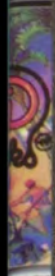


STOP PRESS STOP

Gold

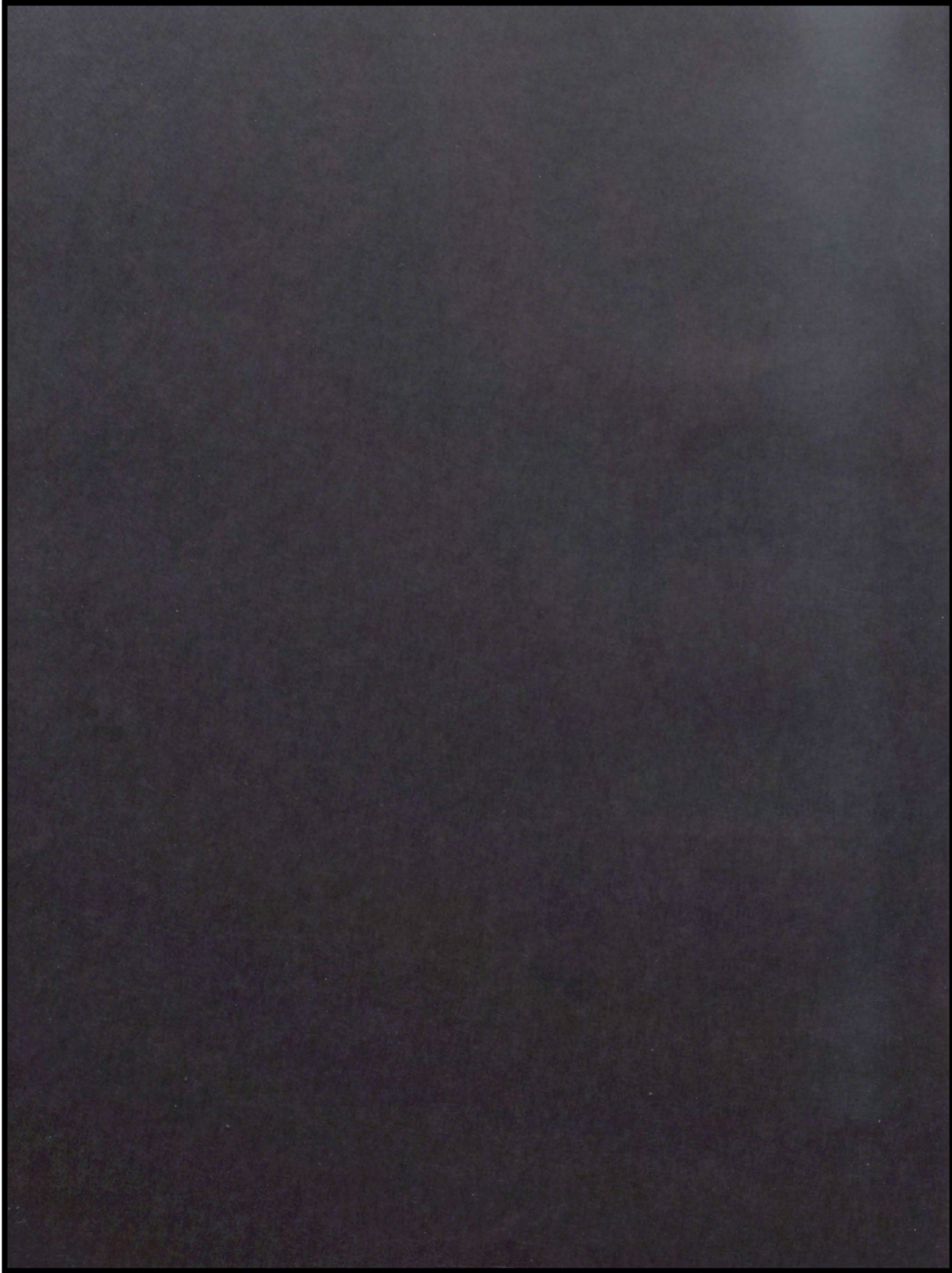




cque

abland





Billboard

Top 100 Gold

This Week	Last Week	Page	Title artist
1	1	4	Breaking Records Activities
2	3		Night Fever Debbi Boone
3	2		Tonight's the Night Rod Stewart
4	6		Shadow Dancing Andy Gibb
5	4		Le Freak Chic
6	5	30	Topping the Charts Academics
7	8		My Sharona Knack
8	7		Alone Again Gilbert O'sullivan
9	9		Joy to the world Three Dog Night
10	11	46	Going for the Gold Athletics
11	12		Bridge over Troubled Waters Simon and Garfunkle
12	10		Best of My Love Emotions
13	13		I'll Be There Jackson 5
14	14		Silly Love Songs Wings
15	17		Maggie May Rod Stewart
16	16		Bad Girls Donna Summer
17	18		It's Too Late Carole King





Above: Student Council painted the town for Homecoming week. Students were full of excitement as they walked through the high school's decorated front doors.

Left: Junior Amanda Aldentaler, Sophomore Brian Lartch, and Junior Michael Malmquist work in front of the school, raking and rejuvenating the grass for an Agriculture class.

Right: Seniors Josef Maier, Leah Bruner, and Jamie Essen work hard in ceramics class to finish up their project.



We are too focused on **the** future. When we start high school, we are already told to think about college. Scholarships, tuition, and college tours become the main topic of discussion for many. But in this college chaos, we wake up to realize that something is amiss. Our lives as high school

students are over, and they cannot be redone. Take a step back, look at the people **of** yesterday, and learn from the history. Today will soon be **our past**. Tomorrow will come as quickly as our summer vacations had ended, so be happy with who you **are**

right now. In America's constant drive to excel, we forget to relish in what we have already accomplished. Never take for granted your past, because we are the products of **yesterday's gold**.

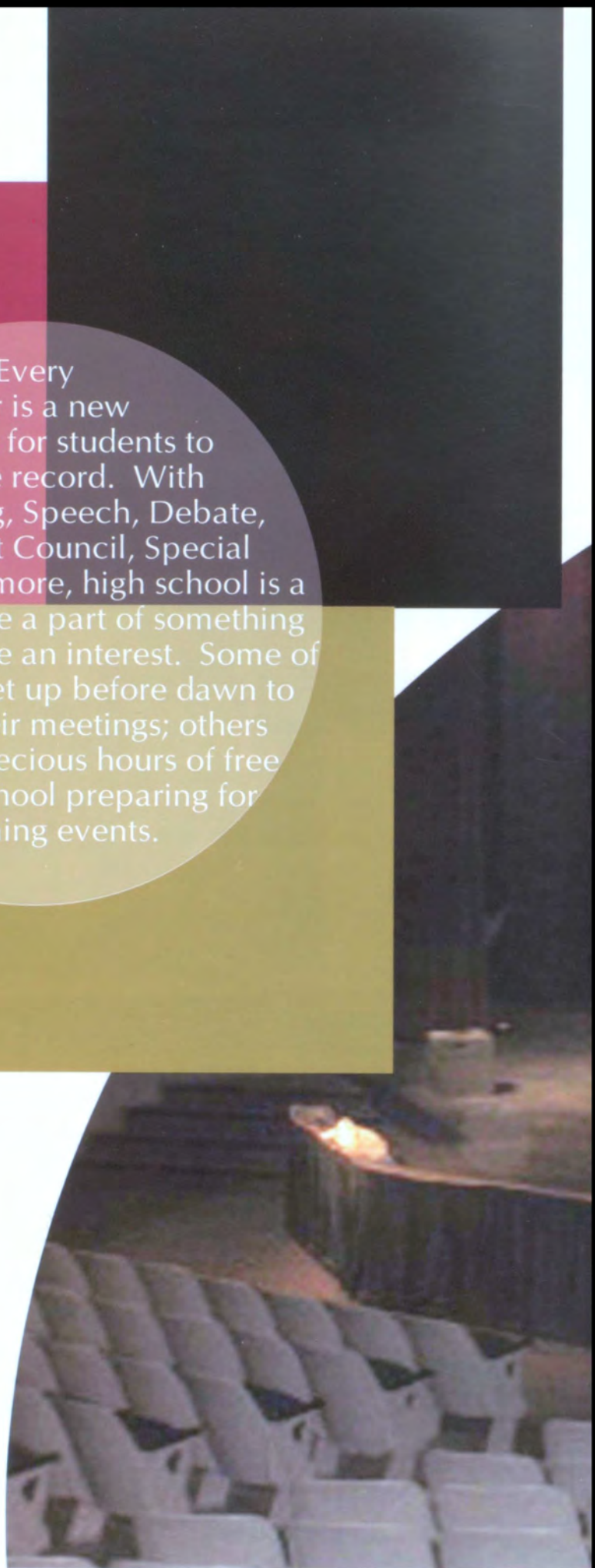
-Lindsay Bode

Alexander Boerum's junior powder puff football team gathered together to get ready for the big game during Homecoming week.

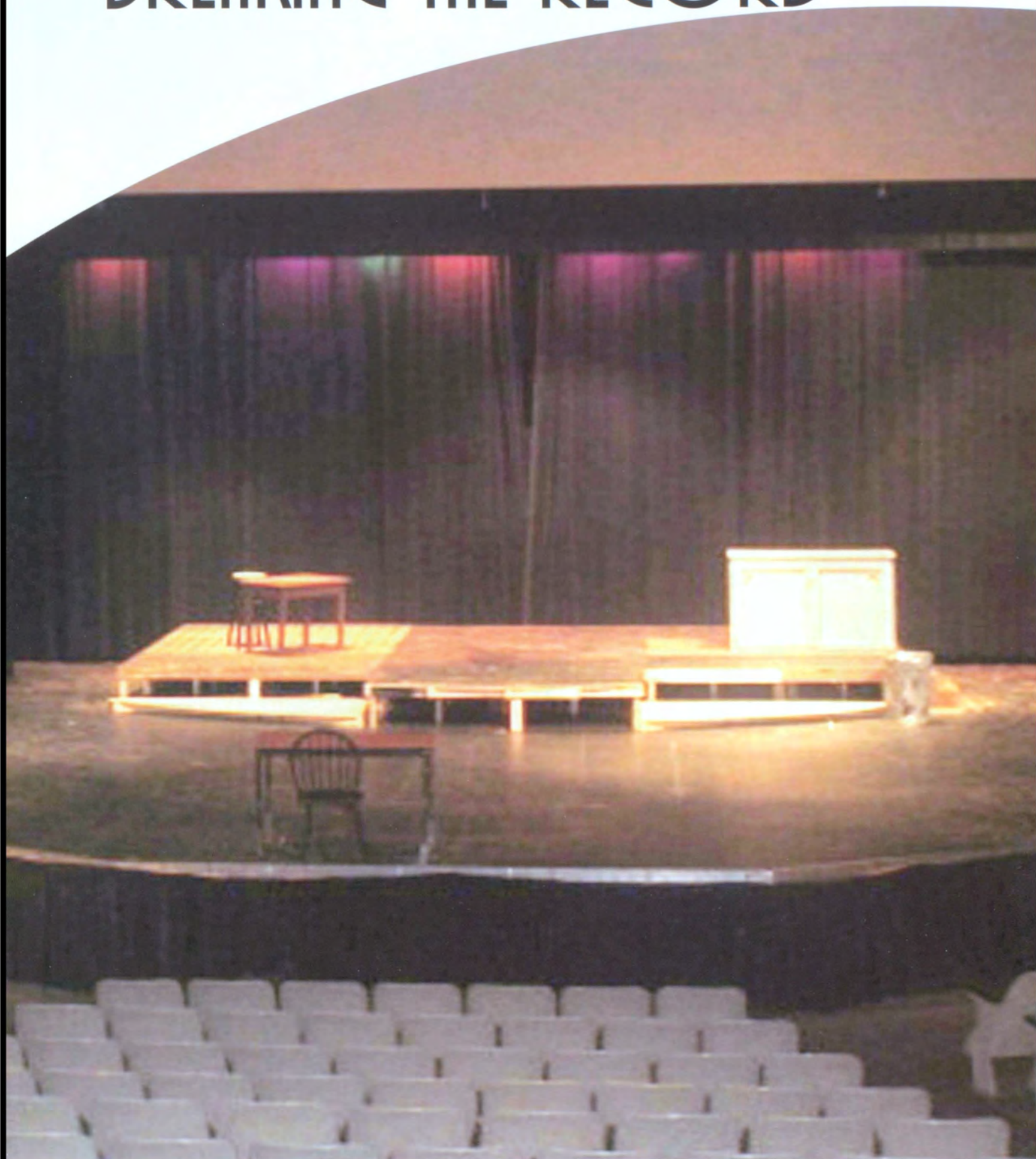


ACTIVITIES

Every year is a new challenge for students to break the record. With Homecoming, Speech, Debate, FFA, Student Council, Special Olympics, and more, high school is a great place to be a part of something in which you take an interest. Some of these groups get up before dawn to make it to their meetings; others spend their precious hours of free time after school preparing for upcoming events.



BREAKING THE RECORD



2004 Homecoming

It's one of the most highly anticipated weeks of the year, filled with fun events, school spirit, and good times. It's Homecoming!

This year, like all other years, there were spirit days. Each day students dressed up accordingly to show off their school spirit. There were also many fun events that took place. Monday there was a **Powder Puff**

Football Game, in which the junior girls were victorious over the senior maroon in the championship game. Tuesday was **Battle of the Bands**, in which *Adam and the Rock and Roll Hoochie Koos* took 1st place. Thursday, students gathered in their pajamas with popcorn and candy to watch the movie *Ferris Buellers Day Off*. The **Coronation** and **Pep Fest** were held Friday, like usual, but this year was a little different than most. Chantel Eischen was crowned queen, and Kenneth Janssen, who won the popular vote, was asked to leave the running for an incident that happened during lunch that day. Although some students were upset, another very deserving young man, Clayton Harrison, got the crown.

This Homecoming week was filled with lots of fun, laughter, and memories, all of which led up to the **Friday Night Football Game**.

-Alyce Knoop



Who's ready to rock! Jimmy From Jersey rocks the crowd at Battle of the Bands.

Monday: Why are guys wearing lipstick? Seniors Tevlik Anafarta, Michael Butchko, Adam Young, Sally Kellerhuis, Jennifer Jimenez and Junior Stefanie Shogren, compete in Ranger Olympics on pajama day.

Tuesday: Juniors Madelynn Kohn, Laurie Miller, and Christina Rhein dress for clash day.



Monday

Tuesday

Wednesday



Can't get past here! Senior Vanessa Sahr holds her ground as Seniors Katie Kaulluss and Sarah Napoli rush the quarterback.

Who's thirsty? Seniors Jacob Tonsager, Travis Wittnebel, Neil Morris, and Angela Spiess perform in the pop drinking contest.

The football team cheers on the Homecoming Royalty as they take the stage.



Getting past the nerves! The 2004 Danceline performs to students and staff during the pep fest.



Great job girls! Senior girls exchange high fives as the Powder Puff game comes to an end.

Wednesday: Sophomore Bridget Holmes and Senior Victoria Bizzotto sport their favorite t-shirt during concert t-shirt day.

Thursday: Dressed for success! Seniors Kayla Nowicki and Sarah Davies, flanked by Juniors Ally Deshong-Selz and Matthew Joyer, show their style.



Thursday



Friday

Friday: We have Ranger Pride! Seniors Megan Baird, Sarah Sighrinius, Mallorie Urman, Joanna Koski, and Jenna Lee pose for a quick picture during the pep fest lunch.



Kyle Vadner

Q. What is one thing that you like about your Homecoming partner?
A. "She's short, has spiky hair, and is funny."



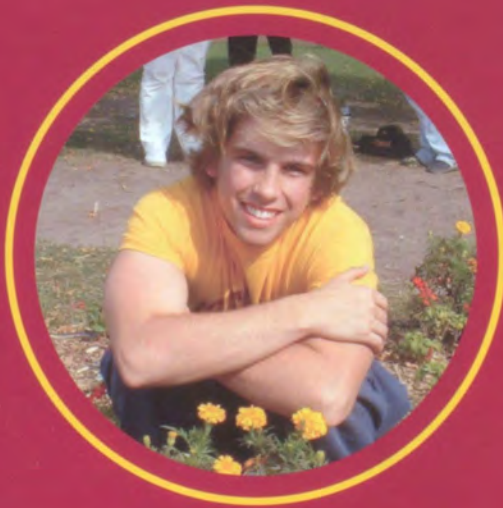
Mark Moberg

Q. What does being nominated for Homecoming King mean to you?
A. "People think I am actually cool."



Kenneth Janssen

Q. If you could pick an animal to describe you, what would it be and why?
A. "A penguin, because it is adorable like me."



Clayton Harrison

Q. Where do you see yourself in 10 years?
A. "Living by myself, eating macaroni and cheese and other Kraft products."



John Lundstrom

Q. What is your unique talent?
A. "I can do 100 sit-ups in one minute."

ROYALTY



The Homecoming candidates take a break from their hectic week. Top, from left to right, Clayton Harrison, Chantel Eischen, Mark Moberg, Rachael Anderson, Kenneth Janssen, and Cassandra Peterson. Bottom, from left to right, Kyle Vadner, Alyssa Smith, Samantha Grimes, and John Lundstrom.

Alyssa Smith

Q: What is one thing that you like about your partner?

A: "He's funny and he makes me laugh."



And the winners are... Chantel Eischen and Clayton Harrison are crowned Homecoming 2004 King and Queen.



Rachael Anderson

Q: If you could pick an animal to describe yourself, what would it be and why?

A: "A liger, a mix between a tiger and a lion, my two favorite animals, magically combined."



Samantha Grimes

Q: What is a unique talent that you have?

A: "I can play the guitar backwards and don't have to change the strings."



Cassandra Peterson

Q: What does being nominated for Homecoming Queen mean to you?

A: "Spending time with Mark Moberg for a week."



Chantel Eischen

Q: Where do you see yourself in 10 years?

A: "I see myself living in New York, becoming a model agent."

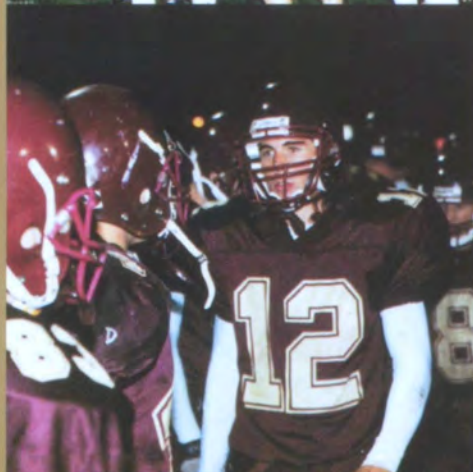


RANGERS ROUGH RIDERS

Go
Defense!
The
defense
gets
ready to
go out
and lasso
the
Raiders.



Senior
Jesse
Travis
walks off
the field
after
giving it
his all.



The
Rangers
show no
mercy as
they stop
the
Raiders
from
scoring.



"We say Forest Lake, you say Rangers! We say maroon, you say gold! We say win, you say tonight! We say number, you say one! Forest Lake Rangers number one!" The crowd cheers loudly as the Rangers take the field for yet another Homecoming game. It is freezing outside and the field is muddy and wet, but it is game time. Inside the locker room, the team is undergoing a pre-game speech led by coaches, captains, and fellow teammates. Outside, classmates, family, and faculty huddle closely together



Does anyone have a clean towel? Senior Patrick Van Beckum, encouraging his teammates from the sidelines, awaits his next rotation onto the field.

Here we go Rangers, here we go!! Seniors Brianna Hubbard, Aaron Moen, Jenna Lee, Sarah Berger, Kyle Dempsey, and Andrew Norbin show their school spirit.



What's the call, ref? The Rangers and the Raiders watch anxiously to see whether a first down has been made.

Seniors Jeremiah Morland and Captain Kevin Secor take a break from the game.

to stay warm while watching. The game starts out well, but unfortunately takes a wrong turn, as the Rangers fall short of victory. Despite the loss and cold weather, fans stayed through the game to support their team. After all, it's not about winning, but about friends and family coming together to make memories to last a lifetime. It is about supporting the Rangers, who played their hearts out and fought until the end.

It's Supper Time

"Little Shop Of Horrors"

The fall musical, "Little Shop of Horrors," brought entertainment to those young and old. Its twisted sense of humor attracted large audience turnouts. This year's play was co-directed by Mr. Timothy Newcomb and Mrs. Kris Hovland. Cast members were quick to say that Mrs. Hovland was a great new addition to the drama department, and that she and Mr. Newcomb worked well together. This is the second time since 1997 that this play has been chosen, due partly to its popularity and its fit for the cast. This year's lead roles were played by four talented students. Junior Caleb Rotach (right) took on the role of Seymore, an orphaned nerd who was adopted by Mr. Mushnik, played by Senior Zachary Clasen. Caleb commented, "The cast was tight knit, talented, and easy to work with." Senior Jessica Bystrom acted the part of Audrey, a nice girl who struggles with a bad self image. Lastly, the alien, man-eating plant was operated by Junior Matt Joyer, and had the voice of Senior Joel Partyka. This was Joel's second lead role at Forest Lake High School and

he has enjoyed them both immensely. Seniors Jessica Bystrom and Zachary Clasen both took on lead roles for the first time, and both fit and portrayed their characters perfectly. The cast for this year's production was a small but very talented group. The strong lead roles, backed by a very strong cast, made this year's show a very successful production.

- Brandon Neujahr

Skid Row Occupants:

Joelle Anderson, Ana Bahr, Brittany Falkers, Matthew Hendricks, Rachel Piersdorf, Paula Regnier, Caitlin Sapa, Anne Schaal, and Tyler Sperry.

Pit Band:

Bass Guitar - Joe Finstrom
Drums - Evan Nelson

Guitar - Sam Johnson
Piano - Casey Johnson
Synthesizer - Dan Addis



(Left) A scene from Skid Row shows a wide variety of characters portrayed by the student actors.

(Right) "Look out, here comes Audrey II," sings the cast of the play for their closing number.

(Below) "It really is a rotten way to go," exclaims Dr. Scrivello as Seymore sits in his dentist chair.





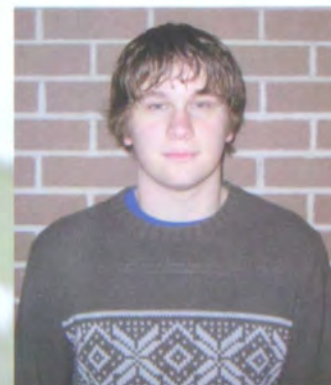
Caleb Rotach
Seymore Krelborne



Jessica Bystrom
Audrey



Joel Partyka
Audrey II (The Plant)



Zachary Clasen
Mr. Mushnik



Markus Hahn
Orin Scrivello,
D.D.S.



Lindsay Sessing
Chiffon



Sarah Davies
Ronnette



Rachel Hafele
Crystal



Matthew
Hendricks
Mr. Martin



Tyler Sperry
Skip



Rachel Piersdorf
Customer



Ana Bahr
Mrs. Luce



Kurt Johnson
Derelict



Joelle Anderson
Interviewer



Matthew Joyer
Plant Operator



Brittany Falkers
Ms. Bernstein

Tech Crew

Everyone knows that Forest Lake can put together a great play, but not many know how it is done. From creating the set to working the curtains and controlling the lights, tech crew is behind it all. The leaders behind the mayhem are none other than Matthew Joyer and Caleb Rotach. When asked about this experience, Caleb replied, "It's been great. I don't think anyone really knows the amount of work that goes on behind the scenes!" So the next time you see a production, take a closer look at it all; it will surprise you how much there is to see.

- Joanna Koski

(Right) Junior Caleb Rotach and Sophomore Zachary Berg work on building the framework for the set. Zach holds the board steady while Caleb carefully drills the hole.



(Left) Junior Jessica Kelley and Sophomores Kimberly Demars and Paula Regnier enjoy each other's company while painting the set floor.



Tech Crew **Row 1:** Zachary Berg, Matthew Hendricks, Paul Joachim, Jessica Bystrom, Matthew Joyer, Caleb Rotach. **Row 2:** Paul Rosman, Victoria Yeager, Sarah Davies, Kimberly Demars. **Row 3:** Jessica Kelley, Renee Dina, Amanda Luke, Karyn Williams. **Row 4:** Rebecca Zierke, Sarah Stout, Kam Severson, Laurie Miller, Katelyn Dobihal.

(Right) Sophomore Victoria Yeager carefully measures around an outlet to ensure safety. Now remember: measure twice and cut once!



All In The Family

Felicia Arnt, Mallorie Urman, Lindsay Bode



Betty & Anthony Nelson

Pro: I don't have to remember to bring lunch money.

Con: There aren't any bad things.



Kim Peterson & Geoffrey Cass

Q: What is the worst part about having your mom working at the high school?

A: She knows all of my teachers.

Charmaine & Chantelle Wodaszewski

Q: Are you closer to your mom because she works at the high school?

A: Not really, we're close in general.



Judy & Sarah Dittberner

Q: What is the worst part of having your mom as a teacher?

A: Not getting my homework done, not calling her "mom" in class, and having a million people ask what it's like having my mom as a teacher.



Richard & Markus Hahn

Q: What is your favorite part about having your dad working at the high school?

A: I get to talk about band at home and joke around with him in class.



Karen & Joseph McCurdy

Pro: Getting money.

Con: Not being able to skip school.



Mary & Kaitlyn Wightman

Q: What is your favorite part about having your mom working at the high school?

A: Her stash of food.



Ellen & Anne Schaal

Q: What is the worst part about having your mom working at the high school?

A: If she tells me I can't leave, I can't leave. And she finds out when I sleep in my car.



Judy & Caleb Rotach

Q: Do you get special treatment because your mom works at the high school?

A: No, if anything they expect more because they know a parent is there to watch what you do.



Janelle & Dustin Kendrick

Q: What do you like about your mom being a high school staff member?

A: That she's here for rides or when I forget to have a permission slip signed.



Teresa, Ed, Danielle & Tanner Gibson

Q: What do you like about your parents working at school?

Danielle: I get money and food.

Tanner: My friends and I go into their office before classes and raid their drawers for food.



Ann & Krista Skoglund

Q: Do you think kids whose parents do not work at the high school have it easier?

A: It depends on the relationship you have with them. It benefits me because we have a good relationship.



INTERNATIONAL CLUB

Oftentimes, when crowded halls and classrooms are routine, we fail to notice a new face in all the hustle. We simply go about our business as usual, and unless given a very opportune chance, we simply don't go out of our way to say "hello" to someone we've never seen before in our lives.

Every year there will be new students in school. Some may be new to the area, or even new to the country. No matter what, we must make them feel welcome.

In case you were never given the privilege of meeting our foreign exchange students, take a few minutes to get to know them now. We at Forest Lake High School were honored to have them spend the year with us.

- Lindsay Bode



Foreign exchange students took a break outside to enjoy the grey skies of Minnesota and discuss their experiences.



EkaterinaZINCHENKO

RUSSIA

Q: Did you get any preparation for what to expect before you came here?

A: "Yes, we had a preparation class for 3 days, but it didn't really help a lot."

Ekaterina said that a lot of what they told her was not true, but rather pretty stereotypical ideas.



ElisaBALDASSARRI

ITALY

Q: What is one of the best experiences you've had so far, or something you've really enjoyed?

A: "Meeting new people, and I really like my host family."

Elisa also went to the Mall of America and had a really great time because she loves to shop. She also went to the Wisconsin border to take pictures, and says that it was very beautiful.



DAVIDHERGER

GERMANY

Q: What is one thing you do not like about the United States?

A: "How everyone only gets from one place to another with a car."

At home, David usually finds his way from place to place by bike or public transportation. The other exchange students all agreed that we are far too dependent on cars in the United States.



GIANNYCELESTE

VENEZUELA

Q: What is something you really would like to do, but have not had the chance yet?

A: "I would really like to go to Chicago and look around."

Gianny says there isn't really anything specific he wants to see in Chicago, just to see the big city and what it's like.



ANOUKGILSON

BELGIUM

A: How has your year been going so far?

Q: "It's been good. The beginning is hard because you're alone and don't know anyone, but it's getting better."

Everyone agreed that the beginning was the hardest part, and you just wanted to go home and give up.



CHRISTINEAHLERS

GERMANY

Q: What is one thing that you wish you could take back home with you from the United States, something you'll miss?

A: "To ride the yellow school bus! And the football games."

They all stated that they will obviously miss all their new friends and people they have met, including their host parents.



Why use fists when you can argue?

Imagine getting in front of a panel of judges with loads of evidence, memorized over the past couple of weeks. What would you say? How would you use what you have? This is exactly what the Debate Team prepares for.

Debate is unlike other school activities. The team goal is to search for knowledge. Once found, information is used to support a point. When asked what he liked about Debate, Junior Peter Hughes said, "Being able to prove that I am right when I know that I am wrong." In essence, they became masters in the art of arguing.

One person who clearly demonstrated debating skills was Senior Captain Carly McMenoman, who qualified fourth for the State Tournament. Another was Senior Dru Peterson, who placed sixth and was the second alternate. Overall, the season was a success, and next year's young debaters will be ready to step up to panel to make that one key point to bring them back to State.

- Angela Spiess

(Right) Senior Dru Peterson carefully outlines his case before the next round of debates.

(Below) While grabbing a quick bite to eat, Debate team members pore over their contentions and evidence.



(Above) Junior Peter Hughes sets some time aside to show off his trophy. A great deal of time was spent preparing for debates.



(Above) Senior Captain Carly McMenoman shows how much fun she has winning a debate.

Debate

Row 1: A. McGowan, D. Bergantine, E. Powell, T. Salverda, K. Schneider. **Row 2:** S. Joyce, E. Habisch, H. Linniger, L. Dick. **Row 3:** J. Wielinski, J. Roshell, D. Peterson, B. Knaak, P. Hughes. **Not Pictured:** C. McMenoman.



Keep Talking



(Left) After a long morning of intense speaking, Speech Team members take a moment to rest their voices and have a snack.

(Below) Seniors Carly McMenoman, Joel Partyka, Matt Hendricks, Joelle Anderson, and Junior Caleb Rotach celebrate another great tournament.



Did you know that the number one fear in the United States is public speaking? Well, the Speech Team not only overcame this fear, but turned it into a talent. The Speech Team competed in a variety of tournaments and categories. Students participated in two areas; Interpretation, which included duo, drama, and humor; and Public Address, which included speeches, extemporaneous speaking, and other topics.

This year's team showed a lot of potential, as they easily won the Duluth Denfeld Tournament. Some members of the team, known as the Travel Team, were even given the chance to go to Iowa and Chicago to compete, where they all did quite well.

Speech had outstanding leadership, including Senior Captains Joel Partyka, Joelle Anderson, and Carly McMenoman and coaches Mr. Timothy Newcomb, Mrs. Becky Haven, and Mr. Henry Hebert. Even after speeches were repeated over and over again, the team pressed on. In the words of Junior Captain Caleb Rotach, "Keep talking."

- Brandon Neujahr



Senior Captain Joel Partyka states, "If ever you saw students speaking to walls, Speech was there."

"I love speech and the people in it," declares Senior Captain Joelle Anderson.



Speech

Row 1: J. Partyka, B. Falkers, Z. Berg, C. Rotach, J. Partyka. Row 2: D. Peterson, R. Zierke, C. Sapa, J. Bystrom, J. Anderson, R. Piersdorf. Row 3: K. Demars, P. Regnier, S. Joyce, A. Yeager, Z. Clasen, M. Byland, C. Ziegler. Row 4: J. Meindl, E. Habisch, P. Joachim, L. Miller, C. Rhein, K. McArdle, C. Tulgren. Row 5: L. Dick, K. Peterson, K. Monberg, R. Dina. Row 6: M. Cooper, A. Radtke. Not Pictured: M. Hendricks, C. McMenoman, A. Bahr.

Nothing But Business

Scholarships, marketing, and leadership skills are just a few of the things one can get from DECA. Students took this opportunity to learn these skills, while having fun at the same time. Delta Epsilon Chi Association (DECA) is a group in which one competes against other high school students in selling products, completing applications, and other basic business procedures. This year, the DECA members all qualified for State.

In their third consecutive year at State, DECA placed third overall as a group in Quiz Bowl. In addition, Senior Benjamin Klawitter took first place, while Junior Alana Vandever earned a third place nod. Coached by business teacher Ms. Jamie Bullock, the team spent countless hours before, during, and after school in preparation. This commitment made them as successful as they were at the State Tournament. If their achievements in DECA were any indication, much can be expected from these DECA members in their future entrepreneurial endeavors.

- Brandon Neujahr



(Above) Junior Alana Vandever proudly shows off her trophy after finishing third in her section.



(Above) Senior Benjamin Klawitter, supported by fellow member Senior Kevin Yang, smiles after taking first in vehicles and petroleum role play.

(Right) After a day of speaking, working, and convincing, the DECA members take a moment to show off their achievements.



(Below) Hard at work, the team tries to convince the judges of their product.



DECA

Row 1: K. Yang, A. Vandever, K. Herdina. Row 2: B. Klawitter, T. Olesen.

Growing In Acceptance



(Left) "We're not here to sit in a circle and sing 'Kumbya,'" Senior Erica d'Entremont explains.

(Below) "You better not drop me," warns Sophomore Kathleen Peterson as she gets ready to try the "Trust Fall."



S.E.E.D., short for "Seeking Educational Equality and Diversity," could not be more self-explanatory. The dedicated members of this new program met once a month during homeroom to discuss issues that affect our school, such as race, social class, and verbal and physical violence. They discussed these topics broadly, and interjected personal experiences that the group felt were relevant.

S.E.E.D. had several goals, including bringing tolerance to all aspects of school life, reducing hatespeech, and breaking up cliques within the school. This year, S.E.E.D. participants put together activities designed to educate, including 'Mix-It-Up Day' and 'Hatespeech.' S.E.E.D. coordinator Ms. Holli Hebl commented, "I think the students that started this new program are truly interested in equality for everyone. They've done an amazing job!" Based on the high level of student body participation in their sponsored activities, S.E.E.D. has already started to make a positive difference in the climate of our school.

- Rachael Anderson



What do you like best about being in S.E.E.D?

(Above) "The openmindedness of everyone in the group," says Senior Jessica Ruka.

(Above) "Being able to meet new people in the school that I otherwise wouldn't know," states Senior Erica D'Entremont.

S.E.E.D.

Row 1: K. Peterson, L. Dick, S. Beck, J. Galehdari, A. Corbett, A. Daman, J. Walbridge. Row 2: W. Moua, J. Ruka, E. D'Entremont, S. Paulson, T. Kress, K. Weise, E. Palmer, T. Hunter. Row 3: H. Tripp, K. Schneider, A. Kloos, K. Perreault, S. Grimes.



(Above) Ruling with a wooden gavel, Senior President Chelsey Tulgren keeps order and listens to potential projects.

(Right) The founding president of the Forest Lake FFA chapter, Mr. Robert Duncan, passed away earlier this year. Here he receives a copy of the Charter as he was honored at last year's FFA banquet.

(Below) Juniors Ann Miron, Hannah Weber, and Brian Tazuell are all smiles before their monthly meeting.



FFA
Row 1: H. Weber, B. Tazuell, B. Elfelt, S. Carlson, C. Tulgren, A. Miron. **Row 2:** V. Berglund, K. Elsenpeter, A. McGowen, B. Lincoln, H. Kochendorfer, A. Smith, A. Morgan, N. Nolden, K. Lockwood, M. Tulgren, J. Nelson. **Row 3:** J. Denebest, J. Wielinski, S. Marois, K. Cooley, S. Bonje, M. Fischer, K. Fischer, P. Spratt, S. Paulsen, M. Joyer, A. Schaal. **Row 4:** M. Ritter, D. Backlund, K. Kappeller, D. Paulson, K. Zalusky, H. Lininger, A. Wick, J. Goossens, A. Marquart. **Row 5:** C. Rime, T. Osterbauer, K. Thompson, L. Watson, S. Thompson, J. Oswald, A. Hedlund, D. Kisla, K. Christenson, K. Fischer, D. Tomnitz.



