. Hebert gives Joshua Smolke some pointers on the rough draft of his speech.

DEBATE

Flake Rates

The Forest Lake Debate team worked hard this 1996-97 season. They won several awards and traveled to Iowa, Stillwater, Bloomington, Hopkins, Blaine, South St. Paul, Roseville and Apple Valley for the debate tournaments. The competitors for the section 4 tournament were; Andrew Cheyne and Margaret Luger, Megan Peterson and Claire Luger, and Mary Gmitter and Brian O'Gary.

Andrew Cheyne and Margaret Luger had a record of 6-0 in Policy debate. Megan Peterson and Claire Luger finished in second place with 5-1. In Lincoln-Douglas, Brian O'Gary won with a record of 5-1 and Mary Gmitter took second with a 5-1 record.

This year's coaching staff consisted of head coach Rachel Baumann, Steve Olson (a former Grand Rapids debater), Shannon Goyette (debater and recent graduate of Stillwater high school), and David Singh (debater and recent graduate of Apple Valley high school). There were nine senior debaters, seven junior debaters, and six sophomore debaters.

"We had an extremely strong team throughout the season taking top honors all over the state," stated Jennifer Rude. Overall the debate team put a lot of effort into the season and had a very successful season.

"I think this was a very successful season for the Debate team — both competitively and non-competitively."

Heather Reid



Right: Claire Luger and Megan Peterson are on the road again to a new round.





“We had an extremely strong team throughout the season taking top honors all over the state.”
-Jennifer Rude



Top Left: Shannon Goyette, Shari Salzman, Jennifer Rude, Rachel Baumann, Marshall Peterson and Steve Olson at the Hopkins Section 4 Tournament. **Top Right:** Andrew Cheyne is excited for his debate argument. **Above:** Jason Kempnich and Jeffrey Anderson snack between debates.

The People Behind the Scenes

STUDENT COUNCIL

Student Council was often thought of as just another school group. A lot of students and teachers did not realize the way this group affected our school and had shown their contributions. Student Council was an active group of students who were chosen by their peers based on commitment, attitude and school spirit. A chosen group of students from different grades were combined to have a variety of personalities and make school more than just homework and books. Members helped put together and decorate school dances, blood drives and a lot of the homecoming events. Not only did students help out with school events, but also showed their support to school teams and raised funds for some necessities. In addition to their dedication to our school, helping our community was also a priority. Members help with assorted banquets and social events put on by different groups and committees. For them finding the time to care was easy and dedication came naturally.

"We have the most energetic, caring groups I have ever been a part of. The goals we have are being accomplished because of the excellent council and the support of the FLHS staff. Thanks for making this a wonderful year!"

Danna Pearson



"Student Council is really fun. I've met a lot of great people"

Elizabeth Voto





Top Left: Student Council members attend the early bird meeting before school starts. **Top Right:** Student Council president Danna Pearson leads an early morning group discussion. **Left:** Matthew St. Martin and Lance Fryk listen intently while others brainstorm their ideas. **Above Left:** Danna Pearson and fellow students show their support at this year's blood drive. **Above Right:** Heather Reid takes time out of her class to show student council spirit.

ORGANIZATIONS

Student Council

Row 1: J. Lee, J. Armstrong, E. Voto, C. Rychley, B. Bushman, B. Swenson, J. Winkelman **Row 2:** N. Hofstede, M. McCurdy, J. Benson, R. Rydlund, A. Roberts, D. Pearson, B. Ellman **Row 3:** K. Peterson, E. Anderson, A. Jackson, L. Walcker, K. Tschida, H. Reid, R. Hallin **Row 4:** C. Laurent, A. Daninger, L. Fryk, R. Wielinski, S. Goerss, C. Luger, P. Olson, B. Davis **Row 5:** T. Gervais, S. Odonnell, D. Koski, P. Nerothin, Y. Kaslow, M. Mettler, M. St Martin



National Honor Society

Row 1: A. Cheyne, M. Kari, D. Dooley, T. Faschingbauer, E. Wenzel, L. Hohelsel, J. Tennis, S. Odonnell, C. Gustafson, A. Knutson, C. Laurent, E. Vogen **Row 2:** T. Eikren, P. Nelson, L. Cheney, E. Buesing, M. Sinn, T. Mayville, T. Wheatley, P. Ramseth, J. Prestegaard, J. Olson, T. Powell **Row 3:** R. Johnson, J. Geving, H. Rood, A. Darling, J. Fellows, K. Devine, K. Peterson, L. Palacheck, H. Levesseur, L. Kne, M. Peterson, C. Mackey **Row 4:** J. Onell, P. Anderson, A. Mettler, N. Reitter, J. Rude, G. Borle, J. Tschida, S. Goerss, A. Norbin, L. Ziemer, K. Schoonover, M. Luger **Row 5:** B. Ogary, T. Lundquist, M. Soblech, J. Wenzel, L. Schroeder, N. Karis, S. Doolittle, A. Wenzel, E. Groshens, H. Flowers, M. St Martin, J. Ferraro, D. Kluk



Circle of Support

Row 1: R. Odonnell, K. Blia Ly, A. Norbin, K. Brandt, D. Thornburg, B. Bleymeyer, E. Voto, J. Olson, L. Fryk, M. Sinn **Row 2:** J. Leslie, E. Anderson, K. Burrows, S. Johnson, J. Wolff, T. Organ, C. Groeneweg, P. Fahey, J. Armstrong, E. Wenzel, A. Fredrickson **Row 3:** R. Neamy, R. Mardaus, B. Sargent, S. Reed, C. Hjort, C. Haag, S. Searle, J. Thielbar, A. Rydeen, A. Mettler, K. Cockburn **Row 4:** L. Drolson, B. Bushman, L. Mitton, V. Voto, J. Whitcomb, L. Walcker, B. Ellman, H. Reid, M. Kisrow, R. Hallin, K. Sorensen, T. Faschingbauer **Row 5:** M. Leef, C. Langmade, R. Olson, T. Johnson, C. Hanrahan, M. Anderson, K. Loren, A. Bertilson, C. Hammond, N. Grundtner, T. Belmore, K. Petricka



PAC

Row 1: K. Sorensen, S. Hemstad, T. Dehmlow, A. Wawers, J. Grove, A. Espelien, A. Maki, S. Hoiland, R. Schleicher **Row 2:** L. Palacheck, A. Mettler, T. Staloch, A. Fredrickson, K. Cockburn, B. Wolfe, C. Contreras, T. Savord, J. Nelson **Row 3:** H. Reid, P. Nelson, C. Laurent, J. Olson, S. Odonnell, J. Tennis, T. Powell, M. St Martin, T. Faschingbauer **Row 4:** R. Neamy, B. Brenberg, M. Nordlund, J. St Martin, D. Thornburg, D. Leepart, S. Goerss, M. Schmidt **Row 5:** T. Stoltz, J. Chapin, A. Lundborg, M. McCurdy, P. Nerothin, Y. Kaslow, A. Weygand

FFA

Row 1: L. Burton, M. Goodrich, P. Leroux, B. Chasteen, E. Halley, B. Joyer, J. Karwoski, S. Antilla, C. Coddington, L. Schwachtgen **Row 2:** R. Marzolf, J. Toepper, A. Harvey, M. Aldentaler, M. Hennessey, J. Johnson, J. Urevig, R. Pierre, T. Berry, A. Miller, A. Rivard **Row 3:** A. Colby, T. Smith, L. Wenzel, S. Husnik, N. Coleman, A. Peters, K. Sofie, J. Harrer, E. Adams, J. Czech, T. Marronne **Row 4:** R. Huspek, M. Bibeau, D. Josephson, M. Wermeger, T. Jensen, B. Autey, M. Urevig, A. Rice, A. Pechman, K. Palmateer, M. Halley **Row 5:** T. Bauer, H. Julich, S. Flug, M. Miron, L. Proulx, K. Rufford, M. Hanson, I. Cain, L. Nickelson, B. Flanagan, J. Boyd **Row 6:** E. Bunn, J. Roth, S. Maefsky, E. Vogen, S. Moore, A. Rudy, J. Grubbs, T. Anderson, K. Arcand, S. Dierkhising



Yearbook

Row 1: K. Vejtruba, T. Dechaine, A. Mouchet, K. Klinkhammer, A. Almqvist, M. Merrell, J. Benedict **Row 2:** S. Schultz, A. Nordling, C. Hess, M. Kaiser, G. Law, J. Czech, M. Baker, R. Mawardi **Row 3:** M. Skallman, J. Bixby, R. Skallman, S. Hoff, K. Sump-tion, E. Buesing



Journalism

Row 1: A. Holzman, M. Houle, J. Olson, K. Devine, B. Aschittino, T. Lessard, C. Kampschroer **Row 2:** B. Nagle, K. Frank, K. Foslien, J. Justesen, J. Symanietz, N. Nas-cene, M. Grimes



Debate

Row 1: R. Baumann, J. Anderson, R. Salzman, H. Reid, K. Sorensen **Row 2:** B. Sandahl, J. Kempenich, B. Ogary, A. Cheyne, G. Borle **Row 3:** T. Wheatley, M. Gmitter, C. Luger, M. Peterson, J. Rude, S. Salzman



Odyssey of the Mind

Row 1: B. Adair, S. Johnson, P. Williams, B. Leventhal **Row 2:** L. Brockman, D. Cheyne, J. Edlund, R. Clasen, T. Wheatley **Row 3:** K. Donohoo, G. Borle, J. Rude, A. Rought, M. Peterson



Mock Trial

Row 1: B. Suchan, R. Tungseth, D. Koski, P. Olson **Row 2:** A. Dahle, P. Fahey, B. Heapy, H. Reid, M. Kisorow, J. Womack **Row 3:** D. Norlander, J. Womack, K. Peterson, A. Rought, J. Vincent, R. Olson, T. Dehmlow

Knowledge Bowl

Row 1: S. Nelson, S. Doolittle, T. Mayville **Row 2:** A. Cheyne, M. Peterson, A. Bauer, J. Haselbauer



Media

Row 1: S. Welsch, J. Heitmann, M. Bollin **Row 2:** P. Hebert, T. Wightman, J. Vogel



Guidance Aids

Row 1: T. Erickson, J. Cernius, J. Gaustad, C. Coddington, C. Hanrahan, J. Johnson, K. Owen, R. Olson **Row 2:** R. Miller, C. Oaks, N. Palmer, A. Haines, J. Simpson, M. Miller



Business Professionals of America

Row 1: A. Bergstedt, B. Sargent, P. Slotsve, S. Goerss, K. Rohwer **Row 2:** M. Thoen, J. Womack, E. Vogen, M. Medek, J. Olson



Math Team

Row 1: W. Connor, C. Gjelhaug, A. Wenzel, T. Pleski, E. Kehoe, W. Perry
Row 2: T. Mayville, S. Doolittle, T. Wheatley, P. Fahey, J. Haselbauer



Math/Science Tutor

Row 1: J. Leko, E. Voto, J. Lee, J. Rangitsch, R. Schleicher
Row 2: H. Rood, A. Howie, R. Salzman, S. Labernik, L. Hoheisel, M. Anderson

Science Olympiad

Row 1: A. Mettler, C. Laurent, P. Nelson, A. Weygand
Row 2: A. Seelig, E. Kehoe, P. Fahey, T. Pleski
Row 3: A. Miller, S. Doolittle, T. Mayville, J. Plaman



German Club

Row 1: J. Czech, T. Saunders, C. Houdek, A. Howie, K. Tomlin, L. Hoheisel, J. Rangitsch, A. Bauer, A. Cheyne
Row 2: M. Fitzgerald, J. Wallraff, B. Wolfe, C. Norris, S. Doolittle, D. Erickson, W. Lee, I. Enz, T. Wheatley
Row 3: M. Goeltl, J. Dietz, Y. Kaslow, B. Mullin, B. Pigman, M. Dowdall, P. Burlingame, M. Baker



French Club

Row 1: S. Mason, C. Colton, B. Heapy, A. Delvecchio
Row 2: J. Matasovsky, J. Whitcomb, V. Voto, A. Wojtowicz, C. Gustafson
Row 3: M. Grubbs, B. Ellman, M. Dunn, N. Schuler



Foreign Exchange

Row 1: T. Smolenaers, R. Mawardi, T. Oike, J. Paez-Hernandez, Y. Shinya
Row 2: M. Espe-Och, D. Cations, M. Andersen, J. Heitmann, P. Callil, C. Contreras



On the Job Training

Row 1: J. Barchenger, J. Engles, S. Felegy, J. Cronk, T. Lerol, D. Randolph, J. Taylor, J. Reinertson, M. Kelley, N. Whitehill **Row 2:** M. Carlson, T. Carlson, A. Cincotta, D. Kaar, T. Noll, T. Breen, T. Kline, R. Bjork, T. Froyum, B. Lindback **Row 3:** J. Wiley, T. Bringle, A. Boyd, J. Burth, K. Moline, M. Hudak, K. McGuire, J. Kampa, P. Pechaver, D. Whitehill **Row 4:** J. Wilson, H. Boese, R. Pierre, A. Hollihan, J. Goettl, J. Lund, K. Waska, J. Pierce, P. Bland, L. Feucht



Sophomore Choir

Row 1: N. Ramsey, J. Schneider, K. Olson, A. Rider, D. Buesing, M. Hill, R. Morcomb, R. Berndt, A. Bertilson, B. Adair **Row 2:** J. Knutson, H. Schwartz, A. Steinbruckner, A. Hattenberger, N. Schuler, K. Brandt, A. Rivard, A. Nowezki, N. Finemann, M. McLean, B. Bass, K. Randall, T. Coleman **Row 3:** T. Rysgaard, A. Brooks, R. Jelinek, G. Whittedge, S. Bridgeman, D. Barrett, D. Keefe, C. Coleman-Wilke, N. Vang, J. Powers, K. Nahl **Row 4:** S. Radtke, L. Quiram, K. Billa Ly, J. Loftus, H. Rosenow, S. Hoff, K. Nagel, K. Johnson, T. Briseno, C. Hjulberg, A. Alsdurf **Row 5:** S. Peloquin, P. Lenahan, S. Liljedahl, D. Anderson, R. Cobb, A. Volk, A. Wojtowicz, N. Aamot, K. Meehan, J. Anderson **Row 6:** K. Curry, A. Bertilson, T. Jonasen, S. Thomas, C. Gustafson, N. Grundtner, S. Sumption, C. Ruppe, J. Whitebread, J. Haselbauer, R. Rydlund

Treble Choir

Row 1: H. Yunker, A. Norbin, A. Delvecchio, S. Koethe, H. Williams **Row 2:** D. Peterson, M. Rosse, N. Diemert, S. Baber, S. Webber **Row 3:** R. Miller, A. Harder, C. Fischer, M. Anderson, K. Johnson



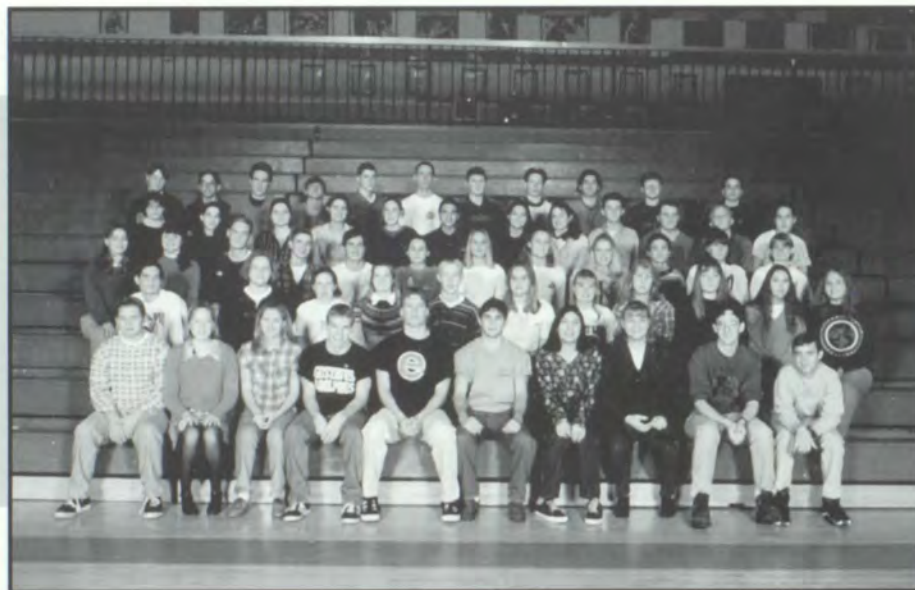
Concert Choir

Row 1: C. Gebhard-Dawson, A. Suzuki, A. Houle, A. Clover, C. Benbow, S. Boleen, H. Pickering, S. Nickelson, E. McMahon, J. Brandt, B. Bushman, J. Lee, R. Lasiuta, C. Thorson, J. Bauer **Row 2:** E. Neudecker, H. Christensen, M. Menefee, A. Espellen, A. Rygh, J. Grove E. Ryan, R. Engquist, K. Phillips, A. Mueller, T. Dehmlow, J. Harnett, R. Tatting, M. Petersen **Row 3:** J. Whalgren, K. Marsh, D. Panning, H. Reid, R. Hallin, W. Janicke, G. Baker-Kelleher, S. Kirberger, M. Erickson, K. Sofie, N. Hofstede, L. Meyer, N. Rollins, B. Suchan **Row 4:** K. McConnell, A. Hjulberg, M. Kisrow, J. Fellows, C. Groeneweg, S. Corrow, J. Cernius, M. Sonnek, J. Steffens, D. Sallee, C. Novak, J. Brink, K. Groeneweg, T. Coleman **Row 5:** D. Wood, K. Kohn, R. Gryskiewicz, C. Edwards, M. Tinklenberg, Z. Roeder, J. Lane, K. Remitz, J. Chapin, M. Osterbauer, A. Hamilton, R. Wurdemann, J. Onell, A. Wassman, T. Russ



Varsity Band 2A

Row 1: S. Zawol, C. Kalsbeck, S. Jackson, D. Lindstrom, N. Schleder, N. Smrekar, N. Hensley, K. Halverson, M. Weygand, K. Treague **Row 2:** R. Webber, S. Gordon, C. Hauge, K. Raymond, K. Bjorklund, L. Walcker, K. Jensen, L. Kanada, J. Pfulgradt, M. Hernandez, K. Corlew **Row 3:** K. Adams, J. Boyd, M. Bulinski, P. Miles, L. Prudhomme, M. Clark, A. Fredrickson, J. Nickelson, A. Dempsey, L. Nelson, N. Mattson, R. Robinson **Row 4:** M. Leef, T. MacIntyre, K. Ellenwood, B. Eilman, R. Clark, B. Kemp, M. Schwarz, M. Miller, R. ODonnel, M. Bermel, J. Saunders, N. Thoreson **Row 5:** E. Olson, M. Mueller, T. Lewandowski, M. Anderson, A. Simpson, M. Oehler, D. Johnson, G. Kellermann, B. Schoonover, G. Hattlestad, P. Sobiech



Varsity Band B

Row 1: W. Anderson, A. Wolff, K. Cockburn, T. McKenzie, D. Cole, P. Hebert, J. Hageman, L. Barott, P. Karls, D. Nelson, A. Jarousek **Row 2:** C. Heckel, G. Hansen, A. Dahle, S. Houle, S. Temte, K. Bruce, K. Ogorman, K. Johnson, L. Sterner, J. Whitcomb, J. Erickson, M. Merrell **Row 3:** T. Belmore, A. Copeland, T. Castano, T. Eaton, D. Kniebush, R. Grussing, J. Miller, L. Belland, J. Moser, A. Olson, S. Fellows, K. Larson **Row 4:** K. Petricka, V. Voto, J. Johnson, J. Johnson, C. Kroulik, S. Okeson, R. Strickler, R. Skallman, B. Kluk, B. Sandahl, J. Porter, P. Burlingame **Row 5:** S. Barrett, R. Baumann, D. Boyum, K. Johnson, J. Ochocki, D. Yunker, J. Richey, E. Palmateer, T. Dill, D. Sicheneder, J. Rieck, C. Benjamin



Concert Band

Row 1: J. Corlew, T. Huerstel, T. Erickson, J. Ewings, E. Ochs, M. Schmidt, N. Turgeon, E. Hursh, C. Rhoda, T. Dehmlo **Row 2:** H. Skelly, M. Thoen, H. Halvorson, R. Olson, M. Miller, K. Hagaman, B. Ziellinski, B. Gleason, A. Wawers, T. Pikula **Row 3:** J. Womack, L. Cheney, S. Goebel, S. Reed, S. Searle, C. Hjort, C. Haag, B. Sargent, M. Stanley, M. Lillyblad, K. Riley **Row 4:** M. Mayem, A. Kanada, S. Flanders, D. Toutges, R. Mellinski, J. Nelson, E. Gebhard-Dawson, B. Suchan, J. Schultz, K. Prudhomme, P. Olson **Row 5:** J. Vincent, J. Biedler, D. Isaacs, A. Slowinski, K. Endres, R. Williams, M. Bulinski, T. Schardin, A. Rought, T. Saunders, C. Knox



Symphonic Winds

Row 1: L. Johnson, J. Dippong, N. Dunaway, D. Kluk, K. Schoonover, A. Jackson, E. Voto, C. Laurent, J. Colter, K. Peterson, C. Houdek **Row 2:** D. Rigoni, H. Wolfe, L. Kne, H. Levesseur, A. Palacheck, D. Erickson, A. Lundborg, A. Mettler, S. Goerss, B. Nordstrom, R. Schleicher **Row 3:** G. Detzler, T. Sandahl, M. Luger, E. Groshens, H. Flowers, J. Jarvis, R. Michaud, M. Radtke, B. Zaudtke, K. Sorensen, T. Liljedahl, C. Johnson **Row 4:** M. Norris, L. Nicholson, M. Smith, J. Rude, C. Luger, J. Brand, J. Hanna, B. Mullin, K. Lencowski, J. Anderson, G. Gilquist **Row 5:** L. Palacheck, E. Belmore Jr., W. Cape, G. Haasl, J. Anderson, N. Lesch, C. Kunkel, J. Mayne, M. Mettler, J. Johnson, L. Kosman, P. Nelson

Jazz Band

Row 1: D. Kniebush, S. Gordon **Row 2:** J. Anderson, J. Dippong, J. Hanna, J. Jarvis, R. Michaud, N. Mortel, P. Nelson **Row 3:** D. Rigoni, G. Haasl, N. Lesch **Row 4:** G. Gilquist, J. Mayne, W. Cape, T. Wheatley, H. Wolfe, D. Toutges **Row 5:** E. Belmore, T. Schardin, A. Mettler, C. Laurent, M. Mettler



People in Motion

As students worked on learning a world of new information in their academic life, they were also expected to learn more about themselves. During this complicated stage of life, students began to grow into individuals. Sometimes friends got closer, sometimes they drifted apart. The important thing to remember is that no matter what happened, becoming an individual is something that needs to happen to everyone.

There were many ways people expressed their individuality here at the Senior High. Some tried temporary changes such as bright nailpolish, colorful hair, or piercing various

parts of their anatomy. Others chose more permanent changes such as tattoos. Still others simply decided to dress in thier own unique style.

Another way in which students tried to learn more about themselves was to try some new activities. Some of the most well known of these activities were skateboarding and snowboarding. Others included rollerblading and hacky sacks. Yet another trend that people tried was spending time at coffee and bagel shops.

Regardless of how students chose to express themselves, they were all different in their own way.



Above: Jessica Swanson displays her multiple body piercings. **Right:** Daniel Johnson and Renee Michaud like to show off fashion choices. **Below:** These are four very popular shoe styles from this year. **Below Right:** Michael Nielsen is one of the trend setting bleach blondes. **Below Far Right:** Aimee Mouchet models her body art.





Above: Nickolas Carlisle takes a breather from skateboarding. **Far Left:** These are some of the trendy items seen in our school. **Below Left:** Melinda Mackenzie and Sara Nickelson show a variety of trends with piercings and jewelry. **Below:** Beth Carpenter and Cheryl Fischer can't bear to part for class. **Bottom:** Shawna Hoff, Michael Baker and Amy Nordling sport popular name brand jackets.



List 'O Trends

- Coffee/Bagel Shops
- Dance Clubs
- Snowboarding
- Skateboarding
- Mountain Dew
- Bright Nail Polish
- Neon Hair Dye
- Army Surplus
- Corduroys
- Disco Stuff
- Platform Shoes
- Black Lights
- Lava Lamps
- Plaids/Flannels



"I love to enjoy my daily espresso, and listen to DJ Deon."
-David Sallee



**It All
Comes Down
To This**

School is almost over
Everything will soon change,
Never forget all the great memories,
If life should rearrange.
Only a few days left of high school bliss
Ready to start the future,
So it all comes down to this.



Wingfest

1997



Top Left: Tyler Engquist, Brette Bleymeyer, Bobbie Jo Saxe, Shannon Peloquin and Jessica Tate try to move Chad Gustafson so they can help James Womack surf the net in the library.

Top Right: Elias Vogen shows Sarah O'Donnell, Jasmine Tennis, Ben Nagel and Thomas Campbell his balancing egg carton trick.

Bottom Left: Megan Kari, Deborah Dooley and Patricia Bobzin are toasting their friendship.

Bottom Right: Harlan Wolfe, Daniel Rigoni and Jared Jarvis patiently wait for the check, while Peter Nelson calls for the waiter.



It All Comes Down to This

Once the halls have cleared on the last day of school, it will mean summer vacation and then coming back for another year, but not for the Seniors. They know that they'll never have a reason to re-enter the doors of the High School once their diploma is in their hands.

Not to say that students wouldn't want to return, because leaving after

they've received their diploma means leaving a school they've come to love along with all their close friends and teachers.

Although it's hard to say good bye even to the smallest things, saying good bye while being a Senior is even harder because a twelve year chapter of their lives has been wrapped up in school, and it's all over now.

Times of happiness, times of sadness, and every feeling in between have been experienced at sometime by the Seniors. One thing was certain however, when all was said and done the class of 1997 walked away knowing that at Forest Lake High School, they experienced a little bit of everything.



Above: Emilie Buesing and Traci Faschingbauer take a break from learning the laws of physics in Karin Anderson's class.



Above: Peter Nelson, Brian Erickson, Andrew Elvester, Ryan Gryskiewicz, Kevin Kohn and Corey Lund seek their teacher's assistance for a group project.



Ericka Adams



Cory Ahlm



Tricia Ahndt



Michelle Aldentaler



Jeffery Allaman



Chad Allard



Jennifer Anderson



Mark Anderson



Peter Anderson



Sarah Antilla



Jessica Armstrong



Collette Aschenbrener



Benjamin Aschittino



Joshua Axzen



Shawn Bachman



Laura Bagaus



Melanie Bahr



Jonathan Barchenger



Amanda Bauer



Bryan Beck



John Belland



Edward Belmore



Catherine Benbow



Patrick Benjamin



Jennifer Bennett



Kyle Bennett



Julie Berg



Anne Bergstedt



Brandon Beseke



Nicholas Betz



Above: Breeze staff members Cory Kampschroer, Jeffrey Olson, and Matthew Houle are busy editing next month's paper.



Julie Biedler



Julie Bixby



Nathan Blake



Brette Bleymeyer



Ann Blocher



Grant Blumreich



Patricia Bobzin



Benjamin Bodenhamer



Hans Boese

What's your word of advice for your fellow classmates?



Sarah Boleen



Andra Bontrager



Grant Borle



Jennifer Bounds



Cameron Brandel



Emilie Buesing



Michael Bulinski



Tessa Bull



Julie Burth



Josiah Bush



Blake Bushman



Thomas Campbell



Christy Carlson



Melissa Carlson



Jay Carr



Dustin Carroll



Erick Carufel



Genene Cavegn-Burg



Lisa Cheney



Andrew Cheyne



Sarah Chilson



Above: Jacey Hanson, Brian Simonson, Emily Wenzel, Eric Michalek, Jessica Armstrong and Leah Hoheisel show that being friends means you can lean on each other.



*"Reach for your dreams
and don't sell yourself
short."
-Theresa Saunders*



*"Live long and prosper."
-Erin Schroeder*



Amanda Clover



Crystal Coddington



Heath Coffey



Jason Coleman



Nicole Colvin



Erin Cooper



Jason Corlew



Cindy Cormier



Virginia Coyle



Amanda Daninger



Amber Darling



Erich Dauffenbach



Toni DeChaine



Above: This calculus class is hard at work on graphing quadratic functions.



Jeff Demarais



Nathan Deschene



Greta Detzler



Kelly Devine



Brydie Devries



Jason Deyo



Lisa Dietrich



Joseph Dietz



James Dolphy

What is your most embarrassing memory?



Kimberly Donohoo



Deborah Dooley



Shea Doolittle



Nicholas Dreher



Neil Dunaway



Paul Eberth



Andrew Elvester



Above: Jane Gilles' class is all smiles while working on a reading assignment for College Composition class.



Justin Engles



Angela Englund



Robyn Engquist



Tyler Engquist



Randy Erdman



Brian Erickson



Mia Erickson



Ted Erickson



Meghann Erkkila



Michael Estes



Jeffery Ewings



Traci Faschingbauer



Matthew Faust



Jennifer Fellows



Joseph Ferraro



*"Walking into the wrong locker room when I had to relieve myself."
-Lisa Johnson*



*"I was pantsed."
-Nicholas Dreher*



Robert Fischer



Heather Flowers



Cristy Franssen



Jacob Frantzen



Douglas Franz



Lacey Franzmeier



David Friedrich



Karson Frokjer



Joseph Fromm



Chad Fugleberg



Kelly Gaertner



Jennifer Gaustad



Michael Gavin



Caroline Geiger



Nicole George



Will Gerten



Tiffany Gervais



Jennifer Geving



Vanessa Gibson



Julie Gilles



Renee Girling



Joseph Goettl



Matthew Goettl



Sean Goerss



Chancey Greenwald



Faith Griffiths



Elizabeth Groshens



Kerry Grzybowski



Chad Gustafson



Gavin Haas

What was your worst dating experience?



Jeffrey Hageman



Melissa Hagerl



Melissa Halvarson



Robert Hammond



Tiffany Hammond



Lucas Hanegraaf



Jacey Hanson



Joshua Hanson



Neil Hawkinson



John Hebeisen



Marc Hegler



Robert Herdina



Eric Herr



Teri Hewitt



Christopher Higgins



Michael Hildreth



Gerald Hilger



Angela Hjulberg



Thomas Hockett



Leah Hohelsel



Sarah Hoiland



Dawn Holland



Theresa Holmberg



Kelly Hopland



Caroline Houdek



Matthew Houle



Terence Houle



Christopher House



Neil Hubbard



Matthew Hudak



*"Me and Julie had blind dates... They were awful, but luckily our friend Bobby saved us."
-Elizabeth Moe*



*"Having my date point out her 'boyfriend' while we were at dinner."
-Matthew Faust*







Nikolas Hudella



Christopher Huls



Nicole Jarousek



Jared Jarvis



Kory Jensen



Adam Johnson



Christina Johnson



Lisa Johnson



Nicole Johnson



Raegan Johnson



Ryan Johnson



Shelly Johnson



Suzanne Johnson



Joshua Joyce



Joeleen Juelich



Michael Kaiser



Karriann Kamppi



Cory Kampschroer



Debra Kaphing



Jackie Karels



Megan Kari



Nicholas Karls



Steven Karstens



Jason Karwoski



Yerik Kaslow



Robyn Kassow



Melissa Katusky



Gregg Kellermann



Kari Kiekhafer



Sarah Kirberger

What are your goals after high school?



Michelle Kisrow



Jessica Klaers



Daniel Kluk



Lindsay Kne



Andrew Knutson



Kevin Kohn



Richard Kramer



Travis Krantz



Aaron Krueger



Cheryl Kunkel



Shannon Labernik



Jerome Lachinski



Veronica Lara-Kohn



Andrew Larson



Derek Larson



Kimberly Larson



Toni Larson



Kellie Lattin



Chad Laurent



Kyleen Lawrence



Amy Leavell



Trevor Leemon



Nicholas Lesch



Timothy Lessard



Heather Levesseur



Tina Liljedahl



Shelley Lincoln



Brandi Lindback



Nathan Lindberg



Robert Linwood



"To get a cosmetology license and have fun, then buy a Z71 Off-road."
-Tessa Bull



"Live with my dad until I'm 63."
-Will Gerten



Eric Locker



Chandra Lockert



Andrew Luedtke



Claire Luger



Margaret Luger



Corey Lund



Nichole Lundgren



Troy Lundquist



Ross Lushanko



Angela MacGlover



Carie Mackey



Shane Maefsky



Angela Main



Travis Marier



Above: Jasmine Tennis calmly explains to Thomas Campbell the basics of trajectory.



Vanessa Marrone



Laura Mattsfield



Dawn Mattson



Rizal Mawardi



Timothy Mayville



Barbara McCollum

What was your worst driving experience?



Kelly McConnell



Kevin McGuire



Erin McMahon



Marie Medek



Lance Melbye



Nicole Meli



Alexander Mettler



Eric Michalek



Joshua Michaud



Shana Miller



Melissa Miron



Matthew Moen



Above: January Brandt and Erin McMahon express their excitement about the new art project they are about to begin.



Kellie Moline



Jessica Monson



Nicholas Monzel



Natalie Mortel



Nicole Mortimer



Crystal Murphy



Dawn Murphy



Jason Myers



*"Besides the accidents,
tickets and ditches, pretty
much any time I got
behind the wheel."
-Jacey Hanson*



*"Getting rides in
Benjamin Stream's
Mitsubishi that has a
lawnmower like engine."
-Alexander Mettler*



Ben Nagel



Aimee Nelson



Angela Nelson



Jeffrey Nelson



Katie Nelson



Peter Nelson



Robert Nelson



Ranaye Neudauer



Elizabeth Neudecker



Aaron Newton



Laura Nicholson



Michael Nielsen



Tanya Nogle



Jill Nohava



Abigail Norbin



Katherine Nord



Amy Nordling



Matthew Norris



Jennifer O'Brian



Patrick O'Brien



Charles O'Connor



Ian O'Dell



Sarah O'Donnell



Brian O'Gary



Nicole Obrestad



Nicole Olmsted



Jeffrey Olson



Jeffrey Onell



Tami Organ



Lisa Palacheck

What is your idea of the perfect date?



Nicole Palmer



Justin Paulick



Danna Pearson



Ryan Peloquin



Jodi Peltier



Brandon Perry



William Perry



Melody Petersen



Andrew Peterson



Corey Peterson



Kristi Peterson



Megan Peterson



Jeremy Pflugradt



Lesley Phillips



Helen Pickering



Brandon Pigman



Aaron Pomeroy



Melissa Powell



Tamara Powell



Joshua Prestegard



Steven Radtke



Alan Ramse



Paul Ramseth



Nicolas Ramsey



Melissa Redfield



Jason Reed



Nicholas Reitter



Steven Remley



Colette Rice



Tania Richter



*"A picnic by the St.
Croix."
-Jennifer Bennett*



*"A romantic candle-lit
dinner at McDonald's."
-Eric Michalek*



Above: Freshman Writing students Heather Rood, Kelly Devine, Anne Bergstedt, Shannon Labernik and Amanda Bauer are waiting to get topics approved by Ms. Elkren.



Timothy Rieck



Jolene Rieger



Daniel Rigoni



Blake Rivard



Jessica Robertson



Shawn Robyn



Zachary Roeder



Kendra Rohwer



Heather Rood



Joshua Rosenow



Greg Ross



Alecia Rought



Jennifer Rude



Brook Rutten



Elizabeth Ryan



Martin Rychley



Tracee Sandahl



Denita Sassor



Bobbie Jo Saxe



Rebecca Schleder



Dina Schmidt



Max Schmidt

What is your best excuse?



James Schneider



Ryan Schoenberger



Leah Scholl



Kurtis Schoonover



Lee Schroeder



Shawn Schulte



Kimberlie Schwarfen



Jason Schwinn



Helen Seavey



Thomas Seller



Maria Selby



Joseph Severson



Matthew Shelafoe



Ryan Simmons



Brian Simonson



Jody Simpson



Melinda Sinn



Melinda Skallman



Heidi Skelley



Meagan Smith



Tanya Smith



Matthew Sobiech



Above: Joshua Wenzel, Matthew St. Martin, Vanessa Gibson and Elias Vogen are concentrating on finishing their calculus exams on time.



*"It's kind of a girl thing."
-Emily Wenzel*



*"My printer ate it."
-Timothy Mayville*



Kristina Sofie



Melissa Sonnek



Paul Sosniecki



Brian Spinler



William Spletstoeszer



Matthew St. Martin



Jon Staloch



Above: Daniel Kluk, Faith Griffiths, Emily Wenzel, Elizabeth Ryan and Melissa Stenach are putting the finishing touches on a poster for psychology class.



