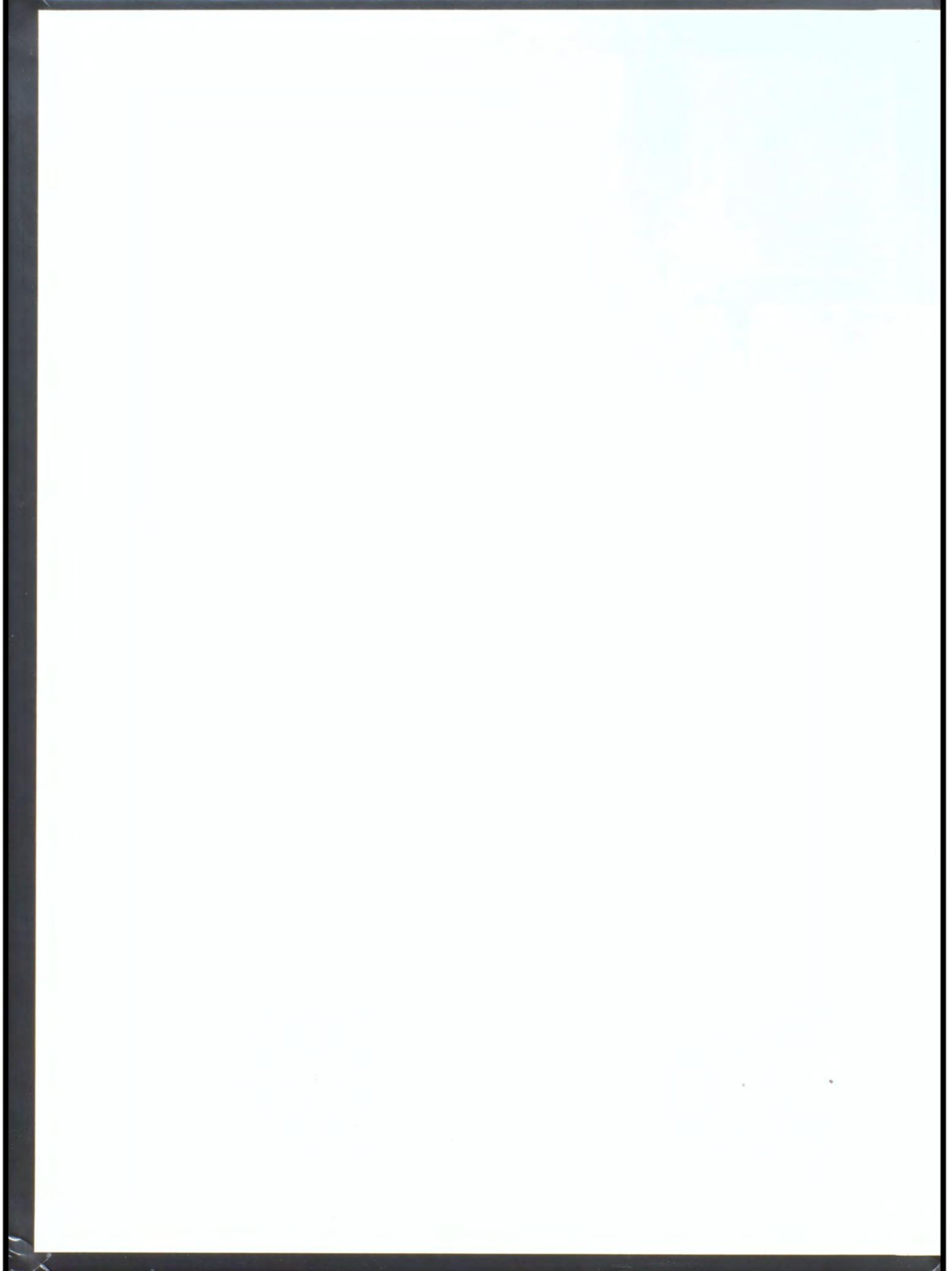
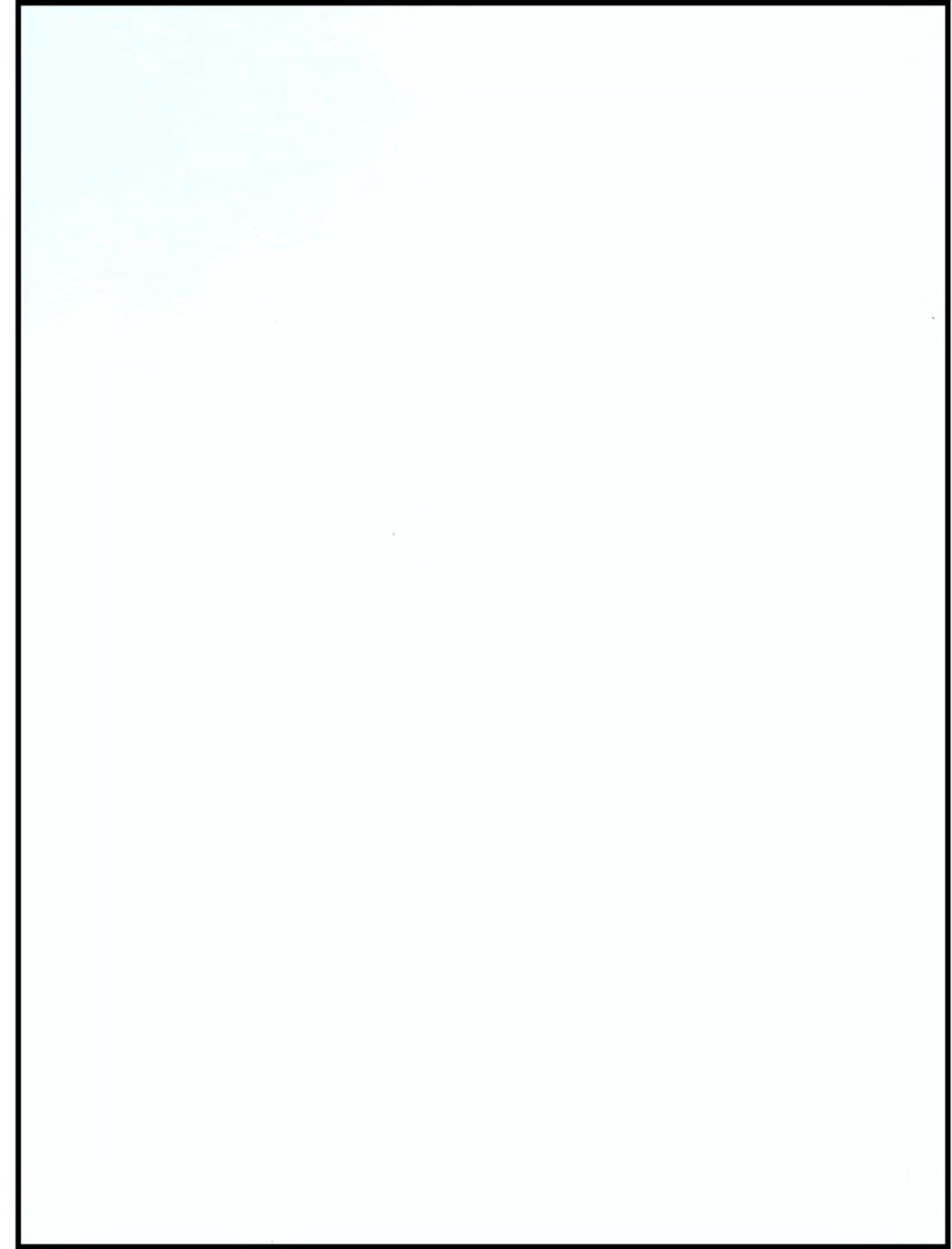


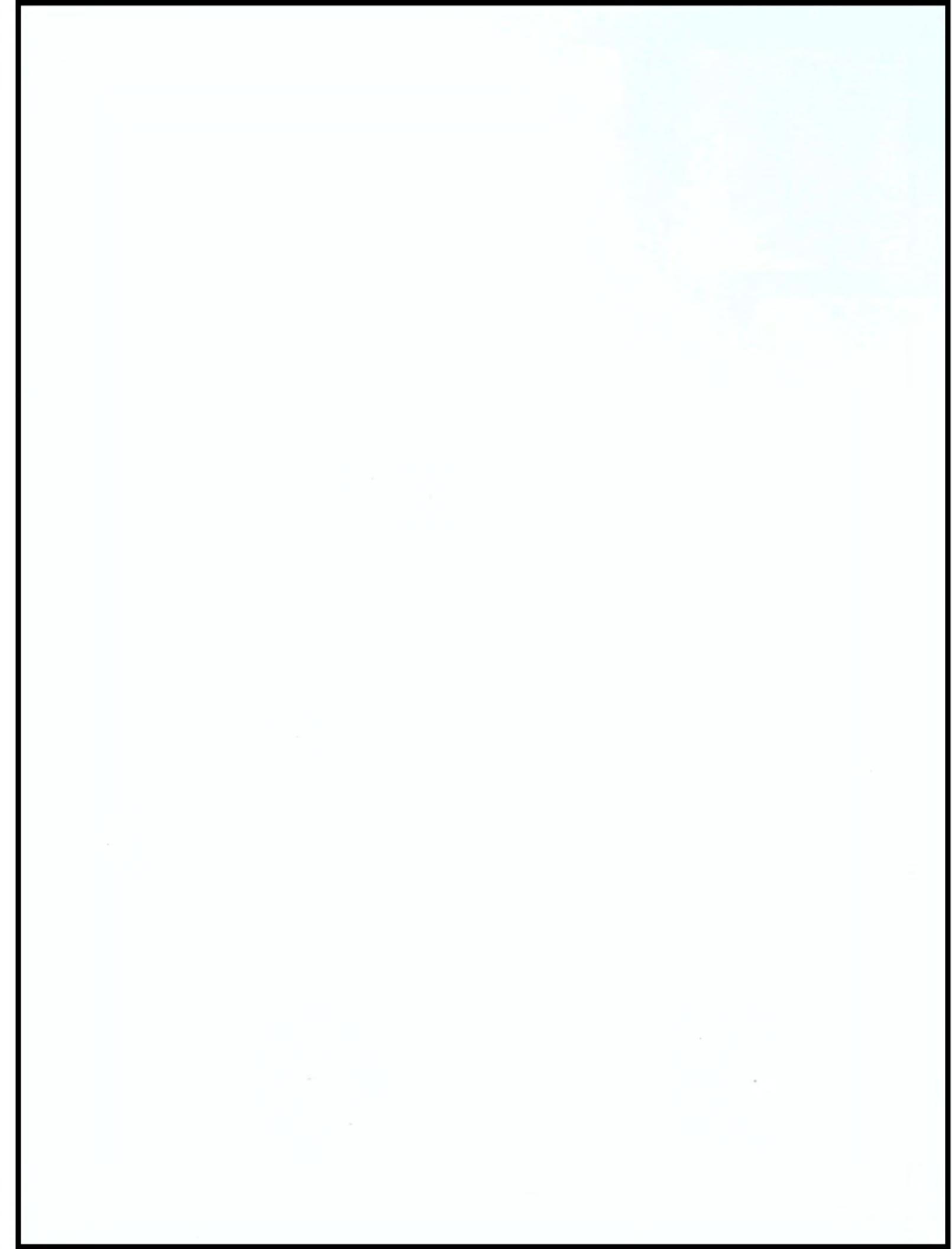
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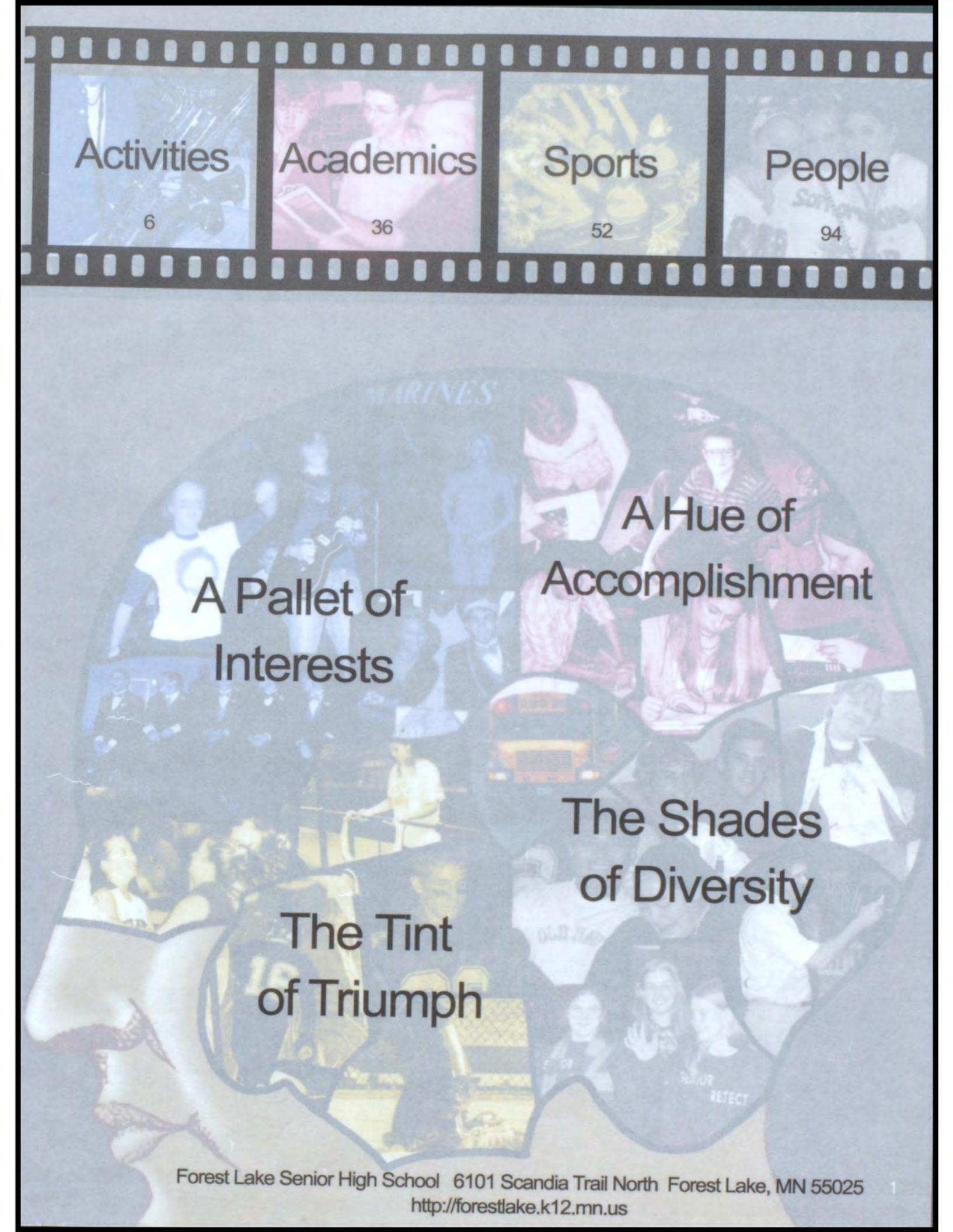
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color









Activities

6

Academics

36

Sports

52

People

94

A Pallet of
Interests

The Tint
of Triumph

A Hue of
Accomplishment

The Shades
of Diversity

People

34

Sports

25

Academics

36

Activities

6

A Hue of

Accomplishment

A Palette of
Interests

The Shades

of Diversity

The Tint

of Triumph



All 4 Color

Prior to this year, our yearbook was traditionally printed mostly in black & white, with special sections reserved for full color.

This year's theme revolves around the 4-color process used to reproduce a full color book. To produce full color photographic images, printing presses use four colors of ink.

These inks are placed on the paper in layers of dots suspended in a translucent vehicle. When combined these dots create the illusion of the actual colors that would appear in a photograph.

CMYK refers to the four ink colors used by printing presses. C is Cyan (blue), M is for Magenta (red), Y is for yellow, and K is black, the keyplate.

The image on the front cover shows a photograph separated into CMYK components.

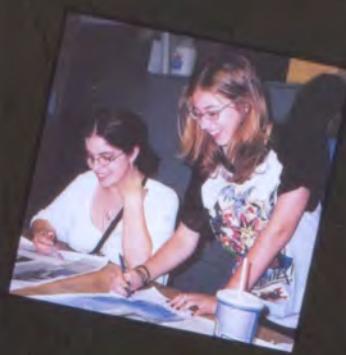
Much like this printing process people also have layers.

The beginning of these layers starts when you become a freshmen in high school. It's at a time when you begin searching for who you are.

As your sophomore and junior years come and go, two more layers are added to the person you will become. As your senior year is upon you, the final touches of your character are being put into place. Until it becomes time to graduate, this is when the last layer has been added and the picture is complete. So just as it takes 4 layers of color to complete a picture, the 4 years of high school help shape the rest of your life.

-Molly Trombley and Cortney Marr

Senior Daniel Guenther watches in amazement as Junior Tyler Bengston shows him how strong he is.



Seniors Jessica Michalek and Aileen Leroux laugh and talk as they work on their masterpieces in art class.



Juniors Anne Schaal and Jessica Bystrom sit and study in their class. Keep up the good work girls!



Elizabeth Ciccone poses for the camera during lunch while Corrine Kettler is looking for a way around the masses.



Joseph Beane takes time to smile for the camera as he makes his way to class.



GO RANGERS!! Here the team captains and royalty show their spirit on the spirit bus. On September 29th they all went around to the elementary schools and junior highs to get the students pumped up for Homecoming.



Sophomore Brian Tauzell and Seniors Richard Main, Mark Syncyn, Rachel Goossens, and Thomas Tauzell hang out and talk in the Student Office of the Agriculture department before school starts.

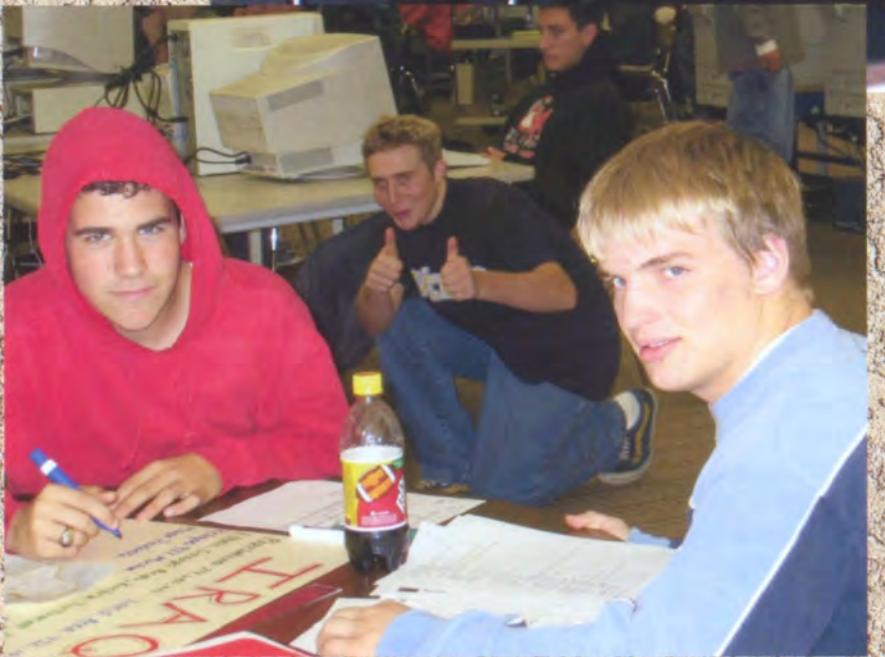
Senior Daniel Garritsen takes a break from learning to look up for a picture.



Mr. Thomas Newell's Personal Law class listens intently as he explains the day's lesson.

Working hard or hardly working? Below, Juniors David Brand and Scott Jensen work hard as Joshua Lincoln takes a little break during class.

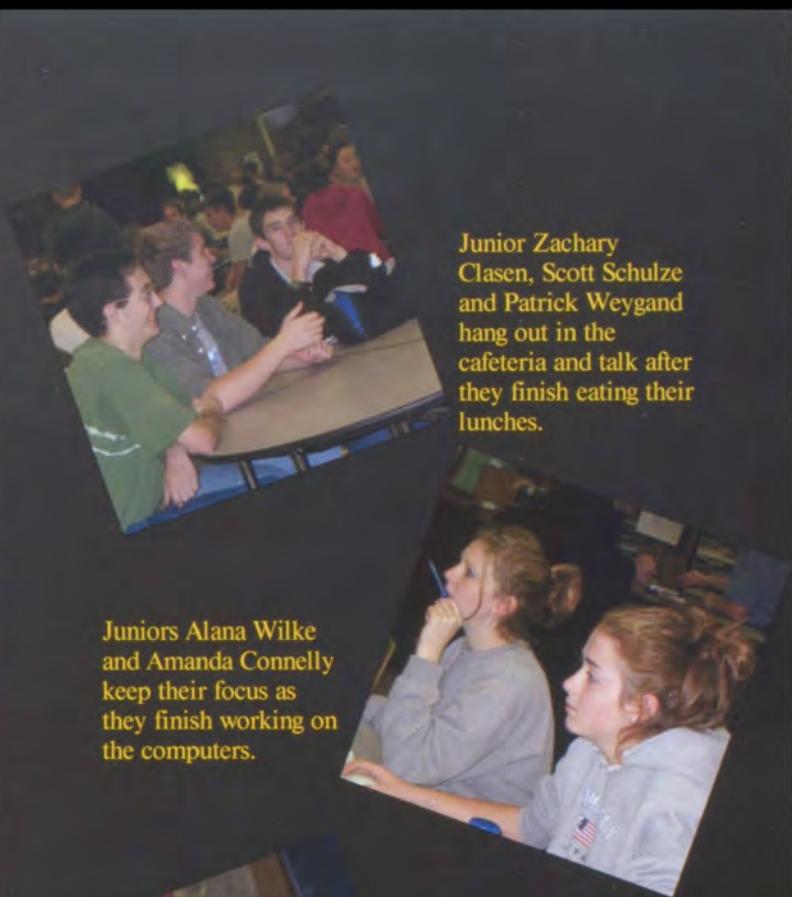
FOREST LAKE H.S. RANGERS





Boy in a cage!! Don't let Brian Maloney's smile fool you. Here he is as he pumps some iron in the weight room. Look out out world, here he comes!

Left- Junior Rebecca Kennedy searches to find the perfect book for her assigment, while her classmate Meghan Zajac looks surprised at what she has found.



Juniors Alana Wilke and Amanda Connely keep their focus as they finish working on the computers.

Junior Zachary Clasen, Scott Schulze and Patrick Weygand hang out in the cafeteria and talk after they finish eating their lunches.



Junior Victoria Bizzotto and her friend Jamie Lobermeier talk in the hallway on their way to lunch.



Junior Matthew Lau takes a little nap during his third hour class. As you can see this hard working student is too busy counting sheep to pay attention in class.

Senior Lorin Skoglund works hard on his coloring for class. This proves you're never too old to use crayons.

All For Activities

A moment of satisfaction and pride as the cast of the fall musical bows to a full-house after opening night. The

PALLET of beautiful colors as the Art Club creates another magnificent piece. The confidence of the speech team making a name for themselves in the state competition. A moment of suspense as the homecoming royalty await the announcement of who will be the next Homecoming King and

Queen. Even the sense **OF** personal achievement as the National Honor Society wraps up another long day of volunteering for the community.

Many students, all with different

INTERESTS,

each trying to find a way to be their true self.

Activities take place before school, after school, and sometimes even during school. It is a time when people from all different social groups come together to experience personal achievement.

-Jessica Paschke

Ride them Ponies! Seniors Kayla Gonsior, Hannah Sparks and Katherine Hollerbach showed their school spirit as they cheered for the Rangers at Homecoming.



Way to go floriculture!
Juniors Kristine Elsenpeter,
Mary Olson, Chelsey
Tulgren and Senior
Amanda Melhom worked
hard during FFA.

Junior Nicole Mansmith, a member of
the Dance Team, squeezed a smile
onto the face of a student at Wyoming
Elementary. On Monday, September
29, the spirit bus visited all elementary
and junior high schools.

Senior James Keen made his way through the obstacle course set up by the Marines. The inflatable course was set up in the new gym on Friday, October 3.

All For Spirit

It's a week met with anticipation every year: five fun-filled days during which students get to sport their style in a variety of looks - from the extremely comfortable pinks and blues of the bathrobes and slippers worn on Get Up and Go Day to the very formal blacks and whites of the dresses and suits worn on Dress Up Day, and everything else in between.

The endless possibilities for clothing ensembles at times seemed quite

overwhelming, but some days were easier to dress for than others. "I just went through my closet, picked out all the stuff I hadn't worn in like a year, and put it on in a whole lot of layers," said Sophomore Julie Palacheck of Wednesday's Wacky Day.

There were quite an assortment of activities to choose from during Spirit Week as well. Some were of a fiercely competitive nature, such as the PS2 Tournament or the Battle of the Bands;

others were conducted in a more relaxed environment, such as the Indoor Movie, to which students were encouraged to bring pillows and blankets. Regardless of these varying atmospheres, a good time was had at all of the events. The Battle of the Bands was a favorite of Junior Sarah Davies. "I just like hearing what kids from our school can do," she said.

Indeed, Spirit Week offers something enjoyable for everyone.

~ Sean Casey

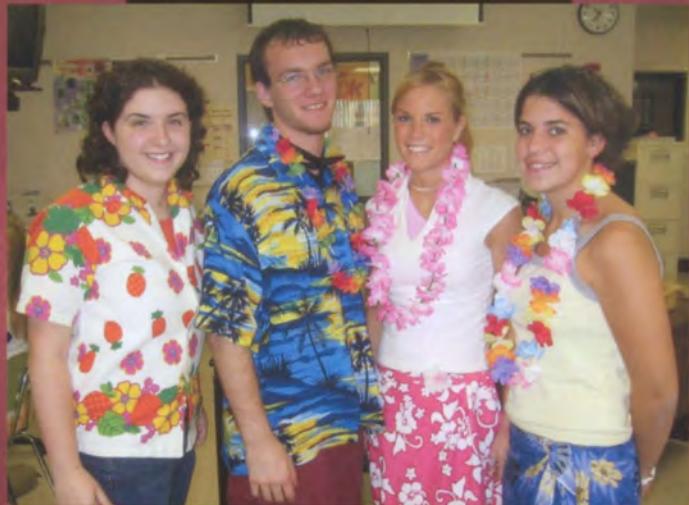
Monday

Right: Senior Nathaniel Hughes and Junior Christopher Homyak lay down the beat at Forest View Elementary School. The enthusiastic members of the Spirit Bus visited all the schools in the district in order to get everyone fired up for Homecoming Week.

Below: Junior sleepbeads Katharine Martin, Ashley Palacheck, and Sarah Dittbner manage to find the energy for a quick smile. Get up and Go Day has long been the kick off to Spirit Week, and also one of the most popular days with students.

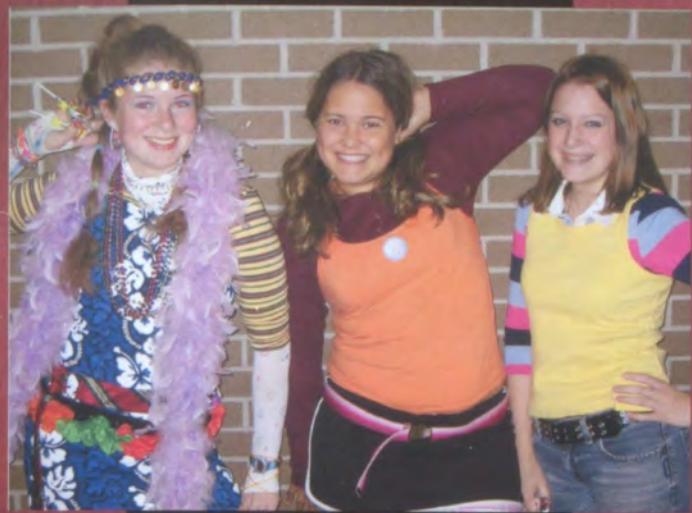


Tuesday



Above: Seniors Andrea Sogaard, Travis Manick, Andrea Lehner, and Amy Charpentier take a break from class to showcase their island apparel. Hawaiian Day served as a colorful reminder of summer to many students engulfed by the chill of fall.

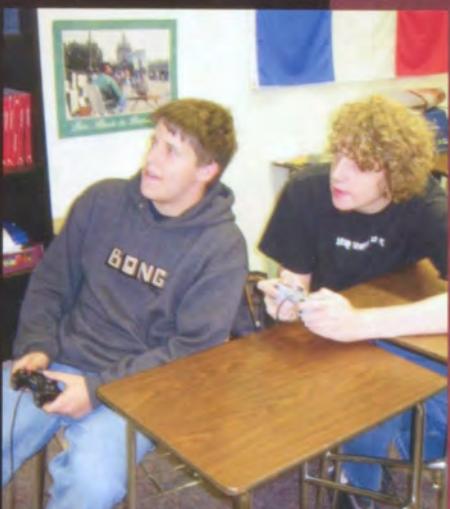
Left: Seniors Jamie Kobs and Brianna McMahon camp out in comfort at the Indoor Movie. Many other students also arrived early on the scene to stake out a good spot in the fieldhouse for the viewing of this year's movie, "Saving Silverman."



Above: Excited Sophomores Laurie Miller, Danielle Rieble, and Lindsey Wagner show off their clashing clothing. The ensembles displayed by these three were actually some of the more modest combinations glimpsed on Wacky Day.



Left: Senior Shawn Williamson strikes a pose and shows off his snappy fashion sense. Students suited up in their best formal attire for Dress Up Day and strutted their stuff all around the school.



Right: Sophomore Nicholas Christy and Junior Adam Chandler battle it out at the PS2 Tournament. Out of this year's many initial contestants, finally only these two warriors remained, with Nicholas narrowly defeating Adam to claim first place.



Below: Sharply dressed Seniors Drew Pederson, Sean Casey, Stephen Anthony, and Donald Hokanson rock out. Their band, "Tasteless Willard," tasted sweet, sweet victory, beating out the other eight groups competing in this year's Battle of the Bands.

Wednesday

Thursday

Friday



Left: Sophomores Jessica Giesner, Cassandra Ellington, and Ashley Paul display their home-made Homecoming pride. The student body became a sea of spirit for Maroon and Gold Day.



Above: As her fellow students look on, Senior Rachel Tarry shows her appreciation for the Dance Team at the Pep Fest. The Cheerleaders and Jazz Band also entertained, building the excitement for the big game.



Jamie Kobs flashes the camera with her amazing smile after being crowned Homecoming Queen.

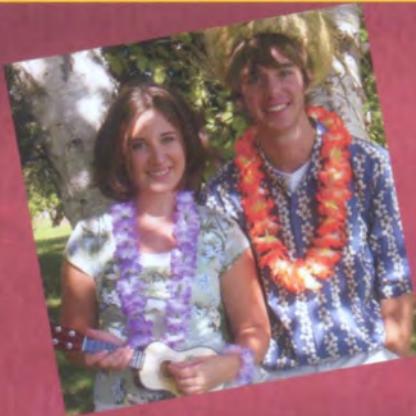


Above: Samantha Hough, Stephanie DeMars, Cortney Marr, Jessica Boerum, Thomas Frericks, Matthew Keller, Paul Fransen, Jeffrey Norton
Bottom left to right: Jamie Kobs, Christopher Johnson



Christopher Johnson shows off his crown after being voted our 2003 Homecoming King.

2004 Homecoming Candidates



Q: What does being royalty mean to you?

Matthew Keller: "Leadership, well liked, willing to have fun."

Stephanie DeMars: "A week of non-stop fun and no sleep."



Q: If you could pick anyone in the world to be your king or queen, who would you choose and why?

Thomas Frericks: "Sam, because shes a good leader and has a great personality."

Samantha Hough: "Tommy, because hes the bestest friend I've ever had."

The Royal Treatment

The Royal Treatment has been given, and the 2003 homecoming candidates were announced: Cortney Marr, Paul Fransen, Jamie Kohs, Jeffrey Norton, Jessica Boerum, Christopher Johnson, Stephanie DeMars, Matthew Keller, Samantha Hough, and Thomas Frericks. With little time to prepare and only four days until coronation each candidate

is put on the spot to fulfil their new job for a week. Each night of the week was planned out for them. Monday was the Spirit Bus, Tuesday night was movie night in the new gym where Saving Silverman was shown. Wednesday consisted of the candidate breakfast and the Play Station 2 tournament and on Thursday the Battle of the bands was held in the

cafeteria. This left only a few hours of sleep and less time to prepare for Friday's Pep-fest.

When the big day finally came, each candidate was given a balloon and a needle. When the nominees popped the balloons, confetti flew out of Jamie Kohs' and Christopher Johnson's balloons, naming the Homecoming King and Queen

~ Katie Carlson



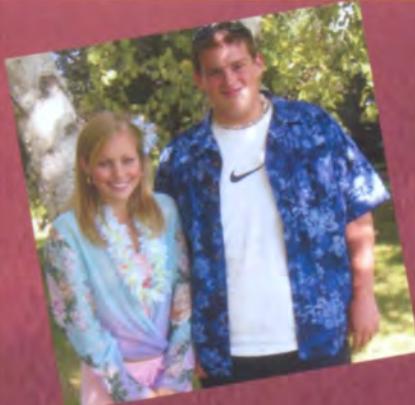
Jeffrey Norton sports his Vikings Football jersey while awaiting his own football game later that night.



Cortney Marr and Jessica Boerum take a quick pose while waiting to serve the next hungry students



The Girls Take a ride around the football track During the big game to show off their school spirit



Q: If you could be a real king or queen, which country would you rule over and why?

Jeffery Norton: "England - its a big country and very powerful."

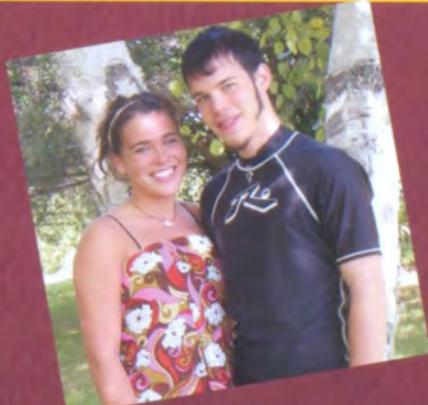
Jamie Kohs: "Egypt, because its a wonderful country and it has a unique history."



Q: If you could design your crown, what would it look like?

Paul Fransen: "One made out of construction paper and pipe cleaners."

Cortney Marr: "Made out of pink and white orchids."



Q: What was your favorite memory about you partner?

Christopher Johnson: "High-fives at pep-fest."

Jessica Boerum: "When he said his head was hollow and then knocked it a few times."



All for one, and one for all

All you can hear are the screams and chants; the bleachers are packed; it's cold but nobody notices because of the closeness of friends; the game begins. All week long everyone is getting geared up for the main event – maroon and gold vs. red and white.

The game had a rough start, Stillwater was in the lead. After half time the Rangers got back on the field with more motivation. Thomas Frericks made the first touchdown in the fourth quarter. The fans went wild! Minutes later, a second touchdown was made by Steven Carlisle. Though they did not catch up to Stillwater, Forest lake did not go down without a fight.

The spirits were still high and the attitudes cheery, because everyone knew that as the years pass no one will remember the score or the loss, but will remember the enthusiasm that was shared by all.

~Nicole Zastrow



Sophomore Angela McKinnon stands by her friend, Sophomore Kelly McArthur at the pep fest.



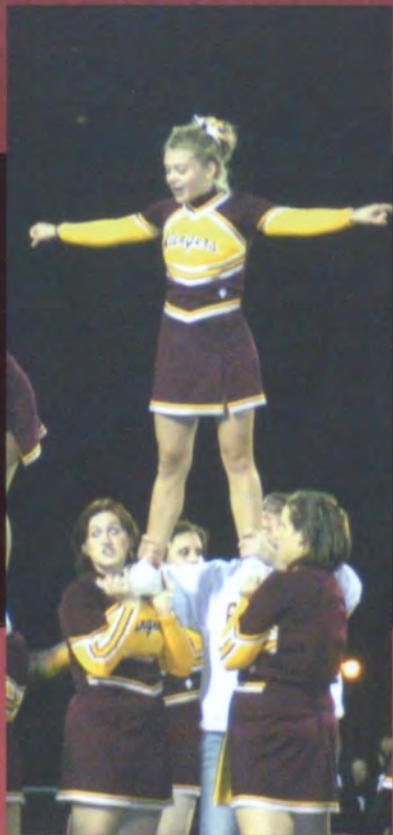
Junior Amanda Connelly and seniors Rachel Kissner, Kathryn Hallberg, Jenna Williams, Jynelle Gorka, and Amy Charpentier tailgate before the football game.

Forest Lake Rangers fight hard while tackling Stillwater Ponies.

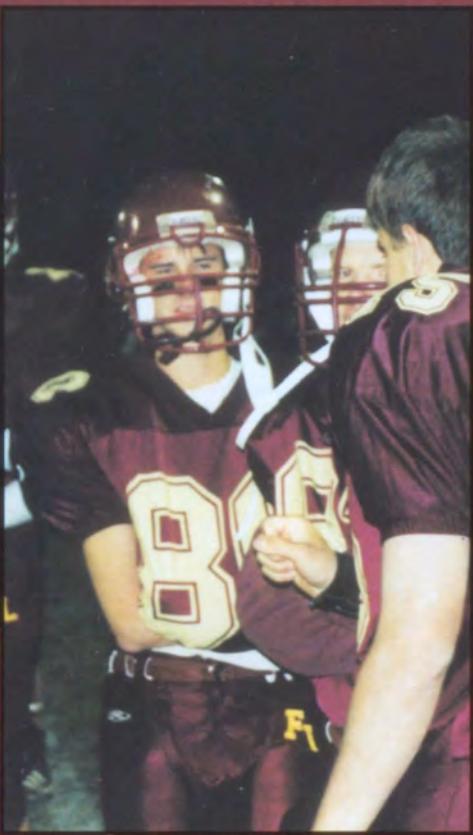
Those football players sure know how to dance! The guys joined in with the dance team at the homecoming pep fest.



The crowd goes wild! The juniors show their school spirit at the pep fest.



Raising spirits. Sophomore Kelsey Callahan is lifted by her teammates during the halftime show.



Junior Ryan Walsh went to his fellow teammates for advice on the sidelines.



The crowd held its breath as Junior John Schwietz runs from his Stillwater opponent.

Chorus

Amber Nelson, Anne Schaal, Ashley Grundtner,
Braeden Ashton, Brandon Neujahr, Chance Holt,
Connor Becker, Danielle Linwood, Emily Buck, Eric Wilson,
Faith Henry, Ian Simpson, Jessica Bystrom,
Katherine Holmes, Kelly Bresin, Kerianne Donoboo, Kevin Olson, Kyle
Vadner, Matthew Byland, Matthew Hendricks,
Matthew Joyer, Melinda Reed,
Michelle Haseltine, Molly Tolzmann,
Rachel Hafele, Samantha Calvin, Sarah Wright,
Sydney Beck, Stephanie DeMars, Susan Meyers,
Teresa Dobibal



*Joel Partyka
Frank Butler*



*Markus Habn
Buffalo Bill Cody*



*Ana Bahr
Dolly Tate*



*Caleb Rotach
Tommy Keeler*



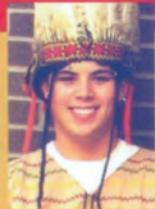
*Rachel Piersdorf
Winnie Tate*



*Jason Geving
Charlie Davenport*



*Kevin Burk
Foster Wilson*



*Brian Berg
Chief Sitting Bull*



*Danielle Mueller
Annie Oakley*



*Sarah Stout
Jessie*



*Casey Johnson
Nellie*



*Shawna McNamara
Little Jake*



*Daniel Bennett
Pawnee Bill*

Director: Timothy Newcomb Set Designer: Marty Windholz Choreographer: Cindy Jones
Vocal Director: Crystal Ivanish Pit Orchestra Director: David Livermore Costumer: Laura Little
Student Directors: Kerianne Donoboo and Jessica Bystrom

There's No Business Like Show Business

Left: Annie Oakley takes a moment just before the shooting match to inform her opponent Frank Butler that "anything he can do, she can do better."

Below: Buffalo Bill Cody is introduced at his Wild Wild West Show by lovely ladies Senior Stephanie DeMars and Junior Theresa Dohihal.



Left: Annie makes her case for the validity of Tommy Keeler and Winnie Tate's marriage as Charlie Davenport listens intently.



student talent. "The Fall Musical showcases some of the most able students that the Drama, Music, and Art departments have to offer," Newcomb continued. "It is always entertaining, energetic, and enjoyable."

Senior Chorus-member and Student Director Keri Donohoo echoed his sentiments. "It's so much fun! The atmosphere, the interaction, the relationships...it's all worth the hard work. The feeling you get when you're onstage in front of the audience is a feeling like no other." There is no business like show business, and the Fall Musical is an activity like no-other, one which must be experienced firsthand.

~ Sean Casey



Above: The "pressure" gets to Frank Butler, "Champeen" Sharp Shooter of the World, as he intentionally misses the clay pigeons while Dolly Tate and others look on in disbelief.

Pit Orchestra



Alyse Howie, Andrew Bowles, Ashley Palacek, Cassandra Brandt, Chelsea Kosman, Donald Hokanson, Drew Pederson, Janna Morris, Jenny Canine, Jesse Traner, Jill Anderson, Mallory Pilkus, Matthew Walz, Michelle Dina, Sean Casey, Seth Carlson, Stephen Korthals

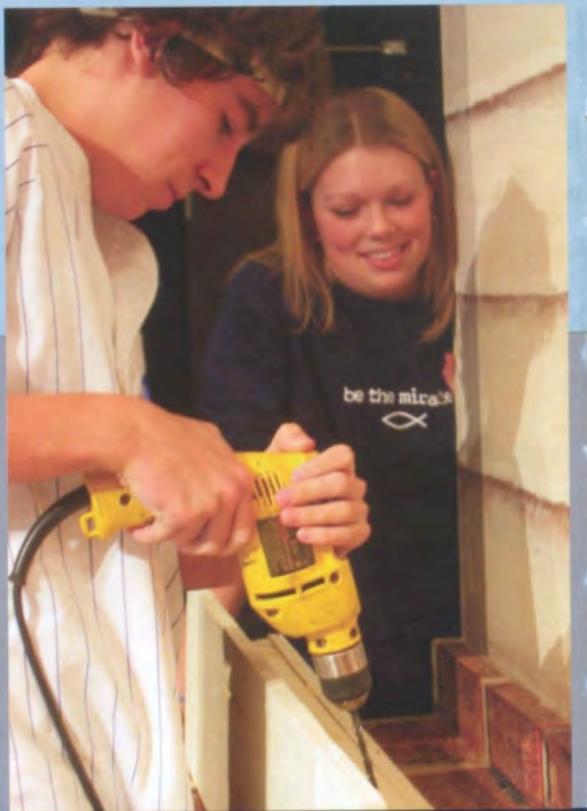
Newcomb's Minions



Above- Senior Stephen Anthony and Sophomore Matthew "Fresh" Joyer display their acting skills by pretending to be busy at working the lighting from the catwalk above the auditorium.



Right- Junior Jessica Bystrom diligently works at finishing painting the red shutters on the set of 'Annie Get Your Gun.' Senior Ashley Tackes lends a helping hand by holding the paint tin.



Above- Sophomore Caleb Rotach carefully drills in a remaining few holes to hold flowers in front of the play set. Junior Jessica Bystrom looks over his work.



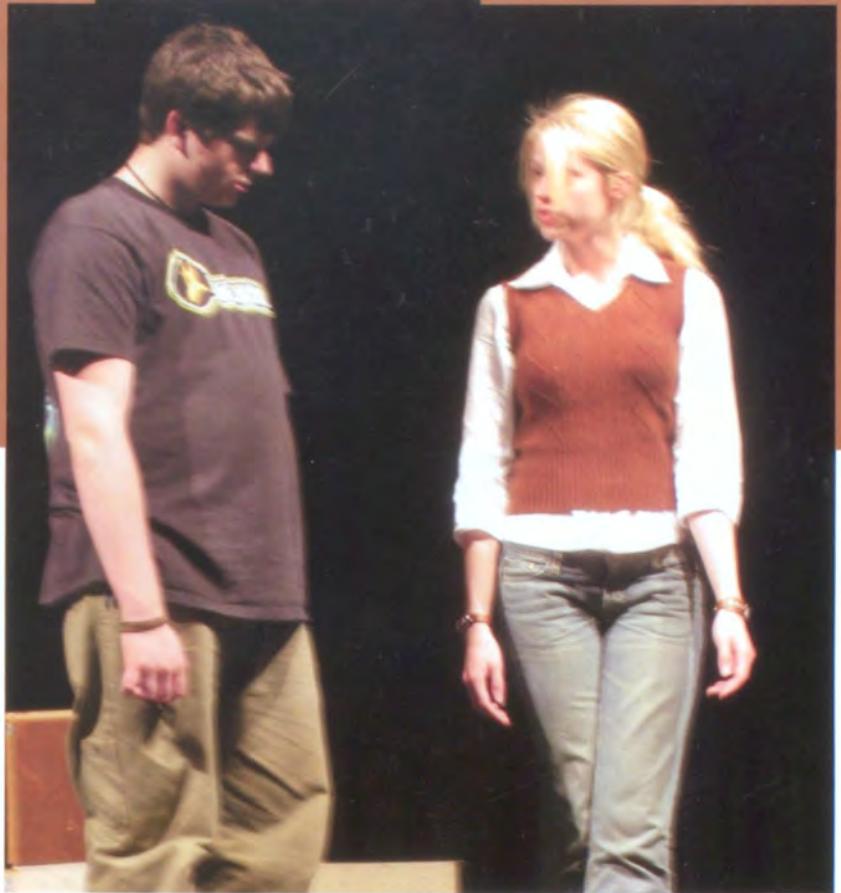
Left- Front row: M. Joyer, S. Anthony
Second row: K. Holmes, A. Tackes
Third row: A. Schaal, R. Piersdorf, J. Bystrom, L. Marshall
Back row: M. Byland, M. Hendrickson, M. Hendricks, C. Rotach, D. Bennett, B. Lawrence, S. Larson

One Odd Play

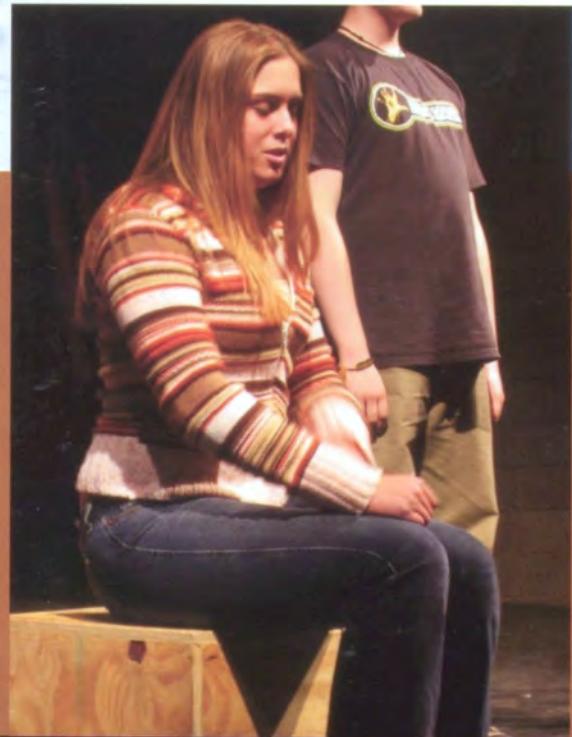
Audience members who attended this year's one act play "The Interview" were treated to some very unusual entertainment. "It's not like a normal play at all!" exclaimed Sophomore Cast-member Ian Simpson. "We're constantly addressing the audience and doing strange things like square dancing and playing leapfrog. It's really weird!" But when studied closely, these seemingly random activities are seen to be a representation of the absurdity of a job interview and of society itself, a message made evident through the skillful performances of the cast-members and the firm guidance of Director Kari Rasmussen.

A very unique experience was had behind the scenes as well. "One day, the guys got into the costume loft during break," recalled Senior Cast-member Katherine Holmes. "Ian came out looking like a drill sergeant, Chance as a drag queen, and Jon as a feather-duster-wielding knight. Guys are strange." With the bizarre nature of the script and of the actors themselves, this year's production certainly was one odd play.

~ Sean Casey



Above: Third Applicant Jonathan Meindl cannot look First Interviewer Caitlin Manley in the eye as she struts across the stage delivering her monologue.



Above: Junior Annie Schaaf, in her role as the Tbird Interviewer, delivers her monologue as the frustrated telephone operator.



Left: Senior Emily Buck, Junior Annie Schaaf, and Senior Katherine Holmes display their marvelous acting talents even when the spotlight isn't shining directly on them.



One Act Play Row 1: B. Lawrence, K. Holmes, C. Tulgren, J. Meindl.
Row 2: C. Manley, I. Simpson, C. Holt, K. Rasmussen, K. Vandenberg,
A. Schaaf.

Word Up!

Following last year's First Place finish at sections, the Speech team was expecting to do similarly well this year, and succeeded admirably. Much of that success can be attributed to the infusion of many new members to the Speech group. "Our Speech team was very young and inexperienced on the whole this year, so the veterans had extra responsibility to get them broken in," stated Junior Matthew Hendricks. "After the first few tournaments, they understood quite well what Speech is all about."

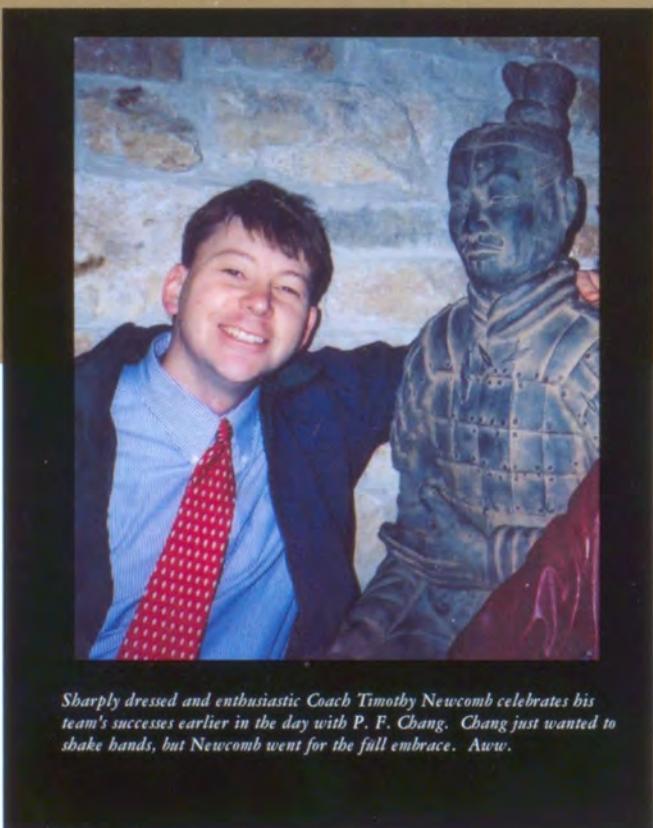
And just what is Speech all about? "Well, just choosing a piece to perform is half the battle," answered Senior Julie Dolan. "Coaches as well as students will look for hours attempting to find an ideal piece and then match it up with an ideal performer. Everyone's speeches evolve throughout the season; it takes an incredible amount of practice, desire, and dedication from both students and staff in order to develop and perfect a piece. Performing it is the easy part!"