(Above) Seniors Anne Schaal and Samantha Calvin and Junior Benjamin Elfelt work to improve the shrubbery in the Agriculture greenhouse.

FFA



If FFA
 were an
 animal,
 what
 animal
 would it
 be?

(Below) Secretary Hannah Weber - "A phoenix, because they are cool and FFA is cool."



(Above) Treasurer Brian Tazuell - "A grizzly bear. It's big, strong and it sleeps during the winter."

The Good Stuff

The meeting is called to order and the members all stand and recite the FFA purpose in perfect unison: "To practice brotherhood, honor agricultural opportunities and responsibilities, and develop those qualities of leadership which an FFA member should possess." This crew of highly talented and diverse students practices these skills every day in our school and community. The annual holiday food drive to help families in need collected 2,500 items of non-perishable food. "It went excellent. We helped three families, which is one more than past years, and we also gave 650 pounds of food to Family Pathways," beams Junior Brian Tazuell.

Each year the FFA participates and runs horse shows. They also compete and judge in other areas, such as poultry, small animals, dairy, and speaking competitions, just to name a few. This year, the floriculture team came in second at Regionals. In addition to competing, they also sponsor FFA Week, which is developed to raise awareness and interest in FFA.

Not all of what FFA does is hard work and no fun. "My favorite part of FFA is the good times and laughs we all share," notes Senior Seth Carlson. It would be fair to state that the teens who participate in FFA are a tight bunch. They spend countless hours together outside of school, creating relationships that will last a lifetime. The closeness they possess comes through in their work. It has helped them win the many trophies, plaques, and ribbons displayed proudly in the Agriculture classrooms.

With their great winning record and close bond that is formed within FFA, it is no wonder it has become a popular activity. As their t-shirts state, they really *are* more than just cows and plows.

- Sammie Sheets



(Below) Sentinel Benjamin Elfelt -
"A trout, because we swim against
obstacles like a trout swims
upstream."



(Above) Vice President Ann Miron -
"An owl, because we gain knowledge
while we participate."

(Below) President Chelsey Tulgren -
"An eagle. It's on our emblem and it
is our national bird."





NHS



Katie Clark

Joanna Koski



National Honor Society

Row 1: N. Coby, D. Tagg, T. Dobihal, C. Peterson, A. Schaal, J. Bystrom, N. Twedt, A. Smith, C. Tulgren, J. Koski, K. Clark, S. Wright, J. Anderson. **Row 2:** S. Majewski, J. Coozenoy, J. Lee, J. Lobermeier, S. Berger, R. Anderson, K. Wightman, J. Clafin, S. Morrisette, L. Watson, S. Dittbemer, A. Hansen, A. Willms, N. Duff, J. Laitin, E. D'Entremont, R. Thomas, J. Walker, C. Harrison, A. Spiess, A. Otremba, L. Sessing, S. Davies. **Row 3:** S. Falkers, K. Nowicki, K. Burk, M. Hahn, C. Sobieck, A. Yeager, B. Lange, M. Butchko, M. Peterson, S. Carlson, M. Springer. **Not Pictured:** L. Abel, R. Alexander, A. Benson, V. Berglund, V. Bizzotto, D. Bydalek, Z. Clasen, S. England, J. Engmark, J. Engvall, J. Galehdari, M. Kaeding, T. Kling, A. Matheson, J. Nelson, M. Pikus, A. Ramirez, J. Schwietz, A. Slowinski, M. Tolzmann, M. Zajac.



(Below) Senior supporters loudly cheer on their peers as they participate in the charity hot dog eating contest at the Benjamin Holmgren Benefit.



(Above) Senior ushers Jamie Lobermeier and Jenna Lee help parents find open auditorium seating for the orchestra concert.

(Left) Senior event security Rachael Anderson takes a break to pose with good friend Senior Amy Gaustad.

(Right) It's homeroom day, which means another NHS meeting in the auditorium. Members gather to discuss potential service projects.

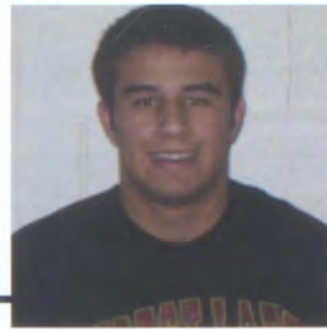




Mitchell Springer



Ross Thomas



Andrew Ramirez

O
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C
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R
S



Sarah Davies

Helping Hearts Make Helping Hands

Where there's a will there's a way, and where there's a need, there's NHS. The FLHS chapter of NHS consists of 89 students, six officers, and endless service hours. These helpful students are assets to their school, representing the top of their class in academics and leadership. They help with anything, from peer tutoring to bell ringing to dancing in the annual dance-a-thon. One memorable service project was the Benjamin Holmgren Benefit, recalls senior Angela Willms. "I really felt like I was making a difference," she states.

During the year, these motivated individuals complete 50 hours of community service in the hopes of bettering their community and school, while also fulfilling their commitment to their NHS chapter. "It gives me an opportunity to help others while being a part of this fun group of kids," says Senior Rachael Anderson. You might not have noticed them before, but next time you see a friendly student helping out, it's probably one of these dedicated NHS members.

- Sarah Berger



A woman with blonde hair, smiling, holding a pink 'Marriage Certificate' prop. The certificate has decorative text and a small illustration of a couple. She is wearing a striped shirt and a lanyard.



Student Council

Row 1: M. Kohns, S. Wright, E. Habish, K. Dobihal, K. Katuchi, R. Olson, K. Demars, R. Piersdorf. **Row 2:** M. Lindholm, P. Nora, A. Beebe, R. Keller, C. Peterson, J. Bystrom, T. Dobihal, S. Cole. **Row 3:** A. Garmity, H. Weber, C. Peterson, E. d'Entremont, A. Wilms, M. Hendricks, H. Framke, N. Mansmith. **Row 4:** C. Bombeck, M. Springer, R. Thomas, A. Boerum, M. Byland, J. Parytk, T. East, H. Miller.



(Above) Dressed for success! Senior Cassandra Peterson relaxes before taking the red carpet at the Homecoming Royalty Coronation.

Behind The Events



(Left) Anyone have questions? Junior Rachel Piersdorf gives instructions to Seniors Matthew Hendricks, Matthew Byland, Joel Partyka, and Junior Caleb Rotach during a meeting.

It is a typical Tuesday morning: students walk into school late, earning themselves hours of detention for missing a first hour class. Excuses range from, "My car wouldn't start," to, "My alarm clock didn't go off." But to Student Council, being "late" is never an issue. They show up every Tuesday morning for meetings, without fail *or* lame excuses. They discuss upcoming events, topics important to the student body, and a bevy of issues related to being school leaders.

This year, as is the case every year, Student Council has done wonderful things for our school. They planned the entire week of Homecoming, including Battle of the Bands, movie night, and the Powderpuff Football Game. They also organized two blood drives for the American Red Cross, and sponsored the Sadie Hawkins Dance.

One of the biggest events this year was the fall blood drive, in which dozens of units of blood were collected. "All the blood that was donated will come to use for others that are unfortunate," says Senior President Ross Thomas.

Student Council members work hard each day, generating ideas and events to interest and involve our student body. They try to make our school career fun and memorable, so we can recall moments and events with a fond smile for years to come. Their efforts shape the history of our school, and set a precedent for the future student body and its leadership.

It is often said that history is written by the people who show up. Based on their track record, Student Council could write an epic.

- Matt Butchko

(Below) Let me hear what you've got! Seniors Sarah Wright and Theresa Dobihal discuss ideas at their morning meeting.



(Above) How's my hair? Seniors Nicole Mansmith, Chantel Eischen, and Kyrstin Tenjack prep their Homecoming candidate.

(Below) Where's my cowboy hat? Seniors Justin Engmark and Mitchell Springer share a laugh before the Sadie Hawkins Dance.



In a League of Their Own

Participating in athletics is a great way to practice good sportsmanship, stay in shape, and make friends. The Special Olympics program here at Forest Lake is an excellent way for students with disabilities to partake in High School activities. In the fall, these athletes are active in bowling; in the winter it is Nordic skiing; and in the spring they take part in the track and field program. These athletes work hard year-round, and their persistence and dedication pays off.

The Special Olympic Nordic State Meet, held at Welch Village, was a success for the team; many outstanding athletic performances were demonstrated at the meet. Seven-year Coach Mr. Bill McElrath will be retiring after this year. You will be missed, Mr. M!

- Katie Clark

(Right) Sophomore Anellia Henry skis hard at practice so she will be prepared for the pending State Meet. Keep up the good work!

(Below) Senior Arden Sherwood glides in style, sporting his violet lycra skiwear.



(Above) Senior Tyler Bengston enjoys one of the first season practices held outside. "Finally," he says, "there is some snow!"



(Above) Junior Jacob Egge grins happily as he leads the pack out to the soccer fields. Practice is held twice a week on these pristine fields.



Special Olympics

Row 1: Coach J. Hreha, D. Goiffon, M. Horn, Coach T. Gibson.
Row 2: R. Scherz, B. Herberg, R. Tenney, J. Keen. Row 3:
Coach J. Severson, T. Bengston, J. Egge, S. Haider. Not
Pictured: A. Sherwood, A. Henry, Coach W. McElrath.



Getting Their Act Together



(Left) Junior Casey Johnson rehearses one of her many characters alongside fellow cast member Sophomore Ashley Jaszczak.

(Below) Juniors Kyle Vandenberg, Sarah Stout, and Senior Chance Holt perfect their timing in a scene.



Ever wake up in the morning and forget who you are? Consider the cast for this year's One-Act play, *Cut*, by Ed Monk. "Half the fun is having so many characters to play," says Senior Braeden Ashton. This hilarious play within a play within a play often leaves the audience confused yet laughing hysterically. Audience members will be caught off guard as they hear "Cut!" during the middle of a scene, only to suddenly dive into a whole new set of characters and events.

You have to believe that running this kind of show takes patience. Luckily, this year's cast and crew are all good friends and spend much of their time together in and outside the school. As Senior Chelsey Tulgren explains, "This play really challenges us as actors, but it's a lot of fun." Hopefully, you didn't get "cut" out of seeing their efforts and hard work in this exciting event.

- Aaron Paitich



(Above) In a lead role, Senior Chelsey Tulgren puts on quite a show while playing multiple characters.

(Above) Watch out for Senior Braeden Ashton as he effortlessly makes this complicated show look easy.



One-Act Play

Row 1: C. Johnson, C. Tulgren, A. Luke, A. Jaszczak. Row 2: S. Stout, S. Beck, M. Myre, V. Yeager, T. Peterson. Row 3: K. Vandenberg, K. Severson, C. Holt, M. Wiggins. Not Pictured: B. Ashton, J. Kelley, K. Williams.

ACADEMICS

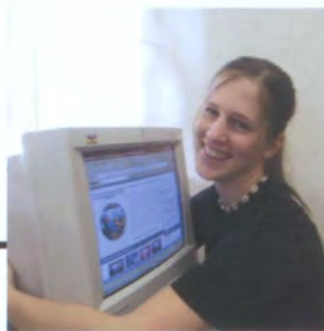
This year was all about topping the charts in academics. New classes, new teachers, and a new start time all added to the mix of the 2004-2005 school year. Seniors are getting ready to exit through the main doors one last time, while sophomores enter those same doors, awaiting three insightful years at Forest Lake High.

TOPPING THE CHARTS





What's the best part about yearbook?



Joanna Koski -
"INSANE AQUARIUM!!!"

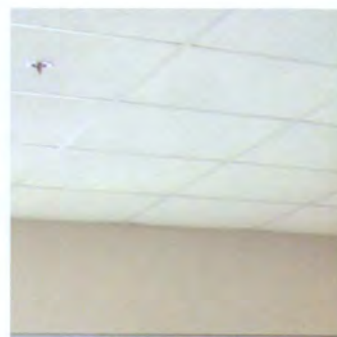
Samantha Sheets &
Angela Spiess -
"Whole lot of food!"



Yearbook

Row 1: S. Lipp, R. Anderson, M. Falck, A. Willms. **Row 2:** J. Koski, M. Charles, L. Bode, A. Knoop. **Row 3:** M. Urman, S. Sheets, K. Wightman, A. Spiess. **Row 4:** K. Clark, S. Berger, J. Meath, F. Arnt. **Row 5:** M. Butchko, A. Paitich, B. Neujahr, B. Kolbow. **Not Pictured:** Christina Odegard.

(Below) Working hard! Senior yearbook members Matthew Butchko, Jessica Meath, Kaitlyn Wightman, and Aaron Paitich thoughtfully plan out this year's book.



(Above) Senior Brandon Neujahr intensely concentrates as he plans out how to meet his pending deadline.



(Above) Wait, we can explain! Yearbook advisors Ms. Diane Dugas and Mrs. Maria Kaiser sheepishly look up while searching garbage bags for lost pictures. Luckily, the photos were found and a disaster was averted!

(Right) Seniors Senna Lipp, Madeline Charles, Molly Falck, Mallorie Urman, and Alyce Knoop gather around, trying to identify each person in the numerous pictures they were assigned.





*Benjamin Kolbow -
"Chillin' like a villain."*

*Madeline Charles &
Lindsay Bode -
"Everything!"*



*Angela Willms -
"The freedom to walk around the
school."*



Yearbooks from the past have all had the same basic layout: pages in sequential order, facing the same direction, and carrying one unifying theme. This year, the book has gone in a different direction. The staff decided to do a two-sided book with a double theme of *Yesterday's Gold, Tomorrow's Platinum*. This means one half is rightside-up and one half is upside-down. According to yearbook Advisor Mrs. Maria Kaiser, "It was visually hard to do half of the yearbook upside down," but that is what the staff had to do. The layouts, pictures, and writing all had to be put in upside down.

That was not the only hard thing about yearbook. "It was hard to meet the demands of everyone's picture needs," mentioned Senior Mallorie Urman. Matching the right pictures with the right names, finishing the layouts on time, and getting the correct ("real") page numbers onto the upside-down pages were all problems the staff had to face. With new technology coming out next year, the staff members should have an easier time with the layouts, leading to future design innovations for the next generation of books. Although it was historically one of the hardest yearbooks to create, it still came out as a rousing success.

- Kaitlyn Wightman & Jessica Meath

Making the Book

(Right) Seniors Samantha Grimes and Jessica Ruka review the paper and laugh at the surveys posted by students. Gathering feedback, quotes, and surveys from the student body contributes greatly to the content of the newspaper.

(Below) Senior Editors John Schwietz and Jessica Ruka lay back and relax after meeting the deadline.



(Above) Senior Sabina Hasic and teacher Mrs. Laura Livermore contemplate a bright, fresh idea for the next edition.



Journalism

Row 1: A. Scheiller, N. Wolff, K. Murphy, I. Gildersleeve, A. Kissner, A. Hedin, J. Ruka.

Row 2: L. Livermore, J. Schwietz, S. Grimes, M. Slattery, J. Anderson, S. Hasic, D. Hoff, J. Partyka. **Not Pictured:** T. Kling, V. Bizzotto, N. Coby.



(Above) Senior Joelle Anderson, Junior Megan Slattery, and Senior Joel Partyka focus hard and proofread their latest articles.

(Below) Juniors Daniel Hoff and Amanda Kissner explore the internet for information on a new topic.



(Above) Senior Victoria Bizzotto smirks with satisfaction as she finishes up an article.



Hot Off the Press

The school newspaper stirs the young minds of our school with opinionated statements and hilarious surveys. Senior Victoria Bizotto said, "I like the fact that we can write about almost anything. We are able to take seventeen minds and incorporate ideas into one article."

The Breeze tends to focus on a variety of different subjects, such as school events, national news, and sports. Each topic seems to amuse at least one student in the school, and this is why the Breeze has become a popular item among students.

Students involved in the paper put in many hours researching and writing. Although the making of the paper seems like fun, there is a lot of work that goes on behind the scenes. Most anything is a possible topic in the Breeze, and this is why students choose to be in this class. Anyone can express their feelings about a subject in this paper, which sometimes makes a difference in the way students think.

It has been a fun year for the Breeze staff. They communicate well with each other, and give constructive criticism to make the articles successful. Teacher Mrs. Laura Livermore commented, "Our newspapers have been improving, and we are looking forward to doing bigger and better things!"

- Christina Odegard



(Below) How do I say this? Junior Naomi Wolff searches for the right words to use in a brand new article she is starting.



(Above) Junior Megan Slattery goes through a rough draft of the paper to make sure all articles are ready to be made into a final product.

(Below) Senior Thomas Kling quickly finishes typing up his article so it will be put into the next paper.



Starbound Strings

Violins, cellos, violas, and basses all come together to make up the Forest Lake High School String Orchestra. Despite being a small orchestra, the group produces a large sound. They do so with the guidance and expertise of conductor Mr. Dave Livermore.

Throughout the year, the course helps students refine their basic instrumental skills. Advanced techniques are acquired as students practice and perform. When asked how this year's String Orchestra differs from those before it, Livermore replied, "For the first time, the group has achieved a pretty equal instrumentation between sections. Balancing the ensemble's sound is key, and this year that balance was finally reached."

String Orchestra spends the year rehearsing for four concerts, a large group contest, and outreach performances. These outreach efforts include performances at Birchwood and Parmly Residences. At the end of the year, String Orchestra proves to have great rewards. It transforms a classroom of individuals reading sheets full of music into one cohesive group of musicians creating a beautiful symphony.

- Rachael Anderson

(Right) Sophomores Sarah Nguyen and Jessalyn Johnson learn to perfect their skills on the violin.



(Below) Sophomore David Savord intently follows the lead of teacher Mr. Dave Livermore.



(Above) Focus! Sophomore William Montes and Junior Lorraine Wolfe diligently practice a difficult piece.



(Above) Senior Stephanie Pless and Sophomore Tracey Kress manipulate their bows to produce just the right sound on cello.

String Orchestra

Row 1: A. Tackes, T. Kress, C. Daniels-Miller, S. Bizzotto, S. McNamara, S. Nguyen, N. Shegstad. **Row 2:** S. Pless, E. Degennaro, K. Phelps, R. Zahn, M. Pikus. **Row 3:** M. Wiggins, A. Pringle, A. Sculley, K. Hanson, D. Savord, E. Rolseth, C. Peterson. **Row 4:** A. Boerem, B. Berg, T. Gaalaas, K. Steffer, L. Wolfe, A. Vadnaas, J. Johnson, W. Montes. **Not Pictured:** J. Diebel, M. Hinrichsen.



Sensational Symphony



(Left) Junior Joseph Finstrom and Sophomore Aaron Brown play their cellos with passion.

(Below) Senior Sara Welk makes playing the cello look easy.



Sinfonia Orchestra is unknown to many because it began only three years ago. Some compare it to an honors course, as one must audition in order to be a part of the group. These students are hard-working, dedicated, and tenacious. They give their all to be a part of such a unique class.

Although this class is normally senior-dominated, of this year's 37 students the juniors outweigh the seniors. Most seniors who play continue in a professional level in college. Sinfonia Orchestra not only plays music every day, they also discuss the background of the music as well as its composer. This gives them insight into what the music means and how it is meant to be played. Senior Victoria Bizzotto explains that it is, "Hard, because you have to know what you're doing." She also adds the old saying, "Practice makes perfect!"

The progress with these students from the beginning of the year to the end of the year is astonishing. With sections looming each February, these students must use everything they have learned to compete at their best, which is nothing short of sensational.

- Senna Lipp



(Above) Senior Linda Mouacheupao gets into the music while playing the violin.



(Above) Juniors Erik Stolberg and Joseph Mitchell concentrate on the music while playing their basses.



Sinfonia Orchestra

Row 1: E. Stolberg, L. Mouacheupao, D. Thompson, W. Moua, N. Schroeder, E. Sparby. **Row 2:** S. Joyce, R. Dina, A. Lalla, K. Monberg, J. Traner, S. Welk. **Row 3:** J. Riegert, V. Yamry, H. Hazzard, L. Miller, R. Alexander, N. Sanders, A. Brown. **Row 4:** J. Finstrom, A. Quehl, J. Alexander, E. Palmer, M. Haseltine, M. Mattison, M. Paulson. **Not Pictured:** A. Anderson, V. Bizzotto, T. Majewski, A. Palacheck, H. Schuhwerck, K. Hanson, J. Mitchell, A. Hensley, E. Magnusson.

An Octave Higher

Symphonic Winds is the top band here at the Forest Lake High School. Unlike the other bands at the High School, Symphonic Winds holds tryouts for its students. Each student is evaluated individually, and only a certain number are awarded a spot in this highly skilled band. Mr. Richard Hahn, longtime director, positively guides these young musicians to be the best they can be. He has been directing for over twenty years, and continues to achieve great things with Symphonic Winds.

Forest Lake High School has a well-deserved reputation for a strong music program. Symphonic Winds maintains this status by consistently earning excellent markings at conference and regional competitions. When you hear a concert from this band, you will hear that their hard work and practice every day really pays off.

- Alyce Knoop



(Above) Concentration is key! Senior Karine Becker, Junior Pamela Nora, and Sophomore Maggie Armstrong devotedly play their clarinets.



(Above) Feeling the beat! Junior Christina Rhein and Senior Daniel Raymond keep the band at the proper tempo.

(Right) Don't hold your breath too long! Senior Adam Young and Seth Carlson come in at just the right time.



(Below) Junior Nathan Robertson and Sophomore Matthew Peterson hold a long note, trying not to run out of breath.



Symphonic Winds

Row 1: N. Foster, C. Rhein, A. Borlaug, A. Kirchner, C. Kosman, J. Palacheck, P. Patchin, S. Damiani, J. Woolstencroft, S. Meyers, C. Schmidt, N. Twedt, S. Carlson. **Row 2:** C. Homyak, K. Roseen, J. Griffith, D. Hudalla, M. Peterson, A. Beebe, R. Keller, J. Cozennoy, K. Burk, A. Johnson, C. Albee, S. Falters, A. Geving. **Row 3:** J. Svenkeson, K. Skoglund, A. Boerum, L. Endorf, D. Kasl, A. Otremba, L. Sessing, C. Peterson, P. Nora, M. Armstrong, A. Moberg, N. Stenberg, C. Sherwood-Gabrielson, M. Moberg. **Row 4:** K. Burk, J. Reiner, D. Cromwell, N. Robertson, D. Raymond, Z. Gutormson, B. Andersen, M. Hahn, C. Sapa, R. Peterson, S. Isaacson, D. Bennett, K. Johnson, A. Young. **Not Pictured:** K. Becker, A. Borlaug, K. Burk, S. England, C. Harrison, A. Johnson, J. Kohler, B. Lawrence, K. Mericle, C. Sapa, M. Tolzmann, M. Zajac.



(Left) Sophomore Shawn Mouacheupao pauses until his part comes up.

(Below) Sophomore Stefanie Deal, Junior Michele Labathe, and Sophomore Rylie Olson focus on playing their part perfectly.



Each year Concert Band keeps getting better and better, and this year is no different. The band consists of talented sophomores, juniors, and seniors who all work together to produce a great sound. They practice hard every day to ensure they are prepared for their concerts. When the big day arrives, the students are ready, dressed to impress and to show off their musical skills.

Concert Band is led by two directors, Mr. Benjamin Chamberlain and Mr. Richard Hahn, who keep them on beat and playing their best at all times. Listening to the Concert Band is a revelation; you notice how talented these young musicians are, and realize the depth of commitment they make by choosing Concert Band as a part of their course load. They maintain perfect pitch and harmony, and only continue to improve on the skills they have honed and refined over the years.

- Alyce Knoop



(Above) Sophomore percussionist Patrick Homyak focuses on his playing.



(Above) My lips are getting numb! Sophomores Alexander Warren and Stephanie Tessling perform a difficult piece on the French horn.



Concert Band

Row 1: B. Knaak, T. Kleinhuzen, K. Lewis, N. Nesgoda, L. Krengel, B. Holmes, B. Sweigart, C. Hebert, A. Bosman, M. Dunaski, A. Laine, M. Casey, A. Kirberger, M. Dunaski, T. Salverda, K. Peterson, S. Reely, D. Bergantine, N. Ashby, A. Hahn.
Row 2: T. Obinger, J. Roshell, C. Gagne, L. Griffith, M. Hinrichsen, L. Quade, H. Ristow, K. Lefto, K. Swedin, B. Wappel, S. Mouacheupao, P. Homyak, M. Hudon, J. Orth, A. Sperle, K. Vadner, N. Smaker, S. Pignato, N. Dian.
Row 3: N. Lofgren, S. Peterson, D. Bigelow, J. Simmons, B. Anderson, A. Peterson, A. Walker, K. Koalska, K. Dobihal, M. Labathe, A. Haupt, C. Bailey, J. Joyner, A. Asplund, S. Tessling, J. Ziemann, Z. Berg, T. Kimbel, R. Merrier, C. Young, B. Carlson.
Row 4: G. Shetka, I. Simpson, M. Ulrich, B. Johnson, A. Acosta, M. Hentges, T. Monahan, J. Erickson, L. Johnson, N. Peters, A. Warren, S. Glewe, K. Pickar, F. VanSloan, S. Deal, H. Bjork, M. Myre, K. McAdale, A. Bosman, C. Birdsell, B. Ahmann, J. McAllister, R. Chester, D. Menne, B. Gori.
Not Pictured: B. Abel, M. Eurich, A. Guttormson, L. Manske, M. Meyers, R. Miller, R. Olson, C. Pringle, M. Steffer, K. Yotter.

Moving to Their Own Beat

Loud noises, hot costumes, and large props; is it Halloween? No, just a day in the life of Forest Lake Drumline. If the concept of drumline is a confusing one, don't be discouraged - many don't get it. Says Senior Nicholas Foster, "It is very confusing to explain. There is a lot of detail." One detail that should be clear is that the Drumline worked hard, dedicating countless hours to this non-traditional sport this season.

The hours of work paid off this year, as Drumline earned first place at Champlin Park and second place at Sauk Rapids. The music played this year included songs by Tool, Chevelle, and A Perfect Circle. Sophomore Kelsey Robinson exclaimed, "The music this year was really good. It was a big reason for the wins."

The Drumline had much success due to their diligence and their very strong connection to one another. The time spent at practice produced both a quality product and a unique group of friends.

- Samantha Sheets

(Right) At the first performance of the year, the front line plays to the tune, "The Outsider."

(Below) Seniors Jacob Svenkeson, Nicholas Foster, and Tyler Obinger drum their way to a first place finish in Champlin Park.



(Above) Senior Daniel Raymond knows a clean shave before a competition is necessary in a smooth drumline performance.



(Above) Sophomore Amanda Hedlund and Senior Christopher Homyak march along to a song by Tool.



Drumline

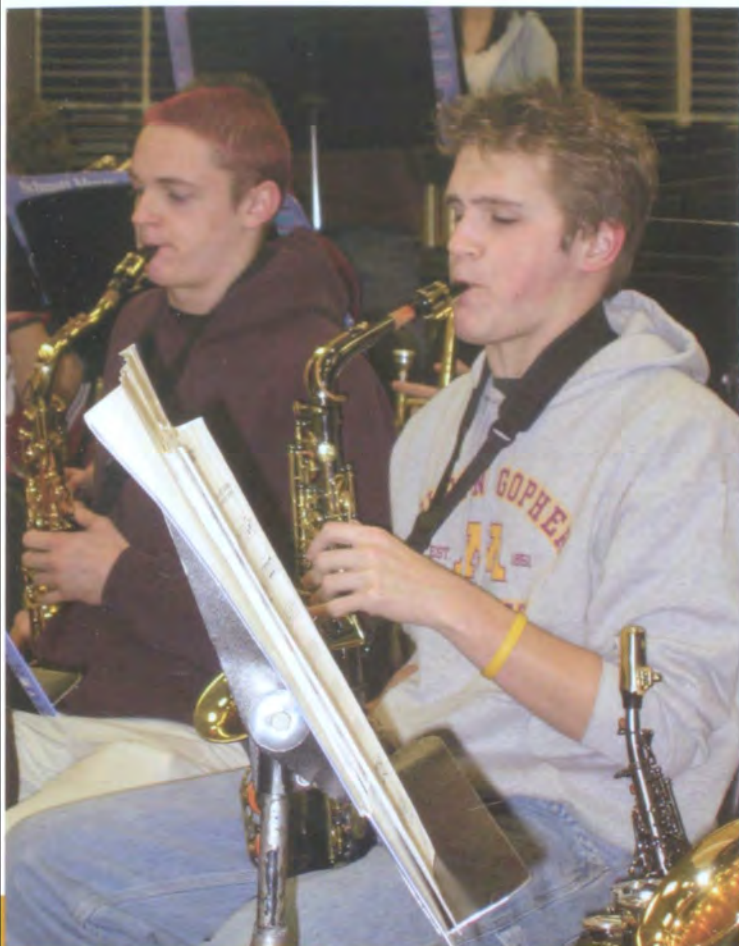
Row 1: A. Bohler, B. Lawrence, S. Wright, D. Pignato. **Row 2:** C. Homyak, R. Miller, M. LaBathe, L. Wolfe, A. Borlaug, A. Hedlund. **Row 3:** T. Augustine, I. Simpson, C. Kosman, N. Foster, K. Robinson, M. Eurich, S. Pignato, M. Madsen, Coach S. Cobian. **Row 4:** N. Lofgren, T. Wright, T. Obinger, G. Shetka, D. Raymond, J. Svenkeson, S. Glewwe, C. Pignato, S. Peterson, Coach M. Ferry. **Not Pictured:** E. Zinchenko, Z. Johnson, Coach J. Phillips, Coach K. Bergstrom.

Rockin' Out



(Left) Junior Alexander Boerum hits the high note at early morning rehearsal.

(Below) Seniors Daniel Bennett and Markus Hahn focus intensely on getting correct rhythms and notes.



Led by FLHS band instructor Mr. Benjamin Chamberlain, the Jazz Band swung to their own beat. Practice started at 6:50 a.m., which meant these musicians rose as early as 5:30 a.m., long before most students disturbed their slumber. Strains of swing and jazz floated down the hallways surrounding the music department, treating staff to an early-morning musical montage.

Through rain or snow, the dedicated Jazz Band students always made it on time and were ready to go. "Our Jazz Ensemble really rocks out," Chamberlain said. With good senior leadership, amazing young talent, and a rocking saxophone section, Jazz Band showed they really kick it.

The Jazz Band played at several venues, including band concerts and their own contest. They also tried something new this year, hosting a 1940's dance at the American Legion. With perseverance, talent, and much effort, Jazz Band rocked away three days a week and created their uniquely unified sound.

- Brandon Neujahr



(Above) Jazz Band instructor Mr. Benjamin Chamberlain wonders, "Who brought the coffee and donuts?"



(Above) Senior Lindsay Sessing plays a quick melody as Senior Geoffrey Shetka keeps the tempo light and steady.



Jazz Band

Row 1: C. Albee, N. Twedt, Z. Berg, D. Hudalla, D. Bennett, K. Vadner, M. Hahn. **Row 2:** C. Rhein, L. Sessing, A. Boerum, L. Endorf, K. Yotter, R. Chester, J. Woolstencroft, J. Finstrom. **Row 3:** I. Simpson, P. Hughes, D. Cromwell, K. Pickar, T. Sperry, N. Foster, D. Raymond. **Not Pictured:** G. Shetka.

Hitting the High Note

"The only thing I ask for is perfection." This is what Mr. James Lindstrom tells his class at the beginning of the year. Perfection is what Concert Choir strives to achieve under the guidance of their experienced teacher. To Concert Choir, singing is more than memorizing words on a page. Singing is an emotion brought forth only by performing.

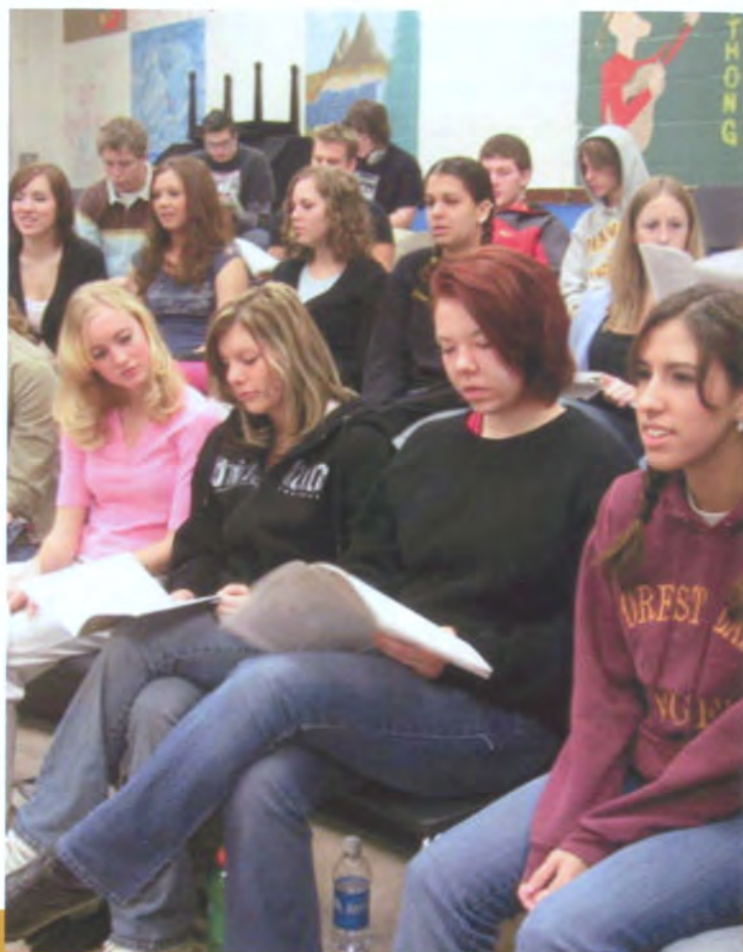
Every day Concert Choir practices to reach their goal of perfection, and by the end of the year their concerts prove their ability to reach that goal. Each talented vocalist is skilled and ready to take on the challenges that are thrown at them, and they overcome each obstacle with ease. Concert Choir is filled with talented, hard-working students who take pride in filling the world with the joy of music.

- Madeline Charles

(Right) Juniors Casey Johnson, Shawna McNamara, and Rachel Piersdorf sing their hearts out to one of their favorite songs.



(Below) Concert Choir listens to Mr. James Lindstrom as he goes over the toughest song of the year, "The Messiah."



(Above) Seniors Sarah Wright and Danielle Tagg practice perfect pitch and harmony in a practice room.



(Above) Juniors Caleb Rotach and Maxwell Thao and Senior Brandon Neujahr take a break from morning warm-ups to look at the next song.