Thomas Staloch



Dustin Standridge



Amber Standaert



Jeremiah Steffens



Thomas Stelmach



Melissa Stenach



Jeremy Sternhagen



Mary Stohr



Benjamin Stream



Phillip Stub



Christa Sturman



Bryce Suchan



Jeremy Suttton



David Syverson



Jessica Tate

If you could change anything you wanted about school, what would it be?



Janela Taylor



Holly Tellin



Jasmine Tennis



Misty Thoen



Karen Thueson



Jennifer Toepper



Kari Tomlin



Derek Toutges



James Trezek



Jon Tschida



Jill Urevig



Alison Vejtruba



Elias Vogen



Above: Zachary Roeder creates his dream house in Archetectoral Drawing.



Mary Vogen



Joseph Vomela



Matthew Wagenaar



Robert Wagner



Jennifer Wahlgren



Aaron Wassman



Sarah Webber



Travis Weist



Nicholas Welsch



*"Open campus and more
time for lunch."
-Laura Mattsfield*



*"Less classes, more free
time."
-Ian O'Dell*

Good Luck Class of 1997



Alexander Wenzel



Emily Wenzel



Joshua Wenzel



Lisa Wenzel



Andrew Weygand



Timothy Wheatley



Tina Whitters



Robert Wielinski



Rhianna Williams



Monica Wilson



David Windmeier



Jennifer Winkelman



Harlan Wolfe



Natasha Wolfe



Douglas Wollin



James Womack



Jennifer Womack



Dale Wood



Timothy Workman



Richard Wurdemann



Hillary Yunker



Christa Zerwas



Trisha Zerwas



Lisa Zierner



Nicole Zierman



Robert Pierre



Mark Hauge

Senior section completed by: Julie Bixby, Emilie Buesing, Cathleen Hess, Amy Nordling and Rebacca Skallman.

Senior Biographies

Listed as follows: Name; Nicknames; Activities; After high school plans; High school memories (ellipses indicates none listed)

A

Adams, Ericka: Air-wicka; 5:30 AM hockey practices, editing the Breeze; go on a road trip as K.W. & B.D.'s groupies; festivals, blond guys, my car accident, cussing, 5-5-95, Spring Creek Nationals '96, Melvin, Myron & Kelly, "I love you Kevin", We found it Rare Bear - 7-10-95!, LONG LIVE THE DANGER!, State Fair Rodeo '95

Ahm, Cory: Karch, Izzy; Cross-Country, Track; go to UMD and become a police officer, get married to Madonna, Anarchy Night Part 1, the cup of water in the face - all three of them, CG '94, '95 and '96, White Zombie concert, when G.B. wore the devil mask, Cory Rotten & Ben Vicious comics, white water '94, '95 and '96, me, A.N. and F.S. in "the accident", New Year's Eve '96

Ahrndt, Tricia: Trish, Trish, Trishy, Tricia-Bell...; get married to my little angel & have two boys, move to Hawaii; Christa, Faith, Christy, Joey G., Bobby, Josh, Andy-Goods, Moen & Joey L., St. Cloud hotel party, Duluth, camping, The Love Machine, Huggy-Bear, Sunshine, Foo-Fee, the Mazda, laughing with my best friend Chris

Anderson, Mark: Marquee Mark, Cheech, Junior...; Learn something, go to college, party, have fun, have kids, get rich, get famous, quit dreaming, snowdays

Antilla, Sarah: Crash, Saliree; FFA, 4-H, Academic Decathlon, Band, Music Listening Contest, NHS, Speech; Go to college for a career involving American Sign Language; Going to prayer group in the mornings, being together with my friends and speech overnights

Armstrong, Jessica: Rae, Jessi Rae, Jessy-Jess; Student Council, Circle of Support; Get smarter, marry someone to grow old & watch TV with, move to a warm sunny place, have kids, and live happily ever after; Olive Garden '95, b-day buckets and cake, thrash thrash thrash! radar, double gets, I'd rather date Mr. Connor, Killer's band parties, John Michael with E.M. and B.B. '95, C.C.'s rats, "Oh just put it in the back" S.H., Country Jam '96, Q.J.'s el-rafte, pool parties with klg, car rides with B.B., State Fair '96

Aschenbrener, Collette: Colletti; Soccer, Ski Team; Go to college, travel to Paris, party, get married, have a family; Prom '96, "The Shack" houses, New Years '94, Soap Opera '96, Coffee talk, Whopper Wed., Moynagh's, flote-rite, the "maro", All my girls, Always and Forever B.P.W.

Aschittino, Benjamin: Benny, BJ, Neb, Bing; Football, Basketball, Track; Own a trailer park, marry an exotic dancer named Bubbles, have 2.2 children, get fat, and die in an easy chair, Would ya?, 1, 2, Dark Horse, Goat Farm get together, The cliffs with DL, BB, AK, & SM, Main Event, "Batterscoatch Yo!", Getting arrested at a hockey game, gettin' sloppy with MN, 3rd-5th of July, 5:19, my buds DL, MN, and TB

Axzen, Joshua: Leonard, Dog; 10th Baseball, dedicated fan, party, go to college, hang around; Farm party '96, Gem Lake, Vanessa's, Wassman's, weekends, cards at Frokjes, Beavis, Grad parties, all of July at Karson's 10th grade, summer of '96, going on the lake, all of my awesome friends

B

Bagauss, Laura: ...; soccer, basketball, track; go to college, have fun, and be happy; parties with my friends

Bauer, Amanda: ...; Debate, Speech, Knowledge Bowl, Music Listening, Student Congress; go to a small co-ed college, major in psychology, travel to Europe, teach & learn, find true love, help people with their problems, enjoying every moment of life; Watertown '95, debate parties, Lakesville, lunch table conversations, Mountain Dew, Eagan '95 and '96, playing Uno at Hopkins, Traverse City, Six Flags, swimming fully clothed in Lake Michigan

Bennett, Jennifer: Jennie, Jen, Spice, Bennett, Jennie Mae; speech, tennis, Junior Class Council; Go to college, get married and have kids, and have fun always; Spring Break with S.K. & K.G., New Year's '95 with S.K., K.L., & C.M., "Lean back", getting lost in St. Paul with S.K., "What?", "Hey Jules, want to go driving?", cruises with A.M.N., Florida with S.K., pager talks with A.M.N., "Excuse me Aim...?"

Bennett, Kyle: Beavis, Frenchy, Bennett; basketball '95, '96, and '97, baseball '95; Party, go to college, become really rich, get married, retire, play golf, homecoming '95, '96, '97, High Bridge Fall '95, nights at Reed's house, Chad's house, last day of school '96, "Gem Lake", "Duluth" and Gooseberry Falls, Boston Summer '96, Rochester '95

Berg, Julie: Jules, Frog #2, Beaver; J.V. football cheerleading 10th grade, varsity boys basketball cheerleading 10th, 11th, 12th grade; raise and shave beavers; Rochester '95 with L.J., S.K., J.J., N.S., N.T., summer of '96 with L.J. & M.K., Jr. skipdays with L.J., D's house with K.M., D.M. & J.J., "The Ribbit Mobile", WOO HAW!, "Excuse me Mr. Bouncer"

Bergstedt, Anne: George, Anna, Shorty, Belle, Fire Ball Four, Frog, Bergie, Annie, Annabelle, Banana; volleyball, choir, plays, friends; get married, tell people about Jesus, whatever else God has for me; S. Padre Island, my sister-KJT-Aug. 16, sturicy-cookies with "The Boys", spying on M & B, Bugs MS & BN, Marmio, Skipday Accomplish, laughing-crying, Why aren't we married yet? Where are the grooms?, praying, haircuts, Ralph, Romans 1:16, Bagel buns tag-along, talking, me!, Be strong in the Lord! Revivals coming!

Biedler, Julie: P.G. Jules, Tigger; band; go to college & continue to grow in my business; D.G., North Branch, knives and scissors, "Why are you crying?", hand thing, guy taking pictures at Wal-Mart, Wed. nights, Civic Center, Grantsburg, Turtle Lake, Arby's Maplewood

Bixby, Julie: Jewels, Boots, Tiger, Pumpkin, Amigo #3, Ju-Ju-Bee's, Jo-Baby, Julie Lynn, Jelly, Goocy, Miss Bixby, Bix, Bixbers, Shanika, Blondie, Rapunzel, Yearbook; hanging out with friends, football games, Go to college, get married, travel, buy a Dodge Viper, and have lots of children; I will remember all of the time I spent with my closest friends-S.S., C.H., A.N., A.C., A.E., G.L., B.T., M.S., J.B., and J.G., Prom '97, bowling with my buds, Yearbook, "Hey Corey, want to go driving?", magenta crayons and bread bowl salads (Luv ya Aimers!), Anthropology and Ancient Civilization, mini-golfing at the Mall of America.

Bleyemeyer, Brette: Brett, Sparkles, Ghetto, Sla Low, smuggle bunny, Volleyball, Basketball; If all goes well I will go to an art school in New York and become a well known fashion designer; 1995 New Years Eve with M.H., S.H., D.D., A.D., Steve Miller Band with S.H., going in the swamp with S.H., cliff jumping with B.D., my love L.S., the soule pierced man, Region bus with F.S. and the microphone man, Olive Garden '95, I would rather date Mr. Connor!

Bobzin, Patricia: P.B., Patty, Bobby, Poopsey, P.P., Tatty, Peeps; Volleyball, Basketball; go to college, get married; Farm Party '96, Gem Lake, Grease nights, Carlos Avery, Grammes, Lake City, Hair Cows, Dancing Queen, Prom '96, billboard, funny nights with M.K., Mille Lacs, + my pookey S.A.R.

Borle, Grant C.: Courty, Orville; Debate, Speech, Student Congress; upon graduating, I want to learn business, economics, and law so one day I'll be respected (and on T.V.); Caps, putting on Steve's bra, G.O.P., Iggy says "B", Sam's office, Baby Seal Beaters of America

Brandt, January: Jan, Wary, Cat Eyes, Soul Sister, Soccer, Track, Hockey, "Godspell", "Father of the Bride", "Little Shop of Horrors", Skitsos, Student Council, Choir; go to college, major in business and theatre, get married and live happily ever after; 9-5 E.M., J.A., dance like children of the night S.W., Walker, Ronnettes E.M., J.L., toast of the town, Ya-Ya L.Z., B.G., Threesome A.N., B.M., Prom '96 M.M., chocolate doughnuts, Kupericus

Bruzek, Janell: Nelly; Basketball; go to college, move out & work; dance clubs, "Where's the white guy?"; D.D. & L.M., basketball with all the girls

Buesing, Emilie: Em, Mem; Soccer & Basketball Cheerleading, Yearbook, N.H.S.; Move out, go to college, become a teacher, marry a successful man, live happily ever after; deer crossings & trip to Wisconsin with T.F., morning rides to school with T.H. & T.F., M.P.F.I., Blue hair boy saga, Prom '97, Vickie

Bull, Tessa: Tushes, Tes, Tesla, Tescha; Basketball, Library Aid; get out of Flake, get a cosmetology license then go to a 4 yr. college, get a 271 offroad, be happy; getting out, Brooks-n-Dunn, friends, surgeries & hospitals, S.C.'s punch, AIG

Burg, Angelia: Burg, Arg...; get a good job, marry M.J., be happy; summer of '95, Easter break '95 with Sarah K., Summer of '96, meeting M.J., all my great friends

C

Carlson, Christy: Chris; partying...; leaving, partying

Chayne, Andrew: ...; Forensics, Knowledge Bowl, Math Team, Pep Band; go to college, grad. school, explore every possible corner of the Earth, find some way to change the world, marry a wonderful woman, and finally, be paid to think, not work, Sean and his beliefs, Economics, infinite wisdom, Marshall and DOS, fire & random impositions of The Evil One, Aleesha and her oranges, Meg, her face, and the Valley HS hallway '95, all of my Nationals experiences, Megan & Enya, "X-Files", Alans, and teaching me the most valuable lesson I've ever learned

Ciesielski, Paul: Amigo #2; skipping school, avoiding class, out of class activities, trying to get Outdoor Ed for the whole day; pass out, become nocturnal; riding the German desks, waking up at the next class's tardy bell

Cincotta, Austin: Texan; Hockey, Football; get a job, go to parties; homecoming 10th grade year, meeting and going to prom with A.G., homecoming '94, the football games, Montana, getting to drive, Women suck

Clover, Amanda: Manda, Muffles; I was not involved in anything except choir because I don't like anything else; I plan to move out with my boyfriend, party for a few years, then finally grow up & do something with my life; The 1996 choir concert at the Bethel auditorium

Coddington, Crystal: Slim, Red, Chris, Little One, TROUBLE, Little Miss Innocent; Wrestling stimulation, FFA officer, Tri-County Youth and Family Partnership, Community Services Advisory Council, Youth Development Advisory Council, Youth Summit, Theatre, North Central Rodeo School, International Arabian Horse Assoc.

Get a degree in Equine Studies, train and show Arabian horses. Get married and live on a nice big farm with a good looking truck, a good looking trailer and my cowboy... getting snowed in on 11-5-95, Sha-zam! Arizona '95 with T.O., State Fair (Rodeos, smokin' armadillos & Joe Bower)... Carver Co. Fair...STA Stud! Mowarella sticks. Hibbing...homecoming King? Wrestling, all of it. Spanish with Keith and Tami. Mr. Nelson, Tanoir (stadiumflin of soph. yr.) Uncle Les, Willow. Rec. directors in big red bows & of course WRANGLER PATCHES!

Cooper, Erin: Coop, Goops, Coopster, E; Gymnastics, track, FGA; party, college; get married, work in emergency room; State Gymnastics '96, Track '96, Lake Owen (Tubbs), Okotome; Prom '96, Hangin' at Hippers, State Fair '96, Southdale, Partying in Fargo, "You look like a doile", Power Rangers, "Oh, my nose!!!" Pledge! Mashed Potatoes!!

Corlew, Jason: Gore, Corlew, Corbskrew; Explorers, martial arts; Go to college for Law Enforcement; Will be Graduation

D

Daninger, Amanda: A.D., Deer on ice, A44, Mandy, Rod'e'e, A-man, Awomanda; Student Council, Volleyball, Basketball, track; Go to a 4 yr. college and play volleyball. Establish a career. Find the right man, fall in love, marry; be rich, and have fun; New Years '95 -Tim McGraw concert with D.D., B.B., S.H., We Fest '96 with my sis, Lara & Angie, Sophomore retreat, Basketball '96 in Hibbing and Fischer's after Prom '96 with B.N., Track '96 with D.E., R.B., State Fair '95, '96, Girls night out with S.O., T.G., J.T., Hockey Games and Sarah's house after, Bonfires at my house, sledding at Sarah's house, and like always playing Volleyball and Basketball.

DeChaine, Toni: Marie, Curly; Yearbook, The Breeze, photography; go to college in Duluth and study psychology, get married and have kids, and live in a big house; Prom '96, being on the Yearbook and Newspaper staff, and having great friends like Chris S., Mandy W., Janela T., Amy N., Misty T., and lots more.

Detzler, Greta: ...; Band, Track ('93-'94), Circle of Support; go to college then get a good paying job with the state, go in the National Guard and play drums. All the fun in the auditorium! (Speakers, class meetings, presentations etc.)

Devine, Kelly: Kel-Kels, Kel-Kel, Kel-Bel, Kelster, funnyfoot, Echo, Kelly from garden center, Wal-Mart Queen; cheerleading, soccer, math tutor, NHS; go to college, become a chemical engineer, get married to Tim and have a family, and be happy; Wally World crew nights at Perkins, 25.3, Rudy, Prom '96, Tim, Halloween '95, summer of '96, Rochester '95, 4-3-96, 8-24-96, Valleyfair '96, late phone nights, dozen roses, Mall of America with TM, SE and AN, weekend in Mankato, Renaissance '96, Prom '97, the star.

Devries, Brydie: Poopsie, Bird, Birdy, Bird seed, chunk normal, BA; Volleyball, NHS; Go to college on a volleyball scholarship; Cliff jumping with B.B., Partying with L.B., Valleyfair with B.K., Homecoming '95 with B.K. and L.B., Shame's, Jammin' with B.B., Fishzailin' with C.S., just being with S.G., Getting "toned" with J.E.

Deyo, Jason: Jay, Day-o, & Dale; PSEO; go to Century, get (AA), then go to an out of state college; Hangin' & chatting with all my friends during lunch: Jacay, Dana, Jessie & Josh. And rolling my car.

Dietrich, Lisa: Lis, Sally; Track, Choir; go to college, meet the man of my dreams, or a professional hockey player, get married & be happy; J.J.'s week long party, late nights at Strait Shooters, "How's your Aspen?", mornings with S.S., "Frank", "The goods", S.F. concerts with J.H., A.V., S.S., K.G., falling with C.Z. at B.L.'s, lunches, N.H. breaking the shower, the P.S. with Kelly G., laughing with everyone sharing & making memories, I love you guys

Dooley, Deborah: Dools, Deb, Doo Doo, D42; Basketball '95, '96, '97, Volleyball '94, '95, '96, NHS, Track '95, '96; Go to college, find Right (a pro basketball player K.M.), have a career and be happy. Then I'm gonna have a family with 2 kids; 1995 New Year's with M.H., B.B., S.H., A.D., Basketball with R.E., J.B., L.R., F.S., P.B., L.B., JRPC, Royalty with L.R., J.S., J.T., D.H., M.S., P.S., "Where's the white guy?", J.B., L.M.

Dreher, Nicholas: Nitty, Shank; Studying; Go to college and become a Law Enforcement Officer and marry Sarah. Have 3 children. Become a politician; Just hanging out with my G's, Lunch table conversations, and having a blast. Big Bird and Snuffy.

E

Endres, Keith: Chainsaw, Ragnarok, Freak; Ski Team, Youth Ministry; Mr. Thompson's Ancient Civilization Quiz.

Engquist, Robyn: Olive-Oil, Beno; Basketball, Track, Volleyball; Go to college, play basketball, go to the NBA, make money and marry Jeremy Green and have 3 kids; Basketball with Janell & Debbie. Prom '95. Doing everything with Jeremy. Having Ashley.

Engquist, Tyler Ty, T.J.: Football, Baseball, Wt. Training; Go to college and make millions; Football, Roseville '95, State Fair concerts '95 & '96, New Years Eve '96.

Erkkila, Meghann Mugs, Meggie Mae, Erky, Shauk, Tennis, Student Council, band, marching band, Go to college; Marching band trips: Calgary, Washington D.C., Michigan, Pep band with everyone, The Outta board, Having fun with M.M., D.P. & K.E. 10th grade tennis with S.A.

F

Faschingbauer, Traci Trace, Trai, Trai-G,0044: Football cheerleading, wrestling cheerleading, Choir, NHS, Go to a good college, marry a smart, funny man; Cheering, Wt Delis - 12 & 13 with M.S., France Trip with T.H., Prom '95 & '96, MPP, Taco Dares, Hardie's & cows with E.B.

Faust, Matthew Big Papa, Cheech, TKI, Hot Metals, Gold Metals with Pogreba, Cliff Jumping with C.G., Party every Friday, Saturday and Sunday with B.R. and A.G., losing my hearing in J.B.'s car; College, become a hardcore motorhead, Dukes of Hazzard; Hangin' out with Joel Nicholes, Partying while holding a 4.0 GPA, screwing off in Mr. Gaines' classes, working on motors in Mr. Netteberg's power mechanic classes.

Fellows, Jennifer Jenny, Jen, Je'nan (Forrest Gump) Squeaky, Squeaks, PJ Jr., Larry, Emmy; Sophomore, Treble and Concert Chorus, Youth Choir, NHS, I'm going to attend UW-Eau Claire and study to be a nurse. After college I'll find a job, make big bucks and marry the man of my dreams; Moving here from IA, AP History, homecoming '95, code names, Chicken Boy, Treble Choir festivals & OCB, GGM, Mr. Crowl in the pants, 4th of July '95 & '96, Prom '96 with Paul, Jason, S.E. my bro, Wal-mart and co-workers, Perkins, Sara and Alfred, Blond X-mas, Prom '97; Variety is the spice of life!

Ferraro, Joseph Football, Track, Baseball '95, NHS, Play college football and become a teacher and coach; 4th of July at St. Martin's, Halloween '95, July 25 at Columbus roof top, Monday Night Football '96.

Flowers, Heather Speech, Theatre, NHS, Band, Marching Band; Go to college, major in Biology; lead a happy, successful life; Godspell, FOTB, Girl Fests, Washington D.C., Michigan, "The Dementors", B.G., G.G., and all "the kids" - Thanks & Everything else!

Franssen, Kristy Turtle; Softball; Go to college to become a Psychologist, Get married, have kids, BE HAPPY; Hanging out with my friends - and Prom '97.

Franzmeier, Lacey Lancy or Fran; Girls Varsity Hockey Team; Go to college and study sports medicine; The White Bear Lake hockey brawl that Jenni Rangtich, Jess Fedler and I were in '96 hockey.

Frokier, Karson Kars, Frok, Hockey, Baseball, Go to college, have fun, enjoy life, someday be rich; The crew, Prom '96 & '97, High School Hockey, Duluth, Casino Runs, Gen Lake after hours, Farm Party '96, Boston with Beavis, My house July '95, House's, High Bridge, Schlogger, The Nissan, May 11th '95, The fields, Mort's Court, Homecoming '96.

Fromm, Joseph Jose, "Huggy Bear", "Fole", Teddy buddy; Skipping Outdoor Ed-Making noise, Walking in the halls with Tricia, ..., Moen, Faith, Goods, Jill, Ai-mee, Cory, Gerry, Frau, German, Military, college, marriage to Jill Kline, Job at the White House, Go to Germany; Bringing a frozen squirrel in school and dressing him up and bringin' "Sarah Jewel" around school, Tricia, Faith, Darrel, Moen, Goods, ..., Jill, Havin' these guys around, not just friends.

Fugleberg, Chad Fugi, Fuges, Football, Ski team; Move to Colorado and go to college, get a good job & become rich & famous, be in 2002 Olympics; J.J.'s House, Gator rides, Joe Jackets, Hammer, PUGHS, S.M. with Jessica shooting stars, Prom '97, A girl named Jill, Hot tub party.

G

Gaustad, Jennifer Jen, Stupid Girl, Goofy, Dopey; ... I go to school in Winona, spend lots n' lots of time in Trempealeau, WISC. and be successful at whatever it is I decide to do!!; Going out with Alex Lindstrom, the sophomore retreat '96, Matt, Trevor, the duster and the Impala, "H", Red of Roses, Paul Brant, The fourth of July my senior year, My 18th birthday...and Bobbie!

Gearin, Angela Gearin, Gears, Ang; ... Travel the world, marry a rich, good looking guy and then open a Beauty Salon; The football game on My 16th birthday with S.P., B.J.S., and J.R. at L.A. Nails, Homecoming '94 at McDonald's with A.C., Prom '96 "It's a Monsoon" Party with Bobbie Jo and J.R., Where's Hollywood?

Geiger, Caroline G2, Geiger, Gert, Tiger, Carrie, CG; Soccer, skiing, student council, circle of support, student advisory, Go to college, Football games, being with friends.

Gervais, Tiffany Munchkin, Tirl, Tilly, Tiff, Tennis, student council; college, marry the man of my dreams, J.P., be rich and live lavishly, State Fair '95, J.T.'s house with S.O., A.D.'s bonfire and "The Gang", "double gets", S.O.'s house after hockey games, Lunch with B.A., C.G., P.T., J.J. and M.V., Olive Garden with S.O., A.D., B.B., M.K., J.A., S.H. and E.M., Melrose and Beverly Hills nights with J.P., FRIENDS night, girls night out, my greatest memory always and forever J.D.P.

Geying, Jennifer Jen, Jenny, Cj, Lumberjack, Jenny; Speech, Band, NHS, Go to college, friends, BWCA with NHS, 5th hr. anthro, Paris with J.G.

Gibson, Vanessa V, Nessa, Vista, Ivy, Vista Rose, Volleyball '95, '96, '97, NHS, Student Council '95, '96, Track '94, '95; going to college, have a career, marry and

have kids, FARM PARTY '96 & '95, Dancing Queen at Prom '96, Limo ride to the Prom, Mall of America with Bobbi and Liz, chain gang, Herb girls, Steve Miller Band, 3rd of July, Carlos Avery, Grease Night, "my girls", camper parties with C.C. and B.D., C.S. and L.B., Best Friends Forever R.N., L.R., P.B. and M.K.

Girling, Renee Spike, Nay, Bligh; Hockey, Soccer; Go to college, play hockey, get married and have some kids; Homecoming '95 & '96, Prom '97, Duluth with B.R., D.S., J.E., Whopper Wednesday, Dancing with A.B., D.S., L.M., J.B., M.P., Hockey, Soccer, Tacobell, M.J., Johnson Football Games and Dances, G.X., F.S., I.R., S.L., and always and forever Brian Romero.

Groshens, Elizabeth Betsey, Betty-ou, Oodlesman, Beto, Blue, Boop-A-Ding, Betsey Plain & Tall, Swim Team, Speech, Theatre, NHS, Band, Jazz Band, Marching Band, Orchestra; go to college and major in communications; Swim Team sections '93-'97, girl fests, FOTB, "the dementors" pic!, Washington D.C., Michigan, Oaji with K.N., D.P., and me, "TIMEZ", and the kids!!

Gustafson, Chad Goose, Twink, Oog, Sponge, Gustov; Golf, Hockey; more school, "Tollar to Dodd", We fest rides in '96, "Chicken", Get along gang State tourney, 1, 2, 3 Dark Horse, Would ya, great times with S.O.

H

Haasi, Gavin G, Gav, The Human Metronome, Captain Wussy, Opening Height, Cashier Gavin; Soccer, Basketball, Track, Jack Band, become a Phy. Ed. teacher like Mr. Gunderson, become rich, marry my girlfriend, conquer the world; Pep band, Vining, Show, May 21st 1996, Prom 1997, our little scheme

Hanson, Jacory J.C., Jac, Ste, Track, Tennis; go to college, fall in love with a rich, handsome man, then get married, have a kid and live happily ever after; Subway, summer '95, my #25, cop car with E.W., K.L. and B.W., McDonald's pole, track tacks, lifting-sumo of '96, State Fairs, Winona, W.C. with Tiff, Canon '97, S.D.'s at the apartment, road trips, boats, cabins, old friends

Bewitt, Teri Tare, Teri Annie, Ski Team, Soccer; go to college, get married, have kids, have fun; Prom '96 with M.K., Rochester, wrestling, movie night with A.N., M.P.F., France with T.F.

Hoheisel, Leah Bolt, Twiggy, Crash, Runaway, Stick Chaser; Slalom Race Team, Girls Track, NHS, Circle of Support; Air Force ROTC, be a fighter jet pilot, cut a demo, marry and have a family; Prom '96, Elmo and all it's adventures-trees, vans, ..., O.L.C., homecoming '95, Tim McGraw and Faith Hill '95, Brooks and Dunn '95 & '96, Alan Jackson '96, Skycoaster with S.S. and E.W., Ski Team and best buds with K.L.I., Track Scratches with G.G., A.V., E.W. and J.H., Winona visits, Twister matches, water skiing attempts, Rollerblading adventures, Spring Break '97, friends C.W., M.E., C.M., A.E., and J.O.

Holland, Sarah Little One, Smurf; Softball, Volleyball, NHS, PAC, Circle of Support, tutoring; go to college, get married, and be happy; concerts with B.B., New Year's '96, chillin' at Chad's, road trips with L.B., softball gatherings, cruisin' in the Little White Car, and the Goat Farm

Hopland, Kelly Cruited, Rabbit; Gymnastics, the unmentionables; move to Wisconsin with my cruiser, go to college and work, then live it up; the summer of '96, guys at the State Fair, going out cruising, getting to know Cheryl, crashing Perkins, Wisconsin, going out in the boat, "I am a deer!"

Houdek, Caroline Band, German; go to college and become a photographer or writer, Pep Band, prayer group, Photo class, girl's night out, and hanging out with friends

J

Johnson, Christina Hoover, Christy teen, Futon; Wrestling State, Circle of Support, Band, Be-a-Buddy, Sophomore Retreats, college at the U of M; "Dust on the Bottle", DWIT, Hibbing, Stripes, Stars & Stripes, Big Turkeys, bean soup, "Snowed in", double dates, Shawn and Justin, Ben, Tanti, Tina, sports events, Wrestling, Retreats, FME'S, SWBG, Red line

Johnson, Kristina Kris, Crusty, Little Red, Gus, Bert, Piglet, Smiles; Choir; go on to college and major in psychology, travel with my best friend Melissa and closest friends K.B., M.M., K.S., A.C., I love you guys; Taco Daze '95, football games, homecoming '95, all the crazy nights with M.S., K.B., A.V., L.D., K.G., J.H., K.S., P.S., E.D., L.O., B.R., A.L.

Johnson, Lisa Frog, Beaver, DJ's Girl; J.V. Football Cheerleading 10th grade, Varsity Boys Basketball Cheerleading 10th, 11th & 12th grade, Chamber Chorale, Circle of Support, Hockey, "Toast of the Town", college far away, medical school, become a coroner and specialize in the identification of unknown diseased persons; Cheerleading-Rochester, '95 porn pictures, S.K. & J.B., Duluth '94 & '95 bus rides, homecoming '95, Angel Eyes, Willow River with K.K., Mary Jane & Frog #2 "The Ribiches", Prom '95, B.K., M.K., K.A., Ri Radam!, Maefsky's, my love - Benjamin James Kroak

Johnson, Raegan R.B.G., R.J., Fritz; Gymnastics, Track, NHS, FGA; go to college, become a doctor, get rich, have a big house, and then tour the world; Gymnastics state meet '94, '95, '96, Gymnastics and Track regions, having great friends like J.G., E.C., & K.H.

Johnson, Suzanne Smiley, Cleo, Suzanne, Goofy; Speech, O.M.; go to college in Wisconsin, get a high paying job and live happily ever after, j'aim regarder les oranges, O.O.C., WBM, "When I'm 64", M.H.K. flowers, Mr. Thompson's wall, the quote board, Hot Guel, Comedy Olympia, Oxygen!, Hell, tattoos, Marshall is our love God!, ORANGES!

Joyce, Joshua Peanut, Midget Hockey; ... our week long party at my house, low house, Rage Against the Machine concert, Christa's parties in Woodbury, working at Roselawn Cemetery, the brawl at Shane's party

Juelich, Joellen Jo, JoJo, "Beauty Queen"; ... go to school for nursing, Perkin, Football games, "Mouser's" house, "Snowball", the fields, the bridge '96, skipping class, "George", the girls, "Mort's Concert", homecoming, "The Nissan", and KLB

K

Kaphing, Debra Little Debbie, Deb, Debbie-Do; I played softball in tenth grade; after high school I am going to become an RN (Registered Nurse); Don't have one

Kari, Megan Megs, Meggers, Memors, NAGEM, Tegs, Volleyball '94, '95, '96, Student Advisory Board, NHS; go to college, find Mr. Right, make a lot of money, and be happy forever; FARM PARTY '96, State Fair '96, Prom '96, Granny's, skippin' with K.B. & K.F., skipping with the gang, 3rd-4th of July '96, camping in L.C., Grease night, BK with J.S. & P.B., Tom Thumb, 50 yard line with my girls, the many funny nights with my best friend ever P.B., and countless, wonderful memories with the best guy ever A.W. - the possible Mr. Right

Karis, Nicholas Vic, Rick, Golf, Football, NHS; go to Arizona State, golf my life away, get married and have a family; concerts- White Zombie, Smashing Pumpkins, GWAR, Radiohead, Two-bit Thursdays at the dog track, going to the casino, parties, fun

Kaslow, Yerik Mr. K, Mr. Potassiumhead, Yerik K., Y-Man, Slim, The Smoker, The Criminal, Yerkit, all my friends, German, Debate, being a lab rat, Speech, Student Council, Morning Announcements, Playing Magic in the library in 10th grade; go to a 4-year college, double majoring in psychology & German and minoring in philosophy, marry a beautiful & wonderful girl and be rich; Bowl 'O Rama with T.R. & A.N., First Ave, Europe '95 with Pete, Hep Cat, Freck, and Boozier, egging a cup!, shooting oranges at C.P., E.T., N.L., A.S., N.K., T.R., A.N., Fran F., C.P., D.K., T.W., M.O., R.B., P.N., Grubbs, Schuih, Ms. Cheyne, doing everything I've done in the past 3 years and only being caught once!

Katusky, Melissa Mel, Missy, Miss, Missa; Cheerleading 11th and 12th, T.F., S.G., B.D., D.S. - It's been a great group; Speech - Save me Anna!; go to college, become an Exercise Physiologist, and then a personal trainer, someday get married and have a kid; cheering at the homecoming pep fests

Kickhafer, Kari ... move to California, make a million, build hot rods, drive a race car in the NHRA; the last day of my senior year, weekends

Kirberger, Sarah Kirberger, Kirb, Scarface; Boys Basketball Varsity Cheerleading (Captain) for two years, Captain one year; go to college; become a RN, and I hope to marry and start a family, Prom '96, football games, Rochester, Easter Break '95, Winter Break '96, bonfire parties, and most of all, Prom '97 and my best friend Jennie B.

Kisrow, Michelle Manager of Gymnastics, Technician for plays, Diving, Swimming; go to college, become something unusual like working on the ocean or in TV or something, hanging out with friends, helping with the play, singing in choir at the Bethel concert

Klaers, Jessica Bebeta; ... I plan on going to Lakewood for a few years and then to a major college for my masters degree; leaving after second hour to go to college during my senior year

Kne, Lindsay Eleonore, Aezabella, Symphonic Winds, Marching Band, Speech, NHS; go to a fancy college and med-school, then marry someone cool and be obsessive together; obessions, the purple creation, "The" notebook, "Je Suis un anana", games of truth, foreign fun, hitting telephone poles, Comedy Olympia, "Oxygen", S.S. & R.S., M. Orange, Cherry Pop, basketball players & rock stars, ORANGES!!

Kunkel, Cheryl Chipmunk, Corruptor, Little One, Midget; ... go to UMD, get a good job and make lots of money; Wisconsin, summer of '96, chasing Perkins at Wal-Mart, pontoon, cars, guys at the State Fair, water fountains, Lou

L

Labernik, Shannon Track, Gymnastics, Swimming and Diving, NHS; go to college for eight years, get married, Blonde; State Track meet '95, J.K., Hoof Beated Ice Melted, Ward's Bio class, Fies and Toose with Melody, Mall of America with Nicci O., Gymnastics with Kendra, Halloween parties with Chris's friends, Notre Dame football with Nicci, V.Q. '97, my weakness, the blonde guy from the gym

Larson, Derek Lars, D-Man, Side Order; Hockey, Skiing, Dancing; become a marine biologist, go to college; Goat Farm, nights at Perkins, women, hanging with B.B., B.A., A.K., M.N., S.M., and T.B.

Lattin, Kellie Kellie Jo, K.J., Einstein, Speedy; Tennis; go to state college, maybe Winona to get my degree in nursing with a minor in psychology; going camping for the weekend with N.N., D.F., S.R., S.R., J.D., D.A.F., the gas leak last year, the rodeo with C.M. & E.A., State Fair '95 and '96, tubing down the Apple River, the cabin with N.N. and everyone else, New Year's Eve of '95 with S.K., J.B., C.M.

Laurent, Chad Frenchy, Chet, Boba Chet, Luke Skywalker; Tennis, Band, Jazz Band, NHS, Student Council, Marching Band, PAC, Science Olympiad; college, continue to be a musician, be happy, A.V. with Tungseth, St. Martin's house, the heaver dam, Band trips, movies, rides in the morning with Sean, French with Pierre, J.T., Quartet, Sean's house, Florida '94

Leavell, Amy Almothy, Kitty, Amelia Bedilla, Chincio, A.C., Babz, Amer, Me Me.

Elmer, peer ministry, dance, french club, danceline and cheering at old school and blading. Go to a community college for two years then transfer to a university, maybe in Colorado otherwise after college move to Colorado; Going to Cory's party and after party with Dan and then shopping for toilet paper, shaving cream and forks. Also hanging out at Shoreview with Vanessa and Glandra.

Lesch, Nicholas: Cooter, Lust, Jazz, Pep Band; Party, Go to college. Become a Doctor, get married, have kids, own a ranch, retire, die; Junior, Bandit, Elmo-fad, Surf, HoodRat HoodRat, Hoodie Mama, Magic "D", M.B., Dippy, WE Fest, Blue Chips, Donna Jo and the nice Elbows, mm... chicken!

Levesseur, Heather: Speech, Debate, O.M., NHS, Band; Go to college. Get married, get a good job (NOT at V.I.); H2O town, A.P. History, cannibal Helper, Well, I'm not supposed to say, but it was George, Comedy Olympics, Je suis un ananai! Oui, Jambo! S.S. and R.S. I won't forget you! J'aime regarder les ORANGES!