It certainly was, based on the team's numerous victories this year. Word up!

- Sean Casey



Above: Junior Matthew Hendricks practices his story-telling skills while Seniors Ashley Grundtner, Julie Dolan and Junior Joel Partyka listen intently.



Sharply dressed and enthusiastic Coach Timothy Newcomb celebrates his team's successes earlier in the day with P. F. Chang. Chang just wanted to shake hands, but Newcomb went for the full embrace. Aww.

Below: Juniors Matthew Hendrickson and Joelle Anderson whole-heartedly approve of fellow Junior Joel Partyka's humorous piece.





Left: Various members of the Speech team laugh hysterically at a stunning performance from Senior Captain Stephen Anthony. He would expect nothing less.

Below: Senior Kerianne Donohoo takes a moment to smile for the camera while she composes herself before rehearsing her Drama piece.



Speech

Row 1: R. Piersdorf, M. Hendrickson, J. Geving, S. Anthony, L. Joachim, C. DeVore, A. Howie, D. Mueller, J. Grafft, N. Coby, J. Anderson, K. Murphy.
Row 2: A. Babr, Coach B. Haven, R. Dina, L. Miller, K. Donohoo, S. DeMars, D. Linwood, A. Grundtner, A. Bowles, M. Reed, E. Powell, C. Rhein, K. McArdle.

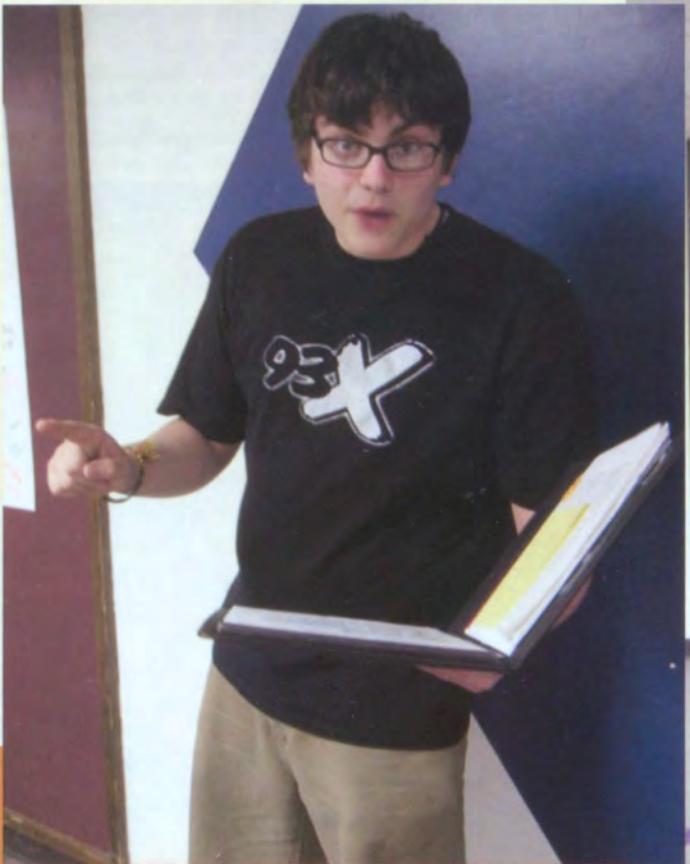
Row 3: H. Weber, E. Habisch, A. Hokanson, C. McMenoman, K. Kasl, K. Holmes, N. Swanson, L. Dick, K. Schneider, C. Tulgren, R. Kissner, B. Knaak.

Row 4: Coach T. Newcomb, J. Dolan, S. Zierke, J. Partyka, J. Meindl, J. Morris, M. Byland, K. Beise, L. Marshall, A. Yeager, C. Becker, C. Rotach, N. Sparby, J. Berg.

Below: Junior Jonathan Meindl looks over his notes, rehearsing his piece to the wall, passer-byers, and anyone who will listen.

Right: Proving that they're not serious all the time, some members of the Debate team decide to make a human pyramid after school.

From top to bottom; Charles DeVore, Dru Peterson, Emily Habisch, Jonathan Meindl, Alexander Yeager and Lewis Marshall.



Debate
Row 1: A. Hokanson, C. McMenoman, C. DeVore, E. Habisch, B. Knaak

Row 2: P. Hughes, D. Peterson, K. Griffin, J. Meindl, A. Herrity, A. Yeager, L. Dick, L. Marshall, K. Schneider, E. Powell

Right: Sophomore Emily Habisch and Junior Carly McMenoman smile big for a picture after the awards banquet.

Well Said

When most people think of after-school activities they think of a team striving for a goal, running the length of a field, tackling a member of the opposing team: football, soccer, volleyball. However, those activities only scratch the surface. One activity many forget is debate! This years team was made up of about fifteen people; their goal = knowledge; their tools = words; their means...debate! The season started in mid-September and ran through

early January, with newcomers making up the bulk of the team. That didn't stop them from having a strong year though, with the team taking the second place team award at JV Novice State in the small entry sweepstakes. So what leads a person to join debate? A thirst for knowledge? A chance to express one's opinion? Well, Senior Charles DeVore claimed "I was looking for something to do and I was too small for football." Junior Jonathan Meindl explained that his favorite thing about debating was "arguing when you know you're wrong," while the least favorite

was "arguing when you know you're wrong and they point it out." Though they might not always agree on the issues, and opinions may change, the memories of good times stay and live on.

-Kellie Hames

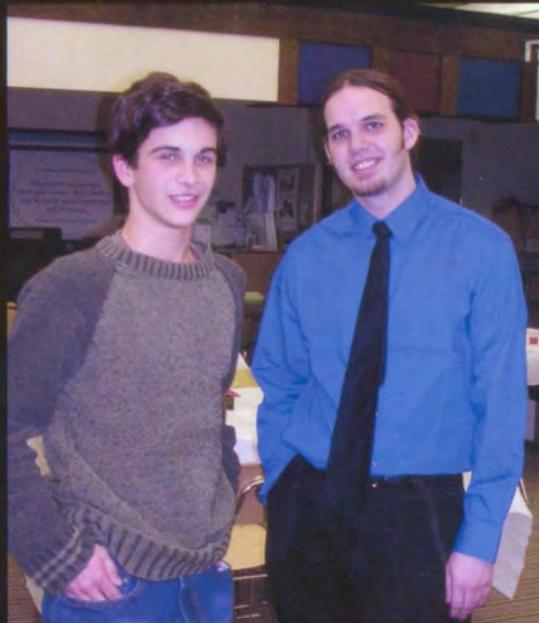


Above: Sophomores Kyleen Schneider, Lydia Dick, and Elizabeth Powell celebrate their numerous wins after the awards banquet.

Below: "I disagree!" Senior Lewis Marshall fiercely debates against Junior Alex Yeager while fellow Junior Dru Peterson watches on with curiosity.



Leading the Pack



Senior Captain Charles DeVore and assistant coach Jon Brown pose for a picture after an awards banquet held in honor of the Debate team. The team took home numerous awards that night. Good job Debate team!

Giving Back

"The meeting is now in session." Senior President Sean Williams calls while striking the gavel on the podium. Each monthly FFA meeting follows the same pattern: Attendance, minutes, unfinished business, and new business. New business almost always includes a community service event.

The FFA has many annual fundraisers: Poinsettia Sales, Easterlily Sales, Basket Social, and Fruit-Sales to name a few. The profits made go to help different organizations such as Camp Courage.

In addition to fundraising; the FFA does many things for the community. Every spring the Youth Leadership class fixes up the city flower garden by weeding and replanting.

"Adopt-a-Family is probably my favorite activity because when you drop the food off at the Food Shelves you get to see how much you're really helping," said Senior Mark Syncyn. This year the FFA collected about five truck loads of food for Adopt-a-Family, plus a few hundred dollars.

"FFA ia a great orginization" said Sophomore Hannah Weber. Each student involved in FFA continually gives back to the community, helping to bulid a stronger organization.

~Rachel Goossens



Above: "Order!" Juniors Samantha Calvin and Vanessa Berglund get ready for the FFA's annual Basket Social. The girls bid on meals that the guys make to raise money for Camp Courage.

Officers

Row 1: Parliamentarian Richard Main, Vice-President Thomas Tauzell, President Sean Williams, Reporter Chelsey Tulgren, Sentinel Ann Miron, Historian Hannah Weber **Row 2:** Treasurer Vanessa Berglund, Advisor Susan Anderson, Advisor Steve Hinrichs, Secretary Amanda Melhorn.

Below: "Look at my sweet hat!" Sophomore Benjamin Elfelt explains how to play a game to Senior Thomas Tauzell after the monthly FFA meeting.





Left: Say 'non-perishable food items'!!! The Youth Leadership class' annual food drive was a huge success this year. They collected enough food to support three families as well as three food shelves.

Below: "The FFA is fun because you can be yourself," said Senior Molly Trombley as she poses with Sophomore Hannah Weber after school.

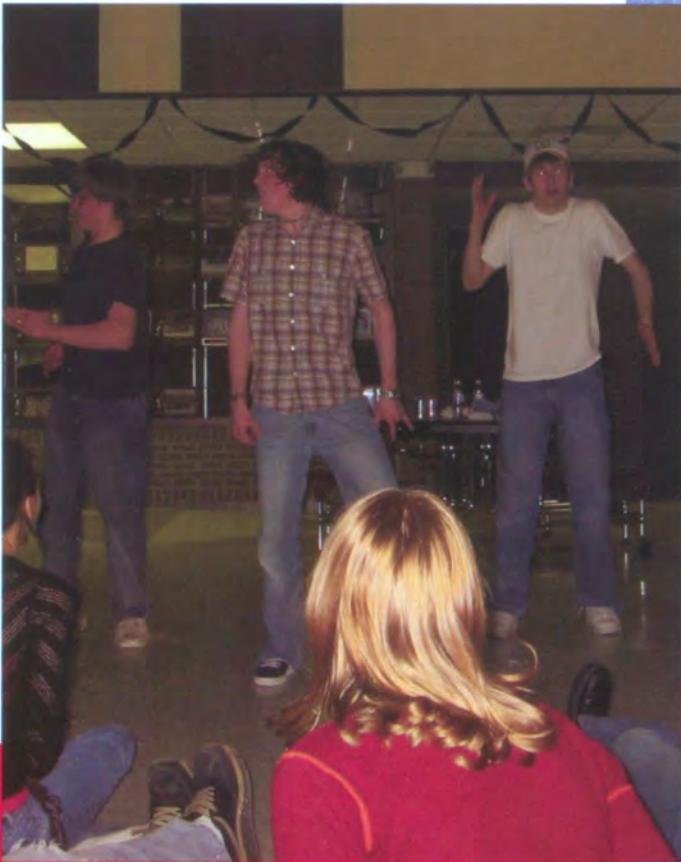


Left: Look at all this Ramen! Senior Amanda Melborn shows other FFA members that the stack of Ramen noodles was almost as tall as she is.

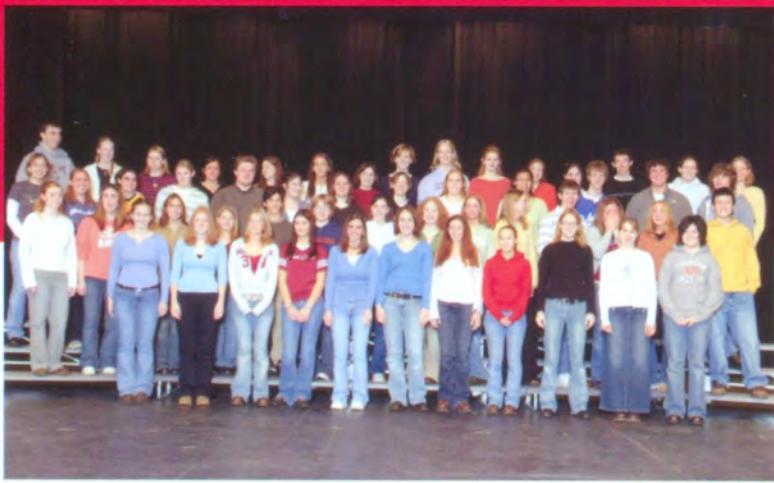


FFA Row 1: B.Bengtont, J.Woods, H.Petersen, K.Cooley, J.Geston, K.Cagle, J.Neamy, A.Melborn, M.Olson, K.Elienspeter, C.Tulgren, V.Berglund, L.Rydeen **Row 2:** J.Wielinski, A.Mollen, S.Kirk, K.Olson, C.Nelson, S.Avalos, A.Hedlund, R.Borglum, H.Mitchell, K.Nelson, S.Calvin, S.Bonf **Row 3:** T.East, C.Becker, S.Carlson, M.Joyer, T.Neu, A.Sargent, A.Schmidt, V.Kottke, M.Kroll, T.Arnold, J.Oitwald, N.O'Gormen, A.Marquart **Row 4:** B.Elfelt, Z.Lund, R.Dohmen, J.McCurdy, A.Bantari, A.Melbostad, S.Williams, M.Trombley, K.Finnegan, R.Hills, M.Synicyn, R.Medina, R.Main, T.Tauzell, H.Weber, A.Miron

Below: Stephen Anthony performs Mr. Robot with back up dancers Jason Geving and Brian Maloney



Right: Toss 'em all in!
Rachel Martin, Rachel Gossens,
Tanya Brown, Anna DeRaad,
Meagan Willson, and Amanda
Bobler take a break from working
the Turkey Shoot at Centennial
Middle School



NHS Row 1: J. VanDeen, A. Yetter, M. Willson, A. Bobler, M. Milligan, L. Lingl,
E. Leitner, K. Hollerbach, B. Stuber, J. Paschke, L. Ruka Row 2: K. Thomas, A.
Buol, A. Coozennoy, A. Mericle, C. DeVore, K. Donoboo, K. Dobibal, K. Simpson, K.
Hendricks, C. Mettling, B. Maloney, R. Turry, A. Lehner, S. Carlson Row 3: C.
Brandt, E. Lacroix, A. Charpentier, A. DeRaad, S. Casey, S. DeMars, J. Canine, J.
Gestson, A. Tackes, C. Okimosh, D. Pederson, T. Almendinger, L. Skoglund Row 4:
J. Sandager, K. Howe, G. VanSloun, T. Brown, M. Bollinger, E. Buck, M. Dina, J.
Dolan, S. Zierke, L. Kluk, F. Charpentier, K. Kasl, J. Koch, J. Gorka, L. Edlund

Right: Trick orCan?
Brian Maloney shows off
the groups' trick or treating
skills, when NHS members
went out trick or canning
on Halloween night.



On "A" Roll

Scholarship, Character, Service, and Leadership; four qualities in every Nation Honor Society (NHS) member. Students who participate in NHS maintain a GPA of 3.5 or higher. Each individual must complete twenty-five group hours along with twenty-five individual hours to graduate with honors. Members earn hours throughout the year by participating in a number of events that are available to them.

The NHS staff consists of two advisors, four officers, one historian and about 60 members. Ms. Guy and Ms. Livermore are the two advisors that run the program. The four officers work together to keep track of everyone's hours and to set up events for the group to involve in. To capture the moments by taking pictures is the historian. A few of this year's events include "Trick or Canning", "Caroling at Birchwood", "Talent Show", and a "Dance-a-thon".



Above: Tabacco IS wacko!!!
Jenessa VanDeen, Brian Maloney, Rachel Martin, Lorin Skoglund, David Bydalek, and Rachel Goossens send out a strong message to the junior high students at Youth Night.

NHS is a worthwhile organization of elite individuals. The organization is proof that there are people to keep society functioning. "It is a chance to work with the best of the best", stated second year advisor, Ms. Guy.

-Bridget Tilton-

Below: "JINGLE BELLS... JINGLE BELLS..." Jessica Paschke, Amanda Lindholm, Emily Leistner, and Morgan Bellinger keep the Christmas spirit alive at Birchwood Home.



Head Honchos



Officers: Ashley Tackes, Jamie Kohs, Courtney Mettling, and Michelle Dina help lead the group. They inform other members about upcoming events. The NHS officers also keep track of the other NHS members hours.

The Distinction of Leadership

"RING, RING!" The alarm clock rings crazily, it is Tuesday morning and it is time for a Student Council meeting. As the council members stumble into the meeting, with eyes half open, each and every person perks up as the meeting begins. The Co-Presidents Andrew Bowles and Stephanie DeMars step up to the podium to bring the meeting to order.

Student Council provides the link between staff, students and the community. "I like being in Student Council because we can organize events and you get to have an active roll instead of just watching things happen," comments Junior Mitchell Springer. With such events as Homecoming week, multiple blood drives and Winter Wonder Week, the council is constantly busy planning and organizing.

With each event coming and going, the year's end inches closer. This year's new advisor Kristen Nellis says, "It's been a fun experience and the students I work with are fantastic! Thank you to seniors for hard work and great leadership."

~Rachel Martin



Above: Senior Co-Presidents Andrew Bowles and Stephanie DeMars lead the early morning meeting, discussing upcoming events and designating tasks.

PRESIDENT'S CORNER

Q: What was the funniest moment or action that you remember from Student Council?



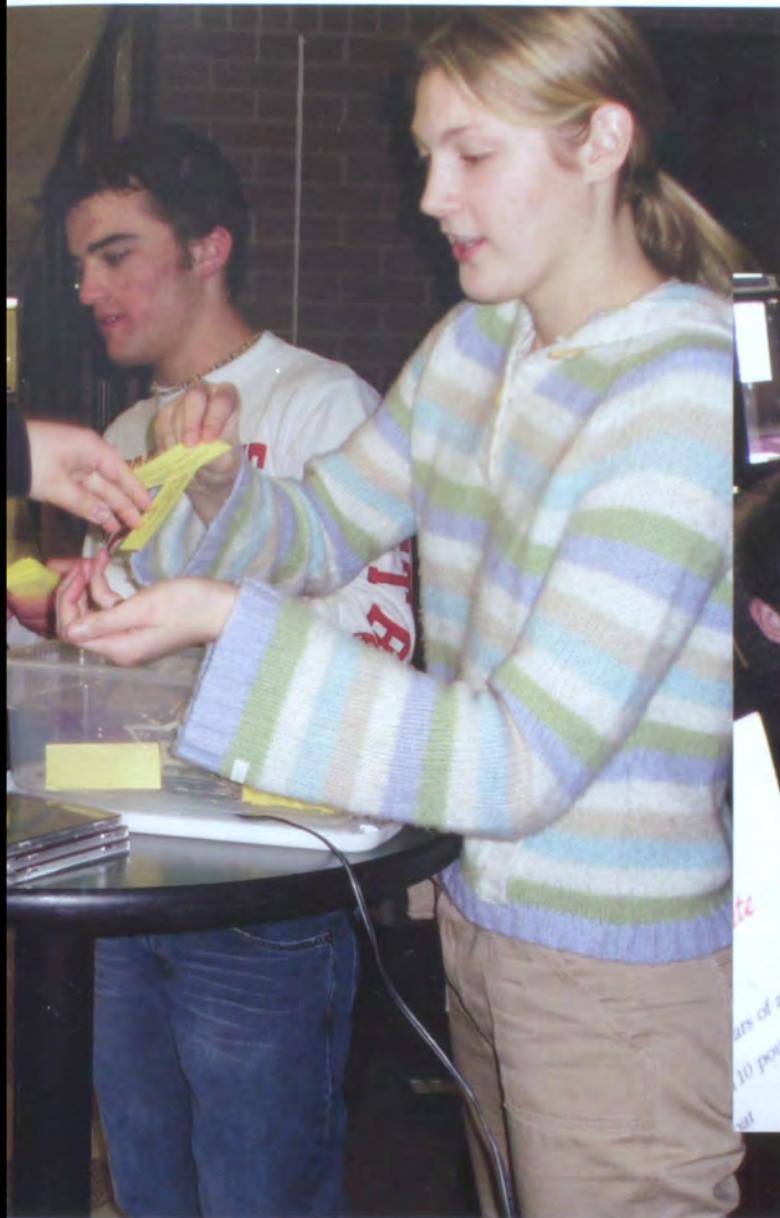
Andrew Bowles
"Stephanie and I soaking each other at the Student Council car wash!"



Stephanie DeMars
"While cleaning off paint for Homecoming, we realized that the paint on Perkins' windows was not coming off exactly how we planned. We scraped for a good hour while customers looked at us like we were crazy!"

Below: Mr. and Mrs. Claus spread jolly cheer by presenting students with holiday gifts during the annual Holiday Extravaganza.





Left: SELL! SELL! SELL!
Senior Anna DeRaad and Sophomore Alex Boerum use their business savvy abilities to sell event tickets during lunches.



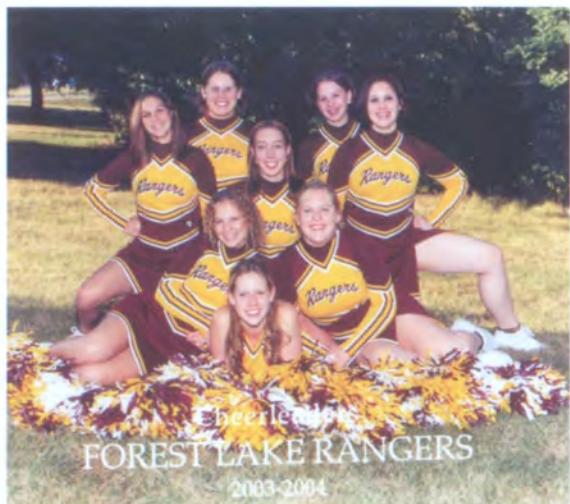
Below: Juniors Matthew Hendricks and Jessica Bystrom work the check-in table at the blood drive. The goal of 90 pints of blood was surpassed by the 92 collected.



Left: Kristen Nellis shares important news about old and new happenings with the whole council. As the new Student Council Advisor for the 2003-2004 school year, she showed great leadership and guidance.

Student Council Row 1: J. Janoski, K. Donoboo, C. Peterson, A. Schaal, S. Wright, T. Dobibal Row 2: K. Willis, T. Brown, A. Grundner, A. Beebe, R. Keller, R. Martin, A. Yetter, K. Dobibal, P. Thao Row 3: M. Springer, R. Thomas, M. Tolzmann, A. Corbet, A. Bowles, S. DeMars, S. Casey, M. Byland, C. Freerks Row 4: J. Grafft, C. Homjak, M. Lindholm, A. DeRaad, A. Garrity, H. Framke, H. Weber, E. Habisch

Fall Cheerleading 1 Row 1: C. Leitner Row 2: K. Schoenberger, A. Luke Row 3: S. Larson, A. Cassidy, B. VanGunk Row 4: A. Corbett, A. Latine



Fall Cheerleading 2 Row 1: K. Hendricks Row 2: B. McIntosh, B. Steele, M. Baird, D. Thompson Row 3: T. Metcalf, K. Remackel Row 4: Coach D. Steele, K. Hammer, K. Callaban, M. Damechik, G. Batcheller, T. Olson, D. Rieble, Coach B. Schultz, Coach L. Mueller,



Cheerleading Rootin' for Victory



Pump it up! Forest Lake Cheerleaders lead the riot at the elementary school during homecoming week.

With the Season starting in August, the cheerleaders pumped up and pushed hard to be ready to cheer their favorite Ranger teams.

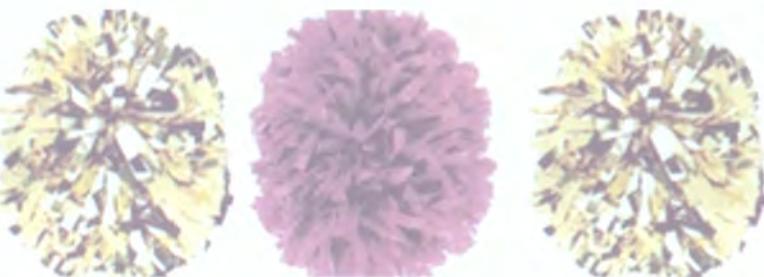
Even though there was an intense practice schedule, the varsity squad still found time to encourage and help the junior varsity girls to improve their techniques.

Without the cheers, chants, and energy of these girls, the sports would not be the same. A good attitude, high spirits, ruffling poms, and leg kicks made their cheerleading seasons a great success.

~Nicole Zastrow



With spirits "high," Gina Batcheller and Kelsey Callahan show off their brave stunts, while Tara Olson gets ready to jump up for another performance.



Below: Ranger cheerleaders show off their moves at Southwest Junior High during homecoming week on the Spirit Bus.



Above: Ranger Wrestling cheerleaders salute the flag before a match during the National Anthem.

Hockey Cheerleading
Row 1: H. Minske, A. Laine, S. Touchette Row 2: A. Radke, L. Abel
Row 3: Captain E. D'Entremont



Right: Kelly Fischer performs a stunt during the SEC Conference meet.



Basketball Cheerleading
Row 1: T. Olson, T. Metcalf, K. Callahan, D. Thompson, D. Johnson
Row 2: B. Steele, M. Baird Row 3: G. Batcheller, K. Hendricks, D. Rieble



Wrestling Cheerleading
Row 1: S. Larson, K. Fischer Row 2: A. Cassidy Row 3: K. Erkenbrack, A. Luke Row 4: B. VanGunst

Valiant Victory



Above: All for one! Laura Patch, Tyler Bankston and Micah Riter are all smiles while they show their team spirit and enthusiasm while competing at the track and field meet.

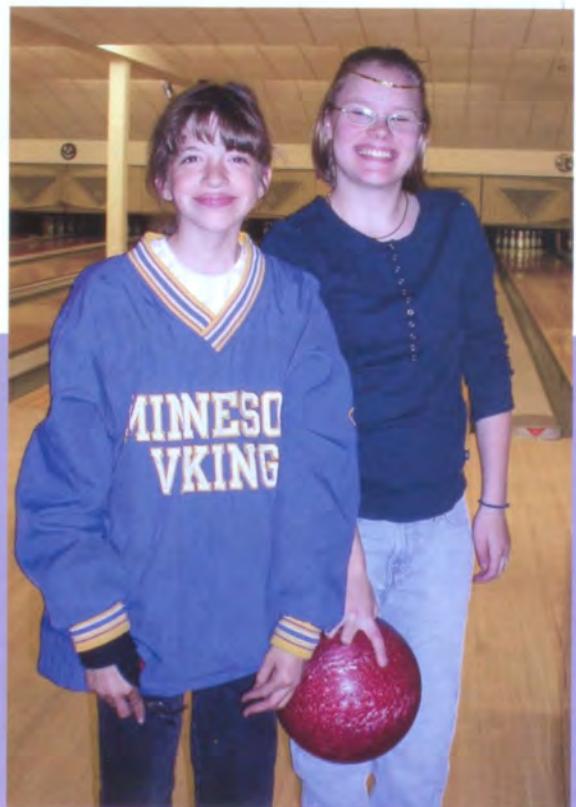


Right: Look at that form! Bridget Mogren lays down the perfect ball and hopes for a strike.



Have you ever wondered how the Olympics differed from the Special Olympics? Well if you have, here's your answer; the Special Olympics gives students with disabilities the chance to participate in sports just like any other kids. The team's moto is, "Let me win. But if I cannot win, let me be brave in the attempt." This year nine students from our high school will make up the bowling team in the fall, the skiing team in the winter and the track and field team in the spring. When asked if he felt if the Special Olympics is a good experience for disabled students, Bill McElrath said, "It's a tremendous experience. It gives them the chance to round out their education. It gives them the chance to compete and improve their skills and get them in a team environment. It's awesome to see them improve and stand on the metal podium."

~Courtney Marr



Above: Strike! Kirsten Johnson and Laura Patch are ready to show off their skills and bowl the next frame at the Special Olympics for bowling.

Special Olympics Row 1: B. Mogren, K. Johnson Row 2: J. Egge, D. Goiffon, C. Garvey Row 3: J. Keen, A. Marquart, M. Riter, J. Barron, T. Bengton, A. Sherwood, R. Tenney, S. Haider, A. Lau, L. Patch

Linking Together

"Who are you to change the world? Indeed, who are you not to? If not you then who?" This was the quote on the back of the LINK shirts this year. This year 120 juniors and seniors made the decision to make a difference in our school. The number of students involved in this program doubled from the previous year. According to the LINK advisor, Jennifer Rangitsch, "One reason for the increase in popularity of this program was this year we have a good group of seniors and juniors that want to be involved."

"The main purpose of LINK is the Sophomore Orientation, to welcome them into the high school," commented Senior Kayla Gonsior. Other activities LINK was involved in this year were: helping with elementary retreats, options visits, and elementary lunch visits. Improvements are being made for next year including having stricter requirements to become a LINK leader and planning more activities. Rangitsch summed up the year by saying, "It has been an exciting year, and there will be more to come next year."

-Courtney Mettling

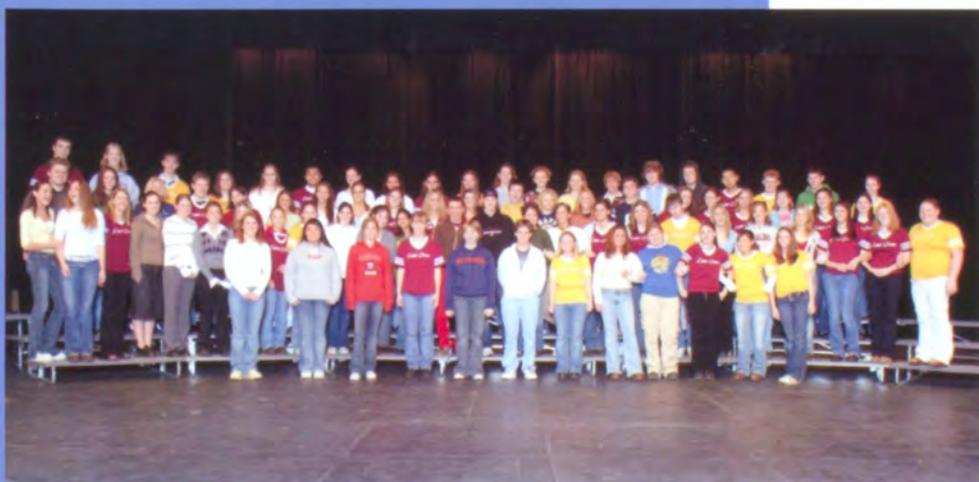


Above: Where's the ball? Senior Laura McMahon and Junior Seth Carlson play soccer against the second graders during recess at Wyoming Elementary.



Above: Senior LINK leaders, Courtney Marr, Andrea Lehner, and Bridget Tilton, smile with their new second grade friends. They had a chance to play with them at recess during a Wyoming Elementary lunch visit.

Left: LINK Advisor Jennifer Rangitsch and Juniors Jessica Morgan and Jacqueline Nelson work hard on setting up the next LINK activity.



LINK Crew Row 1 - N. Manzini, P. Thau, J. Claffin, J. Stokes, K. Donahoe, J. Meath, M. Urman, V. Bizzotto, J. Nelson, A. Spieci, L. Monacheupan, C. Eischen Row 2 - A. Bantari, A. Matheson, C. Mettling, L. McMahon, K. Wightman, J. Morgan, A. Creech, K. Hollerbach, C. Pringle, K. Duhibal, S. DeMars, D. Linwood, P. Franzen, N. Sparby, C. Liptak, C. Marr, B. Tilton, R. Turry, B. Maloney, B. Nicklason, S. Leonard, M. Willson, A. Bohler, A. Yetter, A. Eagan Row 3 - S. Caley, J. Williams, R. Kissner, A. Bowles, M. Dina, S. Wright, E. Buck, A. Schaal, M. Baird, A. Mulcahy, K. Gonnor, S. Carlson, J. Grafft, A. Lehner, S. Kennedy, R. Daubel, E. Leitner, K. Hendricks, D. Johnson, K. Nowicki, E. O'Brien Row 4 - J. Sandager, S. Zuerke, M. Keller, J. Lattin, A. Tackes, J. Babbitt, B. McMahon, L. Shoberg, M. Milligan, R. Medina, A. Brooker, S. Pless, L. Edlund, S. Thomas, L. Skoglund, M. Sternar, J. Babbitt, S. Carlson, M. Peterson, J. Eagan

Lets go Plubbin



*Art Club: Top row: H. Dolan, S. Pless, C. McCormick, M. Eurick, K. Hames
Bottom row: L. Dunrud, L. Miller, A. Hesselgrave, H. Petersen, B. Staat*

ART CLUB

Meeting regularly after school this is a club that brings out the artistic talent of the students in our school. The members of this club are not only artists who are good at drawing and painting but also photographers. They often display their talent by showing art displays around the high school. This club isn't however all about making art, the club often take trips to museums. Art club is here to promote art and encourage young artists to share their talent.

Advisor: Maria Kaiser



*Environmental Club Top Row : B. Staat, E. Skogen, J. Kuschnir, K. Klien
Bottom row: A. Bosman, K. Hanson, T. New, J. Threl*

ENVIRONMENTAL CLUB

The students in the environmental club has a basic goal: to make people aware of their impact on the environment and also the world. The club also focus on minimizing the use of scarce and environmentally unfriendly resources. They go back and forth on the topics concerning electricity, recycling and fossil fuels and other natural resources. Their focus day is the Earth Day, in which they try to raise awareness of this problem.

Advisor: Brad Ward

Laura Kieger & Swopnil Vaidya



S.A.D.D.

Students Against Destructive Decisions (S.A.D.D.)... the title says it all. This is a club of students who dedicate their time to plan out projects and activities to help their fellow students make the right decisions and make them realize that their actions can lead to serious consequences. During chemical health week, students wore masks to represent all the people killed by drugs and alcohol.

Advisors: Judy Hill & Chuck Moses

S.A.D.D. Top row: M. Kobs, P. Nora, K. Monson, J. Alexander, L. Dunrand Middle row: H. Schubwerck, Judy Hill, P. Thao, H. Weber, K. Yalter, A. Haupt, D. Kiebler, Chuck Moses, J. Palacheck, R. Piersdorf Bottom row: C. Tulgren, S. Anello, E. Seelig, M. Meyers.



VISUAL ART / VIDEO CLUB

This club allows kids to develop their interests in film making and visual arts! Students produce videos and broadcast them throughout the school. They cover events like Homecoming, Prom, sports and school concerts. This is a good way to capture school pride and spirit!

Advisor: Tammy Marshall



D.E.C.A.

Delta Epsilon Chi Association (D.E.C.A.). This club develops good marketing skills and leadership. Kids compete against other high schools on how to sell products, complete applications, and other basic business procedures. Here at Forest Lake D.E.C.A., kids take time and sell school supplies and clothing at our school store during lunch time! This is a good way for students to earn a scholarship through National D.E.C.A.

Advisor: Jamie Bullock

D.E.C.A. Row 1: A. Sogaard, J. Perrone, A. Richter Row 2: C. Brands, A. Williams, T. Brown, K. Willis Row 3: R. Medina, K. Dobihal, M. Haider

Strangers in the Crowd

Eleven new faces roamed the hallways of Forest Lake High School, entering a new world- coming a long way from theirs. Strangers from Brazil, Ecuador, Germany, Nepal, South Korea and Spain entered FLHS to experience and get involved in American culture and teenage life. Leaving their homes, families and familiar faces for a year of schooling in the United States. These foreigners came as strangers and are leaving us as friends.

~Swopril Vaidya



Verena Bissantz & Rossana Monge having fun during the Battle of the Bands.



Won Young Sohng, Maria Jimenez, and Henrico Handschuck

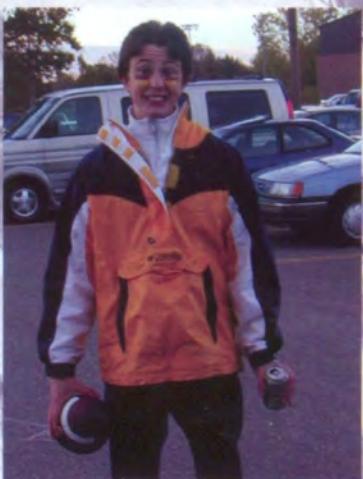


Foreign Exchange:
Top row: Luis Brito, Swopril Vaidya, Johannes Ruebsamen, Hanna Frei, Anica Stein.
Bottom row: Verena Bissantz, Henrico Handschuck, Rossana Monge, Jana Lepple, Maria Jimenez and Won Young Sohng.

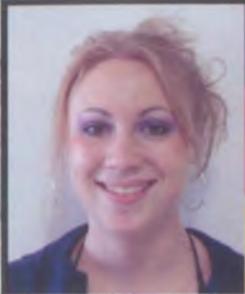


Hanna Frei (in the middle) amongst strangers watching the homecoming game.

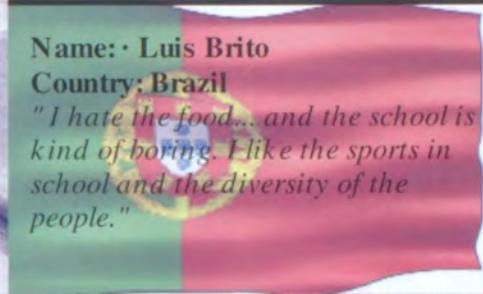
Henrico Handschuck says he has school spirit, wearing face paint and bringing his football along to the homecoming game.



Rossana Monge, Andrew Bowles, Verena Bissantz, Sydney Beck, Jana Lepple, and Won Young Sohng enjoying themselves before the big homecoming game.



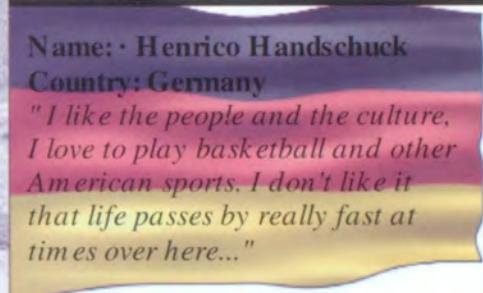
Name: · Verena Bissantz
Country: Germany
"I like the Cold Stone Creamery in the villages and that we can get our drivers licence at sixteen, but I hate the rules."



Name: · Luis Brito
Country: Brazil
"I hate the food... and the school is kind of boring. I like the sports in school and the diversity of the people."



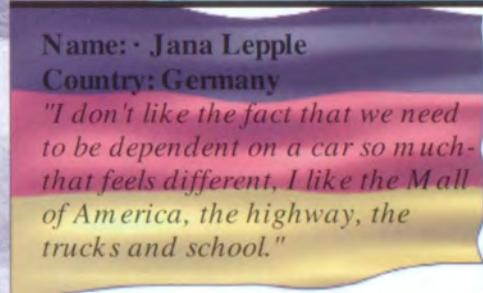
Name: · Hanna Frei
Country: Germany
"This year has started amazingly! I have a very nice host family, Jazz Band is great and school is easy. I really like the open-minded people here... and I love the chocolate chip cookies."



Name: · Henrico Handschuck
Country: Germany
"I like the people and the culture, I love to play basketball and other American sports. I don't like it that life passes by really fast at times over here..."



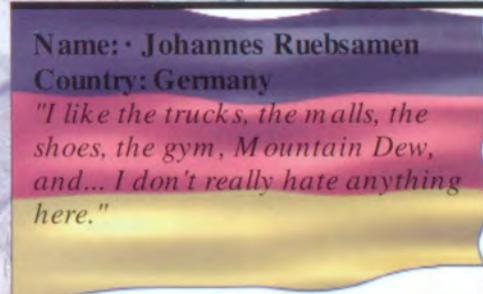
Name: · Maria Jimenez
Country: Spain
"The fact that you can find everything that you can think of over here. I like that, also I can pick my own subjects in school. I don't like that we need to depend on a car for everything."



Name: · Jana Lepple
Country: Germany
"I don't like the fact that we need to be dependent on a car so much - that feels different, I like the Mall of America, the highway, the trucks and school."



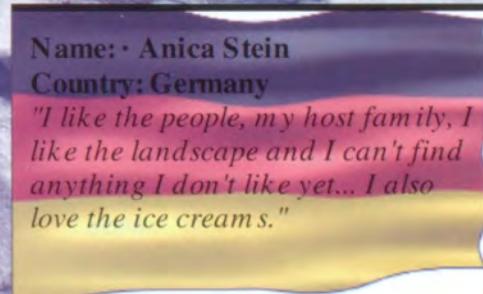
Name: · Rossana Monge
Country: Ecuador
"I like the people over here, the food is good, the mall, and the school... I don't like some of the rules of America and the school."



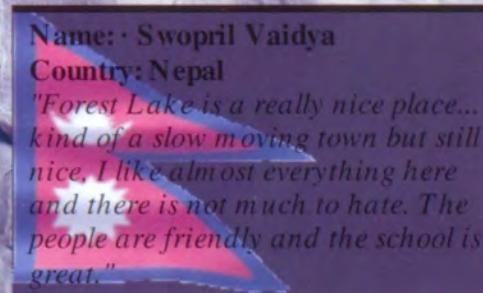
Name: · Johannes Ruebsamen
Country: Germany
"I like the trucks, the malls, the shoes, the gym, Mountain Dew, and... I don't really hate anything here."



Name: · Won Young Sohung
Country: South Korea
"I like it here in school, because in Korea we have school on Saturdays and we also have to wear uniforms. I don't like the weather, it is too cold."



Name: · Anica Stein
Country: Germany
"I like the people, my host family, I like the landscape and I can't find anything I don't like yet... I also love the ice creams."



Name: · Swopril Vaidya
Country: Nepal
"Forest Lake is a really nice place... kind of a slow moving town but still nice, I like almost everything here and there is not much to hate. The people are friendly and the school is great."



All Four Academics

Just as an artist blends colors to create

A perfect HUE, our academic success is a mixture of dedication, ambition, and determination. Students work hard through their four period day, enjoying the brief

moments OF passing time to chat with friends. Just as a masterpiece is not created over night, high school is an

ACCOMPLISH-MENT

that takes hard work, time, and effort. Science, math, english, and social studies make up four of the main areas students choose to study, gaining a wide range of knowledge useful in years to come.

~Kelly Jo Waldoch
and Kellie Hames

Sophomore Allison Garrity spots for sophomore Hannah Weber in weight training.





Alison Moynagh,
Melissa Pilla, and Sarah
Nordenstrom throw
bowls in ceramics.
Melissa worked really
hard on a bowl for her
Grandma's birthday.



Ashley Richter
and Kathryn
Willis buffing up
in gym class.
Come on girls, one
more!



Sophomore Amanda
Aldentaler looks at a slide of
bacteria in biology - bet she'll
wash her hands after this
experiment!

All 4 Yearbook

"Yearbook is as fun as a barrel of monkeys: crazy monkeys," commented Senior Staffer Kellie Hames. While misleading to many, this statement refers to the anxiety that can come when a deadline is near. The class can be a lot of fun, and the staffers are given many special privilages, but there is a large amount of stress that comes with the task of making the yearbook. "Deadlines are stressful enough, but they can get really scary if Kaiser finds out you're behind!" stated Senior Molly Trombley.

One major change, which many of you have surely noticed by now, is that this year the book is all in color; previously, only the senior and homecoming sections were colored and the rest were black and white. This year's theme of "All 4 color" is a play off that - the printing process used for the yearbook is called "4-color processing."

Everything is up in the air for next year. There will be no returning staff members, as this year they are all seniors. Advisor Maria Kaiser says, "more males and more juniors" are needed on staff to balance it out and provide stability from year to year.

~Sarah Zierke



Above: Catching the errors...Madeline Baatz, Shawna Smith, Kelly Waldoch, Swonil Vaidya, and Andrew Levesque work on the computers to edit their pages.



Below: "Hey, check out the funny lookin' kid!" Sarah Zierke and Molly Trombley search their files for the right picture to use on a spread.

Why did you join YB?

To be a part of something that will be cherished forever!
-Rachel Martin

To help out with all the computer stuff and to get experience in graphic design.
-Corey Docken

It's a nice way to get an english credit.
-Swonil Vaidya

To be a part of making our senior yearbook.
-Courtney Mettling

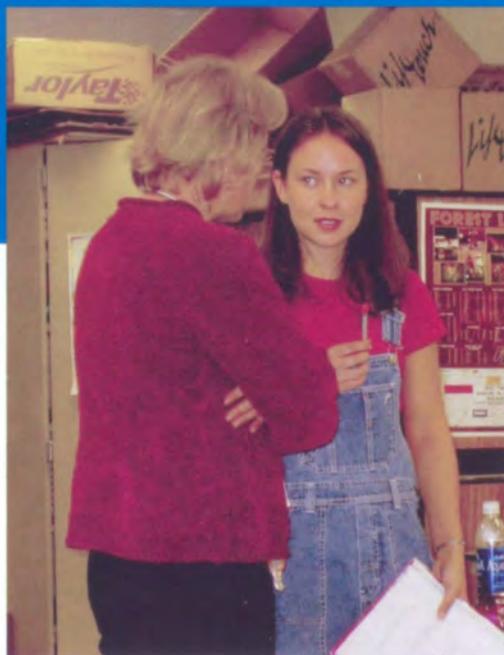




Left: Laura Kieger and Jessica Paschke contemplate possible ideas for the next feature section.



Below: Kellie Hames and Sean Casey go over their work from previous deadlines to check for errors.



Left: Rachel Goossens questions Advisor Maria Kaiser about the upcoming deadline.



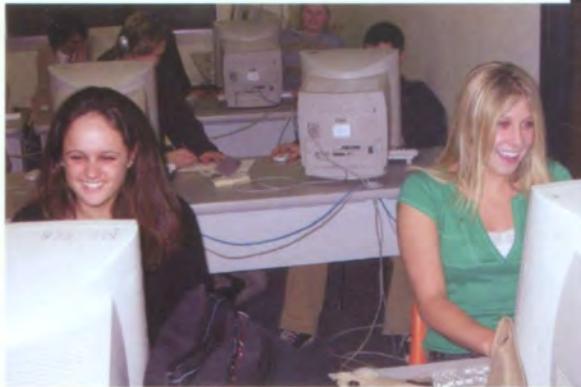
Yearbook Row 1: L. Kieger, M. Baatz, S. Smith, J. Paschke, C. Marr, K. Carlson Row 2: S. Casey, K. Hames, S. Zierke, C. Mettling, M. Jette, C. Docken, B. Tilton Row 3: M. Trombley, K. Waldobch, A. Mericle, R. Goossens, R. Martin, N. Zastrow, A. Levesque, S. Vaidya

Winds of Change

Extra! Extra! Read all about it! Yes, that's right, it's the school newspaper, the most anticipated piece of journalism in town. Whether you want to read serious topics such as, "Levy Voters Let Down Students of District 831" or more light-hearted columns such as "Not So Deep Thinking with Nick Sparby." The Breeze is an excellent display of the journalism talent that students at Forest Lake High School possess. "I like being a part of the Breeze because I'm free to express myself through my writing and the many discussions we have in class. It's fun too!" commented Senior Keith Beise.

The student body is always excited when "Paper Day" rolls around. Hearing the question "Where did you get that paper?" is the norm for anyone who has a copy. The gifted individuals that produce our school paper should be commended for their excellent work. "We like all the random articles that, even though they are unexpected, they can be the best things the paper includes," stated Seniors Sarah Zierke and Kellie Hames. The Breeze is something that the whole school takes an interest in and helps change the attitude of many of the students.

-Molly Trombley



Above: Juniors Chelsea Doriott and Rachael Anderson have fun while working on their articles for the next edition of the Breeze.

The Head Chief



Mrs. Laura Livermore takes a break from her busy schedule to help Senior Keith Beise with his article. With teamwork like this it's no wonder the paper is so anticipated.

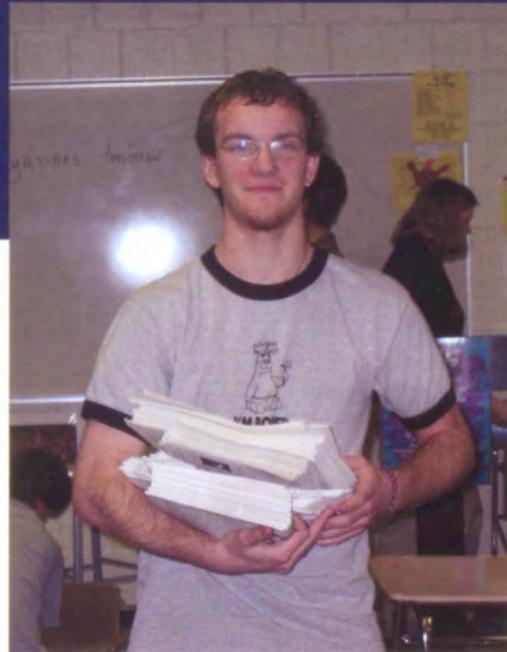
Below: Seniors Gloria Van Sloun and Jenna Williams take a break to read the articles written by their classmates.



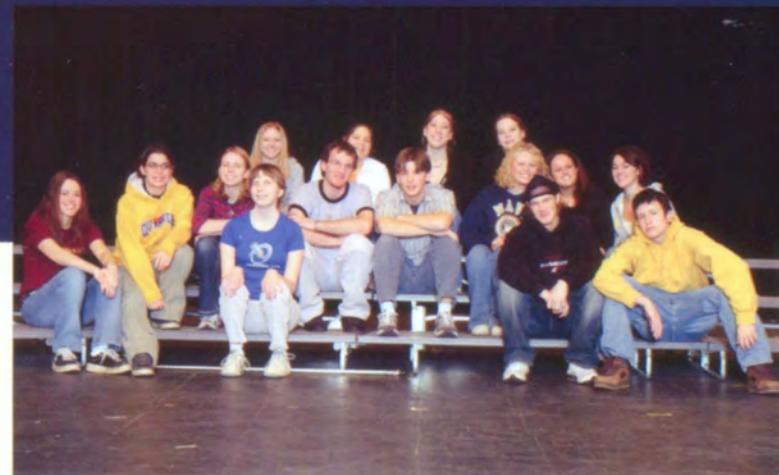


Left: Senior Susan Mertban looks intrigued with the information she has found as she researches for her next article.