Concert Choir

Row 1: S. Kellerhuis, S. Wright, D. Tagg, S. McNamara, C. Johnson, R. Piersdorf, M. Reed, C. Odegard, P. Regnier. **Row 2:** A. Bahr, T. Dobihal, H. McKenzie, E. Palmer, B. Heilman, B. Falters, N. Mansmith, P. Thao, N. Hall, K. Koalska, A. Kloos, R. Devine, B. Steele. **Row 3:** K. Griffin, K. Keefe, A. Sigfrinius, J. Bystrom, H. Framke, K. Demars, A. Sadargaski, A. Matheson, M. Baird, R. Zierke, A. Garrity, J. Galehdari, A. Eagen. **Row 4:** S. Sigfrinius, J. Tonsager, J. Partyka, M. Byland, J. Meindl, J. VanGunst, S. Beck, M. Hendricks, M. Thao, J. VanGunst, J. Henderson. **Row 5:** A. Wetterling, J. Ohman, J. Partyka, E. Snyder, E. Erdos, R. Kraft, M. Kerrigan, J. Hartman, B. Neujahr, S. Lindahl, C. Rotach. **Not Pictured:** J. Engvall, C. Fuith, K. Overson, J. Pitts, A. Slowinski.



Something to Sing About



(Left) Sophomores Alaina Chandler, Christina Berens, and Margaret Fritzke and Juniors Alice Bropleh and Penny Spratt sing along in perfect harmony.

(Below) Varsity Choir comes together to perfect one of their more difficult songs.



Strong voices and great harmony are what can be found behind the doors of the Varsity Choir room. Many hours go into perfecting the glorious music that the students try to achieve. "There were many difficult songs we had to learn this year, but my favorite was 'Hungarian Folk Song,'" says Senior Nikki Elliott. Determination is what drives these talented young singers to be the best singers they can be.

Each vocalist is very passionate about music and perfecting their talent. Varsity Choir is a group that is always striving to be something great, and they are well on their way. There is always something for these talented students to sing about, and singing is what they do best.

- Madeline Charles



(Above) Junior Margaret Jandrich shows Sophomore Sunitha Bonfe where they come in next.

(Above) Sophomore Lisa Blume, Juniors Valerie Olson and Hannah Bishop, and Seniors Nikki Elliott and Steven Haider patiently await Mr. Lindstrom's cue.



Varsity Choir

Row 1: J. Johnson, H. Bishop, N. Elliott, V. Olson, A. Spilman, S. Bonfe. **Row 2:** S. Thomas, J. Dotson, J. Anderson, S. Doll, R. Williams, M. Jandrich. **Row 3:** L. Blume, P. Spratt, C. Berens, M. Fritzke, A. Chandler, A. Bropleh. **Row 4:** J. Goehl, T. Falkosky, W. Kichler, J. Mitchell, S. Haider, M. Malmquist, J. Carlson. **Not Pictured:** A. Boileau, C. Enright, A. Walsh.

Elegance At Its Best

One might think that a room of thirty-three high school girls would not be a welcoming group. However, there is an exception: Mrs. Michelle Lynch's Treble Choir. Open to all grades, this choir encompasses voices that range from first soprano to alto. The variety creates the beautiful, elegant sound for which they are known.

Treble Choir participates in many events, including the Region 7AA Treble Choir Festival, the Retired Teachers Association Christmas Luncheon, and the Target Holiday Helpers Event. One of the most rewarding and unique events was the performance of "Messiah." Singing with many members of our community, choir members had an opportunity to meld their voices with more experienced singers. In response to their efforts at these events and in their everyday work, Mrs. Lynch stated that, "It's a small group of girls, but they are very talented, work hard, and for teenage girls they get along pretty well!"

- Lindsay Bode

(Right) At the piano, Mrs. Michelle Lynch runs Treble Choir through their daily warm-up exercises.

(Below) Juniors Laura Kettner, Danielle Gibson, and Amanda Herrity get ready to begin practicing a new song.



(Above) Juniors Danielle Jensen and Sarah Wolfe and Sophomores Jennifer Ohmann and Carrie Geving perfect their posture to sing their parts.



(Above) Junior Christina MacDonald and Senior Krista Weiss sing their hearts out during their practice.



Treble Choir

Row 1: R. Peloquin, R. Hafele, A. Nelson, J. Sheldon, K. Abler, K. Westman, K. Smith. **Row 2:** K. Zalusky, S. Huepenbecker, K. Cooley, K. Weiss, C. Geving, J. Ohmann. **Row 3:** J. Thao, J. Mohler, A. Yang, D. Jensen, C. MacDonald, K. Mitchell, L. Kettner. **Row 4:** B. Hukriede, A. Joyce, N. Parks, A. Ladoux, K. Lindstrom, S. Wolfe, D. Gibson. **Not Pictured:** A. Herrity, E. Enriquez, J. Meham, H. Petersen.



Willing To Make a Difference



(Left) Junior Brittnei LaFontsee kicks up her feet while attending a S.A.D.D. meeting.

(Below) Junior S.A.D.D. member Kenneth Monson is front and center at a meeting, ready to do his part to make a difference.



S.A.D.D., Students Against Destructive Decisions, is comprised of 30 students who believe they can help reduce negative behavior. This year, they have done many things to educate students on making positive choices. Their activities and programs centered on many vital topics, including: suicide prevention, Chemical Health Week, school climate and diversity, impaired driving prevention, and tobacco prevention. Some students probably remember arriving at school and getting a dollar just for wearing a seat belt! This event was also sponsored by the students of S.A.D.D. to raise awareness of seat belt safety.

There are no requirements to be in this program, except for a willingness to try to make a difference. Director Chuck Moses stated that, "S.A.D.D. feels proud of all their efforts to increase education and awareness of the consequences of risky behavior." We, in turn, are proud to have them working to better our school, our community, and our lives.

- Lindsay Bode



(Above) S.A.D.D. Director Mr. Chuck Moses goes over some important topics with members.



(Above) Members of S.A.D.D., including Junior Brittnei LaFontsee, are here because they know they can change things at the High School.



S.A.D.D

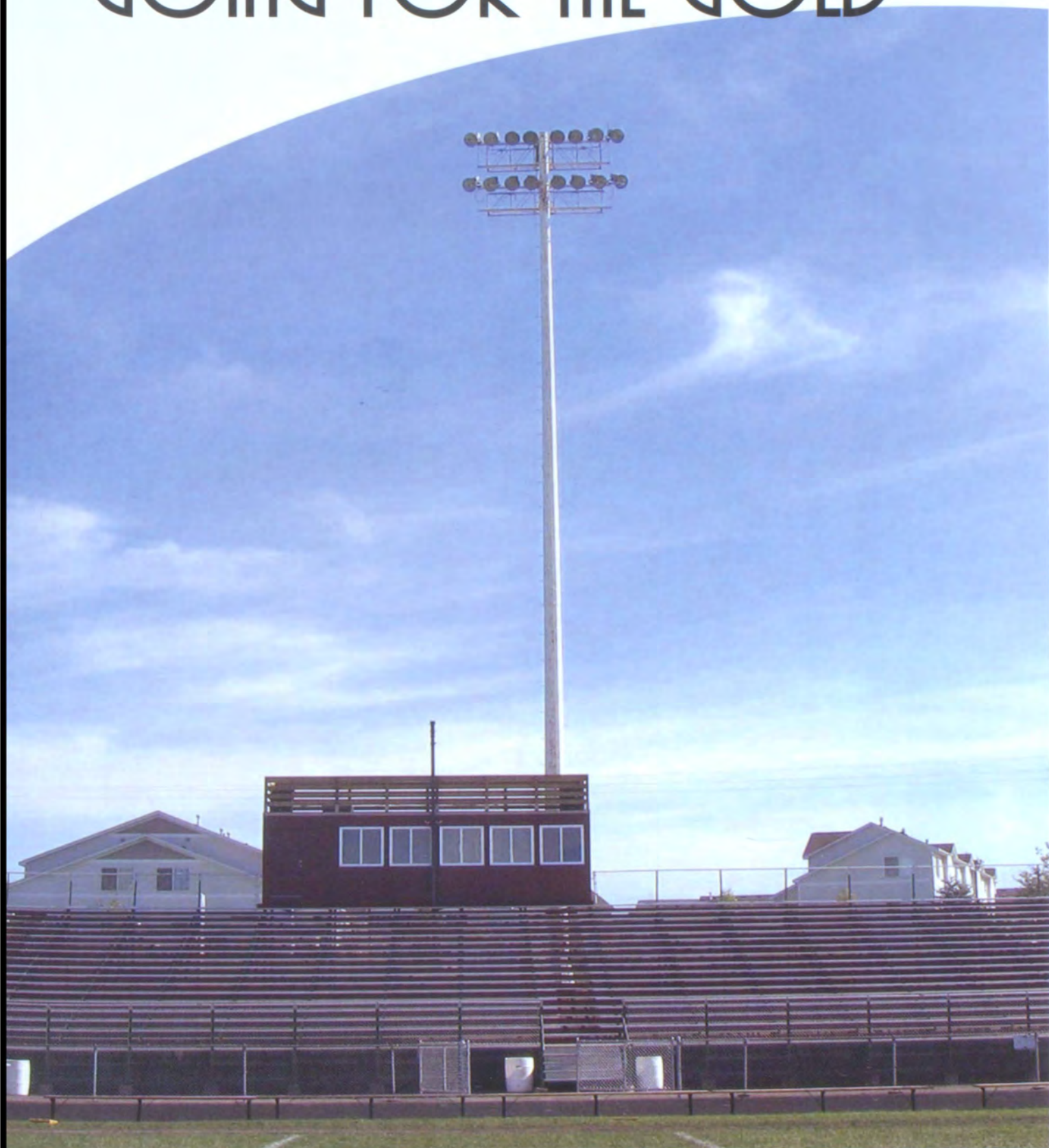
Row 1: L. Quale, P. Thao, A. Haupt, K. Iverson, J. Woolstencroft **Row 2:** J. McAllister, L. Dick, C. Tulgren, S. Pavlson, B. Lafontsee. **Row 3:** C. Moses, B. Ahmann, A. Bosman, E. Seelig, J. Alexander, Mrs. Hill. **Not Pictured:** T. Bowens, S. Cole, J. Eagen, E. Entrement, E. Harrington, M. Houle, S. Joyce, K. Koalska, S. Langenbach, K. Monson, H. Schuhwerck, M. Slattery, A. Sperle, J. Stokes.

ATHLETICS

With every practice, every warm-up, and every game, each athlete works hard going for the gold. Whether on the field, court, rink, mat, track, or in the pool, each team strives for perfection; both as individuals and as a group. Once competition is over and the crowds have all gone home, the athletes find themselves still a team, whether the score was in their favor or not.



GOING FOR THE GOLD



Boys Soccer

FL	OPPONENT	VS
1	Coon Rapids	3
0	White Bear Lake	3
0	Mounds View	3
0	Duluth East	2
0	Woodbury	1
0	Stillwater	5
1	Cambridge	2
1	Park Cottage Grove	1
1	Roseville	4
1	Hastings	2
0	Woodbury	4
0	Stillwater	3
0	St. Francis	1
0	Park Cottage Grove	4
0	Roseville	1
1	Hastings	2
0	Mounds View	4
0	White Bear Lake	3
1	Champlin Park	3

Boys

Swimming/Diving

FL	OPPONENT	VS
4th	Conference Relays @ Stillwater	--
103	Park Cottage Grove	83
7th	Grand Rapids	--
	Invite	
48	Mounds View	54
3rd	Blaine Invite	--
4th	Rosemount Irish	--
	Invite	
102	Roseville	83
	True Team SEC Champions	
42	Irondale	60
101	Hastings	73
9th	True Team State	--
86	Woodbury	100
96	Chisago Lakes	82
83	Stillwater	103

Girls

Swimming/Diving

FL	OPPONENT	VS
103	Park Cottage Grove	75
39	Mounds View	61
99	Cambridge	87
84	Mahtomedi	100
97	White Bear Lake	89
81	Chisago Lakes	105
77	Hastings	104
80	Woodbury	101
82	Stillwater	94
84	Coon Rapids	94

Girls Soccer

FL	OPPONENT	VS
	Buffalo	0
	Cambridge	0
	Blaine	2
	White Bear Lake	2
	Mounds View	1
	Woodbury	6
	Stillwater	4
	Park Cottage Grove	5
	Roseville	1
	Hastings	0
	Woodbury	4
	Stillwater	0
	Park Cottage Grove	0
	Roseville	0
	Hastings	0
	Mounds View	4
	White Bear Lake	1
	St. Francis	5
	Duluth East	3

Gymnastics

FL	OPPONENT	VS
	Cretin	126.20
	Derham Hall	
	North St.	129.25
	Paul	
	St. Francis	132.70
	Chisago	122
	Centennial	132
	Cambridge	139.55
	Hastings	112.25
	Woodbury	141.275
	Roseville	140.325
	Mounds View	123.60
	Park	137.20
	Cottage Grove	
	Roseville	140.325
	Stillwater	147.025
	Lakeville	144.25
	White Bear Lake	140.625
	Stillwater	146.425
	White Bear Lake	145.075
	Roseville	144.175
	Centennial	140.425
	North St.	139.325
	Paul	
	Tartan	135.375
	Irondale	130.550
	Mounds View	126.550
	Spring Lake Park	73.250

Football

FL	OPPONENT	VS
14	Menomonie	27
21	Roseville	24
10	Woodbury	13
28	Park Cottage Grove	21
19	Hastings	37
	(Homecoming)	
7	Stillwater	23
21	Mounds View	24
0	White Bear Lake	41
13	7AAAA Quarters (Anoka)	42

Girls Volleyball

FL	OPPONENT	VS
1	Park Cottage Grove	3
3	Hastings	0
2	Stillwater	3
0	Benilde	2
1	Orono	2
0	Hill Murray	2
2	Simley	1
1	Mounds View	3
0	Woodbury	3
3	Roseville	0
3	White Bear Lake	1
1	Park Cottage Grove	3
3	Hastings	0
2	Monticello	1
0	Centennial	2
2	Park Cottage Grove	1
0	Prior Lake	2
0	Stillwater	3
0	Mounds View	3
1	Brainerd	2
1	South St. Paul	2
0	Cretin Derham Hall	2
2	St. Paul Highland Park	1
0	Woodbury	3
3	Roseville	2
2	White Bear Lake	3
1	North Branch (7AA)	3

Girls Tennis

FL	OPPONENT	VS
	Andover	1
	Coon Rapids	0
	Anoka	3
	North Branch	0
	Mounds View	1
	White Bear Lake	1
	Roseville	6
	Hastings	1
	Hibbing	6
	Stillwater	5
	Park Cottage Grove	0
	Woodbury	4
	Chisago Lakes	1
	Blaine	3
	SEC @ North Branch	1
	SEC @ Centennial	6

Boys Hockey

FL	OPPONENT	VS
5	Cambridge	2
4	Alexandria	2
9	St. Francis	1
0	Robbinsdale Armstrong	6
7	Rochester Century	7
0	Roseville	4
2	White Bear Lake	3
1	Hastings	2
2	Greenway	1
4	Brainerd	3
3	Blaine	6
7	Como Park	6
6	Champlin Park	0
3	Mounds View	2
2	Stillwater	1
6	Park Cottage Grove	5
5	Woodbury	4
4	Cloquet	3
1	Roseville	2
0	White Bear Lake	4
2	Hastings	8
3	Mounds View	6
3	Stillwater	2
3	Park Cottage Grove	0
6	Woodbury	6
4	Greenway (7AA)	2
	Duluth East (7AA)	1

THE SCOREBOARD

Girls Hockey

FL	OPPONENT	VS
3	Breck	5
2	Chisago Lakes	4
6	Duluth Denfeld	6
2	Minnetonka	2
2	Lakeville	3
2	Mounds View	4
1	Duluth East	0
3	Stillwater	5
0	Roseville	7
1	White Bear Lake	3
1	Hastings	2
0	Park Cottage Grove	3
2	St. Francis	2
	Cambridge Trny-	46
9	Princeton	2
	Cambridge Trny	67
0	Cambridge	1
	Cambridge Trny-	47
8	Moose Lake	0
2	Woodbury	3
0	Mounds View	1
1	Stillwater	7
1	Roseville	3
7	Rosemount	1
2	White Bear Lake	3
0	Hastings	0
3	Park Cottage Grove	1
2	Woodbury	3
0	Cloquet	4
	(7AA)	

Boys Cross Country

MEETS

St. Cloud Apollo Invite
Cambridge Invite
St. Francis Invite
Griak Invite @ UM
Elk River Invite
Blaine Invite
SEC Race @ Falcon
Section Meet

Girls Cross Country

MEETS

St. Cloud Apollo Invite
Cambridge Invite
St. Francis Invite
Griak Invite @ UM
Elk River Invite
Blaine Invite
SEC Race @ Falcon
Section Meet

Boys Basketball

FL	OPPONENT	VS
39	St. Paul Como	52
38	Centennial	44
58	St. Paul Harding	49
45	Tartan	64
56	Duluth Denfeld	37
52	Andover	59
54	North Branch	64
59	Champlin Park	65
57	Mound Westonka	31
50	Orono	44
50	Breck	46
60	Irondale	49
	Park Cottage Grove	54
35	Stillwater	58
	Hastings	60
42	Mounds View	36
	Woodbury	72
51	Roseville	56
37	White Bear Lake	43
39	Park Cottage Grove	56
44	Stillwater	64
43	Hastings	47
37	Mounds View	51
45	Woodbury	58
62	Roseville	74
57	White Bear Lake	43
58	North St. Paul	66
	(Section 4AAAA)	

Boys & Girls

Alpine Ski

Meets

Park Cottage Grove
Stillwater
White Bear Lake
Roseville
Mounds View
Hastings

Boys & Girls

Nordic Ski

Meets

SEC Team Spirit @
Manitou
SEC Classic @
Brown's Cre
SEC Skate @
Cottage Grove
SEC Pursuit @
Battle Cree
SEC Pursuit @
Battle Cree
SEC Sprint @
Troll Hollow
State Tourney @
Biwabik

Girls Basketball

FL	OPPONENT	VS
42	North Branch	49
45	Cretin-Derham Hall	77
39	Totino Grace	42
46	Bemidji	36
52	Duluth Denfeld	26
25	Roseville	67
39	White Bear Lake	47
42	Minnetonka	61
51	Farmington	38
42	Robbinsdale Cooper	33
37	Park Cottage Grove	49
38	Stillwater	44
33	Hastings	37
28	Mounds View	50
34	Woodbury	54
43	Roseville	65
43	White Bear Lake	48
42	Champlin Park	61
27	Park Cottage Grove	32
43	Stillwater	57
58	Irondale	70
24	Hastings	34
40	Duluth East	53
43	Mounds View	70
31	Woodbury	70
60	North St. Paul	55
35	St. Paul Como	39
	(Section 4AAAA)	

Wrestling

FL	OPPONENT	VS
W	Park Cottage Grove	L
W	Blaine	L
W	Grand Rapids	L
W	Goodhue	L
W	Mounds View	L
W	Cambridge	L
W	Woodbury	L
W	North Branch	L
W	Foley	L
W	Stillwater	L
W	Anoka	L
W	Highland Park	L
L	St. Francis	W
W	Champlin Park	L
W	White Bear Lake	L
W	Cretin Derham Hall	L
W	Mpls. Southwest	L
W	Eagan	L
W	Roseville	L
W	St. Paul Johnson	L
W	Centennial	L
L	Coon Rapids	W
W	Hastings	L



Senior Captain Nicole Mansmith tells the future Dance Team: "Set goals for yourself and do

high kicks."



Junior Kelsea Griffin and Senior Captain Nicole Mansmith led the team in a rousing Homecoming Spirit Bus performance

Senior Captain Chantel Eischen tells future dancers: "Don't be afraid to try out, because if you don't you could miss a really fun sport."



Dance Team Row 1: A. Otremba, K. Keefe, R. Hanson, A. Zentzis, N. Mansmith, L. Mouacheaupao, C. Eischen, K. Koalska, A. Matheson, H. Miller. **Row 2:** N. Braun, C. Anderson, T. Olson, K. Callahan, K. Griffin, A. Pilla, J. Giesner, M. Dohmen, A. Kirchrer, T. Kimbel. **Row 3:** A. Reinertson, A. Collins, K. Bigelow, K. Jurasin, V. Yamry, R. Hansen, K. Lindstrom, J. Faust, K. Carroll.

Kicking the Habit! Dance Team

Nine hundred ninety-eight, nine hundred ninety-nine...One thousand kicks! Over the years, danceline has become a beloved halftime show for all sports in the fall and winter.

Just last year, danceline became an official sport: Dance Team!

This year, they have shown how much of a team they truly are, learning to be in unison with their movements, routines, and each other. As the Dance Team takes the field or the gym floor, the crowd changes: For those moments, they forget whether or not the home team is winning or losing.

However, Dance Team had to come a long way to achieve what they did this year. They got off to a rough start, with the captains telling the team to "do one hundred and fifty crunches for not listening."

Soon, the captains were doing "Spirit Checks" to make sure the girls were pumped up. All of their hard work in the fall season paid off with dances for halftime shows, including a Kick-A-Thon. To raise money for their sparkling new uniforms, each team member did 1,000 kicks, totaling 29,000 kicks. This feat led them to the rigorous, now-competitive winter season.

The winter season includes nine competitions, including the second annual FLHS competition. The team will also host a Winter Clinic Show to teach dances to kids, and to yet again raise money to support their sport. Overall the Dance Team will continue to dazzle the crowds and show the school how much of a team they truly are and will continue to be.

- Angela Spiess

"Do one hundred and fifty crunches for not listening."



The Seniors gather for one of their last times in the fall Dance Team season.

Hog pile! Girls get close and comfortable as they compete for a spot on the mat.

The Dance Team flashed their moves and sparkling new uniforms while forming into a complex circle.

Practice is over and the Dance Team still has time to for some quality bonding.



Senior Captain Linda Mouacheaupao offers a few words of advice: "Keep on working hard and having a positive attitude!"



(Below) Freshman Sarah Mitchell crosses the finish line, exhausted, yet proud to complete the race!



(Right) Freshman Annie Dehmlo, Sophomore Kristi Buerkle, Senior Chellynne Pringle, and Freshman Sarah Mitchell race to finish first.

(Below) Sophomore Kristi Buerkle leaps across the finish line with a smirk of satisfaction across her face!



Girls Cross Country

Row 1: B. Alexander, S. Wright, C. Pringle. **Row 2:** S. McNamara, L. Neby, K. Robinson, A. McGary. **Row 3:** K. Buerkle, M. Gooley, J. Brodin, K. Babbitt, K. Clark. **Row 4:** S. Mitchell, L. Marosok, G. Lange, E. Wagner, C. Jaros.



(Left) Senior Sarah Wright takes long strides in her "lucky" socks, pacing to get to the finish line.

Cross Country

Ready to Run



(Above) And they're off! The Ranger girls start the race, bursting to get to the front.



The girls cross country team had a mix of goods and bads this year. They lost some great senior runners last year, but in return gained many young and talented athletes. Senior Captain Rebecca Alexander said, "For having a lot of new people and losing some strong runners, we were able to pull together and step up."

Although the team did not have the success they would have liked, there were still some great accomplishments made. When asked to give a highlight from the season, Senior Captain Sarah Wright commented, "Our conference race, when over half of our girls beat their personal

records."

The team seemed to get along even through the ups and downs. Senior Captain Chelynn Pringle said, "We did very well, we improved towards the end, and we all worked well together."

The team not only practiced together every day, but they also enjoyed some runs to Dairy Queen and pizza parties. Alexander also said, "I'll miss the team, sleepovers, and making

tee-shirts!" This team had great chemistry, and had good times competing.

- Christina Odegard

"For having a lot of new people and losing some strong runners, we were able to pull together and step up."

Running for Their Lives

Cross Country



Cross country is a sport of running. Odd, since most sports have running as a punishment. Truth is, while most kids grumbled and moaned when the time came to run the celebrated two-mile in gym class, these guys were pumped and ready to go. This sport is the ultimate challenge - one has to run over difficult terrain in as short a time as possible, not to mention putting up with natural disasters and crummy weather. Could you cut it? These guys did.

Their record says it all. After winning their first meet at St. Francis, which was Captain Aaron Moen's highlight this year, they went on to place 6th out of 16 teams in the Section 4 meet. This happened to be their last

meet of the season. It was "a huge improvement from last year," exclaimed Coach McElrath on their placement. On that same day, the team sent

Senior Matthew Mach to the State Tournament, where he ended up placing 58th out of 153 runners with a time of 17:16.

"We had fun. We are a young team, so in the coming years, we will be better," beams Captain Aaron

Moen. With the season that they had, there's no doubt this could be wrong. However with good news comes bad news: This will be Coach McElrath's last season with the team. With that, he has some advice for future runners, "Run in the summer, then run some more in the summer."

- Sammie Sheets

"We had fun. We are a young team, so in the coming years, we will be better."

(Below) Junior Benjamin Fick runs next to his twin-like competition before leaving him in the dust.



(Right) Pushing it to the limit, Freshman Benjamin Brodin puts on his mean face when the race gets tight.



Boys Cross Country

Row 1: D. Johnson, P. Sandager, S. Cossalter, N. Moen, M. Mach, D. Castle.
Row 2: A. Orth, S. Gleuwe, J. Babbitt, S. Duggen, Z. Clark, Z. Berg, J. Orth. **Row 3:** T. Mansmith, M. Howe, N. Kelley, J. Gavanda, T. Antesel, S. Wright, J. Rielly, C. Kendrick. **Row 4:** Coach Matt Heyden, M. Sandager, A. Moen, R. Morris, B. Fick, J. Mitchell, K. Weise, B. Brodin, Coach Bill McElrath.



(Above) Senior Matthew Mach knows that the grass is greener on the other side as he climbs the hill to victory.

(Left) Senior Aaron Moen breaks away from the crowd while Senior Kelly Weise advances on his opponent to gain a lead.



(Above) Sophomore Zachariah Clark runs solo but has a win in mind for his team.

(Below) Senior John Schwiets dodges the Hastings defensive line and makes a great running play.



(Right) Sophomore Trip Schultz makes a running play to score a touchdown.



(Below) Senior Joseph McCurdy lifts up and slams down a Raider running back.



Varsity Football

Row 1: R. Kraft, J. Morland, K. Nosie, R. Thomas, P. VanBeckum, K. Secor, J. Schwiets, K. Fuller, J. Minnig, K. Janssen.
Row 2: K. Blum, J. McCurdy, N. Morris, J. Babbitt, P. Fogerty, A. Young, J. Duncan, M. Butchko, J. Travis, M. Moberg, P. Osterbauer. **Row 3:** D. Medina, W. Giddings, Coach Rich Elliot, Coach Ron Moberg, Coach Ryan Johnson, Coach James Herman, Coach Jeff Wilson, Coach Chris Vogel, Coach Larry Matzdorf, Coach Tony Harris, N. Jensen, T. Schultz. **Row 4:** B. Wiggins, N. Uram, K. Johnson, A. Boerum, R. Turry, J. Kolbow, J. Kolbow, S. Esget, P. Taylor, B. Crowley, J. Schultz. **Row 5:** A. Tetzlaff, A. Quehl, S. Claeson, D. Wiemer, M. Grothe, G. Cass, J. Berry, M. Halavac, Z. Killingbeck, D. Synan-Peterson. **Row 6:** J. Agnes, G. Celeste, T. Kleinhuizen, N. Robertson, B. Elfelt, J. Kalhagen, D. Bentley.



(Left) Seniors Patrick Fogerty and Jacob Minnig make a tackle against a Roseville Raider.

Football

Down, Set... Hut



(Above) The offensive line gets ready for the next big play on their home turf.



After long hours of lifting and two-a-day practices in the summer, the Rangers football team hoped for a promising season. With tough teams in the conference, they knew it was going to be a challenge.

The Rangers started out their season against Menomonie, who already had a couple games behind them. "They were an all-around solid team," Captain John Schwietz noted after the loss. However, the Rangers stepped up and put in a great performance against Park Cottage Grove, defeating them 28-21.

This year alone the Rangers suffered injuries to twelve different players, which greatly

affected the outcome of the season. "Definitely not having Kevin Secor there tired out Ryan Turry, and without Kyle Fuller we didn't have as good of a pass defense," Captain John Schwietz explained.

Even though their record wasn't what they hoped it would have been, the fans were always there to offer their support.

The section game loss sadly ended the season. Even though their season was over, the

players walked off the field with heads held high. "I thought they kept a real positive attitude and continued to work hard," Head Coach James Herman stated.

"I thought they kept a positive attitude and continued to work hard."

- Senna Lipp

Soccer

Row One: B. Craig, S. Damiani, S. Berger, J. Meath, R. Kennedy, B. Wappel, K. Iverson

Row Two: A. Hesselgrave, A. Morgan, A. Johnson, D. Boldenow, C. Bass, M. Medina, A. McGary, A. Rajdl, E. Bengston-Noyes, C. Jones

Row Three: L. Bydalek, L. Johnson, J. Smoczyk, A. Palacheck, K. Swedin, M. Cooper, S. Shogren, C. Carpenter, J. Palacheck, C. Hintzen, K. Raapup

Row Four: Coach K. Nellis, K. Thompson, A. Miron, J. Koski, R. Frericks, J. Nelson, C. McCormick, K. Skoglund, H. Mettling, R. McIntosh, Coach J. Hurd



(Left) Juniors Krista Skoglund, Renee Frericks, Ann Miron, and Freshman Danielle Boldenow pig out on the half-time oranges.



(Above) Both Varsity and JV girls lean into the aisle for a snapshot after the St. Francis game.



(Above) Senior Joanna Koski clears the ball away from danger as Junior Renee Frericks hustles back for support.

(Right) The girls huddle up one last time before the playoffs begin. The hours spent before had been full of fun, but now it was all business.



(Below) Junior Ann Miron brings the ball up the field as Junior Anna Johnson uses her lightning speed to get open for pass.



Soccer

Just for Kicks



"Rangers on three. One, two, three...Rangers!" Co-Captain Jessica Meath shouted this battle cry before every Ranger girls soccer game throughout the season.

This ritual carried the girls through victory and defeat, ending in a memorable and productive season for all involved. The girls not only competed in the most competitive conference but also held their own against top ranked state teams. "White Bear games were always fun, because for some reason we were able to play our game and keep the score tied until the end," remembers Co-Captain Rebecca Kennedy.

Another exciting conference match up was Roseville. The

team produced two wins against this opponent, one being particularly memorable. "It was awesome, we controlled the whole second half of the game

and won it 3-0," exclaimed Renee Frericks, a member of the scandalous junior trio called Kenya. The trio's name sprouted from a favorite soccer team activity, second only to going out for pizza... World Cup. Often times, shouts

of foreign countries could be heard coming from the practice field as signs of team bonding and recreation after a strenuous practice. With many fun memories and a feeling of accomplishment, the girls leave the season with another annual improvement.

*"Rangers on
three. One, two,
three...
Rangers!"*

- Sarah Berger & Joanna Koski

A Kick in the Grass

Soccer



"I haven't had as much fun with any group of guys than this year," commented Coach Shaun Conley. Considering that he has played for seven years for both Forest

Lake and numerous other clubs, this is a big statement. Though this was Conley's first year with the team, the transition from Randell Appleton was a smooth one; the boys had known Conley from previous years. "The

season went by way too fast," said Captain David Bydalek. "We had a really young team this year and it just got busy."

When asked to comment on the season, Captain Timothy Rangitsch replied, "What can I say...we had some good times." Other mentionables included, "Game Shark," the home game

against Park Cottage Grove, bus rides, and the unforgettable spaghetti dinners.

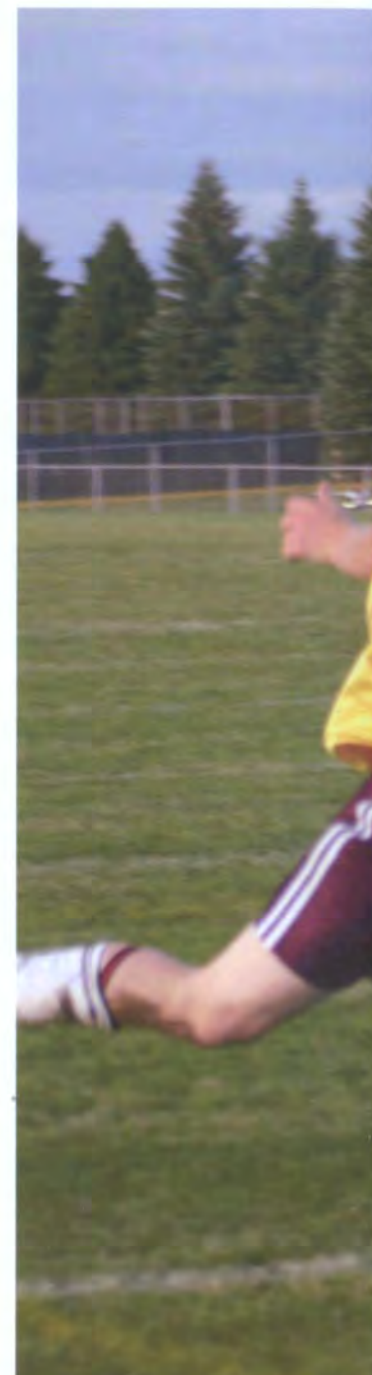
Although their record wasn't proof of their work ethic, many of the boys didn't seem to mind.

"Many of the team members were new and didn't have much, or any, varsity playing experience," mentioned Junior Luke Odegard. Never giving up was one of their

trademarks this season. With two important seniors on the injured list, the boys had to dig deep - and that's exactly what they did. With good memories and a promising future, the team left the field for the time being. But rain or shine, you can count on them being there again next August.

"What can I say... we had some good times."

(Below) Travis Wittnebel, David Bydalek, James Hamett, Josef Maier and Jordan Bengston clear the ball away from danger.



(Right) Watch out as Senior Andrew Tolzmann leaps in the air before his opponent can even get a chance.



Boys Soccer

(Below) **Row 1:** S. Stolberg, A. Setterholm, J. Peterson, P. Stiner, J. Hendrickson, T. Thao, M. Pikus. **Row 2:** A. Nelson, C. Rime, D. Stone, J. Ohman, B. Bengston, K. Pickar, T. Sperry. **Row 3:** Coach Ron Tungseth, T. Rangitsch, J. Wittrock, J. Hull, J. Kohler, J. Hamett, M. Peterson, R. Hager, I. Oliver, Coach Shaun Conley. **Row 4:** Coach Cenk Atilgan, T. Wittnebel, S. York, J. Bengston, J. Haider, D. Mayen, D. Bydalek, L. Odegaard, A. Tolzmann, E. Stolberg, Coach Deno Johnson.



(Above) Senior Josef Maier dribbles the ball away from a White Bear opponent to maintain possession.



(Left) Senior Captain Timothy Rangitsch sends a big boot over the field to his fellow teammate.

(Above) Senior Robert Hager takes the ball down the line to set up for a cross, hoping someone will be ready in front of the net.

Swimming & Diving to the Top



This season was a huge success for the Forest Lake Girls Swimming and Diving Team. Senior Nicole Duff commented, "We had a really strong team this year thanks to the younger girls. They just keep getting better and better." Winning 3 dual meets this year will give them reason to work even harder in the years to come.

Another major highlight of the 2004 season was that the team sent swimmer Amanda Nelson and divers Brianna Hubbard and Janel Duffy to the State Meet at the University of Minnesota. Amanda placed 14th in the 100 Butterfly race and 15th in the 50 Freestyle race.

"We had a really strong team this year thanks to the younger girls. They just keep getting better and better."

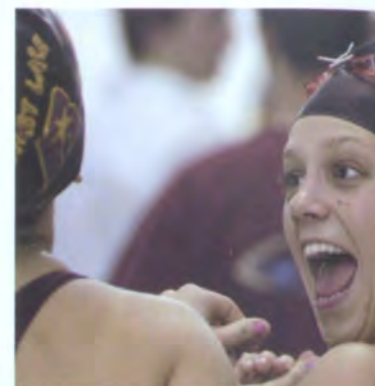
In diving, Brianna tied for 5th and Janel came in 29th.