Liljedahl, Tina: Spider, Mustard, baker, Teen, wrestling stats, circle of support, be a buddy, tobacco free future, band, pep-band; go to Sweet Briar college in Virginia, major in music therapy, get married and have a family, "The Birds", "dust on the bottle", wrestling trips, sophomore retreats, "deal with it tomorrow", TAMI, CHRISTY, the brady bunch, Justin, Will, Chris and the rest of all my super close buds.

Lincoln, Shelley: Smelly: Golf 95-97; FFA; Go to college, Marry a great guy; W.W., J.B., J.U., K.L., X.C., N.P.

Luger, Claire: Clarice, Claire Bear, Claire, Clarithol, Debate, Symphonic Winds, Speech, Student Congress, Dogs; go to college, study international Relations, foreign policy, and Dog Psychology; H2O Town 95', Iowa 95', Edie 95', prom 96', Northwestern 96', Hearts, Cabin parties, Joseph, partyface, long live The Dalliana!, Village Inn, Hola Senor!, Here welcome... Disco queen, E. Qv., Flannel o' doom, Chicago & 23rd, Oliver and the Sheepee, Jubilee... HNKJASLGMFKMGJADBMIL

Luger, Margaret: Meg, Meggie, Psycho, Edna, DB, self confidence girl; Debate, Student Congress, Band, NHS, Student Council, PAC, speech; Learn more Spanish and take over Peru as a benign dictator; Watertown 95' with DB, CLG and mi hermana, Valley 95' AC, KJ, RN, Flake Stakes, 95'-breaking the norm, Historical criticism, The fresh fayetteville air, Angie and Tibet, Mary and collages, coffee, UNO, Hearts, The Goblin Mutant, Face, * DOG- NIGHT, Pre Mirel Syndrome, The tar-baby, Jeremiah was a bullfrog.

Lundquist, Troy: "Hangin' out and having fun with friends, findin' "oddlies" and goofin' on them; To have as much fun as possible in the shortest period of time and have no regrets; Graduating and when Dan Schneider was voted for homecoming King.

M

Mackey, Carrie: Mac; volleyball 10th & 11th, softball 10th-12th; Go to college, Make lots of \$, travel around the world, Have Fun!; Prom 96' with NH.

Mackesy, Shane: Weezer, Goat boy, G-Belt; Basketball, Track; Go to college and become someone special, Bomb Threat, Gas Leak, Goat Farm get together, Track (in the well), Being an official member of the Forest Lake JV for life basketball squad.

Main, Angela: Angie, Ang, Main, ...; attend college, LMDI, have fun, make lots of money & al.. Thanks Mom & Dad, Kelly, Laura & Ricky, Rex too! Love yas; Ovid, the coolest car, SK, JB & the good times, Festival Foods-MR you were there, All my Buds ... you know who you are, NORDI & Rulton, MS & TL, "The Birds", "Yeah it's my real hair", NB & MG remember "Head tip & smile" Is this the end?

Marrone, Vanessa: Ness, V, Macaroni, Sessa, ...; go to college and then the Navy. Plan to be a physical therapist and a mechanic; Walking around in the mornings with my friends. Being given the chance to attend college through the PSEO program.

Mayville, Timothy: Tim 1, Sot Collective, Hey you!, Math Team, Science Team, Knowledge Bowl, NHS; Go to college for a engineering BS or MS; Knowledge Bowl Sections.

Medek, Marie: "knees"; speech, student council; go to college, become a CPA or geneticist; growing up, falling in love with Jason.

Mettler, Alexander: Lex, Al, Han Solo, Meatier, Smeat, Basketball, Football, Band, NHS, PAC, Science Olympiad, Baseball; Go to college. Get a PhD in biology. Enjoy life; JV 96', AP with Tungstet, Friday nights, The Beaver Dam, St. Martin's house, The "crew", Band trips, 95' Homecoming, A.J., Francois Smith, Zoning, The Clone Wars, The quartet, Gandalf, The year of the Monkey and RNA.

Michalek, Eric: ...; Cross Country, Cross Country Skiing, Track, Office Aid; go to college at LMD, get married, have a family, win the lottery; Tping after cross country meets, spaghetti dinners, hanging out at Perkins and the movie theater.

Michael, Joshua: ...; soccer, CC skiing, Track, Pep Band; Go to college, travel, become Mechanical Engineer or Geologist; Trips with the CC ski team.

Miller, Shana: ...; gymnastics, track, soccer cheerleading, Hockey cheerleading, danceline for football, basketball and wrestling; Go to a four year college and go on to be a veterinarian; Jan. 8, 1995, Homecoming 95' and dance, Biology class 7th hr. in 10th grade and Spanish 2.

Miron, Melissa: Missy, Miss, Moron, Missy, Prissy; cheerleading wrestling, cheerleading soccer; Go to college for nursing; Prom 96', We Fest 96', Virginia with TO, TF, MS, Massachusetts 96', Alex 96' with MP and JS, Cheering, wrestling, soccer, Dodge Ram, Backstage JD, TK, RA; Leroy Parnell with TZ, Fan Jam 96' with MP, JW, SB, and MD.

Moen, Matthew: Boner, Boie, Moen; ...; sleep, Go to college, party, Hang out with friends; North Shore Drives, EZ Stop.

Monson, Jessica: Munchkin, Moss, Monson; Gymnastics, go to college, party, be lazy, drink lots of pop; The people, skipping days, drinking lots of pop with friends.

Mortel, Natalie: Flash, Bug, Downhill Ski Team, Softball Team; move in with a couple of friends and party extremely hard; Skiing in Montana with C.G. and she skied into a tree hole. The time that T.H. launched off of a ski gate. Working at the movie theatre with M.E., D.M., A.J.N., N.N. All the great memories from there; fireworks on the 4th, ways of getting out of school to go to lunch. Band parties at Shanes. J.A. sneaking in more than I need. Long live Band parties.

Mortimer, Nicole: Mort, Princess Mort, Nikki, Chloeski; ...; attend SCSU with L.S., major in social science and lead a long happy life. My girls: C.A., L.S., D.P., J.J., A.B., M.K., 7-4-95 at K.F.'s, Daytona with Megs, 7-29-94, the fields, Moynagh's, Mousser's, farm party 96', the cliffs, Boat-rite, the bridge, the court, Prom 96', the shack, snowball, coffee-talk, M.P.H., My fav Jr.- Denay!

Murphy, Crystal: Cryssey Rose, Crys, Preppie, Shortie, Trouble, track and some others that I can't say in here!; go into the army or else go to college, get married, have kids, marry someone I love and move to Wyoming; 9-1-96 with AME, State Fair Rideo 95' and 96'; Isanti Bodo, New Year's with K.J.L., S.K., & J.B., Prom 96'; Tim McGraw, They're retarded, Crustin' with E.S.A., Summer Nights with 246 95', pager tag with 246, Prom 97', 442465882797, Gas leak with K.J.L., D.F., D.A.F., S.R., A.N., P.V., wrestling matches with Kerry G., my psycho buddy, St. Croix Falls, 5-31-95 with N.W., E.W., and J.S., Bonfires, the boat, coffee on the dock, 5-5-95 A.K.N. with E.S.A., Spanish with A.N. and K.D., Fiesta with magic water and cerveza, Perkins with the gang.

N

Nelson, Aimee: Aimee Lynn; ...; Go to UMD, get a good job, get married and have kids; Kickin it with M.V., Prom 96' with D.T., 145, Wrestling: Rochester and girl nights with T.H., the lake at P.R.'s, Anarchy with C.A., the water night, Anyway Dance.

Nelson, Jeffrey: Jeffy, Effin, eff, band, pep band, theatre; kick up dust in the summertime, go to college in the fall, have fun, and figure out the rest later; Homecoming 95', Fan Jan 96', prom 96', Robber Bridgerson: cast parties and No Pants Dance, parties at LP's, MB, Thanks to everyone.

Nelson, Katie: Lillywa, Kate, Varsity swimming for 5 years, Band, Marching Band and pep-band; Go to college and major in Psychology and minor in the health care field; Pep-Band with Meghann, Ted, and Terry, 10th grade with Laura Nicholson.

Nelson, Robert: ...; make LOTS of money!; Have a family; Mr. Thompson's social studies class.

Neudauer, Ranaye: Ronnie, Tanaye, Naye; Volleyball, Skiing, NHS; Go to college; Sitting on the 50 yard line with my girls. Steve Miller Band Concert, the farm party I missed. Grease night with Megs, 3rd of July with Bobby, Biz and Nessa. Volleyball for Mickle, Vanessa's basement. Fun noodles and the lake, Tom Thumb and the wave pool.

Neudecker, Elizabeth: Liz, Eliz, Lizard, Lubet, George, buzzy, tish; Choir, newspaper (95'-96'), Theatre, speech, Identity Crisis- girls ensemble; go to college, trip across America- summer of 1998 with K.J.R.; Mystery Machine, being a slut in Godpell, long talks with A.S., plays at T.G. with M.H., C.Y., J.D., T.S., pianists and L.N.

Nicholson, Laura: Belfers, Munchkin; Band, Tennis; go to college, get married; 10th grade- hiding out in the woods behind W's house, chasing "Roxanne" with Katie N.

Nogle, Tanya: tater; none; I plan on going to college, and partying over the summer, if it wasn't for Kathy Scharfenberg and Marlys Nesseth, I probably wouldn't be graduating, so my best memory is them guiding me in the right direction.

Norbin, Abigail: Louise Bat, Batman, Abs, Crabby Abby, Aha-be, Ab-dominer; Speech, theatre, Soccer, downhill skiing; go to college, travel; Six Shooter, Villa, Kaps, "Baseball and Football" '96', Georgia?, under the suns', 4th world, 1995 GMC Jimmy, the mailbox and strawberry patch with A.M.

Nord, Katherine: Nord, Dee-Dee, Slimmer; Basketball, Soccer; Go to college and get a registered nurse (RNS degree), get married, have a family; When I was walking out to the parking lot after school in the winter and I fell flat on my butt in front of many cars.

Nordling, Amy: Aimers, Aim, Amy Marie, Amyrie, Aimester, Armadillo, Army, Amy-Aim, Ruggy, Buusen, Nord, Turtle, Amata, Amzee, Ameritha, Amitha, Amy; Yearbook; go to college, become a vet, get married, own a Neon, Party!; Florida 96', Halloween 95', aqua magico, 44535588246, 9-1-96 Bebo's with C.R.Y.S., 9-2-96 Wyoming conversation with Paul, Tex and Eric, Gas Leak 96' at K.J.L.'s house with C.R.M., P.V., D.F., D.A.F., and S.R., 6-27-96 Stalking "Loser Boys" with C.R.M., coffee on the dock, 442797588246, Perkins nights with the Wally World gang, late night pager "conversations" with J.M.B., 44536588246, "fumar por favor", "Peachy keen jelly bean", "I know hah", Perkins nights with J.M.B., C.R.M., K.G., and J.L.B., my best friends Kelly and Julie, Blazing Saddles, Sixteen Candles, Edgewise 95' with A.E., A.N., B.M., K.L. and T.R., NIN concert with A.E. and L.M., shopping with K.D., cruising around town with J.M.B., bonfires, lunch with J.S., 4-4-96 Mall of America with K.D., T.M., and S.E., "Excuse me, Jen ..."

O

O'Donnell, Sarah: O'D., Sarah O., Skinny, Goosey, Golf, Volleyball, Student Council, PAC, Circle of Support, NHS, Student Advisory; I plan to go to college,

have fun, play golf and earn my degree. Then travel widely, be hugely successful, earn large sums of money, get married and have kids; My house after hockey games and bonfires at A.D.'s with "The Gang," State Fair '95-'96, J.T.'s house with T.G., "Double gets," Girls nights, Olive Garden, Prom '96 with C.G., Twenty-six dollar mails, Friends nights, "Crushed out," Fatty, Pierre, Midnight bowling, Chem. with J.T., T.H., & J.S. Lotto, Golf, My best friends J.T., T.G., and A.D., M.R., P.R., J.P., M.V., T.L., and all the great times with C.G.

Obrestad, Nicole: Nic, Nikel, Nicci; National Honors Society, Girls Tennis, Softball; I plan to go to college and then on to med. school. I want to become a doctor; Being in Ms. Benedict's chemistry class with my friends. Talking about Francium.

Olson, Jeffrey: ...; Ski Team, soccer, NHS; I plan to go to college for four years and then going to graduate school after college. I will enter the real world. (Somewhere I might take a year off to ski.); Football and hockey games, Ski Team, concerts in Sommeret and Target Center, hangin' out with friends, ping pong.

Organ, Tami: Blondie, Giggles, Tammers; Wrestling Stats, Circle of Support, Sophomore retreats, Be a Buddy; Go to college, get an apartment with Christy, find a guy, get married, have a family and live happily ever after; S.T.A., Stripes, Shawn & Justin's, Bean Soup, Snowed in 11-5-95 JDW, Virginia, Dimples, DWIT, Hibbing, Blue Eyes, counter tops, no shoes, Love ya Corey, Camero Boy, Christy & Tina I love you with all my heart, good luck with everything, -The Dance-

P

Palacheck, Lisa: Cheerleading- Basketball & Football- Varsity, Minnesota Youth Symphonies, NHS; Major in Biochemical Engineering then go through Medical School; Band.

Pearson, Danna: Beamer; Student Council, NHS, Swim Team, Synchro; Get Elem. Ed. Communications major in Montana, Have kids with hubby; Setting off alarm at U of M, Oujia Boards with M.E., K.N., & B.G., Talks with L.W. & K.D. about JJ.

Peloquin, Shannon: Shan, Shunny, "Pelk", Penguin; Soccer Cheerleading '95, Boys Varsity Hockey '95; go to college to get my degree in accounting so I can make lots of money, get married & live happily ever after; Girls night out with Angie, Bobbie Jo, Leah, & Jessie R., Angie's 16th B-day, "The Chase", "The Bird", Homecoming '94, '95, & '96, Wednesday nights at the Village, #25, Festival Foods, Muska Electric, Late night skiing with the gang, Anoka with "Marsha", Du-luth with the Hockey Team, parties at my place, Kellogg Blvd., "Brew Crew", Kelly Marie Marsh, Breanna Marie & Ashlee Armella, "The Lode", "Dimpers", Twins, Heartthrob Cafe with Laura, Kelly & Kristy, M.O.A. parking ramp with A.G., L.S., J.R., Angus Meats, "Big Red 1."

Petersen, Melody: Melonhead, Mel, Basketball, Speech, track, Musicals, Band, Choir; I'd like to attend college and eventually become an English Professor; sophomore year my friend and I were walking down the hall trying to trip each other, well I lost and I was sprawled out on the floor and she started laughing.

Peterson, Kristi: Billie, Bertrand; Synchronized Swimming, Pep Band, Swimming, Mock trial, student council, NHS, Marching Band, college, work, end up filthy rich and happy or just happy; oranges, "would you like a straw with that?"; The hallway, Synchro State, "Where's Hammi?", Clarinet Duets, Sand Dunes, pep band, friends.

Peterson, Megan: Meggers, Meggy, Mega-Loser, Moo-Moo, Scully, Venedico Cacci-anemico, Sequin Lady, Debate, Speech, Odyssey of the mind, Knowledge Bowl, NHS; Go to college, major in English and Psychology and get a law degree; Shay's Rebellion, Watertown 95', "Can I drive?", Nationals '96; KUNL, P.D.C.K., OM Quoteboard- "Ok, so we're not platonic!", WBM, Comedy Olympics, Road trips with A.R. and T.S., Pakistani Lumber, Finger puppets, King George 5, "Head over feet", Eastern Civ- "Sean, you're so Western!", Prom and the Swing Dance, oranges!

Phillips, Lesley: Little pea, Red; ...; attend the U of M, be happy, football games, Tom Citizen- "Stand by me", "Oh my gosh I could've just died", Ben- watching.

Powell, Tamara: Tam-Tam, TJ, Tami Jane, T.P.; Gymnastics, National Honor Society, PAC, Band; Go to college, be successful and rich; Band Parties with E.W., J.A., S.M., N.M. and K.T., test party, prom 96', prom 97', sign stealing, cops, casino, chasing M.U., Jason's wedding.

Prestegaard, Joshua: Presto, Tennis, Hockey, NHS; Engineer, State Tourney, We Fest "kicks in 96'", F.T.N.G.B.O., Best memory T.G.

R

Ramseth, Paul: ...; Hockey and Golf; Go to college. Get Job, Get married, have a kid or two, be happy...

Redfield, Melissa: Liz, Bardi; Gymnastics; Party, College, get married; State Gymnastics 96', Lake Owen (tubbs), hanging at Hipkins, State Fair 96', Southdale, partying in Fargo, "You look like a Dollie", Power Rangers, "Oh, My nose!!!", Pledget, Mashed Potatoes!

Rice, Colette: Celty; none; I plan to go to college; Skipping.

Roeder, Zachary: Zach Attack, Soccer, Weight Training, Track, Choir; I plan to go to college and become an architect, then I will buy a house, make lots of money, get married and party; Playing soccer games at night under the lights and winning.

Rohwer, Kendra: Krenny, Kendra, roar, andrea; gymnastics; college, marry, buy a charger and paint it like the Dukes of Hazard car; boys bathroom, tripping, food fights, missing trilobite, fetal pig, two routines, Hoof hearted, ice melted, minnow, Ward's Biology class, regions 95'.

Rought, Alecia: Aleecsha, Alex; Mock trial, Odyssey of the Mind, Pep Band, Marching Band; go to Europe, visit Bill, become President; Megan, K.P., L.P., oranges, Andy, Iowa, Nomo, T.S., "Bite back your spleen", Je suis une Ananas; Billy, Europe '96, "Where's HAMM?"

Rude, Jennifer: Jenny, Croine, Jen-nay; Debate, Speech, O.M., S.H.S., Band; Go to college, major in speech pathology and neurobiology; Bonfires at C.B.'s, Watertown '95, Dancing with H.S., Annabel, Banana game, Feb. 16, 1996, Kuppericus with C.B. and S.B., "Iggy says Hi!", Steve's bra, oranges, A.T. '95, walks with C.B., Croine and Orville, Mega-loser, P.D.C.K., "can't talk now, busy flirting", W.B.M., parasailing at 82, non-alcoholic wine, todos mis amigos, Swing dance '95-'96, prom '96.

Rutten, Brook: Brookie, Louis, Brookland, Geek; Basketball, Softball, Refling, Youth Basketball; Major in Psychology, get married and have kids; Move to a warm state somewhere south of MN; Prom of '95, Homecoming of '96, Mall of America '95, Muting JB, Appliwer '96, Valleyfair '95, '96, concerts at the statefair A.J., G.D., K.N., J.B. and Target center Alanis Morissette, K.N., The trip to Europe with German class '96 A.H., M.K.

Ryan, Elizabeth: Liz, Lizard, Lizzy, Biz, Rizzo; Basketball, Volleyball, choir; go to college, make money, get married, have kids; Prom '95-'96, Ultimates, H.G., 50 yd. line with my girls, farm party '96, Steve Miller Band, 7-3-95, 7-3-96, Mall of America, Tom Thumh, 450 lbs., "My Baby E.T.K."

S

Sandahl, Tracee: Tracel, Tricilda, Gld; Symphonic Winds, Marching Band, MYS, Pep Band; go to college and major in music or elementary education; ice cream cone cereal, Canada trip with A.H., J.D., D.B., B.S., Super bowl party at Heather's, Vining Watermelon days, Runts and the rearview mirror, school bus phobia, sleeping on the band room floor, Near death experiences while driving with J.D.'s mom.

Saunders, Theresa: Shorty, Churino; soccer, track, pep band, marching band, german club; go to college and become a child psychologist, back pack through Europe, K.P., L.P., M.P., A.R., and E.M., Washington D.C., Michigan, Bite Back your spleen, Ich bin ein kartoffel, oranges, Oxygen, Europe '97

Saxe, Bobbie Jo: Bj, Jo, Bob; Gymnastics; go to college and party; the skipping days and running from the security guards and Mr. Coop, J.R., A.G., S.P., L.S.

Schleder, Rebecca: Becca, Baxster, Bees; office aid; I will probably go to college. Get a good job and marry a rich guy, I liked going to sporting events and seeing all my friends. One thing I will really miss in high school is all my friends and teachers. Homecoming '94, '95, '96

Schmidt, Dina: ; V. Football Cheerleading '95-'96, Prom '96-'97, football and basketball games, wrestling matches, Valleyfair, Duluth with R.G., B.R., and J.E., Taco Bell, Whopper Weds., going shopping with R.G., going dancing with R.G., A.B., L.M., M.P., J.B. and A.E., K.H.'s guy cheerleader, J.B., G.X., Amos, Johnson Football games and dances, "I'm with the D.J." (CC), T.H., My best friend Renee-nay, always and forever Joe.

Schmidt, Max: ; PAC, Band, Weightlifting, Golf; College or Military? My first day of high school.

Schoenberger, Ryan: Ry, Bandit; None; I'm not sure, but it better be fun! Yeah, right...Probably work- at least until I figure out what exactly I want to do; We Fest, The highbridge, Homecoming '95, 5th period, "funny Jell-o", Captain and Morgans, Blue Chips, hopefully my senior year, and all of the local Lake access.

Scholl, Leah: Lee, Munchkin, Aunt, Froufer; Soccer, Band; Go to college at SCSU with N.M., get married and travel around the world; Fields, Prom '95-'97, Duck tape, "in-out", Farm Party '96, Goat farm, neecy, 5-18-96, The court, Wild Mt., Mouser's House, A.B. and C.A., coffee talk, Girlz nites out with N.M., D.P. and J.J., WB Bowl, M. Chapin, "rip roarin'", P.P. Princess, ears, the pickle, walkie-talkies, B.Bunch, S.P., B.S. and J.B., Davanni's and N.R.F., my forever love.

Schulte, Shawn: Shawntael, Shaniqua; ; college, marriage & kids; The week party at J.J.'s house, Camping at Hinkley with friends, Edgelist '96, Spring Break '97, Woodbury Parties.

Schwarten, Kimberlie: Kim, Kimmy, Kimber; PSEO; go to school in Paris, France to start elementary business, get married (after my first million), raise perfect kids and live happily ever after (with some help from God!); Prom '96 & hopefully Prom '97, France '95, the big sister I never had, T.P.ing the big brother I never had, dancing with M.S. & T.F., bonfires, 8-30-96 - 9-1-96 party, Taco Daze '96 - Vulcanetics, Mindy's cabin, Mr. & Mrs. Hintz, Nakomis Cap - Nic, Chi-Chi's, "What if?", Dawson with R.C. & A.K., 2 Timothy 1:7.

Seavey, Helen: Hel, Undeserved Cashier, Hellion; Symphonic Winds, Jazz Band, NHS; Visit Germany or CA for summer, go to UMD, Major in Corporate Communication, have a fairytale wedding and live happily ever after; jazz'n @ UMD, nights with the Wally gang, Prom '95, L.J.-C.J. getting woody in BWCA, CA, Summer Lov'n - A.H. Walzing J.R. Y.H.W.H.

Severson, Joe: Downtown, Speedracer, Forest; Track, cross country, Intramural Basketball; go to college and make lots of money, Bemidji for track, Sunday afternoon heroes

Shelafae, Matthew: Matt, Crack dome, G-foe, cutie...; Hopefully I can go to college, have fun until I have to stop, stay friends with the two Nicks, Jared, Mark and the rest; Going out with my friends doing what we had to do, Me, Nick and Jared went out to keep our edge, Me, D's, Oakdale, Maplewood Mall, (THE WHEEL), the smashing occurrence we had. * rap is something you do, Hip hop is something you live*

Simonsen, Brian: Simontin; Midget Hockey, Water Sports, parties, Work (castwood); UMD, Business Major, Take over Dad's business, Joyce's parties, Rage Against the Machine concert, Montana, Mexico, Italy

Sinn, Melinda: Mel, Mindy, Sinner, Min, Minder, Mindy Lou, Lucie; Tennis, F.A.T.E., Circle of Support, NHS, Junior Class Council, Sophomore Retreat Leader; Go to college for pre-med or journalism. Marry the man of my dreams and live happily ever after; Taco Daze, Prom, Wisconsin Dells with T.F., 12 & 13, Secret agents, Bonfires at J.W. Cabin '96, August 31, 1996, Fan Jam, Mr. & Mrs. Hintz, long talks, Homecoming, Murder Mystery Parties, J.R.

Skallman, Melinda: Mel, Mal, Melon, Horse; Band; I plan to go to MBC, become a medical assistant, get married, have kids, be happy; Calgary '94, Texas '95, Yearbook (Bus. with S.P., co-editor with E.B.), Mooning A wing, Thams D.P. I'll never forget. Pep band with M.E., T.H., T.E., K.N., L.N., many nights at Perkins, hanging out with friends, lunch with J.B.

Skelley, Heidi: Heidilla, Heid, Big Mouth; FFA, Softball, Band; go to college become a dental assistant or medical tech; Homecoming '95 & '96, Prom with J.G., Band trips to Calgary, D.C. and Michigan with G.H. & H.W., Cruising Main with C.S., Bowling with N.L., M.A., R.D., C.S.

Sobiech, Matthew: SoBs, Matty, Sobych; Basketball, Baseball, NHS; Go to college, get a good job; Rochester '94, '95, JV Basketball '95-'96.

Sonnek, Melissa: Miss, Sonnek, Marshmella; Hockey cheerleading; Go to college; Best friend Mary Vogen, Duluth Hockey, Prom '95, '96, '97 with Aron Haines. Homecoming, PJ '95 Halloween party, Missy Miron, Aron Haines.

St. Martin, Matthew: Saint, Satan; Football, baseball, tennis, intramural basketball, NHS, Student Advisory, PAC, Student Council; Go to River Falls for Elem. Ed., 4th of July, Christmas Break at E.W., G'u F'u R with J.F., Tungseth's A.P., T.P. J.F.'s house, Columbus Rooftop

Staloch, Thomas: Staylow, Hands; Football, pre-active counseling, Intramural Basketball; Study English at U.M.D.; get married, have kids, Retire with millions of dollars; Movies on the Big screen, G.N.F.R. with J.N.F.F., Columbus Elementary Roof, 4th of July '95 & '96, Football, aggravating Jurassic, senior year

Steffens, Jeremiah: JJ, J-man, Juicy-Juice; Aggressive In-Lining; Open a skate shop and out sell Newman's wanna be shop...

Sternhagen, Jeremy: Sternio, Kicker; Football '94, '95, '96, Track '96, '97; graduate, go to college and play football, marry the woman of my dreams, live for a long time; going to Perkins after games

Stream, Benjamin: X-Stream, Streamer, Karim Abdul- Straheem; Football; Go to college and be successful; Homecoming 1994

Sturman, Christa: ; ; Go to Paris (J.M.); Trips to Stillwater, Mall of America, St. Paul, Duluth camping, St. Cloud, Josh Munson, Bobbi Czech, Andy / Goods, Moen, Mitch, Christy, Faith, B/F Tricia

Supan, Faith: Su-Sin, Faith-a- roo; Basketball; Party hard, set life straight, and have fun while I'm young, Christa & Tricia, Bob, Josh, Joe, Joe, Andy, Moen, Laura, B&B, all the partying and having fun (Stillwater and St. Paul at 4:00 a.m.) (St. Cloud), Mall of America

Supinski, Jessica: Jess, Juicy, Supinski; none; Go to college and marry a rich man; J.R., P.C., D.S., Ultimates, Duluth, Dancing at A.W.'s with D.H., Marcuses' House, Prom '96, Beavis, Camping '96, Sprinkler Act, S.M. with A.W.

T

Tate, Jessica: Jess, Tatortot, Tate; Rodeo; Go to college, get married, Rodeo, party hard, '96 prom, going to uptown, skipping with R.L. or J.J., Puchs, J.J.'s house, Gator Rides, Joe Jacket, Hammer, M is for monster, S.M. with Chad, shooting stars, player, '97 prom

Tellin, Holly: Chunk, Tootsie; 6 years of cross country, 6 years of Track, weight training; run track at college, go to school to become a sports trainer or go into Physical therapy. Eventually get married; making memorable friends. Working at the Berry Patch with Jill, prom, filling in "The Roach", Going to the D.Q. with Jon and then go swinging. Sophomore year, have great coaches, going to state in track for the 400 meter dash

Tennis, Jasmine: Jas, Jas- Anne, Jassy- Jass; swimming, student council, pac, NHS; go to college, have fun, travel the world, get married, have kids, earn lots of money & be happy; state fair '95-'96, my house with S.O. & T.G., Double gets, S.O.'s house after hockey games, Dan Dan the Army Man, Prom '96, Sat. mornings with K.J. & N.Q., "friends" nights, girls nights, chem with S.O. & T.H., midnight bowling, lotto, Pierre, crushed out shopping with M.V., hanging out with S.O., C.G., T.G., J.P., A.D., M.R., M.V., P.R., & B.B., Best friends with S.O., the sit up position, Hoidazzle Parade on 12-2-95, hot chocolate, squeezing hands, R.A.R.

Thoen, Misty: Mist, Misty; Band; go to college for four years and get a good job; prom of '96 with friends, hanging out with friends after school

Tobako, Elizabeth: Tutti & Crazee; ; cosmetology & open a cosmetology business; skipping class to go swimming

V

Vejruba, Allison: Al, Big Al, Trubs; cross country skiing, track and field, student council, soccer junior year, HIV/ AIDS peer educator, NHS; go to college get a job and retire when I'm 55; track talks, MEA Getaway '95 with G.C. and K.L., Halloween '95, Mindy's cabin summer '96, lifting with J.H. and E.W. summer '96, July 25 '96 at Columbus, ski trips and after meets with E.M., A.E. & C.W., Subway with J.H.,

M.N.F.B., '96 with Joe, State fair concerts '94-'96 with L.D., J.H., S.S. & E.W.

Vogen, Elias: Eli; Tennis, peer meditation, NHS; play tennis in college, get married to Steph Carlisle, have 2 kids, have a great job; Steph Carlisle

Vogen, Mary: Mary V, Mary-belle; Hockey cheerleading; college & stuff, kicken it with Aimee, Prom '96 with P.R., T.G., J.P., Shopping & FL with Jaz, Wouldja? Lunch with T.G., Hockey, my BF MS, Marshmella cheeks, Football games with D.D. # 25

Vomela, Joseph: Otto, Joey, Jofus, Joe-Boy, Joe; Full contact Bocce Ball, Ping Pong, team table tennis... Homecoming '95, party after, FLSC, Arch Draw with J.L. & T.K., Leaving school early for OJT with K.L.

W

Wenzel, Alexander: A. Wenzel, Asl, Human calculator, Math genius; basketball manager, football, intramural basketball, weight training, math team, band; NHS; go to college, eventually become statistician or general manager for the T. wolves; 9 in car, Halloween '94, Rochester '94, Teeny Boppers (M.M., T.Z., M.P., E.W.), T. Poepard's 36, Pulp Fiction, Columbus football games, sledging after bomb threat, the Clonal Gazette, D.C. '95, free cakes, 199 KES, monkeys, math team wasting Roseville, A.P. History, Eastern Cn. party at Nelly's, Haayer's duck, intramural basketball champs (M.S., T.S., J.S., M.S., A.M., J.W., B.B., A.W.), Coon Lake, lifting weights, open gym

Wenzel, Emily: Emmy Lou, Em, Ems, Emmy, E. Wenzel, The better 3rd, chipmunk cheeks, Layla; Speech, Track, NHS, weight training, pep band; Go to college, get married and hopefully not have triplets; "The Crew" (T.A.Z., M.P., M.M.), Band parties at Shane's, Hawaii, Wash. D.C., Cancun '97, getting thrown in a cop car with J.H., K.L. & B.W. at Hallberg's '95, Summer '95 with D.E., Prom '96-12 person limo, Perkins salad, summer weight lifting '96 with J.H. & A.V., sky coaster at State Fair with L.H. & S.S., Sd's at the apartment, discussions in track, A.M., Winona with G.C., K.L., J.H. & Buck

Wenzel, Joshua: Wenz, J. J.W.; Basketball, NHS; go to college, get married, have kids, you know, the same thing everyone else says; basketball, "JV for life", Rochester '94, '95, Mr. Thompson, Mr. Bernauer, the Columbus Crew, 4th of July, Smashing Pumpkins concert, late night Conco runs, Wash. D.C.

Wheatley, Timothy: Sot Collective, Tim 1, Mini- Wheat, Wheats, Mr. Wheatley; Debate, Speech, Math Team, Crucible, Student Congress, OM, Jazz band, Band; I plan to become a genetic engineer and research in the field of multiple sclerosis. More importantly I plan to be happy wherever and whenever, When me and the Beav' took my dad's car for a drive. We didn't have our licenses yet — wait that was on Leave it to Beaver, Bye

Wielinski, Robert: ; Student Council, School Plays, Track, Band; Go to college, live out life long dreams, take things one day at a time; Pep Band, Europe, Friends, group gatherings

Wilson, Monica: Mon...; I plan on going to college to become a social worker...

Winkelman, Jennifer: Jenny, Jen, Jen- Babe, Winks, Winkie; Student Council, National Honor Society, Circle of Support, PSEO, Costume head in many plays, Junior Class Council, Pep Band, French Club; I plan to go to college and be an elementary school teacher and eventually get married and have children; We Fest '96, Fan Jam '95-'96, Taco Daze '95-'96, prom '96-'97, 4th of July '94-'96, on the lake with M.M., M.S., T.F., D.D. & K.S., Homecoming '93-'96

Womack, Jennifer: Jen, Jenny, Mouse; Band; to go to college and become a courts clerk; prom of '96 with all of my friends

Z

Zerwas, Christa: Chris; Hockey; go to college, get a good job, and marry my high school sweetheart Brian Erickson and have 3 kids; Week party at Josh Joyce's house, Camping in Hinkley with friends, Spring Break '97, prom '96 and '97, Edgelist '96, Woodbury parties, Car parties

Zerwas, Trisha: Trish, Tursh, Trishwa, Taz, Trishy Ann; Band, Student Council, Track; go to college, marry RV, have 1 baby girl; Texas '95, '96, Prom '96, Wrestling, Rums, "The Crew", Mankato with M.P. & J.S., Backstage with M.P. at T.M., J.D., R.A., F.H., T.K., L. Parnell with M.M., Ind & Dual, Winnicks

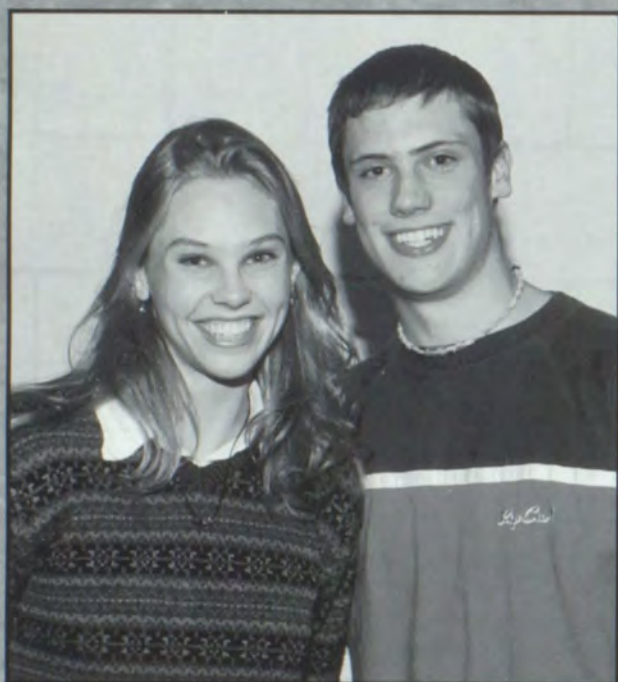
Ziemer, Lisa: Pal, Thelma Jesse, Lisa Z, Lis, Peesa; Speech, Theater, NHS; Go to college, get a good job, get married and have kids, be happy; Villa '95 & '96, Sixshooter, KUPS, "Baseball/Football '96, Georgia?, Under the Sun", 4th World, 1995 GMC Jimmy, Girl Fests with B.G., H.F., H.P. & A.B., Prom '96, May 23 with BOG?

The background of the entire page is a dense field of white and light green jelly beans. The white beans are scattered throughout, while the light green beans are more concentrated in the lower half of the image. The beans are glossy and have a smooth, oval shape.

Time to Celebrate!

...sign here.