Below: Seniors Dustin Carlson, Nicholas Sparby, and Steven Carlson look up from their work to smile for the camera...sort of. Keep up the good work boys.

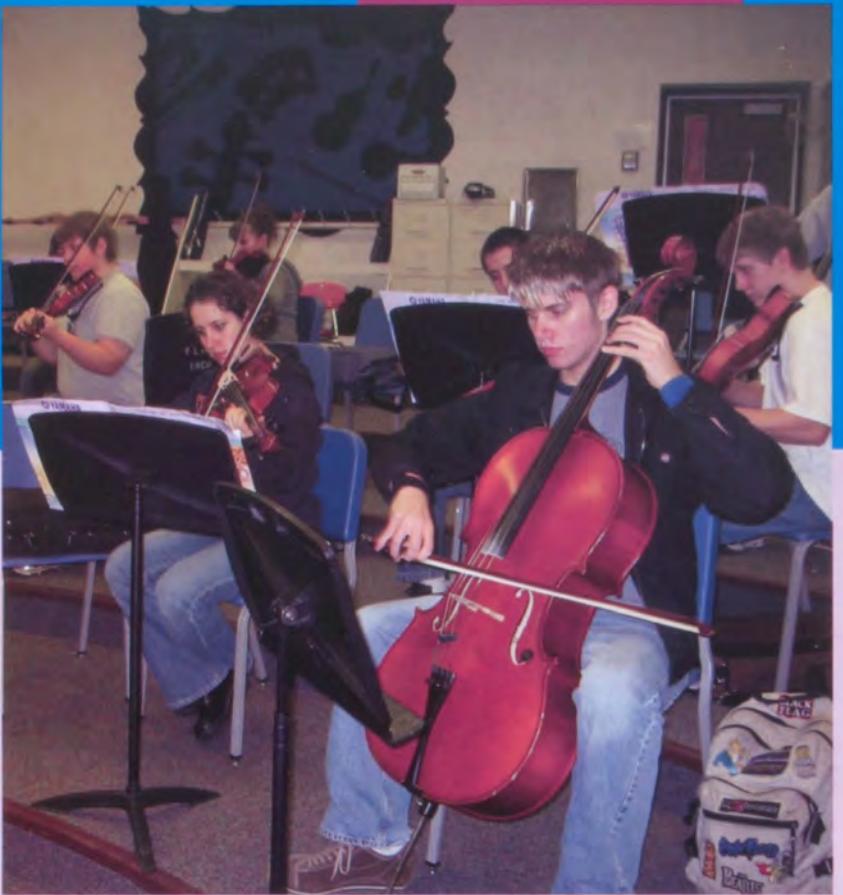


Left: Senior Travis Manick gets the papers ready to be distributed to the students. Hope you like counting Travis.



Breeze Staff Row 1- J. Williams, N. Coby, N. Sparby, S. Carlson. Row 2- A. Charpentier, G. Van Sloun, T. Manick, K. Beise, J. Grafft, C. Doriott, A. Trombley. Row 3- C. Nordenstrom, J. Ruka, S. Mertban, K. Hanson

Signature Style



Above: Tune it up! The orchestra rehearses a tough piece.



Right: Forte! Sophomore Anthony Quehl practices a few measures on his violin.

After what is only the second year of String Orchestra, the kids are showing what their years of practice can do.

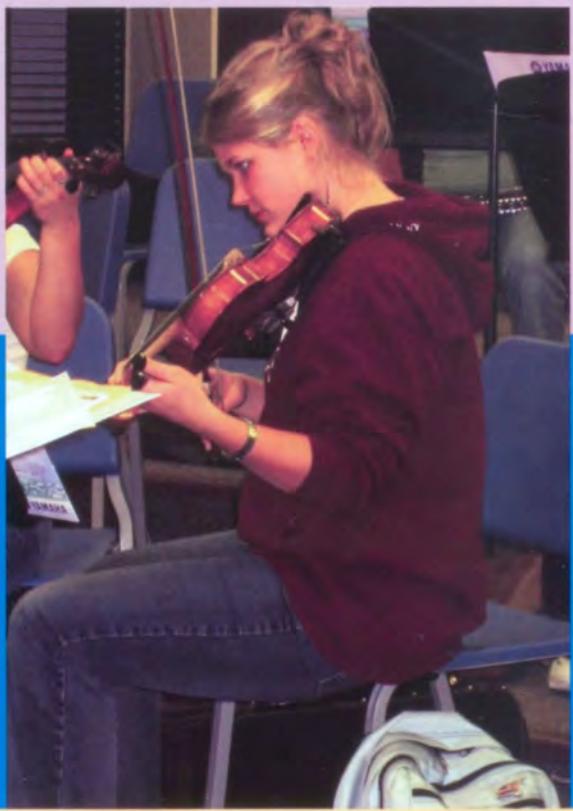
Under the direction of conductor David Livermore, the students gain experience and can look forward to auditioning for Sinfonia Orchestra.

Composed of violas, violins, cellos, and bass, most of these students have played together for years. Performing in a few concerts each year, every person contributes their own part to produce a wonderful sound.

When asked why she wanted to be in orchestra, Sophomore violin player Amanda Pringle replied "I wanted to do something that other kids don't have the opportunity to."

Though this group is fairly small, they produce a big sound that fills your ears with wonderful music.

~Meghan Jette



Above: Sophomore Michelle Haseltine plays a few notes on her violin.



String Orchestra Row 1: J. Riegert, S. Pless, J. Finstrom, E. Sparby, E. Magnuson Row 2: M. Paulson, A. Hensley, E. Degennaro, H. Schubwerck, M. Hendrickson, A. Pringle, M. Haseltine, S. McNamara, E. Agibis, K. Hammer, M. Mattison, J. Mitchell Row 3: A. Quehl, A. Alt, E. Wolff, A. Vadnais, A. Hanson, A. Sculley

How Sweet It Is

For a relatively young program at the high school, the Sinfonia Orchestra is doing rather well. Sinfonia Orchestra is a group of about 45 students from the high school whose auditions show great musical talent and playing ability. They play under the instruction of David Livermore.

"At the moment, we are playing pieces to prepare for the SEC competition," says Senior cello player Amanda Gregerson. "My favorite part is being able to show off our talent at our concerts."

For many students, their favorite part of orchestra is improving themselves so they can show off at performances. They work hard all year and give their best at their final performance of the year. In the end, the Sinfonia Orchestra proves that hard work and practice can be very rewarding for themselves and others who get the chance to listen.

- Meghan Jette



Above: Sara Welk, Amanda Gregerson, and Christopher Johnson practice on their cellos.

Left: Jenny Canine, Kyle Bruggenthies, Darwin Smith and Morgan Bollinger play a few notes on their violins.

Above: Seniors Kelly Dobibal and Jessica Christenson practice their violin parts.

Sinfonia Orchestra Row 1: A. Gregerson, S. Welk, L. Joachim, M. Pikus, C. Johnson, P. Will, A. Bowles, M. Varns Row 2: E. Stolberg, S. Merthan, A. Howie, R. Alexander, J. Canine, A. Tackes, J. Trainer, V. Bizzotto, K. Hanson, N. Barnes, M. Bollinger, K. Dobibal, D. Cox, K. Schoenberger, A. Palacheck Row 3: D. Smith, C. Nordenstrom, B. Nicklason, M. Keller, L. Mouacheupao, A. Mulcaby, R. Dina, D. Thompson, K. Hanson, N. Schroeder, J. Alexander, S. Calvin, S. Chausee, M. Thell, K. Bruggenthies





Above: Sophomore Allison Beebe and Junior Molly Tolzmann and Sophomore Daniel Cromwell listen to Mr. Hahn during practice. Don't forget to look interested!

Right: Juniors Nichole Twedt and Markus Hahn along with senior Justinia Clifford, quickly move their fingers up and down the instruments. How many keys are on those instruments? I have no idea.



Symphonic Winds

Top of the Scale

Symphonic Winds is the top band at the school. To say these musicians are just good would be an understatement. Each student was required to try out individually for Mr. Hahn. They were all considered and evaluated and only a certain amount of spots were given to these talented musicians.

They have an excellent reputation of superior markings at conference and regional competitions. This reputation has been long standing and every year they prove their excellence. The directing of Mr. Hahn makes this band the best. He expects nothing less than the best from all these young, aspiring students. It is a great recognition to be a member of Symphonic Winds. Hope to see what they can accomplish this year.

-Allison Mericle



Above: Seniors Cassandra Okimosh and Jill Anderson use their ombisher to hit those high notes. The beauty of the horns matches the beauty of their playing. Nice switch from flute to french horn girls!

Symphonic Winds Row 1: J. Anderson, P. Bailey, N. Fortuna, K. Holmes, K. Burk, N. Hughes D. Peterson, J. Schiks, Z. Clasen, M. Hahn, D. Cromwell, Z. Guttormson, B. Neujabr, J. Svenkeson, B. Anderson, S. Carlson Row 2: E. Lacroix, J. Morris, K. Kasl A. Beebe, J. Lee, S. Casey, D. Hokanson, R. Peterson, S. Sperle, J. Robinson, J. Griffith, S. Falkers, A. Gering, D. Kendrick Row 3: M. Dina, F. Charpentier J. Palacheck, M. Zajac C. Peterson, S. England, C. Albee, N. Swanson, J. Kohler, K. Mericle, P. Vanbeckum Row 4: C. Kosman, A. Borlaug, A. Babr, C. Okimosh, C. Schmidt, A. Gaustad, J. Clifford, K. Martin, M. Tolzman, A. Otremska, C. Harrison, A. Young

Musical Mix

A brand new year means many new faces. This year's concert band started out much larger than last years. There are more activities for the students to get involved in and much more fun to keep them interested.

Some changes were made to make concert band a better experience such as more sophomores, and harder music. Something also new is A&B now combines for concerts. There are solo ensembles that they can participate in for the class or even for competition; but many prefer the competition. The students also have the opportunity to attend the State Competition.

All of the members' hard work and dedication create what is known as the Forest Lake Senior High Concert Band.

-Shawna Smith



Above: Is he embarrassed or is he out of breath? Sophomore Matthew Lund's face turns red as he plays his tuba.

Concert Band: Row 1: T.Kuehn, D.Hubdalla, D.Schimke, A.Huapt, S.Damiani, K.Yotter, J.Geston, S.Sperle, K.Green, D.Raven, N.Lofgren, M.Madsen, Row 2: B.Knaak, M.Eurick, M.Meyers, B.Loch, R.Flohr, A.Laine, A.Bosman, A.Kirberger, R.Marcland, D.Bennett, N.Foster, L.Able, Row 3: S.Larson, P.Joachim, C.Greniger, D.Menne, P.Hughes, A.Hessling, K.Roseen, M.Casey, C.Rbein, A.Nelson, A.Asplund, P.Nora, T.Kimbel, K.Becker, Row 4: J.Ortb, N.Robertson, M.Lund, J.Haider, R.Turry, I.Simpson, K.Vadner, D.Bigelow, C.Rupan, J.Belland, L.Kjellberg, K.McArdle, A.Walker, E.Seeling, M.Myre, C.Nelson



Above: Tiira Kuehn and Jamie Woolstencroft rock out on their trumpets in third hour band.



Left: Juniors Kyle Vadner and Daniel Bennett try to stay focused while practicing for a concert. Practice makes perfect!





Above: Juniors Kyle Vadner, Christopher Albee, and Markus Hahn play relentlessly in hopes of improving their tone early one morning at Jazz Band practice.



Right: Senior Nathaniel Hughes lays down the rhythm on his drum set, setting the beat for the rest of the band to follow.



That Sweet, Sweet Rhythm

Students walking the halls early some mornings have the honor of hearing music floating through the otherwise quiet hallways, and of experiencing one of this school's treasures; the Jazz Band. Usually compiled of 25 students or so, this band has been gracing us with their talents for many years. Hard work and dedication keeps students sounding good and showing up at 6:30 in the morning. Senior Nathaniel Hughes mentioned "doughnuts are a great way to get me there on Fridays." Senior Sean Casey, when asked what he liked best about Jazz Band this year explained, "In my opinion, the greatest addition to Jazz Band this year was the Calling Tree. Now sometimes as much as seventy percent of our band is aware of our schedule."

Students also get to watch Jazz Band in action during the Homecoming Pep Fest, the Holiday Extravaganza and other exciting events. So take a listen, enjoy the saxophones, groove to the trumpets, swing to those trombones and enjoy that sweet, sweet rhythm.

~Kellie Hames



Above: Instructor Ben Chamberlain points out flaws and congratulates good performance, helping the band work through their problems and strive to do their best. Here he commends Senior Donald Hokanson on a job well done.

Jazz Band Row 1: H. Frei, K. Vadner, A. Laine, M. Dina, J. Woolstencroft Row 2: M. Pikus, I. Simpson, E. Larsen, C. Albee Row 3: S. Casey, D. Pederson, P. Hughes, D. Cromwell, S. Sperle Row 4: D. Bennett, N. Hughes, J. Schiks, M. Hahn, Z. Clasen

Ready to Roll

"Forest Lake, are you ready?" This is the question posed to the Drumline before every competitive performance. The answer is always "Yes," of course, due to the intense dedication found within every single member. Great amounts of their time and energy must be committed in order to continue achieving the level of readiness which has earned the Drumline numerous awards of first place in the short six years it has been an activity here at the high school.

The Drumline usually practices twice weekly for three hours at a time with an occasional additional Saturday rehearsal. This year, under the instruction of new coaches Mike Ferry and Shelby Cobian, the training regimen was raised to an entirely new level. At one point the Drumline members, over a three-day period, were treated to over twenty hours of drumming, marching, and the inevitable sweating. Senior and three-year veteran Donald Hokanson found a way to cope with the stressful practice sessions, though. "Power naps, man. I'm all about the power naps. Me and the floor are like that," he said, making an intimate gesture.

Those many long hours are definitely worth it in the end, however, the result being a complex and precise show performed by a finely-tuned ensemble of elite musicians. That result certainly applied to this year's show, which combined the rhythmic stylings of musicians Pat Metheny and Dave Matthews into a spectacle which delighted both performers and audience members alike.

There is also another benefit to all of that effort. "The relationships formed in Drumline are truly special," said Sophomore and two-year veteran Amy Borlaug. "When the season finally comes to an end, you realize how close you have gotten to everyone in the group. Drumline is my second family." After having come together socially as a group and musically as an ensemble, this year's Drumline was certainly ready for anything.

~ Sean Casey



Above: The Cymbal Line (Clockwise from left: Sophomore Ian Simpson, Senior Savabha Sperle, Sophomore Lorraine Wolfe, and Freshmen Shamus Glewwe and Mandy Hedlund) discusses some of the finer points of their music with Coach Mike Ferry.

Drumline Row 1: D. Pederson, D. Hokanson, N. Hughes, S. Casey. Row 2: M. Ferry, S. Pignato, K. Robinson, J. Olson, A. Peltier, A. Roberts, B. Lawrence, A. Borlaug, S. Cobian. Row 3: S. Glewwe, L. Wolfe, C. Kosman, C. Homyak, S. Sperle, N. Foster, B. Miller, M. Hedlund. Row 4: C. Pignato, H. Frei, J. Svenkeson, T. Gillespie, D. Raymond, M. Madsen, S. Peterson.



Above: Sophomore Bass Drummers Seth Peterson and Amy Borlaug work to perform their parts in sync while rehearsing with the rest of the Battery in the Fieldhouse.



Left: Sophomore Pit Member Sarah Pignato demonstrates exceptional mallet technique while diligently running through her scales on the xylophone.





Above: As the choir puts the finishing touches on "Ye Banks and Braes," a few second sopranos and basses keep their eyes glued to the music.

Right: Sophomore Caleb Rotach, Senior Brian Berg and Senior Stephen Anthony keep the tenor section alive by putting emotion into each note.

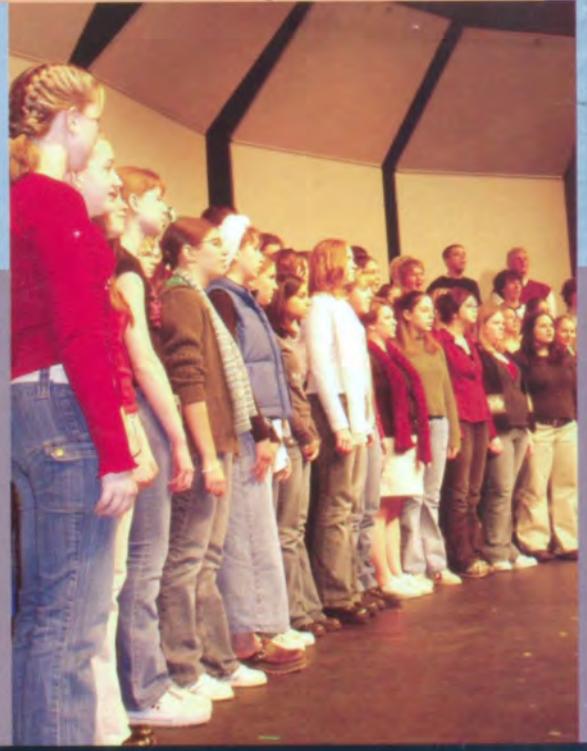


Striving To Be The Best

"You're only as good as your worst singer." This phrase, occasionally spoken by Concert Choir's director, Mr. James Lindstrom, has a ring of truth. Every morning for eighty five minutes, Concert Choir practices with one goal in mind, creating music. Creating music is not just singing notes on a page. It is taking an arrangement, adding dynamics, tempos, and emotions to create a masterpiece that makes the singers proud to perform and leaves the audience asking for more.

Concert Choir has a chance to show off their talent on a number of occasions. When asked what performances she looks forward to, Senior Chris Stream replied, "Singing at the Timberwolves game and at Bethel College." In March of 2004, they performed the National Anthem at the beginning of a Timberwolves game. Later in the spring, they performed with Symphonic Winds in Benson Great Hall at Bethel College. Next time you feel yourself craving a little music, come check out Concert Choir.

-Jessica Paschke



Concert Choir Row 1: C. Johnson, R. Piersdorff, S. McNamara, B. Heilman, A. Slouinski, J. Paschke, H. McKenzie, T. Dobibal, D. Linwood, M. Anderson, J. Stokes, H. Venburg, S. Marshall, M. Reed, C. Stream, A. Grundner, K. Koalska, A. Hanson, H. Plain, A. Lindholm, C. Odegard Row 2: D. Johnson, C. Fuitb, K. Keefe, A. Parenteau, K. Bresin, H. Framke, J. Engvall, K. Donaboo, P. Thao, J. Pitts, A. Matheson, A. Sadergaski, A. Garrity, M. Baird, B. Steele, A. Kloos, A. Eagen, A. Schaaf, H. Zuzek, J. Henderson, M. Stephens Row 3: C. Lind, N. Hall, K. Overton, M. Ostens, S. Wright, S. Sigfrinius, S. Demars, N. Mansmith, R. Holscher, C. Conley, N. Powers, T. Henrichs, J. Partyka, M. Byland, T. Manick, J. Lindahl, M. Thao, C. Rotach, J. Tonsager, S. Anthony Row 4: S. Haider, K. Kloos, M. Kerrigan, E. Snyder, E. Erdos, K. Beise, J. VanGunst, R. Miller, R. Kraft, J. Meindl, J. VanGunst, J. Breidel, D. Addis, K. Yang, C. Denny, G. Zauner, S. Lindahl, B. Berg, E. Wilson

Above: Above, nothing like some warm, holiday music to begin the holiday season! The Concert Choir performs with emotion and spirit during the annual Holiday Extravaganza on Wednesday, December 17.

A Gathering of Melody

Singing and chanting, these talented vocalists had a successful year. You can hear just how hard they have worked. Through hours of practicing, performing and torture, the varsity choir has proven that their concerts were worth while.

The choir teacher Mr. James Lindstrom, who has taught this choir for years, has proven that he can shape and mold singers into performers.

Varsity Choir is open to anyone that is willing to give their time and devotion to this musical talent. It is a great place to learn and improve your singing abilities.

~Nicole Zastrow



Above: "Do-Re-Mi...!" Warming up is an essential part of this choir's daily routine. Katherine Cooley, Brittni Berndt, Randi Williams, and Natalie Schoonover get started.

Left: "This is Fun!" Nikki Elliot and Jessica Rilea really get into singing their musical numbers in varsity choir.



Above: Practicing good singing posture, Sheyanne Thomas becomes one with the song.

Varsity Choir: Row 1: H. Petersen, N. Elliot, M. Bush, A. Wilke, P. Spratt, J. Rilea, A. Erichsbrud Row 2: S. Thomas, B. Peloquin, J. Sheldon, N. Schoonover, K. Cooley, J. Anderson, C. Anderson-Hopkins Row 3: V. Olson, S. Hnepenbecker, S. Wolfe, A. Spilman, R. Williams, B. Berndt

One Voice



Above: "This isn't just a girls choir, but we're more than that, we are like a family. We learn more about each other everyday, so it's a very tight choir," says Lindsey Lofton.



Right: "Do Re Mi Fa So La Te Do!" The girls warm up with direction from instructor Michelle Lynch.

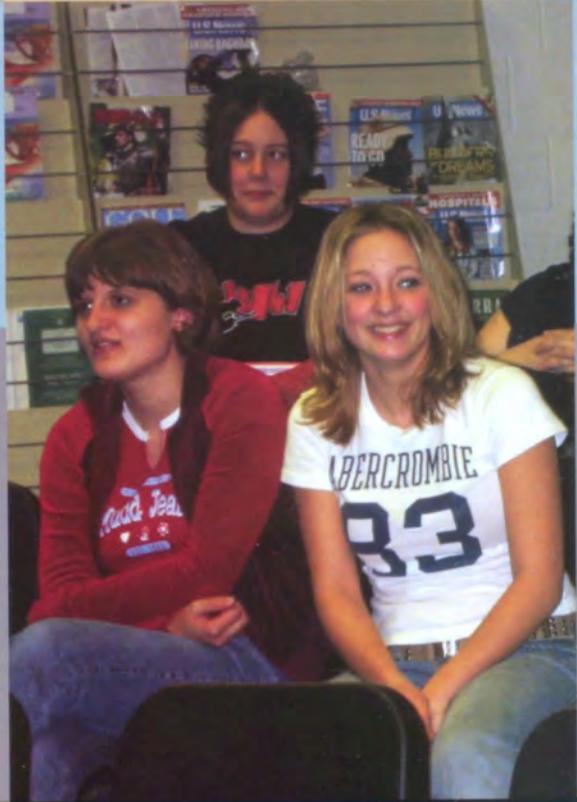


For the eighty minutes of fourth hour, harmonies and melodies can be heard floating throughout the corridors of the music department. It's coming from room 545, the girls of Treble Choir.

Many people think choir is a breeze compared to the collage of math, english, and science classes that make up their schedules, but the truth is, being a member of the treble choir demands dedication, hardwork, but most importantly, unity. "It's been amazing for me to come into Treble Choir my first year of high school and finding such unity. All of the girls here are so together." says Amanda Herrity.

Shana Abernathy comments, "I'm proud of how far we've come as singers and as people. We're like a large family, all of us are close."

-Kelly Jo Waldoch



Above: Rachel Hafele, Emily Palmer and Nikki Elliot take a break during class.

Treble Choir Row 1: J. Mecham, R. Hafele, K. Anderson, N. Elliot, T. Wilke, C. Macdonald, A. Sigfrinius, K. Herdina, D. Jensen, A. Fisher, S. Nordenstrom, A. Woods, C. Stream Row 2: A. Stokes, E. Palmer, M. Osteno, D. Kickler, M. Farvour, A. Sargent, K. Griffin, D. Tagg, J. Olson, A. Herrity, L. Lofton, S. Abernathy, A. Joyce.

EXTRA CREDIT

Top Ten Ways To Score Brownie Points With A Teacher. -Student Response-

- 1 « "Respect their rules." — Dustin Kendrik
- 2 « "Laugh at their jokes." — Joe Mitchell
- 3 « "Compliment them." — Amy Trombley
- 4 « "Wipe off the Black Board." — Jason Copt
- 5 « "Show up!" — Katie Willis & Laura Schneider
- 6 « "Participate in classroom activity." — Hillary Plain
- 7 « "Tell Jokes." — Nicquie Twedt
- 8 « "Lend Mr. Harris an extra hand" — Moose Stream
- 9 « "Bring them an apple everyday." — Jenna Bourque
- 10 « "Do the homework." — Bounmee Xiong

Jason Copt is ready to go see if there's any dirty chalkboards to wipe off for a little extra credit.



Jenna Bourque is always smiling and waving Hello to her favorite teachers as they pass.



Top Ten Ways For Students To Score Brownie Points With Teachers.

-Teacher Response-

- 1 « "The 3-R's. Respectful, Responsible, and Responsive." — Mr. Hipkins
- 2 « "Teach me something new." — Mr. Nicolls
- 3 « "Be Polite." — Mrs. Cameron
- 4 « "Be REAL!" — Mr. Hebert
- 5 « "Give me Chocolate." — Mrs. Livermore
- 6 « "Come to class, and pay attention. But don't forget to laugh at my jokes!" — Mr. Mikolajczyk
- 7 « "Bring me cookies, and do what you're supposed to do." — Mr. Gundersen
- 8 « "Volunteer to go beyond expectations." — Mrs. Orlich
- 9 « "Do what you're supposed to do." — Mr. Ruetten
- 10 « "Help out other students." — Mrs. Pechmann

Tom Hipkins demonstrates 'The 3 Rs' to passing students in the hallway.

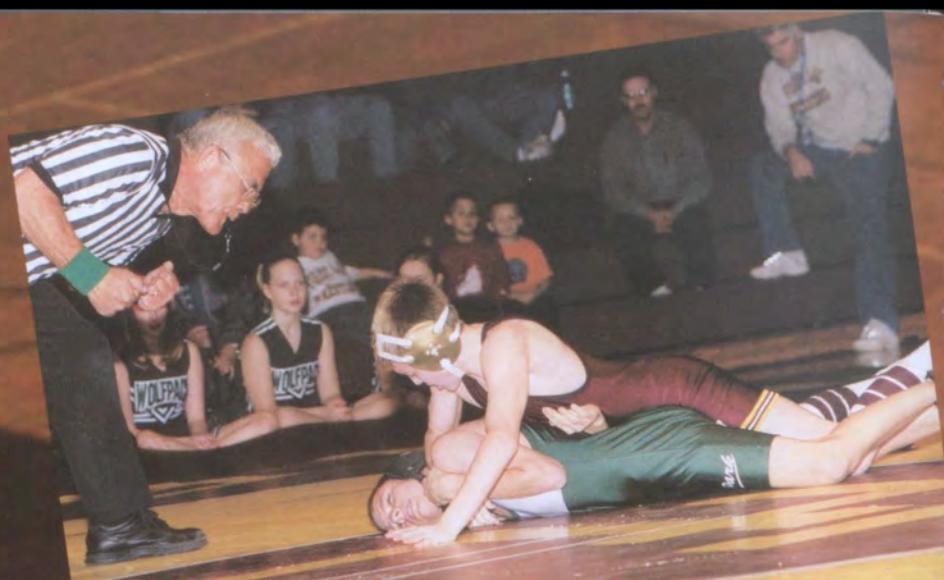


Laura Livermore is ready for her chocolate! To score brownie points you know what to do kids.



-Maddie Baatz

Sophomore Eric Morris tries to free his arm while taking on Park Wolfpack at a meet. "I was stuffin' his head into the mat," yells Eric. Eric won the match.



The girls soccer team watches on as their teammates almost make a goal against Chisago in late September. Junior Jacquelin Nelson throws her hands up in the air and says, "I was really scared!"



Senior Steven Carlisle signals to a fellow teammate in the baseball team's game against Mounds View. "It was a cold, windy May day as the young and talented Paul Miron sprinted home," says Steven.

All Fore Sports



THE crowd files into the bleachers as everyone gets pumped up for the game, decked out in their

maroon and gold. The **TINT** of the fan's school spirit is seen throughout the crowd as one

color. The sound **OF** the cheering sends chills up the teams' spines as they watch the other team arrive. Their hands shake as they warm up one last time before they start. As the national anthem plays softly in their ears, all they can hope for is one last

TRIUMPH.

~Meghan Jette

Senior Thomas Frericks returns the punt as the Rangers football team took on Mounds View. "It was a tough loss," Thomas said.

Below: Tanya Brown, Kelsea Griffin, and Angie Zentzis show off some of their famous kick line moves.



Right: The Dance Team gets ready to perform at their conference competition in Maple Grove.



Above: A little warm up back rub and pose for the camera before the girls hit the dance floor.



Dance Until You Drop

Each year the Dance Team is made up of slightly new faces. Like most activities seniors graduate and freshman join. Sophomores and juniors continue to make progress and ambitiously work towards meeting un-met goals. However, little does this team know at the beginning of the season in August of 2003 they would no longer be recognized as a "Fine Arts" activity. The school board would soon accept them as a varsity sport sometime in early December. "Becoming a sport is something we've been working towards the entire two and a half years, since our Coach Kristin Gustafson recreated the team. It's nice to know that we are gaining support. Mr. Olson makes sure he's up to date with our progress. Our annual clinic and show gives us recognition from our community and our competition scores gives us the individual confidence to move on," said Senior Captain Tanya Brown.



Above: Senior Captains Becky Daschel, Lindsay Guthrie and Tanya Brown take time before their competition to discuss their goals on the dance floor.

This Team is made up of a great group of girls. They practice two hours every day, for six months out of the school year. "As captains with three years of Dance Team experience our priority is to make sure everyone feels included," said Senior Captains, Lindsay Guthrie, Tanya Brown and Becky Daschel.

~ Katie Carlson

Conference Competition



Junior Chantel Eischen, Senior Jamie Kobs, and Freshmen Jenny Faust use jazz hands to get ready for their next formation!





Above Feet don't fail me now! Junior Sarah Wright keeps those feet moving as she presses on towards the finish.

Left Senior Emily Buck steadily improved throughout the entire season. Just look at her determination.

Below Senior Co-Captains Kristen Howe and Laura Edlund lead the pack. Kristin went on to qualify for state and Laura was named All-Conference.

Right Junior Chelynn Pringle worked hard all year and ended the season with a strong finish at conference.

Bluejacket Invite

St. Francis Invite

Eagle Invite

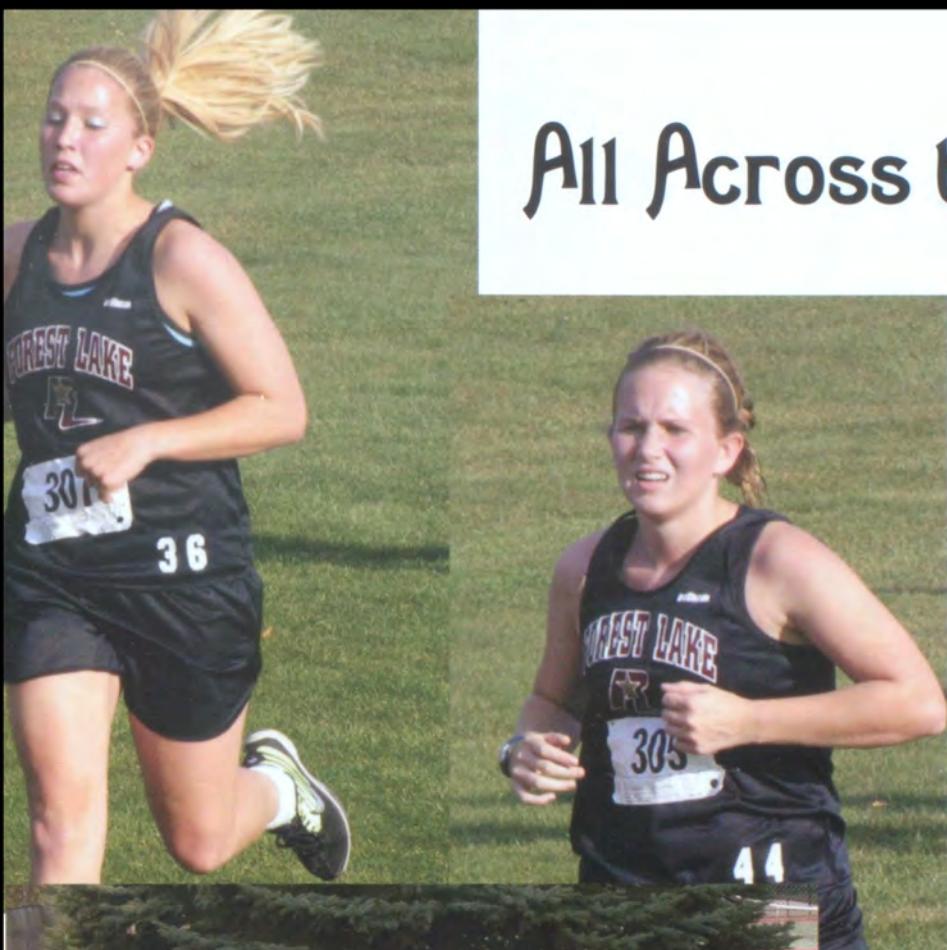
U of M Les Bolstad

Swain Invite

Sections

Cambridge

All Across the Country



Above Senior Jenessa Van Deen keeps the finish line in her sights. She went on to get her personal best at Sections.

Finally, a good reason for a golf course. At least that's what the girls cross country team jokes about since they often race at golf courses. The girls had a great season this year. Not only did they finish top five at Sections, but Senior Co-Captain Kristin Howe was named All-State and Senior Co-Captain Laura Edlund was named All-Conference.

Even with all the hard work the girls had fun. "The Swain meet in Duluth was the best because we got to roll down the hills," says Junior Chelynne Pringle.

The Swain meet seemed to be the highlight of the season this year. Senior Jenessa Van Deen stated, "Swain is my favorite race course because of all the hills! And it's a fun meet for us to go to as a team." The girls did great this year and are looking forward to another successful season next year. Some advice that Kristin Howe leaves for the underclassmen is, "Follow the rules! Good job girls and good luck next year!"

-Molly Trombley

Girls Cross Country:

Row 1: J. Broden, S. Mitchell, A. Deblow, K. Robinson, M. Gooley, S. Wright, K. Berkley. Row 2: Coach Anderson, R. Alexander, J. VanDeen, L. Edlund, K. Howe, E. Buck, C. Pringle, S. Macnamara, and Coach Howe



Laura Edlund

"What's rule #1?
Have no fun!"



Kristen Howe

"What's rule #2?
We work harder than they do!"

The Color of Success

The sound of feet pounding against the pavement. The cool, gentle breeze brushing against their bodies. The wet, salty taste of sweat dripping down their faces. The look of determination on the face of every runner. The smell of success as they cross the finish line. Meet the Boys Cross Country team.

At the SEC Conference Meet on October 9th, the team came out with very successful results. Senior Captain John Fahnhorst had a time of 17:18 and finished 14th, earning him First Team All-Conference honors. Senior Peter Bailey came away with a time of 18:01 and finished 26th. The team finished fifth out of eight teams.

At the Section 4AA Meet the team finished tenth out of sixteen teams. Junior Kelly Weise finished 59th with a time of 18:09. Also, Junior Benjamin Fick finished with 18:25 giving him a 71st place finish. As Captain John Fahnhorst said, "...you can never run too much!"

The runners are not the only reason for the team's success. The coaches helped to motivate and provide an environment where the runners got the necessary confidence to go all the way. Senior Captain Lorin Skoglund had a few words to say about Coach McElrath, "Always a great guy and he puts a lot of time and effort into the season." So there you have it, the Boys Cross Country team and their color of success.

-Jessica Paschke



Above
Freshman
Mark
Sandager
gives it his
all as he
strives to
beat his
opponent at
the SEC
Race at
Falcon
Ridge.



John Fahnbost:
"Running in a vacuum sucks!"



Lorin Skoglund:
"You got to be in it to win!"

Boys Cross Country

Row 1: W. Long, S. Duggen, J. Gavanda, J. Orth, J. Mitchell, A. Orth, B. Brodin, J. Hubbard, Z. Clark, S. Wright, N. Moen, **Row 2:** Coach Heyden, P. Joachim, K. Braun, M. Sandager, K. Weise, J. Koch, J. Sandager, J. Fahnbost, P. Bailey, L. Skoglund, B. Neujabr, A. Moen, B. Fick, S. Glewwe, Coach Bill McElrath



Left Run Jeff run! Senior Jeffrey Sandager runs hard in the SEC Race at Falcon Ridge. Jeff was awarded the Most Inspirational on the team.

Below Senior John Fahnborst tries to outrun his competition from Irondale and Andover. John ended the season by coming away with the Ranger Award.

Right Surrounded by Forest Lake! Junior Kelly Weise and Senior Lorin Skoglund block in their opponent.



Above Giving 110%, Senior Kyle Braun gains on his Elk River opponent on September 27th at the Griak Invite.

Meets:

St. Cloud Apollo
Bluejacket Invite
St. Francis Invite
Eagle Invite
U of M Les Bolstad
Swain Invite
SEC Race @Falcon
Pre-Region Meet



Above Junior John Schwietz takes a running play at the Maple Grove game, the first loss for the Rangers.



Left the team stands together on the field at White Bear Lake as the coach gives a post-game review.

Below Senior Steven Carlisle breaks through the line of scrimmage at the Hastings game. It was a big win for the Rangers.

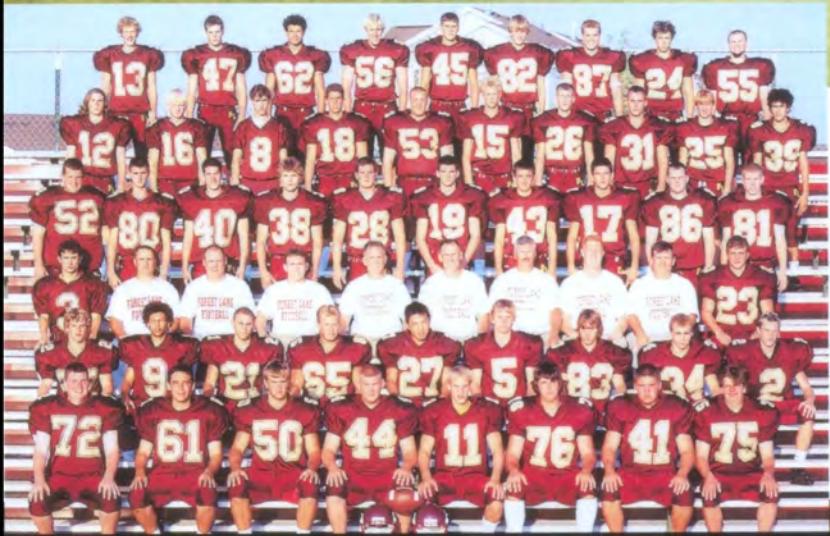
Right The Rangers' offensive line gets ready for another big play at their home field.



Home	Opponent	VS
7	Maple Grove	35
7	White Bear Lake	38
7	Woodbury	0
14	Roseville	21
17	Hastings	2
14	Stillwater	42
19	Mounds View	15
40	Park Cottage Grove	28

Section 7AAA finals
20 Anoka 48

Not Your Ordinary Season



Above After receiving a handoff at the Maple Grove game, Senior David Comparetto looks for a hole to run through.

The Rangers' varsity football team had one of their best seasons of the past few years this year. "It was a good senior season because we finally won more than one game," said Senior Jeffrey Norton.

The season started off with two disappointing losses, until the Rangers took on Woodbury for a 7-0 win. Junior John Schwietz lead the team as quarterback for their first victory, while Senior Thomas Frericks took on the position of running back, a change from his usual quarterback position.

After losing a tough game to Roseville, the Rangers won their game against the number five-rated team, Hastings. It was Hastings' first homecoming loss in 32 years. Key players Mark Moberg, Steven Carlisle, Thomas Frericks, and John Schwietz made the game a success.

After losing homecoming to Stillwater, the team had two good wins against Mounds View and Park Cottage Grove. They ended their regular season with a 4-4 overall, and 4-3 in the Suburban East Conference.

Senior Jacob Brown summed up his thoughts on the season, "Work hard or go home."

~Meghan Jette

Football

Row 1: J. Johnson, A. Beane, T. Bridgeman, S. Carlisle, T. Frericks, T. Almendinger, D. Peterson, A. Zopf. Row 2: J. Lindeberg, N. Lewis, D. Comparetto, R. Kraft, J. Babbitt, J. Schwietz, K. Janssen, C. Jolly, J. Ellington. Row 3: K. Fuller, Coach McLaughlin, Coach Vogel, Coach Rich Elliot, Coach Larry Matzdorf, Coach Jim Herman, Coach Jeff Wilson, Coach Ryan Johnson, Coach Moberg, K. Secor. Row 4: J. Norton, R. Walsb, A. Rosenthal, R. Thomas, M. Thorson, K. Nosie, D. Schifsky, N. Morris, J. Minnig, T. Truedson. Row 5: J. Travis, M. Moberg, M. Batchko, B. Halverson, C. Lynch, A. Young, S. Nelson, T. Stoll, A. Peck, J. McCarty. Row 6: N. Sparby, R. Miller, J. Kerkow, J. Abress, J. Knowlton, J. Duncan, J. Brown, P. Fogerty, P. VanBeckum.



"Usually the team who scores the most points is going to win." Captain Tryn Almendinger



"There are ups and downs in football, but when the ups outweigh the downs, you have a good season." Captain Steven Carlisle



"Usually the team who doesn't score the most points is going to lose." Captain Timothy Bridgeman



"I love football." Captain Thomas Frericks

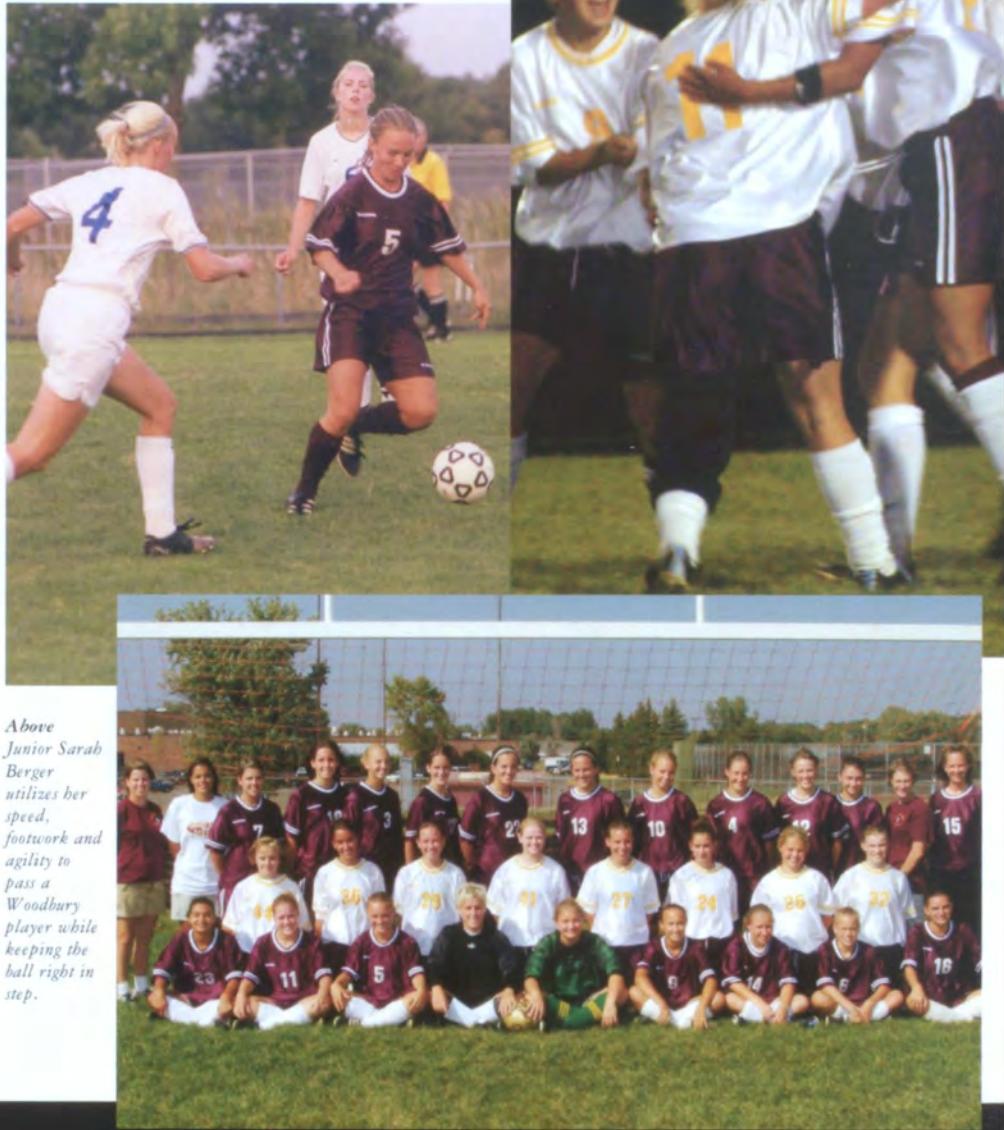
Kicker' it up a Notch

"Losing is not an option," was a common chant heard from the girls as they prepared to take the field this season. This attitude kept the hopes high and the effort at a maximum throughout the soccer season. The record shows the wins and losses, but it does not show the fun, excitement and team bonding that went into making this season a memorable one.

"The most memorable moment of the season was the girl breaking her arm at the Mounds View game," says Senior Captain Laura McMahon. The season had its ups of beating Chisago and Hastings but also its downs of losing to Woodbury. Through it all each player respected their teammate and the effort put forth at every game and practice. The friendships that have been formed through each player's high school career has cemented memories that will last a lifetime. Many players have been playing with each other for multiple years and it has shown through the team chemistry on and off the field.

Head Coach Jeny Hurd says, "Even though we are in a tough conference, our girls came out every game and played their hardest, they didn't ever give up. They had fun!"

-Rachel Martin



Above
Junior Sarah Berger utilizes her speed, footwork and agility to pass a Woodbury player while keeping the ball right in step.



Laura McMahon
"NH's rule! DPF's drool!"

Katherine Hollerbach
"It's not the size of the dog in the fight, it's the size of the fight in the dog!"

Girls Soccer
Row 1: L. Shoberg, R. Martin, S. Berger, J. Meath, J. Nelson, K. Hollerbach, A. Johnson, D. Boldenow, M. Milligan
Row 2: D. Cox, S. Thompson, R. Goossens, W. Prow, R. Medina, A. Palacbeck, H. Zarek, A. Crecelius
Row 3: Coach Christine Amsler, Coach Jeny Hurd, K. Gonsior, S. Detlefson, R. Prericks, J. Koski, B. McMabon, L. McMabon, R. Kennedy, K. Skoglund, A. Miron, A. Rajdl, Coach Jennifer Rangitsch, Coach Kristen Nellis
not pictured: C. Mettling

Left Gooooallll!
After Senior Laura
Shoberg scores on a
header against
Hastings, her
teammates are all bugs
and smiles.

Below Gooo, Go, Go,
Go Rangers! The team
gets down and dirty to
chant their pre-game
cheer to get psyched up
for the big game.

Right Sopomore Ann
Miron radiantly
dribbles in and out of
defenders looking for
her open teammate to
pass to.



Above Senior Laura
McMahon overpowers her
Hastings opponent, to get a
clean trap and control the
game.

Team Record

PL	Vs
0	White Bear Lake
0	Mounds View
4	Cambridge
0	Woodbury
0	Stillwater
3	Blaine
0	Park Cottage Grove
2	Roseville
0	Hastings
0	Woodbury
0	Stillwater
0	Park Cottage Grove
3	Chisago
0	Roseville
1	Hastings
0	Mounds View
0	White Bear Lake
2	Saint Francis
	Duluth East



Left Sophomore Jordan Bengton contributes to the goal of teamwork by passing the ball to a fellow teammate before the Woodbury opponent even has a chance to get to the ball.

Right Run Freddie, Run! Senior Matthew Fredrickson uses his lightning speed to always stay one step ahead of the defense.



Above HEADS UP!!... Literally. Senior Captain Sean Kennedy leaps high in the air to head the ball back to his teammates, and away from Hastings.



Team Record	
W	Y.L.
1	Coon Rapids
0	White Bear Lake
1	Mounds View
1	Maple Grove
1	Woodbury
0	Stillwater
0	Park Cottage Grove
5	Roseville
1	Hastings
0	Woodbury
3	Park Cottage Grove
6	Chisago Lakes
0	Roseville
0	Hastings
1	Duluth East
0	Stillwater
0	Mounds View
0	White Bear Lake
0	Anoka

Aiming to Win



Above Senior Brian Maloney quickly winds up and boots the ball away, helping to protect the Forest Lake goal. Despite Maloney's great defensive skills the team was unable to defeat Woodbury.

You wouldn't be able to tell it by their record, but the Boy's Varsity team had a good year.

Having a good season isn't always about how many wins you have, but about coming together and playing as a team. The boys team did just that this year. "We really jelled together, and when we played our game we could compete with anyone" said Senior Captain Pat Harnett. The team proved this in their game against Park Cottage Grove; they were down 0-2, but the were able to comeback and defeate Park with a score of 3-2.

When commenting on the season, Coach Randell Appleton said "We had many opportunities to be successful but didn't reach our full potential in all games," but despite this, "They played the best soccer that's been played in four years." Sophomore Eric Stolberg said "We didn't have a winning season, but we did have fun."

"The few great games we had made the whole season worth playing" Senior Captian Sean Kennedy.

-Rachel Goossens

Boys Soccer

Row 1: A. Brown, J. Wittrock, M. Fredrickson, C. Conley, M. Lindstrom, J. Hull, R. Hager, R. McCollum, T. Rangitsch, J. Scheierl Row 2: L. Odegaard, J. Koblar, B. Maloney, P. Harnett, J. Harnett, C. Morin, E. Stolberg, J. Brown, T. Cheng, D. Stone Row 3: Coach Deno Johnson, Coach Ron Tungseth, A. Brown, B. Montes, M. Keller, S. Kennedy, J. Maier, G. Pineault, D. Bydalek, D. Mayen, J. Bengston, D. Raymond, S. York, Coach Randall Appleton



"Down down down down down
down down down down down."
-Patrick Harnett



"I'll miss everyone"
-Sean Kennedy

Making Waves

Much like every other year, the girls had to deal with a lot of change. However, this year the change was for the good. With new coaches and a new outlook for the season, the team was eager to get in the pool. They started the season with challenging two-a-day practices, and everyone seemed to improve. "The double practice schedule pushed us, but it helped us get fast really quickly," commented Senior Kristina Simpson. "It was great to have coaches that cared, and knew what they were talking about."