The season started on a different note than it had in years past. With an outstanding turnout of girls at the start of practice this August, cuts to the team had to be made. So, like many other sports, the first weeks of practice were followed by tryouts.

Overall, the entire season was a success for the girls. It has taken a few years, but this team has finally established itself. With three team members advancing to the State Meet, it was no longer a "rebuilding year."

- Katie Clark

(Below) Sophomores Cassie Gerlach and Danielle Jensen look on at the Coon Rapids meet while waiting for their turn to compete.

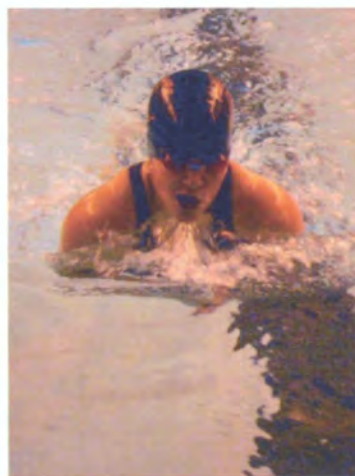


(Right) Senior Nicole Duff concentrates on completing the final length of Northdale Pool while swimming the 100 meter breast stroke.



Swimming

Row 1: C. Gross, L. Quale, L. Gifford, A. Eagen, N. Duff, B. Hubbard, Captain K. Clark, Captain H. McKenzie, Captain K. Haglund, N. Haglund, B. Luhman, S. Williamson. **Row 2:** Coach D. Welch, T. Hubbard, A. Anderson, A. Isaacson, A. Sigfrinius, E. Eagen, J. Duffy, S. Sampair, E. Casello, M. Mattison, Coach K. Siebert, Coach R. McKenzie. **Row 3:** M. Lundberg, K. Nenn, H. Ristow, J. Marier, K. Royce, D. Proux, J. Waskey, P. Wold, H. Merrier, E. Kassel, M. DeLambo, A. Bleninger, D. Kaiser. **Row 4:** F. VanSloun, A. Garrity, M. Walters, A. Schmitz, A. Nelson, C. Peterson, C. Gerlach, D. Jensen, M. Mattison, K. Monberg, M. Clafflin, C. Royce, A. Husfeldt, R. Merrier, K. Ericson, E. Liljedahl. **Row 5:** J. Dahlager, S. Morris, K. Lefto, K. Harrison, B. Swiegar, N. Emholz, A. Miller, E. Wislicenus, D. Antony, M. Mattison, A. Moberg, A. Lalla, K. Burk, L. Oberg-Hauser, B. Zierke.



(Above) Sophomore Carrie Peterson swims to the finish in the breast stroke with hundreds of Ranger fans cheering her on at the home pool.

(Left) One of the many freestylers crawls her way to the top, while executing perfect form. Go Girls!



(Above) Senior Captain Katie Clark dives a perfect "10" while her fellow teammates look on in awe.

(Below) Another beautiful serve well done! Junior Chelsea Sager takes the serve, as Sophomore Alexa Nelson awaits the return.



(Right) Ready and determined, Senior Cathie Fuith and Junior Amanda Jochim become mentally prepared before the serve.

(Below) Is that all you got? Senior Captain Katie Anderson has no problem returning her opponent's serve.



Girls Tennis

Row 1: P. Patchin, J. Coozenoy, C. Sager, Q. Patchin. **Row 2:** H. Grundhofer, H. Hazzard, K. Anderson, H. Framke, A. Jochim. **Row 3:** Coach Greg Patchin, E. Zinchenko, C. Fuith, S. England, A. Nelson, M. Raasch.



(Left) Right back in your face! Sophomore Paige Patchin returns the ball back to her opponent with ease.

Tennis

Causing A Racket



(Above) You got air. Sophomore Madalyn Raasch does a great job returning the ball, as Senior Ekaterina Zinchenko is there for support.



Many young women have a dream when they grow up: to become the best tennis players they can be. They work hard day in and day out to achieve this goal, and strive for success with whatever they do. Whether they look up to Serena and Venus Williams, or coaches and parents, they work hard and perform to their highest ability. This group of girls made up the 2004 girls varsity tennis team.

The girls had an incredible season this year, raising the bar for upcoming teams. This season was very progressive, with team members who performed at their best during the regular season and then sections, as well as a young girl that went to State. Sophomore Paige Patchin, as a representative of the girls

tennis team, took a trip to the State Tournament. Patchin started the tournament with a 6-1, 6-2 loss, putting her in the consolation bracket. She defeated her next opponent 6-4, 6-0, and advanced to the

consolation semifinals. There, she faced Toolie Wilkins of Burnsville, the number three ranked player in the state, and lost. "Paige and the other girls had a wonderful season," said Head Coach Greg Patchin.

Senior Captain Katie Anderson, took third in

the section tournament. The Rangers will lose a few players to graduation, but retain their great chemistry and sportsmanship. They look forward to a successful 2005 season.

- Matt Butchko

"If a match gets rained out three times, don't play."

Success: Don't wish for it, work for it!

Volleyball



As every volleyball player knows, preparation for the upcoming season starts during the summer. Getting in shape is the main focus. At the conclusion of tryouts, it became clear that this year, there was a whole new team. These varsity players really had to come together to create team chemistry if they wanted to be successful. It didn't take very long for the members of the team to become close friends.

This year's quote was, "Success: Don't wish for it, work for it!" Their goal was to work hard and win more games than the previous season. The first game didn't go as planned, but the team had an idea of what to expect from other teams. In addition to other great wins, the

*It was a year
of well-deserved
wins, hard
losses, and
great memories.*

players defeated an old rival, White Bear Lake. During that game, the Rangers showed what they were really made of and proved they had the ability to

beat a tough team. Sections were coming up, so the girls were preparing to play against a top seeded team, North Branch. Even though they were greatly disappointed when they lost that game, the team actually met their goal for the season by winning

more games than the previous year. "It was an awesome year; we came out with no regrets," Senior Captain Sally Kellerhuis added.

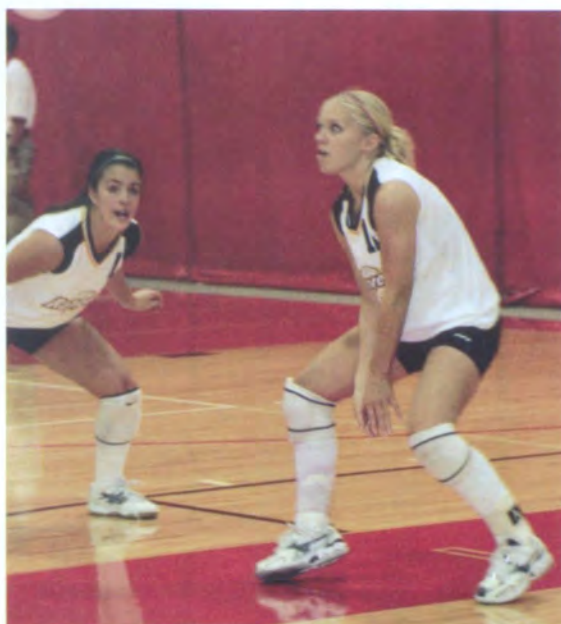
As always, the fans and parents showed their incredible support and dedication. It was a year of well-deserved wins, hard losses, and great memories.

- Senna Lipp

(Below) Senior Senna Lipp, Sophomore Megan Becker, and Senior Rachael Anderson are in their ready positions waiting to receive the serve.



(Right) "It's good! It's good!" Senior Senna Lipp yells to Senior Sarah Dittbemer for the extra help to make the play successful.



Volleyball

Row 1: S. Kellerhuis, R. Anderson. **Row 2:** N. Tetrault, S. Lipp, M. McKenzie, S. Dittbemer, M. Kohs, M. Gemeiner, C. Felgen-Trenti. **Row 3:** Coach D. Danninger, E. Nelson, M. Becker, Coach S. Alm, K. Overson, P. Nora, Coach M. Kolbow.



(Above) Senior Kristel Overson makes a tremendous effort to block a middle hitter from Roseville.

(Left) While her teammates cover the floor, Senior Rachael Anderson flies through the air at the ten-foot line, smashing the ball at the opponent.



(Above) Senior Sally Kellerhuis dishes a perfect set to hitter Junior Pamela Nora.

Alpine Skiing
Row 1: A. Moen, A. Connelly, K. Haglund, E. Stolberg. **Row 2:** M. Messin, N. Kumerow, A. Raak, E. Eagen. **Row 3:** Coach A. Dahl, J. Johnson, N. Tetrault, A. Beebe, R. Keller, A. Eagen, C. Bass, Coach S. Olson. **Row 4:** B. Motschenbacher, B. Stolberg, J. Kohler, P. Willey, D. Herger, C. McCormick, T. Kisrow, P. Charpentier, J. Lallier, M. Hentges, N. Lindemer.



(Left) Wheee! Juniors Rebecca Keller and Allison Beebe take a ride up to the top of the hill on the chairlift.



(Above) Wow, what a workout! Members of the ski team take a break during practice, trying to stay warm!



(Above) Seniors Conor McCormick, Kelly Haglund, Aaron Moen, and Junior Erik Stolberg prepare for a big race.



(Right) Junior Rebecca Keller swiftly skis down the slope, easily beating her opponent's time.

(Below) Freshman Carly Bass weaves in and out to accomplish a personal best overall time.



Alpine Skiing

Stirring Up the Snow



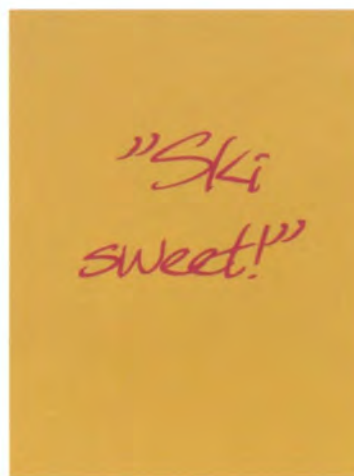
The Alpine ski team is more than just snow. They have hustle and determination to fly down the slopes. With leadership from Senior Captains Kelly Haglund and Amanda Connelly, the team was able to pull off a fun and successful season. While some people would prefer to stay indoors, this team loves the snow. The team enjoyed the bus rides back and forth from Trollhaugen.

When asked to reveal the most memorable events from the season, Senior Abigail Eagen said, "Of course it would be the bus rides!"

The team competed well both as a team and individuals. Although no one made it to State, Freshman Carly Bass was close to being a top ten in the

section meet. Connelly commented, "We did pretty well, with amazing results as a team. Next year looks promising for everyone to be successful in sections!"

The ski season proved to be fun for all involved. All of the skiers, young and old, seemed to get along and formed a bond. Next year's team was left with some great words of advice. Connelly said, "Ski sweet!"



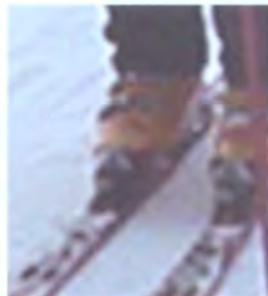
The greatest highlight from the season was the section meet. Hotel stays and the excitement of competition made for an excellent time! Skiing is a fun sport not only for individuals, but for a team, as well. Many memories were made this season, leaving a good example for next year's team!

- Christina Odegard

Downhill to Victory

Alpine Skiing

(Below) Sophomore Matthew Hentges and fellow teammates are primed and ready to race!



With sixteen boys in grades 7-12 on a single team, one could expect some major differences to come up throughout the course of a season. However, "they have pulled together well," Coach Anne Dahl stated about her diverse team. She wasn't kidding: getting a group of boys together from all ages and several schools, giving them the common task of battling the bitter cold of a Minnesota winter, and

seeing them actually *do* it - this is truly pulling it all together.

One thing that held true throughout the season is the old saying, "Boys will be boys!" As in everything else, where there are young men around, there will be pranks, jokes, and laughter in the air.

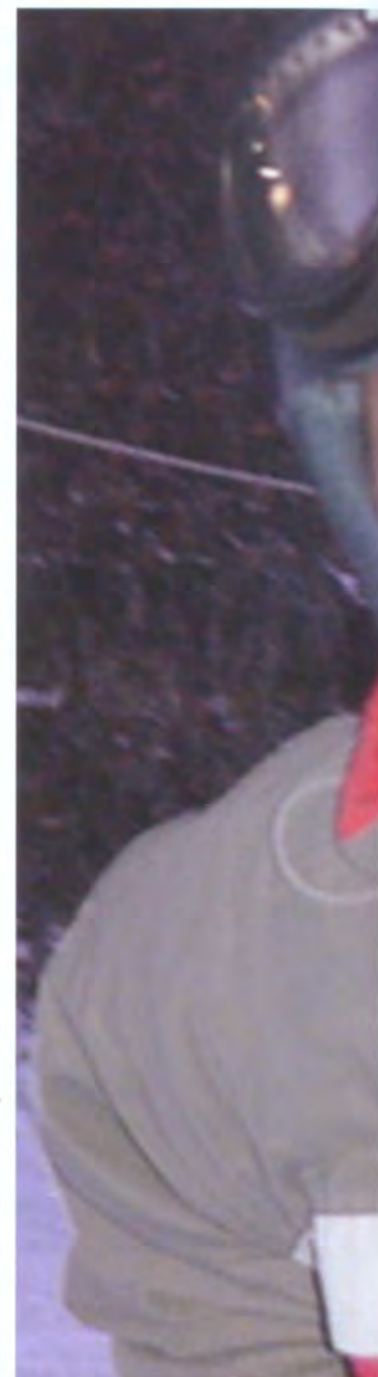
"We had a really great season with some really great laughs!"

However, in this case they knew when to put aside the joking and get serious, pulling together as a team to work towards a common goal. This goal was not

to be section champions or to go to State, but rather to become better as a whole team. As individuals, each skier hoped to beat their previous personal bests. The team was over the .500 mark this year, and Junior Captain Erik Stolberg and

Senior Captain Aaron Moen had wonderful seasons. Coach Dahl noted that everyone improved this year, with Conor McCormick and Timothy Kisrow doing particularly well. With such an array of ages and abilities, the alpine skiers can look forward to more success on the slopes in the future.

- Lindsay Bode

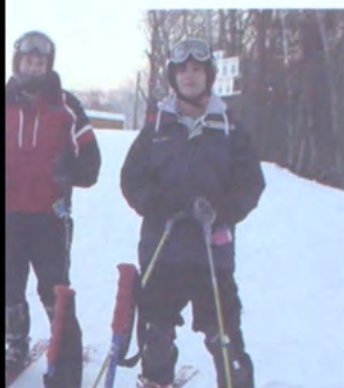


(Right) Skiers prepare the slopes for their runs, and check to make sure everything is just right to race.



Alpine Skiing

Row 1: A. Moen, A. Connelly, K. Haglund, E. Stolberg. **Row 2:** M. Messin, N. Kumerow, A. Raak, E. Eagen. **Row 3:** Coach A. Dahl, J. Johnson, N. Tetrault, A. Beebe, R. Keller, A. Eagen, C. Bass, Coach S. Olson. **Row 4:** B. Motschenbacher, B. Stolberg, J. Kohler, P. Willey, D. Herger, C. McCormick, T. Kisrow, P. Charpentier, J. Lallier, M. Hentges, N. Lindemer.



(Above) Brothers Junior Erik Stolberg and Brett Stolberg, excited to be on the same team, look forward to a great season.



(Left) Senior Captain Aaron Moen is upbeat about the season's prospects. He grinned ecstatically as he led the team during his senior year!

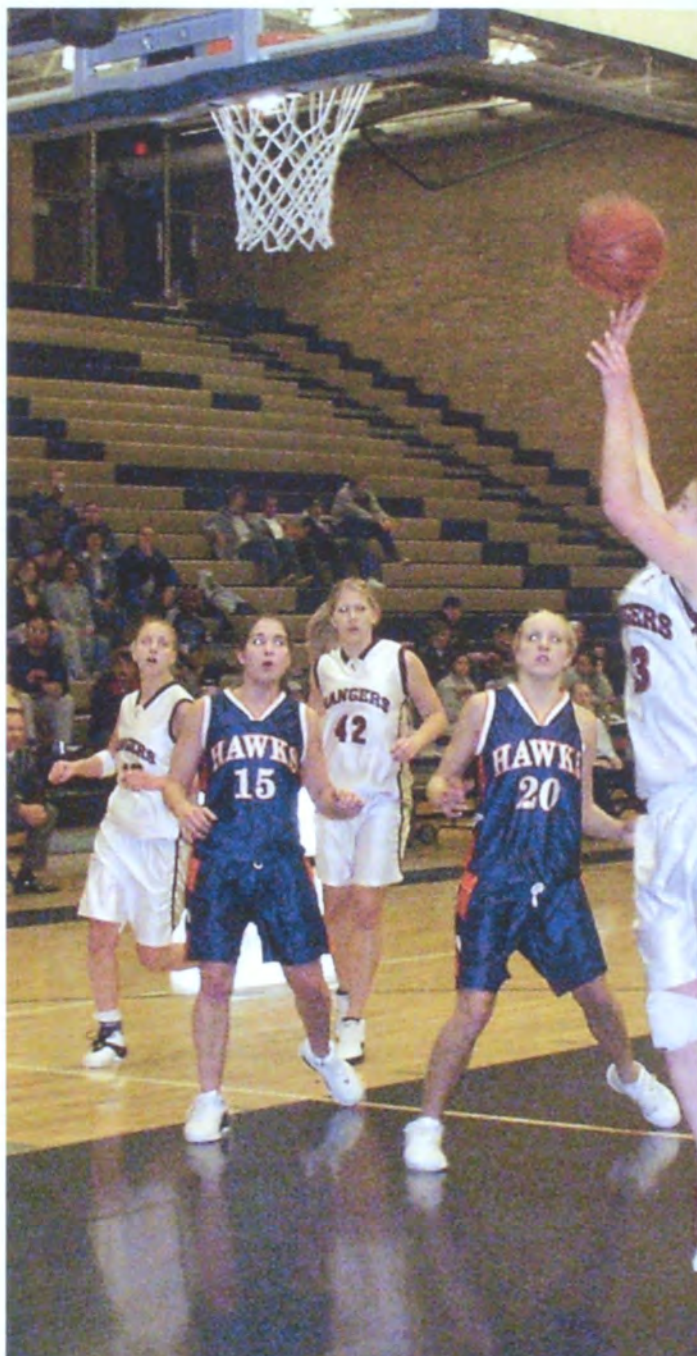
(Above) Junior Captain Erik Stolberg prepares for the runs by checking the trails. Weather conditions often affected how skiers made adjustments during a race.

Basketball

Row 1: J. Morgan, A. Iverson, M. Secor, A. Johnson, K. Kosman, **Row 2:** S. Shogren, S. Welk, E. Pilarski, Coach J. Bender, Coach J. Hall, R. Frericks, J. Winiecki, K. Skoglund. **Row 3:** S. Lindenberg, M. Raasch, A. Thompson, C. Odegard, K. Anderson, K. Overson.



(Left) Under heavy midcourt pressure, Junior Captain Renee Frericks looks to pass to Sophomore Alicia Johnson.



(Above) Not to be stopped by a tough Roseville defense, Senior Christina Odegard goes in hard for a layup.



(Above) Swish! Sophomore Alicia Johnson drains a jump shot just inside the three point line to keep the Rangers in the game.

(Right) Junior Krista Skoglund goes up for an offensive 'put back' to put the Rangers ahead and secure the victory over the Robbinsdale-Cooper Hawks.

(Below) Sophomore Kelsey Kosman drives by a Hastings defender, looking to create some offense for the Rangers.



Basketball

Calling the Shots



The girls basketball team had its struggles for wins this season, but their spirits remained high. Their record may look deceiving, but these girls had a tremendous work ethic.

While battling within and outside of the tough Suburban East Conference, the ladies came out with some solid wins against Farmington and Duluth Denfeld, among others. Junior Captain Renee Frericks consistently put up strong numbers this year, and was a key player in the team's success. Senior Captain Christina Odegard also dazzled the crowd with her shot blocking and hard work.

Sophomores saw a lot of varsity time, which should give them valuable experience for

the years to come. The team included five seniors, who took it upon themselves to show great leadership. In Senior Kristel Overson's perspective, "Change

of pace, change of direction, stick it in," stands out as a favorite quote from Coach Jack Bender.

Some favorite memories included spaghetti dinners, trips to Applebees, and locker room dances.

Strong team chemistry created an enjoyable environment for the girls to play in, which will likely continue during the off-season. Good luck to the graduating seniors and next year's team.

- Aaron Paitich

"Everyone got along, which made it fun to step onto the court and play with each other every day."

Slam Session

Basketball

(Below) The Rangers turn and hustle down the court to play defense after a basket made against Como Park.



"Every year is different and there are a number of players without experience. It takes a number of games before they gain that experience," said Coach Chuck Gunderson.

This theory proved true for the relatively young team. The team had a total of seventeen players; four seniors, six juniors, and seven sophomores. Even with the lack of experience, this group of guys still got the job done.

"Playing extremely well on defense created offense for us," stated Gunderson. This showed as the Rangers went on to beat their biggest rival, Mounds View.

Gunderson noted, "Mounds View, over the years, has been a very good rivalry."

Next year there will be thirteen players returning, and the issue of experience will no longer exist. While they will miss the seniors, next year is already getting off to a good start. They have set the pace for a winning year and incoming players will continue to push. The team will grow

stronger and smarter, and hopefully continue to beat the Mustangs as well as their other competition.

- Kaitlyn Wightman

"Playing extremely well on defense has created offense for us."

(Left) Junior Nathan Robertson and Sophomore Joshua Williams box out their opponent after a missed free throw. Rebounding the ball, they started a fast break against the Stillwater Ponies.



Basketball

Row 1: E. Zentzis, C. Rupar, M. Minnig, A. Cremisino, R. Gavanda, T. White. **Row 2:** C. Kuefler, M. Hansmann, Coach R. Ruetten, Coach C. Gunderson, Coach C. Cremisino, D. Cromwell, D. Mayen. **Row 3:** N. Folglase, J. Williams, N. Lawson, N. Robertson, A. Jacobs, A. Young, J. Haider. **Not Pictured:** C. Sobieck.



(Above) With some smooth moves, Sophomore Matthew Hansmann tries to get around a Stillwater player to find a good shot.

(Left) Sophomore Andrew Cremisino fakes a shot, getting his defenders to move, then dishes the ball off to a teammate.



(Above) After being fouled by a Stillwater defender, Junior Nathan Robertson tries to put the Rangers in the lead with a free throw.

Gymnastics

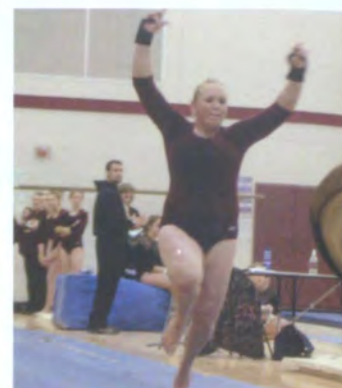
Row 1: Coach M. Mattison, Coach J. Mcleod, Coach M. Lefever, Coach N. Elias, Coach C. Suess, Coach J. Tinklenberg.

Row 2: J. Duffy, T. Tyler, S. Sampair, A. Classen, A. Pringle, C. Kettler, S. Sampair.

Row 3: A. Morris, K. Callahan, C. Uram, N. Paulson, T. Mitsch. **Row 4:** C. Fitzmorris, K. Martin, K. Becker, J. Essen, T. Bret.



(Left) Senior Captains Karine Becker, Jamie Essen, and Katharine Martin take time out of practice to pose for the camera.



(Above) Junior Tasha Tyler shows her poise on the beam. Don't look down!



(Above) Concentration is the key for Junior Corrine Kettler as she perfectly executes a release move.



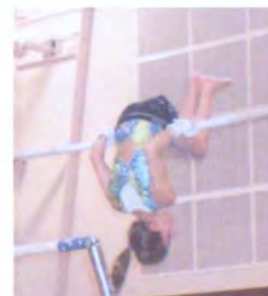
(Right) Stopping in a handstand position, Sophomore Chelsea Fitzmorris prepares to perform a 'giant' in her bar routine.

(Below) Senior Karine Becker competes in the vault while her teammates look on in excited anticipation.



Gymnastics

Round That Off!



"A perfect ten" is a phrase that many gymnasts would use to describe their season, based on the amount of fun they had as a team. "We're not the worst team in the conference nor the best," commented Senior Captain Jamie Essen, "but we always have so much fun!"

With girls ranging from freshmen to seniors, these competitors encompassed all aspects of the sport. From flexibility and agility to composure and poise, these finely tuned athletes knew how to use their talents.

"Being in one of the toughest conferences in the state, and with a lot of injuries, we still managed to have a great season," said Senior Captain Karine Becker.

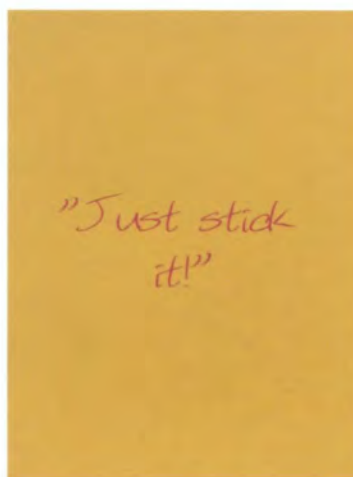
The high score for the team this year was 135, which was good on its own, but taking into consideration the competition, was spectacular! With that in

mind, "Just stick it!" Senior Captain Katharine Martin's quote, perfectly conveyed the overall atmosphere and expectation of the season.

A few of the fond memories the girls had included

Karine's belly flop, spaghetti dinners, and daily team bonding. The girls season came to a close with their standing as the median for the conference with high hopes for the section meet.

- Sarah Berger



Hot Off the Ice

Hockey



Over the years, the girls hockey team has really come together. "I've learned a lot about hard work, determination and mostly about friendship," said Senior Alicia Melbostad.

These qualities are what made up the team and really showed through this season. The Ranger girls came out with a lot of courage and determination this year.

Even though the girls were young, they proved themselves to be a strong and unified team.

"Practice like you play," said Coach Shawn Everson. This saying is what kept the girls in good spirits during practice and made them want to improve. Because of their hard work, the girls captured second place at

the Cambridge Tournament and had a great season.

The girls weren't all about work, though. After many spaghetti dinners and jokes in

the locker room, the team had become more like a family. "Putting clear tape on each other's skates was the best prank we came up with all year," declared Junior Anne Woods.

Being the only senior on the team,

Alicia Melbostad has seen it all. From the sad losses to the great victories, she's been there and has loved every minute of it. "I wouldn't trade an experience like this for anything," stated Melbostad.

-Molly Falck & Madeline Charles

"I wouldn't trade an experience like this for anything."

(Below) Junior Anne Woods and Sophomore Keeta Koalska dash after the puck as the Rangers bench looks on and cheers their efforts.



(Right) Sophomore Stephanie Haider makes an amazing steal from the Bears, keeping the play alive during a line change.



Hockey

Row 1: B. Gray, S. Haider, A. Johnson, C. Carpenter, K. Fredrick, K. Blum, G. Patchin, B. Craig. **Row 2:** K. Crudo, P. Patchin, Coach J. Glenn, Coach S. Everson, Coach D. Nelson, M. Nelson, A. Woods. **Row 3:** K. Lindstrom, A. Melbostad, A. Nelson, K. Koalska.



(Above) Sophomore Paige Patchin brings the puck around to set up a clean shot against White Bear.

(Left) Senior Alicia Melbostad turns around to make a surprise shot on the opponent's goal.



(Above) Sophomore Keeta Koalska and Junior Anne Woods synchronize their steps as they race to the other end of the rink.

Hockey

Row 1: A. Fritzinger, A. Hardy, N. Burris, P. Fogerty, Coach C. Brandt, Coach J. Laughfry, J. Walker, B. Neujahr, K. Blum, M. Moberg. **Row 2:** T. Kubes, N. Carroll, A. Pooch, E. Anderson, T. Rangitsch, S. Esget, B. Woodward, K. Rivet, D. Gauerke. **Row 3:** D. Kendrick, C. Carlisle, C. Fogerty, Mi. Butchko, Ma. Butchko, A. Paitich, S. Tilton, J. LaMotte, J. McCurdy.



(Left) Did that go in? Senior Timothy Rangitsch crashes the net as Sophomore Andrew Hardy scores, making it 1-0 in favor of the Rangers.



(Above) What an incredible save! Senior Brandon Neujahr makes one of his many saves to keep the Rangers in the game.



(Above) That kid has moves! Senior Matthew Butchko goes one-on-one while Sophomore Codey Carlisle is there for the drop pass.



(Right) Another goal by the Rangers! Juniors Dustin Kendrick and Sean Tilton celebrate with Seniors Kyle Blum and John Walker.

(Below) That's how you stop 'em! Senior Aaron Paitich forechecks on the play as Sophomore Christian Fogerty and Junior Blake Woodward quickly skate in to intercept the pass.



Hockey

Hustle... It's an Attitude!



When you think of hockey, many words come to mind, such as dedication, hustle, hard work, and high spirits. To the Ranger boys hockey team all these words had a meaning behind them.

The Rangers started off the season with great wins over Cambridge, Alexandria, and St. Francis. They lost close games along the way, including White Bear Lake, Roseville, and Hastings. They took second in the Blaine Holiday Classic by beating Como Park and Champlin. After the break, they went on a winning streak, taking nine out of the last ten games. "We played with heart and we knew we could win," noted Senior Brandon Neujahr.

The Rangers were led by Senior Captains John Walker and Patrick Fogerty.

Before the games, all the guys would hold hands and pray for safety and success.

There were many memories that they shared throughout the season. Songs from Modest

Mouse, Linkin Park, and Motion City Soundtrack were favorites, especially "The Future Freaks Me Out" and "Float On."

Chemistry played a huge factor in this year's season. It brought the guys closer, much like a family, and many new friends were made along the

way.

Although the Rangers will be losing eleven seniors, this year's first line will be back next year, and many other players will step up to fill those empty spots.

- Matthew Butchko

*"We played with
heart and we
knew we could
win"*

It's an Uphill Battle

Nordic Skiing

(Below) Senior Captain Nicole Duff begins the skate leg of her race at Giants Ridge. Just keep skiing, Nicole!



The 2004-2005 season was a huge success for the girls of the Nordic ski team. Starting off the highlights of the year was a win at the SEC Championship Meet, beating rivals Mounds View and Roseville. Seniors Sarah Wright, Nicole Duff, Katie Clark, Rebecca Alexander, and Anne Dehmlow each earned All-Conference honors.

These girls had some high expectations weighing on their shoulders as the Section Meet came around. Remembering the previous year's win at this meet and the opportunity for a trip to State added to the pressure surrounding this competition. They came out with a first place

finish, earning them their trip to the State Meet at Giants Ridge.

State was another accomplishment to add to the seasons list. The team finished third, better than ever before. Leading the team at State were Seniors Sarah Wright, Nicole Duff, Jennifer Cozennoy, Katie Clark, and Rebecca Alexander. Coach Deno Johnson said of the season, "We have a talented group

"We have a talented group of girls this year."

of girls this year." With five of the seven varsity girls skiing as seniors, this was their year to shine, and they did. The uphill battle was fought every inch of the way, and the struggle was well worth it in the end.

- Katie Clark



(Left) Senior Sarah Wright skis up Caution Hill at Giants Ridge. She competed in the skate-race at the section meet.

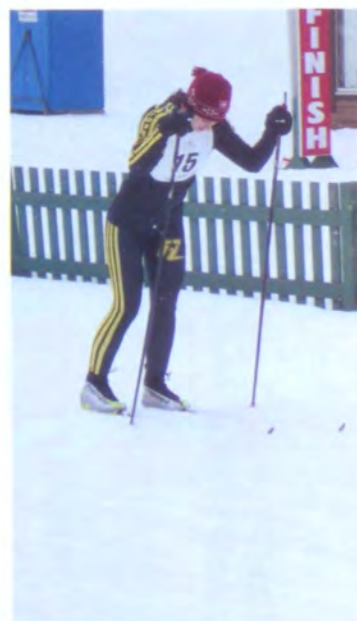


Nordic Skiing

Row 1: K. Clark, N. Duff, R. Alexander, L. Marosok, K. Buerkle, M. Gooley. **Row 2:** Coach K. Nordgren, A. Dehmlow, K. Babbitt, A. McGary, S. Wright, J. Coozennoy, J. Brodin, Coach D. Johnson.



(Above) Senior Rebecca Alexander skate-skis at William O'Brien State Park.

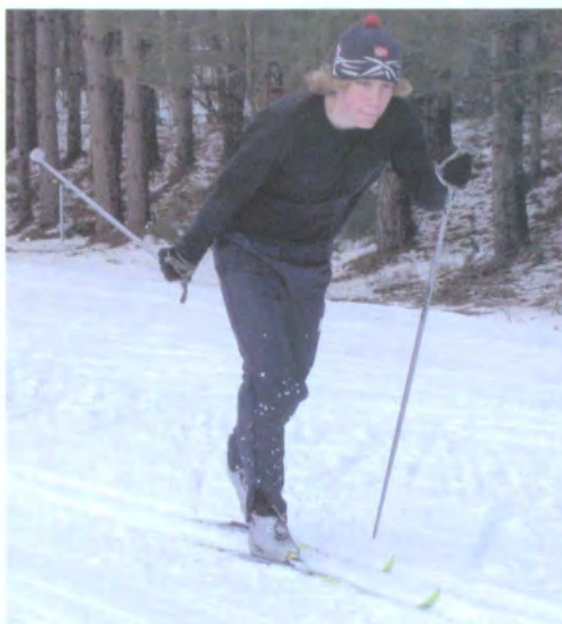


(Above) Senior Jennifer Coozennoy concentrates deeply on the race ahead of her.

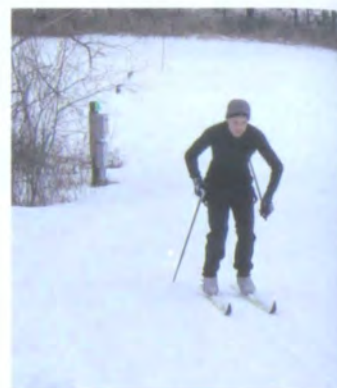
(Left) The girls pose for a victory picture after winning the section meet. This win ensured a trip to the State Tournament.

Nordic Skiing

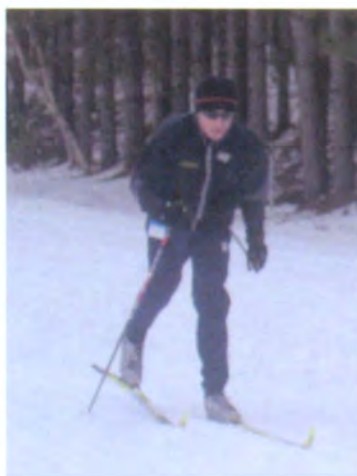
Row 1: T. Steiner, T. Strike, M. Howe, D. Kasl, J. Mitchell. **Row 2:** Coach K. Nordgren, R. Morris, J. Hull, Z. Clark, B. Fick, J. Babbitt, L. Nordgren, Coach D. Johnson.



(Left) Junior Captain Benjamin Fick practices hard for the next competition.



(Above) Enjoying the view, Junior Jamison Hull takes a break to survey the snowy landscape.



(Above) Junior Theodore Steiner keeps working hard to the very end, quickly gliding over the fresh powder.

(Right) Just keep skiing! Senior Captain James Babbitt pushes his way to the finish line.