*And The Winners Are . . .
Seniors Cast their ballots for
Class Picks, and here are the
results . . .*



Best Smile

*Leah Hoheisel
Mitchel Hackl*



Most Athletic

*Joseph Ferraro
Holly Tellin*

Most Talented

Samuel Bergstrom

Helen Pickering



Biggest Brown-noser

Andrew Cheyne

Caroline Geiger



Prettiest Eyes

Martin Rychley

Melissa Sonnek





Best Dressed

*Chad Gustafson
Jessica Supinski*

Heart Throb

*Nicole Olmsted
Karson Frokjer*



Most Likely to Marry

*Zachary Roeder
Karen Thueson*



Best Personality

Jessica Tate

Alexander Mettler



Most Likely to Succeed

Sarah O'Donnell

Timothy Wheatley



Biggest Flirt

Megan Kari

Andrew Larson

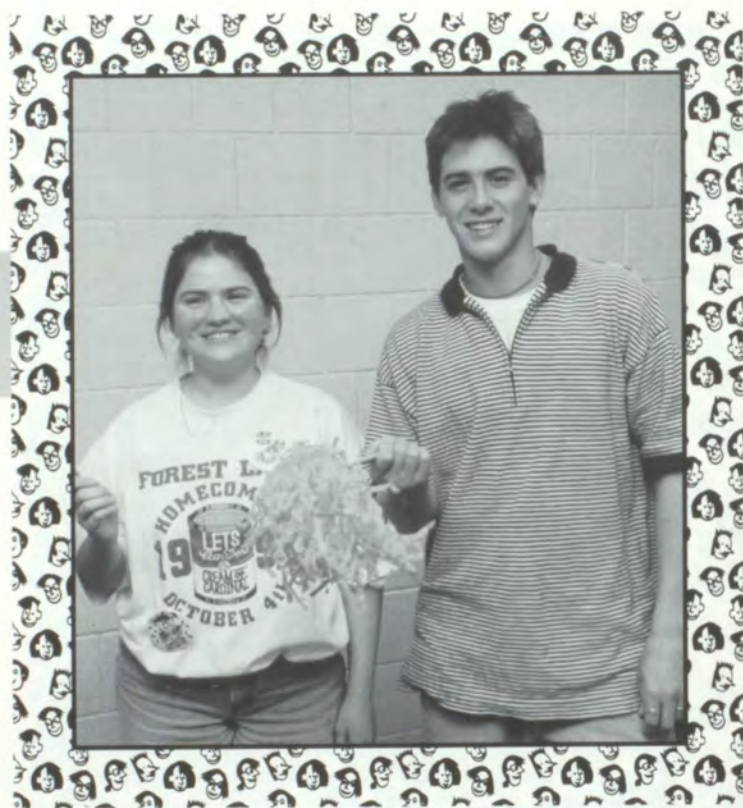




Class Clown
Joseph Fromm
Brette Bleymeyer

Most School Spirit

Rebecca Schleder
Timothy Lessard



*Most Likely to be on **Friends***

Dawn Holland
Tyler Engquist



SONG
Crossroads

HANGOUT
Perkins

FRAGRANCE
CK one

MOVIE
Independence
Day

SHOW
Friends

VEHICLE
Mustang

FOOD
Arby's

GROUP
Beastie
Boys



Somewhere In The Middle

Just one more year
Until graduation,
Next year will be the best
Indeed a celebration.
Once new to the school, knowing very little,
Returning for our second year
Somewhere in the middle.



Nimble



PM
98



Top Left: Beth Heapy and Erin Lund take a break from Chemisry to have a snack.

Top Right: Christopher Kramer, Jamie Thom and Juston Anderson look like *Champions* in their matching sweatshirts.

Bottom Left: Natasha Frechette, McKenzie Miller, Kelly Main and Rebecca Lasiuta decide to disregard their speeches and smile for the camera.

Bottom Right: Peter Nerothin, Jessica Fedderly and Sally Foslein are discussing a future *Breeze* article.

Juniors ...



Right: Katrina Knutson objects to the foul smells of sepiatoning in Photography. **Above:** Theresa Flesland, Tina Selly and Rebecca Kaphing find out for themselves how many licks it takes to get to the center of a lollipop.



Dana Ahlmi
Adam Anderson
Danielle Anderson
Emily Anderson
Jeffery Anderson
Joshua Anderson
Justin Anderson
Mindy Anderson



Nichole Anderson
Sara Anderson
Daniel Angel
Shauna Baber
Sarah Bahr
Derek Bangs
Jesse Banken
Jennifer Barber



Jillian Barger
Terrence Barsness
Jodi Bauer
Nicholas Baumann
Christy Bayless
Bradley Beck
Shawanda-Le Bennett
Joshua Benson



Petranell Berggren
Aston Berheim
Heather Berry
Tyler Berry
Timothy Beutel
Ryan Bjork
Patrick Bland
Christopher Blasko



... in the Middle of Everything!



Left: Almee Mouchet and Kelly Sumption anticipate leaving school as soon as the bell rings. **Above:** Danielle Anderson, Kristine Haugen, Joshua Benson, Christopher Blasko and David Franz show their enthusiasm for Study Hall.



Anna Boll
Angela Boyd
Jessica Brambilla
Jennifer Brand
Anthony Brausen
Toni Breen
Brian Brenberg
Timothy Bringle

Jacob Brochthagen
Christine Bronson
Jason Brune
Joseph Buffington
Anita Bonn
Brad Bunn
Katherine Burrows
Cole Busch

Holly Cadwallader
Ian Cain
Wendy Cape
Dominick Carchedi
Stephanie Carlisle
Hayley Carlson
Timothy Carlson
Todd Carlson

Sara Carpenter
Sheila Carpenter
Jennifer Cernous

Daniel Chamberlin
Joel Chapin
Chad Chapman



Kristina Chenery
Richard Clark
Cassidy Coffey



Corey Colburn
Amanda Colby
Thomas Coleman



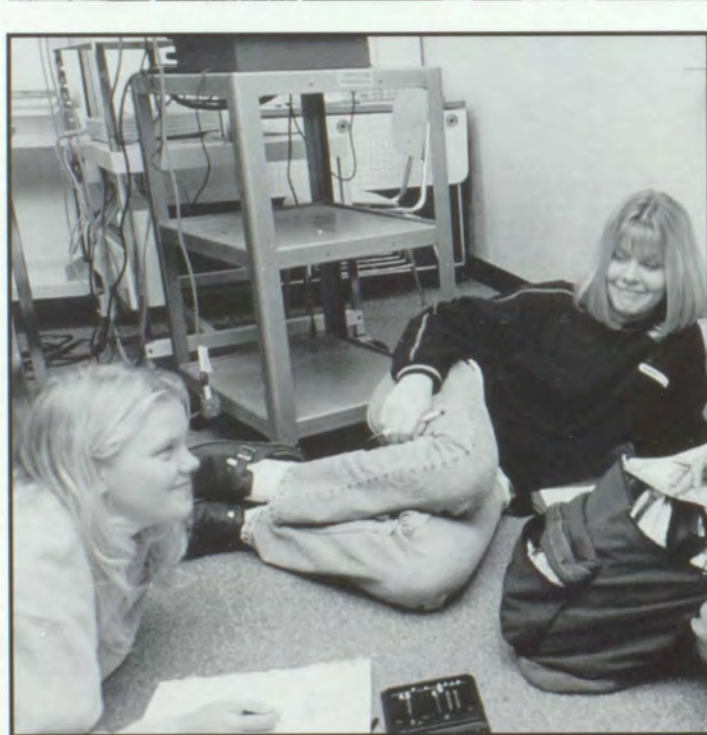
Jacqueline Colter
Terra Corpuz
Rosemary Costello-Immel



Jonathan Cronk
Deanna Curtis
Jennifer Czech
Danielle Dahl
Pamela Dalen
Keith Davidson
Britnie Davis
Meggan Davison



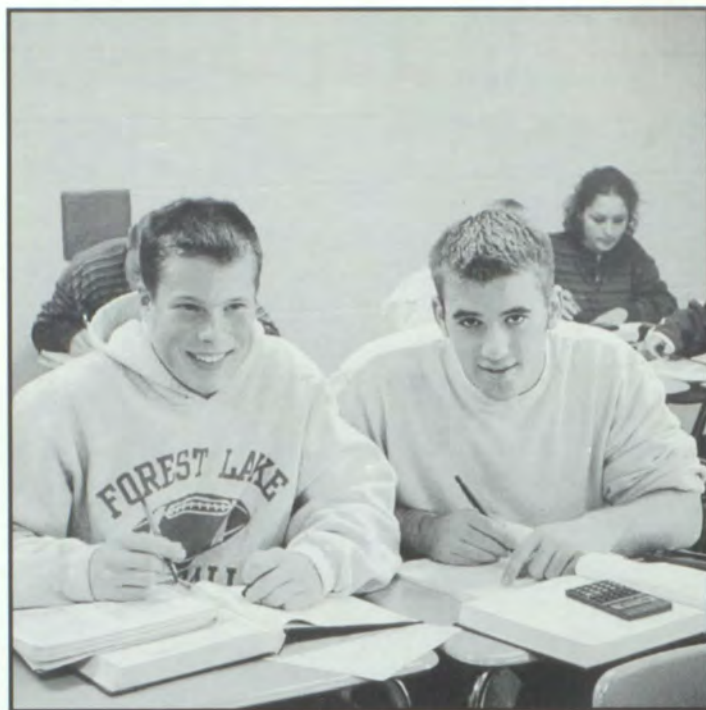
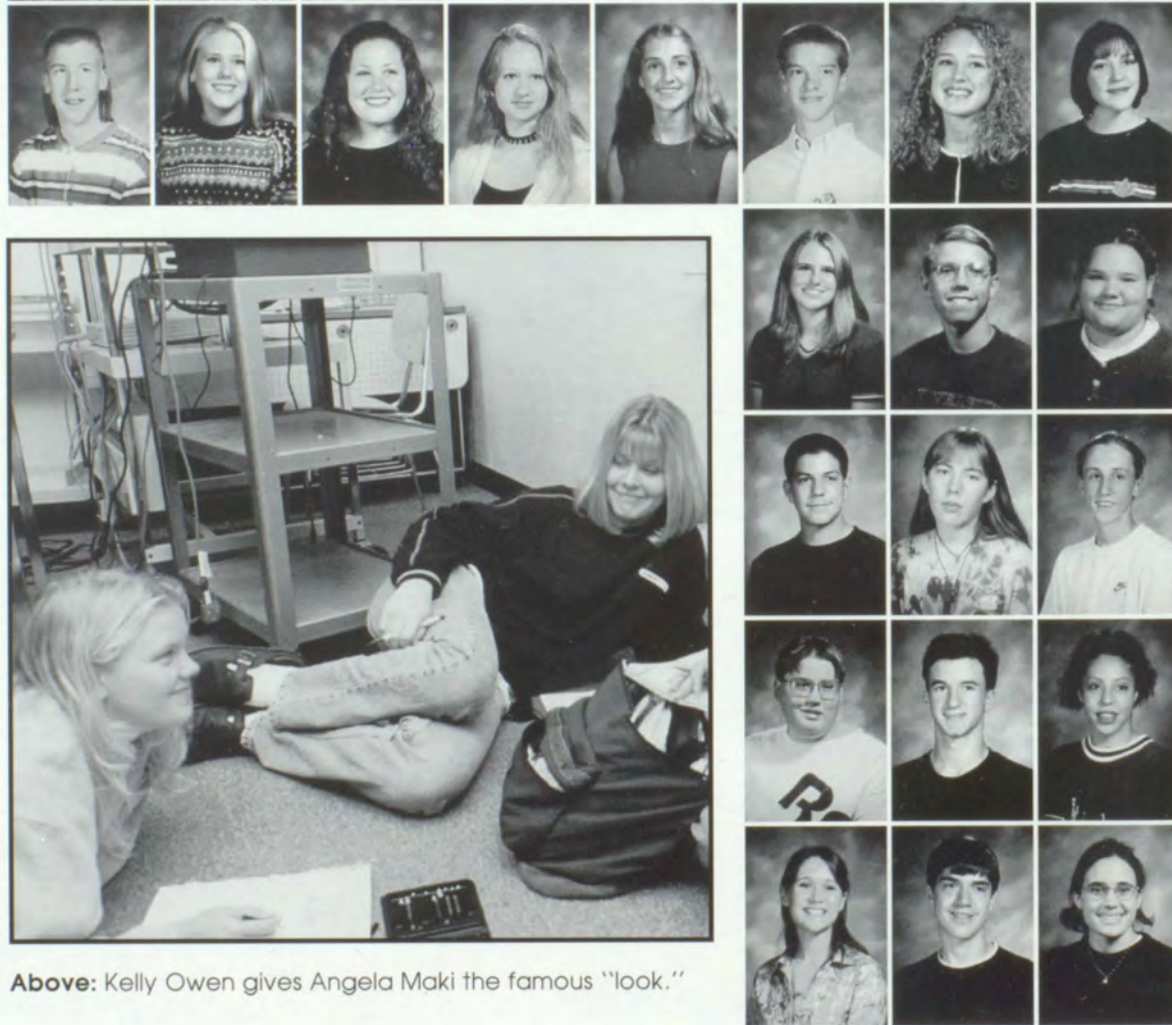
Rachel Deedon
Lucas Dehaven
Tamara Dehmlow



Nicholas Del Rio
Amber Delvecchio
Gregory Dervie

Anthony Determan
Dustin Dickman
Nychole Diemert

Jessica Dippong
Andrew Donat
Heather Dooley



Above: Andrew Lundborg appears miffed when interrupted during his study session with Christopher Swenson.

Above: Kelly Owen gives Angela Maki the famous "look."



Above: Jacqueline Colter, Renee Dunaski and Tina Schwab show off their identical smiles.



Kevin Drury
Renee Dunaski
Casey Edwards

Heather Eggers
Michael Engler
Trevor Ensrud

Isaac Enz
Ryan Erdman
Daniel Erickson

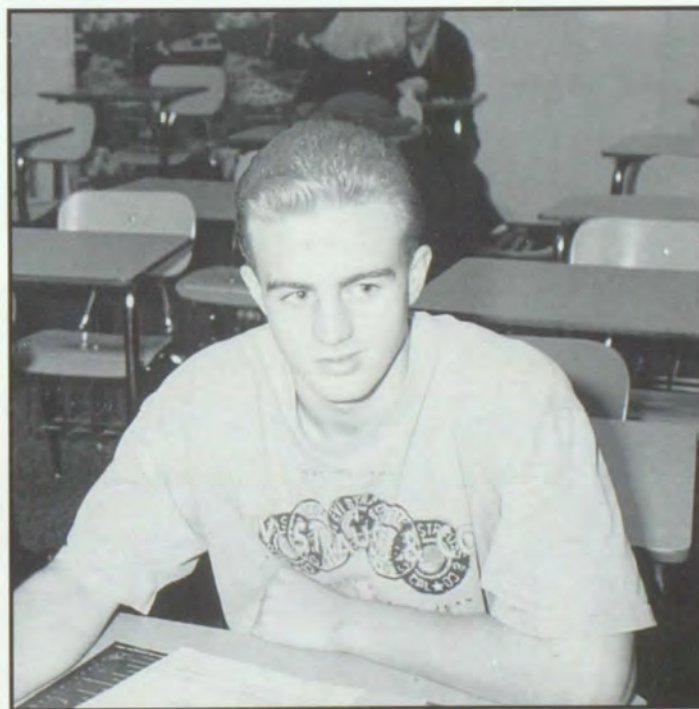
Darrell Erickson
Amy Espelien
Conrad Evans



Pamela Fahey
Trevor Farrell
Jessica Fedderly
Christine Fischer
Sarah Flanders
Theresa Flesland
Jason Flohrs
Leanne Flora



Melissa Flug
Wesley Ford
Chad Forga



Sally Foslein
Jesse Fraley
Sean Fraley

Karen Frank
David Franz
Natasha Frechette

Jessica Fritzke
Travis Froyum
Lance Fryk

Above: Jeffery Schipper thinks of possible answers while completing his daily assignment.

Jennifer Furst
Noel Gallagher
Aric Gallatin
Gina Galleberg
Christopher Ganser
Brian Garrity
Cameron Gatzow
Alison Gay

Melissa Gearin
Christa Gebhard-Dawson
Emma Gebhard-Dawson
Marlow Geyer
Gregory Gilquist
Cecil Gjellhaug
Brian Gleason
Thomas Glenn



Above: Shyla Leasure and Stephanie Carlisle get acquainted in Spanish Class. **Right:** Christopher Kramer, Christopher Mikesell, Raymond Frahm, Desirre Matheu, David Sallee and Steven Schwab sit contently in P.T.



Mary Gmitter
Steven Goebel
Maryrose Goetz
Melinda Goodrich
Joseph Greene
Michael Grimes
Crystal Groeneweg
Joni Grove

James Gullikson
Kevin Gustafson
Cathryn Haag
Kristy Hagaman
Anna Haines
Christina Halbrecher
Elliot Halley
Rebecca Hallin





Steven Hallin
Heidi Halvorson
Cara Hanrahan
Megan Hanson
Adia Harder
Michael Harder
Ryane Hartung
Amy Harvey

Laura Haselbauer
Leah Haseltine
Jessica Hattenberger
Kristine Haugen
Adam Hawkinson
Jennifer Hawkinson
Matthew Hazzard
Beth Heapy



James Heath
Brian Heimerl
Sarah Held
Laura Hendrickson
Andrew Hennen
Kristina Hennessey
Megan Hennessey
Brian Herdina

Andrew Herman
Nicholas Hietala
Bradley Hildreth
Brooke Hindi
Krista Hipkins
Curtis Hjort
Laurie Hobbs
Joshua Hofeld

A Peek From the Past...

Mrs. Brohaugh - First Grade

Mrs. Brohaugh
Anderson, Mindy
Berry, Sarah
Drury, Kevin
Dunaski, Renee
Fedderly, Jessica



Fraley, Jesse
Gilquist, Gregory
Haluptzok, Heather
Huitt, John
McElhaney, Julie
Mettler, Matthew



Meyer, Leroy
Montzka, Rebekah
Morrison, Joseph
Nelson, Kevin
Olson, Patrick
Omdahl, Nicholas



Peterson, Dannell
Pfaffendorf, Christina
Reese, Joshua
Walcker, Elizabeth
Wetterling, Crystal
Wolfe, Michelle



MRS. WIRGAU - GRADE 2



Mrs. Wirgau
Nichole Anderson
Stephanie Carlisle
Rachel Deedon
Matthew Dupay
Adam Hawkinson

Trevor Huerstel
Jodi Humphreys
Kristen Jacobs
William Janicke
Melissa Kolbow
Rebecca Mardaus

Michael McCurdy
Peter Nerothin
Nicholas Peltier
Brandon Peterson
Angela Roberts
Paul Samec

Christopher Swenson
Troy Szczepanski
Emily Vaughn
Jeremy Wallraff
Seth West
Ryan Zimmerman

...We Grew Up So Fast!

THIRD GRADE - MRS. SERGEANT

Nick Baumann
Christy Bayless
Cory Buchholz
Todd Carlson
Corey Colburn
Trevor Cottrell
Casey Edwards



Christy Fischer
Heidi Halvorson
Jessica Hattenberger
Sarah Held
Molly Johnson
Brian Joyer
Becky Jungbauer



Karen Klinkhammer
Joey Kunshier
Tommy Miller
Bobby Peterson
Robbie Schleicher
John Schultz
Jessie Snider-Brown



Matthew Toenjes
Hailey Wagamon
Chrissy Wagner
Mike Wrobel
Naomi Zagar



Ms. Roop - Fourth Grade

Berry, Sarah
Brenberg, Brian
Chapin, Joel
Chapman, Chad
Colter, Jacqueline
Dippong, Jessica
Engebretson, David



Enz, Isaac
Fedderly, Jessica
Garrity, Brian
Lehman, Heather
Lund, Erin
McKinnon, Corey
Miller, Steven



Pechaver, Allen
Phillips, John E. Jr.
Saloka, April
Salzman, Renee
Severson, Meghan
Still, Nicholas
Stone, Amanda



Super, Jolene
Thom, Jamie
Triviski, Theresa
Utecht, Jason
Wetterling, Crystal



NOT PICTURED:
Ms. Roop

Justin Holmberg
Ron Hong
Candida Horn
Jennifer Hosfield
Amy Houle
Luke Howard
Kristina Howell
Alicia Howie

Trevor Huerstel
John Huitt
Jayson Hunt
Emily Hursh
Sarah Husnik
Joshua Imler
Howard Immel
Jennifer Insdahl

Angela Jackson
Jennifer Jackson
Kristen Jacobs
Brian Jambor
William Janicke
Sarah Jensen
Brandon Johnsen
Amy Johnson

Chad Johnson
Heather Johnson
Jacob Johnson
James Johnson
Jared Johnson
Jesse Johnson
Joleen Johnson
Lauralee Johnson

Lora Johnson
Nicole Johnson
Renee Johnson
Sonja Johnson
Telia Johnson
Brian Joyer
Dennis Juscak
Jill Justesen



“ If you do not
think about the
future, you
cannot have
one. ”

-John Galsworthy

Devin Kaar

Amy Kanada

Rebecca Kaphing

Eric Kehoe





Matthew Kelley



May Khang



Nicholas Kirby



Jason Klecker

“ Almost
everything that
is great has
been done by
youth. ”

-Benjamin Disareilly



Amanda Klein
Jillian Kline
Troy Kline
Karen Klinkhammer
Marcia Klous
Matthew Kment
Jill Kmetz
Lisa Knight

Colleen Knox
Amanda Knutson
Katie Knutson
Katrina Knutson
Amanda Koethe
Susan Koethe
Joseph Kohs
Melissa Kolbow

Michael Konobeck
Daniel Koski
Daniel Kostuch
Kyle Kotrba
Christopher Kramer
Phillip Kresge
Brandon Kuehn
Joseph Kunshier

Tracy Labernik
Daniel Lafaurie
Jeffrey Landin
Robert Langenbach
Cheree Langmade
Jennie Larsen
Christina Larson
Rebecca Lasiuta

Andrew Lathrop
Shyla Leasure
Jessica Lee
Daxson Leepart
Heather Lehnman
Kristopher Lencowski
Teresa Lerol
Peter Leroux

James Leveseur
Melissa Lillyblad
Joseph Linquist
Terry Londo
Bryan Ludington
Erin Lund
Jason Lund
Andrew Lundborg



Daniel Lutz
Angela Madsen
Kelly Main
Angela Maki
Wayne Manders
Beatrice Manske
Rebecca Mardaus
Aaron Marko



Michell Marr
Kelly Marsh
Judd Matheson
Michael Mathias
Dana Maus
Melissa Mayen
Rachel McCullough
Michael McCurdy



Cullen McIntyre
Corey McKinnon
Daniel McNabb
Joseph McNamara
Jill McQuiston
Monique Menefee
Matthew Mettler
Leroy Meyer



Michelle Meyer
Renee Michaud
Christopher Mikesell
Charles Millar
Allison Miller
Amy Miller
Brian Miller
Cynthia Miller

Erin Miller
McKenzie Miller
Ronni Miller
Thomas Miller
Nicholas Millette
Stacey Mitchell
Joseph Mitsch
Logan Mitton



Left: Gabriel Walbridge and Damian Muntean give Jared Johnson a little *uplift* during passing time. **Right:** Chemistry students Hailey Wagamon and Karen Klinkhammer have obviously been spending too much time around the chemicals in lab.



Jason Mock
Rebekah Montzka
Lisa Morgan
Nicole Morley
Joseph Morrison
Aimee Mouchet
Darin Moxness
Andrea Mueller

Thomas Mueller
Scott Mulligan
Benjamin Mullin
Jason Munkton
Angela Munson
Damian Muntean
Sean Murphy
Leif Nadeau

Battle...



Why do guys...

...always talk about cars?

...try too hard to impress girls?

...scratch themselves in public?

...never show their true feelings?

...act mean to girls they like?

...of the Sexes

Why do girls...

...go to the bathroom in groups?

...change their minds every two minutes?

...say they are fat when they are not?

...have more than sixteen pairs of shoes?

...act so dramatic?



Brenna Nagle
Nicholas Nascene
Gabriel Nelson

Keith Nelson
Kevin Nelson
Natalie Nelson

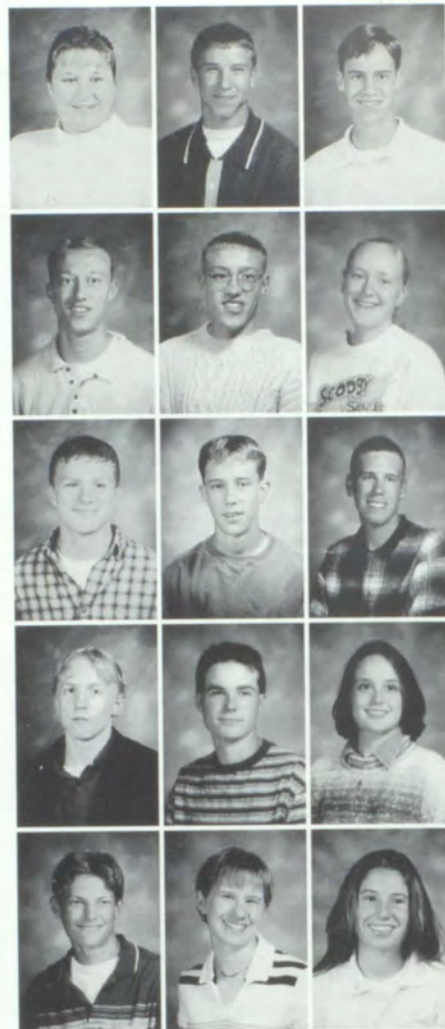
Peter Nerothin
Scott Nickelson
Brian Nielsen

Allan Niemi
Timothy Noll
Erin Nordenstrom

Matthew Nordlund
Britt Nordstrom
Catherine Norris



Above: Manly man, funny man, or girly man? Who really knows what Joseph Scaramuzzo, William Janicke and Brian Schaeppi are trying to be on Buddy Pic day.



William O'Brien
Cathryn Oaks
Sara Oaks

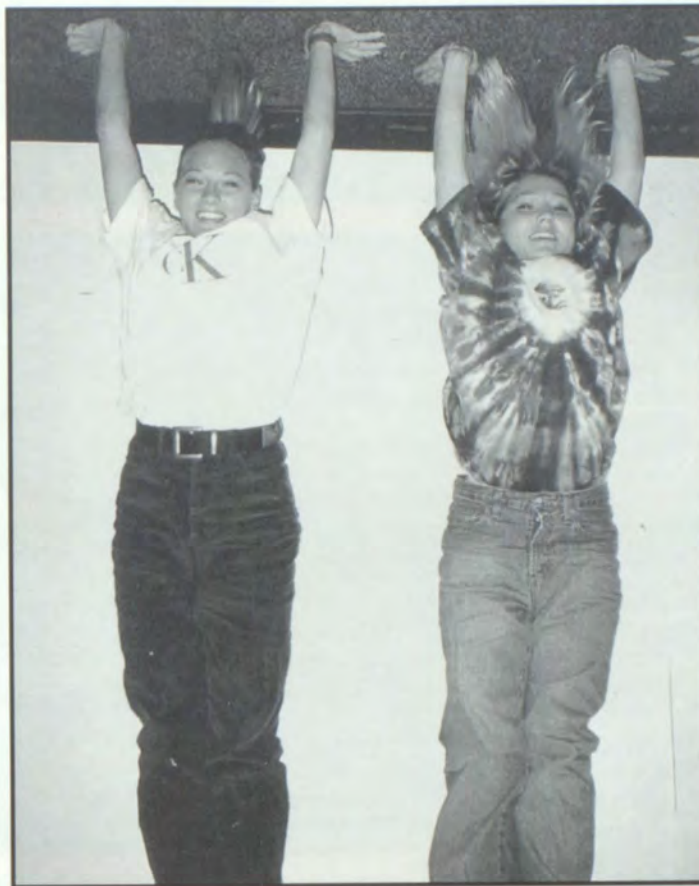
Jennifer Obrestad
Erika Ochs
Douglas Okeson

Cody Olson
Patrick Olson
Raini Olson

Robin Olson
Nicholas Omdahl
Andrew Orlich



Above: Denay Panning and Laura Hendrickson express their true feelings for each other.



Above: Kristen Jacobs and Julie St. Sauver have a hair-raising experience.



Above: Study buddies Kristopher Lenkowski and Jeffery Anderson are having tons of fun expanding their knowledge.



Matthew Osterbauer
Kelly Owen
Josue Paez

Laura Paidar
Kerry Palmquist
Denay Panning

Gina Parzino
Jodie Paumen
Allen Pechaver

Phillip Pechaver
Christine Pechuman
Joseph Pederson

Andrea Peltier
Nicholas Peltier
Federico Perez

Phillip Perrin
Melissa Perron
Nicholas Perron

Alicia Peterson
Dannell Peterson
Jeremiah Peterson

Brooke Pfaffendorf
Christina Pfaffendorf
John Phillips

Jesse Pierce
Tisha Pigman
Tiffany Pkula

Tawnia Pleski
Larry Pohlkamp
Jeffrey Powell
Mandi Proehl
Kelly Prudhomme
Scott Quesnel
Mark Radtke
Jennifer Rangitsch

Ryan Ray
Justin Reed

Sarah Reed
Joshua Rehbein

Heather Reid
Teresa Reiling

Jamie Reinertson
Nichole Reller

Christopher Reynolds
Carrie Rhoda

Kelly Riley
Scott Robinson

Neil Rollins
Melissa Rosse

Candace Rudlong
Timothy Rudy
Travis Russ
Anna Rygh
David Sallee
April Saloka
Renee Salzman
Shari Salzman



Top: Shannon Vernon, Kristina Hennessey, Dana Ahlm and Nichole Reller gather for a picture in the library. **Above:** Students in a Junior pre-travel class enjoy their 50 minutes of freework time.





Paul Samec
Brianna Sargent
Megan Sassaman
Joseph Scaramuzzo
Brian Schaeppi
James Schaeppi
Kristine Schally
Timothy Schardin



Top: Anna Rygh, Elizabeth Voto, Carol Westmoreland, Emily Anderson and Catherine Norris share some girl-bonding time before finals. **Above:** Scott Robinson, Thomas Smolenaers, Amy Houle, Britt Nordstrom, Kimberly Thompson, Brooke Wolfe and Allison Gay form a Junior pack.



Jeffrey Schipper
Kristen Schlagel

Robert Schleicher
Jessica Schmidt

Andrew Schneider
Shelley Schroeder

John Schultz
Megan Schulz

Sara Schutts
Charles Schwab

Steven Schwab
Tina Schwab

Lindsay Schwintek
David Scully

Steven Searle
Jennifer Seiler
Amy Selly
Tina Selly
Anthony Serpico
Bethany Severson
Meghan Severson
Corey Shaw

Noah Shepard
Tanya Shoemaker-Lauth
Timothy Sieber
Christopher Siedow
Jeremy Siedow
Jaclyn Skibinski
Alicia Slowinski
Nicholas Smith

Joshua Smolke
Matthew Sonnek
Kirsten Sorensen
Paul Spiczka

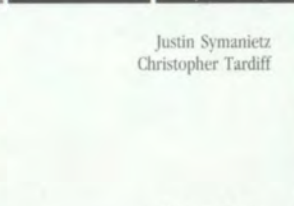
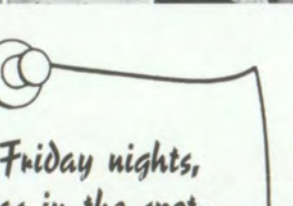
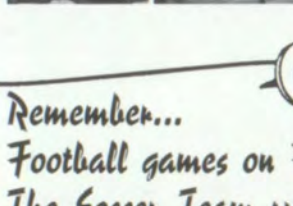
Julie St. Martin
Julie St. Sauver
Aaron Stafki
Mary Stanley

Kristen Staples
Kate Stipe
Amanda Stone
Sandy Strensgard

Thomas Struntz
Emilie Stuber
Kelly Sumption
Jolene Super
Matthew Swanson
Christopher Swenson
Eric Swenson
Cynthia Swinehart



Above: Sarah Bahr consults with Krista Hipkins and Jesse Fraley before giving a speech.



Justin Symanietz
Christopher Tardiff

Rebecca Tatting
Nichlaus Thacker

Jamie Thom
Amber Thompson

Kimberly Thompson
Dustin Thornburg



Remember...
Football games on Friday nights,
The Soccer Team was in the spot-
light.
Denkin's restaurant was where we
went,
With our friends our time was
spent.
We are a team, together as one,
Laughing or crying, it was all in
fun.
The memories we made were better
than great,
All in the year of...

-Kelly Sumption and Aimee Mouchet



Corrin Thorson
Matthew Tinkenberg
Matthew Toenjes
Lisa Triden
Theresa Triviski
Craig Trotter
Kari Tschida
Sara Tuma



Nicole Turgeon
Jason Utech
Lig Vang
Lousee Vang



Above: Erika Ochs is relieved after taking a test.



Kathryn Vejtruba
Joseph Villnow
Jason Vincent
Herbert Vogt



Kelly Votel
Elizabeth Voto
Hailey Wagamon
Gabriel Walbridge



Elizabeth Walcker
Daniel Waldoch
Jeremy Wallraff
Mary Watters
Annastasia Wawers
Brandon Wendel
Carol Westmoreland
Rebecca Wilkens



Above: Kelly Marsh and Cara Hanrahan reflect their friendship during buddy pics.



Amy Windmeier
Nicole Wise
Brooke Wolfe
Michelle Wolfe



Jessica Wolff
Jeremy Woods
Eric Wruck
Ryan Wuotila



Christopher Yoch
Alexander Young
Tara Young
Theresa Zaccardi



Naomi Zagar
Richele Zak
Beth Zaudtke
Jeremy Zderad
Chad Zeleschnak
Bradley Zielinski
Jeffery Zillmann
Ryan Zimmerman

Starting From Scratch

Something new for everyone, with
Opportunities left and right,
People see we are growing up, yet,
Holding onto our memories.
Our days here have just begun
Maybe soon we will realize
Our futures and what we are striving for.
Relying on each other,
Everyone is realizing that they are
Starting from scratch.





99



Top Left: Melinda Mackenzie competes with Leah Blair and Lindsey Barott to see who can build the best molecule in Biology.

Top Right: Christa Drake and Kristin Ellenwood are trying to impress Nicole Grundtner and Lucas Ferden as they demonstrate how to bond hydrogen and carbon in Biology.

Bottom Left: Leah Belland, Alicia Olson and Jessie Moser are sticking together to make it through all 85 minutes of band.

Bottom Right: Gerald Anderson laughs as Joseph Grundhoefer, James Granger, Jason Tuma and Wesley Ringquist prepare for another day in shop class.