The season went rather successfully. The girls had 2 solid wins, and many more close meets, showing promise for seasons to come. Junior Hannah McKenzie noted that, "The girls already stepped up a lot this year, but there is a lot of room for improvement. Next year will be exciting!"

The section meet at the end of the season was also a change for the better. This year, the girls brought home a record number of medals, and sent two people on to state - Junior Brianna Hubbard in diving, and Freshman Amanda Nelson in the 50 freestyle and 100 butterfly. Brianna placed 25th overall; Amanda finished 26th in both of her events.

In addition to all these achievements, the team began taking over the record board. Amanda broke the pool record in the 100 butterfly - the previous record of 1:02.69 was set by Connie Pierre back in 1992. The new record is 1:01.88. That record and many others are expected to be challenged next season.

-Sarah Zierke



Katie Clark
"Forest Lake IS rich, and we
DO have a hot tub!"



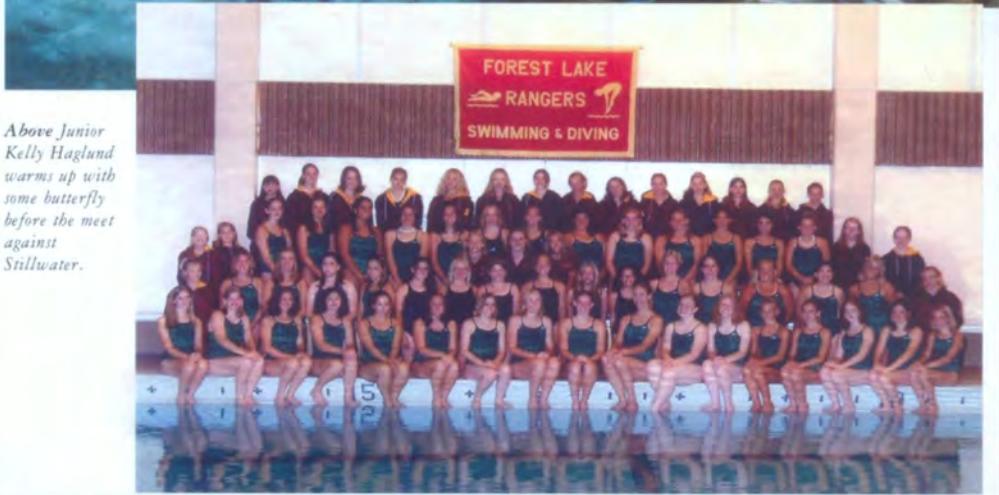
Shannon Eder
"If you are receiving a message
from the Mothership, listen - it
will lead you to great places."



Amy Yetter
"Shoot for the moon; even if you
miss, you'll still be among the
stars."



Above Junior Kelly Hagland warms up with some butterfly before the meet against Stillwater.



Girls' Swimming
Row 1: A. Lalla, A. Moberg, M. Mattison, M. Mattison, J. Esen, H. Sparks, S. Eder, G. Van Sloon, J. Gorka, S. Zierke, K. Simpson, A. Yetter, K. Clark, H. Ristow, L. Kubitschek, L. Quale, D. Sell. *Row 2:* J. Pimpo, J. Duffy, K. Monberg, J. Borque, P. Wold, J. Waskey, C. Royce, M. Lundberg, H. McKenzie, H. Merrier, C. Gross, R. Merrier, M. Mattison, K. Haglund, K. Waldob, C. Gerlach, A. McNamara. *Row 3:* T. Hubbard, B. Bessler, R. Zierke, F. Van Sloon, A. Garrity, M. Walters, A. Schmitz, J. Klawitter, D. Jensen, M. Streege, N. Duff, A. Nelson, C. Peterson, D. Antony, A. Petroske, L. Oberg-Hauser, E. Brown. *Row 4:* B. Hubbard, S. Hufford, C. Nelson, K. Harrison, K. Erickson, A. Miller, S. Carlson, D. Proulx, E. Wislicenus, M. Delambo, E. Casello, E. Mobler.
Coaches: R. McKenzie, J. Perrault, D. Welch.

Left The Seniors gather together for one last group picture before the meet on Senior Night. All together, the seniors have over 44 years of experience being on the team!

Below Junior Hannah McKenzie strikes a pose while waiting to swim her events at Sections.

Right Grrrrr, R! The Sections team gets pumped up during warm-ups at Blaine by doing some cheers.



Above Monkey business. Seniors Sarah Zierke and Jynelle Gorka hang out at the pool during taper.

Scoreboard
SEC Relays
Park Cottage Grove
Mounds View
Panther Invite
Mahtomedi
White Bear Lake
ABC Invite
Cambridge
Roseville
Chicago Lakes
Hastings
Blaine
Woodbury
Stillwater
Section 7AA@Blaine
State @ U of M



Above Junior Jennifer Coozennoy sets up a serve as her sister, Senior Amanda Coozennoy, prepares for the return. The sisters work together to overcome the opposition.



Left Take a breather girls! Junior Katie Anderson and Senior Kelly Dobihal take a few moments to relax at a match.

Below Freshman Paige Patchin runs into action. Her energy is high as she covers her court and returns a smashing ball.

Right Making it look easy. With a nice, easy swing, captain Kelly Dobihal lobs the ball over the net.



Schedule		
Date	Opponent	Place
8/15	Stillwater	A
8/18	North St. Paul	H
8/19	Andover	A
8/22	Centennial	A
8/25	North Branch	H
8/26	Blaine	H
8/28	Champlin Park	A
9/02	Mounds View	H
9/04	White Bear	A
9/09	Roseville	H
9/11	Hastings	A
9/16	Woodbury	A
9/17	Coon Rapids	A
9/18	Stillwater	H
9/23	Park Cottage Grove	A
9/25	Princeton	A
9/29	Irondale	H
9/30	Chisago	H

Love to Play



*Above
Amanda
Cozennoy
keeps her eyes
on the ball.
Her racket
makes contact
with the ball
and smashes it
over the net to
overcome her
opponent.*

Girls Tennis:

Row 1: R. Portz, K. Dobibal, A. Moynagh, J. Cozennoy, P. Patchin, A. Cozennoy
Row 2: H. Framke, C. Fuitb, S. England, K. Anderson, A. Nelson, R. Kissner, Coach Judy Hill



*Katie Anderson
"Fernando Zurzar Ustice! Good
job this season girls!"*



*Kelly Dobibal
"Quit trying to bite the
opponent's head!"*

Slam. Ace. Smash. Volley. All of these key elements come together in a fierce match of tennis. The team mastered these skills and went on to have a great season.

The team was young, but they overcame that obstacle and always gave 100 percent. "The team was really young and we did well considering," says Captain Katie Anderson. The team will be losing five of their senior girls but have a good up and coming group with four seniors to lead them to another great season.

This year at sections, all the girls made great efforts in their matches. It was a great accomplishment that everyone made it past the first round. Two girls did extremely well and made it to third round. The team was proud of these two girls, Paige Patchin and Katie Anderson, for a job well done. Two of the doubles teams also did well, making it to the second round at sections.

Hilary Framke commented, "The team was really close and it made it fun to spend time with the girls on the team." The team had good times together and even had Russian nicknames for one another. This closeness made it easier to work together and play as a team.

They finished the season with a 13-7 record. "The matches were all really close even if we ended up losing," said Junior Stephanie England, "I am proud of the way they never gave up." This team shows heart, teamwork and determination, which makes for a great year and an experience to always remember.

-Allison Mericle

Setting It Up

The Forest Lake volleyball players have shown dedication and determination throughout their season and even though they've had many tough times they've held their heads high. With only three players with previous varsity experience and only one returning starter, the team started the season knowing they would have to work hard to keep up with the rest of the teams. Senior Katie Carlson said, "Since there were few players that had varsity experience and being that we were a young/ short team we did pretty well."

In this height friendly sport the team was challenged with their tallest player being 5'8". The team's overall record was 6-20 and their conference record was 3-11. Through all of these challenges the team did come out on top in the Coon Rapids Tournament where they finished in second place.

This year's team quote was, "Success is never final, failure is never fatal, courage is what counts."

"I really think that we learned the true meaning of that quote, failure is never fatal," says Senior Megan Aschenbrener as she reflects on the season.

-Courtney Marr



Above The six seniors take time off of warming up on senior night to pose for the camera.



"Ha, ha! I never had to shave the skuller!"

-Captain Andrea Lechner



"We might not have had the best record but our team was definitely better! Thanks to all our fans!"

-Captain Casey Liptak



"Do it for the Troll!"

-Captain Courtney Marr

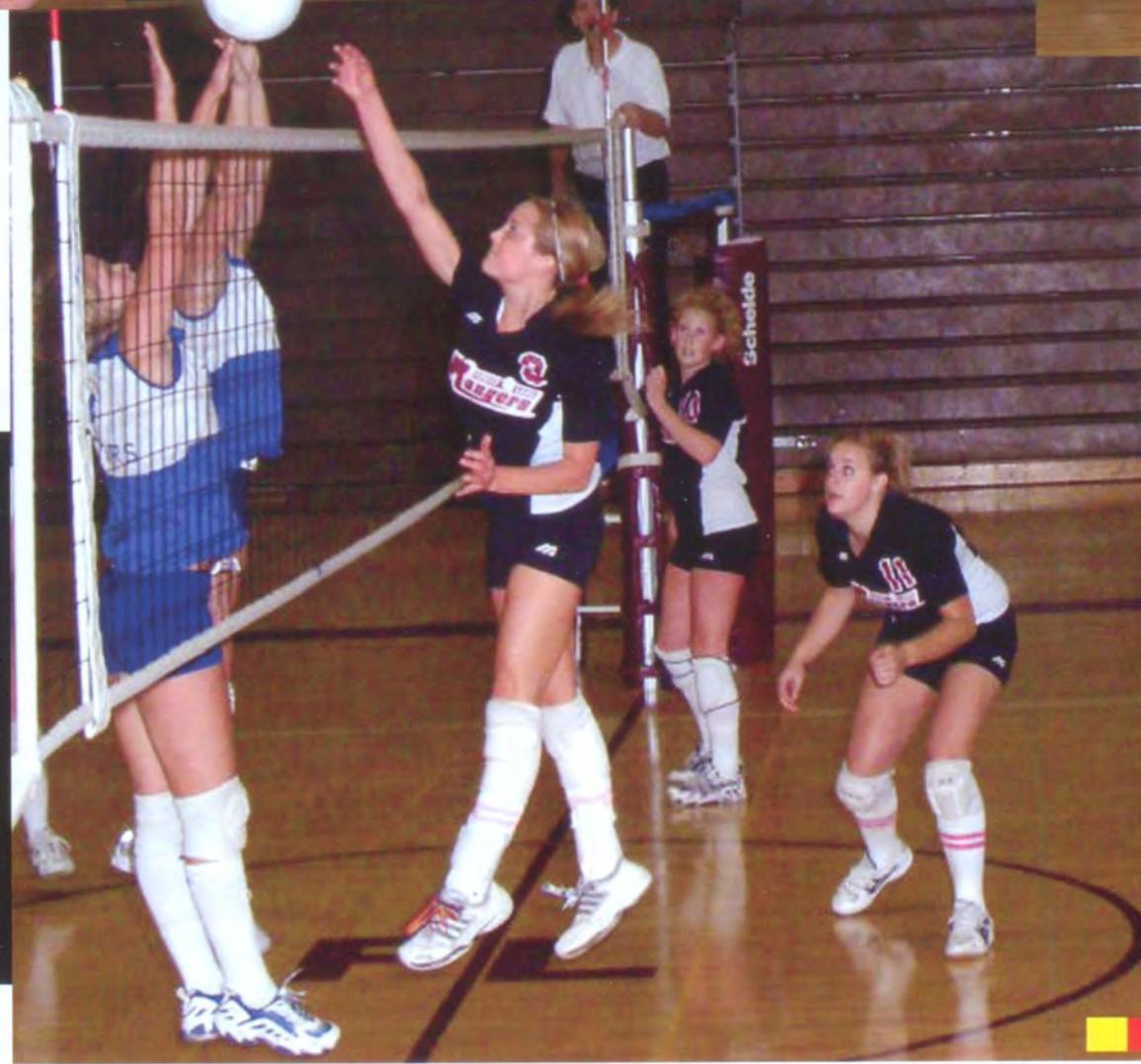


Volleyball:
Row 1: M. McKenzie, S. Kellerberius, A. Lechner, S. Ferderer, C. Liptak, S. Dittberner, S. Lipp. **Row 2:** L. Meyer, S. Alm, K. Carlson, M. Falck, P. Nora, M. Aschenbrener, C. Marr, R. Turry, R. Anderson, M. Kolbow, D. Danninger

Left Look at her jump! Senior Rachel Turry shows she can stand up to those big blockers by blasting the ball right over their hands.

Below Wait a minute! Senior Andrea Lehner mixes up the other team by sneaking in a tip which just barely touches the blockers finger tips while Senior Megan Aschenbrener and Junior Molly Falck move in to cover her.

Right Beautiful! Sophomore Pamela Nora makes an amazing save and passes the ball right up to the setter with the support of Junior Molly Falck and Senior Courtney Marr.



Above You got smoked! Junior Sally Kellerhuis goes up to hit the ball and get a kill!

FL Opponent VS

2 Park Cottage Grove 3
0 Hastings 3
1 Stillwater 3
1 Mounds View 3
1 Woodbury 3
1 Roseville 3
3 White Bear 1
1 Park Cottage Grove 3
3 Hastings 1
2 Stillwater 3
3 Mounds View 0
0 Woodbury 3
1 Roseville 3
0 White Bear 3



Above: Senior Jenna Williams puts on her suit to practice her moves.



Left: Swoosh, swoosh, swoosh! This skier seems to have the race going her way as she makes her way down the hill at the Sections Meet.

Below: Sophomore Rebecca Keller dodges poles left and right as she makes her way down the hill at the Sections Meet.

Right: Taking a breather after her race, Junior Kelly Haglund cools down at the Sections Meet.



Mounds View
Hastings
Park/Woodbury
Stillwater
White Bear Lake
Roseville
7AA Section Meet

Got Snow?



Above: Senior Kathryn Hallberg, Junior Amanda Connally, and Senior Amy Charpentier smile pretty as they prepare for the slopes.

Girls Alpine Skiing

Row 1: C. Robinson, A. Connally, K. Hallberg, R. Kissner, A. Charpentier, K. Haglund.
Row 2: E. Eagen, M. Messin, N. Kumerow, J. Williams, A. Kissner, A. Eagen, C. Schmidt, R. Keller, C. Bass



Kathryn Hallberg
"Mer na mer!"



Rachel Kissner
"Kiss it!"

Many people in Minnesota cringe when the meteorologist predicts the following week to be bombarded with snow. But the girls on the Alpine Ski Team jump for joy, literally. Snow, a steep hill and any fellow skiers complete the equation for a great time. When asked why she is in Alpine Skiing, Senior Jenna Williams replied, "Because rippin' down a hill on two planks is just pure fun!"

With their love of the sport and positive outlook, the team proved to be a success. At the Wild Invite, they took fourth place, just one point behind Mounds View. The team ended up being co-conference champs with Senior Rachel Kissner and Kathryn Hallberg making all-conference. Amanda Connally, Kelley Haglund, Carly Bass, and Rebecca Keller all received honorable mentions. Describing the team's motivation, Senior Amy Charpentier said, "Everyone just has fun, if we simply focus on having fun instead of stressing ourselves out, we do better." So the next time it snows, grab a pair of skis, gear-up, gather up some friends and head over to the slopes. You may find yourself having a lot of fun!

-Jessica Paschke

The Need For Speed

Do you feel the need? The need for speed? If so, then the Alpine Ski Team is the place for you - "It's really unique, you go pretty fast when you race. It's probably the only sport I know of that you go that fast," commented Senior Justin Knowlton.

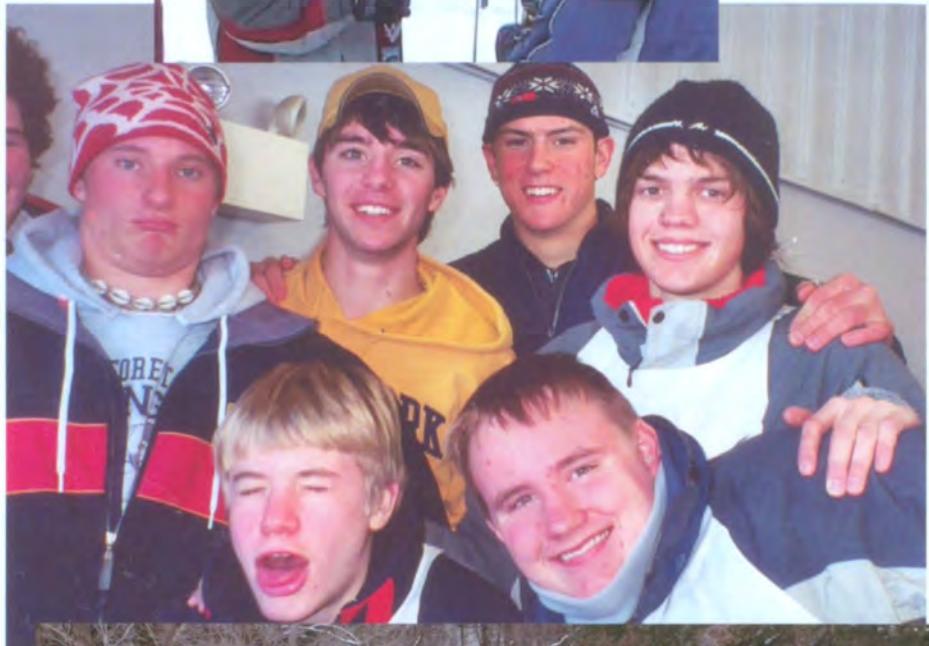
When asked about the best part of the season, Senior Matthew Keller said, "Winning." The boys certainly did a good amount of that - their own need for speed ended up getting them a 4th place finish in the Suburban East Conference standings. Individually, Justin Knowlton, Matthew Keller and Sophomore Erik Stolberg made All-Conference. Junior Aaron Moen received All-Conference Honorable Mention.

The Alpine team is relatively young this year - they will only graduate two seniors. With all the experience the younger members have, the team should be able to get a quick start next winter, and hopefully move their way up the conference standings.

-Sarah Zierke



Left: Junior Aaron Moen asks Coach Scott Olson for pointers on his upcoming run.



Above: The boys pile up for a group picture during the meet against Roseville.



*Captain Justin
Knowlton
"Good times."*



*Captain Matthew
Keller
"Bam bam."*

Boy's Alpine
Row 1: C. Robinson, A. Connelly, K. Hallberg, R. Kissner, A. Charpentier, K. Haglund. Row 2: Coach S. Olson, E. Eagen, M. Mexin, N. Kumerow, J. Williams, A. Kissner, A. Eagen, C. Schmidt, R. Keller, C. Bass. Row 3: J. L'Allier, P. Charpentier, A. Moen, T. Anafarta, C. McCormick, T. Kisrow, J. Knowlton, M. Keller, K. Gamelin, E. Stolberg, B. Stolberg, J. Minnig, Coach J. Stadler

Below: Senior Justin Knowlton competes at the Section meet at Giants Ridge.

Right: Girls' Senior Captain Rachel Kissner and Boys' Senior Captain Matthew Keller cozy up and discuss their races at sections.



Above: Sophomore Erik Stolberg gives it his all while going down one of the runs at Giants Ridge.

FL	Scoreboard	Opp.
21	Mounds View	34
28	Hastings	27
32	Park	23
16	Woodbury	39
22	Stillwater	33
28	White Bear Lake	27
32	Roseville	23
	7AA Section	



Left: Junior Katie Anderson works hard to post up on a White Bear player. Despite the Rangers best efforts they lost the game 31-52.

Below: #33 Senior Captain Laura McMahon.... Laura runs through her cheering teammate lines, ready to have a dynamic start for the Rangers.



Right: During a pregame huddle the Rangers work on a strategy to beat their opponent.



R.	V/S	
26	Andover	43
46	Duluth Denfeld	52
27	Roseville	34
49	Maple Grove	46
28	Wayzata	50
34	Coon Rapids	41
46	Pine Lake	63
54	Chanhassen Park	60
33	Centennial	53
49	Park Center	37
30	Tonka-Grace	43
31	White Bear Lake	56
42	Park Cottage Grove	30
40	Robbinsdale	42
27	Schwartz	57
46	Hastings	33
35	Mounds View	56
33	Woodbury	67
26	Roseville	46
31	White Bear Lake	52
59	Park Cottage Grove	33
42	Schwartz	32
27	Hastings	34
34	Mounds View	56
31	Woodbury	76
36	N. St. Paul	44

Play Hard or Go Home



Above: Junior Christina Odegard and Sophomore Renee Frericks double team a Woodbury opponent, while Senior Brianna McMahon and Sophomore Kristen Skoglund back into the lane to help out.

This year the girls basketball team put up a good fight in a tough conference. Overall their record did not reflect their effort. Everyday the girls willingly gave their all to learn, and be able to compete with the best. The team was inexperienced in the sense that only three returning players had a lot of varsity experience.

This group of fifteen girls were very close. During the season they were together almost all of the time. "We have great team chemistry," Coach Jack Bender added. Not only did this help them improve on the court, it provided a lot of fun times off the court too. Senior captains Laura and Brianna McMahons commented, "Most of the reason we love playing basketball is because we get to be with these girls, we love 'em!"

After losing a double overtime game against Armstrong, who later went on to beat the number one team in the state, the team knew they could compete. Although the team struggled to stay in some games during the second half, the first half seemed to be when the team shined.

Graduating only four seniors this year, the team has great potential for being a threat next year. Junior Joanna Koski said, "It's going to be really hard to replace our seniors, they have added so much to the team." The team came together this year and had a fun and exciting season. Every day the team went out together with the same attitude, "Play hard or go home."

~Courtney Mettling

Girls Varsity Basketball
Row 1 - L. McMahon, K. Skoglund Row 2 - B. McMahon, K. Anderson, C. Mettling Row 3 - C. Okimosh, J. Morgan, T. Odegard, K. Overton, L. Pilariki
Row 4 - S. Welk, J. Koski, R. Frericks



"Cash Money..."
Captain
Brianna McMahon



"...Bling Bling"
Captain
Laura McMahon

Love for the Game

The Varsity Boys Basketball team looked promising at the beginning of the season with hard practice and the ability to push themselves to the limit at all times. They won their first game with a slight 2-point victory. However, when the season was on the run, the harder the boys tried the more difficult it was to achieve a victory. After a few games and being tired of loosing, the boys finally came out with some wins, ending with an okay season.

This season may not be described as the best season in the history of basketball in Forest Lake, but with some promising juniors and a good back up of sophomores the Varsity Boys team should have no problem leaving this bad season behind and going for gold in the years to come.

- Swopnil Vaidya



Above: Senior Collin Authier, one of the few seniors and a leader of the Varsity team, dashes by a defender during a game, showing off his handling skills and why he is the point guard.



"I guess we shouldn't have shopped at Wal-Mart."

Collin Authier



"I suppose it's not about winning or losing, its about playing as a team."

Christopher Conley



"Nothing good happens after midnight."

Thomas Frericks



"The season's been full of ups & downs, ... but we all had fun."

Ross Miller

Boys Basketball

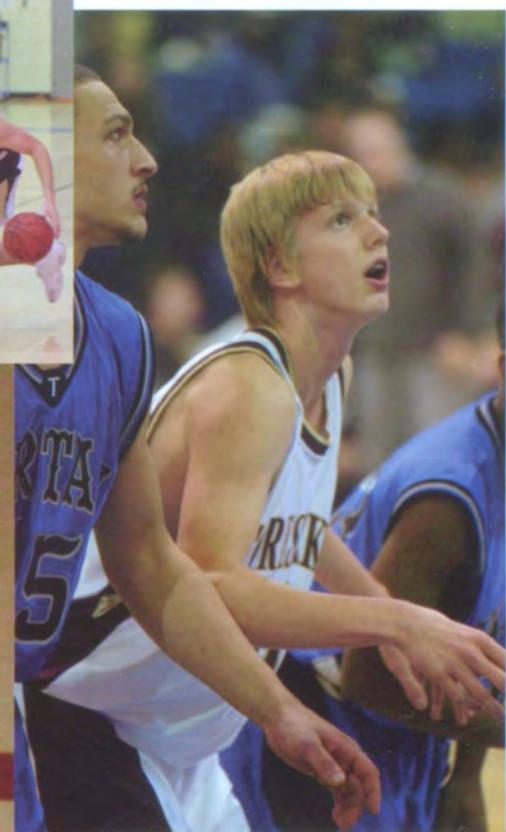
Row 1: R. Miller, T.J. White, C. Conley, C. Authier, D. Leavell, D. Mayen, B. Lange. Row 2: Coach J. Herman, Coach J. Buck, C. Sobeck, N. Lawson, J. Ruehsamen, S. Kortbals, N. Robertson, A. Young, T. Frericks, Coach C. Gunderson,



Left: White men can't jump? Senior Ross Miller (23) just proved the theory wrong, going up and getting the rebound against Tartan's players.

Below: Junior Noah Lawson goes up and gets the jump ball advantage without too much competition from his opponent.

Right: Senior Ross Miller trying to get the defenders off his back... and go up for the easy lay-up.



Above: Sophomore Nathan Robertson, a promising player, waiting for the free shot so he can get the rebound from his opponents.

Forest Lake VS.	Scores
- St. Paul Como Park	56 - 54
- St. Paul Harding	43 - 70
- Duluth Denfeld	49 - 59
- Tartan	40 - 71
- Centennial	66 - 63
- Maple Grove	43 - 58
- Andover	71 - 59
- Mound Westonka	82 - 45
- Breck	33 - 64
- Orono	50 - 46
- North Branch	45 - 56
- Park Center	56 - 68
- Park CG	45 - 63
- Stillwater	47 - 56
- Hastings	36 - 50
- Mounds View	48 - 73
- Woodbury	34 - 58
- Roseville	36 - 57
- White Bear Lake	66 - 57
- Park CG	57 - 60
- Stillwater	54 - 79
- Hastings	71 - 70



Left: "Sticky Feet"
Balance and concentration are needed to stay on this four inch wide apparatus. Junior Brianna Hubbard stays focused throughout the whole routine.



Above: Flip it Katie!
Senior Captain Katie Thomas finishes her front tuck with ease as she flips into her back handsprings to end one of her three tumbling passes.

Below: Senior Captain Rachel Turry is picturing her release move as she chalks up before her routine. Timing skill, practice and mind; all needed to achieve an excellent bar routine.

Right: Rounding up Support! With the support of her coach on the side lines, Junior Karine Becker begins her tumbling pass with a round off.



Schedule

Date	Opponent	Place
Dec. 10	Hastings	Away
Dec. 12	Lakeville	Home
Dec. 16	Quad	Home
Dec. 18	Woodbury	Home
Jan. 3	Roseville	Away
Jan. 8	Moundsview	Home
Jan. 15	Park C.G.	Home
Jan. 22	Roseville	Home
Jan. 24	Cambridge	Away
Jan. 29	Stillwater	Away
Feb. 5	White Bear	Home

Flippin' for Gold



Above: Who is the head judge? Freshman Stephanie Sampair waits for the judge to salute as she prepares mentally for her bar routine.

Gymnastics

Row 1- T. Tyler, C. Pierce, M. Mattison, S. Ervin, R. Turry, K. Thomas, A. Mericle, A. Pringle, C. Becker, B. Hubbard Row 2- N. McDaniel, S. McNamara, C. Kettler, S. Sampair, A. Morrison, K. Callahan, K. Martin, J. Essen, J. Row 3- Coach J. Tinklenberg, Coach N. Elias, Manager Mattison, Coach Suess, Coach



Rachel Turry
"Hmm, smells like orange sherbert!"



Katie Thomas
"Red 9-ner 9-ner"

The gymnastics team had a good season overall. There was a lot of potential on the team and after losing a lot of valuable seniors last year, they gained some new competitors.

To say gymnasts aren't strong would be a lie. The team suffered from quite a few injuries this year. Sophomore, Shawna McNamara hurt her arm while doing a half, but that never broke her spirits. Dealing with shin splints is always an issue for a gymnastics team, but the girls solved that problem with homemade "icy hot" saran wraps for their legs. "We smelled like a track team," commented Katie Thomas. Everyone had their own way of dealing with injuries and pain, but never let it affect their strength to compete.

The conference record was 3 and 4. The potential on the team this year was overwhelming. Every person was a valuable asset to the team. A few new freshmen and two returning seniors made for a strong varsity team. The team never had a perfect meet, but they did have a high score of 141 at sections.

At sections this year, the team took 4th. Individually, Rachel Turry made 4th for bars which means she will go to state. Chrissie Pierce came in 8th all around and Brianna Hubbard came in 9th on vault. The team was proud of all these girls.

With the moral encouragement by an inspiring senior, the team acquired will to put all their effort into every meet. The gymnasts all used strength, heart, and team work to end a terrific season.

-Allison Mericle

Breaking the Ice

Though mostly young and inexperienced, the girl's hockey team had an excellent season. With only two juniors and two sophomores on the roster, the team is made mostly of eighth and ninth graders who are young compared to their competition. Under the coaching of Shawn Everson, the girls started off the season slow, but came out with much experience and knowledge.

The team won the Cambridge Holiday Tournament, which came as a surprise because they had not won any of their eight games until then. During the middle of the season, the team's only goaltender, Kim Fredrick, was taken out due to a severe concussion. The girls on the team stepped up and took over her position to finish out the season.

"In the next three years, we will only be losing four of our varsity players," Commented assistant coach Jenni Rangitsch. "This way the team will have a lot of experience working together and time on varsity ice as well."

- Meghan Jette



Above
Sophomore
Anna Johnson
backs checks a
Chisago Lakes
Pine City
opponent.

Girls' Hockey
Row 1: Coach J. Rangitsch, K. Fredrick,
K. Blum, K. Grudo, B. Craig, S. Haider,
A. Johnson. **Row 2:** Coach S. Everson,
M. Nelson, P. Patchin, K. Lewis, A.
Melbostad, B. Gray, K. Haglund, Coach
D. Nelson. **Row 3:** K. Koalska, A.
Nelson, B. Sonter, K. Lindstrom, A.
Woods.



Captain Alicia Melbostad



Captain Stephanie Haider
"We may be a young team,
but we work hard and
have a lot of fun playing
hockey."



Captain Alexa Nelson

Left: Freshman Stephanie Haider takes the body of an opponent while Sophomore Anne Woods holds the zone.

Below: Freshmen Miranda Nelson and Paige Patchin protect Kim Fredrick after she makes a save against Chisago Lakes. The team lost the game 1-2.

Right: Freshman Keeta Koalska races to save a loose puck against Duluth Central. The game ended with Duluth winning 1-2.



Above: Anna Johnson races around her opponent from Chisago Lakes.



FL	VS.
1	Chisago Lakes / Pine City 3
1	Duluth East 2
1	Duluth Central / Denfeld 2
7	Park Center 7
0	Hastings 6
2	Park 9
0	Roseville Area 6
0	White Bear Lake Area 6
3	Moose Lake 2
1	Cambridge - Isanti 0
1	Mounds View 1
0	Stillwater Area 6
2	Woodbury 1
5	Osebo 0
0	Hastings 8
2	Park 4
0	Roseville Area 8
2	White Bear Lake Area 3
1	Coon Rapids 5
1	Mounds View 4
1	Stillwater Area 8
1	Woodbury 1



Above: Teamwork! Assistant Captain, Tyler Rife distracts Irondale opponent while Captain Daniel Guenther dangles away toward the goal.



Left: Check in!
Check out! Junior defense man Patrick Fogerty gets physical in the corner!

Below: Danglers unite!
The Varsity squad comes together in front of their goal for a pre-game huddle!

Right: Rejected!?
Senior Dustin Carlson stares down the puck in anticipation to save the shot!



FL	VS
3	Irondale 2
3	Grand Rapids 5
1	Brainerd 3
1	Alexandria 7
1	White Bear 6
2	Park Center 3
3	Fenwick 5
2	Stillwater 3
3	Gilmour 1
0	Moundsview 6
2	Hastings 5
0	Roseville 1
2	Stillwater 3
4	Park C.G. 5
2	Rochester 1
5	Woodbury 2
0	Coon Rapids 7
0	White Bear 6
2	Moundsview 2
0	Hastings 2
2	Roseville 7
5	Stillwater 0
6	Park C.G. 0
3	Cloquet 2
3	Woodbury 2

Ice Ice Baby



Above: "You have got to be kidding me!" Four on one! Senior Joseph Lindeberg skates through three opponents to take a shot on net.

With a new mix of young guys, this year's players knew they had to work extra hard to become a team. The Rangers were led by Captain Dan Guenther and assistant captains Tyler Rife and Dustin Carlson. After losing fifteen players due to graduation last year, there were only a hand full of returning seniors with varsity experience. The guys hit some rough patches of ice through the season, but through all of their difficulties, the team pulled through towards the end to show their true talents. "We accomplished our end of the season goal by winning our last four games, commented Senior John Miller. The team placed fifth in conference and engaged in a well fought battle against Brainerd in sections.

The team evolved into a family and shared many great memories. They even share a common language! Senior Daniel Guenther explains, "Dangler, a hockey term we made up, describes when someone does something sweet!" The Seniors share the memory of beating Cloquet on senior night.

-Bridget Tilton & Cortney Marr

Boys Hockey

Row 1: H. Minske, A. Laine, E. D'Entremont, A. Radke, L. Abel, M. Damuchick Row 2: E. Anderson, T. Rangitch, J. Lindeberg, D. Guenther, K. Lewellen, D. Carlson, B. Neujahr, K. Blum, B. Woodward, M. Fredrickson, R. McCullum, Row 3: C. Brandt, C. Fogarty, M. Moberg, J. Walker, M. Butchko, J. Miller, P. Fogerty, M. Butchko, A. Paitich, D. Mastel, T. Rife, J. Longbrey



*"Long live the chicken breast!"
Daniel Guenther*



*"Cody, you remember the rhinos?!"
Dustin Carlson*



*"Pour some sugar on me!"
Tyler Rife*



Above: Teamwork!
Assistant Captain,
Tyler Rife distracts
Irondale opponent
while Captain Daniel
Guenther dangles away
toward the goal.



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Check out! Junior
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2	Hastings 5
0	Roseville 1
2	Stillwater 3
4	Park C.G. 5
2	Rochester 1
5	Woodbury 2
0	Coon Rapids 7
0	White Bear 6
2	Moundsview 2
0	Hastings 2
2	Roseville 7
5	Stillwater 0
6	Park C.G. 0
3	Cloquet 2
3	Woodbury 1

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*"Long live the chicken breast!"
Daniel Guenther*



*"Cody, you remember the rhinos?"
Dustin Carlson*



*"Pour some sugar on me!"
Tyler Rife*

Let it Snow!

It's about time there's some snow! This year's ski season went much better than the seasons have gone in the past. After years of very little snowfall, Junior Co-Captain Sarah Wright states, "The conditions were MUCH better this year than in the past 3 years."

This is an obvious conclusion when you look at the girls record. Not only did the girls take third place at Conference but the entire team also made it to state, with much thanks to the effort put forth by Juniors Rebecca Alexander and Nicole Duff. Their finish was a key reason the team advanced to state. After practicing six days a week for the entire season it's no wonder that the girls did so well.

Even with all the hard work, the girls still had a lot of fun. "My favorite memory from this year is when me and Sarah went to get our plaque at the State meet and Sarah slipped and fell down the stairs," laughs Senior Co-Captain Laura Edlund.

-Molly Trombley



Laura Edlund
"My friends are flakes!"



Above: Junior Jennifer Coozennoy speeds down a hill towards the finish. Good job Jenny!



Sarah Wright
"Just keep skiing!"

Nordic Ski Team
Row 1 - L. Skoglund, L. Edlund, S. Wright, P. Bailey
Row 2 - M. Galey, B. Fick, Z. Clark, J. Babbit, J. Koch, T. Steiner, S. Wright Row 3 - M. Pikus, J. Matchell, K. Babbit, A. Dehmelow, R. Morris, T. Strike Row 4 - Coach B. Lee, N. Duff, K. Clark, J. Van Deen, J. Coozennoy, H. Bolenbough, B. Alexander, J. Hull, Coach D. Johnson



Left: Junior Co-Captain Sarah Wright fights towards the finish. Keep up the good work!

Below: Senior Co-Captain Laura Edlund is going strong as she works her way to the end.

Right: Junior Nicole Duff works hard to the end. Her skiing was very influential this year as she helped her team make it to state.



Above: Senior Co-Captain Laura Edlund lands on her feet after a jump. With skills like these it's easy to see why the team took 4th place at State.

SEC Sprint @ Browns
Classic Race
Skate @ Browns
Pursuit Race @ Como
Pursuit Skate @ Battle Creek
Sprint Race @ Man. Ridge
SEC Race @ Battle Creek
Sections @ Giants Ridge
State @ Biwabik



Left: Senior Captain Lorin Skoglund competes at the Grand Rapids meet. Conditioning is key to a successful competition.

Below: Senior Captains Lorin Skoglund and Peter Bailey lead the race at Troll Hollow. Lorin finished in 1st place and Peter in 3rd.

Right: Senior Captain Peter Bailey at the Sections race at Giants Ridge. He went on to finish in third place overall.



Above: Senior Jordan Koch at the State Meet at Giants Ridge. "It's addictive," he exclaimed, after his exhausting day of racing.

Meets

White Bear Lake
Roseville
Mesabi
Forest Lake Invite
Sec. Conference
Sections
State

It's About Time



Above:
Sophomore
Benjamin Fick
competes at
the State meet
in Classic. He
went on to
finish All
State this
year.

"Tradition of Excellence." Senior Captain Lorin Skoglund's reason to excel. Our Nordic Ski Team holds a very high standard, and this year was a successful one. "It teaches independence and discipline," stated Peter Bailey.

After a tough defeat by Stillwater last year, our Nordic Team was determined to succeed, and they did by dominating everyone and placing first in one of the most difficult sections in the state. Lorin Skoglund, Ben Fick and Peter Bailey placed 1st, 2nd, and 3rd in sections for Classic, and the entire team went on to place 3rd in State for a very good year!

There was not much snow until February, but Troll Hollow allowed the Nordic Team to remain in peak ability. The team had great success because of intense conditioning, practicing six days a week, and a very close team.

-Andrew Levesque

Nordic Ski

Row 1: L. Skoglund, L. Edlund, S. Wright, P. Bailey. **Row 2:** M. Guley, B. Fick, Z. Clark, J. Babbit, J. Koch, T. Steiner, S. Wright. **Row 3:** M. Pikus, J. Mitchell, K. Babbit, A. Dehmelow, R. Morris, T. Strike **Row 4:** Coach B. Lee, N. Duff, K. Clark, J. Vandeen, J. Cozenney, H. Bolenbaugh, B. Alexander, J. Hull, Coach D. Johnson



Captain Lorin
Skoglund
"It's about time."



Captain Peter Bailey
"Determination leads to
great things..."

The Ripple Effect

The ripples have only grown larger, as a new coach and style have been brought to the pool. Under coach Barb Vaidesh, the practices and training have helped to give the team new confidence and skills. The leadership of six seniors this year has proven to be valuable. "We have a better atmosphere and better future as a team," comments Sophomore Samuel Gort.

The change in the team has led to great outcomes. One highlight of the season was taking home the first place trophy at the Chisago Lakes Invite. "The most memorable moment of the season was beating Hastings with the last relay," says Senior John Fahnhorst. At the Section meet, Andrew Knaak and Samuel Gort qualified for State.

The swimming team isn't the only one making ripples at the pool. The diving team is led by Seniors Samuel Chausse and Brian Welch. This diving duo has been a strong force against other competitors and teams. Brian Welch comments, "We had one of the deepest teams around." At the Section meet the Forest Lake Divers stole the show. In first place was Brian Welch, second Samuel Chausse and third Dillon Hudalla.

The swimming and diving team has left their mark at the pool and also with competitors. The changes made this year will forever leave ripples in the pool.

-Rachel Martin



Above:
Making
waves!
Junior Scott
Schulze
focuses on
the finish,
as he
perseveres
through his
race.



Brian Welch, Diving

Christopher Duff
"To be the best, you got to
beat the best."

Jeffrey Sandager
"To be the best, you got to
beat me!"

Scott Thomas
"Can you deal with that!"

Boys Swimming and Diving
Row 1: J.Knaak, B.DanCarlos, Z. Curtis, J. Stromberg, J. Isaacson, R. Flemming, R. Vail
Row 2: D. Welch, K. Lalla, P. Sandager, D. Hudalla, S. Thomas
Row 3: B. Vailerasb, A. Knaak, J. Gavanda, T. Sperry, L. Kubitsbeck, E. Miller, S. Schulze
Row 4: C. Duff, S. Gort, T. Johnson, M. Elden, M. Sandager, J. Waskey, M. Anderson
Row 5: Z. Clasen, J. Kassel, S. Chaussee, J. Fahnhorst, J. Sandager, B. Welch



Left: Sophomore Samuel Gort takes a needed breather after a tiring push to the finish.

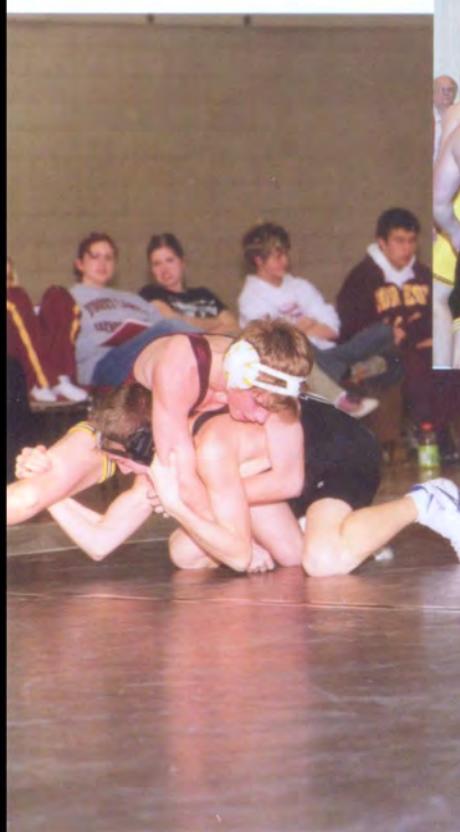
Below: Senior Scott Thomas displays excellent form while competing in the 100 butterfly.

Right: And they're off! Senior John Fahnborst, center, catapults himself ahead of the competition off the starting block.

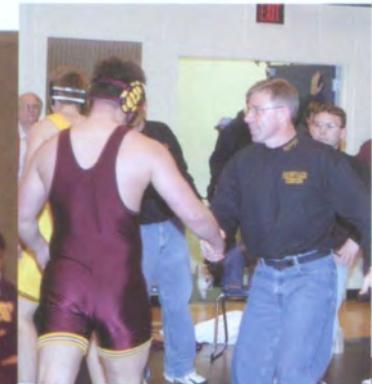


Above: Senior Brian Welch holds his position tight as he prepares to hit the water.

<u>Meets</u>
SEC Relays
Princeton
Park Cottage Grove
Andover
Mounds View
Blaine Invite
Chisago Lakes Invite
Rosemount Invite
Roseville
Irondale
Hastings
Woodbury
Chisago Lakes
Stillwater



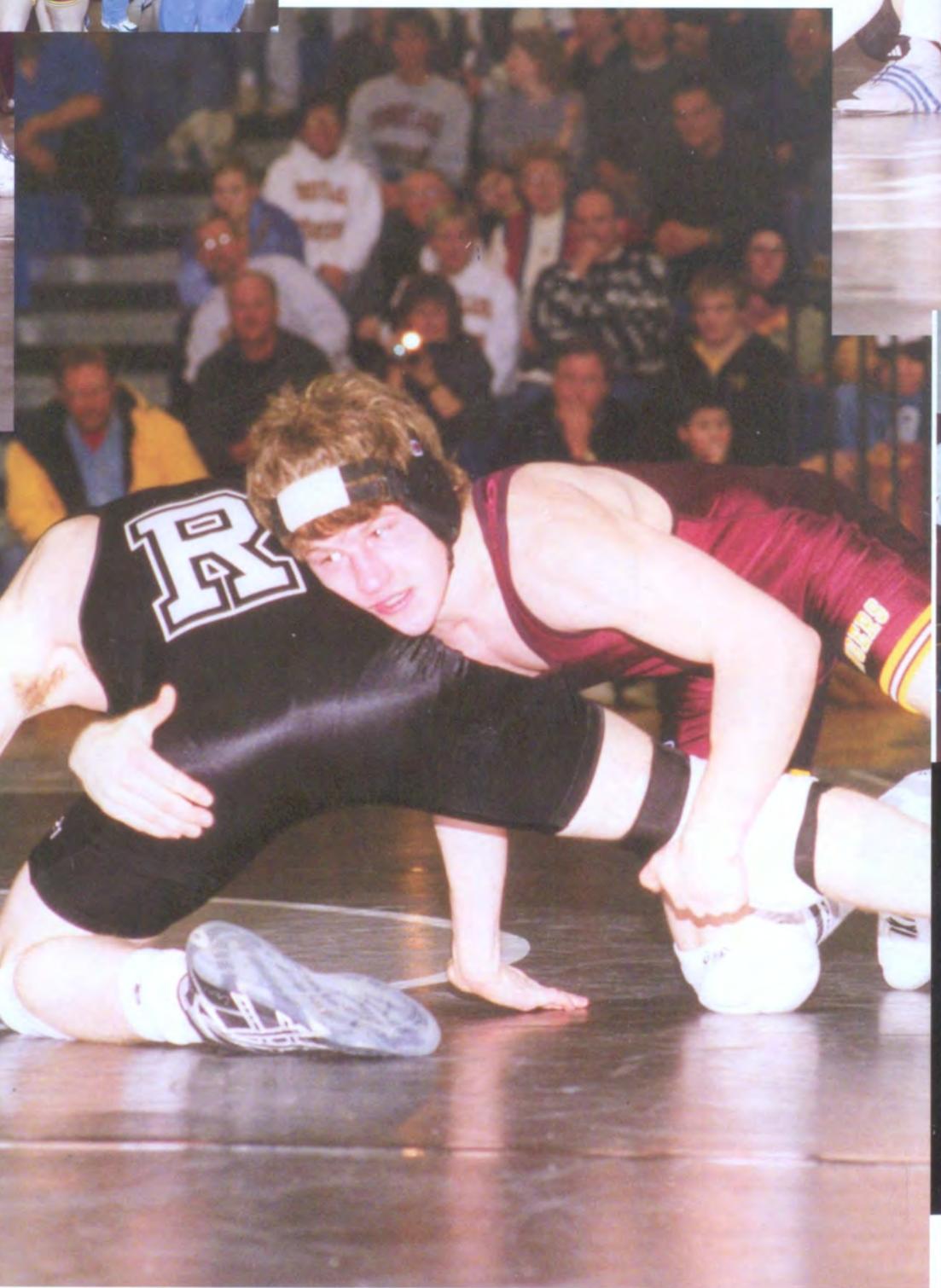
Above: Junior Clayton Harrison scrambles with his opponent.



Left: Varsity Coach, Bob Dettmer, congratulates Senior wrestler Jacob Brown after his match.

Below: Senior James Underdahl has the quickness as he scoots around his opponent.

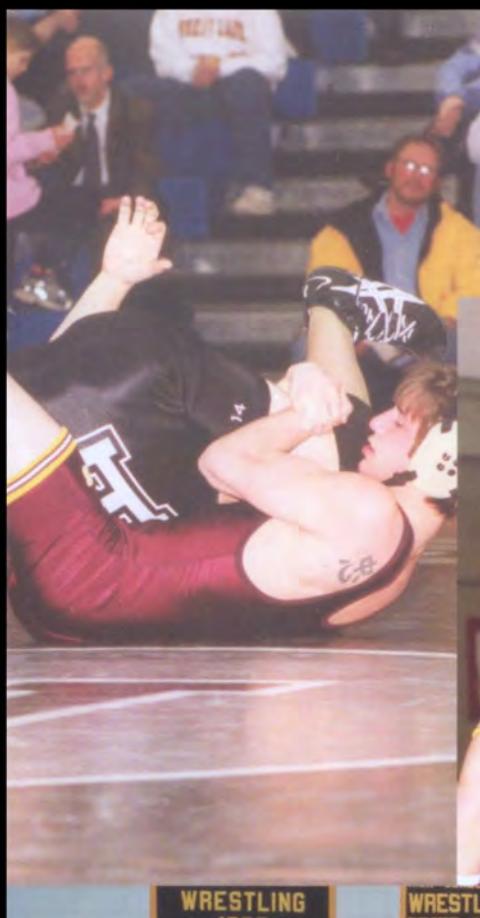
Right: Senior John Denney works hard for a fall. Check out the green sock!



FL	Meets	VS
55	Park Cottage Grove	19
65	Moundsview	9
61	Princeton	12
31	Coon Rapids	40
45	Woodbury	24
11	Cambridge	53
56	Cretin D.H.	15
19	Eagan	51
61	Highland Park	9
37	Stillwater	32
67	Triton	6
44	Hutchinson	33
15	Owatonna	56
48	Rochester Century	27
21	Rosemount	43
40	White Bear Lake	27
22	Hastings	38
54	St. Paul Johnson	31
37	Centennial	24
19	Coon Rapids	47
36	Roseville	33
18	Foley	47
56	Chisago Lakes	19
24	Anoka	36

3rd St. Francis Tourn.
24th MN Christmas Tourn.
2nd Section Tourn.

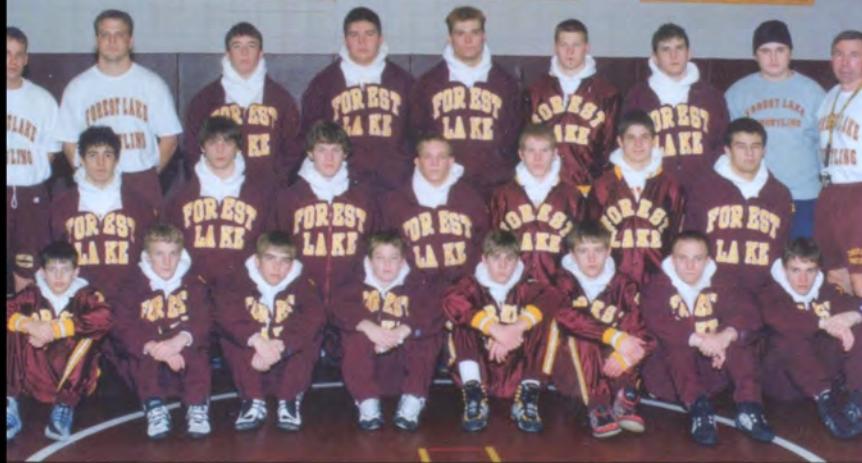
“Real Tough”



WRESTLING
1983

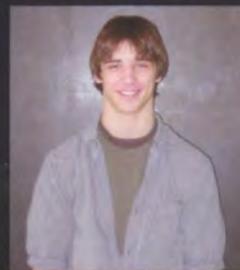
WRESTLING 1993
STATE CHAMPIONS

HIGH SCHOOL TOURNAMENT
WRESTLING
1987



Varsity Wrestling

Row 1: S. Saxe, L. Opsahl, C. Harrison, E. Morris, M. Joyer, M. O'Brien, R. Schmidt, K. Jansen. **Row 2:** P. Taylor, J. Denney, J. Underdahl, J. Kolbow, T. Truedson, L. Munklewitz, A. Rameirez. **Row 3:** Coach Sunblad, Coach S. Hinrichs, R. Turry, D. Peterson, J. Brown, C. Smeby, P. Osterbauer, S. Klausen, Coach B. Dettmer.



