

# APRIL 2024

## Caston School Corporation

### BREAKFAST



**School Information:** K-12 Breakfast \$3.00 and Reduced \$.30.  
Grab-N-Go Entrees are offered daily, besides the menu item.



**Nutrition Tip:** Make Fruit More Appealing. Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

Assorted Cereal  
String Cheese  
Orange Slices  
Fruit Juice Choice  
Milk Choice

1

Pancake on Stick  
Fruit Cocktail  
Fruit Juice Choice  
Milk Choice

2

Breakfast Muffin  
Tropical Fruit  
Fruit Juice Choice  
Milk Choice

3

Sausage Breakfast Snd  
Pineapple Chunks  
Fruit Juice Choice  
Milk Choice

4

Biscuits & Gravy  
Banana Slices  
Fruit Juice Choice  
Milk Choice

5

Mini Waffles w/Syrup  
Pineapple  
Fruit Juice Choice  
Milk Choice

8

Pancakes  
Sausage Patty  
Tropical Fruit  
Fruit Juice Choice  
Milk Choice

9

Bagel w/Toppings  
Strawberries  
Fruit Juice Choice  
Milk Choice

10

Breakfast Pita w/Salsa  
Sliced Pears  
Fruit Juice Choice  
Milk Choice

11

Biscuit & Gravy  
Fruit Cocktail  
Fruit Juice Choice  
Milk Choice

12

Assorted Cereal  
Yogurt Cup  
Apple  
Fruit Juice Choice  
Milk Choice

15

French Toast w/Syrup  
Fruit Cocktail  
Fruit Juice Choice  
Milk Choice

16

Coffeecake  
Citrus Fruit Cup  
Fruit Juice Choice  
Milk Choice

17

Western Omelet  
Quesadilla w/Salsa  
Grapes  
Fruit Juice Choice  
Milk Choice

18

Biscuit & Gravy  
Pineapple  
Fruit Juice Choice  
Milk Choice

19

Cinnamon Roll  
Banana  
Fruit Juice Choice  
Milk Choice

22

Mini Waffles w/Syrup  
Apricot Halves  
Fruit Juice Choice  
Milk Choice

23

Breakfast Pizza  
Peach Slices  
Fruit Juice Choice  
Milk Choice

24

Egg Taco w/Salsa  
Graham Snacks  
Kiwi  
Fruit Juice Choice  
Milk Choice

25

Biscuits & Gravy  
Rosy Applesauce  
Fruit Juice Choice  
Milk Choice

26

Assorted Cereal  
String Cheese  
Diced Pears  
Fruit Juice Choice  
Milk Choice

29

Pancake On Stick  
Fruit Cocktail  
Fruit Juice Choice  
Milk Choice

30

\*This institution is an equal opportunity provider.  
  
\*Menu is subject to change without notification