A Sophomore Sensation

Nathan Aamot
Benjamin Adair
Kristine Adams
Tiana Ahrndt
Kade Almendinger
Anna Almquist
Andrew Alsdurf
Michelle Andersen

Ryan Andersen
Brian Anderson
Gerald Anderson
Jacob Anderson
Jessica Anderson
Jillian Anderson
Laura Anderson
Michael Anderson

Wayne Anderson
Daniel Antilla
Heath Arhip
Jesse Armstrong

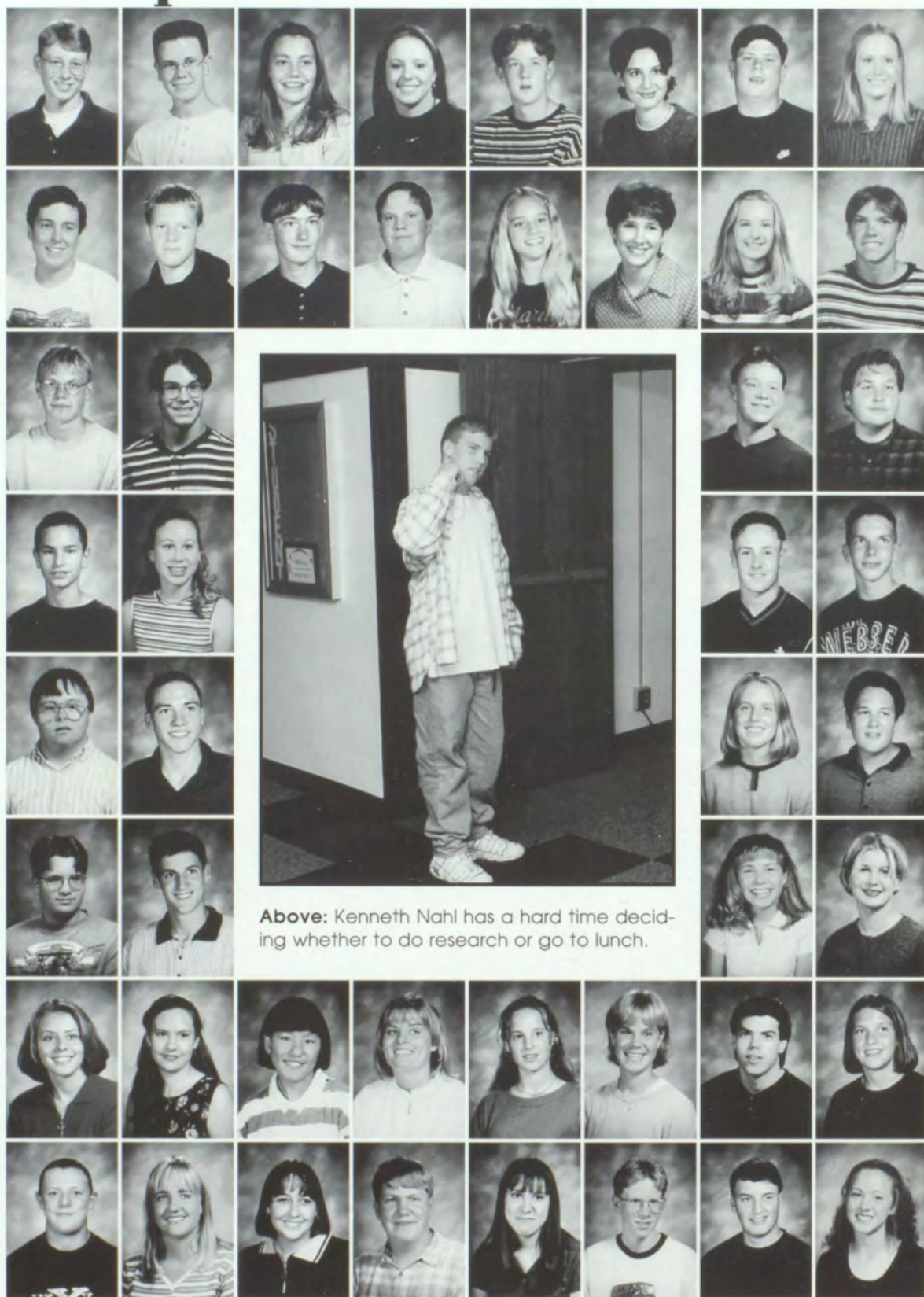
Chad Arrigoni
Shana Atkinson
Ryan Axelson
Scott Baber

James Bahnmann
Michael Baker
Melanie Bakken
Joseph Banntari

John Barhorst
Steven Barnier
Lindsey Barott
Amy Barrett

Danielle Barrett
Sarah Barrett
Marissa Barton
Brittney Bass
Rebecca Baumann
Linae Beastrom
Eric Beck
Russie Beck

Gregory Becker
Leah Belland
Theresa Belmore
Jeremy Benedict
Jennifer Bentilla
Adam Bergman
Matthew Bermel
Randi Berndt



Above: Kenneth Nahl has a hard time deciding whether to do research or go to lunch.



Above: Sommer Hietbrink is taken by surprise while sneaking into class late with a pass.

Angelina Berreau
Megan Berry
Adrielle Bertilson
Melissa Bibeau
Jessica Bier
Shawn Birdsall
Timothy Birkholz
Adam Bjork

Kraig Bjorklund
Leah Blair
Derrick Bloomberg
Elizabeth Bode
Rachel Boerum
Thomas Boesel
Mitchell Bollin
Rebecca Bombard

Carrie Ann Borle
Michelle Boudewyns
Heidi Bourke
Jessie Boyd

Diana Boyum
Carl Brandt
Kellie Brandt
April Braun

Shanna Bridgeman
Cliff Briggs
Justin Brink
Tiana Brisenio

Ryan Broch
Jason Brodeur
Kelly Bronson
Amanda Brooks

Kristine Bruce
Rebecca Brune
Deanna Buesing
Mark Bulinski
Evan Bunn
Patrick Burlingame
Travis Burns
Abigail Burrows

Keith Burth
Brooke Bushman
Mario Bustamante
Bradley Byland
Steven Bystrom
Joseph Cameron
Patrick Cameron
Nickolas Carlisle

'To Infinity and Beyond!!'

Movie, Toy Story

Brian Carlson
Beth Carpenter
Colin Carpenter
Eric Carr
Erin Casey
Talia Castano
Debra Cations
Randy Chall



Christopher Chapeau
Blair Chasteen

Mandee Checkalski
Allison Christensen



Brian Christensen
Christopher Ciccone

Above: Ann Dempsey, Jesse Robb and Sara Sumption wait patiently for their classmates to finish a test.

Billy Joe Clarin
Jennifer Clark
Melissa Clark
Rachel Clark
Daniel Clayton
Rebecca Cobb
Kristin Cockburn
Robyn Cohoes



Danielle Cole
Janelle Coleman
Colleen Coleman-Wilke



Kathleen Colvin
Robert Conde
Shaun Conley



Angela Connelly
Angela Copeland
Kristina Corlew



Thomas Cubus
Kristina Curry
Joni Czeck
Erin Dahl
Michael Dahl
Analisa Dahle
Christopher Dalbec
Douglas Daninger



Above: Melissa Bibeau and Kimberly Springer discuss last night's homework assignment while waiting for class to begin.



Kenneth Dankers
Justin Darrell-Anderson
Rebecca Dauffenbach
Travis Dehizan
Kathrine Dehmlow
Ann Marie Dempsey
Nicholas Denny
Katie Devine



Jennifer Deyo
Stacy Dierkhising



Above: Molly Fee helps Beth Carpenter by proof reading her paper for English class.

Thomas Dill
Joshua Docken

Kristen Donohoo
Kyle Doss



Dena Doughty
Michael Dowdall
Christa Drake
Jonathan Duchene
Nathan Dufresne
Melissa Dunn
Tonia Eaton
Jeffrey Ehlenz



Above: Heidi Wagamon and Sarah Schultz take a quick break from their project in U.S. History.



Kristin Ellenwood
Luke Ellis
Brooke Ellman



Mikael Engstrom
Jill Erickson
Joshua Erickson

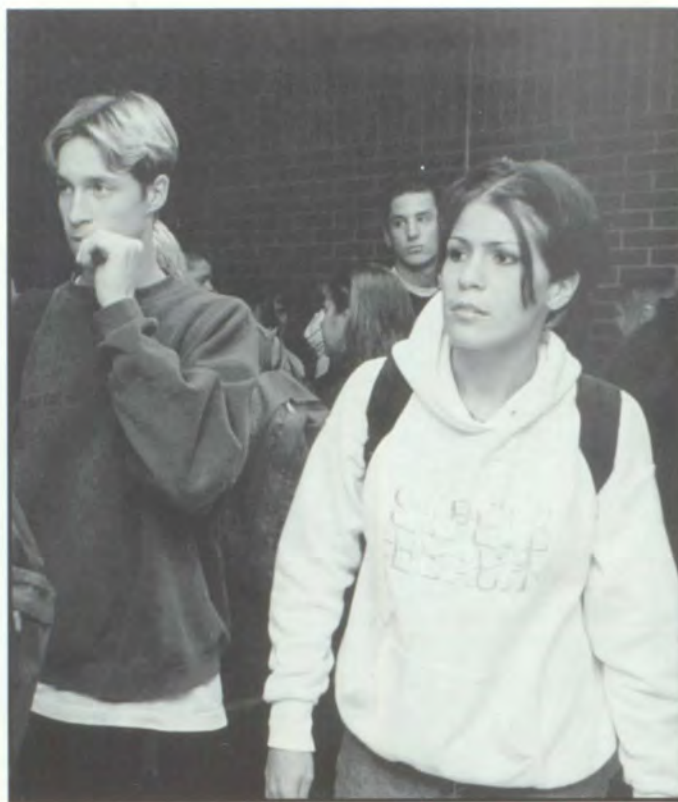


Nicholas Ericson
Kendel Ernst
David Ernster



Nathaniel Evenson
David Ewaldt
Molly Fee
Sara Fellows
Kristina Fenner
Lucas Ferden
Nicole Finnemann
Cheryl Fischer

Below: Jay Ward and Jeremy Schwietz read magazines in the library. **Right:** Shawn Birdsall searches for Jeanette Winiecki through all of the confusion as the day comes to an end.



Shannon Ford
Kirsten Foslien
Abigail Fredrickson
Justin Fritz
Aaron Galleberg
BJ Garrity
Jessica Gellerman
Sarah Gessner



Chad Gillette
Brian Gilman
Melissa Girtz
Joshua Glaus
Matthew Gockowski
Cory Gogerty
Sarah Gordon
James Granger



Luke Greenwald
Kenneth Groeneweg
Curtis Gross
Jenelle Gross
Melissa Grubbs
Heidi Grun
Joseph Grundhoefer
Nicole Grundtner



Robyn Grussing
Andrew Gustafson
Carrie Gustafson
Nicholas Gustafson
Jeremy Hageman
John Haider
Kari Halverson
Andrew Hamilton



Andrew Hammond
Candice Hammond
Justin Hanna
Gwendolyn Hansen
Joshua Hansen
Tiffany Hansen
Bridget Hanson
Jody Hanson





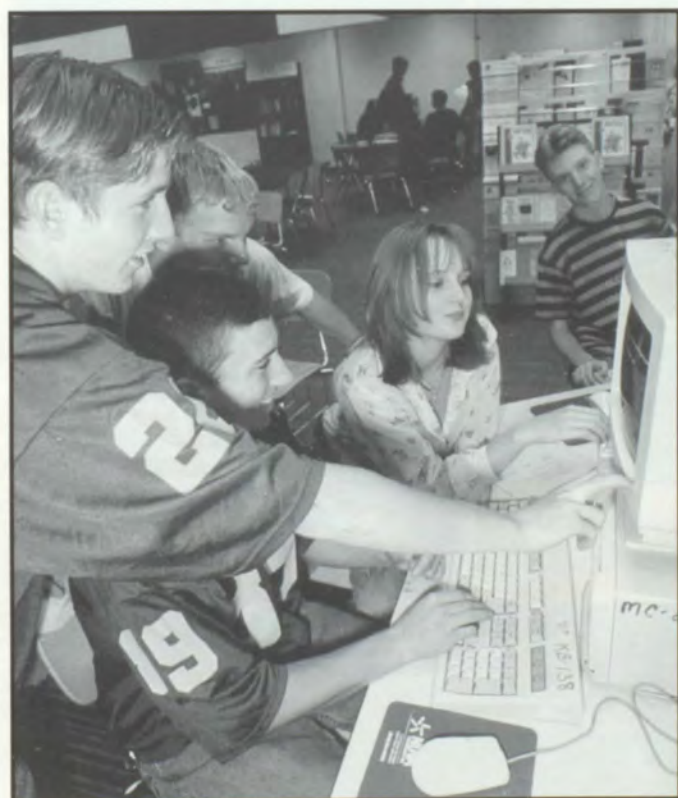
Chad Harff
Jennifer Harvey
Joseph Haselbauer
Amy Hattenberger
Gregory Hatlestad
Bradley Haugaard
Christine Hauge
Joshua Havens

David Hawkins
Patrick Hebert
Christopher Heckel
Bryan Hedgers
Peter Hegseth
Alisha Heimdal
Sarah Heimerl
Susan Hemstad

Jason Henriott
Nicole Hensley
Kristin Henton
Marlane Hernandez
Kellie Herdina
Cathleen Hess
Jackson Hieb
Samantha Hietala

Sommer Hietbrink
Jessica Highland
Misty Hill
Trisha Hiltner
Christina Hjulberg
Jocelyn Hoekstra
Shantell Hoff
Shawna Hoff

Raymond Hoffman
Nicholas Hofstede
Tyler Hogen
Jonathon Hokenson
Tyler Hollerbach
Jessica Holmberg
Elizabeth Hood
Heather Hoover



Left: Jeremy Hageman, Daniel Lindstrom and Britta Swenson watch Ryan Radtke work on a new computer program. **Above:** David Hawkins and David Martin release tension before class.

Sarah Houle
Daniel House
Jeffrey House
Jonathan Hoveland
Stephanie Hubbard
Charles Hudella
Kimberly Huls
Roberta Huspek

Darren Isaacs
Staci Jackson

Brian Janke
Anthony Jarousek

John Jawish
Rebecca Jelinek

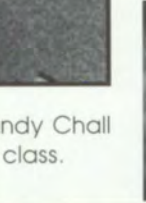
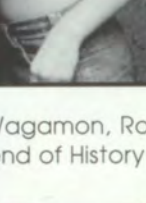
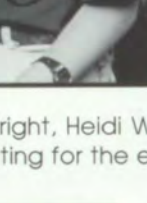
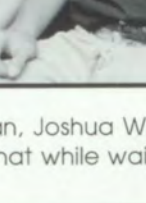
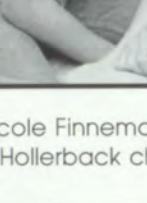
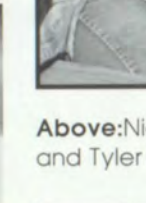
Cassandra Jensen
Jonathan Jensen

Kristin Jensen
Daniel Johnson
David Johnson
Jennifer Johnson

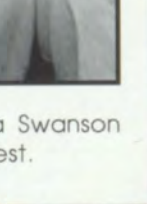
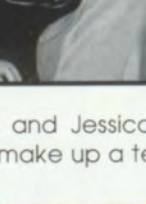
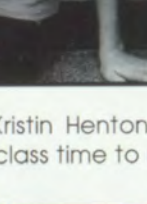
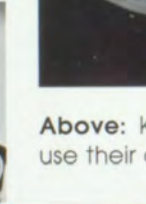
Jill Johnson
Kari Johnson
Kyle Johnson
Kylene Johnson

Phillip Johnson
Sarah Johnson
Tiffany Jonasen
Malinda Jorgensen

Dawn Josephson
Melinda Joyce
Corey Kadechka
Julie Kaiser
Chrystal Kalsbeck
Justin Kampa
Amy Kampschroer
Lisa Kanada



Above: Nicole Finneman, Joshua Wright, Heidi Wagamon, Randy Chall and Tyler Hollerback chat while waiting for the end of History class.



Above: Kristin Henton and Jessica Swanson use their class time to make up a test.





Paul Karls
Blake Karwoski
Dustin Kasper
Jessica Kaufman
Ronald Kaufman
Eric Kaul
Daniel Keefe
Christopher Keller



Garnet Kellermann
Grant Kellermann



Douglas Kelley
Brandon Kemp



Mandrea Kemp
Jason Kempenich



Erin Keto
Matthew Kieger



Above: Nicholas Denny, Melissa Clark and Jill Erickson review for an upcoming test in U.S. History.



Hennika Kinley
Mickael Klande
Nicholas Klecker
Mark Klein



Brian Kluk
Diana Kniebush
Daniel Knowlan
Heather Knowlton



Christopher Knutson
Jacob Knutson
James Knutson
James Knutson



Above: Beth Swanson, Scott Seseman, Justin Maki and Sarah Leko work strenuously on a project as their teacher, Mrs. Sandra Teichner, watches them.



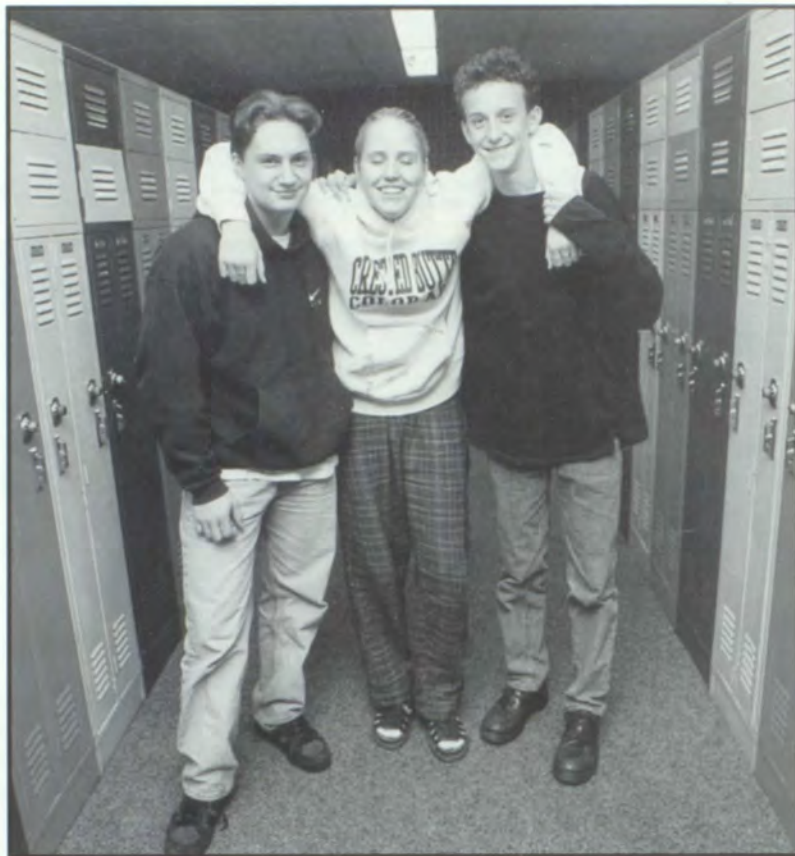
Jeremi Koff
Jennifer Kohs
Gretchen Kolbow
Melissa Koppy
Melissa Koreen
Lindsey Kosman
Angela Kotlowski
Corina Krantz



Sophomore Poll

WHAT'S

HOT



Above: Melanie Bakken relies on Joshua Docken and Ryan O'Donnell for support on her finals.



Above: Russie Beck, Ann Dempsey and Mark Nelson work with food coloring during Biology.

Favorite Song:

"Beautiful People" - Marilyn Manson
 "Twisted" - Keith Sweat
 "Strawberry Wine" - Deana Carter

Favorite Color:

Blue

Favorite Movie:

Toy Story

Favorite Male Celebrity:

Leonardo DiCaprio

Favorite Female Celebrity:

Jenny McCarthy



Above: Kendel Ernst and Anna Almquist stop to talk on the way to fourth hour.



Above: Abbey Lushanko attempts to develop a picture in Photography class.

Favorite Subject:
Math

Favorite Day of the Week:
Friday

Favorite Sport:
Basketball

Favorite Amusement Park Ride:

Wild Thing - Valley Fair

Clothing Brand:
Levi's Jeans

Two separate groups of people,
Meeting now as one.
Learning about each other
And doubling their fun.

A long road lies ahead of them,
A journey each must take,
And the help they'll find to guide
them
Is in the friendships they will make.

-Jeremy Benedict

The Sophomore class
is a blast from the past
But my car is running out of gas
and I am trying
to pass my class.

-Anthony Jarousek

James Krause
Carolyn Kroulik
Michael Krueger-Morency
Adam Kuntz
Sherilynn Land
Jeremiah Lane
Joshua Lane
Angela Lange



Kristen Larson
Lisa Larson



Carrie Larue
Jennifer Latour



Michael Lattary
James Leary



Above: Shawna Hoff and Cathleen Hess are just inches away from colliding with the auditorium door when Jessica Anderson attempts to stop them before it's too late.

Samantha Lee
William Lee
Melissa Leef
Kevin Leibel
Alicia Leidenfrost
Jennifer Leko
Sarah Leko
Timothy Lemoine



Patrick Lenahan
Justin Lenk
Troy Lewandowski



Sara Liljedahl
Craig Lillemo
Benjamin Lindberg



Shauna Lindgren
David Lindquist
Daniel Lindstrom



Above: Anne Magnuson and Tracy MacIntyre enjoy one another's company in the hall.



Troy Lockert
Brooke Loftus
Jessica Loftus
Brandon Lolar
Kristen Loren
Brian Loushine
Annalisa Lund
Katherine Lund





Jon Lunzer
Abbey Lushanko
Anne Lutz
Ka Blia Ly
Tracy MacIntyre
Melinda Mackenzie
Anne Magnuson
Sean Majewski



Above: Diana Boyum, Theresa Belmore, Kerrie Pollasky, Jessica Anderson, Thomas Cubus, James Leary, Tiana Ahndt, Blake Karwoski, Andrew Wolff separate in a study group during Math class.



Justin Maki
Michael Maki



Anthony Marazzo
Andrea Marier



Nathaniel Marquart
David Martin



Allan Martinson
Brett Marx
Shana Mason
Jennifer Matasovsky
Nicole Mattson
Brandon Mayne
Justin Mayne
David McCullough



Above: Sandra Ryan and Jessie Moser are overwhelmed as they finish their homework in the hall.

Melissa McGuiggan
Teresa McGuire
Trisha McIntyre

Keegan McJames
Mark McKee
Travis McKenzie

Molly McLean
Meghan McRoberts
Katie Meehan



Matthew Merrell
Peter Miles
Denver Miller
Jessica Miller
Kimberly Miller
Maureen Miller
Luke Modean
Sean Mooney

Rachel Morcomb
James Morin
Brandon Morris
Jessie Moser
Christopher Mueller
Michael Mueller
Jennifer Muellner
Jessica Mulcahy

James Murphy
Katherine Nagel
Brian Nagle
Kenneth Nahl
Rebecca Neamy
Jesse Neilhart
David Nelson
Jennifer Nelson

Lanny Nelson
Mark Nelson
Sarah Neuberger
Jill Nickelson
Sara Nickelson
Molly Niemczyk
Tyler Nisbet
Katherine Noll

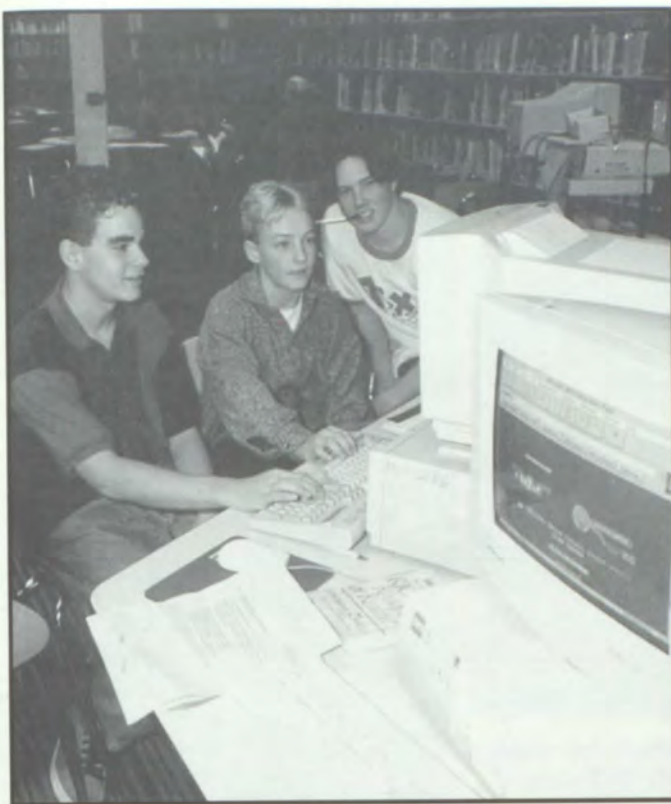
Amy Nord
Joshua Nordrum
Matthew Noren
Kristina Norton
Christian Novak
Angela Nowezki
David O'Connor
Tara O'Connor

Ryan O'Donnell
Constance O'Gary
Katherine O'Gorman
John Ochocki
Matthew Oehler
Stefanie Okeson
Aaron Olson
Alicia Olson



Above: Melissa Swanson and Angela Copeland are rushing to finish their dreamcatchers before the end of U.S History. **Right:** Katherine Nagel helps Daniel Lindstrom use the microscope in Biology.





Left: Paul Karls, Daniel House and Nathaniel Evenson work hard on the computer looking up information for a project. **Below:** Jody Hanson, Kristin Henton and AnnaMarie Rydeen show Angela Kotlowski how to make a dreamcatcher in U.S. History.



Brian Olson
Eric Olson
Jared Olson
Kamille Olson
William Olson
Amanda Palacheck
Eric Palmateer
Sara Palmer

Bryan Parent
Matthew Parker
Jennifer Paumen
Nathan Pederson
Teia Pederson
Steven Peloquin
Heidi Peltier
Sean Perron

Milissa Perry
Miles Perry
Jennifer Peters
Shannon Petersen
Jason Peterson
Katie Peterson
Manne Peterson
Marshall Peterson

Krista Petricka
Keith Pfaffendorf
Jaime Pflugradt
Kimberly Phillips
Melissa Pierce
Tiffany Pierson
Nicole Polipnick
Kerrie Pollasky

Sarah Pool
Luke Popham
Jason Porter
James Powers
Nichalis Pratt
Kara Preiner
Joshua Pringle
Leah Proulx

Luke Prudhomme
Lori Quiram
Staci Radke
Ryan Radtke
Katie Randall
Derek Randolph
Travis Rasmusson
Katherine Raymond



Mitchel Rehbine
Rachel Reinke
Suzanne Remackel
Kyle Remitz



Patrick Remley
Matthew Resler
Stephen Rettner
Phillip Rhein



Maurice Rhodes
James Richey
Anne Rider
John Rieck



Above: Joshua Docken kicks back and relaxes as the class learns the study strategies of the day.

Katherine Riel
Wesley Ringquist



Anna Rivard
Jena Rivard



Jesse Robb
Adam Roberts



Rebecca Robinson
Heather Rollinger



Above: Tiffeny Hansen, Victoria Voto, Eric Olson, Shane Zawol, Lindsey Wittnebel and Douglas Toepper stop before class to chat with each other.

Jesse Rose
Heather Rosenow
Chauntae Ruppe
Kenneth Rutford
Sandra Ryan
Caroline Rychley
Annamarie Rydeen
Robert Rydlund





Timothy Rysgaard
Corey Salminen
Paul Sandager
Benjamin Sandahl
Erin Sandstrom
Dennis Sarracco
James Saunders
Thomas Savord



Amy Jo Saxe
Brandon Saylor
Neil Schabert
Amy Schipper



Nicholas Schleder
Jacqueline Schneider
Kevin Scholl
Brian Schoonover



Nova Schuler
Sarah Schultz
Holly Schwartz
Jennifer Schwartz



Above: Mitchel Rehbine helps Michael Dahl and John Vogel break apart molecules at the end of Biology class.



Meredith Schwarz
Jeremy Schwietz



Sean Segelstrom
Jillian Senjem



Michael Serpico
Scott Seseman



Brian Severin
Angela Severson



Above: Luke Greenwald and Amy Barrett are all ears in Mrs. Jane Gilles' American Literature class.



James Shearen
Michael Shepard
Daniel Sherman
David Sicheneder
Ryan Silverberg
Aaron Simpson
Rebecca Skallman
Jeremy Smalley

Elisa Smith
Elizabeth Smith
Justin Smith
Nathan Smrekar
Paul Sobiech
Sheri Sofie
Rebekah Spiess
Dustin Spofford



Kimberly Springer
Thomas Stachowiak
Aletta Steinbruckner
Tracy Stendahl



Shaun Stenlund
Laura Sterner
Angela Sternhagen
Dustin Stevermer



Elizabeth Stigall
Tommy Stolz
Gina Stramer
Rochelle Strande



Above: Linæ Beastrom and Kellie Brandt impress Jessica Bier by showing her how much French they remember.

Rochelle Strickler
Jesse Stumm
Sara Sumption
Tia Sumption
Richard Supan
Beth Swanson
Jessica Swanson
Melissa Swanson



Britta Swenson
Jeremy Swenson

Micah Swenson
Jillian Tate



Jameson Taylor
Lucas Tellin



Sarah Temte
Matthew Thesenvitz



Above: Adam Kuntz, Travis Rasmusson, Nicholas Klecker, Christopher Mueller, Daniel House, Katie Peterson, Thomas Boesel and Trisha Hiltner anxiously await the end of the day.



Jacob Thielbar
Stephanie Thomas
Sarah Thompson
Natasha Thoreson
Seth Thorson
Andrea Tkach
Douglas Toepper
Jamie Tomlin



Jason Tovsen
Keith Treague
Andrew Trezek
Amber Trottier



Jason Tuma
Curtis Turner
Russell Unger
Lisa Urman



Nadine Vadnais
Logan Van Deen
Holly Van Guilder
Mae Vang



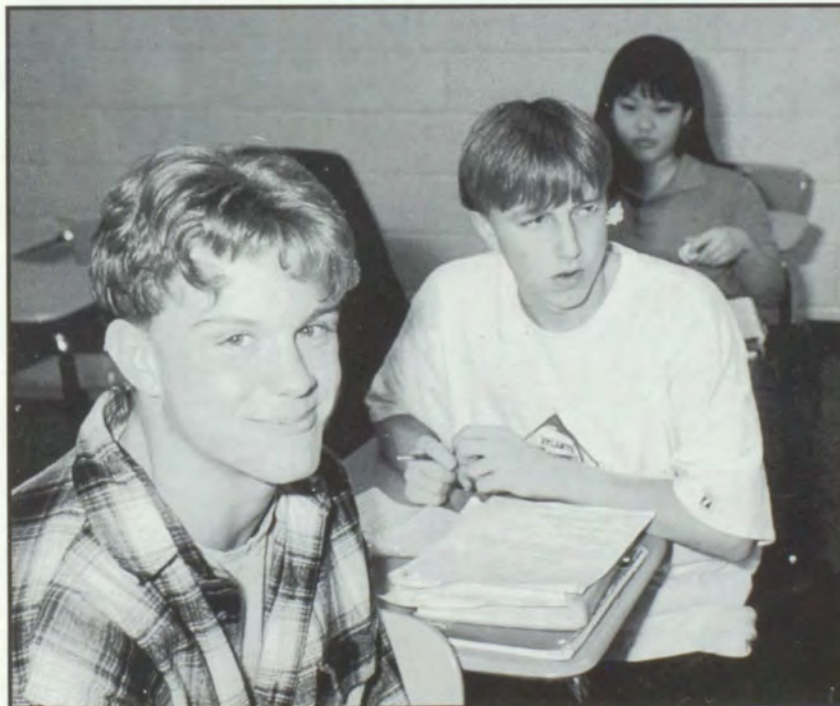
Above: Abigail Burrows, Sara Liljedahl and Jill Johnson wait with anticipation as their next class draws near.



Nkaujn Vang
Nicholas Vannelli
Steven Vasey
Eileen Vogel
John Vogel
Aimee Volk
Victoria Voto
Mai-yer Vue



Erik Waddell
Heidi Wagamon



Above: Tyler Nisbet shows his enthusiasm for class as Brandon Sayler and Kimberly Phillips listen intently.



Crystal Wakem
Joseph Walbridge



Laura Walcker
Erin Wallar



Jay Ward
Kelli Waska



Below: Sarah Johnson and Rachel Clark take a much needed break from a vigorous history project.



“All glory
comes from
daring to
begin.”

-Eugene F. Ware

Trish Watson
Rachel Webber
David Weber
Erin Wellcome
Steven Welsch
Fred Wenzel
Michael Weygand
David Wheeler



Julie Whitcomb
John Whitebread
Gillian Whitledge
Raina Whitman
Joseph Whitters
Peter Wiberg
David Wiener
Trevor Wightman



Jon Williams
Jesse Wilson
Jeanette Winiecki
Amanda Wise
Justin Witt
Lindsay Wittnebel
Andrea Wojtowicz
Andrew Wolff



Nicole Womack
Alice Wood
Kenneth Wood
Matthew Wood
Joshua Wright
Koula Yang
Kelsey Young
Douglas Yunker



Andrew Zarbok
Shane Zawol
Ronald Zemke
Johnathon Zemlicka
Nicholas Zisk



Section Completed by Anna Almquist, Michael Baker, Cathleen Hess, Shawna Hoff and Sarah Schultz.

Leadership for Learning

From the
Assistance they give
Continually through the days,
Unique ways to show us
Life's crazy ways.
Teachers are a part of
Year-long leadership for learning.



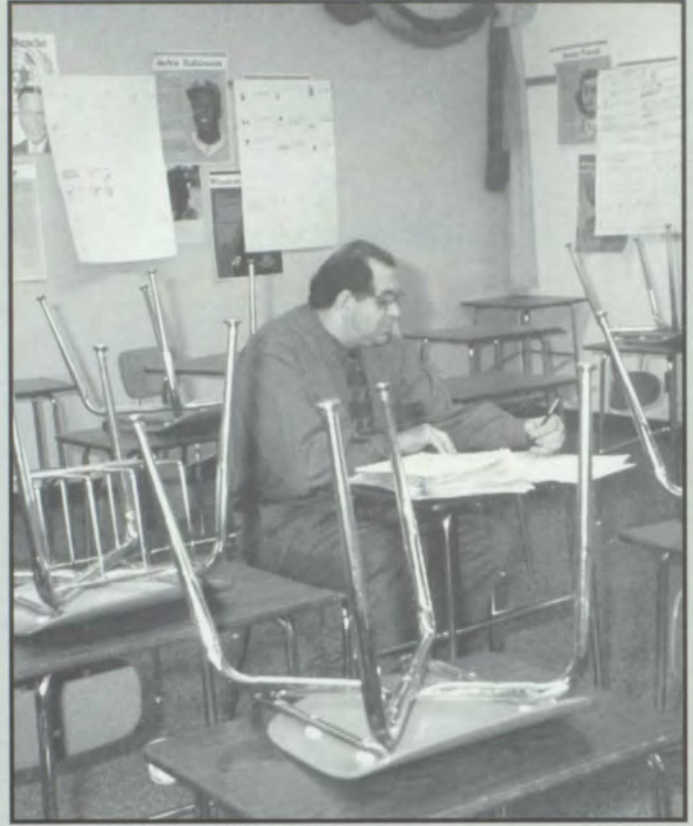
Top: Judy Dittberner and Paul K... a student-teacher team, both scratch their chins at a problem in U.S. History.

Above: Teachers: (Row 1) Jane Gilles, Beverly Larson, Joan Paulson, Gail Low (Row 2) Dorothy Sunne, Judy McDonough, Deborah Bendix, Rachel Boumann, Michael Bernauer, Carleen Onell, Henry Hebert, Anne Holzman, are all fancied up to show their school spirit on Western/Hat Day during homecoming week.

Faculty and Staff



Above Left: Maureen Fitzgerald reassures her students that she has had enough to eat at the German breakfast.
Above Right: Henry Hebert finds comfort being caged in while he finishes grading his student's final English exams.



Social Studies

Row 1: Judy Dittberner, Kenneth Mikolajczyk, William McElrath, Douglas Norlander, Suzanne Stennes-Rogness, Sandra Teichner **Row 2:** The Mummy, Donald Thompson, Roger Cheyne, Charles Anderson, Sara Cameron, Ronald Tungseth



English

Row 1: Anne Holzman, Jane Gilles, Rachel Baumann **Row 2:** William Somrock, Carlene Onell, Beverly Larson, Gail Law, Henry Hebert **Row 3:** Deborah Bendix, Terryl Eikren, Michael Bernauer, Judith McDonough, John Olsen, Dorothy Sunne



Family and Consumer Sciences

Cheryl Smoczyk, Marilyn Orlich, Janet Stone



Reading

William Streeter



Left: Tracy Mowry, Patrick Elias, Mary DeFord, Theresa Snodie and Robert Dettmer socialize before their faculty meeting begins.



Business Education

Thomas Newell, Leslie Sworsky, Alan Anderson, Phyllis Slot-sve



Agribusiness

Leah Schwachtgen, Robert Marzolf, Linda Burton

Right: Carol Kluznik presents Rena Benedict with a certificate for being nominated for the National Tandy Scholars Award.



Math

Row 1: Larry Matzdorf, Jenny Coates, Nicole Abeln, Ann Astrup, Jill Becken, Charles Chalberg **Row 2:** John Lautigar, William Olson, Wallace Connor, Michael Altavilla



Science

Row 1: Jeff Lewis, Lee Anne Brockman, Karin Anderson, Bruce Leventhal **Row 2:** Gwen Hansen, Melissa Worner, Rena Benedict, Bradley Ward Not pictured: Jeff Plaman



Physical Education

Row 1: James Herman, Joan Paulson, Charles Gunderson **Row 2:** Dan Forsythe, Debra Van Klei, Kathleen Briguët, Robert Dettmer



World Language

Row 1: Marta Wilson-Brochman, Colleen Colton, Maureen Fitzgerald **Row 2:** Wendy Line, Allen Franzen, Kristen Freeman, Megan Espe-Och, Sarah Nelson



Music

Row 1: Richard Hahn, James Lindstrom **Row 2:** Maureen Seibert, Heather Williams



Special Education

Tom Schutta, Craig Cullen, Patrick Elias, Thomas Hipkins, Ed Gibson **Row 2:** Roxonna Stangeland, Theresa Snodie, Tracy Mowry, Sharon Rose, Barbara Pentilla, Janelle Kendrick



Art

Row 1: Maria Kaiser, Dana Greeson **Row 2:** Allen Larson, Nancy Pechmann



Industrial Technology

Row 1: Tim Taylor, Thomas Pogreba **Row 2:** Kevin Rivard, Dick Reinhardt, David Balsko, Tom McGovern



Left: Thomas Hipkins, Bruce Leventhal, Jill Becken, Ann Astrup, Jeff Lewis and William Olson show interest in the newest edition of 'The Breeze'.