“Be mean, and remember, make it happen!”
- Captain John Denney



“Be aggressive!”
- Captain James Underdahl



“Practice like you mean it, like you want to be there!”
- Senior Jacob Brown



“When you do a cross face don’t stick your hand in your opponents face.”
- Senior Ryan Schmidt

Starting the year with the return of Varsity Coach Bob Dettmer, held high hopes for a great year. The wrestlers started the season out with lots of changes from there every day life. The weight loosing process begins. They limit there food intake and excercise constantly. Throwing on all there winter clothes to run a few laps and drop an extra pound. But there hard work pays off.

Even after losing most of the team due to last years seniors graduating, they still made it a fun year. The team is much younger this year with only six seniors. “With the returning talent we have we should be good for years to come,” says Captain John Denney. The section Forest Lake is in is one of the hardest in the state for the wrestlers to compete in. Pushing them to their greatest limits of competition.

To finish out the season the team sent two fellow wrestlers, Johnny Denney, and Jimmy Underdahl, off to a higher level of competition. STATE FINALS! Although there are fewer wrestlers who went to state this year, next year they should expect a lot more.

~Maddie Baatz & Shawna Smith

Got chocolate milk? These girls do! It looks like hot lunch and chocolate milk are a popular thing with this group of junior girls in C lunch.



Two minds are better than one!
Sophomores Jesse Kolbow and Jordan Bengston work together on a homework assignment for basic communication.



Working hard in Algebra II? Chelsea Sager concentrated hard on a question while Alexander Boerum laughs in the background. He said that the question was so easy, he had to laugh.



All 4 People



We are all unique, one of a kind. We have many similarities, and yet many

differences. **THE** experiences we have, the things we do, and the people we meet make us the individuals that

we are. The **SHADES** of our school depend on the uniqueness

OF the people in it. Without the

DIVERSITY that we see everyday, our school would be dull, colorless. We are each unique yet we all come together to make up our school. This year was different than any other - this year was all for us!

~Courtney Mettling

"Dance, dance, booty in the pants!" The senior-licious seniors took a break during half-time for the Ranger Dance. Senior Brianna McMahon said, "Dancing with the girls at half time was the best part of the football games."

Seniors - All Four Steps

There is a ladder they say we climb throughout our education. Starting with those first few steps onto the bus in kindergarten to walking off the podium after receiving our diploma. Elementary is a time for exploration of others, and ourselves; a time to get adjusted to interacting with other children and learning the skills necessary for later in our lives.

Junior high is a time for change, a time to explore our boundaries, get to know new people, and leave our childhood behind us. Here is another place adolescents climb a

ladder. From seventh grade to high school is a journey.

When anxious students finally enter high school they get to start all over, starting from being a sophomore to that day when they finally receive their hard-earned diploma. Yet seniors haven't done it all. We've worked our way through elementary, junior, and finally senior high with still our futures in front of us, waiting for us to step up.

-Kellie Hames



Shana Abemathy



John Abress



Stephen Adam



Matthew Albrecht



Jamie Aljets



Tryn Almendariz



Ashli Alsaker



Jill Andersen



Burke Anderson



Cassandra Anderson



Jane Anderson



Jennifer Anderson



Matthew Anderson



Meghan Anderson



Nathan Anderson



Sarah Anello



Stephen Anthony



Mark Arcand



Travis Amsdorff



Megan Aschenbrener



Brian Ashby



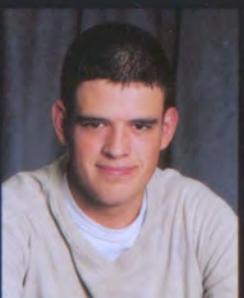
Collin Authier



Madeline Baatz



Peter Bailey



Timothy Bantari



Aaron Barnes



Nicole Barnes



Thomas Barott



Jason Barr



Justin Barr



Daren Bean



Andrew Beane



Michael Beese



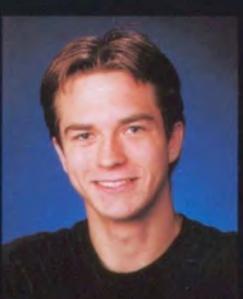
Amy Beimen



Keith Beise



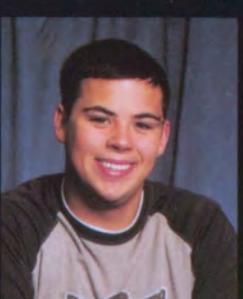
David Belland



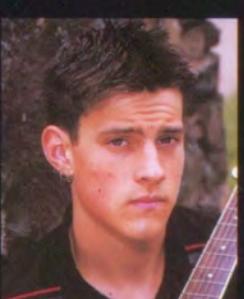
Jacob Belland



Joshua Belland



Brian Berg



Justin Berg



Courtney Bergstrom



Kyle Bernier



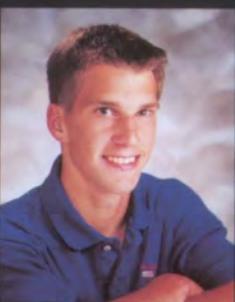
Alisha Beverly



Lowell Bishop



Verena Bissantz



Scott Bjorklund



Jessica Boenam



Rachel Bogentrief



Amanda Bohler



Stacy Bohnen



Morgan Bollinger



David Boniface



Jenna Bourque



Andrew Bowles



Cassandra Brandt



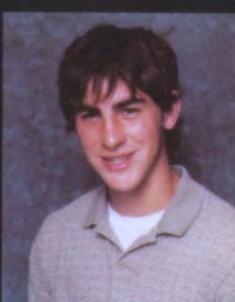
Karina Brandt



Samuel Brandt



Holly Brunville



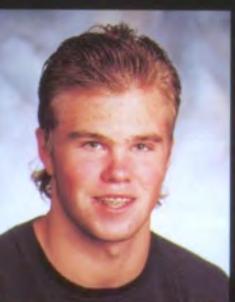
Kyle Brun



Justin Breidel



Coral Brevig



Timothy Bridgeman



Alicia Broker



Jacob C. Brown



Jacob D. Brown



Jonathan Brown



Tanya Brown



Emily Buck



Amanda Buol



Jeremy Burns



Mary Bush



Laura Butchko



Scott Butler



Kyrsten Cagle



Kevin Calkins



Timothy Cameron



Michael Campbell



Jenny Canine



Adam Carey



Dustin Carlson



Katie Carlson



Steven Carlson



Benjamin Carson



Megan Casey



Sean Casey



Amy Charpentier



Fayanne Charpentier



Cassandra Chartland



Sam Chaussee



Joshua Checkalski



Tracy Chouinard



Erik Christensen



Jessica Christenson



Justina Clifford



David Compartetto



Amanda Cozennoy



Brent Cowen



Amanda Creescius



Jason Czech



Mark Darwin



Rebecca Daschel



Jeremy Debiffr



Stephanie Demars



John Denney



Anna Demad



Charles Devore



Katherine Diehl



Brendan Dierksmeier



Michelle Dina



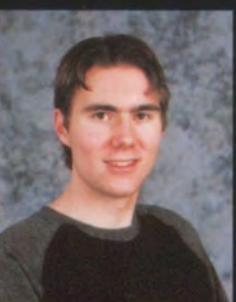
Richard Dixon



Kelly Dobihal



Corey Docken



Christopher Dockendorf



Rachel Dolmen



Julie Dolan



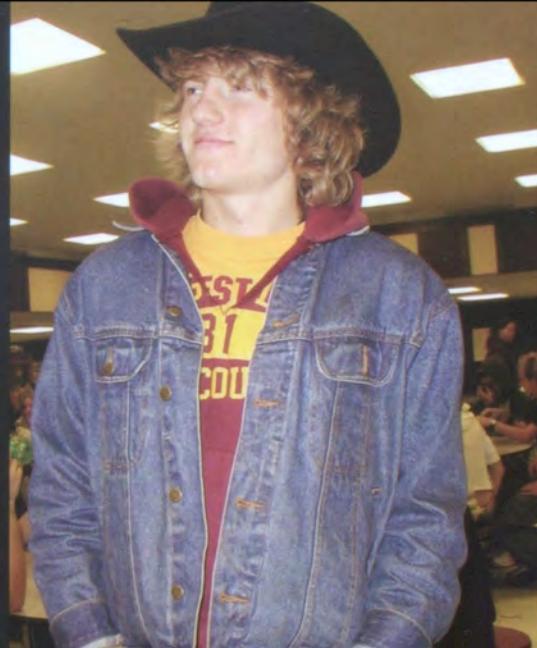
Kerianne Donohoo



Christopher Duff



Jeremy Ebner



Lorin Skoglund models the Ranger look, complete with the cowboy hat, on maroon and gold day for Homecoming.



Laura Ellund



Chad Eiken



Justin Ellingson



Jesse Engholm



Brian Engstrom



John Enriquez



Alayna Erichson



Nicholas Erickson



Scott Erickson



Ashley Erzar



Shannon Esler



John Fahnhorst



Catie Farr



Maren Farvour



Andrew Feist



Joseph Ferdelman



Michael Finamore



Kyle Finnegan



Zachary Finstrom



Amy Fisher



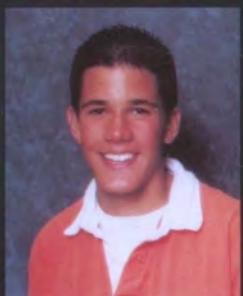
Erica Fisher



Joshua Flagstad



Daniel Flanagan



Jeffrey Fleischhacker



Katherine Fisler



Nathan Fortuna



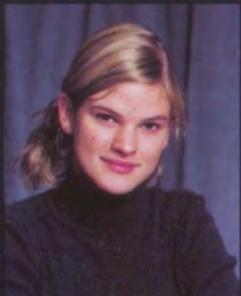
Nicole Foyt



Eric Frederick



Matthew Fredrickson



Hanna Frei



Thomas Frericks



Cory Froyum



Shannon Fuiti



Anna DeRaad, Meagan Willson, Denise Johnson, Jacqueline Stoffels, and Nicole Zastrow get decked out in their maroon & gold for the final day of Homecoming week.



Daniel Gabrielson



Nicole Gagne



Kimberly Ganick



Daniel Garritsen



Catelyn Garvey



Mallory Gates



Christa Gelking



Jenna Gestson



Jason Geving



Angela Gibbs



Grant Gilbertson



Heather Glewwe



Kelly Goiffon



Kayla Gonsior



Rachel Goossens



Jynelle Gorka



Jessica Gmfft



Brooke Grunt



Anthony Gmy



Amanda Gregerson



Carson Greniger



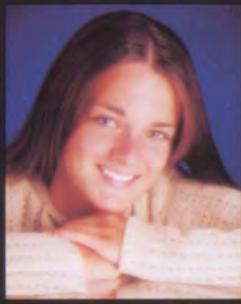
Kim Grimes



Candi Groeneweg



Danielle Grosz



Laura Grubbs



Ashley Grundner



Daniel Guenther



Joshua Gummert



Kari Gustafson



Lindsay Guthrie



Michael Haessly



Class of



2004

Where was the weirdest place you have ever slept?



"On the top of the
fridge."
-Sam Lichliter



"Upstairs hallway."
-Jenna Williams



"The trampoline."
-Amy Charpentier



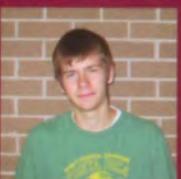
"Ball-pit at burger king."
-Steven Carlson



"Bathtub."
-Kerianne Donohoo



"In a teepee in South
Dakota."
-Nicholas Sparby



"On a zamboni!"
-Brian Maloney



"In the weight room at
the high school."
-Matthew Lindstrom



"In a cardboard
box." - Katie
Prudhomme



Nicholas Hafele



Jamie Hager



Matthew Haider



Steven Haider



Walter Hale



Kathryn Hallberg



Kellie Hames



Henrico Handschuck



Ashley Handstad



Jeremy Hansen



Kelly Hansen



Amy Hanson



Kristina Hanson



Laura Hanson



Patrick Hamett



Michael Hamis



Heidi Harrison



Stephanie Hauer



Jessica Havens



Rhonda Heaton



Kristen Hendricks



Theodore Hendrichs



Holly Henrickson



Faith Henry



Su Her



Cole Hening



Ryan Hills



Donald Hokanson



Maureen Holloman



Katherine Hollenbach



Katherine Holmes



Rachel Holscher



Chance Holt



Melissa Hoppe



Samantha Hough



Derek House



James House



Kristen Howe



Alyse Howie



Nathaniel Hughes



Amy Husfeldt



Dorothy Jafr



Michael Jelinek



Meghan Jette



Laura Joachim



Abigail Johnson



Benjamin Johnson



Christopher Johnson



Denise Johnson



Derek Johnson



Jessica Johnson



Renee Johnson



Silas Johnson



Tam Johnson



Corbin Jolly



Andrew Juelich



Tara Jung



Sean Kandel



Joshua Kappes



Katherine Kasl



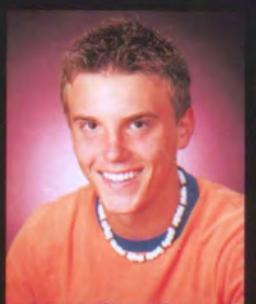
William Kassow



James Keen



Matthew Keller



Sean Kennedy



Dawn Kickler



Laura Kieger



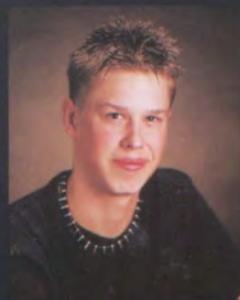
Jonathan Kirschenman



Jeffrey Kisla



Rachel Kissner



Luke Kjellberg



Weston Klee



Christopher Kleinhuizen



Karl Kloos



Steven Klosner



Leanne Kluk



Christopher Knauff



Justin Knowlton



Demick Knutson



Jonan Koch



Jessica Kohanek



Jamie Kohls



Stephen Korthals



Kal Kotoski



Adam Krieger



Wayne Krongard



William Krysinski



Josephine Kuntz



Elizabeth Lacroix



Jeremy Lang



Sara Langer



Jennifer Lappe



Eric Larsen



Samuel Larson



John Lavalle



Curt Lawrence



Justin Ledman



Alicia Lehner



Andrea Lefiner



Emily Leitner



Jana Lepple



Aileen Leroux



Sheila Lessard



Andrew Levesque



Kayle Lewellen



Nathan Lewis



Ryan Lewis



Sam Lichliter



Zachary Lichtscheidt



Sally Liljedahl



Bryon Lind

What would you do



"Sing the lime
and coconut song
in public."
-Gloria Van
Sloun



"I would eat
Meat!"
-Rachel
Kissner



"I would
retake Phy-
ED."
-Laura
Joachim



Jordan Lindahl



Stacy Lindau



Joshua Lindblom



Joseph Lindeberg



Amanda Lindholm



Bethanie Lindorfer



Matthew Lindstrom



Tiana Lindstrom



Lindsey Lingl



Sam Linnerooth



Danielle Linwood



Casey Liptak



Shawn Little



Joseph Loft



Lindsey Lofton



Anthony Lokken



Nicholas Longtin



Annie Lovegren



Jacob Lund



Zachary Lund

for one million dollars?



"I would sell
my sister."
- Kelly
Waldoch



"A monkey."
- Stephen
Anthony



"I would eat
cow eyes."
- Andrea
Lefner



Cory Lynch



Richard Main



Matthew Malmquist



Brian Maloney



Travis Manick



Caitlin Manley



Cortney Marr



Lewis Marshall



Samantha Marshall



Rachel Martin



Donald Mastel



Sami Matson



James McArthur



Robert McColloch



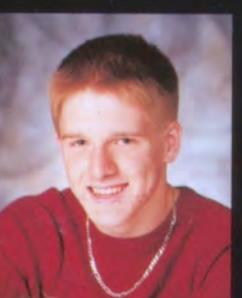
Nicole McDaniel



Brianna McMahon



Laura McMahon



Sean Meath



Rachel Medina

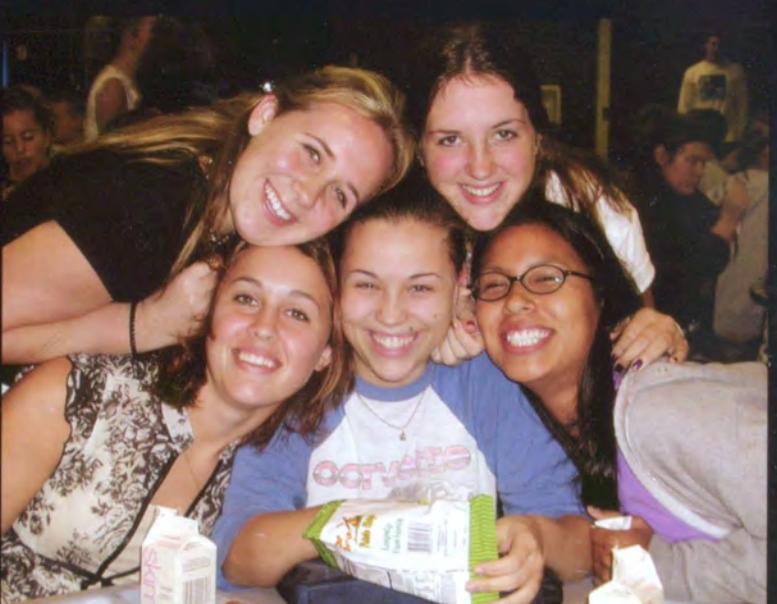


Amanda Melhom



Allison Mericle

Say Cheese, or rather pickle chips! Rebecca Daschel, Katie Prudhomme, Lindsey Lingl, Amanda Petroske, and Cassandra Okimosh show off their pearly whites during lunch.





Susan Mertzan



Tyler Metcalf



Courtney Mettling



Amanda Metzger



Brian Meyer



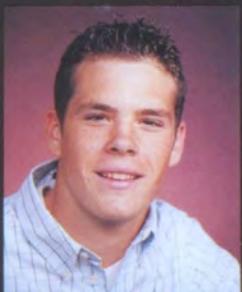
Jessica Michalek



Ana Miletić



John Miller



Ross Miller



Meghan Milligan



Justin Mills



Eric Minske



Paul Miron



Joshua Mishler



Jason Moe



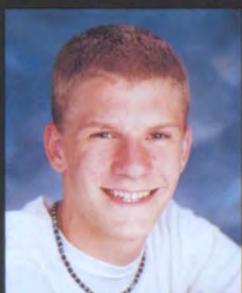
Nicole Moen



Nicholas Moline



Rossana Monge



Joshua Morelli



Charles Morin



Janna Morris



Lyza Moua



Alison Moynagh



Danielle Mueller



Angela Mulcahy



Daniel Nalewaja



Carrie Nelson



Kiah Nelson



Scott Nelson



Theresa Neu



Michael Newell



Rebecca Nicklason



Patrick Niemi



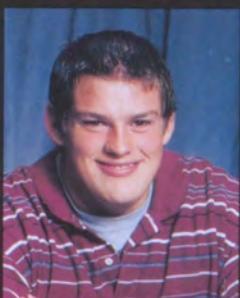
Caitlin Nordenstrom



Sarah Nordenstrom



Jeffrey Noren



Jeffrey Norton



Cassandra Okimosh



Jennifer Olander



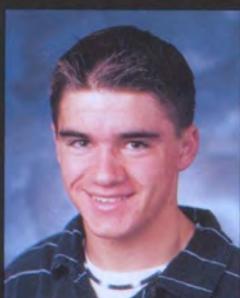
Evan Olson



Karl Olson



Nicole Olson



Daniel O'Neill



Melissa Ostens



Bobbi Ouradnik



Bradley Ouradnik



Sean Parenteau



Rebecca Parker



Lauren Parkos



Jessica Paschke



Drew Pederson



Jonathan Penone



Adam Peterson



Jared Pfenning



Simeon Phelps



Anthony Phinney



Christine Pierce



Daniel Pilarski



Melissa Pilla



Hillary Plain



Jenna Ploczcki



Lindsay Poole



Rebecca Portz



Katie Prudhomme



James Pufall



Adam Purcell



Ashley Racutt



Tiffany Radden



David Ranta



Tyler Reber



Jessica Refak



Thomas Reinke



Michelle Remackel



Jennifer Renard



Christopher Renlund



Lisa Renoslet



Amy Rhoda



Daniel Rice



Ashley Richter



Tyler Rife



Jacob Robinson



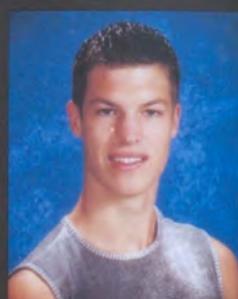
Christopher Rosemark



Nicholas Roubik



Amber Rubedor



Johannes Ruebsamen



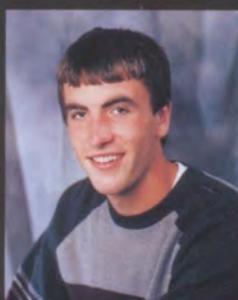
Lea Ruka



Jessica Sager



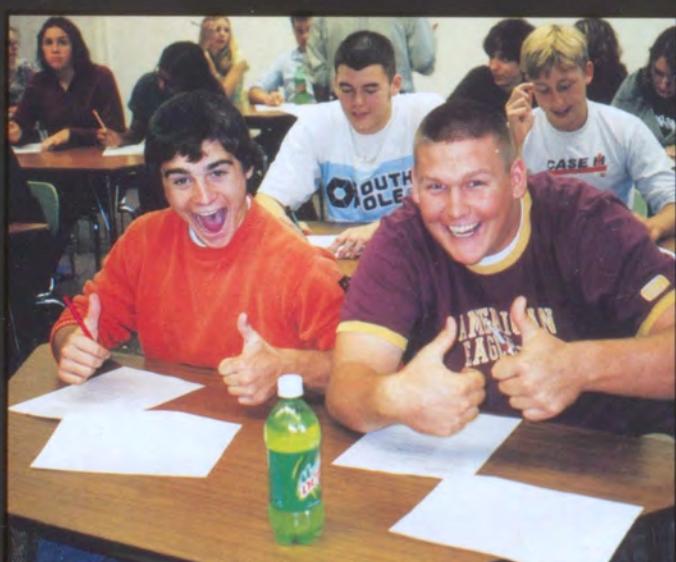
Sami Salmela



Jeffrey Sandager



Ashley Sargent



The results are in....Robert McCollum and Steven Carlisle give World Literature "two thumbs up!"



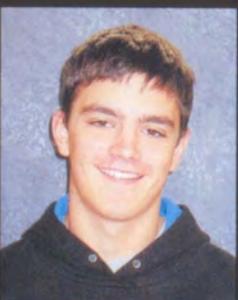
Daniel Schaefer



Paul Scheierl



Scott Schiefelbein



Darien Schifsky



Jessup Schiks



Aaron Schmidt



Dana Schmidt



Ryan Schmidt



Laura Schneider



Jamie Schroeder



Joseph Schuneman



Megan Sell



Matthew Selvog



Andrew Servaty



James Shaw



Arden Sherwood



Jackie Shima



Laura Shoberg



Kristina Simpson



Andrew Skelley



Lorin Skoglund



Siri Skoriuchow



Molly Slipka



Chad Smeby



Darwin Smith



Marcus Smith



Shawna Smith



Stephanie Smith



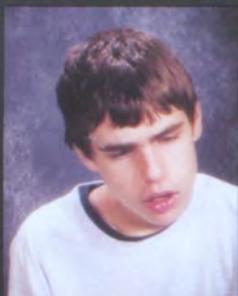
Andrea Sogaard



Erik Sogaard



Samuel Sohm



Adam Solheid



Aaron Sopeth



Careth Sorenson



Nicholas Sparty



Hannah Sparks



John Spencer



Savahna Sperle



Raymond St Germain



Brianna Staat



Andrew Stedje



Gregory Steele



Ryan Steffer



Anica Stein



Theresa Stein



Madelyn Stephens



Matthew Stevens



Paul Stocco



Jacqueline Stoffels



Angela Stokes



Christine Stream



Moose Stream



Erik Stromberg



Brittany Stuber



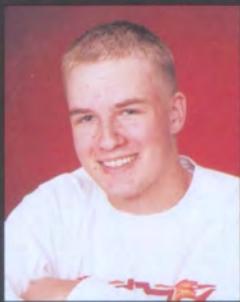
Christopher Swanson



Nicholas Swanson



Kyle Swenson



Mark Syncyn



Michelle Syncyn



Erica Syring



Ashley Tackes



Jacqueline Tadych



Thomas Tauzell



Amanda Tessling



Kathleen Thacker



Pachia Thao



Michael Thell



Randy Thill



Katie Thomas



Scott Thomas



Scott Thompson



Micah Thorson



Jessica Thmen



Jennifer Dorott
and Laura
Butchko take a
short break from
their lunches to
share a cheek to
cheek moment.



Bridget Tilton



Jennifer Tolleson



Molly Trombley



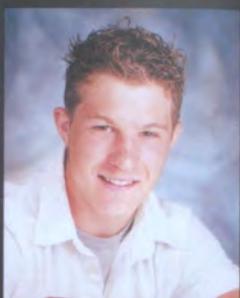
Theodore Truedson



Rachel Turny



Michael Umland



James Underahl



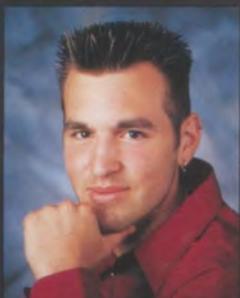
Jacob Vadnais



Jenessa Van Deen



Gloria Van Sloun



Daniel Van Vliet



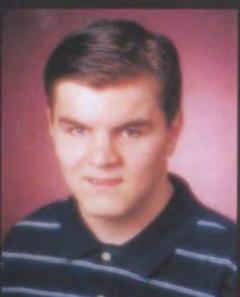
Cam Vandeveer



Ia Vang



Plua Vang



Michael Vans



Harmony Venburg



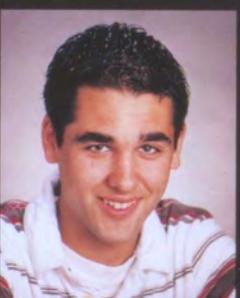
Blake Vogland



Kyle Vollmuth



Thomas Von Eschen



Stephen Wadsworth



Kelly Waldoch



Kevin Wallar



Ryan Waller



Matthew Walz



Jessica Wand



Laura Warren



Brandon Weiss



Brian Welch



Samantha Westcott



Amanda Willems



Corey Williams



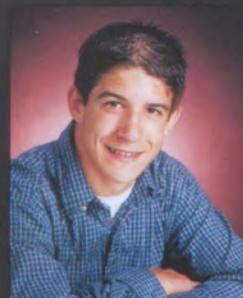
Jenna Williams



Rebecca Williams



Sean Williams



Shawn Williamson



Kathryn Willis



Eric Wilson



Mark Wiosky



Ashley Wislicenus



Allison Wolfbauer



Jacob Wolfe



Kathryn Woods



Jacob Woolstencroft



Timothy Wrich



Iaong Yang



Amy Yetter



Brent Zarbok



Nicole Zastrow



Sami Zierke



Eric Zimmermann



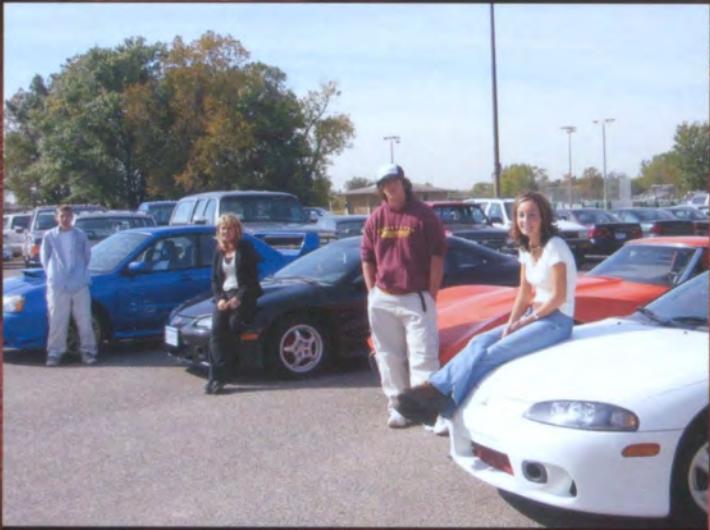
Heidi Zimmermann



Adam Zopf

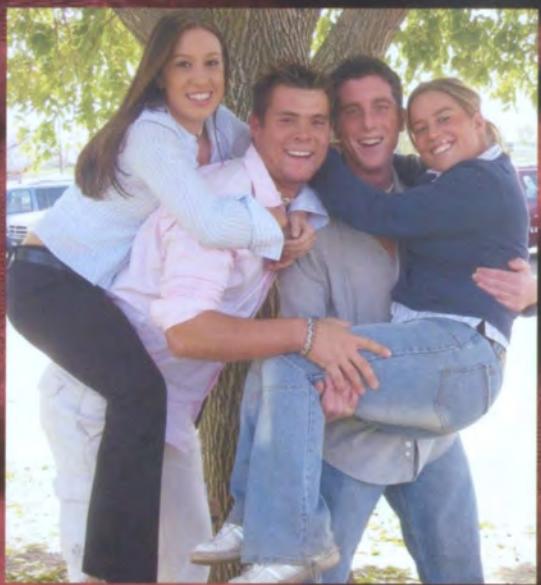
Senior

Best Car



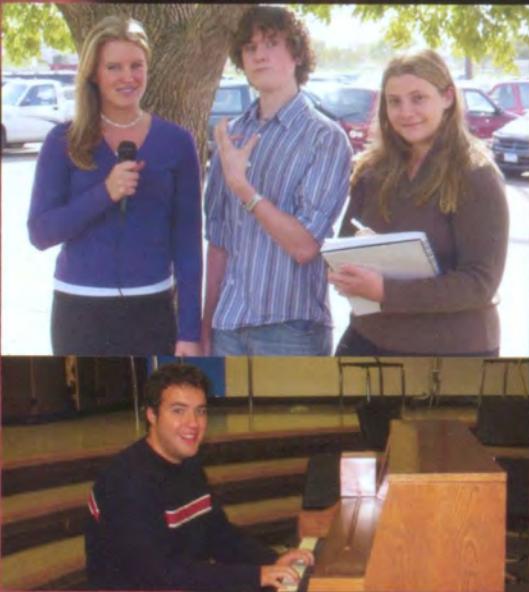
Sean Kandel, Courtney Bergstrom
Trysten Almendinger, Sarah Matson

Biggest Flirt



Rachel Dohmen, Jacob D. Brown,
Jeremy Hansen, Tara Jung

Most Talented



Danielle Mueller, Stephen Anthony
Kellie Hames, Matthew Haider

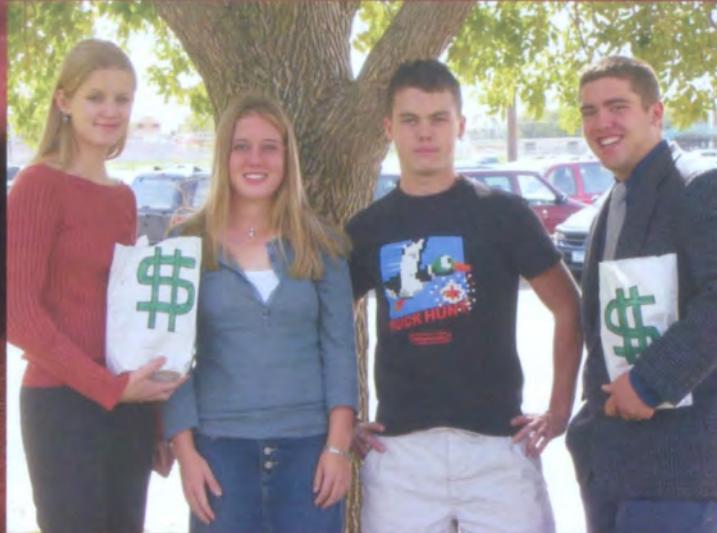
Most Athletic



Laura Edlund, Lorin Skoglund,
Sean Kennedy, Courtney Marr

Spotlight

Most Likely to Succeed



Leanne Kluk, Rachel Martin
Corey Docken, Eric Larsen

Most School Spirit



John Miller, Megan Aschenbrener
Andrea Lehner, Matthew Fredrickson

Best Dressed



Silas Johnson, Bridget Tilton
Allyse Howie, Shawn Little

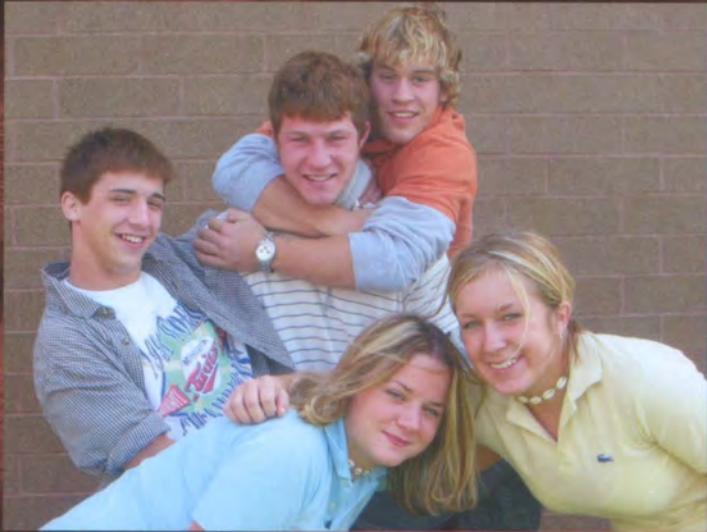
Most Likely to Marry



Jason Moe and Shawna Smith
Thomas Frericks and Samantha Hough

Senior

Best Buds



John Denney, James Underdahl &

Joseph Lindeberg

Lindsay Guthrie & Tonya Brown

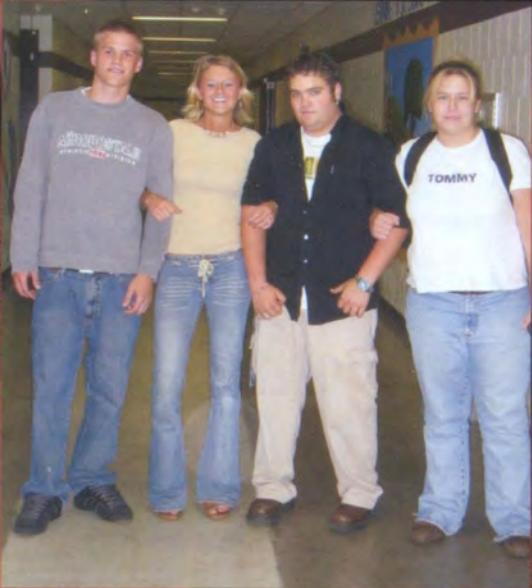
Best Personality



Jamie Kohs, Kathryn Willis

Paul Fransen, Matthew Keller

Most Likely to be Seen in the Halls During Class



Matthew Waldo, Kari Gustafson,
Anthony Gray, Bobbi Ouradnik

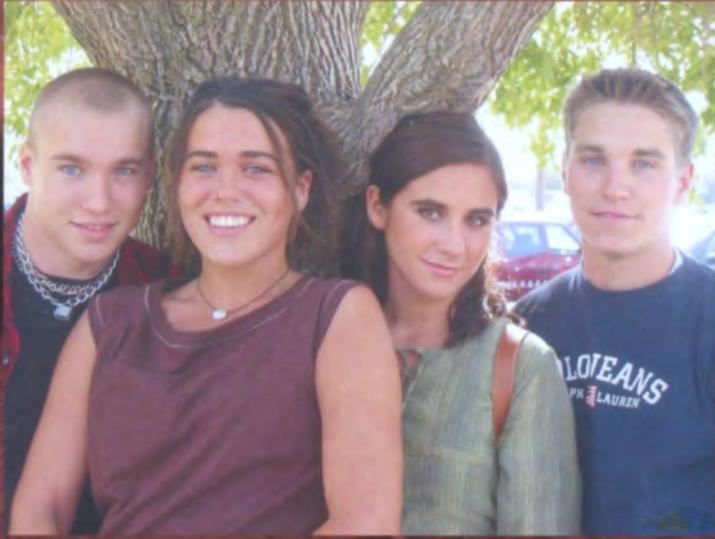
Best Smile



Justin Knowlton, Jennifer Anderson
Brianna McMahon, Justin Berg

Spotlight

Best Eyes



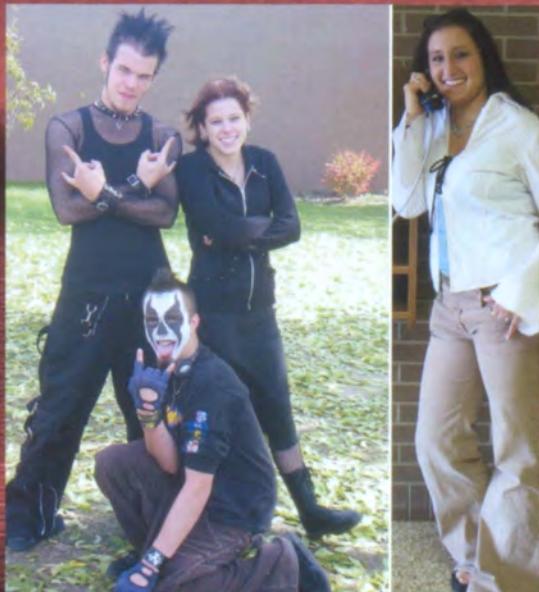
David Boniface, Jessica Boerum
Josephine Kuntz, Paul Miron

Class Clown



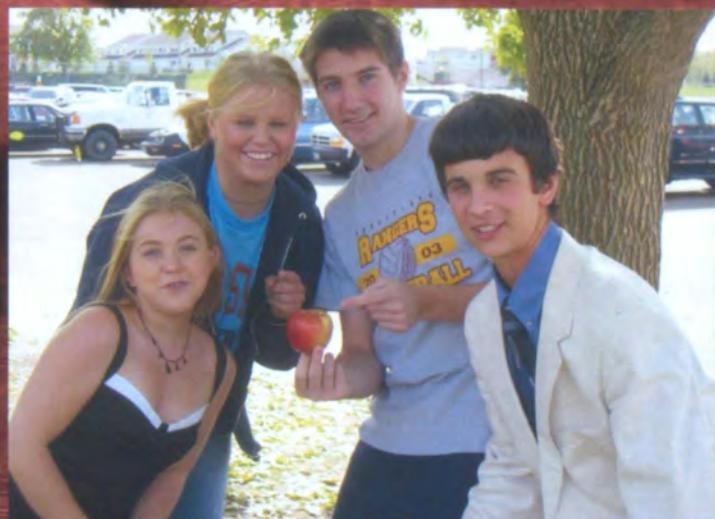
Steven Carlisle, Katie Prudhomme
Jennifer Doriott, Jason Geving

Most Unique



Christopher Johnson, Megan Casey
Mather Spofford, Ana Miletich

Biggest Brown Noser



Allison Mericle, Jessica Grafft
Collin Authier, Charles DeVore

SENIOR FAVORITES

CLASS
ANCIENT CIV.



FRAGRANCE
COOL WATER & AQUA DE GIO



VEHICLE
CADILLAC ESCALADE



FAST FOOD
SUBWAY



HANG OUT
PERKINS



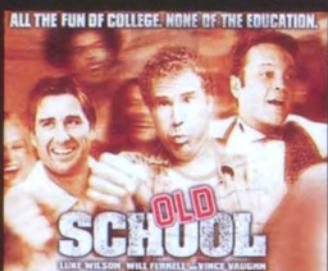
SONG
"GET LOW"



RADIO STATION
93.7



MOVIE
OLD SCHOOL



TV SHOW
FRIENDS



SINGER/ GROUP
50 CENT





What you do best

NOT PICTURED

Samantha Alspaugh, Terry Angell, Jason Barr,
Jonathan Bergo, Steven Carlisle, Kristina Chase,
Derek Cloutier, Cassandra Cockburn, Christopher
Conley, Geoffrey Corbett, Joshua Determan,
Matthew Dockter, Timothy Dufour, Zachary
Ewing, Christopher Flores, Brandon Frieburg, Carly
Gay, Eric Gordon, Alewander Hanson-Michelson,
Tamara Hartmann, Matthew Johnson, Ty Johnson,
Stephaine Kelley, Brett Koempel-Glaus, Tara
Kogler, Sean Krull, Tracy Leavens, Jacob Leroux,
Melissa Loftus, Jeremy Manderscheid, Kevin
Mcnamara, Jordan Meyer, Kimberly Moos, Na Lee
Moua, Joseph Nothaft, David Orlando, Amanda
Petroske, Adam Philipeczyk, Rick Rilea, Amy
Satnik, Matthew Shearen, Felicia Sjostrand, Nicole
Spencer, Matthew Spofford, Jonh Steitz, Crystal
Syring, Patrick Tetrault, Matthew Waldo, Jeremiah
Walter, Blia Xiong



Brandon Green



Jake Kerckow



Meagan Willson



Paul Fransen



Jennifer Dorott



*Not being bashful,
these Juniors
gathered around to
get their picture
taken during
passing time.*

Juniors on the Move

When a student takes the big step from sophomore year to their junior year, their life changes dramatically. Juniors have the responsibility of being the cohesive bond between the young sophomores and the experienced seniors. During this important school year, juniors are pushing themselves to the educational limit by taking the important, necessary classes for graduation. Along with their education, juniors are now making lifelong friends with their peers. As this school year comes to a close, students prepare for the leadership role, which will soon be placed upon their shoulders. As they move forward into their senior year, they will cherish the memories made throughout this year.

Courtney Mettling, Laura Kieger, Cortney Marr, and Katie Carlson



Andrea Aarsvold
Jennifer Abbott
Jordan Abbott
Lisa Abel
Adora Adams
Daniel Addis



Christopher Albee
Rebecca Alexander
Danielle Alt
Michael Amundson
Tevfik Anafarta
Barry Andersen



Jillian Andersen
Dustin Anderson
Eric Anderson
Joelle Anderson
Kali Anderson
Katie Anderson



Mark Anderson
Rachael Anderson
Nicholas Andreasen
Zachary Arbuckle
Felicia Arnt
Braeden Ashton



Laura Aune
James Babbitt
Christopher Bachman
Danielle Bachmeier
Myles Bailey
Megan Baird

Anna Banttari
Joseph Barhorst
Brian Batcheller
Brian Baumtrog
Sydney Beck
Karine Becker



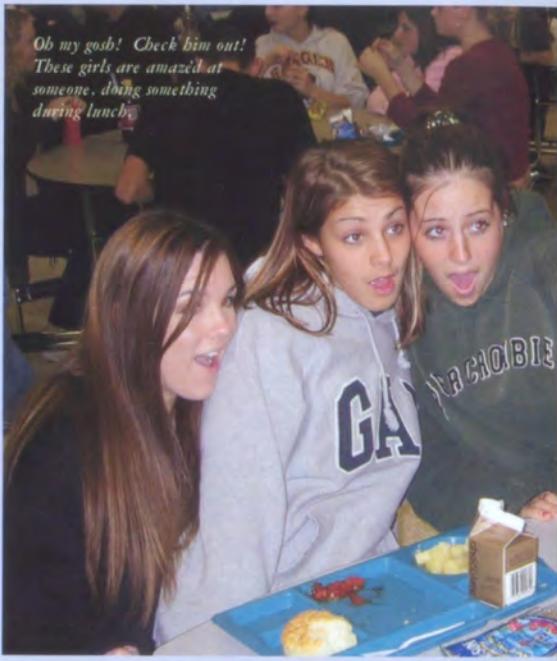
Daniel Bender
Tyler Bengston
Daniel Bennett
Ashley Benson
Candi Berens
Nolan Berg



Sarah Berger
Vanessa Berglund
Matthew Berken



*Ob my gosh! Check him out!
These girls are amazed at
someone, doing something
during lunch!*



Victoria Bizzotto
Kyle Blum
Lindsay Bode



Katelyn Boerem
Jenna Botterill
Corey Boyd
Samuel Bradley
David Brand
Kelly Bresin



Luis Brito
Adam Brown
Alexander Brown
Anthony Brown
Kyle Bruggenthies
Leah Bruner





Christina Bryniarski
Kevin Burk
Julie Burns
Robert Busch
Matthew Butchko
Michael Butchko



David Bydalek
Matthew Byland
Jessica Bystrom
Samantha Calvin
Jeffrey Carlson
Seth Carlson



Anna Cassidy
Adam Chandler
Antonio Charles



David Charles
Madeline Charles
Danielle Chartrand



Tong Cheng
Jessica Chilson
Jessica Claflin



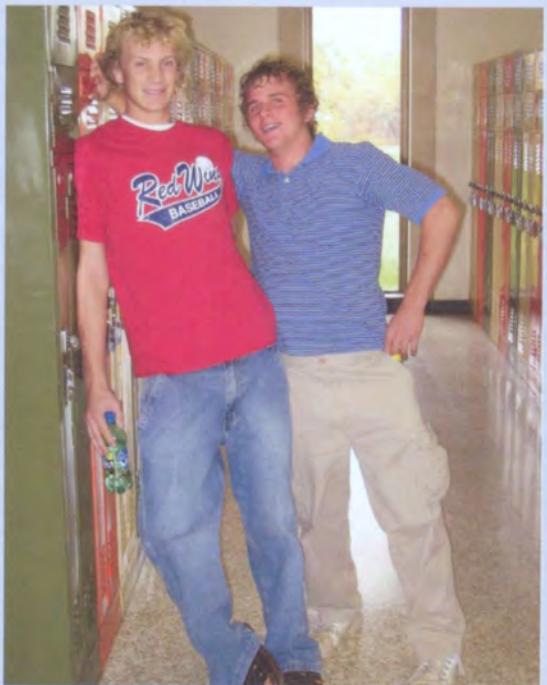
Katie Clark
Zachary Clasen
Nicole Coby
Thomas Cockburn
Amanda Connely
Katherine Cooley



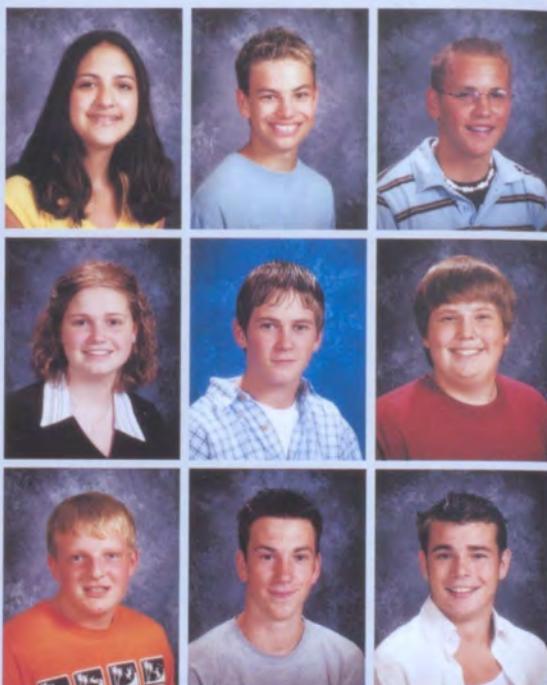
Jennifer Cozennoy
Jason Copt
Ashley Corbett
Rachel Corcoran
Dana Cox
Cody Cunningham

Adam Young and Kevin Secor take time to chill at their lockers during passing time.

Erica D'entremont
Evan Dahl
Sam Danielson



Sarah Davies
Andrew Day
Emilio Degennaro



Adam Dehaven
Kyle Dempsey
Cody Denny



Shannon Detlefsen
Sarah Dittberner
Theresa Dobihal
Mariah Docksteader
Andrea Dolan
Chelsea Doriot



Bradley Dorweiler
Nicole Duff
Eric Dulka
Joel Duncan
Jamie Eagan
Abigail Eagan



Jeffrey Eichten
Chantel Eischen
Nikki Elliott
Kristine Elsenpeter
Stephanie England
Justin Engmark



Jake Engquist
Jaime Engvall
Erik Erdos
Robert Erdos
Brittany Erickson
James Erickson



Shawn Erickson
Jamie Essen
Molly Falck
Stephanie Falkers
Michael Feist
Samantha Ferderer



Patrick Fick
Jeremy Flom
Sara Flug
Patrick Fogerty
Nicholas Foster
Jodi French



Joseph Frenning
Jeremy Friel
Cathie Fuith
Kyle Fuller
Dwayne Gaertner
Amy Gaustad



Molly Gearin
David Gelbmann
Michael Gensmer
Brittany Germain
Justin Gervais
Alex Geving



Ashley Giannini
Dusty Gilbertson
Michael Glynn
Sean Gough
Bethany Grams
Rachel Grams



Kyle Green
Amanda Greer
Angela Gregersen
Jessica Griffith
Samantha Grimes
Zachary Guttormson



Robert Hager
Kelly Haglund
Markus Hahn
Natalie Hall
Benjamin Halverson
Alexander Hannibal

Alyssa Hansen
Rebecca Hansen
Angela Hanson
Kimberly Hanson
Rachel Hanson
Lennea Harris



Clayton Harrison
Samuel Harvey
Synthia Haseltine
Sabina Hasic
Michael Haviland
Charles Hawkins



Erik Haymon
Justin Hedges
Alexander Hedlund
Zachary Hegvik
Brianna Heilman
Courtney Heinisch



Jessica Heller
Jennifer Henderson
Jill Henderson
Matthew Hendricks
Matthew Hendrickson
Brittany Herberg



Karianne Herdina
Talia Hindi
Madeline Hinrichsen
Anthony Hintzen
Jennifer Hodgdon
Heather Hogan



What would you do for 49 cents?