(Below) Race you to the finish line! Sophomore Zachariah Clark and Junior Benjamin Fick know that practice makes perfect.



Nordic Skiing

Show No Mercy



You hear about them on the announcements, but do you know what Nordic skiing is all about? "Hard work and dedication," recalled Senior Captain James Babbitt. These traits paid off this season.

There were many accomplishments this year, including winning the Suburban East Conference, placing second at the Mesabi East Invite, and winning ten conference races. The biggest accomplishment by far was earning the State Championship.

If that wasn't enough, the team also had four All Conference skiers; Senior James Babbitt, Sophomore Zachariah Clark, and Juniors Theodore Steiner and Benjamin Fick. Fick also took first place at State.

Although the team accomplished a lot, the success did not come easy. They put in many hours getting

ready to compete, working their hardest and giving it their all. They never gave up, and pushed hard until the end. Skiing is hard work, but the team never forgot to have fun.

When asked what advice they gave their teammates, Senior Captain James Babbitt and Junior Captain Benjamin Fick said, "Show no mercy, fear, or emotion to your competitors; just hunt them

"Show no mercy, fear, or emotion to your competitors; just hunt them down."

down." Apparently the newcomers followed that advice, making this yet another worthwhile year for the boys Nordic ski team.

-Alyce Knoop

Diving on In

Swimming & Diving



Every season the boys swimming and diving team tries to improve upon their previous year, just like any other team competing. One of the ways they accomplished their goal was winning the True Team sections in Blaine. The team also competed in the True Team meet at the University of Minnesota, taking 9th overall. Senior Captain Jacob Morrison noted, "Going to True Team state at the U of M was one of my best memories this year by far!"

Their dual meets this year were a great success; winning six duals and losing only three set the bar high for next year. Their most difficult meet was at Mounds View. Junior Samuel Gort said, "It was our most challenging meet because we

went to Mounds View hoping for a win, but then ended up losing only by one place."

As the team entered sections, they came out with

three members winning first place: Andrew Knaap and Gort for swimming, and Junior Dillon Hudulla for diving. With these three wins, the team was able to win the 7AA sections for the second year in a row.

As new school records were set by Andy Knaap in the 200 IM and the 100-yard Breaststroke, the team hopes they will be just as successful next season. "We should do just as well or hopefully even better next year because we are only losing two seniors this year," commented Gort. With their "dive on in" attitude and work ethic, this might very well prove to be the case.

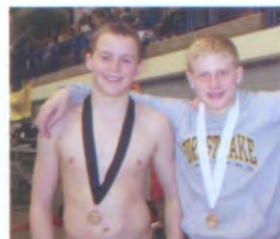
- Jessica Meath

"Going to True Team State at the U of M was one of my best memories this year by far!"

(Below) Sophomores Mark Sandager and Tyler Sperry and Juniors Samuel Gort and James Kassel chat for a second while they get ready for their next race.



(Right) Treading smoothly,
Senior Mark Anderson takes a
little breather from his practice.



(Above) Congratulations to Andy Knaap & Dillon Hudalla for earning All State honors at the Class AA State Swimming & Diving meet.

Swimming & Diving

Row 1: J. Isaacson, J. Knaak, M. Barr, E. Morris, C. Florand, B. DanCarlos. **Row 2:** R. Flemming, J. Goosseens, P. Sandager, K. Lalla, A. Peterson, T. Olsen, Z. Curtis. **Row 3:** C. Crummi, A. Morrison, T. Sperry, J. Gavanda, S. Isaacson, T. Johnson, R. Peterson, S. Aythien. **Row 4:** Coach A. Christopherson, Coach B. Vailerash, M. Sandager, A. Knaap, M. Elden, S. Gort, J. Kassel, E. Miller, M. Anderson, D. Hudalla, J. Morrison, Coach D. Welch.

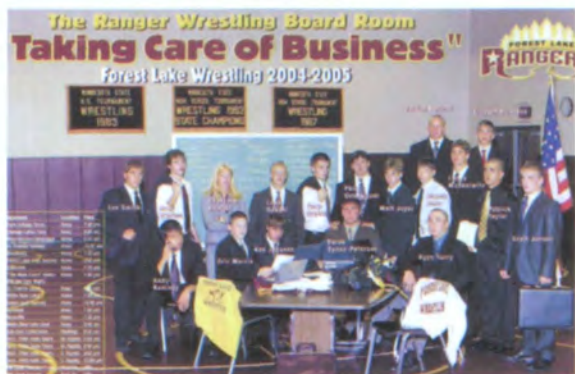


(Above) Sophomore Mark Sandager competes in this meet while expertly swimming the butterfly.



(Left) Senior Captain Jacob Morrison stops to talk to the rest of his teammates after he finishes a tough work out.

(Above) Expert diver Junior Dillon Hudalla stretches for the water. Looks great from here!

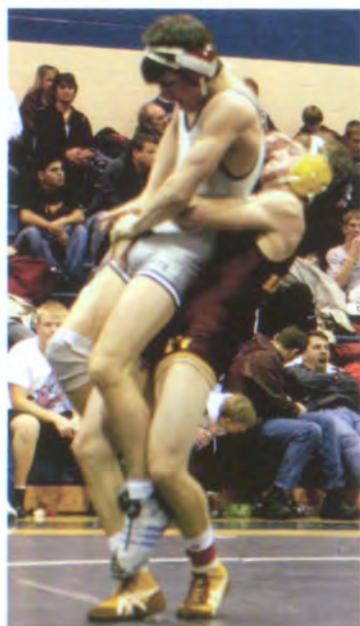


Wrestling

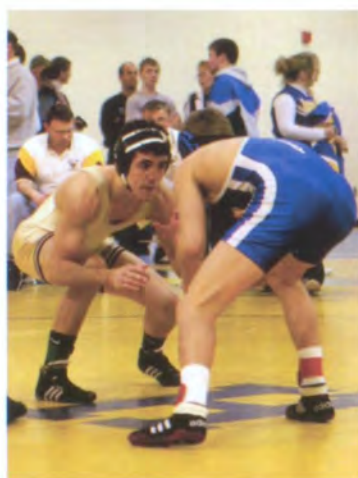
Row 1: A. Kolbow, N. Arcand, L. Opsahl, C. Pringle, S. Saxe, C. Harrison, M. Joyer, E. Morris, K. Janssen. **Row 2:** Coach G. Berg, A. Ramirez, J. Kolbow, L. Smith, S. Jensen, P. Taylor, T. Brown, B. Kolbow, M. O'Brien. **Row 3:** Coach R. Elliot, Coach T. Harris, D. Bentley, T. Osterbauer, P. Osterbauer, L. Munkelwitz, R. Turry, D. Peterson, Coach J. Underdahl, Coach R. Dettmer. **Not Pictured:** Coach J. Kunshier, Coach M. Fraley.



(Left) Junior Eric Morris, wrestling at 130 pounds, stacks his challenger with ease.



(Above) Senior Kenneth Janssen gives his Saint Francis opponent the ride of a lifetime.

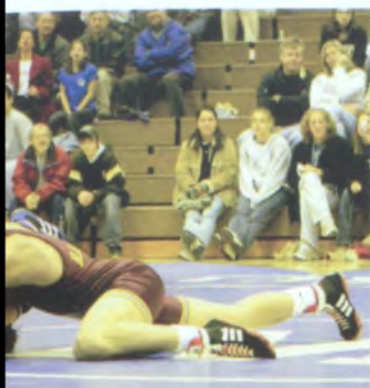


(Above) Junior Patrick Taylor stares down his opponent and ponders how much better his shoes look compared to the Woodbury wrestler.



(Right) Senior Captain Clayton Harrison attempts to stack his North Branch opponent throughout the match, and succeeds beautifully.

(Below) Junior Captain Jordan Kolbow comes through in a close match against Woodbury.



Wrestling

Taking Care of Business



Imagine a whole gym going quiet as a curtain lowers on the mezz. The lights are turned down, and suddenly one hears a song. It's not just any song, though; it is the Forest Lake Wrestling team's theme song, "The Eye of the Tiger." One looks up from a spot in the bleachers and sees, prowling from around the curtain, the Forest Lake Varsity Wrestling team. One can't help but stand and cheer as they circle around the mezz, like a tiger after its prey, until finally coming onto the mat for warmups.

Every home game showcased this same powerful entrance, helping onlookers remember past times and past wrestlers who ran the same path around the mezz. When asked what went through his mind as he waited for the music to come on, Senior Kenneth Janssen replied, "I hope that I don't fall around the first corner, and that Jerome (Andy Kolbow) better have my Gatorade ready!"

The season was full of memories, from Fill the Gym Night, where both sides of the gym stands were filled with new and old wrestling fans, to sweating away the pounds to make weight. One got the sense that this year's team was filled with

"One can't help but stand and cheer as they circle around the mezz, like a tiger after its prey."

tradition, earmarked by the return of a few old faces. Past Forest Lake State wrestlers Joe Kunshier, Matt Fraley, and Jimmy Underdahl all volunteered to help coach, hoping to boost these young wrestlers to the State level. They succeeded with Juniors Patrick Taylor and Jordan Kolbow, both of whom went to State. Kolbow nearly had a perfect record for the season, but ended up

getting second in State in a four to five loss.

Overall, the team had an awesome year. They notched a record of 24-3 and became Conference champions. To end this season, Captain Clayton Harrison left the team with this quote: "Wrestling was a great way to finish my high school career, and Charlie, never forget what I taught you!"

- Angela Spiess & Samantha Sheets

ADS FOR GRADS

LEAH BRUNER

How quickly my little sweet pea has grown into a young woman. I admire your convictions, strength, and adversity. I love having you in my life, and how! Mom



Justin - we are so very proud of you and we know you will be successful in all aspects of your life.

We Love You - Mom, Dad, Bryan, & Matthew

JUSTIN HEDGERS



Matt, with those first spoken words at such a young age, we always knew that mouth would get you somewhere!! Thankfully it went from time-outs to Speech Tournaments and the stage. From Protector of the Rings to Psychotic Lawyers you have the ability to be whatever you choose. You've always been our Star, Break a leg in your next big performance, "The Future." You make us proud. Love, Mom, Dad, & Kristen

MATT HENDRICKS

ZACK (WILSON) LEHMAN

We always knew you were an awesome catch. We couldn't be more proud of the fine man you have become. Your hard work has paid off. We love you mega, Mom, Dad, & Jamie



RYAN BERNIER

Congratulations, Ryan! You have always been very determined and accomplished whatever you set your mind to. We wish you continued success in the future. We are so very proud of you! Love You! Mom & Dad

xx



Life's a dance you learn as you go! Lead your life to where you want it to be and the rest will follow. We believe in you and love you! Mom, Dad, & Carley

CHELSEA SMYTHE



You have done such an awesome job all through school! We have enjoyed watching you grow through all your sports & learning, Congratulations, Love, Mom & Dad

NICK SONTAG

LEAH BRUNER

Keep swimming girl!!



BRANDON NEUJAH

Brandon, U R Awesome! We are so proud of you and we are excited to watch you go after your dreams. Keep dreaming big dreams. All our love, Dad, Mom, Brittini, & Brady



We are so very proud of the young man you have become. It is up to you now to become the kind of man you want to be - we love you. Mom, Dad, & Gina

BRIAN BATCHELLER



Theresa, your talents are endless and we are very proud of you. You have so much to offer the world. Go for it! Love, Mom & Dad

THERESA DOBIHAL

SARAH DAVIES

We always knew you were going places! Thanks for taking us along for the ride. Never lose your drive and individual style. Remember where you came from and enjoy the road ahead. Love, Mom, Dad, & Robby



KYLE VADNER

You are funny, caring, sensitive, and your own unique person. We are so proud of you, Kyle. Love, Mom, Dad, & Emily



Congratulations Erica! We love you. The world is waiting for you, go get them "superstar!" Love, Mom, Dad, & Justin

ERICA ZANISH



Jessica, you are truly a gift from God. Do what the Lord says is good and right, then things will go well for you. Always remember - IMPOSSIBLE is just a big word! FEEL, THINK, ACT, PLAY your best, that's all we ask. Love, Mom & Dad

JESSICA JADE MEATH

STEPH PLESS

You know me in a way no one else ever has. You open me to things I never knew existed. You drive me to insanity and push me to my depths. You are the beat of my heart, the pulse of my veins, and the energy of my soul - you are my daughter. Congratulations, Steph, on an incredibly bright future! Love, Mom



SAMANTHA SHEETS

Sami Sheets: You started your life with a big smile and we are proud that the smile has never faded. P.S. Love the do-rag! We love you- Mom, Dad, Joe, Abby, & Taffy



Rachel-You've had a great ride so far! Congratulations on all your accomplishments. We are very proud of you. Hope your future leads you in the right direction as you search for your dreams. We love you. Mom, Dad, & Kim

RACHEL HANSON



Sara, we have so many reasons to be proud of you! Our family is blessed to have you as "our princess." Love you, Mom, Dad, & Nicole

SARA MORRISETTE

JENAE SUMPTION

To our "Little Lou Lou" - Congratulations! We are VERY proud of you! Lots of love, Mom & Dad



SETH T. CARLSON

There aren't enough words to describe how pleased we are with the young man you've become. From first born to first to leave, you're the best! We love you. Mom & Dad (Ethan too!)



Sarah, You are truly an amazing gift from God. Your talent, beauty, kindness, and charisma bring joy to everyone around you. Keep following your dreams. We're very proud of you! Love, Mom, Dad, & Shawn

SARAH WRIGHT



Matt, since the day you were born you brought us joy and laughter. Never lose your great sense of humor. We are very proud of you. Thanks for being you. Love forever, Mom, Dad, Laura, & Mike

MATT BUTCHKO

CRYSTAL STICH

At 3 you were so cute, kind, sweet, and respectful to your parents. You're still cute! We knew you could make it through high school if we grounded you enough. We're really very proud of you and we love you! Mom & Dad



MIKE BUTCHKO

Mike, we are so proud of you and your accomplishments. You always work so hard at everything you do. We know you will always succeed. Thanks for being you. Love forever, Mom, Dad, Matt, & Laura



Times change, but some things never do - like how proud we are of you! Congratulations, Jenna! Bravo! Love, Mom, Jim, & Jason

JENNA BOTTERILL



We can still remember your first day of kindergarten as if it was just yesterday. Now you're a Senior in H.S. and going to college to boot! Love, Mom & Dad

JILL VANDENHEUVEL

JOHN SCHWETZ

Johnny, we are very proud of you and all of your accomplishments. Enjoy college! Love, Mom, Dad, Jeremy, & Jason



JENNIFER HENDERSON

As Dad says "We wished for you," and God granted our wish. You are everything we wished for and much, much more. You are funny, you are kind, you are interesting and smart, you are beautiful, inside and out. You are full of life's best things and we wish for you as much joy in your life, as you have given us. Remember: be a good person and good things will come to you. All of our love, Mom & Dad



You have always known what you want and what it will take to accomplish it. Congratulations on reaching the goals you've worked very hard for.

With love & pride,
Mom & Dad

AMBER OTREMBA



*"The future belongs to those who believe in the beauty of their dreams."
(Eleanor Roosevelt)
Love, Mom & Dad*

SAVANNAH SVENDSEN

NICOLE DUFF

Nicole, however you "interpelate" it, we are so proud of all your accomplishments and your determination to be the best you can be. You are truly a blessing in all of our lives. Wherever you go and whatever you do, we will always love you. Love, Mom, Dad, & Chris



HOLLY SWENSON

Holly, you are the bright spot in our lives. We are very proud of you, and we wish much success as you move forward to the next phase of your life. We love you always, Mom, Dad, Michael, Caesar, & CHARLIE



*Congratulations Anne!
We are so proud of all of your accomplishments.
Love,
Dad, Mom, & Katie*

ANNE MATHESON



*We are very proud of all of your accomplishments, but the way you bring a smile to everyone you meet is priceless.
Love, Mom, Dad, Jamie, & Aimee*

MOLLY FALCK

KIRSTEN SROGLUND

*We are so proud of you "bug!"
Never lose your faith in God.
With Him, all things are possible. "You are the light of the world." Go shine your beautiful light.
With all our love,
Dad, Mom, & Daniel*



JESSICA RUKA

*Such a beautiful girl
Outspoken and on the go
My it's been a joy to
Watch you grow
So
Keep it all a going
You make us very proud,
Your Family*



*We are so proud of all of you have accomplished in high school. It has been so much fun watching you grow up. You are an AMAZING person!
We know that you will do great in college. Love, Mom, Dad, Grandma, Sean, Tyler, & Winnie*

SARA MAJEWSKI



Jenna-Bug, thanks, so very much, for being you. You are such a joy and have made us so proud of you. We wish you lots of fun, love, happiness, and success in the future. Remember to always reach for the stars and follow your dreams. But mostly remember to always let your light shine. We love you very much. Love, Mom, Dad, & Jordan

JENNA LEE

JIM BABBITT

Jim - God blessed us the day he put you in our arms. You have brought us great joy and happiness. We are proud of all your accomplishments and proud of the person you have become. Love, Mom & Dad



CHANTEL EISEN

Since the day you were born you have been full of spirit and ambition, always determined to dance. These qualities have helped you to become the beautiful person you are today. We are so very proud of you and all of your accomplishments. We love you so much. Love, Dad, Mom, & Garrett



We're very proud of you & all that you've accomplished. Hold on to your faith, beliefs, and dreams.

LINDSAY WATSON



We have watched you grow into a beautiful young woman, inside and out, and we are very proud of you. We love you very much and look forward to all your accomplishments in college and life. Love, Mom, & Dad

ASHLEY PALACHEK

ASHLEY SPILMAN

Shoot for the moon, and if you don't get that far, at least you'll be among the stars. Love, Mom, Dad, Tiff, Joe, Austin, Gram, Gramps, Sandy, & Don.



CHRISTOPHER HOMYAK

Chris, we have enjoyed watching you grow up 'so big' over the years. You have matured into a fine adult with so many talents and interests. You have a caring heart and a sound mind. The possibilities for your future are unlimited. Take time to explore them, continue to strive to do your best, and take time to have fun. We love you. Mom & Dad



From a very young age you've had drive and determination. We are very proud of you and all your accomplishments. You can do anything you put your mind to. May all your dreams come true! Love, Mom & Dad

ROSS THOMAS



Char, from your first competition to the NFR, we have been and always will be your biggest fans. Now go off to your adult life and live every day to its fullest. Your dad will always be there with you.

Turn and burn!
Love, Mom & Dad

CHARMAYNE A McKEHEPP

ALEX GEVING

You have always been, and continue to be, our pride and joy. We are proud of all of your accomplishments, great and small. You are a joy to our family; your smile and your sense of humor keep us going. Congratulations! We love you, more! Mom & Dad



CHELYNNE PRINGLE

You have all ways been such a hard worker. Congratulations on graduating and much continued success in college and beyond.
Love, Mom & Dad



We are so proud of you. Look at how far you have come with hard work and determination! Your future is ahead of you. We know you will make your dreams a reality. We love you, Rocket! Mom, Dad, Amanda, & Nick, and your other fan club, Chester, Sylvester, Raven, & Bandit

RYAN WALSH



"Dance like no one is watching, Love like you'll never be hurt, sing like no one is listening, live like it's heaven on earth." You are an amazing person! We love you, Mom, Rick, Megan, Haley, & Sammie
Matthew 19:26

JESSICA CLAFIN

MATTHEW MORELL

You could always make us laugh, Mattio!
We love you - congratulations and the best in your future.
Love, Mom, Dad, Jake, Jen, Becky, Ryan, Josh, Mckenzie, & Shelby



CLAY HARRISON

You were a very interesting child. And it continues. We're very proud of all you've done and all you've become.
Love, Mom & Dad



We are so proud of you, Kyle. You have grown into the type of person every parent dreams of raising. Now that you've fulfilled our dreams, it's time to pursue yours! The world is yours, Doggy-Boy! Go get 'em!
Love, Mom, Dad, & Eric

KYLE NOSIE



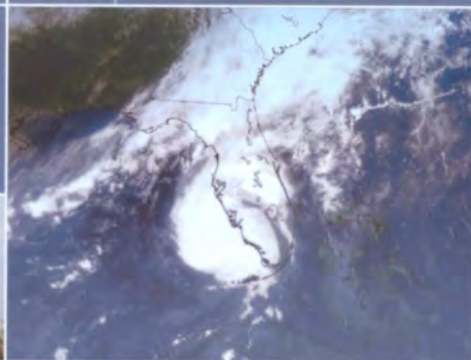
NEWS

THE NATURE OF THE BEAST

We started the year watching Mother Nature repeatedly batter the US east coast with hurricanes. Then we watched as Martha Stewart weathered her court battle. And the climate in Iraq became hostile prior to the country's first democratic election. But all of that seemed trivial after the December 26 tsunamis in South Asia. Not only were they the biggest news event of the year, but they rank among the most devastating natural disasters in history.

FLORIDA HURRICANES ▶

Schools along the east coast have a hard time getting started because of hurricanes Bonnie, Charley, Danielle, Earl, Frances, Ivan and Jeanne.



ASIAN TSUNAMI

Earthquakes in the seabed of the Indian Ocean measuring 9.0 on the Richter scale trigger tsunamis all across South Asia. The tsunamis devastate villages and resorts in more than 10 countries, leaving over 280,000 people dead or missing.

WAR IN IRAQ ▶

Major fighting continues in Iraq. As US forces try to bring democracy to Iraq, insurgents carry out a series of attacks discouraging Iraqis to vote in the country's first democratic election.



SEARCH FOR ► "FORTUNES MADE..."

Google's co-founders Larry E. Page and Sergey Brin become billionaires overnight after their online search engine's stock goes public.

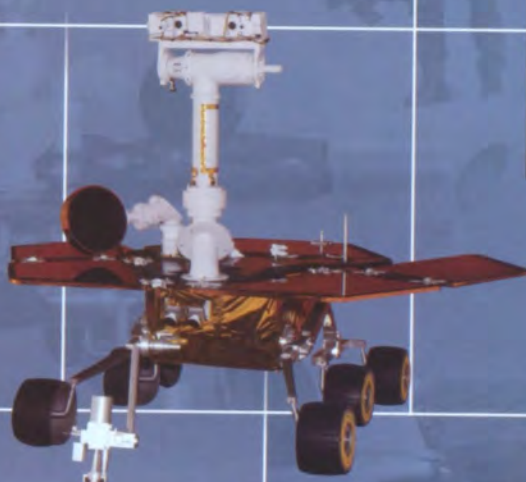


► ...THEN SEARCH FOR "FORTUNES LOST"

Not all stock market deals create billionaires. Martha Stewart was convicted of lying to investigators about her sale of ImClone Systems stock and serves a five-month prison sentence followed by five months under house arrest.

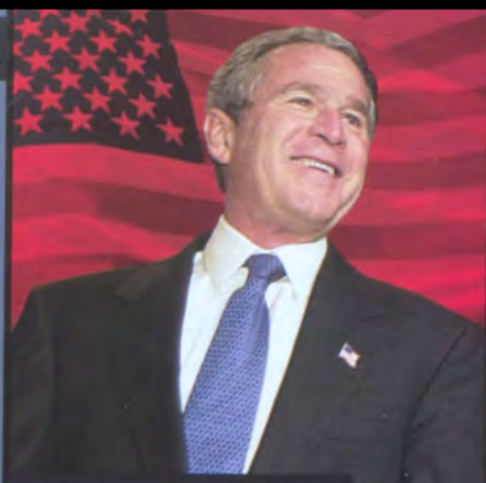
WE'VE GOT SPIRIT, ► HOW 'BOUT YOU!

The Exploration Rover Spirit explores Mars and discovers signs of water, which may indicate life on the red planet.



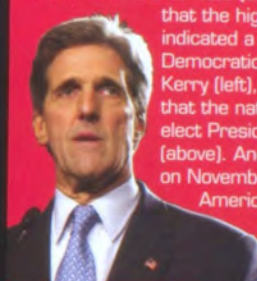
► OUT-OF-THIS-WORLD VACATIONS

Burt Rutan wins the \$10 million X-prize when his SpaceShipOne travels outside of Earth's atmosphere. Can tourism in space be far behind?



ELECTION '04

The 2004 Presidential Election had the potential to be as close and controversial as the 2000 race. Nearly 120 million Americans voted on Election Day, the highest turnout since 1968. Some citizens waited in line for as long as five hours to cast their vote (below). Many thought



that the high voter turnout indicated a surge of support for Democratic candidate Sen. John Kerry (left), others speculated that the nation was rallying to re-elect President George W. Bush (above). And after the polls closed on November 2, 2004, many Americans went to sleep without knowing who their next President would be. Ohio was "too close to call,"

and held 20 electoral votes, enough to bring victory to either candidate. As the votes were counted, it became evident that Bush would carry Ohio with over 100,000 votes. Wanting to avoid a repeat of the 2000 election scandal, Sen. John Kerry called President Bush on the morning of November 3 to congratulate him on his victory.



IN MEMORIAM



JOHNNY CARSON • 1925-2004



RONALD REAGAN • 1911-2004



CHRISTOPHER REEVE • 1952-2004



US TROOPS IN IRAQ • OVER 1,000

MOVIES

FROM ANTI-HEROES TO SUPERHEROES

This year kept us rooting for the underdog at the theater. We pledged allegiance to Average Joe's in dodgeball, we pined for Spongebob and Patrick to prevail over Plankton, and we campaigned with Napoleon to put Pedro in office as class president. The odds were stacked against Harry Potter, the incredible Parr family, and the Permian Panthers as well. Be it a big-budget blockbuster or an inexpensive indie-flick, as long as there's a good story along the way, we'll see our heroes through thick and thin until the credits begin to roll.

DODGEBALL ▶

Ben Stiller strikes again, bringing the obscure sport of dodgeball to the silver screen in *Dodgeball: A True Underdog Story*.



◀ INCREDIBLE FAMILY

Mr. Incredible and the rest of the Parr family are called out of early retirement to save the world in *The Incredibles*.

FRIDAY FEVER ▶

In *Friday Night Lights*, football is shown to be more than just a game for the Permian High Panthers of Odessa, Texas





1 FIRST DAUGHTER

Samantha Mackenzie just wants a normal college experience. But being the President's daughter makes her life anything but ordinary.

1 DYNAMITE EXPLODES

After getting a lot of attention at independent film festivals, *Napoleon Dynamite* releases nationwide to sweet ticket sales. The high school anti-hero gets his friend Pedro elected as class president, and he's also pretty good with a bow staff.

HARRY POTTER III

Harry, Ron and Hermione return for their third year at Hogwarts, where the teens face a dangerous escaped prisoner and the equally foreboding Dementors.



MOM, MEET MY OGRE

In *Shrek 2*, Shrek faces his biggest challenge yet: The in-laws. The newlyweds return from their honeymoon to find an invitation to meet Princess Fiona's parents in the kingdom of Far, Far Away.



1 I, ROBOT

Will Smith keeps overactive robots in check in this futuristic sci-fi flick that asks the question "What if humans become too dependant on robots?"



BIGGER. BETTER. MORE ABSORBENT.

Moving to the big screen means more responsibilities for Spongebob and Patrick in *The Spongebob Squarepants Movie*. They have to rescue King Neptune's crown aaaaaand foil Plankton's plan to steal the Krabby Patty recipe!



SPORTS

IT'S HOW YOU PLAY THE GAME

Every year, athletes set out to break records set in years past. This year was no different, but brought added drama. Would the mighty BoSox break the Curse of the Bambino? Would Lance win six in a row? Would the Patriots win again? These questions weren't answered without a little bit of nail-biting. Hockey and basketball fans followed Court TV more closely than ESPN this year, hoping to see an end to the NHL lockout or hear the latest on the charges pressed against NBA players after the Staples Center brawl that occurred in November. How's THAT for drama!?



▲ SUPER BOWL XXXIX

For the third time in four years, the New England Patriots win the Super Bowl by three points, this time against the Philadelphia Eagles.



▲ HIT RECORDS

Ichiro Suzuki of the Seattle Mariners racks up a record 262 hits in a single season.

◆ IT'S GOTTA BE THE SOX!

The Boston Red Sox stage a dramatic 0-3 comeback against the New York Yankees in the American League Championship Series. They go on to sweep the St. Louis Cardinals 4-0 in the World Series, breaking the 86-year-old "Curse of the Bambino" and bringing a collective sigh of relief to Red Sox fans everywhere.



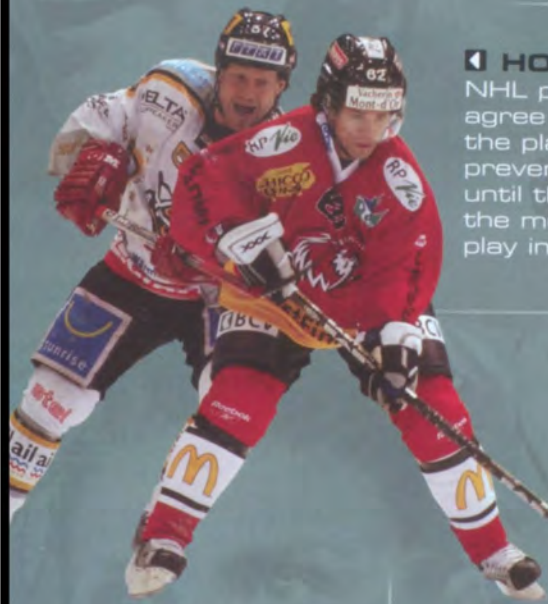
ESPN TURNS 25 ▶

Alpha-anchor Chris Berman and the rest of the cable sports network's knowledge base celebrate ESPN's 25th birthday in 2004.



▶ HOCKEY LOCK-OUT

NHL players and owners can't agree on financial issues, so the players stage a lockout, preventing the NHL from playing until the issues are resolved. In the meantime, many NHL stars play in European leagues.



GIRL ▶ POWER

During the 2004 X-Games, Lyn-Z Adams Hawkins wins the first women's vert ramp gold.



▶ BASKET BRAWL

Indiana Pacers player Ron Artest faces a misdemeanor charge in the brawl between fans and players during a game against the Detroit Pistons.



▶ FREDDY'S FOOTWORK

DC United's Freddy Adu becomes the youngest and highest-paid player in Major League Soccer. At only 15, Freddy scores five goals in his first season.



CYCLING'S SIX-SHOOTER ▶

Cyclist Lance Armstrong puts his US Post Office-sponsored team in the record books by winning the Tour de France an unprecedented six consecutive times.



OLYMPICS '04

In 2004 the Olympic Games returned to Greece, their birthplace. A total of 10,500 athletes from 202 countries competed, a record turnout despite speculation of terrorism and anti-Americanism. The United States took home more medals than any other country - 103, 35 of them gold.



Mia Hamm (above), one of the most famous U.S. soccer stars, announced her retirement and blew a good-bye kiss to the crowd after her team secured a gold medal. "There are only a few times in your life when you get to write the final chapter the way you want," said Hamm about the USA's gold medal.



Justin Gatlin, Bernard Williams and Shawn Crawford (above, L-R) of the U.S. swept the men's 200-meter final, after their introduction generated boos and heckling from the crowd in Olympic Stadium. The fans were upset that the Grecian sprinter Kostas Kenteris wasn't allowed to compete due to drug charges.

MUSIC

ARTISTS ARE VARIOUS AND NEFARIOUS

Musicians often stay in the spotlight by breaking out of their mold and trying new things. This year, Sean "Puffy" Combs took the lead role in a Broadway play, Gwen Stefani took a break from No Doubt to release a solo album, and Green Day brought us their first concept album. But Ashlee Simpson's unexpected antics garnered the most attention: She was busted lip-synching on Saturday Night Live, and was later booed after her performance at the FedEx Orange Bowl.

▼ THE GREEN PARTY

Green Day releases their album *American Idiot*, showing a more mature, politically-minded side than we've seen in the past.



▲ RAISIN' THE ROOF

Sean Combs took off his VOTE OR DIE t-shirt to play the role of Walter Lee Younger in the Broadway production of *A Raisin In The Sun*.



▲ USHER SWEEPS UP

R&B artist Usher wins big at the American Music Awards, MTV MVA's and Grammys.





GWEN IN DOUBT ▶

Gwen Stefani takes a break from fronting No Doubt to release her first solo album, *Love, Angel, Music, Baby*. But "solo" doesn't mean "alone;" she collaborates with Dr. Dre, Linda Perry, and André 3000, to name a few.



◀ SISTER ACT

Ashlee Simpson follows in her sister Jessica's footsteps with a hit CD and her own reality show on MTV.

JOSS STONE ▶

17-year-old British singer Joss Stone releases her second album, *Mind, Body and Soul*, completes a successful US tour and performs for VH1's *Divas 2004*.



▶ RAP VAN WINKLE

After sleeping for six years without an album, The Beastie Boys release *To The 5 Boroughs*, and wake up to find that they are collectively almost 120 years old!



◀ LORD OF THE LINE DANCE

Country artist Kenny Chesney tops charts with his CD *When The Sun Goes Down*.

RED ROCKERS ▶

Maroon 5 stay on tour, and stay on the iTunes "Most Downloaded" chart all year!





PLENTY OF REASONS TO STAY HOME

While there were still a slew of "Survivor-esque" reality shows on the tube this year, we also saw more and more renovation-driven reality programs as Americans took an interest in redecorating their homes or "pimping their rides." But there was also evidence that Hollywood hadn't written off its writers completely. Well-penned dramas like **CSI:NY** and **Lost** gave us a great escape from reality, while Comedy Central's **The Daily Show** gave the nightly news a slant that caused us to laugh out loud.

“YOU’RE FIRED” ▶

In **The Apprentice**, competition and boardroom drama escalate until one winner is given a dream job with The Trump Organization and a six-figure salary.



▼ BIKERS THAT BICKER

Reality renovation show **American Chopper** is a favorite among those who enjoy watching mechanics practice their craft, and those who enjoy seeing father and son argue while they work.



◀ THE OUTLAW JESSE JAMES

Sparks fly as teams race to build hot rods and race cars in **Monster Garage**, hosted by Jesse James.

WATCHING THE ▶ DETECTIVES

This year CSI took their high-tech forensic investigations to the city that never sleeps in **CSI: New York**.



WHERE ARE WE? ▶
Lost follows 48 castaways who try to survive on a deserted island. Luckily, none of them are named Gilligan.



▶ DAILY DOSE
 Comedy Central's *The Daily Show with John Stewart* is America's most trusted name in fake news.

**THE TY ▶
 THAT BINDS**
 Ty Pennington, host of *Extreme Makeover - Home Edition*, brings people together with completely renovated homes for deserving families.



**WHO NEEDS ▶
 A TRAVEL AGENT?**
 Grab your best friend, sister, significant other or grandma; whoever you think would be the best teammate in *The Amazing Race*, an elimination-style race around the world for a million-dollar cash prize.



▶ JOEY
 Joey Tribbiani trades "Friends" for family when he leaves Central Perk behind and heads for Hollywood, where he takes his nephew under his wing.



TRENDS

IT'S NOT SO BAD BEIN' TRENDY

Call it hip, popular or even conformist - this year's trends were more philanthropic than in years past. A little yellow bracelet raised big money for cancer research. A healthy diet has become so popular that fast-food restaurants are doing away with their "super-sized" menu items. And Ford unveiled the first Earth-friendly hybrid SUV to the delight of tree-hugging soccer moms everywhere.

EASY TO SEE, HARD TO FIND ▶

The first five million of these Lance Armstrong Foundation bracelets sell out quickly and start a trend that raises over \$20 million in the fight against cancer.



