





Foothill Horizons Outdoor School 2023-2024 Fall Menu

Allergen Free Menu

Four Day Menu	Day 1	Day 2	Day 3	Day 4
Breakfast		Pancakes Rice Crispies Diced Peaches Baked Spiced Apples Oat Milk	Sweet Potato Hash W/Grilled Vegetables Cheerios Orange Juice Oat Milk	Yogurt Parfait W/ Granola Rice Krispies Banana Oat milk
Lunch	Marinara W/ Penne Pasta Cucumbers Green Salad Sliced Oranges Oat Milk	Frito Boat W/ BBQ Beans Broccoli Salad Apples Oat Milk	Sun Butter and Jelly Sandwich Potato Salad Sliced Oranges Oat Milk	Rolled Dog Baked Beans Sliced Apples Oat Milk
Dinner	Fiesta Beans Corn Tortilla Salsa Corn Salad Bar Oat Milk	Pizza (Cheese, Crust, Sauce) Carrots Salad bar Oat Milk	Garden Burger Garnish Platter (Lettuce, Tomato, Pickle) Salad Bar Oat milk	

Meal Components

Protein

Grain

Vegetable

Fruit

Dairy

Free From

*Dairy *Soy *Tree Nuts *Nuts

*Eggs *Peanuts *Fish *Shellfish

Available Condiments

Syrup Ketchup Mustard

Ranch Tapatio Pepper

Menu is subject to change.