





Foothill Horizons Outdoor School 2023-2024 Fall Menu

Four Day Menu	Day 1	Day 2	Day 3	Day 4
Breakfast		Hard Boiled Egg (*E) Banana Bread (*G, D) Rice Krispies Diced Peaches Milk (*D)	Scrambled Eggs (*E) Cheerios Hash Brown (*S) Orange Juice Milk (*D)	Go Gurt (D) Cinnamon Roll (G, E) Rice Krispies Banana Milk (D)
Lunch	Marinara w/ Meat Sauce Penne Pasta (*G) Sliced Cucumber Green Salad Sliced Oranges Milk (*D)	Frito Boat W/ Chicken & Cheese (*D) Broccoli Salad Apples Milk (*D)	Deli Sand W/ (*G, S) Turkey & Cheese(*D) Potato Salad Sliced Oranges Milk (*D)	Corn Dog (*G, E, S) Baked Beans Apples Milk (*D)
Dinner	Chicken Taco Meat Corn Tortilla Salsa Corn Salad Bar Milk (*D)	Pizza (*D, G, S) (Turkey Pep, Cheese, Crust, Sauce) Carrots Salad bar Milk (*D)	Spicy Chicken (G,S) (Bun, Chicken Patty) Garnish Platter (Lettuce, Tomato, Pickle) Salad Bar Milk	



*Allergen Key		
D= Dairy	S=Soy	T=Tree Nuts (Not Served on site)
E=Egg	P=Peanut	F=Fish (Not Served on site)
G=Gluten/Wheat	S=Shellfish	(Not Served on site)

Available Condiments		
Syrup	Ketchup	Mustard
Ranch	Tapatio	Pepper

Menu is subject to change.