◀ HOODIES OFF THE HOOK

Hoodies are a cozy alternative to wearing a jacket, and they can sport your favorite band, team, or even website!



▶ FAITHFUL READERS

NCV breaks the Bible down into easy-to-read magazine form. *Revolve* is for girls, *Refuel* is for boys.



◀ TWO COOL FOR SCHOOL

The Olsen twins turn 18 and head for college, but not before launching a clothing line for teens. Their summer job makes waaaay more money than yours.

GAMES THAT ROCK ▶

More and more bands are lending their music to video games. *Tony Hawk's Underground* wins the first MTV Video Music Award for Video Game Soundtrack.



◀ LOW-CARB

To attract low-carb dieters, fast-food restaurants start offering tortilla-wrapped menu items.

▶ LITTLE BOW WOW

Paris Hilton, Britney Spears, Milla Jovovich and P. Diddy have been trailblazers in the trend of teeny-tiny pocket-dogs.

MOTHER EARTH'S SUV ▶

Ford introduces the first hybrid SUV. Using electric power as well as gas, the Escape Hybrid is more fuel-efficient and more environmentally friendly.



◀ IT REALLY HAULS

The Dodge Magnum makes grocery-getters cool again. With a 340-horsepower 5.7-liter Hemi V-8, this station wagon hauls a lot more than just cargo!

TECH GEAR

GIZMOS, GADGETS AND GREAT GEAR!

Who says you can't take it with you? This year saw portables get even more popular. Sony and Nintendo each released new handheld game platforms, while Tapwave released the Palm-powered Zodiac for more organized gamers. People who take their music with them had a plethora of MP3 players to pick from, and Apple released the Mac mini, a desktop computer that challenges that whole "bigger is better" philosophy. But with all these gadgets, a bigger backpack would be nice.

GIZMO TO GO ▶

Road trips with the family are much more bearable with commercial-free satellite radio.



▲ SIGN OF GREATNESS

The Zodiac from Tapwave combines a Palm-powered organizer with a beefy video game platform.

◀ DOES HE DO HOMEWORK?

The Robosapien can grip, throw, walk, dance and even burp at the push of a button.



MAKES NON-STOP ROCKING POSSIBLE ▶

Sony's new portable MP3 player is released in Japan. The VAIO Pocket is equipped with a 20 GB hard-drive, can record 13,000 songs, and touts 20 hours of battery life! iPods everywhere tremble with fear.



PLAYSTATION ▶ PORTABLE

Sony creates a huge buzz by taking their first step in portable video games. The PlayStation Portable is released just in time to be a sweet graduation gift.



MOTOROLA MPX ▶

Tired of typing text-messages on your phone's number pad? This beefy multi-functional cell phone from Motorola contains a fully functioning keyboard!



DOUBLE YOUR FUN

The Nintendo DS adds a second screen to their portable player, along with touch-screen technology and wi-fi PictoChat for scribbling digital notes to your crew.



SWEET SHOTS

Nikon thrills photography enthusiasts with two new high-end digital cameras - the 8-megapixel Coolpix 8700 and the feature-packed 6.1-megapixel Nikon D70 digital SLR camera.



MAC MINI

Apple unveils the Mac mini, a powerful computer that promises to take up about as much space as that stack of CD's on your desk.

TOP 10 ALBUMS OF 2004

1. Confessions - Usher
2. Speakerboxx/The Love Below - OutKast
3. Closer - Josh Groban
4. The Diary of Alicia Keys - Alicia Keys
5. Feels Like Home - Norah Jones
6. Fallen - Evanescence
7. Shock'n Y'all - Toby Keith
8. In The Zone - Britney Spears
9. The Very Best of Sheryl Crow - Sheryl Crow
10. When the Sun Goes Down - Kenny Chesney

POPULAR GOOGLE SEARCHES OF 2004

1. Britney Spears
2. Paris Hilton
3. Christina Aguilera
4. Pamela Anderson
5. chat
6. games
7. Carmen Electra
8. Orlando Bloom
9. Harry Potter
10. mp3

2004'S HIGHEST-PAID ATHLETES

- | | |
|-----------------------|-------------------|
| 1. Tiger Woods | 6. Kevin Garnett |
| 2. Michael Schumacher | 7. André Agassi |
| 3. Payton Manning | 8. David Beckham |
| 4. Michael Jordan | 9. Alex Rodriguez |
| 5. Shaquille O'Neal | 10. Kobe Bryant |

TOP 10 MOVIES OF 2004

1. Shrek 2
2. Spider-Man 2
3. The Passion of the Christ
4. The Incredibles
5. Harry Potter and the Prisoner of Azkaban
6. The Day After Tomorrow
7. The Bourne Supremacy
8. Meet the Fockers
9. Shark Tale
10. The Polar Express

2004 TV HOTLIST

1. American Idol
2. CSI
3. MTV's Real World
4. Lost
5. Family Guy
6. The Daily Show
7. Degrassi
8. Chappelle's Show
9. Made
10. American Chopper

POPULAR VIDEO GAMES

1. Halo 2
2. Burnout 3: Takedown
3. Star Fox: Assault
4. NBA Street V3
5. The Sims 2
6. Unreal Tournament
7. Ninja Gaiden
8. Half-Life 2
9. Metroid Prime 2
10. Madden NFL 2005



AUTOGRAPHS













FELICIA ARNT

What can I say, I am on top of the world! Run with it. Love, Dad & Megan



*Choose your roads carefully.
Stay cool.
Stay You.
Always loved by
Dad & Mom*

BENJAMIN KOLBOW



I always knew you would be a star of many accomplishments. Being proud of you is an honor. Your smile will always shine through to someone's heart and that is a gift. Love, Mom

JESSICA HELLER

AARON PAITICH

Dearest Aaron, wishing you happiness and success in the pursuit of your dreams. You have the gift of music and a smile that lights our lives. Treasure them dearly. Love always, Mom, Dad, & Allison



MOLLY TOLZMANN

"The upcoming days are a crossroad in time. Bend them to your will if you have the courage." We are proud of who you are! Love, Dad, Mom, & Ben



*Dear Dan,
Enjoy the ride!
Lots of love,
Dad, Mom, &
Abby*

DAN ADDIS



Bish, one huge accomplishment down, many more to go. We know you will succeed at whatever you do. Jesus loves you and so do we! Congratulations, Your Proud Parents

JESSE BISHOP

SYNTHIA K. HASELTINE

Every family should be so blessed to have a daughter like you. We are glad you are ours. We love you, Dad & Mom





MIKE KAEING

Mike, we have had quite a "ride" with you for the past 18 years. You have been such a blessing to us. We are extremely proud of your character, your accomplishments, and the person you have become. As you move on to the next phase of your life, always stand on Proverbs 3:5-6.

With much love, Mom, Dad, & Luke

GUSTIN ANDERSON

You went from being a Superbaby to a Superman! We're proud of you! Love, Mom, Dad, Dakota, & Jessica



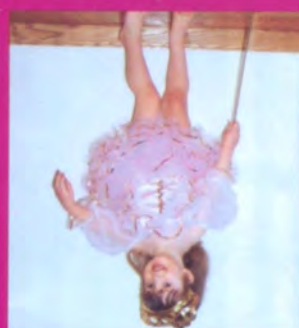
MICHAEL GENSMEYER

The magnitude of you in my life has been huge. For the last 18 years there has not been one day you have not been a part of it. Thank you for being my son, you make me very proud. Love, Mom



MEGHAN ZAJAC

We love you Meggie! Congratulations and good wishes at UWGB! Mom, Dad, & Peter

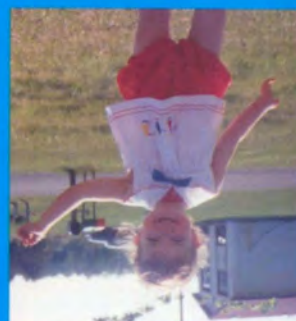


TEV ANAFARTA

Tev, You have brought us great joy and happiness and we have been truly blessed to have you as our son and brother. We are proud of all your accomplishments and proud of the person you have become. Keep being "you." Love, Mom, Dad, Alex, & Trevor

KATIE L ANDERSON

Our little angel is ready for the future! Keep working hard and follow your dreams, Katie. We have always been so proud of you and always will be! Love, Mom, Dad, Cole, & Kyle



AMY TROMBLEY

Amy - We are all so proud of all of your accomplishments, including those during your high school years! We look forward to many more fun-filled years with you. Love, Mom, Dad, Ryan, & Laura



ADAM CHANDLER

We will always be proud of you no matter what you choose to do with your life. Love, Mom & Dad





KRISTEL OVERSON

Kris-gin, how did these years fly by so fast? We are so proud of you and have so many great memories. Follow your dreams and know that we will always be here for you! Can't wait to see what's next!
Love, Mom & Dad

We love you Sheri-Bear and are so proud of what you have already accomplished! May God continue to bless and guide you, as you start the next chapter of your life. Love,
Mom, Dad, & Kelli



SHERI THOMPSON

To our little Fooky, where did the time go! It seems like only yesterday you were just learning how to fish. You've always been a beautiful and loving daughter and we are very proud to be your Mom and Dad. Your future is yours to create and we're sure it will be full of love, adventure, and prosperity. Follow your dreams. Love, Mom, Dad, & Renee

TARVN NEESER



Sarah, You have brought us great joy! We are so proud of you. Love always, Mom, Dad, & Joe



SARAH BERGER



STEPHANIE JO FALKERS

They told us how the time would fly. How our baby would grow in the blink of an eye. That you did and now you're a grad. We're so very proud, yet a little bit sad. A life of great things you're now ready to start. Keep a smile on your face and love in your heart. Love, Dad, Mom, & Brittany

"Cole," you have always been a bright light in our lives. Your big and bright smile could brighten anyone's day. You are smart, loving, and caring and you have a wonderful sense of humor. You set goals and keep them. Your dreams will take you far! We love you. Mom, Dad, Tony, & Andrew

NICOLE MANSWORTH



We are all so very proud of our beautiful daughter all grown up and still so precious to us. Congratulations - Mom, Dad, Josh, Justin, & Jeremy

REBECCA HANSEN



The years are going by so fast! Here you are graduating, and starting the next stage of your life. As you continue on, please stay the beautiful, sweet, caring daughter that you are. We will always be here for you as you enjoy many more successes in the future. With love, Your Family

SENNA LIPP



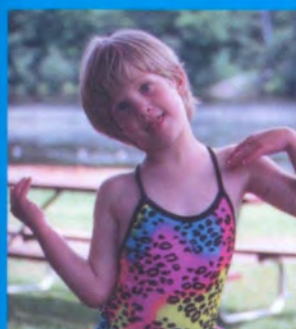
RANDI WILLIAMS

*Dig, we love you
and are very proud
of you.
Love Always,
Mom & Dad*



*Sara, we are so proud of
you and all that you have
become, you are beyond
everything we could hope
for. You and those
smiling eyes! Love, Mom
& Dad*

SARA WEBER



*You have a great future to look
forward to. We are very proud
of your accomplishments. Thank
you for giving us the opportunity
to share in your sports, concerts,
and all your high school
activities. Remember your
strength comes from within &
God is with you always. Love,
Mom & Dad*

STEPHANIE ENGLAND

NIGRIE GOBY

*We are proud of you for
your spirit, determination,
and accomplishments. We
wish you joy and success
as you go on to college and
your new life with your
buddy Julio. Love, Mom,
Dad, & Helena*



DAVID BRAND

*It seems like only yesterday
when we walked along the
beach with you and now you
are ready to step out on your
own. We are proud of your
independent ways and know
you will succeed in everything
you do! We love you!
Mom & Dad*



*We've always enjoyed
your unique "style!" We
pray that you keep that
great attitude throughout
your life with all its ups
and downs. God bless.
Mom, Dad, & Karissa*

KEVIN R OLSON



*Your first day of school,
now it's almost your last,
and paying for your
phone bill will soon be in
the past. Keep smiling.
Love you lots!
Mom, Dad, & Nick*

ASHLEY GIANNINI

JOHN WALKER

*We are so proud of the
young man you've
become. Go for your
goals! You can do
anything!! We love you!
Mom, Dad, & Brittney*



JAMIE LOBERMEIER

*You can achieve anything
that you can dream.
Dream on and imagine
they will all come true.
We are so proud of you!*
Love,
Mom, Dad, Kristen, &
Kelsey



*Bubba, your unique sense of humor
and adventurous spirit are irresistible,
and behind your broad shoulders and
six-pack is a caring soul and soft
heart, ready for the big "vred."*
We're proud of you and are sure that
with your talents and ambition you
will succeed. Go forward, out little
C.O.T.U., with the assurance of your
family's love and God's immeasurable
grace. Fathski, Mama, Sis, & Bro

MICHAEL STERNER

*Congratulations, you
made it! May your zest
for life and good humor
help you in your future
endeavors. We are proud
of you.*
Love, Mom, Dad, Tony,
Joe, & Anne

SALLY REHBERHUIS**DANIEL A. RAYMOND**

*Congratulations Dan!
We're so proud of you.
Follow your dreams and
be happy. We love you.*
Dad, Mom, & Kate

**RACHAEL ANDERSON**

*Rachael Kay
"From the Milky Way"*
We are so proud of everything
you have accomplished! You
are a very kind & loving young
lady. Listen to your heart -
great things are in store for
you! Love, Mom & Dad



*Zach,
God blessed us with a
kind, caring, and awesome
son and brother. Keep
your love for the great
outdoors and keep smiling.*
Love, Mom, Dad, Aaron,
& Gracie

ZACH GUTTORMSON

*I can hardly bear the fact
how quickly you all grew up!
It seems like yesterday we
were watching you playing t-
ball from our lawn chairs! It
has been a joy watching you
grow up into beautiful young
ladies. Thanks for the fun!*
Love, Greg & Barb

RATS**MELINDA K. REED**

*I've enjoyed all the pleasures of
watching you grow into such a
wonderful young woman. It's
been such a remarkable life
journey. We are all so proud of
your accomplishments and
looking forward to many more.*

Love always,
Mom, Matt, & family



KRISTINA PERREAULT

Kristina, you have always been a "go getter," practicing climbing the corporate ladder at such an early age. You might want to watch those low-cut dresses. We are proud of you. Love, Mom & Dad



You are an absolute beauty - inside and out. Life has been full of many changes for you - some very difficult. With God at your side - you can do anything. Remember - it's all about the love, so live and love now. ~Mom

JENELL REEVES

SARAH DITTBERNER

To our Dots and Belle - you are one of a kind in more ways than one. It's that combination of being a ditzy blond, an honor student, a crash driver, a great athlete, a morning sleeper, a willing volunteer, an ice cream lover, and a student of faith that makes you you. You have given us so much. We'll always be with you on the rest of your life's journey. Love, Mom & Dad



Hang in there, Brandon. Life is good. Best of luck to your future. We're proud of you son, we love you. Keep smile'n. Love, Mom & Dad

BRANDON PAUL

ERICA DENTREMONT

*Congratulations!
You did it! We
are so proud of
you and love
you so very
much! Love,
Mom, Dad,
Philip, Charlie,
& baby*



*From the day
you were born
you have seen
the world
through clear
eyes. You have
always chosen
your own path.
Continue to be
who you are,
darling, for we
think you are
perfect. Love,
Mom & Dad*



MADÉLINE CHARLES

NATALIE SCHOONOVER

*Congratulations Natalie! We are all so
proud of you and all that you do! Your
beautiful smile, your sweetness, and your
compassion will bring you many
opportunities as you go through life. We
love you dearly. Mom, Dad, Jaimelie,
& the rest of your family*



*We always knew you had
brains under all that hair.
"Great job!"
Love, Mom & Dad*

MIKE FEIST

KYRSTIN JOY TENJACK



*You are truly a JOY to have! We are proud of your many accomplishments. We are proud of what you have allowed God to make of your life. This picture shows us just how precious you are, what a lady you are, it shows your compassionate heart, and it brings out your flair for fashion! YOU GO GIRL!!! With incredible love and admiration,
Mom & Dad*



We grow prouder each day as we watch you develop physically, mentally, and spiritually. Never fear to take on a new challenge. You will be successful.

JENNIE LATTIN



*You weren't the perfect student, but you're the perfect daughter for us. We are so proud of you and your hard work. We wish you the very best as you start your "grown up" journey. All our love,
Mom & Dad*

KIMBERLY A KOALSKA

RYAN BAKER



Keep a smile on your face and in you always. We are very proud of you, Ryan. Love, Mom, Dad, Mike, & Chris

ANDY NORBIN



Wherever your life journey takes you, remember that we're here for you. We love you and are so proud of you. Love from, Mom, Dad, Carrie, Grant, & Abby



We love you, we love you, we love you!!! We are so very proud of all you have accomplished, and the person you have become. Your future could not be brighter!! We will always be here for you! Love, Mom, Dad, Smokey, & Sebastian

ASHLEY M CORBETT

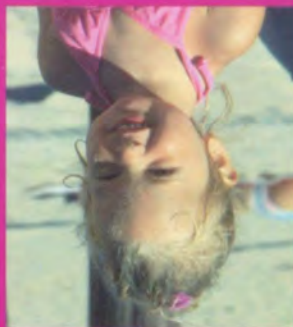


Sweet Pea, Punky, Kel Bell, by any name you are our superstar! You have been blessed with gifts and talents that will take you far. We know you're going to do "pretty good." Love you, Mom & Dad

KELSEY J. IMMEL



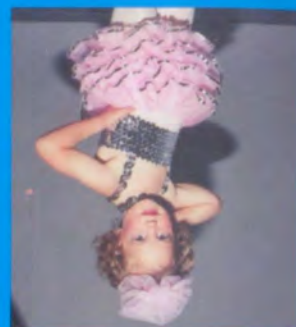
Dear Danielle, We hope that we have succeeded as parents in giving you the roots that you need to allow you to grow your wings. You have been a delight and a bright spot in our lives. You have succeeded in making us a stronger family because of the high standards you have set forth. We know you will continue to grow and blossom and meet life's challenges in your very capable manner. May God bless you and keep you. Love, Mom, Dad, Brianna, & Kyle



REBECCA KENNEDY

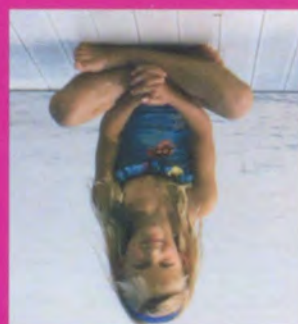
Our beautiful little girl then, smart, kind, loving, smiling, and outrageously brilliant! Our beautiful big girl today...nothing has changed! Rebecca, go and explore the world, and know that only the sky is your limit. Win haben dich immer lieb! Mom & Dad

We are all very proud of everything that you have ever done. You are still the cutest "Little" girl in the dance line. God bless you and keep safe in your life. Love, Mom, Dad, and family



We are incredibly proud of you and are truly blessed by all the happiness you've given us. You're gonna love college & we are so gonna miss you. If "times get hard," just remember where you came from & "the river"... & lots of quarters for your laundry! Love ya, Mom, Dad, & Jessi

MITCHELL SPRINGER



You are one in a million. There's nothing in this world beyond your grasp. We're proud of everything you've accomplished and will do in the future. Love, Dad, Mom, Christopher, & Zach

KATIE CLARK



Anne: We are incredibly proud of your many accomplishments and your strong spirit. You are a bright and beautiful young woman. You are ready to ride off into the sunset to meet new life adventures! We love you, Noonie! Mom & Dad

From little man with cute hair to young adult with fashion hair, from little boy trucks to big nifty trucks, from building blocks to building muscles, my, how time flies by. You will always be our "little man" in our hearts, who has turned into a very special grown man in our eyes. We are so proud of you, Ryan, go out and conquer the world - you can do it! Thank you for being our son. Love you, Dad - Mom & Dad

RYAN KRAFT



Congratulations! We are proud of your accomplishments and your determination to be the best you can be. Follow your dreams and reach for the stars. We love you! Mom, Dad, Clint, & Kelsey

KYLE BLUM



We are so pleased at the woman you have become. Remember to follow your heart, and keep your smile as bright as always. It brightens the world as you have brightened ours. Love always, Mom, Dad Chelsea, & Caley Jo

CASSIDY JONES

JAMIE ESSEN

Jamie, We are very proud of you. You have accomplished so much and have set the stage for bright things to come. Remember, "The future belongs to those who believe in the beauty of their dreams."

*-Eleanor Roosevelt
We love you very much,
Mom & Dad*



*Andy,
We are so proud of you. You have excelled in academics and wrestling. You are a fine young man who is kind and thoughtful. Your future is sure to be a success. Love always,
Mom & Dad*

ANDREW RAMIREZ



*Keep caring, keep being a friend, keep laughing, keep learning, keep dreaming, keep dancing, keep looking to God, keep being exactly who you are. We love you so very much.
Dad, Mom, & Juston*

JOELLE ANDERSON

JEFF CARLSON

You did it!! And we are so very proud of you. We know how tough it was for you but you persistently did the work and succeeded. Jeff - you are awesome!!



LINDSAY MUNSON

Linds, every day you have fulfilled our lives. We are proud of all your accomplishments throughout your school years. We wish you all the success & happiness in your years ahead and may all your dreams come true.

Love, Mom & Dad



It is so hard to believe that you are graduating, Adam. Through all the years you have always been smiling. We are so proud of all of your accomplishments, especially in sports and music. Keep smiling "Doody-Buddy-Zipper-Head!"

Love, Mom, Dad, Cristie, & John

ADAM YOUNG



*Kayla, you always have a smile and are willing to help others. You have worked hard, and we are so proud of you. Continue to keep a strong faith, and you will succeed in whatever you do. We love you very much,
Mom, Dad, & Christina*

KAYLA NOWICKI

ELIZABETH SOUTER

Our Baby Beth! You have brought such fun to our family! We love you! You can go anywhere in your life, do anything in your life. ENJOY.



BEN HOLMGREN



Gone,
but not
forgotten.
We'll always
love you,
Mom, Dad,
& Robert

JILL HENDERSON



Mom & Dad

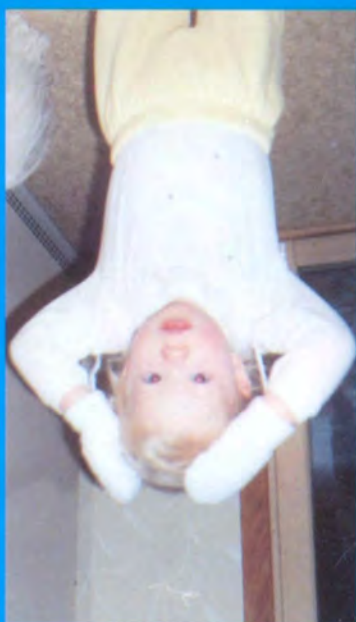
Love,

Follow your
dreams.

Good friends,
good fun,
happiness,
and furry
friends.



ABBEY EAGEN



Oh yes we are
talking about you!
You are our
shining star. We
are very proud of
all your
achievements and
we know there is
much more
success in your
pathway.
Remember 1st
Peter 3:3-5 - You
are beautiful.
Love, Mom, Dad,
Erin, & Mara

AMANDA CONNELLY



The little girl who
couldn't wait to
grow up! Well
now you are, and
your family is so
proud of you and
all your
accomplishments.
Congratulations on
your graduation,
"Class of 2005."
Love XXXXOOO,
Mom, Dad,
Christine,
& Tanner

TIFFANY JANEL FERGUSON

11/12/86 - 12/13/01
Even though Tiffany was taken from us due to leukemia at the precious age of 15, she has touched the lives of so many. Her sweet and caring smile and love showed throughout everything she did and everyone who met her. Tiffany, we know you'd be at the top of your class. The class of 2005! We love you and miss you every day, you are in our hearts and minds forever and we'll never forget you! We will meet again!
Love,
Mom, Dad, Toncia, & Tiannah



KATIE KAUFUSS

Katie,
From the time you were our "Little Boo Boo" to the beautiful young woman you have become, we have always known you can accomplish anything you set your mind to. Dreams can come true! We are so very proud of you. Love always and forever,
Mom & Dad



JESSICA BYSTROM

"Life is not measured by the breaths we take, but the moments that take our breath away." So many treasures await you in your journey of life and being blessed with you has been ours - you truly take our breath away.
Congratulations! Much love always,
Mom, Dad, & Steve



ALYCE KNOOP

Alyce -
A special little girl God gave to us one day, you were placed into our arms for us to lead your way, the love we had for you right from the very start, has grown so much and now it completely fills our hearts. You stand before us now and it's hard to understand, how our little girl has turned into such a fine young woman. But this one thing remember as you open each new door, that as much as we love you now, Alyce, with each new day we love you more.
Love,
Mom & Dad



CRAIG REGNIER

*Always full of wonder.
Always wonderful!
We love you, Craig,
and we are proud of
you. Mom & Dad*



*For Kelly:
The pageant of autumn follows its
course with the gentle tread of a
horse's stride, O' Roads that journey
to fairyland!
Radiant highways whose vistas
gleam, leading me on, under crimson
leaves, to the opaline gates of the
castles of dream.
KWB - We Love You!
Mom & Dad*

KELLY BRESIN



*The day you were born, we knew you
were special. Wow - How you have
blessed our lives! You can do
anything you put your mind to.
Believe in yourself and keep
Philippians 4:8 close to your heart.
You will always be our little Candi
Bear and Grandpa's little Snickers
Bar. We Love You! Mom, Chrissy,
Grandpa, Grandma, & Lisa*

CANDI BERENS

VANESSA SAHR

*We are proud of you!
Good luck in the future.
Congratulations, we
love you. Love, Mom,
Dad, Echo, Topaz, the
gang, & the cat*



EMILY PALMER

*We are very proud of
you! Good luck in the
future and may all of
your dreams come
true! Love, Dad, Vicki,
Ellisa, & Erica*



*To our Goober! You are
our sunshine. Now may
you go into the brave
new world and shine on
all those you touch along
the way!
Congratulations! We love
you. Mom & Dad*

MEGAN BAIRD



*If you put your mind to
it, you can do anything.
We are very proud of
your achievements and
the goals you set for
yourself.
Love, Mom & Dad*

CHRISTINA ODEGARD

MATT HENDRICKSON

*Ma@t, you're such a
unique, funny, loving
person. As you move on
from H.S. and from home
always be true to yourself.
Lots of love, Mom & Dad*



TREVOR RIECK

*Congratulations
Trevor! We are very
proud of you. Follow
your dreams. The best
is yet to come.
Love, Mom, Dad, &
Nikki*



*Chelsey, what an awesome young
woman you have grown to be. Since
you have been little you have always
had that drive and determination to
do the best you can. You've done
good. We will miss you so much as
you go off to college. Whatever path
life takes you on, Chelsey, always
remember to be happy. We love you
Do Do! Dad, Mom, & Makayne*

CHELSEY TULGREN



*Jeffrey, We love you, our son, and
are proud of you, too. Set your
future goals high, you will
accomplish them. Son, if you love it
and try it, the future is yours.
Bean, as you turn a new page, we'll
be looking for you in the footlights
with your guitar on stage!
With love and aloha, Mom, Dad,
Ian, & Kea Dog*

JEFFREY EICHTEN

JESSICA MORGAN

*Bean: Your dad and I
are so proud of your
accomplishments. Keep
up the good work, and
good things will come
your way. Love, Dad,
Mom, Kyle, & Luke*

**MALBORIE URMAN**

*Your Dad calls you
"Queenie," I'm just proud
to call you my daughter
and "My Friend." We
wish you all of our love
and luck in life's travels.
Keep on Smilin'!
Mom & Dad*



*Since you were a little
girl, you always made
us smile and still do.
Your family is so
proud of you and your
accomplishments.
Congratulations!*

MARY OLSON



*Keep the spirit,
Jakers!
We're proud of you!
Love, Dad, Mom,
Joe, & Andy*

JACOB TONSAGER

JOSEPH MCCURDY

*Congratulations Joe,
we're proud of you.
Keep Smiling! Love
always, Mom, Dad,
& Alison*



SAMANTHA LEE FERDERER

Sam, you've always tried hard to meet your goals in sports and school, and we're proud of you graduating! We hope you still try hard in your future to meet your goals in life. We love you! Love, Dad, Mom, Dannah, & Nate



*Wow! You've made us smile since you were a baby. We're behind you cheering you on and praying for you daily. We can't wait to watch you through your next adventure. Keep your eyes focused up.
Love, Mom & Dad*

MARK MOBERG



*Kaity,
We are very proud of you!*

*Love You,
Mom, Dad, Cory,
Greg, Mitchell, Josh,
Janelle, & Trevor*

KATHLYN WIGHTMAN

KARIANNE HERDINA

*I'm so very proud of you,
lotza luck in the future.
With your sweet smile
and super personality, I
know you'll succeed in
whatever you choose!!
Love always, Mom*

**BRAEDEN ASHTON**

*I just want you to know
how much I love you,
and how proud I am of
you. You truly are a
blessing in my life.
I love you son,
Mom*



*"Sarah Bear," we are so
proud of the wonderful
young lady you have
become. We know you
can accomplish anything
you set your mind to.
Love, Mom, Dad,
Danielle, & Jilli*

SARAH NAPOLI

CHRISTOPHER KERRHOFF

*Congratulations Chris!
We are very proud of you.
Follow your dreams,
you can do whatever
you put your mind to.
Keep smiling.
We love you,
Mom, Dad, & Calvin*



*We are very proud of
your accomplishments.
Keep on smiling and
sharing your sunshine.*

Love, Mom & Dad

CAITLYN SCHMIDT



*Kara-You have made us so
proud to be your family.
You have proved yourself to
be strong and determined-
you can be it all!
We love you so much,
Dad, Mom, Billy, & Ryan*

KARA ROEMHILD

ERIN O'BRIEN

*Erin - We've had a
wonderful time watching
you grow up, and are so
proud of the awesome
person you have become!
Keep following your
dreams! Love you, Dad,
Mom, & Andi*

**CHELSEA MARIE DORITT**

*Chelsea - You have brought us so
much joy when you danced your
way into our lives. You've kept
us on our toes, challenging us
and yourself along the way. We
are so incredibly proud of what
you've accomplished so far.
Congratulations and good luck.
Mom, Dad, Naomi, & Jen*



*"It's like wrestling a
gorilla; you don't quit
when you're tired, you
quit when the gorilla
is."*

*Love,
Mom & Dad*

JOANNA KOSKI



*Lindsay Lou from Kalamazoo,
we can still call you that, and
people still want to pinch your
soft smooshy cheeks. We love
you and are very proud of all
the choices you have made.
You truly are God's beloved.*

LINDSAY BODE

AMBER KUSH

*From my little girl in pig
tails to my graduating
senior, we are very proud
of you. May all your
dreams and wishes come
true. We love you!
Dad & Mom*



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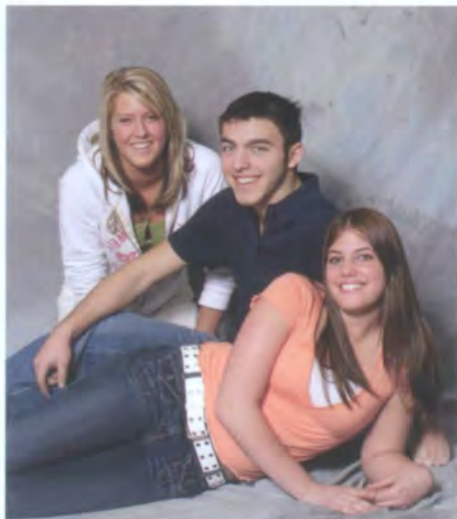
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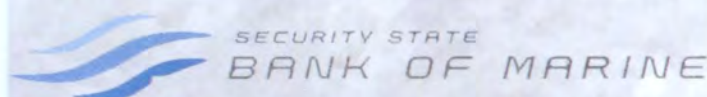
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Colophon

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Mary Anderson, Connie Carufel, Sue Doe, Theresa Gibson, Dawn Klawitter, Kris Kne, Lisa Meyers, Clare Ritchie, Joe Severson, Carol Suess, Linda Welsh, Charmaine Wodaszewski.

Behind the Scenes



Sharon Wilson (Media Specialist), Lee Anne Brockman (Technology Specialist), Kim Peterson (AV Specialist), Paul Karlsson (Media Specialist), Mary Wightman (Technology Specialist), Tammy Marshall (AV Specialist)



Val Handstad
Career Resource

Paras: Jill McLeod (BIS), Mary Anderson, Connie Carufel, Sue Doe, Theresa Gibson, Dawn Klawitter, Kris Kne, Lisa Meyers, Clare Ritchie, Joe Severson, Carol Suess, Linda Welsh, Charmaine Wodaszewski



Custodians: Jeff Widman, John Olson, June Raykowski, Bill Schwartz, Tim Burton

Not Pictured: Hugh Hehner, Robert Haworth, Craig Willert, Donna Wytaske, Ryan Waters, Russ Parker, Perry Peterson, James Guerin.





Anne Dahl



Coleen Colton



Megan
Espe-Och

World Languages



(Above) Hold that thought, Mr.
Hebert, so we can take your picture!



Sara Hartman



Laura Schuster



Kelly Wing

Special Education



Julie Busby



Tiffany Busby



Colleen Collins



Pat Ellias



Chad Erichsrud



Alesa Fabini



Ed Gibson



Jennifer Hreha



Janelle
Kendrick



Tony
Kowalewski



Christie
Magnan



Tracy Maxwell



Jill McLeod



Larry Syverson



Brenda
Swanson

Not Pictured:
Carol Kuschke &
Theresa Snodie



Rena Benedict



Judy Hill



Ryan Johnson



Jeff Lewis



Kristina
Prescott



Cynthia
Riesgraf



Chuck
Anderson

Science



Kristen
Soderlund



Brad Ward



Sara Cameron



Judy Dittberner

Social Studies



Tom Hipkins



Bill McElrath



Ken
Mikolajczyk



Sue Stennes-
Rogness



Sandra Teichner



Don Thompson



Ron Tungseth



(Above) Working hard or hardly working is the question to ask Dr. Massey and Mr. Buck as they pause to take a picture.

Not Pictured: Rich Elliot

Math



Ann Astrup



John Buck



Charlie
Chalberg



Jenny Coates



Sue Jarrett



Larry Matzdorf



Bill Olson



Nicolle Ristow



Larry Tietje



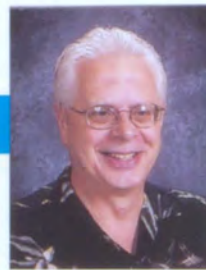
Rich Hahn



Ben
Chamberlain



Dave Livermore



Jim Lindstrom



Michelle Lynch

Music

Occupational



Bob Dettmer



Nancy Ellias



Dan Forsythe



Tony Harris



Bev Warnke



Jeff Wilson

Phy Ed



Chuck
Gunderson



Jim Herman

(Right) Lunch duty
never looked so easy
as Mr. Rivard stands
watch over the
lunchroom.





Terryl Eikren



Heather Guy



Becky Haven



Henry Hebert



Kris Hovland



Gail Law



Laura Livermore



Robyn Madson

English



(Above) Ann Skoglund and Karen McCurdy can always find time to smile for the camera.



Tim Newcomb



Bill Streeter



Dorothy Sunne



Paul Wieland



Diane Dugas



Marilyn Orlich



Mike Coffee



Joe Jurasin



Kelly Nicholls



Barb Schellinger

Family and Consumer Science



Kevin Rivard



Lyn Ruetten



Ryan Rutten

Industrial Technology

Faculty and Staff



Marcus Lewton



Bob Marzolf



Mike Miron

Agriculture



Mary Colvin



Dana Herman



Maria Kaiser



Nancy Pechmann

Art



Al Anderson



Jamie Bullock



Kristen Nellis



Tom Newell

Business

RETIRING HALL OF FAME



Bill McElrath

What will you miss most about teaching?