"I'd put my leg over my head and sing a song."
Jamie Essen



"Jog a mile."
Scott Schulze



Amanda Hokanson
Benjamin Holmgren
Christopher Homayak
Robert Houfer
Brianna Hubbard
Kyle Huberty



Sarah Huepenbecker
Joseph Ihrke
Branden Imler
Kelsey Immel
Elizabeth Jackman
Kenneth Janssen



Blake Jedneak
Scott Jensen
Jennifer Jimenez
Maria Jimenez
Dolores Johnson
Ivan Johnson



Jacob Johnson
Jerry Johnson
Scott Johnson
Tasha Johnson
Andrew Jolson
Cassidy Jones



Michael Kaeding
Brooke Karwoski
Paige Karwoski
Katie Kaufluss
Kelly Keefe
Kyle Keeler



"I'd get up before 11."
Peter Osterbauer



"I would shave my legs"
Matthew Madsen



"Nothing. You should
just give it to me."
Ashley Rajdl

Sally Kellerhuis
Thomas Kelly
Rebecca Kennedy
Christopher Kerkhoff
Steven Kessler
Euhttum Kim



Timothy Kisrow
Jamie Kissler
Benjamin Klawitter
Christopher Klein
Katie Klein
Thomas Kling



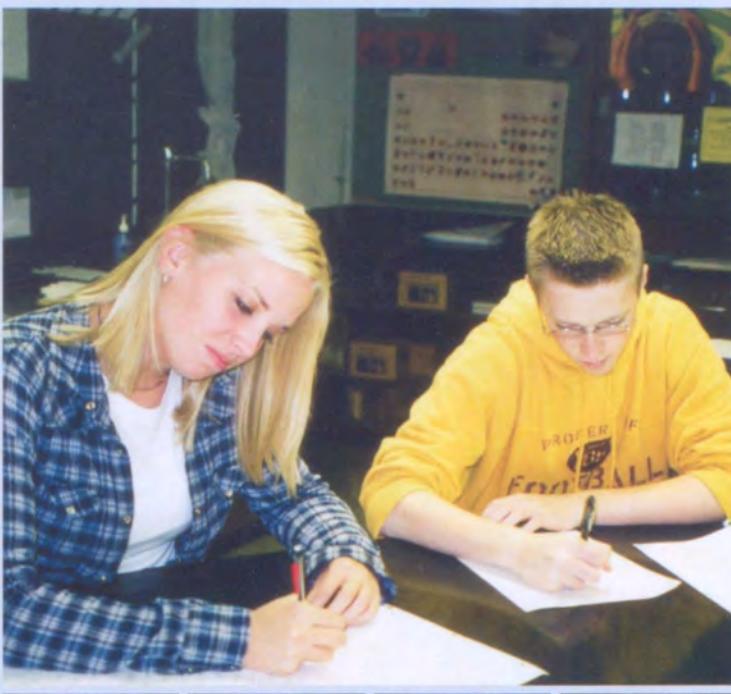
*Patrick Van Beckum is
enjoying his lunch while
Kaitlyn Wightman backs
away from him as Anne
Schall moves in and
Samantha Sheets flashes a
smile.*

Angela Kloos
Alyce Knoop
Katie Knowlton
Kimberly Koalska
Jason Kohler
Benjamin Kolbow



Joanna Koski
Jaylene Kozer
Ryan Kraft
Matthew Kreitlow
Corey Kress
Steven Kuhnz

Keep up the good work! Brittany Erickson and Alex Geving work hard in Chemistry A.



Michelle Kunz
Jane Kuschnir

Amber Kush
Robert Land

Bradley Lange
Matthew Lange

Benjamin Larson
Jennifer Lattin
Matthew Lau
Brittany Lawrence
Noah Lawson
Daniel Leavell

Jenna Lee
Zackery Lehman
Joseph Lennartson
Samantha Lijedah
Jacob Limesand
Joshua Lincoln

Caileena Lind
Leanne Lindhe
Brian Linnerooth
Senna Lipp
Charlotte Little
Nicole Loback-Bachmeier

Jamie Lobermeier
Nigel Lofgren
Brandon Loude
Spencer Lueth
Rick Lundquist
John Lundstrom

Emily Lutz
Brittany Lynch
Josef Maier
Sara Majewski
Joseph Manske
Nicole Mansmith



Katharine Martin
Anne Matheson
Darek Mayen
Cheryl McCandless
Kristopher Mccollum
Conor McCormick



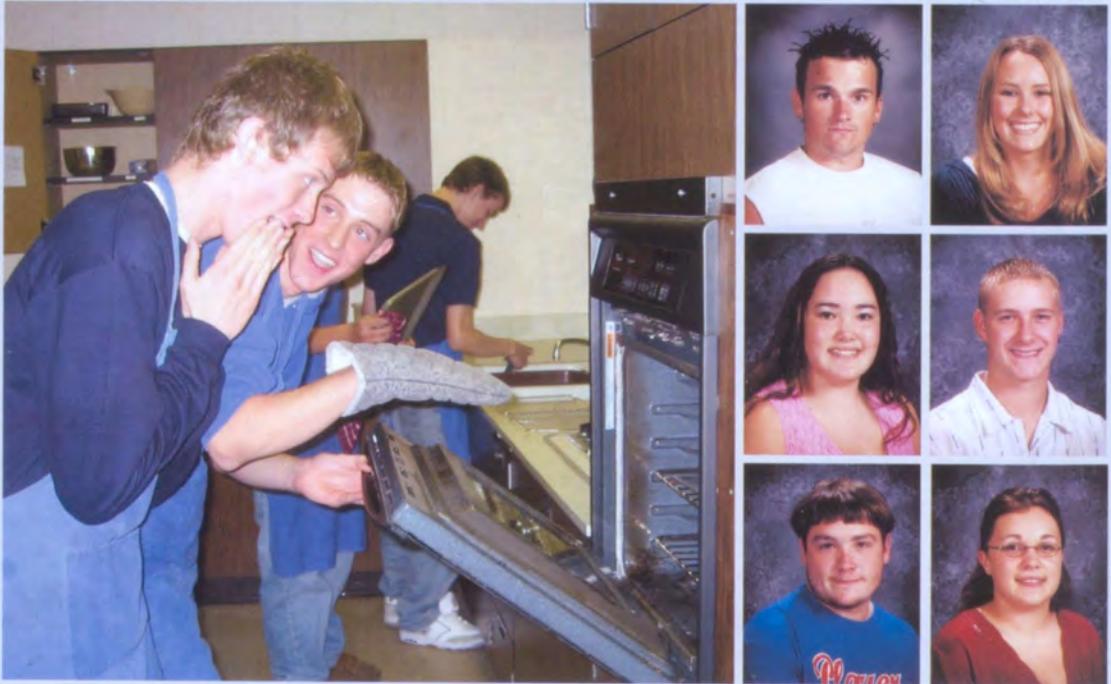
Joseph Mccurdy
Joseph McGuire
Charmayne Mckellepp
Hannah Mckenzie
Carly Mcmenoman
Alicia McNamara



Michael Mcsorley
Jessica Meath
Jonathan Meindl
John Meininger
Alicia Melbostad
Joshua Menne



Anthonie Mertes
Tara Metcalf



"Oh no we burned the cookies again!" Cody Cunningham and Matthew Butchko work hard making cookies in food choices.

Ryan Meysembourg
Angela Michaelson

Strike a pose! These junior boys forgot about lunch for a minute and model for the camera.



Hayley Miller
Adam Mills

Jacob Minnig
Holly Minske

Mark Mitchell
Ryan Mitchell



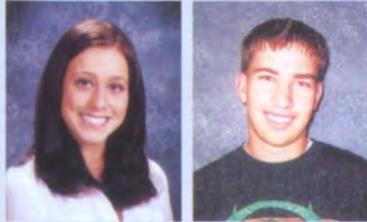
Mark Moberg
Aaron Moen
William Monberg
Benjamin Montes
Matthew Morelli
Jessica Morgan



Neil Morris
Sara Morissette
Jacob Morrison
Linda Mouacheupao
Michael Mullan
Lindsay Munson



Kelly Murphy
Sarah Napoli
Miles Napue
Anthony Nash
Justine Naylor
Jessica Neamy



Taryn Neeser
Eli Nelson
Evan Nelson
Jacquelin Nelson
Brandon Neujahr
Andrew Norbin

Kyle Nosie
Kayla Nowicki
Matthew O'brien
Taryn O'connor
Tyler Obinger
Erin Obrien



Christina Odegard
Ivo Oliver
Cameron Olson
Jamie Olson
Jeremiah Olson
Juliana Olson



Kevin Olson
Mary Olson
Peter Osterbauer
Philip Osterbauer



Amber Otremba
Kristel Overson
Aaron Paitich
Ashley Palacheck

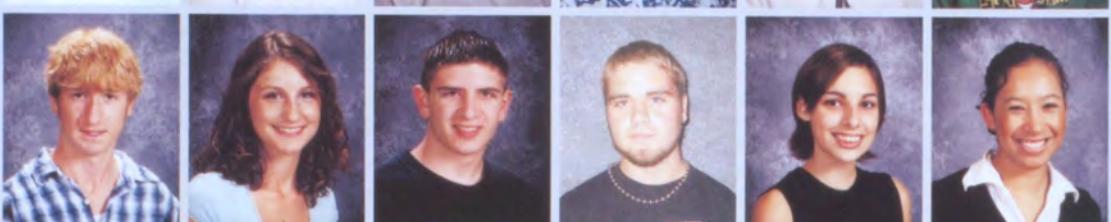


*Not quite Charlie's Angles but it works!
Amy Trombley, Christina Odegard, and
Jessica Morgan pose for a picture while
standing in the lunch line.*

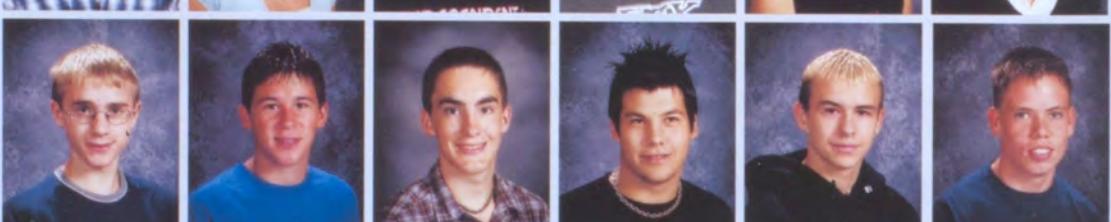
Benjamin Palmer
Emily Palmer
Michael Pariseau
Joel Partyka
Andrew Patrin
Brandon Paul



Anthony Peck
Kristina Perreault
Christopher Person
Brandon Petersen
Hannah Petersen
Cassandra Peterson



Dru Peterson
Matthew Peterson
Matthew Peterson
Luke Petrowske
Joshua Pfaffendorf
Zachary Pickard





Michael Pierce
Mallory Pikus
Stephanie Pless
Benjamin Plocher
Noah Powers
Chelynne Pringle



Holly Prokop
Andrew Prosser



Wendy Prow
Ashley Rajdl



*Two Oliver and Patrick Fogerty
try to impress some girls at
lunch.*

Andrew Ramirez
Tadd Randolph



Timothy Rangitsch
Daniel Raymond
Melinda Reed
Jenell Reeverts
Craig Regnier
Kimberly Remackel



Brandon Rhoda
Amanda Richard
Andrew Richards
Trevor Rieck
Ashley Riegert
Zachary Ristrom



Jeremiah Riter
Chelsea Roberts
Kara Roemhild
Ryan Rogers
Erik Rognerud
Alicia Rosdahl

Kristin Roseen
Anthony Rosenthal
Benjamin Rosenthal
Eric Rucinski
Jessica Ruka
Lisa Rydeen



David Ryhn
Scott Sager
Vanessa Sahr
Jamie Santos
Kerry Sawyer
Kyle Saxe



Anne Schaal
Stephanie Scherer
Richard Scherz
Jennifer Schifsky
David Schimke
Brooke Schmidt



Caitlin Schmidt
Joshua Schmidt
Janessa Schmitz
Jessica Schmitz
Kelsey Schoenberger
Natalie Schoonover



Shawn Schuh
Scott Schulze
Whitney Schupp
John Schwietz
Abbey Sculley
Kevin Secor



Lindsay Sessing
Eric Setter
Samantha Sheets
Geoffrey Shetka
Siri Shostedt
Sarah Sigfrinius

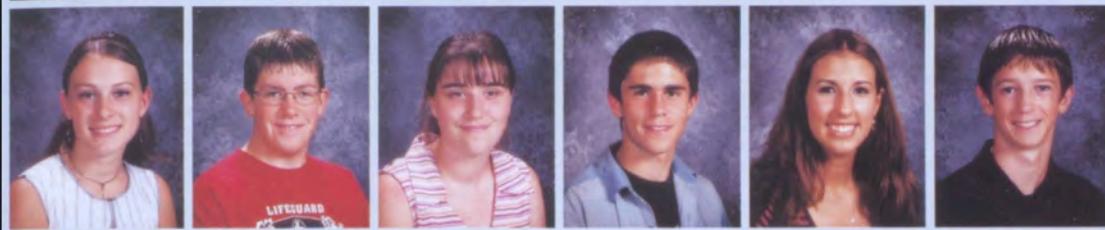


Kirsten Skoglund
Amanda Slowinski
Nathan Smaker
Alyssa Smith
Dominic Smith
Sherrie Smith

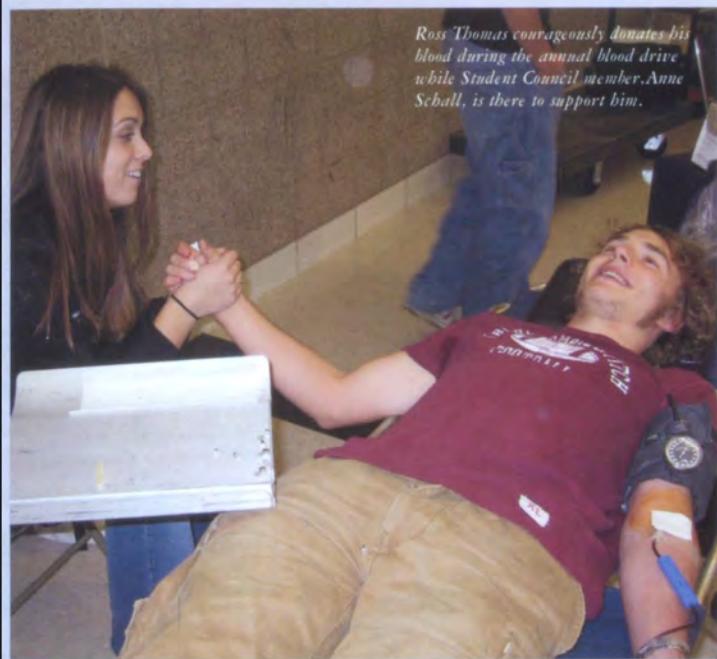




Chelsea Smythe
Christopher Sobeck
Jonathan Sommer
Nicholas Sontag
Kevin Sopeth
Elizabeth Souter



Angela Spiess
Kevin Spiess
Ashley Spilman
Mitchell Springer
Brittany Steele
Michael Steffer



Ross Thomas courageously donates his blood during the annual blood drive while Student Council member, Anne Schall, is there to support him.



Justine Stein
Nathan Stenberg



Kimberly Stensgard
Michael Sternner



Crystal Stich
Jennah Stokes



Thomas Stoll
Kristi Strom
Jenea Sumption
Savannah Svendsen
Adam Svenkeson
Jacob Svenkeson



Dustin Sweeney
Holly Swenson
Stephen Swenson
Danielle Tagg
Nathan Tauer
Jacob Templeton

Kyrstin Tenjack
Andrew Testin
Melissa Theis
Amanda Thesenvitz
Ross Thomas
Sheri Thompson



Brian Thorp
David Tkach
Molly Tolzmann
Jacob Tonsager
Sarah Touchette
Jesse Traner



Jesse Travis
Andrew Treter
Amy Trombley
Megan Trounce
Chelsey Tulgren
Nichole Twedt



Ashton Ulferts
Michael Underwood
Jenifer Urman
Mallorie Urman
Kyle Vadner
Swopnil Vaidya



Patrick Van Beckum
Savanna Vance
Mark Vandanacker
Jill Vandenheuvel
Jeremy Vangurst
Jesse Vangurst



Christopher Vogt
Brian Wagner
Nathen Waldo
Daniel Walker
John Walker
Ryan Walsh



Micheal Walters
Edward Warner
Thomas Warzala
Lindsay Watson
Tate Wegleitner
Kelly Weise





Krista Weiss
David Welch
Sara Welk
Rebecca West
Adam Wetterling
Patrick Weygand



Thomas White
Kaitlyn Wightman
Alana Wilke
Rebecca Wilke
Peter Will
Carlee Williams



Randi Williams
Angela Wilmis
Julian Witnecki
Joseph Wise
Nicholas Witnebel
Travis Witnebel



Chantelle Wodaszewski
Sarah Wright
Kevin Yang
Andrew Yannarely
Alexander Yeager
Adam Young



Kelly Young
Nathan Young
Meghan Zajac



Nicholas Zalusky
Erica Zanish
Gary Zauner



Angie Zentzis
Christopher Ziegler
Hannah Zuzek

Juniors Kelly Keefe and Katie Anderson hanging out together.

Not Pictured: Zachary Anderson, Rosaline Born, Daniel Salas, Ann Wishon

SOPHOMORE

T

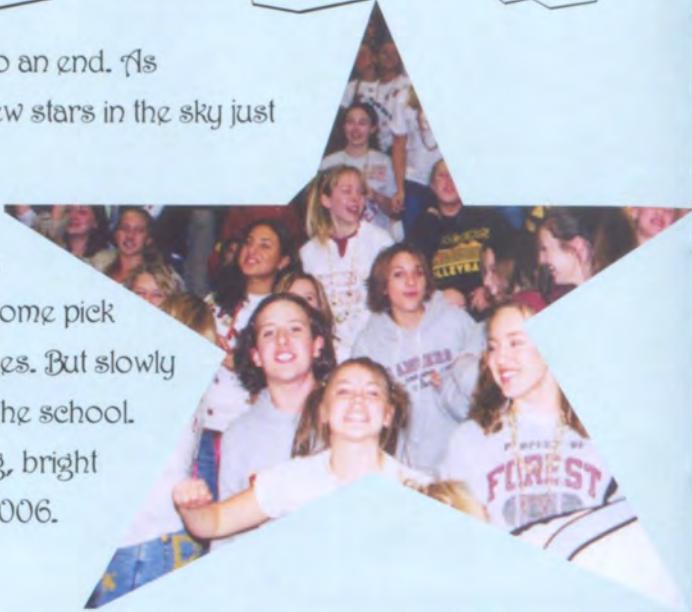


R

Z

Sophomore year is one more beginning to an end. As Sophomores, you started highschool like new stars in the sky just trying to find your place. Towards the end of the year you are just beginning to fit in. You have found your spot in the sky with the clusters of others. Some stars pick sports, some pick academics and others choose outside activities. But slowly you all begin to fit together with everyone in the school. Everyone joined together to become one big, bright starry sky. The Sophomores Starz class of 2006.

-Shawna Smtih, Maddie Baatz,
Swopnil Vaidya, and Kelly Waldoch



Tessa Abernathy
Jonathan Agnes
Mathew Alcock
Amanda Aldentaler
Jessica Alexander
Adam Alsaker



Ariel Alt
Chelsea Amber
Erik Amundson
James Andersen
Ashley Anderson
Chelsea Anderson



Jenna Anderson
Kyle Anderson
Nicholas Anderson
Catlyn Anderson-Hopkins
Danielle Antony
Trisha Arnold



Todd Arrigoni
Amanda Asplund
Tyler Augustine
Samantha Aune
Ryan Bachmeier
Ana Bahr





Alissa Baker
Jacob Barnaal
John Barnes
Matthew Barnes
Brittany Baron
Cameron Bartkey



Gina Batcheller
Alec Bayer
Lucas Beach
Joseph Beane
Connor Becker
Allison Beebe



Kristine Behan
Kelly Behr
Jordan Bengston
Erin Bengston-Noyes
Dustin Bentley
Thomas Bentley



Emily Berg
Whitney Berg
Brittni Berndt
James Berry
David Bigelow
Hannah Bishop



Ashley Bjerketvedt
Joshua Blake
Aaron Boerem
Alexander Boerum
Kelly Bohnen
Annonette Boileau



Adam Borchardt
Amy Borlaug
Alicia Bosman
Nicholas Boulineau
Natalie Braun
Jeffrey Brooks



Alice Bropleh
Amber Brown
Anne Bruber
Melissa Buol
Daniel Burmeister
Amber Burreson



"I hope life's not a big joke, Cuz I don't get it"
-Josiah Knutson

Nathan Burris
Lindsay Caine



Say Awww! Nicholas Anderson burrys to eat his lunch before it gets too cold.



Kelsey Callahan
Thomas Carlson
Craig Carpender



Chelsie Carpenter
Nicholas Carroll
Meghan Casey



Geoffrey Cass
Lance Charpentier
Ross Chester
Eric Chmielewski
Adam Christiansen-Holmberadam
Nicholas Christy



Elizabeth Ciccone
Sean Claezon
Jonathan Clark
Phillip Collar
Moriah Cooper
Daniel Cromwell



Brandon Crowley
Desiree Cunningham
Jessica Cupo
Alexander Dahlgren
Amanda Daman
Mallorie Damchik



Sara Damiani
Carly Dean
Jennifer Dellwo
Ally Deshong-Selz
Lydia Dick
Mitchel Diller



"The world can't end today because it's already tomorrow
in Australia" - Amber Haupt



Renee Dina
Megan Dohmen
Heather Dolan
Marianne Dunaski
Meredith Dunaski
Vanessa Duncan



Nicholas Dunn
Laura Dunrud
Joseph Durant
Angela Eagan
Ryan Edelman
Jacob Egge



Chad Eibensteiner
Benjamin Elfelt
Cassandra Ellingson
Lacee Enfield
Kristina Engstrom
Rebeka Erdos



Carly Erichsrud
Philip Erickson
Kari Erkenbrack
Sam Esget
Andrea Estes
Mindy Eurich



Kailey Everett
Andrew Fashner
Courtney Felgen-Trenti

Benjamin Fick
Sara Fielding
Joseph Finstrom

Super Model Documentary Hour staring Christina Stoll and Janell Tuominen. Strike a pose girls.



Kelly Fischer
Kimberly Fischer
Kristin Fleischhacker



"Walk on faith, Trust in love"
-Samantha Wagamon

Rachael Flohr
Hilary Framke
Rachel Fredrick
Cassandra Freerks
Renee Frericks
Alicia Froelke



Tabith Frogner
James Gaalaas
Cassandra Garin
Allison Garrity
David Gauerke
Danielle Gibson



Wesley Giddings
Jessica Giesner
Ian Gildersleeve
James Giller
Sarah Goossens
Samuel Gort



Thomas Grenier
Lee Gresback
Kelsea Griffin
Heather Grundhofer
Justin Grundhofer
Emily Habisch



If You Could Put One Thing In A



My Friends
- Ashley Venburg



Matt Morland
- Ashley Weeda



My fish,
Trwquel
-Ashley Zimmerle

"Life's a dance you learn as you go"
-Mallory Jette



Luke Haessly
Rachel Hafele
Travis Hafterson
Jacob Haider
Kayla Haines
Muhamed Halavac



Harley Hallamek
Kate Hammer
Robert Hammond
Alanna Hanson
Jedadiah Hanson-Michelson
Grant Harden



Jessica Harden
James Harnett
Megan Harris
Michelle Haseltine
Sena Hasic
Matthew Hassler



Amber Haupt
Charles Haylock
Andrew Hecker
Alexandra Hedin
Eric Heffron
Adam Hensley

Time Capsule What Would It Be?



A Soccerball
-James Harnett

A Dollar
-Erik Zentzis

My senior
Yearbook
-Rory Koch



"Words fade but music is forever."
-Joseph Beane

Amanda Herrity
Ashley Hesselgrave
Ryan Hinrichsen
Daniel Hoff
Christopher Hofmann
Danielle Hoggarth



Shannon Holeman
Kelly Houfer
Joshua Hubbard
Dillon Hudalla
Anthony Huepenbecker
Sara Hufford



*Smile!
You're on yearbook
camera! Renee
Frericks and Krista
Skoglund show there
movie star smile.*



Peter Hughes
Jamison Hull
Travis Hunter
Jonathan Ihrke
Markus Jadwin
Jessica Janoski



Justin Jasicki
Casey Jensen
Danielle Jensen
Nicholas Jensen
Jeremy Jereczek
Mallory Jette



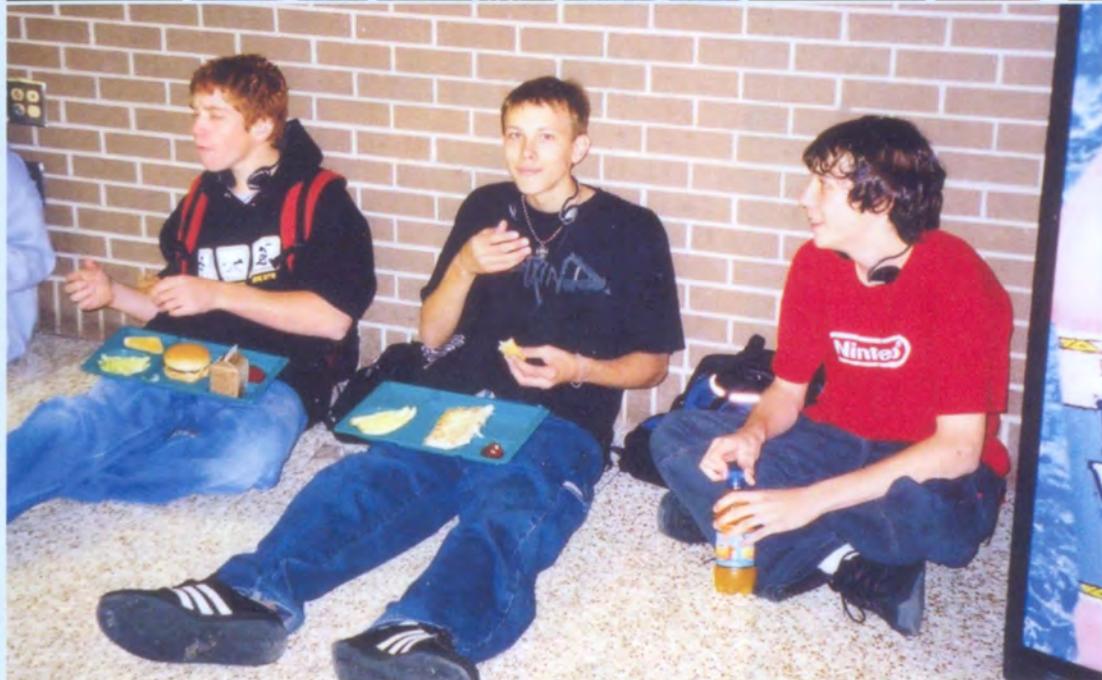
"Everybody's Special"
-Gina Batcheller



Paul Joachim
Amanda Jochim
Anna Johnson
Casey Johnson
Derek Johnson
Eleni Johnson



Jacob Johnson
Kurt Johnson
Kyle Johnson
Samuel Johnson
Jason Jolicoeur
Chelsea Jones



Joseph Beane, Thomas Carlson, and Zachary Klausen eat their lunches on the floor in hopes that a table will open up.



Amy Joyce
Matthew Joyer
Alexander Juelich
Joshua Kalhagen
Matthew Kalsnes
Sara Kampa

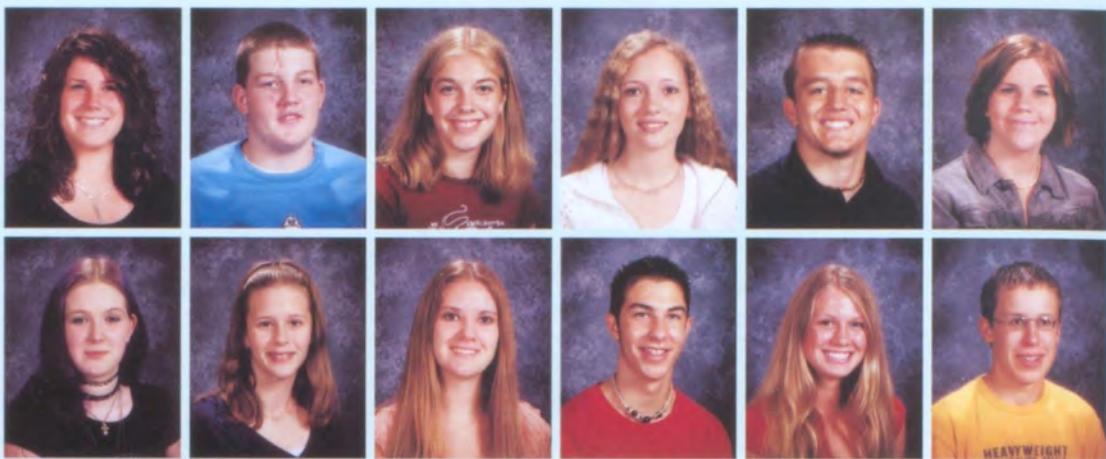


James Kassel
Rebecca Keller
Amy Kelley
Jessica Kelley
Taylor Kemmis
Dustin Kendrick



"I can't believe I ate the whole thing"
-Thomas Carlson

Megan Kenny
Michael Kerrigan
Corrine Kettler
Beth Kiehne
Zachary Killingbeck
Taylor Kimbel



Crystal King
Ashley Kirberger
Amanda Kirchner
Robert Kirschenman
Amanda Kissner
Daniel Kjellberg



Zachary Klausen
Elizabeth Klein



Jordan Kline
Jacqueline Kling



Benjamin Knaak
Anthony Knauff



Josiah Knutson
Rory Koch
Angela Kochendorfer
Jeffrey Kohler
Madelynn Kohs
Jesse Kolbow



Jordan Kolbow
Chelsae Kosman
Vanessa Kottke
Christopher Kozel
Mark Kroll
Mitchell Kroska

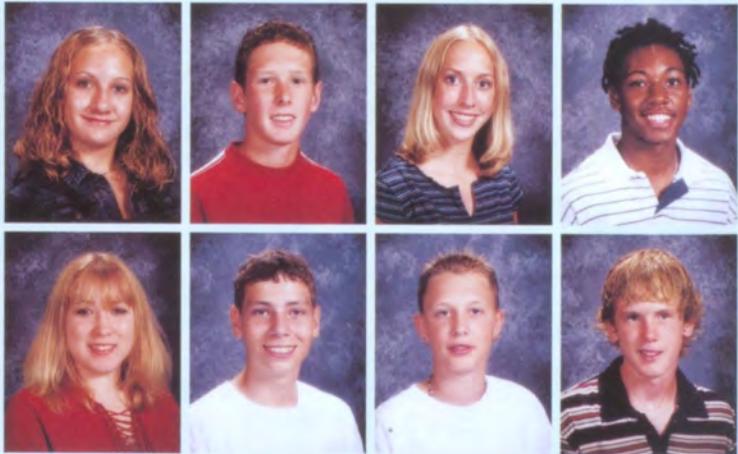
What do you do



Pray
-Jessica Pitts



Shower Slide
-Joseph Schultz,
Sam Esget,
Jordan Kolbow



"The best things in life are worth waiting for"
-Elizabeth Ciccone



Thomas Kubes
Patrick Kubinski
Tiira Kuehn
Shawna Kurilla
Stevie Labarre
Allison Laine



Ashley Lamers
Steven Lange
Lindsey Langer
Heather Larkey
Sarah Larson
Camille Latour

for good luck?



I rub my warrior
rock
-Amanda Kissner



I wear my lucky
Sponge Bob
boxers
-Blake Woodward



Angela Lawman
Jacob Lee



Steven Leef
Candice Leitner



Andrea Letourneau
Jordan Lewis



Anders Ley
Tyler Lichtscheid
Anthony Limesand
Kourtni Lind
Stefan Lindahl
Matthew Lindholm



Jacob Lipp
Timothy Loch
Brittany Locke
Darcy Lopez
Fong Lor
Joseph Lucking



"All you need is love"
- Brooke Radtke

Amanda Luke
Matthew Lund



Travis Lund
Alexandra Lundeen



Erik Lundell
Rachel Lundstrom



Christina Macdonald
Andrew Madison



Matthew Madsen
Carl Magnuson
Erik Magnusson
Michael Malmquist
Brady Maloney
Robert Markland



Anthony Marquart
Alex Martin
Brandi Masso
Margaret Mattison
Ashley Maurer
Leah Mayfield



Alexander Mays
Kathleen Mcardle
Kelly Mcarthur
Carey McCormick
Rebecca McIntosh
Angela McKinnon



Studying hard, Chelsea Anderson goes over her notes one more time.



"What's life if you never pull your shorts down and slide on the ice" -Aaron Tetzlaff



Jacquelyn McKusick
April Mcmanus
Jason Mcmillen
Shawna McNamara
Jacquelyn Mecham
Elise Medenwaldt



Daniel Medina
Daniel Menne
Saul Mercado
Kyle Mericle
Mark Merrell
Rachel Merrier



Hannah Mettling
Melinda Meyers
Ashley Miller
Jacob Miller
Laurie Miller
Mitchel Minnig



Ann Miron
Heather Mitchell
Joseph Mitchell
Katherine Mitsch
Alison Moen
Christopher Mohler



Che'lynne Moline
Lindsay Mollen
Kenneth Monson
Melissa Monson
Matthew Moreland
Ashleigh Morgan



Alexis Morris
Eric Morris
Nicole Morrisette
Justin Morrison
Cassandra Mortimore
Kong Moua



Katrina Mowan
Andrew Mulcahy
Maggie Myre
Amber Nelson
Joshua Nelson
Kristina Nelson



"No guy/girl is worth your tears and the one who is won't make you cry." -Amanda Daman

Michael Nelson
Melissa Netzloff
Beth Neu
Michelle Nichols
Pamela Nora
Natalie Norman



Nicole Norman
Shelly O'Connell
Nicole O'gorman
Luke Odegaard
Brett Olander
Travis Olesen



Daniel Olsen
Katie Olsen
Tara Olson
Valerie Olson
Andrew Ophus
Allen Opse



Jeremy Orth
Mark Ostlund
Julie Palacheck
Amanda Parenteau
Michele Parness
Ashley Paul



Mitchel Paulson
Andrew Pearce
Rebecca Peloquin
Jeremy Peltier
Angela Perry
Johnathan Peterson



Ryan Peterson
Seth Peterson
Timothy Peterson
Allyse Petroske
Anthony Petroske
Rachel Piersdorf



Sarah Pignato
Elizabeth Pilarski
Amanda Pilla
Jessica Pitts
Andrew Pooch
Laura Pottratz



"A problem is a backwards opportunity"
-Nathan Burris



Elizabeth Powell
Amanda Pringle
Scott Purvis
Anthony Quehl
Ashley Quimby
Joseph Raasch



Angela Radtke
Brooke Radtke
Charles Radtke
Jacob Ramsden
Andrew Reagan
Chelsea Reeck



Jonathan Reiner
Anthony Remmen
Jason Renstrom
Christina Rhein
Brandon Ricketts
Joshua Riegert



Danielle Riehle
Jessica Rilea
Kristine Rippon
Alexander Ritchie
Kenneth Rivet
Nathan Robertson



Richard Robinson
Shanna Robinson
Gabriel Roeder



Paul Rosman
Caleb Rotach
Katie Rubedor

Erik Amundson takes a break from his lunch to pose for a quick pic with senior friend, Shawna Smith.



Garron Ruiz
Christopher Rupar
Amanda Sadergaski



"Plant your own garden, don't wait for someone to bring you flowers" -Catherine Stelter

Chelsea Sager
Tyler Sahr
Lacy Saloka
Tara Salverda
Grant Sanford
Tyler Scanlan



John Scheierl
Ashley Scheiller
Michelle Scherz
Matthew Schlenker
Danielle Schminkey
Kyleen Schneider



Nicole Schroeder
John Schubich
Jenna Schuder
Heidi Schuhwerck
Marke Schuld
Joseph Schultz



Travis Schultz
Michelle Schumacher



John Schuneman
Gabrielle Scott



Daniel Scribner
Michelle Secor



Eve Seelig
Nina Sell

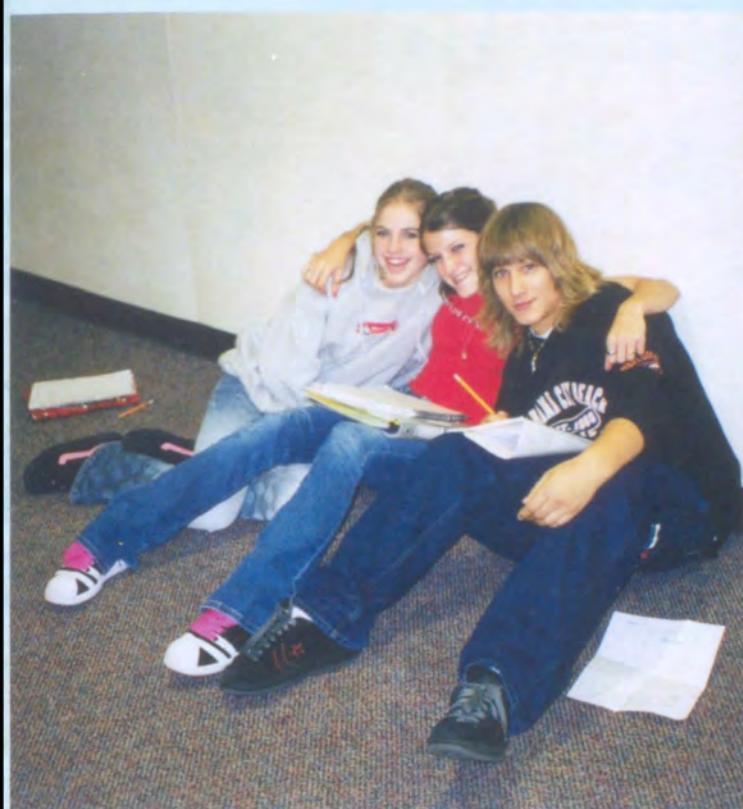


Won Young Sobng carefully lines up her patterns for her quilt in sewing class.

"Boys are like roses, watch out for the prickers"
-Katherine Mitsch



Studying hard for a big math test, Anne Woods, Amanda Herrity and Nicholas Warnke take a breather.



Morgan Selvog
Karn Severson



Justin Shanda
Jennifer Sheldon



Stefanie Shogren
Amanda Sigfrinius



Heather Sigstad
Caitlin Simenson



Ian Simpson
Eric Skogen
Krista Skoglund
Megan Slattery
Jesse Smith
Michael Smith



Sarah Smith
Mitchell Snaza
Eric Snyder
Won Sohng
Alex Solway
Daniel Southerling



Erik Sparby
Tiffany Spencer
Penny Spratt
Maria Stanley
Anica Stein
Theodore Steiner



"The mullet of a carnie"
-Matthew Joyer

Catherine Steiter
Cory Stoffel
Erik Stolberg
Christina Stoll
Daniel Stone
Sabrina Stone



Sarah Stout
Joshua Strande
Heather Stratton
Tara Strif
Brianna Strunk
Leah Swanson



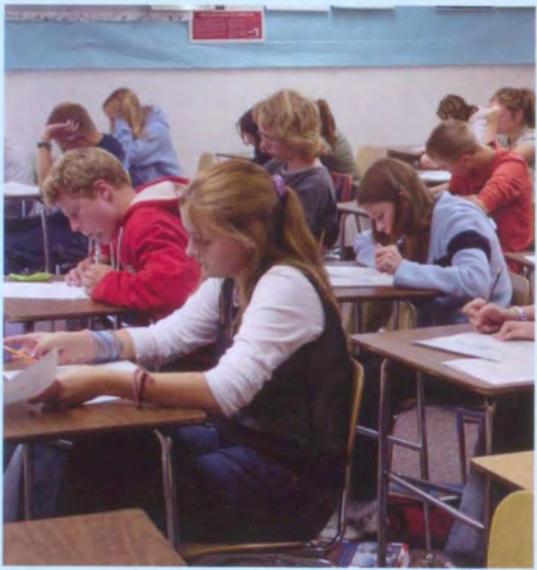
Nicholas Swanson
Jessica Swenson
Michael Swenson
Derek Synan-Peterson
Brian Tauzell
Patrick Taylor



Robert Tenney
Aaron Tetzlaff
Maxwell Thao
Pazong Thao
Patricia Theis
Derek Thill



Marqus Thomas
Sheyanne Thomas
Brian Thompson



Danielle Thompson
Kelli Thompson
Natasha Thompson



Brittney Thorp
Daniel Thorson
Daniel Tibbetts



What a fine example of the sophomore class. This class is busy doing their work during 3rd hour.

"When you sprinkle and you tinkle, be neat and wipe the seat" -Jesse Kolbow



Sean Tilton
Jeffrey Tomnitz
Allycia Trach
Heather Tripp
Nicholas Troje
Cory Tuckner



Janell Tuominen
Joshua Turenne
Ryan Turry
Leigh Twohy
Daniel Tyler
Kayelea Tyler



Tasha Tyler
Laura Unger
Nathan Uram
Angela Vadnais
Barbara Van Gunst
Kyle Vandenberg



Jason Vanderschaegen
Alana Vandeveer
Isel Vang
Benjamin Vaughn
Ashley Venburg
Colleen Vierling



Joseph Vilgos
Jonathan Vining
Nicholas Vitek
Melissa Voss



Phong Vue
Samantha Wagamon
Christopher Wagner
Lindsey Wagner



Laurie Miller reads her notebook while she eats at lunch.

Jason Walbridge
Angela Walker
Katie Walker



"Where's the lotion???"

-Lee Gresbach

Angela Wallenstein
Thomas Walsh
Nicholas Warnke
Christopher Warwick
Brian Watson
Nicole Watson



Sarah Webb
Hannah Weber
Ashley Weeda
Vanessa Weiss
Derek Wiemer
Brennen Wiggins



Tara Wilke
Nicholas Willcoxen
Karyn Williams
Christopher Wilson
James Wilson
Krysta Wittibslager



Courtney Wittnebel
John Wittrock
Holly Woelfel
Lorraine Wolfe
Sarah Wolfe
Elizabeth Wolff



Naomi Wolff
Anne Woods
Blake Woodward
Jaime Woolstencroft
Tracy Wosika
Tyler Wright

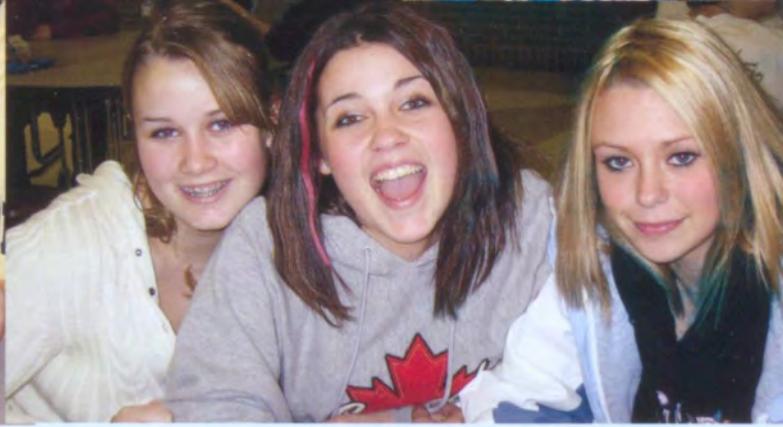
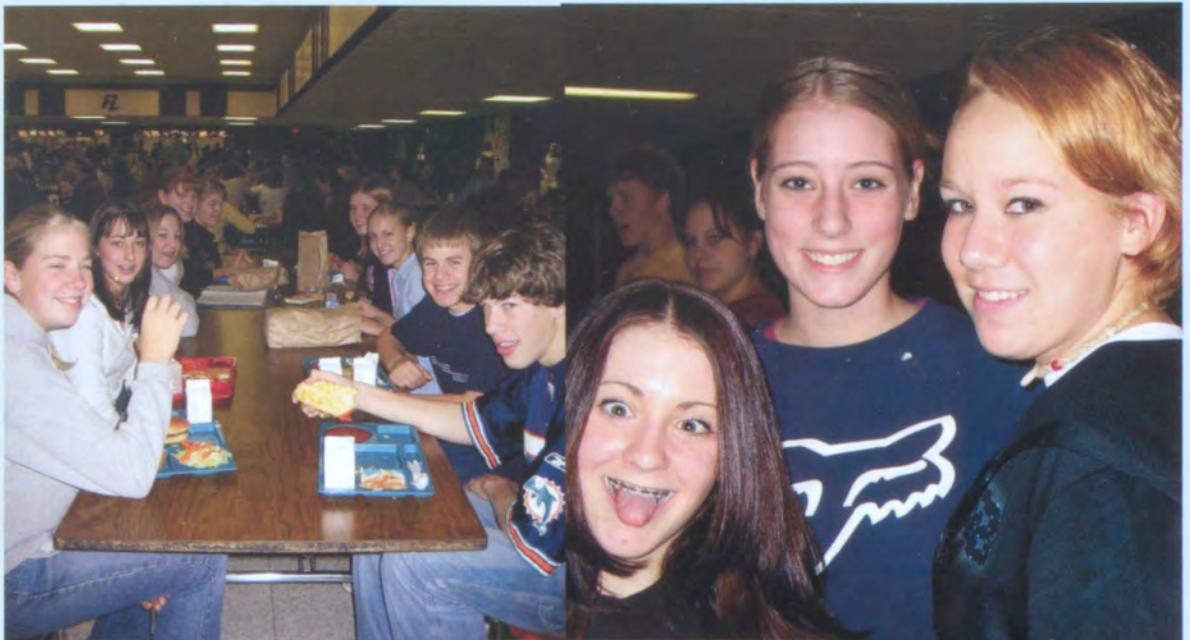


Bounmee Xiong
Samuel York
Katherin Yotter
Anna Zastrow
Brian Zauner
Erik Zentzis



Ashley Ziehl
Kristi Zielinski
Ashley Zimmerle
Rachael Zimmerman
Kevin Zimmermann





The Decision Makers



Principal:
Dr. Steven Massey



Assistant Principal:
Kim Hartung



Assistant Principal:
Don Bosch



Activities Director:
Joel Olson

This year's administration lineup was a little different from last year's. With Mark Robertson resigning, Dr. Steven Massey took the reins as our new principal. Kim Hartung and Don Bosch provided some stability by remaining our reliable Assistant Principals, along with returning Activities Director Joel Olson.

There were also some changes on the school board, with newcomer Robert Raphael. With both of the levies failing to pass - a \$2 million operating levy and a \$2 million technology levy - drastic cuts will have to be made. The school board has the difficult task of realigning the budget for next year. The next few years will continue to see changes, but that's nothing we can't handle.

~Sarah Zierke



Superintendant:
Lynn Steenblock



School Board Members:
Back row: Robert Raphael, Joe Grafft, Lynn Steenblock, Bill Bresin, Dean Barr
Front row: Susan Novak, Jody Krebs, Karen Moorhead



ASSISTANT TO
PRINCIPAL
Karen McCurdy



POLICE LIAISON
Sean Lafferty



ASSISTANT TO
ACTIVITIES
DIRECTOR
Ann Skoglund



DEANS
Julie Carver, Wendy Langer, Don Bosch, Holli Hebl,
Ben Fisher, Kim Hartung



ADMINISTRATIVE ASSISTANTS
Claudia Johnson, Carol Nelson, Michelle Grady,
Vicky Monzel, Ellen Schaal, Judy Rotach

What's the worst /
funniest excuse a
student has given you?



CAROL NELSON

"My son is late today because his rotten friends cut his bike lock, so he had to find a safe place for it."



SARA CAMERON

"A student forged a pass with my own name and I wasn't even there that day."



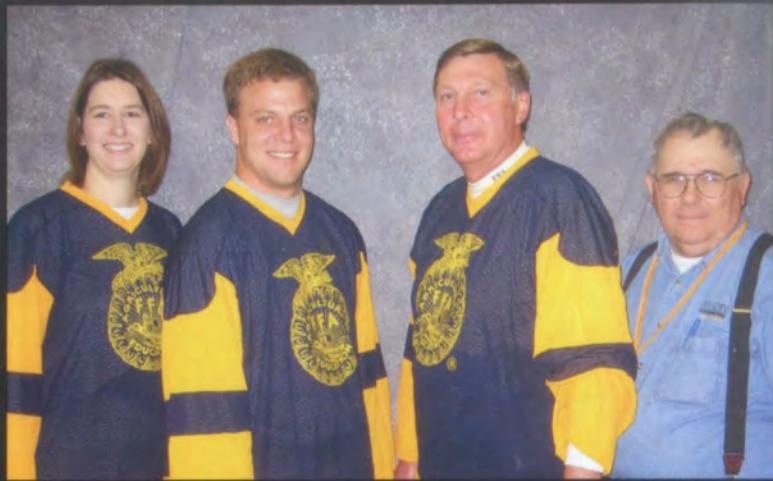
ELLEN SCHAAL

"My son will be late today because he was helping his uncle milk the cows."



GAIL LAW

"I don't mind being late because I love having detention with Mr. Chalberg."