Right: Dorothy Sunne and Joan Paulson show their proud expressions after being inducted into the Minnesota State High School Hall of Fame. **Below:** Megan Espe-Och, Jeff Plaman, Jenny Coates, Sandra Teichner, Tom McGovern and Kristen Freeman enjoy refreshments while listening to a speaker during a faculty meeting.



Principal's Secretary, Carol Johnson
Athletic Director's Secretary, Rebecca Spence



Attendance Office
Karen McCurdy, Claudia Johnson and Judy Rotach





Occupational Relations
Jeffrey Wilson and Janet Wiley



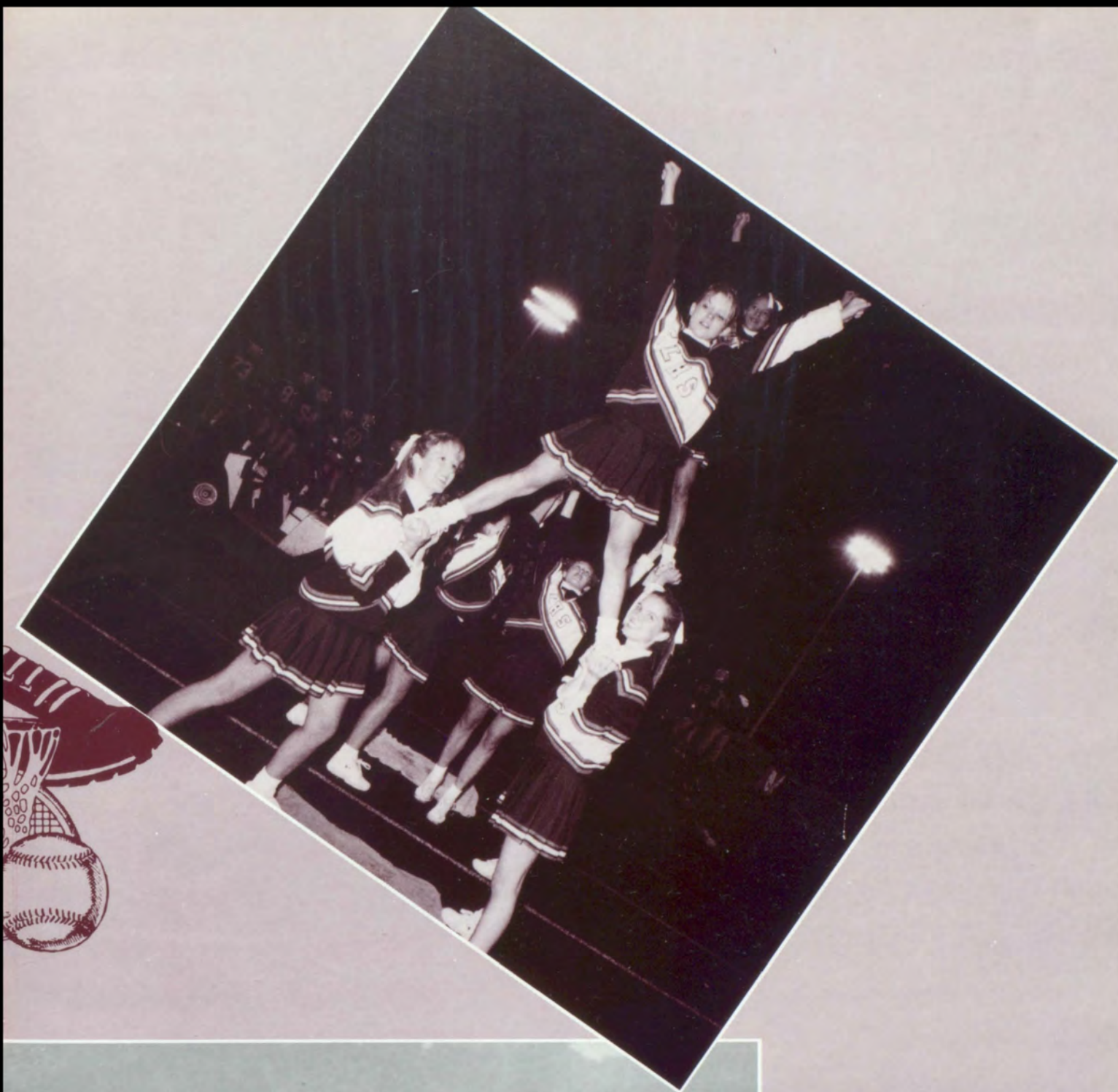
Top: Kathy Briguet walks into a disagreement between Jeffrey Wilson and Paul Karlsson over which hallway they're suppose to monitor. **Above:** Bruce Leventhal is surprised that all his Comparative Anatomy students have their papers ready to be turned in on time. **Left:** Charles Anderson secretly compliments Roger Cheyne on his school spirit by wearing a golf hat for 'Hat Day'.



Everything Adds Up

Scoring sudden death points,
Playing overtime games,
Over and over we practice to
Rapidly make gains, with a season-long goal
Trying to reach the
State championships where everything adds up.





Top Left: Dana Ahlm leaps to spike the ball in a game which ended in victory over Mounds View.

Top Right: Traci Faschingbauer and Lisa Palacheck boost Carolyn Kroulik into the air as the cheerleaders shout words of encouragement for the football team.

Bottom Left: Bradley Beck and Nicholas Thacker control the ball against the Roseville team.

Bottom Right: The boys varsity cross country running team nervously awaits the start of their five kilometer race in Princeton, Minnesota.

FOOTBALL

Rangers Offense Flares

FOOTBALL

"Our season was great, we had up-beat players with great attitudes," said Coach Jim Herman.

The 1996 Football team had an offense that was fun to watch. "We scored 17 points against Stillwater," said co-captain Tyler Enquist. The Ranger offense exploded in the first game and started their season with a 52-0 win over Maple Grove. "The win over Maple Grove was a very positive start for the season," said Herman.

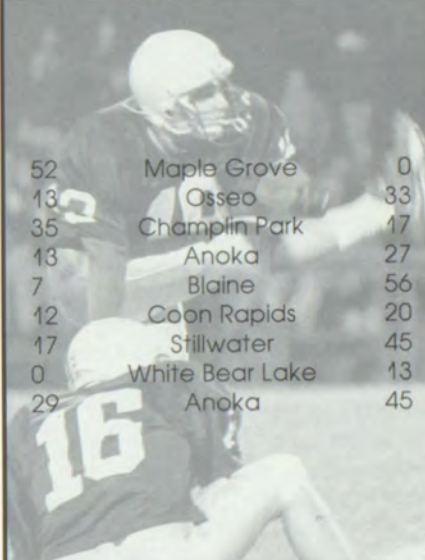
The Rangers played tough all season long. They scored points against most of their opponents, but didn't have enough players to stay tough, "We couldn't play a consistent game, we always played one half better than the other," said co-captain Joseph Ferraro.

The captains led the season with many big plays, "I ended my season with a kickoff return," said Ferraro. "I threw for a 77 yard touchdown pass this season," said co-captain Tyler Enquist.

"Next year we will be getting back a lot of experience," said Herman. The Football team has a good chance to be competitive next season, and they are determined to do so.

Top: Joseph Scaramuzzo and Benjamin Aschittino make a tackle to save a touchdown. **Right:** Senior Captian Joseph Ferraro out runs the Coon Rapids defenders.



52	Maple Grove	0
13	Osseo	33
35	Champlin Park	17
13	Anoka	27
7	Blaine	56
12	Coon Rapids	20
17	Stillwater	45
0	White Bear Lake	13
29	Anoka	45

Top: Juniors Joseph Scaramuzzo, Andrew Hennen, Peter Nerothin and Senior Nicholas Karls and the rest of the varsity team get a half-time motivation lecture from Coach Jim Herman. **Above Left:** Junior Brian Brenberg frantically leaps into the air and over the defender. **Above Right:** Senior Captain Tyler Enquist quickly reads the defense to get off a smart pass while Nicholas Karls blocks.



"We battled through a tough season with young inexperienced players"

-Jeremy Sternhagen

VOLLEYBALL

Up and Over the Net

VOLLEYBALL

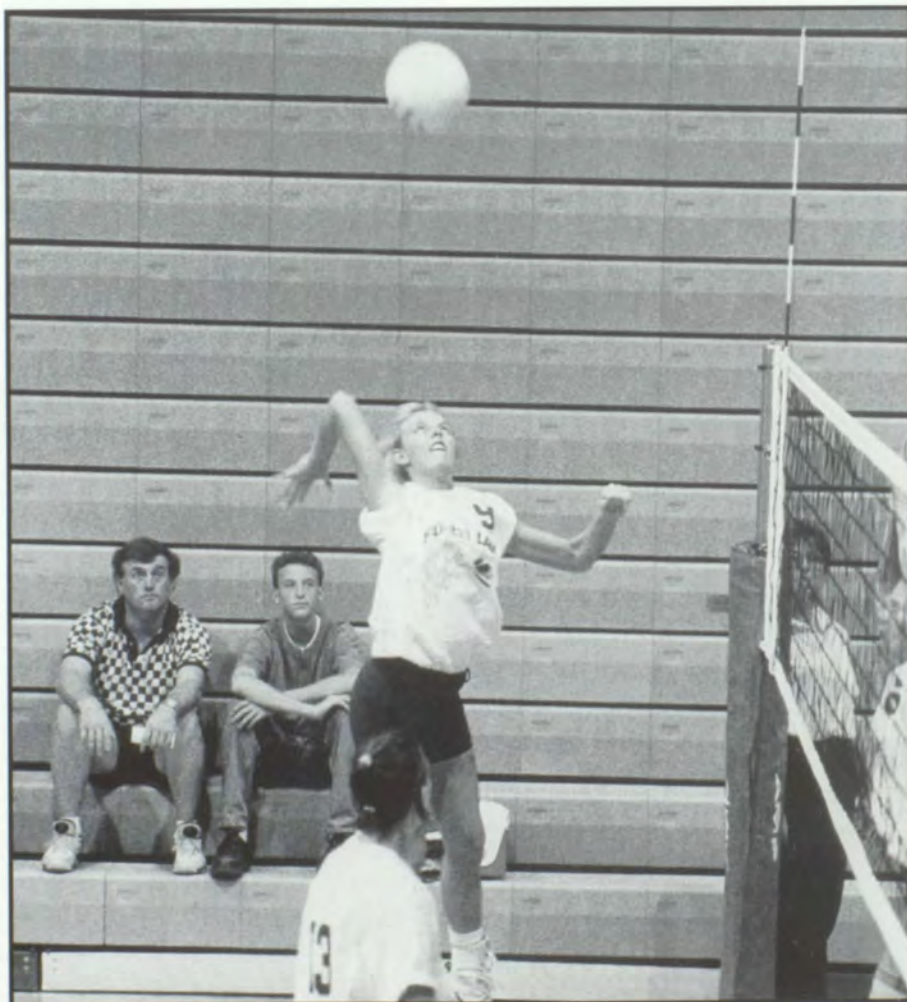
This year's Ranger Girls Varsity Volleyball team had an incredible season. They experienced both individual and team success. With a record of twenty-one wins, five losses and one tie, the team has a lot to be proud of. The team ended the season being second in the conference and first in the North for regions. "We lost in the semi-finals, but there is no doubt that we were state material," said Senior captain Amanda Daninger. The team received two trophies this year, one for a second place finish at the Irondale tournament and the other for a third place finish at the Coon Rapids tournament.

All Conference honors were given to Seniors Brydie Devries, Elizabeth Ryan, Vanessa Gibson and Junior Dana Ahlm. Academic All-State honors were given to Seniors Sarah O'Donnell, Ranaye Neudauer and Megan Kari for having a grade point average of 3.8 and above.

The girls had the experience of having two new coaches, Sherri Alm and Angela Peschel. Although they missed their former coach Joan Paulson, they still had a successful season.

With the great competition given by the Juniors, next year should also be a successful year for this team.

Top: Kristine Schally, Jolene Super, Angela Maki, Julie St. Martin and Gretchen Kolbow take a break from volleyball practice to relax and catch up on the days news. **Right:** Megan Kari spikes the ball in an attempt to score a point for the Rangers.





Top: Ranaye Neudauer, Vanessa Gibson, Dana Ahlm, Debra Dooley, Amanda Daninger, Brydie Devries, Elizabeth Ryan, Sarah O'Donnell, Mellissa Kolbow, Brette Bleymeyer and Megan Kari listen intently to coach Sherri Alm as she tells them the strategies for the game. **Above Left:** In order to keep the opposing team from scoring a point Brydie Devries volleys the ball over the net. **Above Right:** Ranaye Neudauer gives her best attempt to bump the ball over the net.

3	Moundsview	0
3	Irondale	1
3	Anoka	0
3	Elk River	0
3	Coon Rapids Invitational	0
3	Coon Rapids	1
3	Osseo	0
2	White Bear Lake	3
3	Park Center	1
2	Rosemount Invitational	1
3	Maple Grove	0
3	Blaine	1
3	Champlin Park	0
3	Stillwater	0
3	Hill Murray	1
3	Roseville	2



"There is no doubt that we were state material"
Amanda Daninger



"We had a lot of talented players."
Elizabeth Ryan

WRESTLING

Fired Up Rangers

WRESTLING

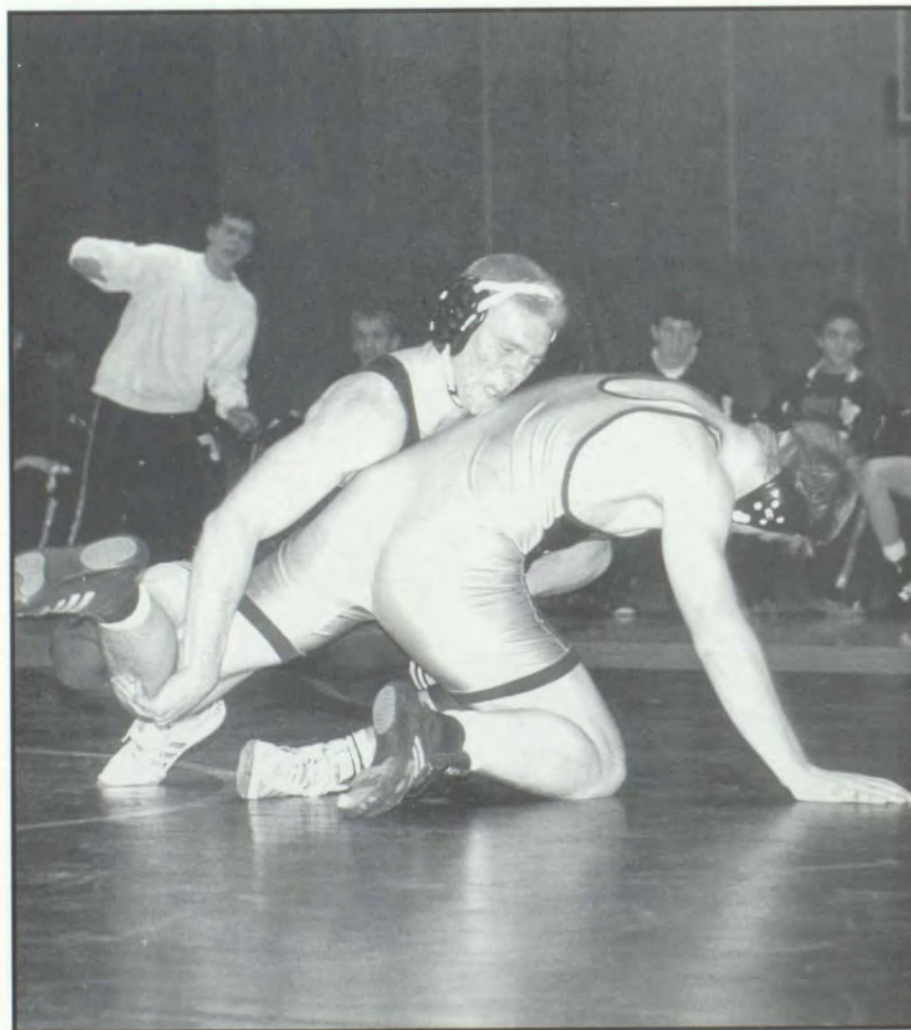
"Hardwork, dedication, and focus are all required in order to wrestle for the Rangers," according to head coach Bob Dettmer. Assistant coaches Rich Elliot, Pat Larson, Bill Lathrop and Gordy Morgan along with coach Dettmer help guide the wrestlers towards their final goal of going to state and placing in the top three, both individually and as a team.

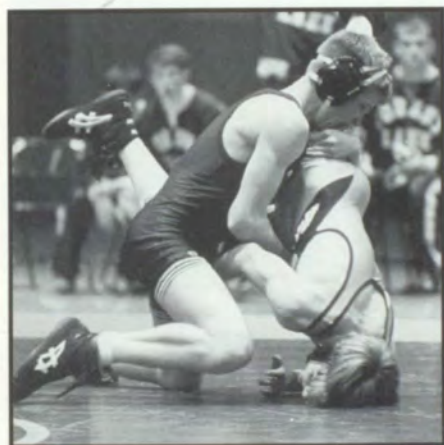
"Wrestling is a very demanding sport," says coach Dettmer. Captains Joe Kunshier and Mitch Marr along with the rest of the team have all invested a lot of time and effort into the season.

The wrestlers practiced relentlessly for about two hours every afternoon, under the leadership of their captains and coaches. All were driven and determined to meet their goal.



Top Right: Joseph Kunshier is seconds away from pinning a Rebels' wrestler.
Right: Dustin Thornburg is about to take his opponent to the mat.





Top: Team poster by Jim Lundborg Photography.

Above Left: Jesse Fraley is going to flip and take down his rival.

Above Right: Lanny Nelson uses a riding move on his competition.



Forest Lake Tournament
Champlin Park
Hibbing
Elk River

St. Francis Tournament
Grand Rapids
Park Center
Paynesville Tournament

Chisago Lakes
Roseville
Forest Lake
White Bear Lake
Stillwater

White Bear Lake Tournament
Mounds View
State Tournament



*"The team
still has
some
learning to
do."*
— Joseph
Kunshier



*"I think
everyone
will do well
this
season."*
— Mitchell
Marr

SWIMMING

Making a Splash

SWIMMING

Girls

Record numbers greeted Kim Horge, the new coach for the 1996 season. The team had many new faces which built a solid team with a lot of depth. "The team is fun, exciting and challenging," said assistant coach Karin Anderson.

The Swimming and Diving Team was made up of 14 girls in grades 10 through 12 and 44 girls in grades 7 through 9. This was the largest number of participants the team has ever had. Without a doubt the interest in Girls Swimming and Diving has reached a new level, however these new levels brought new problems. The pool is big but not quite big enough. Captain Kari Tomlin said, "If you have a lot of team, you eventually have a lot of depth. It's crowded in the pool, but it's worth it."

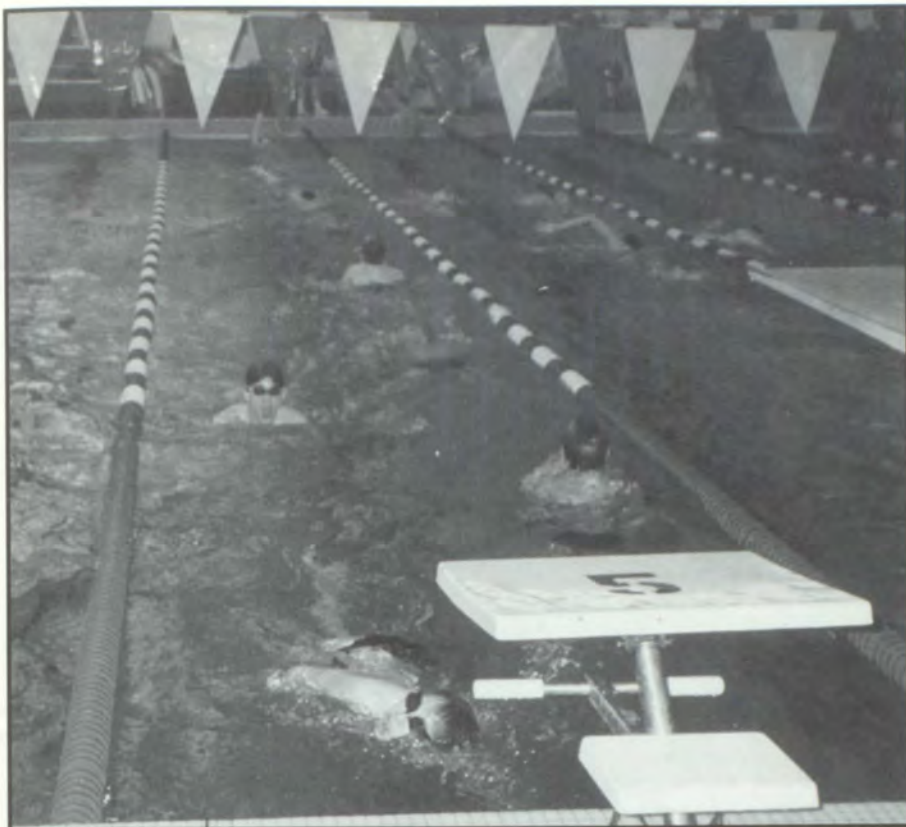
A school record was set in the 100 yard backstroke. Jessica Coleman beat the 1:04.63 finish with 1:04.23, Forest Lake finished eleventh overall as a team with 74 points which does beat the teams old finish of twelfth.



Captains:
Danna
Pearson
Kari Tomlin
Shannon
Labernik



Top: Amber Sparks comes up for air while swimming her last lap of the breast stroke during practice. **Above Left:** Kari Tomlin gets ready to make a splash as she dives with great ease. **Above Right:** Danna Pearson shows her enthusiasm with a thumbs up at one of the teams many meets.



Top: Andrew Peterson and other team members stride for excellence as their last lap draws near. **Above Left:** Travis McKenzie and members of the opposing team brace themselves for impact at one of the many meets at Southwest Junior High School. **Above Right:** Joseph Morrison and Daniel Lindstrom take time to discuss the next event.




*"The team is great
and everyone can
benefit from it."
-Bryan Beck*

Boys

A lot can be said about the Boys Swimming and Diving team. Head Coach Mark Carlson commented that, "The team did a great job." It is a fact that students who participate in sports have higher self esteem, higher self image and are likely to do better in school. The team's number of participants has grown over the past few years, and the lack of pool space didn't stand in the way.

There were 30 students on the 1996-97 team which consisted of 16 guys in grades 7 through 9, and 14 guys in grades 10 through 12. Senior Bryan Beck, the team's captain, commented on how well the team progressed. The team participated in 13 meets around the state in places like Chisago, Anoka and Irondale. The assistant coach Rachel Weiss said, "The team has come so far, they deserve to do well." The team put in long hours of practicing and showed that they were very serious about doing well. "The result of their hard work and dedication was a great season," said Head Coach Mark Carlson.



Irondale
Relays
Osseo
Spring Lake Park
Coon Rapids
Stillwater
Champlin Park
Invitationals
Chisago
Anoka
Mounds View
Roseville
J.V. Meet

SACRED SOCCER

Kicking Up Dirt

Girls

The Girls Soccer Team had some experienced players helping out the team. Kristina Chenery was an All-Conference Selection for the second time and Amber Trotter recieved All-Conference Honorable Mention along with Junior Catherine Norris. The captains this year were Kristina Chenery, Tiffany Hammond, Veronica Lara-Kohn and Catherine Norris. The captains kept the team together by showing great leadership and talent. Next year, the captains will be Jessica Fedderly and Kristina Chenery who will be returning for a second season as captain. Coach Kim MacDonald said, "This year the soccer program had players who are athletic opposed to just athletes." The Rangers had many younger players this season, but as the games went on, each player gained experience which will hopefully help the team out in the future. The team's record this season was 1-14-1. Coach MacDonald explained "What does not destroy me makes me strong."



1	White Bear Lake	6
2	Park Center	2
0	Stillwater	9
0	Centennial	7
0	Osseo	4
1	Blaine	7
0	Anoka	10
2	Hill-Murray	4
1	Coon Rapids	4
0	Champlin Park	8
0	Roseville	4
1	Maple Grove	4
2	Elk River	4
4	North Branch	0
0	Mounds View	6
0	Mahtomedi	6



Top Right: Goalie Chauntae Ruppe fiercely blocks the goal from the other team. **Right:** Jessica Fedderly fights to save the ball while her opponent tries not to fall. **Far Right:** Veronica Lara-Kohn prepares to kick a penalty shot.



Top: Bradley Beck kicks up and tries to steal the ball from Osseo's offense.
Above Left: Nicholas Thacker is trying to keep himself and the ball in-bounds.
Above Right: Bryan Beck quickly maneuvers around an Osseo player.



Boys

Finally!! The Boys Varsity Soccer Team had their best season ever. The Rangers' record was 9-6-3. The team lost in some very heart-breaking games and tied a few, but managed to pull together and received third place in State. Coach Ronald Tungseth said, "The most memorable moment this season would have to be holding up that trophy."

The team captains, Bryan Beck, Sean Goerss and Bradley Beck showed dedication to the sport and the team. Coach Tungseth explained, "It will be difficult to get three like them ever again. It's taken over twelve years of patience and persistence from parents, players and coaches to get the team where it is now."

Talent has really prevailed this season. The physical levels of the players are the same, but ball control skills are lightyears from what they were before. "Nichlaus Thacker and Kevin Kohn also showed excellent ball control and put forth a lot of effort and hard work this season," said Coach Tungseth. The Rangers had an amazing season and hopefully this success will continue over until next season.

1	White Bear Lake	2
0	Park Center	0
0	Stillwater	5
2	Centennial	1
2	Osseo	0
2	Blaine	2
1	Anoka	2
3	Hill-Murray	0
0	Roseville	0
1	Coon Rapids	0
1	Champlin Park	3
2	Maple Grove	3
1	Elk River	3
1	Mounds View	0
1	Centennial	0
2	White Bear Lake	1
2	Duluth East	0
1	Spring Lake Park	0

CROSS COUNTRY

Sprint to the finish

Girls

From pre-season camp to the Region Finals, the 1996 Girls Cross Country team had a very successful season. "The season went real well, despite all the injuries which really held the team back," said Coach Marta Wilson-Brochman.

The Ranger team was lead by co-captain Holly Tellin. There were no set spot on the Varsity team, all season long the team changed.

The girls had positive attitudes all through the season. They practiced hard and were very competitive all through the season.

Next year the girls will get many experienced runners back and hope to have a great season in 1997.



"The best part of Cross Country is running summer miles and Old Country Buffet."

-Holly Tellin



"The best part of Cross Country is the naughty bag and Dan Lindstrom's special drink"

-Jessica Lee



Top: Holly Tellin out sprints her competition to the finish line. **Bottom Left:** Kathrine Dehmlow leads the pack and fights for a top place. **Bottom Right:** Jill Kmetz gears down to prepare for the final sprint of the race.





Boys

"This season was great fun, I have already worked with distance runners and I really enjoyed it," stated new coach Tom Shutta.

The team was lead by senior co-captains Andrew Elvester and Cory Ahlm, both of them earned All-Conference. Joshua Wright, Mike Baker and Kraig Bjorklund, "The sophomore Trio" followed in the third, fourth and fifth positions.

The Rangers did very well at their meets this season. "The athletes kept making progress. They worked hard and lowered their times and kept getting personal records. It's not whether you win or lose, it's seeing people develop" said Shutta.

Next season the team will be gaining back a lot of top runners and hope to do very well at their region meet and make it to the state meet.



Top: Andrew Elvester and Cory Ahlm pace themselves and earn All-Conference positions in the conference meet. **Above Left:** Joshua Wright breaks away from the pack as he sprints to the finish. **Above Right:** Michael Baker rounds the corner and looks back at his competition.



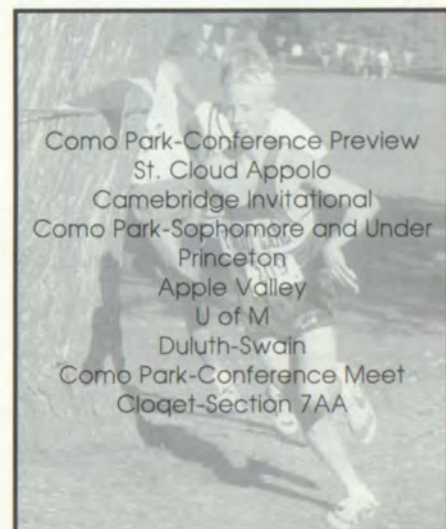
"The best parts of Cross Country are the naughty bag and the bus ride to the meets"

-Andrew Elvester



"The best part of Crountry was winning All-Conference the day after the Marylin Manson concert"

-Cory Ahlm



Como Park-Conference Preview
St. Cloud Appolo
Camebridge Invitational
Como Park-Sophomore and Under
Princeton
Apple Valley
U of M
Duluth-Swain
Como Park-Conference Meet
Cloquet-Section 7AA

AT DINE SKIING ALL THE SIMILAR

Up the Rope and Down the Slope

Girls

This season was full of goals and positive attitudes. To become a winning team, hours of practice, at least three times a week, and good preparation were spent on the slopes. To get to the top they had to get involved. This took a lot of dedication and commitment. This meant getting as much ski time in as possible as well as preparing themselves mentally, and even some self-discipline. Out of these fourteen girls, some were there to ski while others came to help themselves and others on improving their strengths and weaknesses. Not even the coldest conditions could stop these determined girls. With the great effort and good sportsmanship these girls had shown, the year was full of achievements and hard work!

White Bear Lake
Irondale
Champlin Park
Centennial
Coon Rapids
Chisago Lakes
Mounds View
Blaine
Anoka
Section Meet
State Tournament

Above Right: Natalie Mortel and Leah Hoheisel bundle up for a buddy hug. **Right:** Kyleen Lawrence waits for others as visions of heat dance in her head. **Far Right:** Lindsay Kosman stops to take a breath while keeping her balance.



"I think we have a really strong team this year. We will do very well in our Conference and hopefully in Sections. We can pull it all together and make it to State"

Ranaye Neudauer





Top: Jeffrey Olson, James Schneider Jr., Ross Lushanko and Brian Christensen take a break on the slope. **Above:** Chad Fugelberg helps a fellow teammate prepare for the race by fixing his boot.

Boys

The winter brought both snow and ice, along with the Boys Alpine Ski team. Throughout out this cold and bitter season, thirty-four team members found time to ski, and the warmth to have a great time. A combination of fun on the slopes and dedication made the season a lot more challenging. A selection of boys from different grade levels got together on various days of the week for a little competition and a lot of laughs. Skiing did not just come naturally for these team members. It had taken a lot of practice and strength along with windburn and sore ankles. When these guys got tired they took refuge from the winter weather, but only for a few minutes. Not even the brutal cold of winter could keep these boys down. Their dedication successfully brought them through another freezing season.

White Bear Lake
Irondale
Champlin Park
Centennial
Coon Rapids
Chisago Lakes
Mounds View
Blaine
Anoka
Section Meet
State Tournament



"I think we have a really great team this year. All of the members hold possitive attitudes and we all have a great time."
Jeff Olson



"It is a lot of fun with great people to test the limits of you and the mountain."
Ryan Peloquin

NORDIC SKIING

NORDIC SKIING

Skiing Faster and Further

This season was one of the more memorable years for the Cross-Country Ski Team. Captains Alison Vejtruba, Jennifer Hosfeld, Andrew Elvester and Benjamin Mullen agreed that this year's team reached every goal set and finished with pride. The first meet was December 19, but they had been practicing long before to do their best.

Even though they tried to practice as much as possible, the weather was not always very accommodating. With several days below zero and some rain, they still practiced and came out just fine.

Coach Kevin Brochman said "The team has improved greatly and is ready for anything." The team competed in Anoka, at William O'Brian State Park and at the Como Golf Course. The team came through and finished ahead of the rest.



Top: Kraig Bjorklund and his competitor blur by as they start another meet.

Middle: Eric Olson shows his form while he stays ahead of the competition.

Bottom: Andrew Elvester races down the trail towards the finish.





Top: The Forest Lake Nordic Ski Team meets their competition at William O'Brian State Park. **Above Left:** William Lee takes a quick down-hill slide in the woods. **Above Right:** The meet rolls along as Nicholas Smith speedily treks by.



TENNIS

Racket Up

TENNIS

Girls

The 1996 Girls Varsity Tennis team started brushing up on their skills once again during summer vacation.

They practiced hours each day both as a group and on their own, all working toward perfection.

"It was enjoyable. We all had fun. It was a learning experience and the team showed major improvements," stated Coach Charlie Chalberg on the team's progress during the season.

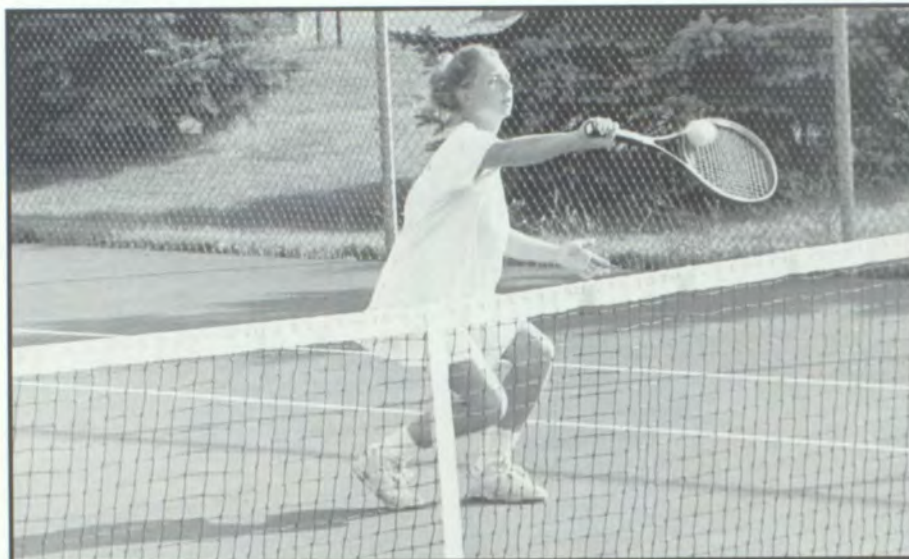
Captain Laura Nicholson said, "It was a very challenging season and our team stuck together and had a lot of talented players."

"We played a lot of tough matches and played well as a team," commented Captain Nicole Obrestad.

When asked why girls should join tennis, Coach Chalberg said, "It's a lifetime sport, and they can have a great time with a great group."

Although they faced their share of hard times and low points as a team, the girls knew they could count on each other for help and support during the season. Virtually all the girls developed friendships with one another.

When the girls put in one hundred percent effort, the end product was an exceptionally well performed season.



"The season was challenging."

-Nicole Obrestad

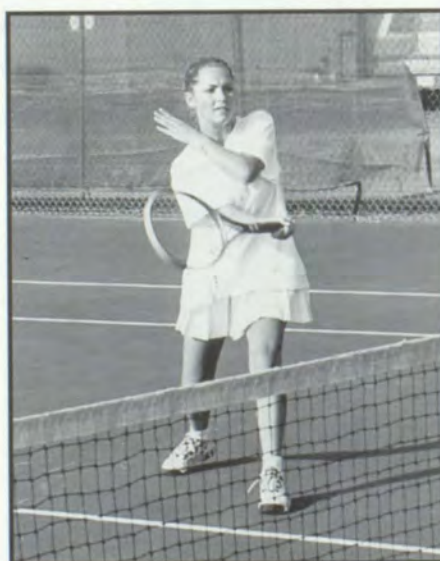


"It was a fun season."

-Laura Nicholson



Top: Sally Foslien moves with complete grace as she returns the ball to her opponent. **Right:** Tiffany Gervais is deep in thought as she gets ready to make her next move. **Far Right:** Instead of returning the ball, Amanda Palacheck decides to bust a move.





Boys

Another season of friendly competition and fun was had by all who participated in the 1997 Boys Tennis Team. With six returning players and the rest new to the team, Coach Greg Patchin said, "There's a nice blend of seniors and younger people that seem to want to make a statement."

In years past, the team had problems with doubles teams who lacked experience and with losing matches by a one or two point difference. The team worked hard to improve those weaknesses.

The team performs at an average of five hundred in their regular season. Captain Chad Laurent said, "We have a young team, but with a lot of strong players, with a lot of commitment; I expect a good season."

The coach and captains seemed to agree on a good season which was definitely delivered quite well by the team.