"The reaction when the light goes on and the student gets it. Then I know I've done an effective job of teaching."

What was the most fun you ever had with the student body?

"When I rapped in front of the whole student body to send our basketball team to the State Tournament."

What's your favorite FLHS memory?

"Shortly after 9/11 Principal Robertson asked me to speak to the student body because I was in the military."



Julie Carver
Dean



Ben Fisher
Dean



Holli Hebl
Dean



Vicki McDougall
Dean



Debbie Kniebush
Dean's Assistant



Vicky Monzel
Dean's Assistant



Carol Nelson
Dean's Assistant



Judy Rotach
Dean's Assistant



Ellen Schaal
Dean's Assistant



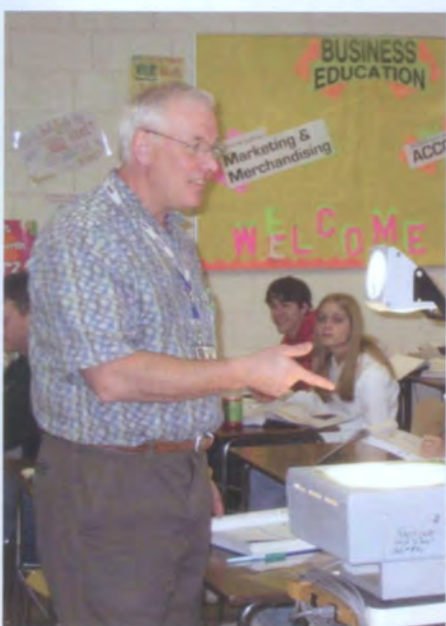
Marian Touminen
Dean's Assistant



Cynthia Jones
Behavior Spec.



Pamela Mercer
Behavior Spec.



(Above) Don't forget your straight edge,
Mr. Newell reminds his accounting class.



Sean Lafferty
Police Liaison



Kelly Winters
Chemical
Health
Specialist



Joel Olson
Activities
Director



Ann Skoglund
AD Assistant



Janine Forrer
Registrar



Faculty and Staff

Where would Forest
Lake High School be
without its faculty and staff:
The people behind the
scenes who help put on the
great production that goes
on here everyday! While
some members of this
section are the trendy hip-
hop of today, others are the
timeless classics we all know
and love. Both contribute
large amounts of positive
input, countless hours, and
innovative ideas that help
to form this school and
most importantly what
comes out of it...the
students.

Administration



Dr. Steve Massey
Principal



Karen McCurdy
Principal's
Assistant



Don Bosch
Asst. Principal/
Dean



Kathy Ungerecht
Asst. Principal/
Dean



Faculty and Staff

What is your BIGGEST fear?



"Insects"
- Steven Bortjes



"Being alone"
- Nicholas
Nesgoda



"Feet"
- Andrea Petrocke



"I dunno, tests or
something - School"
- Bryce
Bengston



"Losing all my
friends again"
- Jessica
Westlund



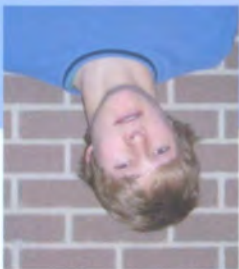
"Parents dying"
- Alyssa
Carpenter



"Prison"
- Jacob LaMotte



"Being burned alive"
- Jenna Smoczyk



"Falling"
- Cody Cortis



"Falling in the halls"
- Michelle Vong

In case you forget...

When you pull your parent's old, dusty yearbook off of the shelf and open it up to see the hairstyles, clothes, and other fads of yesteryear, what do you think about? Do you wonder how everyone dressed so cool, and what happened to fashion since then? Or do you wonder who in their right minds would go out of the house looking so ridiculous? Well, in a few years, your kids will open this book up and laugh at you, too. Here's to the memory of all of your "stylish" high school days.

- Joanna Koski and Katie Clark

What is in your CD player right now?

What celebrity would you want to be stranded with on a deserted island?

Who is your biggest high school crush?

Where are you headed when the last bell of the day rings?

Dream Occupation:

Best Friends:

Favorite Class:

Favorite Quote:

Most Embarrassing Memory:

Highlight of your life (so far):

Once you become rich and famous, what will you be doing with your time (and money)?

What is the one clothing accessory you cannot live without?

Who do you think will be the Maid of Honor/Best Man in your wedding?

Where do you see yourself in ten years?



SOPHOMORES

WHAT ARE

YOUR PLANS

FOR AFTER
HIGH
SCHOOL??



Kelsey Kosman

"Go to college for business,
become rich, and have a
blast!"



Richard Fick

"I am going to save starving
kids in Africa."



Alisha Johnson

"Go to college, party it up,
and make new friends."



Jake Partyka

"I want to be a psychologist to
help people with their
problems and mine."



Jennifer Guenther

"I'm movin' out west to be a
cowgirl!"



Daniel Svendsen

"I'm going to attend Harvard
University."

Janelle Winiecki
 Ryan Wohlk
 Anthony Wood
 Noah Wood
 James Woods
 Ashley Wyatt



Dajya Wyne
 Victoria Yamry
 Aichon Yang
 Paaajnyag Yang
 Sarah Yang
 Victoria Yeager



Brandon Yetter
 Brandon Young
 Cristina Young
 Nicholas Yzermans
 Robin Zahn
 Kimberly Zalusky



Stephanie Zastrow
 Nicholas Zemke
 Jennifer Zieman
 Rebecca Zierke
 Laura Zimmerman



The third hour sophomore Gym class learns how to swing dance during their dance unit. Students practice a number of dances throughout this section of the term.

SOPHOMORES



Eric Wick and his classmates buckle down and study hard in Mrs. Law's English 10 class. Students are introduced to a variety of composition and literature exercises throughout the course of the term.



Christy West
Jessica Westlund
Kimberly Westman
Nicholas Wethammer
Brian Whaley
David Wheeler



David White
Eric Wick
John Wielinski
Michael Wiggins
Nicholas Wilcox
Briana Williams



Corey Williams
Joshua Williams
Jeremy Willms
Colby Willson
Adam Wilson
Donald Windish

Patrick Stiner
Andrew Stokes
Melissa Strege
Andrew Struthers
Brandon Sundberg
Daniel Svendsen



Jonathon Swanson
Kalli Swedin
Brandi Sweigart
Alicia Tackes
Nicole Tadych
Shawn Teel



Stephanie Tessling
Nicole Tetrault
Ding Thao
Jennifer Thao
Tou Thao
Mark Thesenvitz



Jasmine Thieschafer
Andrea Thompson
Kelsey Tietje
Dacia Tomnitz
Sophia Tschida-Reuter
Seth Tveten



Matthew Ulrich
Tyler Utte
Jeremy Van Keulen
Frances Van Sloun
Gavin Vandenberg
Mayura Vang



Michelle Vang
Nickolas Varani
Lee Vasey
Benjamin Vedder
Derek Vogel
Ashley Vollhaber



Suchee Vue
Alexandra Waldoch
Kacie Waldoch
Amanda Walsh
Rebecca Wappel
Alexander Warren



Mark Warzala
Ashley Weaver
Christofer Weburg
Caleb Wedger
Caroline Weiss
Spencer Werhan



SOPHOMORES



Time out for lunch! Neil Polglase, Loren Endorf, Nicholas Zemke, and Joseph Phillips hang out during lunch.



Chelsey Shaw
Christopher Sherwood-Gabrielson
Bryan Shipley
Jessica Simmons
Aaron Sisco
Jesse Slipka



Charles Smith
Kaitlin Smith
Nikita Smith
Jenna Smoczyk
Shannon Sneepe
Joseph Snyder



Ben Solheid
Justin Soule
Graham Spartz
Ashley Sperle
Tyler Sperry
Katherine Spiess



Jeffrey Steele
Matthew Steele
Shawna Steen
Kristen Steffer
Rebecka Stenberg
Michael Stilwell

Lanette Ryhn
Daniel Sager
Stephanie Sampair
Mark Sandager
Niccole Sanders
Melissa Sanz



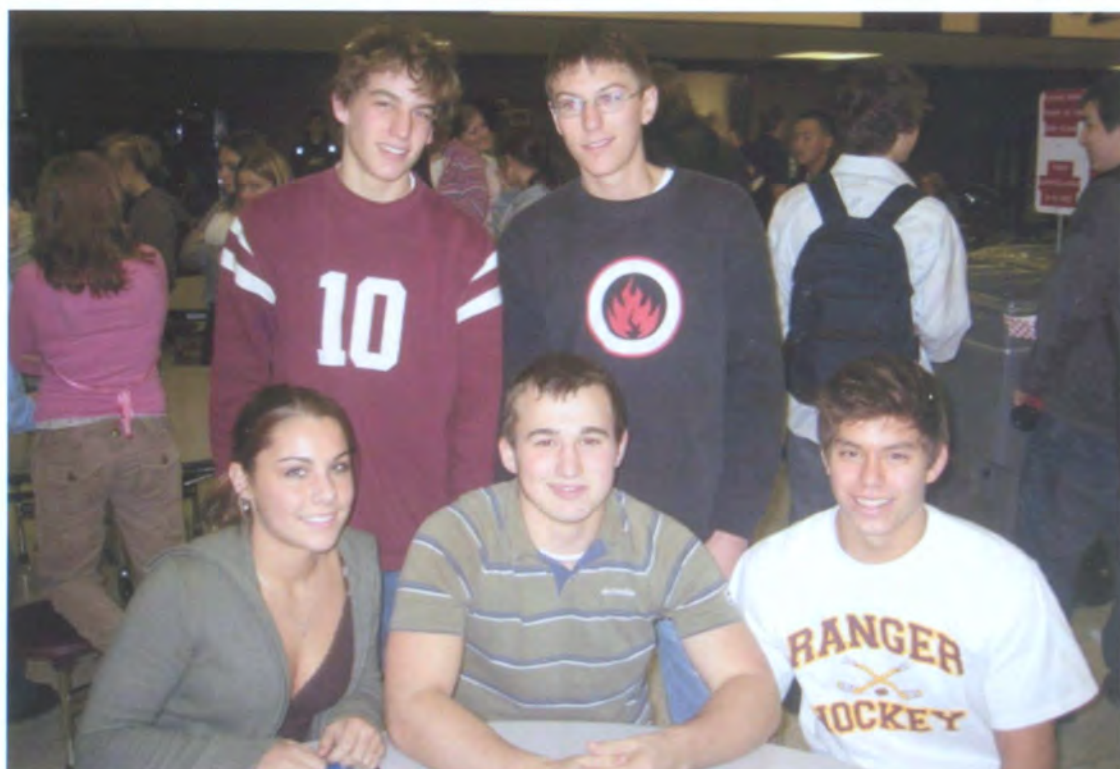
Caitlin Sapa
David Savord
Jeffrey Sawyer
Shawn Saxe
Michael Scharenbroch
Ashley Schaub



Brian Scherrer
Brandon Schiefelbein
Richard Schmidberger
Joshua Schreiber
Trip Schultz
Thomas Schulz



Matthew Schwartz
Michael Schwartzbauer
Jamie Seeger
Camille Senum
Andrew Setterholm
Mikala Seurer



It's unanimous! Sophomores Kelly Lewis, Garrett Eischen, David White, Ryan Alsaker, and Andrew Hardy all agree: Lunch *is* the best 30 minutes of the day!

SOPHOMORES



Andrea Petroske
Katie Phelps
Joseph Phillips
Alexandra Piasecki
Kevin Pickar
Matthew Pikus



Justin Pimpo
Samantha Pineo
Neil Polglase
Lindsey Quale
Tyler Quinn
Madalyn Raasch



Kristina Radtke
Kristopher Ralles
Michael Rath
Matthew Rebischke
Sarah Reely
Paula Regnier



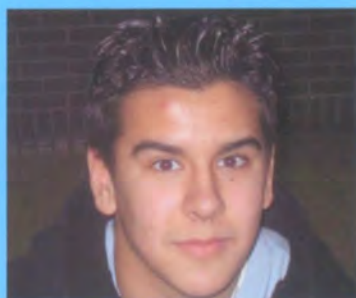
Timothy Rehak
Anna Reinertson
Daniel Reinke
Sophia Reyes
Cory Rime
Heather Ristow



Kelsey Robinson
Logan Robinson
Eric Rolseth
Vincent Rosa
Jacob Roshell
Nicole Roubik

embarrassing moment?

"When I was carrying my lunch tray I tripped on a table and fell and my lunch went all over me."
-Kate Harrison



"When I was trying to stop while snowboarding and I started tumbling down the hill in front of a group of hot girls."
-Tanner Gibson

"In sixth grade, when I was reading a book in front of the class, and one of the words said 'Applause,' and I said, 'Apple sauce.'
-Megan Becker



Dillon Okimosh
Heather Olson
Katelynn Olson
Rylie Olson
Sondra Olson
Thomas Olson



William Oneill
Luke Opsahl
Mitchel Orr
Zachary Ostenso
Trevor Osterbauer
Jacqueline Oswald



Ellisa Palmer
Ashley Parker
Natasha Parks
Heather Parness
Travis Parson
Jake Partyka



Paige Patchin
Nicole Paulson
Lauren Payne
Nicholas Peters
Aaron Peterson
Amy Peterson



Carrie Peterson
Collin Peterson
Joshua Peterson
Kaitlin Peterson
Kathleen Peterson
Matthew Peterson



What is your most



"When I was fat."
-Alex Lindeberg

"When my skirt was stuck up in
my backpack."
-McKenzie Gemeiner



"When I got pants-ed in gym
class."
-Corey Kuefler

SOPHOMORES



Michelle Medina
Molivann Men
Anthony Mendola
Aaron Mettling
Danielle Meyer
Richard Mickschl



Jessica Mielzarek
Alexandra Mieritz
Ashley Mieritz
Matthew Miesen
Christine Miller
Daniele Miller



Rebecca Miller
Jacob Mitchell
Jeremy Mitchell
Teresa Mitsch
Alissa Moberg
Joshua Moe



Jessica Mohler
Allison Mollen
Thomas Monahan
Katherine Monberg
Joseph Montean
William Montes



Allyssa Morley
Ashley Morris
Bryce Motschenbacher
Pheng Moua
Shawn Mouacheupao
Devin Moyer



Shane Munasinghe
Lucas Munkelwitz
Ashley Murschel
Rebecca Nadeau
Alexa Nelson
Amanda Nelson



Andrew Nelson
Anthony Nelson
Chelsie Nelson
Ellen Nelson
Nicholas Nescoda
Sarah Nguyen



Allison Niemczyk
Zachary Norwig
Kierstin Nygaard
Alex O'Connor
Jonathan Ohman
Jennifer Ohmann

Jacob LaMotte
Samantha Langenbach
Kristine LaPlante
Kathryn Larson
Brian Lartch-Buffington
Amanda Lau



Andrew Lauth
Kelsey Lefto
Beth Lesewski
Steven Letourneau
Kelly Lewis
Kyle Lewis



Syressa Lewis
Jessica Lidberg
Emma Liljedahl
Alex Lindeberg
Sarah Lindenberg
Alicia Lindgren



Kyla Lindstrom
Brian Loch
Kathleen Lodge
Jaia Lor
Nina Lor
Tyann Lovas



Donald Lowe
Jordan Lutz-Lawlor
Justin Mackey
Anthony Madison
Erik Magnuson
Tyler Majewski



Michael Maloney
Dustin Manderscheid
Rebecca Mann
LauraJean Manske
Samantha Marois
Melissa Martius



Joshua Matheson
Shayna Matheson
Meredith Mattison
Nicole Mattison
Matthew Matusiak
Jennifer Mcallister



Brett McGee
Amanda McGowan
Staci McGuire
Jared McKie
Lucas McLean
Donae Medenwaldt



SOPHOMORES



Above Caught unaware, Sophomore Nathan Crudo hastily crams in lunch amidst his animated conversation with Benjamin Gort and Lucas Munkelwitz.



Joseph Johnston
Alexandra Jones
Jacob Jones



Shannon Joyce
Jacklynn Joyner
Jay Juutilainen



Kirsten Kappeller
David Kasl
Matthew Keller



Calvin Kerkhoff
William Kichler
Alexander King
Sarah Kirk
Kelly Klassen
Jennifer Klawitter



Tyler Kleinhuizen
Meghan Kline
Zachary Knight
Joseph Koppy
Jeremy Koshiol
Kelsey Kosman



Keeta Koalska
Justine Koch
George Kollar
Shawn Kost
Samantha Krebs
Laura Krengel



Tracey Kress
Megan Kroll
Brittany Kruger
Aaron Krzewina
Nathan Krzewina
Aaron Kubes



Luke Kubitschek
Corey Kuefler
Alexander Kulacz
Brittini La Fontsee
Nicole LaFountaine
Amy Lalla

Matthew Hentges
Megan Hermes
Jake Herring
Corey Hilla
Lauren Hindi
Megan Hinrichsen



Catelin Hintzen
Luke Hittner
James Hoffman
Stephanie Hoffman
Jonathan Hofmann
Robert Holden



Bridget Holmes
Patrick Homyak
Michael Horn
James Houle
Mitchell Houle
Kristi House



SaraJo Hubbard
Mark Hudon
Britny Hukriede
Ann Husfeldt
Scott Isaacson
Kelsey Iverson



David Jackman
Aaron Jacobs
Michael Jacobsen
Amanda Jarvis
Ashley Jaszczak
Alisha Johnson



Amy Johnson
Brett Johnson
Gordon Johnson



Jana Johnson
Jessalyn Johnson

(Left) Hordes of sophomores rush to open lockers during passing time, a mad scramble that becomes second-hand as they adjust to the high school schedule.



Lindsay Johnson
Stacey Johnson



SOPHOMORES



Cassie Gerlach
Carrie Geving
Nicholas Giannini
Tanner Gibson
Nicholas Giller
Peter Ginis



Seamus Glewwe
James Goehl
David Goiffon
Nicole Goldeman
Cassandra Gonsior
Benjamin Gort



Brett Goss
Broc Grell
Lindsey Griffith
Nicholas Griffy
Jennifer Guenther
Aaron Guttomson



Benjamin Hager
Kate Haglund
Andrew Hahn
Stephanie Haider
Merim Halavac
Nicholas Hanna



Chelby Hansen
Eric Hansen
Rebecca Hansen
Matthew Hansmann
Lea Hanson
Jordan Harder



Andrew Hardy
Erin Harrington
Kate Harrison
Jared Hartman
Michael Haseltine
Joshua Hassing



Kayla Hauble
Ryan Haus
Hilary Hazzard
Charlene Hebert
Nicholas Hecker
Amanda Hedlund



Kenneth Heffington
Tyler Hegvik
Sonia Helgeson
Michael Henderson
Jacob Hendrickson
Jessica Hennen

Frank Eck
Garrett Eischen
Matthew Elden
Sara Ellertson
Loren Endorf
Lyndsay Engstrom



Christina Enright
Erika Enriquez
Daniel Erdle
Bethany Erickson
Joshua Erickson
Kirsten Ericson



Nathan Essen
Vanessa Estrin
Nils Evenson
Samantha Evgen
Brittany Falkers
Tyler Falkosky



Martin Farr
David Faulhaber
Jennifer Faust
Brent Faymoville
Dannah Ferderer
Richard Fick



Lynsie Finamore
Joel Fischer
Chelsea Fitzmorris
Chelsey Flaten
Brian Fleischauer
Danielle Flint



Kristal Flom
Christian Fogerty
Thomas Ford
Kelly Foster
Wylie Freeman
Andrew Fritzinger



Margaret Fritzke
Theresa Gaalaas
Jeffrey Gabrick
Thomas Gabrielson
Candice Gagne
Anthony Gambeski



Alejandro Garcia-Jaimes
John Gavanda
Robert Gavanda
Alex Gay
Justin Gehrman
McKenzie Gemeiner



SOPHOMORES



Jamie Cottrell
Brianna Craig
Andrew Cremisino
Nathan Crudo
Sherri Dahl
Keith Dahle



Chloe Daniels-Miller
Reid Danielson
Andrew Davis
Stefanie Deal
Ryan Debuhr
Kimberly Demars

about high school you
expect?



"I didn't expect to
meet Patrick!"
-Trip Schultz

"I didn't expect it to
be fun."
-Kaitlin Smith



Sean Deneweth
Kevin Determan
Rebecca Devine



Joshua Diebel
Amber Diemert
Nathaniel Dilling



Katelyn Dixon
Kelly Jo Dixon
Katelyn Dobihal



Shaina Doll
Jessa Dotson
Janel Duffy
Kylie Dufresne
Shawn Dumoulin
Jessica Durant



Robert Dykema
Alena Dzubic
Travis East

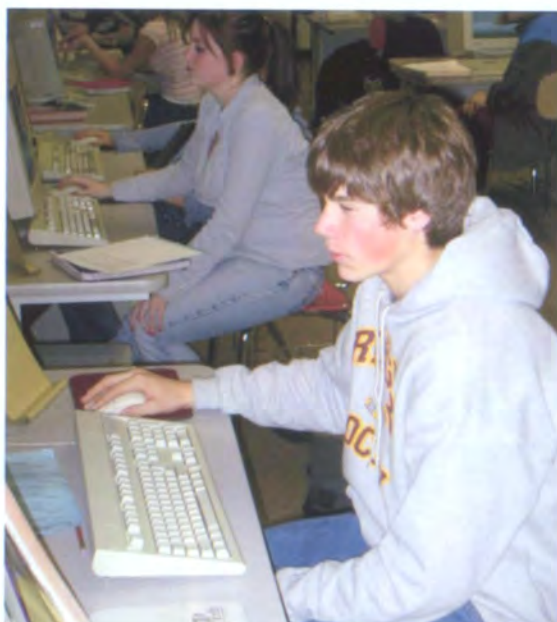


(Right) Pencil at the ready. Sophomore Katherine Monberg listens intently to Mrs. Jarrett's detailed explanation of a new math concept.

Kelsey Burk
Christopher Buys
Lianna Bydalek

Kevin Bylund
Melinda Callahan
John Cameron

(Right) Sophomore
Jeffrey Bohnen right-
clicks his way through a
complex assignment in
the Business Education
computer lab.



What is something didn't



"I didn't expect
classes to go by as
fast...unless you are
in math."
-Mitchell Houle

"I didn't expect to
have so much fun in
math with Mr.
Chalberg."
-Kacie Waldoch



Daniel Carey
Codey Carlisle
Benjamin L. Carlson



Benjamin W. Carlson
Bjorn Carlson
Daniel Carlson



Myles Carlson
Alyssa Carpenter
Andrea Chafe
Tina Chamberlin
Alaina Chandler
Drew Charles



Kirin Chavez
Travis Chouinard
Jose Cisneros
Zachariah Clark
Brittney Clauson
Lauren Cloutier



Samantha Cole
Angela Collar
Kari Colucci
Zachery Combel
Emily Coppersmith
Tyler Copt





Andrew Bender
Michael Bender
Bryce Bengston
Christina Berens
Bonnie Berg
Heather Berg



Zachary Berg
Danna Bergantine
Joseph Berger
Merle Berggren
Ryan Berken
Angela Bemfeld



Benjamin Bernston
Courtney Birdsall
Shawn Birdsall
Sara Bizzotto
Christopher Bjork
Jana Bjorlin



Trevor Blackledge
Timothy Blake
Tyler Block
Lisa Blume
Steven Boerum
Jeffrey Bohnen



Heidi Bolenbaugh
Christopher Bombeck
Sunitha Bonfe
Steven Bontjes
Rachel Borglum
Lindsey Borgwardt



Amanda Bosman
Johannah Bourque
Joseph Boyd
Brandon Braaten
Brittany Brahs
Joshua Branum



Theresa Brenberg
Justine Brodin
Nathan Brodtmann
Andrew Brookman
Kaleigh Brooks
Aaron Brown



Kevin Bruggenthies
Jennica Bruner
Maya Bryn-Nygren
Ross Bucholz
Kristi Buerkle
Samantha Buol

SOPHOMORES

JUST GETTING STARTED

As the popular saying goes, "To every ending there is a new beginning." This holds true for each sophomore class as they begin their new journey at the high school. Ninety-six new classrooms, seventy-nine new teachers, and countless new faces enter their new world as they begin the next chapter of their lives. High school is an experience like no other, a time and place to make lifelong friends and memories. With this in mind, it's hard to remember the reason for getting up at six o'clock every day: to learn. This isn't like junior high school anymore. With so many new choices available, like Ceramics, Speech, Industrial Technology, and even Introduction to Guitar, the possibilities of finding their potential come quickly and frequently. So as their journey progresses and the class of 2007 gets closer to another ending, may they keep in mind not to get too ahead of themselves; they're just getting started.

- Joanna Koski



(Above) A bevy of sophomore beauties graces the cafeteria! Reveling in the atmosphere are (clockwise from left): Nicole Roubik, Janel Duffy, Kierstin Nygaard, Christine Miller, Lianna Bydalek, Ann Husfeldt, Samantha Langenbach, Ashley Mieritz, and Brittnei La Fontsee.

Brenda Abel
Kayla Abler
Jennifer Abres
Anthony Acosta
Rebecca Ahmann
Samantha Aldentaler



Drew Alexander
Reece Almendinger
Aaron Anderson
Brandon Anderson
Jonathan Anderson
Matthew Anderson



Kevin Apman
Nathan Arcand
Meredith Armstrong
Robert Arnold
Matthew Amsdorff
Nicholas Ashby



Travis Asplund
Mark Autey
Brittany Bachman
Cassandra Bailey
Leigha Bailey
Brent Baker



Nicholas Barbato
Zachary Bamaal
Jessica Barron
Megan Becker
Warren Behrendt
Leann Beimert





Vanessa Weiss
Derek Wiemer
Brennen Wiggins



Nicholas Willcoxon
Robert Willey
Karyn Williams



Christopher Wilson
James Wilson
Krysta Wittibslager



Courtney Wittnebel
John Wittrock
Lorraine Wolfe
Sarah Wolfe
Elizabeth Wolff
Naomi Wolff



Anne Woods
Blake Woodward
Jaime Woolstencroft
Tracy Wosika
Tyler Wright
Apao Xiong



Aretha Xiong
Chong Yang
Jay Yang
Samuel York
Katherin Yotter
Anna Zastrow



Brian Zauner
Erik Zentzis
Ashley Ziehl
Kristi Zielinski



Ashley Zimmerle
Kevin Zimmermann
Ekaterina Zinchenko



Hannah Mettling and Renee Frericks work hard so they won't have to take home their work.

John Bames and
Anthony Quehl
show their muscles
to the ladies.

JUNIORS



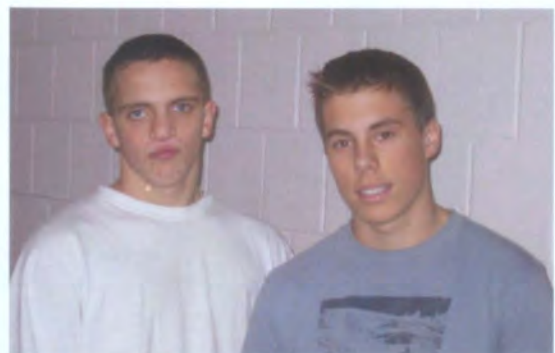
Mr. Chalberg's class works hard on their assignments during third hour.



Tina Vang
Benjamin Vaughn
Ashley Venburg
Colleen Vierling
Joseph Vilgos
Jonathan Vining



Nicholas Vitek
Melissa Voss
Phong Yu Vue
Samantha Wagamon
Christopher Wagner
Lindsey Wagner



Alex Solway and Jacob Johnson rush to lunch after Weight Training.



Jason Walbridge
Angela Walker
Katie Walker



Angela Wallenstein
Thomas Walsh
Nicholas Warnke



Christopher Warwick
Brian Watson
Nicole Watson
Sarah Webb
Hannah Weber
Ashley Weeda

Pazong Thao
Patricia Theis
Derek Thill
Sheyanne Thomas
Brian Thompson
Danielle Thompson



Kelli Thompson
Natasha Thompson
Brittney Thorp



Elizabeth Klein and Allison Garrity enjoy their day at school.

Daniel Thorson
Daniel Tibbetts
Sean Tilton



Elizabeth Todd
Jeffrey Tomnitz
Allycia Trach
Heather Tripp
Nicholas Troje
Cory Tuckner



Joshua Turenne
Ryan Turry
Leigh Twohy
Daniel Tyler
Kayelea Tyler
Tasha Tyler



Laura Unger
Nathan Uram
Angela Vadnais



Tyler Augustine and Katie Walker wait in the endless lunch line for their food.



Barbara Van Gunst
Kyle Vandenberg
Jason Vanderschaegen



Alana Vandever
Blong Cher Vang
Isel Vang



JUNIORS



Ashleigh Morgan and Chelsea Sager get cozy in the lunch room.



Megan Slattery
Jesse Smith
Michael Smith



Sarah Smith
Mitchell Snaza
Eric Snyder



Alex Solway
Daniel Southerling
Erik Sparby



Tiffany Spencer
Penny Spratt
Maria Stanley
Theodore Steiner
Catherine Stelter
Cory Stoffel



Erik Stolberg
Christina Stoll
Daniel Stone
Sabrina Stone
Sarah Stout
Joshua Strande



Heather Stratton
Tara Struif
Brianna Strunk
Nicholas Swanson
Jessica Swenson
Michael Swenson



Derek Synan-Peterson
Brian Tazell
Patrick Taylor



Robert Tenney
Aaron Tetzlaff
Maxwell Thao



Nathan Stenberg, Matthew Joyer, and Christopher Rugar lick their lips on Italian dunker day.

Match the Shoes to the Junior!



Michael Singer



Kristina Engstrom



Adam Borchardt



Stevie Labarre



Wesley Giddings



Amanda Aldentaler



Rachel Piersdorf



Robert Kirschenman



Luke Odegaard



A.



B.



C.



D.



E.



F.



G.



H.



I.

Answers: Michael Singer (D) Kristina Engstrom (C) Adam Borchardt (I) Stevie Labarre (B) Wesley Giddings (F) Amanda Aldentaler (E) Rachel Piersdorf (H) Robert Kirschenman (G) Luke Odegaard (A)

JUNIORS



Cassandra Ellingson, Angela McKinnon and Courtney Wittnebel sport their shades of green.



Matthew Schlenker
Danielle Schminkey



Kyleen Schneider
Nicole Schroeder



Jenna Schuder
Heidi Schuhwerck



Marke Schult
Joseph Schultz



Travis Schultz
Michelle Schumacher
Gabrielle Scott
Daniel Scribner
Michelle Secor
Eve Seelig



Nina Sell
Morgan Selvog
Kam Severson
Justin Shanda
Jennifer Sheldon
Stefanie Shogren



Amanda Sigfrinius
Heather Sigstad
Caitlin Simenson

Ian Simpson
Michael Singer
Krista Skoglund



Kayelea Tyler and Rachel Fredrick hang out together during lunch.

Brandon Ricketts
Joshua Riegert
Danielle Riehle



Eric Heffron, Hannah Weber, Nicholas Wamke, Matthew Schlenker, and Alexander Juelich chill out together after finishing their lunches.



Jessica Rilea
Kristine Rippon
Alexander Ritchie

Kenneth Rivet
Nathan Robertson
Richard Robinson
Shanna Robinson
Gabriel Roeder
Paul Rosman



Caleb Rotach
Katie Rubedor
Garon Ruiz
Christopher Rugar
Amanda Sadergaski
Chelsea Sager



Tyler Sahr
Lacy Saloka



Tara Salverda
Grant Sanford



Tyler Scanlan
John Scheierl



Ashley Scheiller
Michelle Scherz



Hannah Mettling, Emily Berg, Danielle Gibson, and Shanna Robinson show off their lovely smiles.

JUNIORS



Amber Haupt and Michele Labathe say "hi" to each other in the lunch room.

Allyse Petroske
Anthony Petroske
Rachel Piersdorf



Sarah Pignato
Elizabeth Pilarski
Amanda Pilla



Jessica Pitts
Andrew Pooch
Laura Pottratz
Elizabeth Powell
Amanda Pringle
Scott Purvis



Kelly Bohnen, Jordan Kolbow, and Ryan Turry work hard in Chemistry class.



Anthony Quehl
Jonathan Quememoen



Ashley Quimby
Joseph Raasch



Angela Radtke
Brooke Radtke



Charles Radtke
Jacob Ramsden



Andrew Reagan
Chelsea Reeck
Jonathan Reiner
Reggie Reinsberg
Anthony Remmen
Christina Rhein

Zachary Newstrom
 Pamela Nora
 Natalie Norman



Junior girls enjoy their lunch while chatting.

Shelly O'Connell
 Christopher O'Donnell
 Luke Odegaard



Brett Olander
 Travis Olesen
 Daniel Olsen
 Katie Olsen
 Tara Olson
 Valerie Olson



Andrew Ophus
 Jeremy Orth



Mark Ostlund
 Julie Palacheck



Amanda Parenteau
 Michele Parness



Ashley Paul
 Ashley Paulson



Mitchel Paulson
 Rebecca Peloquin
 Jeremy Peltier
 Ryan Peterson
 Seth Peterson
 Timothy Peterson



Ashleigh Morgan, Kyle Johnson, Christina Stoll, and Michelle Secor take a break from lunch to show each other some love.

JUNIORS



Lindsay Mollen
Kenneth Monson
Melissa Monson
Matthew Moreland
Ashleigh Morgan
Alexis Morris



Eric Morris
Nicole Morrisette
Cassandra Mortimore
Katrina Mowan
Andrew Mulcahy
Maggie Myre



Amber Nelson
Joshua Nelson
Kristina Nelson
Michael Nelson
Melissa Netzloff
Beth Neu

What are you most looking forward to for your senior year?

Kyle Johnson

"Going on a road trip to Mexico with Pat Van Beckum!"



Ashley Venburg

"Getting closer to graduation."



Jonathan Ihrke

"Being able to be in OJT."



Meredith Dunaski

"Getting ready to get out of high school."



Matthew Joyer

"Being the king of the school."



Maggie Myre

"Not having to wait in line for parking passes."



Margaret Mattison
Ashley Maurer
Leah Mayfield



Alexander Mays
Kathleen McArdle
Kelly McArthur



Rebecca McIntosh
Angela McKinnon
Jacquelyn McKusick



April McManus
Jason McMillen
Shawna McNamara
Jacquelyn Mecham
Elise Medenwaldt
Daniel Medina



Daniel Menne
Mark Merrell
Rachel Merrier
Hannah Mettling
Melinda Meyers
Ashley Miller



Jacob Miller
Laurie Miller
Mitchel Minnig



Ann Miron
Heather Mitchell
Joseph Mitchell

Kathilyne Mitchell
Alison Moen
Christopher Mohler



Angela McKinnon gets information for Ancient Civilization class.



Rebecca McIntosh and Nicole Watson admire their flower arrangements in Floral Design.

JUNIORS



Ashleigh Morgan sings along with her favorite CD during passing time.

Candice Leitner
Andrea Letoumeau
Jordan Lewis

Anders Ley
Tyler Lichtscheidl
Kourtnei Lind

Stefan Lindahl
Matthew Lindholm
Jacob Lipp



Timothy Loch
Darcy Lopez
Amanda Luke
Matthew Lund
Travis Lund
Alexandra Lundeen



Erik Lundell
Rachel Lundstrom
Christina Macdonald
Andrew Madison
Matthew Madsen
Carl Magnuson



Amanda Aldentaler, Alana Vandever, Mallory Jette, and Elizabeth Pilarski show each other that they care during lunch.