AGRIBUSINESS

Susan Anderson, Steve Hinrichs, Bob Marzolf, Marv Ziner



ART/ PHOTO

Mary Colvin, Dana Herman, Nancy Pechmann, Maria Kaiser

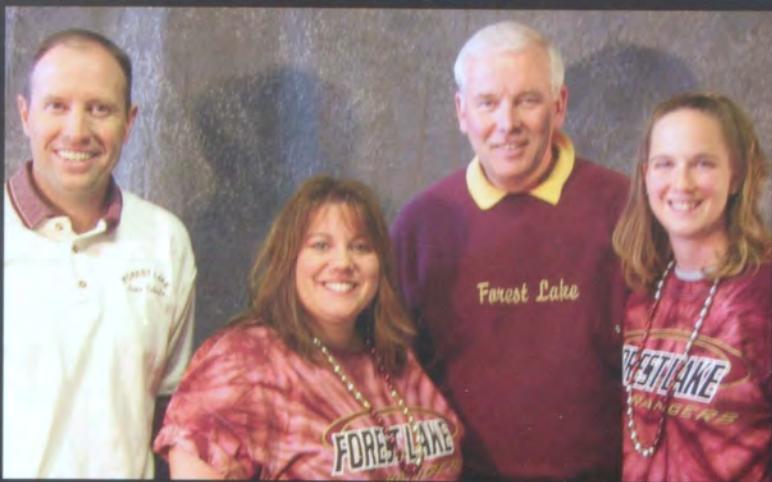


AUDIO / VISUAL

Kim Peterson,
Tammy Marshall

TECHNOLOGY

Mary Wightman,
Lee Anne Brockman



BUSINESS EDUCATION

Al Anderson, Jamie Bullock,
Tom Newell, Kristen Nellis



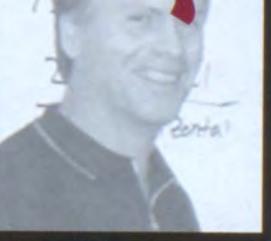
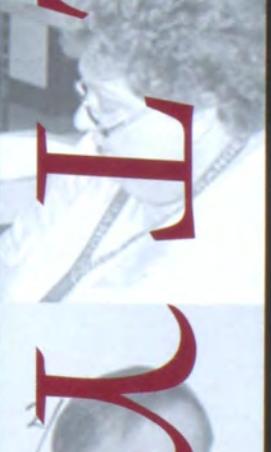
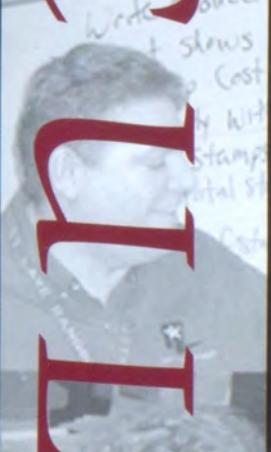
CAFETERIA

Laura Johnson, Sue Gorolon, Betty Nelson, Shonda Hartung,
Ann Chamberlin, Nancy Vollmer, Ginger Carney, Pam Rundhaug,
Corrine Wald, Margie Zopf, Judy Peterson



MAINTENANCE

Florence Peranteau, June Raykowski
Jeff Widman, Tim Burton, Bill Schwartz, John Olson



FACULTY



ENGLISH

Laura Livermore, Becky Haven, Heather Guy

Mike Bernauer, Terryl Eikren

Kari Rasmussen, Gail Law, Henry Hebert, Robyn Madson, Tim Newcomb, Dorothy Sunne,



FAMILY AND CONSUMER SCIENCE

Marilyn Orlich, Diane Dugas,

Kelly Vlach, Barbara Schellinger

What's your biggest pet peeve?



INDUSTRIAL TECH

Mike Coffee, Lyn Ruetten, Joe Jurasin,
Josh Sunnarborg, Kevin Rivard, Kelly Nicholls



MATH

Charlie Chalberg, Susan Jarrett, Nicolle Ristow, Ann Astrup
John Buck, Larry Tietje, Bill Olson, Mike Altavilla, Larry Matzdorf,



HENRY HEBERT

"I hate when kids come in right after passing time and ask for a bathroom pass."



NANCY ELLIAS

"Gymnastics kids that are out of control."



DANA HERMAN

"Kids lining up at the door."



KRISTEN NELLIS

"It bugs me when kids walk in the hall with pencils pointed up and stab me"

Teacher's Favorite Quotes



TOM HIPKINS
"Every student is a prince or princess."



HEATHER GUY
"True writing is what your mind feels, not what you think it should feel"



DON THOMPSON
"I swear"

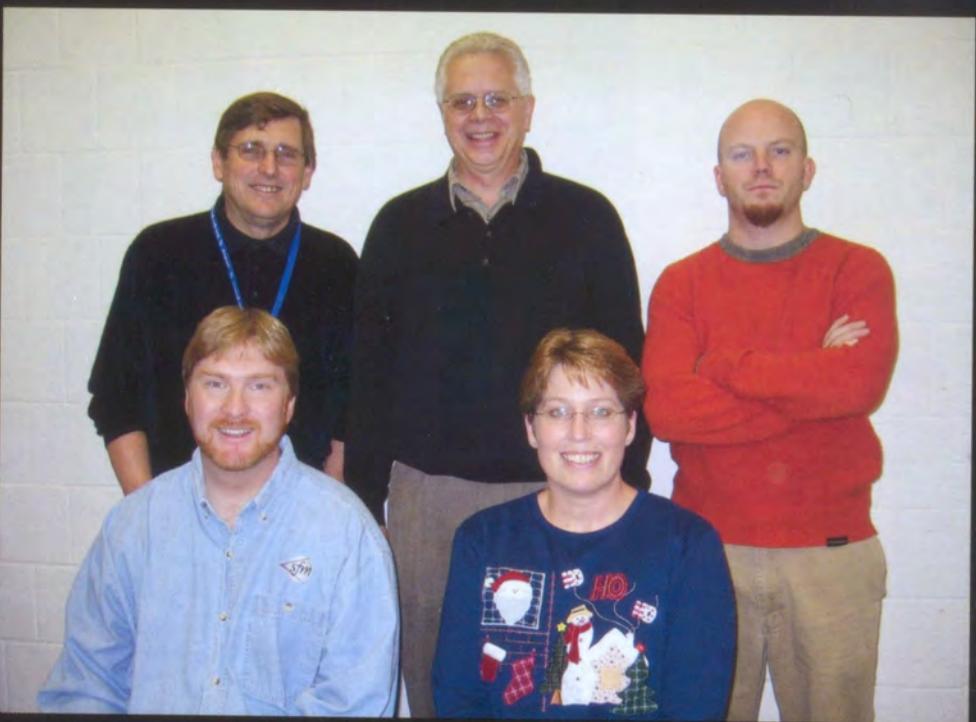


TERRY EIKREN
"You have to love life to live life"



SCIENCE

Bruce Leventhal, Rena Benedict, Judy Hill, Kristina Prescott, Cynthia Reisgraf
Brad Ward, Ryan Johnson, Jeff Lewis



MUSIC

Dave Livermore, Michelle Lynch,
Richard Hahn, Jim Lindstrom, Ben Chamberlain



CAREER RESOURCE

Val Hanstad



REGISTRAR

Janine Forrer



OCCUPATIONAL RELATIONS

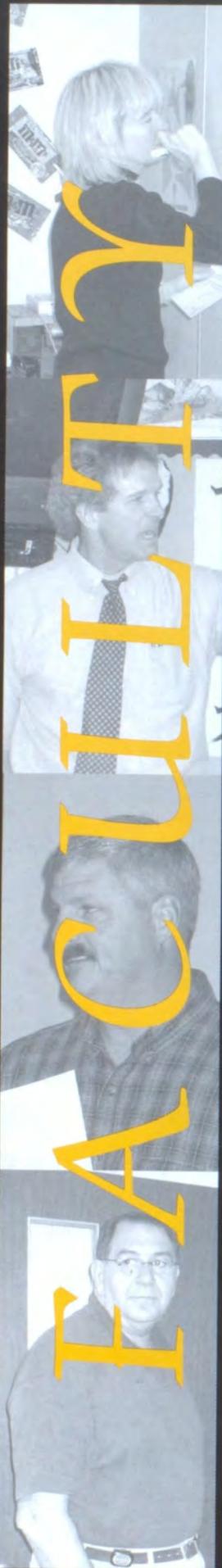
Tony Harris, Jeff Wilson



MEDIA

Sharon Wilson, Molly Seeman, Paul Karlsson





SOCIAL STUDIES

Sue Stennes-Rogness, Judy Dittberner, Sandy Teichner, Ken Mikolajczyk, Tom Hipkins, Charles Thompson, Roger Cheyne, Chuck Anderson, Don Thompson, Ron Tungseth, Sara Cameron, William McElrath

Not Pictured: Rich Elliot



SPECIAL EDUCATION

Jennifer Hreha, Janelle Kendrick, Joel-Lynn Tinklenberg, Colleen Collins, Scott Roehm, Patrick Elias, Theresa Snodie, Brenda Swanson, Charles Hiner



PHYSICAL EDUCATION

Jim Herman, Nancy Elias
Dan Forsythe, Bill Streeter, Chuck Gunderson

Not Pictured: Bob Dettmer



WORLD LANGUAGES

Anne Dahl, Kelly Wing, Coleen Colton
Laura Schuster, Megan Espe-Och, Sara Hartman

Not Pictured: Kristin Gorczynski

What is the most unique way a student has cheated in class?



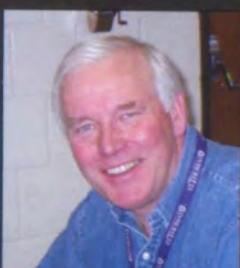
CHUCK ANDERSON
"A kid rolled up a piece of paper and stuck it in their ear."



NANCY PECHMANN
"A kid stole a pot from me and then turned it in as his own"



JOE JURASIN
"Some kids steal doors, sand off the name, then engrave their own name into the project. One kid turned in a project with four different names engraved in it"



TOM NEWELL
"In my class notebooks can be used on major tests, and one kid wrote all the answers on his arms and legs. I asked him halfway through the test why he didn't just write them in his notebook. He was so embarrassed."



BEHAVIOR SPECIALISTS
Cindy Jones, Jennifer Rangitsch, Pamela Mercer



PARA PROFESSIONALS
Julie Busby, Theresa Gibson, Connie Carufel, Roxie Stangeland
Kris Kne, Joey Severson, Kay Greenlun, Chad Erichsrud

Not Pictured: Linda Welch, Lisa Meyers, Carol Suess, Char Wodaszewski,
Mary Anderson, Sue Doe, Jill McLeod

ADS FOR GRADS

Katherine Emily Flohr



You will always be cute as a Bug! We are very proud of you and know you will always be successful in what ever you do. You are our Princess. We love you very much!
XOXO Dad & Deb

Justina Clifford



Justina, thank you for being the BEST daughter ever! You have blessed our life with love, laughter and lots of energy. We stand in grateful awe at the person you've become! Keep smiling that beautiful smile and hold tight to your faith, for we know God has great plans in store for your future!! Love you! Dad & Mom

Tommy Frericks



Thanks for all the great memories, Son. We love you and are proud of you! Keep smiling! God Bless You! Mom and Dad



Greg, We are very proud of you! Congratulations, the future is all yours! Love, Mom, Dad & Jeff

Greg Steele

Chris Duff

Chris, we couldn't possibly be more proud of you. You're the best. Thank you for being you. Love Mom, Dad, and Nicole



Congratulations on your accomplishments during your high school years. You have made us so very proud. Best of luck to you in your future life. Keep smiling! Love, Mom, Dad and Ian

Kristina Simpson



Ashli Alsaker

Hey "Peaches" - You're big now but just as special. We'll always be proud of you. Stay your sweet loving self and you'll reach all your goals.

Congratulations!
Love Mom and Dad



Rachel Goossens



You have been such a joy to us. And what a wonderful young woman you've grown to be. We are so proud of you. Love always, Mom & Dad

Ashley Tackes

Ashley, you are a fantastic daughter & sister, a loving person and a wonderful friend. Don't be afraid of the future - Conquer it! We Love you so much, Dad & Mom, Alicia



Lauren Ashley Parkos



We are very proud of you. We love your sparkle personality and your big smile all the time. You have the courage to be your own person and will succeed in all you do.

Michael Harris

You'll always be 'Marvel-ous' in my eyes! Love, Mom, Good job! Congratulations! Love, Isaac. Congratulations Michael! I Love You, Bridgette. I am so proud of you! You're the best Biggest brother! Love, Emily. "And so it begins...be strong, be smart, - Tobi. When others see a Shepherd boy, God may see a king. I do. Love, Dad. Remember Jerem iah 29:11.

Ashley Handstad



"Our Sunshine" - Intelligent, beautiful, and sweet, a winning combination! We are so proud of you! "Shoot for the moon. Even if you miss, you'll land among the stars." - Les Brown All our love, Mom, Daddy, & Kyle

Amanda Gregerson



Amanda, You have filled our lives with love and laughter. You are a special person who has made us very proud. You will be a success at everything you do.
All our love,
Mom, Dad and Justin



Congratulations!
We are very proud
of you

Love,
Mom & Dad

Jake Robinson



Missy

You will always be our "Sweet Little Missy Morise." We are so proud of you

We love you
Dad, Mom, Sarah & Mandy

Missy Pillia

Sean Kandel

You have made our life interesting and fun. Thank you for being a great son. Good luck and much happiness. Congratulations

Mom, Dad, Melissa



Emily Leitner

Emily, I guess will not be "Emmy Wee Wee" or "Emmies" any longer. You were ONCE a beautiful baby and now a lovely young lady. Your family will miss having you around full time but the time has come to share you with the rest of the world.



Heather Glewwe



I wake up one morning and you stood beside me, not small and holding my hand but shoulder to shoulder. Your head held high. I never dreamt I'd have such a wonderful gift from God.

...Mamma...

Matt Stevens



Always keep your spirit and laughter. Follow your heart & dreams. Be the best firefighter.

Thanks for the memories! Proud of you!
Love Mom, Dad, & Kate

For Sam Sohm
Congratulations Bud, I always knew you had a zest for life, take that zest and your faith and live each moment to the fullest. Be the warrior that God made you to be. Ephesians 6:10-19.
Love You, Dad, Christine, Katie, and Jenna

Samuel Sohm



Chris, We are so proud of you! You are God's Gift to us. We believe in you and stand with you as you develop and use your gifts for God's glory.
We love you, Mom and Dad and Tyler

Christopher Kleinhuijen

Courtney Beth Mettling



You have brought us many years of great joy. We know you will succeed in any path you choose.

Mom & Dad
(all family)

Jenna Williams



From "Pairs" to prom
From Trikes to Cars
Just wanted to let you know
How proud of you we are.
Love,
Mom & Dad

Jacob Leroux



Jacob, It's hard to believe you are already a senior. We are so proud of you and all your accomplishments. You are always a fun son and brother.
Love you,
Mom, Dad, Sisters & Brothers

Tiana Lundstrom



What a joy you bring to us! We've watched you grow from our little beaner to a beautiful young lady. We are very proud of you, and all that you've accomplished. We are behind you no matter what path you decide to take. Go for it! We love you.
Mom & Dad



Congratulations our little Ballerina - Thanks for all the wonderful memories. It has been a joy to watch you grow. You have made us so proud
Love Mom, Dad & Becky

Kelly Marie Hansen

Jason, you have matured into such a wonderful, talented & responsible young man. We have enjoyed following your theater & speech careers in high school & are so impressed that you took on the challenge of doing PSEO at the U of M for your senior year. We're so proud of you! Blessings on your future!
Love,
Mom, Dad, Jennifer & Melissa



Jason Geving

Thank you for being a wonderful Son and Brother. We are so proud of you!
Love,
Dad, Mom and Bonnie



Justin Berg

Court's you made it! You are such a blessing From above. It has been SUCH a Honor to be at your side. From Preschool-cutie to High School Beauty, you have risen above so many challenges! You can do anything! Jesus Loves you and SO DO I! The mama



A cowboy, a soldier or a race car driver? Well, Soldier it is! We'll miss you while you're away but are extremely proud of your decision.
Love, Mom & Dad

Kyle Finnegan

Justin Breidel



Justin Scott Breidel From day one I always knew you were going somewhere in life. But I never knew the day would come so fast, you have worked so hard to get where you are and I am so proud of you!!! May your future hold bright to all of your dreams and plans.

I love you Bigbird !! Love Mom



Lisa Renollet

Lisa; God gave me a precious gift in you!! You have brightened this world with your smile since the day you were born. I am so proud of you!! As

you continue on in this world with all its ups & downs, remember... Jesus is always there for you (your family too) and you will always be loved.

Love, Mom Psalm 91:11,12

Kelly Dobihal



Remember two things; trust in God and Live your dreams. We are very proud of you! Congratulations . Love, Mom and Dad

Jacob C Brown



Congratulations on reaching this milestone. It's just the beginning so go get 'em Tiger.
Love, Dad & Mom

To our Sarah-Beara:
We are so proud of you & all your accomplishments!
We hope you always enjoy life as much as in this picture!
Love, Mom & Dad



Sarah Zierke

Brianna & Laura McMahon

Co-pilots from the start! Thanks for a wonderful ride. Good luck on the rest of your journeys!
*We love you,
Your family*



Chris Swanson

Chris, you are truly a gift from God! It has been a privilege to experience your metamorphosis from a precious little boy to such a wonderful young man. You have been blessed with intelligence, perseverance and an insatiable thirst for knowledge. Congratulations on your accomplishments. I am so proud of these achievements as well as your high standards of morality interwoven in all of your affairs. Continue to let God guide you and you will achieve your goals and have a wonderful life! Love, Mom



Erica B. Fisher



You have always been a unique and independent person and through the years have grown into a beautiful young woman. We

have enjoyed our travels with you through the years and hope you treasure those memories as we do. You have developed many strengths and we are confident that you'd do well at whatever endeavor you choose. Be true to yourself and be all that you can be. We'll love you always and be here for you. Love, Mom & Dad

With your intelligence, ambition and compassion, there is nothing you can't do. Reach for the stars. Our world is a better place because of you. Keep smiling and never lose that S-P-I-R-I-T!! Love, Mom, Dad and Matt



Josh Lindblom



You were precious to us way back then "Buggins," now you're graduating and we couldn't be more proud! Keep smiling and stay determined and your future will be bright! We love you and we're proud of you! Love, Mom and Dad

We love you very much Jenna!
Mom & Dad



Jenna Gestson



Scott and Jeff. We are so proud of both of you! From the very beginning you guys have been buddies. You have made your parents so proud with your

accomplishments in school and as co-captains of the Boys Swimming Team. We wish you every success in college and wherever life takes you two. Love from your Mom's and Dad's

Scott Thomas & Jeffrey Sandager

Stephanie Hauer



You have always been a very beautiful girl and you will always be a very beautiful woman! We are all extremely proud of you and love you very much!
Congratulations!
Love, Your family

Molly Slipka



Life is full of surprises and you never know what they may be.
You are a lucky one because you have always known that caring and teaching children is what you love most.
It is time to fly—you have all the equipment. Good luck in college, and the choices you make.
We love you always,
Mom and Dad



Cassie, you're ready to take on any task big or small & it will get you 100% attention. We as parents are very proud of you and all that you have taught us.
Congratulations on your accomplishments & the best is yet to come.

Cassandra Anderson

Joshua Mishler



You've had some Bumps & Bruzes along the way, but you made it! We are very proud of you. We love you very much. Dad, Mom, & Jesse

David Comparetto

David Robert Michael Comparetto,
You are a joy to our lives. We are so
proud of you. You offer so much to
others. You have such a big heart. We
are truly blessed to have you. All our
love, Mom



Always our princess Love, Mom, John
& Grandma



Katie Thomas

At 1 years old you were so mellow and
love your dog's. We can still see that in
you. There is not enough room on this
paper to let you know how proud we
are. You are loved so much. Always
remember good times. Basketball
friends. Billy's Benefit, Tailgating.
Love: Mom & Dad



Bridget Tilton



We are so proud of
your
accomplishments.
Live your life to the
fullest and best of
luck in the years to
come.
Love,
Dad, Mom, Sean,
Lindsey, and
Madison



Joe, you have
brought us great
Joy and Happiness
these past 18 years.
We are proud of all
your
accomplishments
and proud of the
person you have
become. We love
you Joe - Your
Family

Joseph Lindeberg

Katie Willis



Rainbows are people whose lives are
bright, shining examples for others so
keep shining. We are so proud of you!
Love, Mom, Dad, & Jess

Corey Docken



Dear Corey,
You've
always been
successful in
everything
you do. We
are so proud
of you. God
bless.
Love always,
Dad, Mom,
& Chris

Tony Lokken



Tony, You have come a long way and
we are very proud of you. Keep up the
great work now and when you continue
your education at Pine Tech. You're
the best! Love, Mom & Dad

Sarah Salmela



Your life is just beginning. Remember
it is a journey, not a destination. Be wise
but have fun and be willing to laugh at
yourself at least you'll have better hair
days! We're proud of who you are and
the woman you are becoming. Love,
Dad & Karen



Jessup Schiks

We are so proud of you! All our love,
Mom, Dad & Justin

Rachel Turry



Rachel, your middle name suits you
well! Since the day you were born you
have given us great "joy" with your
huge smiles, big laughs, and fun-loving
nature! We are very proud of you and
your successes! "Seize the moment!"
Love you, Mom, Dad, Angela, and
Ryan.

Andrea Lehner



Andrea -
Congratulations!
We are so proud of
all your
accomplishments
and your
determination to be
the best you can be.
Follow your
dreams and reach
for the stars. We
Love You! Mom,
Dad and Caitlin

Rachel Martin

Rach - As we've said so many times - We are so proud of you!

You always thought these were sunglasses, but they're really our Hearts reflecting back at you our love!!! Best wishes on a wonderful future. We know you can accomplish anything you set your mind to. Love Mom & Kevin



Katie Rose Hollerbach
Congratulations to mom and dad's little girl. We're proud of both your scholastic and athletic achievements and truly believe that you will reach all of your goals. We love you, Mom, Dad, Tyler and Ted

Katie Hollerbach

Sean Casey



Our baby boy, Our pride and joy. No longer a boy, still our pride and joy.
Pride in your accomplishments - with art, music and academics. Joy in your characteristics - your kindness and caring, your sense of humor, and your ideals of hard work and fair play. We have been blessed with you. We pray you will be blessed in all you do. We love you so, Dad and Mom

Kelly Jo Waldock



Every day you brighten our lives with Joy & laughter. The future is waiting for you Kelly Jo! Your strength & determination will take you to wherever you want to be. We Love you - Mom & Dad, Ryan & Katie

Matthew Haider

Matthew, you have been such a blessing in our lives. Thank you for sharing your gifts so freely and bringing such happiness to so many people. We are so proud of you & love you so much. "Oh! The Places you'll go" "We wish you joy and happiness but above all this we wish you love". We are always here for you! Love, Dad, Mom, Jacob, Jared & Andrew



Becky Daschel

You & Mami have come a long way. We are so proud of all you have accomplished & become over the years. You were truly a gift to us & like all gifts we must now give you to the world. May God always be beside you and all of your dreams come true.

Love, Mom & Dad

Laura Grubbs



Laura, Nothing has been more rewarding than seeing you take your place in the world, sharing in all your accomplishments, believing in you and your dreams... Nothing has been more important than being a part of your life, because nothing has been more wonderful than having you for our daughter. Love you, Mom & Dad

Laura Joachim

Go for it, Laura! We are behind you all the way! Love you lots! Dad, Mom and Paul



Tom Tauzell

To Our Grandson - What a great journey it has been with you. In every aspect of your life, you have blessed us and made us proud. Your desire to learn, whether in school, in life, or on some hunting or fishing venture, you have given it 100% and came out shining. Carry on with pride and happiness, and remember, we will always be by your side. Keep your stick in the air! Love, Dad, Mom and Brian



God blessed us when he gave us you! I know in my heart you will go far in life. Wherever you go and whatever you do we will always love you! You are the best. Love you a lot, Mom & Dad



Renee Johnson



Congratulations Nicole! From the beginning you have charmed us with your smile and zest for life. You are truly a blessing in all of our lives.

Love, Dad, Mom, Anna, Pete, Will and Grace

Nicole Zastrow

Ashley Erzar



After 13 years of school you finally made it. You do good Ash. Oh yea Dad says YOU'RE PRETTY!! Love you Mom & Dad

Chad Eiken

We are proud
and Honored to
be your parents
and we love you
very much -
Love Mom and
Dad



Angela Mulcahy



You've made us so very proud. With the strength, spirit and heart of a thoroughbred we know you will succeed in all you do. Your Best Ride is yet to come.

Love, Mom, Dad & Andy



We are Proud of
your hard work and
accomplishments.
May you dance
through the next
phase of your life.

Anna DeRaad

Luke Kjellberg



So far so good; you've made us very proud. Just remember that if you're happy you're doing it right. Love, Mom & Dad

Mark Arcand



Mark, we have enjoyed every day with you the last 18 years. Congratulations. We're proud of the young man you have grown into. Keep smiling and follow your dreams. Love, Mom, Dad, Brian and Nate

Madeline Ann Baatz



Maddie. For all you have been For all you are now. For all you will become. We are eternally grateful. We love you. Mom and Dad

Kyle Braun



The Beach Boy of Pensacola has ridden the waves of success and won. We are proud of all of your accomplishments. Love, Dad, Mom, Natalie and Archie

Ryan, you have filled our lives with so much happiness. Congratulations! May all your dreams come true.

Love, Mom, Dad and Kyle



Ryan Lewis



Rachel, Your life parallels that of a caterpillar, we see the work and preparation you've done for your transformation. You've turned into a beautiful butterfly. It takes courage to push yourself to places that you have never been before, testing your limits and breaking through barriers will be rewarding. With the confidence you have in yourself and not being afraid of failure, you will learn much and go far in your lifetime. We love you and are very proud of you. Mom & Dad

Rachel C. Kissner

Sarah Anello



Your family loves you inside and out. We are so proud of your contributions to the community and for all of your accomplishments. The values you hold will get you far...so hold on to them. Our only wish is your happiness. Please keep that great smile God gave you, and follow all of your dreams. We love you Mom, Dad & Kristi

Ashley Richter



We're all so proud of you Ash!! We know you'll do great in anything you do and remember we'll always be there for you. Love you, Mom, Dad & Justin

Nicholas Hafele



Nick, you have grown into a terrific young man. We couldn't be more proud of you. We wish you continued success at college and always. Congrats Schnick! You did it! Love, Dad, Mom, Rachel, Missy, Libby, Bear, Bogey & Cheese

Amanda Buol

Amanda, we are so proud of you. God blessed us so much when he sent us you. We love you so much. God bless and keep you safe always. Love Always, Mom and Dad.



Kyle Vollrath

Kyle, when you were a baby you were an outgoing, loving, full of fun and mischief. You've grown into a warm, caring, giving man. God truly Blessed me, when he gave you to me. I love you! Mom



Pumpkin, you've been such a wonderful daughter, it has been exciting to watch you grow and to see your accomplishments. We know your future will be bright and full of adventure. Love Mom, Dad, Megan & Lucky too!

Matthew Fredrickson



Matt, your sense of humor and zest for life bring joy to everyone you meet. Continue to be your same wonderful self, and "dare" to follow your dreams! Love, Mom and Dad

Amy Husfeldt

Amy - We couldn't be more proud of your accomplishments & determination to be the best person you can be. We love you very much! Good luck in college. Love Mom, Dad, Ann & Abby



Paul Franssen

We thought you were a little devil... but you turned out to be an angel instead. We love you! Mom & Dad



Jonathan Kirschenman

Life has no promises or no guarantees. It holds many choices, chances and opportunities. Utilize your God given abilities. Make your dreams come true. We are so proud of you and for all the happiness you've brought to our lives. Love Mom and Dad



Beth LaCroix



We hope you will always be able to see the world as through the eyes of a child - rich in unbridled enthusiasm and joy. Love, Mom & Dad

Dan Garritsen



To our best Bud..., we wish you happiness, love, and success beyond measure. In life, don't dream it, be it. Thanks for the smiles and laughter through the years. Always remember that we care and that you are important in our lives. Never forget that "you're a good boy." Love and hugs forever, Mom & Dad

Katy E. Hallberg



What an adorable baby you were; what a beautiful woman you are becoming. The sky's the limit for you! God bless, Mom, Dad & Becca

Nikki Moen



Nikki (kiki) Moen, The lake, friends, love, sports, Jim Carrey, family, Nelly, traveling, dolphins, movies, sandwiches, shopping... Thanks for including us in your life! Love you always. Mom & Dad

Kellie Hames

God blessed you with so many gifts. We are very proud of you and look forward to your future success. Love Mom, Dad, Kyle & Jake



Jeff Fleischhacker



Alicia Broker

Alicia Broker It seems like just yesterday you were so little. Along your life journey you have grown into a beautiful intelligent & gracious young woman. We love you and want only the best for you. You make us so proud!

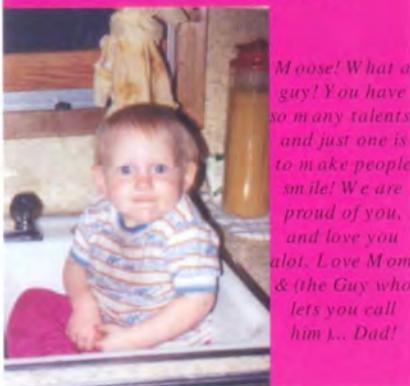
Love, Mom & Amanda



Brian Maloney

Cowabunga Dude!!! We are so proud of you and your student and athletic achievements. Love ya Lots!!! Mom and Dad

Moose Stream



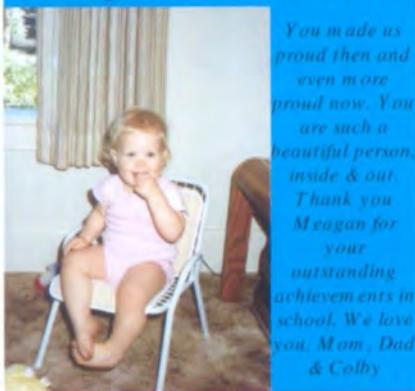
Moose! What a guy! You have so many talents, and just one is to make people smile! We are proud of you, and love you a lot. Love Mom & (the Guy who lets you call him)... Dad!

Adam V. Zopf



From the soft lullabies we use to sing, to the heavy metal bands you listen to now. May you always have beautiful melodies and perfect harmony in your life. We love you A. Z. Dad, Sarah & the "Great Moose."

Meagan Lea Wilson



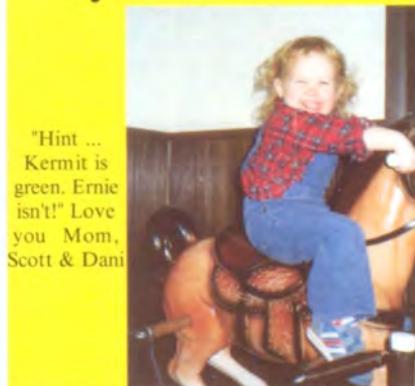
You made us proud then and even more proud now. You are such a beautiful person inside & out. Thank you Meagan for your outstanding achievements in school. We love you, Mom, Dad & Colby

Danielle Grosz



Best wishes, Danielle. We love you!!!

Jynelle Gorka



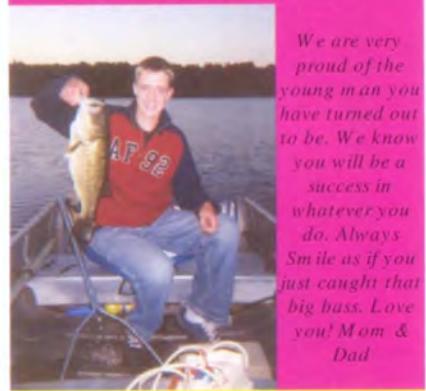
"Hint ... Kermit is green. Ernie isn't!" Love you Mom, Scott & Dani

Hi Kal! We are very proud of you! Now you have your lifetime ahead to decide what to do. Follow your heart and dreams of a future to explore. Be successful, productive and always strive for more! We wish you to be happy and wisely choose your destination. Be creative, thoughtful, and use your imagination! Good luck, and all our love to you, Kal! Love Dad, Mom, and Weston



Kal Kotoski

Aaron Barnes



We are very proud of the young man you have turned out to be. We know you will be a success in whatever you do. Always Smile as if you just caught that big bass. Love you! Mom & Dad

We are so proud of you Jen. You have challenged and inspired us and yourself in many ways. As you look towards the future remember always how important and wonderful you are. The world awaits your special gifts. Love, Dad, Mom, Naomi, Chelsea

Jen Doriott



Your final year has arrived, and as we look back on your commitment and accomplishments, it fills our hearts with pride. Congratulations. We Love you Shawna! Dad, Mom and Alyssa



Shawna Smith

Meagan Sarah Anderson



Congratulations & Good Luck - Your kindness, gentleness & positive nature will take you far! Love Mom, Dad & The Boys

Jessica Boerum

We are so proud of you. Keep smiling Jessica, you bring happiness to everyone you meet. Love Mom & Dad



Sam Chaussee



Sam, From your first day of pre-school to your last days of high school - and beyond - we'll always love you. Mom & Dad

Angela L. Stokes

I respect you for gaining something I let go of: a diploma! Good luck - Love Mom



Michelle Remackel



Congratulations Michelle! We are so proud of you.. Both your accomplishments and the person you are. With your attitude and willingness, you can do anything you set your heart on. Love, Mom, Suzy and Kim

Brittany Stuber



Your smile warms our hearts! We love you, Britty Boo!! Mom & Dad

Amy Yetter



We are so proud of you! You've accomplished so much and set the stage for great things to come. Enjoy life and reach for the stars. We love you!!! Dad, Mom, and Brandon

Tanya Brown



With these wheels beneath your feet & the beads around your neck - your free spirit brought you many laps around the block. You've grown to show your endurance for every mile by caring, respecting & touching the people in your life. You mature each day for the miles ahead. Don't forget your attitude; we're so proud of you Punky. Love, Mom, Dad, Nana & Papa

Brian Meyer



Brian - Since you were little you have always been determined and so strong willed. Continue to use that in a positive way. You can go anywhere and do anything. We are very proud of you! God Bless you always. Love, Mom & Dad

Laura Butchko



Laura: We always have and always will want the very best for you. We will Love you forever. Mom, Dad, Matt, Mike.

Amy Fisher



Congratulations, Princess! We are so proud of all you have achieved. Your future possibilities endless. Love Mom & Dad

Michael H. Beebe



Dear Michael, Congratulations on your graduation and all the success you've had in school. We know you will have continued success in whatever direction you go. God bless you on your way! Love, Mom, Dad, Matthew, Allison

Laura Shoberg



We are proud of you, Lou! We have enjoyed watching you mature into a beautiful young lady! God bless you on your journey! You are an angel!!! Love, Dad and Mom

Jennifer Anderson



We are very proud of your accomplishments during high school. It was hard enough to start a new school system after moving from Germany in 2000. You are our sunshine. Love Mom, Dad, Jesse, Swen & Family

Kayle Lewellen



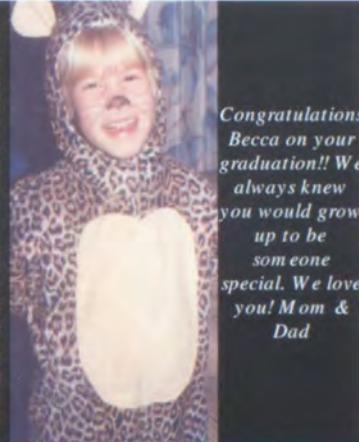
Kayle, the challenges you've had in your youth have given you a strong will & passion. We've had so much fun watching you grow. Now as a senior & a young man, we are very proud of you. We know you will live life to the fullest and pursue your dreams. We Love you. Dad & Mom

Dawn Loise Kichler



Dawn even when you were young Your smile and twinkle in your eyes made the days special. Thanks for not changing that special glow. Love you always Mom 2004

Rebecca Nicklason



Congratulations Becca on your graduation!! We always knew you would grow up to be someone special. We love you! Mom & Dad

Scott Butler



Scott - We can't tell you how much fun it has been watching you grow up, you have made us so proud. You have grown from our little Hockey player and Boy Scout into a fine young man. The world is yours to enjoy, have fun and make the most of each and every day. We know you will be successful in whatever it is you choose to do. Don't forget to show that great smile. Love, Dad, Mom & Sharr

Coral Brevig



Wow! Your talents and wit have been remarkable! The things you have done in your life have made stepping stones into your future. Our love & support always. PROUD TO BE MADY (Mommy & Daddy)

Kelly Thacker



Katie, we couldn't be more proud of you! You are destined for success with your big heart and great artistic talent. Love ya - Mom, Dad, Nick and Lindsay.

Careth Sorenson



Haparno - You are one of life's amazing gifts! Thanks for all the beauty you add to our lives, to our family, and to our home. Mamano & Ho

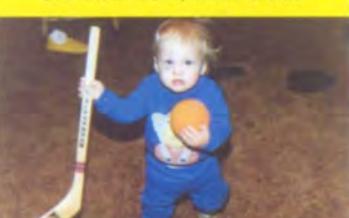
Jessica Marie Rehak



Congratulations! Beans, You have grown into such a beautiful young lady. The years have gone too fast. We are so proud of you and all you have accomplished. May all your dreams come true. We Love you. Mom, Dad and Tim.

Since you were young, It has always been fun I think you tried everything under the sun From Sports, fun, and friends we gave you the chance The only thing left is to get some new pants Your future looks bright, to us your such a delight Now go and shine your light and work with all your might God Bless. Love, Mum & Dad

Justin Ledman



Cassandra Dee Brandt



You are a beautiful package of wonderful gifts: intelligence, humor, musician, caring and giving. We pray for you all the best that life can offer. Remember to smile everyday and let God guide your way. All our love, Mom and Dad

Katrina Brandt

As a baby, you brought us so much joy - As a toddler, you made us smile - Throughout the years you've given us memories - To last a long, long while. - As a daughter, you've made us very proud - As a sister, you're the best - You've always acted so grown up - And stood out from the rest. - As your future stands before you - As you make your dreams come true - Please know how very proud we are - And How much we all love you. - Our love and support forever, Mookie - Dad, Mom., Kari and Ryan



Janna Morris

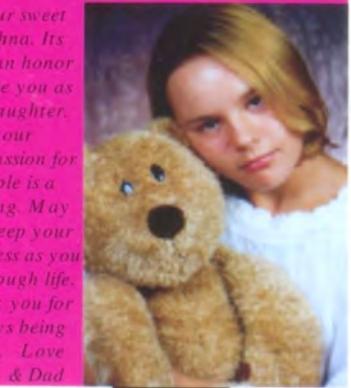


"Hello World, here I am! I'd like to get my point across. Are you listening? See my hands, they have paint on them! Real paint! See?"
Janna, you have been eager to share your thoughts with the world since you were a dot.

And we, as a part of your world, were impressed with how much you had to say and do. From the start you have been so original and creative, dependable and spontaneous, determined but not bossy or inflexible, full of integrity and respect for others, and positive but discerning. You will continue to be an ever more multifaceted person as you grow. It has been a blast watching you grow up.
We love you, Mom and Dad and Roman and Lucy

Savahna Sperle

To our sweet Savahna. Its been an honor to have you as our daughter. Your compassion for people is a blessing. May you keep your sweetness as you go through life. Thank you for always being there. Love Mom & Dad



Allison D. Mericle

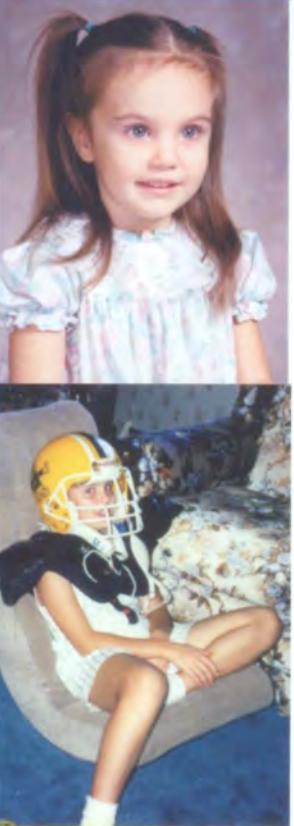


We are so proud of you and all your accomplishments. You are beautiful in and out. You can do anything you put your mind to. We all love you very much. Love Mom & Dad

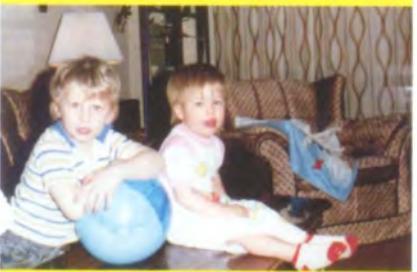
Molly Trombley

Your high school years haven't been easy with moving but you've met the challenges and succeeded beyond our hopes. You have an inner strength, great sense of humor and strong faith that we admire and cherish. Our little sports "jock" is a young lady and your goals are all within your reach.

Love, Dad, Mom, Nick, Luke, Mindy



Brad and Bobbi Ouradnik



Brad and Bobbi Ouradnik Congratulations. We are proud of you Both and love you very much. Good luck in the future Love Mom, Dad, Jake, Corey

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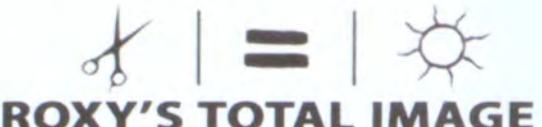
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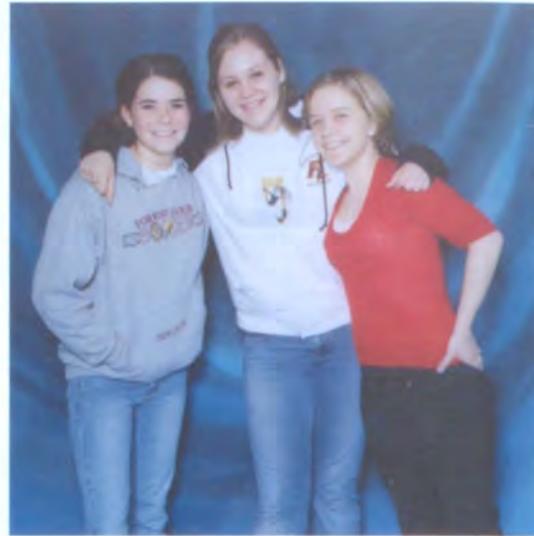
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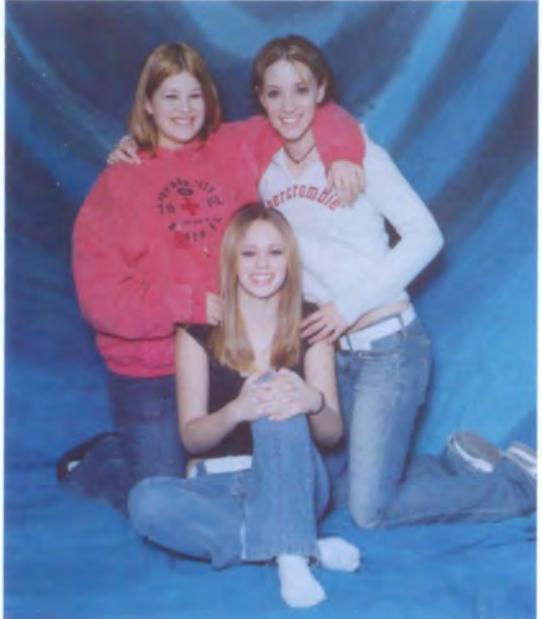
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BEST IN YOUR FUTURE.
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AS IF IT WAS YOUR FIRST.





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JV TEAMS

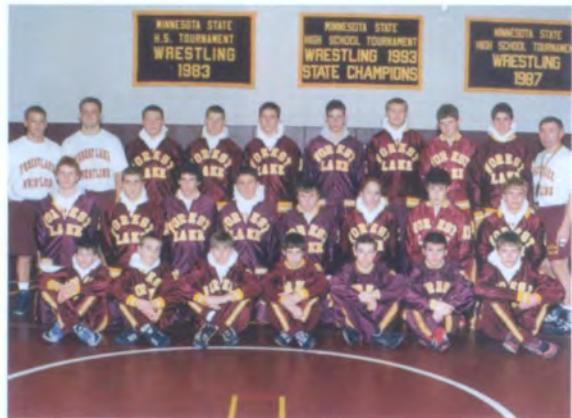


SOPHOMORE BASKETBALL:

Row 1: C. Rotach, J. Brookes, C. Rupar, J. Raasch, A. Tetzlaff **Row 2:** M. Halavac, D. Cromwell, J. Jasicki, J. Haider, E. Zentzis, M. Minnig

JV WRESTLING:

Row 1: S. Saxe, T. Loch, M. Joyer, T. Lichtscheidl, J. Peltier, J. Hofmann, M. O'Brien. **Row 2:** G. Cass, L. Smith, D. Medina, J. Lipp, C. Pringle, E. Kim, T. Schultz. **Row 3:** C. Smeby, T. Osterbauer, J. Shanda, D. Bentley, C. Eibensteiner, L. Munkelwitz



JV VOLLEYBALL:

Row 1: R. Anderson, S. Kellerhuis, S. Ferderer, S. Dittberner, J. Anderson **Row 2:** M. Falck, K. Overton, A. Gaustad, J. Jimenez, A. Knoop, S. Lipp

SOPHOMORE BASKETBALL:

A. Garrity, J. Janoski, D. Gibson, K. Lind, S. Shogren, L. Mollen, M. Secor, K. Behr, S. Robinson, C. Reeck, H. Grundhofer





SOPHOMORE VOLLEYBALL:

Row 1: J. Jenson, K. McArthur, M. Kohs, A. McKinnon, A. Morris Row 2: B. Keller, C. Trenti, K. Bohnen, K. Haines, A. Kissner

SOPHOMORE FOOTBALL:

Row 1: L. Haessly, J. Schultz, T. Lichtscheidl, K. Johnson, P. Taylor, R. Edelman, D. Tyler, N. Uram, K. Rivet. Row 2: S. Esget, B. Crowley, R. Turry, D. Olsen, A. Tetzlaff, A. Quehl, T. Kubes, J. Kolbow, A. Boerum, J. Kolbow. Row 3: G. McLaughlin, C. Vogel, R. Elliot. Row 4: T. Peterson, D. Kendrick, Z. Killingbeck, W. Giddings, D. Wiemer, J. Berry, D. Medina, S. Claeson, E. Snyder. Row 4: J. Agnes, D. Bentley, B. Elfelt, J. Jasicki, N. Robertson, M. Lund, J. Renstrom, J. Kalhagen, M. Grothe, G. Cass



JV TENNIS:

Row 1: A. Jochim, K. Koalska, C. Sager, C. Schmidt, S. Meyers, M. Nelson, K. Mcardle, Q. Patchin. Row 2: E. Klein, C. Ellingson, M. Raasch, H. Grundhofer, L. Caine, J. Alexander, C. Kettler, H. Hazzard, C. Wittnebel.



JV TEAMS

All 4 Color

As the printing press starts to slow and our yearbook is coming to an end so is our year here at Forest Lake.

The freshmen, who have one layer complete, will soon embark on their journey through High School.

The sophomores, with half of their layers complete, will no longer have to be the underclassmen.

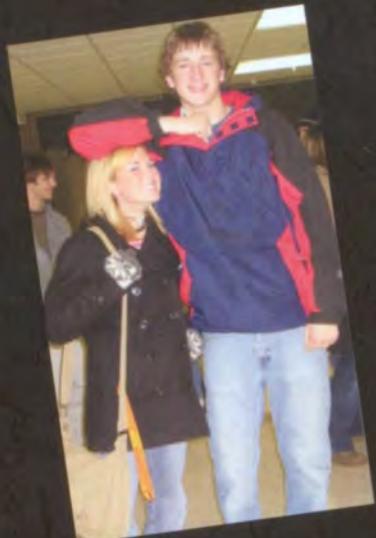
The juniors with one more layer to go, realize that they too will soon have to face their future.

The seniors, who have all four layers complete, can reflect on the past and appreciate all that high school had to offer. They start to realize that things are going to change and they will have to say goodbye to many familiar things. Now they are faced with the future and what to do next.

So just as it takes four layers of color to complete a picture, the four years of high school help shape the rest of your life.

~Courtney Marr and Katie Carlson

Seniors Justin Breidel and Samantha Westcott whip up a batch of stir fry in Food Choices.



Seniors Andrea Lebner and Karl Kloos showing off their difference in height.



Junior David Charles shows Junior Joseph McCurdy and Senior Erik Stromberg how their woods project is done.



Nominees for the Frozen Formal Royalty Sophomores Sean Tilton and Jessica Pitts just finished serving "B" lunch.



Juniors Kevin Spiess and Ryan Meyembourg get in a little extra time fixing their Polaris snowmobile.

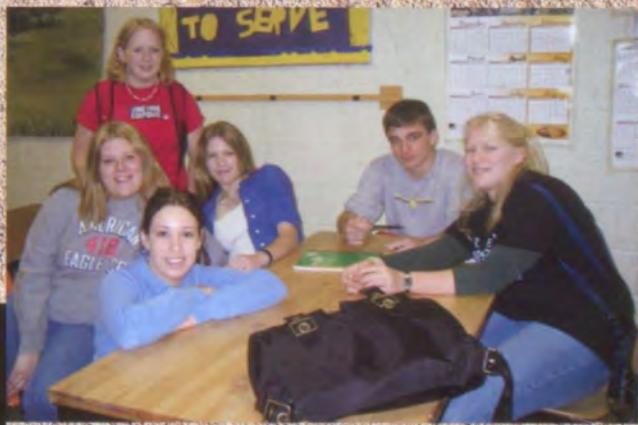


Working hard or hardly working? Junior Anthony Nash, Senior Nicholas Longtin, and Junior Kyle Blum stop their cleaning duties to pose for the camera.



Sophomore Cassandra Ellingson points out a few strategies to Sophomore Jordan Kolbow so they better understand their math assignment.

The Plant Science crew gathers to take a quick picture after a long day of working on their projects.



Colophon

The 2003-2004 Forester was printed by Taylor Publishing Company in Dallas, Texas. 1,175 books were sold this year. All 208 pages were printed on 100-lb paper with 4-color processing, marking the first year that the Forester was all-color. The 21 members of the staff had 4 deadlines, consisting of about 50 pages each, along with the spring supplement of 24 pages. The fonts that were used include Pound (headlines), Times (subhead and panel), Seville (body), Gourmand (captions), and Eric Condensed (scoreboard). Photoshop was used to crop pictures and the layouts were designed in EliteVision. Many thanks to the businesses that helped support this year's book by purchasing ads (printed in the index); also Anne Mueller and Reida Lazer, our sales representatives; and Curtis Wright, the account executive in Dallas.
-Sarah Zierke



Madeline Baatz - 1
Katie Carlson - 1
Sean Casey - 1
Corey Docken - 1
Rachel Goossens - 1
Kellie Hames - 1
Meghan Jette - 1

Laura Kieger - 1.5
Andrew Levesque - 1
Cortney Marr - 1
Rachel Martin - 1
Allison Mericle - 1
Courtney Mettling - 1
Jessica Paschke - 1

Shawna Smith - 1
Bridget Tilton - 1
Molly Trombley - 1
Swopnil Vaidya - 1
Kelly Jo Waldoch .5
Nicole Zastrow - 1
Sarah Zierke - 2

Advisor: Maria Kaiser (7)

Assistant: Adriane Pechmann (2)

YEAR2TIE

2004



NEWS MOVIES MUSIC TRENDS TV SPORTS TECH GEAR



Taylor
PUBLISHING

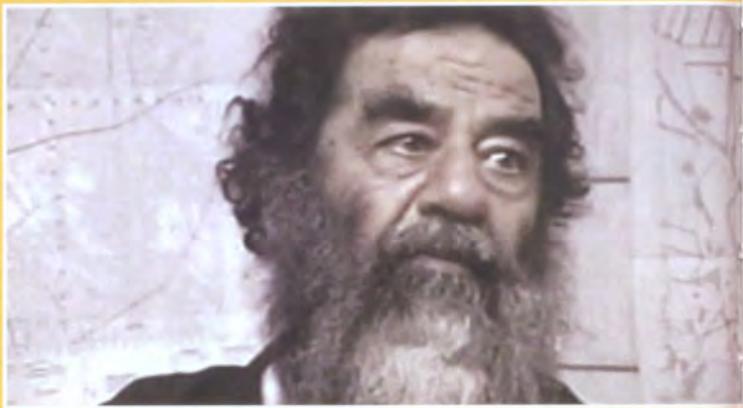


NEWS



U.S. troops in Iraq

The biggest news event of 2003 was unquestionably President Bush's decision to employ American armed forces to oust Iraqi dictator Saddam Hussein. The regime was toppled quickly, forcing Hussein and top members of his Baath political party into hiding. After an exhaustive manhunt, U.S. forces captured Hussein in a small underground hiding area on the banks of the Tigris River.



nine months in hiding

Saddam looks haggard and resigned after he's found.