"We have a variety of players from freshmen to seniors that are all good."
-Martin Rychley



"I think we'll have the best Forest Lake team ever!"
-Elias Vogen



Osseo
Blaine
Chisago Lakes
Maple Grove
Coon Rapids
Champlin Park
White Bear Lake
Stillwater Invite
Anoka
Elk River
Stillwater
Roseville
Park Center
Forest Lake Invite
Mounds View
Hill Murray



Top Left: Joshua Docken flashes his opponent a quick grin as he waits for the ball. **Top Right:** Captain Chad Laurent is in deep concentration as he anticipates receiving a serve. **Left:** **Row 1:** Chad Folkman, Nicholas Sari, Brandon Kemp, Brian Peltier, Brian Parent, Justin Hanna **Row 2:** Eric Olson, Joshua Docken, Christopher Huls, Chad Laurent, Elias Vogen, Michael McCurdy, Matthew St. Martin, Martin Rychley, Greg Patchin

SYNCHRONIZED SWIMMING

Dancing on Water

Swimming

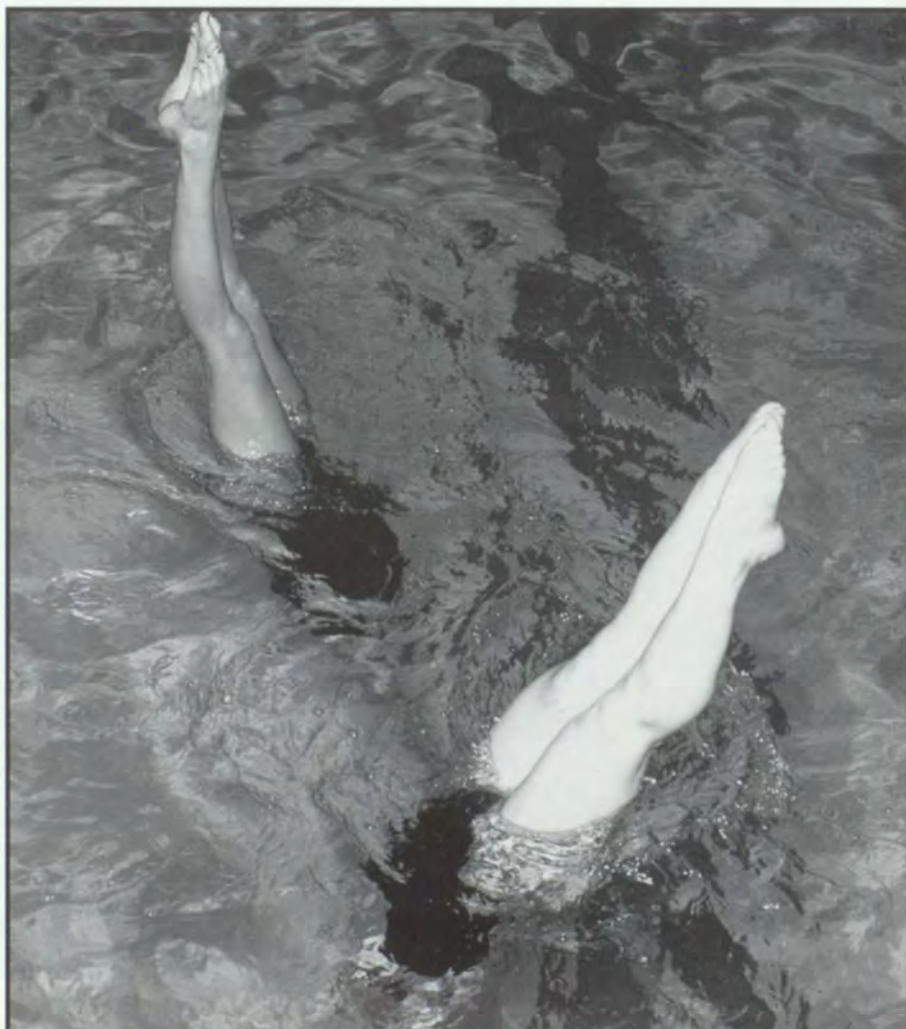
Synchronized Swimming is a very difficult sport that combines physical strength and flexibility. It involves a lot of commitment as well as team work and the ability to choreograph routines to music. Throughout the season, swimmers developed great lung capacity and swimming style.

The team consisted of twenty-five to thirty members and each year they hoped to continue to see an increase in the numbers of participants. A variety of girls from different grade levels joined together to have an enlightening experience and make close friendships. These girls learned dedication, responsibility, physical fitness and a love for the sport. All of their hard work was worth it and the swimmers said that they had a great time.

"We are hoping to have a number of routines advance to the State meet this year."

-Coach Karin Anderson

Top: Brooke Wolfe and Kari Tschida join together with other Synchronized Swimmers to form a human star. **Bottom:** The Synchronized Swimmers take a dive down under to practice their hand stands.





*“The best fun I ever had;
I’ve been counting down the
days and I’m at a
hundred.”*

- Laura Walcker

Coleraine
Prior Lake
Eden Prairie
Simley
Stillwater
Coleraine
Bloomington
Columbia Heights
Sections

Top: Row 1: A. Rice, K. Peterson, K. Tschida. Row 2: K. Yoch, A. Pechmann, R. Doolittle, R. Abendroth, A. Gay. Row 3: R. Rolseth, A. Menard, N. Kuhn, L. Manders, B. Wolfe, A. Wojtowicz, J. Flanagan, J. Perrault, S. Lang. Row 4: M. McConnell, M. Anderson, H. Reid, C. Halbrehder, A. Howie, R. Clasen, A. Fryk, T. Janitschke, Coach Karin Anderson. Row 5: R. Hallin, N. Peterson, L. Hahn, L. Walcker, J. Edlund, S. Flanders, M. Larson, C. Morrison, A. Klassey-Tschida, M. Coyle, Coach Crissa Evanoff. **Above:** Christina Halbrehder and Alicia Howie touch their toes to the sky.

GOALS TO GO WILLIAMS TOWN

Running Towards Your Goals

The major goal for the Girls Track Team this year, "Is for each athlete to reach her personal goals, to work hard and have fun," explained Coach Tom Schutta. The captains of the 1996-97 team were Holly Tellin, Amanda Daninger and Shannon Labernik. With leadership, hard work and contributions from the captains and other members, the team had potential for a great season.

When asked about what advice he gave to his members, Coach Schutta said, "Work hard to attain your goals, but don't forget to enjoy the journey

towards those goals." In order to have a winning season, a lot of hard work had to be put forth which took energetic athletes who wanted to do their best. Coach Schutta had high hopes for the season. "We have excellent leadership from our Juniors and Seniors. The majority of our team is composed of Sophomores and Freshmen, so our future looks bright," he said.

With hard work and dedication, this year's Girls Track and Field team had the potential to go far and have a winning season.



Above: Tracy Labernik is leaping for victory in the long-jump. **Right:** Aletta Steinbruckner looks up to Coach Hughes as he shows her proper shot put techniques. **Below:** Abbey Lushanko races to the finish line at a meet against Irondale. **Opposite Page Left:** Jill Kmetz plunges into the long-jump with a grooling expression on her face. **Middle:** Kristine Schally attempts to release the discus while shooting for a new record. **Far:** Holly Tellin is keeping a steady lead to win the race against White Bear.





Above: Row 1: J. Kmetz, K. Main, M. Miller, K. Jacobs, H. Tellin, A. Sparks, L. Martinell, K. Raymond, J. Willing, A. Lushanko, K. Donohoo, A. Saxe, S. Norris, L. Haselbauer, C. Borle, D. Cole **Row 2:** L. Hanson, M. Watters, J. Coleman, R. Neamy, L. Anderson, R. Strickler, A. Nord, B. Anderson, J. Brenberg, A. Severson, J. Heitmann, R. Spiess, A. Paulson, C. Krantz, S. Fellows, A. Trottier **Row 3:** S. Jackson, J. Whitcomb, J. Kohs, S. Remackel, T. Macintyre, K. Hipkins, E. Cooper, J. Rangitsch, K. Bruce, A. Leidenfrost, S. Hemstad, A. Wood, S. Nelson, C. Ruppe, M. Worner **Row 4:** T. Shutta, S. Labernik, K. Miller, H. Halvorson, R. Compass, J. Thingvold, A. Beck, J. Highland, S. Bahr, N. Finnemann, A. Daninger, A. Haines, S. Hietbrink, A. Severson, J. Lee, K. Dehmlow, J. Anderson, J. Rose, D. Hughes

DAVE TRACK DUIN THUN

Stride for the Best

Composed of many events, Track & Field is a finely tuned sport that requires perfect form and a lot of practice. There are eight different running events and five field events. Each event takes a lot of hard work and dedication to become successful.

"The track team has one of the best coaching staffs in Minnesota" said coach Paul Kendrick. Each coach is in charge of an event of their expertise. Coach Tom Hipkins works with the long and triple jumpers and the pole vaulters. Coach Bill Streeter works with the shot putters and discus throwers.

Coach John Lautigar works with the hurdlers. Coach Mike Naslund works with the 400 and 800 meter runners and Coach Aaron Nickelson works with the pole vaulters.

Coach Kendrick takes time to help the teams focus on their goals for the season. Each athlete makes goals and works to obtain them. Another thing that is strongly focused on is the individual form of each athlete. Much time is spent each day working on drills to help improve running form.

This year the team had many freshmen and sophomores, but still posed a

threat to win the region meet. Senior co-captains Cory Ahlm and Joseph Ferraro lead the team through warm-ups every day. Ferraro has a good chance to return to the state meet in the 4 X 100 meter relay and also poses a threat to make it in the 100 and 200 meter dash. Ahlm can make it to the state meet in the mile or the two mile run. Many other members of the 1997 track team have an excellent chance to make it to the State meet to represent the Rangers.



Top Right: Cory Ahlm runs around the mezz while warming up for practice.

Bottom Right: Injured Joseph Ferraro does inclined flies during practice. **Far Right:** Peter Nelson barely makes it over the bar in the high jump.



Row 1: K. Bjorklund, J. Hageman, J. Tuma, D. Lindstrom, T. Mckenzie, C. Yoch, J. Ferraro, C. Ahlm, J. Richey, M. Dimunation, M. Anderson, T. Oike, L. Schroeder, P. Anderson **Row 2:** B. Saunders, M. Brackeen, T. Dietz, J. Neihart, M. Mueller, E. Palmateer, T. Nisbet, A. Lundborg, E. Belmore, A. Hennen, M. Bulinski, M. Oehler, T. Hollerbach, C. Trottier, B. Mullin, M. Norris **Row 3:** L. Enz, M. Martin, D. Rigoni, J. Michaud, J. Prouix, P. Primeau, M. Keller, J. Brown, A. Kne, T. Savord, P. Nerothin, C. Tardiff, P. Sobiech, J. Sternhagen **Row 4:** J. Brodeur, A. Bailey, A. Nelson, J. Scaramuzzo, D. Leepart, C. Colburn, G. Hilger, E. Michalek, M. Noren, J. Severson, R. Silverberg, D. Bangs, T. Kellerhuis, S. Maefsky **Row 5:** N. Hegburg, S. Lewis, P. Obrien, Z. Roeder, A. Korthals, J. Benson, M. Baker, G. Haasl, D. Isaacs, N. Schleder, J. Wright, I. Enz, K. Schoonover



Bemidji
 Conference Time Trials
 Minnetonka Time Trials
 Forest Lake Quad
 Conference Relays
 9th/10th Meet
 Section True Team
 9th/10th Conference Meet
 JV Meet
 State True Team
 Conference Prelims
 Conference Finals
 Section 7AA Prelims
 Section 7AA Finals
 State Meet

SOFTBALL

Back in the Swing of Things

SOFTBALL

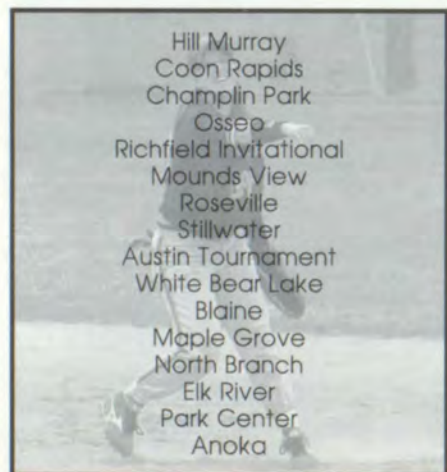
The goals for the 1997 Softball team were set very high. Head Coach Joan Paulson said, "The team needed to work hard on basics, have fun while playing the game and stay committed to the program." There were many new faces and many returning players. There were five returning Seniors, 14 Juniors and 16 Sophomores who joined them in the fight for a victorious season.

The team had many strengths such as pitching, defense, depth and work ethic. Their trouble spots included hitting, and for the younger members of the team, the lack of experience. When asked about the team's skills shortly after the season started, Coach Paulson said, "There is always room for improvement and I expect the girls to do their very best at every game." Sophomore Jennifer Matasovsky agreed with that statement and then added, "The season has been really fun and we've done a good job. I can't wait until next year."

Joan Paulson said that she wanted the girls to mold themselves into the best possible team, have a positive attitude and to utilize the best from each of the team's players. She agrees with the team in saying, "The season was a blast."



"The team needed to work hard on basics, have fun while playing the game and stay committed to the program."



Hill Murray
Coon Rapids
Champlin Park
Osseo
Richfield Invitational
Mounds View
Roseville
Stillwater
Austin Tournament
White Bear Lake
Blaine
Maple Grove
North Branch
Elk River
Park Center
Anoka



Top: Front Row: Natasha Thoreson, Melissa Dunn, Erin Casey, Shana Atkinson, Jennifer Matasovski. **Middle Row:** Sandra Ryan, Trisha McIntyre, Angela Sternhagen, Rochelle Strande, Shawna Hoff. **Back Row:** Gretchen Kolbow, Malinda Jorgensen, Sara Sumption, Melanie Bakken, Jaime Pflugradt, Tia Sumption. **Above: Front Row:** Christy Franssen, Andrea Peltier, Johanna Heitmann, Melissa Kolbow, Jennifer Hosfield. **Back Row:** Natalie Mortel, Carie Mackey, Denay Panning, Wendy Cape, Alicia Slowinski, Jessica Fedderly.

DACTDATT Catch the Spirit DAEDVALL



Top: Row 1: Cullen McIntyre, Neil Hubbard, Matthew Sobiech Row 2: Ted Erickson, Ryan Ray, Aric Gallatin, Ryan Radtke, Justin Reed, Trevor Herstel, Chad Forga, Alexander Young Row 3: Jeffrey Wilson, Tyler Engquist, Timothy Workman, Jeffrey Powell, Lucas Hanegraaf, Gabriel Walbridge, Luke Ellis, Joseph McNamara **Above Left:** Lucas Hanegraaf winds up for the first pitch of the game. **Above:** Tyler Engquist warms up before a big game.



"Our team is talented and has a lot of potential..."
-Tyler Engquist



"Our team was very hard working and had good chemistry..."
-Lucas Hanegraaf

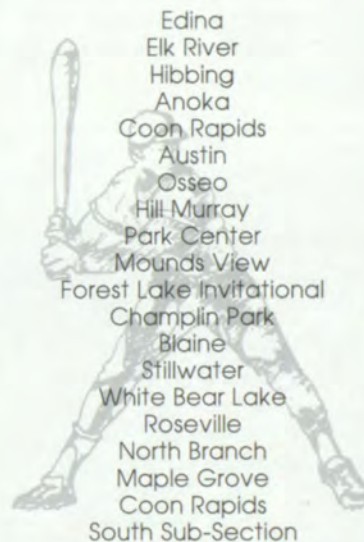
The all American sport- that's right, baseball. This year's team showed a lot of hard work and dedication to a game that they all love, and the results were obvious.

The 1997 team had six returning seniors, along with eight returning juniors. Although they were bringing a lot of experience back with them, a goal for the season was to develop their skills to the winning point.

"One of our main goals was just to be competitive," said coach Jeffery Wilson. The coaching staff knew from the beginning that, "the pitching would need to come through in order to be able to win," said Wilson.

The team was faced with many challenges, but their spirit and team work helped them stick together. Even though it wasn't an easy road, they remembered that it was a game as well as a competition.

Coach Wilson summed up the season by saying, "The main goal was to enjoy ourselves so we could have fun out there."



GOLF

One Hole at a Time

Girls

This year's Girls Golf Team was an experienced one with many of its members who had returned for another season. The girls had to live up to the expectations which they had set for themselves in the previous year. Some of these included winning the Twin Cities Suburban East Conference Championship, placing third at the Regional Tournament and numerous top five placings at invitationals. There were also four All Conference and three All Conference Honorable Mention winners.

The Girl's coach this year was William Loushine. He has won the Coach of the year Award two year's running. "Girls golf is very competitive...and the Rangers are the team you must beat...we are two time defending Conference Champions. Get your clubs, we'll be waiting for you on the first tee...."

Captain Sarah O'Donnell commented that some team goals were "...to defend our conference title and finish well in our region. We also plan to send a few individuals to the State Tournament."



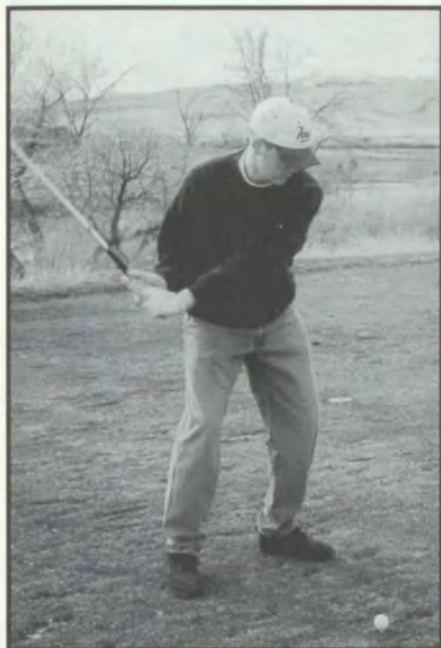
"The mental aspect of the game is crucial..."
-Sarah O'Donnell



Top: Girls Golf Team **Back Row:** Melissa Lillyblad, Shelly Lincoln, Sarah O'Donnell, Erika Ochs **Front Row:** Amy Miller, Kristin Cockburn, Becky Lasiuta **Above:** Coach William Loushine gives the team a pep talk before they tee off. **Above Right:** Amy Miller carefully lines up her shot on the putting green.



Top: Boys Golf team **Back Row:** Roger Cheyne, Grant Blumreich, Nicholas Karls, Daniel Schneider, Ryan O'Donnell, Corey McKinnon **Front Row:** Chad Gustafson, Paul Ramseth, Nicholas Hofstede, Mathew Pitman, Brian Loushine



Mounds View
Roseville
Col Hgts/Spring Lk Pk
Forest Lake Invite
Champlin Pk Invite
Elk River
White Bear Invite
Purple Hawk Invite
Pre Sec 7AA Tour
Stillwater
TCS Conf Meet
State
State

Left: Chad Gustafson tees off on the scenic sixth hole. **Right:** Ryan O'Donnell demonstrates perfect form while hitting his fairway shot.



"As individuals we need to practice on our short game and mental aspect of the game"
— Chad Gustafson

Boys

Golf is a game which requires a lot of practice to develop good form and the necessary skills to succeed. Many things have to be considered while playing golf like the direction of the wind and the layout of the course.

Led by "Coach of the Year" Roger Cheyne, the team won the Conference Tournament and placed third in Sectionals. Senior Captain Chad Gustafson, a four time letter winner and previous All-Conference winner, hopes that the team will make it to the State Tournament, "The team goals are to win the Conference Tournament, Sectionals and win at State," said Gustafson.

The outlook for this years team is great. "We lost three players from last year, but we have many new faces coming into the program with a lot of talent," said Gustafson. Working on their short game and the mental aspect of the game, the team hopes to accomplish their goals and win the State Tournament.

Ready...OK

Cheerleading

In the background of every game there is a constant sound. A sound that was there in the good times and bad. No matter what the score or how the game was played, they were the fans who always supported the teams.

The twelve squads were coached by Sara Cameron who returned from a three season break. The 1996-97 seasons were completed with two new squads. Two alternating squads for Varsity Basketball and one for Varsity Volleyball.

So next time you are at a game, show your school spirit by cheering for the teams and the cheerleaders...2,3!



Above: Varsity Football: Row 1: Carolyn Kroulik Row 2: Melissa Katusky, Stephanie Carlisle Row 3: Kristina Hennessey, Britnie Davis Row 4: Dina Schmidt, Traci Faschingbauer, Lisa Palacheck **Middle Left: JV Football:** Row 1: Sarah Jensen Row 2: Emily Hursh, Meggan Davison, Michelle Anderson **Middle Right: Varsity Soccer:** Row 1: Kelly Devine, Kari Tschida, Leanne Flora Row 2: Kathryn Vejturba, Hayley Carlson Row 3: Jill McQuiston, Andrea Mueller **Bottom Left: JV Soccer:** Row 1: Lindsay Schwintek, Nicole Turgeon Row 2: Brooke Bushman, Erin Nordenstrom **Bottom Right: Varsity Volleyball:** Row 1: Corrin Thorson Row 2: Jessica Gellerman, Kamille Olson Row 3: Jessica Cernius, Molly Fee, Shantell Hoff



Above Left: Varsity Wrestling: Row 1: Melissa Miron, Traci Faschingbauer, Kristen Staples Row 2: Stephanie Carlisle, Leanne Flora **Above Right: JV Wrestling:** Row 1: Meggan Davison Row 2: Jill McQuiston, Nicole Turgeon Row 3: Sarah Jensen, Carolyn Kroulik, Melissa Koreen **Middle Left: Boys/Girls Varsity Basketball A:** Row 1: Brooke Wolfe, Kathryn Vejtruba, Kari Tschida, Kamille Olson, Kimberly Thompson **Middle Right: Boys/Girls Varsity Basketball B:** Row 1: Britnie Davis, Hayley Carlson, Alicia Howie Row 2: Lisa Palacheck, Jessica Holmberg **Bottom Left: JV Basketball:** Row 1: Molly Fee Row 2: Jessica Gellerman, Shantell Hoff Row 3: Jessica Highland **Bottom Right: Varsity/JV Hockey:** Row 1: Megan Hanson, Lindsay Schwintek Row 2: Melissa Sonnek, Mary Vogen, Erin Nordenstrom Row 3: Corrin Thorson, Emily Hursh Row 4: Katrina Knutson, Karen Klinkhammer

Halftime Entertainment

Danceline

When you attend a school event you may not think about the people who put a lot of time and effort into it. The Girls Danceline provided entertainment throughout the year during halftime at football games, basketball games and pep fests. The team's goal for the 1996-97 season was to go to state and do the best that they could.

Patience and a good attitude were required to be a part of Danceline. The squad started out with fourteen members and was reduced to ten by the end of the season.

They spent two hours a day after school, six hours on days when we were out of school and three and a half hours each night during February in order to prepare for the State Competition. The team was involved in competitions at Apple Valley, Northfield and Simley. They also went to the State Competition. "We came away doing a great job for ourselves and we got a chance to show our school that we are out there not only for ourselves, but also for them," said captain Jennifer Hawkinson.

Throughout the season the girls made close friendships and devoted a lot of time. They hope to continue doing their best and look forward to next season.

Top: Katherine O'Gorman, Gina Stramer, Tonia Eaton, Diana Boyum, Mandee Checalski, Dana Maus, Jessica Schmidt, Sarah Tempte, Jennifer Hawkinson, and Kristin Jensen take time out for a picture before they go out to perform. **Middle:** Katherine O'Gorman, Tonia Eaton, Jennifer Hawkinson, Dana Maus, Kristin Jensen, Diana Boyum, Jessica Schmidt, Robyn Grussing and Sarah Tempte help each other do their hair and get ready for the State Competition. **Bottom:** Row 1: Gina Stramer, Katherine O'Gorman, Dana Maus. Row 2: Tonia Eaton, Diana Boyum, Angela Madsen, Mandee Checkalski. Row 3: Jennifer Hawkinson, Jessica Schmidt, Tiffany Jonassen, Sarah Tempte, Robyn Grussing.



Beating the Odds



Special Olympics Minnesota

***Let Me Win
But If I Cannot Win
Let Me Be Brave
In The Attempt***



Special Olympics

The Special Olympics program allowed students at Forest Lake to improve their sports skills as well as their independence. The students had the opportunity to be involved in any or all of the three sports seasons. Bowling was offered in the Fall season; Cross Country Skiing took place during the winter months; and the Spring season consisted of Track and Field.

Practices for the Special Olympics were held twice a week after school, led by advisor Mary Guler. Although the athletes worked towards independence in sports performance, they also conducted group practices. This helped the students develop and display good sportsmanship.

Students were able to compete at an Area Level, and had the chance to advance to the Chapter Level. A great amount of success was achieved on both levels at Forest Lake this past year.

Between the wonderful attitudes of both the athletes and coaches, along with the unmatched spirit, the team's success is expected to continue well into the future.



Top: Tiffany Pierson leads the pack while practicing their outdoor skills. **Center:** Scott Quesnel, Nik Ungar, Tiffany Pierson, Jennifer Jackson, Joseph Kohs, and Mai-yer Vue take a break from competition in the warm-up tent. **Above:** Scott Quesnel and Mai-yer Vue participate in the 500 meter cross country competition. **Left:** Row 1: Jennifer Jackson, James Bahnemann, Mai-yer Vue, Jason Rensch, Sam Hagman, Tiffany Pierson. Row 2: Nicholas Ramsey, Scott Quesnel, Le Anne Korthals, Nik Ungar, Terra Corpuz, Joseph Kohs.

DAVID DALL

On the Way to Victory

DAVID DALL

Girls

"It keeps getting better and better." That was the way head coach Deb Van Klei described the 1996-97 girls' basketball season. The team worked hard to improve during each practice. They tried to learn more and more at each game and gain the experience that many of the young players had not attained yet. The team was led by captains Amanda Daninger and Deborah Dooley, both of whom had previous varsity experience. Their leadership and experience, along with the help of team managers Heidi Christensen, Robin Cohoes and Katie Nord, helped to insure that this was going to be a good season. Although this group of basketball players was relatively young, they all worked together to achieve their goals. "We just need time to be a team," said Dooley, "we have potential to go far." It was that attitude, and positive outlook which made the team so great.



"Each day
we
accomplish
more and
more."
— Amanda
Daninger



"All we
need is time
to be a
team."
— Deborah
Dooley



St. Francis
Park Cottage Grove
Woodbury
Blaine
Duluth East
Elk River Holiday Tournament
Mounds View
Stillwater
Hill Murray
Coon Rapids
Champlin Park
Osseo
Elk River
Mounds View
Roseville
White Bear Lake
Blaine
Maple Grove
Park Center
Anoka
Section Tournament



Top: When Deborah Dooley has the ball, she won't let anything or anyone get in her way. **Above Left:** Sommer Hietbrink and teammate Anna Haines snatch the rebound from their opponent. **Above Right:** Jessica Lee gives the other team something to reach for.



Boys

The boys 1996-97 basketball season was off to a great start. Though they only had two returning players with varsity experience, the team's hard work ethic and high achieving attitude made them tough to beat. "We'll be a team to reckon with come region time!" was co-captain Jeffery Onell's prediction. By practicing each day and learning from their mistakes, the guys gained the experience they needed to improve their mental game. Onell, along with fellow captains Jason Coleman and Brian Brenberg, as well as the rest of the varsity team, were described by head coach Charles Gunderson as a "very intelligent and capable group." Coach Gunderson had nothing but praise for his team. He went on to say "I get excited everyday to go to practice, these guys are fun to coach." Being goal-minded and focused on improvement, guaranteed this team a successful season.



Top: Jeffery Onell has his game face on, as he prepares to fly past the Cardinals' defense. **Above Left:** Peter Hegseth will go to any height to get a clear shot. **Above Right:** Brian Brenberg is so focused on his shot, that he forgot to breathe.



Hastings
Richfield
Woodbury
Duluth East
Holiday Tournament
Stillwater
Hill Murray
Coon Rapids
Champlin Park
Osseo
Elk River
Mounds View
Roseville
White Bear Lake
Blaine
Maple Grove
Park Center
Anoka
Mounds View
Blaine
Section Tournament



*"We're young,
we're learning,
and we're
workin' hard!"
— Jeffery Onell*

HOCKEY

Rangers on Ice

HOCKEY

Girls

The 1996-97 Girls Hockey Team had a fairly young crew this year, five of the players were in eighth grade and one was in ninth grade. "It will help the team in the long run to have more players who start when they're younger. I feel that it's a good thing," said assistant coach JoDee LaCasse.

This was the third season there has been a Girls Varsity Hockey Team. "From the first season until now, the level of play has risen each year and we now have a full team who knows what we have to do to win. At first it was basically a hockey school," stated head coach Shannon Jacobson "now we have a team."

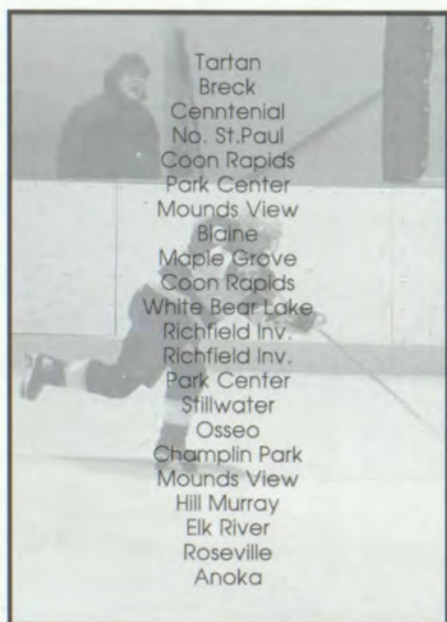
The girls had a great victory over Stillwater, the score was 5-2. This was the first time they have defeated Stillwater. It was a great accomplishment considering that during the 1995-96 season Stillwater overturned the Rangers 11-0. "I feel our ability to score is one of our strengths, and not just from one or two people, but from any player. Also our goal tending is strong," said head coach Shannon Jacobson.



"'97 or '98 would be the year for this team to be the next state champions."
-Lacey Franzmeier



"We have improved tremendously over the past year..."
-Jessica Fedderly



Top: Jennifer Rangitsch saves a shot for Jennifer Czech. **Right:** Andrea Peltier and Jessica Fedderly take off for a two on zero break away. **Far Right:** Lacey Franzmeier skates away from her opponent to pick up a loose puck.



Top: Nicholas Perron gets ready to check his opponent. **Above Left:** Thomas Struntz moves across the net while teammate Robert Herdina rescues the puck. **Above Right:** John Haider starts up the ice with Michael Nielsen.



"... this year's team will be the start of a great hockey tradition at Forest Lake."
-Marty Rychley

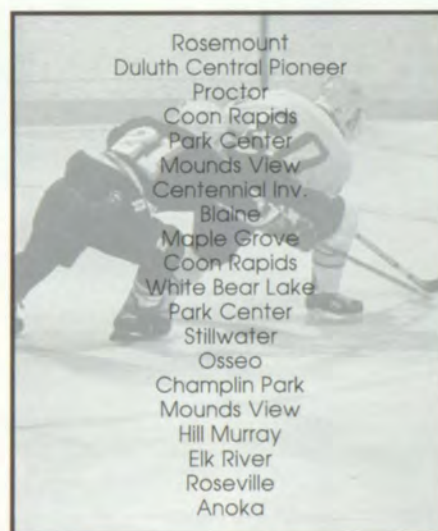


"The possibilities of this year's team are endless if the red line picks up its play!"
-Jeffery Arndt

Boys

The 1996-97 Boys Hockey Team has had a great season. The team has "a great attitude, team speed and ability to handle the puck and hockey sense, they see one play ahead," said Daniel Forsythe. Maybe one reason the team has been so successful this year is that coaches; Daniel Forsythe, Ken Mikolajczyk, Kevin McKinnon and Craig Cullen tried their best to pick players they thought would work well together to make a successful team to challenge other schools and be able to win. Daniel Forsythe also said, "we have more experience this year than in many years."

There are many things the guys can do to stay prepared even during the off season, such as; attend clinics, weight training and practice, practice and more practice.



Rosemount
Duluth Central Pioneer
Proctor
Coon Rapids
Park Center
Mounds View
Centennial Inv.
Blaine
Maple Grove
Coon Rapids
White Bear Lake
Park Center
Stillwater
Osseo
Champlin Park
Mounds View
Hill Murray
Elk River
Roseville
Anoka

GYMNASTICS

All-Around Team

WILKINSON

Carried along by the goals of being Conference and Region champions and with hopes of placing in the top four at the State Competitions, the 1997 Gymnastics team strived for their all around best.

In an interview with Thomas Hipkins, he was asked if there were any specific strengths or weaknesses within the team. He stated, "We are definitely doing strong in all of our events, but an apparent excellence on the floor proves strong."

The team was guided along by Head Coach Nancy Herman and assistants Thomas Hipkins, David Parkins and Tina Olsen. Captains Shannon Labernik, Raegan Johnson and Krista Hipkins strived for their personal best while motivating and guiding their teammates to achieve their goals.

Each member had their own strengths and weaknesses, but everyone did their best. Two specific freshmen were pointed out as "pleasing surprises," states Coach Hipkins. Amber Sparks and Anna Storm were both predicted to be strong impacts on the future of the team.

They may not have won every time, but from every loss there should be a lesson learned. From every lesson one grows stronger and in the end one will always come out on top.



Blaine/Park Center
Osseo/Champlin Park
Centennial/Chisago Lakes
Lakeville
Holliday Classic
Roseville
White Bear Lake
Stillwater
Cambridge Invitational
Mounds View
TCS East JV Conference
Section Meet
State Meet



Top: Raegan Johnson performs her bar routine with firm concentration and strong form. **Above Left:** Bobbi Jo Saxe is spotted on vault by assistant coach Thomas Hipkins. **Above Right:** Senior Erin Cooper practices her flexibility and balance on the beam.