Erik Magnusson
Michael Malmquist



Robert Markland
Anthony Marquart



Brandi Masso
Natasha Mathews

Rory Koch
Angela Kochendorfer



Jeffrey Kohler
Madelynn Kohs



Jesse Kolbow
Jordan Kolbow



Chelsae Kosman
Vanessa Kottke
Christopher Kozel
Mark Kroll
Mitchell Kroska
Thomas Kubes



Patrick Kubinski
Tiira Kuehn
Stevie Labarre
Michele Labathe
Rachael Ladd
Allison Laine



Steven Lange
Lindsey Langer
Heather Larkey



Sean Tilton, Brooke Radtke, Eric Chmielewski and Joshua Clark wonder what's going on during Chemisrty.

Sarah Larson
Camille Latour
Angela Lawman



Jessica Leblanc
Jacob Lee
Steven Leef



Jessica Swenson and Tyler Hegvik learn about molecules during Biology.

JUNIORS



Samuel Johnson
Jason Jolicoeur
Amy Joyce
Matthew Joyer
Alexander Juelich
Joshua Kalhagen



Matthew Kalsnes
Sara Kampa
James Kassel
Rebecca Keller
Jessica Kelley
Taylor Kemmis



Dustin Kendrick
Michael Kerrigan



Corrine Kettler
Laura Kettner



Beth Kiehne
Zachary Killingbeck



Taylor Kimbel
Ashley Kirberger

Courtney Felgen-Trenti and Tyler Wright cuddle up during lunch.



Amanda Kirchner
Ryan Kirchner
Robert Kirschenman
Amanda Kissner
Daniel Kjellberg
Zachary Klausen



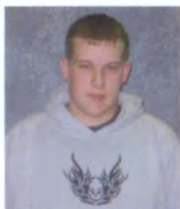
Elizabeth Klein
Jordan Kline
Jacqueline Kling
Benjamin Knaak
Anthony Knauff
Josiah Knutson

Where did you go the first day of getting your license?

Casey Jensen
Danielle Jensen



Nicholas Jensen
Jeremy Jereczek



Mallory Jette
Paul Joachim



Amanda Jochim
Anna Johnson



Casey Johnson
Derek Johnson



Eleni Johnson
Jacob Johnson



Kurt Johnson
Kyle Johnson



Michelle Secor

"Road trip with Patrick!"



Mitchel Paulson

"Went mudding."



Luke Wiosky

"Went to Valleyfair."



Ashley Ziehl

"Went to a friends house."



Andrea Estes

"Went to DQ."



Pamela Nora

"Went to Florida."

JUNIORS



Grant Harden
Jessica Harden
James Harnett
Megan Harris
Michelle Haseltine
Sena Hasic



Matthew Hassler
Amber Haupt



Charles Haylock
Jenna Hebert



Andrew Hecker
Alexandra Hedin

Jennifer Dellwo tells her friends a story during lunch.



Eric Heffron
Ryan Hegg
Adam Hensley
Heather Hermanson
Holly Hermanson
Amanda Herrity



Ashley Hesselgrave
Ryan Hinrichsen
Daniel Hoff
Christopher Hofmann
Danielle Hoggarth
Shannon Holeman



Kelly Houfer
Joshua Hubbard
Dillion Hudalla
Anthony Huepenbecker
Peter Hughes
Jamison Hull



Travis Hunter
Jonathan Ihrke
Markus Jadwin
Cathryn Jandrich
Jessica Janoski
Justin Jasicki

Kelly Fischer
Kimberly Fischer
Kristin Fleischhacker
Rachael Flohr
Mathew Foster
Hilary Framke



Rachel Fredrick
Renee Frericks
Alicia Froelke
Tabitha Frogner
Jaleh Galehdari
Cassandra Garin



Amanda Garrett
Allison Garrity
David Gauerke
Danielle Gibson
Wesley Giddings
Jessica Giesner



Ian Gildersleeve
James Giller
Sarah Goossens
Samuel Gort
Sara Grahn
Lee Gresback



Kelsea Griffin
Heather Grundhofer



Justin Grundhofer
Emily Habisch



Luke Haessly
Rachel Hafele



Travis Hafterson
Jacob Haider
Kayla Haines
Muhammed Halavac
Harley Hallamek
Kate Hammer



Andrew Pooch, Jonathan Reiner, Daniel Cromwell, and Theodore Steiner hurry to class before the bell rings.

JUNIORS



Megan Dohmen
Heather Dolan
Marianne Dunaski



Shawna McNamara, Elise Mendenwaldt, and Krysta Wittibslager enjoy their chicken fryz together.

Meredith Dunaski
Vanessa Duncan
Nicholas Dunn



Laura Dunrud
Joseph Durant
Angela Eagan
Jacob Egge
Chad Eibensteiner
Benjamin Elfelt



Cassandra Ellingson
Lacee Enfield
Kristina Engstrom
Rebeka Erdos
Philip Erickson
Sam Esget



Nathan Stenberg, Nicholas Christy, Luke Haessly and Kelly Houfer try a variety of lunch choices.



Andrea Estes
Mindy Jo Eurich



Kailey Everett
Andrew Fashner



Courtney Felgen-Trenti
Benjamin Fick



Sara Fielding
Joseph Finstrom

Lance Charpentier
Ross Chester



Eric Chmielewski
Adam Christiansen
Holmberg



Nicholas Christy
Elizabeth Ciccone



Sean Claeson
Andrew Clark



Jonathan Clark
Joshua Clark
Phillip Collar
Moriah Cooper
Melissa Copeland
Daniel Cromwell



Brandon Crowley
Desiree Cunningham
Jessica Cupo
Amanda Daman
Sara Damiani
Carly Dean



John DeFlorin
Jennifer Dellwo
Ally Deshong-Selz



Alissa Baker, Ryan Hinrichsen, and Grant Harden give a thumbs up to school lunch.



Lydia Dick
Mitchel Diller
Renee Dina



Danielle Gibson and Jesse Kolbow make each other laugh during lunch.

JUNIORS



Matthew Barnes
Brittany Baron
Cameron Bartkey
Gina Batcheller
Alec Bayer
Lucas Beach



Joseph Beane
Connor Becker
Allison Beebe
Kristine Behan
Kelly Behr
Jordan Bengston



Erin Bengston-Noyes
Dustin Bentley
Thomas Bentley
Emily Berg
Whitney Berg
James Berry



David Bigelow
Hannah Bishop
Ashley Bjerketvedt
Heidi Bjork
Joshua Blake
Aaron Boerem



Alexander Boerum
Kelly Bohnen
Anntonette Boileau
Adam Borchardt
Amy Borlaug
Alicia Bosman



Nicholas Boulineau
Natalie Braun
Jeffrey Brooks
Alice Bropleh
Adam Brown
Amber Brown



Anne Bruber
Daniel Burneister
Nathan Burris
Lindsay Caine
Kelsey Callahan
Thomas Carlson



Craig Carpender
Chelsie Carpenter
Elizabeth Carpenter
Nicholas Carroll
Meghan Casey
Geoffrey Cass

Juniors

ON THE MOVE

Past experiences and future expectations are what junior year is made for. No stressing out about college yet; only enjoying memories from the past. It's time to live in the moment and bask in the sunlight of high school. Looking forward to senior year and all the glory that comes with it. Junior year is a time to establish a good transcript for college, develop everlasting friendships and prepare for the role as seniors. Seriousness is thrown out the window as it is replaced with one more carefree year before buckling down for college. Take advantage of the innocence as you're *on the move*.

- Madeline Charles

Tessa Abernathy
Jonathan Agnes
Christine Ahlers
Amanda Aldentaler
Jessica Alexander
Ariel Alt



Chelsea Amber
Erik Amundson
Ashley Anderson
Chelsea Anderson
Jenna Anderson
Kyle Anderson



Nicholas Anderson
Catlyn Anderson-Hopkins
Danielle Antony
Trisha Arnold
Todd Arrigoni
Amanda Asplund



Tyler Augustine
Samantha Aune
Ryan Bachmeier
Ana Bahr
Alissa Baker
John Barnes



Best Car



Kyle Vadner & Jennifer Lattin

Most Informed



Katie Anderson & Patrick Fogerty

Restaurant: Applebee's
Hangout: Perkins
Radio Station: 93X
School Lunch: Turkey Gravy
TV Show: The OC
Store: Hollister
Class: Ancient Civilization

Most Likely to Succeed



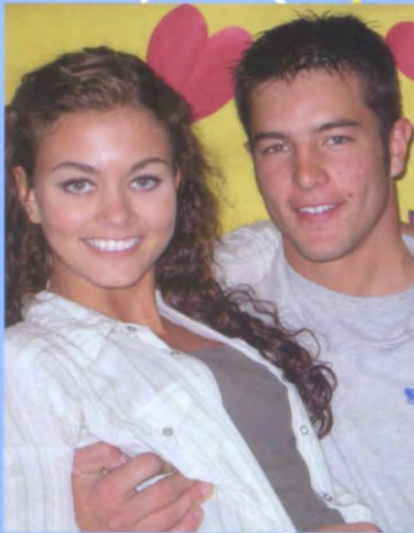
Mitchell Springer & Molly Tolzmann

Class Clown



Kenneth Janssen & Anna Banttari

Heart Throb



Talia Hindi & Neil Morris

Biggest Potty Mouth



Anne Schaal & Christopher Klein

Most Athletic



Mark Moberg & Rebecca Kennedy

Mozart in the Making



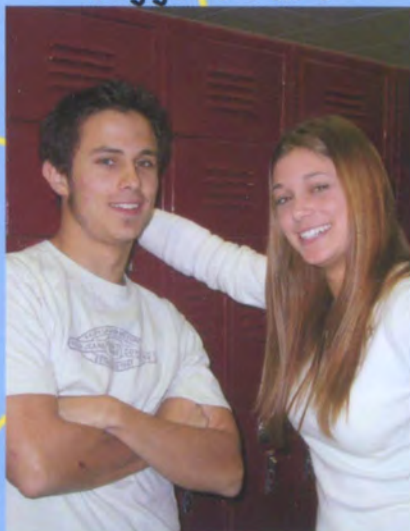
Markus Hahn & Jesse Traner

Hollywood Hopeful



Sarah Wright & Joel Partyka

Biggest Flirt



Kyle Fuller & Rachel Hanson

Most School Spirit



Clayton Harrison & Sally Kellerhuis

2005

Accident Prone



Alyssa Smith & Cody Cunningham

Favorites

**Most Changed
Since Sophomore
Year**



Jenifer Urman & Corey Boyd

Biggest Fake Baker



Victoria Bizzotto & Neil Morris

Best Strut



Jesse Travis & Kristel Overson

Most Gullible



Benjamin Kolbow & Chantel Eischen

2005

Senior





Gary Zauner



Nicholas Zukusky



Noahon Uyung



Adam Uyung



Sabrina Zeitz



Erica Zanich



Meghan Zajac



Kelly Uyung



William Ziesmer



Angie Zentz



Roseline Bom



Hannah Zuzek



Christopher Ziegler



Jeffrey Eichten and Joseph Barthorst rock out in Advanced Argumentation class.



Kyle Vadner and Alyssa Smith enjoy their passing time together in the senior hallway.



Jamie Essen, Samantha Caltin, and Jacquelin Nelson get cozy together before class.



Chia Xiong



Travis Wiltnebel



Randi Williams



Katlyn Wightman



Gorden Yung



Chantelle Wodaszewski



Angelo Williams



Olivia White



Isang Yung



Seth Wood



Samantha Windisch



Peter Will



Alexander Yeager



Andrew Yonnorelly



Kevin Yung



Sarah Wright



Joseph Wrice



Patrick Witley





Seniors



F

Michael Pierce



E

Sara Welk



D

Kyle Vadner



C

Linda Mouchepao



B

Matthew Morelli



A

Stephanie Pless



Match the backpack to the senior!



Rebecca West



Kelly Weice



Michael Walters



Adam Wettehling



Krista Weiss



Thomas Warzala



Patrick Weygand



David Welch



Lindsay Watson



Thomas White



Sara Welk



Tate Wiegand



Nathan Walsh



Cheri Vanderschaaf



Patrick Van Bredum



Michael Underwood



Daniel Walker



Jeremy Vangunst



Savannah Vance



Jenifer Urmon



John Walker



Jesse Vangunst



Mark Vandanaeker



Mallorie Urmon



Ryan Walsh



Christopher Vogt



Jill Vandenberg



Kyle Vogner



Using their library time wisely, Chad Bernel, Chelsey Tulgren and Gary Zauner concentrate to get their work done.



Ashton Ufferts



Nichole Tweedt

Amy Tronkle



Jesse Trovis



Molly Tetzmann



Amanda Thesewitz



Jacob Templeton



Holly Swenson



Chelsey Tulgren



Andrew Tretter



Jacob Tressinger



Ross Thomas



Kyrstin Tenjock



Stephen Swenson



Sarah Touchette



Sheri Thompson



Andrew Testin



Danielle Tegg



Jeremy Vangunst drags Alexander Yeager back to class.



Jesse Troner



David Troch



Melissa Thuis



Nathan Tauer



Savannah Svendsen



Michael Stemer



Justine Stein



Brittany Steele



Angela Spiess



Jonathan Sommer



Adam Svenhesson



Crystal Stich



Jacob Svenhesson



Jannah Stokes



Dustin Sweeney



Jenae Sumption



Nathan Stenberg



Michael Steffer



Mitchell Springer



Elizabeth Sauter



Ashley Spilman



Kevin Speth



Kevin Spiess



Nicholas Sontag



Molly Tolzmann and Hannah McKenzie work on their paper together during College Composition.



Adam Solheid



Christopher Sobieski



Chelsea Smythe



Amanda Skowinski



Geoffrey Shekha



Kevin Seear



Nathan Smoker



Siri Shostedt



Lindsay Sessing



Alyssa Smith



Sarah Stigfrinius



Samantha Sheets



Domino Smith



Kirsten Skoglund



Nicholas Shegstad



Kelsey Schoenberger, Jamie Kissler, Krista Weiss, and Ivo Oliver enjoy reading in their Agriculture class.



Shawn Schuh



Caitlin Schmitt



Arne Schaal



Daniel Salas



Scott Schulte



Janessa Schmitz



Stephanie Scherer



Janie Santos



John Schwietz



Kelsey Schoenberger



David Schinke



Kerry Sawyer



Scott Sager



Lisa Rydeen



Abbey Sculley



Natalie Schoonover



Brooke Schmidt



Kyle Sore



Vanessa Sahr



David Rejn



Brianna Hubbard, John Walker, Rebecca Kennedy, Kyle Fuller, Andrew Norbin and Cathie Futh goof around while waiting for the line to die down before they go get some food.



Eric Rucinski



Anthony Rosenthal



Ryan Rogers



Ashley Riegert



Brandon Rhoda



Melinda Reed



Jessica Ruba



Benjamin Rosenthal



Eric Rognrud



Zachary Ristron



Amanda Richard



Jenell Reverts



Aliecia Rosdahl



Jeremiah Ritter



Andrew Richards



Craig Rognier



Kristin Roosen



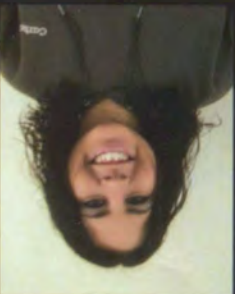
Kara Roenhold



Trevor Rietz



Kimberly Remondel



Talia Hindi and Andrew Tretter show off their pearly whites between classes.



Andrew Ramirez



Andrew Prosser



Chelyne Pringle



Jacob Pritchard



Stephanie Press



Jared Penning



Todd Randolph



Matthew Prosser



Zachary Piskard



Timothy Rangitsch



Wendy Row



Michael Pierce



Daniel Raymond



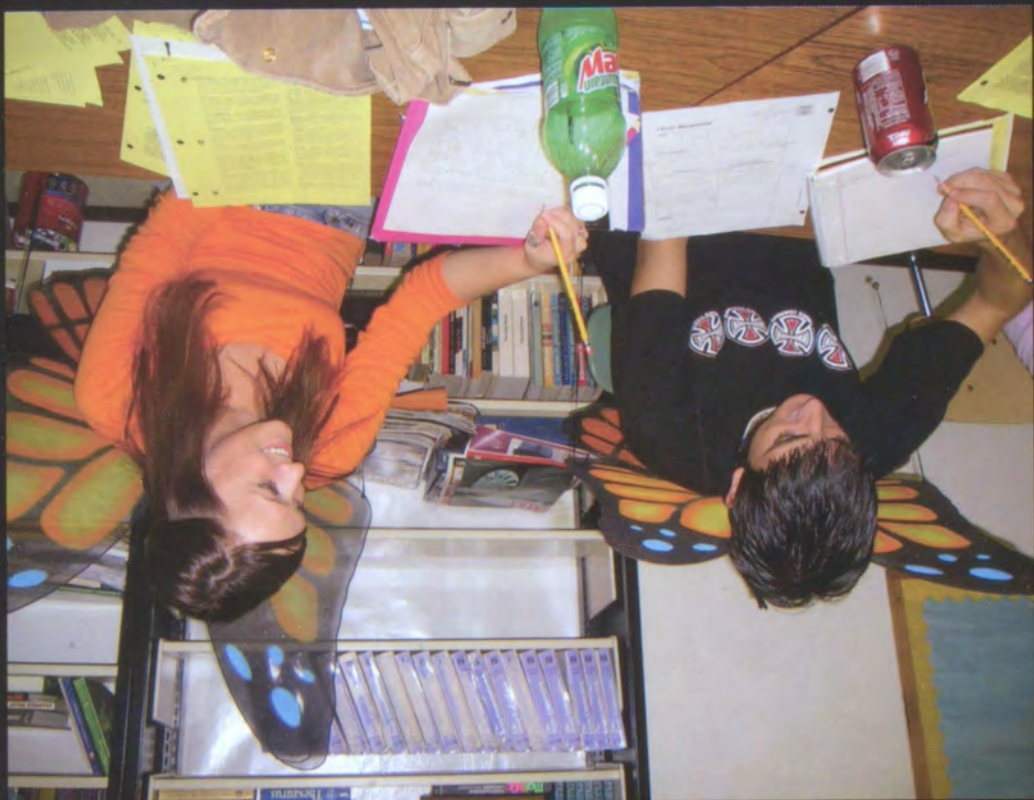
Ashley Rojdl



Mallory Pkous



Taryn Neeser and Craig Regnier sprout wings during the Halloween season in College Composition.



Brandon Paul



Tessa Petroski



Christopher Person



Cassandra Peterson



Matthew Peterson



Luke Petrowske



Anthony Peck



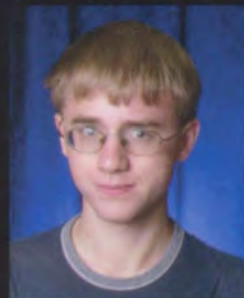
Kristina Pensault



Hannah Petersen



Dru Peterson



Matthew Peterson



What did you do on your 18th birthday?



Antonio Charles
"Went gambling."



Alana Wilke
"Went to the casino."



Matthew Peterson
"Went to the Vu and the casino."



Katie Anderson
"Had a surprise party and got a tattoo."



Patrick Van Beckum
"Went out to dinner and to the Vu."



Christina Odegard
"Went bowling and sang karaoke at a bar."

Emily Palmer



Kristel Overson



Philip Osterbauer



Mary Olson



Jamie Olson



Erin O'Brien



Michael Pariseau



Aaron Patch



Jeremiah Olson



Matthew O'Brien



Joel Portyko



Ashley Palachuck



Juliana Olson



Christina Odegard



Andrew Patin



Benjamin Palmer



Amber Ottembo



Peter Osterbauer



Kevin Olson



Ivo Oliver



Auto tech boys show off their eyewear while tuning up their cars.



Andrew Nordin



Eli Nelson



Miles Nopue



Michael Mullon



Seng Maua



Jacob Morrison



Kyle Nossie



Evan Nelson



Anthony Nosh



Lindsay Munson



Linda Maaoheupoo



Ching Maua



Kayla Nowicki



Jaquelin Nelson



Jessica Neamy



Kelly Murphy



Joshua Mugge



Kristina Penneault breaks away from her media group to show her excitement for her project.

Tyler Obinger



Brandon Neufahr



Tanya Neeser



Sarah Napoli



Seniors Christopher Bachman, Kyle Huberty, Theresa Dobihal, Aaron Moen, Nolan Berg, Danielle Tagg and Zachary Hegvik give an enthusiastic thumbs up to their senior year while they hang out before class.



Sara Maricette



Neil Maris



Jeremiah Morland



William Morberg



Mark Mitchell



Angela Michaelson



Benjamin Montes



Ryan Mitchell



Hayley Miller



Matthew Morelli



Mark Moberg



Jacob Minnig



Jessica Morgan



Aaron Moen



Holly Minde



2005



Class of



Crystal Meyer



Clitia Melboostad



Susan Meyers



Joshua Menne



Kenneth
Meysenbourg



Anthony Merles



Ryan Meysenbourg



Tara Metcalf



John Meisinger



Jonathan Meindl



Jessica Meath



Michael McSafey



Hannah McKenzie



Michael McLean



Carly McMenomon



Benjamin Kolbow, Matthew Kreitlow, Nicholas Foster and Spencer Lueth gather to talk about the ladies in the senior hallway.

Conor McCormick



Anne Matheson



Sara Majewski



John Lundstrom



Joseph McCurdy



Derek Mayen



Joseph Manske



Emily Lutz



Joseph McGuire



Cheryl McCordless



Nicole Mansmith



Matthew Mash



Spencer Lueith



Nigel Lafgren



Wendy Frow educates Mitchell Springer on life in the media center.



Charmayne McKellogg



Kristopher McCollum



Katharine Martin



Josef Maier



Rick Lundquist



Brandon Leade



Nicole Loback-
Boehmeier



Senna Lipp



Joshua Lincoln



Jenna Lee



Ashley Lawrence



Matthew Lange



Janie Lobermeier



Charlotte Little



Brian Linnemooth



Zachary Lehman



Brittany Lawrence



Benjamin Larson



Joseph Lennartson



Noah Lawson



Jennifer Lottin



Samantha Lofstedt



Daniel Lovell



Matthew Lou



Nicole Mansmith, Hayley Miller and Ashley Rajdl work as a team in Marriage and the Family.



The senior class gets caught off guard during passing time.



Corey Kress



Benjamin Kolbow



Angela Kloos



Benjamin Klawitter



Steven Kuhnz



Joanna Koski



Alyce Knoop



Christopher Klein



Michelle Kurz



Ryan Kraft



Kimberly Kradsko



Katie Klein



Bradley Lange



Amber Kush



Jane Kueschnir



Matthew Kretlow



Jason Kohler



Thomas Kling



Jonie Kessler



Timothy Kierow



Thomas Kelly



Paige Karwoski



Cassidy Jones



Scott Johnson



Rebecca Kennedy



Katie Kauffuss



Jessica Juutilainen



Tasha Johnson



Christopher Kerhoff



Kelly Keefe



Michael Koeding



Andrew Jacon



Steven Kessler



Sally Kellerhuis



Brooke Karwoski



Ann Jonason



Branden Imler, Joseph Ihke and Angela Spless are in awe of their class assignment in the media center.

Dolores Johnson



Kenneth Janssen



Sarah Huepenbecker



Ivan Johnson



Blake Jedneak



Joseph Irlbe



Jacob Johnson



Scott Jensen



Brandon Imber



Brianna Hubbard



Chance Hdr



Heather Hogan



Jerry Johnson



Jennifer Jimenez



Kelsey Immel



Kyle Huberty



Christopher Homgch



Amarda Hrkanson



Tevfik Anagarta escorts Rachel Hanson and Cathie Fulth to class after lunch.



Anthony Hinton



Talia Hindi



Karianne Herdino



Jill Henderson



Brianna Hestman



Erik Hogman



Jennifer Hodgdon



Modeline Hinrichsen



David Henger



Matthew Hendricks



Cathery Heinrich



Justin Hedgers



Matthew
Hendrickson



Jessica Heller



Alexander Hestlund



Brittany Herberg



Jennifer Henderson



Zachary Hegvik



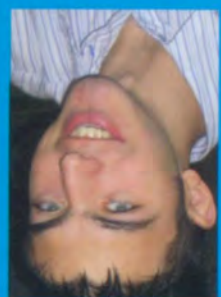
Jennifer Lattin and Alex Geuing take time out of their lunch to strike a pose.

What's your best excuse?

Mitchell Springer
"I slept in."



Tevfik Anafarta
"My hermit crab died."



Ross Thomas
"It's Micks fault!"



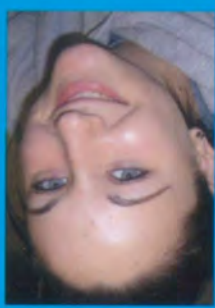
Anna Bantari
"I was feeding my giraffe."



Anne Schaal
"The Bible told me not to."



Janessa Schmitz
"I didn't feel like it."



Michael Howland



Synthia Haseltine



Clayton Harrison



Rachael Hanson



Angela Hanson



Alyssa Hansen



Charles Hawkins



Sabina Hasia



Samuel Harvey



Marcus Harrington



Kimberly Hanson



Rebecca Hansen



Markus Hahn



Samantha Grimes



Michael Glyn



Ashley Giovanni



Brittany Gorman



David Gelmann



Steven Haider



Zachary Guttman



Sean Gough



Anaiah Gilson



Alex Gering



Michael Gensmer



Natalie Hall



Robert Hoyer



Kyle Green



Alexander Hannibal



Kelly Hoglund



Jessica Griffith



Heavy lifting! Seth Carlson, Clayton Harrison and Nathan Young show off their manly physiques during weight lifting.





Landscape Design class helps out the school by putting in a new railing by the back entrance. Mr. Marcus Leuton is surrounded by students, Jacob Minnig, Robert Hager, Travis Wittnebel, and Brandon Paul.



Patrick Fogarty



Samantha Fendler



Jamie Essen

Joseph Fennig



Nathan Foster



Patrick Fick



Molly Faldt



Amy Grawford



Kyle Fuller



Jeremy Friel



Nicholas Foster



Jeremy Flom



Stephanie Falters



Molly Geatin



Kimberly Gornick



Cathie Fuith



Jodi French

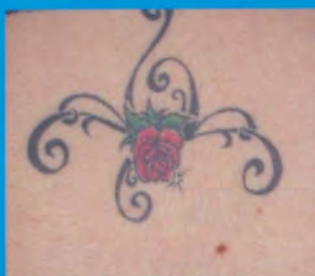


Sara Flug



Michael Feist

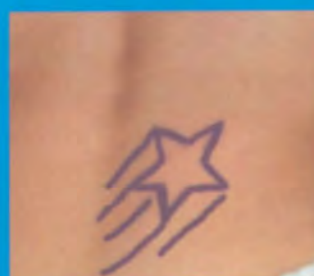




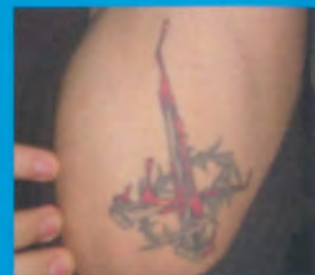
L.



K.



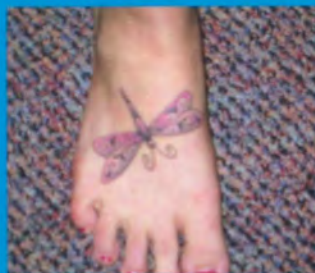
J.



I.



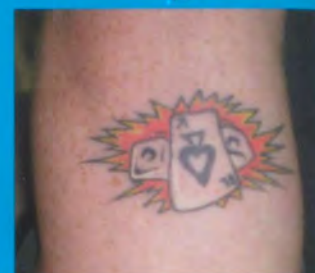
H.



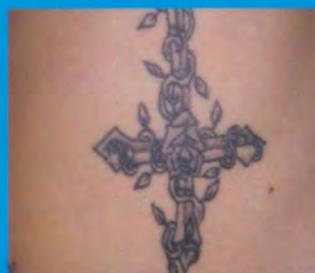
G.



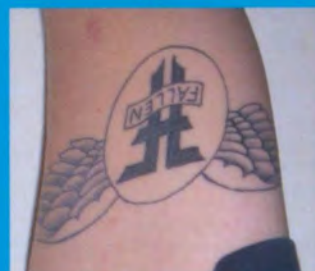
F.



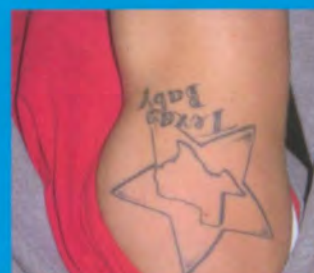
E.



D.



C.

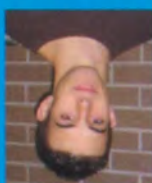


B.



A.

Joshua Menne



Karianne Herdina



Jesse Travis



Trevor Reick



Brooke Schmidt



David Welch



David Ryhn



Natalie Hall



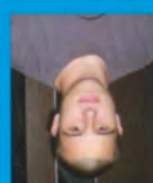
Ashley Giannini



Joseph Ihrke



Patrick Fick



Amy Gaustad



Match the Tattoo!



Robert Erdos



Stephanie England



Jeffrey Eichten



Bradley Dowerler



Brittany Erickson



Justin Engmark



Chantel Eischen



Nicole Duff



James Erickson



Jamie Engvall



Nikki Elliott



Joel Duncan



Andrea Dolan



Theresa Doherty



Shawn Erickson



Erik Erdos



Kristine Elsenpeter



Abigail Eagen



Chelsea Doriott



Moriah Dostleeder

Marriage and the Family students goof around before putting on their skit.



Erica DeBentment



Adam Dehaven



Andrew Day



Sam Danielson



Rachel Carson



Katherine Cooley



Shannon Delffesen



Jennifer Dempsey



Robert Dimmen



Kyle Dempsey



Michael Butchko slams his third carton of milk while his boys cheer him on.



Dana Cox



Jennifer Cozenney



Cody Cunningham



Jason Capt



Sarah Dittmerer



Cody Denny



Emilio Degennaro



Sarah Davies



Evan Dohi



Ashley Corbett



Nicole Coby



Jessica Chilson



Danielle Chorthond



David Charles



Anna Cassidy



Jessica Bystrom



Thomas Cookburn



Jessica Clafflin



Gionny Celeste



Samantha Calvin



Amber Colbert



Katie Clark



Adam Chandler



Jeffrey Carlson



Amarda Connolly



Zachary Clasen



Tong Cheng



Madeline Charles



Antonio Charles



Seth Carlson



Synthia Haseltine and Joseph Burke do the robot, while Charlotte Little laughs at their shenanigans.



Matthew Butchko



Christina Bugnionski



Alexander Brown



Samuel Brodley



Lindsay Bode



Jesse Bishop



Michael Butchko



Kevin Burk



Anthony Brown



David Brand



Katelyn Boerem



Victoria Bizzotto



David Bydalek



Larisa Butkova



Kyle Bruggenthies



Kelly Bresin



Jenna Botterill



Christian Bjork



Matthew Byland



Robert Busch



Leah Bruner



Adam Brown



Cory Byrd



Kyle Blum



Chad Bernell



Sarah Berger



Daniel Bennett



Sydney Beck



Anna Bonifanti



Myles Botley



Ryan Bortner



Vanessa Berglund



Ashley Benson



Korine Becker



Joseph Barstow



Megan Baird



Matthew Berben



Candi Berens



Daniel Bender



Briton Botcheller



Ryan Boker



Eric Anderson picks up his friends in the hall before class.



Nolan Berg



Tyler Bengtson



Briton Bountheg



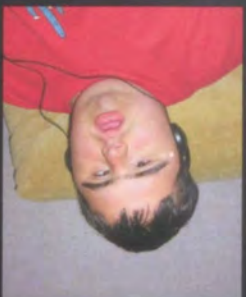
Elisa Boddassenti



Breeden Ashton



Teng Angell



Mark Anderson



Eric Anderson



Tyffik Anufarfo



Christopher Albee



Jones Bobbitt



Zachary Arbuckle



Nathan Anderson



Joelle Anderson



Benny Andersen



Rebecca Alexander



Christopher Bachman



Felicia Aant



Rachael Anderson



Kali Anderson



Jillian Andersen



Danielle Alt



Danielle Bachmeier



Brian Ashby



Nicholas Andreasen



Katie Anderson



Dustin Anderson



Michael Amundson



Seniors

"Got 'Er Done"

We all *came* in here with a

common goal: to graduate. And throughout the tests, failed

relationships, school lunches, and

parking passes, we've made it. The

experience flew by and has left us ready

for the world. Our past has made us

who *we* are today, with all of our golden

memories in hand. We *saw* change

within ourselves as well as in our

school, and now we can only hope that

we are ready for whatever the world has

in store for us. This is the time to break

away from everything familiar and start

a new beginning, while keeping in our

hearts the journey that has brought us

to where we are today. As the clock

ticks, the last seconds of our adolescence

fade away, so take the time to

remember the golden crossroads we

faced and all the platinum opportunities

that are in store for us. With our goal

soon to be met, we can say that we

conquered high school and ended it all

at the "Top of the Charts".

Theater class gathers on stage for a group hug before their performance.



Seniors

102

Andrea Oersveld



Lisa Abel



Adara Adams



Daniel Oddis



Sara Welk puts the finishing touches on her project for ceramics class.



Geoffrey Shetka leads the way.





RISING TO THE TOP

PEOPLE

No matter if you are a senior, junior, or sophomore, each day is another opportunity to begin rising to the top. Even though only "mug shots" are shown in this section, there is a story behind every face. The pictures were taken in a split second - but the memories made will be remembered years from now when looking back at Yesterday's Gold.





The future spins into focus as the past rolls on. During our high school years, **students** are pressured to excel ahead **of** peers, and be ahead of their time. The journey does not end when the caps are thrown. For some of us, this year marks the start of new tomorrows. For others, this is the time to take what we've learned and show the world what we can accomplish.

Students concentrate and focus, studying hard to earn a good grade!



Today, students focus on college decisions. Seniors have their futures mapped out, while juniors' and

sophomores' plans **will be** sketched in the years to come. As we step back and remember yesterday's gold, strive toward being **tomorrow's platinum.**



- Christina Odegard

TOMORROWS PLATINUM



Above: Mr. Thomas Newell gives an exciting lecture in Personal Law!



Right: Ms. Anne Dahl's Spanish class takes a break by standing up and stretching on their chairs!

Left: Juniors Joseph Raasch and John Scheierl look up the supplies needed for their chemistry project.

Billboard

Top 100 Platinum

This Week	Last Week	Page	Title artist
1	1	100	Rising to the Top People
2	3		She will be Loved maroon 5
3	2		Pieces of Me Ashlee Simpson
4	6	102	Got 'er Done Seniors
5	4		My Happy Ending Avril Lavigne
6	5		Let's Get it Started Black Eyed Peas
7	8		On the Way Down Ryan Cabrera
8	7		Sunshine Lil' Flip Featuring Lea
9	9	142	On the Move Juniors
10	11		Goodies Ciara Featuring Petey Pablo
11	12		Leave (Get Out) JoJo
12	10		I Like That Houston Feat. Chingy and Nate Dogg
13	13		If I Ain't Got You Alicia Keys
14	14	164	Just Getting Started Sophomores
15	17		Dip It Low Christina Millian
16	16		Move Ya Body Nina Sky Featuring Jabba
17	18	184	Oldies But Goodies Faculty And Staff









Tomorrow's

Platinum