Hurricane Isabel

A powerful Category 5 hurricane slams into the coastlines of Virginia and North Carolina, causing millions of dollars in damage with sustained winds exceeding 100 miles per hour.



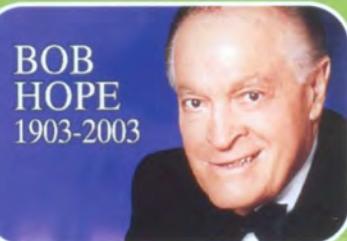
California Burning

Wildfires rage outside San Diego, forcing neighborhood evacuations and destroying thousands of homes.

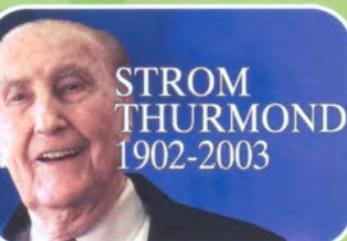


The Big Blackout of 2003

Millions of people across the northeastern United States break out the candles as a massive blackout cuts electrical power for several days.



BOB
HOPE
1903-2003



STROM
THURMOND
1902-2003



GREGORY
HINES
1946-2003



40th anniversary of civil rights march on washington

Civil rights leaders mark the anniversary of Rev. Martin Luther King's impassioned "I have a dream" speech.



the governator

Arnold Schwarzenegger defeats incumbent California governor Gray Davis in that state's October 7 recall election.



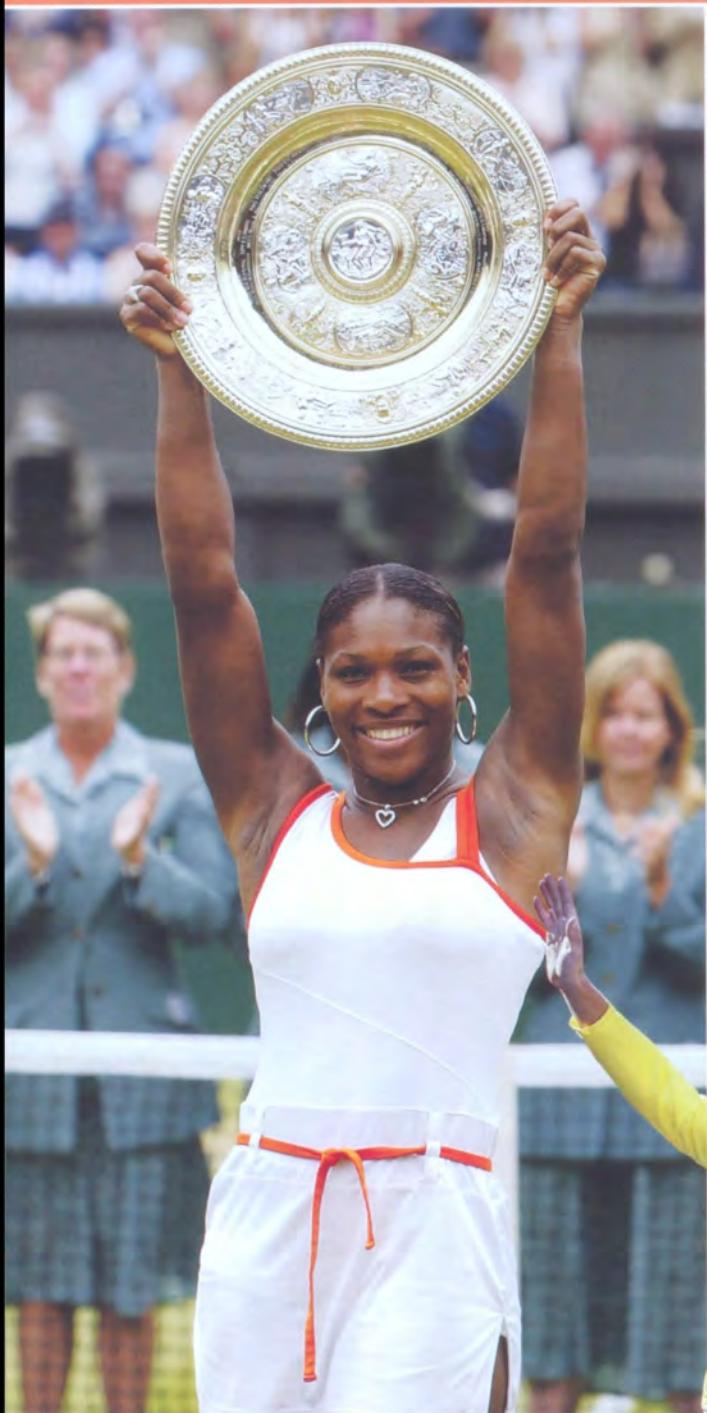
north korean arms standoff

America and other nations enter talks to address North Korea's re-opening of a nuclear-processing facility and stated intention to develop nuclear weapons.

election 2004: declared democratic presidential candidates

1. AMB. CAROL MOSELEY BRAUN
2. GEN. WESLEY CLARK
3. GOV. HOWARD DEAN
4. SEN. JOHN EDWARDS
5. REP. DICK GEPHARDT
6. SEN. JOHN KERRY
7. REP. DENNIS KUCINICH
8. SEN. JOE LIEBERMAN
9. REV. AL SHARPTON

SPORTS



into the record books

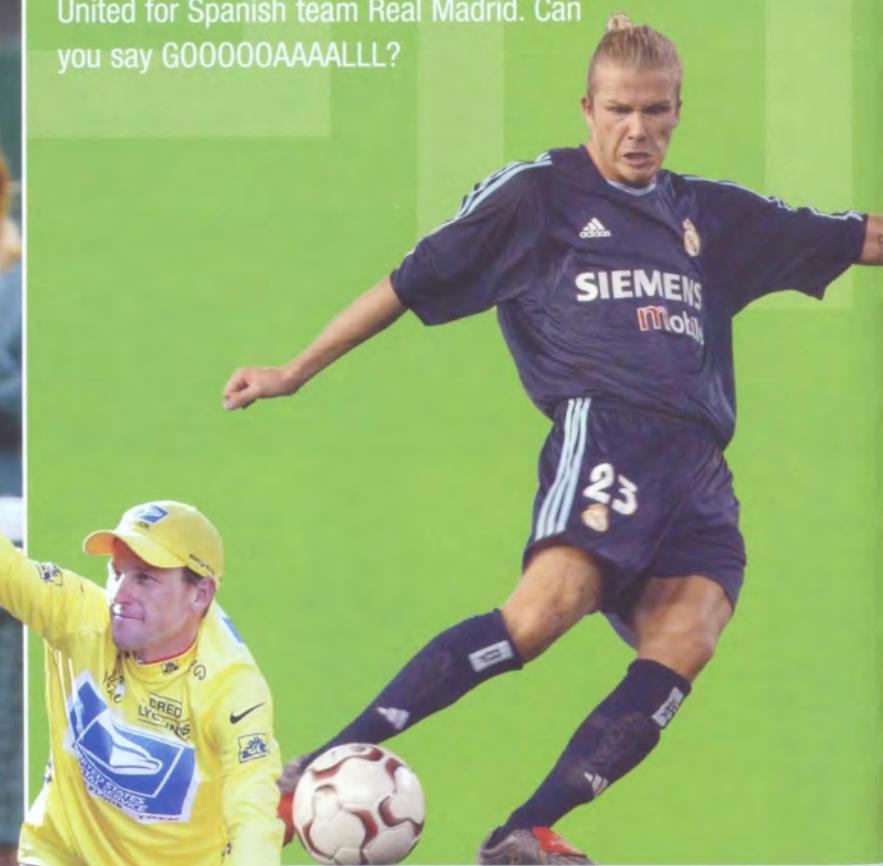
American Lance Armstrong narrowly beats Jan Ullrich of Germany to win a record-tying fifth consecutive Tour de France title. Will there be a sixth?

you've made your point, sis

It may have been a new year, but some things remained the same. Serena Williams once again topped older sister Venus to win Wimbledon and her fifth championship in six Grand Slams—every single one a victory over her sister. We've heard about sibling rivalry, but this is getting ridiculous....

beckham bends it to spain

David Beckham, famed soccer star and hubby of a Spice Girl, dumps Manchester United for Spanish team Real Madrid. Can you say G00000AAAALLL?



like father, like daughter

Laila Ali floats like a butterfly, stings like a bee, and follows in the footsteps of her renowned father. Don't make her mad.

average 2003 pro ticket prices

MLB \$18.00
NHL \$41.00
NBA \$43.00
NFL \$50.00

wusa, rip

The first women's pro soccer league in the U.S. plays its third and final season.



it lives up to its name

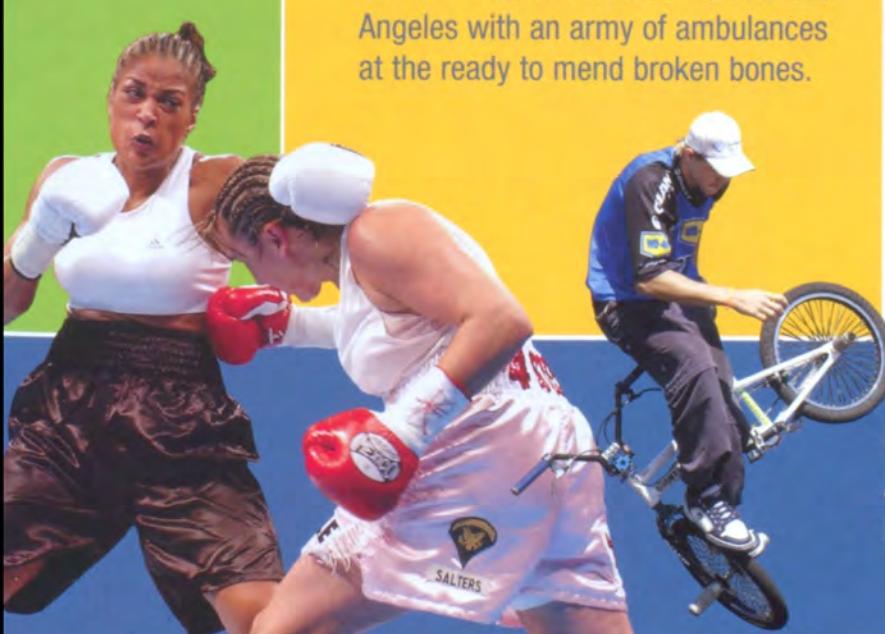
In one of the most exciting Super Bowls in history, the New England Patriots edge the Carolina Panthers 32-29 with a field goal by Adam Vinatieri in the final seconds.

flying fish steal series

The Florida Marlins beat the heavily favored Yankees to win the World Series in six games.

dude, my femur!

The 9th Annual X-Games roll into Los Angeles with an army of ambulances at the ready to mend broken bones.



masters of the pipeline

ASP World Champion Andy Irons battles surfing legend Kelly Slater for supremacy on the waves.

MOVIES



an epic conclusion

In 2003, the one film at the top of everyone's must-see list was *The Return of the King*. In the final chapter of *The Lord of the Rings* trilogy, Frodo (Elijah Wood) journeys to Mount Doom to dispose of a very dangerous piece of jewelry. Meanwhile, Aragorn (Viggo Mortensen) and Gandalf (Ian McKellen) lead humanity in one last stand against Sauron's massive army of Orcs and airplane-sized elephants. Will the One Ring be destroyed? Will humanity survive? Will director Peter Jackson finally get a Best Picture Oscar® for his amazing work? All of Middle Earth wants to know....



back in black

Arnold returns as a cyborg to be reckoned with in *T3: Rise of the Machines*.

run, forest-green dude, run!

A digitally animated not-so-jolly green giant jogs through the streets of San Francisco in *The Hulk*.

top-grossing films of 2003

LOTR: THE TWO TOWERS	\$340M
FINDING NEMO	\$340M
PIRATES OF THE CARIBBEAN	\$305M
THE MATRIX RELOADED	\$281M
HARRY POTTER	\$262M



pirates of the caribbean

Johnny Depp and Orlando Bloom star in a film named after an amusement park ride.



welcome to the food chain

Marlin and Dory admire the pearly whites of a great white in Pixar's digitally animated hit, *Finding Nemo*.



isn't he a little big for a jockey?

Based on the best-selling book, *Seabiscuit* stars Tobey Maguire as an improbable jockey who rides an improbable horse to improbable victory.



samurai i am

Tom Cruise engages in some pretty snazzy swordplay in *The Last Samurai*.

sequels ready for download

Keanu Reeves battles an army of Agent Smiths, nasty English twins and metal beasties in *The Matrix Reloaded* and *Revolutions*.

MUSIC

workin' it at the VMAs

As always, the MTV Video Music Awards provided many of the year's most memorable music moments. Coldplay got accolades for Breakthrough Video, '80s popsters Duran Duran won an award for Lifetime Achievement, Justin got the nod for Male Performer of the Year, and Missy strode off with the coveted Video of the Year award for "Work It." To top it all off, the King of Pop saw some of his biggest hits covered with extreme vehemence by Lars and the gents from Metallica.



heavy metal hello

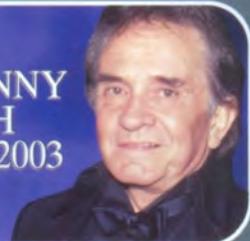
The hard rockers of Metallica give an enthusiastic shout-out to their fans at the VMAs in New York.

top albums of 2003

50 CENT	GET RICH OR DIE TRYIN'
NORAH JONES	COME AWAY WITH ME
SHANIA TWAIN	UP
DIXIE CHICKS	HOME
AVRIL LAVIGNE	LET GO



JOHNNY
CASH
1932-2003



go justin, go justin
Justin Timberlake does his
thing at the VMAs.



quite a metamorphosis

Hillary Duff makes the transition from teen tele-star to pop diva with her extraordinary debut album.



what goes around...

Singer-actress Mandy Moore covers Blondie, Joni Mitchell, XTC and more on the appropriately titled *Coverage*.



newlywed, new cd

The frequently confused Jessica Simpson releases her latest album, *In This Skin*.



beats and blips

Karl Hyde and Underworld pack dance floors in New York and Miami after releasing their new album, *A Hundred Days Off*.



c'mon, guys, give us a little smile

British quartet Coldplay scores big in America with sold-out concerts and a chart-topping album. And, lead singer Chris Martin quietly weds actress Gwyneth Paltrow.



mo' greatest

Country crooner Alan Jackson follows up his *Greatest Hits, Volume 1* with—you guessed it—*Greatest Hits, Volume 2*.



clones out of the lab, into the studio

The Neptunes' *Clones* hip-hop compilation debuts at #1 with some cool tracks featuring Busta Rhymes, Jay-Z and other popular artists.



idol pursuits

American Idol winner Ruben Studdard hits the charts with *Soulful*, while runner-up Clay Aiken debuts with his own top-selling CD.

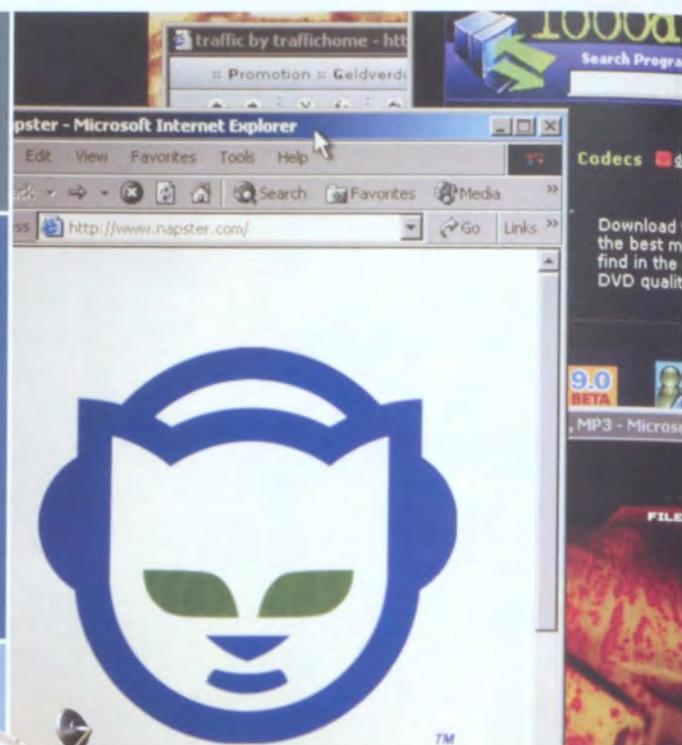
TRENDS

to swap or not to swap

With the launch of Napster V2.0 and the new iTunes music store, the Internet continued to reshape the way we listen to music in 2003. But not all was rosy on the World Wide Web. Fearing that online music swapping was eroding profits, the Recording Industry Association of America (RIAA) tried to curb unlicensed music downloads by supporting litigation against alleged copyright violators.

hog wild

Tens of thousands of Harley-Davidson owners saddle up and head to Milwaukee for the hundredth birthday of the famed motorcycle manufacturer.



does this mean duran duran is next?

Puma and other shoemakers go back in time with '80s-inspired retro shoe designs. These squishy slip-ons will surely get your feet movin'.



have bag, will rock

The colorful and stylish Dickies Music Bags can accommodate all your musical gear, regardless of whether you can actually play it.

hottest video games of 2003

MADDEN NFL 2004 (PS2)

POKEMON RUBY (GAME BOY ADVANCE)

ZELDA: THE WIND WAKER (GAME CUBE)

POKEMON SAPPHIRE (GAME BOY ADVANCE)

ENTER THE MATRIX (PS2)



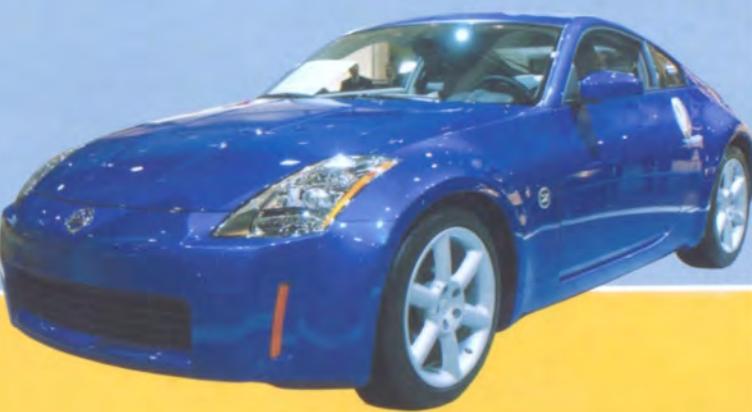
cheaper, chic-er

Hot designers Cynthia Rowley and Ilene Rosenzweig bring affordable style to the masses with their Swell collection at Target.



you spin me round

The Crest SpinBrush Pro will give your plaque the ride of its life.



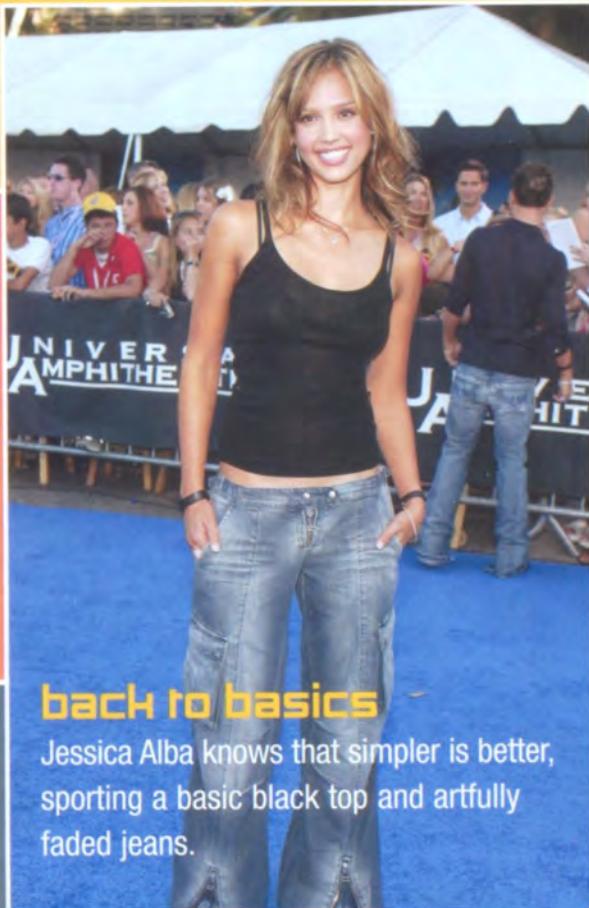
legion of vroom

Mazda and Nissan update their classic sports cars—and add a few digits to the badges—with the very fast and popular RX-8 and 350Z.



book jacker

The Wrapper Keeper uses a wide, expandable Velcro strap to keep all of your books together and ready to go. Very contained and very cool.



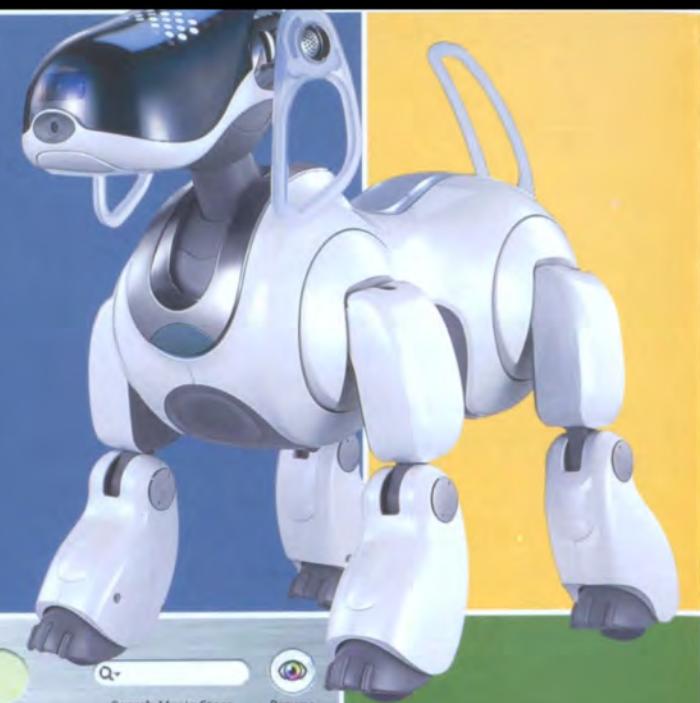
back to basics

Jessica Alba knows that simpler is better, sporting a basic black top and artfully faded jeans.

TECH GEAR

the future is digital

The march toward the digitalization of everything continued in 2003. Music fans embraced ones and zeros, downloading MP3s from iTunes and other new sites. Digital cameras became more affordable and more powerful, while cell phones integrated a host of functions, from MP3 playback to digital photography to video games. Even the family pet got in on the digital act, as Sony unveiled the newest version of its AIBO robotic pooch.



A screenshot of the iTunes software interface on a Mac OS X desktop. The window title is 'iTunes'. On the left, there's a sidebar with 'Source' buttons for Library, Radio, Music Store, Purchased Music, Shared Music, Monday Morning, Party Mix, 80's, All Time Favs, Country Favs, Disco, Movie Tracks, and Sarah Brightman. The main content area shows the 'Music Store' selected. It features a banner for 'Exclusive Artist EMINEM' with a photo of Eminem. Below it are sections for 'New Releases' (listing 'Get Rich Or Die Tryin'' by 50 Cent, 'Say You Will' by Fleetwood Mac, 'Paganini: After a Dream' by Regna Carter, and 'Faceless' by Godsmack), 'Exclusive Tracks' (listing Bob Dylan, Bon Jovi, Counting Crows, David Gray, Emirem, Raining Lips, Fleetwood Mac, Jack Johnson, Jewel, Mariah Carey, Massive Attack, Matchbox Twenty, Missy Eliot, and Sting), and 'Staff Favorites' (listing Bob Dylan, Missy Elliott, Sting, and U2). On the right, there's a sidebar for 'Account: steve@mac.com' showing 'Top Song Downloads' (listing 'Picture' by Kid Rock, 'Lose Yourself' by Eminem, 'When I'm Gone' by 3 Doors Down, 'Still Waiting' by Sum 41, 'Big Yellow Taxi' by Counting Crows, 'Beautiful' by Christina Aguilera, 'Unwell' by Matchbox Twenty, 'Misunderstood' by Bon Jovi, 'Without Me' by Eminem, and 'Gimme the Light' by Sean Paul) and 'Top Album Downloads' (listing 'Get Rich Or Die T...' by 50 Cent, '8 Mile' by Various Artists, 'Duty Rock' by Sean Paul, and 'Cocky' by Matchbox Twenty).

tune in online

Apple unveils its iTunes online music store, offering MP3 downloads from popular artists at 99¢ per song.



toy racer

The Mini Cooper S can be customized with racing stripes, mag wheels, GPS navigation and your choice of an Old Glory or Union Jack on the roof.



qwerty v2.0

The Datahand Ergonomic/Assistive Technology Keyboard allows people with severe hand injuries to type easily and without pain.



carbon-based bike form

The Trek carbon-fiber Team Time Trial bike weighs less than 20 pounds and is very, very, very fast. Just ask Lance Armstrong.



the world's fastest...until next week

Sporting the world's fastest microprocessor, the Apple G5 is as speedy as it is shiny. And it's very shiny indeed.



please, no probes

The new Area 51 PC by Alienware is the ultimate platform for all Earth-bound and extraterrestrial video gamers.



slim shot

Just over 1/2" thick, the very stylish Kyocera Finecam 3.2-megapixel digital camera can fit into the smallest of pockets.



tune in or tune out

With a built-in MP3 player, stereo FM radio and digital recorder, the Nokia 3300 music phone is perfect for anyone who wants to talk...or just listen to some great music.

TELEVISION

REALITY

Fear factor



george of the urban jungle

Comedian George Lopez has his hands full at work and home in his self-titled ABC sitcom.

a little too real

Impossible to believe but true—2003 saw even more reality shows on TV than the year before. It seemed every person on the planet was being followed by a camera crew, from those searching for love (*The Bachelor*, *The Bachelorette*, *For Love or Money*, *Average Joe*, *Joe Millionaire*) to those seeking adventure (*Fear Factor*, *Survivor*, *Road Rules*, *Beg, Borrow and Deal*) to those looking for a sixteenth minute of fame (*The Surreal Life*). Of course, the show that started the craze, *The Real World*, was still going strong on MTV. Just promise us, please, no more Puck.



better than java

The multitalented Beyoncé Knowles rises early for a performance on the *CBS Early Show* in New York.

ring my bell

In her new sitcom, Whoopi Goldberg is a former singing sensation who is running a less-than-sensational hotel.

Top shows of 2003

CSI	CBS
FRIENDS	NBC
ER	NBC
EVERYBODY LOVES RAYMOND	CBS
CSI: MIAMI	CBS



hey, we can still hang out in reruns

The cast of NBC's hit comedy, *Friends*, bids adieu during the show's tenth and final season. We'll miss you, Marcel....



let's hope the kids look like their moms

Conan O'Brien and David Letterman celebrate 10 years at their respective networks, and both (separately) announce that they are fathers-to-be.



the bernie mac show

Bernie Mac brings a somewhat unconventional perspective on parenting to his show on Fox.



someone, please, get a clue

David Caruso stars as police forensics expert Lt. Horatio Caine in CBS's hit drama, *CSI: Miami*.



MR. ROGERS
1928-2003



JOHN
RITTER
1948-2003

conan o'brien



bend it like
beckham



nissan 350z



laila jones

mandy moore

csi: miami

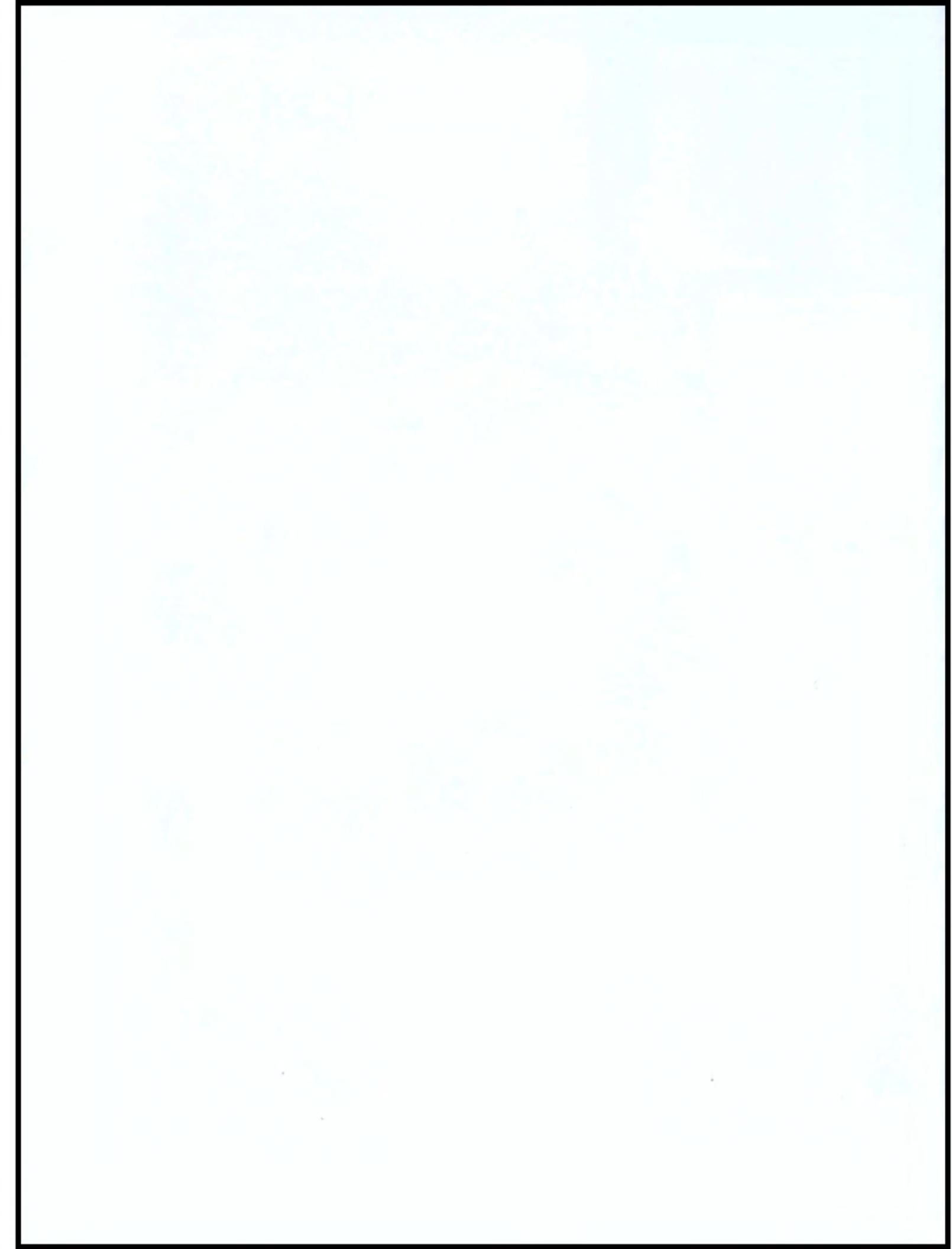


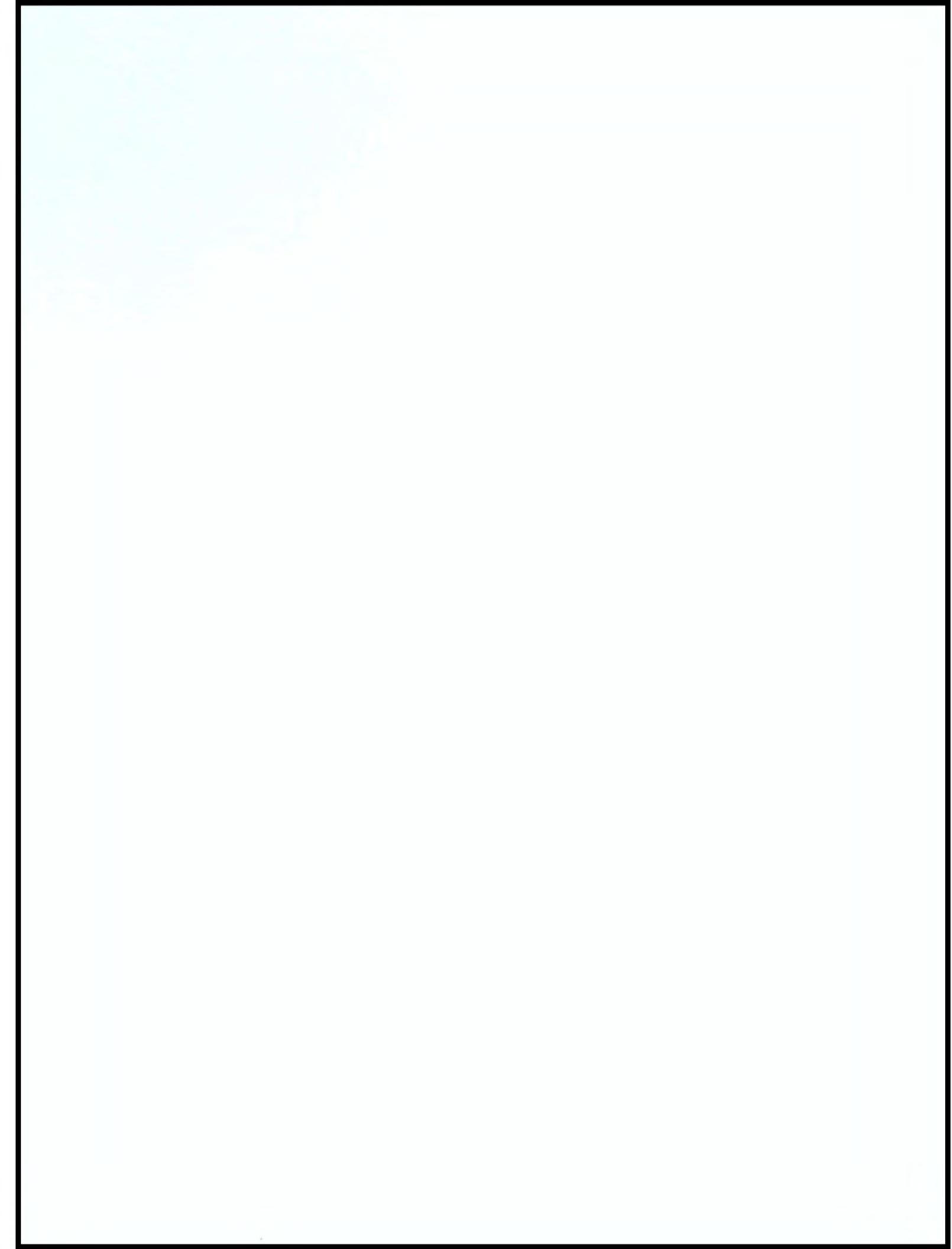
lord of the rings

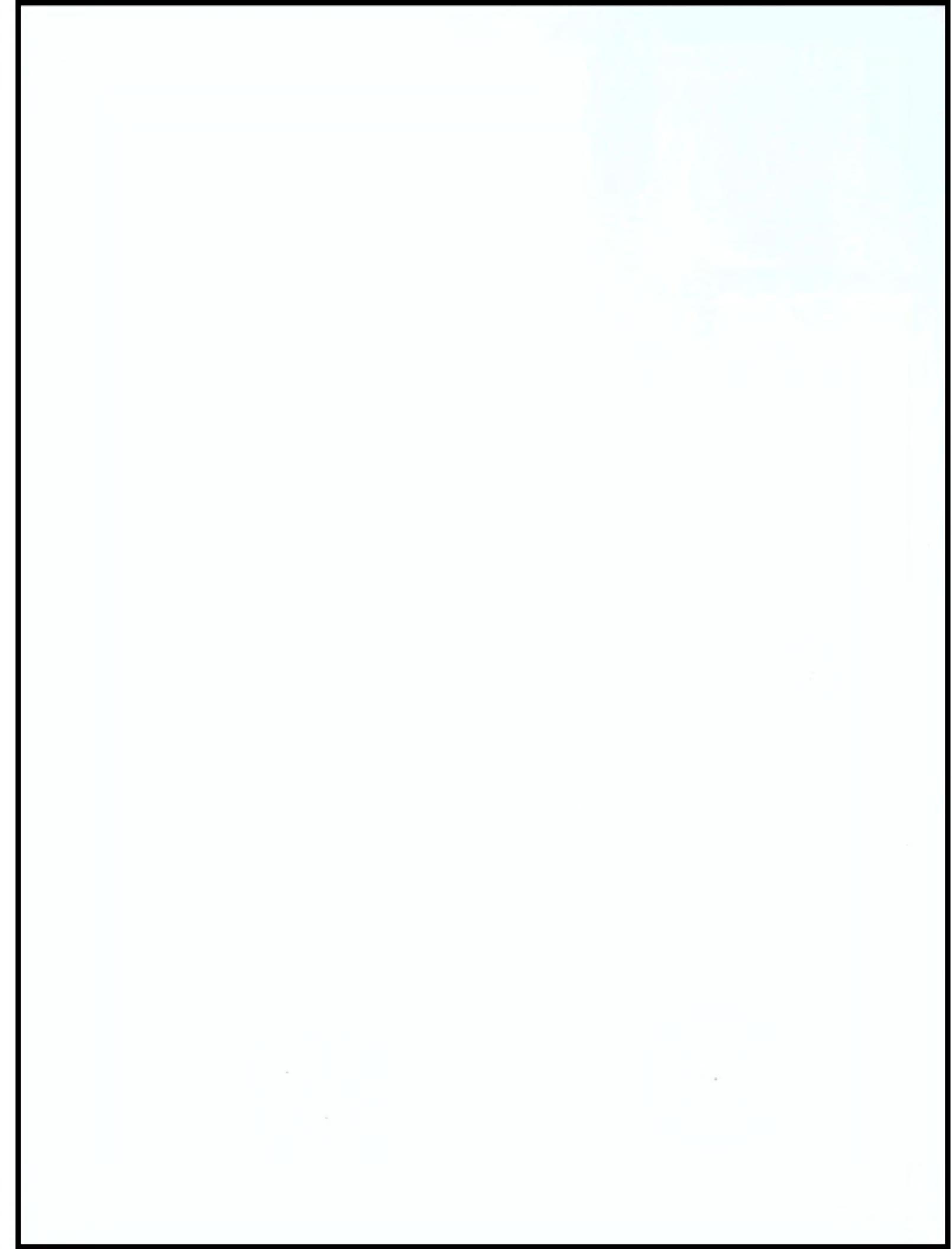


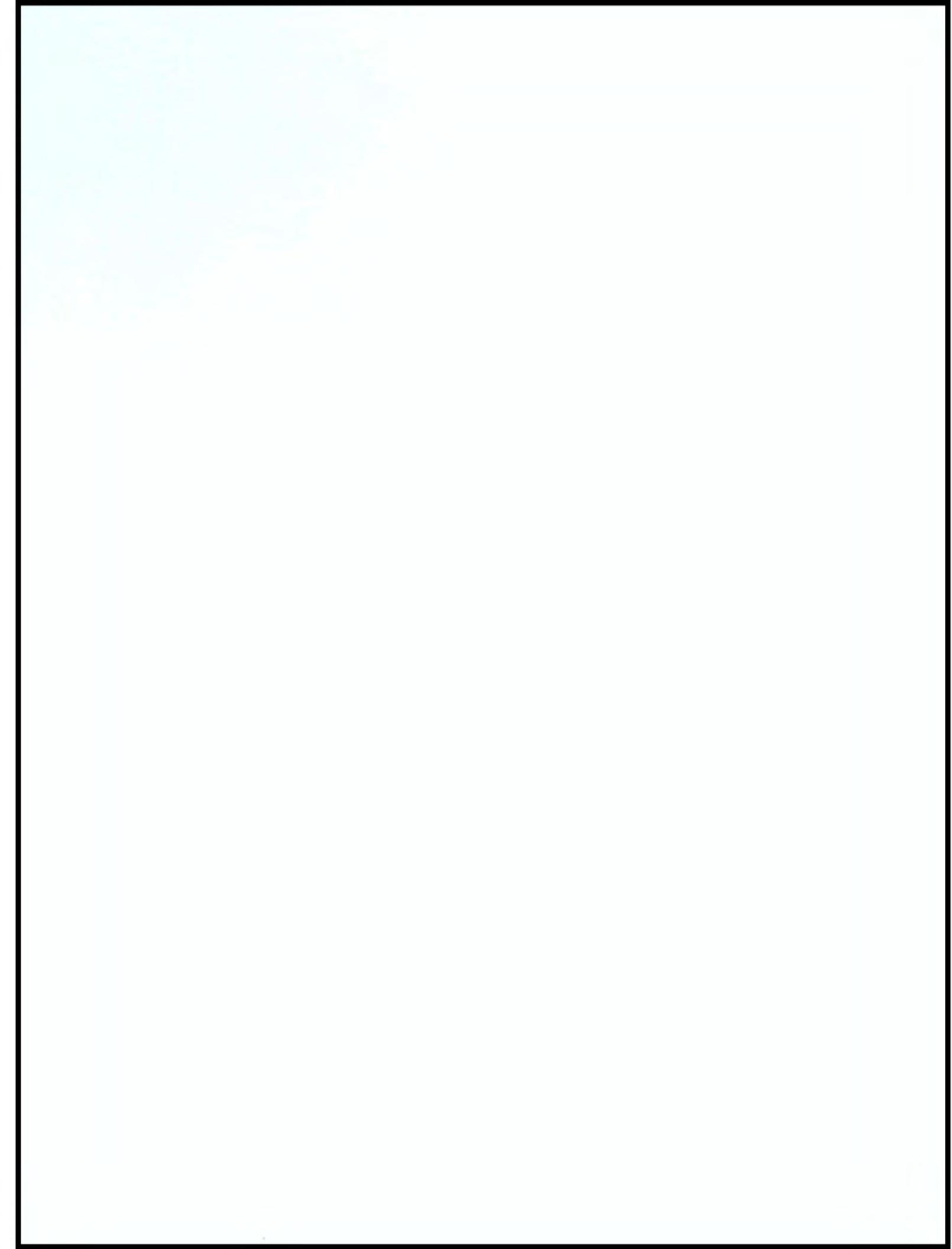


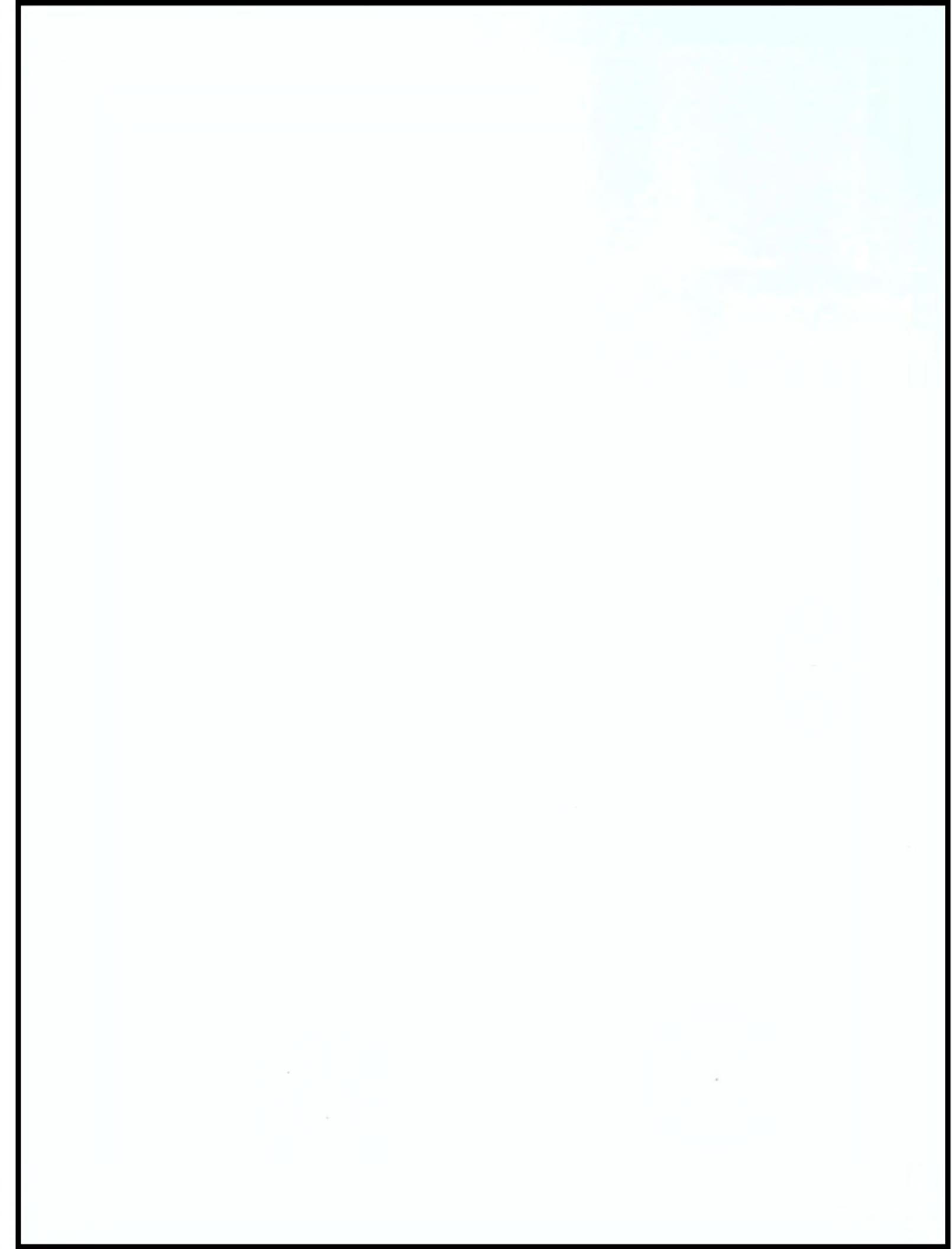
AUTOGRAPHS

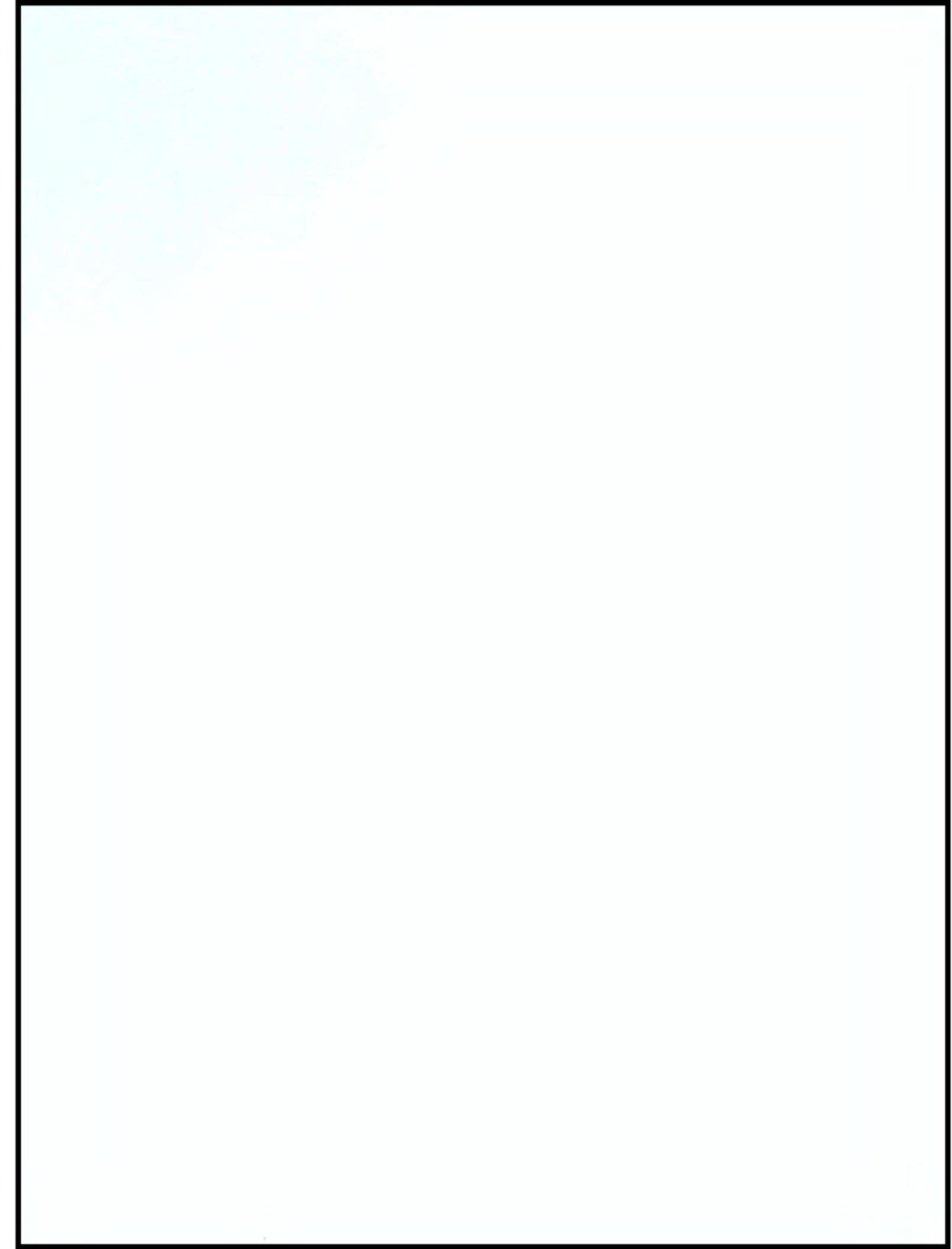












 Taylor