Sports Groups

Girls Varsity Tennis

Row 1: E. Anderson, W. Cape, N. Obrestad, M. Erkkila, M. Sinn, A. Palacheck **Row 2:** C. Chalberg, L. Nicholson, S. Foslein, E. Walcker, A. Peltier, T. Gervais, J. Obrestad, K. Lattin



Girls JV Tennis

Row 1: L. Sterner, K. Randall, D. Kniebush, A. Magnuson, E. Bode, L. Wittnebel, L. Kosman **Row 2:** A. Cohen, A. Palacheck, J. Obrestad, K. Foslein, J. Nickelson, T. Macintyre, L. Belland, A. Kotlowski



Varsity & J.V. Football

ROW 1: K. Hennessey, D. Schmidt, T. Faschingbauer, S. Carlisle, L. Palacheck, C. Kroulik **ROW 2:** R. Wagner, A. Larson, B. Aschittino, J. Sternhagen, T. Engquist, J. Ferraro, P. Eberth, B. Stream, T. Staloch, N. Dunaway **ROW 3:** D. Syverson, R. Linwood, T. Hockerf, J. Allaman, D. Kluk, J. Barchenger, T. Marier, J. Coleman, N. Karls, M. St. Martin, A. Mettler **ROW 4:** A. Wenzel, J. Hageman, J. Jurasin, J. Buerkle, J. Wilson, L. Matzdorf, J. Herman, W. Streeter, J. Lautigar, L. Tietje, P. Nerothin, G. Kellermann **ROW 5:** J. Buffington, K. Drury, C. Swenson, C. Tardiff, J. Pederson, A. Lundborg, A. Hennen, P. Samec, C. Forga, B. Heimerl, A. Pechaver **ROW 6:** J. Schipper, M. McCurdy, D. Leepart, J. Scaramuzzo, J. Benson, B. Brenberg, M. Mettler, S. Robinson, A. Gallatin, C. Gjelhaug, M. Sonnek **ROW 7:** G. Walbridge, B. Garrity, D. Thornburg, M. Marr, J. Kunshier, J. Johnson, L. Ellis

B Squad Football

ROW 1: M. Davison, E. Hursh **ROW 2:** L. Popham, N. Smrekar, R. Radtke, L. Modean, J. Hageman, J. Schwietz, G. Kellermann **ROW 3:** C. Keller, J. Jurasin, J. Buerkle, J. Wilson, L. Tietje, G. Kellermann **ROW 4:** N. Schleder, J. Ochocki, E. Palmateer, T. Cubus, P. Hebert, S. Baber, J. Smalley **ROW 5:** T. Nisbet, D. Isaacs, L. Ellis, M. Dowdall, B. Swenson, C. Feldmann, J. Brodeur, M. Oehler



Boys Cross Country

ROW 1: J. Severson, D. Lindstrom, L. Schroeder, E. Belmore, K. Bjorklund, P. Anderson, C. Trotter, B. Mullin **ROW 2:** C. Ahm, P. Nelson, W. Lee, M. Baker, I. Enz, A. Elvester, J. Wright, T. Schutta

Girls Cross Country

ROW 1: C. Contreras, K. Main, A. Lushanko, H. Tellin, J. Kmetz, A. Wood **ROW 2:** M. Wilson-Brochman, J. Lee, K. Jacobs, N. Anderson, K. Miller, D. Cole, J. Highland



Varsity Volleyball

ROW 1: E. Ryan, V. Gibson, R. Neudauer, M. Kari, S. O'Donnell, D. Ahlm **ROW 2:** M. Johnson, A. Peschel, B. Bleymeyer, B. Devries, A. Daninger, D. Dooley, S. Alm



J.V. Volleyball

ROW 1: A. Maki, M. Kolbow, J. Super, M. Dunn, G. Kolbow **ROW 2:** S. Alm, A. Peschel, K. Schally, E. Miller, J. St. Martin, J. Heitmann, E. Ochs, M. Johnson

B Squad Volleyball

ROW 1: L. Larson, K. Raymond, B. Loftus, S. Atkinson, E. Sandstrom, K. Johnson, E. Dahl **ROW 2:** S. Alm, M. Johnson, A. Sternhagen, E. Casey, M. Bakken, K. Halverson, T. Sumption, D. Barrett, A. Peschel



Gymnastics

ROW 1: R. Johnson, S. Labernik **ROW 2:** A. Sparks, K. Hipkins, E. Cooper **ROW 3:** T. Hieb, S. Jackson, J. Schneider, B. Eiklenborg, E. Ramirez **ROW 4:** N. Herman, D. Parkin, B. Saxe, S. Fellows, K. Rohwer, M. Redfield, K. Nelson, J. Monson, T. Hipkins



Boys Varsity Hockey

ROW 1: K. Knutson, M. Vogen, M. Sonnek, K. Klinkhammer, E. Nordenstrom
ROW 2: C. McKinnon, B. Peltier, J. Haider, A. Niemi, T. Struntz, M. Rychley, J. Arndt, J. Prestegard
ROW 3: P. Ramseth, N. Perron, R. Kaufman, D. Forsythe, K. Mikolajczyk, D. Leepart, J. Docken, C. Brandt
ROW 3: J. Belland, M. Nielsen, R. Herdina

Boys J.V. Hockey

ROW 1: C. Thorson, M. Hanson, L. Schwintek, E. Hursh
ROW 2: B. Johnsen, J. Siedow, R. Woutilla, T. Haas, M. Restler, T. Boyfel
ROW 3: N. Rollins, J. Glaus, B. Ahmen, K. McKinnon, C. Colburn, J. Neihart, D. Toepper
ROW 4: W. Olson, S. Bystrom, D. Waldoch, B. Schaeppi



Girls Varsity Hockey

ROW 1: J. Czech, J. Fedderly, A. Peltier, L. Franzmeier
ROW 2: T. Miller, K. Chenery, A. Miller, J. Rangitsch, S. Hubbard, K. Hawkinson, H. Bjork
ROW 3: S. Jacobson, T. Hammond, R. Girling, J. Glenn, S. Hudella, A. Fredrickson, J. Lacasse

Girls J.V. Hockey

ROW 1: K. Foslien, H. Eggers, N. Frechette, S. Webber, J. Whitcomb, T. Pikula
ROW 2: G. Klein, R. Girling, S. Schroeder, C. Knox, T. Hammond, R. Dunaski, Former Manager



Boys Varsity & J.V. Basketball

ROW 1: N. Thacker, P. Hegseth, J. Wright, B. Hoffman, B. Brenberg, B. Loushine, J. Reed **ROW 2:** D. Thompson, D. Okeson, R. Chall, J. Coleman, J. O'Neill, C. Gunderson, J. Chapin, S. Barnier, K. Nelson, J. Brodeur, J. Herman



Boys B Squad Basketball

ROW 1: B. Sayler, B. Kemp, S. Baber, R. Radtke, S. Conley **ROW 2:** D. Thompson, T. Nisbet, P. Sobiech, F. Wenzel, M. Bulinski, M. Baker, J. Smalley, K. Remitz

Girls Varsity Basketball

ROW 1: K. Jacobs, A. Maki, J. Karels, T. Bull, K. Schally, J. Lee, A. Nord, K. Chenery, M. Petersen **ROW 2:** D. Van Klei, A. Daninger, A. Haines, C. Hanrahan, K. Aisdurf, S. Hietbrink, R. Engquist, D. Dooley, H. Wagamon, K. MacDonald, B. Ward



Girls B Squad Basketball

ROW 1: V. Voto, T. McIntyre, E. Casey, E. Sandstrom, C. Borle, A. Saxe **ROW 2:** K. MacDonald, A. Sternhagen, K. Loren, M. Bakken, A. Schipper, C. Ruppe, M. Dunn



Varsity Wrestling

ROW 1: L. Nelson, A. Fraley, J. Fraley, M. Hildreth, C. Blasko, B. Hildreth, N. Smrekar, M. Marr, T. Marr **ROW 2:** R. Elliot, R. Dettmer, P. Larson, P. Anderson, J. Hebeisen, M. Sonnek, J. Buffington, D. Thornburg, J. Kunshier, A. Lundborg, D. Syverson, J. Matheson, B. Lathrop

J.V. Wrestling

ROW 1: T. Nelson, G. Becken, S. Stenlund, M. Hildreth, C. Trottler, J. Hageman, S. Thorson, S. Karstens **ROW 2:** R. Elliot, P. Larson, M. Nelson, A. Hennen, D. Syverson, J. Hebeisen, J. Buffington, C. Swenson, J. Julkowski, W. Manders, B. Lathrop



Boys Swimming & Diving

ROW 1: R. Chase, K. Tennis, A. Peterson, P. Halerain, G. Sandager, E. Thomas **ROW 2:** M. Mueller, S. Olson, J. Morrison, L. Mitton, P. Sandager, J. Kowaski, K. Krammer, K. Arcand **ROW 3:** M. Carlson, T. Savard, N. Schleder, B. Beck, J. Johnson, J. Hansen, A. Sjodin, C. Richards, R. Weiss **ROW 4:** J. DeRaad, C. Yoch, P. Miles, T. McKenzie, D. Lindstrom, D. Houdak, M. Beebe, J. Frojker

Girls Swimming & Diving

ROW 1: A. Sparks, A. Vadner, L. Worwa, R. Strickler, K. Ophus, D. McAllister, M. Kresge, M. Larson, K. Peterson, K. Nelson, C. Halbreghder **ROW 2:** L. Walcker, A. Storm, A. Wagner, K. Yoch, A. Maws, K. Loya, A. Maws, K. Loya, A. London, A. Rice, D. Meysembourg, A. Plain, K. Corlew, N. Larson **ROW 3:** H. Bjork, A. Rydell, A. Miller, J. Perrault, A. Menard, J. Woods, J. McKenzie, H. Yale, J. Coleman, T. Kogler, K. Kowalski, J. Thayer, J. Jarvis, S. Carlson, L. Mandeus **ROW 4:** K. Anderson, D. Pearson, S. Thompson, S. Jarm, S. Labernik, J. Tomlin, J. Tennis, K. Tomlin, M. Blake, J. Coleman, E. Groshens, M. Erickson, T. Nutter, K. Spetz, M. McConnel, K. Horge



Boys Varsity & J.V. Soccer

ROW 1: M. Ressler, S. Doolittle, J. Arndt, M. Norris, J. DeMarais, E. Herr, T. Hollerbach, Z. Roeder, S. Welsch, D. Erickson, D. Kasper, G. Hattestad **ROW 2:** D. Daninger, T. Erickson, A. Schneider, C. Yoch, L. Milton, B. Beck, N. Thacker, A. Knutson, J. Fraley, M. Sobinski, M. Engstrom, C. Briggs, C. Olson **ROW 3:** T. Kerrick, R. Tungseth, M. Rychley, S. Goerss, J. Olson, B. Beck, B. Erickson, H. Wolfe, B. Beseke, L. Pohlkamp, N. Rollins, J. Hanson, J. Michaud, B. Suchan, M. Noren, R. Dettmer



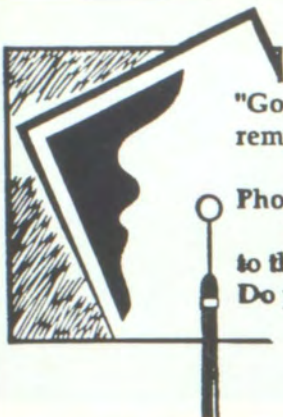
Girls Varsity Soccer

ROW 1: T. Hammond, B. Swanson, J. Hosfield, K. Chenery, K. Pollasky, E. Keto, C. Norris, R. Beck, E. Voto **ROW 2:** K. MacDonald, V. Voto, V. Lara-Kohn, C. Rychley, J. Brand, A. Trotter, T. Labernik, N. Finemann, A. Fredrickson, J. Fedderly, K. Dolney, H. Geyer

Girls J.V. Soccer

ROW 1: A. Severson, J. Erickson, R. Girling, B. Wolfe, M. Clark, S. Jackson, J. Whitcomb, R. Spiess, A. Nord, A. Colby **ROW 2:** R. Miller, J. Rangitsch, J. Gross, C. Westmoreland, A. Schipper, C. Knox, C. Borle, C. Ruppe, K. Donley





**"Go forward to the future,
remembering the past."**

Anonymous

**Photos are a great way to say
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Brandon,
You are the very best.
Keep reaching for the
stars.
Love Mom, Dad, Tisha



Jasmine,
Congratulations! We are
very proud of you. Re-
member that the best is
yet to come as you turn
your dreams into reality.
Love Mom, Dad, and Kyle



Amy,
We are very proud of you
even if we don't tell you
all the time. Good luck in
the next few years going
on to school. We know
you can do it.
Love Mom and Dad



Pete,
We're proud of you.
You're one of a kind.
Il Tim. 2:15
Love Mom and Dad



Jeff,
All our best wishes as you
move on to your next
chapter in school.
Love Mom and Dad



Emilie,
Talking comes easy when
you start at a young age.
Good luck in your future.
Love Mom, Dad, Deanna,
and Gina



You've brought us much
joy. To you a lifetime of
love, happiness, and suc-
cess in all you do.
Love Mom and Dad



Jennifer,
Way to go kid! You're finally on your way.
Love Mom and Dad



Melinda,
After fifteen years you continue to be sweet and innocent. May the path you choose be the right one for you.
Love Mom, Dad, and Beck



Becca,
You have always been a joy for me. I'm very proud of you. I wish you a happy future!
Love Mom



Mindy Lou,
Find your own path
Make your own way
Discover the person you were meant to be.
Love Mom and Dad



Marie,
We are very proud of you and you will always be our Bubba. Good luck!
Love Mom and Dad



Zach,
Wherever you go, whatever you do...
"Chop down" the obstacles by using all the gifts you possess. Just be happy!
Love Mom, Dad, and Gabe

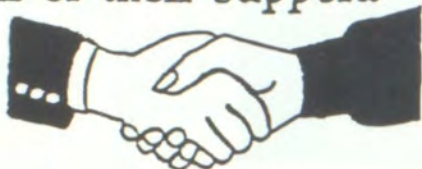


Traci,
You have always been a terrific young lady. We were always proud watching you cheer.
Love Dad and Mom



Alison,
You can pick your friends, but you can't pick your family. I guess you were just lucky. We wish you the very best for the future.
Love Mom, Dad, Jill, and Katy

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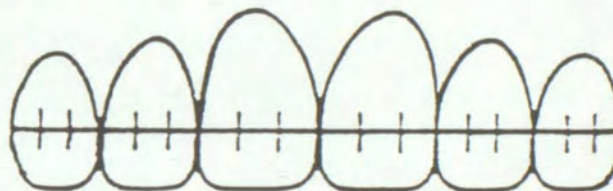
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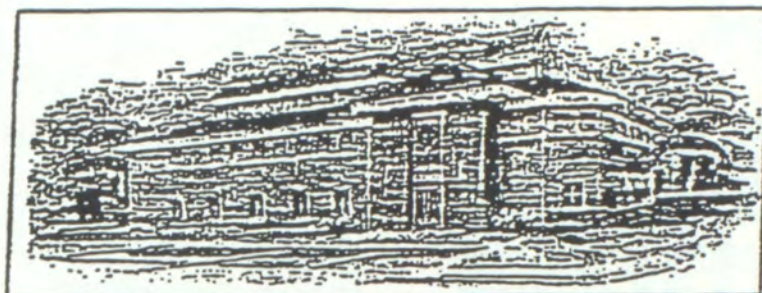
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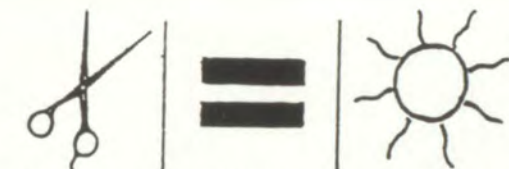
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rare is the courage to follow
that talent..."-Erica Jong

we did it, we finished yet another book. It has been a wonderful 3 years, and I wouldn't have been the same without you. You are the best, I don't know what I'll do without you. Take care of that little girl! Love ya lots

We love you
+ you will be
missed. Never
forget my papeye
look!! Your the
best. *Blarina
Hoff*

This year was a lot
of fun and I really
enjoyed it. Yearbook
won't be the same
without you. *GO
PACKERS*
MIKE BAKER

melinda Skallman

I'm glad I
had lost hour with
you these last two years.
You been a lot of fun and I'm
going to miss you very much.
Thank you for all your guidance,
support and ears that listen
*Passaway,
Ernie,
Bessing*

We'll miss ya
Mrs. Law!

*Cathleen
Hess*

This year was an adventure,
a great adventure that taught
me tons and gave me some
of the greatest memories! *Quinn*
You will always be apart of me!

Momma Law:

Hope I can live up to the
Legacy! *Main*

I KNEW IT WAS GOING TO
BE A GREAT YEAR, RIGHT FROM
THE RIDE HOME FROM CAMP. (HA, HA)
THANKS FOR THE GREATEST YEAR
EVER! WE'LL MISS YOU A LOT
NEXT YEAR.

Jeremy Benedict

Thanks for a great year.
Next year won't
be the same.
I'll miss you.

*Love,
Becky
Skallman*

I will always remember you as one
of the best darn teachers I've ever
had. I'm going to miss you next year
so you'd better miss me too!!! Please
keep in touch and never forget us-- we're
your kids!!! And remember, why? No, "Y"!!!!
The Best BIZ Editor, Miss Katy-Kate

Another year gone and
yet I have a whole year
left. Yearbook without
you won't be the same.
We'll miss you lots and
I'll try to teach the kids
next year the same
way you taught
me!

*Julie
Kirk-
hammer*

Thanks Mrs. Law for
picking me from a
select few! I'll
never miss you! We'll
miss you!
Thanks,
Quinn

*Anna
Hlmquist*

We're very lucky
to have had you for
our teacher, thank you
for all that you
have done for us.
We'll miss you very
much-take care!

*Always
Julie
Bixby*

Thanks for everything.
You're the most comfortable
person for me to talk to. You
have taught me many things that
are really helped me in my
1st year in the U.S. love,
Love

KEYSTONE

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Artwork Credits — **Top Left:** Pen and ink by Nicholas Gustafson. **Top:** Scratch art by Dan Erickson. **Left:** Scratch art by Genene Claven-Burg. **Above:** Pen and ink by Jake Franzen.

Colophon

With the closing of this school year brought the end to yet another volume of the Forester. With a smile on our face and sadness in our hearts, we as editors left the high school with a feeling that we accomplished our goals to capture everyone's memories.

We believed that this year's theme, **"A Little Bit of Everything,"** included everything that went on in and outside of school. So many changes this year, including new teachers, the four period day and an increased student body, brought in many different outlooks on life as a whole.

With only four returning members and fifteen new members, the yearbook staff worked hard to meet our six deadlines. With the guidance of our advisor, Gail Law and our assistant advisor, Maria Kaiser, things ran smoothly.

We along with the rest of the yearbook staff tried to display all these outlooks throughout the pages of **"A Little Bit of Everything."**

-Emilie Buesing and Melinda Skallman

Gail Law **Advisor** (7 yrs.)

Maria Kaiser **Assistant Advisor** (4 yrs.)

Full Year Staff Members

Anna Almquist (1)

Michael Baker (1)

Jeremy Benedict **computer** (1)

Julie Bixby (1)

Emilie Buesing **co-editor** (2)

Jennifer Czech (1)

Cathleen Hess (1)

Shawna Hoff (1)

Karen Klinkhammer (2)

Rizal Mawardi **photographer** (1)

Amy Nordling (1)

Sarah Schultz (1)

Melinda Skallman **co-editor** (3)

Rebecca Skallman **business** (1)

Kelly Sumption (1)

Kathryn Vejtruba **business editor** (2)

Half Year Staff Members

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Matthew Merrell **computer** (1/2)

Aimee Mouchet (1/2)



Volume 59 of the Forester contains 220 pages with a 9 x 12 format. Eleven hundred and forty copies were printed by the Taylor Publishing Company, Dallas, Texas. The pages were printed on 8 lb. enamel paper. The main type face used in this book was Avant Garde. The cover is a photograph with a glossy finish.

Approximately 1800 Forest Lake Senior High Students were pictured in this year's Forester. Forty-four ads were sold raising an estimated \$2,210; reducing the price of the book. We have been able to keep this book's price at \$38 for the past three years. One hundred extra books were ordered for those who wished to be put on a waiting list to purchase a book at

\$40. The total cost of this year's book was approximately \$40,000.

The 1996-97 Forester staff would like to give a special thanks to the following people for their contributions to this edition: Anne Mueller and Taylor Publishing Company; Thom Schnide of David Banks Studios and Jana Noonan of Zahler Photography for their professional picture taking; principal Carol Kluznik and assistant principals: Don Drolson and Dr. Russel Cooper; Advisors of all extra curricular activities; the Attendance Office; the Guidance Office; the Audio Visual Department; the Custodians; the Athletic Department; all individuals that so willingly donated props for our cover; and our own Forester Business Department. A very special thanks to our staff photographer Rizal 'Jazz' Mawardi, Maria Kaiser for her support to all of us kids throughout the year and we wish her success on next year's book. And last, but definitely not least, to our Advisor Gail Law for all the time she spent dedicated to the yearbook staff through teaching and guidance. Her inspiration has effected all of our lives. We will miss you 'Mamma Law.'



yearZine

The Movies, TV, Music, Sports, News and Trends Zine Just for Students

Save the Dogs

I Love Tom Cruise

Slam Dunk

Don't Cry for me

Hercules, Hercules

1997

Movies

Tops at the Box Office

1. Independence Day
2. Twister
3. Mission: Impossible
4. Jerry Maguire
5. The Rock
6. The Nutty Professor
7. Ransom
8. 101 Dalmatians
9. A Time to Kill
10. Phenomenon

Star Trek

Star Trek: First Contact

101 Dalmatians

Leonardo DiCaprio and Claire Danes play star-crossed lovers in *Romeo and Juliet*.

Independence Day

Mission: Impossible

Tom Cruise makes *Mission: Impossible* a reality.

Glenn Close, as Cruella DeVil, craves a Dalmatian puppy fur coat.

Will Smith and Harry Connick Jr. prepare for the alien attack in *Independence Day*.

Oscar's Pictures
The English Patient
Fargo
Jerry Maguire
Secrets & Lies
Shine

The Preacher's Wife

Whitney Houston meets her angel, Denzel Washington, in *The Preacher's Wife*.

Romeo & Juliet

Lynn Redgrave and Geoffrey Rush make music together in *Shine*.

Shine

Space Jam

Michael Jordan teams up with his Looney Tunes friends

Oscar's Actresses
Brenda Blethyn, *Secrets & Lies*
Diane Keaton, *Murvin's Room*
Frances McDormand, *Fargo*
Kristin Scott Thomas, *The English Patient*
Emily Watson, *Breaking the Waves*

Beavis & Butt-head Do America

Madonna's performance in *Evita* earns the actress a Golden Globe.

Nutty Professor

Eddie Murphy is *The Nutty Professor*.

Twister

Twister's Helen Hunt and Bill Paxton take the screen by storm.

The English Patient

Ralph Fiennes stars as *The English Patient*.

Jerry Maguire

Tom Cruise wins acclaim in the popular romantic comedy *Jerry Maguire*.

Matthew McConaughey and Sandra Bullock confront racism in the film adaptation of John Grisham's courtroom thriller.

Oscar's Actors
Tom Cruise, *Jerry Maguire*
Ralph Fiennes, *The English Patient*
Woody Harrelson, *The People vs. Larry Flynt*
Geoffrey Rush, *Shine*
Billy Bob Thornton, *Sling Blade*

ABC wasn't *Clueless* when it added this hit to Friday nights.



Clueless

Dangerous Minds

TV With Class
Boston Common
Dangerous Minds
Mr. Rhodes
Nick Freno: Licensed Teacher
Pearl
Saved By the Bell
The Steve Harvey Show



Relativity

Relativity's Kimberly Williams and David Conrad fall in love.

Rosie O'Donnell



Rosie O'Donnell improves talk-TV's image.

Friends leads NBC's Thursday night monopoly.



Friends

The X-Files



Suddenly Susan

David Duchovny and Gillian Anderson co-star in *The X-Files*.

Brooke Shields turns *Suddenly Susan* into a sudden success.

Annie Potts stars as an ex-marine turned inter-city high school teacher in *Dangerous Minds*.

Sabrina the Teenage Witch casts a spell on ABC's Friday night lineup.

Sabrina



Entertainment

Week's Top TV Picks

1. NYPD Blue
2. The X-Files
3. The Larry Sanders Show
4. Newsradio
5. The Simpsons
6. Friends
7. Murder One
8. Profit
9. Seinfeld
10. Moesha



ER

An award-winning cast keeps *ER* on top for another season.

Jenny McCarthy

Jenny McCarthy makes waves in the dating pool on MTV's *Singled Out*.



Your Favorites*

1. Seinfeld
2. ER
3. Suddenly Susan
4. Monday Night Football
5. Friends
6. The Single Guy
7. Home Improvement
8. Caroline in the City
9. Spin City
10. 60 Minutes

* The New York Times

John Lithgow brings 3rd Rock from the Sun down to earth.

NBC's 3rd Rock



MUSIC

Single Success

1. Macarena, Los Del Rio
2. How Do U Want It, Tupac Shakur
3. Twisted, Keith Sweat
4. No Diggity, Blackstreet
5. You're Making Me High, Toni Braxton

Liam Gallagher leads Oasis to the top of the rock charts.

Gallagher



Garbage's supervixen Shirley Manson is the reigning queen of rock.

Garbage



A+ Albums

1. Jagged Little Pill, Alanis Morissette
2. Falling Into You, Celine Dion
3. The Score, Fugees
4. Tragic Kingdom, No Doubt
5. Daydream, Mariah Carey



Blackstreet's No Diggity features Dr. Dre.

Blackstreet

Seventeen-year-old Brandy makes it big with hit records TV's Moesha.

Brandy



The Smashing Pumpkins tour with Garbage.

The Smashing Pumpkins



The Artist



"The Artist" (formerly known as Prince) releases the much anticipated Emancipation.

Alanis Morissette



Alanis Morissette's Jagged Little Pill is 1996's No. 1-selling album.

LeAnn Rimes



Cyber-rock

Oasis (<http://www.oasisnet.com/>)
 Bush (<http://users.aol.com/LtleThings/Bush/index.htm>)
 The Smashing Pumpkins (<http://www.muohio.edu/~carmance/sp.html>)

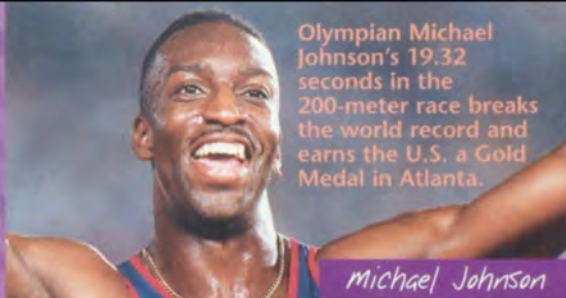
MTV Online



Music television is hot on-line and off.

At 14, LeAnn Rimes turns Blue into gold.

L.A. Dodgers' "Tornado" Hideo Nomo averages multiple strikeouts per inning.



Olympian Michael Johnson's 19.32 seconds in the 200-meter race breaks the world record and earns the U.S. a Gold Medal in Atlanta.

Michael Johnson

Olympic Oooohs and Aaaaahs
17 days

10,750 athletes

197 countries

31 sports

Carl Lewis, long jump

Amy Van Dyken, swimming

Tom Dolan, swimming

Karach Kiraly and Kent Steffes, volleyball

U.S. Women's Softball Team

U.S. Women's Soccer Team

U.S. Women's Basketball Team

U.S. Women's Gymnastics Team

Sports



Dan O'Brien wins an Olympic Gold Medal in the decathlon.

Dan O'Brien



Chicago Bull's No. 23 Michael Jordan scores the highest point average in the NBA (30.9).

Michael Jordan

New York Yankees manager, Joe Torre, celebrates a World Series victory.

N.Y. Yankees



Dennis Rodman

Bad boy Dennis Rodman ranks first in the NBA in rebounds per game (15.9).



NASCAR gains new popularity at the track and on the information super-highway.

Kerri Strug leads the U.S. gymnastics team to a Gold Medal in the team competition and becomes a media sweetheart.



Kerri Strug



Evander Holyfield

Sports Illustrated labels Evander Holyfield "Giant Killer" after he pounds boxer Mike Tyson.

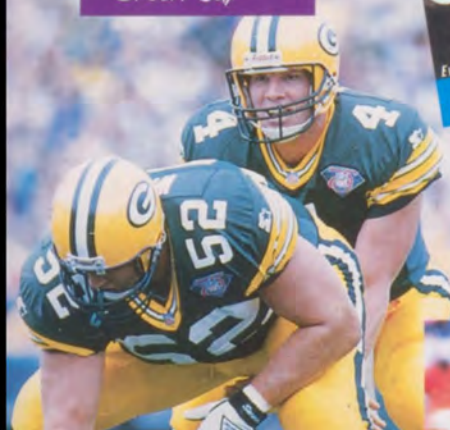
Tiger Woods



After leading the amateur golf tour for three years, Tiger Woods turns professional at age 20.

The Green Bay Packers triumph over the New England Patriots 35-21 in Super Bowl XXXI with the help of quarterback Brett Favre, No. 4, and center Frank Winters, No. 52.

Green Bay



Danny Wuerffel

'96 Heisman Trophy recipient Danny Wuerffel leads the Florida Gators to its first national championship.

Young Olympians

Amy Acuff, 20, high jump
Amanda Beard, 14, swimming
Brooke Bennet, 16, swimming
Beth Botsford, 15, swimming
Amanda Borden, 19, gymnastics
Dominique Moceanu, 14, gymnastics
Justin Huish, 21, archery
Kim Rhode, 17, double trap shooting
Tiffany Roberts, 19, soccer

News

Life on Mars.

Racial unrest in St. Petersburg, Fla.

Welfare Reform.

Madonna is a momma.

Michael Jackson, King of Pop-pa!

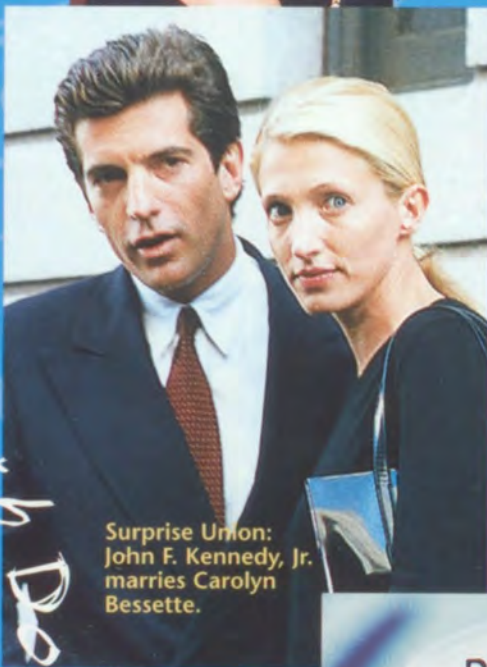
Campaign Financing goes under scrutiny.

Elizabeth Dole



Elizabeth Dole proves popular in husband's campaign.

Surprise Union: John F. Kennedy, Jr. marries Carolyn Bessette.



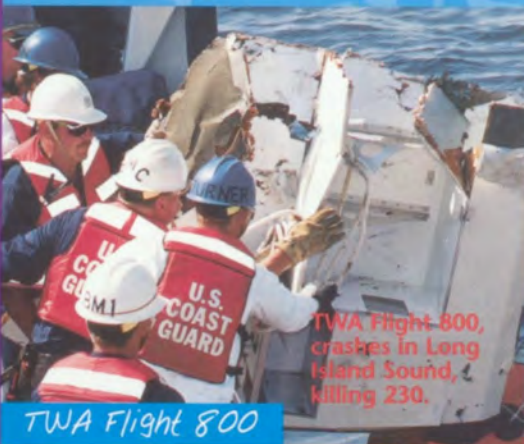
John F. Kennedy, Jr. & Caroline Bessette

WE ARE PROUD OF YOU!



Astronaut Shannon Lucid spends more time in space than any other American.

Shannon Lucid



TWA Flight 800, crashes in Long Island Sound, killing 230.

TWA Flight 800



Bob Dole

Despite his dedication, Bob Dole's 96-hour campaign marathon fails to win the necessary votes.



The Clintons

Voters extend Bill Clinton's White House lease by four years.

Civil verdict declares O.J. Simpson liable for deaths of Nicole Brown and Ron Goldman.

O.J. Simpson



Communications Error:

The number dialed is busy or not answering. Please try again later.

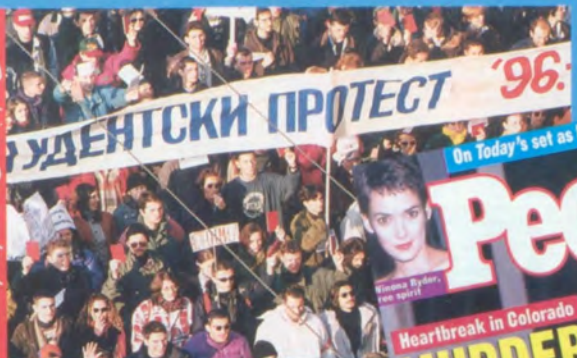
To find another local access number, select "New Local" from the "Screen name" pop-up menu, and click Sign On.

For more information, press the Command Key+SHIFT+? and refer to the Troubleshooting information in the AppleGuide.

Unlimited access gives America Online users migraines and busy signals.

OK

Serbian Demonstrators



Students demonstrate against Serbian government.

The Goldmans



The O.J. jury awards Ron Goldman's family \$33.5 million.

MURDER OF A LITTLE BEAUTY

The brutal killing of pageant princess JonBenét Ramsey, 6, shocks the nation—and raises troubling questions

JonBenét Ramsey

Prince William



Prince William, 14, is Britain's latest hot shot.

Olympic Bombing



Atlanta's Centennial Park bombing mars the Summer Olympics.

John Chancellor



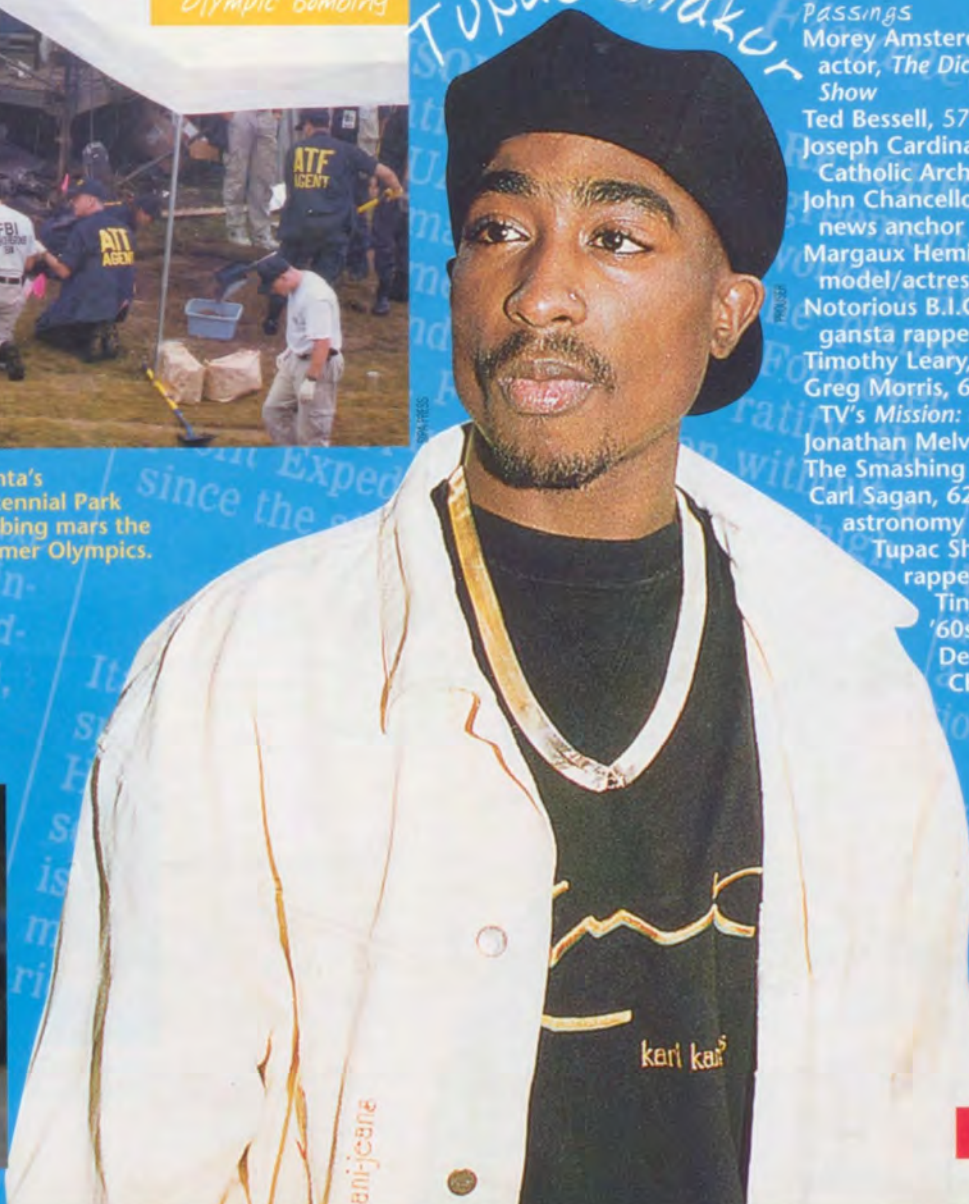
Veteran news anchor dies.

Clone



Successful sheep cloning fuels ethics debates.

Tupac Shakur



Passings

- Morey Amsterdam, 80-ish, actor, *The Dick Van Dyke Show*
- Ted Bessell, 57, actor, *That Girl*
- Joseph Cardinal Bernardin, 68, Catholic Archbishop
- John Chancellor, 68, news anchor
- Margaux Hemingway, 41, model/actress
- Notorious B.I.G., 24, gansta rapper
- Timothy Leary, 75, '60s activist
- Greg Morris, 61, actor, TV's *Mission: Impossible*
- Jonathan Melvoin, 34, The Smashing Pumpkin
- Carl Sagan, 62, scientist and astronomy popularizer
- Tupac Shakur, 25, gansta rapper/actor
- Tiny Tim, 70-ish, '60s icon
- Deng Xiaoping, 92, Chinese Leader

Gangsta rapper and movie star Tupac Shakur is murdered.

Trends

What's Hot

- Hair barrettes
- Black boots
- Hip huggers
- Carpenter jeans
- Sweatshirts
- Metallic T-shirts
- Backpacks
- Birkenstock sandals
- Body piercing

Fashion fads feast on bright colors.

Fashion Ad



McDonald's introduces adult-like, "Arch Deluxe" which meets with lukewarm consumer interest.

IT'S TRUE. WE DO MATURE FASTER THAN BOYS.

McDonald's



TV shows get a voluntary rating system.

Calvin Klein says "Just Be."



Bill Gates turns the heat up on technology with the Microsoft Network.

Microsoft

be shy. be bold. just

Oprah Winfrey makes a connection between the best body and a bestseller.



Make the Connection

MAKE THE CONNECTION
TEN STEPS TO A BETTER BODY—AND A BETTER LIFE



BOB GREENE AND
OPRAH WINFREY

Coca Cola



Coca-Cola goes retro-'70s.

Say what?

- "boo"-boyfriend/girlfriend
- "butter"-smooth/nice
- "digits"-phone numbers
- "down low"
- (also "D.L.")-quiet
- "flavor"-style
- "4-1-1"-information
- "hella"-very
- "house"-to defeat
- "mad"-beautiful
- "peeps"-friends/people

Jonathan Larson's Musical Rent plays on Broadway.



Rent

Eat milk?



Amy Van Dyken's got milk and promotes <http://www.whymilk.com>.

Dennis Rodman

Dennis Rodman gives new meaning to hair color, accessories and fashion sense.





AUTOGRAPHS

